

**EXCLUSIVE PHOTOS!!**

# Racquet Sport player

VOLUME ONE, NUMBER TWO

MARCH/APRIL 1982

**Ruben  
Gonzalez  
—movin' up**

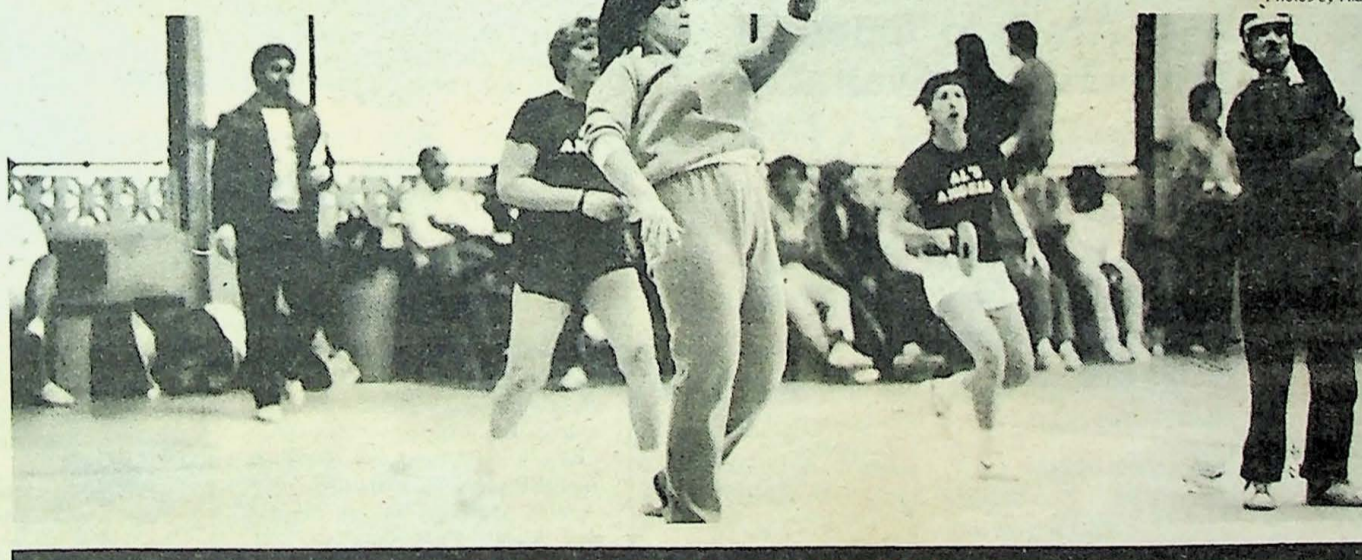
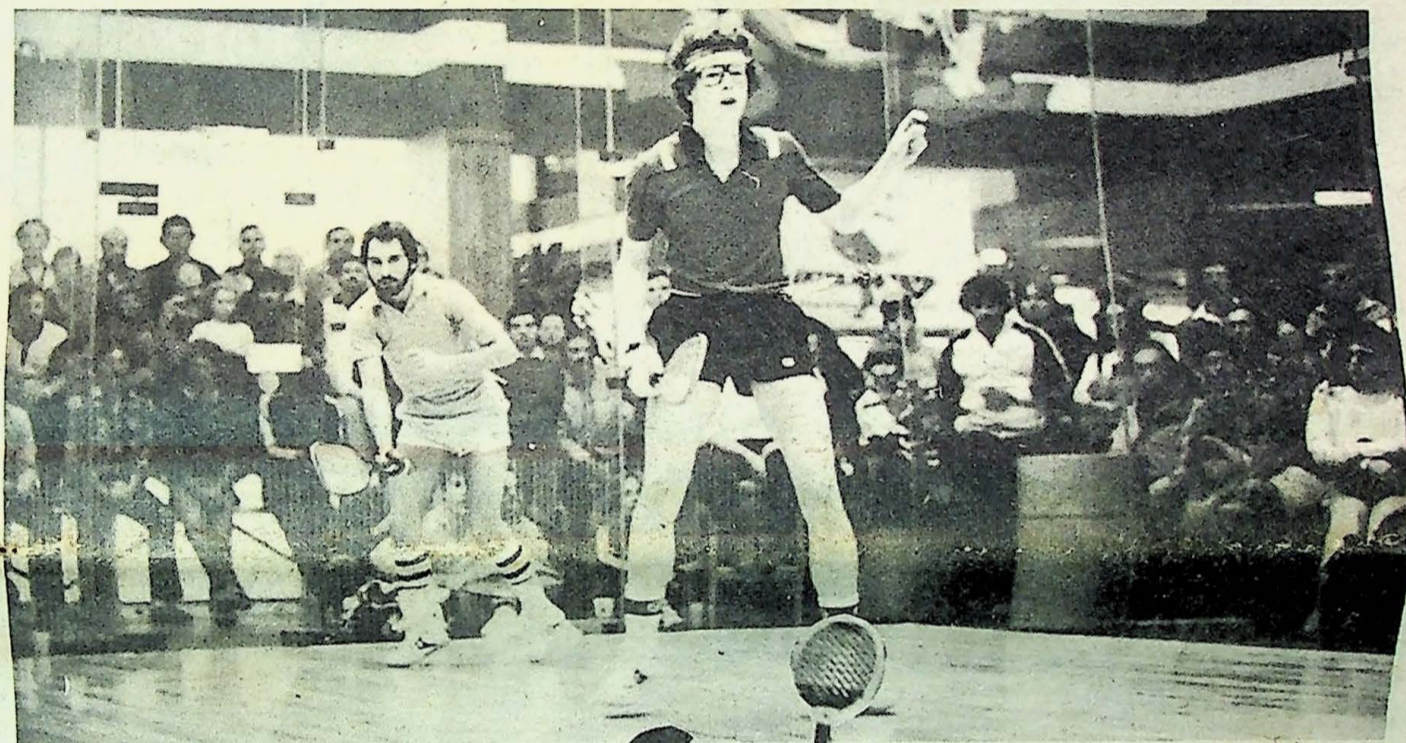
**Joe Lube and  
Brunhilda?**

**Doubles  
Racquetball,  
a science? Art  
Diemar explains**

**RSP Sponsors  
Women's Paddleball**

**Tournament  
Results . . .**

- AARA-NYS  
Singles  
Championships
- WPRA News
- Ektelon/PONY
- Castle Hill "B"
- TAKE ONE  
SINGLES



**MORE FEATURES**

**Plus our Regular Features!**

**Joe Lube ★ Bob Schwarz ★ Jim Winterton  
Andy Krosnick ★ Pat Bagwell ★  
Dr. Jordan W. Rachlin ★ Jeff Haber ★  
Art Diemar and More!**

AGE TWO • PAGE TWO • PAGE TWO • PAGE TWO  
 AGE TWO • PAGE TWO • PAGE TWO • PAGE TWO

## MACGREGOR ACQUIRES SEAMCO

MacGregor intends to market Seamco's existing line of racquetballs, handballs, paddleballs, racquets, bags and other related products worldwide.

Seamco is one of the pre-eminent manufacturers and marketers of racquetballs, developing the first commercial racquetball in 1969. Seamco, formerly located in LaGrange, Georgia, was founded in 1877 and is widely regarded for its line of athletic balls.

MacGregor will continue the use of the Seamco trademarks and will market the products through MacGregor's existing national sales force. The Seamco line will be available from MacGregor's distribution facilities in New Jersey, Texas and California.

**Bob Smith, formerly of Seamco, Inc. will assume the new position of Manager, Racquet Sports, for MacGregor.**

Sales Administration, Customer Service, along with promotional activities will be located at MacGregor's National Headquarters in East Rutherford, New Jersey.

MacGregor currently markets baseball and softball equipment, basketballs, footballs, soccer and volleyballs, boxing and physical fitness equipment, sports timers, caps and jackets.

**Who reads RacquetSport Player?! Manufacturers of related products, club owners, tournament organizers, the professional players...and you!**



### Profile

Heather Adler may only be eleven years old, but she has six years of Racquetball and the National 10 and under title under her belt. She's a six grader who likes to swim and play softball. Waterbury Conn. is her home and Stratford RB Club is her home Club.

## Racquetsport Calendar

**Racquetball.** Westchester Court Club Championships, March 12, 13, 14 at Court Sport II, One Odell Plaza, Yonkers, N.Y. 10701, (914) 963-2300.

Garden State Open, March 5-7, Ricochet Racquet Club, So. Plainfield, N.J.

AARA/Penn Northeast Regional Collegiates, March 19-21. Rensselaer Polytechnical Inst., Troy, N.Y.

Westchester Open, March 26-28, Pelham RBC, Pelham Manor, N.Y.

WPRA/AARA Pro Stop, April 23-25, All Sport, Fishkill, N.Y.

AARA National Intercollegiate Championships April 2-4, 1982, at the Racquet Club of Memphis, Tennessee. For info call (901) 761-1172.

AARA Junior Nationals Singles and Doubles Championship at Capital Courts, Carson City, Nev., June 24-27.

AARA National Singles Championships May 27-31 at McKinley Health and Racquet Club in Buffalo, N.Y.

**Paddleball.** Big Apple World Paddleball League "The Golden Paddle" Men's Singles One Wall Championship. Big Apple World Paddleball League "Golden Paddle" Women's Singles One Wall Championships. Dates to be announced.

Big Apple and Miller High Life Brewing Co. present Hispanic/American 5th Annual Open Mixed Doubles Championship, Saturday March 13 thru March 20, at Bronx Indoor Paddleball, 1261 Zerega Ave. (212) 863-1670. Using the new Seamco Kangaroo Ball. \$1820.00 in cash awards.

Paddle Sports Health Club Winter Carnival of In-House Tournaments (members only): Feb. 28, Men's Doubles; March 7, Women's Doubles; March 14, Men's Singles; March 21, Women's Singles; and March 28, Mixed Doubles. Trophies awarded. Call George at (212) 738-3535.

"B" Doubles at Bronx Indoor Paddleball April 27.

## Letters

Dear Editor:

I'd like to see an article on reffing Doubles Racquetball.

Ira Kaufman  
 Art Diemar, half of the famous Deimar-Luft doubles team, will be doing some articles on doubles play in the near future. — Editor

Dear Editor:

My category (Golden Masters) is difficult to find. Include us and show the young that there is a tomorrow!

Irv Cowle

I wish RSP would arrive before the tourney calendar deadline. I want the news early!

James McFarlane, Jr.  
 RSP is delivered the day it is printed. The Jan. '82 edition was delivered Dec. 20. I'm afraid we can't improve on that. — Editor

Dear Editor: I'd like to see more instructionals, like Hogan's Tips.

Robert A. Fox  
 Baldwin, N.Y.

We've got Artie Diemar, Ruben Gonzalez, and Jim Winterton. Who needs Hogan!? — Editor

Dear Editor:

Last month's issue of the RacquetSport Player had an article that asked the following question: "What's happening with the Paddleball Players Association?"

Well, currently we are running our Seamco-PPA Saturday Night Live program at the Take One Paddleball Center located at 5725 Foster Ave., Bklyn., P.P.A. members play free every Saturday night from 7 to 12. To my knowledge it's still paddleball's best promotional tool. To join, show up on any Saturday night between 7 and 12. Membership is still only \$15. By the way, Mr. Skolnick is still very much involved in the activities of the P.P.A.

Should you like more information, just drop us a line to: P.P.A., P.O. Box 186, Van Brunt Station, Bklyn., N.Y. 11215. Or call (212) 499-2625.

Eric Randolph  
 Chairman, Board of Directors  
 Paddleball Players Association

Dear Editor:

In the premiere edition of RSP, you reported the results of the Long Island Open. In the Men's Veteran Open Division you printed the result incorrectly. The correct result was Richard DeVito defeated Arthur Klein (21-19) (15-21) 15-9.

Richard DeVito

**It's easy to complain, but first look at the turnouts of the recent tournaments. It seems the two most successful are "B" and Mixed Doubles. And, since a small turnout is unprofitable — you guessed it — it's dropped.**

**Im not even going to begin to suggest any solutions, but just look at the record. The Women's Doubles run by Miguel Matos only had twenty teams. How can a promoter rent courts, pay refs, buy balls, buy trophies, etc. Get the point!?**

**Let me close with this message: Tell the promoters what you want — and participate.**

### EDITORIAL

#### Always Go The Money Route

The "A" paddleball players say they are being cheated. The "B" players are getting all the tournaments. The women say, "There are no tournaments for us!"

## STAFF

**Publisher: Alan Belofsky**

**Associate Publisher: Richard O'Farrell**

**Editor: Alan Belofsky**

**Contributing Editors: Pat Bagwell, Art Diemar, Carole C. George, Ruben Gonzalez, Joe Lubelfeld, Dr. Jordan Rachlin, Bob Schwarz, Jim Winterton**

Racquetsport Player is a registered trademark. No part of this publication may be reproduced without the written permission of the publisher. Racquetsport Player is published bi-monthly. Copyright 1981. All rights reserved. R.S.P. address is P.O. Box 517, N.Y., N.Y. 10028. Subscription Rate is \$4.00. Change of address should be sent to R.S.P. P.O. Box 517, Gracie Station, N.Y., N.Y. 10028.

## Join The



AMERICAN AMATEUR RACQUETBALL ASSOCIATION  
 SANCTIONED TOURNAMENT

### There Are Two Types Of Memberships Available

**A \$6.00 membership includes:**

- 1) one year membership in AARA
- 2) one year membership in N.Y. Racquetball Assn
- 3) 3 issues of Racquetball magazine
- 4) Eligibility for all AARA Tournaments
- 5) Membership card
- 6) Voice in all AARA Policies
- 7) Official Rulebook
- 8) Special product and service discounts with more than \$25.00

**B \$15.00 membership includes:**

- 1) one year membership in AARA
- 2) one year membership in N.Y. Racquetball Assn.
- 3) One year subscription to Racquetball magazine
- 4) Eligibility for all AARA Tournaments
- 5) Membership card
- 6) Voice in all AARA Policies
- 7) Official Rulebook
- 8) Special product and service discounts with more than \$25.00

Send to: AARA

218 Bellrose Ave., E. Northport, N.Y. 11731

NAME \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

# Ektelon/Pony Racquetball Championships at Syosset Club

More than 600 of the best amateur racquetball players in the region competed in the Ektelon/PONY Racquetball Championships at The Syosset Club, 10 Gordon Drive, February 12 to 15.

