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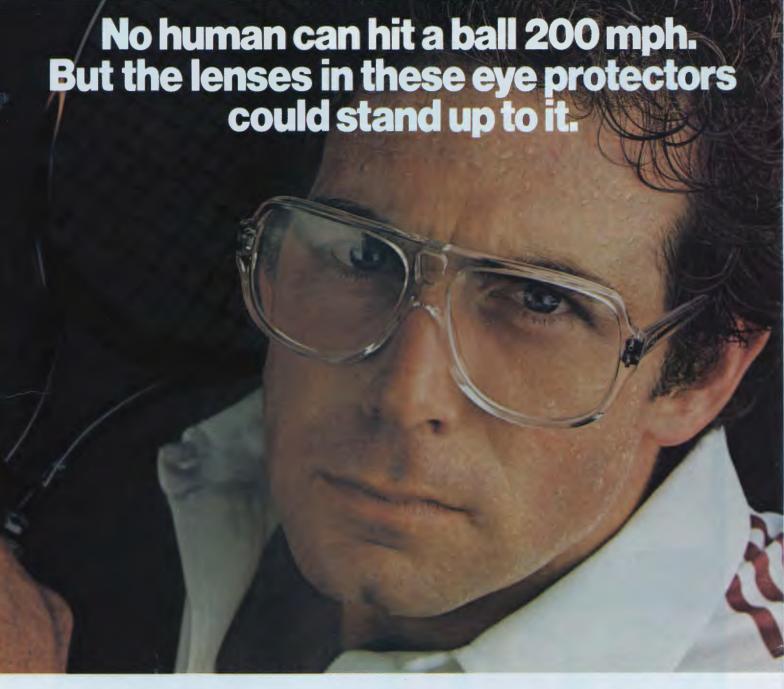


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BY BAUSCH & LOMB

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On the Cover ...

An even disposition might be in his genes, but Number Two Pro Mike Yelien thinks any player can learn to stay caim in a racquetbali court. To learn how his cool has helped him beat Hogan and other formidable opponents turn to page 18.

- Arthur Shay photo

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Opinions

From Bob Kendler



Joan of Arc . . . Where Are You?

It would come as quite a shock to me if I ever found anyone who could honestly say he heard me criticize the ladies for trying to equalize racquetball between men and women. And I should add that I would be even more shocked if critics or tale bearers could get me into a public debate on our motives or to protest their name calling. I have said before and I will say again that a successful women's tour would make me just as happy as the

As we go down through the years, you will note how I handle discord. I don't condemn anyone: I don't listen to false reasoning; I don't respond to attacks on character, or any other form of condemnation. If there is constructive good in what you have to say or write, I welcome it. And it will be broadcast whether we agree with your statements or not. You will be heard. Just confine your statements to expressing good, the good that is inherent in racquetball, the good that you can help us impart.

That brings us to the main point of our story. In the Chicago Tribune on Friday, Sept. 5 Richard Dozer's story carried the headline "Women May Stage Their Own U.S. Open." Here is what he writes . . . does it sound familiar?

"The Women's Tennis Association is strongly considering an Open tournament of its own, starting next year. The WTA will make up its mind whether to stick or split from the current format when it meets in Las Vegas Sept. 13. These are the women's chief complaints, largely reflecting the sentiments of the older female players:

- · Lack of television time in a few tournaments that feature both men and women:
- Unfavorable scheduling at center court;
- · The token role of only one woman on the management committee of the U.S. Tennis Association over the last 10 years;
- Most recently adoption of the so called 'roving umpire' who calls service faults,



then covers the sidelines. An association executive said that with 96 women players, they should have been advised;

 The emphasis given to the men's Penn circuit, a development program for nonpros, over a similar program for women;

"After pointing out that CBS devoted some 12 hours to men's matches on the first two weekends of last year's Open and barely 90 minutes to the women, the WTA executive spokesman, Jerry Diamond, admitted that the TV time has been 'greatly improved' so far this year. But CBS will do the women's final Saturday, along with the men's semis, and on Sunday it will be men only again . . ."

Now I'd like to quote the Chicago Tribune again—this time an April 27 column by Harold Blake Walker

"Freud, like most men, was puzzled by women. He could cope with men and understood them, possibly because he was a man. But when it came to women, he threw up his hands in despair. The great question that never has been answered, and which I have not been able to answer, is: 'What does a women want?'

"Often described as the weaker sex many women don't seem to fit that category. They swim across the English Channel, play basketball, wrestle, and do marvelous things in gymnastics. In Hong Kong and Korea I have seen women building roads, carrying heavy loads of rock and sand in baskets on their heads. They seem to do as much work as the men . . . There is something of a paradox in the picture, however, because women still like to have men open and close car doors for them, help them with their coats, and assist them at restaurant tables. They want courtesy, consideration and compliments from men as their due.

"It is a confusing, often contradictory picture. Women want someone to love them and care about them. That, of course, is true of men too. Wanting to be loved is a very human instinct.

"Having said all of this, I'm still as puzzled by women as Freud was. If you can think of any really good answers to his question, 'What does a woman want?' please let me know."

We had a wonderful experience with women in handball. They were the joy of the national tournament we held last June in Tucson. You think we didn't like the women in our events? We surely did! They make the events. Our only problem is to find out "What Do the Women Want?"

Now I think I know what the ladies want, and if I can find the sponsors who will give it to them, I certainly will.

As the women prove they can draw spectators to their matches, they'll be playing in those big tournaments we plan to take out of the court clubs and into the stadiums. There is no reason why our men and women can't put on a show as popular as tennis' U.S. Open. This could have been racquetball as easily as tennis. Just visualize the glass court at night, brilliantly lighted as in a ring, one way viewing with the new, more visible ball and the contrasting floor in that tennis stadium.

You know what you would have? "What the ladies really want!" Their popularity will catch up to the men, their velocity will equal the men. They will be tough competitors and we'll have a chance to build their image. They haven't had as many years to build their game as the men have, and when they do, it won't surprise me one bit to find a great leader—we'll be watching for racquetball's Joan of Arc.

Evie . Bob Kendler

Evie and Bob Kendler

Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: casting all your care upon him; for he careth for you.

1 Peter 5:6, 7

From the NRC National Director

Three out of Five to Eleven

Five years ago the USRA/NRC initiated the present day tie-breaker at pro tournaments, and the new rule received such acclaim we made it official for all USRA/NRC play.

Well the time for change has come again. It's time to give racquetball a facelift for the benefit of players and spectators. Twenty-one point games— amateur and professional— are beginning to seem too long.

Many players have come up with ways to shorten the game. Among ideas that have floated into our USRA/NRC headquarters are

- score on every point, as is done in squash
- · shorten present game lengths, but

arrange them in sets, with the best of so many sets determing a match

- serve to quadrants of the court, as in tennis
- · eliminate the second serve

All of these suggestions have merit. However I like a compromise that would still give racquetball players a cardiovascular workout and other condition benefits and would give players and spectators an intense, exciting hour while using a game length that is familiar to everyone.

The alternate match format I propose would be three out of five games to 11, two 30 second time outs per game and the usual five minute breaks between each game. The toss would determine the player or team serving first and would alternate as long as the match goes on. Ties in point accumulation would be broken by a reflip of the coin.

Let me qualify everything I've said so far by reminding you that I speak of the alternate match for tournaments only, although anyone is free to use the new system in everyday play.

This revised format will be good for tournament directors, too. The three out of five to 11 would help directors cope with the commodity we all seek—players. I'm sure anyone who has ever managed an event knows that as matches run into the still of the night, tournament doldrums set in, with referees and linesmen vanishing. The revised plan would allow more matches to be played in more convenient time slots.

The 11 point tie-breaker has given players strategy experience that will serve them in this format change. Now every point will be an important one, not allowing for lapses in concentration (hear that, Hogan?) and creating intense competitive pressure from the start in every game on every point.

What about conditioning? Will it go the way of black and white TV? Not likely, since players will still have to go three and possibly five games, instead of two or two and a half.

If it's for the good of the game and the growth of our sport, the USRA/NRC is thinking about it. If you are, too, then write and let us know how you feel about 3/5 to 11. ●

Dan Bertolucci

Dan Bertolucci

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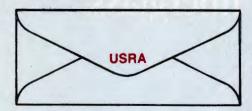
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From Our Readers



Story Hits Home

Dear Editor:

Your article "Evolution of a Female Racquetball Player," was great. I recognized all the feelings I experienced while I was learning. Now I have a question. Where can I get prescription eyeguards?

Marianne Rose Bettendorf, IA

Check eyeguard ads in the pages of National Racquetball. Or you can contact the expert who writes many of our eye care articles. He is James R. Gregg, O.D., 412 S. Rolling Hills Pl., Anaheim, CA 92807. ED

Mixed Doubles

Dear Editor:

Thought some of you might enjoy how much racquetball has become a part of our lives. My husband and I both play (he's terrific, I'm so-so); so when our precious baby boy was born we sent out birth announcements pertaining to racquetball. Since we also have a five-year-old daughter, we're looking forward to playing mixed doubles.

We just started receiving *National* Racquetball this year (got it as a gift) and thoroughly enjoy it; especially the instructions.

Mike, Carol, Cari, and Trevor Michael Ibach Fargo, ND

Catalina

Dear Editor:

I see Catalina clothes advertised in National Racquetball, and I'd like to sell them in our club. Where can I get in touch with the company?

> Kathy Rebber Seymour, IN

You can call the Catalina showroom at 213-627-1297 or write the company at 110 E. 9th St., Suite B557, Los Angeles, CA 90079. ED

Pay Referees Before It's Too Late

Dear Bob Keenan:

I was delighted to read your comments in "Are We Ready for Paid Officials?" in your September column. I certainly am. I never enter tournaments because I do not want to referee. For one thing I am scared to, and also I have poor eyesight. (People always snort skeptically when I say this, even though I am 74.)

I would gladly pay more to be relieved of refereeing.

One suggestion, meanwhile. Why doesn't the referee only referee games of the same class as the referee? Another plan would be to have both winner and loser referr — one calling the score and the other the hinders, etc., though Tim Lattimer, coach at the Court Club in Madison, WI, says that would be compounding the problem!

I wish you'd get your plan working before I'm too old to play.

Dora Mitchell Verona, Wi

National Juniors Fan Mail

Dear Dan:

I would like to express my feelings over the recent Jr. Nationals that were held in Indianapolis. This is the fourth one that I have been involved in and I must say that, by far, you out did yourself over the past years.

The scheduling of the matches and the warmth that all of you displayed was truly wonderful. Every Junior really had a great time. My son being awarded the national sportsmanship award certainly made my week. I was truly proud of him.

I would also like to express my thanks to Joe Ardito, Camille McCarthy, Lady Dillman and the many others who helped contribute to this most wonderful even.

> Sav Amatulli Merrillville, IN

Dear Sirs:

Just a few lines of appreciation for the recent Junior's National tournament in Indianapolis. We went as a family as our son, David, played in the 17 and Under division and thoroughly enjoyed every minute of our time there. Your hosting and managing of the matches was superb and we felt like honored guests during the full week.

I especially enjoyed the banquet and the fine speech of Dan Bertolucci. His introduction of Marty Hogan was a fine example of what he spoke of. Thank you for the good week and we look forward to another time next year.

A few minor suggestions. We would like to see the players' names and their city displayed somewhere on the court observation area.

A second suggestion that I think is most important. As an ophthalmologist I see too many eye injuries resulting from racquetball that could be avoided if only eye guards were constantly used. I would strongly urge you to make it mandatory that eye guards be required for all matches under your direct sponsorship.

J. C. Trautmann, M.D. Rochester, MN

Dear Dan:

It was obvious that you put months of dedicated work into the Junior Nationals. The site choice, organization of planned activities Wednesday, the smoothly run tournament itself and all the "behind the scenes" work that went into this event were great. It was a pleasure meeting you, Bob Keenan and the rest of the staff.

Jim, Ed, Terry, Traci and Jimmy Floyd Burton, MI

Dear Bob:

I want you to know how much we enjoyed having the National Juniors here at the Court Club. We have received so many complimentary letters and comments regarding its conduct.

Dan Bertolucci and his staff are a joy to work with! He is an excellent representative of the sport and vividly portrays your high standards.

Camille McCarthy Indianapolis, IN

Dear Dani:

What a great week the Court Club had with the Junior Nationals. The Court Club was indeed honored to have been chosen to host this event. It was an opportunity and a challenge that our staff and our membership eagerly accepted.

Let me say again what a pleasure it was working with you and other USRA staff in planning and staging the tournament. I look forward to future opportunities when we may do so again.

Lady Dillman Indianapolis, IN





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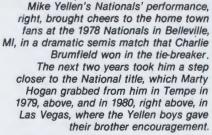


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According to the same

by Mike Hogan











A racquetball court during tournament time has sometimes been compared to a glass pressure cooker with the lid clamped down and the heat turned up.

Under those circumstances a bad call, skipped shot or just the cumulative frustration of a poor performance are about all it takes to get the blood boiling and tempers flaring.

We've all felt it at one time or another as amateurs and the broken racquets littering the pro tour testify to how great the pressure can be at the upper levels of the game.

Often the Grimace-and-Groan School of Court Deportment seems to predominate on the tour. Some players maintain that on court histrionics are just part of the show, a small gambit in the Big Psyche.

Another school believes that such shenanigans just detract from a player's ability to pay attention to the matter at hand, namely putting racquet to ball.

A major figure in the silent minority is Mike Yellen. He isn't the only pro to keep his cool on the court, but if you cut him, he would surely bleed icewater.

Yellen has seen as much racquetball adversity as anyone. For the past two National Championships he's been Marty Hogan's bridesmaid. The year before that he lost a semi-final heartbreaker to Charlie Brumfield which most observers agreed was as neat a job of Brumfield pickpocketry as ever performed by the Artful Dodger.

Like Aesop's tortoise, though, Yellen has trudged steadily on, having avenged his 1978 loss to Brumfield several times over.

And last season he chalked up back-toback victories over Hogan on his way to winning the Beverly, MA and Atlanta pro

Apparently Yellen's Mr. Ice routine has some merit, so we thought him a good candidate to consult on a problem which bedevils us all at one time or another: poise, or rather, the lack of it.

As it turns out it is his singular ability to keep his cool under fire to which Mike attributes all of his success thus far. Here poise equals concentration, without which Yellen would be just another good club player.

"It's no secret that I consider the mental part of the game to be the most important," says Mike. "You could name a lot of players who are far more naturally athletic than I am.

Better Builds

"I'm in good shape, but I could lose a few pounds and there are a lot of guys on the tour-such as Hogan and Lindsay Myers-with much more impressive physiques.

"Likewise there are a lot of guys with better shots than I have in practice. But they just don't have the mental toughness to be able to beat me in a tournament."

Coolness, poise, mental toughness, concentration are just different names, approximations of yet another quality which no one has been able to adequately define. Simply put it's what separates the winners from the losers and, if it was easily acquired, you could buy it in bottles.

As it is, says Yellen, it can only be bought with hard work.

"What many people fail to realize," he says, "is that the mental game does not come naturally. If you want to build up a good bicep, you have to do curls over and over to get the muscle where you want it to be.

"You have to work even harder to develop your concentration because it has to be working for you 100 percent of the time that the ball is in play."

Mere hard workouts are not enough. When Yellen practices, he works out his mind first, figuring that his body will get the training it needs in the process.

"A lot of players get ready for tournament play by practicing religiously," notes

Yellen, "But mere sweat isn't enough, You can build up your muscles and endurance to the point where you are physically burned out and mentally sluggish by tournament time and still not help your strokes. Good shots don't magically seep into your pores. They are a product of concentration, not repetition."

Many players use meditative techniques to maintain their concentration, little tricks to help them focus. A player may finger the strings of his racquet, stand in a corner or bow his head or even talk to himself aloud. Mike has no special technique, other than simply making a conscious effort to focus.

"Everyone approaches it differently," he says, "and whether it's talking to yourself or whatever it takes for you to pull yourself together is fine. But the important thing is to analyze what is going on around you.

"Ask yourself what you did right or wrong on the last point. Analyze where your own and your opponent's games are at the moment and how your game plan is working. If things aren't going as you expected, find out why and figure out what you have to do to change that,"

Approach every point as though it were the last, says Mike. Don't let up while the ball is in play; but, by the same token, it helps to relax as completely as possible between points. Like isometrics: maximum effort, and then maximum release.

If you aren't ready by the time the ball is about to be served, don't be shy about putting your racquet up. You have 10 seconds to pull yourself together between every point and you should use all 10 if need be. if you still aren't ready, call a time out.

Although it sounds easy enough, maintaining concentration is, of course, no easy matter. And it becomes almost impossible if you let yourself get upset over a bad call, a poor performance or some other distraction.

"The temper tantrum is the biggest impediment there is to anyone's concentration."

"The temper tantrum is the biggest impediment there is to anyone's concentration," says Mike. "First of all the ref isn't going to change his call. Even when he's wrong, he has to stick to his guns or he'll just get the other player on his case and lose total control of the match.

"If I get mad about it, I'm just going to look like an idiot for nothing and it will blow the next point for me and maybe the game."

Ref Lapses

Since infallibility isn't passed out to referees along with their scorecards, everyone must expect to get a certain number of truly bad calls (as well as, perhaps, three times that number which, he or she only thinks were bad), says Yellen. Such moments contain many emotional pitfalls for the unwary and could be a turning point in a game.

Yellen experienced such a moment during his first game against Hogan in last May's Atlanta semi-finals. Yellen was ahead 8-0 when Hogan hit a plum off the back wall and down the middle.

"In all the scrambling, though, he ended up between me and the ball until the last second when it passed his body," recalls Mike. "I swung without really seeing the ball and skipped it.

"To me it was an obvious screen of a ball which I couldn't have missed if he hadn't been in the way. I appealed the call, but the ref didn't see it that way."

Mike's only recourse was to forget the point as quickly as possible. Any loss of emotional control would surely have meant free points for Hogan and could have meant the loss of a whole string.

"Many is the time that players—myself included—have been ahead of him by seven or eight in a tie-breaker, a tie-breaker mind you, and ended up losing.

"That kind of thing can happen at any level and frquently does."



Mike Yellen's mental control allowed him to forget a disputed point and go on to beat Marty Hogan in the semis in Atlanta last April.

- Analyze how your game plan is working
- · Regard every point as the last
- Relax between points
- Take your time
 Put your racquet up to signal

you're not ready to receive serve Call time out

- Avoid tantrums
- Expect a few bad calls and put them out of your mind afterwards
- · Put up a pillow defense

Yellen doesn't subscribe to the theory that "it helps to get it all out" or that posturing and bluster can be used to intimidate an opponent.

"I don't think that it can help in any way, even as part of a psyche," says Mike. "I also don't think that psyching works over the long run either, even for a guy like Brum who is a master at it.

"Using a temper tantrum to psyche out the other guy is, basically, just like a bad habit that you indulge yourself in but eventually takes over."

Yellen offers an analysis of some of the turning points in his pro stop victories to demonstrate the importance of maintaining poise. These are examples of situations common to racquetball at all levels.

For instance during the first game of the Atlanta finals Mike jumped out to a 6-1 lead over Jerry Hilecher. But Hilecher changed his strategy and went roaring by Mike to 15-8.

"He was hitting overhead kills and every other impossible shot in the book," recalls Yellen. "I recognized that he had a hot hand and, since it was still early in the match, I decided to just try to stay in there with him until he burned out."

Many players, especially power hitters, are streak players, explains Mike. They actually build on a fast, hard-hitting game, but can sometimes be cooled off by slowing the game down.

Instead of being overawed by a hard hitter Yellen lapses into what he calls a pillow defense, letting the other player wear himself out by shooting into a defensive "Pillow."

"I just kept hitting ceiling balls and passes against Jerry," says Mike, "trying to slow down the game and maneuver him into less advantageous shooting positions."

Waiting for the Pillow Slip

"In a situation like that you first try to smother him—try to control the ball, using your time outs, time between points or whatever to slow down the flow and knock him out of his groove.

"I eventually managed to pull up to 18-18 with Jerry, but he's pretty steady even when he isn't hot."

Hilecher took that game and his streak carried right over into the second game in which he went ahead 7-1.

"Then I realized that I really had my foot in a hole," says Yellen. "That called for a different approach.

"I knew that I didn't have the cushion I had before and that it was time to gamble."

Rather than let the failure of his initial strategy fluster him, he focused harder and changed his shot selection to offensive kills, pinches and drives. He didn't let himself get sucked into low percentage shots, but he did go after some he might have played more conservatively in another situation. He tied Hilecher 8-all and eventually went on to win 21-17 and 11-5 in the tie-breaker.

"This is an example of how different strategies are needed for seemingly similar situations at different points in a match," says Yellen. "You have to keep your head in order to be able to analyze and select the right approach. Sometimes it may look hopeless but, if you stay cool, you can come back."

If you don't want to be intimidated by the situation you find yourself in, neither do you want to be awed by the player you're up against, and some are pretty awesome. Hogan, of course, comes to mind.

"He's always playing at a high level," says Mike, "but sometimes he seems to be laying back only to break into a game winning streak almost at will.

"He's been known to tell an opponent he is about to put him away and then go out and do it."

Some players will try to blow you away with the sheer power and/or accuracy of their offensive shots. Hogan tried it right off in Atlanta when the score reached 15-15. He had made a widely publicized bet that Yellen wouldn't get 10 points.

"He started getting mad at 15," recalls Mike, "banging his racquet and flipping his eyeguards up and down. Then he really started blasting his serves, but I just ignored the fuss and concentrated on hitting my returns as best I could.

"When he hit a hard drive, I killed it."

This was a hybrid of the two situations against Hilecher. Yellen's experience with a pillow defense gave him the poise to be able to hold on against Hogan's onslaught, but defensive shots wouldn't have sufficed against a player with Hogan's shooting ability. Yellen won the match 21-16, 21-11 by taking advantage of Hogan's power to make powerful returns of his own, sometimes the most effective answer to a drive serve.

"I also recognized that my own shots happened to be hot at that time," says Mike, "and I wanted to keep it going for as long as it lasted."

To summarize go into a match mentally prepared, but be able to take the emotional temperature of your opponent and yourself so that you can alter your game plan as necessary. For that you'll need presence of mind 100 percent of the time.

If you can afford it, try to smother an opponent who gets on a hot streak with the pillow defense. If you're too far down, you have no choice but to get hot yourself. And when you are hot, ride it for all it's worth.

Maintain your poise even when you are far behind, up against an awesome shooter or the victim of adverse circumstances.

Don't get intimidated, don't get mad. Get even.

For Basic Racquetball Conditioning

Pull Up a Chair

by Ellington Darden, Ph.D.

In the November, 1978 issue of *National Racquetball* Darden, whose doctorate from Florida State is in physical education, wrote an article, "Twelve Tests to Measure Your Fitness for Racquetball." Now Darden presents a series of exercises for those who've been waiting to raise low scores on that 12 point test, as well as others who simply want to improve their overall fitness.

