

RACQUETBALL

IN REVIEW



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Athletes Evaluated at First Elite Training Camp

by Keith Calkins

Last summer the first Elite Training Camp was held at the Olympic Training Center in Colorado Springs. This, the first camp of its kind, brought together a staff responsible for setting up clinics and developing the different aspects of the operation. For all those who helped, and in particular Spare Time of Sacramento, CA, we appreciate the work in organizing the camp.

I personally had the opportunity to work in the area of fitness evaluation. We decided that the area of fitness was one aspect that needed to be emphasized to the athletes. Little has been done and there are very few norms available in this area that relate to a racquetball player.

Over the years, racquetball players have been somewhat remiss, spending too much time on the court learning technique and not enough time working on other elements of the game that are equally important. Fitness is one of these areas.

I personally believe that racquetball players should work diligently on skill development but also that time should be devoted to fitness, fitness development, and evaluation. Specifically, racquetball players should be knowledgeable regarding their own personal fitness levels.

What We Did

We decided to put together some type of fitness evaluation that included a profile of each player so they could compare themselves to other racquetball players and athletes. Ideally, these evaluations would be conducted in the area of flexibility, speed, strength, endurance, and in agility.

At the time we developed the pro-

gram for the camp, there was some thought that we would be able to utilize the facilities of the U.S. Olympic Training Camp Sports Complex, specifically in the human performance lab and

some of the other specific testing areas that are available for their athletes.

Unfortunately, the timing of our camp was the same as the Los Ange-

les Olympics of 1984. Most of the experts who handled these programs and equipment were involved in the Summer Games; therefore, we didn't have an opportunity to utilize the facilities or get involved in some of the testing programs we had hoped to use.

About two weeks before the camp began, we realized that we had to do something as quickly as possible to develop a program for testing each camp sessions' members. We didn't want to spend a great amount of time on physical testing, but we wanted something that could be done which would provide us with some norms for future use and something to use for comparison with other groups of athletes.

Setting Up The Evaluations

Over the years, I have worked closely with Marv Marinovich who has done a great deal of work in the area of

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Hold Masters Games in Toronto

The inaugural Masters Games will take place August 7 — August 25, 1985, in Toronto, Canada, bringing together 10,000 athletes from around the world.

Racquetball is one of 22 sports selected for the first Masters Games. The games will provide athletes with an opportunity to compete with some of the true sports legends in this multi-sport competition.

The Masters Games have been created to provide long term goals in sport and to promote the ideals of "sports for life." They offer the inspirational message to the mature and professional athletes that continuing sports competition at the highest level can be a life-long pleasure.

There will be no flags or national anthems. All competitors will participate as individuals, competing in the uniform of their sports. The Masters Games are solely for the purpose of providing fine competition for mature athletes in their own age group.

Funded through a combination of corporate sponsorship, government, and participant contributions, the Masters Games will take place once every four years in different cities around the world. Athletes are responsible for their own travel and accommodation expenses and will pay a nominal registration and entry fee.

Toronto was chosen as the host city for these inaugural games because of the excellent existing sports facilities including courts, pools, tracks, and playing fields necessary to accommodate the 22 sports involved.

Master racquetball athletes will be competing in Singles Competition only. Male and female preliminaries will be held August 13 — 16 with the finals on August 17.

Age categories for women are 35+, 40+, 45+, 50+, 55+ while male age categories are 35+, 40+, 45+, 50+, 55+, 60+, and 65+.

Deadline for registration entry is June 1, 1985.

What is a Master?

Many different terms have been used to define a "Master"; most often "senior" or "mature" athlete has been used. In the context of the Masters Games, the term applies to the mature male and female sports-person who meets the minimum age requirements for inclusion in their respective sports.

Most often, this minimum is 35 years for women and 40 years for men. However, in some sports, such as swimming in which open competition is quite often the preserve of the very young, the minimum eligibility begins at age 25. Many sports have age-based classifications or categories rising in five or 10 year intervals.

While a pre-determined level of skill is not a mandatory requirement of participation, many Masters are highly skilled. Some will have been international champions and others might not have been. Still more compete solely for the pleasure of beating their age. Some are latecomers to their sport. Whatever reason they compete, there will be more champions among Masters in the Masters Games.

To be eligible for the Games as masters, participants must agree to the eligibility and competition rules set by the specific Host Masters Organizing Committee, International Sports Federation, and its affiliated national host sport federation.

The athlete must agree to abide by the principles and regulations established by the Masters Games and meet the basic requirements for participation, which is proof of age.

For more information, contact Masters Games World Headquarters, P.O. Box 1985, Postal Station P, Toronto, Canada M5S, 2Y7.

1st Steve's Place Open Huge Success

Sacramento Court Club hosted the "1st Annual Steve's Place Open", January 4-6, 1985 to benefit the CSUS Intercollegiate Racquetball team.

Ed Martin, the team's coach, stated, "The most exciting fact about this tournament is that the whole city of Sacramento got behind it!"

This was the third biggest tournament this season with almost 300 entries, following only Schoeber's and the State Championships. Out of the \$20,000 which has been raised for scholarships, \$4,000 came from the Steve's Place Open.

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Executive Director

1st Annual Steve's Place Open

(Continued from page 1)

The newly-formed CSUS Team shows promise! Teams members consist of Sean Moskwa, Chicago, IL (who is ranked 26 in Men's professional play while still maintaining his amateur status); Mike Lowe, Fairfield, CA, (last year's 16 & Under National Champion); Paul Marino, San Rafael, CA; Doug Ganim (18 & Under National Champion and member of the U.S. National Team); Roger Harrisspadd (member of the Canadian Team); Sacramento's William Holmes; Crystal Fried and Tracey Eagleson (both members of the Canadian Team); Trina Rasmussen, Jacksonville, OR (former 18 & Under National Champ; and Mona Mook (three-time National Champion in Women's 16 and 18 divisions). The young team revealed their

talents capturing Men's and Women's first, second, third, and fourth place in the Open Divisions at Steve's Place Open.

Previously, collegiate racquetball has been dominated by Memphis State under the coaching of Larry Liles. But CSUS team members light up when asked about the upcoming Intercollegiate match to be held again in Memphis.

"I look forward to meeting the competition," stated Sean Moskwa.

Martin hopes that other colleges will see Memphis State's team and the CSUS Team and form their own to add to the competition and sophisticated programs.

With the professional planning by the Sacramento Court Club and Steve's Place and the breathtaking matches, this tournament should become a landmark in racquetball.

NEW DIRECTIONS

by Luke St. Onge

We are most pleased to announce that United Airlines has been named as the official airline of the AARA for 1985.

United, who was the official airline of the 1984 Olympic Games and will continue to be the official carrier for the United States Olympic Committee, will offer to all AARA members attending the Lite/AARA Regionals, the U.S. National Singles Championships presented by Lite Beer, the Junior Regionals and Nationals, the U.S. Intercollegiate, and the U.S. National Doubles presented by Lite Beer, the following savings:

1. Special AARA discount fare for all attendees traveling round trip to the 1985 destinations such as the Regionals and Nationals.

A special fare equal to 30% discount from the normal coach fare (Y Class) will be available to you. No minimum stay or advance purchase will be required, thus removing two of the significant restrictions of most discount fares.

Those who stay over a Saturday night (most of us) can achieve even greater savings — a 15% discount from United's already reduced Easy Saver (BE70) fare.

If at the time a registration is made a United promotional fare exists that is lower than the special AARA fare, the lowest price fare will be used.

2. Regarding ticketing, our system is designed with all attendees in mind. Experience has shown that most people prefer to purchase tickets locally. When reservations are made through United's Convention Desk, each attendee can individually select their method and location of ticketing, and still take advantage of your special fare discount. They may use any local travel agent, a United ticket office, or ask the Convention Desk to mail tickets directly to their home or office. It's another example of our attentive personal service.

3. Reservations may be made through United's toll free number, 800-521-4041 or 800-722-5243, extension 6608 (Alaska and Hawaii). Use AARA discount number 558M. Or you can use a local United Travel Desk or your own travel agent. If you use your local travel agent,



please be sure to use the 558M number so that the AARA will receive credit for your trip. As part of United's commitment to amateur sports, they have agreed to supply one free ticket to the U.S. Team for every 50 tickets sold. These tickets are earned on an aggregate basis over the year and are not dependent upon a single event for qualifying. So you can fly at discounted rates with no restrictions and support the U.S. Team at the same time.

A new incentive has been included in the Lite/AARA Adult Regionals and the Junior Regionals this year. All semi-finalists of the Championship divisions will automatically qualify for the National Elite Training Camp at the Olympic Training Center in Colorado Springs this summer. So if you make the semi-finals, be sure to get your invitation from your Tournament Director.