The national amateur competition has attracted most of the area's recognized leading players. "Response has been tremendous," says tournament director Frank Dolon.

Eighteen divisions in all were open at all levels of play from novice to advanced for men and women, with special divisions for juniors.

Competition began at 5 p.m., Friday, February 12, and continued

through Monday, February 15, with finals scheduled to begin at 10 a.m.

The Syosset Club tournament is one of 16 regional Ektelon/PONY qualifying tournaments being held around the country. Top winners in the Open and 30+ divisions will go to Anaheim, Calif., to face other regional winners for a shot at Club Med vacations and other gifts and prizes at the Ektelon/PONY National Finals, May 5 to 9.

The tournament series is sponsored by Ektelon Racquetball of San Diego and PONY, the New York based manufacturer of athletic footwear.

### Men's Doubles

John Peterson/Tom Jacklitch def. Art Diemar/Janell Marriott 13-21, 21-17, 11-1.

### Men's Open

Jim Cascio def. Ruben Gonzalez 21-17, 21-5.

### Women's Open

Tammy Hajjar def. Debbie Weber 21-6, 21-11.

### Men's Vet

Craig Guinter def. Ed Remen 9-21, 21-14, 11-4.

### Women's Vet

Pat McCarrick def. Jackie Adler 21-13, 21-9.

### Men's Senior

Ed Remen def. Rick Walsh 21-3, 31-13.

### Men's B

Ed Gonzalez def. Ed Grams 7-21, 21-14, 11-7.

### Men's C

Ed Frangione def. Neil Cohen 17-21, 21-11, 11-4.

### Men's Novice

Randy Seltzer def. Ed Golden 21-2, 21-11.

### Golden Masters

Elias Krodman def. Vince Zuaro 21-2, 21-19.

### Women's B

Heather Adler def. Arlene Mortimer 21-10, 21-2.

### Women's Open Doubles

Tammy Hajjar/Heather Adler def. Maryann Cluess/Val Paese.

### Women's Novice

Sheila Muller def. Linda Stern 21-10, 21-9.

### Women's C

Carolyn Saraceni def. Linda Savino 21-20, 21-5.



Jannell in top Form! L to Rt: Peterson, Diemar, and Jacklitch

Photo by Alan



Ruben Gonzalez airborne as Jimmy Cascio looks on!

Photo by Paul Stevenson



Photo by Paul Stevenson

L to Rt: Ruben Gonzalez vs Tom Montalbano. Tom beat Ruben one game in the quarters. The 17 year old is a member of the Juniors Team at Universal RB Club under Pro Fred Ace and manager Bob O'Connor.



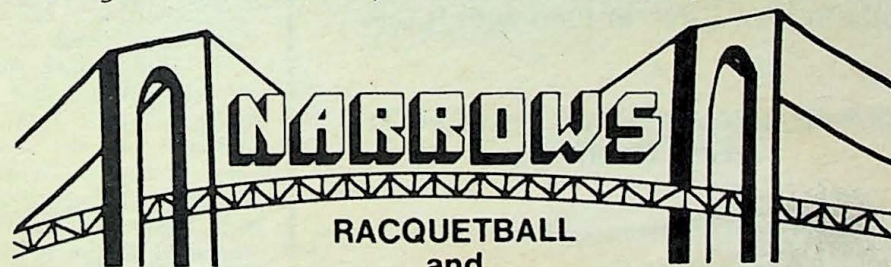
Tammy Hajjar-Debbie Weber



Pete Chardavoyné of Pelham RB Club

Photos by Alan

*New York's newest and most spectacular Health and Racquetball facility*



1736 Shore Parkway  
On Belt P'kwy - Bay P'kwy Exit  
Brooklyn, New York 11214  
(212) 996-6900-1-2

#### FEATURING

- \* 16 Air Conditioned Championship Racquetball Courts, 7 with glass wall for spectator viewing
- \* Fully Equipped Men's and Women's weight and exercise gym
- \* Carpeted, Fully Equipped Men's and Women's Locker Rooms
- \* Separate Whirlpools, Steamrooms and Saunas for Men and Women
- \* Luxurious "Circles" Restaurant and Players Club Lounge
- \* Pro Shop with a wide variety of Sporting Goods, Athletic Equipment, Sportswear, Sneakers and Accessories
- \* Child Care Center
- \* Expert Massages for Men and Women
- \* A Variety of Classes such as Aerobics, gymnastics, ballet, karate etc.
- \* Nautilus Fitness Center
- \* Featuring #1 Ranked Pro Ruben Gonzalez!

# Ruben Gonzalez - Movin' Up

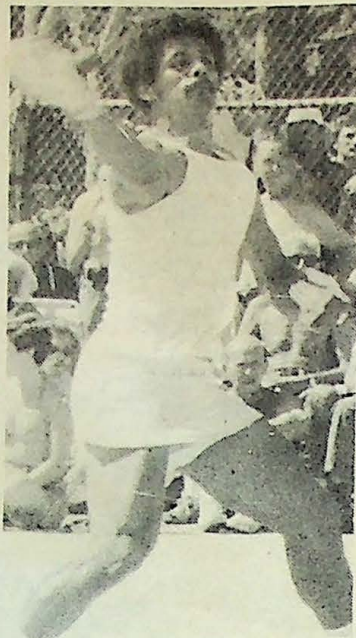
by Ruben Gonzalez  
with Alan Belofsky

At age 29, Ruben is considered one of the top Racquetball players on the East Coast. A veteran of hundreds of tournaments ranging from the early days of handball in the park in Spanish Harlem, to the ritzy multi-million dollar Racquetball clubs of the suburbs.

Of Puerto Rican origin, Ruben was raised in what is called "El Barrio," 110th Street between Madison and Park Avenues.

His handball experience began during his junior high school years when he traveled from park to park seeking out the top players. Ruben developed a style and reputation as a top competitor that follows him throughout his career.

Ruben's family moved to the Mount Eden section of the Bronx in the early seventies. It was in a park by the same name, that Ruben became known as the best Pink Ball player in the nation. He saw that there was really nowhere to go in Pink Ball, so he tried his hand at Black Ball. The ball used was the Spaulding Ace or the Seamco 555. This was a change that he adjusted to very rapidly. Black Ball had much more to offer. They had sanctioned tournaments



Ruben was a popular attraction at Handball exhibitions and Tournaments.

sponsored by the AAU and the USHA offering trophies, prize money and national recognition. After playing competitively for only two years he won the AAU Nationals and a few invitational events. Al-

ready, his reputation was developing.

After his third year in the game, some friends, Russ Munnino and Lou DeSantis recognized his skills as both an athlete and competitor. He gave up handball completely and gave his total attention to Racquetball.

For about one year, Ruben traveled two hours each way, by train, ferry boat and bus to get to Russ' club on Staten Island. When he came home to the Bronx, he would go to 161st Street, where the lights were on in the park and practice sometimes until 4 a.m. Ruben soon made the move out to Staten Island, into a beautiful home with a backyard, garden and fireplace, a tremendous contrast to his former home in the South Bronx.

With practice, hard work and the confidence of his friends, Russ and Lou, Ruben's Racquetball game improved and he worked his way up to head Pro giving lessons and clinics.

Next issue, Racquetball tournaments. Ruben makes his mark!

Ruben sometimes played in as many as three tournaments on one weekend. He could at most win \$100.00 first place, but then there were the side bets.

## 1982 Women's Professional Racquetball Tour schedule announced; AMF Voit Rollout Bleu Ball selected as their exclusive tournament ball

Maywood, New Jersey—In a recent announcement, the Women's Professional Racquetball Association announced their tournament schedule for 1981-82, and selected the AMF Voit Rollout Bleu ball as their exclusive and official tournament racquetball ball.

The finest women professional racquetball players shall be competing for over \$100,000 in prize money as the tour takes them to Lafayette, Louisiana; Federal Way, Washington; Bangor, Maine; Lombard, Illinois; Fishkill, New York; Anaheim, California; Warwick, Rhode Island; and Columbus, Ohio. The tour commenced on January 13th, 1982, and is expected to end June 6, 1982.

"We are pleased to have these eight cities and club owners hosting the WPRO National Pro Tour Stops," states WPRO President, Francine Davis. "And I'm equally as pleased to see the AMF Voit Rollout Bleu ball selected by the association to be our official ball."

"The purpose of the Women's Professional Racquetball Association is to bring together all the top women professional racquetball players as a group to help promote the participation of racquetball and the value of racquetball in one's overall fitness program by competing in racquetball clubs throughout the country. People attending our tournaments will enjoy the highly skilled play of the women, and may partake in our events if they feel their skills are equally as high. Furthermore,"

## WOMEN'S PROFESSIONAL RACQUETBALL ASSOCIATION NATIONAL TOUR 1980-81 SUMMARY

Date	Site
August 14-17	Sporting House Newport Beach, California Winner: Shannon Wright
September 25-29	Escondido Athletic Club Escondido, California Winner: Heather McKay
November 13-16	The Court House Boise, Idaho Winner: Sharon Wright
February 12-15	Killshot, Ltd. Chicago, Illinois Winner: Heather McKay
February 25-28	Pepsi Pro Am Pacific West Sport & Racquet Club Federal Way, Washington Winner: Shannon Wright
April 2-5	Nike Pro Am Celebrity Courts Warwick, Rhode Island Winner: Lynn Adams
April 23-26	All Sport Pro Am All Sport Fitness & Racquetball Club Fishkill, New York Winner: Heather McKay
April 30-May 3	Ektelon/Perrier Championships Sports Gallery Anaheim, California Winner: Shannon Wright
May 13-17	The Nationals Charlie Club II Palatine, Illinois Winner: Heather McKay
June 4-7	Sawmill Classic Sawmill Athletic Club Columbus, Ohio Winner: Lynn Adams

# RacquetSport ●●●●● player

The Inner-City game in N.Y. is Paddleball!  
Read about it in Racquetsport Player!!

Racquetball is growing in leaps and bounds in N.Y.! Keep in tune with R.S.P.

Have Racquetsport Player delivered to Your Door!

## Subscribe Today!

Six issue annual subscription rate \$4.00

Send  
Name \_\_\_\_\_  
Address \_\_\_\_\_

• I play  Racquetball  Paddleball  Don't play-just watch

• Where do you play? • Club or Park \_\_\_\_\_

• Material I'd like to see in R.S.P. • \_\_\_\_\_

• Do you play in tournaments?  YES  NO

• Gotta gripe? \_\_\_\_\_

David adds, "the players enjoy giving clinics, playing in pro-am competitions and mingling with members and the audience at hand."

Each tournament is scheduled to be a 32 player main draw competition with a minimum of 16 player qualifying competition where local women shall be able to try to enter the main draw.

"There are slight variations to each tournament, so please check with the hosting club to find out the particulars on each tournament," Francine Davis recommends.

In a few cities, the hosting site shall also have an amateur tournament played simultaneous to the Women's Pro Stop event, where Voit racquetball racquets shall be given to each division winner.

"AMF Voit is pleased to be

associated with the Women's Professional Racquetball Tour," says merchandising manager of Individual Sports, Robert Larsen with AMF Voit. "We feel that the women could have the greatest impact on the success of racquetball for the 1980's, and we want to be there with them as they continue to promote the participation of racquetball in clubs throughout the United States."

The women recently announced their new affiliation with Mark McCormack's International Management Group, the largest sports management firm in the world, that represents such world-renowned athletes as Bjorn Borg, Chris Evert Lloyd, Arnold Palmer, Jackie Stewart and Jean Claude Killy.

## NIKE BONUS POOL

The Women's Professional Racquetball Association is pleased to have Nike offer the following ranking bonus pool to all players who exclusively wear Nike shoes in WPRO sanctioned tournaments.

1st	\$ 5,000
2nd	3,000
3rd	1,500
4-6	750
7-10	350
	<b>\$13,150</b>

# NYS SINGLES CHAMPIONSHIPS

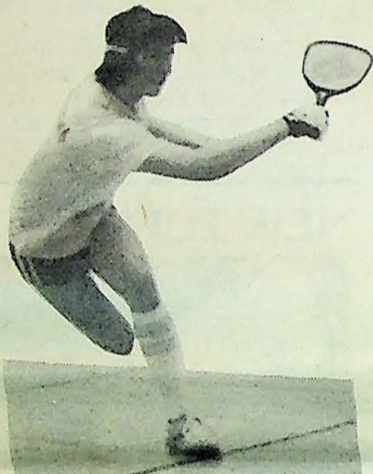
## AT

**ALL SPORT**  
fitness and racquetball club

**TAMMY HAJJAR • WOMEN'S SINGLES • MEN'S SENIORS**  
**JIM WINTERTON AND JOHN PETERSON**  
**WIN \$1,000 MEN'S PRO/AM DOUBLES!**

by **Shaileen Kopec**

More than 400 racquetball players from all over the state of New York competed in the 1982 American Amateur Racquetball Association New York State Open Singles Championships tournament Feb. 19-21 at All Sport Fitness and Racquetball Club, Fishkill, but it was a hometown story as Mid-Hudson area residents took nine of 34 division titles, including two upsets in



**17 yr old Dave Cardillo of Jefferson Valley RB Club lost to Dan Obremski in mens open. Dan has been playing 2 1/2 years and has an Ektelon Sponsorship. He's a senior at Lakeland H.S.**

Racquetball Association champion (12 and under). The Van Wyck Junior High School student outshot her opponent to win with scores of 15-9, 15-8 in the Girls 14 and under championship contest. Upson won her national title last August in Chicago.

The Women's Open champion title went to Marist College's Tammy Hajjar, who defeated Hyde Park's Ginger Sottile 21-13, 21-14. Eighteen-year old Hajjar just won the All Sport women's championship and holds the current Hudson Valley Natural Light title. She downed Beth Latini of Wayne, PA in the semi-finals 21-19, 21-15, while Sottile squeaked by Valerie Paese of the Bronx 21-19, 21-20 to make it into the finals.

