

NJRA NEWS

Vol. 1 No. 3

NEW JERSEY RACQUETBALL ASSOCIATION

MAY/JUNE 1981

NJRA Grand Prix Tour: The 2nd Stop

350 Participate At Racquetball 23

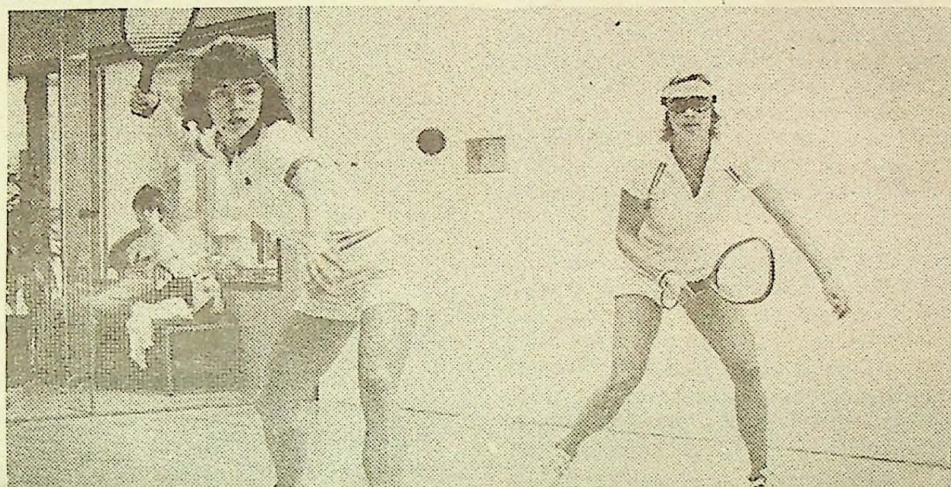
Hosted and operated by Racquetball 23 & Spa and directed by the N.J.R.A., this tournament was indicative of what's to come in the future of New Jersey Racquetball.

The tournament committee did an incredible job of running the Grand Prix II ahead of schedule all weekend long! The club provided an atmosphere and quality of hospitality that is yet to be topped! On the menu was pizza, (Friday & Sunday), fresh squeezed orange juice in unlimited supply (all weekend), and an array of cold cuts and salads to please everyone's tastebuds.

Prizes were donated by various sponsors and were given out at random to the winners of various early round matches as well as to some of the finals winners. FootJoy donated about a dozen pair of shoes and Carrera donated a number of Eyeguards, all of which were given out in the early rounds. Among the top prizes was of course, cash for the open players and a windjammer cruise for first place in the Men's Veteran Open. (Enjoy it Nicky...and bring us back some coconuts!)

At final count we figured that a little over 350 people played in and enjoyed this event. Everyone said they were psyched and ready for Grand Prix stop #3!!!

The N.J.R.A. looks forward to bringing you the highest quality racquetball events ever, in the state of New Jersey! We are dedicated to two very important things, Racquetball and the New Jersey player! Be sure to stay tuned for stop #3 United States Racquetball Club, Middletown. And don't get left out of what promises to be the best stop yet in the N.J.R.A. Grand Prix Tour.



Melanie Taylor, Women's Open winner, prepares for a kill against Karen Bednarsky in the semis.

RESULTS - NJRA GRAND PRIX II Racquetball 23 and Spa April 3, 4, 5

Men's Open

Quarters-Ruban Gonzalez d. Mike Miksza, Greg Levine d. John Bierman, Rick Englander d. Lonnie Allgood, Glen Sorrentino d. Ray Capitanelli. Semis-Englander d. Sorrentino, Gonzalez d. Levine. Finals-Gonzalez d. Englander. Third-Sorrentino.

Men's A

Quarters-Bloxom d. Moran, Sweetwood d. Vaccaro, Block d. Posella, Corcello d. Searles. Semis-Sweetwood d. Bloxom, Corcello d. Block. Finals-Sweetwood d. Corcello. Third-Block.