Again this year the only place that you will be able to get a U.S. National entry blank is at the Regionals. Be sure you have one before you leave.

In this issue of **RACQUETBALL IN REVIEW** is the annual ballot for the election to the Board of Directors. Exercise your constitutional right and vote. This is a very critical time for our association and those who are now elected will have a major impact on the future of our sport.

In their own words . . .

AARA Board

SHERRY ARMSTRONG
Colorado

After living in two states in different regions of the country, I realize that the player's needs and concerns are basically the same. I would like to serve on the AARA Board of Directors in order to address these concerns as well as be in a position to do something about them.

One concern is for women racquetball players. I would like to design some programs to encourage junior girls' participation through leagues and tournaments. In addition, I would encourage tournament directors to open their class selection to include women's age groups.

I would also like to assist in developing a line of communication between the association and the players. This can be done through both the state associations and **RACQUETBALL IN REVIEW**.

My love is racquetball and I will do anything I can to increase the level of organization and communication within the sport.

CATHIE FREDERICKSON
Michigan

Being active on the AARA board interests me in many ways. I am already involved in the promotion and development of racquetball in Michigan, however, I would like to get involved on a larger scale as a part of the maturing and growth of racquetball in the United States, as well as around the world.

My main interests lie with the growth and development of women's racquetball. I feel the programs that were developed and promoted in Michigan would be of much value and benefit to women in other states.

Presently, I have the time and ability to serve on the National Board to further its goals. My experience, knowledge, and attitudes would prove to be productive, as would my four years of hard work and involvement on other racquetball boards.

My genuine belief in the sport motivates me to continue my hard work and efforts for the future.

CHERYL SANFORD
Indiana

I began working in 1981 as the Program and Tournament Director of our club. In 1982 I joined the AARA and was elected Indiana State Junior Director and Junior Regional Director. I am now serving a three year term as an active board member of the Indiana State Racquetball Association. My main concern thus far has been forming a strong junior program for Indiana and helping to promote Women's Rankings and Activities.

I am very proud of the AARA and all that it is doing to further racquetball as a World Sport. I want to be a part of that movement to improve racquetball for everyone involved. I am willing to work at any level necessary to attain the goals of the AARA in its growth toward Olympic Recognition as an Amateur Sport.

RACQUETBALL IN REVIEW

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State Rankings by Membership

1. CA; 2. FL; 3. NY; 4. MA; 5. PA; 6. CO; 7. MI; 8. NJ; 9. IL; 10. OH; 11. NC; 12. UT; 13. NH; 14. NM; 15. MT; 16. TX; 17. MN; 18. GA; 19. CT; 20. ME; 21. WA; 22. RI; 23. TN; 24. AL; 25. WY; 26. OK; 27. KS; 28. SD; 29. OR; 30. IN; 31. ID; 32. AR; 33. VA; 34. VT; 35. MD; 36. AK; 37. SC; 38. WV; 39. AZ; 40. NV; 41. MO; 42. MS; 43. WI; 44. LA; 45. DE; 46. IA; 47. KY; 48. NE; 49. HI; 50. DC; 51. ND.

Candidates State Qualifications

MALIA KAMAHOAHOA North Carolina

Being active in the AARA system for the past five years has helped me to see the importance of the AARA. Without the AARA, racquetball would not be growing.

I'm sure we all still attend/participate in tournaments which still operate in ignorance as far as procedures are concerned. There are still tournaments that don't see the need in sanctioning tournaments through the AARA.

I still see professional racquetball players participating in AARA sanctioned tournaments. This should not be allowed by state directors. The AARA was developed for the amateur. More strictness would keep this from happening.

We must remember also the junior players, as they are our future. Tournaments need to include them more often by offering them a division to participate in. Often times they are not experienced enough to play in the open/adult divisions. The Virginia State Championships, for example, are not offering a junior division at all this year. Tournaments should at least give the juniors an opportunity, and if there aren't enough entries, junior players should be distributed to divisions where they might be competitive.

Without the voice of the amateur, through the AARA, racquetball will cease to grow both nationally and internationally.

ALLEN SEITELMAN New York

Why would I want to be on the board of directors? While this question could generate some very complex rationales, it is very simple for me to answer: I've played racquetball for over 15 years and I love the game.

I loved the sport so much that I gladly dedicated my efforts to help improve and promote it. I quickly found that the more time and effort I put into the sport, both as a player and as an administrator, the more I enjoyed and loved racquetball.

Racquetball has undoubtedly become a major facet in my life, therefore, the opportunity to continue to serve as a member of the Board of Directors, National Vice President, and as the U.S. Olympic Committee delegate is a major concern of mine since there is still a great deal of work left to accomplish to order to make our Association even better.

If re-elected, I bring to the Board a combination of interests, abilities, and experience that is ideally suited to helping our Association grow and develop. If you like the way the AARA has been developing over the past few years, a vote for me will help to ensure the continuation of this trend (based on my track record as an integral part of the administration of the Association for the past seven years).

In addition to my racquetball expertise, my education background (Master's degree in public administration), and my work as Director of Planning provide me with an excellent basis to serve as an officer of the AARA.

If re-elected, I pledge to continue to work as hard, if not harder for the betterment of the AARA, to aid in the growth of the sport, and to work on having racquetball accepted as an Olympic sport.

JUDI SCHMIDT Florida

During 16 years of participation in racquetball, I have contributed to its growth and development at local, state, and regional levels to the best of my ability both independently and as a representative of the AARA. I would like to continue my service to racquetball and the AARA on a national level because I believe strongly in the philosophies, ideals, and objectives of the AARA and am willing to work diligently through the coming years to see that our sport achieves the international status it deserves.

As a woman first, and athlete/coach secondly, I am convinced of the need for recreation and athletics in the formation of a well-rounded individual. Therefore, I have been a spokesperson in the Southeast for female and junior involvement in racquetball. I would like to be more involved in the development of policies and programs which will attract women and children to the overall benefits to be derived from the racquetball experiences.

I will bring to the National Board the same dedication, hard work, and energy that I have devoted to the growth of racquetball in Florida and the Southeast region since 1969.

DAVID ANDERSON California

My leadership in local, national, and international AARA programs demonstrates the commitment I would exhibit as a board member.

I would like to help our organization improve not only in providing quality training and competitive experiences for the highly skilled players, but also by serving the youth and recreational players who make up the majority of our sport's current and future participants.

I would bring to the AARA board the strong organizational skills which I believe will be necessary for growth. My employment history (nine years with the YMCA and five years in the racquet club industry) has given me experience in administration as well as an understanding of the needs of players. My educational background (Masters in Business Administration) gives me the technical skills to effectively plan and organize the work of our association.

Specifically, my agenda would include: Junior program development; strengthening state and local associations; furthering cooperation/coordination among players, club operators, and manufacturers; and delivering membership benefits to grassroots players.



1985 — OFFICIAL AARA BALLOT BOARD OF DIRECTORS

DAVID ANDERSON

An AARA member for four years, David Anderson has been employed in the club industry, including program responsibilities for tournaments, clinics, camps, etc. for five years. He is a consultant for club development, management, and programming for Japan, California, Ohio, Washington, and Oregon.

In 1984, Anderson was the Administrative Director of the first AARA National Elite Racquetball Training Camp held at the Olympic Training Center, Colorado Springs, CO. He coordinated the staff from the Olympic Training Center, racquetball professionals, and AARA volunteers.

From 1982-1984, Anderson was the Tournament Director at the Adult Regional Tournaments, Area 14, and coordinated Junior Regional tournaments.

Anderson has co-directed numerous junior and adult camps with Keith Calkins, Bret Harnett, Mona Mook, Kathy Gluvna, and other instructors. He also assisted in the promotion and planning of the World Championships held this past summer in Sacramento.

JUDI SCHMIDT

Judi Schmidt has been playing racquetball since 1969 with extensive competitive experience and awards at local, state, regional, and national levels.

Her background includes eight years of teaching/coaching experience, four years working as a club pro and two years as Bath and Racquetball Director.

For ten years, Judi organized and directed tournaments at local facilities and was a racquetball columnist/feature writer for a variety of local, statewide, regional, and national publications.

Instrumental in organizing the Sarasota-Manatee Racquetball Association, a tri-county organization formed in 1982 to promote racquetball in Florida, she served as an officer.

An active AARA member for 12 years, Judi is currently on the Florida Board of Directors, representing the Southeast Region as Junior Development Director at last year's junior regional and junior national competitions.