Veteran racquetball champion Vinny Gabriele of Hyde Park added to his string of titles by taking the AARA Men's Veteran Masters with a victory over Art Carpouzis of Kingston 21-14, 21-19.

Poughkeepsie's Bill Komisar was the winner in the Men's C Veteran division with a victory over Chris D'Antonio of Uniondale, LI. 21-20, 21-14.

The brother-sister team of Jerry and Joyce Martin of Fishkill took the Mixed Open Doubles event with scores of 21-6, 11-21, 15-11 over Karen Cantor of Otisville, NY and Bob Lake, Sr. of Middleton, NY.

Newburgh's Marlene Martin downed Eileen Pitegoff of Wappingers Falls 21-5, 21-12 to earn the Women's CC title. In other action, Marlene Martin teamed up with Barbara Meredith, also of Newburgh, to capture the Women's C Doubles event against Nina McGee of Middle Island, NY and Carol Liparelli of Shoreham, NY.

In other featured action, the Men's AARA New York Open Championship was claimed by Dan Obremski of N. Huntingdon, PA who overcame Dave Cardillo of Yorktown Heights, NY with identical scores of 21-16, 21-16.

Other championship titles were won by Barry Russell of Albany, Men's Veteran Open; Bob Stauffer of West Point, Men's Veteran Seniors; Tom Waltz of Newtown, CT, Men's Masters; Sal Lesser of Mount Vernon, Men's Golden Masters; Donna Meger of Lancaster, NY, Women's Veteran Seniors; Cindy Doyle of Williamsville, NY, Girls 12 and Under.

Also, Hugh Klein, Pittsburgh, Boys 16 and Under; Jim Juron, Niagara Falls, Boys 14 and Under; Tim Doyle, Williamsville, NY, Boys 12 and Under; Ricky Millian, Coran, NY, Boys 10 and Under.

Complete results of all events follow.



**Jim Winterton overpowered "the Gar" two straight (21-9) (21-13)**



Photos by Alan

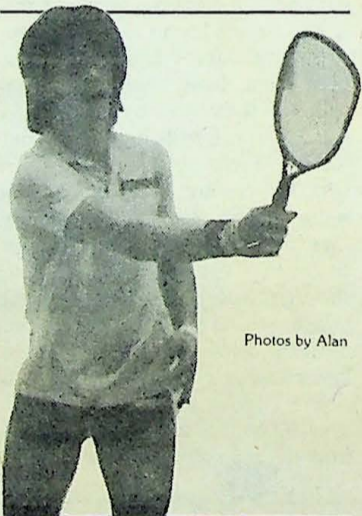
**Peterson and Winterton won (21-18) (21-10) over Packer and Meltzer**

championship competition.

Leading the way was Hyde Park's Jim Winterton, who split \$600 with John Peterson of West Islip for a first place win in the featured Men's Pro/Am Doubles over Howie Packer of Naugatuck, CT and Steve Meltner of West Hartford, CT, 21-18, 21-10. Packer and Meltner split \$300.

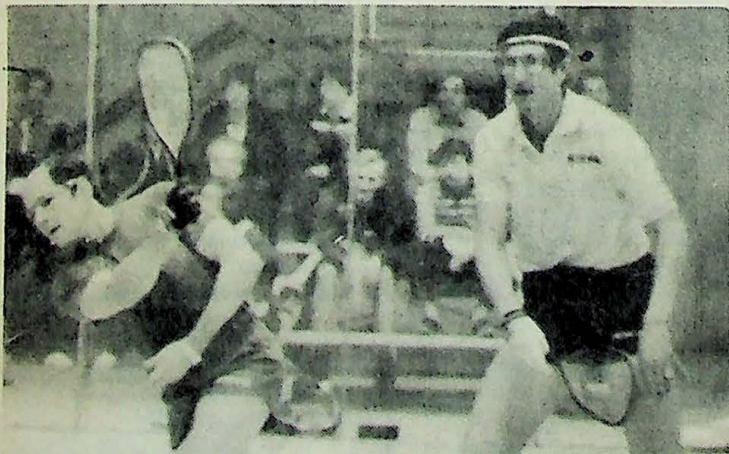
In championship play, Winterton upset reigning national Senior Veteran champion Charlie Garfinkel of Buffalo with a 21-9, 21-13 victory in the Men's Senior division. Sunday's contest was the first time in eight outings that Winterton, who is director of racquetball at All Sport's Poughkeepsie club, had beaten the former five-time open champion.

Twelve-year old Robin Levine also scored a major upset by defeating 13-year old Cristine Upson of Rochester, the current U.S. National



Photos by Alan

**Dan Obremski an 18 year old from Pa. Playing 2 years won the open event.**



## 3rd Annual ALL SPORT Pro/Am Racquetball Classic

**April 23-25, 1982**  
**\$16,000 Cash**  
**& Prizes**

**CIRCLE THAT DATE NOW!**  
**One of the Best in the East**

includes

- \$10,000 Women's Pro Event (1982 WPRA National Tour)
- \$4,000 Pro Mixed Doubles Event
- \$2,000 in Prizes for 19 Amateur Events (Men, Women, Juniors, Doubles)

**ALL SPORT**  
fitness and racquetball club

Further information: Jim Burns • (914) 896-5678

17 Old Main St., Fishkill, NY 12524

# The Winner's Column

By Jim Winterton

The hardest thing for any racquetball player to do is to objectively analyze his own game. To better perform you must be able to know your own game. The perfect racquetball player would possess near perfection in seven areas: Strength, anaerobic conditioning, aerobic conditioning, flexibility, skills, rhythm of movement and mental toughness or concentration. When an athlete comes to me for help, I try to objectively assess his strengths in these areas as well as his weaknesses. Therefore, each individual is treated differently to accommodate his daily schedule, his access to workout areas, and his personality.

Five years ago, when I began working with Mike Levine, I realized he was very strong in rhythm of movement, conditioning (ana-

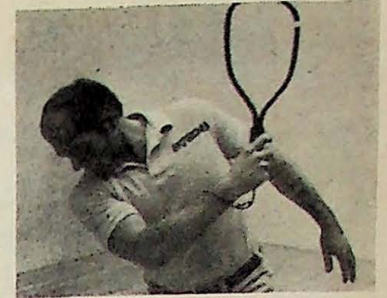
erobic and aerobic) and mental toughness. Therefore, we concentrated on strength (through Nautilus training), skills (hours of practice) and flexibility (a stretching program). Today he is strong in all of these areas but Mike is still working to improve. Compare Mike's progress with that of a 45-year-old housewife who came to me as a novice player. Although I never told this to her (as it wouldn't have inspired her too much!), she was weak in every area except mental toughness. I concentrated on developing her skills and strength. She could only play three days a week and had no access to a Nautilus center or Universal weight machine. I gave her a series of exercises to do at home to develop her strength and also a skill workout to do in her own home. She is now a B player and six months after my first



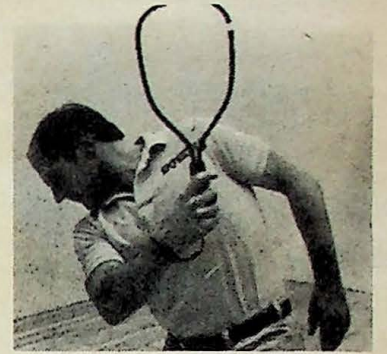
Correct Backhand



Incorrect Backhand - Elbow In



Correct Forehand Photos by Jim Barysh



Incorrect Forehand Follow through up-not Across

camp she won a C tournament. In future columns I'll closely point out each of these areas of development, but the most important should be examined first.

### SKILLS

This is the most important area of development. You can be a successful player with a great forehand and backhand. You need the other areas to be consistent but you can experience the thrill of victory with a good forehand and backhand.

The forehand stroke requires a good extension out and down with the lead elbow. At the point of halfway through the swing the forearm should extend and be followed by a wrist snap. The main thing to remember is to flatten out your swing rather than have a pendulum-type trajectory. This is an area of controversy among teachers but if you examine the pendulum swing the racquet is flat for only a small part of it. The flat trajectory has the racquet perpendicular to floor throughout more of the swing. Thus with this swing you will be more consistent. Figure A shows the proper sequence and Figure B shows the pendulum and what I consider the improper trajectory. The forehand is quite simply like skipping a rock.

The backhand is like throwing a frisbee. Again the elbow drives out and the forearm extends and the wrist snaps. The most frequent error in forehand and backhand swing are those of the ball being too close to the body. This causes a less than full extension (fig. C) and the ball then comes back to center court (as it hits front wall - side wall).

There are many drills to improve your forehand and backhand but the best way I learned from Mike Luciw of Massachusetts, whom I consider to be among the best in the nation from both sides. He taught me how to use the mirror. Dancers and boxers have used the mirror to improve, and racquetball players should too. All you have to do is

practice for 10 minutes a day to flatten out your swing. Here is an invention I came up with that will help. Put a cardboard box about waist high and swing across the top of it from both forehand and backhand sides. This flattens out your swing and gives you a better mental image when playing and practicing.

**Next Issue: Further improvements on forehand and backhand.**

### READERS:

**This issue's reader question comes from Robert Solon of Rockville Centre Racquetball Club on Long Island. He writes:**

"I am an experienced 4-wall paddleball and handball player. I have a firm grip on the serve but during a rally when I try to volley the ball, the racquet slips in my hand. I play with a glove and have added tape to the handle to widen the grip. I have tried to tighten my grip but to no avail! Can you suggest some course of action to help?"

Without seeing your form and serve I can't exactly say what's wrong, Robert, but from my experience with such complaints I think I know what will help. If you examine your glove and it has the color of your grip brightly on the palm, and if you wear out gloves at the palm, you're probably gripping the racquet too tightly, not loosely. Try this experiment: grip your racquet tightly and have a friend turn the frame of your racquet. The handle slips in your palm. Now hold the racquet with the bottom three fingers and don't squeeze with the thumb and forefinger. Now your hand will turn with the racquet, thus giving you more control. Also I suspect you're meeting the ball too close to your body, thus causing the racquet to slip. Try holding the racquet, not gripping it and hitting the ball further away from your body. Please let me know how you make out.

**P.S.** Janell Marriott of Syosset lives in your area. Take a lesson from her as I consider her a premier

instructor.

Readers: Any problems with your racquetball game? Write me in care of RacquetSport Players, and I'll do my best to get you back in the winner's column.

## SPORTS PODIATRIST

**DR. JORDAN W. RACHLIN**  
221 E. HARTSDALE AVE.  
HARTSDALE, N.Y. 10530

WHETHER YOUR SPORT IS...  
RACQUETBALL, TENNIS, SQUASH,  
BASKETBALL OR TEAM SPORTS  
WEEKEND PLAYER OR DAILY PARTICIPANT  
TOTAL FOOTCARE AND PREPARATION  
CAN PLAY A SIGNIFICANT ROLE IN  
YOUR GAME.

- BIOMECHANICAL EVALUATION AND ORTHOTICS
- INJURY PREVENTION TECHNIQUES
- FOOT CARE TO HELP KEEP YOU PLAYING
- STRETCH AND EXERCISE TECHNIQUES FOR YOUR SPORT - TO PREPARE YOUR BODY
- INJURY INTERVENTION AND AFTERCARE
- FOOT SURGERY

**ATTENTION:** All Eastern racquetballers, club owners and managers  
WE ARE PROUD TO ANNOUNCE THE BIRTH OF SOMETHING TRULY EXCITING  
FOR EASTERN RACQUETBALL: THE CREATION OF

**COAST-TO-COAST  
RACQUETBALL ENTERPRISES,  
516-261-3257**

The first professionally run promotional, and instructional enterprise in Eastern racquetball today.

COAST-TO-COAST will specialize in professional, systemized clinics, workshops and exhibitions, at easily affordable rates for both clubs and/or groups of interested players.

Our staff is superb, featuring **Ruben Gonzalez** and **Art Diemar**. As most of you know, Ruben emerged as the East's hottest singles player this year; his speed and retrieving ability is as legendary as the excitement he brings to the game. Art Diemar, long known as one of the East's top singles players, is the hardest hitting player the East has ever produced, as well as being considered the dominant doubles player in the East, if not the country. Along with Dave Luft, Art was half of one of the most awesome teams of all time.

Assisting both Ruben and Art will be Al Seitalman. "Big Al" has long been the leading Eastern racquetball administrator and organizer. As New York State Chairman for the A.A.R.A. (the sport's sole national governing body), Al has been the man responsible for bringing off countless tournaments and clinics throughout the years, including, from its inception, the famous Long Island Open, known as the nation's largest and most successful amateur racquetball tournament.

Coast-to-Coast Racquetball Enterprises will strive to bring to you, the player, a truly high level of expertise in real, applicable instruction.

If you have any questions concerning this exciting concept, please call Al Seitalman at 516-261-3257.

We look forward to sharing our knowledge and excitement with you.

## Women's Professional Racquetball Association Year End Rankings 1981

1. Heather McKay	459.38	14. Vickie Panzeri	60.00
2. Lynn Adams	435.63	15. Brenda Poe	52.50
3. Shannon Wright	395.00	16. Bonnie Stoll	47.50
4. Marci Greer	279.38	17. Caryn McKinney	39.17
5. Karin Walton-Trent	150.00	18. Kippi Bishop	36.67
6. Peggy Gardner	143.57	19. Sheryl Ambler	36.67
7. Laura Martino	109.38	20. Mary Dee	35.24
8. Linda Prefontaine	94.38	21. Stacey Fletcher	28.34
9. Fran Davis	88.13	22. Susie Dugan	25.84
10. Janell Marriott	86.25	23. Jean Sauser	25.71
11. Jennifer Harding	84.38	24. Melanie Taylor	22.86
12. Elaine Lee	80.63	25. Teri Gilreath	22.50
13. Rita Hoff	65.00		

## NEW TUFFS



One of the newest Tuffs models for men (style #62208) and women (style #64204) add an FJ white side stripe and white puffed quarter lining to the popular, long lasting racquetball shoe line. Tuffs feature a white nylon mesh and oyster leather lace-to-toe design, a cushioned tongue and an Air-Flo sponge cushion innersole for complete foot comfort. Tuffs sport a high traction, light-weight and durable gum rubber outersole that can take the quick stop-and-go action on all hard wood courts. Available in men's sizes: Medium 7-12 & 13 and women's sizes: Medium 5-10 & 11.