A good conditioning program seeks to develop four factors: (1) muscular strength, (2) body leanness, (3) joint flexibility and (4) cardiovascular endurance. Muscular strength, in my opinion, is the most important of these factors—particularly for racquetball players.

Before we get to detailed information on how to improve your muscular strength, let's briefly discuss the other factors that make up total conditioning.

Body Leanness

Excessive body fat in no way contributes to racquetball. In fact body fat can entwine itself around muscle fibers. This intermingling acts as a friction brake and slows down muscular contraction. It's to your advantage to be as lean as possible.

How do you lose body fat and keep it off permanently? In a nutshell body fat is lost slowly, very slowly. Only three to four ounces of body fat can be lost in 24 hours. The emphasis must be on a well balanced, lower calorie diet.

Joint Flexibility

Your flexibility is increased by proper stretching. In order for stretching to occur, there must be a resistance that pushes or pulls you into a position that temporarily exceeds your existing range of movement. All stretching movements should be done very slowly and smoothly.

Cardiovascular Endurance

Three requirements are needed in order to develop heart-lung endurance. (1) The exercise must be hard enough to get your heart rate up to at least 140 to 150 beats per minute. (2) Then you must keep up this heart rate for a minimum of 10 minutes. (3) And such exercise should be repeated at least three times a week.

Both heart-lung endurance and flexibility can be developed in a well organized, strength training program.

The Program: For Muscular Strength Accentuate the Negative

Your beginning strength training program consists of seven exercises. As a whole these exercises work most of the major muscle groups used in racquetball. No additional equipment (like barbells or Nautilus machines) is necessary. Everything needed can be located in the average household.

For best results each exercise should be performed in a negative emphasized manner. What is negative training? An example should make this clear.

When you lift a weight, you are moving against positive resistance and you are performing positive work. When you lower a weight, you are moving against negative resistance, thus performing negative work.

In a barbell curl you perform both positive and negative work during each repetition. Positive resistance is involved when you are bending your arms and raising the weight. Negative resistance is involved when you are straightening your arms and lowering the weight.

"Up" is positive — "down" is negative.

Muscle physiologists have recently determined that for strength building purposes the lowering or negative part of an exercise is much more productive than the raising or positive portion. Exercise can be made more productive by figuring out ways to emphasize or accentuate the negative part of each movement.

Negative training also seems a particularly good way to introduce exercise to those of you who have avoided it in the past, fearful of or turned off by the idea of old style push-ups and sit-ups. This little known way of exercising offers an exciting freshness that can help you get into the spirit and routine of a fit way of life while you improve your racquetball ability.

I have personally used the following exercises for over seven years, and I've supervised the training of several thousand athletes, who've reported outstanding results.

Negative-emphasized push-up, starting position: The bodyweight should be distributed on the hands and toes. Both the upper and lower body should remain rigid as the arms bend.



Without further delay let's get to the routine:

Negative-Emphasized Push-Up (triceps, deltoids, pectorals)

Lie face down with your palms on the floor by your chest. Raise the upper body by extending your arms so you are balancing on your hands and toes (hold the legs straight and together). Now instead of going down quickly and back up, as in the regular push-up, lower yourself to this cadence: one thousand and one, one thousand and two . . timing it so your chest touches the floor at one thousand and six. Each of those "one thousands" equals one second. You may just count one, two, but most people have a tendency to rush such a count; saying several words forces you to take up a second

After your chest touches, you can depart from pushing back, if you wish. I drop my knees to the floor and then return to the front leaning rest position by arching my back in a "cat stretch" movement. Then I straighten my body and repeat the lowering process.

While doing this and other negative

exercises, picture yourself in a slow motion or stop action movie. You've seen the stop action technique—when the film is shown frame by frame. Imagine you are the star of the show and as you descend the camera is catching you-click, one thousand and one; click, one thousand and two and so on.

You will definitely feel stress in this exercise, particularly in your triceps muscles at the back of your upper arms. This exercise also strengthens the pectoral (chest) muscles, an important consideration for women interested in firming their bustline, and the deltoid (shoulder) muscles, as well as strengthening the back. (If the regular position is too dificult to maintain, you may do this entire exercise from the knees.)

Train only three times a week on an every other day schedule. Do eight negativeemphasized push-ups during your first workout. Add one or more repetitions each workout until you are doing 12. Then add one second of time per workout to a maximum of 15 seconds. After several weeks if you want to add more resistance, put your feet on a stool or chair when you do the movement.

Negative-Emphasized Chin (biceps, grip, upper back)

For this exercise you'll need to put a stool or chair under the chinning bar and off to the side a little so it won't get in the way when you're coming down. Now step on the stool, grasp the bar with an underhand grip (hands should be about shoulder width apart) and put your chin over the bar-just as if you had pulled yourself up. Slowly let yourself down to the "one thousand" cadence (six to eight seconds at first). Stretch briefly at the bottom. Step back on the stool and repeat. Do the same number of these as push-ups and progress in the same manner.



Negative-emphasized dip, starting position: The arms should be straight and the knees bent.



Negative-emphasized dip, finishing position: Slowly lower the body by bending the arms. Stretch for a second at the bottom.

Negative-emphasized push-up, raising phase: After the chest touches the floor, immediately transfer the bodyweight to the knees, quickly straighten the arms, assume the starting position and repeat the lowering phase.



Negative-emphasized push-up, finishing position: Take at least six seconds to slowly lower the body until the chest touches the floor.





Negative-emphasized dip, raising phase: Place one knee on the floor. Use the other leg and the arms to stand quickly and start another repetition.

Negative-Emphasized Dip (triceps, deltoids, pectorals)

Arrange two sturdy kitchen chairs back to back and about as far apart as the width of your shoulders. Now stand between the chairs and place a hand atop each of them. Lift your feet off the floor, bend your knees and slowly lower yourself until you feel maximum stretch. Use your feet and legs to get back to the starting position. Repeat to the same rhythm as for pushups and chins.

Negative-Emphasized Sit-Up (abdominals and hip flexors)

To do this one sit on the floor with your knees bent (90 degrees) and your feet hooked under a sofa for stability. In the sitting position, place your hands behind your head and keep your chin against your chest and your shoulders rolled forward. Now slowly lower yourself (six to eight seconds) until your back touches the floor. Take your hands away from your head and use your arms to assist you in getting back to the top position. Repeat for at least eight repetitions.

After several weeks you can make the negative-emphasized sit-up harder by putting a pad under your buttocks (this increases the range of movement) and by adding resistance in the form of a three pound or five pound weight (barbell plate or heavy book).

Negative-emphasized sit-up, starting position: Bend knees and hook feet under a secure chair or sofa. Keep chin down and hands behind head.



Negative-emphasized sit-up, mid-range position: Halfway through the lowering phase you should be at about this angle.



Negative-Emphasized Side Bend (obliques) In a standing position, with hands overhead and touching, slowly bend to your left side as far as possible—stretch—and smoothly return to the vertical position. Do the same thing to the right side, and repeat until eight repetitions have been performed each way. Later in your program you can make side bends harder by holding a weight plate or book overhead.

Negative-emphasized side bend, stretched position: Slowly bend to the left as far as possible. Return to the standing position and slowly bend to the right. Repeat.





Negative-emphasized one-legged squat, starting position: Stand on the left leg with the right leg raised. Hold onto a chair back with the right hand for balance.



Negative-emphasized one-legged squat, bottom position: Lower slowly in six to eight seconds until the buttock touches the left heel. Place the right foot on the floor and stand up quickly using both legs. Continue squatting on the left leg until it is fatigued. Repeat the entire procedure with the right leg.

Negative-Emphasized Calf Raises (calves) For this exercise you'll need a pair of rubber-soled shoes and some steps or a ledge to stand on. In a standing position, with the balls of your feet on the steps. raise your heels as high as possible. Pause, transfer your weight to one foot. Now slowly lower your heel (remember to take about eight seconds) to the fully stretched position. Put your other foot on the step, raise both heels, transfer your weight to the other foot and repeat. Important: keep your knee locked during the lowering portion of this exercise.

Negative-emphasized side bend, starting position: Stand erect with hands touching overhead.



Negative-Emphasized Squat (buttocks, lower back, thighs)

This exercise is best performed by having at least one hand on a table or chair for balance. From a standing position, with your feet about 12 inches apart, bend your knees and very slowly descend into a deep squat position. Use your arms to assist you in straightening your legs and begin another slow descend. To make this exercise harder try going down on one leg, stand up on two and then go down on the opposite leg.

That's it! Seven basic exercises that will put you on the road to fitness. Perform them three times a week for the next several months and you'll be ready to progress to a more advanced program.



The Ball, She Bounce High in the Andes

The capital city of Quito, Ecuador, lies high among the snow capped Andes Mountain range. Here life follows a quaint, tranquil colonial pace, where tradition and the genteel way of life abound. That such an unlikely site would become the first "hot bed" of racquetball south of the border is quite a story.

It begins in 1979 with Al Walker, an ex-Marine from upstate New York, who has lived in Quito for 10 years operating a large meat packing factory. Interested in providing more recreation for his family, including four boys ages seven through 18, Al obtained basic U.S. court construction specs and built a court in his backvard that stretches out for almost two acres behind his house. Al built his court complete with gallery, showers and changing rooms.

With a few racquets and balls he bought on a trip to Miami Al and his four boys started playing each night, and soon they attracted a gathering of other enthusiastic "Quitenos," that grew to a core of 45 players within six months.

I first came on the Walker court on one of my monthly visits to Quito, part of my job with the McDonnell Douglas Corporation that keeps me traveling around South America 60 percent of my time. I'm a ranking Senior player in California and very aware of racquetball activity, and this was the first regulation Latin racquetball I'd seen.

And it was quite a sight. The local players were using balls California's A.J. Libby, a ranked Senior player, helps fan racquetball fever in Quito, Ecuador.



that had expanded at the 9,000 foot altitude of Quito, creating a game that was 50 percent faster than normal. Almost all shots were hit prior to bouncing and rebounded from the back wall to the front like a bullet. Libby and I figured out a way to draw out about 15 cc's of air from the ball with a syringe. The slower ball and the instruction I provided on my visits brought the game back to a typical sea level category C operation. On other trips I brought racquets, balls and posters, and today the court resembles an excellent U.S. facility with the name "Quito Racquetball Club."

Soon Ecuadorian and Peruvian squash players were adopting the more competitive and enjoyable Yankee game. Today - a year and a half later - a typical night will find two dozen local athletes, businessmen, polo players and Quito-based American

missionaries playing doubles and singles to an enthusiastic gallery adorned with AMF Voit, Ektelon, Wilson and Leach posters.

The success has spawned two additional private courts in Quito, as well as two more courts at the prestigious Quito Tennis and Golf Club outside Quito at the base of one of the many snow capped volcanoes. In addition the top ranked local player, Fred Woodman, a prominent Peruvian polo and squash player living in Quito, has helped construct two other courts in his home city of Piura, Peru, across the southern border of Ecuador. The Quito crowd went to Piura for a weekend of Ecuador versus Peru competition to inaugurate the new courts.

The success of racquetball in the Andes was established when the Andean Racquetball Tournament took place for five days beginning June 2 at the Quito Racquetball Club and drew players from nearby Columbia and Peru and from the United States. Recognition extended even further when Charles Conrad, Jr., third man to walk on the moon. presented awards in behalf of the McDonnell Douglas Corporation which he serves as vice president of marketing.

Al Walker has now started building a six court complex with glass walls, pool and sauna. He extends an open invitation to any "gringos" passing through Quito, but warns "at 9,200 feet a sea level player has to take it slow at first."

-A.J. Libby

See page 48 for results of the first South American racquetball tournament that the Quito Racquetball Club hosted.

Ten Day Marathon Record

- San Francisco Examiner photo by Nicole Bengiveno

A pocket radio in the corner of the court blasted out the theme from Superman in the closing minutes of Gary Eisenbooth's 240 hour racquetball marathon that started at noon Monday, Sept. 8, and ended at 12:01 p.m. Thursday, Sept. 18, at the Marin Racquetball and Athletic Club in Novato, CA.

The hour of music in his honor was part of the coverage five radio stations and three television channels gave to the feat that made Eisenbooth the official USRA marathon record holder, topping the previous mark of 168 hours.

The local daily, the Independent Journal, spread the news of the 28-year-old's accomplishment across the entire top half of the front page. And at 7:30 in the morning on Sept. 19 Eisenbooth was a guest on the "A.M. San Francisco" TV talk show.

"I didn't have the strength to say much," says the Marin Club pro, who went for the record "as a eulogy for a close uncle who died of cancer back in Connecticut just a few weeks before." Eisenbooth's marathon raised more than \$2,000 for the American Cancer Society through donations from 150 opponents and from spectators.

Eisenbooth, who received doctors' checkups twice a day, took hour and a half breaks for sleep and nourishment, which he accumulated in five minute increments for every hour of play. Club Member Barry Smail, who managed the marathon, provided protein shakes, fruit and an energy mix until the marathon man insisted on "some regular food."

During the 10 day event Smail checked regularly with National Racquetball, which serves as a clearing house for racquetball marathons.



Barry Smail congratulates Gary Eisenbooth with a champagne shampoo.



Ready for Battle

Terry Lawrence, left, and Sherri Hinton, who play racquetball to keep in shape, will represent the Derrick Dolls of the Houston Oilers on CBS TV's second annual "Battle of the NFL Cheerleaders" airing five consecutive Saturdays starting Nov. 1. The Dolls, one among 16 teams of participating cheerleaders, hope to get racquetball into next year's competition, which now includes roller skating, tandem bicycling, football (throw and run), kayaking and motorcycle racing.

Seamco, Inc., of Hatfield, PA announces the acquisition of the small ball division from Dart Industries/Seamco Sporting Goods Company, with Edward Marshall as president and Walter Eichelberger as vice president of marketing. Art Orloski is national sales manager. Mary Konowitz national accounts sales manager and Jim Amick director of racquet sports promotions . . . Airline pilots who play racquetball and tennis were idea people behind the Traveling Players Association, a Kansas City-based company offering memberships in athletic clubs in 75 cities at \$65 for two years . . . Among notables who helped open the new one and a half million dollar Playboy Resort & Country Club at Lake Geneva, WI was Christie Hefner, corporate vice



Christie H**efne**r

president of Playboy Enterprises, Inc., which owns the resort . . . John Wineman, Jr., president of Court Products, Inc., Chicago, and Thomas Murray, president of Pro Shop Distributors, Dayton, OH, have announced the merger of their two organizations, both warehouse distributors of pro shop merchandise. Headquarters for the newly enlarged Court Products is in Highland Park, IL . . . Gymnast Cathy Rigby and Tennis Champ Margaret Court are among famous sports figures whose views about enjoying sports while expecting a child are included in The New Pregnancy, a Random House book . . . Hilton hotels in Grand Traverse, MI and New York City will include racquetball in their fitness complexes. And Atlantic City's new Brighton Hotel just off the Boardwalk has five racquetball courts... Normac, Inc. in Minneapolis is making the "Wrlst-it," a steel tube with hand grips, a suspended cord and special weights designed to add power and consistency to the performance of racquetball players and other athletes . . . Ektelon now offers a tournament model racquetball glove . . . Penn Athletic Products is producing a new two compartment racquetball bag.

Holiday Stop





Whether you want to spend five or 50 dollars on a racquetball gift, your best bets are basics, say pro shop managers *National Racquetball* contacted in four different parts of the country.

"People want things that are useful—even for Christmas," notes Will Verhoeff, assistant manager of New Haven, CT's Downtown Racquet Club. "Holiday business is always up 50 percent—and most of that goes into racquets, balls, club T-shirts and shorts."

Basics at Tempe's Arizona Athletic Club pro shop—one of the largest in the country—extend to warmups and gym bags. "In this climate people wear warmups only a few months of the year. They're big for Christmas," reports Pro Shop Manager Terry Draine. If a customer wants to spend \$50, Draine suggests either "a nice warmup" or "a combination gift—a shirt-short outfit with matching socks, headband and sweatband and a can of balls."

Ron Martin, pro shop co-manager at the 21st Point, Mountain View, CA, would agree with that \$50 gift list, but he'd replace the designer shirt and shorts with an inexpensive club logo outfit, and he'd use what's left to add a gym bag.

The best low cost gifts (under \$10) are eyeguards or a glove, says Colleen O'Reilly, who runs the shop at the Charlie Club in Palatine, IL, site of the November Robert W. Kendler Classic NRC pro stop.

And members who want to outfit a brand new player for Christmas should expect to spend about \$70, O'Reilly says. "A man who hopes to get his wife or girlfriend started in racquetball should buy a racquet on the low price side (\$20), shirt and shorts (\$25), socks (\$1.50), balls (\$3), eyeguards (\$9), glove (\$9), headband (\$1.50) and sweatband (\$1.50)."

Check National Racquetball next month for the racquetball gifts that Santa Claus chooses.

Let Your Logo Cross the Country

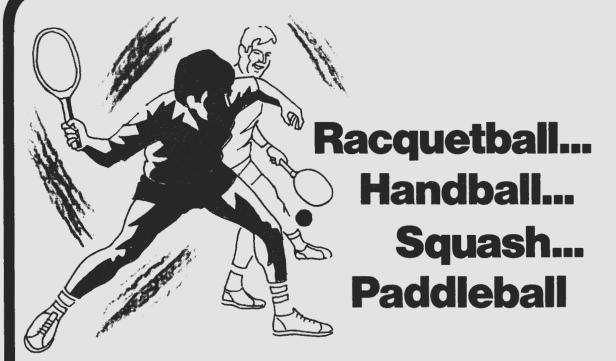






That all-club favorite \$10 to \$15 racquetball gift—the club logo T-shirt and short outfit picks up glamour when the logo you give belongs to a club in another part of the country. The racquetball version of the baseball card swap works two ways.

You can send your club's personalized outfit to friends in other places or you can buy another club's clothes to give to friends at your club. Among logo-printed shorts and shirts you can purchase by mail are those sold at the Arizona Athletic Club, 21st Point and Charlie Club.



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Ask the Champ

by Marty Hogan

Three Time and Current Champion Marty Hogan, a Leach player who won the \$30,000 first prize in the June Nationals in Las Vegas, answers questions about improving your game in this exclusive National Racquetball series. Send your questions to Marty Hogan, c/o Ask the Champ, Managing Editor, National Racquetball, 4101 Dempster, Skokie, IL 60076.

Question: Is there any way to get around an opponent who uses a low velocity "dink" shot as 50 percent of the game? And what racquet did you use prior to your current Leach 100 Graphite? Barrie Camelon, Seattle, WA

Hogan: In order for your opponent to effectively hit the dink shot he has to be in the front court. Therefore the objective of your game plan would be to move him back to deep court. You would do this through a variety of shots, first being service return, which should be a ceiling ball. This would immediately put him in a position where the dink would not be effective. Use a variety of pass shots to constantly keep your opponent behind you. Once the rally is begun, try very hard to maintain center court position for yourself. You should attempt to keep your opponent behind you and move him from side to side as much as possible. It is very difficult to execute the dink shot when not in a set position. Therefore by keeping your opponent always on the move you are thus limiting his ability to effectively hit his favorite shot.

In answer to your second question I began using a Graphite 100 at the first tournament of the year in St. Louis to start the '78-79 racquetball season. Before switching to the Graphite 100 I used what would be now called a white "Pro-Only." Leach did not come out with the Pro-Only model racquet until October of 1978, and when they did, the racquet was a sky blue color. So - because the racquet I was using was white, many people thought that it was a Little Bandido. But it was really a Pro-Only. The Pro-Only racquet has won more national championships than any other racquet in the game.

Question: How tight do you string your racquet? Why do people string their racquets at different tensions? Also whatever happened to three wall racquetball?

Jeff Henry, Lakeland, FL

Hogan: There is one thing that any two people in racquetball can never agree on. and that is racquet string tension. The tension which one strings a racquet at is totally a matter of personal preference. The main reason why people differ, when giving advice on stringing tension, is because of the many different game styles associated with playing racquetball. Do not expect a power player to tell you to string your racquet at 20 pounds, and on the same note there are not many control players who string a racquet at 40 pounds.

At this time I would like to give you a little information about tension. The lighter the tension on your strings—the more they will give when you push against them. This giving of the strings keeps the ball on the strings longer upon contact, making it easier to guide the ball, which is helpful for the control player's game. The power player will string his racquet very tight. The tighter the strings—the quicker the ball leaves the racquet after contact. adding the needed velocity that the power player is looking for in his game. Personally I string every racquet I use at 30 pounds. This is a medium tension between power and control, which is what I believe is needed for me to fully take advantage of my game style.

In answer to your last question nothing has happened to three wall racquetball. It is just that the four wall game has become so popular that people prefer to go inside to play. However three wall racquetball is surviving well here in California, where there are plenty of courts. I hear three wall is also big in Florida. You might check the February, 1980 issue of National Racquetball for a complete story on where to play three wall.

Question: Do you have any advice about universities I could attend to further my racquetball career?

Debby Wong, Huntington Station, NY Hogan: The only major university that I have attended is San Diego State. Therefore the information I'm giving you is not first hand. If there is any university in America that you could call the powerhouse of college racquetball, it would have to be Memphis State University. The program they currently have going there is five years ahead of their closest competition. It is the only program I know of with a strong intercollegiate activity on both their men's and women's teams. Memphis State would be the only university you could attend and better your career while at school. At all the other schools that you might attend you wouldn't better your career by being a student there, but you might better your career by being in that town. Now let's take, for instance, San Diego. There are four major universities in town, not any of which offers a good racquetball program. However just by being in the town you could improve your game immensely. You might look into the University of Illinois, which-I understand-has a marvelous racquetball facility and probably a good program.

Check the October, 1978, issue of National Racquetball for a list of racquetball facilities on 41 college campuses around the country. ED.

Inside the **Master's Mind**

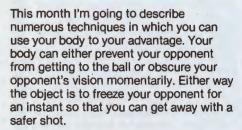
by Charlie Brumfield

Playing It Close **Without Hindering**

For Advanced Players

"This is really for advanced players, for those who want to play the edges of the techniques of shielding the ball . . . pushing the rules to the very, very limit."

This is another instructional article in an exclusive series the four time champ writes for National Racquetball.



If your opponent doesn't know which way the ball is going to go, he or she either will have to guess or wait and see what you do. Guessing is only good for 50/50 odds at best, and standing around to wait and see takes at least a millisecond-hardly enough to be noticed upstairs by the referee-but downstairs it seems like an eon and can make all the difference between putting away a plum and mishitting a shot.

Now before we start talking about the individual positioning techniques, I think we should clear up one thing. There is a lot that has been written and spoken about the unsportsmanlike conduct of racquetball players. A lot of it is unjustified because the authors of these statements are comparing racquetball to a game like tennis in which the contestants are not on the same turf, the same geographical square footage.

In racquetball both players are on the same 20 by 40 court. Therefore the hitting player sometimes obscures the ball for a

fraction of a second, resulting in many screen plays. There are all different gradations of what is considered a hinder, and most of it depends on the judgement of each particular referee. Every successful player in racquetball attempts to shield the ball for that fraction of a second in order to take the edge of coverage away from the other player.