Judi has developed and coached the largest and most active juniors team program in the region between 1980-84. She has lectured on health and fitness in racquetball and taught racquetball to large groups of women for eight years.

ALLEN SEITELMAN

This incumbent member of the AARA Board of Directors, currently serves in the position of Executive Vice President and Alternate Delegate to the United States Olympic Committee.

During Seitelman's term as Executive Vice President, the AARA has grown in membership from 14,000 in 1982 to 35,000 in 1985.

Seitelman began and has continued one of the most popular East Coast tournaments, The Long Island Open which boasts close to 1,000 players.

Regional Director of area #2 and State Director for New York, Seitelman hosts numerous Junior and Development Clinics.

Under Seitelman's direction, New York has grown in membership from 300 to 2400 and has consistently been in the top three states for membership.

Seitelman's contribution to racquetball was recognized by his peers when he was awarded the John Halverson Award in 1983, an award made to the individual who has made the greatest contribution to his sport on the local, regional, and national levels.

MALIA KAMAHOAHOA

As an open racquetball player for five years, Malia Kama-hoahoa has won the North Carolina State Championship (singles) for two years; The South West Regional Championship in both singles and doubles; was the AARA National Singles Runner-up in 1983; was the AARA National semi-finalist in singles, 1982; was the AARA National Championship for doubles in 1983; won the AARA National Championship in doubles in 1984; was the AARA National semi-finalists in singles in 1984; and was a member of the United States Racquetball Team from 1982-1984.

While in North Carolina, she helped in developing the point systems used statewide by the AARA State Association in determining seedings of tournaments held throughout that state.

CHERYL SANFORD

A driving force in the development of junior racquetball in the Midwest these past four years, Cheryl Sanford has actively served on the Junior Council for three years. Currently, she is AARA Junior Regional Director and was elected to the Board of Directors of the Indiana State Racquetball Association.

CATHIE FREDERICKSON

Cathie Frederickson has been actively involved in the development of Michigan's racquetball program since 1980. She was a charter board member of the Grand Rapids Racquetball Patrons Association in 1980 and still retains her post of Treasurer.

In 1984, Cathie was elected to the Michigan Amateur Racquetball Association in Michigan. Currently, she holds a board seat on the newly formed Racquetball Association of Michigan, formed with the merger of the two state associations.

Cathie has served as Tournament Director and Chief Clinician for numerous events. She was instrumental in organizing the First Annual Michigan Women's Racquetball Training Day along with developing a special mailing list of women racquetball players in Michigan.

An open racquetball player, Cathie attended the First National Elite Training Camp this past summer.

SHERRY ARMSTRONG

Colorado's Open State Doubles Champ and Colorado State and Region #12 Women's 25+ Champion, Sherry Armstrong is an active women's open player.

Her involvement with racquetball on the administrative side includes serving as a director on the Ohio State Association. While on that board, Sherry served as Women's Director.

Now working for the Colorado State Association, Sherry has the responsibility of Director of Tournament Scheduling and Sanctioning.

Vote for THREE. You must vote for two women since AARA Constitution assures women representation on its board. Attach your mailing label in the space provided below in order to make your ballot valid. Return the completed ballot to AARA, 815 N. Weber, #203, Colorado Springs, CO. Ballots must be returned to the AARA no later than May 10, 1985 in order to be valid.

☐ SHERRY ARMSTRONG

☐ ALLEN SEITELMAN

☐ CATHIE FREDERICKSON

☐ JUDI SCHMIDT

☐ CHERYL SANFORD

☐ DAVID ANDERSON

☐ MALIA KAMAHOAHOA

Place your RACQUETBALL IN REVIEW label here:



Training Camp Evaluation

(Continued from page 1)

field testing for physical fitness. Marv had developed norms for a lot of specific fitness tests in the areas of flexibility, speed, strength, endurance, and agility. After spending time with Marv, and with his help, we developed some tests that I could use. Basically, we planned that this would be a start for us, that possibly not all the tests would be valid and reliable, but that they would give us an indication as to where racquetball players stand with other athletes.

Marv has not done a great deal of work in individual sports. Most of his field evaluation has been with athletes in football, basketball, softball, track and field for men and women. Nonetheless he helped me develop what he thought would be a good indicator of their fitness level in areas that I wanted to evaluate.

We hoped that by testing racquetball players we would not only evaluate, but establish norms and give our athletes an indication of how they fared with other athletes in other activities. It was also our hope that this would stimulate a need and interest for spending more time in the area of fitness development.

After a couple of sessions with Marv, we established seven tests in the flexibility area that he thought would be appropriate for racquetball players.

In the strength area, we concentrated on leg strength and used a verticle jump as one of the standard tests. We included a standing long jump and a bench jump as well.

We had to modify some of the women's evaluation because we found that the bench was a little too wide.

To measure agility, we used a standard agility run. We developed a 10-yard run for speed evaluation.

We would have liked to have done some type of cardiovascular endurance

testing, but there wasn't time. In the future, we hope to be able to measure this by using a 12 minute run or step test, or possibly evaluating a sub-max uptake test on a treadmill or bicycle ergometer. Some of the facilities that are available at the USOC Training Center would greatly help us with these tests.

We did not give any of the athletes a chance to pre-practice these tests. Using the norms Marv had established for both men and women, we placed them on a profile sheet (see example) which outlined their individual performance. We rated each individual's performance on a 1-9 basis, with 1 being the lowest score and 9 being an excellent score.

Making Sense Of It

In analyzing the data, we decided that for simplicity's sake, we would take the tests, divide them into thirds. The first three areas were classified as below average, the middle three scores as average, and the top three

scores were classified as above average. After we gave the tests, we identified which people fell into what area (above average, average, below average), and then analyzed the data, trying to come out with percentages for each of the tests.

There were five or six people who were 50, 60, or 70 years of age. We did not include them in this data, even though we tested them because we had no norms for their ages. Some of the tests, we felt, were really not appropriate and we did not want to skew our data because of the scores of individuals not in a common age group.

Twenty-eight of the men that we considered to be in open competition were between 19-45 years of age. We also tested 15 junior men whose ages went up to 18. Thirty-eight women were tested, 23 in open competition and 15 juniors.

Of the 43 men we tested, all scored average on the flexibility tests. Hamstring scores for all 43 were average, too, but the 28 older men scored

above average and the 15 juniors below average. Lower back scores were above average.

The groin test showed that 43 men were below average with 57% of the 28 older men below average as well.

The abductor scores were average, but 68% of the junior men were below average. Front shoulder scores were below average. Back shoulder scores were above average as 75% of the group held that score. Hip scores were average for the group.

The scores for the vertical jump and the standing long jump were below average. The junior men's scores in both these events were well below average. The scores on the shuddle run were average.

The total score for women in flexibility was above average. Both the 23 older women and the 15 junior women scored above average on the hamstring, back, groin, and back shoulder tests. They scored average on the abductor, front shoulder, and hip tests.

The women scored average on the vertical jump tests, but were below average on the standing long jump, bench jump, and shuddle run. The junior women scored above average on the bench jump while the older women scored above average on the shuddle run.

Our Findings

It's important to note that the validity of the tests administered can be questioned as to their significance to racquetball players. The tests norms that were used came from years of testing men and women athletes from many different sports.

The important concept to remember is that some form of fitness evaluation was completed and a comparison can be made not only between other athletes in different sports, but between racquetball players themselves. It's impossible to make significant conclusions from the data and we would not

(Continued on page 5)

RACQUETBALL TRAINING CAMP PHYSICAL TRAINING PROFILE														
NAME: Terri Gilreath Sex: M Age: 26 Height: 5'4" Weight: 120 Total Score: 81														
RATING	Flexibility					Speed-Strength					Agility		Speed	
	Hamstring Flexibility	Back Flexibility	Groin Flexibility	Abductor Flexibility	Front Shoulder Flexibility	Vertical Jump (Men)	Vertical Jump (Women)	Standing Jump (Men)	Standing Jump (Women)	Bench Jump (Men)	Bench Jump (Women)	Shuddle Run (Men)	Shuddle Run (Women)	10 Yd. Run (Men)
9 EXCELLENT	7" Floor	0	5	20"	20"	34"	25"	10'6"	9'6"	(Reps) 55-54	(Reps) 48-47	(Sec) 6.95	(Sec) 7.95	(Sec) 1.50
8 EXCEPTIONAL	6" Floor	-1"	4	18"	18"	32"	23"	10'4"	9'4"	53-52	44-45	7.00	8.00	1.53
7 VERY GOOD	5" Floor	-3"	3	17"	17"	30"	21"	9'10"	8'10"	51-50	44-43	7.20	8.20	1.55
6 GOOD	4" Floor	-5"	3	16"	16"	29"	20"	9'4"	8'4"	49-48	42-41	7.40	8.40	1.60
5 ABOVE AVERAGE	3"	-1"	3	15"	15"	28"	19"	8'10"	7'10"	47-46	40-39	7.50	8.50	1.65
4 AVERAGE	2"	-2"	3	13"	13"	26"	17"	8'6"	7'6"	45-44	38-37	7.60	8.60	1.70
3 BELOW AVERAGE	1"	-3"	10"	2	12"	24"	15"	8'0"	7'0"	43-42	36-35	7.80	8.70	1.75
2 POOR	0	-4"	13"	1	11"	22"	13"	7'8"	6'8"	41-40	34-33	7.90	8.90	1.80
1 VERY POOR	-1"	-5"	15"	0	10"	20"	11"	7'4"	6'4"	39-38	32-31	8.00	9.00	1.85

Individual Fitness Profile

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Does your shoe weigh in at a comfortable 12 ounces?