For more information, contact: Foot-Joy, Inc., 144 Field Street, Brockton, MA 02403.

## A Poem

I never met Louis Faiella  
But he must be a happy fella.  
In racquetball's fair clime  
He tells their story in rhyme.

In an unpretentious style  
His aim is simply to beguile  
With humor that's light  
And verse that is bright.

For that he should be proud -  
In spite of his loss to that  
lollipop crowd.  
(In this, however, he's not  
unique -  
I lose to moppets once a week.)

If they have a Hall of Fame  
I recommend his name -  
Louis Faiella,  
A most happy fella.

- a fan, Joe Lubelfeld

## YOUR PADDLEBALL HOROSCOPE

By Andy Krosnick

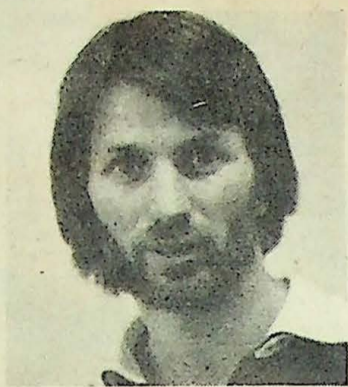
### PISCES (The Fish) Feb. 19-March 20

You should not play paddleball in extended periods of time. If you do, you will perspire and smell like a striped bass. I suggest you take up a less physical task like running a paddleball facility. Your social life will consist of meeting a transvestite, a perfect addition for your mixed doubles game. You will come into great riches. Actually you will skip out from paying at Astoria Indoor.

Your paddleball game will change dramatically. Your 15-year-old Dalton P-1 will be stolen from you and used as firewood by a family in the Bronx (or is that da Bronx?). And, finally, you and your partner will win the prestigious APA doubles tournament, if they have it.

### ARIES (The Ram) March 21-April 19

According to my charts you will have an M-1 rammed up your nose on a backswing. You will meet a tall, dark person. It will be "Hop" in high



heels. Wait...I read my chart wrong. That's a small, dark person...it's Caesar (Master 1) Polichetti back from Florida. The game of paddleball will greatly improve. You will break your leg and will be unable to play, thereby improving the game of paddleball.

I see a change in your love life. You will leave your mate and elope with Duffy from Marcraft. Examine your goals. No, that doesn't mean touch yourself. You could be ex-

pecting too much from your paddleball game. Try winning a game before you go for the Big Apple World Singles Championship.

### TAURUS (The Bull) April 20-May 20

You're so full of bull this month, the Schlitz Brewery Company wants to hire you for rodeo appearances.

You will do things you have never done before...pay to play at "Take One." You will see things you have never seen before...Joe Lubelfeld run Bobby Schwarz ragged in a singles game. You will hear things you never heard before...adjectives from Steve Rothfeld when he misses a shot. Finally, you will share the game of your life with someone who wants to know you better...Debbie Armstrong. And she might even sell you a car.

**Check in next time when my charts will give an insight into Joe Lube's love life.**

— ANDY HERE

## It Is Not The Magnitude Of The Shock Waves At Heel Strike That Is Critical

It is not the magnitude of the shock waves at heel strike that is critical.

What really matters is the rate at which they decelerate.

Medical research on heel strike has proven the deceleration of energy within the body to be around 5G when walking (even this can move the base of the brain a half millimeter) and as much as 14G when running.

Internationally respected orthopaedic surgeons have said that, in their opinion, these high energy peaks are detrimental to the well being of the human frame and can substantially contribute to: Achilles tendonitis; distal heel bruising; plantar fasciitis; heel spur; stress fractures; shin splints; and numerous other orthopaedic symptoms.

Famous athletes have proven that Sorbothane provides a preventive barrier which can reduce the pain threshold considerably, and dramatically decrease the recovery period. Scientific studies show that only Sorbothane can accomplish this... be-

cause only Sorbothane is based on the structure of human flesh and functions in a very similar way: It distorts easily, and has a delayed recovery. There is virtually no permanent deformation after compression; it goes on working and working. It has unique ability to cope with torsional movement.

Sorbothane is available both as a heel insert and a full sole. Heel inserts are available in sizes small, medium and large. Sole inserts for men are available in B (5-5 1/2-6); C (6 1/2-7-7 1/2); D (8-8 1/2-9); E (9 1/2-10-10 1/2); and F (11-11 1/2-12). For women, sole inserts are available in A (6-6 1/2-7); B (7 1/2-8-8 1/2); C (9-9 1/2-10); D (10 1/2-11-11 1/2); and E (12).

Published clinical data is available to physicians and those responsible for the welfare of athletes.

For information on where to buy them, call or write Triad Research Inc. at 81-59 248th Street, Bellerose, New York 11426; (212) 343-6641.

## Rollouts By Patricia Bagwell

Pelham Health and Racquetball Club held the second leg of the Westchester Court Clubs Championships during the weekend of January 15. Some outstanding matches were played that weekend, and we'd like to tell you about some of them.

The Men's Open Finals has possibly established Peter Chardavoyne of Pelham as one of the best players in the region. Pete clawed his way through a second game and a tie breaker to beat Charlie Horton Jr. Charlie took the Open at the first session of the tournament. We'll wait and see what happens at Courtsports at the third matchup. Richie De Vito took third place.

Richie Consiglio of Pelham outlasted John Poodle, also of Pelham, to win the Men's C. It was a gruelling contest between a talented newcomer (Richie) versus an experienced, patient player. The outcome was up in the air until the very end. Great games, guys.

We saw a rematch between two veterans who are a pleasure to watch: Pat Columbo and Archie Rupp. In their last outing Archie was the victor, easily outscoring Pat. This time, the tables were turned and Pat took Archie to the cleaners. What happened Archie?

Our own Tony Carr entered, competing the Golden Masters. Tony came up against some of the finest players in this age group in our area and came out third. First place was taken by Sol Lesser (Pelham), second by Cornelius Heaven (Winning Walls). Tony vows to do better next time.

The Women's B finals had the spectators cheering when Laura Hanna (Pelham) beat Sue Huggan (Winning Walls). Ilene Wald (Pelham) placed third.

Peter Chardavoyne and Sam Borrero (Pelham) took the possibility of a two win streak away from Charlie Horton, Jr. and Pat Columbo (Winning Walls) in the Men's

Open Doubles. Horton and Columbo were the winners last time out. Third place was won by Richie DeVito and Frank Bernardi.

B/C Doubles was won by Don (Crying Towel) Parise and Steve Gifford of Pelham. They beat Joe Bellaflores and Roger "Right Wall", also of Pelham. Courtsports showed third with Fitzroy Boswell and Ed Messina.

Women's B/C Doubles drew a



Richie Consiglio

large crowd with onlookers cheering their favorite teams. Lisa Hoffman and Terri Russo (Winning Walls) finally emerged the winners after a close fought match against Roxanne Docherty and Liz Aquino (Pelham). Ilene Wald and Mary Ann Downey placed third.

Among the Juniors, some of our favorite younger players did themselves proud, among them Mike Marzouilla (Pelham) who took third place in "17 and Under" and Paul Luciano (Pelham) third place in "13 & Under."

Ann Chardavoyne is grinning from ear to ear. Pelham took nine of sixteen events and her son Peter won two of them.

Courttime/Meadowlands R.C. is featuring a new program for beginners. It's "Learn Racquetball in 2 Weeks — Or Your Money Back." For a special low rate Courttime is

offering a package of all kinds of goodies to teach the novice and get him/her into good playing habits early. The people who staff Courttime are a friendly bunch and will be glad to answer your questions about the program. Call Courttime at (201) 933-4100

Have you ever wondered if lifting weights would help your game? It's difficult to find advice from qualified professionals who can give you the answers to your questions and prescribe a suitable program.

Never fear! A book entitled *Power Racquetball featuring PST* by Ellington Darden, Ph.D. does all these things and more. Dr. Darden has impressive credentials. He tells us some interesting facts about the body, gives a fitness test and advises us what to do to strengthen the body specifically for racquetball. It's interesting reading even if you never plan to lift more than the groceries.

We'd like to wish Peter Franceschi good luck. He's leaving for Basic Training in the Air Force. Pete's presence will be sorely missed by the daytime regulars at Pelham.

Congratulations to our poet, Louie Farella who now has national recognition. One of his poems appeared in *Racquetball Illustrated* as part of a special feature on children's racquetball. We also predict that Louie and his partner Steve Gifford will have the most popular new club in Westchester. The club, called "Habitat", is already a favorite among the night crowd.

Until next time, keep those Rollouts coming!

Westchester Court Club  
Championships  
At Pelham  
January 15, 16 & 17

Men's Open  
Peter Chardavoyne (Pelham)  
Charlie Horton, Jr. (Winning Walls)  
Richie De Vito (Pelham)

continued on page 13

Protect Your Feet  
Against Injury With

# Sorbothane™

A revolutionary, new  
foot insole that  
absorbs 94.7% of  
impact shock.

**SORBOTHANE FULL SOLE INSERTS help prevent shin splints, stress fractures, Achilles tendonitis and numerous other problems incurred by running.**

**SORBOTHANE FULL SOLE INSERTS are made of a new Visco Elastic Polymer, a shock-absorption, washable material, that has been tested by recognized medical authorities worldwide and is considered a remarkable breakthrough in orthopedic research.\***

Protect your feet with SORBOTHANE. Available in full sole & heel inserts.

Available through sporting good and running stores, or contact us for dealer nearest you.



**TRIAD RESEARCH INC.**  
An Evolution in Technology  
81-59 248th Street  
Bellerose, New York 11426  
(212) 729-2104

## CASTLE HILL WINTER "B" PADDLEBALL TOURNAMENT

### Ramel Sherman and Rex Naddeo Win 1st Place Father-Son Team Sparks Excitement



The father-son team of John and Phil Reitano, representing the Castle Hill Beach Club, came close to winning the CHBC Winter "B" Paddleball Tournament, when they reached the finals before losing to Ramel Sherman of the Bronx and Rex Naddeo of Queens.

The tournament was held at the Bronx Indoor Paddleball on January 16 and 23, and 60 teams from all over the city and Long Island were entered.

Followers of the game could not recall the last time in recent years when a father-son team competed so successfully in a major tournament.

The Reitanos lost the first game of a best of three finals, 21-6, but proved to be tougher competition in the second game. They led 8-4, before finally losing out, 21-14.

#### \$1,160 in Cash Prizes Awarded

A total of \$1,160 in cash prizes was handed out, with trophies also going to the first two teams.

Additional excitement in the tournament was generated by Linda Hecht Weinbaum and Maddy Tilker, the only women participating. Their first opponents were Gene Gonzalez and Miguel Frieto.

The girls ran up a seven-point lead, only to see it vanish as quickly. Thereafter, it was neck and neck and hot rallies, with each team having a shot at point game. The girls finally prevailed, 22-20.

Their second match, against Carlos Gautier and Jerry Ramos, was also a cliff-hanger, that wound up with the men winning by a close score of 21-18.

#### Following are the results:

##### Quarter Finals

Walter Pauliw-Pete Bruhnke, Bobby Morales-Louis Hernandez (25-16). Ramel Sherman-Rex Naddeo, Miguel Mateo-Phil Santiago (25-19). John Reitano-Phil Reitano, Lee Dimitriou-Tony Gianotti (25-23). Bob Fink-Carmelo Soto, Santo Conigliaro-Larry Poole (25-20).

##### Semi Finals

Ramel Sherman-Rex Naddeo, Walter Palliw-Pete Bruhnke (25-14). John Reitano-Phil Reitano, Bob Fink-Carmelo Soto (25-19).

##### Finals

Ramel Sherman-Rex Naddeo, John Reitano-Phil Reitano (21-6, 21-14).



Walter Pauliw



Castle Hill B Tourney

Photos by Alan

## ASTORIA PADDLEBALL



WE WANT YOUR GAME!!!

MONDAY THROUGH FRIDAY SPECIAL

- \$2.50 A Person 10 AM-5 PM
- \$45.00 SEASON PASS AVAILABLE
- SPECIAL DISCOUNT ON BALLS
- OFF STREET PARKING

Play Schoolyard Rules Every Sat. 7 PM-Midnight

Play Schoolyard Rules Every Sun. 6 PM-11 PM  
(A FREE Paddle Raffle Every Sunday Night)

### ASTORIA PADDLEBALL

34-38 38<sup>th</sup> St., Astoria, N.Y. 11101  
212-729-7163

SEASON TIME STILL AVAILABLE!!

## L.I. PLAYERS!

Play at South Shore Paddleball, 36-70-12 West Oceanside Rd., Oceanside, N.Y. (516) 766-3892.



Michael Pino, son of Ed Pino of take one Paddleball in Brooklyn watched his daddy play.

## PADDLEBALL

Paddle Sports Health Club will be holding a series of Sunday Paddleball Tournaments starting February 28th and continuing through March 28th. George McFadden, the club's owner, has arranged to have George McIntyre conduct the tournament for the club.

The divisions will include men's doubles, women's doubles, men's singles, women's singles and mixed doubles. There will possibly be an A and B division if there is a strong

turnout with a maximum of 32 participants in each division. Prizes will include trophies for first and second place, and third and fourth place will receive a free entry into the next in-house tournament.

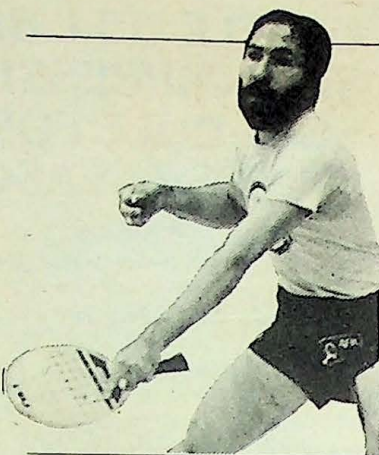
These events are open only to PSHC members. For information about joining the club call (212) 738-3535. P.S. Check out the California whirlpool, saunas and body building equipment!

