

RACQUETBALL

MAGAZINE

March - April 1994

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FROM THE EDITOR

By Linda Mojer

So, how do you rate? Are you an "A" or a "B?" Got a great back-hand or better forehand? A pleasure to play against, win or lose, or a poor sport who can't find a game? An up-and-comer rapidly rising through the ranks

or a comfortable three-times-a-week "C" level league player? Thinking about it only raises more questions.

So many of us do want to know how we rate – not only against our opponents on the court – but against our own highest expectations. How we "should" do, compared to how we actually perform. On any given day, any given win might mark a personal best ... or worst.

But performance aside, how does racquetball measure up in your exercise routine? After an hour-long match, do you feel as "worked-out" as the aerobics classes? The weight trainers? The stair-steppers? The treaders? Having fun, combating stress and socializing at the same time does seem to have its advantages. How do you rate the quality of your court time?

On a larger scale, how does racquetball rate among its peer Olympic sports? Requiring speed, skill, endurance and strength, its elite level participants are among the best trained athletes in the world. It has a loyal, worldwide following made up of players and enthusiasts just like you and me ... who rode the airwaves to Lillehammer every night for two weeks. After that experience, how do you rate the relative merit of racquetball as an Olympic sport?

In upcoming issues, we'll present some interesting information about other Olympic sports and their constituents for your comparison. And closer to home we'll continue to solicit your opinions on developing a fair rating system as we cover the first annual National Skill Level Championships. In the meantime, use this issue to find out how you rate according to the standards adopted for 1994 ... and how you can continue to improve.

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DEADLINES

May/June 94 April 1, 1994
July/Aug. 94 June 1, 1994
Sept./Oct. 94 Aug. 1, 1994
Nov./Dec. 94 Oct. 1, 1994
Jan./Feb. 95 Dec. 1, 1994
Mar./Apr. 95 Feb. 1, 1995

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RACQUETBALL Magazine



ISSN 1060-877X

contents

FEATURES

**How Do You Rate?
Skill Level Nationals** 12

**St. Louis – Hotbed for
High School Racquetball** 16

PROfile Tour Highlights
IRT Stops #10 through #12 ... 18
IRT Rankings & Calendar 28
WPRA Grand Slam..... 30
WPRA Rankings & Calendar ... 29

Tournament Circuit
World Juniors 34
Women's Senior/Master 34
Wheelchair Pro/Am 37

DEPARTMENTS

Reader Forum..... 4
National Rankings 66
Sanctioned Event Calendar..... 68

INSTRUCTIONAL

Ektelon Instructional..... 40
PARI Tip..... 45
America's Most Wanted 48
What's the Call 52

COLUMNS & NEWSBRIEFS

Insight 54
RB: Global..... 54
RB: People 62
**Board Election &
Rules Ballot.....** 60

ON THE COVER

**The eternal question, but we've
given you some answers ...**

**Vol.5, No.2
March
April
1994**



RACQUETBALL Magazine is the official publication of the American Amateur Racquetball Association. AARA memberships are available for \$20.00 annually (foreign = \$35.00 U.S.) and include a one-year subscription (six issues) to *RACQUETBALL Magazine* and other AARA related publications. The AARA is recognized by the U.S. Olympic Committee as the National Governing Body [NGB] for the sport. All ideas expressed in *RACQUETBALL Magazine* are those of the authors or the Editor and do not necessarily reflect the official position of the AARA. Articles, photographs and letters are welcome and will be considered for inclusion. Although advertising is screened, acceptance of any advertisement does not imply AARA endorsement of the product. COPYRIGHT The entire contents of *RACQUETBALL Magazine* are copyright 1994, all rights reserved, and may not be reproduced, either in whole or in part, without written permission of the publisher. POSTMASTER Send address changes to AARA, 1685 West Uintah, Colorado Springs, CO 80904-2921.

... ICE THIS SPORT

Can someone tell me why I'm sitting here in front of my TV, in the throes of a love-hate relationship with the Olympics? Could it be because I'm watching ice dancing and attempting to reconcile its designation as a sport?

How can they do this to me – they even give points for *passion*, for crying out loud – while racquetball, a sport by any criterion and the favorite of millions, skulks its way through the athletic nether world?

Meantime, skiing keeps adding medal events, and does anyone besides the participants know what they all mean? A columnist wrote that he was surprised Dr. Ruth wasn't one of the favorites in the Super-G. This year the onslaught includes trick stuff and stunts. Ready for snow boarding – to heavy metal accompaniment, of course – in 1998?

Yet to come is the ever-popular, always breathtaking sport of curling. Remote in hand, I await.

Had enough? Let's go to the Summer Olympics with such athletic challenges as rhythmic gymnastics and synchronized swimming. In 1996 we'll be treated to women's soccer, played by at least dozens throughout the world.

If the International Olympic Committee is going to throw out the elements that define a sport – strength, speed, quickness, reflexes, hand-eye coordination, etc. – then perhaps before racquetball finds a place we'll have to endure events such as Frisbee. Or Boccie. Or even Jeopardy. Don't laugh, it could happen.

Bert Fagan
West Hills, California

ONE SERVE ARGUED

I am very disappointed with the decision of the AARA to go to the one serve rule for women open players at the regional and national levels. The pro organization, as much as possible, tries to stay consistent with amateur rules. However, when the players feel a rule detracts from the game, they will choose not to adopt it. At a recent WPRA general membership meeting, it was unanimously decided *not* to change to a one serve rule.

My understanding is that the rule change has come about because of a concern at the international level that the men players from other countries could not compete with the men from the U.S. mainly because of the powerful serves. I believe the purpose of one serve was also to add to longer rallies, and therefore, more exciting play for spectators. The women players *do not* have a problem with long rallies or exciting play. Players are not dominating because of a powerful drive serve. So why make them change?

Serving is one of the most strategic parts of the racquetball game when used correctly. If the men's open and pro players believe their game will be enhanced by going to one serve, then that *exception* should be made to help the game. Although the women's game has seen a dramatic increase in power through the years, it will never match the men. The women's game depends more on strategy than on strength.

If the women on the U.S. team are forced to change their game because of a problem with the men's game, that's a shame. But *those* women have the talent to make that adjustment through their own training programs. Why should *all* women's open players who compete at the regional or national level have to change their game so that six or seven women can practice a new rule? The bottom line is, when it comes to power, the women's and the men's game are different. So why not treat them that way?

Chris Evon
San Diego, California

UN-SPORTS- WOMANLIKE?

I just finished re-reading my last issue (again great) and came to an area that I could not ignore in the Fran Davis "Game Plan" article.

It seems as though she and her attorneys have gone over the rules and game with a fine-tooth comb. But, regarding her #9 game plan – thanks for the blackeye for "sportsmanship."

I would like to see racquetballers get over the Tonya Harding approach to sports, or "win at all costs" and get back to good sportsmanship and give it your best.

Fran, you left out "hit your opponent with the ball or racquet during the rallies, that way you can really make them mad." (Thanks, coach ... but no thanks).

P.S. "Play" the game or get off the court!

Skip Deal
Woodland Hills, California

The sport of racquetball is like golf in two respects. Regardless of the stakes, the players are expected to compete in a sportsmanlike manner even if it means penalizing themselves, and the rules are written to keep one player from having an unfair advantage over the other.

The sportsmanship aspect has even been refined to where racquetball tournaments on national and international levels are now successfully conducted without using referees – even in the championship matches.

In a classic case of bad timing, the January/February issue of RACQUETBALL Magazine thoughtfully prints the simple and concise Of-

ficial AARA Rulebook, at the same time giving us game-plan tips from Fran Davis.

Now Ms. Davis is not someone who has only a nodding acquaintance with our sport. She is a coach on the U.S. National Team, she is a PARI teaching instructor, and she runs year-round racquetball camps. She is one of the few people in this country who make a living from racquetball.

All of which makes Area No. 8 (Emotional State) of her game plan tips that much more unconscionable. No. 8 touches on playing mind games with opponents, to wit: "Find out what gets to them and annoy them." "Get under their skin by holding your racquet up..." "...bounce the ball excessively before serving or whatever affects their emotional state adversely."

Wrong! Where does sportsmanship factor into this? Why can't a person attempt to defeat an opponent on a level playing field, where mind games and taunting are not even a minor consideration? Rule 4.18 in our exquisitely thin and logical rulebook dwells on technical fouls and warnings, and Paragraph 8 - "Anything considered to be unsportsmanlike behavior" – could perhaps be interpreted to include some of Fran Davis' "Emotional State" tips.

A "win at any cost" philosophy has no place in our sport, and Ms. Davis should be admonished for proposing it.

Bill Walker
Canoga Park, California

[In fairness, RACQUETBALL Magazine offered Ms. Davis the opportunity to respond. –Editor]

I am sorry that Mr. Walker misinterpreted the last PARI TIP: Formulating a Game Plan - Part II. I do feel that the mental aspects of the game of racquetball are important, and cannot be overlooked when formulating your game plan. All athletes prepare mentally for whatever sport they are playing, basketball, baseball, football, or tennis, or even golf, and attempting to "psych" out your opponent is a major part of that plan. I in no way advocate cheating, breaking the rules, or unsportsmanlike behavior as Mr. Walker apparently interpreted from the article. I also never proposed nor endorse "a win at any cost philosophy" as Mr. Walker also interpreted. Mr. Walker is right on one account – I am one of the few people in this country who "makes a living from racquetball." I am quite proud of the fact that I promote and market racquetball on a full-time basis to the masses, but with a philosophy of "have fun and play fair." The area in which I discussed "Emotional State" was number 9, not number 8, and I would urge Mr. Walker to re-read that area to perhaps gain a different understanding of what is being said.

Fran Davis
Assistant U.S. Team Coach

MAYA PLACE OR YOURS?

Having visited many of the ball courts in the Yucatan and Guatemala, I enjoyed "The Mayan Ball Game" (January-February). The ball courts exist in almost every restored Mayan City. According to Mexican historians, human sacrifice was very common, and, in fact, was frequently the reward

for the winning team!

Popular throughout Mexico, but primarily in the Yucatan Peninsula, people enjoy the game of "Fron Tennis," a miniature version of Jai A'lai, combined with their version of racquetball. The court is about 42 feet long, exactly twenty feet wide, but with no ceiling (usually a fence to keep the ball in), and no right wall at all (you can exit the court to make the get providing the ball bounces inside the court). Like squash, a metal, tell-tale strip extends about eighteen inches from the floor. Serves go to alternating zones, also like squash.

Outdoor courts are concrete slab construction, but indoor facilities can be fine wooden floors. Tennis balls and racquets are

sometimes used, but the official ball is made by Voit (\$8.50 for two-in-a-can in 1991), and is blue rubber, noticeably heavier and larger than our racquetball. Official racquets are wood and look like open paddle racquets with heavy nylon strings. Apparently there is no length regulation, as some players use their tennis racquet (making doubles very exciting). In doubles, players form six or eight man teams, and substitutions rotate in and out at specific point levels.

During one trip a few years ago, I took my Toron and some old balls, hoping to hit against a wall to stay in shape for an upcoming tournament. I discovered a league in Cancun formed by members of the Spanish speak-

ing Baptist Church. They graciously invited me to play, and it was a great experience. They were fascinated by the Toron, which could hammer the ball much harder than they were used to, and I almost had to return home without it.

Bill Piggott
Olympia Fields, Illinois

ONE OR THE OTHER

I am 64 and have played for only 10 years, but I'd like to respond to Brian Pope's letter in the Jan/Feb '94 *RACQUETBALL Magazine*. I, too, played in a recent tourney in which one of my opponents played in both the C and D divisions. I won two matches, 11-1, 11-1 and 11-1, 11-7. Both men were in their 30's. I lost 11-



HAND.

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7, 11-7 to the fellow enrolled in both divisions. I am puzzled by how divisions are assigned and the fairness of enrolling in two. I believe that this, in the long run, will be detrimental to amateur racquetball.

Many years ago fast-pitch softball was a big item in Washington state. Then a Seattle team began to enlist the best players around the state, legally, of course, by finding jobs in the Seattle area for its out-of-city players. A few years later fast pitch softball began to decline and today it's almost non-existent.

I hope that amateur racquetball does not go the way of fast pitch softball.

Wayne H. Keller
Puyallup, Washington

In the Reader Forum section of RM's Jan/Feb issue, Brian Pope asked for comments about tournament problems. I offer the following:

We have a sport that is growing again, receiving international attention with inclusion in the 1995 Pan-Am games and aiming for Australia in 2000.

But the sport loses beginners who enter single elimination tournaments. A new player is eager to enter a tournament, shells out \$30, \$40 or even \$50 to play a sandbagger in two quick games of 15-1 or 15-0. This player never plays tournaments again and I'd assume never goes beyond playing a club friend once a week.

I know this is so because this was the way I felt 10 years ago

when I first started. It is not only the money. It is also embarrassing when you've put your family on hold for the weekend because you might advance – only to play at 8 a.m. Saturday morning and be eliminated and home by 9:00.

I suggest that the lower divisions – D's, C's and possibly B2's – play consolation or even round robin. I know this is extra work and a strain on court time but tourney directors have a chance at repeat players. The Open, Open 2's, A1's and A2's have been playing long enough to get to that level that they can compete.

The pros always say the best way to improve is to play different players and play a lot.

Pat Mooney
Torrance, California



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The AARA offers academic scholarships to full-time college students and high schools seniors who will become full-time undergraduate freshmen in the fall. Funds may be applied toward tuition, textbooks, library fees, instructional materials or room and board, and the deadline for applications is JUNE 15, 1994. For more information about the scholarship program or to request an application, please call or write the AARA at 1685 West Uintah, Colorado Springs, CO 80904-2921, Tel: 719/635-5396.

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no energy in his straight game loss to Todd O'Neil.

In the quarters, the bottom bracket was wide open with Kachtik and Roberts eliminated. Dan Obremski moved to his first semi-final in a long time by defeating Todd O'Neil in four games. The next match featured two young stars of the game, with Mike Guidry going up against John Ellis. Ellis looked determined as both speedy players made great gets, then prevailed over Guidry in an 11-5 tiebreaker to advance against Obremski. Opposite Aaron Katz, Tim Doyle found himself down 2-1 in games and losing 8-3 in the fourth, but was able to make the comeback. He saved the fourth with an 11-9 win, then recovered to take the tiebreaker 11-8. Jack Newman came out strong with an 11-5 first game win over Swain, then built up and 8-6 lead in the second before Cliff outscored Newman 27-2 to win games two, three, and four to advance to the semi's.

The first semifinal found Ellis serving rockets and jumping out to a 2-0 game lead over Dan Obremski. Obremski's arm seemed weary and he was unable to find his range until he came back on Ellis to win game three 13-11. The fourth game was neck and neck but Ellis pulled away at the end to win 11-8 and move on to the

finals. It's always fun to watch big servers Swain and Doyle go at it. But Swain seems to have Doyle's number and returns Tim's serves better than most. Cliff, going after his fifth straight win, jumped out to a 2-0 game lead before Doyle fought back to win game three 11-8. In game four Cliff was just too tough, winning 11-8 to advance.

For the second time this year it was Swain vs. Ellis in a tour final. Swain jumped to his usual 2-0 lead before Ellis was able to prove why he is a player to be reckoned with, by winning game three handily 11-2. But Swain went back to work as he closed out the match and tournament with his fifth straight victory.

ADVANCING IN MEMPHIS

Hampton Inn Pro Classic: Stop #11

Round of Sixteen

Cliff Swain	def.	Louis Vogel	11-4, 10-12, 11-6, 11-1
Jack Newman	def.	Woody Clouse	7-11, 11-5, 11-8, 11-9
Aaron Katz	def.	Mike Ray	4-11, 11-8, 2-11, 11-4, 11-4
Tim Doyle	def.	Mike Ceresia	11-9, 11-4, 11-8
John Ellis	def.	Drew Kachtik	11-7, 12-10, 7-11, 7-11, 11-9
Mike Guidry	def.	Brian Rankin	11-5, 11-2, 11-3
Dan Obremski	def.	Ruben Gonzalez	11-8, 11-5, 8-11, 8-11, 11-4
Todd O'Neil	def.	Andy Roberts	11-1, 11-6, 11-5

Quarterfinals

Cliff Swain	def.	Jack Newman	5-11, 11-8, 11-0, 11-2
Tim Doyle	def.	Aaron Katz	11-8, 2-11, 2-11, 11-9, 11-8
John Ellis	def.	Mike Guidry	11-0, 8-11, 11-6, 6-11, 11-5
Dan Obremski	def.	Todd O'Neil	11-3, 11-8, 8-11, 11-6

Semifinals

Cliff Swain	def.	Tim Doyle	11-5, 11-7, 8-11, 11-8
John Ellis	def.	Dan Obremski	11-5, 11-5, 11-13, 11-8

FINAL

Cliff Swain	def.	John Ellis	11-6, 11-7, 2-11, 11-5
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ATLANTA HOSTS VCI CHALLENGE #4

The fourth stop in the VCI Challenge Cup Series was held February 3-6 at the Falcon's Sports & Fitness Complex in Suwanee, Georgia. This tournament boasted one of the best draws in years with 23 players competing in early qualifying rounds Wednesday night just for a spot in the main draw. It was also refreshing to see so many young players. This stop attracted the largest number of players under 21 to appear at a tournament in years, showing just how much the tour has grown.

The round of 32 was highlighted by those young guns doing some



Doyle ended Swain's winning streak in the Atlanta semi-finals.

damage, which really bodes well for the future of our tour. The first upset saw amateur national doubles champion Eric Muller defeat #12 Todd O'Neil in five games for his first pro victory. Amateur junior national champion Sudsy Monchik also had his first win, with a huge upset over #6 Mike Guidry. This match featured some great shotmaking and retrievals by both players. Drew Kachtik was able to hold off up-and-coming 16-year-old David Hamilton in four very close games. All the other higher seeds each won easily.

The round of sixteen put seven of the eight seeds into the next round, with only one match going to five games. Mike Ray advanced by teaching Muller a lesson in three straight, while Kachtik did the same to Louis Vogel. John Ellis defeated best friend Sudsy in three to advance, and Andy Roberts beat

practice partner Scott Reiff in three hotly contested games. In the meantime, tour veterans Tim Doyle welcomed Egan Inoue back with a hard fought four game servefest and Ruben Gonzalez finally broke the Dan Obresmki hex by putting on an awesome display in a four game victory. The head-to-head series between Jack Newman and Woody Clouse continued, with Newman winning the only five game

match of the round. Top ranked Cliff Swain continued his unbeaten streak with a win over Dan Fowler in four games.

The quarters saw a rare sweep for the top four seeds as they all advanced to the semi-finals. Tim Doyle continued his consistent season by defeating Mike Ray in four games – all close, but Tim seemed to play better in crunch time. Mike has been mired in a slump since October, and is no longer winning the close games he used to. Ellis and Kachtik were set for a rematch of the previous stop in Memphis. Ellis gave notice as a top player with staying power as he jumped out to a 2-1 lead in games. But true to form, Drew came back to win games four and five to settle the score against Ellis. Andy Roberts lost his first game against Ruben Gonzalez 12-10, but was then able to serve his way to an

easy four game victory to move into the semi's. Swain continued his dominance over Newman with a serving exhibition in his straight game victory.

With the semi's set, would someone be able to stop Swain? Kachtik and Roberts have the most heated rivalry on the tour, and their match would be no different as the players traded two games apiece before moving to the deciding fifth. The decision went to Roberts, who was able

ADVANCING IN ATLANTA VCI Challenge #4: Stop #12

Round of Sixteen

Cliff Swain def. Dan Fowler 11-6, 11-6, 5-11, 11-6
Jack Newman def. Woody Clouse 6-11, 11-8, 6-11, 11-7, 11-1
Mike Ray def. Eric Muller 11-5, 11-9, 11-6
Tim Doyle def. Egan Inoue 11-9, 9-11, 11-7, 11-10
Drew Kachtik def. Louis Vogel 11-6, 3-11, 8-11, 11-8, 11-5
John Ellis def. Sudsy Monchek 6-11, 11-0, 11-6, 11-9
Ruben Gonzalez def. Dan Obremski 11-5, 5-11, 11-2, 11-3
Andy Roberts def. Scott Reiff 11-9, 12-10, 11-5

Quarterfinals

Cliff Swain def. Jack Newman 11-6, 11-3, 11-1
Tim Doyle def. Mike Ray 11-7, 10-12, 13-11, 11-9
Drew Kachtik def. John Ellis 11-6, 3-11, 8-11, 11-8, 11-5
Andy Roberts def. Ruben Gonzalez 10-12, 11-5, 11-5, 11-2

Semifinals

Tim Doyle def. Cliff Swain 1-11, 11-4, 11-0, 11-4
Andy Roberts def. Drew Kachtik 11-3, 8-11, 11-1, 4-11, 11-8

FINAL

Tim Doyle def. Andy Roberts 11-5, 10-12, 11-8, 11-8

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Here are some quotes from well known players who assisted me in the evaluation of some of FORTEN's new products."