Does your shoe have a high-traction gum rubber sole with long-lasting reinforced pivot points?

**IF YOUR SHOE
YOU'VE PROBABLY MIS**

Training Camp - from page 4

try to do so at this time. But we can make some general observations regarding the data.

Our Observations

The men appear to need great flexibility. They appear to be weak in explosive leg power, although this may not be as important in racquetball as it is in other sports where jumping is important.

The shuffle run scores were not as high as expected for racquetball players.

As expected, the women scored extremely well in flexibility tests, but scored poorly in leg strength and agility portions of the tests.

We recommend that all players do some form of total fitness evaluation and that special consideration be given to flexibility, agility, speed, strength, and cardiovascular endurance. Of those racquetball players who had developed a program off the court (Bret Harnett and Terri Galbreath both do this and both had high scores), their games were greatly enhanced. These test results are from tests conducted on the top amateur and professional players.

In Closing

The conclusion, I think, indicates that there is a need to encourage our players to regulate their time and develop their total game. Although this was our first attempt at fitness evaluations, we were extremely pleased with the attitudes the players demonstrated during the testing. Many were very pleased at a chance to learn something about their weaknesses, strengths, and fitness levels.

We look forward to future camps and opportunities to work with outstanding students of racquetball.

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307-686-6099

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17850 Skypark Blvd.
Irvine, CA 92714

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Tacoma, WA 98409
206-473-2266

May 3-5

STBA
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May 10-12

Davison Racquetball Club
G-2140 Fairway Drive
Davison, MI 48423

May 17-19

Full Court Club
1111 East 40th St.
Anderson, IN 46014
Attn: Cheryl Sanford
317-649-7387

June 7-9

Russell Courts
817 West Russell
Sioux Falls, SD 57104

May 3-4

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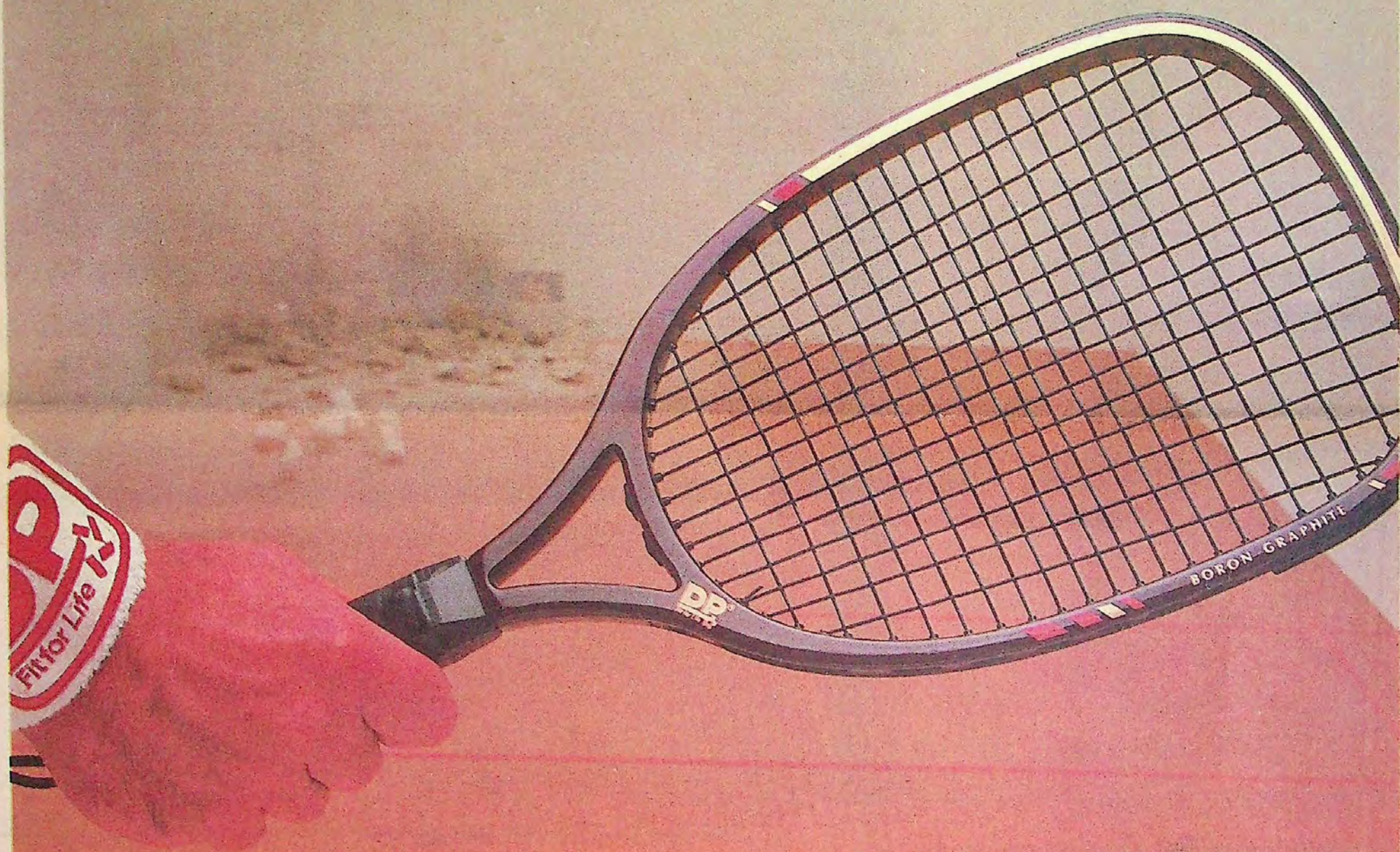
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Women's B
1. Daly, Donna, SD; 2. Truman, Paula, ME; 3. Oddy, Leslie, FL; 4. Mowen, L., NC; 5. Peterson, Melanie, CO; 6. Charton, Chris, NY; 7. Rossknecht, Libby, SD; 8. Saraceni, Robin, NY; 9. Trimble, Jean, OK; 10. Holder, Becky, FL; 11. Fisher, Kathy, NY; 12.

15. Zenk, Ruth, FL; 16. Ching, Cleata, PA.
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Mike Yellen Signs Million Dollar Contract

Ektelon, the leading manufacturer of racquetball racquets, has signed Mike Yellen, 1983 and 1984 National Racquetball Champion to a long-term million dollar agreement.

This record-setting contract with the San Diego-based firm is the biggest in racquetball's history and will span the remainder of his professional career.

"Our investment in Mike reflects Ektelon's continuing confidence in the health and future of racquetball," said Bob McTear, Ektelon vice president and general manager. "In addition to being the top player in the country, Mike is a great ambassador for Ektelon and the sport of racquetball around the world."

Ektelon will be utilizing Yellen's outstanding talents not only as a player, but as corporate spokesman by way of appearances, promotions, clinics, and exhibition matches.

Yellen, 24, from Southfield, MI, has been competing on the professional tour for the past eight seasons. Although his career has been filled with honors and records, Yellen cemented his name in the racquetball record book in 1983 when he became the only player in the history of the sport to sweep the "racquetball grand slam." He achieved this feat by winning the Ektelon National Championship, the Catalina Championship, and the DP Nationals. More recently, Yellen has dominated the sport with victories in four out of the last five national championship events.

"I'm certainly looking forward to continuing my association with Ektelon," said Yellen. "Ektelon has made an outstanding contribution to the sports over the years. I'm pleased to be able to play a major role for Ektelon in their development of racquetball in the years ahead."