Extremes Cause Injury

If a player carries these ploys to extreme. however, it can cause injury, particularly among the uninitiated amateurs around the country. So I might make a warning before you go through some of this material. This is really for advanced players, for those who want to play the edges of the technique of shielding the ball, hindering the opponent legally. This is not an article on how to be unsportsmanlike, but how to play your best within the rules of racquetball . . . which always means pushing the rules to the very, very

You might wonder, if you're thinking about these things, "will it take away from pure shotmaking?" That brings us back in racquetball history to a time in the game when the ball was slower and shot selection and body positioning were more important. Under those conditions you always had a little more time to achieve coverage position. Also any ball that didn't roll or wasn't a perfect pass could be retrieved by a hustling opponent.



The fast ball allows shotmaking to be more effective to the point where if you do move in a little bit too close—and by that I mean a fraction of an inch-the ball can be hit at such velocity that you can't even get your racquet up before you get the Seamco burger.

Technique Always Better

So if we were going to make a choice between having excellent technique and striking the ball with power and accuracy versus these methods of shielding or semi-blocking, we naturally take technique. However, I don't think they're mutually exclusive. Therefore you should strive to strike the ball with tremendous accuracy and use the movement of your body to give yourself that much more margin of error.

Allow me to make one more comment before getting into the meat of the subject. A word to the lefties: Good luck. I've already exhausted myself just thinking up all these various techniques, without having to take more time to transpose them for you. You lefties probably have more experience in this area than I do, so be my guest. You should be able to get the general idea even without worrying about left wall, right wall, forehand, backhand.

However-to Avoid Beating Yourself

There are several techniques which we are going to discuss which allow me to hit numerous foot-and-a-half-high winners per game. If I can do that, the chances are much less that I will beat myself. The more you can safety your game, the fewer errors you will make and the more consistent a player you can become. That's why, for instance, in my career I have very, very few bad days. I can be beaten by a player who is playing well, but I can't be beaten by myself.

HIDING THE PINCH is one of the techniques that has been used with tremendous success for a long number of years. Currently Davey Bledsoe uses this on the forehand side with the best of them.

The best time to hide the pinch is when you have your opponent on your left hip and you're stepping over to hit your forehand killshot into the right side wall. After you hit the pinch you should slide your body to the left. (photos one and two) Because your opponent is slightly behind you, that sliding motion will obscure the shot from your opponent's vision for a millisecond. That millisecond freezes your opponent and allows you to win with a ball that is, say, six inches high, rather than a ball that's four inches high. That two inch differential is just enough to cushion your percentage of success.

When you hide the pinch, you force your opponent to make that same sliding motion with you. After you've done it a couple of times-and haven't gotten the hinder call on it-your opponent will start looking around your left shoulder to see whether you pinched the ball or not. That's the time to hit the sliding forehand straight down the right wall, aiming it at least three feet high and angling it down to the right hand corner. Once you do that, you leave the player completely at a standstill, which is what we try to do on all these shots by hitting to alternate coverage patterns. The longer you can hide the ball without constituting an illegal hinder the easier it is to set up the alternate coverage pattern which freezes your opponent's inertia. This allows you to hit the ball a little bit safer and still win the rally.

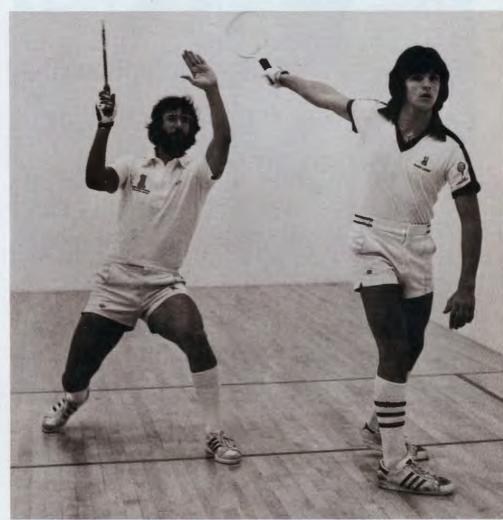
THE HIGH BACKHAND FOLLOW THROUGH was best done during his heyday by Steve Strandemo. He would hold his pose as if waiting for the photographers to snap the cover shot. We used to think he was expecting to be cast in bronze. On absolute winners Steve



Charlie sets up for the pinch into the right corner with Ward Leber on his left hip.

Then Charlie slides his body to the left, blocking Ward, so he has trouble getting to the ball.





A technique that can be dangerous is Ward's high backhand follow through that prevents Charlie from getting to the ball.

would hold his backhand follow through for at least 10 seconds, but even on mediocre shots he would hold it long enough so that if you wanted to get past him you had to risk the waffle face, do a

dodge manuever, or go under his racquet. And he altered the height of the follow through so you never knew exactly what part of your body to protect on the next play. (photo three)



Charlie intercepts the serve and passes between Ward, the server, and the ball.

This is a dangerous play against beginners. Strandemo never did it with the intent to injure anybody. He did it with either the conscious or unconscious understanding that this causes a complete disarray in your coverage pattern because you have to halt, losing your momentum. Because you have to back up or protect yourself from the racquet, it becomes very, very difficult to sprint forward and cover the ball he's hit into the left corner.

Strandemo no longer uses the high follow through so much because he has altered his backhand stroke in an attempt to adopt some of the power principles we've discussed in earlier segments of this "Master Mind" National Racquetball series. Today's best examples would be Mark Morrow and Rita Hoff, who both still use a wide, sweeping backhand follow through which could be dangerous at any level of pursuit.

CUTTING THE SERVE OFF is one of the ways that you can take the initiative away from the server immediately. What you're doing is taking advantage of the fact that the server is momentarily off balance after serving. He or she does not know exactly where you are coming in to intercept the serve, or if you're going to wait for it to drop.

With the new five-foot safety rule I can no longer intercept a lob or garbage serve in the air within the five foot zone, but I can short hop that serve once it strikes the ground, even if it's within five feet. If I do cut the serve off properly and follow the ball in as I hit it, I will then pass in between my opponent and the ball. (photo four) This doubles my opponent's confusion. Coming out of a slightly disoriented position after serving he or she has to spin and see what I've done with the serve return.

Ward's body block gives receiver less time to react to the serve.



The player who does this best is Vic Niederhoffer, and he learned it from squash. He comes in and intercepts the ball, then passes in between you and the ball. This momentarily freezes you and gives a little visual obscurity as to where the down-the-line shot is going to catch the side wall. You say to yourself "I'll just cut that off—oh, it's too high—I'll just go to the back—darn, it just died."

As in basketball once Vic gets you fighting through the screen on defense, he double plays you. In order to fight through the screen, you really have to do it prior to when it occurs to be effective. So here you are fighting to go to the left and he hits the ball cross court. The referee wonders what the heck you, the stupid fool, is doing fighting on the left when the ball is on the right. What you're doing is really reacting to Niederhoffer by playing the edges that much closer.

SCREEN SERVES are what -- in my opinion-are really 98 percent of all ace serves. Aces are aces only because the receiver loses sight of the ball momentarily, thanks to the server's position or motion. (photo five) The only real exceptions to that are the occasional ball that is hit so hard that you can't react or the wide angle that catches the side wall and squirts out unreturnably.

With the fast ball pro racquetball has changed-I like to use the word degenerated-into a game of serve and shoot with very, very few interesting rallies. Years ago good shots were followed by good shots, until the better player gradually forced the other out of positon or capitalized on an error. Nowadays the rallies are more like good shots, followed by desperation returns, followed by good shots, usually only for two or three shots.

The screen serve is rarely called because it's impossible for the referee to know if the receiver was screened or not. From the referee's vantage point it becomes a judgement call. Even under ideal conditions and with an exceptional referee, the server usually gets away with what I call a legal screen.

In order to bring the game back into perspective and revitalize the rally, which is the heartbeat of the game, I believe that all screen serves should be eliminated by initiating quadrant serving similar to tennis. I discussed this in my editorial that ran with the first of the "Master Mind" series in National Racquetball's March, 1979 issue. However until a change is made, the player who hits the best screen serve gets the most easy points.

I think the two best screen servers in today's modern racquetball are Jerry Hilecher and Bruce Christensen. In a future article I will be analyzing their particular service techniques through pictorial essays in an attempt to show you how to use these "playing the edges" legal screens as an effective means of improving your own game.

SWITCH HITTING is possible because the offensive player has the priority to hit any shot he or she wants to. That means that you, as the defensive player, cannot force me to hit a backhand if I want to hit a forehand. An extension of that rule-one little trick you might try which should be worth five points to your own game-is when you do catch your opponent on the left side of the court: force 'em there, keep 'em there, trap 'em there! You do this by spinning around on what would be a



Charlie has a good opportunity to hit a backhand.

But at the last second Charlie switches to his forehand and blocks Ward out of play. Now Charlie has an easy shot down the right wall.



natural backhand (photo six) and stepping in front of your opponent to hit the open stance forehand down the right wall. (photo seven) You can hit it two feet high and still win every time.

CREATING THE AVOIDABLE ON THE DIVER is yours to try whenever players leave their feet and dive for the ball, like the Steve Serot of old or Lindsay Myers of today. When that body on the ground interferes with the offensive opportunity of the opponent, it constitutes an avoidable hinder. As the diver, you may be able to get away with blocking your opponent in

amateur racquetball, but the pro referees know better. What they don't know is that I can create an avoidable hinder to my advantage on a diving player.

I do this whenever I've forced a player off his feet in the service zone or deeper and the ball comes back at him. Rather than waiting for the ball to pass and playing the shot as the diver scrambles up, I will step up, virtually on top of him, and intercept the ball as he jumps up and makes contact with me. This thereby creates an avoidable hinder for a point on my behalf. It's a 100 percent point . . . a no-lose situation.

Charlie fools Ward into thinking that Charlie is going to cut a ball off. Instead he lets it go back and it hits Ward. An easy point for Charlie.



THE NAVEL BALL has been part of racquetball for a long time. In essence you utilize your body motion to fool your opponent into relaxing and thinking that you're going to intercept the ball at twothirds court. But instead you let the ball go past you as if you were going to take it off the back wall. By then it's too late for your opponent to move and the ball will hit him or her in the navel . . . or the crotch. (photo eight) That was the original crotch ball in 1969.

In fact that play was made illegal when I first came from paddleball to racquetball. I

was very, very distressed to find that they would no longer let me use the navel ball technique. They felt that it was a danger because the player in back court thought that if I was going to intercept the ball he had to charge through at that moment. So he would start charging through as I started my backswing to let the navel ball go by and then he got the waffle face in addition to the navel.

However it has been reinstituted and I think it is a good rule because it adds the element of surprise and keeps the then defensive player on his or her toes.



On a back wall setup Charlie block's Ward's vision until the last second.

Once you've hit a SETUP OFF THE BACK WALL to your opponent, you are usually in very poor position. So instead of accepting defeat, some of the great players of the past would obscure the shot and then jump out of the way at the last second, before the referee had a chance to decide whether it was a hinder or not. Steve Serot, for instance, did this admirably. When he hit a setup off the back wall he would run back with the ball and follow it out in such a way that you had less time to react then you would have liked. (photo

The question is what is a fair chance to see and return the ball? Is your opponent required to give you unobscured sight of the ball for the entire time it's in flight? Other plays in racquetball indicate this is not so. Therefore it's up to the referee's judgement whether the ball was obscured during the play. The worst I've seen called is a hinder. I've never seen Serot, in 10 years of play, ever penalized with an avoidable for that manuever.

But you don't want to get too close because you might get trapped between the player and the back wall and then the hatchet will descend.

The WIDE SEMI-CIRCLE APPROACH applies to the times when the ball is on one side or the other of a slow developing play. One of the things that you can do is get your opponent on your back shoulder or your hip and run wider back to the ball than usual. As you move back, your opponent must also. This keeps the player farther away from your intended target area until the last second. You can hold your opponent there until you step in and hit the ball, leaving him or her maybe five feet farther away than normal.

If I have a lot of time to hit the ball I'll hit the pinch, because if you go down the line your opponent will try to go right through you and might get a hinder call.

It goes along with the same line of thinking that we've done with all of these: When you can't hit your best shot you should try to freeze your opponent slightly out of position so that you can hit an easier shot to win, thereby increasing your percentages over the long haul and making you a more consistent player on a day to day, match to match basis.

You can also FORCE YOUR OPPONENT ON THE WALL to create confusion or even an avoidable hinder to your advantage. When a player makes a desperation attempt on one side and tries to recover center court position, he or she can only get off the wall if you allow it. You can step into the path of retreat, forcing your opponent to make a wide circle around you on the way back into center court.

If you do it right, the referee may call an avoidable hinder on the player you've pinned on the wall because it appears that you're the one who's blocked from going after the ball. This is a sub-division of the semi-circle retreat we just discussed.

Even if you don't get an avoidable awarded to you, you will at least force your opponent out of position, which has been our goal all along on all of these techniques. Of course if you have all day to hit the ball then by all means, let the player out so you can kill the shot. But if I don't have all day, then I will obscure the vision or restrict the body position of my opponent so I can get away with a mediocre shot and still get the point.

CROWDING SOMEONE'S BACKSWING, or crowding just in front of your opponent so it's almost impossible to follow through is a way to use your body position to obstruct the free flowing swing of your opponent, thereby affecting technique and shot selection.

A player like Ward who's in good condition can race back with the ball on every shot. This movement is usually just enough to disturb the other player's concentration.



Anyone who watches the pro matches feels that the pros are playing very, very close. The pros themselves don't get that impression when they're playing. They don't feel they're playing close because both pro players know how close they can get and still allow free swing.

There are, of course, gray areas, and the farther you press those, the more chance of someone getting hurt. So an amateur should think twice before implementing this particular technique. But I do feel that in the pros the better players-particularly the better coverers— are the ones who use this techniques the best. They'll crowd you a little bit, force you to leave the shot up and then zip! They'll race right by you to put the plum away.



Turn to page 20 to learn how Mike Yellen handled Marty Hogan's close play in last May's semis at NRC's Catalina Classic East in Atlanta.

Beginners are probably more bothered by the presence of another player, but the real danger is that sometimes they don't even know you're there. One of the things I see in my beginning clinics all the time is the player who backs out, not even looking back and someone comes up, who apparently can't even see when looking forward, and rips the server in the side of the head with the racquet. This is the kind of thing we want to avoid in amateur racquetball.

It is my firm hope that this article is primarily treated from an academic standpoint by most of our readers.

The Dwids

by Steve Mondry

Three out of four Dwids take a figure eight pattern.



This month we're going indoors for our racquetball drills. The name of these drills is the Dwids, exactly why, I don't know, though some experts have said a Dwid is someone who hits himself in the head with his own racquet. At any rate-on with the drill. The idea behind the four part Dwids is to imitate the type of muscle movement we use during a racquetball match. The general guidelines for the Dwids are:

- · Place six racquet covers (or use some other handy objects, such as folded towels) approximately four and a half feet apart in a straight line down the center of the court. Run continuous wide figure eights around the covers, as opposed to running as close to the covers as possible. (Exception: Straddles Drill, which is run in a straight line.)
- · The object of each drill is to use as many repetitions of leg movements as possible during the course of the drill. Speed is not important.

- · Stretch before and after you do these drills; this will prevent any muscle pulls and keep your legs loose.
- · Some drills will seem easier than others. At the end of each drill I give an approximate number of times each drill should be done. This figure is just a guideline. As you become stronger, the number of repetitions you do will increase.
- · Work hard at the Dwids, and they will do wonders for your movement. Remember it is not how long you spend on the drills; it is the intensity with which you do them that really counts.
- · Run the Dwids with your racquet in your hand, and have the racquet raised in the air in the ready position to hit the ball. This is a little tip Bill Walton gave me one day when he saw me running the Dwids. He said that John Wooden at UCLA always had him run basketball drills with his arms high in the air- the ready position for basketball.

Your Stutter Steps should shake the court.



We are now ready to run the Dwids, which are similar to Professional Racquetball Coach Carl Loveday's Pan Drills, briefly touched upon by Charlie Brumfield in his series, "Inside the Master's Mind." Here we go with the Dwids.

1. Stutter Steps Drill. To do this drill follow the figure eight pattern around the racquet covers, taking rapid short steps, staying on the balls of your feet. Steps should be six to eight inches apart. The more total steps taken in the length of the course the better. Stutter steps are a primary exercise for overall leg endurance. We want these short steps to become a habit to us because it is the type of running we need to do in racquetball. The drill will give added strength to the calves and ankles. As you become more proficient at doing the Stutter Steps and increase the intensity, you will feel the court floor shaking-then you know you are doing them right!

Do this drill five to 10 times.

2. High Steps Drill. In this drill you will raise your knees as high as possible with each step while running the figure eights. Take short strides, approximately 12 to 14 inches. Cover the course rapidly, but again the emphasis is on how many steps you can take during each lap, not the speed with which you do the drill.

The high steps are particularly designed for development of muscles of the abdomen, upper leg and buttocks area. These muscles help to give us the quick starts we need for almost every shot in racquetball.

Do this drill six times.

Straddles are like the drill football players do around tires.



3. Slide Step Drill. The Slide Step is very similar to a dance step some of you urban cowboys might use in that old square dance, the Virginia Reel. To do this drill start out on the right side of the row of racquet covers, with your feet together. Move your left foot on a diagonal line across between covers 1 and 2. Then slide your right foot across even with your left foot, until your feet are together again. Slide left foot across on the same diagonal and slide your right foot even with your left foot again. Do this approximately four times on the same diagonal, and at the end of the fourth step. start a new diagonal line between covers two and three, sliding your right foot first. The slide of each foot should be no longer than 12 to 14 inches long.

This drill is particularly designed to improve and further develop one's balance and agility on the racquetball court. (It may also help your footwork on the dance floor!)

Do this drill five to 10 times.

4. Straddles Drill. The Straddles are very similar to a football drill you may have seen where a player steps rapidly through two adjoining rows of automobile tires. In our case we run on the outside of the covers. To do this drill straddle cover one, always keeping your feet aproximately 30 inches apart.

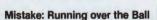
Run in a straight line, lifting your knees as high as possible in this extended position. Steps should be eight to 10 inches long. Run up, tum around and run back. This drill is especially designed to strengthen your groin area and prevent groin pulls. which are fairly common among tournament racquetball players.

Do this drill approximately six times.

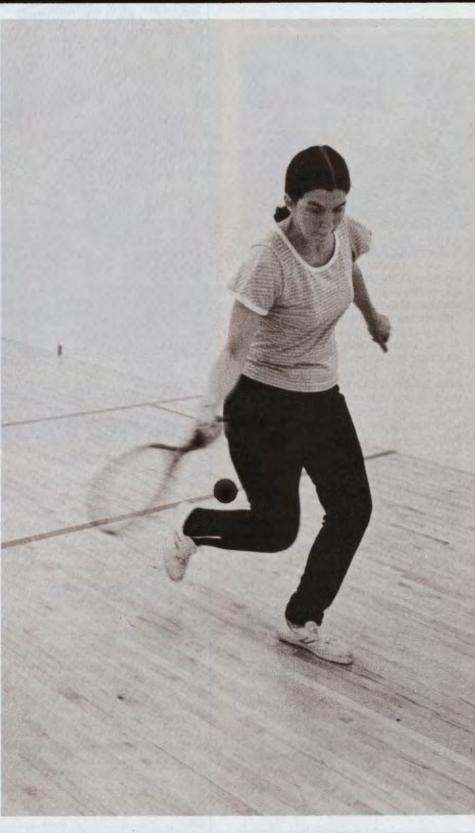


Playing Tips for Women

As you race toward the ball, remember to allow for another step before you hit. Running over the ball without getting ready for the stroke is such a common error that Pro Jean Sauser and Photographer Arthur Shay include it in their book, Inside Racquetball for Women, containing dozens of mistakes and how to correct them. This excerpt, which National Racquetball publishes with the permission of Contemporary Books, is part of Sauser and Shay's chapter on body movement errors.



If you run to hit a ball up front, your shoulders parallel to the front wall, you're going to have problems when you arrive at the ball for a shot. The ball will tend to skip to the floor, and due to the scooping motion it takes to hit from this position you might make a weak, untactical return. Whatever you do, the chances are that your shot will float up for an easy kill by a reasonably proficient opponent. (In analyzing these mistakes the natural implication, of course, is that when your opponent makes them you should recognize them and clobber



Correction: Swing Your Lead Leg Around

As you move forward to hit the ball, swing your lead leg around so that your body faces the side wall as you strike the ball. With your feet properly set up you can move your body and racquet efficiently and return a good shot. Drilling should include that sideways shuffle up and down the court as you throw the ball ahead of you, catch up to it and hit it until you feel in control of everything necessary to refrain from running over the ball and bobbling.









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Beginner's Racquetball

Playing the Back Wall

by Jack Kramer

For the benefit of the millions of men, women and children who are taking up racquetball for the first time National Racquetball is serializing Beginner's Racquetball by Jack Kramer, copywright 1979, with permission of the publisher-World Publications, Inc., Mountain view, CA. If you're an experienced player you might like to pass these articles along to a friend who's just starting the game.

No matter how you play racquetball, returning off the back wall is an important part of the game. Back wall play depends upon keeping your eye on the ball (you always should, anyway) and excellent footwork and balance. You must be in the right place and hit at the right time. How much time you have to get to the ball dictates just how fast you must react to hit the ball.

You can probably return a back wall shot without too much problem, but the kind of return is important. You can kill the ball, drive it, use the ceiling ball, or a variety of shots. Let us look at the set up for the back wall shot.

Footwork

The minute you see the ball carrying from the front wall toward the back wall, turn and start in the same direction as the ball. When the ball strikes the back wall, follow it again and turn toward the front wall. This fancy footwork requires fluid body movement and muscle coordination as you watch the ball make its flight. Then you can apply the forehand or backhand retum.

Exercises

To get the feet moving and to achieve proper coordination practice a bit. Find a wall-any wall-and face it from three feet back. Now turn sideways, face an imaginary right (or left) side wall, get in the forehand position, and retreat back with a sideway shuffle. Then stop within five feet of an imaginary wall and step forward and hit an imaginary ball.

Back Wall Return

To practice the back wall return, stand facing the right (or left) side of a wall without a racquet. Position yourself in the middle of the court, about five feet from a back wall. Take the ball in your nonracquet hand and toss it against the back wall with an underhand motion. Toss it at your head height so it will bounce near your feet. Hold your racquet arm in the forehand position so the ball passes near your body without interference.

As the ball rebounds past you, slide your feet toward the front wall. Time this move with the descent of the ball so you can catch the ball (after it bounces) with your nonracquet hand just when the ball bounces to your knee height. This is the position you should use to hit the back

wall return. Again the practice drill is to toss the ball to the back wall, slide your feet, bend your knees and upper body as in the forehand stroke and catch the ball with your nonracquet hand.