"The best I've ever worked with!!" - Michelle Gould, four times National Pro Champ, on Pro's Choice

"I'm crushing the ball!!!" - Sudsy Monchik, World Junior Champ, on The Boss

"Such controlled power, I love it!!" - Craig Rappaport, US Jr. Olympic Team, on Pro's Choice

- John Boudman



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Doyle on the way to his first pro tour win in two years over Roberts in Atlanta.

to use his big serve to get some needed points to close out Drew and move to the finals. Could Tim Doyle do the impossible and break the Swain winning streak? Not in the first game, which was all Swain as he easily won 11-1. Then it happened ... the impossible. In one of the greatest serving exhibitions of all time, Tim Doyle got revenge and took the next three games from Swain 11-4, 11-0, 11-4. No this is not a misprint - Doyle aced Swain to put an end to the five stop winning streak and move to the finals against Roberts.

But was it a fluke? Would Doyle be able to continue his hot streak or would Roberts come away the

victor? Doyle got off to a good start with an 11-5 first game win. Then Roberts resorted to his uncanny shotmaking to stave off Doyle and win game two 12-10. The match then shifted to Doyle's favor, allowing him to close out Roberts in the next two games, 11-8, 11-8. Not only was Doyle able to end a winning streak by major tour force Cliff Swain, but he also claimed his first IRT victory in over two seasons.

IRT UPDATE

By Hank Marcus

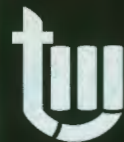
SPECIAL THANKS

As always it's impossible to thank all the people who take the time, effort and care in putting on an IRT Tour stop. Dallas' Aaron Katz not only put on a great event but also played when the tour visited the first class Landmark Club.

The South always offers a party atmosphere and Memphis was no exception, highlighted by a 600 person banquet at the Racquet Club of Memphis. Thanks for all the work and fun goes to Marty Austin and Quinn Roberts. Atlanta continues to grow under the tremendous direction of Alan and Richard Turem. This year's event was held at the Atlanta Falcons Complex, a great tournament facility, and served as a fundraiser for the Georgia Council on Child Abuse.

CLOUSE WINS BI RAK IT NATIONALS

A field of over thirty-two top Bi Rak It players showed up in Atlanta



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along with Bi Rak It inventor Dr. Everett McCormick for the Bi Rak It Nationals. Woody Clouse defeated Mike Brady in a close final and captured the \$1,000 first place prize plus a beautiful coat and wood carved plaque.

PYTHON NAMED OFFICIAL GRIP

The IRT recently named the "Python" as the official grip of the tour. Manufactured by Network Marketing, the "Python" is available through major racquetball distributors, retail outlets or direct by calling 404/751-9463.

PENN PRO BALL INTRODUCED

Penn Racquet Sports, in conjunction with the IRT, introduced the Pro Penn ball at a Super Show press conference. The new ball can now be ordered by clubs throughout the country.

TRANSCOASTAL INTERNATIONAL RACQUETBALL TOUR SCHEDULE

#16 - April 13-17
Sporting House
Las Vegas, Nevada

#17 - May 4-8
VCI Series #6
Minneapolis, Minnesota

#18 - May 11-5
Harbor Square
Athletic Club
Seattle, Washington

#19 - June 1-5
Multnomah Athletic
Club-Portland, Oregon

#20 - Tokyo, Japan
Late June event featuring top 16 players awaiting final confirmation from major sponsor, Sega.



SPALDING



RANKINGS & BONUS POOLS

VCI CHALLENGE CUP SERIES

Rankings based on finishes in the six VW Credit events held in Montreal, Baltimore, Dallas, Atlanta, Los Angeles and Minneapolis.

1. Cliff Swain, SC
2. Tim Doyle, OR
3. Andy Roberts, TN
4. Drew Kachtik, TX
5. Ruben Gonzalez, NY
6. Mike Guidry, TX
7. Jack Newman, IL
8. Woody Clouse, FL

BI-RAK-IT

The official cross-training sport of the IRT Tour, rankings are based on

finishes in Bi Rak It events held at each pro stop.

1. Woody Clouse
2. Mike Brady
3. Vince Kelley
4. Drew Kachtik
5. John Ellis
6. Sudsy Monckik

IRT TOP 8

Based on finishes of all IRT Tour stops

1. Cliff Swain
2. Andy Roberts
3. Tim Doyle
4. Drew Kachtik
5. Mike Ray
6. Mike Guidry
7. Jack Newman
8. Woody Clouse

PENN GLOVE

Official glove of the IRT Tour rankings include those players who wear the Penn glove and their tournament finishes

1. Cliff Swain
2. Tim Doyle

3. Woody Clouse
4. Mike Guidry
5. Dave Johnson
6. Louis Vogel

HEAD ANATOM SHOE

Official shoe of the IRT Tour includes those players wearing the Head shoes and their tournament finishes.

1. Mike Ray
2. Mike Guidry
3. Woody Clouse
4. John Ellis
5. Bret Harnett
6. Louis Vogel

SPALDING HEAT FAST SERVE CONTEST

The official racquet of the IRT Tour, based on hard hitting contests held at each stop.

1. John Ellis-158 mph
2. Woody Clouse-149
3. Mike Guidry-147
4. Mike Ray-136



EKTELON'S NEW DIGITEC™ RACQUETBALL GLOVE

Ektelon introduces its new Digitec™ racquetball glove, representing the first time Digital Leather – a popular material for golf gloves – has been used in racquetball. Featuring superior gripping power and durability, Digitec™ still maintains the softness and feel of premier-quality Cabretta sheepskin leather. Ektelon's "no stress thumb" design allows independent thumb movement for unhindered flexibility. Ektelon racquetball gloves are crafted from the finest materials, and the new line includes six styles for men and women. Suggested retail prices range from \$9.95 to \$19.95. For dealer information, call 800 2 TEAM EK.

EARTHMONSTER SIGNS WITH AARA

EarthMonster of Springfield, Missouri has become the official silkscreener and clothing retailer for the AARA. The contract was

recently finalized at the Super Show in Atlanta, and established the sponsorship agreement. EarthMonster clothing and accessories will be featured at all AARA nationals and available for purchase. Future plans involve retailing EarthMonster apparel in AARA recreational court clubs, through *RACQUETBALL Magazine* and at major racquetball events.

PENN DONATES 350,000 RACQUETBALLS

Penn Racquet Sports continued its support of tennis and racquetball programs all over the U.S. in 1993. In keeping with its commitment to community involvement, Amy Wishingrad, Penn's national promotions manager said, "I am proud to announce that in 1993, Penn has donated over 350,000 racquetballs to various racquetball programs worldwide."

The following are among the events that received racquetballs this past year:

AARA State Programs, AARA/Recreational Racquetball, AARA state circuits.

HEX TO SUPPORT JUNIOR TEAM

Hex Sports recently announced its designation as the "Official String Supplier of the United States Junior National Racquetball Team" for 1994. Hex Sports will make cash contributions to support the travel and competition of Junior Team USA and will make Hex String available to each player on the team for their use and improved performance. Junior Team USA players who have already committed to using Hex Strings include Kerry Stoffregen, Tammy Brockbank, Shane Dodge and David Hamilton.

Hex String is also the "Official String of the International Racquetball Tour" and the "Official String of America's Most Wanted Racquetball Camps." Professional players winning with Hex String include Marty Hogan, Jack Newman, and Toni Bevelock. To receive a product brochure or to find a stringer in your area using Hex String please call 800/457-7804.

TRANSITION RELEASES NEW PRODUCTS

Transition Racquet Sports released its new Gunpowder Ultra Response String, with explosive power and tremendous control in a 19 gauge micro style. Bright gunpowder silver in color, the string comes individually packaged in easy to use 52 foot coils. Adding 10 to 20 mph to the

speed of your ball, plus better feel and control, the string is available through select TRS dealers, Pacific Sports Warehouse and The Sports Authority.

TRS also announced the release of two new racquetball gloves. The Bad Influence will be all black high grade cabretta glove with a tackified strip through the palm and the logo "Bad Influence" across the nylon forehand. Also available is the "Looks Can Kill" lycra glove with high grade cabretta on the palm in purple and white with magenta accents. For more information on both new releases, call 800/473-4425.



COURTESY SPORTS ROAD WARRIOR GOES ON THE ROAD

Courtesy Sports' portable pro shop, "Road Warrior," made its first trip last September, after the company began to identify regions of the country where players do not have access to specialty racquetball retail outlets. "In many parts of the country, players are without full service pro shops that can help them select and purchase new products" said Roger Rintala, "but with these locations identified,

we go to a tournament in the area and set up our traveling pro shop."

Tournament players are then offered expert service, a full line of racquetball products and accessories, free racquet demos and publications. The program has the full support of the club and its pro shop at every tournament by generating new excitement about equipment and providing demo opportunities. Anyone interested in the Road Warrior's schedule or in bringing Courtesy Sports to their event should contact Roger Rintala at 415/968-7970.

WRSA AND AARA TEAM UP TO PROMOTE RACQUETBALL IN COURT CLUBS

The World Racquet Sports Association has joined with the AARA to promote racquetball in court clubs nationwide, using the WRSA's popular club rating system. A ranking and club programming organization based in Memphis, Tennessee, the WRSA has developed a valid rating system based on numerical values - similar to those used in tennis' NTRA rating system. WRSA also offers full programming software for handicapping, leagues, tournaments, and shuttles. In researching the partnership, the AARA found that the program had great potential as a major asset in helping court clubs develop profitable racquetball programs. For more information about the World Racquet Sports Association, please contact Chris Williams at 800/946-9772.

GREGG PECK JOINS HOGEEYE, INC. AS CONSULTANT

Gregg Peck, former 1985 D.P. National Champion and Professional Player of the Year, has joined Hogeye, Incorporated as a consultant to the company. Peck will work directly with Cliff Slinkard, President of Hogeye, assisting the Marketing/Sales Department of the Racquetball Apparel Accessories Division. "Our first challenge will be to set up our distribution channels," Peck explains. "Our creative designers have developed a fantastic product mix and I look forward to this partnership." Peck is currently a key accounts manager for L.A. Gear and resides with his wife, Lauren, in Houston, Texas. For more information on Hogeye Racquetball Apparel and Accessories, call 800/464-3936.

TOURNAMENT INFORMATION

RATING REQUIREMENT: All players must be certified and rated by a PARI (Professional Association of Racquetball Instructors) instructor to compete in the National Skill Championships. Rating services will be available prior to the start of the tournament for a nominal fee. AARA membership is required.

ENTRY FEE: \$50.00 First Event (includes referee fee), \$20.00 Second Event. Players may enter one singles and one doubles event. **ENTRY DEADLINE:** Postmarked no later than July 1, 1994. IF entries are accepted after the deadline, an additional \$15.00 late fee will be assessed. **ALL ENTRIES ARE FINAL.** Absolutely no refunds after this date.

STARTING TIMES: Starting times will be available after 5:00 pm on **MONDAY, JULY 18.** Call 602/279-9633. **PLAY BEGINS:** 8:00 AM, **FRIDAY, JULY 22.** **CHECK IN:** Registration will be held at the club beginning on **WEDNESDAY, JULY 20** at 6:00.

OFFICIATING: \$5.00 of each entry fee will be paid back to you for every match you referee. **OFFICIAL BALL:** Penn Tournament. **TOURNAMENT DIRECTOR:** Margo Daniels, AARA National Tournament Director, 719/635-5396.

LODGING: The Lexington Hotel offers a room rate of \$50.00 per night for up to four persons per room. To receive the special tournament rate, mention the Skill Level Nationals when you make your reservations by calling 602/279-9811. The hotel is in the same building as the tournament facility. **THE UNITED STATES OLYMPIC COMMITTEE TRAVEL DESK AND UNITED AIRLINES OFFER YOU THE LOWEST POSSIBLE AIRFARES TO NATIONAL EVENTS.** For reservations, phone United's U.S. Olympic Travel Desk, toll-free, at 800/521-4041 between 8:30 am and 8:00 pm EST weekdays. Then reference the special AARA account number 547KL to receive your low fare! **Your support of this program brings racquetball closer to becoming an Olympic Sport!**

1994 AARA U.S. NATIONAL SKILL DIVISION RACQUETBALL CHAMPIONSHIPS JULY 22 - 24

Entry Deadline: July 5
(Postmarked no later than July 1)

City Square Sports Club
100 West Clarendon
Phoenix, Arizona 85013
602/279-9633

For a brochure entry with additional details
about the tournament, call the AARA
national office at 719/635-5396

ENTRY (Please Print)

Name: _____

Address: _____

City/State/Zip: _____

Phone (Day): _____ (Eve): _____

Birthdate: _____ Age: _____

Doubles Partner: _____

Certified as (skill level): _____ Instructor/Date: _____

MEN'S DIVISIONS

- ___ A Singles
- ___ B Singles
- ___ C Singles
- ___ D Singles
- ___ A Doubles
- ___ B Doubles
- ___ C Doubles
- ___ D Doubles

WOMEN'S DIVISIONS

- ___ A Singles
- ___ B Singles
- ___ C Singles
- ___ D Singles
- ___ A Doubles
- ___ B Doubles
- ___ C Doubles
- ___ D Doubles

WAIVER: I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the AARA, Ektelon, City Square Sports Club, Penn Racquet Sports, or their respective agents for any and all injuries.

Participant Signature & Date _____

FEES AND PAYMENT

First event
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Second event
(\$20.00) \$ _____
AARA Membership
(\$20.00) \$ _____
Tax deductible
donation to
Olympic Dream \$ _____
TOTAL DUE: \$ _____

**Use your AARA MBNA credit card to charge
your entry, and receive an additional 10%
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HOW DO YOU RATE?

**WITH A NEW NATIONAL
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SKILL LEVELS, NOW YOU
CAN FIND OUT!**

By Jim Hiser

The American Amateur Racquetball Association will inaugurate the first annual National Skill Level tournament for A,B,C and D level players this July at the City Square Sports Club in Phoenix. The tournament is designed for those players who may not possess the level of expertise necessary to compete in the open age divisions at National Singles, but still want a shot at a national title against opponents of equal skill.

The Challenge

Of course, the major concern with any kind of skill level event is the fair classification of all entrants. The current AARA ranking system doesn't apply in this case since it only uses local reporting criteria which differs from state to state. The level of "B" competition in Tennessee, for example, is very likely different than that of "B" draws in Arizona, Idaho, or Oklahoma. It's reasonable for geographic differences to enter into the equation when trying to "level the playing field."

The Concept

To guarantee some measure of fairness in the preliminary stages of preparing the draws, all entrants will be required to receive an evaluation and official rating of their skill level from

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a Professional Association of Racquetball Instructors [PARI] certified professional before the tournament begins. These evaluations will be available at upcoming metro regionals and in some cases, from your own club or local PARI professional. Anyone who wishes to enter the Skill Level Nationals but is unable to obtain an evaluation prior to the deadline will still be able to be evaluated and receive a rating in Phoenix the day prior to the event.

The Levels

PARI professionals are instructed in the different criteria acceptable for each level (see descriptions on next page). After an evaluation is complete, the PARI instructor will forward the player's ranking to the AARA's national office, where it will be entered into the member's record. A new membership

card noting the certified skill level of the player will then be prepared and mailed to the member. Each entrant will be required to show their membership card with skill level rating upon registration at the event. Until a national ranking system is developed that guarantees equal evaluation of all skill levels (a computerized system is now being tested) the PARI skill level criteria will be used. PARI professionals will also be on hand at the event to help resolve problems, assess any potential sandbagging and answer questions.

The Format

The playing format for the event will be the "Olympic format" satellite draw. This format guarantees each player three matches and is currently used at the National Intercollegiates and Junior Olympics with great success.

Another advantage of this format is that each player either plays up to or eventually plays into his/her true ability level. Each division (A, B, C, D) will offer 16 awards, four awards for each Olympic division - blue, red, white and gold. Doubles competition will be conducted in a standard, single-elimination draw for each division.

The Fun!

The City Square Athletic Club in downtown Phoenix is a tremendous facility for hosting a tournament since the hotel is connected directly to the racquetball club. There are plenty of shopping areas, golf courses and other recreational facilities close to the club. The first Skill Level Nationals should be an exciting and interesting event, so take another look at the entry on page 11, get classified and sign up today!

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HOW DO YOU RATE?

"CLASSIFIED INFORMATION..."

One of the more difficult jobs of a tournament director is to classify players into different levels. The following are standards approved by the Professional Association of Racquetball Professionals (PARI) that will help you determine an accurate skill level for you.

What is a "D" Player?

A player who is just beginning to receive instructions • Lacks playing experience • Is in the process of learning, safety, rules, forehand and backhand strokes, Z serves, backwall shots, angles, passing shots and is ready to start participating in club leagues and friendly competition.

What is a "C" Player?

A player who has played over 6 months, plays frequently, and is developing strengths in the basics listed above for a "D" player • Level of knowledge is rising and can execute most shots with some precision, like ceiling, pinches, pass shots, and an occasional kill shot. Has taken an occasional lesson and has attended a racquetball clinic • Has started entering small tournaments and has an extra racquet.

What is a "B" Player?

Players who play regularly and have found time to practice on their own to perfect their shots. Has good knowledge of court strategy and positioning • Has good knowledge of offense and defense situations • Is able to select the proper shot most of the time • Probably is still inconsistent but improving • Is developing patience and is able to accept tips on their game from better players • Shows interest in private racquetball lessons and instructional camps • Participates in most club events, like club tournaments, leagues, and round robins.

What is a "A" Player?

A player who plays regularly • Is a top player in the club • Trains for racquetball and both backhand and forehand strokes are near equal • Has high level of knowledge • High percentage of executing most shots and has no apparent weaknesses • Perfected the kill shot and now re-kills opponents attempted kill shots • Can and probably does compete in sanctioned tournaments • May seek to participate in the AARA Elite Camp and either has a coach or is seeking a coach.

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ACTIVE PARI TEACHING PROFESSIONALS

To get a head start on obtaining a PARI rating, check out the following list of certified professionals nationwide, then call and set up an evaluation...

Name	Home #	Work #
ARIZONA		
Skip Schultz	602-548-0676	602-866-0330
CALIFORNIA		
Ricardo Balderas	408-757-8331	
Oscar Bazan	415-594-9818	415-593-1671
Richard Bruns	707-224-5947	707-252-8033
Fran Davis*	415-642-0640	415-994-9080
Dave George	415-873-1354	415-994-9080
Dennis Kaufman	209-367-0336	209-334-4897
Gene Pare'	408-370-2276	408-296-1676
Ross Shoemaker	510-471-9549	510-226-8500
FLORIDA		
Mary Lyons*	904-241-6789	904-268-8888
Barb Simmons	813-349-1317	813-957-0770
GEORGIA		
David Lockridge	404-945-1842	404-564-4464
ILLINOIS		
Mike Saboe	708-566-4729	
MASSACHUSETTS		
Joe O'Halloran	508-222-0909	508-528-5960
NORTH CAROLINA		
Bob Book	919-489-5909	919-286-7529
NORTH DAKOTA		
Steve Carlson	701-293-6193	701-293-3765
NEBRASKA		
Linda Moore	402-454-2765	402-423-2511
NEW HAMPSHIRE		
Wayne Barrow	603-673-4172	603-673-7123
NEW MEXICO		
Rachel Gellman	505-293-5827	505-298-7661
Raymond Maestas	505-454-0146	505-454-3584

Gary Mazaroff*	505-298-7661	505-266-9213
Tom Neil	505-892-7162	
Jeff Wilson	505-294-4811	
Joe Wittenbrink	505-298-7661	505-821-8248
NEW YORK		
Patrick Bernardo	518-271-4482	518-459-4444
Marion Crawford	315-656-7878	315-446-3141
Steve Gloss	716-876-4084	716-874-4460
Jeff Hanno	315-782-1500	315-446-3141
Kevin Kennedy	201-332-7894	313-729-0921
Fred Klemperer	315-446-2328	315-446-3141
Perry Lopez	718-884-8215	914-963-2300
Jim Winterton*	315-426-9204	315-451-5050
OKLAHOMA		
Jerry Dimitratos	405-482-0897	
OREGON		
Curt Ballantyne	503-772-8849	503-779-7529
Connie Martin*	503-666-7642	503-665-4142
Jon Martin	503-666-7642	503-665-4142
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Nick DiSabatino	215-255-5445	302-652-3266
Rob McKinney	215-584-9157	215-652-2714
John Pushak	412-746-4373	412-886-3930
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Tod Danielson	713-359-6092	713-358-7765
Rhonda Grisham	713-556-6475	
Kathy Langlotz	409-567-9149	409-823-0971
Mike Nugent	713-496-1267	713-497-7570
Bill Taliaferro	214-941-0654	
Ken Woodfin	713-280-8408	713-483-7549
WASHINGTON		
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ST. LOUIS, THE HOTBED FOR HIGH SCHOOL RACQUETBALL

By Buz Sawyer

In a time when junior racquetball is losing out to soccer, little league, and other high school sports, the city of St. Louis stands out as host to a high school program that boasts 50 teams and over 500 players. Centered at the South Hampshire Racquet Club and guided by founder Jim Murphy, the St. Louis hotbed has a long history.