# My Game

By Bobby Schwarz

Consistency is probably the most important quality that a paddleball player must have to become a champion. He must always serve well, move the ball around the court without error, keep enough "pace" on the ball when he shoots, make the get when necessary, and of course, "put the ball away" when the opportunity arises. If a player is extremely consistent in performing these feats, then he can surely conquer any speedy, strong, or championship calibre player.

I recently was a referee at Take One's "B" men's singles tournament. Frankly, I was quite impressed with the overall ability of many of the players, and I seriously feel that the few top "A" players that are barred from certain lucrative "B" tournaments are "getting the shaft." What I'm saying is that these "B" players are "damn good," and if there were no money involved in "B" tournaments, then those same self-admitted "B" players would argue until they turned blue that they were solid "A" players. Anyhow let's get



back to consistency. The one player in that "B" singles tournament who was the standout player, and most consistent performer turned out to be the winner, Carmelo Soto. Throughout the tournament, he displayed unbelievable accuracy in his ball movement, a never-failing and well placed serve, good speed of foot, great anticipation, and great shot selection. He simply did everything well, and this lefty proved to be too much for the likes of Frank Henry, who is an excellent player noted for his lightning-like speed on the court. Carmelo was too consistent for Pete Pillarte. APA "B" Singles

Champion. Pete is without a doubt on his way to becoming one of the finest singles players in paddleball. But, Soto was just too consistent for him that day, and Pete was beaten at his own game. The finals of the "Take One B Singles" tournament had Carmelo Soto matched against a ferociously hard-hitting and talented player named John Cosares. John was drawing Oohs and Aahs from the crowd in all his previous matches. His unbelievable power was best displayed in his semi-final match against another power-house named Jerry Brown.

Before the finals were actually played, most of the spectators made Cosares a heavy favorite to win the match. Perhaps, they were mesmerized by the awesome power that they had seen, and could not conceive any force defeating this power. Early in the match, John's power became quite evident. He blew a ball past Soto with such velocity that Soto jokingly muttered, "Can I go home now?" But as the match progressed Soto's consistent overall ability became the dominant factor. He kept Cosares off balance with his accurate ball movement, and Soto vir-

tually nullified John's power. Carmelo took advantage of his own good serve, and made many points by hitting winners off John's returns of serves. Soto's excellent ball movement seemed to take its toll on John's stamina, and some of the steam had come off John's shots. Now Soto was getting to Cosares' passing shots and he was hitting winners cross-court. When I saw this happening I was certain that consistency would win. And at the end, consistency and Carmelo Soto were victorious. My congratulations to them both.

## Schwarz and Atonna Win

### South Shore Paddleball Club Holds Its First Mixed Doubles Tournament

By Ralph Capogrosso

With the cooperation of Murray Kirschner of the BPA, it went off as a success. The early rounds of play were exciting and a number of upsets occurred. Top seeds Mike Melendez and Lorraine, as well as Linda and Marvin Hecht, lost in the preliminary rounds.

In the quarter finals, Schwarz and Atonna beat Dillard/Evans 21-6. Chielli Meliti beat Lido Roche 21-13. Fiorentino/Armstrong beat McIntire/Williams 21-14. Hopkins/Maldonado beat Goddard/Colis by a narrow margin with Ron making an incredible comeback and almost beating Hoppy. Semi-final action was indeed tough. Only the strongest teams survived.

Schwarz Atonna played Fiorentino Armstrong in a grueling match. The game was close until

the end where Schwarz outvolleyed his opponents. The game was ended on a very bad call on the part of the referee. The final score was 21-15. The other semi-final match pitted Chielli Meliti against Hopkins/Maldonado. Chielli Meliti played well throughout the tournament, but the consistent power by Hoppy was their downfall. The final score was 21-10. Hopkins/Maldonado.

The only two survivors after the end of a long bout were Bobby and Cleo who faced Hoppy and Anita. The game was close until the 10th point. Bob and Cleo pulled away with aggressive playing. Hop cooled off and started to make a number of unforced errors. Anita played well, but could not be the deciding factor. The final score was 25-16. Congratulations, Bob and Cleo, again undefeated in Mixed-Doubles play.



Photos by Alan

# YOU ASKED FOR IT! THIS IS THE BIG ONE!

RacquetSport  
 player

Castle Hill  
Beach Club

• BRONX INDOOR PADDLEBALL •  
SEAMCO INC. • DALTON PADDLES •

PRESENT  
**ANYONE CAN WIN!**  
**Women's Open/Invitational**  
**Doubles Paddleball**  
**Tournament**

The top four women's teams will be seeded in the 1/4 finals. All winning teams from the Quarters on will receive \$25 per game with a \$50 final game! Plus! finalists 1 thru 4 will each win a top quality DALTON PADDLE! Plus, Plus!! Trophies awarded to 1st and 2nd place. \$300 in cash awards • \$10 consolation prize for lowest scoring team.

**ENTER EARLY! ENTRY LIMITED!**

**Where:** Bronx Indoor Paddleball, 1261 Zerega Ave., Bx.  
**When:** Sat March 27, 6 PM. Deadline: March 24.

**ENTRY FEE:** \$10 per player. Money Orders only! Make M.O.'s payable to Racquetsport Player, PO Box 517, Gracie Station, N.Y. 10028

Name \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_ Address \_\_\_\_\_

Tel. \_\_\_\_\_ Tel. \_\_\_\_\_

**Release:** In consideration of your accepting my entry in the Women's Open/Invitational Tournament, I hereby waive and release any and all claims for damages due to injury or loss of property againxt Bx Indoor, RSP, or CHBC.

Signature \_\_\_\_\_  
Tournament Director: Jack Moriarty

Signature \_\_\_\_\_

# Brunhilda For Sale

By Joe Lubelfeld

Unless you've been living in a cave, or in the Bronx (which is about the same thing), you must be aware of the sexual revolution that has taken place in this country.

Historians tell us that even during the most turbulent social upheavals—like the Russian or French Revolutions, for example—certain areas and small pockets of people can be found who are completely unaware and untouched by the momentous events swirling around them. I believe it. I live in one of those pockets in the Bronx.

In my neighborhood, for instance, a movie is considered obscene if a horse isn't wearing a saddle. If a book merely mentions the fact that there are two different sexes, the local store won't carry it. Is it any wonder that for the longest time I was under the impression that Masters and Johnson was some kind of golf tournament? None of that information filters down to us. When a friend bought me the best seller "The Joys of Sex" I took out my crayons and began coloring it. And how well I remember my own

father having his first "man-to-man" talk with me. When he explained that the stork had absolutely nothing to do with the delivery of babies, I was so stunned that I stayed in my room and brooded for 3 days. I was 32 at the time.

What brings all this to mind is an experience I had recently.

It started on Washington's Birthday and I was depressed because I forgot to buy him a gift. But that's normal for me. Forgetting things, I mean. Once I was in Texas and forgot the Alamo. In Texas men have been shot for less. Another time I forgot the year I was married and came down with the six year itch. Men have been shot for that too.

Anyway...let's see now, what was I talking about? Oh, yes, now I remember... Washington's Birthday. It was on that day that I performed a miracle of such magnitude that if the Pope ever gets wind of it, I'm sure to be put in the running for canonization right after Mother Theresa. What I did, in a nutshell, was win ten games in a row. That's right. Me, Joe Lube, everybody's

patsy, won ten bloody victories in a row! Even I have to admit, I was simply super that day.

But the next day I had to pay the piper. I was a wreck. Don't let them kid you, miracles are hard work. Every bone, every joint, every muscle (ha!) ached and throbbed with pain.

I thought of my friend Ebenezer Loathsome, who is always telling me about the marvelous therapeutic value of a good massage to relax and restore the body. What have I got to lose, I thought, I'll try it. In search of a masseur I picked up the phone book and let my fingers do the walking since that was the only part of my anatomy that could still move freely.

Under "Massage Parlors" I found a place that was called "The Palace of Pleasure," and with the naivete and innocence that comes from living a sheltered life in the Bronx, I called them.

"Hello," a man's voice answered. "Hello, is this the Palace of Pleasure?" I asked.

"It ain't Disneyland, pal, what can I do for you?"

"I got it real bad," I said. "I need a massage right away. Can you send someone?"

"We don't usually make house calls, but if you're willing to pay extra—"

"Sure, that's OK," I said. "but please hurry."

"Boy, you really do have it bad. What would you like, pal, a blonde or a brunette?"

What a silly question, I thought. "It doesn't really matter; for all I care you can send me a bald gorilla."

"We never had anyone ask for a gorilla before. I don't think we can get one on such short notice," he said.

"Look, forget the gorilla," I said. "Just make sure it's someone with a strong pair of hands to do the job. My body needs a good pounding and tossing around."

"Oh, you're one of those, eh."

"One of what?" I asked, with a note of annoyance creeping into my voice.

"Don't get sore, pal, I was only trying to find out what kind of woman you wanted."

"Woman? Actually, I was thinking of a man. Don't you have any men?"

"Oh, I see, one of those tutti-frutti's. No, we don't traffic in—I mean, the Palace of Pleasure only has women, take it or leave it."

"OK, I'm not particular. Let it be a woman then. Just make sure she's one of those big strapping Swedes that can crack walnuts with her bare hands and hit a baseball 400 feet."

"I gotcha, pal. Do you want her to wear her skin tight black leather outfit?"

I was really getting annoyed now. "No, let her wear that hand-me-down chiffon number she got from the shopping bag lady," I said with sarcasm.

"What shopping bag lady?" he wanted to know.

"Why are you asking me all these questions? Really, she could wear a potato sack, for all I care."

"OK," he said, "I think I've got just the right girl for you. Her name's Brunhilda. Built like a tank. Speaks love talk in eight languages, including Choctaw."

"Look, once and for all. I don't care if she's deaf and dumb and blind in one eye. And I don't care if

## CASTLE HILL BEACH CLUB SETS IMPRESSIVE SPORTS SCHEDULE FOR 1982 SUMMER SEASON

The Castle Hill Beach Club, 355 Castle Hill Avenue, Bronx, has lined up an impressive schedule of sporting events for the 1982 summer season.

### Club Opens April 17

The club officially opens on April 17, for weekend activities, and full times, seven days a week, on May 1. The swimming season starts on May 29.

The first major event will be the United States Handball Association Masters Doubles and Singles Tournaments. This will mark the first time these tournaments will be held at CHBC, and the top players of the game will be represented. The doubles will be held on Saturday and Sunday, May 29-30, and the singles, on Saturday and Sunday, June 5-6.

In the doubles, one team member must be no less than 40 years of age, while the other must be no less than 45. The minimum age in the singles is 40.

### Yankee Seminar June 19

On June 19, the club will be visited by members of the New York Yankees, who will conduct a baseball seminar. Last year, batting star Bobby Murcer was featured. Others have been Lou Piniella, Rudy May, Jim Spencer and Fred Stanley.

The next major event will be the annual Castle Hill Handball Invitational Tournament, on Sunday, July 4, directed by champion Artie

Reyer. This will be followed by the celebrated Castle Hill Beach Club Paddleball Invitational. This tournament is the first of the season when the newly-crowned champions of the game compete against each other.

### Chemical Bank to Sponsor Tournament

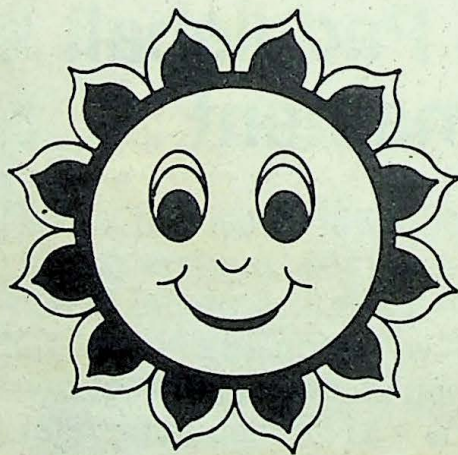
It has come to be recognized as the most prestigious tournament of the game, and is the richest, with cash prizes and trophies totaling in excess of \$3,000. It will again be sponsored by the Chemical Bank.

On Sunday, August 1, the annual Castle Hill Charity Cup Softball Game will be played, between the WCBS-TV All Stars, led by newscaster Jim Jensen and weathercaster Irv "Mr. G" Gikovsky, and the Castle Hill All Stars. Last year, the CBS team defeated the WABC-TV All Stars, led by newscaster Storm Field and sportscaster Mike Barry. The game will be played for the benefit of the Silver Shield Fund.

The CHBC Swim Carnival will take place on Saturday, August 14, and from August 21-28 the club's annual Olympiad will be staged, in which the club's top athletes will vie for honors in a variety of track events.

Throughout the season, there will be an ongoing program of activities in racquetball, paddleball, handball, tennis, softball, volleyball and jogging.

# SUMMER FUN



# DAY CAMP

For Boys and Girls 4 to 12 years old.

**JUNE 30th thru AUGUST 25.**

Shorter Sessions Available

**As little as \$10. Per Day.**

**ATTENTION WORKING PARENTS**

Supervision will be continuous from 8am to 6:00 pm



**(212) 738-3535**



**PADDLE SPORTS HEALTH CLUB**  
80-50 Pitkin Avenue, Ozone Park, Queens  
(near Cross Bay Blvd. and Liberty Avenue)

she can say supercalafrajalistikes-peealadoshus in Urdu. Do I make myself clear? All I want is someone who can punch a hole through a brick wall! Someone that can lift Mike the Bear up in one hand and Mendy the Whale in the other. Am I getting through to you?"

"Wait a minute, pal, this ain't no zoo. We don't have no bears or whales or—"

"But I don't want a bear! Look, I'll try to be calm. This Brunhilda... is she strong?"

"Strong! Man, she'll lay 10 lashes across your back with a buggy whip that will make you forget you ever had pain before."