Military Racquetball

by Stephen D. Ducoff

Chanute AFB (IL) will be the host installation for the 1985 Armed Forces Racquetball Championships. It will be conducted as an AARA sanctioned event and held using AARA rules. One non-AARA will become effective in the 1985 tournament: All participants must wear eye protection.

Now that all services have mandatory eye protection requirements, it is only natural that the Armed Forces Championships be conducted with this rule.

I've had several inquiries as to which eye protection is best. This really presents difficulties, but based upon what I've read the best protection is the hingeless, wraparound polycarbonate lenses. From there, in de-

scending order, hinged polycarbonate and the open or slit type are next best.

Shatterproof "glasses" don't offer as much protection as one might think. In fact, if they are not polycarbonate lenses, they probably aren't shatterproof!

The hinged military issue lenses really don't offer much protection. You should probably wear the "cage."

Let's protect one of our most valuable assets — our vision.

Going into 1985, I'd like to hear from you on the rule changes which became effective in September, 1984. Also, let me know what rule changes you'd like to see in the future. Send your comments and recommendations to Stephen Ducoff, AFMPC/MPCSOA, Randolph AFB TX 78150-6001. Side out.

Tournament Results

Tennessee

6th Annual Tennessee Turkey Shoot
Nashville Supreme Court
Nashville, TN, Nov. 16-18

Men's Open

1st — Andy Roberts; 2nd — Dave Eagles; 3rd — Jim Jeffers;
4th — Herb Textor

Men's A

1st — Rex Ledbetter; 2nd — Tony Zile; 3rd — Dan Lucas; 4th — Fred Beebe

Men's B

1st — Tony Zile; 2nd — Ben West; 3rd — Kevin Hyman; 4th — Pat Hill

Men's C

1st — Dennis Hailey; 2nd — Jerry Farrar; 3rd — B.J. Weak;
4th — Lafayette Gatewood

Men's D

1st — Randy Browne; 2nd — William Goodman; 3rd — Hale Hooper; 4th — Alex Carlin

Men's Novice

1st — Guy Morrow; 2nd — Keith Vaughn; 3rd — Gary Bowers;
4th — Alex Carlin

Men's 40+

1st — Vince Hyman; 2nd — Greg Kinney; 3rd — Frank Burkholder; 4th — Drew Foster

Women's A

1st — Kim Cooling; 2nd — Dean Birdwell; 3rd — Leslie Williamson; 4th — Diane Quinet

Women's B

1st — Kim Cooling; 2nd — Leslie Williamson; 3rd — Sherry Blocker; 4th — Colette Moore

Women's C

1st — Sherry Blocker; 2nd — Colette Moore; 3rd — Dawn Young; 4th — Linda Moore

Women's D

1st — Linda Moore; 2nd — Rachel Palmer; 3rd — Debbie Hicks; 4th — Vickie Crockett

New Mexico

Academy Awards

Academy Court Club

Albany, NM — November 15-18

Men's 12

1st — Lenny Aragon; 2nd — Brian Aragon; 3rd — Chance Mims; 4th — Jason Clair

Men's 15

1st — Danny Lingman; 2nd — Rick Kefauver; 3rd — Rodger Burnett; 4th — Pat Harrington

Men's 40+

1st — Reed Barnitz; 2nd — Dennie O'Brien; 3rd — Ron Loehman; 4th — Jorge Maya

Men's 30+

1st — Rick Wright; 2nd — Bill Krauser; 3rd — Allen Dean; 4th — Joe Gellman

Men's Novice

1st — Jerry Gregory; 2nd — Jeff Gillquist; 3rd — David Curry; 4th — Jerry Winter

Men's D

1st — Andre Houle; 2nd — Dean Johnson; 3rd — James Ball; 4th — Rick Kefauver

Men's C

1st — Rick Beltramo; 2nd — David Petrov; 3rd — Eberhard Krebs; 4th — Paul Blanchard

Men's B

1st — David Duggan; 2nd — Rick Beltramo; 3rd — Lee Arellano; 4th — Rick Olsen

Men's A

1st — Chris Nicolaidis; 2nd — David Daniel; 3rd — Rob Allen; 4th — Joe Hybl

Men's Open

1st — Rick Wright; 2nd — Rich Hill; 3rd — Tim Hassinger; 4th — Tony Sanford

Women's Open

1st — Terri Mims; 2nd — Cheryl McConaghy; 3rd — Jan Corsie; 4th — Debbie Brue

Women's A

1st — Debbie Brown; 2nd — Linda Duran; 3rd — Nina T. Martinez; 4th — Margi Aragon

Women's B

1st — Cindy Weaver; 2nd — Elizabeth Byrd; 3rd — Dinah Moore; 4th — Rita A. Martinez

Women's C

1st — Diane Fischer; 2nd — Jill Collis; 3rd — Nancy Stahl; 4th — Debra Skaff

Women's D

1st — Vonna Witten; 2nd — Cindy Thurman; 3rd — Wendy Rodriguez; 4th — Gloria Burkett

Women's Novice

1st — Mona Anderson; 2nd — Marilyn Gillespie; 3rd — Paula Hemingway; 4th — Mary Kay Furtado

Women's 12

1st — Kristen Lingman; 2nd — Kari Aragon; 3rd — Michelle Land; 4th — Bobbi Gillespie

New York

5th Annual Ed Taylor Racquetball Open
Boulevard Mall Racquet & Fitness Center
Amherst, NY — June 15-17

Men's Open

1st — Mike Ceresia; 2nd — Tim Doyle; 3rd — Jim Juron; 4th — Hayden Jones

Men's Open Doubles

1st — Hayden Jones/Derek Hare; 2nd — John Mozrides/Jim Juron; 3rd — Bruce Shafer/Gary Gloezler; 4th — Jim Brunner/Paul Adams

Men's A

1st — Dave Fachro; 2nd — Rhinehart Zimmerman; 3rd — George Fuhrmann; 4th — Keith McBay

Men's B

1st — Gary Hallswell; 2nd — Greg Maliken; 3rd — Montae Saddier; 4th — Mike Schmidt

Men's C

1st — Andre Abel; 2nd — Mike Sonde; 3rd — Marcel LaRoche; 4th — Steve Shipton

Men's Novice

1st — Neil Gibson; 2nd — Ralph Mauro; 3rd — Jim McDermott; 4th — John Lowandoski

Men's Veterans

1st — Bruce Shafer; 2nd — Gary Goegler; 3rd — Ron Schiesser; 4th — Jose Alvarez

Men's B Doubles

1st — G. Larsen/P.Reineck; 2nd — Jim Kargin/Keith McBay; 3rd — Chris Chambers/Todd Tamane; 4th — B. McCarthy/C. McGre

Women's Open

1st — Cathy Nichols; 2nd — Cindy Doyle; 3rd — Carol McFetridge; 4th — Dawn Stewart

Women's C

1st — Iris Royko; 2nd — Helen Scholfield; 3rd — Elsie Ondar; 4th — Lyn Wagner

Women's Novice

1st — Lydia Romanchuck; 2nd — Debbie Gonder; 3rd — Sue Ellis; 4th — Liz Borok

Women's Open Doubles

1st — Jessica Rubin/Karen Healy; 2nd — Carol McFetridge/Dawn Stengrt; 3rd — Laurie Kitchen/Cheryl Kiefer

Women's B

1st — Glenda Carnrike; 2nd — Sue Hunt

Women's B/C Doubles

1st — Sue Stendahl/Angie Reirel; 2nd — Joann Brese/Joann Dietrick; 3rd — MaryAnn Werth/Diane Donovan

Michigan

Super Seven #4

Coliseum Racquet Club

Taylor, MI — Nov. 30-Dec. 2

Men's B

1st — Tim Michael; 2nd — Chris Wozner; 3rd — Curt Rozier; 4th — Julian Fecher

Men's C

1st — J. Larr; 2nd — Neil Gibson; 3rd — John Katich; 4th — Mike Musolf

Men's D

1st — Scott Kiss, Jr.; 2nd — Mike Mastro; 3rd — D. Martin; 4th — Larry Peterson

Men's Novice

1st — M. Carter; 2nd — Michael Limas; 3rd — Tom Katich

Men's 30+

1st — Stu Hastings; 2nd — Joe Vitale; 3rd — Tom Wood; 4th — Dave Pasken

Men's 35+

1st — Tom Brownlee; 2nd — Dave Woodcox; 3rd — Tom Brown; 4th — Jim Hiser

Men's 35C

1st — Mike Cain; 2nd — Robert Pullum; 3rd — Lee Frederickson; 4th — J. Carr

Men's 45+

1st — Jesse Madden; 2nd — Al Micelli; 3rd — Dave Matyas; 4th — Bill Filialeau

Men's 55+

1st — Ron Caretti; 2nd — Dwayne Russell; 3rd — Noel Lesage; 4th — Bill Finkerman

Men's 60+

1st — Moses Nicholson; 2nd — George Malleck; 3rd — Jerry Leona; 4th — M. Hikian

Men's 8

1st — Brian Bovess; 2nd — B. Cooke; 3rd — G. Gibson

Men's 16

1st — Dave Larry; 2nd — Ashley Burt; 3rd — Neil Gibson; 4th — B. Marshall

Women's Open

1st — Pam Clark; 2nd — Cathie Frederickson; 3rd — Pam Clark; 4th — Debbie Erhart

Women's A

1st — Carol Collins; 2nd — DeLois Leapheart; 3rd — Linda Kishigan; 4th — Betty Ann Gilliland