Fifteen years ago a few coaches and high school racquetball players had the vision, and they started small. They started with a league of

eight teams and since then the league – the only one of its kind in the nation – has progressively grown larger and more popular.

This program has produced many successful players such as 1993 25+ national champion Chris Wright, U.S. National Junior Team members Jennifer Gould and Brett Parker, and Intercollegiate All-Americans and members of the World Champion SW Missouri State Racquetball Team, Chris Deer, Jen Yokota and John Kleinschmidt.

More importantly, the league provides an opportunity for the less than exceptional student athlete to have a successful high school athletic experience. In large high schools it can be extremely difficult to make the basketball or football team. Talented athletes can be left out and this program can fill the void. In this league, nobody gets cut and everyone has plenty of opportunity to play.

Matches are conducted in a head-to-head format in the afternoons, after school. A total of eleven clubs participate in the league during non-prime time hours. The racquetball clubs charge a small fee to the league, and in

return they promote junior racquetball while utilizing their courts during otherwise slow periods. League director Jim Murphy says that "clubs are very open to this because it gives them a chance to make money in an easy time slot, while promoting the sport to future customers."

Jen Yokota, former intercollegiate champion and current president of the Missouri Racquetball Association, recalls her participation in the inaugural High School Championships in 1988.

"I had a wonderful time when I attended, even though there were only seven other girls. I got to play each one and saw a variety of levels and styles. It was great to meet the other players in a more intimate setting than the much larger draws of Junior Nationals (now the Junior Olympic Racquetball Championships).

My parents were supportive of my racquetball endeavors. They thought it would be a good opportunity and also a nice get-away. It turned out that local teams from Parkway West and a boy's team from Ladue also went to Noblesville, Indiana that year, so I received support from friends on those teams as well.

I was shocked at the banquet when Luke St. Onge gave me a plaque for being the very first entrant of the very first National High School Championship. I now take greater pride in that since I can see what the tournament has become. It's only appropriate that the championship is now held in St. Louis with the largest league being here. I think it's great for the league players who will not be going to the Junior Olympics to see the top players who are their age.

One player, Bobby Bohn of Lafayette High School said, "It's fun getting to meet players from other places. It's also different competition and stronger."

It turns out there was a freshman there who would later become my college teammate at SMSU ... Allan Engel, representing Manatee High School in Bradenton, Florida.

I attended the last four High School Nationals and it's amazing to see what a large event it has become. I just hope that all the juniors and high school players value the opportunities they now have with two national events for them, plus Junior Team USA.

The league starts in late November and concludes with playoffs in early February. Players then prepare for the annual AARA High School National Championships, which have been held at the South Hampshire facility in St. Louis for the last five years.

Murphy says that the key to starting a high school league is to start small. Find some kids who are already involved in the sport and encourage them to recruit a few friends, and then you have a team. Yet the true key to a successful league is having someone who cares enough to put in the time to make it work.

Last year Murphy put in countless hours of racquetball instruction to these players. "These kids know that I care," says Jim, "and I am willing to help anyone with their game."

Jim describes himself as the catalyst with a lot of help. He handles the day-to-day operations of the league, and also consults with a volunteer board on all major events. Pro Kennex is a major supporter of the program, and encourages the students to play by providing them with balls used in practice and competition, as well as discounted racquets.

If you are interested in learning more about the league and would like information on how to start a program in your area, contact Jim Murphy at 314/353-1500, or write to South Hampshire Racquetball Club, 6727 Langley, St. Louis, Missouri 63123.

Buz Sawyer is a senior, communications management major at Southwest Missouri State University. Buz plays for the SMSU three-time World Champion Intercollegiate Team, and is a two-time intercollegiate All-American.



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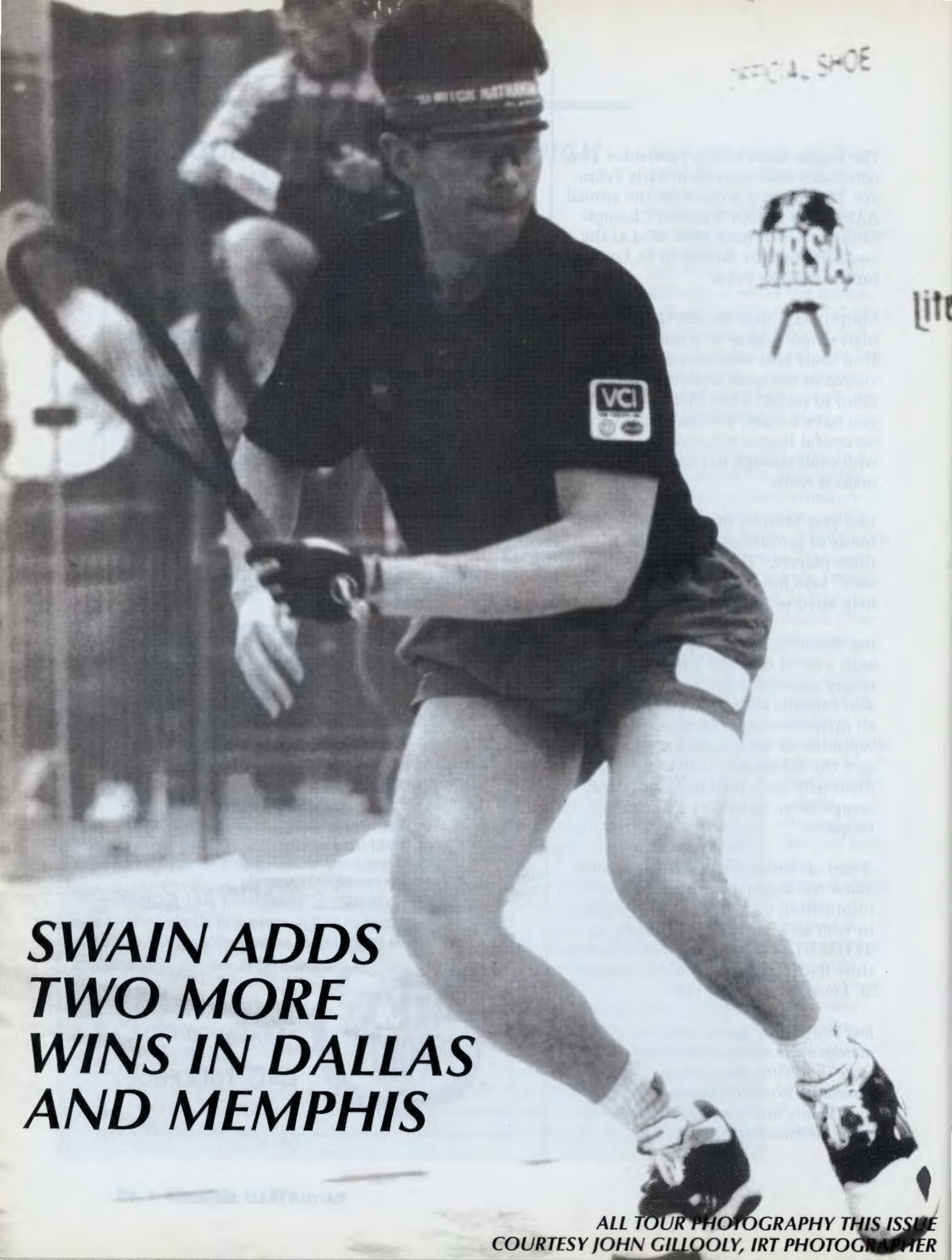
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SWAIN ADDS TWO MORE WINS IN DALLAS AND MEMPHIS

ALL TOUR PHOTOGRAPHY THIS ISSUE
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DALLAS RISES TO VCI CHALLENGE CUP #3

By Jack Newman

The IRT Tour moved to Dallas December 8-12 for the VCI Challenge Cup Series #3, held at the elegant Landmark Club run by tour pro Aaron Katz. This tournament featured a sponsor/pro tourney on Wednesday night with the top eight pros captaining a team of amateurs, for prizes. In the pro draw, Cliff Swain was trying to cash in on his fourth straight title.

The round of 32 found several local Texans attempting to earn spots in the main draw, including Mike Guidry who bested former #1 Dave Peck. Local favorite and tournament director Aaron Katz was upset by Scott Reiff in four tough games. Also in the round, Louis Vogel displayed his photon serves and defeated Roger Harripersad in four games. All the other top pros were able to defeat their first round opponents with relative ease.

The round of 16 opened with Mike Ray defeating Scott Reiff in four games, and Tim Doyle taking out Todd O'Neil in three straight. Texas favorite Drew Kachtik and Dan Obremski both moved on with four game wins over Mike Ceresia and Ruben Gonzalez respectively. Guidry, Roberts and

Swain all breezed through their matches in straight games. The only five game match went to Jack Newman over Woody Clouse.

The quarterfinal between Tim Doyle and Mike Ray continued their season-long battle of great control vs. power, with Doyle capturing the close five game win. Two of the most physical players on the tour, Drew Kachtik and Dan Obremski both spent much of their match diving and playing very close. Dan played as good as he had all season and pushed Drew to five games, only to fall short 11-2

in the fifth. The hottest player next to Swain, Mike Guidry continued his winning streak over Andy Roberts, logging a third straight career victory in four games. Swain remained undefeated in games as well as matches as he swept Newman in three.

The semi's were quick blow-outs! First up was the all-Texas rematch between Guidry and Kachtik, following up on a win by Guidry the weekend before in Denver. This match was pure revenge as Drew smashed Mike 9,7 and 2. Swain again was able to find the range against Doyle. He seems to return Doyle's serve better than anyone, as he won another three straight games, and matches to reach the final.

ADVANCING IN DALLAS VCI Challenge #3: Stop #10

Round of Sixteen

Cliff Swain	def.	John Ellis	12-10, 11-4, 11-3
Jack Newman	def. ..	Woody Clouse	12-10, 4-11, 11-5, 1-11, 8-11
Mike Ray	def.	Scott Reiff	11-8, 11-6, 7-11, 11-8
Tim Doyle	def.	Todd O'Neil	11-8, 11-8, 11-1
Drew Kachtik	def.	Mike Ceresia	11-9, 7-11, 11-9, 11-2
Dan Obremski	def.	Ruben Gonzalez	9-11, 11-6, 11-1, 11-5
Mike Guidry	def.	Dave Johnson	11-3, 11-8, 11-4
Andy Roberts	def.	Louis Vogel	11-2, 11-0, 11-2

Quarterfinals

Cliff Swain	def.	Jack Newman	11-4, 11-1, 11-5
Tim Doyle	def.	Mike Ray	13-11, 11-9, 4-11, 11-7, 11-2
Drew Kachtik	def. ..	Dan Obremski	9-11, 11-3, 12-10, 8-11, 11-2
Mike Guidry	def.	Andy Roberts	11-8, 10-12, 12-10, 11-8

Semifinals

Cliff Swain	def.	Tim Doyle	11-4, 11-9, 11-5
Drew Kachtik	def.	Mike Guidry	11-9, 11-7, 11-2

FINAL

Cliff Swain	def.	Drew Kachtik	11-5, 11-6, 11-4
-------------	-----------	--------------	------------------

The finals put the undefeated Cliff Swain against Texas favorite Drew Kachtik. Swain started strong and was able to keep Drew off balance the entire match to win his fourth straight tournament without losing a game. Scores went 11-5, 11-6, 11-4 in favor of the undisputed #1, Cliff Swain.

HAMPTON INN PRO CLASSIC IN MEMPHIS HOSTS STOP #11

The new year began with the question – can anyone beat Cliff Swain? The beautiful Racquet Club of Memphis hosted the Hampton Inn Pro Racquetball Classic, benefiting the Hemophilia Foundation. This is always one of the premiere events on our tour, with great hospitality and entertainment on Saturday night with over 600 people attending. Stop #11 on the Transcoastal IRT Tour provided excitement with some surprising results.

The round of 32 went almost true to form, with the exception of two upsets. The first surprise was a first pro match win for Brian Rankin who defeated #11 Dave Johnson in a 13-11 super-tiebreaker. The rumor mill reported Johnson retiring after this match to pursue other business interests. The next match was not as much an upset, but the ease of victory was surprising. Louis Vogel took out #16 Tim Sweeney in three straight games. Although the very-talented Sweeney has been struggling with his game lately, I'm sure we've not heard the last of him.

The 16's always seem to bring out the best matches at every pro stop, and Memphis was



John Ellis reaches a second season final against Swain.

no exception. Only four of the top eight seeds survived, with #4 Tim Doyle beating Mike Ceresia in three games and #6 Mike Guidry doing the same to Brian Rankin. It took four games for #8 Jack Newman to beat #9 Woody Clouse for the third consecutive time this season, and #1 Cliff Swain lost his first game in three tournaments to Louis Vogel, who succumbed in four.

The first true upset went to #12 Aaron Katz who defeated #5 Mike Ray in five games, giving Ray his second round of sixteen loss in the last three tournaments. An exciting 11-9 tiebreaker win over #3 Drew Kachtik moved #14 John Ellis into the quarters, while #10 Dan Obremski continued his hex over #7 Ruben Gonzalez by beating him in five games for the third straight time. The last upset was a disappointment for the home crowd as a flu-stricken #2 Andy Roberts tried to play but had

WOMEN'S PRO RACQUETBALL ASSOCIATION TOUR CALENDAR

March 17-20

Sports Barn
Chattanooga, Tennessee

April 7-10

PIZZA HUT CHALLENGE
Sports Life Club Cobb
Atlanta, Georgia

April 27 - May 1

DIET PEPSI WPRA NATIONALS
Merritt Athletic Club
Baltimore, Maryland

WPRA RANKINGS & BONUS POOLS

1. Michelle Gould, ID
2. Marci Drexler, CA
3. Robin Levine, CA
4. Cheryl Gudinas, IL
5. Molly O'Brien, PA
6. Lynne Coburn, MD
7. Laura Fenton, MA
8. Ellen Crawford, VA
9. Chris Evon, CA
10. Marcy Lynch, PA
11. Roz Olson, NY
12. Lorraine Galloway, NY
- 13T. .. Dee Ferreira-Worth, CA
- 13T. .. Kim Machiran, MO
- 13T. .. Janet Myers, NC

16. Karen Key, CA
17. Tammy Brockbank, ID
18. Doreen Metzold, NY
19. Michelle Wiragh, MD
- 20T. .. Cindy Conine, NY
- 20T. .. Holly Gray, AZ
- 20T. .. Robin Whitmire, GA

PENN PRO SERIES PLAYERS

1. Michelle Gould, ID
2. Marci Drexler, CA
3. Robin Levine, CA
4. Cheryl Gudinas, IL
5. Molly O'Brien, PA
6. Lynne Coburn, MD
7. Ellen Crawford, VA
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GOULD GRABS THE GRAND SLAM!

By Chris Evon

The WPRA "lucked out" on January 14-16! With record breaking cold weather and a lot of snow in the east, the Grand Slam weekend stayed fairly mild, allowing for easy travel as the pros rolled into town. With time to spare, Chris Evon, Laura Fenton, Cheryl Gudinas, Robin Levine, and Marcy Lynch all participated in a pre-tournament doubles exhibition, playing with local men in a round robin format. The winners are yet to be determined!

The 1994 Grand Slam tournament, hosted by the Highpoint Athletic Club in Philadelphia and O'Brien Sports Marketing, is one of the most established tournaments of the tour. This year the event was also part of the new Ektelon Championship Series, a series of amateur events in the New Jersey, Philadelphia, Maryland and Virginia areas. As the tournament

unfolded most of the top seeds advanced, but there were some standouts – from top junior player Tammy Brockbank, to three year veteran Cheryl Gudinas, and the always impressive play of Michelle Gould. These players, along with the other elite women players in the country, showcased racquetball at a level that constantly had spectators in awe!

Junior Play Makes An Impression!

Tammy Brockbank, a member of the U.S. National Junior Team, made her first professional appearance, and captured everyone's attention by upsetting tour veteran Roz Olson in the round of 32. Tammy's next obstacle, however, was her former teacher and top ranked tour player, Michelle Gould. Gould tested Brockbank with her famous powerful drive serves and unshakable intensity. Although Brockbank went down in three games, she made it known that she has the ability to compete with the best.

Gudinas - Watch out! Here She Comes!

Cheryl Gudinas continues to take the racquetball world by storm! After qualifying for the Olympic Festival Team last May, she traveled to San Antonio and captured the number one singles title, and her first spot on the U.S. National Team! Armed with renewed confidence and a strong passion for the game, she is starting to push her way through the pro ranks. In the round of sixteen, Gudinas took five games and almost two hours to defeat #8 seeded Chris Evon. She then went to work on third seed, Lynne Coburn and was able to

negate Lynn's serve and shoot style of play with her own aggressive serves and accurate shot making ability. The win put her into her first semifinal round since she began playing full time on the tour three years ago. In the semi's, the unorthodox play of Marci Drexler kept Gudinas out of the finals.

The Quarter's!

Michelle Gould controlled her match against tournament director Molly O'Brien from the very opening serve. O'Brien hardly had a chance to get into the match, struggling to return serves and find a rhythm that might allow her to sway the momentum in her favor. Gould advanced to the semi's by defeating O'Brien 11-2, 11-2, 11-1. The other top seeds all had a more difficult time shaking off their opponents. Ellen Crawford pushed lefty Robin Levine to four games before she conceded the match, losing 11-5, 9-11, 11-5, 11-9. Laura Fenton was also able to threaten #2 seeded Marci Drexler in their third game, but Drexler took command in the fourth to win 11-4, 11-3, 6-11, 11-2.

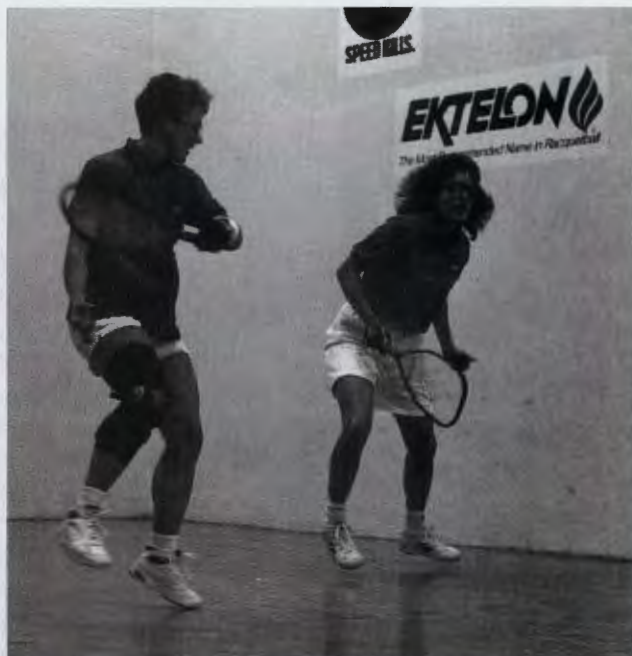
The Semis & Finals!

Michelle Gould continued her domination of the event by crushing Robin Levine 11-4, 11-3, 11-2. In their last meeting, Levine had pushed Gould to four games, but this time around couldn't stop Gould with her acrobatic dives and "screaming" intensity. The lower half of the draw put

Right: Marci Drexler (left) shoots a forehand against Cheryl Gudinas.

Below: Robin Levine (left) gets plenty of room for her backhand as Ellen Crawford looks on.

Photos courtesy O'Brien Sports Marketing.



Cheryl Gudinas, who was ranked thirteenth going into this event, against #2 seeded Marci Drexler. Drexler appeared to be too much for Gudinas and was able to roll out one too many overhead reverse pinches for the win, 11-7, 11-4, 11-6.