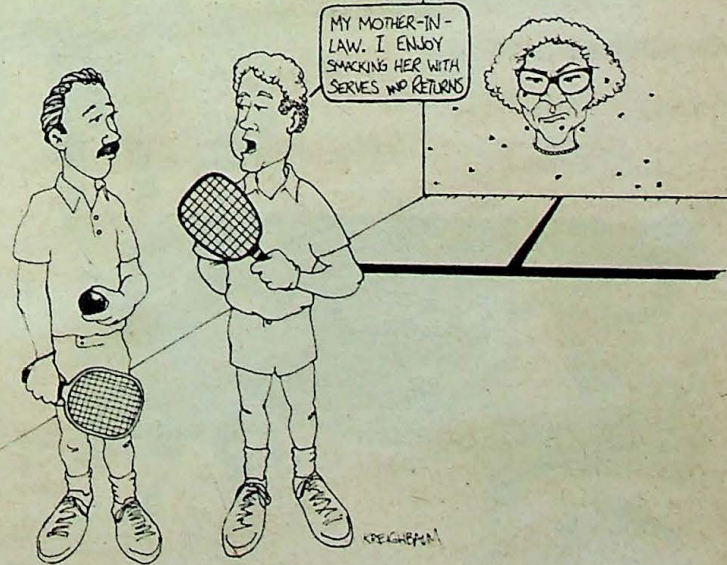
"A buggy whip? Now why in the world would she..." Slowly it began to sink in. At last I realized what

I was involved with.

"Look, pal," I said, adopting his patois, "suddenly I'm beginning to feel a lot better. Why don't we just forget the whole thing and make believe I never called."

"Wait a second!" he screamed. "A minute ago you had the hots for gorillas and bears and—oh, I get it. Is this the police? Are you from the vice squad? Why don't you guys go fight crime in the subways and get off my back." Click.

As I lay there immobilized, wracked with pain, I thought of my pending cannonization. I made a vow never to perform another miracle again—unless it's one of those easy ones, like walking on water, or through fire.



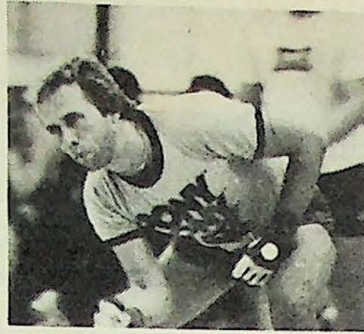
## OPEN DOUBLES HELD AT BRONX INDOOR PADDLEBALL

### Quarter Final Action

Craig Ruiz, teamed up with Robert Chielli, defeated Marvin Hecht and Marty Wolpin (21-4). Robert and Craig easily overpowered their opponents in this quarter final match.

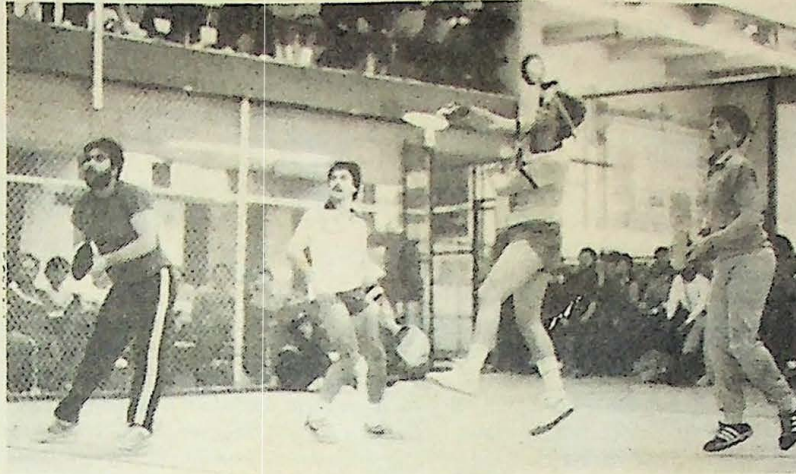
Ralph Copogrosso and Whitey Faber triumphed over Castle Hill "B" Champs Ramel Sherman and Rex Naddeo (21-7). In earlier round action, Freddy Diaz and Ray David put up an exciting struggle before succumbing to Robert and Craig. Marvin and Marty overpowered Lorenzo Hernandez and Bobby Morales in a 15-2 match. Marvin and Marty were credited with a super team effort. Ralph and Whitey squeaked past Walt Dillard and George MacIntyre (16-14), an exciting game right down to the wire.

In the 25 point finals match, Craig and Robert took an early lead. Robert and Craig never seemed to be



John (Whitey) Faber

able to get front position on Ralph and Whitey, this fact partly accounts for their both missing crucial shots. Not many balls got past Whitey, and Ralph, (notorious for hitting the ball out) was consistently accurate. The game almost turned around at the 18th point when Ralph double faulted and Robert made three killers but Ralph and Whitey pulled it out (25-20).



L to Rt: Robert Chielli, Ralph Copogrosso, John Faber and Craig Ruiz



Ralph prepares to go after Craig's Chop Shot!

## West Coast Paddleball

By Jeff Haber

I'd like to report that the efforts of Southern Calif. Paddleball operations will be teaming up with the Southern Calif. Racquetball Assoc. (S.C.R.A.).

We have been contacted by Jim Schatz who heads the S.C.R.A. and is also a professional racquetball instructor.

Jim organizes tournaments, promotes both racquetball and 4-wall paddleball and would like our help. With combined efforts, we can bring the exposure one-wall paddleball needs on the West Coast.

Jim plans to get some of the top stars of 4-wall paddleball such as Steve Keeley, Charlie Brumfeld, and Rich Wagner into the one-wall game and have exhibitions with the

top one-wall players out West such as Gato Grossman, myself, Ron Fenster, and Howard Austin hoping to attract large crowds and again exposing the one-wall game.

It's in the works right now to have this writer and Steve Keeley engage in a 4-wall to one-wall exhibition. This should be exciting and I'll keep you posted as to the outcome.

Also new on the West Coast is Paddle Pro L.T.D. Gato Grossman and myself have designed what we know is the finest paddle today.

This model will be called "Sundowner." It's the custom paddle for both professional and amateur player alike. It is lightweight and will be available in various grip sizes.

A couple of prototypes will be sent to N.Y. to be tested by the top N.Y. players. Their remarks will be

recorded so that if there are changes to be made, we can make the necessary adjustments and complete the final product. More details of the paddle will be given when the demos are delivered and tested.

In our own group at North Hollywood Park under the warm, sunny skies of L.A., I've noticed that there had been a lack of interest in the sport and that fewer players were showing up each weekend. So Gato and I decided to run a "Sweeps" or a "mini tourney." Ah, yes, the old attention getter. To play for something other than exercise and enjoyment, moola, greenbacks, dinero, "cold cash." So we set things up and had the players draw numbers out of an old ball can

(too warm for a hat) to select teams.

Already, emotion was etched into the faces of the contestants as they waited to see who picked who or what as a partner. Thank heaven when the drawing was over, the teams matched up pretty evenly. There were no shouts of "Oh, no! I got stuck with some turkey."

You would never hear that from the L.A. players, who are more refined than N.Y. players, so they just mumble it to themselves.

Anyhow, the sweeps went great. Competition was tough and fierce. The ordinary smiles and joking around was not present. These were replaced with stern looks and grunts and groans in an effort to retrieve every ball and keep the rally

alive.

The results were as follows: First Place—Bill Scott/Jeff Haber; Second Place—Herb Jacoby/Howard Austin; Third Place—Gato Grossman/Ron Fenster (Red's brother).

Bill and I called Brinks Security as we split 26 bucks.

Herb and Howie took their chances by not calling Brinks when they split a ten-spot. And, alas, our third place team—Gato and Ron—did not win any money so they just "split."

Everyone is still buzzing about the sweeps and wants to have one every other weekend with more cash. Money is the root of all evil, but it sure stirs the competitive juices in us paddleballers.

## RSP Rates The Women Paddleball Players (or, Wake Up, J.L.!)

Joe Lube will always have my undying respect as both a writer and human being (you noticed I left out paddleball player?). But, you see, as a writer Joe has a reputation as a humorist. That explains the unrealistic ratings of the Top Ten Women Paddleball Players in that other publication.

There are so many variables to consider, this is a very difficult task. What do you take into consideration? Tournaments, good legs, power, number of killers? A combination of the above!

Just what puts a player in the Top Ten then? It must be a well-rounded game, the ability to take over when your partner slacks off, or to define your opponent's weakness. I don't want to make a lengthy thing out of this; I just feel that an injustice was made. So gimme a break, Joe! No hard feelings...

Here are my choices:

1. **Linda Hecht** is my choice for Number One (same as Joe's). Lots of power for so slim a figure. Offensive all the time.
2. **Cleo Atonna**. Slip sliding away? The best support player in the game, but look out, Cleo, they're knocking on your door!
3. **Debbie Rosenthal**.

A little bit out of touch on the tournament circuit but she and No. 4 were always knocking on Cleo and Linda's door.

4. **Rochelle Weiner Martinez**.
5. **Sarah Washington**. No flashy style, just a steady game and a lot of determination.
6. **Anita Maldonado**. Lots and lots of power, dives on all fours. Exciting to watch and play with.
7. **Toni Melitti**. Still looking for that elusive chop shot, gives 100%, but feels more comfortable in a man's game.
8. **Debbie Armstrong**. (How could Joe leave her out?) Always a top competitor.
9. **Lois Cohen**. Lois has a few years on her colleagues, but still rates the number nine position.
10. **Maddy Tilker**. There are about four other players I could put in the Number 10 spot, but I chose Maddy. She gives 100%, hits hard, and is on the rise.

Now, I bet you're saying, "Hey, Stupid! What about this player or that player!" Or, "How could you rate herrr!" Well, this (or Joe's) is not the gospel, just an opinion, and it should be looked at in that light. Sooo, if I left you out, don't despair. The RSP staff will be watching.

### New!!!

## For The Health Of It

CO-ED Universal Multi station gym equipment, SAUNAS, SHOWERS, LOCKERS. The charge for unlimited use of Lockers, SHOWERS, Saunas and all Gym Equipment is only **\$15.00**

until June 1st  
**FULL PRICE**

No Membership Required - Unlimited Use  
7 Days A Week From:  
Monday-Friday 11 A.M. to 10 P.M.,  
Saturday-Sunday 8 A.M. to 10 P.M.

**Paddleball Players!**  
rent a private court or come alone  
and get a game, play on open  
time schoolyard rules

## BRONX INDOOR

## PADDLEBALL

1261 Zerega Avenue, Bronx  
(3 Blks. East Westchester Ave.)  
CALL FOR FREE  
BROCHURE  
863-1670

\* SUMMER PREVIEW \*

# LADIES PLAY FREE WED. EVENINGS ON OPEN TIME

**WE OFFER THESE FACILITIES**

1. ELEVEN WELL LIT SPACIOUS PADDLEBALL AND HANDBALL COURTS
2. FULL PRO-SHOP AT DISCOUNT PRICES
3. PING PONG POOL TABLES
4. FREE!! LADIES AND MEN'S LOCKERS AND SHOWERS
5. FREE USE OF BACKGAMMON, CHECKERS, CHESS, CARDS, DART GAMES
6. FREE!! LADIES AND MEN'S SAUNAS
7. 25" COLOR TV-LOBBY
8. COFFEE CAKE SANDWICHES, CANDY, DRINKS

## A PIECE OF SHANGRI-LA

By Jeff Hartman

The "Book of Pithy Sayings" is an invaluable reference guide for those, like myself, who wish to appear worldly and witty with a minimum of effort and expense. Organized by subject, it provides a pungent epigram on a moment's notice.

My favorite sub-section is "Wise Philosophy and Sage Advice," and my current favorite saying is, "We at first mock what we later become." This remark has been attributed to no less than five people, the most important of whom is Machiavelli and the most frivolous Calvin Coolidge.

The reason this saying is my favorite is because it seems, at the present time, to apply to me in a somewhat direct fashion. I am referring to my

newly acquired sedentary habits.

Time was I leapt and dived, swung and threw, ran and slid. Rodgers and Hart—oops, getting off the subject. Well, anyway, I used to be very athletic. I had a young, supple body that stretched in all directions. I was a Little League baseball star with a lifetime batting average of .360. I also played roller hockey in the International John Peter Tetard Memorial Hockey, Croquet and Debating League. If you think it's easy to play hockey with a croquet mallet while debating existential Socratic education with a goalie, then you've been sadly misled.

All this activity left me with mammoth muscles, particularly in my

legs. After some years my lower appendages gradually began to assume tree trunk proportions. I finally realized I had gone too far when a woodpecker tried to peck out my kneecap. Well, that's another story.

Moving forward in time, however, we find the star athlete athleticizing less and less. A point was finally reached where my main exercise for the day consisted of deciding which shoe to put on first.

To compensate for this lack of activity I began to prow around the city, secretly watching other people do athletic things. My favorite occupation became hiding behind a garbage can and watching seven-year-olds play punchball. I was the first sports voyeur.

One day I happened upon an extraordinary scene. In a little park, somewhere in the Bronx (the part that's still standing) I saw a little piece

of Shangri-La. You had to climb over a fence and squeeze through two bars in a gate. There it was—a little clutch of concrete courts teeming with players. I moved closer and inspected the participants. They were all scurrying around at an incredible pace, waving their arms about insanely, screaming curses at each other, and falling down a lot. They all had these little wooden things in their hands that looked sort of like dirty waffle irons. A tiny black ball was rebounding at crazy angles from a variety of walls. The participants were attempting to swat the tiny ball with the waffle irons and screamed in agony whenever they missed. One of the beings accidentally (or maybe not) swatted one of the other beings with his iron. Instead of bouncing off the wall, the little fellow plummeted straight to the ground. I assumed that this would

put him on the sidelines but he leapt up and yelled, "I'm O.K., I'll stay in, let's play!" and promptly walked into a fence.

Now I had never seen the likes of this sport before. It seemed strange and chaotic. Wanting to learn more, I walked up to one of the players who had taken a rest and was sitting on the ground. I said, "Hi, how you doing?"

He looked at me with glazed eyes and said, "You play? Play ball? Huh—no play?" he ended plaintively.

At this point I decided to leave. Returning over the vacant bottle-strewn field on the way back to civilization, I reflected that, once, I too had been so wrapped up in sports, and everyone who wasn't, was sort of strange and from another world. Now, unfortunately, the opposite seems to be true. It's still two different worlds but now I live in the other one.