You should never toss the ball too hard, because it will fly by you. And never toss so that you do not have to move. Keep your sliding motion smooth, and do not cross your feet.

Now you are ready to use the racquet. Follow the same procedures as before, but now, instead of catching the ball in hand, strike it with the racquet. The ball should hit the front wall directly in a straight line with your body.

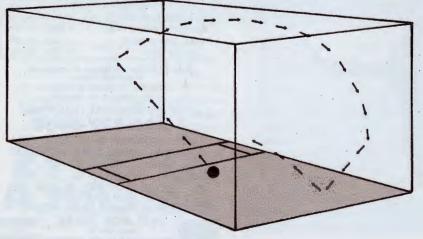
Back Wall Corner Return

Returning the back wall shot is one thing. but returning the back wall corner shot is another. In the corner you are at a disadvantage, and if you are able to return this ball, the return is usually weak and ineffective. Judging how a ball will bounce off two walls and the floor is very difficult to determine, yet you can practice and get some idea of the rebound direction simply by tossing the ball into the comer back wall area and observing its bounce.

There are two types of back wall corner retums.

(1) Side Wall-Back Wall. The ball comes off the front wall to the floor, stikes the side wall, and rebounds off the back wall before it bounces a second time. This is the side wall-back wall corner shot-the ball bounces before it goes into the comer. This ball must be returned before it stikes the floor a second time.

The basic mistake in attempting to return this ball is to follow the ball as it goes into the corner. If you do this, you end up with your back to the front wall, and from this position it is almost impossible to get the ball as it makes its rebound out of the corner area. Anticipating that the ball will hit the side wall near the corner, you will



The back wall









The back wall return . . .

know it should rebound off the back wall to the deep center court. Thus, you move directly to the deep center court area to anticipate the rebound, keeping your back to the opposite corner. As the ball comes off the back wall, slide, as you do with the back wall return, into position to hit it as it comes to the right contact point.

Unlike the back wall return, which after rebounding off the back wall goes straight to the front wall, the side wall-back wall corner hit will angle toward the opposite side wall.

For practice toss a ball to the side wall. As the ball rebounds off the back wall, let it bounce and slide with it. Let the ball drop to the proper forehand point, and then catch it with your nonracquet hand. Do this many times. Now use the racquet and attempt to return the ball, letting it bounce after coming out of the corner area. Your return should be a solid forehand stroke to the front wall.

Once you can return the side wall-back wall shot after letting it bounce, try to strike it before it bounces to the floor.

(2) Back Wall-Side Wall. The second back wall corner return is the back wall-side wall. The ball bounces first, strikes the back wall, and then rebounds to the side wall. Practice this return as you would for the side wall-back wall corner shot, except that when making the return it is not necessary to open up the leading foot as much-it will be more of a back wall return approach.

The key to success with both shots is knowing whether the ball is going to hit the side wall or the back wall first, and then quickly getting to the proper return area. You must judge the speed and angle of the ball as it comes out of the corner and let the ball drop to the proper contact point before hitting it.

Back Wall Hints

Whether you stop and hit or jog and hit, the prime rule is to follow the ball with your eyes and body so you are in a ready position. In the stop and start method trail the ball back to the back wall, then stop and get ready as the ball strikes the rear wall. When the ball rebounds and arches toward the floor, step into it with a normal step, beginning with the left foot, followed by a right, and then a left step into the ball when hitting it. The rights and lefts are the opposite for backhands off the back wall.

If the ball rebounds off the wall with a hard shot, place yourself about four feet from the right side wall and three feet posterior to the service box. Give yourself a setup off the front wall to make the ball rebound moderately hard off the rear wall. The ball will carry toward forecourt. When the ball is going past your body from the forecourt side, shuffle after it toward the back wall, stop and reverse direction in the position near the rear wall, and then step into the ball and smack it.

If the rebound is soft off the wall, the positioning is the same, except the ball will rapidly drop. Thus retreat from the starting position to a stop (direction reversing), within three feet of the rear court wall. Then execute your shot.

General Hints

- 1. When hitting the back wall ball. remember that the proper point of contact for the forehand is out and away from your lead foot heel.
- Fall back—side shuffle—far enough on back wall play. If you are too far forward, the ball will slice off the racquet strings and glance into the side wall.
- Position yourself close enough to the back wall so that when you step into the swing, you do not move past the ball.
- 4. Step into the ball correctly in back wall play or you will lose points. You must be in the proper place for the rebound and have enough room to take a full swing.
- Your body weight must be transferred from your rear to front foot during the stroke to ensure a correct downswing.
- 6. Watch the ball closely during play; watch the ball when it hits your opponent's racquet, when it bounces and when it rebounds.

What's the Call?

by Dan Bertolucci



At a recent tournament in Houston a call generated considerable controversy. Ken Angelis describes the situation: "In doubles the server hit the ball into the front wall, and as the ball was on its way down and back, it glanced off of the ceiling, only to be caught by the server's partner on the fly. The ref's final call was side out. My question is was this the correct call - should the call have been governed by the out serve rule?"

In answer to Ken - I hope that call didn't cost you the match because it was made in error. Rule 4.6-Out serves (c) Touched serve reads "Any served ball that on the rebound from the front wall touches the server on the fly or touches the server's

partner while any part of his body is outside of the service box, or the server's partner intentionally catches the served ball on the fly, results in a hand out or a side out." However since in this instance the ball hit the ceiling after hitting the front wall on an apparently legal service attempt, the ruling should have come under the jurisdiction of rule 4.5 Fault serves (d) Ceiling serve. "A ceiling serve is any served ball that touches the ceiling after hitting the front wall either with or without touching one side wall." The situation Ken described is a fault serve and should have led to another serve attempt. Two fault serves occuring in succession result in a hand out or a side

Cyril G. Hentze of Metaine, FL describes a situation which occurred in a Junior tournament this summer in the 10 and Under age group.

Hentze writes: "It was the finals. The score was match point serving eight. The first serve was long. Before the ball was returned to the server, the receiver called time out. The ref then gave the server two serves. No one really knew what the call should have been. Some say the game should have been over. Others say the ref should not have allowed the time out, but should have kept the game going with a brief explanation to the player and a second serve. Just what would the right call have been?"

It sounds like everybody, including the referee, was confused. In any event - so that the juniors as well as the seniors understand — during a game each player in singles or each side in doubles, either while serving or receiving, may request a time out. Each time out shall not exceed 30 seconds, as governed by rule 4.12 Rest periods. However since the receiver called a time out after a long (fault) first serve when time was in for play, the server should only have received one serve, which in that case would have been his second serve attempt. The calling of the time out was legal.

Dan Bertolucci is director of the NRC, governing body for professional racquetball, and is a longtime racquetball referee. Send him your questions about rules c/o National Racquetball, 4101 Dempster, Skokie 60076.



Official Entry

Tanner/Coca Cola Racquetball Classic \$15,000 Prize Money

Co-Sponsored by Leach/Seamco

DATES: December 11, 12, 13, 14

SITE: The Physical Education Building at Memphis State University. (Echles & Spottswood, Memphis, Tennessee)

ENTRY FEES: \$30 in professional event; \$20 in amateur for the first event and \$12.50 for the second. Limit one amateur event per player. Players may enter one pro event and one amateur event.

ENTRY DEADLINE: December 3, 1980

CHECKS PAYABLE TO: The William B. Tanner Company, Inc.

MAIL ENTRIES TO: The William B. Tanner Company, Inc., 2714 Union Ext., Memphis, Tennessee 38112, Att: Regina Brotherton SANCTION: By the United States Racquetball Association (USRA), the National Racquetball Club (NRC) and the Tennessee Racquetball Association (TRA).

OFFICIAL BALL: Seamco 559 (green) in professional event. Seamco 600 (blue) in all amateur events.

RULES: USRA rules and regulations apply. All match winners must referee the next match on their court.

AWARDS: \$15,000 prize money in professional event. Award to first three places in amateur events and first place in consolation. Souvenir item to all entrants. Outstanding hospitality throughout the tournament (at the tournament site and headquarters' hotel).

STARTING TIMES: Entrants will be notified by telephone and mail. If you do not receive notification, call Regina Brotherton at (901) 320-4247

GENERAL INFORMATION: Ed Lowrance, tournament director. Inv Zeitman, floor manager. The tournament director will reserve the right to upgrade individual players.

ELIGIBILITY: All players must be current USRA members. Six month memberships will be available for \$3.00 upon entry. TOURNAMENT HEADQUARTERS: Holiday Inn — Overton Square, 1837 Union Avenue. Special rates available to entrants. Call (901) 278-4100 for reservations.

TICKET INFORMATION: Contact Regina Brotherton at (901) 320-4247.

PLEASE ENTER ME IN (all singles):

Men:	Professional	Women:	Open	NOTE***12 players	
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WAIVER: I understand that it is your intention to have my participation hereunder recorded on videotape for presentation on television and elsewhere, and I expressly agree that you shall have the unlimited right and authority to use and exploit your coverage of the series, the videotape and any and all forms of reproduction thereof in any and all media in perpetuity in whatever manner and by whatever means and wherever you may desire without any obligation to pay any monies to me except as hereinabove expressly provided. Such recordings shall without limitation be the sole property of NRC/USRA to deal with, broadcast, sell, license, rent, exhibit and otherwise use or reuse in whole or in part as the NRC/USRA sees fit.

I hereby acknowledge and agree to the limitations and conditions of all tournament rules. Furthermore, I hereby certify that I am fully qualified under said limitations and conditions.

I also hereby for myself and my agents waive and release any and all rights and claims for damages I may have against the U.S. Racquetball Association, the National Racquetball Club, the Tennessee Racquetball Association, Memphis State University, the William B. Tanner Company, Inc., the Coca Cola Company and any of their agents, for any and all injuries received by me in connection with this tournament

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Signature _	•			Date		
	Parent (If under 18)				,	



Tribute to Most Improved Players

May I offer my personal congratulations to the winners of *National Racquetball's* second annual Most Improved Player contest.

We had so many excellent entries people who really worked hard to improve their racquetball games—that we could have awarded prizes to dozens of more players.

National Racquetball runs this contest because we feel any player who works hard to improve his or her game deserves recognition. And though some of our winners have made their mark by winning national competitions, others have just done their best at their own clubs.

I usually regard our pros as the inspiration for our games. Those of us who have the privilege of following the pro tour, or even of being a spectator at one stop, return to our own games fired up to do better.

By the same token the amateurs who come out to the court every day—practicing, taking lessons, really giving racquetball their all—motivate the rest of us to put more into our own games. I salute you—1980 Most Improved Players.

- Bob Kendler

Names omitted by mistake from the October list in *National Racquetball* of players receiving honorable mentions in the 1980 Most Improved Player Contest are:

Illinois

Bill Lyman, 21, Oak Park, plays at Cove Courts in Lombard

Dave Negrete, 19, Hoffman Estates, plays at The Court House in Schamburg

Maryland

Richard E. Quinn, 21, Severna Park, plays at Annapolis Court Club and at Clemson (SC) University

USRA State Affiliates

Albama Jerry O'Neal 2704 Mount Royal Cir. Birmingham 35205 205-870-7922

Alaska Dino Paolini 630 East Tudor Rd. Anchorage 99503 907-276-0700

Arizona Woody Woodman Route 8, Box 574 Tucson 85710 602-298-7083

John Marsh Phoenix/Metro Chairman (Central) 602-247-2041

Cassey Blitt Tucson/Metro Chairman (Southern) 602-626-6239

Arkansas James Bixler 2601 Ridgeway Rd. Pine Bluff 71603 501-879-4656

California Scott Deeds 5920 Appian Way Long Beach 90803 213-439-5838

Colorado Paul Swoboda c/o City Hall 1777 Broadway Boulder 80307 303-441-3400

Connecticut
Jack Fruin
167 High St.
Naugatuck 06770
203-729-9546

Delaware Eric Faddis 75 East Main St. Box 174 Newark 19711 302-366-1868

Florida Sabra Hadaway Corner Court House 1301 W. Copens Rd. Pompano Beach 33064 305-974-4310

Georgia Wayne Vincent 3288 Cochise Dr. Atlanta 30339 404-432-2120 (Allstate) 404-261-6065

Hawaii Jane Goodsill The Courthouse 45608 Kam Hwy. Kaneohe 96744 808-235-5839

Idaho Dirk Burgard 130 N. Placer Idaho Falls 83401 208-523-0600

Illinois Alan Shetzer 570 East Higgins Rd. Elk Grove Village 80007 312-439-3030 Indiana Jim Stevens 7590 Harcourt Rd. Indianapolis 46260 317-297-1713

Greg Steger (Co-chairman) 2526 Nevada Davenport 52804 319-386-6310

Nick Palen (Co-Chairman) 3352 Fodthill Dr. Dubuque 52001 319-556-7007

Kansas Rick Newcomer 11301 W. 88th St. Overland Park 66214 913-888-9247

Kentucky Ray Sabbatine Jr. 500 Lake Tower Dr. Unit #110 Lexington 40502 606-269-4280

Louisana Larry Bobbitt 117 Doucet Rd. Lafayette 70503 318-984-7256

Maine Danny Sullivan 7 Arlington Ave. Westbrook 04902 207-854-8623

Dave Travis Co-Chairman 27 Rocky Hill Rd. Cape Elizabeth 04107

Joanne Johnson Co-Chairman RB International 12 "A" Street Burlington 01803

Massachusetts Jim McConchie RB International 12 "A" Street Burlington 01803 617-273-1025

Michigan Dennis Wood 2808 S. Deerfield Lansing 48910 517-882-8789

Minnesota Robert M. Adam Diamond Intl. Corp. 7600 Parklawn Ave. Suite 228 Edina 55435 612-835-6515

Mississippi Chuck Miner 2625 Courthouse Circle Jackson 39208 601-932-4800

Missouri Ron York 1012 W. 104th St. Kansas City 64114 816-942-6436

Montana Dale Shelton 409 23rd Avenue N.E. Great Falls 59404 406-453-5504 Nebraska Tom Schuessler 4812 S. 114th Street Omaha 68137 402-339-0410

Nevada Phil Waldman 5248 Caspian Dr. Las Vegas 89118 702-873-7349

New Hampshire Bill LeFrancois 44 Hillcrest Ave. Manchester 03103 603-669-4321

New Jersey Doug Clark 23 Holmes Lane Marlton 08053 609-983-3600

New Mexico Gary Mazaroff 1619 Solano N.E. Albuquerque 87110 505-266-9213

New York (Mid-Hudson) Tom Flannery 34 Alpine Dr. Wappingers Falls 12590 914-297-5010

New York (Upstate Assn.) Jim Rougeux Westvale Clubhouse 3328 W. Genessee St. Westvale 13219 315-488-3126 (Off.) 315-446-9159 (Res.)

North Carolina Jim Adams Carolina Court Inc. 1207 Front Street Raleigh 27609 919-832-5513 (Off.) 919-556-1256 (Res.)

North Dakota Kathy Schwartz YMCA 400 1st Ave. South Fargo 58103 701-293-9622

Ohio Ron Akins 2500 Hollyview, N.E. North Canton 44721 216-492-7210

Oklahoma Bill Stewart 1618 S. Beech St. Broken Arrow 74012 918-832-2198 (Off.) 918-258-2062 (Res.)

Oregon Mollie Mankertz Lloyd Center Court 815 N. Halsey Portand 97232 503-287-4594

Pennsylvania Jim Pruitt Center City Sports Club 1818 Market Street Philadelphia 19103 215-963-0963

Rhode Island Jerry Melaragno 15 Rena Street N. Providence 02911 401-274-4900 #569 South Carolina Hayward Thompson 121 Doyle Drive Greenville 29615 803-242-6920 (Off.) 803-244-9266 (Res.)

South Dakota Harvey Magee Supreme Cts. RB & Fitness 4020 Jackson Blvd. Rapid City 57701

Doug Schneider (Co-Chairman) Box 702 Sioux Falls 57101 605-338-3233

Tennessee Lyle Adams 5050 Poplar, Suite #303 Memphis 38157 901-761-2214

Texas Dewey Strickland 2505 Inwood Houston 77019 713-528-7202

Utah Vincent Brown 4300 South 300 West Murray 84107 801-262-9414

Vermont Bob Beauchemin 29 Church Rd. Colchester 05446 802-863-5946

Virginia Ed Remen P.O. Box 218 Sterling 22170 703-430-0666

Washington Douglas A. Wilson 5817 - 57 Ave., N.E. Seattle 98105 206-524-3037

West Virginia Dave Taylor Rec. — Intramural Sports Off. Stansbury Hall, — W.V.U. Morgantown 53711 304-293-5221

Wisconsin Joe Wirkus 4912 Hammersley Rd. Madison 53711 608-237-8746

Wyoming Dan Sell Teton Courts 911 Flag Drive Riverton 82501 307-856-5425

Canada Canadian Racquet. Assoc. 333 River Road Vanier City, Ontario K1L 8B9 613-745-1247



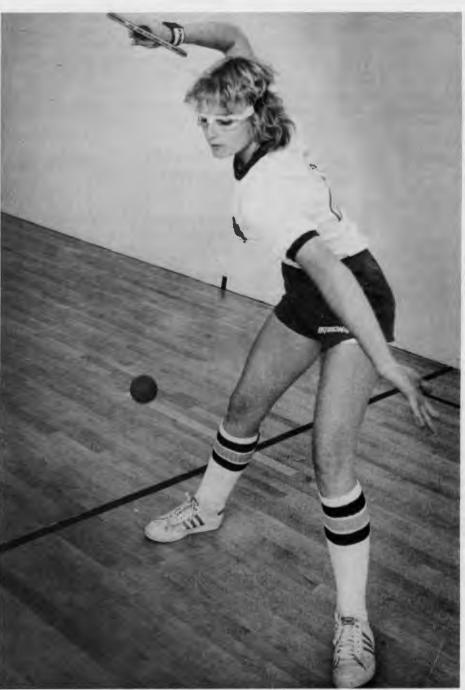
Nnnnnnnice Going — Nebraska, New Jersey and New Mexico **Most Improved Players**



In Nebraska Roger Lindwall, Jr., 16, of Omaha was playing in the CC division of tournaments he entered in 1979. He's now competing in the Men's Open as a result of what Racquetball of Omaha Manager/Pro Terry Elgethun describes as "persistence and diligence in practice sessions and drills."



New Jersey's winner, Lonnie Allgood, was happy to win third in the B division of last year's USIRA state championships after he'c been playing five months, lout by March he'd improved so much he got a big to play in the Richochet Invitational, an event for the top 16 men in the state at Facquetball. South in Plainfield, NJ. Allgood is no w pro at Fopewell Valley Racquetball Club in Pennirutor.



Brenda Young, who started playing racquetball when her father bought a club in Las Cruces in September of 1979, put on a dazzling display of talent last May when she took Lynn Chirigos to a tie-breaker in the Women's Open of the 1980 New Mexico state championships. The 14-year-old - her 16 year-old sister, Glenda, and her 10-year-old brother, Kurt have shown the most aptitude for the game among Tom and Connie Young's 10 children.

Watch for more photos of competitors who've shown outstanding improvement in their states in upcoming USRA Amateur sections. And start saving score cards, newspaper clips and other evidence to submit to National Racquetball's 1981 Most Improved Player contest.



1980 Leach/Seamco Junior Regionals

Northeast

Fort Washington Racquetball Club • Fort Washington, PA

Boys 17 and Under: 1st-Steve Ginsburg 2nd-Ira Miller Boys 15 and Under: 1st-Mark Levy 2nd-John Vicarro

Boys 12 and Under: 1st-David Simonette 2nd-Pat Garis Boys 10 and Under: 1st-Shane Musselman 2nd-Brett

Girls 17 and Under: 1st-Tammy Hajjar 2nd-Dot Fischi

Girls 15 and Under: 1st-Toni Beuelock 2nd-Beth Latini Girls 10 and Under: 1st-Kim Pinola 2nd-Stephanie Pinola

Southeast

The Courtrooms . Ft. Lauderdale, FL.

Boys 17 and Under: 1st-Sergio Gonzalez 2nd-Fred

Boys 15 and Under: 1st-Mark Barrett 2nd-Clifford Ira Boys 12 and Under: 1st-Richard Potter 2nd-Benny Lee

Girls 17 and Under: 1st-Karen Rosenberg 2nd-Lynda Kuchenreither

Karen Rosenberg, background, defeats Lynda Kuchenreuther to win the Girls 17 and Under title at The Courtrooms in Ft. Lauderdale, FL.



Ohio Valley

Arlington Court Club . Columbus, OH

Boys 17 and Under: 1st-David Rosenblum 2nd-Scott

Boys 15 and Under: 1st-Jeff Zipes 2nd-Peter Salvator Boys 12 and Under: 1st-Jim Hausserman 2nd-Ben

Girls 17 and Under: 1st-Nan Brint 2nd-Linda Green

Girls 15 and Under: 1st-Colleen Brint 2nd-Dina Prichett Girls 12 and Under: 1st-Elaine Mardas 2nd-Kelly

Central

The Supreme Court . Madison, WI

Boys 17 and Under: 1st-Jack Newman 2nd-Bob Kinney Boys 15 and Under: 1st-Eric Schever 2nd-Jeff Plazak

Boys 12 and Under: 1st-Mark Monje 2nd-Eric Rodenschmidt

Girls 15 and Under: 1st-Tina Heath 2nd-Mary Pernocciaro

Southern

The Courthouse Racquetball Club • Jackson, MS

Boys 17 and Under: 1st-Mark Comeaux 2nd-Tim Tracy Boys 15 and Under: 1st-Desi Vega 2nd-Troy Palisi

Boys 12 and Under: 1st-Quinn Barfield 2nd-Brian Satawa

Boys 10 and Under: 1st-Nicky Marino 2nd-Brent Hentze Girls 17 and Under: 1st-Dawn Furnace 2nd-Pam Ratliffe

Girls 15 and Under: 1st-Kim Ratliffe 2nd-Laurie Hardwick

Girls 12 and Under: 1st-Beth Jamisom 2nd-Raine Roy Girls 10 and Under: 1st-Lee Ann Miner 2nd-Margaret

Midwest

Sports Courts . Lincoln, NE

Boys 17 and Under: 1st-Bill Barodi 2nd-Scott Perry Boys 15 and Under: 1st-Dave Gross 2nd-Kevin Burle Boys 12 and Under: 1st-Andy Gross 2nd-Hugh Diddy Boys 10 and Under: 1st-Brad Nelson 2nd-Tim Barodi Girls 17 and Under: 1st-Cheryl Mathieu 2nd-Sherry Gross

South Central

Racquetball & Handball Clubs of San Antonio • San Antonio, TX

Boys 17 and Under: 1st-Gregg Peck 2nd-Lance Gilliam

Boys 15 and Under: 1st-Ray Navarro 2nd-Louis Miranda

Boys 12 and Under: 1st-Justin Bell 2nd-Dan Duffy

Boys 10 and Under: 1st-David Wiederman 2nd-Nathan

Girls 17 and Under: 1st-Liz Alvarado 2nd-Charlotte

Girls 12 and Under: 1st-Adriana Miranda 2nd-Michelle Simmons

Girls 10 and Under: 1st-Alma Fuentes 2nd-Patsy Armengol

Rocky Mountain

Fountain of Youth Town & Country Racquet Club . Murray, UT

Boys 17 and Under: 1st-Burle Hunter 2nd-Randy Fathi Boys 15 and Under 1st-Scott Christiansen 2nd-Shad

Boys 12 and Under: 1st-Travis Brown 2nd-Bryant Duty

Western

Tournament House Racquetball Club . Riverside, CA

Boys 17 and Under: 1st-Bret Harnelt 2nd-Scott Scofield Boys 15 and Under: 1st-Shawn Fitzpatrick 2nd-Jerry

Girls 17 and Under: 1st-Mary Rawles 2nd-Kellee Carson Girls 15 and Under: 1st-Marci Drexler 2nd-Janelle DeLugg

Southwest

Supreme Courts . Albuquerque, NM

Boys 17 and Under: 1st-Craig Damron 2nd-Rob Zack Boys 15 and Under: 1st-Joe Walker 2nd-Tom Linn Boys 12 and Under: 1st-Kevin Shoemate 2nd-Dan Whisenant

Boys 10 and Under: 1st-Anthony Jelso 2nd-Kurt Young Girls 17 and Under: 1st-Glenda Young 2nd-Dana Saavedra Girls 15 and Under: 1st-Lynn Wojcik 2nd-Brenda Young

Tournament Results

Please send tournament results and clear black and white action photos to Bob Keenan, USRA, 4101 Dempster, Skokie, IL 60076. Type your results double spaced, including name of tournament, dates and place with scores listed in style you see on these pages. Use first and last names the first time you mention a player (in doubles matches, too) and last names only after that.