Gould captured the Grand Slam Title by defeating Drexler in three games, 11-4, 11-8, 11-3. Gould was able to sweep all her opponents and was also able to get revenge on Drexler who stole this event from her last season.

ADVANCING IN CHALFONT

High Point Athletic Club: January 14-16

Round of Sixteen

Michelle Gould def. Tammy Brockbank 11-0, 11-5, 11-2
Molly O'Brien def. Kim Machiran 11-4, 7-11, 10-11, 11-9, 11-8
Ellen Crawford def. Lorraine Galloway 6-11, 11-4, 11-9, 11-5
Robin Levine def. Janet Myers 11-5, 8-11, 11-3, 11-3
Marci Drexler def. Marcy Lynch 11-8, 11-10, 11-9
Laura Fenton def. Karen Key 11-9, 11-1, 11-9
Cheryl Gudinas def. Chris Evon 10-11, 11-6, 11-7, 7-11, 11-4
Lynne Coburn def. Doreen Metzold 11-0, 11-7, 11-5

Quarterfinals

Michelle Gould def. Molly O'Brien 11-1, 11-2, 11-1
Robin Levine def. Ellen Crawford 11-6, 9-11, 11-6, 11-9
Marci Drexler def. Laura Fenton 11-4, 11-3, 6-11, 11-2
Cheryl Gudinas def. Lynne Coburn 11-2, 11-8, 9-11, 11-0

Semi-Finals

Michelle Gould def. Robin Levine 11-4, 11-3, 11-2
Marci Drexler def. Cheryl Gudinas 11-7, 11-4, 11-6

FINAL

Michelle Gould def. Marci Drexler 11-4, 11-8, 11-3

faced with the challenge of trying to deflect the "punches" of the aggressive and extremely accurate play of the number one player on the tour, Michelle Gould. Gould was the 1993 WPR National Champion and the number one player throughout last season. Undeclared before this event, she managed to sweep all her opponents in this tournament before facing Drexler.

The first game of the final match had Gould in control with her usual precise serves and offensive shots from all over the court. But in the second and third games, Drexler put the pressure on Gould by forcing her to move for every shot, and not allowing her to set up and shoot. The slower courts worked to Drexler's advantage, keeping Gould's shots in play just long enough for her to run down and dink or dive the ball making Gould scramble for everything. In the fourth game, as she has done so often, Gould took her game to another level and crushed a frustrated Drexler, who was unable to score more than a single point. In the fifth, Gould could not find her drive serve and

THE "DREADED DREX" DOMINATES IN VIRGINIA!

Marci Drexler is considered to be one of the most exciting and athletic players on the women's pro tour. Her great athletic ability and superb conditioning has allowed her to overcome a major knee injury and continue to be one of the best players in the country. Her unorthodox style of low percentage shots and reverse overhead pinches from anywhere on the court keeps her opponents so off balance that even easy set-ups become a challenge for them. Her quick hands allow her to put the ball anywhere she wants, and her retrieving ability has not been affected by the knee brace she has been forced to wear for the past three years.

In the finals of the Virginia Open at the Sporting Club at Tyson's Corner in late January, Drexler found herself once again

opened the door for Drexler to take command of the service box. Drexler was able to win the match and her first event of the season by defeating Gould 3-11, 11-4, 11-5, 1-11, 11-5.

Drexler put the pressure on Gould by forcing her to move for every shot, and not allowing her to set up and shoot

Earlier Rounds

Unseeded Roz Olson upset #7 seed Ellen Crawford in the round of sixteen to reach her first quarterfinal. Cheryl Gudinas continued her hot streak by defeating Lynne Coburn to earn a place in the semis. This was Gudinas' second appearance in the semis in as many tournaments. In the quarterfinals, Robin Levine held off Molly O'Brien in four games 11-5, 6-11, 11-2, 11-1, and Marci Drexler stopped Chris Evon 8-11, 11-3, 11-3, 11-4. In the semis Gould proved to be too much for Gudinas as she advanced to the finals winning 11-3, 11-8, 11-0. Drexler out ran Levine in a battle between two powerful lefties, and took the match 11-1, 7-11, 11-3, 11-1.

Pro/Am Mixed Doubles

An added event in this pro stop was an exciting and very competitive division, in which top local male open players paired with the pros to play mixed doubles. Always a crowd pleaser, this event was especially rewarding due to the high level of play by both the men and the women. The winners of this year's event were Molly O'Brien and Dan Fowler, who defeated Robin Levine and Dan Llacera 15-14, 15-12.

The Virginia Open, another stop for the amateur Ektelon Championship Series produced by O'Brien Sports Marketing was the

first experience with professional racquetball for the Sport Club at Tyson's Corner. The Sporting Club took advantage of the new entry level tournament structure set up by the WPRA to attract new tournament sites.

WPRA UPDATE

SPECIAL THANKS

Because of the Very Important Volunteers (VIV's) in Philadelphia, and the support of McDonalds, A.J.B. Auto Service, Honey Baked Ham, Ektelon, and Penn, the Grand Slam continues to be a premier event on the WPRA tour. At the tournament, Ronald McDonald added to the "excitement" by making a special appearance and challenging tour professional, Marcy Lynch. Ronald has vowed to put in more practice time before the next event!

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tournament circuit



JUNIOR TEAM USA THREE-PEATS WORLD TITLE

By Becky Sanford

Everyone knows the old saying, "three times is a charm," and it proved true for Junior Team USA, with a third sweet world title victory for the team. On December 21, Junior Team USA won its third consecutive World Junior Racquetball Championship, out of a field of eight countries. It was also the third year the championships were held at the Racquetpower Health & Fitness Club in Jacksonville, Florida.

In the championship rounds, U.S. players won six of the seven boy's divisions, five of the seven girl's divisions, and all eight doubles divisions. In the overall team competition, the U.S. took first in team points. The girl's team title also went to the U.S., while Mexico took its first team title in the boy's competition.

For individual titlists, it was also a three-peat for Sudsy Monchik of Staten Island, N.Y., who won his third Boy's 18 and under singles world

title. On the other hand, Tammy Brockbank of Boise, Idaho took her first world title, after four years of trying, in the girl's 18 and under division with a rematch victory over Kerri Stoffregen. Brockbank was defeated by Stoffregen earlier in the season at the Junior Olympics.

SINGLES RESULTS -- Boy's 18-: Sudsy Monchik (Staten Island, N.Y.) def. Craig Rappaport (Lancaster, PA) 15-7, 15-4; Boy's 16-: Shane Wood (Auburn, MA) def. Eric Storey (Provo, Utah) 15-7, 15-6; Boy's 14-: Bucky Freeman (Longview, TX) def. Mark Bloom (Metairie, LA) 14-15, 15-11, 11-9; Boy's 12-: Kris Odegard (Saskatoon, Canada) def. Ryan Staten (Dodge, KS) 15-6, 15-10; Boy's 10-: Jack Huczek (Rochester Hill, MI) def. Jim Gooden (Houston, Texas) 15-12, 15-6; Boy's 8-: Steven Klaiman (Houston, Texas) def. Brandon Shoemaker (Findlay, Ohio) 15-7, 15-8; Boy's 8- multi-bounce: Brandon Shoemaker (Findlay, Ohio) def. Jeremy Robbins (Houston, Texas) 15-5, 15-4.

Girl's 18-: Tammy Brockbank (Boise, Idaho) def. Kerri Stoffregen (Cincinnati, Ohio) 15-11, 15-7; Girl's 16-: Shannon Feaster (Bolling AFB, DC) def. Sadie Gross (Apple Valley, MN) 15-2, 15-10; Girl's 14-: Vanessa Tulao (Hixson, TN) def. Rhonda Rajsich

(Phoenix, AZ) 15-10, 11-15, 11-7; Girl's 12-: Lisa Kerr (Saskatoon, Canada) def. Sara Borland (Bettendorf, IA) 8-15, 15-10, 11-7; Girl's 10-: Karina Odegard (Saskatoon, Canada) def. Marielly Ramos (Chih, Chih, Mexico) 15-2, 15-0; Girl's 8-: Kimberly Irons (Dublin, Ohio) def. Adrienne Fisher (Centerville, Ohio) 15-0, 15-8; Girl's 8- multi-bounce: Kimberly Irons (Dublin, Ohio) def. Adrienne Fisher (Centerville, Ohio) 15-8, 15-9.

DOUBLES RESULTS -- Boy's 18-: Sudsy Monchik (Staten Island, N.Y.)/James Mulcock (Albuquerque, NM) def. Luis Munoz/Javier Moreno (Chih, Chih, Mexico) 15-7, 15-8; Boy's 16-: Shane Wood (Auburn, MA)/Eric Storey (Provo, Utah) def. David Hamilton (Mansfield, OH)/Todd Criger (Omaha, NE) 15-7, 15-6; Boy's 14-: Mark Bloom (Metairie, LA)/Bucky Freeman (Longview, TX) def. Robbie Thompson (Montgomery, AL)/Jed Bhuta (Pike Road, AL) 15-9, 15-13; Boy's 12-: Ryan Staten (Dodge, KS)/Jeff Gamer (Pelham, AL) def. Dan Thompson/Shane Vanderson (Dublin, OH) 15-4, 15-7; Boy's 10-: Juan Martinez (Aurora, IL)/Jim Gooden (Houston, TX) def. Joel Worthington (Overland Park, KS)/Jerry Barker (Chillicothe, OH) 15-8, 15-4.

Girl's 18-: Andrea Beugen (Golden Valley, MN)/Kerri Stoffregen (Cincinnati, OH) def. Tammy Brockbank (Boise, Idaho)/Stephanie Torrey (Worcester, MA) 15-8, 15-7; Girl's 16-: Shannon Feaster (Bolling AFB, DC)/Vanessa Tulao (Hixson, TX) def. Debra Derr (Ormond Beach, FL)/Alison Thomas (Westlake, OH) 15-9, 15-14; Girl's 14-: Colleen Maginn (Portage, WI)/Katie Thompson (Sun Prairie, WI) def. Rhonda Rajsich (Phoenix, AZ)/Alison Siegel 15-12, 15-13

WOMEN'S SENIOR MASTER CHAMPIONSHIP THE BIGGEST EVER By Mary Lyons

As the rest of the country remained in the grips of one of the worst winter storms of the decade, Jacksonville prepared for a storm of another kind. Fifty-one athletes from as far away as Oregon and Montana pulled

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into town to test themselves against twenty of Florida's finest at the Women's Senior Master National Championships in late January. Although bad weather affecting connections out of Chicago cancelled the travel plans of several players, the total draw was still the largest in the event's five-year history.

Geared up for a fun-filled weekend of women's racquetball, players arrived on Wednesday and Thursday and enjoyed southern hospitality and unseasonably warm temperatures in the 60s and 70s before play began. Unfortunately the warm weather was followed by two days of "spring showers" which kept the women indoors – but they still didn't have to shovel their rental cars out before driving to the club! Shorts and t-shirts were the uniform of choice.

Play began at 9:00 am on Friday with players competing in two to three back-to-back morning and afternoon matches, depending on the size of their flights. The schedule repeated on Saturday, where the round-robin format gave the players more than their "money's worth" and where Mr. Gay (Ben) got just as much of a workout as the ladies.

The 35+, 40+ and 45+ divisions were divided into two preliminary round-robins each and the top two finishers in each flight earned a spot in the semi-final playoff. After an average of nine matches in the two days, the "survivors" were noticeably fatigued

when they faced their medal rounds.

For the first time in its history, this event served as a qualifier for the U.S. National Singles Championships in Houston this May. The women came away from the event in complete agreement that the level of play was certainly equal to what they could expect in Houston, and that the tournament gave them a true indication of their abilities compared to the top ranked women's senior and master athletes in the country.

RESULTS: – Women's 35+: Linda Moore (Neb.) def. Susan Pfahler (Fla.) 11-7, 11-7; Karen Bouchard (Fla.); Mary Lyons (Fla.). Women's 40+: Sue DiPiano def. Joanne Pomodoro 11-7, 3-11, 11-4; Marilyn Biviano; Vicky Luque (Ga.). Women's 45+: Meri Jean Kelley (Calif.) def. Bernadette Bruner 5-11, 11-6, 11-8; Linda Miller; Bev Powell. Women's 50+: Mildred Gwinn def. Janet Howard 15-10, 15-11; Nancy Loomis; Carol Pellowski. Women's 55+: Jean Tull def. Annabelle Kovar 11-8, 11-3. Women's 60+: Jo Kenyon (Fla.) def. Lola Marcus 11-5, 11-2; Jane Peterson. Women's 65+: Reta Haring, unchallenged. Women's 70+: Mary Low Acuff def. Pete Jones 11-3, 11-2.

FIFTH ANNUAL PRO AM/ WHEELCHAIR RACQUETBALL TOURNAMENT By Geno Bonetti

The Racquet Club of Pittsburgh and HealthSouth of Greater Pittsburgh Rehab Hospital hosted the 5th Annual Wheelchair Racquetball Tournaments on the weekend of February 18-20. Sixteen players from all over the United States played in three different divisions. The #1 ranked player in the



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Marc Fenn (above), Mark Shephard (upper left) and Chip Parmelly (upper right) show their stuff in Pittsburgh. Photos courtesy Geno Bonetti.

United States, Chip Parmelly of California, returned to Pittsburgh to defend his title, one that he has held for the past four years. He met Gary Baker of Indiana, the #2 ranked player, in the finals. The event was held in the exhibition court, where over 100 spectators cheered on the players. In the end, Parmelly prevailed once more with straight game victories of 15-10 and 15-4. Steve Kuketz of Boston came in third place, while Mark Shephard of Cleveland took fourth.

In the B finals, Mark Shephard and Marc Fenn of Indiana had to go to a tiebreaker to decide the winner. When the hard fought match was over, Shephard was declared the winner with scores of 15-10, 11-15, and 11-6. The C division was a round robin event in which Kevin Landis of Philadelphia took first place, while local newcomer Joe Parison took second.

Participation in this event, as well as others to be held throughout the United States, is important. "We are in the process of selecting our national team, and the four top players will have a chance to compete in the 1996 Paralympic Games in Atlanta, Georgia," stated Geno Bonetti, President of the National Wheelchair Racquetball Association. In March two players, Chip Parmelly and Gary Baker, will be heading to Argentina to represent the United States in the Tournament of the Americas and Pan Am Games team trials.

The next event, established to select players for the national team, will be held in Houston, Texas, on the weekend of May 26-29. Anyone interested in participating should contact Geno Bonetti at 412/856-2468. And if you need to sharpen your skills, you may purchase an action packed, instructional wheelchair racquetball video which was produced during last year's tournament, highlighting Parmelly and other players. To purchase a video, please send a check for \$45.00, made payable to the N.W.R.A., to HealthSouth of greater Pittsburgh Rehab Hospital, Geno Bonetti, Director, Spinal Cord Program, 2380 McGinley Road, Monroeville, PA 15146.

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What's the difference between a champion ... and you? It could be that your preparation for a tournament needs some fine tuning. To help you get ready for the AARA Ektelon National Championships coming up in May, we've asked former national champions Dave Peck and Lynn Adams for preparation pointers. Read on, follow their advice, then give it your best shot in Houston. We're all cheering for you!



IT'S NATIONALS TIME!

By Lynn Adams
Seven-Time Professional Champion

Racquetball legend Lynn Adams – winner of seven National Championships – has won more matches, titles and money than any other player on the Women's Professional Racquetball Association (WPRA) tour. In 1992, after being diagnosed with multiple sclerosis, she retired from professional play. Today she has turned her racquetball prowess into sales expertise as Ektelon's sales promotion manager.



Go, go, go, push harder. Faster, faster, don't let up. Tough, I'm tough. I finally reach the top of the hill, lungs bursting, legs burning, totally exhausted. I can hardly wait to do another hill sprint! It's Nationals Time!



There is something special about getting ready for the nationals. There is no other tournament quite like it. The pressure is more intense and the atmosphere more electric. If you do well at the nationals, it can wipe away a whole season of frustration. Of course, your performance could also taint a

season of success. Right or wrong, the national championship is the most important tournament of the season.

Make sure to maximize your time and workouts so that you go into the nationals knowing you're as prepared as you can possibly be. You don't want that nagging little voice in the back of your mind saying "I should have been more focused, I should have practiced more often, blah, blah, blah, blah." Once you're on the court playing, you have enough to deal with without doubting your preparedness.

Everyone has different methods of getting ready for a major competition. Your style and approach should complement your temperament and philosophy. I'll share with you how I approached a national championship and maybe some of these techniques and ideas will help you have a great nationals this May in Houston.

REALISTIC GOAL SETTING

My first priority was to set goals down on paper, both long-term and short-term. My long-term goal would be what I wanted to accomplish at the nationals. It's important to be somewhat realistic with this goal. For instance, if you've never gone past the 32's in a major tournament, it wouldn't make much sense to set your long-term goal as winning the tournament. A more practical goal might be to get to the round of sixteen. Maybe you have a tough time relaxing and playing to your skill level at a major event. Your long-term goal might be to play relaxed and confident, and the outcome isn't all that important. Whatever your goals are, write them down and review them several times a day.

Short-term goals are the stepping stones you must do on a daily basis to achieve your long-term goal. For instance, if my goal was to win the nationals, what would I have to do to give myself a shot at reaching that

goal? I needed to set up a program of daily/weekly tasks that would improve my skills. This is when I would very specifically map out my workouts and mental drills and each day I would set certain goals to attain.

FINDING THE TIME

My second priority was to figure out how much time I had to devote to my short-term goals. Whether I had four hours a day or ten hours a week, I needed to get the most out of my available time. When I was playing racquetball, it was my job. So my time was unlimited to get done what needed to be done. But for most players, racquetball has to share time with jobs and other commitments. That's OK, as long as you are realistic in both your time frame options and expectations. The key to maximizing limited time constraints brings us to our third priority ... focus!

CONCENTRATE

No matter how much time you have to spend on getting ready for the nationals, if you focus 100% on whatever task you are doing, you will be much more effective than if you went at it half-heartedly for twice as much time.



Promotional photography depicting players without eyeguards is not taken under actual playing conditions. The AARA requires the use of approved eye protection in all sanctioned events.

When I am on the court practicing my racquetball skills, I work on being totally concentrated and hitting the shots perfectly. I focus on not letting my mind wander, and visualize on being more effective in a game situation. If my mind does wander, I'll stop and tell myself, out loud, "I will concentrate 100% on the next five shots." Then I'll do it again for the next five, and so on. Anyone can focus for short amounts of time. If you can string a bunch of those short times together, you've just accomplished a total focused workout. I do the same thing with my physical workouts. I tell myself before each hill, each sprint, each weight lift, each run, that I will go 100% of whatever my body will give. By doing this, I maximize the time I'm spending and it

helps eliminate those doubts that I should have done more and done it better.

Another thing I liked to do prior to a major championship was to go one step further than any of my opponents. You want an edge ... something that makes you feel like no matter how your competition prepares, you can do more. One of the things I've done in the past is to give up sweets and sugar for the one or two months prior to the tournament. The reason this was effective for me was because I crave sweets. I love sweets. I live for sweets! To give them up was a major sacrifice. It took a lot of discipline and dedication on my part to make this part of my routine. Because this was no easy task for me, it created a form of mental toughness and gave me the belief that no one else was working as hard or sacrificing as much as I was in order to prepare for the tournament.

Successful people aren't just lucky. Success usually comes from executing a well thought out plan. Set your goals, plan your time, always work at a 100% focused level and create discipline. Discipline breeds confidence. Confidence helps you play to your skill level. If you can play to your skill level, win or lose, you will feel a great satisfaction with the knowledge that you gave it your best shot.

HOW TO PREPARE FOR THE NATIONALS

*By Dave Peck
1982 National
Professional Champion*



Dave Peck, known as one of racquetball's premier players before he retired from the professional circuit a few years ago, is now Ektelon's western sales manager. Winner of the 1981 and 1982 Ektelon National Singles Championships, Peck still competes at the highest amateur level. He has also won eight AARA National Championships – three times in singles, and five times in doubles.

Oh, I can't believe I'm going to do this to myself ... that is, play in the Nationals. I need an appointment with my therapist.

Is this the feeling you get when you think about playing in the nationals? Then here's a few preparation tricks that have worked for me over the years. There are many, many ways of preparing for this type of event. Use any of the following ideas that make sense to you, then read as many different articles that you can find.

DEVELOP A WORK PLAN

First of all, develop a work plan. Many people go to the tournament without planning to succeed. This plan should include, first and foremost, working with your PARI certified teaching pro. Your

pro will be able to assist you in analyzing your overall game, and help you to improve at a faster rate by assigning drills and exercises that will upgrade your strokes, execution and overall conditioning.