Women's B

1st — Carol Eldon; 2nd — R. Colorado; 3rd — Kathy McCartney; 4th — Tammy Smith

Women's C

1st — Pat Washburn; 2nd — Sharon Buttrey; 3rd — Sue Carlson; 4th — R. Zald

Women's D

1st — Theresa Gemus; 2nd — Ann Armstrong; 3rd — T. Brady; 4th — W. Casey

Mixed Open Doubles

1st — Bob Wilhelm/Pam Clark; 2nd — Sean Moskwa/Lisa Ecker; 3rd — Ray Vanover/Cathie Frederickson; 4th — Bruce Hayward/Donna Henry

Mixed Doubles A/B

1st — Bakalis/Vanderbrook; 2nd — Murray/Yeip; 3rd — Yeip Swanson; 4th — June Susifko

Wyoming

6th Annual Cheyenne Classic
Rocky Mountain Health Club
Cheyenne, WY — Nov. 30-Dec. 1

Women's B

1st — Cheryl Haller; 2nd — Pat Miller; 3rd — Debbie Mink; 4th — Debbie Wilderson

Men's 8

1st — Josh Fosdick; 2nd — Drew Ballen; 3rd — Chad Johnson; 4th — Tara McKinsey

Men's 14

1st — Jeff Lendino; 2nd — Mike Lee; 3rd — Jeff Peddicor; 4th — Heath Steel

Men's Open Doubles

1st — Mark Helton/Dave Bennet; 2nd — Chris Caine/Dave Rodriguez; 3rd — Mario Barra/Rick Keeler; 4th — Paul Parker/Mike Fosdick

Men's B Doubles

1st — Chuck Gillotti/Jeff Gillotti; 2nd — Jeff Fanning/Dennis; 3rd — Jim Olsen/Rollie Sams; 4th — John Hamilton/Tim Wold

Women's A Doubles

1st — Dot Vali/Gayle Warren; 2nd — Kay Wall/Tia McKinley; 3rd — Janice Vogika/Carrie Allek; 4th — Carol Sams/Sue Hall

Women's A Doubles

1st — Cheryl Haller/Sandy Lyons; 2nd — Debbie Mink/Missy Sas-Jaworsky; 3rd — Carol Stumpf/Sandy Ross; 4th — Nina White/Kate Ballen

Women's D

1st — Sandy Lyons; 2nd — Kim Heiduck; 3rd — Charlotte Johnson; 4th — Wendy Bartheaux

Women's C

1st — Pat Rath; 2nd — Sue Lopez; 3rd — Missy Sas-Jaworsky; 4th — Katy Harris

Women's A

1st — Dot Vali; 2nd — Kay Wall; 3rd — Tia McKinset; 4th — Carol Sams

Men's D

1st — Joey Darrah; 2nd — Hans Hehr; 3rd — Burke Miller; 4th — Paul Reddon

Men's C

1st — Marvin Mitzel; 2nd — Craig Hielt; 3rd — Rob Jackson; 4th — Jerry Trotman

Men's B

1st — Tony Ross; 2nd — Duane Roberts; 3rd — Mark Schuette; 4th — Dennis Gatchell

Men's A

1st — Jimmy Kostal; 2nd — Bruce Cuthbertson; 3rd — Ron Arnold; 4th — Ray Dominguez

Men's Open

1st — Rick Keefer; 2nd — Mark Heaton; 3rd — Paul Parker; 4th — Dave Bennett

California

RCM Sports Inside Fitness USA
November 16-18

Men's Open

Quarter-finalists — Mike Lowe d. Scott Jensen; Bryan Zimmer d. James Boyle; Paul Marino d. Mike Bronfield; Greg Bargas d. Mike Hollenbeck

Semi-finalists

— Mike Lowe d. Bryan Zimmer; Paul Marino d. Greg Bargas

Finalists

— Mike Lowe d. Paul Marino

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NEW Excel Graphite	52.95
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COST: \$15.00 before Monday, April 8 \$18.00 after Monday, April 8

TROPHIES: 1st, 2nd, 3rd, and Consolation winners

Additional Information Needed, Contact: JoAnn Favia

CALENDAR

Complete calendar of
AARA sanctioned
tournaments.

In order to qualify to participate in the 1985 National Championships to be held this May in Houston, TX, you must play in an AARA/Lite Regional tournament listed in this Calendar. Players competing at these regionals will receive applications to participate at the AARA Nationals.

MARCH

March 1-3

Northeast Int. Regional
Providence College
39 Pembroke Ave.
Third Floor
Providence RI 02908

Northaven Open
Center Court Club
North Haven CT
Trudi Angiollo, 203-239-5665

War Eagle Open
Bob Huskey
1610 2nd Avenue
Opelika AL 36801

Visalia Racquet Club
909 N. Demaree Rd.
Visalia CA 93291

Delaware State Singles
Brammar Racquetball Club
1812 March Road
Wilmington DE 19810

Pro-AM
Supreme Courts
2901 Pennington Court
Rochester MN 55901
Mike Gorman, 507-281-1551

Junior Singles and Doubles (3)
Honey Creek
317 W. 29th Drive
Terre Haute IN 47802

Burley Racquetball (3)
Burley ID

New Hampshire State Junior (4)
STBA
Jim Eaton, 603-255-4069

New Jersey Singles Championships (4)
Courtime Meadowlands Racquetball Club
205 Chubb Ave.
Lyndhurst NY 07071

3rd Annual Off The Wall Tournament (3)
230 Osar Ave.
Hauppauge, NY 11788

Cystic Fibrosis Open (3)
Track & Racquet Club
6800 E. Genesee St.
Fayetteville NY 13066
315-446-3141

UCP Benefit (3)
Cambridge Racquetball Club
215 1st St.
Cambridge MA 02142
Mike Rafferty, 926-5480

Michigan Championship Series #7, (3)

Zodiac Racquet Club
900 Long Blvd. #423
Lansing MI 48910
Diane Drivers

Crackshooters Tournament
Cheyenne RMHC
1880 Westland Rd.
Cheyenne WY 82100

Montana State Doubles Championships (4)
The Court Room
P.O. Box 3988
Butte, MT 59702

March 6-9

Tournament
Logan Recreation
195 South 1st West
Logan UT 84321
Dee Hadfield

March 8-10

The Racquet Club of Jackson
106 Carriage House Drive
Jackson TN 38301
Tammy Nichell & Ed Allen
901-668-9243

WPRA & AARA Amateur Event
Pacific West Club
19821 Schriber Lake Road
Lynnwood MA 98036
Sid Williams

New Hampshire State Singles
Manchester Court Club
1 LeClerc Cr.