Allow two months or more for your tournament writeup to appear here.

Ohio

The Ohio Racquetball Association held its sixth annual tournament May 16-18 at the Hall of Fame Tennis, Racquetball, Fitness Center.

Men's Open Singles: Pittman

Men's Open Doubles: Dan Clifford/Phil Stepp

Women's Open Singles: Becky Callahan

Women's Open Doubles: Callahan/Julie Selm

Men's Senior Singles: Marsh

Men's Senior Doubles: Jack Soble/Mike Stern

Women's Senior Singles: Cookie Wachtel

Men's Masters Singles: Otis Chapman

Men's Masters Doubles: Ken Mitchell/John Leech

Men's B Singles: Chuck Huggins

Women's B Doubles: Ruth Samuels/Maureen Covatta

Women's B Singles: Barb Beattie

Men's B Doubles: Mark Burch/Tim Aherne

Boys 16-17 Singles: Justin Vantrease Boys 14-15 Singles: Tim Anthony

Mixed 13 and Under: Ken Stern

Ecuador

Players from the U.S., Mexico, Central America, Spain and the Andean countries of Columbia, Peru and the host country participated in the first multi-country South American tournament June 6-11 at the Quito Racquetball Club, Quito, Ecuado. After McDonnell Douglas Vice President of Marketing Charles "Pete" Conrad, Jr., former astromaut and third man to walk on the moon,



California's Duke Libby is the winner in the championship finals against Quito's Christobal Sandoval in the South American meet.



presented awards to the winners, the best of the competition received the traditional Ecuadorian recognition. They were all thrown into the swimming pool.

Championships: 1st-A.J. "Duke" Libby, Anaheim, CA; 2nd-Christobal Sandoval, Quito, Ecuador; 3rd-Mario Ponce, Lima, Peru

Intermediates: 1st-Don Mann, Quito, Ecuador; 2nd-Phillip Dryer, Madrid, Spain; 3rd-Fernando Castro, Quayaquil,

Juniors: 1st-Paul Walker, Quito, Ecuador; 2nd-Jorgito Muller, Mexico City, D.F.; 3rd-Jeff Walker, Quito, Ecuador

See the full story on the Quito Racquetball Club in EXTRA! on page 26.

New York

The Bank of Auburn Junior Racquetball Tournament took place June 21 and 22 at the Auburn YMCA-WEIU.

Boys 17 and Under

Quarters: Garr Thompson d. Dan Cavallo 21-7, 21-7; Scott Roberts d. Frank Poletta 21-7, 21-10; Dave Taylor d. Jim Acresti, forfeit; Tony Cavallo d. Mark Vinciguera 21-9, 21-10

Semis: Roberts d. Thompson 21-11, 17-21, 11-5; Taylor d. Cavallo 21-20, 19-21, 11-8

Finals: Roberts d. Taylor 21-20, 15-21, 11-10

Boys 13 and Under

Quarters: Ed Audi d. Andrew Sabatier 21-16, 21-8; Doug Monroe d. Simeon Carrigan 21-10, 9-21, 11-6; Frank Poletta d. Jeff Ali 21-14, 21-17; Chris Sosnowich d. Kevin Casey 21-0, 21-6

Semis: Audi d. Monroe 21-7, 21-17; Poletta d. Sosnowich 21-7, 21-3

Finals: Poletta d. Audi 21-17, 21-2

Semis: Sue Crawford d. Charisse Spaulding 21-4, 21-2; Madge Dunn d. Diane Navarro 21-2, 21-12;

Finals: Crawford d. Dunn 21-4, 21-8

Girls 13 and Under

Semis: Ellen Crawford d. Sara Ali 21-9, 21-6; Lori Miller d. Lucy Taylor 9-21, 21-13, 11-6

Finals: Crawford d. Miller 14-21, 21-13, 11-1

Missouri

More than 600 entrants took part in the fifth annual Spaulding Mid-States Open Racquetball Tournament July 3-6 at five Spaulding Racquetball Clubs in St. Louis.

Men's Open: 1st-Marty Dreyer, 2nd-Denny McDowell, 3rd-Dan Cohen, 1st Cons.-Jim Moehl

Men's A: 1st-Greg Steger, 2nd-Randy Snook, 3rd-William Bergen, 1st Cons.-Brad Morse

Men's B: 1st-Ron Pruitt, 2nd-Kevin Buehrle, 3rd-Joe Jandrokovic, 1st Cons.-Leonard Schoene

Men's C: 1st-Bob Null, 2nd-Tim Durst, 3rd-Harvey Wallace, 1st Cons.-Jeff Altemueller

Men's D: 1st-Derek Ronnfeldt, 2nd-Mike Powers, 3rd-Dave Keim, 1st Cons.-Ron Paubel

Men's Novice: 1st-Leonard Carson, 2nd-Jerome Sims, 3rd-Clarence McKinzik, 1st Cons.-Brian Been

Men's Over 40: 1st-Ron Johnson, 2nd-Dan Davey, 3rd-Ken Retzer, 1st Cons.-Chuck Sarne

Juniors 14-16: 1st-Larry McDowell, 2nd-Mike Powers, 3rd-Pokey Miller, 1st Cons.-Scott Rich

Juniors 13-15: 1st-Brad Fink, 2nd-Bill Gerau, 3rd-Jay Cadler, 1st Cons.-Chris Vogt

Women's A: 1st-Gail Mendelsohn, 2nd-Kim Drader, 3rd-Pat Mikesh, 1st Cons.-Laura Doal

Women's B: 1st-Kathy Cooper, 2nd-Mary Carr, 3rd-Mary Nelson, 1st Cons.-Gweneth Schwab

Women's C: 1st-Eileen Robshaw, 2nd-Kim Cooling, 3rd-Anne Turner, 1st Cons.-Julie Boyd

Women's D: 1st-Joyce Annett, 2nd-Kris Kremer, 3rd-Barb Hartung, 1st Cons.-Stephanie Hawks

Women's Novice: 1st-Mary Label, 2nd-Beth Slama, 3rd-Shirley McGreal, 1st Cons.-Grace Pike

Women's Open: 1st-Pam Prina, 2nd-Cheryl Mathieu, 3rd-Anne Wirick, 1st Cons.-Sue Collins

California

Orange County's Dan Southern won the Open Singles title at the seventh annual National Outdoor Three Wall Racquetball Championships July 4-6 at Orange Coast College in Costa Mesa.

Southern, who won OCC's national warm-up tournament three weeks ago, nipped Bobby Stocker in a tie-breaker 21-18, 9-21, 11-10.

The tourney's number one seed, touring pro Marty Hogan from St. Louis, was knocked out in the quarter-finals of the competition. Hogan, the defending tournament champ, has won the last three national indoor crowns. He's acknowledged as the world's number one player.

Former OCC football star Steve Mitchell eliminated Hogan in the quarters. Mitchell lost to Southern in the semis 17-21, 21-16, 11-6, and ended up finishing third in the division.

Mark Harding and Paul Olson teamed to win the Open Doubles title by defeating Defending Champs Dave Trettin and Steve Fey 15-21, 21-18, 11-9. OCC coach Barry Wallace, competing in the Senior Singles division for the first time, easily added the Senior crown to his National Open Singles title won in 1976. Wallace defeated two-time defending senior champ Bob Wetzel in the finals 21-8, 21-18.

Gary Gay of Fort Lauderdale, FL won the men's B Singles title with a 21-5, 21-4 win over Bob Belmonte, and Brian Hawks stopped Ken Blakeslee for the Junior Singles championship 21-11, 21-4, Lynn Adams and Jackie Harding blitzed Joan Murry and Judy Fettig to win the women's A Doubles, 21-9, 21-6, while Tammy Gonzeles and Colleen Russell nipped Barbara Egan and Shirleen Gout for the women's B Doubles crown 21-19, 20-21, 11-10 and Martha Krystafic and Linda Long edged Chris Voltarel and Linda Plenert for the women's C Doubles trophy 21-16, 15-21, 11-3. Kelly Choat came from behind to knock off Georgette Pijillo for the women's B Singles championship 9-21, 21-16, 11-6 and Keith Regan and Steve Cuniff defeated David Meier and Dennis Hillis for the men's B Doubles title 15-21, 21-16, 11-7. In the men's C Doubles Bob Gannuscio and Fernando Gomez beat Steve Dikeman and Lee Magga 21-8, 21-19.

Ohio

The second annual Pabst Blue Ribbon/Glove & Racquet Open took place July 11-13 at the Glove & Racquet Club in Massillon.

Results

Men's Open

Quarters: Kelvin VanTrease d. Adam McKay 21-16, 21-19; Steve Schade d. Bill Yates; Steve Bartok d. Al Brent; Ed Staskus d. Bo Perkowski 21-13, 21-17

Semis: VanTrease d. Schade 21-19, 21-17; Staskus d. Bartok 21-16, 21-17

Finals: VanTrease d. Staskus 21-15, 21-17

Men's Seniors

Quarters: Jack Soble d. Frog Wachtel 21-7, 21-16; Fred Zitzer d. Bill Snyder 21-17, 21-10; Pete Keiser d. Ron Akins 21-16, 21-17; Bobbie Sanders d. Terry Duvali 21-11, 21-15

Semis: Soble d. Zitzer, 21-7, 21-10; Sanders d. Keiser 21-17, 21-9

Finals: Soble d. Sanders 9-21, 21-20, 11-8

Quarters: Tim Deighan d. Larry Barnes, injury forfeit; Steve Shatrich d. Willie Straw 21-6, 21-8; Rocky Castor d. Pat Butzer 21-17, 21-16; Jim Reilly d. Kevin Garrison 17-21, 21-13, 11-5

Semis: Shatrich d. Deighan 21-10, 21-20; Castor d. Reilly 21-15, 21-14

Finals: Shatrich d. Castor 21-16, 21-2

Men's C

Quarters: Dennis LaRue d. Bob Brown 21-15, 21-11; Carmen Bonfiglio d. Sean Ahern 21-7, 21-17; Zach Thomas d. Tom Grim 21-17, 21-12; Dan Fazzini d. Paul Wachtel 21-2, 21-1

Semis: LaRue d. Bonfiglio 21-13, 21-19; Fazzini d. Thomas 21-13, 21-10

Finals: Fazzini d. LaRue 21-12, 21-16

Quarters: Rick Petrarca d. Ed Richardson 21-11, 21-11; Ken Balog d. Bob Haught 21-18, 21-11; Dave Wagner d. Mark Filing 21-1, 12-21, 11-2; Harter March d. Mike Fields 21-17, 21-11

Semis: Balog d. Petrarca 21-17, 21-18; Wagner d. March 21-13, 21-12

Finals: Wagner d. Balog 21-7, 21-13

Juniors 14 and Under

Quarters: Mike Stern, bye; Brian Grimsley d. Dan Fazzini 21-4, 21-4; Jimmy Bolger d. Tom Weatherbee 21-12, 12-21, 11-9; VIc Sedlacko d. Eddie Miller 21-5, 21-3

Semis: Stern d. Grimsley; Bolger d. Sedlacko

Finals: Stern d. Bolger

Women's Open

Quarters: Laurie Thomas, bye; Barb Beattie d. Ellen Kosa 21-19, 21-17; Chris Fischer d. Annie Ralles; Cookie Wachtel, bye

Semis: Thomas d. Beattie 21-20, 21-10; Wachtel d. Fischer 21-15, 21-10

Finals: Wachtel d. Thomas 21-16, 21-17

Women's B

Quarters: Chris Fischer d. Judy Crider 21-3, 21-10; Bridgette Hortz d. Liz Ortiz 21-15, 21-18; Joan Sander d. Margaret Gray 21-20, 21-5; Joan Trenchard d. Ila Logan 21-8, 21-8

Semis: Fischer d. Hortz 21-14, 15-21, 11-8; Trenchard d. Sander 21-1, 21-11

Finals: Trenchard d. Fischer 21-11, 21-14

Quarters: Holly Mallet d. Sue Kunkel 21-3, 21-5; Shelly Pentes d. Linda Bressi; Connie Burgess d. Sue Polsky; Pris Miller d. Joan Dybala

Semis: Mallet d. Pentes 21-18, 21-10; Burgess d. Miller 21-10, 16-21, 11-8

Finals: Mallet d. Burgess 21-14, 21-4

Women's Novice

Quarters: Elizabeth Vegso d. Terry Armstrong 21-14, 21-16; Pat Komoroski d. Pam Hodge, injury forfeit; Laura McCormick d. Sue Mills 21-1, 21-1; Fran Pobega d. Karen Merletti

Semis: Komoroski d. Vegso 21-13, 21-14; McCormick d. Pobega 21-3, 21-4

Finals: Komoroski d. McCormick 20-21, 21-16, 11-8

Men's Open Doubles

Quarters: Jack Sable/Mike Stern, bye; Bill Yates/Fred Zitzer d. Jim Barlok/Scott Herron 21-12, 21-18; Frog Wachtel/Kelvin VanTrease d. Charles Parks/Steve Shatrich 21-14, 16-21, 11-12; Al Brint/Ray Brint, bye Semis: Sable/Stern d. Yates/Zitzer 21-15, 21-8; Brint/Brint

d. Wachtel/VanTrease 21-16, 21-10

Finals: Sable/Stern d. Brint/Brint 21-13, 21-14

Men's B Doubles

Quarters: Adam McKay/Steve Bobbin d. Gregg Mathes/Gordy Fothergill 21-11, 21-15; Rocky Castor/Nick Marinelli d. Steve Wachter/Jim Merletti 21-10, 21-16; Bob Bymakos/Dave Clark d. Dave Topleff/Dan Armstrong 21-18, 21-10; Ernie Corpening/Kevin Garrison d. Sam Saranti/Bruce Hopp 21-18, 21-15

Semis: McKay/Bobbin d. Castor/Marinelli 21-18, 21-18; Corpening/Garison d. Bymakos/Clark 21-14, 21-19

Finals: McKay/Bobbin d. Corpening/Garrison 21-16, 18-21, 11-8

Women's Open Doubles

Quarters: Shirley Strickland/Laurie Thomas, bye; Joan Sander/Micki Lavis d. Barb Beattie/lla Logan 21-12, 15-21, 11-8; Liz Stern/Sue Kane d. Joan Dorkoff/Barb Bordner 21-8, 21-14; Cookie Wachtel/Elain Robinson, bye

Semis: Strickland/Thomas d. Sander/Lavis 21-19, 21-6; Wachtel/Robinson d. Stern/Kane 21-12, 21-14

Finals: Strickland/Thomas d. Wachtel/Robinson 21-11, 21-20

New York

Burger King sponsored the second annual summer USRA championships at the Niagara Falls Racquetball Club, July 18-20.

Results

Men's Open

Quarters: John Moshides d. Bill Burtch 21-11, 21-12; Joe LoTemplo d. Jim Rougeux 21-7, 21-8; Mark Renzi d. Brian Dunstan 21-13, 8-21, 11-8; Bruce Miatello d. Don DeStefano 21-11, 21-15

Semis LeTempio d. Moshides 21-17, 21-20; Miatello d. Renzi 21-11, 21-4

Finals: Miatello d. LoTempio 21-15, 21-8

Men's Open Doubles

Quarters: Brian Dunstan/Tom Drabczyk d. John MacDonald/Jim Bell 21-13, 21-9; Joe LoTempio/Don DeStefano d. Greg Keogh/Ralph Hackbarth 20-21, 21-17, 11-10

Semis: Bruce Miateilo/Joe Tyree d. Dunstan/Drabczyk 21-5, 20-21, 11-1; LoTemplo/DeStefano d. Mark Renzi/Jim Rougeux 11-21, 21-18, 11-7

Finals: Miatello/Tyree d. LoTempio/Destefano 21-14, 21-17

Men's B

First Round: Whitey Ondak d. Raymond Saarits 21-16, 13-21, 11-10; Chuck Sargent d. Greg Keogh 21-20, 21-18; Jim Bell d. Charlie Burke 21-6, 21-3

Quarters: Buzz Lucarelli d. Ondak 21-11, 21-5; Sargent d. Bell 21-9, 21-18; Reed, default; Hackbarth d. Ken Miller 21-4, 21-12

Semis: Sargent d. Lucarelli 21-17, 21-9; Hackbarth d. Reed 21-8, 21-12

Finals: Hackbarth d. Sargent 21-17, 21-10

Men's C

First Round: Duke Summerson d. Ray Ozuna, injury default; James Sloan d. Gary Thomson 21-8, 12-21, 11-9; Dean Wojtczak d. Nick Callanno 21-15, 21-10; John Cleslewicz d. Ross Cellino 20-21, 21-15, 11-6; Cary Wyles d. David D'Arata 21-10, 21-9; Cathy Nichols d. Pete Fisher 21-11, 21-6; Mark VanderMolen d. Bob Gates 15-21, 21-5, 11-5; Ron Cooke d. Carl Jarvis 21-0, 21-14

Second Round: Summerson d. John Macdonald 21-16, 11-21, 11-3; Peter Maher d. Sloan 21-19, 21-16; Wojtczak d. Kathy Witzig 21-12, 21-15; Wyles d. George Riscile 21-13, 21-19, Nichols d. Dennis Adams 21-15, 21-9; Vandermolen d. Kevin Jacques 21-17, 21-18; Paul Glordano d. Cooke 21-18, 21-5

Quarters: Summerson d. Maher 1-21, 21-14, 11-5, Jeral d. Wojtczak 21-8, 21-20; Wyles d. Nichols 21-7, 21-1; VanderMolen d. Giordano 21-13, 21-15

Semis: Jeral d. Summerson 21-20, 15-21, 11-5; Wyles d. VanderMolen 12-21, 21-10, 11-8

Finals: Jeral d. Wyles 17-21, 21-10, 11-10

Men's C Doubles

First Round: Kevin Kohnke/Ron Cooke d. Kathy Witzig/Mark Angelo 21-17, 8-21, 11-4; Lee Vecchies/Rolf Bracken d. Pete Fisher/Gary Thomson

Quarters: Kohnke/Cooke d. Alex McKenna/John Berdysiak 21-8, 21-4; David Tubinis/Vic Montalbo d. Laura King/Joe Tarantino 21-7, 21-18; Jim Juron/Perry Kelly d. Ron Corsaro/Duke Summerson 21-10, 12-21, 11-10; Joe Bruno/John Martino d. Vecchies/Bracken 21-14, 21-12

Semis: Kohnke/Cooke d. Tubinis Montalbo 17-21, 21-14, 11-10; Juron/Kelly d. Bruno/Martino 21-5, 21-11

Finals: Juron/Kelly d. Kohnke/Cooke 21-9, 21-13

Men's Novice

First Round: Tom Bougard d. Dave Gigliotti 18-21, 21-6, 11-4; Rich Backer d. Tim Doyle 21-18, 21-19; Rhodes Palmer d. Russ Barlow 21-12, 21-20; Joe Oblamski d. Doug Stapleton 21-8, 19-21, 11-8; Rich Labanowich d. John Berdysiak 21-19, 21-8; Joel Darling d. Dave Breckenridge 17-21, 21-8, 11-9; Bill Garbarino d. Kerry Worgan 21-2, 21-12; Laura King d. Carl Gemmati 21-9, 21-8; Joe Bruno d. Mark Hughes 21-9, 21-10; Dave Detillo d. Kevin Kohnke 21-5, 21-18; Dennis Adams d. Carl Jarvis 16-21, 21-9, 11-4

Second Round: Bougard d. John Martino 21-13, 18-21, 11-6; Backer d. Mark Angelo 21-8, 21-10; Palmer d. Oblamski 21-19, 21-6; Darling d. Labanowich 21-10, 17-21, 11-6; Garbarino d. King 21-4, 21-5; Bruno d. Peter Petrakis 12-21, 21-10, 11-10; Matthew Martinez d. Detillio 21-5, 21-11; Adams d. Ron Corsaro 21-16, 21-8

Quarters: Backer d. Bougard 21-15, 16-21, 11-4; Palmer d. Darling 21-14, 16-21, 11-9; Garbarino d. Bruno 21-15, 21-12; Martinez d. Adams

Semis: Backer d. Palmer 21-13, 21-19; Garbarino d. Martinez 21-11, 21-9

Finals: Backer d. Garbarino 21-14, 21-18

Women's C

Quarters: Lori Smedley d. Carol Luder 21-0, 21-3; Janet Dunstan d. Barb Mamrod, default

Semis: Smedley d. Debbie Saarits 21-4, 21-4; Cathy Dohn d. Janet Dunstan 21-11, 21-7

Finals: Smedley d. Dohn

Women's Novice

First Round: Laurie Muto d. Denise Lee 21-11, 21-13 Quarters: Judy Miller d. Muto 21-10, 21-10; Lyndie Lou Hancock d. Colleen MacDonald 21-4, 21-7; Buffle Readinger d. JoAnne Stevens 21-19, 18-21, 11-7; Janet Dunstan d. Kathy Macdonald 21-5, 21-13

Semis: Miller d. Hancock 21-12, 6-21, 11-5; Readinger d. Dunstan 21-4, 21-5

Finals: Readinger d. Miller 21-8, 21-3

Juniors 13 and Under

Quarters: Mike Daniel d. T.R. Casamento; Bobby Bruno d. Mike A'Driatico 21-6, 21-4; Jim Juron d. Paul Ingham 21-9, 21-7

Semis: Jeff Lattimer d. Daniel 21-1, 21-1; Bruno d. Juron 21-14, 21-10

Finals: Lattimer d. Bruno 21-2, 21-5

Minnesota

The annual USRA Aquatennial Tournament, sponsored by Kings Court and Schmidt Lite, was held July 25-27 at the Kings Court Racquetball/Handball Clubs of Roseville-Edina.