Second, conditioning is essential. How you choose your conditioning is up to you, however, through my years of playing I have seen more players lose because of fatigue than being beaten by the opponent. So get into great shape – it will pay huge dividends.

DIAL INTO A COMPETITIVE MODE

Next, get into the competitive mode again by playing in leagues, shuttles, and especially tournaments. This will develop your mental and tournament toughness as well

TRANSITION RACQUET SPORTS

HOOGHE SAYS THE FUTURE LOOKS GREAT!

Interview by Mitch Meidl

Transition Racquet Sports is a fast growing company. Unique designs, catchy names and strategic marketing has made this corporation a major player in the racquet sports arena. I caught-up with company president, John Hooghe, to ask him how and why his new company is taking the industry by storm.



TRS President John Hooghe, wife Elaine, Cliff Swain and TRS Technical Staff.

Interviewer:

Q: How did it all start?

Hooghe: About three years ago, I noticed that racquetball was very stagnant. I felt the need for something new and exciting. It took a lot of work, but we finally came-up with Phase II, our first high-end racquet. We enjoyed terrific success. We eventually added five more racquets to the line. Phase II continues to be one of our best sellers. Its new 1994 paint job is the best graphics in the business.

Q: Tell me about the Bad Influence.

A: The Bad Influence is our top of the line racquet and designed for pure power. We used 100 percent cross layered carbon fibers to make it as stiff as possible. It's more tedious and time consuming to make, but the payoff is big. It rips!

Q: And Cliff Swain uses the racquet?

A: Yes, and he's the current and four time world professional champion. Cliff and I worked on the design together. It caters to his style of play.

Q: I have to know where the name came from.

A: Actually, the name was kind of a joke. We wanted to make a statement about being influential on the court, but we couldn't figure out how. Well, at that time, Cliff had an undeserved bad reputation. So, we decided to have some fun with those rumors. I want you to know that Cliff is truly one of the nicest guys, and best-all-around ambassador's in the sport today. Every sport could use a Cliff Swain.

Q: I also understand you have the current number one ranked amateur Women's Open player. And she is pretty close to you.

A: Yes, my wife, Elaine. She is currently ranked number one by the AARA. She is a seven time national champion and two time US Team member.

Q: Can she beat you?

A: (laughs) No comment!

Q: So, how's business?

A: Fantastic. Retailers tell us that, as a whole, the industry is down, which I don't understand. Our business is up! We're selling

sticks faster than we can get them in. We're about to introduce our new glove line and recently got into the string business. Our growth is steady, one step at a time.

Q: I understand industry legend Scott Winters is with you now.

A: Yes, Scott is doing a great job. He's our National Sales Manger. He's extremely well-respected by his peers.

Q: Any new racquet items on the board?

A: The new frame, to be out in the fall, is titled I.C.E. It's a cross between the Phase II and the Bad Influence, with an almost solid core frame. Super stiff and very powerful. It has a clear lacquer finish and you can see right into the carbon fiber.

Q: Now the big question: Where can the consumer find your products?

A: Our products are available at specialty shops and pro shops only. Frontier Pro Shop / Pacific Sports Warehouse is our only authorized mail order dealer. They can also be found at The Sports Authority. If a particular store doesn't handle the TRS racquet line, they can order it for you. Or call us. We'll give you the location of the nearest dealer to you.

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as expose you to a wide variety of players with different styles. This will help you adjust faster to a variety of players and game styles at the nationals.

So finally we're at the nationals. You walk around, wondering who all these players are and which opponent is yours. Try not to psyche yourself out before the tournament starts! Remember, everyone is just as nervous as you are, but most of them are not as prepared. Find out who your first competitor is, and if they have a first round match before yours, scout them. Look for strengths, but more particularly look for weaknesses or tendencies. Once you've checked out the competition, get out of the tournament facility. Hanging around the tournament site before you play fatigues you both mentally and physically.

MATCH PLAY

Here we go, time to start match play. Should I get sick now or later? The key here is to warm up physically and mentally. Try taking deep breaths to relax. Make sure to warm up before the match, and hit as long as you need to in

order to get your body totally prepared for this type of physical exertion.

During your match, concentrate on playing your game. You've heard this a million times ... but what does it mean? Basically, play your strengths, and isolate your opponent's weaknesses. Don't think about winning or losing. Play one point at a time. If you keep winning each point, sooner or later you'll score enough points to win the match.

Also, make sure that you observe what's happening during your match and make the necessary adjustments. Many players lock into a set game plan. Trust me, if you don't make the adjustments, your opponent will. Don't beat yourself. Concentrate on reducing the number of skip balls that you hit during a match, and always hit through your shots. I've seen players that are hitting through the ball great until the match gets tight. Then suddenly, they start trying to guide the ball and consequently leave their shots up for the set-up and lose the match. Hit through the ball whether the score is 0-0 or 10-10 in the tiebreaker.

Once you have won the match, don't discuss the tactics that you used. When I started playing the open division in Texas, many of the players would discuss how they beat me. I loved it because I would go back to the practice court and work on that specific weakness. Eventually I would play that opponent again – and I would usually win.

One down, who knows how many more to go? Make sure you cool down properly to relieve soreness. For me, the whirlpool has always been a lifesaver. It just depends on what you like. Also, check to see if your next opponent is still playing a match. If so, watch it, and then check to see when you play your next match. If it's later in the day, get out of the club.

Playing the nationals should be fun...however, it's a lot more fun to win than lose!



DIETRICH

PROPOSED RULE CHANGE #1: That only one serve (not two) be allowed in the *open* singles divisions.

REASON: Allowing only one serve has several advantages. It greatly speeds up the game. Something happens on almost every serve – unless there's a hinder, either a point is scored or the other player gets to serve. Fault serves are very boring and time-consuming. Because the likelihood of the one serve being an ace is greatly reduced (few persons will risk faulting and losing the serve), it's more likely that the one serve will be returned and a rally will result. Most observers agree that rallies are the most exciting and entertaining part of the game. The more rallies there are, the better.

This season's AARA Regional and National Singles events will use this special "one serve" rule in the Men's and Women's *open* divisions as a special rule modification. While the reason for doing this is to ensure that our very best "one serve" athletes qualify for international competition (where one serve already is the rule), it will give everyone a chance to try it and judge for themselves the positive effect of this rule change. Incidentally, the Men's Professional Tour uses only one serve and the players and spectators are very pleased with the results.

PROPOSED RULE CHANGE #2: What should happen if, under the proposed one serve rule, the serve is called a screen?

OPTION A - Declare it a fault serve (as currently is the case under the two serve rule) and call "sideout."

OR

OPTION B - Allow the server one more chance to serve the ball properly (making a second consecutive screen serve a sideout).

OR

OPTION C - Allow the server an unlimited number of chances to serve the ball properly (screening indefinitely).

REASON: **OPTION B** is the one that the AARA's Executive Committee seems to prefer. This is because it allows the referee to excuse one error, but puts the server on notice that his next serve better not be a screen or else he will be out. By the way, **OPTION C** is the one currently used by the men's pros and screen serves don't seem to be much of a problem.

THE FINAL SHOT: Players and referees alike can help reduce the time needed to play a match by honoring established time limits for time-outs and between games. While there is no set time limit on warm-ups, on-court warm-up should generally be limited to about five minutes, unless the match is starting early. Please do your part to help the abuse of time!





Black Knight

INSIGHT

By Luke St. Onge

In less than a year we will celebrate one of the single most important and exciting moments in our sport – when ten top racquetball athletes, five men and five women, represent the United States in the Pan American Games for the first time.

The Pan American Games will be conducted over fourteen days in March of 1995 and will feature 6000 athletes from 40 countries in this hemisphere. Held every four years, the Pan American Games are a festival of sport second only to the Olympic Games themselves.

Sixty percent of the athletes who compete in the Pan Ams next year will go on to compete

in the '96 Olympic Games in Atlanta. To be in that company represents a great day for our sport and our athletes.

In reflecting back on the quest for Pan Am recognition there were many who said, "It's not possible." "It's a pipe dream." "It's not important." Although they've been proven wrong, we still hear negative posturing from those who always see the glass as being half empty rather than half full.

And those doomsayers are still with us. I have even heard our efforts in the Olympic quest equated to our government's foreign aid policy – despite the fact that all funding for this effort comes either from the U.S. Olympic Committee itself or through direct fund raising in support of the Olympic ideal.

The opportunity to see racquetball athletes march in the Central American Games and the Central American Caribbean Games has given me great feelings of pride and joy in our sport and our country. Now it's the United States Racquetball Team's turn and I hope all of you are there to celebrate with us.

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R B : G L O B A L

GERMANY TAKES EUROPEAN CHAMPIONSHIP TITLE IN HAMBURG

The seventh European Championships welcomed teams from Greece and Austria as well as participants from Hungary for the first time – and the all-powerful German racquetball team also logged a first. They not only consolidated their position as a first-rate men's team in Europe, but for the first time ever captured the combined European Championship title at their home venue in Hamburg. A team with purpose and direction, they swept all opposition aside to retain their men's team title and go one step further.

The men's event was conducted in two divisions, with Germany placing first in Division

A ahead of Belgium and Greece. Ireland finished first in the Division B, two points in front of Holland and Austria. The final saw Germany beat Ireland 4-0 and complete the tournament without dropping a point. Belgium enjoyed one of their best ever European championships by beating Holland for third place and the bronze medals.

The introduction of Andrea Gordon, No. 1 player on the German women's team ensured that not only did they do well in the women's individual events, but amassed enough points to

knock Ireland off the pedestal as combined champions.

The women's team event was dominated by Ireland for the fifth straight year. While dropping points to Holland and Germany they finished four points ahead of Germany and Belgium, who again captured the bronze medals.

German dominance was again evident in the individual events where Joachim Loof retained his title with a comprehensive win over Jeroen van der Holst from Holland and Andrea Gordon defeated reigning title holder

Bobbi Brennan, Ireland in two straight games.

TEAM CHAMPIONSHIPS

-WOMEN 1. Ireland; 2. Germany; 3. Belgium; 4. Netherlands; 5. Great Britain; MEN 1. Germany; 2. Ireland; 3. Belgium; 4. Netherlands; 5. Austria; 6. Greece; COMBINED 1. Germany; 2. Ireland; 3. Belgium; 4. Netherlands; 5. Great Britain; 6. Austria; 7. Greece
RESULTS - WOMEN Semi-finals: Bobbi Brennan (Irl) def. Philomine van Pelt (Ned) 15-5, 15-8; Andrea Gordon (Ger) def. Marie Duignan (Irl) 15-11, 15-3; 3rd & 4th: Marie Duignan def. Philomine van

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Pelt 15-10, 11-15, 11-7; Final: Andrea Gordon def. Bobbi Brennan 15-10, 15-14.; MEN Semi-finals: Joachim Loof (Ger) def. Erland Schönberger (Bel) 15-10, 14-15, 11-4; Jeroen van der Holst (Ned) def. Trevor Hayter (Ger) 10-15, 15-9, 11-3; 3rd & 4th: Trevor Hayter def. Erland Schönberger 15-3, 15-3; Final: Joachim Loof def. Jeroen van der Holst 15-10, 15-6; WOMEN'S DOUBLES Semi-finals: Wannée/Baart de la faille (Ned) def. Brennan/O'Brien (Irl) 15-12, 15-11; Heffernan/Farrell (Irl) def. Carstens/Hönig (Ger) 15-14, 15-6; 3rd & 4th: Brennan/O'Brien def. Carstens/Hönig 15-12, 15-7; Finals: Heffernan/Farrell def. Wannée/Baart del la Faille 15-14, 15-9. MEN'S DOUBLES Semi-finals: Slattery/O'Callaghan (Irl) def. Matla/Schipperr (Ned) 15-12, 11-15, 11-7; Loof/Hayter (Ger) def. Schönberger/Devis (Bel) 15-12, 11-15, 11-9; 3rd & 4th: Schipper/Matla def. Schönberger/Devis 15-12, 11-15, 11-9; Finals: Loof/Hayter def. Solattery/O'Callaghan 15-14, 15-9.

A MAJOR INFLUENCE ON EUROPEAN RACQUETBALL

By René Henemann

Over the past few years the political situation in Europe has changed drastically. As it happened, no one could have predicted that this change would have a major impact on European racquetball.

The fact surfaced about two years ago when the United States decided to withdraw more than half its U.S. military forces from Europe. As a result, U.S. military installations have been gradually closed and Army and Air Force personnel are being re-assigned to missions back in the United States or elsewhere in the world. With this withdrawal of military personnel from Europe, many top U.S. racquetball players are moving away without being replaced by fresh players.

When racquetball was introduced in the late seventies, the support from experienced U.S. military racquetball players was a major contribution to the development of European racquetball. Not only did they share their technical skills and give tactical advice to beginning and talented racquetball players, but they also appeared as welcome competitors at tournaments around Europe. At the same time, many European players surely remember the unforgettable hospitality and friendship they received when they played at tournaments on American bases across Europe.

The Europeans learned a lot in those early days. At first we watched the U.S. players' performances and their spectacular rallies with admiration and amazement. Eventually we tried to copy those skills and then slowly we confronted them with what we had learned and mastered over the years.

Now, the fact that the US military installations are being closed and the U.S. is decreasing the numbers in Europe, means that we have to reassess the situation. First, we have to make up for the numbers and level of competition, by doubling our efforts to promote racquetball in Europe. Secondly, where military installations are being closed, racquetball courts should be

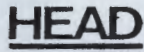
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Lucy and Karen Zachrisson are a mother/daughter team to be proud of. The two paired up to play doubles in the Central American Games in El Salvador in January, where they placed third. Their bronze medal was the first in history for the Guatemalan national team.

maintained and kept open. But, how can we achieve those goals in Europe?

To promote and develop racquetball we have to seek recognition nationally, try to reach sportive people in all age categories and introduce them to racquetball, focus on investors and existing sport facilities to expand with racquetball or build new racquetball clubs, and try to interest the media in racquetball. This way we can get growth, expand the sport and upgrade the competition.

To reach the second goal, national racquetball bodies should get in touch with the U.S. military command and/or local authorities to persuade them to maintain the sport facility, specifically the racquetball courts and have them opened for the local people! Together with the remaining Americans and local players these courts would be kept occupied.

I am sure that we all in Europe will miss the American military racquetball players and the competition. However we now have to accept the fact and look ahead! From this place I like to thank all the well known and regular U.S. players who helped to develop racquetball in Europe and for their contribution over the first 15 years of European racquetball.

A NEW WAY TO SUPPORT



Our group buying power pays off for you
You can now support our projects such as Olympic Dream and Junior National Team and save money on your long distance bill – at no cost to you. Our Members' Long Distance Advantage program saves you up to 25% on your long distance calls and a portion of each call goes to support AARA. There's no cost to join and there are no monthly fees. Take advantage of this new member benefit today.

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WOOD AND FEASTER WIN HIGH SCHOOL NATIONALS

Shane Wood of Auburn, Massachusetts and Shannon Feaster of Bolling AFB, Washington D.C., each took home first-time titles from the eighth annual Ektelon AARA U.S. National High School Championships, held at the South Hampshire Racquet Club in St. Louis in early March.

The event featured tough competition from across the country, and attracted its largest draw to date, with 147 participants from 57 different high schools in 22 states. And for the first time since the tournament was moved to St. Louis four years ago, the boy's team title went to an "outside" school - with a win by the Snider High School boy's team from Snider, Indiana.

Top-seeded going into the event, 1993 defending champion Jason Armbricht of Winston-Salem, North Carolina lost his bid for a second straight title in a tough semi-final tiebreaker against Eric Storey of Provo, Utah. But Storey could not manage another upset to claim the title, losing in the final to Shane Wood in straight games of 15-10, 15-10. Both Wood and Storey are current members of the national Junior Team USA.

Shannon Feaster of Bolling AFB, Washington D.C. proved she could fight her way to the top at a tiebreaking pace. Feaster first closed in on up-and-coming Rhonda Rajsich of Phoenix, Arizona 15-8, 13-15, 11-5 in their semifinal. Using well-executed shots and a high level of mental toughness, Shannon then proceeded to capture the title in another exciting tiebreaker against Sadie Gross of Apple Valley, Minnesota, 15-7, 10-15, 11-5. Feaster, also a member of Junior Team USA, is the current national and world junior champion in Girl's 16 and under division.

RESULTS--BOY'S SINGLES GOLD: Shane Wood (Auburn, Mass.) def. Eric Storey (Provo, Utah) 15-10, 15-10; **RED:** Brandon Henline (Georgia) def. Jer Bohnstedt (Snider, Indiana) 15-4, 15-8; **WHITE:** Brandon Wells (St. Louis, MO) def. Michael Baran (St. Louis, MO) 14-15, 15-3, 11-9; **BLUE:** Willie Tilton (Colorado Springs, CO) def. Brandon Terry (Roseburg, OR) 15-14, 9-15, 11-8. **GIRL'S SINGLES GOLD:** Shannon Feaster (Bolling AFB, DC) def. Sadie Gross (Apple Valley, MN) 15-7, 10-15, 11-5; **RED:** Lisa Tubbesing (St. Louis, MO) def. Erica Daniels (Calif.) 15-14, 15-11; **BLUE:** Alison Cremo (Calif.) def. Lisa Hailstone (St. Louis, MO) 15-1, 15-3; **WHITE:** Maggi Bruner (St. Louis, MO) def. Amy Kruse (St. Louis, MO) 15-2, 15-2. **Boy's Doubles:** Jaime Alexander (Texas)/Andrew Haywood (Texas) def. Tom Helfrich (St. Louis, MO)/Chad Stuber (St. Louis, MO) 14-15, 15-9, 11-6; **Girl's Doubles:** Katie Gould (St. Louis, MO)/Christy Gould (St. Louis, MO) def. Aimee Tackers (St. Louis, MO)/Ellie Blankenship (St. Louis, MO) 15-1, 15-2; **Mixed Doubles:** Sadie Gross (Apple Valley, MN)/Andy Gross (Apple Valley, MN) def. Colleen Maginn (Portage, WI)/Joe Maginn (Portage, WI) 9-15, 15-4, 11-4.

TEAM FINISHES--Boys: 1. Snider High School, Indiana, 2. Nacadoches High School, Texas, 3. Parkway West HS/St. Louis. **Girls:** 1. Nerinx HS/St. Louis, 2. Lafayette HS/St. Louis, 3. Mehlville HS/St. Louis. **Overall:** 1. Lafayette HS/St. Louis, 2. Apple Valley HS/Apples Valley, Minnesota, 3. Parkway West HS/St. Louis.

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A A R A • I N S U R A N C E • U P D A T E

Changes in the AARA secondary accident insurance policy for the coming year will include a \$4,000 deductible to be met by either you or your primary insurance carrier before coverage goes into effect. All injuries must be reported to the AARA Headquarters, rather than directly to the insurance provider.

SECONDARY ACCIDENT MEDICAL INSURANCE FOR ATHLETES

Insurance Company: John Hancock
Mutual Life
Insurance Company
Group Policy Number: 52-2000001-91
Certificate Number: 06910002
Who is Covered: Registered AARA
athlete members

Coverage Starts: Coverage is a benefit of membership, and begins upon receipt of the completed membership application form with appropriate fee.

Effective: Registered AARA athlete members are covered while 1) participating in competitions, meets or events sponsored or sanctioned by AARA, and 2) while participating in organized, scheduled AARA practice sessions.

Benefits:

- *Maximum \$25,000 per occurrence for medical expense
- *Maximum \$250 per tooth/\$1,000 per occurrence for dental expense
- *\$10,000 for accidental death
- *\$15,000 for dismemberment and loss of sight
- *\$10,000 for dismemberment, loss of a hand, a foot or sight of one eye
- *Deductible amount is \$4,000
- *Amount payable limited to medical/dental expense incurred within one year of the date

of the accident which exceeds the deductible amount.

Deductible: This program is secondary to other primary insurance in place through the athlete's employment, school, or family. The deductible is the greater of the total of other collectible benefits from primary insurance sources applicable to the injury, or \$4,000 or medical expenses where there is no primary insurance.

How to File a Claim: Upon notification of an injury, claim forms are sent to the injured party from the AARA Headquarters. Additional claim forms may be obtained by contacting AARA Headquarters. Completed claim forms should be submitted to the AARA for endorsement and verification of membership status.