Manchester NH 03101
Bill Polopeck & Jim Fenimore
603-668-8375

March 7-10

Lite/AARA Adult Regionals, Region #10
Indiana Athletic Club
411 South Harbour Drive
Noblesville IN 46060
Michael Arnolt, 317-776-0222
Illinois State Singles
STBA
Diana Gabrisko, 312-532-8979

March 8-10

K210 Open
The Court House
925 E. Superior St.
Duluth, MN 55802
John Locker, 218-728-4454
New Hampshire State Singles Championships (4)
STBA
Shamrock Shootout (3)
Manor Courts South
100 Roessler Road
Pittsburgh PA 15220
Ruth Pushak, 412-343-4667

Indiana State Singles Tournament (3)
Shelbyville Klubhaus
Route 2, Box B
Shelbyville, IN 46176
317-592-3293

Captain Crunch Classic
Montgomery Athletic Club
5765 Cermichael Parkway
Montgomery AL 36117
Turby Treadway, 277-7130
Super Seven #6 (3)
Racquetball Plus
Grand Rapids MI
Jim Hiser

YMCA State (4)
2817 Woodcrest Drive
Midwest City, OK 73110
Kathy Grice & Barbara Carter
405-733-9622

1985 AARA/MRA State Singles Championships (4)
STBA

March 13-16

Tournament
Tri-City Supreme
551 E. State St.
American Fork, UT 84003
Ron Peeck

March 15-17

Woodlands Racquet Club
2175 Mill Park Dr.
Woodlands TX 77380
Mark Kessinger
Bart Davy, Box 589
West Virginia Wesleyan Colleges
Buckhannon WV 26201

Spring Classic
Rime Fitness Center
89 Robert Jemison Rd.
Birmingham AL 35209
Mark Sandlin, 205-942-2119

Tennessee State Championships
Sports Farm
6001 Leahbun
Knoxville TN 37919
Vicki King, 615-584-6272

Athletes For Orphans
1400 2nd St. South
Orlando FL 32804
Dave Gordon

Irish Fund Festival (3)
Racquet Club of Meadville
Corner Poplar and French Streets
Meadville PA 16334
Nancy Manning, 814-724-3524

Idaho State Singles Championships (4)
Sports World
Pocatello ID

Cystic Fibrosis Open (3)
Grand Blanc, MI
Lee Frederickson, 616-672-7736

Grand Rapids City Championships (3)
City Residents Only
Grand Rapids, MI
Lee Frederickson, 616-672-7736

Cancer Society Open (93)
Off The Wall Fitness Club
596 West Hollis St.
Nashua NH 03060
Rosenfeld/Turner, 603-889-5520

Lucky Leprechaun Open (3)
Sundown Liverpool
7455 Burgen Road
Liverpool NY 13088
315-457-5050

State Juniors Tournament (4)
Sheridan YMCA
417 N. Jefferson
Sheridan WY 82801
Jay McGuinness, 674-7488

Capitol Courts (3)
1013 Dearborn
Helena MT 59601

Intercollegiate Florida (6)
The Club
825 Courtland St.
Orlando, FL 32804

3rd Annual Killshot for Cancer
Waverly Oaks Racquet Club
Waltham MA
Ralph Dente, 894-7010

March 16-17

Grand Rapids City Championship
City Residents Only
Grand Rapids, MI
Cystic Fibrosis Open
Grand Blanc, MI

March 16-18

New Jersey Singles Championships
Courtime Meadowlands Racquetball Club
205 Chubb Ave.
Lyndhurst NY 07071
201-933-4100

March 20-23

Tournament
Cottonwood Heights
7500 South 2700 East
Salt Lake City, UT 84121
John Packard

March 21-24

Washington State Singles
North Park Racquet Club
Spokane WA
Scott Sherman
Olympic Open
Olympic Health & Fitness Center
63rd and Belmont
Downers Grove, IL 60515
Bob Good, 312-963-3100

New Mexico State Singles Championship
Academy Court Club
5555 McLeod NE
Albuquerque NM 87109

Lite/AARA Adult Regionals, Region #10
Indiana Athletic Club (5)
411 South Harbour Dr.
Noblesville, IN 46060
Mike Arnolt, 317-776-0222

New Mexico State Singles Championships
Academy Court Club
555 McLeod NE
Albuquerque NM 87109

March 22-24

Indiana State Singles
Shelbyville Klubhaus
Rt. 2 Box B
Shelbyville IN 46176

Tournament
Mountain Valley Court Club
Route 16
North Conway NH 03860

Shad Derby Open
Windsor Racquet Club
Windsor CT
Rute Piersall, 203-683-0236

Ektelon Championships
Shadow Brook Fitness Center
Route 6
Tunkhannon PA 18657

Sue E. Kauffman, 717-836-6336

Body Express Open
Body Express
850 Kelton Way
Yuba City, CA 95991
916-674-8700

Delaware State Doubles
Pike Creek Court Club
4905 Mermaid Blvd.
Wilmington DE 19808
Ed Young, 302-239-6688

Festival of Champions
Cedarvale

931 Boston Road
Haverhill, MA 01830
Joan Morrison, 617-373-1596

Vermont State Singles
STBA

Tournament Ohio Valley Racquet Club

52610 Holiday Drive
St. Clairsville OH 43947
Dan Wilson, 614-695-3055

Tournament (3)
Mountain Valley Court Club
Route 16
North Conway NJ 03860

Kansas State Singles (5)
STBA

Racquetball In Review

4th Annual Endless Mountain (3)
Shadowbrook Racquet & Fitness Club
Route 6
Tunkhannon PA 18657
717-836-6336

South Dakota State Tournament (4)
Russell Courts
817 W. Russell
Sioux Falls, SD 57104
605-338-9902

RAM-AARA State Doubles Championships (4)
Dearborn, MI
Jim Hiser, 313-653-9602

Rendezvous (3)
Pines Racquetball
105 Ponderosa Highway 81 S.
Chicasha, OK 73108
Ken Mosely, 405-222-2000

March 27-30

Tournament
Ogden Athletic Club
1221 East 5800 South
Ogden UT 84403
Ed Dillback

March 28-31

Georgia State Championships
Southlake Racquetball Club
1792 Mt. Zion Road
Morroa GA 30260

RCM Sports Open
Fitness USA
260 Mayfield Ave.
Mountain View, CA 94043

Lite/AARA Adult Regionals, Region #8
The Charlie Club
1550 E. Dundee Road
Palatine IL 60067
Alvin Barasch, 312-673-7300

Lite/AARA Adult Regionals, Region #5
Sports Plex
500 Gadsen Highway
Birmingham AL 35235
Gerald Cleveland, 205-838-1213

March 29-31

Tournament of Champions
Le Masters Racquetball & Fitness Center
319 Westtown Road
West Chester PA 19381
Liz Verstler, 215-436-6200
Connecticut State Singles
Chippens Hill Racquet Club
Bristol CT
Phil Parrish or Paul Thiel
203-487-6716

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Al Parchuck, 603-893-8612
San Antonio Sup. Spring Fling
Supreme Courts
10514 Braddock Dr.
San Antonio TX 78245
Bob Ellis & Dayton Dickie
512-675-3530

Sarasota Bath & Racquet Club
Sarasota FL
Judi Schmidt

Junior Regional, Region #13
Irvine Club House
17850 Skypark Blvd.
Irvine, CA 92714

MSRA State Doubles
Dave Gordon
1400 2nd St. S., Apt. A-604
Minneapolis, MN 55454
Dave Gordon

Super Seven #7
Court Players
Lansing MI

Regionals
STBA
Wyoming

Lite/AARA Adult Regionals,
Region #13
Billings Racquetball Club
777 15th St. West
Billings MT 59102

State Doubles/Junior
Championships (4)
STBA
Idaho

3rd Annual Ridge Racquet Club
Open
Braintree, MA
Jim Bove, 848-0800

Humboldt Y Open (3)
American Health & Fitness
3880 E. Robinson St.
Amherst NY 14120

March 29-31

Lite/AARA Adult Regional,
Region #4
STBA

March 30-31

AARA/Penn Intercollegiate
Tacoma Family Fitness Center
2228 South 78th
Tacoma, WA 98409
Sid Williams & Sandy Rogers

APRIL

April 3-6

Tournament
Towne & Country
2250 South 800 West
Woods Cross, UT 84087
Mike Vandegrift

April 4-7

Durango Racquetball Classic
Court Club of Durango
1600 Florida Road
Durango, CO 81301

April 5-7

Singles Tournament (3)
Full Court Club
1111 E. 40th St.
Anderson IN 46014
Donna Lewellen, 317-649-7387
AARA State (4)
TRAC
Tulsa OK
Susan McMasters, 405-743-1328

April 11-14

Lite/AARA Adult Regionals,
Region #4
Charlotte Racquetball & Fitness
Center
5501-77 Center Dr.
Charlotte, NC 28210
Mike Dimoff, 919-855-7493

April 12-14

6th Annual Tiger Open (3)
The Racquet Club
467 N. Dean Rd.
Auburn, AL 36830
Ginna Vinson, 887-9591
Lite/AARA Adult, Northeast
Regionals Region #1
STBA
Lite/AARA Adult Regionals,
Region #3
Bethlehem Racquetball Club
Bethlehem PA
Bernie Howard
Lite/AARA Adult Regionals, Region
#6
STBA

Milk Pro-AM (2)
Fairmont Athletic Club
3328 W. Genessee St.
Syracuse NY 13219
Wyoming State Singles (4)
Casper WRC/YMCA
315 E. 15th St.
Casper WY 82601
New Jersey Doubles
Championships (4)
Spa 23, Racquet & Health Club
Pompton Plains, NJ
201-839-8823