Results

Men's Pro Am Finals: Don Constable d. Jim Scheyer 21-18, 21-3; Cons-Dan Ferris

Men's Open Finals: Jay Quam d. Craig Wagner 15-21, 21-17, 11-7; Cons-Craig Stirtz

Men's B Finals: Marc Ballou d. Frank Hess 21-17, 21-4; Cons-David Szafranski

Men's C'Finals: David Gross d. Pat Smith 17-21, 21-13, 11-6; Cons-Gene Damman

Men's Senior Open Finals: Bob Adam d. Tom Saterdalen 21-1, 21-8; Cons-Rand Leeman

Men's Senior B Finals: Leland Rients d. Ron Riach 21-10,21-10; Cons-Toby Foster

Masters Finals: Raiph Stillman d. Warren Claridge, 3rd-John Peckham

Men's Open Boubles Finals: Brian Heeb/Scott Broughton d. Pat Page/Dan Ferris, Cons-Mike Larson/Steve Goedker

Men's B Doubles Finals: Marc Ballou/Frank Hess d. Gary Wheaton/Dave VanMassenhove; Cons-Tim Boland/Bill Odean

Men's Senior Doubles Finals: Fred Banfield/Dick Carpenter d. Dennis Hoialmen/Ron Hoefert; Cons-Ron Riach/Don Granholm Women's A Finals: Tamara Kennedy d. Mary Hannes 21-10, 21-8; Cons-Jean Krusemark

Women's B Finals: Nancy Boyum d. Jane Davin 21-16, 21-9; Cons-Wendy Nelson

Women's C Finals: Deb Upkes d. GiGi Ossanna; Cons-Nancy Shellenberger

Women's Novice Finals: Jan Kunze d. Mary Beth Wyczawski; 3rd-Jane Anne Smith

Women's Seniors Finals: Nancy Harrer d. Jacque Coplin 21-7, 21-13; Cons-Ann Morgan

Women's A Doubles Finals: Mary Hannes/Carol Osterberg d. Carol Bennett/Marlys Ottls; Cons-Lori Munsenberger/Rachel Aspenson

New Jersey

The Phil Geiger Memorial Racquetball Tournament July 25-27 attracted 140 entrants from three states to the Hopewell Valley Racquetball and Health Club in Pennington.

Results

Men's Pro-AM/Open

Round of 8: Russ Montague d. Billy Johns 21-8, 21-7; Lonnie Allgood d. John Deminico 21-4, 21-5; Bobby Nix d. Billy Lynch 21-8, 11-21, 11-8; Jimmy Young d. Rick Platas 21-19. 21-9

Semis: Montague d. Aligood 21-13, 21-20; Young d. Nix 21-18, 21-17

Finals: Montague d. Young 21-18, 11-21, 11-2 3rd-Allgood

Men's B

Querters: Ron Wright d. James Bachmann III, Pete Litichevsky d. Tom Pitura, Dan McGill d. James Nervine, Ken Woodfin d. Scott MacLennan

Semis: Litichevsky d. Wright, Woodfin d. McGill Finals: Litichevsky d. Woodfin 3rd-Wright

Men's C

Quarters: James Nervine d. Michael Runey, Danny Episcopo d. Guy Jackson, Phillip Durney d. Paul Southwick, Bruce Jackson d. David Williams

Semis: Episcopo d. Nervine, Durney d. Jackson

Finals: Episcopo d. Durney 3rd-Jackson

Men's Novice

Quarters: Len Nelson d. Dave Blankenbush, Roger Hammond d. Dave Butcavage, Jack Maines d. Randy Berlew, Donald Potts d. William Sands

Semis: Nelson d. Hammond, Potts d. Maines Finals: Nelson d. Potts 3rd-Hammond

Seniors: 1st-Dario Mas, 2nd-John McBride, 3rd-John Deminico

Juniors: 1st-Dan McGill, 2nd-Tammy Hajjar, 3rd-Guy Jackson

Women's Pro-Am/Open: 1st-Dot Fischl, 2nd-Tammy Bajjar, 3rd-Linda Kennedy

Women's B: 1st-Joanne Hughes, 2nd-Val Ablaza, 3rd-Carol Campi

Women's C

Quarters: Darlett Jenkins d. Monica Colon, Jean Corns d. Liberty Delgado, Kim Vavolo d. Valerie Harris, Sue Worringer d. Gall Mains

Semis: Jenkins d. Corns, Vavolo d. Worringer Finals: Vavolo d. Jenkins 3rd-Corns

Women's Novice

Quarters: Lois Horvath d. Mary Ann Plumeri; Gail Mains d. Kathy Schuster; Terri Hammond d. Nancy Griffin; Susan Dano d. Liberty Delgado

Semis: Mains d. Horvath; Dano d. Hammond

Finals: Dano d. Mains 3rd-Hammond

Men's Open Doubles

Semis: Billy Johns/Rob Duckworth d. Lonnie Allgood/Bobby Nix; Russ Montague/Jimmy Young d. Billy Lynch/Rick Platas

Finale: Montague/Young d. Johns/Duckworth 3rd-Allgood/Nix

Open Mixed Doubles: 1st-Lonnie Aligood/Linda Kennedy; 2nd-Dot Fischl/Greg Kelly; 3rd-Myrna Burns/Mik Lazarow

Oklahoma

The American Diabetes Association benefited from the USRA sanctioned Tulsa's Summer Best Open July 25-27 at the Tulsa Racquetball-Aerobics Club.

The Fugerer family made it a "clean sweep" with son Bob winning Men's Open; father, Bill, second in 40 plus, mother, Beverly, Women's D consolation winner and daughter, Brenda, third Women's Beginners.

Results

Men's A

Quarters: Mark Fairbairn d. Mark Cameron, Bob Fugerer d. Paul Siegerist, Les Whitaker d. Tom Farley, Mark Miller d.

Semis: Fugerer d. Fairbairn, Whitaker d. Miller

Finals: Fugerer d. Whitaker, 3rd: Miller, Cons: Ed Burke

Quarters: Rick Peck d. Steven Murrell, Greg Davis d. Mike, Whitcraft, Darrin Grimes d. Charles Bradley, Alan Roberts d. Bob Corbett

Semis: Peck d. Davis, Grimes d. Roberts

Finals: Grimes d. Peck, 3rd: Roberts, Cons: Alan Murrell

Quarters: Lan Haverfield d. Andy Marcum, Kirk Michaells d. Bruce Gilby, Jerry Brown d. Michael Du Puis, Robert Vaught d. Curtis McDonald

Semis: Michaelis d. Haverfield, Brown d. Vaught

Finals: Michaelis d. Brown, 3rd: Haverfield, Cons: Rick

Men's D

Quarters: Chris Johnson d. Chris Frazer, Donny Josefy d. Mac Blankenship, Joseph Lunetta d. Harry Lay, David Ragsdale d. Howard Wells

Semis: Josefy d. Johnson, Ragsdale d. Lunetta Finals: Ragsdale d. Josefy, 3rd: Lunetta, Cons: George

Men's Beginners

Quarters: Jim Rathman d. Goug Brooks, Kelly Deal d. James Pilkington, Ralph Morgan d. Doug Barnett, Bill Dickson d. Berry Frazier

Semis: Deal d. Rathman, Dickson d. Morgan

Finals: Dickson d. Deal, 3rd: Morgan, Cons: Charles Giordano

Quarters: John Scott d. James McClelland, John Trickett d. Roland Davies, Britton Mistele d. P. R. Murrell, Mark Auerbauh d. Clayton Rahlfs

Semis: Scott d. Trickett, Auerbauh d. Mistele

Finals: Auerbauh d. Scott, 3rd. Trickett, Cons. P. R.

Men's +30 B: 1st-Edward Tarr, 2nd-Jim Waller, 3rd-Roy

Quarters: J. D. Fredrick d. Sid Suffu, Ken Sone d. Ray Trimble, Bill Fugerer d. Sid Shupack, Buddy Ableson d.

Semis: Fredrick d. Sone, Fugerer d. Ableson

Finals: Fredrick d. Fugerer, 3rd: Sone, Cons: Ray Trimble

Juniors: 1st-Jeff Myers, 2nd-Jeff Slusarek, 3rd-David

Women's A

Quarters: Beverly Branch d. Betty Kennett, Donna Porter d. Linda Benien, Claudia Kovar d. Mary Bean, Lynn Gebetsberger d. Merideth Frailey

Semis: Branch d. Porter, Gebetsberger d. Kovar Finals: Branch d. Gebetsberger, 3rd: Porter, Cons: Betty Kennett

Quarters: Annie Shurtleff d. Chanda Robinson, Mimi Hatch d. Patsy Thompson, Sherrie Smith d. Maggie Waller, Melinda Shaver d. Joyce Nichols

Semis: Hatch d. Shurtleff, Smith d. Shaver

Finals: Smith d. Hatch, 3rd: Shaver, Cons: Chanda Robinson

Quarters: Deborah Pickard d. Leslie Lee, Jane Brownlee d. Ann Eichenberger, Teresa Reed d. Leslie Harp, Brenda Rich d. Lynn Gudenburr

Semis: Browniee d. Pickard, Reed d. Rich

Finals: Reed d. Brownlee, 3rd: Pickard, Cons: Leslie Lee

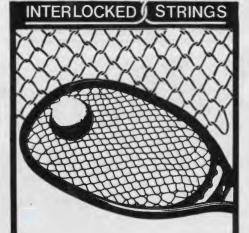
Quarters: Linda Sidwell d. Barbara Fugerer, Susan Wright d. Elizabeth Crewson

Semis: Anita Griener d. Sidwell, Wright d. Renee Hoover Finals: Wright d. Greiner, 3rd: Sidwell, Cons: Barbara Fugerer

Women's Beginners: 1st-Brenda Wilson, 2nd-Dana Blankenship, 3rd-Brenda Fugerer



In choosing photos of tournament play for these pages, we will give priority to pictures of players wearing protective



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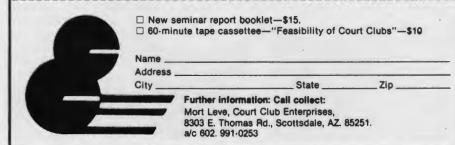
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Fletcher and Peck's





Number Three Seeds Stacey and Gregg Overtake Favorites to Win 17 and Under at Leach/Seamco **Junior Nationals**

by Gary Souders

Sweet Revenge

At Indianapolis, A.J. Fovt has done it: so have Bobby U and Lone Star J.R. A visit to Victory Lane is like the World Series and Super Bowl rolled into one. During a sticky August 11-16 200 plus of the finest junior racquetball players in the country rolled into the Court Club to compete in the USRA's version of Victory Lane . . . the Junior Nationals, co-sponsored by Leach and Seamco.

Indianapolis provided a central location for the participants from over 30 states as well as places to visit including the world's largest Children's Museum, the legendary Indianapolis 500 track and museum and an authentic pioneer village - Conner Prairie.

Stacey Fletcher from Warren, MI and Gregg Peck from El Paso, TX both happened to be the number three seeds in this year's girls and boys 17 and Under divisions, respectively. Last year both lost to the eventual winners of the tournament. Stacey to Liz Alvarado of Odessa, TX in the quarter-finals of girls 17 and Under, and Gregg to Brett Harnett of Las Vegas, NE in the finals of the boys 15 and Under. This year both Harnett and Alvarado were seeded first, and both had won their early round matches with ease. But then the finals and possibly a return to Victory Lane?

In the girls semi-finals Fletcher got a big win over an impressive Heather Stupp 12-21, 21-4, 11-2. The Montreal native had placed third behind Alvarado and Linda Hogan in the '78 girls 14 and Under, but since she hadn't competed in the '79 tournament, she came to this year's tournament unseeded. Alvarado, in the top bracket, blew out the number four seed Betsy Koza of Lake Forest, IL 21-10, 21-7.

The final from time to time resembled a wrestling match more than a racquetball game-filled with avoidable hinders, unnecessary appeals and center court takedowns. Alvarado seemed to play best under pressure. Game one saw Liz behind 2-7 before she trudged back into the game. Fletcher's deceptive drive serves had Alvarado off balance through the first 10 points. The strong Fletcher powered her serves along both side walls, forcing weak returns and setups by Alvarado. But once Alvarado got her digging, all out hustle game going, she staged comeback number one to bring the score to 7-11.

Long ceiling rallies followed, but Fletcher was on, and the change in the game fit her passing game perfectly. At Fletcher serving 16-9 the first avoidable hinder was called on Alvarado, making the score 17-9. That only made Liz more relentless. A side out and three unanswered points made the game much closer than the score would indicate, Alvarado serving 12-17. At this point Alvarado's retrieving game crumbled under the Fletcher pinch, and Stacey got three big points 20-13. Alvarado, far from finished, came back with two points, but a back wall forehand setup skipped in, and Fletcher served the winning point, 21-15.

Alvarado's frustration showed early in game two. Her lack of concentration put her down 0-6, and Stacey's drive serve was hoppin' again. But then it was comeback number two, as Liz retrieved, hustled and controlled center to tie the game up at six, then surge ahead 8-6. At this point the war began, and the score was tied at 8, 10 and 13. After two more avoidable hinder calls a center court collision and Alvarado's relentless style of play, Fletcher began to lose her cool. She skipped a setup at 18, missed a pass at 19 and skipped again at 20. An Alvarado ace for 21 sent the match into overtime.

After a hallway discussion with referee Ron Johnson on the semantics of hinder both girls wiped the scowls from their faces and returned to play the tie-breaker. Fletcher again ran up a considerable lead at 4-0 before Alvarado called time. After four side outs Alvarado was tagged with yet another avoidable, and a skip made it 6-0 in favor of Fletcher. Here Liz called her second time out. Center court action became close again with neither player willing to relinguish her stand. Comeback number three saw Liz claw out three points to make it 3-6, but then a skip and a ceiling ball rally miss threw the momentum back to Fletcher, who served two points before side out. Liz then served an ace, but a back wall skip gave the serve back to Fletcher who responded with two big points, 10-4. A Fletcher skip and an Alvarado pinch kill brought the talley to 5-10, but at this point Alvarado committed a mental error, hitting herself with the serve. Stacey wanted her to think about it and called time.

Five side outs followed as each player was satisfied to go back to the ceiling and let the other make the first mistake.



Fletcher erred first, and again Liz was on the move. Stacey seemed to become more conservative with her shots, waiting for Alvarado errors that did not occur. Two skips put Liz back in the match, but a timely around-the-wall return stuck in the left rear corner giving the serve back to Fletcher. A rollout at match point gave Stacey the match, and she must have thought . . . ah, sweet revenge.

Peck and Hamett reached the finals with relative ease - no tie-breaker the entire week. Hamett's closest competition came from Scott Oliver of Stockton, CA in the semis. The mild mannered Oliver had had little trouble with Mike Ray of Marietta, GA in the quarter finals, 21-13, 21-14, and Scott was the only player to score more than 15 points against the lefty Hamett, losing 21-16, 21-11.

In the lower bracket semi-final, Peck met Sergio Gonzales of Miami. Sergio had had a grueling match in the quarters against a strong Lance Gilliam of San Antonio, whose previous matches had gone to tiebreakers. Lance was primed to take the third from Gonzales, but came up a single point short. Peck in the semis then simply out-powered the Miamian, Gonzales, and won 21-18, 21-9



Alma Fuentes

The stage was set. During the phototaking preliminaries—in contrast to the Alvarado-Fletcher bout—Gregg and Brett strode arm in arm from the court. Referee Dan Bertolucci introduced Harnett first as "the number one seed, 1979 USRA 15 and Under champ and 1980 USRA amateur champ," and he could be recognized by the Racquetball Spectacular outfit he wore with his full name imprinted across the back. Next Bertolucci introduced Gregg Peck as "the number three seed and a gentleman."

So the gentleman fron El Paso served the showman from Las Vegas first. Ace! One served zero. Hamett then drove a pass to the right, making it side out. During the next five rallies Harnett looked awesome, hitting overhead passes and pinch kills. Brett seemed to be rolling, but then four skips in a row put Peck back in the game at 4-6.

Although Hamett continued to look strong, it became obvious he was having momentary lapses of concentration, as he continued to hit his shots into the floor. Peck surged back to tie it up at seven, and before Hamett could get the serve back, he was down 7-10. A pass left, backhand pinch and overhead pinch knotted it up at 10 and Hamett tallied two more on Peck misses. A side out and Gregg called his first time out for a conference with brother Dave. He then came up with another point to 11-12 with Hamett leading.

Harnett stayed in front until 16, when Peck tied it up again, Brett answered with two more to 18-16, but then a bad drive serve, a skipped setup at center court and a two bounce call tied the score again at 18. An awesome rally with both players hitting the hardwood for gets ended with a Peck pinch in the left front comer for a side out. Harnett skipped another back wall setup giving Peck game point serving 19. Hamett got another opportunity to serve but could not capitalize and then skipped yet another setup giving the first game to gentleman Peck. Although Hamett's court movement was good, his concentration lapses cost him the first game. Peck played consistently, and midway through the first game, the momentum began to swing his direction. Both players skipped in numerous shots, but Brett's seemed to come at more inopportune times.

Game two began with three unanswered Harnett points, and it looked as if Brett had gotten himself on track, but then again he started missing. Peck tied it at five and again at seven, then seven straight points saw Gregg jump out to a commanding 14-7 lead. Harnett at this point looked frustrated. Peck had gone to a lob-Z serve to Harnett's backhand, and instead of being safe and going back to the ceiling, Harnett ran around his backhand to attempt forehand cross court passes that repeatedly rebounded into center court giving Peck setups.

At Harnett serving 9-14 the tides turned. Gregg appeared tired, and during a few exchanges, was caught flat footed, allowing Harnett to control center. Brett brought it back to 12-14 before Peck could regain the serve. He then ran four straight points before Harnett called time at Peck



serving 17-12. Harnett then regained the serve and scored two more points. After three exchanges of serve Harnett committed another mental error and another setup for Peck gave him the serve. Three straight kills gave Gregg match point. Harnett got one more chance to serve, but could not score. Peck again served up match point, and Harnett's return skipped in. Game and match to Peck, 21-19, 21-14. And Gregg must have thought . . . ah, sweet revenge.

Additions and revisions in the younger divisions this year made for some truly competitive play. The change from two divisions to three made the 15 and Under, 12 and Under and 10 and Under divisions more realistic for the increased number of junior players throughout the country. Some parents made the trip from as far away as Hawaii, taking time out to expose their kids to the finest racquetball competition around.

Lynn Wojcik from Tucson, AZ was the only one who returned to Victory Lane this year. Last year she won the girls 14 and Under division in her hometown. This year she dispelled any rumors of hometown advantage by winning the girls 15 and Under division. A consistent performer at the national level, in addition to winning the last two years, Lynn was a semifinalist in the '78 girls 13 and Under group.

Wojcik reached the finals relatively unscathed. She was pushed by Karen Rosenberg of Fort Lauderdale in the quarters and by Marci Drexler of Hollywood, CA in the semis. In both matches the first game was close, with Rosenberg getting 19 and Drexler staging a comeback from a 9-20 deficit to 20-20 before Lynn fought them off. But in both cases the second games were routs, 21-4 and 21-9, respectively, and indicative of Lynn's strength. While the other girls seemed to tire, Lynn got stronger as the match progressed.

Number Three Seed Loretta Ann Peterson from Salt Lake City, UT, who made the semis last year, came out the survivor in the lower bracket. Her route to the finals this year was via tie-breakers in both the quarters and semis. In the quarter-finals Loretta won over Colleen Brint of Sylvania,

OH 21-9, 17-21, 11-5, and in the semi-finals she defeated number two seed Tina Heath of Chicago 21-13, 8-21, 11-7.

The championship match was remarkably like the finalists' previous outings. Game one was all Peterson. Her shot execution was excellent, and her back wall game off the glass superb. Wojcik's "keep the ball in play" style was not enough, and Peterson rolled out and passed consistently. Before Lynn could mount any kind of drive, Loretta was towelling off. Game one to Peterson 21-12.

After a conference with mother-coach, Ruth, Lynn came back strong. She jumped out to eight before Loretta could get rolling. At this point Wojcik's center court conrol began paying off. The shots Peterson made the first game were skipping in game two, indicating that Loretta's concentration was dwindling and

Stacey Calms Six Shakey Fletchers

by Carole George

Behind every cool kid is a nervous family. Sixteen-year-old Stacey Fletcher, 1980 Girls 17 and Under Juniors National Champ, accepted her semi-final finish in the women's amateurs and second place in the doubles at the Las Vegas Nationals as calm as could be. But she had to take a time out during one of the matches to calm her brother, Dan, 23.

Whenever Stacey calls home after a competition, her father picks up the phone on the first ring and her mother gets on the other line. Her father was there to watch her win the Juniors Nationals title and a \$1,500 college scholarship, and, typically, "he got wetter watching than I did playing, reports Stacey.

Of her own success Fletcher remains humble. She hoped her sophomore classmates at Bishop Foley private school in Warren, MI wouldn't find out she plays on the racquetball tour, but then they saw her on television. She gave a short interview and proceeded to beat the pants off of a local sportscaster.

Part of the reason Stacey doesn't want everyone to know how serious she is about racquetball is because she's also serious about basketball. The school team finished in the regional finals of the state last year, but at 5'5" Fletcher is short even for a point guard if she plans to play professionally.

"I know the money would be better in basketball, but my parents tell me to do whatever I enjoy. I have two more years of high school and then college before I have to make a decision between basketball and racquetball."

Mother's Footsteps

Sports have always been important to Stacey, who follows in her mother's footsteps. "I read in old newspapers about how great an athlete my mom is," Stacey says, "but she won't admit

The youngest of five children, who says she's "spoiled rotten," was always playing baseball with the boys on the block. "I sort of remember having one doll."

Even now Stacey is happier on the racquetball court than the dance floor. "I don't have time for boys. I had one kid who kept bugging me to go to a dance with him. I'm definitely not boy

If Stacey did have a boyfriend he would

Fletcher worries through Stacey's match.



that Wojcik was controlling the flow of play by dominating center court. Loretta staged a comeback to 14, but that was all she could muster, and Wojcik won game two 21-14.

The tie-breaker saw Wojcik continue her control play. By this time Peterson was tired from her trips to the back wall, retnieving Wojcik's passes. One last surge brought Loreta back to five, but then Lynn streaked to victory, one of the very few who returned.