LIABILITY INSURANCE PROGRAM FOR SANCTIONED EVENT SITES

Insurance Company: Fidelity & Casualty
Insurance Company
Policy Number: PLL 201503
Policy Dates: January 1, 1994 to
January 1, 1995
12:01 a.m. Mountain Standard Time

Limits and Sub-Limits of Liability:

- *\$1,000,000 for each occurrence
- *No Aggregate Limit
- *\$1,000,000 Products/Completed Operations Aggregate
- *\$1,000,000 Personal Injury/Advertising Injury
- *\$50,000 Fire Damage (any one fire)
- *\$5,000 Medical Expenses (any one person)

It is imperative that all incidents, no matter how minor, be reported immediately to Membership Director Kevin Joyce, at the AARA National Office, 1685 West Uintah, Colorado Springs, CO 80904-2921.

BOARD OF DIRECTORS ELECTION & RULE CHANGE BALLOT

BOARD OF DIRECTORS BALLOT: There are six (6) candidates (see info at right) for three (3) vacancies on the AARA Board of Directors. Vote for up to three of the following persons by placing an X on the line preceding their name.

- ☐ Michael Arnolt (IN)*
☐ David Hart (MN)**
☐ Sharon Rummel (CA)*
☐ Al Seitelman (NY)**
☐ Tim Storey (UT)*
☐ Carlton Vass (SC)*
 *Nominated by the Board of Directors
 **Nominated by membership petition

Member's legible signature required

Affix mailing label here ... ballot is not valid without label. Original ballot from magazine is required, photocopies of ballot are not accepted.

RULE CHANGE BALLOT: Refer to "What's the Call?" on page 53 for details on the proposed changes...

Proposed Rule Change #1

Only one serve should be allowed in the OPEN singles divisions

☐ YES
 ☐ NO

Proposed Rule Change #2 (assuming #1 is adopted)
With one serve, how should a screen serve be treated?

Option A—Declare it a fault serve and call sideout

☐ YES
 ☐ NO

Option B—Allow the server one more chance to serve the ball properly (a second consecutive screen serve would be a sideout)

☐ YES
 ☐ NO

Option C—Allow the server an unlimited number of chances to serve the ball properly (he/she can screen serve an unlimited #number of consecutive times)

☐ YES
 ☐ NO



ARNOLT

MICHAEL ARNOLT
Indianapolis, Indiana

The past three years on the Board of Directors has left me with a strong feeling of accomplishment.

Our publication, RACQUETBALL Magazine, has become the quality medium for all racquetball players. Membership Services, which deals directly with competitive players and their state organizations, has reached a highly professional, effective level.

Still, there is unfinished business which I want a hand in completing.

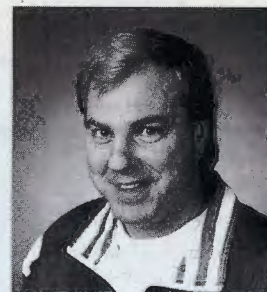
Establishing a stable fiscal base for our Association is my number one priority. My immediate objective centers around creating sound financial decisions and thorough accounting procedures. This will result in building equity that will ensure our tomorrow.

We have advanced toward, but not reached, goals in other areas which I see as important. Expanding the sport at the university level and implementing the AARA/IRSA club recreation program gives our sport the best opportunity for growth.

My philosophy has not changed. I favor an orderly development of the game, be it within the rules of the sport or expansion of our services. That takes focus, reacting without being reactionary and a willingness to examine and re-examine our direction.

This is my sport. As a player first, it is my hope to compete in a draw of 64 in the 75+ division, while the 19+ bracket is playing into a draw of 128.

Qualifications—Education: B.A. Journalism - Indiana University, Professional: Present - Business Consultant - Investor. Former - Corporation President; Club Owner; Newspaper Reporter. **Affiliations:** INSRABOARD of Directors: 1982 to present; current president, AARA Board of Directors: 1991 to present' 1984 - 1990; National Rules Commissioner: 1984 - 1988, Regional Tournament Director: 1983 - present. **Other Racquetball Experience:** Organized state, regional and other tournaments for the past 12 years, Administrator, AARA representative and seniors player at six international and South American racquetball competitions since 1985. Played racquetball for 18 years. Top-ranked masters player. Member of 5-



HART

person AARA task force evaluating state organization development.

DAVID HART
Columbia Heights, Minnesota

Throughout my years of playing and teaching racquetball, I have tried to encourage people to try our sport for fun and fitness.

I feel as though I have a well rounded background in the sport. This will enable me to make wise decisions as racquetball moves into the year 2000.

Racquetball has been an important part of my life. I have devoted myself to the promotion and growth of the sport.

When you cast your vote, please vote for Dave Hart. I will work hard for you and the sport of racquetball. Thank you!

Qualifications—My involvement in racquetball dates back to 1973. I currently serve as Vice President in charge of programs for the Minnesota State Racquetball Association. •I attended the AARA Leadership Conference in Colorado Springs this past January. I met many outstanding people from other states and gained valuable new ideas for promoting our great sport. •At our recent Minnesota Hall of Fame Banquet, I was presented with a Sports Achievement Award for outstanding dedication to the sport of racquetball both on and off the court. •I am the owner/operator of the Northeast Racquetball Club in Minneapolis, Minnesota. My club hosts nine sanctioned tournaments each year and encourages new players to participate in our sport. •My teaching experience dates back to 1974 when I was certified by APRO. I have given numerous clinics and exhibitions to promote racquetball. •I am sponsored by Spalding and feel I am respected by fellow racquetball players for my leadership, professionalism and loyalty to our sport.

SHARON RUMMEL
Watsonville, California

I would find great satisfaction in serving on the AARA Board of Directors so that I could continue to help promote and educate people on the sport of racquetball. Racquetball has given so much to me! Great friends and camaraderie, good health, an opportunity to see new places and meet new people, and valuable lessons in sports-

CLM _____ LOB _____ ECC _____



RUMMEL

manship, diligence, tolerance have all been generated by my participation in racquetball. It would truly be an honor to serve on the board and be a part of not only the "grass roots" movement, but to help advance the "Olympic dream" as well.

Qualifications—I have served for the past three years as Executive Vice President of the California Amateur Racquetball Association, a branch of the AARA. I have served my state by publishing and editing the newsletter, coordinating and producing the calendar of events, coordinating with AARA for site selection of regional events and other issues, serving on numerous committees, and by being responsible for all aspects of financial management and reporting. In 1991 and 1992 I attended the AARA Leadership Seminar which is held to focus on state and national programs and issues.

As Racquetball Director at our local club I coordinate clinics, lessons, tournaments and special events. I am a PARI certified instructor and actively participate in sanctioned tournaments.

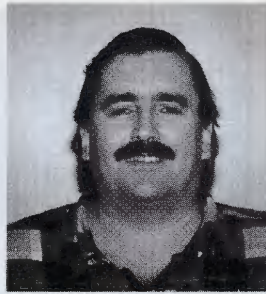
ALLAN SEITELMAN Smithtown, New York

While the question of "why I want to serve on the Board of Directors" could generate some very complex rationales, it is very simple for me to answer: I've played racquetball for over 25 years and I love the game.

I am proud that I have had the opportunity to play a role in the development of the sport from the original 50,000 players to its present popularity. My involvement covered many different aspects of the sport both at the local, regional and national level. My resume demonstrates both my commitment to the sport as well as my ability to get things done.

If re-elected to the Board, I pledge to continue to work as hard, if not harder, than in the past for the betterment of the Association, to aid in the growth of the sport and to work on having our sport accepted as an Olympic sport.

Your votes in the past have enabled me to serve you. There is still a great deal to accomplish. I ask that you allow me to continue to serve the AARA and you by re-electing me to the AARA Board of Directors. Thank you for your consideration.

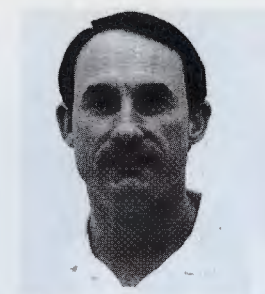


SEITELMAN

Qualifications—1994 will mark my 25th year of involvement in racquetball. Since 1978 I have had the pleasure to serve you as part of the AARA. Some of the key items from my resume which are listed below demonstrate both the abilities, experience and dedication I would bring, if elected to the Board of Directors. •Serving as President of the New York Racquetball Association for over 15 years. This is the longest period in AARA history. The membership increased from 300 to over 1,400 members during my tenure. •Elected three separate times to the AARA Board of Directors. Served as National Executive Vice President and Secretary. I have had the opportunity to help develop many of the positive steps the AARA has taken over the past decade. •Served as AARA Northeast Regional Director from 1978. •Served as Alternate Delegate from racquetball to the U.S. Olympic Committee House of Delegates for seven years. •Voted AARA Sportsman of the Year on two separate occasions - 1979 and 1983. •My professional position as Director of Grant Development, budgeting, and Procedures for a Department of Labor with a budget in excess of 20 million also provides me with the skills that are necessary to help the AARA continue to grow and develop.

TIM STOREY Provo, Utah

Racquetball has been an important part of my life since 1978. It has provided me with an opportunity to compete in a sport that I will be able to enjoy regardless of my age. Traveling to numerous state, regional, and national tournaments with my family has provided me with insight to the concerns of male and female players, from juniors to masters. Rac-



STOREY

quetball provides the opportunity for everyone to play competitively, travel and meet great people.

I have been successful in coordinating the implementation of numerous changes requested by the members of the Utah Racquetball Association. We have seen a strengthening of our organization and an increased involvement by our membership. I believe that the key to the successful future of the AARA is an active membership. It's up to you to insure the future of our sport. Please take the first step and get involved by voting for the nominees that will best represent your interest.

I would like to thank you for your consideration. I certainly hope that I will have the opportunity to demonstrate my capabilities and work with you to implement any changes that will insure the continued growth and success for racquetball.

Qualifications—My employment has required me to travel extensively throughout the Pacific Rim and Asia working with people possessing different cultures, interest, and who speak different languages. I feel this preparation will be a valuable asset in attempting to accomplish the objectives mandated by the membership. The AARA must continue to evolve and expand its programs in order to attract more active members. I believe that I can help implement the programs that will insure growth, financial stability, and the future of our organization.

CARLTON J. VASS
Charleston, South Carolina
I have attended a number of leadership seminars held in Colorado Springs (AARA Headquar-



VASS

ters) in which I was called upon for my expertise in insurance, finances, or other related fields. I feel that if I am elected, I can donate invaluable skills in managerial abilities to the board and the AARA.

I feel that I will be in a more intricate position to bring our sport of racquetball to the forefront of the Olympic movement by being on the Board of Directors. There are many racquetball players that know me as the type of person who makes things happen. I want to be a part of making the Olympic Dream a reality.

Being on the board will also allow me to help increase the participation of more women and juniors in racquetball, which I feel is crucial to our continued growth.

I have traveled extensively in the past few years across the U.S. and have met and made friends with all kinds of racquetball players, from the beginner, all the way up to professionals. I know what you want and expect from the board and the AARA. Allow me to be your voice on that Board.

Qualifications—Education: Degree - Business & Management, Trident Technical College, Charleston, SC. North Carolina Central Univ., Durham, NC. Professional: Entrepreneur - Owner of Financial Service Group - Sales and Service of Insurance, Investments, Tax Sheltered Annuities, Pension Plans and other financial products (11 years). Member of the International Foundation of Certified Employee Benefits Specialists. Currently enrolled in a self-study course toward a designation of CEBS (Certified Employee Benefit Specialist) through the Wharton School of the University of Pennsylvania. U.S. Air Force - Administrative Specialist, Accounting and Finance - Also was Airman of the Year, Charleston AFB, S.C. (1978). Other Racquetball Experience: Started playing racquetball in 1976, Refereed numerous matches at local, state, regional, national and at U.S. Olympic Festivals, Refereed nationally televised racquetball matches, Sponsored player by a major sports company, Racquetball Club Pro, Vice-president of S.C. Racquetball Association, Member of the National Rules Committee, Racquetball teaching instructor and member of PARI.



SHAFFER



SANFORD



BARROW



FENTON

RB:PEOPLE

YOUNGEST LIFETIME MEMBER

At three and a half, Kendra E. Shaffer is the AARA's youngest lifetime member. Kendra was signed up by proud parents, Cheryl Conrad and Richard Shaffer last month. According to her mother, who has been playing racquetball for 22 years, Kendra started getting into her racquetball bag when she could barely crawl, and has been at it ever since.

The Shaffers play on the courts at the fieldhouse at the University of Iowa. Kendra's two older sisters, Kristen, 8 and Kari, 6, are both learning to play racquetball and have gone to several tournaments. "They all know the importance of daily exercising, being physically fit, and being involved in many different activities," said mom, Cheryl.

They hope that the girls will one day attend a training camp at the Olympic Training Center in Colorado Springs.

SANFORD INTERNS AT NATIONAL OFFICE

The new year brought a new face to the national office – at least temporarily. The AARA's Media & Public Relations department was selected to participate in the Student Intern Program through the United States Olympic Committee for the spring semester. As a result, the office was fortunate in having Becky Sanford of Southern Illinois University in Edwardsville, Illinois accept the five-month position.

Becky is completing her Masters Degree in Marketing and Public Relations and has been a bright addition to our office. Many of the state directors met Becky at the Leadership Conference in January and her contributions to the Media Department and the AARA have been invaluable.

The AARA hopes to continue its involvement in the intern program, since our first, enthusiastic young addition to the office has already

proven to be indispensable. Becky will be with us through May and in June we'll have another enthusiastic intern to brighten our office over the summer.

BARROW JOINS WILSON ADVISORY STAFF

Wilson Racquetball recently signed Wayne Barrow to its National Advisory Staff. Barrow, a PARI Certified Professional, is the owner of ProSource, a racquet sports development firm that conducts racquetball camps and clinics throughout New England. A veteran of over a dozen years in the racquet sports industry, Barrow also provides teaching pro development and program development services for clubs, schools and other facilities. In New Hampshire he is a teaching pro at Hampshire Hill Sports and Fitness Club in Milford.

Territory Sales Manager John Jasinski says, "Wilson is very pleased to have Wayne join our Advisory Staff. His reputa-



tion, experience and professionalism will add to dynamic component to our grass roots promotional efforts and his input on development issues will be highly valued."

FENTON PLEASANTLY SURPRISED

U.S. national team member Laura Fenton received an uplifting surprise during her recent trip to the Olympic Training Center in Colorado Springs. Husband Mark sent a dozen long-stemmed roses directly to the club where he knew she'd be practicing for her upcoming Pan Am Trials appearance.

STATE DIRECTORS ATTEND LEADERSHIP CONFERENCE

The 11th Annual AARA Leadership Conference was held in Colorado Springs in January at the United States Olympic Training Center. Over 70 state directors and program officials attended the three-day conference, which is designed to provide volunteers with an update on AARA activities as well as a valuable forum for exchanging information with other state affiliates.

At the conference, nine states were awarded Olympic "USA" jackets and a certificate in appreciation for attaining 100% compliance in the

reporting of their 1993 tournaments. Congratulations to those states and their efficient directors: Juliet Campbell, Connecticut; Mark Shupe, Kentucky; Peggy Clark, Minnesota; William Gargan, New Hampshire; Lisa Gaertner, New Jersey; Gary Mazaroff, New Mexico; Susie Laurent, Ohio; Roger Flick, Utah and Tammy Fromel, Washington.

Also, congratulations go to the Indiana State Racquetball Association and Mike LaBonne, editor of their newsletter "Hoosier Racquetball," for winning the Penn Newsletter of the Year award. The bi-monthly INSRA publication was cited for excellence in both its frequency, content

and design. Florida, Minnesota, Ohio, New Jersey, Washington, and Michigan also received Penn bags for "above and beyond" publishing of six newsletters in 1993, or two issues over the quarterly requirement.

A special thanks to all the state directors and programmers for their numerous volunteer hours in promoting racquetball.

PAN AMERICAN QUALIFYING TEAM SELECTED

U.S. National Team Members chosen for Pan Am Trials

Ten members of the U.S. National Racquetball Team have been selected to represent the U.S. in next month's Pan American Games team trials in Buenos Aires, Argentina, March 26-April 2. The squad, made up of current world, national and Olympic Festival champions, will need to finish in the top ten in team competition in order for the U.S. to qualify for the 1995 Pan Am Games.

Heading the group will be current national singles and doubles champions Michelle Gould of Boise, Idaho and John Ellis of Stockton, California. Gould is a record holder, with five consecutive national singles titles to her credit, and also boasts the current national doubles title with partner Laura Fenton of Leominster, Massachusetts. At 21, Ellis also holds dual national titles, with '93 wins in singles and in doubles with partner Eric Muller.



***The assembled U.S. National Racquetball Team & Staff.
Photo courtesy John Foust.***

Also accompanying the squad to Argentina will be Head Coach Jim Winterton of Syracuse, New York and Assistant Coach Fran Davis of San Francisco, California. Assisting in management will be Team Leader Paul Henrickson of Millbury, Massachusetts and Team Manager Steve Lerner of Columbus, Ohio. AARA Executive Director Luke St. Onge and Associate Executive Director Jim Hiser of the national office in Colorado Springs will also be on hand for the competition.

PAN AM TRIALS TEAM

Men's Roster	Qualified
Mike Bronfeld (Sacramento, Calif.)	#2 National Singles
John Ellis (Stockton, Calif.)	#1 National Singles & Dbls
Jeff Evans (Kirkland, Wash.)	#1 U.S. Olympic Festival Dbls
Todd O'Neil (Dallas, Texas)	#1 U.S. Olympic Festival Dbls
Tim Sweeney (Chicago, Ill.)	#1 Intercollegiates, #3 Singles
Women's Roster	Qualified
Laura Fenton (Leominster, Mass.)	#1 National Doubles
Michelle Gould (Boise, Idaho)	#1 National Singles & Dbls
Cheryl Gudinas (Lisle, Ill.)	#1 U.S. Olympic Festival Singles
Robin Levine (Sacramento, Calif.)	#4 National Singles
Joy MacKenzie (San Diego, Calif.)	#1 U.S. Olympic Festival Dbls

PARI TIP: FORMULATING A GAME PLAN - PART III

*By Fran Davis
Assistant U.S. Team
Coach*

IN REVIEW

In Part One I gave you an overview and four key tips to consider when developing a workable game plan ... or the foundation of the game plan.

In Part Two I expanded on the 11 major areas of concern when developing your game plan such as the

1. Serve
2. Return of Serve
3. Racquet Prep
4. Shot Selection - tendency/predictability
5. Court Position
6. Power (animal) vs. control (dinker)
7. Righty vs. Lefty
8. Stroke - mechanics/footwork/ready position
9. Emotional State - body language
10. Quick (rabbit) vs. Slow (turtle)
11. Healthy vs. Injured.

Welcome to the best of the three part series on "Formulating a Game Plan," a major component of being successful.

In Part Three we'll address in more detail two key points mentioned previously: Have

one or two back up game plans; and Play with who you are that day!

I see sports, including racquetball, as an extension of life. To survive in this world of ours, one must be flexible and adaptable to the situation.



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*Fran Davis
U.S. National Team Coach*

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People who are rigid, have blinders on and are unwilling to make changes according to the conditions, probably will not make it in this world.

I am sure some of these situations have happened to you at one time or another. You plan a dinner, a bike ride, a movie or a vacation and something unexpected comes up and you are forced to change your plans. This is life ... things come up all the time and we need to accept them and go with the flow.

Just like life adjustments need to be made depending on the situation, sports are no different. Two examples come to mind that make the point about adjusting. The first is the recent Super Bowl between the Dallas Cowboys and the Buffalo Bills.

At half time, the Buffalo Bills were leading the Dallas Cowboys 13-6. No one knows what was said by Jimmy Johnson in the locker room, but major adjustments were made both physically and mentally in the second half to turn things around for the Cowboys. The results were astounding. The Bills did not score another point in the game and the Dallas Cowboys were victorious.

The second example was USA downhill skier Tommy Moe in the Olympics. Going into race day, after the practice runs, he was rated #4. But on race day, Moe came in #1 to bring home the gold medal. He made the necessary adjustments, both physically and mentally, to overcome the obstacles he faced during the trial runs ... the mark of a true champion.

Racquetball players should follow the same logical thinking. You must be able to assess the situation, analyze it and then adjust accordingly – that is why these two key points are so important:

1) Have one or two back up game plans just in case the first one isn't working ... adjust, adjust, adjust.

What happens if you recall having played someone before and they had trouble with your hard Z serve or your off speed drive serve? Or played too far forward and were vulnerable to the pass? When you meet them again, your initial game plan reflects those weaknesses and you hit them hard Z serves, off speed drive serves and pass them during the game. But you are shocked, surprised, and caught off guard when they no longer have trouble with any of these. Most of us at this point would panic and not know what to do. We would probably continue to use the original game plan since we had no back ups, and eventually lose. A back up plan (or two) helps in this situation – so at least you can put up a fight.