## Self/Spalding Racquetball Classic Southfield, Michigan

Franklin Racquet Club, Jan. 1-3, 1982

### MEN'S PRO

Kelvin Vantrease, Finley, Ohio, over Larry Fox, Ann Arbor, Michigan, 17-21, 21-13, 11-7

### WOMEN'S PRO

Stacy Fletcher, Warren, Michigan, over Debbie Erhardt, West Bloomfield, Michigan, 21-8, 21-3

### MEN'S B

Dino Kotsonis, Mt. Clemens, Michigan, over Matt Wyman, Adrian, Michigan, 21-16, 21-7

### WOMEN'S B

Lise Baronet, London, Ontario,

over Rebecca Simmons, St. Ignace, Michigan, 21-17, 21-17

### MEN'S SENIOR

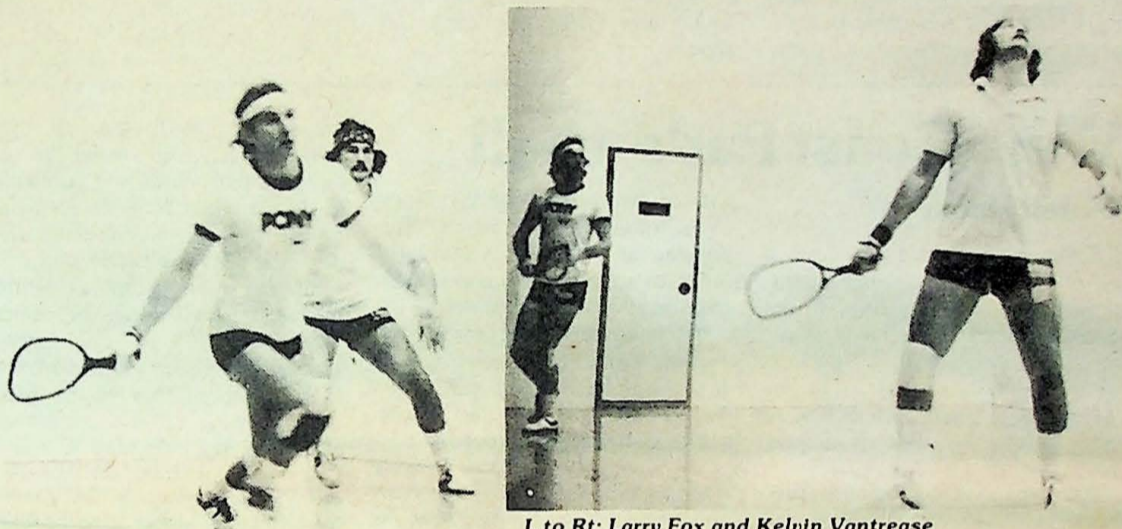
Tom Brownlee, Pinckney, Michigan over Tom Carpenter, Troy, Michigan, 21-9, 21-18

### MEN'S C

Don Edwards, Bowling Green, Ohio, over Ron Ozimek, Farmington Hills, Michigan, 21-8, 21-16

### WOMEN'S C

Danusch Patrick, Oakville, Ontario, over Leslie Keshigan, Allen Park, Michigan, 21-14, 21-14



L to Rt: Larry Fox and Kelvin Vantrease

## ULTIMATE DOUBLES by Art Diemar & Dave Luft

Doubles play seems to be the one aspect of Eastern racquetball which is generally as mis-understood by the players as it is by the spectators—the players stink, the fans don't

know it, and far too few know why.

That, then, will be the purpose of this and subsequent articles: to clear up some of the misconceptions about the game, and to set down

some of the concepts that combine to make doubles so totally different a game than singles.

First, though, let's state that in almost five years of playing Eastern

tournament ball, we've met no more than about 10 players, fans, or coaches who really understand the game of doubles. But, secondly, if you do question our concepts, you should realize that the two Eastern teams following these concepts have, in their respective Men's and Women's Open Divisions, a combined Eastern tournament won-loss record of 18 out of 24 (14 out of 17 for Luft/Diemar and 4 out of 7 for Burden/Pallas). Besides the ego-boosting, we've pointed out our records to mainly prove that there is a systematic method to our madness which can work to varying degrees for anybody else, if it's followed, and that is up to you.

### The 3-Ways To Score

To begin, you've got to understand that in racquetball there are three and only three ways to score a point, or end a rally: 1) by a player hitting a 'clean winner,' a perfect kill, pinch, or pass shot; 2) by an 'unforced error'—a player either skipping an offensive attempt, or just flubbing a return which should have easily been made; or 3) by a 'forced error'—these usually result from shots which used to be called, in handball, 'too tough to handle,' such as well executed 3-wall shots, Z-Balls, ceiling balls, or jam shots. When hit well, these shots can have the super benefit of being offensive in their effect on the other team, even though the shot may have been hit with a defensive intent. From certain positions on the court, it can be just as hard for your opponents to return a well-hit Z-ball as it can be to return or cover your kill or pass attempt (and it's a lot safer to hit the Z-ball).

To understand the main difference between singles and doubles, as well as to be able to manipulate that difference to your benefit when playing doubles, you've got to realize that the nature of singles play precludes condition number 3—(forced errors)—from usually having much of an effect on the outcome of the same. Now, there are three reasons for this: 1) in singles, you generally try to hit the ball away from your opponent; 2) your opponent is generally standing somewhere in the middle of the court (the center court area) which makes him or her that much harder to jam (or tie up in knots) with a Z-ball, or 3-wall shot; and, 3) despite what many club players think very, very, very few players have the sort of power necessary to "force errors" in singles play, just by hitting right at their opponent. Lots of people hit 100 MPH serves, but how many can hit the return at 120 MPH? If you can't do that, you don't have the power.

However, doubles is different. In doubles you can (and should) make the forced error as big a part of your team's game as your clean winners. It will work in doubles where it won't work in singles, since your opponents are that much closer to each side wall, thus cutting down on the amount of power necessary for a shot to jam them. In fact, in doubles it's more "which shot to hit when" than it is a case of "how hard can you hit it?" And, of those shots, your basic doubles repertoire should include 3-wall shots, Z-balls, ceiling balls (of course), and jam shots, perhaps the most important of all.



March 26, 27, 28  
Entry Deadline March 22  
The \$15,000  
Pelham Racquetball  
& Health Club

PAUL MASSON & NATURAL LIGHT

• WESTCHESTER OPEN •

\$1,000 CASH\* DOORPRIZE FOR ALL ENTRANTS

\*ALL DIVISION\*

\$150.00 CASH FIRST PRIZE

2ND PRIZE\*WALK-MAN

3RD PRIZE\*FOOT JOY SNEAKERS

4TH PRIZE\*Paul Masson Connoisseur Gift Pack

\*TROPHIES FOR ALL DIVISIONS\*

1ST Place thru 4TH AND 1ST Place Consolation

6 Pelham Parkway, Pelham Manor, N.Y. • (914) 738-1800

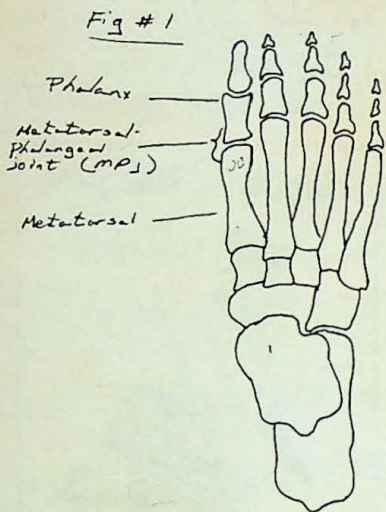


# Sports Medicine

## Metatarsal Phalangeal Joint Injuries (MPJ)

by Dr. Jordan W. Rachlin

Injuries to the MPJ (see fig. 1) can be either acute or chronic. Acute injuries generally occur as a result of a sudden motion, as when the toes are forcibly bent upward onto the foot (fig. 2). This can occur

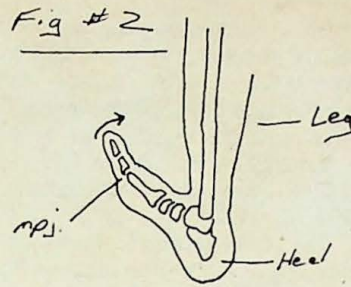


when the foot gets caught between the floor and the wall. This type of injury can result in various types of conditions from a mild strain or sprain to a fracture of the phalanges. If not treated promptly these injuries can become chronic in nature.

Chronic injuries can also be due to repeatedly bruising the mpj's. An example of this type of injury is called a capsulitis.

A capsulitis is an injury to the capsule. The capsule surrounds the joint and helps to hold the joint together and also helps to nourish the joint.

Initial treatment of an acute injury is R I C E.  
R = rest  
I = ice  
C = compression



E = elevation  
Further treatment depends on the nature and extent of the injury.  
**Dr. Jordan W. Rachlin**  
221 E. Hartsdale Avenue  
Hartsdale, New York 10530  
914/472-9272  
Fellow American Academy of Podiatric Sports Medicine

## AARA JUNIOR NATIONALS

The 1982 A.A.R.A. Junior Nationals—Singles and Doubles Championships—will be held at Capitol Courts Inc. in Carson City, Nevada on June 24-27, 1982. Capitol Courts is under the general man-

agement of Richard L. Bennett and boasts 12 courts and full player amenities.

The 1982 Junior Regionals are scheduled at 12 different locations across the United States during the weekend of May 8-10, 1982. These tournaments are not qualifying events for the Nationals and all Junior players may participate.

Age divisions have been expanded to include the following for both boys and girls: 8 and under, 10 and under, 12 and under, 14 and under, 16 and under, and 18 and under.

These 1982 Junior National Championships are sponsored by Penn Athletic Products Company and administered by the American Amateur Racquetball Association's Junior Council under the leadership of Dewane Grimes.

the quality of the competitors was excellent.

In men's singles, Jerry Brown came out on top in a strenuous (31-29) victory over John Powell. Both players agreed to the 31 point game in the finals to shorten their long evening of play.

Sharon Galloway expanded her reputation from an excellent doubles partner, to a very good singles competitor. Her relatively easy victory (15-6, 15-7) was over Deanne Nadel, a young but powerful contender.



On December 5th and 12th, Take One Paddleball Center was filled with nervous anticipation. The PPA held its men's and women's singles competition. The quantity of participants wasn't astronomical but

## ROLLOUTS (Continued from page 7)

- Men's B  
Eddie Gonzales (Pelham)  
Mike Nieves (Pelham)  
Mike Pacella (Pelham)
- Men's C  
Rich Consiglio (Pelham)  
John Laspino (Pelham)  
Craig Drimmel (Laurence Station)
- Men's Novice  
Byran Fitzpatrick (Play Off)  
Sean Davey (Pelham)  
Bob Burke (Winning Walls)
- Men's Seniors  
Pat Columbo (Winning Walls)  
Archie Rupp (Winning Walls)  
Steve Shulman (Court Sports)
- Men's Masters  
Joe Kringdon (Pelham)  
Gerard Grossman (Winning Walls)  
Bob Friedman (Play Off)
- Men's Golden Masters  
Sol Lesser (Pelham)  
Cornelius Hearn, III (Winning Walls)  
Tony Carr (Pelham)
- Women's B  
Laura Hanna (Pelham)

- Sue Huggan (Winning Walls)  
Ilene Wald (Pelham)
- Women's C  
Louise Weadock (Court Sports)  
Angela Davis (Winning Walls)  
Pamela Bonforte (Winning Walls)
- Women's Novice  
Donna Walheim (New Rochelle)  
Denise Verrino (Pelham)  
Roxanne Moran (Court Sports)
- Men's Open Doubles  
Peter Chardavoyne & Sam Borrero (Pelham)  
Charlie Horton, Jr. & Pat Columbo (Winning Walls)  
Richie DeVito & Frank Bernardi (Pelham)
- Men's B/C Doubles  
Don Parise & Steve Gifford (Pelham)  
Joe Bellaflore's & Roger Del Vecchio (Pelham)  
Fitzray Boswell & Ed Messina (Court Sports)
- Women's B/C Doubles  
Lisa Hoffman & Terri Russo (Winning Walls)  
Roxanne Docherty & Liz Aquino (Pelham)

- Ilene Wald & Mary Ann Downey (Pelham)
- Juniors—17 & Under  
Kevin Lee (Pelham)  
Sean Davey (Pelham)  
Michael Marzivila (Pelham)
- Juniors—15 & Under  
John Gianukakis (Winning Walls)  
Mike Smith (Jefferson Valley)  
Alan Riffan (New Rochelle)
- Juniors—13 & Under  
Robbie Thorne (Winning Walls)  
Stephan Cowles (Court Sports)  
Paul Luciano (Pelham)
- Consolation Winners  
Men's B—Joe Bellaflores (Pelham)  
Men's C—Carl Mareih (Pelham)  
Men's Novice—Mike Marzivila (Pelham)  
Men's Senior—Carl Mareih (Pelham)
- Women's B — Lisa Hoffman (Winning Walls)  
Women's C — Carol Hillis (Jefferson Valley)  
Women's Novice — Jenny Watson (Play Off)  
Women's B/C Doubles — Linda Kerrigan & Emilia Morian (Pelham)  
Junior 13 & Under — Patrick Davey (Pelham)

## HELLO, NEW YORK... THIS IS CALIFORNIA CALLING!

By Barry Densa

We seem to have a bad connection. I said, 'We seem to have a bad connection.' What's the matter, you deaf? Alright, I'll speak louder.

— **Have I been playing paddleball?** —

Are there palm trees in California — of course I've been playing.

— **Are there really palm trees in California?** —

Geez, when was the last time you were out here? It's been that long, huh? Well, listen to this:

This is October, right? O.K., last Sunday I wasn't sure if I wanted to play because it was really hot. I thought of going to the beach. It was in the 80's, you know. But I got ahold of myself and decided to go down to the courts anyway. Come to think of it, I should have gone to the courts down by the beach. Oh, well.

— **Where are the courts?** —

Well, I've been playing in North Hollywood Park for the last six months. It's a pretty decent park. They've got baseball diamonds, tennis courts, volleyball courts, basketball courts, an olympic size swimming pool. Listen, don't tell Debbie. She's always bugging me about whether or not I'm living up to our "agreement" — but you would not believe the girls around here. Geez, in bathing suits they're walking around! Anyway, the park... you know those chain link fences all around the courts in New York? Well, we've got 'em here also. But here they hide them behind bushes and hedges and trees and stuff. It makes the place look "classy." The only pain is when Ron goes wild and slams the ball off the court in the direction of Brighton Beach, then we have to go foresting for the ball. Gato, he's always threatening to bring down a chain saw and cut down the trees. He never will though.