When Hamett and Peck had graduated from the 15 and Under division last year, John Klearman of St. Louis couldn't have been happier. Klearman was the number one seed in the division last year only to be upset by Peck in the semis. John went home knowing he had an even better chance this year, and again he was number one. It was obvious when John

arrived in Indianapolis this year that he had no intentions of letting another title shot skip in.

In Klearman's first three rounds he amassed a perfect 126 points while his opponents totalled only 34. He was stronger and quicker than the rest of the field. Number Four Seed Shawn Fitzpatrick, a gutsy Californian, showed Klearman in the semis what willpower was all about, but again Klearman's strength surpassed Shawn's courage 21-8, 21-16 carrying him into the finals. (The only other player to hit double figures against John was Louisianian Lance Lacour.)

Number Two Seed John Amatulli from Merrillville, IN had high hopes for this year's tournament. Besides winning Indiana's state open title at age 15 John spent a month in San Diego with top Coach Louis Ruiz. Amatulli was matched against Number Three Seed Gerry Price of Castro Valley, CA, a relative unknown on the national juniors scene, who had won the tough Westem Regionals. Maintaining his anonymity through the week Gerry had nonchalantly cruised into the semis against Amatulli. The match was an entertaining contrast between Amatulli's power and savvy pitted against Price's finesse and energy conserving style. The result: an impressive tie-breaker win for Price 14-21, 21-7, 11-4.

The finals again pitted power against finesse. During the "feeling out" period of game one neither Price nor Klearman pulled away for more than three points. The game continued close throughout, being tied at one, three, four, nine, 12 and 17. Then at 17 Price got three straight. Klearman had one more opportunity to serve, but skipped a backhand. He skipped again at game point to give the first game to Price 21-17.

John came out smokin' in game two, mounting a 10-3 lead on excellent drive serves blanketing both walls. The shots he had left up in game one were now rolling, and Price could not track them down. Gerry had gotten too conservative and the drive he mounted at 7-17 to 13-17 was too late. Klearman iced it with five straight on some fiery exchanges. Game two to Klearman 21-13.

The tie-breaker saw Price jump out to an early three zip lead. An ace made it 4-1 before Klearman came back to 3-4, but Gerry quickly jumped the score to 6-3 on two Klearman skips. John then fought back to tie it at six. A rally of at least a dozen shots at Klearman serving 7-8 ended with a side out. A bad bounce along the right side wall gave Price another point 9-7, and this seemed to be the break Gerry needed. He came up with two points ending the match with a rollout.

Elaine Mardas of Columbus, OH topped Tammy Horrocks of St. Louis in the girls 12 and Under title. Tammy had earlier upset Number One Seed Adrianna Miranda of El Paso in the semis 21-14, 21-13. Mardas made it to the final by ousting Lorie Miller of North Syracuse, NY 21-7, 21-2 in the semis. The finals saw Mardas overpower Horrocks 21-11, 21-9. Tammy's shots were not as crisp as they had been against Miranda, and Elaine was able to capitalize on frequent center court setups.

have a tough time trying to fit into her busy schedule. She usually gets up a 6 a.m., so she can eat and dress and get in some basketball practice before school. After school the team practices again, then Stacey goes to the racquetball court for a few hours. After dinner she tries to study. During racquetball tournaments Stacey has to study on the airplane or in between matches, but that's difficult, especially when she goes to tournaments in towns like Las Vegas.

Being around older people has given Stacey a lot of grown up poise. But around her friends she acts her age. "I goof off and get in as much trouble as my friends do . . . I don't get into trouble at school because I'm not there long enough."

For the Nationals Stacey had to miss a whole week of school, and then come back to take final exams.

Burned out at 13

Since Stacey first started playing racquetball three years ago, she's had a few periods when she felt burned out from her hectic schedule. After winning most of the local tournaments, she began to lose her desire to play

racquetball.

Recently she began working out with Gil Schmitt, who helped revitalize her interest. Stacey was afraid she had reached her peak, but with new drills from Schmitt she realized that her career is just beginning.

Lynn Adams is one of the pros Stacey looks up to. "She really concentrates a lot and wants to win. I admire her desire."

One of the funniest tournament experiences for Stacey was when she entered the Juniors 14 and Under in a local tournament. To her surprise she was the only girl in the division. To everyone else's surprise she won the division, even though she was barely five feet tall and her opponent in the finals was 6'2"!

Even now Stacey plays mostly men because — other than her doubles partner, Irene Ackerman — there just aren't any women who can compete with her in Warren.

And though the competition is stiffer on a national level, it's not too stiff for Stacey, who has proven that she can handle racquetball — as long as it's as much fun as basketball.

In addition to winning the boys 12 and Under catgegory Dave Simonette of Baltimore became a local celebrity, playing an exhibition match against Indianapolis' deputy mayor, David Frick. Local television cameras were on hand to see the little giant's final match. Simonette's quarter-final victory over Tim Doyle of Williamsville, NY and his semifinal win over a smooth Mark Monje of Park Forest, IL came relatively easily. His court position and shot repertoire (including a splat!) gave Dave a fundamental edge over the others. Number Two Seed Andy Gross of Creve Couer, MO also made it to the finals with no close calls, having defeated Quinn Barefield of Lafayette, LA in the quarters and Bobby Rodriguez of Sunnyvale, CA in the semis. The finals saw Simonette completely dominate play. Andy seemed a little sluggish, and Dave repeatedly forced him to retrieve from back court. The result: Simonette wins 21-15, 21-1. A demonstration of what Dave calls "percentage racquetball."

The new 10 and Under divisions for both boys and girls were a big success in their first year. Although only seven young ladies braved the trip, they were rewarded with a lot of fun and good competition. Number One Seed Alma Fuentes of El Paso taught the gallery a lesson in eye contact as she and Cindy Doyle of Williamsville, NY did battle in the finals. Game one was close all the way with Alma eking out a 21-20 win. Cindy came out strong in the second game but could not hold on to an early lead as Alma came from behind to win in two, 21-17. The girls 10 and Under division's sister act was Stephanie and Kim Pinola from Blue Bell. PA who both lost to the eventual finalists in the semis.

Jim Floyd of Burton, MI came off the glass championship court and gave his dad a big hug. He had just defeated Brad Nelson of Lincoln, NE 21-6, 21-8 in the boys 10 and Under. Wayne Nelson, in the other corner, consoled his gallant son to ease the pain of defeat. Both finalists had made the championship game unseeded, a feat in itself. Brad looked tough early in the going topping Number One Seed Nick Marino of Metarie, LA and a spunky Tony Jelso of Albuquerque. In the lower bracket Jim won over Mike Locker of Duluth, MN and had a tough semis match with Sloan Holmes of Las Vegas. Holmes had taken out Number Two Seed Alex Weis of Middleton, WI.



David Simonette's father watches his son appeal to the ref in the 12 and Unders.



In the finals Jim was his easy going self, taking his normal shots and playing much the same as he had all week. Brad looked a little jittery playing on a glass back wall before a large crowd. His lob Z serve, which had baffled the others all week, wasn't working as well against Jim, and he just wasn't able to execute. At 10 he'll have a lot more tournaments to win.



The elation of Loretta Ann Peterson's mother subsided later in the match her daughter, left, lost to Lynn Wojcik in the Girls 15 and Unders.



John Amatulli, right, had some winning moments in his Boys-15 and Under semis match against Gerry Price, as his parents' smiles portray, and his eventual defeat is also written on his mother's face. Later John won the Sportsmanship of the Year award.









Girls 17 and Under

(Preliminary Round): Hajjar d. Meusel 21-2, 21-4; Green d. Furnas 21-5, 21-4; Fischi d. Haynes 21-12, 21-4; Stupp d. Van Kampen 21-0, 21-5; Gross d. Stober 21-20, 21-8

(First Round): Alvarado d. Snyder 21-2, 21-3; Hajjar d. Brint, forfeit; Green d. Sottile 21-17, 20-21, 11-4; Koza d. Rawls 8-21; 21-18, 11-4; Fletcher d. Ratliff 21-9, 21-3; Mathieu d. Fischl 21-20, 21-18; Stupp d. Lee, 21-2, 21-8; Kraus d. Gross 21-9, 21-6

(Quarters): Alvarado d. Hajjar 21-10, 21-7; Koza d. Green 21-8, 21-10; Fletcher d. Mathieu 18-21, 21-17, 11-2; Stupp d. Kraus 18-21, 21-13, 11-9

(Semis): Alvarado d. Koza 21-10, 21-7; Fletcher d. Stupp 12-21, 21-4, 11-2

(Finals): Fletcher d. Alvarado 21-14, 14-21, 11-9

Boys 17 and Under

(First Round): Harnett, bye; St. Jean d. Mitchell 18-21, 21-4, 11-2; Mende d. Lindsey 21-18, 21-17; Alvarez d. Poppino 8-21, 21-16, 11-6; Tracy d. Horton 21-11, 21-8; Hunter d. D'Amico 21-3, 21-2; Husey d. Conway 21-15, 21-19; Casclo d. Moskwa 21-17, 17-21, 11-5; Newman d. Harmeson 21-3, 21-2; Miller d. Chavez, forfeit; Oliver d. Arnove 21-7, 21-10; Ginsburg d. Silverstone 21-1, 21-4; Ray d. Miller, forfeit; Miller d. Herron 21-2, 21-14; Waldorf d. Bennett 21-15, 8-21, 11-7; Calabrese, bys; Peck, bys; Lasbury d. Moore 21-17, 21-18; Brown d. Vantrease 21-7; 21-17; Rosenblum d. Damron 21-13, 21-5; Comeaux d. Freutel 21-3, 21-1; Gautier d. Trautman 21-6, 18-21, 11-3; Perry d. Mohr 21-13, 20-21, 11-3; Kinney, forfeit; Slazes, forfeit; Berin d. Deighan 21-10, 21-20; Gilliam d. Beauchamp 21-2, 21-5; Parodi d. Bowles 21-17, 12-21, 11-0; Quam d. Lambert 21-12, 21-5; Kohl d. Dean 18-21, 21-9, 11-5; Greenberg d. Olmsted 21-3, 21-16; Gonzales, bye

(Second Round): Harnett d. St. Jean 21-5, 21-3; Alvarez d. Mende 21-8, 21-6; Hunter d. Tracy 21-20, 21-8; Cascio d. Hussey 21-2, 21-0; Newman d. Miller 21-0, 21-3; Oliver d. Ginsburg 9-21, 21-15, 11-4; Ray d. Miller 10-21, 21-12, 11-8; Calabrese d. Waldorf 21-7, 21-4; Peck d. Lasbury 21-8, 21-9; Rosenblum d. Brown 21-17, 21-19; Comeaux d. Gautier 21-4, 21-19; Kinney d. Perry 21-11, 21-7; Slazes d. Berin 21-5, 21-7; Gilliam d. Parodi 21-6, 14-21, 11-6; Gonzales d. Quam 21-10, 21-16

(Quarters): Harnett d. Cascio 21-14, 21-10; Oliver d. Ray 21-13, 21-14; Peck d. Kinney 21-9, 21-5; Gonzales d. Gilliam 21-15, 14-21, 11-10

(Semis): Harnett d. Oliver 21-16, 21-11; Peck d. Gonzales 21-18, 21-9

(Finals): Peck d. Harnett 21-19, 21-14

Girls 15 and Under

(Preliminary Round): Welss d. Woodard 21-0, 21-5; Merkel d. Rasmussen 19-21, 21-13, 11-6; Pritchett d. Hunter 21-2, 21-0; Monje d. Huff 21-7, 21-16; Crawford d. Cooling 21-10, 15-21, 11-7; Young d. Rubin 17-21, 21-13, 11-7; Kuchenreuther d. Connell 21-2, 21-5; DeLugg d. Pinazzo 21-4, 21-9

(First Round): Wojcik d. Weiss 21-0, 21-0; Rosenberg d. Merkel 21-15, 21-16; Pritchett d. Young 21-4, 21-5; Drexler d. Monje 21-4, 21-2; Peterson d. Crawford 21-9, 21-7; Brint d. Young 21-20, 19-21, 11-3; Kuchenreuther d. Danner 21-9, 21-15; Heath d. DeLugg 17-21, 21-12, 11-3

(Quarters): Wojcik d. Rosenberg 21-19, 21-4; Drexler d. Pritchett 21-16, 21-9; Peterson d. Brint 21-9, 17-21, 11-5; Heath d. Kuchenreuther 21-6, 21-6

(Semis): Wojcik d. Drexler 21-20, 21-9; Peterson d. Heath 21-13, 8-21, 11-7

(Finals): Wojcik d. Peterson 12-21, 21-14, 11-5

Boys 15 and Under

(Preliminary Round): Mingee d. Grace 6-21, 21-8, 11-2; LaCour d. Buehrle 19-21, 21-8, 11-4; Jeffers d. Stern 21-12, 21-14; Palisi d. Lasbury 16-21, 21-3, 11-5; Christiansen d. Mikula 18-21, 21-5, 11-2; Fink d. Crandell 21-9, 21-4; Bezousek d. Morrison 21-9, 21-7; Miranda d. Vega 21-12, 21-16; Pugh d. Anthony 21-15, 20-21, 11-1; Woodard d. DeGroodt 21-7, 21-17; Koran d. Pufhal 11-2, 21-9; Miller d. Johnston, 21-4, 21-5



(First Round): Klearman d. Mingee 21-0, 21-0; Claus d. Zipes 21-12, 21-18; LaCour d. Levy 21-3, 21-11; Plazak d. Jeffers 21-4, 21-16; Henshaw d. Palisi 21-9, 21-5; Christiansen d. Gaetjens 21-18, 21-19; Ira, forfeit Fitzpatrick d. Fink 21-5, 21-4; Price d. Bezousek 21-10, 21-13; Campbell d. Cassady 21-8, 21-9; Bluestone d. Miranda 6-21, 21-18, 11-5; Scheyer d. Pugh 21-11, 21-18; Gross d. Woodard 21-4, 21-12; Koran d. Brechon 21-15, 21-13; Barrett d. Walker 20-21, 21-7, 11-3; Amatulli d. Walker 21-1, 21-2

(Second Round): Klearman d. Claus 21-6, 21-9; LaCour d. Plazak 21-6, 21-8; Henshaw d. Christiansen 7-21, 21-12, 11-5; Fitzpatrick d. Ira 21-8, 21-8; Price d. Campbell 21-12, 21-4; Scheyer d. Bluestone 21-13, 16-21, 11-3; Gross d. Koran 21-11, 21-11; Amatulli d. Barrett 21-6, 21-10

(Quarters): Klearman d. LaCour 21-3, 21-16; Fitzpatrick d. Henshaw 21-16, 21-16; Price d. Scheyer 21-11. 21-10; Amatulli d. Gross 21-12, 21-13

(Semis): Klearman d. Fitzpatrick 21-8, 21-16; Price d. Amatulli 14-21, 21-7, 11-4

(Finals): Price d. Klearman 21-17, 13-21, 11-7

Girls 12 and Under

(First Round): Miranda, bye; Horrocks d. Crawford 21-14, 21-12; Miller d. Baker 9-21, 21-3, 11-3; Mardas d. Jamison 21-6, 21-5

(Semis): Horrocks d. Miranda 21-14, 21-13; Mardas d. Miller 21-7, 21-2

(Finals): Mardas d. Horrocks 21-11, 21-9

Boys 12 and Under

(First Round): Simonette, bye; Pritchett d. Williams 21-5, 21-4; Alvarado, forfeit; Doyle d. Hunter 21-9, 21-13; Monje d. Mallon 21-0, 21-0; Malisi d. Keenan 21-4, 21-10; Hogge, forfeit; Bell d. Switzer 21-1, 21-0; Potter d. Johnston 21-0, 21-3; Rodriquez d. Heaney 21-2, 21-1; Brechon d. Stead 21-15, 21-13; Hausserman d. Rodenschmidt 21-7, 21-17; Shoemate d. Karras 21-6, 21-3; Barefield d. Gonzales 21-18, 21-19; Brandenburg d. Schod 21-6, 21-1; Gross, bye

(Second Round): Simonette d. Pritchett 21-4, 21-4; Doyle d. Alvarado 21-12, 21-15, Monje d. Palisi 21-2, 21-3; Hogge d. Bell 21-16, 8-21, 11-7; Rodriquez d. Potter 9-21, 21-17, 11-6; Hausserman d. Brechon 21-14, 21-5; Barefield d. Shoemate 16-21, 21-17, 11-10; Gross d. Brandenburg 21-2, 21-2

(Quarters): Simonette d. Doyle 21-3, 21-10; Monje d. Hogge 21-5, 21-9; Rodriquez d. Hausserman 9-21, 21-17, 11-6; Gross d. Barefield 21-8, 21-10

(Semis): Simonette d. Monje 21-11, 21-12; Gross d. Rodriquez 21-17, 21-14

(Finals): Simonette d. Gross 21-12, 21-1

Girls 10 and Under

(First Round): Fuentes, bye; S. Pinola d. Kamyck 21-5, 21-5; K. Pinola d. Heaney 21-8, 21-19; Doyle d. Horrocks 21-8, 21-8

(Semis): Fuentes d. S. Pinola 21-3, 21-1; Doyle d. K. Pinola 21-9, 21-16

(Finals): Fuentes d. Doyle 21-20, 21-17

Boys 10 and Under

(First Round): Marino, bye; Shod d. Engram 18-21, 21-18, 11-10; Nelson d. Lawton 21-14, 21-6; Enright d. Lockrem 21-7, 21-13; Jelso, bye; Mikulla d. Rideout 13-21, 21-16, 11-9; Young d. Rumbaugh 21-16, 21-14; Hannah, bye; Musselman, bye; Floyd d. York 21-16, 21-8; Dunman d. Keenan 21-15, 21-19; Locker, bye; Holmes, bye; Perry d. Karras 21-2, 21-10; Mardas d. Lech 21-17, 20-21, 11-7;

(Second Round): Marino d. Shod 21-20, 13-21, 11-9; Nelson d. Enright 21-5, 21-13; Jelso d. Mikulia 21-6, 21-5; Hannah d. Young 21-8, 16-21, 11-7; Floyd d. Musselman 21-10, 21-10; Locker d. Dunman 21-5, 21-1; Holmes d. Perry 21-0, 21-9; Weis d. Mardas 21-3, 21-4

(Quarters): Nelson d. Marino 21-19, 21-14; Jelso d. Hannah 21-16, 21-12; Floyd d. Locker 21-20, 21-13; Holmes d. Weis 21-3, 21-4

(Semis): Neison d. Jelso 21-14, 21-17; Floyd d. Holmes 21-20, 19-21, 11-1

(Finals): Floyd d. Nelson 21-6, 21-8

Consolation Winners

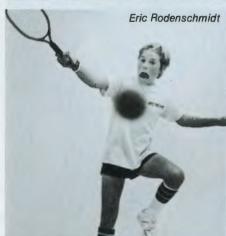
Girls:

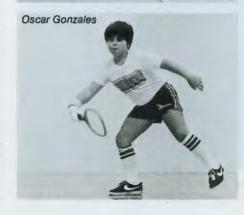
10 and Under: 1st-Christine Kamyck, 2nd-Dawn Heaney 12 and Under: 1st-Ellen Crawford, 2nd-Beth Jamison 15 and Under: 1st-Tina Rasmussen, 2nd-Jessica Rubin 17 and Under: 1st-Mary Rawls, 2nd-Karen Van Kampen

10 and Under: 1st-Nolan Glantz, 2nd-Jason York 12 and Under: 1st-Eric Rodenschmidt, 2nd-Oscar Gonzales 15 and Under: 1st-Scott Breshon, 2nd-Steve Gaetjens 17 and Under: 1st-Brad Poppino, 2nd-Dave Trautman

Consolation Winners . . .











10 and Under Winner Jimmy Floyd





Bob Keenan, Court Club Program Director Camille McCarthy and Seamco's Art Orloski, left to right, admire the 10 speeder contributed by Carmel Cycles and won by Christine Kamyck.

Racquetball's Horatio

These are NRC Director Dan Bertolucci's remarks at the National Juniors awards banquet Aug. 14 at Holiday Inn North, Indianapolis



Most of you players know my boss, Bob Kendler, who would like to have been here tonight to say a few words. He doesn't usually say just a few words, so maybe it's better that I am here. Bob likes to say thanks to everyone who contributes to the tournament, and there are many. They all deserve honorable mention, and two of them deserve an extra special round of applause because they contributed a substantial sum of money. Charlie Drake of Leach Industries and Al Mackie of Seamco Sporting Goods are the super sponsors who have made this event possible. If you enjoyed yourself, if you won anything, or learned something, it would be nice of you to write both a short note, thanking them for your holiday. Say something nice about me, too, so my boss, who spent a little money also, gives me the "go" sign for next year! It's all up to you. If you liked what you did here and you would like more next year . . . send a letter to our sponsors. Also tell us how we can make it a better get together for all of you and, by gosh, we WILL! Don't forget the letter to our sponsors. And don't forget Leach Racquets and Seamco Balls. They deserve a lot of praise because they have been paying for all these tournaments since the first one. And, I might add, paying for the scholarships we give as well.

Now I won't dwell on scholarships, but I think each of you should know they amount to a large sum of money every year, and the sponsors do not have to award them. Tens of thousands of dollars have been spent to help deserving players earn their way into college and through college. Some even have been helped to careers involving more money than they ever dreamed possible!

You have all heard about the Horatio Alger success story, but did you know that racquetball has its own version of this poor smalltown boy? Our hero was raised in middle America by a working mother who shared her meager income with her son and a couple of daughters. As early as 14 years he knew that if he was going anywhere at all, it would be his own effort alone that would do it. He would have to work his way through school and through life, to gain any of the goals he set for himself. With his surroundings it appeared that his life would be one struggle after another. Fortunately he was well equipped to handle struggles. Of the few blessings the good Lord gave him, one was soon to become evident that was without measure or price. A fierce competitive nature, the sure by product of a hungry beginning in a very hard neighborhood, became the priceless ingredient that set the stage for a remarkable career in racquetball. But before I tell you who the hero of our story is, let me first make this comment.

You read a lot today about the quality of Japanese automobile production and the lack of it in our union controlled shops. Our country was founded on the belief that quality has no substitute, that diligence and pride in fine workmanship is the hallmark of our nation's industrial progress. We are now in a period that is not earning acclaim or honor for our great country. It is marked by shoddy workmanship, carelessness, indifference and absenteeism.

We are troubled, too, by the quality of public education, once highly regarded for its pursuit of excellence. Then, as the population of our nation grew, we began to confuse quality with quantity. What we have is accomplishment without substance, diplomas without knowledge and graduation without intellectual competence. Some college students, when placed on their honor, cheat on examinations. The essential problem is ethical - the absence of a quality of life committed to excellence and responsible performance, a sense of "oughtness." We know we ought to give the best that is in us, to whatever tasks our hands or minds must do, whether it be building cars, studying books or playing racquetball. We know we ought to be honest and forthright. We falter when faith fails, accepting falling standards, creeping dishonesty, shoddy workmanship - all indications of the absence of excellence.