2) Play with who you are that day.

There will be days that you are on and more consistent than other days. When you are on - go for it - do what's working - don't change a winning game. But when you are off - adjust - change your game plan and your strategies so you can stay in the match and have a fighting chance.

Remember sports and life parallel each other. In order to make it in racquetball or life you must be able to be flexible and adaptable to the situation at hand. Take a moment to consider that you drive your car according to weather conditions so you don't get into an accident. Your reactions are different on dry and sunny days, or wet and rainy ones, or in a snowstorm. In the same way, sometimes you'll go up against an opponent who is quick or slow, a righty or lefty, tall or short, with power or control.

So develop a game plan or two depending on who you are playing that day (their strengths or weaknesses) and how you are playing that day (your strengths and weaknesses) and you will see the positive results add up.

Good luck in re-adjusting your thinking ... and have fun experimenting.



By
Connie Martin - PARI Commissioner

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CONGRATULATIONS NEW PARI MEMBERS

The following people completed the 2 day PARI Clinic/Exam in December and January. Congratulations to those who earned Level II Teaching Professional ranking: Rachel Gellman, (Albuquerque, NM), Pat Bernardo (Troy, NY), Steve Gloss (Buffalo, NY), Perry Lopez (New York, NY)

Others who completed the course and passed at Advanced Instructor or Instructor are: Chris Shaw (Oregon City, OR), Ron Liebelt (Vancouver, WA), Ray Clifford (Portland, OR), Scott Grunin (Pittsfield, PA), Brian Kowalewski (North East, PA), Mary McGinnis (Pittsfield, MA), Kirby Williams (Alb., NM), Paul Sullivan (Clovis, NM)

AMERICAS MOST WANTED: KEEPING YOUR COMPOSURE THROUGH ROLE-PLAYING AND VISUALIZATION

By Lynn Adams

Ifrequently hear racquet ball fans comment on the ability of the pros to consistently play well under pressure. How do they stay calm when most people would be nervous?

Well, there is no miracle answer, but there are ways to work to achieve that goal for yourself. One great difference between your type of practice and that of a pro is that the pro's practice is geared specifically toward tournaments. Let's put physical skills aside and look more at the mental approach to the game.

Whatever your skill level, it would be reassuring to know that you could maintain that skill level consistently.

But perfection, when you want it, is not guaranteed from any sort of drill or practice, although role-playing and visualization can help you calm down and play to your maximum skill level.

Basically, players visualize their game and skill level in either a positive or negative manner. Many players are extremely hard on them-

selves. You see examples of this negative visualization when players yell at themselves or hit their racquets against the walls. These negative actions hurt a game more than help.

Visualization

You need to work at developing a positive view of your game from the first day, an approach I've used to win! I have learned how to play whole matches in my mind before the game and I see myself hitting without hesitation, being quick, keeping calm and winning. But, believe me, learning this visualization skill has taken concentrated effort.

It all started when my coach asked me if I could see myself hitting a forehand. I tried it, and realized I couldn't. For a long time I tried to imagine myself outside the court, looking in at myself. I tried to see myself the way others would see me, but I couldn't do it. I still can't. You never see yourself playing unless it's on video. That's why we're all so shocked to see ourselves on TV, because we never look the way we think we do.

Anyway, I gave up on that and tried visualizing myself on the court, feeling smooth and seeing everything with the perception that I see when I'm actually playing. I could do that and found it really exciting. At that point, I started seeing myself hitting solid shots in the middle of my racquet. No matter what position I was in, I would hit my sweet spot.

You might want to start out by visualizing a drop and hit shot. Drop the ball and hit it straight, solid and low. Don't visualize a skip ball; be positive and hit a good kill or pass shot. If you have a problem seeing yourself doing this it may be because you haven't seen enough good players. You have to have some idea of what the shot should look like or feel like, so go and watch players with good, solid strokes. Looking at your stroke in a mirror also helps you form a picture in your mind of what you look like. Whatever your style, make your mental image positive.

After you can visualize a drop and hit, see yourself in a rally. See yourself up on your toes, ready to move quickly in any direction and in control of the situation. See yourself moving to the ball, setting up properly and taking a solid hit. You don't have to score right away. See yourself in long rallies, moving your opponent around, as well as in short quick rallies.



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A common problem among most players is nervousness or the lack of control over it. We get very emotional when competing and that creates all sorts of problems. If you want to see yourself in control of your own emotions, it must be done before you ever walk onto a court. You can't do it effectively in a pressurized situation.

So, in your mind, put yourself at the start of a match and calm down, so that you're breathing normally, feeling good and your strokes are smooth. Put yourself in many situations and come out calm in all of them. Do this over and over until you can see and feel it clearly. Progress until you can play a whole match in your mind.

This gives you an idea of how to visualize. It takes time and practice, but it pays off. Like any other drill you do, if you cheat or rush

through this exercise, it will do you no good at all.

Role Playing

Role-playing goes hand-in-hand with visualization and you add the dimension of writing to it. I do a lot of role-playing and it helps me a lot. Role-playing is planning ahead for what might happen. I put myself into different situations and think of as many different possibilities to that situation as I can. Then I figure out how I would want to react to each possibility.

For instance, I'm in a close tiebreaker and my opponent goes for a shot and gets it on two bounces. She doesn't call it and neither does the ref. I lose the rally and appeal. Since line judges are split in what they saw, she gets the point. In my mind I know she cheated. That's my situation. Now I go through the possible reactions.

First, I get very angry and confront her. She just smiles and turns away, which heightens my anger. Knowing how I react, if I get too upset, I will dump the next shot and lose another point. That's definitely not a good solution.

Next, I could ignore it, figuring it's part of the game and out of my control and go on to play the next point. I could calmly express to my opponent that it's too bad her confidence in winning is so low that cheating is necessary to score points. That's usually a good way to make my opponent feel guilty. If the crowd saw her cheat, I could get them in on making her feel badly. I could yell at the ref for making a lousy call, etc.

There are always options available. By thinking of them in advance, I choose how I react. That doesn't mean I'm always in control of every situation, because I'm definitely human, but I am in control most of the time.

In case you're wondering which option I would have chosen in the given example, if I

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were in total control of myself, I would say the line about not having confidence. But that's effective only if I can say it without hostility and if I truly feel sorry that my opponent had to stoop to that level. Otherwise, I'd ignore it and concentrate on the next rally. I want to do what's necessary for me to score that next point.

Another form of role-playing is to place yourself in specific shot situations. It's 10-10 in the tiebreaker and I have a ceiling ball that comes up short and I have the opportunity to shoot the ball. What shot do I hit? Be sure to thoroughly define the situation. Where is my opponent? How fast is she/he? Who has the momentum? Whose serve is it? How have I been hitting the last four or five shots?

By playing these pressure points in advance, over and over in different ways, they are a little less scary when they actually happen. If you wait until it's actually 10-10 before you ever think about what shot you should hit, you'll tense up and miss whatever you try. Think about it in advance.

I role-play all sorts of things, on and off the court. Something I think is important is being a gracious loser as well as winner. You can throw your tantrums when you're alone, but not in front of a crowd. So, I role-play losing a match I wanted to win very much and practice controlling my temper. I'll role-play a victory speech so I don't forget to thank someone who is important, and I role-play a game in front of a crowd that wants me to lose. There are so many situations that come up in competition, and the more prepared you are, the better you'll handle yourself.

Where does the writing come in? I write a lot of this down on cards and take them to my matches. I'll write down my game plans (played out in advance), write down my opponent's strengths and weaknesses, write down my playing goals, i.e., always be aggressive, hit through the ball, tentativeness will make you lose a point, etc.

I also write down tendencies of mine when I let the pressure get to me. That way I can go to my cards and let them remind me of things, because when I start losing it in a match, I forget lots of things, and having thoughts written down in advance helps me focus and calm down. It helps me concentrate on positive things instead of getting upset about losing a game, a point or my cool.

Also, writing helps me pull all my thoughts together. It makes me concentrate on racquetball and what I'm trying to accomplish and tune out everything else. That in itself is a fantastic role-play for a match. When you're playing a match, you want to be able to tune out all distractions and focus on playing the ball. I think one of my strong points is being able to concentrate totally for long periods of time. I can tune out a whole crowd or comments an opponent may make, to the point

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where I actually don't hear them. I'll hear a general murmur-type noise, but it's quiet, and I can't hear specific words.

I know I'm able to do that, because visualization and role-playing take a lot of concentration. When you get to the point where you can concentrate long enough to visually see yourself play a whole game, you're well on your way to being able to do that in an actual tournament.

To me, the real joy of playing racquetball comes when you get past the physical aspect of the game. When I'm able to take my physical game and make it better by using my head, that excites and inspires me to get even better. I realize that it's hard to concentrate on anything else when your main concern is just getting the ball to the front wall, but these

ADAMS-CLAY



techniques are to be used before you walk onto the court.

If you feel you're not ready to do these types of things yet, that's fine. Whenever you try it, do it with energy and do it for a while. Don't try it once, get frustrated and quit. The mental side of the game takes practice just like your forehand or serve. It's no different, and patience will reward you.

WHAT'S THE CALL?

By Otto Dietrich

AARA National Rules Commissioner

CAST YOUR VOTE ON PROPOSED RULE CHANGES!!

At its Fall 1993 meeting, the AARA Board of Directors decided that a proposal to allow only one serve in the *open* divisions had sufficient merit to be given additional consideration. Adoption of the rule might also necessitate a change in the screen serve rule.

The opinions of the general membership are an important part of the rule change process. The board will consider the results of voting by the membership and any opinions members express at the May 1994 meeting when the board will vote as to whether these rule changes should be adopted.

The actual ballot, which appears on page 60, offers you a chance to express your feelings about the proposals. Please take time to vote!

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3. Art Johnson, CO
4. Jerry Stoltmann, WI
5. Ron Adams, CA
- 6T. Terry Lauritsen, NM
- 6T. Jim Wilking, UT
8. Lou Yarbrough, VA
- 9T. Paul Banales, AZ
- 9T. Paul Becker, MI

Men's 60+

1. Don Alt, FL
2. Paul Banales, AZ
- 3T. Lynn Hahn, MI
- 3T. Dan Llacera, Sr., NY
- 3T. Don Maxey, MO
- 3T. Bert Shulimson, IL
- 7T. Red Horton, CO
- 7T. Fintan Kilbride, Canada
- 7T. Bill Reese, TX
10. John Bogasky, VA

Men's 65+

1. Joe Lambert, TX
2. Mal Roberts, FL
3. Philip Dziuk, IL
4. Glenn Melvey, ND
5. Earl Dixon, IN
- 6T. J.D. Driver, MI
- 6T. Fintan Kilbride, Canada
- 8T. Earl Acuff, NC
- 8T. Tony Duarte, CA
10. Donald Grieve, IL

Men's 70+

1. Nick Sans, CA
2. Earl Acuff, NC
3. William Matotan, NM
- 4T. Fred Rappoport, FL
- 4T. C. Allen Shepherd, MD
- 4T. Cam Snowberger, PA
- 4T. Luzell Wilde, UT
8. Robert McAdam, TX
9. Don Goddard, MT
10. Bernard Cramer, RI

Men's 75+

- 1T. Charlie Russell, CA
- 1T. C. Allen Shepherd, MD
3. Luzell Wilde, UT
4. Jack Daly, VA
5. Andy Torzzi, MA

6. Daniel Lyons, LA
- 7T. Earl Acuff, NC
- 7T. Ed Hagen, AZ
- 9T. Ralph Greco, FL
- 9T. Sol Kay, NY

Men's 80+

1. Jack Daly, VA
2. John Pearce, TX
3. Howard Hesse, AZ

WOMEN

Women's Open

1. Lorraine Galloway, NY
2. Kim Russell, GA
3. Tanya Spangler, CA
- 4T. Rachel Gellman, NM
- 4T. Michelle Gould, ID
6. Elaine Hooghe, OH
7. Dana Sibell, MN
8. Leesa Smith, ME
9. Ellen Crawford, NY
10. Malia Bailey, VA

Women's A

1. Grace Hastings, TX
2. Bridget Barron, TX
3. Claudia Andrade, FL
4. Vicky Savin, NY
5. Jessi Slaughter, SC
6. Helen Thomas, NJ
7. Sue Patterson, GA
- 8T. Pam Benson, MN
- 8T. Nancy Bostrom, IN
10. Laura Rogers, TX

Women's B

1. Cheryl Gistand, TX
- 2T. Laura Brandt, FL
- 2T. Shelley Jafferis, AR
- 2T. Jan Nick, LA
5. Pat Harder, CT
6. Joanna Boyte, NC
- 7T. Wendy Chesters, NE
- 7T. Mandi McClure, GA
9. Sherry Mullins, NY
10. Justine Bednarski, NJ

Women's C

- 1T. Martha Allen, NM
- 1T. Teresa Buck, AR
- 1T. Krista Moyle, NE
4. Judy Cummings, NC
- 5T. Karla McVey, NJ
- 5T. Nancy Page, FL
- 5T. Cheri Prickett, AR
8. Paula Burns, CA
9. Carrie Landry, LA
10. Bettina Beveney, NY

Women's D

1. Erin Burns, NM
2. Virginia Corcoran, MA
- 3T. Jen Mayadas, NY
- 3T. Jana Moore, AR
- 5T. Sharlene Henry, FL
- 5T. Barbara Limehouse, SC
- 5T. Jean Staley, IN
- 8T. Sandra Allen, AR
- 8T. Lizzette Bonachea, FL

NATIONAL RANKINGS

8T. Molly Jauregul, ID

Women's Novice

1. Starr Welty, NM
- 2T. Kim Gurnett, MA
- 2T. Camille Hatcher, FL
- 2T. Chris Levitt, NJ
- 2T. Jenn Sulim, NY
6. Carol Buckley, NY
- 7T. Ana Barraza, NM
- 7T. Julie Giuffridi, NY
- 7T. Jane Gray, DE
- 7T. Kelly Griffiths, AR

Women's 19+

1. Rachel Gellman, NM
2. Amy Kilbane, OH
- 3T. Cheryl Gudinas, IL
- 3T. Tanya Spangler, CA
5. Ellen Crawford, NY
6. Renee Lockey, CA
- 7T. Heather Dunn, MA
- 7T. Lorraine Galloway, NY
- 9T. Diane Gronkiewicz, IN
- 9T. Jen Yokota, MO

Women's 25+

1. Lorraine Galloway, NY
2. Kersten Hallander, FL
3. Megan O'Malley, IL
4. Rhonda Pannell, TN
5. Kelli Peifer, MN
6. Julie Decker, FL
7. Naomi Morgan, TX
- 8T. Donna Beldring, NM
- 8T. Carrie Healy, TN
10. Victoria Aguilar, CA

Women's 30+

1. BJ Ehrgott, CT
2. Laura Fenton, MA
3. Mary Bickley, PA
4. Karin Sobotta, PA
5. Janet Tyler, FL
- 6T. Megan O'Malley, IL
- 6T. Shawn Williams, CO
8. Annie Muniz, TX
- 9T. Debra Bryant, NC
- 9T. Lisa Gaertner, NJ

Women's 35+

1. Susan Pfahler, FL
2. Linda Moore, NE
3. Debbie Tisinger, CA
- 4T. Roz Petronelli, MA
- 4T. Val Shewfelt, UT
6. Mary Shaffer, VA
7. Mary Beke, AZ
8. Peggy Ludwig, OH
9. Don Moss, FL
10. Teresa Mayes, TX

Women's 40+

1. Joanne Pomodoro, MA
2. Gerri Stoffregen, OH
3. Janell Marriott, RI
4. Janet Myers, NC
5. Willie Grover, GA
- 6T. Dorothee Buchanan, UT
- 6T. Gail Woods, LA
- 8T. Holly House, WI
- 8T. Janet Insko, MI
10. Deb Gridley, CO

Women's 45+

1. Agatha Falso, FL
2. Bev Powell, IL
3. Linda Miller, IN
4. Margaret Hoff, IL
- 5T. Paula Sperling, NM
- 5T. Gerri Stoffregen, OH
7. Kendra Tutsch, WI
- 8T. June Riggs, TN
- 8T. Pat Tarzon, IL
10. Gwen Benham, AR

Women's 50+

1. Sharon Hastings-Welty, OR
2. Mildred Gwinn, NC
3. Sylvia Sawyer, UT
4. Nidia Funes, CA
5. Pauline Kelly, IL
6. Nancy Loomis, VA
7. Lola Markus, IL
- 8T. Kathy Mueller, MN
- 8T. Jean Tull, VA
10. Jessica Schreier, FL

Women's 55+

1. Kathy Mueller, MN
2. Jo Kenyon, FL
3. Jean Tull, VA
4. Joanna Raida, PA
5. Helen Dunsmoor, ID
6. Mary Walker, CA
7. Annabelle Kovar, NE
8. Susan Embry, CA
9. Marion Crawford, NY
10. Marilyn Brandt, LA

Women's 60+

1. Jo Kenyon, FL
2. Lola Markus, IL
3. B.G. Railey, TN
4. Judy Fetherston, NM
5. Mary Low Acuff, NC
6. Reta Harring, WI
7. Phyllis Melvey, ND
- 9T. Mary Jo Kreie, AR
- 9T. Jane Peterson, FL
10. Rosemary Ferris, CO

Women's 65+

1. Mary Low Acuff, NC
2. Phyllis Melvey, ND
3. Dorothy Vezetinski, WA
4. Reta Harring, WI
5. Elsie Cobb, TX

Women's 70+

1. Mary Low Acuff, NC
2. Pete Jones, CT
3. Eleanor Quackenbush, OR

Women's 80+

1. Zelda Friedland, NM

BOYS

Boy's 8 & Under

1. Brandon Shoemaker, OH
2. Steven Klaiman, TX
3. Jon Hellner, OR
4. Ben Weaver, AL
- 5T. Roy Lee Luna
- 5T. Geoffrey Mora, CA
- 5T. Brent Schulenberg, MN
8. Ryan James, WI
9. Tyler Hollingsworth, OR
10. Clay Burris, FL

Multi-Bounce

1. Brandon Shoemaker, OH
2. Steven Klaiman, TX
3. Roy Lee Luna, NM
4. Ryan James, WI
5. Brad Slocum, FL
- 6T. Jon Hellner, OR
- 6T. Tyler Hollingsworth, OR
- 6T. Geoffrey Mora, CA
- 6T. Brent Schulenberg, MN
10. Matthew Hammond, OH

Boy's 10-

- 1T. Jim Gooden, TX
- 1T. Jack Huczek, MI
3. Juan Martinez, IL
- 4T. Bart Crawford, OR
- 4T. Josh Epstein, NY
- 4T. Adam Marmurek, AL
- 7T. Bo Galbreath, NM
- 7T. Matt McElhiney, FL
- 9T. David Foye, MD
- 9T. Joe Roth, PA

Boy's 12-

1. Jeffrey Garner, AL
2. Gabe Gose, NM
3. Jason Jansen, ND
4. Shane Vanderson, OH
5. Ryan Staten, KS
6. Justin Carey, NY
7. Brandon Friend, NY
8. David Pearson, WI
9. Seth Taylor, IN
10. David Liakos, NE

Boy's 14-

1. Jed Bhuta, AL
2. Ben Williams, NY
3. Rocky Carson, CA
4. Sam Ryder, WI
- 5T. Bucky Freeman, TX
- 5T. Trevor Larson, MN
- 5T. Ryan Staten, KS
- 5T. Willie Tilton, CO
9. Brent McDade, TN
10. Brit Berkey, IN

Boy's 16-

1. David Hamilton, OH
2. Eric Storey, UT
3. Erik Ekman, MA
- 4T. Chris Choukalas, AZ
- 4T. Mark Hurst, FL
- 4T. John Stanford, Jr., FL
- 7T. Aaron Granberg, WI

- 7T. Evan Pelkowski, WI
- 7T. Tony Puggioni, NY
10. Drew McElwee, PA

Boy's 18-

1. Jason Armbricht, NC
2. Sudsy Monchik, NY
3. Toby Lepera, IN
- 4T. David Hamilton, OH
- 4T. Craig Rappaport, PA
- 4T. Shane Wood, MA
7. Tom Helfrich, MO
- 8T. Shane Dodge, ID
- 8T. James Mulcock, NM
10. Andy Gross, MN

GIRLS

Girl's 8 & Under

1. Kimberly Irons, OH
- 2T. Leslie Luna, NM
- 2T. Kimberly Markins, AZ
- 4T. Jesi Fuller, NM
- 4T. Melissa Jones, FL
6. Lindsey Fuller, TX