— **Who do I play with?** —

Well, I'll tell you. Most of the guys down here are "B" players. So last week we had a vote and starting next week we're all going to be "A" players. But Carmine will be an A+ player.

— **Who's Carmine?** —

Carmine is the Pierre Cardin of the courts. He's the most color coordinated player I've ever seen. His socks match his shorts which match his shirt which match the color of his paddle — which every week is another color. He's got a speech impediment, though. He can never seem to say the word "block."

— **Why is he "A+" then?** —

He wanted to be. Hey, this is California — anything goes.

— **Do the Californians play?** —

Listen, there's no such thing as a Californian. Everyone in California is either from New York or Wisconsin. Gato is from Queens. Anyway, the New Yorkers play, but we're having a bit of a problem with the people from Wisconsin. They've never seen the game played before so they think we're all from Mexico or Iran. They like chasing the ball for us, though — they're really weird. Who knows, maybe someday they'll notice we're speaking in English and try the game.

— **Do the girls play?** —

Play what?

— **Paddleball?** —

Oh sure... well... I'll tell you... There are girls and some of them even play... sometime. Matter of fact we just got a new player to come down and play. She's from around White Plains Road in the Bronx. She's a good kid, too. She wants to be the first woman to head a Mafia crime family. Hey listen, why not? She's Italian, liberated and in California. You gotta watch out though: when she gets angry she swings her "Black Beauty" with a lot of muscle. But you know what the real problem is? Everytime a girl comes down to play, Carmine starts telling dirty jokes. The whole thing is to let Carmine win so he doesn't sit down and start talking with them.

— **What are the games like?** —

They're a cross between a cattle stampede and a women's mud wrestling tournament. It seems like everyone wants to fall down going for the ball rather than standing up and hitting it. One time Jeff dived for a shot and slid across the court on his stomach and into the softball game

continued on page 14

**TAKE ONE**

**PADDLEBALL CENTER**

**5725 FOSTER AVE. (212) 531-1714**

**40 HOURS OF FREE COURT TIME EACH WEEK!**

COME SEE US TO BELIEVE US! WE OFFER THE BEST DEAL IN TOWN

**FOR ONLY \$193 PER WEEK**

**OPEN CHALLENGE COURTS**

- FRI. 6 PM-MIDNIGHT
- SAT. 11 AM to 7 PM
- SUN. 3 PM to 8 PM

**FEATURING "MR. PADDLEBALL" HIMSELF BOBBY SCHWARZ**

## AARA NATIONAL INTERCOLLEGIATE CHAMPIONSHIPS

Luke St. Onge, Executive Director of the AARA states, "We are pleased to have this outstanding and exciting National competition in Memphis and especially to have it played in the prestigious facility of the Racquet Club. This club has been host in the past to the U.S. Indoor National Tennis Championships, the National Girls' 18 Clay Court Championships and in 1979, the Davis Cup finals. We believe this facility

and its committee is the perfect showcase for the best college Racquetball players in the U.S."

National Championships will be awarded in Men's Team, Women's Team, and National Intercollegiate Team Championships. Five time defending National Champions—Memphis State is expected to have close competition from Illinois and Michigan in retaining its crown. Over \$10,000 in scholarships will be

*The Racquet Club of Memphis, Tennessee has been selected to host the American Amateur Racquetball Association's National Intercollegiate Championships that will be played April 2-4, 1982.*

awarded the winning teams, courtesy of National Sponsor, Lite Beer from Miller.

Spectators are welcome and admission is free.

Inquiries are invited regarding details of competition and eligibility: 901-761-1172.

This major racquetball event for the youth of our college campuses is sponsored by Penn Athletic Products Co., and Lite Beer from Miller.

## AARA NATIONAL SINGLES CHAMPIONSHIP COMES TO BUFFALO, N.Y.

The A.A.R.A. Nationals Singles Championships will be held May 27-31 at the McKinley Health and Racquet Club in Buffalo, New York. This facility was chosen from six others that presented bids for this event to the A.A.R.A.'s Board of Directors at their Oct. 1981 meeting.

McKinley boasts 18 Championship courts, bar and restaurant accommodations, a complete health facility and elaborate locker room

amenities.

Tournament Headquarters will be in the McKinley Park Inn immediately adjacent to the club and reduced rates have been offered to participants. The Inn has banquet facilities for 1000 and will host the annual banquet and membership meeting held during these Single Championships.

Twenty two national champions will be crowned during the five day

event and as a special added division—a wheelchair division—will be contested.

Fifteen Regional tournaments to be held throughout the United States this Spring, will precede the 14th National Singles Championships, though they are not qualifying events as this Championship tournament is an open event.

The 1982 National Singles and Regionals are sponsored by Lite Beer from Miller and Penn Athletic Products Co.

For further details contact Executive Director and overall Tournament Director, Luke St. Onge at 901-761-1172.

## Hello, New York

(Continued from page 13)

next to us. The umpire called him safe at first. And you wouldn't believe the protective gear that some of these guys come out with: knee pads, elbow pads, gloves, glasses, shin guards, chest plates—it looks like the Rose Bowl. So far no one has had the guts to come out with a helmet. The odd thing is that no one

has ever gotten hurt to require all that armour. We play a safe enjoyable game. But the arguments. WOW! We have the most inventive and creative interpretations of rules ever heard. And there is no need for consistency. What you said on Saturday you can deny on Sunday. Carmine really gets into these verbal jousts. He's the only one I know who can argue against himself and win. But what's a paddleball game without a bad call, right? Anyway, we're all friends. Sometimes, after the games,

we got to Art's Deli—real New York style—for lunch. The first time, being short on funds, I asked Jeff if it's expensive. "Nah," he said. So six or seven of us went and split the tab. For a pastrami on rye, pickled tomatoes and a glass of water, all I paid was eleven dollars—never believe a Californian.

Well look, this is costing you an arm and a leg, so I'd better say "adios."

— Why is it costing me? —  
I'm reversing the charges!

## FROM ANDY'S WASTE PAPER BASKET

By Andy Krosnick

### Ode to Spring

*New Robin upon the window sill  
with tiny breast of red  
I brought the window slowly down  
and crushed his little head.*

I saw "That's Entertainment" on t.v. the other night. Then I switched to my VCR machine and watched Candy goes to Hollywood. Now that's entertainment!!

Alas, my kingdom for an enduring paddleball.

Bought my girl a toy poodle. She almost killed it putting in batteries.

Friend of mine told me he's a believer of reincarnation. Told me he wants to come back as Rochelle Weiner's T-shirt.

Woke up the other day to find a pimple on my chin. Boy, I remember when I had it bad. I once fell asleep in the library and a blind man read my face.

Have you seen Robert Chielli lately? That isn't a beard on his face, it's his nose hairs that he didn't trim. Give us a break Chielli!

Took a walk with my ugly twin sister Susan. Everywhere we walked, there was a guy behind us with a pooper-scooper.

Got the flu, that was bad enough. Had to stay home and watch W.W. III, the story of Scheiber and Rothfeld playing against Frenkel and Schwarz.

Went to the Busch Gardens this past February. Turned out to be a Floridian Nudist Colony.

Rode my motorcycle to the Bronx in January. Went back to get it after the thaw, found out Sy Lane used it for a new ride in his Health Club!

Told my 13 year old nephew to wait a little longer before he had sex. He asked me what am I waiting for?

Just went to an exciting tournament. 1st prize was \$127.50 and two pairs of panty hose. It was a men's event.

Now for a public service message for all my Jewish friends. Make a mitzvah, play with a schvotsa today.

When's the last time you heard a paddleball player miss a shot and say "oh golly"? You'll get your first social

security check before that happens. Then again with Reagan in, make that a cold day in hell.

My aunt Edna called collect from Miami Beach and said she had a terrible nightmare. She dreamed Vanessa Redgrave was her daughter. Never again.

Went to my favorite sporting goods store to get everything I need for paddleball: Premium Sporting Goods, 33-09 Francis Lewis Blvd., Bayside, N.Y., 886-4305 (O.K. Phil, now can I have that 10% off).

### Hands vs. Racquet



WPR President Fran Davis lunging for the ball, that was a familiar sight during the Hands vs. Racquet Battle of the Sexes exhibition match at K-Mart/AMF Voit's Super Bowl III at Killshot, Ltd., in Bloomingdale, IL. She either was passed or was lucky to get her racquet on the ball during his power serves and rallies. As a result, Alvarado soundly defeated Davis, 21-8, 21-7, to become the first male handball player to win the Hands vs. Racquet Battle of the Sexes title in its three-year history.



# AMIGOS VENGAN A JUGAR PADDLEBALL A NUESTRA CASA

Tenemos Una Ambiente Latino  
Abierto 7 Dias A La Semana. Asta Las 12 PM  
Playground—  
Open Time

Mon. to Fri. First Session 11AM to 5PM  
5 Days a Week—Second Session 5PM to 7PM  
Mon. & Fri. Only Third Session 7PM to 12PM  
Saturday & Sunday 8AM to 12 Midnight.

Private Courts are also Available



If you DON'T  
subscribe  
to R.S.P. . . .  
I'll  
Shoot  
This Dog!

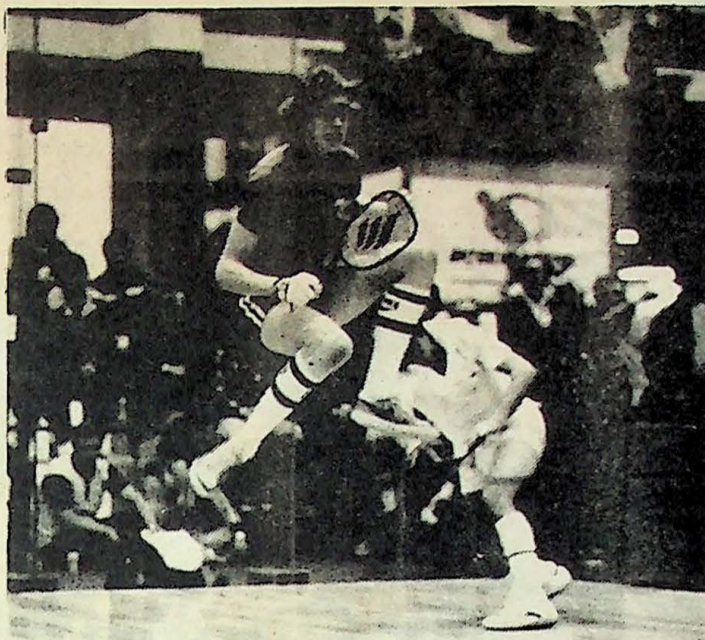
# RacquetSport player PHOTOS



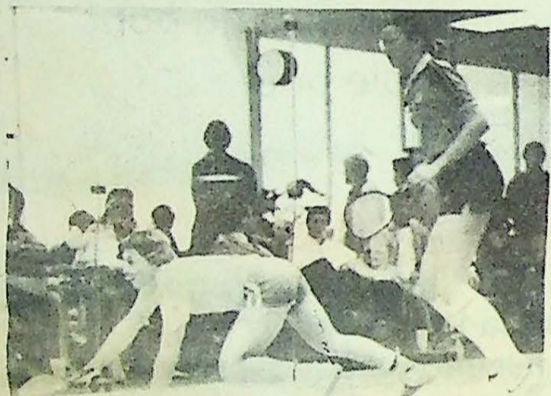
All Star womens open at Bronx Indoor Paddleball.



Photos by Alan



That's Charlie Horton behind Airborne Pete Charoavoyne.



Peterson lunges for a shot!



Women's "C" Finals at the Ektelon/Poney Championships on L.I.



Mens open Doubles at the Syosset Club



Lorenzo (Louie) Hernandez at the Castle Hill B Tourney



NEW FOR '82  
IMPROVED BOUNCE  
IMPROVED DURABILITY

**NOW AVAILABLE!**

- LONG LASTING
- PERFECTLY BALANCED
- FORMULATED TO MARCRAFT HIGH STANDARDS
- ESPECIALLY MANUFACTURED TO MEET THE RIGID REQUIREMENTS FOR THE GAME OF **PADDLEBALL**

# marcraft

MARCRAFT RECREATION CORP., 20 CHESTNUT STREET, GARFIELD, N.J. 07026 • 201-772-1600

**WHY PAY MORE FOR LESS!**

# Join CASTLE HILL POOL

## Castle Hill

Adult season membership only \$210  
2 huge saltwater swimming pools  
3/4-acre supervised kiddie lake

## Shorehaven

Adult season membership \$300  
Only 1 saltwater swimming pool  
Only a kiddie pool

### Also

At Castle Hill, you have a non-stop, season-long schedule of special events and activities for men, women, boys and girls, including top paddleball and handball tournaments, sports sweeps, spectacular Big Top Circus, children's show, dancing, musical attractions, mah jongg tournament, Olympiad, swimming carnival, guest sports celebrities, exclusive privileges for members at Bronx Indoor Paddleball throughout the year, \$5,000 worth of trophies and medals distributed to members for excellence in competitions at the end of the summer.

### Plus

At Castle Hill, you have beautifully landscaped, spacious grounds and facilities, including shaded lounge and picnic areas, cafeteria, storage for carriages and chairs, supervised arts and crafts for children, shuffleboard, softball, tennis, racquetball, four-wall handball, volleyball, jogging. Free Parking.

### And

At Castle Hill, you can take advantage of an economy family membership plan, an attractive weekend and holiday membership plan and a special rebate on 1982 membership dues offered by the Chemical Bank.

### Still More

Castle Hill will have its own direct, daily bus service for the 1982 season, covering the entire northeast section of the Bronx, including Co-Op City, with dozens of convenient stops along the way. You will avoid double-fare transportation or bus transfers to get to the club. Comfortable, air-conditioned New York Bus coaches will be provided on weekends.

**IT'S YOUR BEST BUY FOR A WHOLE SUMMER VACATION**

**Castle Hill Beach Club**

355 Castle Hill Avenue,



Bronx, New York 10473

*"The Great Outdoors"*

For Free Color  
Brochure and Details  
Call 823-6100