The quality of our lives hinges on a vital faith that inspires commitment to excellence and personal responsibility for giving our best to the best we know. In the light of that faith we are ashamed when we fail to do as we ought. If others are building shoddy cars, that is no excuse. If others are cheating on examinations, that is no reason for us to be tempted. If others are dishonest in racquetball or any other sport, it should kindle indignation in us. Each time we note the absence of excellence, we are given the golden opportunity to demonstrate the greatest of all characteristics - integrity.

You have heard it said that "the quality of mercy" is "an attribute of God himself," and so is the quality of integrity with its dedication to excellence. Quality has no substitute because it is an "attribute of God himself." As you think about quality and excellence, remember they do not come easily. They must be practiced daily and with real determination so they become second nature. These qualities our hero possessed along with his fierce competitive pride.

A racquetball hero pleases his public.



Lady Dillman



Needless to say his qualities were best expressed in racquetball, and from this came all the education he needed and all the support his family needed. In fact a lot more came when at the age of 22, he signed a million dollar contract for his services over the next four years. A millionaire? Just like Horatio Alger. A hero? Just like Marty Hogan. Oh yes - you guessed it. Our hero is Marty Hogan, and there isn't a man in racquetball who won't tell you that it is his excellence, integrity, character, faith in God and love for his family that have made Marty's success story come true. You can do the same. The scholarships are here. The challenge is here. And we know there is another Marty in this group! Just remember. The secret is excellence and quality, and it doesn't matter whether you're planning to manufacture cars, study for college or play racquetball!



Bob, left, and Sean Keenan refresh with Wagner's Thirst Quencher, the official tournament drink.

Notes of the Tournament . . .

Indianapolis families who opened their homes to out of state players supplied extra cheering sections for the kids whose sleeping bags covered their floors tournament week. Among the hosts were the Ron Mikullas, the John Mallons and the Victor Pufahls, whose son, Scott — 15 and Under competitor — led the way in showing quest players that Indianapolis knows what hospitality means . . . One group stayed on top of the tournament by setting up their camper in the Court Club parking lot. That was the family of Sloan Holmes, who gave 10 and Under Winner Jimmy Floyd his toughest match . . . Jim, Adam Karras-the tournament's youngest entry-and Alma Fuentes were among the kids with enough charm to prove that the 10 and Under division was a wise addition to the National Juniors . . . Alma and Oscar Gonzales, 12 and Under players, were part of Curt Young's crew from Las Cruces, NM . . . The boy who charmed them all at last year's National Juniors-David Simonette (on the July, 1980) National Racquetball cover) - came in from Baltimore to win the 12 and Under competition and to play an exhibition match against Indianapolis Deputy Mayor David Frick. Jerry Harkness, former Loyola University basketball player and now an Indianapolis sports reporter, interviewed young Simonette and NRC Director Dan Bertolucci over Channel 13 . . .



The amazing spirit of warmth and fun that surrounded this fifth Junior Nationals was due to some amazing people. Heading the list is the Court Club staff - Manager Lady Dillman, Program Director Camille McCarthy (who also provided player housing), Assistant Manager Terri Hodson, Desk Person Lee Ann McKeen and Bookkeeper Nancy Cowan, as well as the Court Club owners-Bob Whitacker, Tom Rush and Ken Meiring. Others contributing to the success of the tournament were Press Liaison Pam Connell and the Court Club kids who helped-Jay Rose, Wes Marshall and Mike Whitten . . . Refs who also deserve thanks are Indiana State Racquetball Association head, Harold Hoff; Ron Johnson; Pete Gundy and Howard May . . . Betsy Salisber, who arranged to bring in Tiger Toys Inc. electronic games, was responsible for many happy off court hours at the tournament, and for many future hours of pleasure she'll get from the 10 speed bicycle she won in the draw, Christine Kamyck can thank Indianapolis' Carmel Cycles.

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MATES RACQUETBALL

^{(al}ball

In Racquetball Clothing



by Pamela Dittmer McKuen

Proper racquetball clothing means not so much how an outfit looks, but rather how it plays. In the fast moving game that requires quick turns and overhead reaches durability, fiber content and construction are prime considerations. A player must know what to look for in a racquetball uniform to avoid ending up with an outfit that allows the maneuverability required to walk a small, lazy dog.

What are those qualities you should seek in racquetball clothes that emphasize comfort?

Fabrics

Cotton/Poly Blends

Cotton/polyester blends, preferably in a knit, give as the body stretches and bends. And a two-way knit is more comfortable than one that pulls in a single direction. T-shirt knits and terry cloths move, and so do stretch velours. Cotton duck just isn't flexible enough.

Cotton is a hydrophilic fiber, meaning it absorbs water, and will compensate for the vast build up of perspiration. Manmade fibers, with the exception of rayon and acetate, are hydrophobic and repel water. A 100 percent polyester will not absorb body fluids; speaking from a skin comfort standpoint this results in a clammy feeling. On the other hand pure cotton will absorb it all into the shirt and stay there—soaking wet—leaving the player distracted and uncomfortable.

Another property of cotton is that it is not particularly durable— sweat and frequent washings and wearings gradually break down the fabric.

When two fibers are combined, such as cotton and polyester, so are their properties. In racquetball apparel the cotton is cool to the skin while the polyester adds strength to the fabric. The poly lends a wicking action to the fabric, meaning it passes the perspiration from the body through the garment and into the air to evaporate.

Nylon Mesh

The very durable fiber, nylon, is lightweight, and though it does not absorb sweat, it allows a free flow of air to evaporate perspiration. Manufacturers sew nylon mesh insets into shirts to extend a greater circulation of air to the body.



Janell Marriott likes a shirt with a sleeve. "It gathers up sweat that otherwise would be rolling down my arms."

Construction

Following the much quoted philosophy of Architect Mies van der Rohe—less is more. Zippers, pockets, buttons and other detailing not only add to the overall cost, they also prevent give in that part of the garment.

Pocket

A pocket that's useful is the small one for the locker key found in the waistband of many racquetball shorts. That waistband, by the way, is more comfortable when it's made of elastic, rather than with the button or zipper placket found in tennis shorts.

Shape

As for the shape of the shorts they work best on the court when they're longer in back than in front and when they're cut high on the sides.

Sleeves

Anyone familiar with waterfalls of racquetball sweat will prefer a sleeved shirt to mop up perspiration and prevent it from running down the arm. Raglan sleeves won't bind or pinch the armpit and set-in sleeves shouldn't do so if the shirt fits right. Open V-necks and low scoops offer ventilation to the neck and chest.



This outfit gives Marci Greer "shoulders that are big enough, sleeves that are wide enough, a long tail on the shirt and a loose body"



Jean Sauser likes the V neck and roomy sleeves in this outfit that "comes in and out of two machines" for easy care.

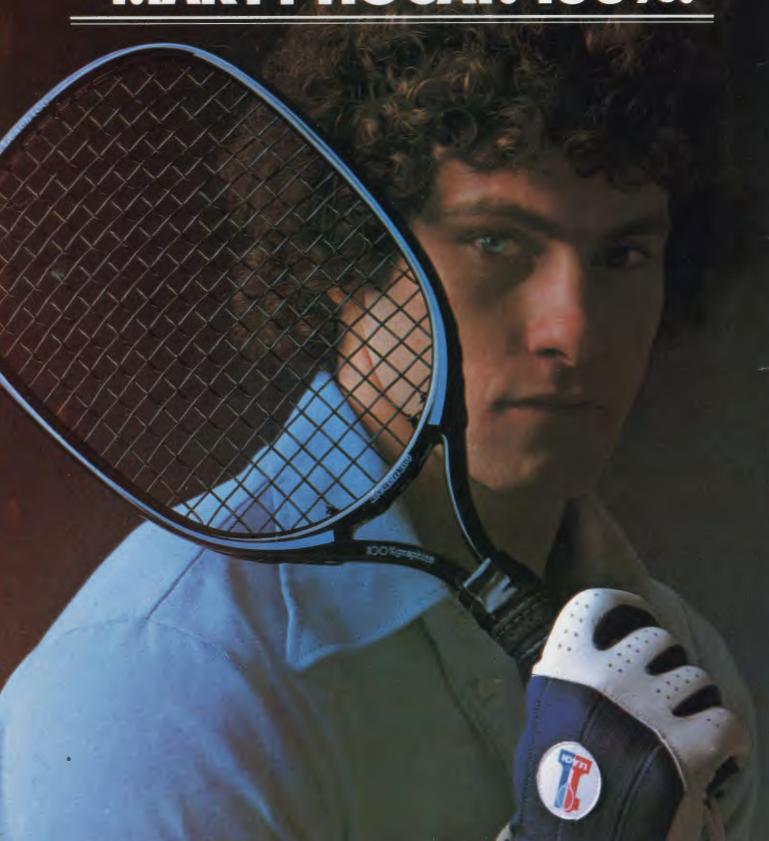
Test Before You Play

Racquet wear should hug the body, but not feel tight. In the dressing room do a few lunges to see where the shorts end on the leg. Do squats and toe touches to discern the back length of the pant.

Rotate your arms full circle and reach to the sides as far as you can. Do the sleeves dig into your arm? Is the shirt long enough so it doesn't pull out of your shorts as you swing? Would the garment feel better one size larger, or would you then get caught in extra folds of fabric?

Racquetball clothing should feel good next to the body. It should fit well and stand up under wear and tear of strenuous activity. Select yours carefully so that all you have to worry about is beating the other guy.

PRESENTING THE ONLY RACQUET THAT CAN GIVE MARTY HOGAN 100%.



Leave it to Leach to deliver 100%. And more.

Back in the fall of 1978, we gave Marty Hogan something he couldn't get from anyone else in the industry.

A Leach Graphite 100. The world's first 100% graphite racquetball

racquet.

Since then, Marty and his Graphite 100 have teamed up to turn the pro tour upside down. With wins in every major tournament—including the 1978 Pro Championship.

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Why Marty won't go to court

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Graphite is probably the perfect racquet frame material. Ounce for ounce, it's several times lighter than aluminum. Yet, even stronger and stiffer.

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What's more, no one's been able to copy Leach's innovative technology. So the Leach Graphite 100 is still the world's first and only 100% graphite racquet.

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Obviously, not everyone needs the awesome power of 100% graphite. So Leach created three other racquets that harness graphite's winning ways.

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Then there's the new Leach Graphite Bandido. We took one of the winningest designs and without altering its shape a single millimeter—beefed up its glassfilled frame with graphite.

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deadly, it
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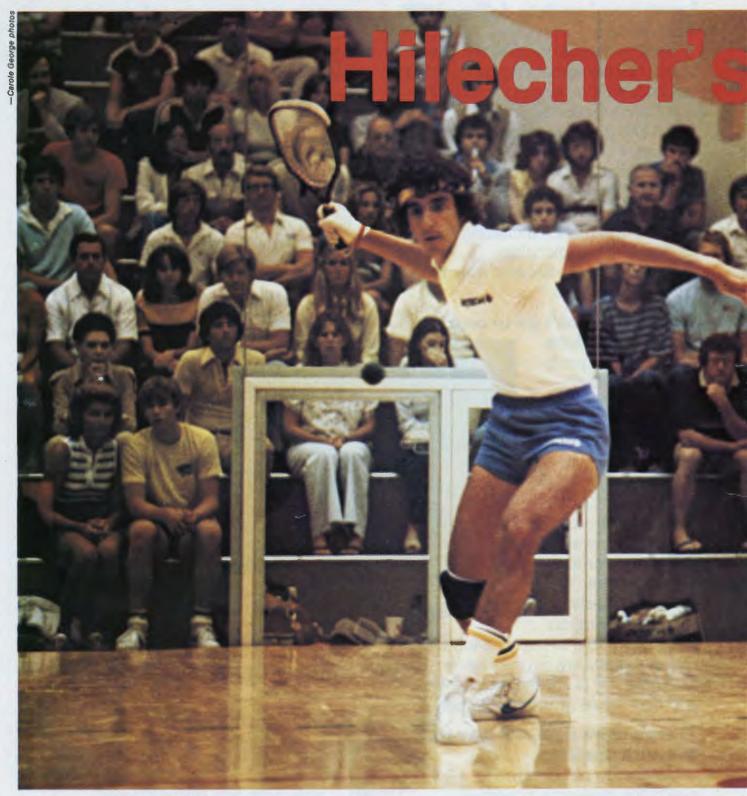
Because only Leach can give you a choice.





NUMBER ONE BY DESIGN ...

Tournament Results



With Dave Peck pushing him to his best game Jerry Hilecher takes his first pro victory in four years.

by Tom Morrow

Victory has eluded Jerry Hilecher for more than four years, but he made up for lost time at the Aug. 27-30 start of this season's National Racquetball Club tour by defeating Marty Hogan and going on to win the \$15,000 Kings/Bank of Newport Pro-Am Classic, downing third ranked Dave Peck 21-20, 21-20.



Top seeded Hogan, defending his third straight national title at King's Court in Westminster, CA, was ousted in the semifinal round by Hilecher 21-20, 16-21, 11-8. Peck, 24, eliminated second ranked Mike Yellen of Southfield, MI, also in the semifinal round 21-13, 21-14.

Out Helps Beat Hogan

Jerry Opens the NRC Tour Season by Defeating the Three Time Champ in the Semis and then Dave Peck in a Marathon Final.

The 26-year-old Hilecher from Solana Beach, CA took the \$4,500 first place money at the first stop on the 1980-81 NRC pro tour co-sponsored by Leach Industries and Seamco Sporting Goods.

The last two days of the meet were tense. with nearly every game close and hard played. The nation's top four professional players gave the crowd their money's worth during the semi-finals and final rounds, with marathon rallies and nearly impossible pinch shots, laced with behindthe-back gets.

In the first game of the Hogan-Hilecher match on Saturday, Aug. 30, the lead seesawed back and forth. Hogan managed two aces and two kill shots on Hilecher. but the fellow native of St. Louis answered with a series of three pinches and four kill

Hogan, who now lives in San Diego, held a 20-18 lead, but turned the ball over to Hilecher, who tied up with a pinch and a diving pass shot. Hogan then skipped the final point to Hilecher with a back handed shot into the right comer front wall, giving the national champ the victory.

The second game was a battle of wits as each player tried to psychologically outmanuever the other. Hogan led 5-0 and the allowed Hilecher to run eight points on him with a series of pass and kill shots.

The early half of the second game was filled with long rallies, uncharacteristic of recent professional racquetball.

Hogan, who had recently undergone a tonsilectomy, appeared angry with his play at times, but always seemed to place the ball where he wanted, when he wanted. Hogan's comer pinch and kill shots seemed effortless.

It appeared as though Hilecher was tiring during the last half of the second game as Hogan's pinch and kill shots took the score to 21-16.

Hilecher looked fresh coming out for the tie-breaker. The lead changed back and forth, never more than one point difference, and then with Hogan serving eight to Hilecher's nine, Hilecher called a time out just as the three time national champ was about to serve.

Hilecher's time out seemed to have an irritating affect on Hogan, who sided out when the ball came back in play.

Hilecher scored his final two shots quickly with a pass and a kill shot to upset the nation's top ranked racquetball player.

The Yellen-Peck match, which promised to be a closely played encounter, did not disappoint.

Throughout the match the good friends had long rallies — sometimes adding up to 12 exchanges.

Peck jumped to an 8-2 lead early in the game, allowed Yellen to catch up and go ahead at 12-11, then slammed three aces in a row to take and keep the lead winning the first game 21-13.

In the second game Peck and Yellen started out with closer scores. With Yellen leading 9-8 the two players went into a long rally on Peck's serve with Yellen finally causing the side out with a right corner pinch shot.

But Peck came back scoring two points with a skip and a fan, then went into a series of four kill shots and one ace to take a 15-10 lead.



Hilecher breaks through the notorious Marty Hogan "blast to win the semi-finals.

Yellen was able to score four more points in a row with two pinches and two kill shots, but Peck iced the match with three more kills and one pinch shot. The final point was scored with Yellen diving on a pass shot, bowing out of the tournament with the 21-14 defeat.

Sunday's final round was a two and a half hour marathon that went into a tie-breaker.

Peck and Hilecher pushed each other to their playing capacity, giving the fans at King's Court one of the most entertaining matches in years.

The evenly matched players traded points, though stubbornly, until the score was 9-7 with Hilecher leading. Then Hilecher went on a five point scoring spree allowing only one point to Peck.

With the score 13-8 it was Peck's turn. The former University of Texas-El Paso linebacker slammed six kills and an ace to take a 15-13 lead.

Hilecher chipped a forehand front wall pinch to grab his 14th point, but turned it back over to Peck, who slammed two more kill shots into the front wall.

Hilecher answered with two more points on a skip and a side wall-front wall kill. shot, but Peck came right back with another ace and a front wall kill to lead 19-16.

Hilecher grabbed three more points before Peck hit his 20th with a skip shot by Hilecher. Peck gave up two turnovers, allowing Hilecher to score after each side out and take the game 21-20.

Peck, who had been relaxed and calm, joking with the officials and crowd during his semi-final match with Yellen, was obviously more tense and serious in the final round with Hilecher.

The second game started much as the first, each player trading points with pinches, kills and skips. With the score 7-5 Peck slammed two aces in a row. Even though Referee Dan Bertolucci, national director of the NRC, awarded both noreturn points to Peck, the Texan said the second was no good because of a slight skip. The audience warmly applauded Peck for his sportsmanship.

A few minutes la ,, after several long rallies and side outs, Peck gave up still another would-be point because of what he saw to be a skip. Again he was soundly

applauded.

With the score at 10-8 one of the longest, hard hitting and diving rallies of the tournament took place, with Peck scoring his 10th point on a forehand kill shot. Hilecher was cheered for his seemingly impossible gets with bone cracking, elbow burning dives.

Hilecher went through seven serves without scoring a point, then with the score 12-9 Peck, he tied it 12-12 on four skip shots by Peck.

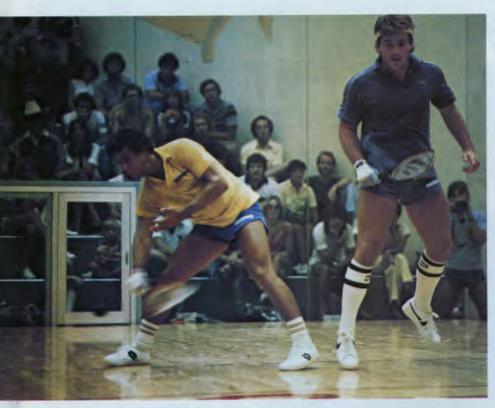
Visibly upset with the way things were going and his own performance, Peck slammed his fist into the back wall door, causing Bertolucci to assess a technical, subtracting a point from his score. Peck then allowed Hilecher two more points from skips. Peck then engaged in another tremendous rally filled with diving gets and behind-the-back saves. Hilecher's 14th point was earned on a skip by Peck.

Peck came back and scored two points in rapid succession with backhand front wall kill shots, only to have Hilecher score his 15th on a forehand front wall kill.

Hilecher got to 16 on a Peck skip. Then with the encouragement of the cheering crowd Peck scored six points in a row on a series of skip and kill shots to take the lead again 19-16.

But Hilecher wasn't giving up, even though everyone was certain the match would go into a tie-breaker. During Peck's seven point run he attempted to relax by joking with the crowd about how "boring" he thought the match was. But when Hilecher and he were deadlocked at 20-20, he guipped back at the crowd "I was lying when I said this was boring!"

Hilecher ended it quickly after Peck allowed two turnovers, scoring an ace for the match, 21-20.



Dave Peck and Mike Yellen treat the crowd to a series of skill filled rallies before the Texan takes the semis match.

"He deserved to win, he outplayed me," said Peck of Hilecher after the match. "Things will tighten up on this season's tour, no question about it. Anyone who says Hogan is going to dominate is flat incorrect!"

Hilecher was beaming after the match, saying it was not only a good feeling to win a tournament, but to do it by beating Hogan.

"The last time I won a tournament was four years ago in Sacramento and that's the last time I beat Marty," said Hilecher.

Hilecher credited Peck with being a tough opponent and competitor, but he seemed more excited about defeating Hogan than about winning the tournament.

"I beat him with my sidewall pinches," said Hilecher of the semi-final match with pro racquetball's top money winner. "Marty doesn't move as well as he should laterally."

If the Westminster tournament is any indication, this year's tour is going to be an exciting one. Greatly proved players like Don Thomas, who jumped 14 places last season to fifth seed, and younger players such as Gregg Peck, Dave's younger brother, who took Hogan into a tie-breaker in the second round of the King's/Bank of Newport Classic, promise to pressure the top see in the 1980-81 season.









In quarter action - above, top photo -Craig McCoy is an early Hilecher victim, while, lower photo, Hogan defeats Bobby Bolan. In photos at left, top, Peck beats Lindsay Myers and Yellen wins over Rich Wagner.

Las Vegas' Bret Harnett, right, who beat Ed Andrews in the 1980 National Open finals, proves he can repeat his win off of his home court.



The Dive: Hilecher's works, Wagner's doesn't.





Results

(1st Round):Marty Hogan d. Gregg Peck 21-18, 6-21, 11-5; Steve Serot d. Scott Hawkins 21-8, 21-19; Jeff Bowman d. Bob Bolan 21-11, 21-13; Doug Cohen d. Kirk Williams 21-10, 21-10; Charlie Brumfield d. Jerry Zuckerman 21-14, 21-4; Craig McCoy d. Dave Bush 21-5, 14-21, 11-2; Bruce Christiansen d. Gary Berberet 18-21, 21-17, 11-8; Jerry Hilecher d. Steve Mondry 21-6, 21-8; Dave Peck d. Dan Factor 21-10, 21-11; John Egerman d. Larry Meyers 21-19, 19-21, 11-5; Lindsay Myers d. Beaver Wickham 21-19, 17-21, 11-4; Don Thomas d. Mike Levine 21-15, 21-19; Rich Wagner d. Ben Koltun 21-12, 21-8; Mark Morrow d. Matt Mathews 21-11, 21-16; Dave Bledsoe d. Brett Harnett 21-10, 21-2; Mike Yellen d. Ross Harvey 21-16, 21-19

(2nd Round): Hogan d. Serot 21-13, 21-16; Bolan d. Cohen 21-13, 19-21, 11-9; McCoy d. Brumfield 18-21, 21-11, 11-5; Hilecher d. Christiansen 21-18, 21-4; Peck d. Egerman 21-19, 19-21, 11-5; Myers d. Thomas 21-12, 4-21, 11-6; Wagner d. Morrow 21-18, 12-21, 11-7; Yellen d. Bledsoe 21-18, 15-21, 11-9

(Quarters): Hogan d. Bolan 21-17, 21-18; Hilecher d. McCoy 21-10, 18-21, 11-8; Peck d. Myers 21-18, 21-4; Yellen d. Wagner 9-21, 21-8, 11-1

(Semis): Hilecher d. Hogan 21-20, 16-21, 11-8; Peck d. Yellen 21-13, 21-14

Finals: Hilecher d. Peck 21-20, 21-20





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