Multi-Bounce

1. Kimberly Irons, OH
2. Melissa Jones, FL
3. Kimberly Markins, AZ
- 4T. Leslie Luna, NM
- 4T. Feliciano Moreno, WI
6. Jesi Fuller, NM
7. Suzy Corgiat, CA
8. Ashley Mora, CA

Girl's 10-

1. Melanie Mueller, CO
2. Rebecca Dolloff, NM
- 3T. Molly Law, CO
- 3T. Kristina Matchett, OR
5. Kristen Walsh, UT
6. Kimberly Irons, OH
7. Morgan Rainey, AZ
8. Eve Bateman, PA
9. Kimberly Markins, AZ
10. Margo Rainey, AZ

Girl's 12-

1. Sara Boriand, IA
2. Lindsay Sears, IN
3. Kristen Walsh, UT
4. Brooke Crawford, OR
5. Sharon Lacher, MD
- 6T. Eve Bateman, PA
- 6T. Brittany Morris, AL
- 8T. Becki Bowman, IN
- 8T. Rebecca Dolloff, NM
10. Megan Bals, NE

Girl's 14-

1. Vanessa Tulao, TN
2. Rhonda Rajsich, AZ
3. Melisa Boyd, UT
4. Erin Frost, OR
5. Katie Gould, MO
- 6T. Leslie Buschbom, GA
- 6T. Colleen Maginn, WI
8. Erin Burns, NM
9. Jill Brittain, OR
10. Jill Baer, MD

Girl's 16-

1. Shannon Feaster, DC
2. Sadie Gross, MN
3. Debra Derr, FL
- 4T. Andrea Luque, GA
- 4T. Karri Rogers, WY
- 6T. Adrienne Bennett, DE
- 6T. Melisa Boyd, UT
- 6T. Erin Burns, NM
- 6T. Colleen Maginn, WI
10. Alison Cremo, CA

Girl's 18-

1. Kerri Stoffregen, OH
2. Tammy Brockbank, ID
- 3T. Andrea Beugen, Mn
- 3T. Jenny Meyer, CO
5. Stephanie Torrey, MA
- 6T. Mindy Duff, IN
- 6T. Shannon Feaster, DC
- 6T. Cathy Tellier, NM
- 9T. Dawn Gates, IL
- 9T. Kayla Harvey, WY

WHEEL CHAIR

1. Chip Parmelly, CA
2. Gary Baker, IN
3. David Kiley, CA
4. Les Gorsline, WI
5. Steve Kuketz, MA
6. Audie Kemp, IN
7. Marc Fenn, IN
- 8T. Wayne Dake, WI
- 8T. George Norton, MA
10. Joe Soares, FL

DEAF

Men

1. Victor Peterman, OH
2. Joseph Valentine, OH
3. Frank McDonough, IL
4. Wayne Delatte, WA
5. Scott Kramer, CA
6. Michael Russo, CT
7. Frank Coenen, NY
8. Richard Nell, WI
9. Greg Brown, AZ
10. Mike Novak, IL

Women

1. Karen Rubenezer, IL
2. Barbara Cassin, CT
3. Mindy Hopper, NY
4. Tara Miller, WI
5. Debra Nell, WI
6. Laura Salvato, IL
7. Lynn Kizner, NY
8. Cathy Oshrain, FL
9. Janet Seivert, WI
10. Patricia Youhn, IL

Rankings dated February 14, 1994

RACQUETBALL

TRANSITION
Racquet Sports

TRANSITION
Racquet Sports 1-800-473-4425

MARCH

March 18

B-C-D Round Robin
Brighton Athletic Club
Brighton, MI

Butler Open
Butler Racquet Club
Butler, PA
412/285-5775

Dayton Area R/B Tourney
Congress Park Athletic
Club—Centerville, OH
513/435-4875

Endless Mountain Open
Shadowbrook Resort
Tunkhannock, PA
717/836-2151

Harbour Isle Open
Harbour Isle Athletic Club
Tampa, FL
813/229-5062

Intercollegiate Regionals
Albany Court Club
Beverly, NY

Luck O'The Irish Open
Tilton Athletic Club
Pleasantville, NJ
201/444-0859

Luck of the Irish
Regency Courts
Wilson, NC
919/291-7675

Open Tournament
Stonebrook Racquet Club
Winchester, VA
703/662-7546

Shamrock Shootout
Cut Bank Civic Center
Cut Bank, MT

Spring Classic
Downtown YMCA
Louisville, KY
502/587-2352

Tallmadge Kiwanis Classic
Tallmadge Fitness Center
Tallmadge, OH
216/633-2133

WAMBO
Supreme Court
Madison, WI
608/274-5080

Women's Only Pro-Am
NEHR at Bristol
Bristol, CT
203/248-6634

11th Annual Benefit for
UCP @ Suburban R/B &
Swim Club—Rockville, MN
612/251-3965

AARA Adult Regionals
Solano Athletic Club
Fairfield, CA
707/429-4363

AARA Adult/JR Regional #6
@ Town & Country Racquet
Club—Town & Country, MO
314/965-7783

AARA Adult/JR Regional 13
@ Wyoming Athletic Club—
Casper, WY
307/265-6928

Nebraska State Singles
Sports Courts of Lincoln
Lincoln, NE
402/423-2511

March 22
Utah State Singles
Sports Mall
Murray, UT
801/261-3426

March 23
Colorado State Singles
Aurora Athletic Club
Aurora, CO
303/699-3331

March 24

State Singles Tune-Up
The Alaska Club
Anchorage, AK
907/337-9550

AARA Metro Regional #8
Glass Court Swim &
Fitness—Lombard, IL
708/629-3390

March 25

Coors Light All Doubles
Waycross Athletic Club
Powell, OH
614/548-4188

Coors Silver Bullet
Johnson City Racquetball
Johnson City, TN
615/282-3091

Get A Grip
Spa Fitness Ctr.
Watsonville, CA
408/722-1463

Greenbriar Classic
Greenbriar Athletic Club
Indianapolis, IN
317/257-3261

Hot Shots
Goosetown Rac & Health
Club—Anaconda, MT

Miller Lite Open
La Cancha A.C.
Napa, CA
707/252-8033

New York City R/B Series
#4 @ BQE Fitness & R/B
Club—Woodside, NY
718/726-4343

Racquetball One Finale
Michigan Athletic Club
Lansing, MI
616/956-0550

Robious Spring Open
Robious Sport & Fitness
Richmond, VA
804/330-2222

NATIONAL CALENDAR

Spring Classic
Sports Club of Asheville
Asheville, NC
704/252-0222

St. Paddy's Day Open
Riverview Racquet Club
Eastlake, OH
216/942-5613

AARA Adult Regional
The Track & Racquet
Fayetteville, NY
315/446-3141

AARA Adult/JR Regional #3
Highpoint Athletic Club
Chalfont, PA
215/723-7356

Alabama State Singles
Court South Rac & Fit
Center
Birmingham, AL
205/823-2120

Louisiana State Junior
Championships
Franco's Athletic Club
Mandeville, LA
504/845-2639

Maine State Singles
Fitness Forum
Sanford, ME
207/324-1154

3rd Annual Mustang Open
Premier Club
Dallas, TX
714/891-6600

30+ Championships
Bellevue Athletic Club
Bellevue, WA
206/455-1616

*5th Annual Sports Unlim-
ited Open @ Tampa*
Interbay YMCA
Tampa, FL
813/839-0210

March 26
Mathisen Tire Tournament
Supreme Courts
Virginia, MN
218/749-8318

AARA Junior Regionals #14
Modesto Courtroom
Modesto, CA
209/522-9498

5th Ann. 4-Way Fitness R/B
4-Way Fitness Center
Fallon, NV
702/423-4832

APRIL

April 1
Nathan Deer (2nd Annual)
Clarksville Athletic Club
Clarksville, TN
615/645-4313

San Lando Spring Fling
San Lando Park
Altamonte Springs, FL
407/869-5966

April 5
Deseret Gym Open
Deseret Gym
Salt Lake City, UT
801/359-3911

April 7
Adult Regional/WPRA Stop
Sportslife Club Cobb
Atlanta, GA
404/636-7575

April 8
Capitol Courts Open
Capitol Courts
Carson City, NV
702/882-9566

Coors Light Series
Sawmill Athletic Club
Powell, OH
614/548-4188

Ektelon Championship
Classic Athletic Club
Lyndhurst, NJ
215/723-7356

Fool's Day Folly
Tri-City Court Club
Kennewick, WA
509/783-6503

Lincoln City Championships
Cottonwood Club - Lincoln
Lincoln, NE
402/475-3386

Old Mill Open
Old Mill Health Club
St. Johnsbury, VT
802/748-5313

Omaha City Championships
Sports Courts - Omaha
Omaha, NE
402/339-0410

Pro Kennex Series/Courtesy
Sports @ Schoeber's
Fremont, CA
415/968-7970

Quad West Spring Classic
Quadrangle West Athletic
Club-Clearwater, FL
813/535-4901

Shoot For the \$\$\$
Northeast Racquetball Club
Colonial Heights, MN
612/572-0330

Spring Crasher
Courts Plus
Jacksonville, NC
919/346-3446

Spring Stinger
South Hampshire
St. Louis, MO
314/353-1500

The Bayou Open
The Houstonian Club
Houston, TX
713/683-6847

Wisconsin State Singles
TBA - WI
414/255-7751

Women's Downeast
Racquetball International
No. Windham, ME
207/892-3231

13th Michiana Open
Pro Health
Mishawaka, IN
219/259-8585

Montana State Singles
Billings Athletic Club
Billings, MT

AARA Adult Regionals
Los Caballeros Sports
Village-Fountain Valley, CA
714/435-1850

AARA Adult Regionals
University of Arkansas
Fayetteville, AR
501/224-6862

AARA Adult Regionals
TBA - Warwick, RI

Delaware State Singles
Pike Creek Fitness Club
Wilmington, DE
302/478-7919

*Junior Regionals #9/Warm-
Up - TBA*
Mt. Clemens, MI
313/653-9602

Pennsylvania State Singles
Cocoa Court Club
Hershey, PA
717/533-4554

Wyoming State Singles
Teton Athletic Club
Riverton, WY
307/856-5424

RACQUETBALL

April 9

Kenner YMCA Regionals
Warm-Up @ YMCA
Kenner, LA
504/443-6363

AARA Junior Regionals #9
Total Sports
Mt. Clemens, MI
313/468-2787

South Dakota State
Championships
Aberdeen Racquet & Fitness
Ctr.-Aberdeen, SD
605/229-4731

April 13

Alaska State Singles
Alaska Athletic Club
Alaska, AK
907/562-2460

April 14

AARA Adult Regionals
The Maverick Athletic Club
Arlington, TX
817/275-3348

April 15

After Tax Raq Attack
Dan Gamel's Hlt & Racquet
Club-Fresno, CA
209/227-8405

April Fools

The Court House Racquet
Club-Florence, AL
205/764-0034

Grand Rapids City Champi-
onship - TBA
Grand Rapids, MI
616/956-0550

Grand Sport Auto Open
Western Mainline YMCA
Exton, PA
215/363-8505

Hawaiian Open
Sacto Court Club
Sacramento, CA
916/920-1933

L.A. Fitness/Y Not Racquet-
ball - Hacienda Hts., CA

Midwest-Seniors/Masters
Open @ Baywinds Athletic
Club - Sandusky, OH
419/626-6250

Penn - Monroe
Racquet Club of Pittsburgh
Monroeville, PA
412/856-3930

Special K R/B Series #5
Lifecenter Plus
Chesterland, OH
216/729-8032

AARA Adult/JR Regional #2
King George R/B Racquets
Club-Greenbrook, NJ
201/444-0859

Washington State Singles
Bally's Pacific West
Lynnwood, WA
206/639-2585

April 16

Courtesy Sports Junior
Series-Quail Lakes, CA

April 19

Spring Fling
Orem Recreation Center
Orem, UT
801/224-7158

April 21

AARA Adult Regionals
Racquetpower
Jacksonville, FL
904/241-6789

AARA Adult/JR Regional 12
City Square Sports Club
Phoenix, AZ
602/893-7655

Minnesota State Singles
Burnsville R/B & H/C
Burnsville, MN
612/920-6652

April 22

Annual T & R Springtime
Doubles
Track & Racquet Club
Fayetteville, NY
315/446-3141

Berberian Motors Open
Quail Lakes Athletic Club
Stockton, CA
209/951-3795

Dogwood Classic
Sportsfarm
Knoxville, TN
615/584-6272

Rick Weaver Buick Open
Nautilus - Erie, PA

1st Annual Women's Only
Tournament
Westwood R/B & Nautilus
Westwood, NJ
201/444-0859

AARA Adult/JR Regional
#15 @ Sunset Athletic Club
Portland, OR
503/645-3535

AARA Adult/JR Regionals
Sports Courts - Lincoln
Lincoln, NE
402/423-2511

AARA Junior Regionals #7
Livewell Athletic Club
Lufkin, TX
713/467-8329

Indiana State Singles
Greenbriar Athletic Club
Indianapolis, IN
317/257-3261

Kentucky State Singles
Ashland Area YMCA
Ashland, KY
606/324-6191

April 23

AARA Junior Regionals #14
Los Caballeros
Fountain Valley, CA

April 29

California State Singles
What A Racquet Athletic
Club - Daly City, CA
415/994-9080

11th Annual Sierra Slam
Incline Court House
Incline Village, NV
702/831-4212

AARA Adult Regionals
Valley Athletic Club
Tumwater, WA
206/352-3400

AARA Adult/JR Regional 17
Charlotte R/B & Health
Club - Charlotte, NC
919/379-0550

AARA Junior Regionals #5
Court South-Vestavia, AL
205/988-3819

AARA Junior Regionals #8
Harbor Athletic Club
Middleton, WI
414/421-5770

Michigan State Singles
TBA - MI
313/653-9602

Ohio State Singles
Hall of Fame Fitness Ctr.
Powell, OH
614/548-4188

May 6

Double Dare
Parma Courts
Parma, OH
216/888-9993

Kentucky Derby Rollout
Blowout
American Fitness
Louisville, KY
502/425-4471

The Spring Classic
Riverview R/B & Nautilus
New Milford, NJ
201/444-0859

NATIONAL CALENDAR

*What A Racquet May
Mayhem
What A Racquet
Bakersfield, CA
805/328-2255*

*AARA Adult Regionals
Burnsville Rac, Swim & Hlt
Club – Burnsville, MN
612/920-6652*

*AARA Junior Regionals #1
Auburn Racquet Club
Auburn, MA
508/832-3236*

*AARA Junior Regionals #11
Burnsville Rac, Swim & Hlt
Club – Burnsville, MN
612/421-8608*

May 13
*Atlantis Open
Wilmington Athletic Club
Wilmington, NC
919/763-9655*

*Baystar Spring Splat
Royal Athletic Club
Burlingame, CA
415/697-9162*

*Captain Crunch
Montgomery Athletic Club
Montgomery, AL
205/277-7130*

*Harbour Isle Open
Harbour Isle Athletic Club
Tampa, FL
813/229-5062*

*Spring Fling
Orlando Fitness & Racquet
Club – Orlando, FL
407/645-3550*

*Jacksonville Athletic Club
Open – Jacksonville, FL
904/724-6994*

*TransCoastal Grand
Nationals
Harbor Square Athletic Club
Edmonds, WA
206/778-3546*

*AARA Junior Regionals #4
Club Cobb
Atlanta, GA*

May 14
*Pennsylvania's Women's
Only Open
Cocoa Court Club
Hershey, PA
717/533-4554*

May 19
*5th Annual Spring Open
Pikes Peak YMCA
Colorado Springs, CO
719/598-2328*

May 20
*Onomatopoeia
Lakeland YMCA
Lakeland, FL
813/644-3528*

TRANSITION *Racquet Sports*

TRANSITION
Racquet Sports

CLIFF SWAIN #1



**4-TIME MEN'S
PROFESSIONAL
WORLD CHAMPION**



THIS FOUR-TIME WORLD
CHAMPION IS REEKING
SERIOUS HAVOC ON THE
1994 IRT PRO TOUR. SWAIN
LEADS EVERY CATEGORY
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Santa Rosa, CA
707/578-1640

The Summer Sizzler
Clubsport of
Pleasanton
Pleasanton, CA
510/463-2822

Kentucky State Seniors
Championships
Elizabethtown Swim
Club
Elizabethtown, KY
502/765-7946



MAY 25-30

JUNE 25-29

JULY 22-24

AUG. 31-SEPT. 4

OCTOBER 19-23

DECEMBER 17-21

**Ektelon AARA U.S. National Singles
Houston, TX**

**Ektelon AARA Junior Olympics
Chattanooga, TN**

**AARA U.S. Skill Level Nationals
Phoenix, AZ**

**World Senior Championships
Albuquerque, NM**

**Ektelon AARA National Doubles
Jacksonville, FL**

**World Junior Championships
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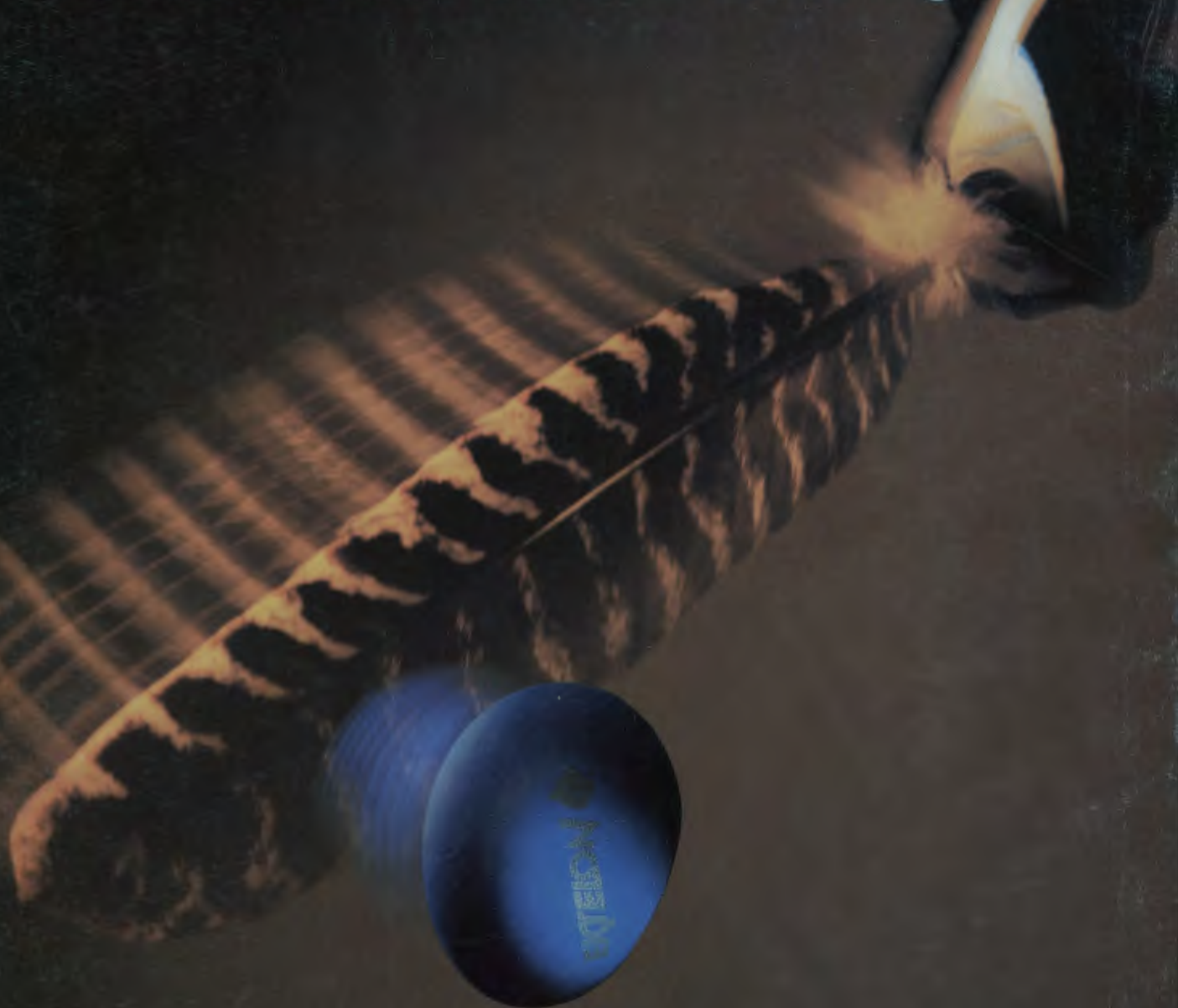
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