National AARA Intercollegiate
Championships
Memphis, TN

April 12-14

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140 Watson Blvd.
Stratford, CT
Paul Thiel, 203-487-6716
Half Hollows Racquetball Club
Pinelawn & Ruland Rd.
Melville, NY 11740
Gary Jones, 516-420-1310
Lite/AARA Adult Regionals,
Region #6
Olympiad Health & Racquetball
2120 N. Woodlawn
Wichita, KS
Region #4 - Singles
The Complex
Suwanee, GA
404-945-8977

April 17-20

Tournament
YMCA
737 East 200 South
Salt Lake City, UT 84102
Ruth McGovern
Hemophilia Open
Beverly Halphren
499 Fatterson
Memphis, TN 38111

April 18-21

Lite/AARA Adult Regionals,
Region #15
STBA
Seattle, WA
Illinois State Doubles (4)
STBA
Chicagoland, IL
Art Michaely, 312-647-8222
Ektelon Regional
The Club
825 Courtland St.
Orlando FL 32804

April 19-20

Lite/AARA Adult Regionals,
Region #
King George Racquetball Club
17 King George Rd.
Greenbrook NJ 08812
Al Seitelman

Gilford Hills
RFD #5 Box 545
Gilford OH 03257
603-293-7546

April 19-21

Lite/AARA Adult Regionals,
Region #7
San Antonio Racquetball &
Handball Club
849 Isom, San Antonio, TX 78216
Bruce Hendin
Lite/AARA Adult Regionals,
Region #2
STBA
Al Seitelman
73 Babylon
Sound Beach, NY 11789
Lite/AARA Adult Regionals,
Region #11
Russell Courts
817 W. Russell
Sioux Falls, SD 57104

Dates To Remember

U.S. National Intercollegiate Championships
The Racquet Club, Memphis, TN, April 12-14, 1985

U.S. National Singles Championship
presented by Lite Beer from Miller

(qualifying required in Regionals)
Downtown YMCA, Houston, TX, May 23-27, 1985

U.S. National Junior Championships
(qualifying required in Regionals)
Newport Beach Sporting House, Newport Beach, CA,
June 22-26

U.S. National Doubles Championships
Rocky Mountain Health Club, Cheyenne, WY, Oct. 24-27

Lite/AARA Adult Regionals,
Region #11
Russell Courts
817 W. Russell
Sioux Falls, SD 57104
605-338-9902

Lite/AARA Adult Regionals,
Region #7
San Antonio Racquetball &
Handball Club
849 Isom, San Antonio, TX 78216
Bruce Hendin

West Virginia State Singles
West Virginia Racquet Club
127 Waddles Run Road
Wheeling, WV 26003
Kevin Beckeer, 304-487-6716

Connecticut State Doubles
Chippens Hill Racquet Club
Bristol, CT
Paul Thiel, 203-487-6716

RAM-State Singles Championships
Mt. Clemens Racquetball Club
Mt. Clemens, MI

April 24-27

Tournament
Feeling Great
1194 South main
Springville, UT 84663
Judy Watkins

April 25-28

Westlane Racquet Club
1074 E. Bianchi Rd.
Stockton, CA 95210
Lite/AARA Adult Regionals,
Region #12
Tom Young's Athletic Club
2250 Wyoming Blvd. NE
Albuquerque NM 87112

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Tournament Results - from page 9

Men's A Singles
Quarter-finalists — Linwood Little d. Greg Maxwell; Stan Wright d. Carlos Farias; Ken Kinman d. Bill Hypes; Mark Galvan d. Oscar Bazan
Semi-finalists — Stan Wright s. Linwood Little, Ken Kinman d. Mark Galvan
Finalists — Stan Wright d. Ken Kinman

Men's B Singles
Quarter-finalists — Rafael Torres d. Pete Cordova; Chip Thomas d. Jim Kesterton; Robert Kalaluh d. Art Cepeda; Pete Wang d. Mike Granger
Semi-finalists — Chip Thomas d. Rafael Torres; Peter Wang d. Robert Kalaluh
Finalists — Peter Wang d. Chip Thomas

Men's C Singles
Quarter-finalists — Kevin Pardee d. Fabius Jones; Bryce Cook d. Roger Jensen; Dave Dettelson d. Bill Boatwright; Scott McBee d. Pete Guiterrez
Semi-finalists — Bryce Cook d. Kevin Pardee; Scott McBee d. Dave Dettelson
Finalists — Scott McBee d. Bryce Cook

Men's D Singles
Quarter-finalists — Steve George d. Lorenzo Cano; Jim Maghuyop d. Bryan Whitney; Jacques Prbaseau d. Joe Denicola; Michael Singer d. Scott Woznick
Semi-finalists — Jim Maghuyop d. Steve George; Michael Singer d. Jacques Prbaseau
Finalists — Michael Singer d. Jim Maghuyop

Men's 35+ Singles
Quarter-finalists — Pepe Barasain d. Joe Weiss; Richard Bruns d. Clyde Barker; Archie Lee d. Ken Ilacera; Price Thomas d. Joe Frenna
Semi-finalists — Pepe Barasain d. Richard Bruns; Price Thomas d. Archie Lee
Finalists — Price Thomas d. Pepe Barasain

Men's 45+ Singles
Quarter-finalists — Jack Bursch d. Phil Denoncourt; Lawrence Ross d. Ron Jenelle; Burdette Hansen d. Howard Moss; Gene Landrum d. John Johnigan
Semi-finalists — Jack Bursch d. Lawrence Ross; Gene Landrum d. Burdette Hansen
Finalists — Jack Bursch d. Gene Landrum

Men's Novice Singles
Quarter-finalists — Gary Drocco d. Robert Landl; Tom Myers d. Jerry Hardage; Roger Lee d. Richard Beckwith; George Kohut d. Basim Aber Hamid
Semi-finalists — Gary Drocco d. Tom Myers; George Kohut d. Roger Lee
Finalists — George Kohut d. Gary Drocco

Women's Open
Quarter-finalists — Marci Drexler d. Angela Russo; Karin Walton-Trent d. Lisa Hjelm; Mona Mook d. Theresa Nunn; Jean Oeschger d. Debbie Sloan
Semi-finalists — Marci Drexler d. Karin Walton-Trent; Mona Mook d. Jean Oeschger
Finalists — Marci Drexler d. Mona Mook

Women's A
Quarter-finalists — Replogle/Franzel d. Ward/Johnigan; Karp/Taylor d. Wilson/Hyde; Gianassi/Moralez d. Bistrin/hoffman; Churchill/Grenzow d. Kalaluh/Glines
Semi-finalists — Replogle/Franzel d. Karp/Taylor; Churchill/Grenzow d. Gianassi/Moralez
Finalists — Replogle/Franzel d. Churchill/Grenzow

Women's B Singles
Quarter-finalists — Celia Vigil d. Debbie Franzman; Elaine Drezler d. Lydia Hammock; Teri Twombly d. Nidia Funes; Kathy Kinman d. mona Tong
Semi-finalists — Elaine Dexter d. Celia Vigil; Teri Twombly d. Kathy Kinman
Finalists — Elaine Dexter d. Teri Twombly

Women's C Singles
Quarter-finalists — Mary Garcia d. Cindy Gilbert; Wendy Maracchini d. Kathy Gianassi; Mercedes Mendoza d. Debbie Kanner; Jane Evans d. Vicki Chapman
Semi-finalists — Wendy Maracchini d. Mary Garcia; Jane Evans d. Mercedes Mendoza
Finalists — Wendy Maracchini d. Jane Evans

Classified Ad

EMPLOYMENT

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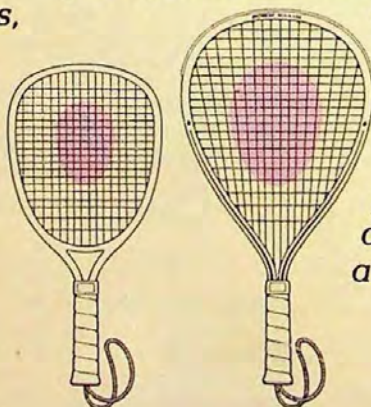
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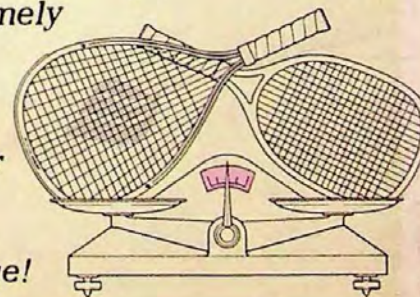
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