Men's B

Quarters-DeLuca d. Natase, Thomas d. Mainenti, Hamlin d. Kahn, Duggan d. Jewell. Semis-DeLuca d. Thomas, Hamlin d. Duggan. Finals-Hamlin d. DeLuca. Third-Duggan.

Men's C

Quarters-Ferrero d. Thalhelmer, Byrne d. Ollenick, Lochman d. Deckart, Cortese d. DeVaux. Semis-Byrne d. Ferrero, Cortese d. Lochman. Finals-Cortese d. Byrne. Third-Ferrero.

Men's Novice

Quarters-Travers d. Kozell, Marchesin d. Sedlak, Adamski d. Rubin, Provenzano d. Parker. Semis-Travers d. Marchesin, Adamski

d. Provenzano. Finals-Adamski d. Travers. Third-Marchesin.

Men's Veteran Open

Quarters-Mannino d. Welaj, Berwick d. Clark, Horne d. Babiak, Elia d. Polite. Semis-Mannino d. Berwick, Elia d. Horne. Finals-Elia d. Mannino. Third-Berwick.

Men's Seniors

Quarters-Denning d. Prucha, Kohout d. Torres, LaSala d. Miller, Fine d. Polite. Semis-Kohout d. Denning, LaSala d. Fine. Finals-Kohout d. LaSala. Third-Denning.

Men's Masters

Quarters-Pruzawsky d. Travers, Bykowski d. Ural, Horiel d. Ryan, Feldman d. Lewis. Semis-Bykowski d. Pruzansky, Huriel d. Feldman. Finals-Bykowski d. Huriel. Third-Feldman.

Open Doubles

Quarters-Levine/Bloxom-by, Horne/Bierman d. Elia/Elia, Berwick/Sergentanis d. Allgood/Lynch, Gonzalez/Valenti d. Wiles/Robertson. Semis-Levine/Bloxom d. Horne/Bierman, Gonzalez/Valenti d. Berwick/Sergentanis. Finals-Gonzalez/Valenti d. Levine/Bloxom. Third-Horne/Bierman.

Men's B Doubles

Quarters-Latronica/Kahn d. Nastase/Thomas, DeGennaro/Jewell d. Powers/DeLuca, Pruscha/Clarke d. Patterson/Media, Cirillo/Porter d. Portelli/Mainenti. Semis-Pruscha/

Clarke d. Cirillo/Porter, Latronica/Kahn d. DeGennaro/Jewell. Finals-Pruscha/Clarke d. Latronica/Kahn. Third-Cirillo/Porter.

Open Mixed Doubles

Quarters-Mannino/Aromanda-Bye, Englander/Englander-Bye, Crocket/Conrad d. Thomas/Williams, Moran/Moore d. Denning/Elia. Semis-Mannino/Aromanda d. Moran/Moore, Englander/Englander d. Crocket/Conrad. Finals-Mannino/Aromanda d. Englander/Englander.

Women's Open

Quarters-Taylor d. Aromanda, Bednarsky d. Englander, Borgia d. Perrotty, Marchini d. Palumbo. Semis-Taylor d. Bednarsky, Marchini d. Borgia. Finals-Taylor d. Marchini. Third-Borgia.

Women's B

Quarters-Cunningham d. Crocket, Eagan d. Urabell, Peckerman d. Regan, Reuther d. Elia. Semis-Cunningham d. Eagan, Reuther d. Peckerman, Cunningham d. Reuther. Third-Peckerman.

Women's C

Quarters-Regan d. Forte, Lukowski d. Bagoon, Nickolychick d. Gitkin, Custanzo d. Erdman. Semis-Regan d. Lukowski, Nickolychick d. Costanzo. Finals-Regan d. Nickolychick. Third-Lukowski.

Women's Novice

Quarters-Bagoon d. LaSorda, Trappe d. Scullion, Cataldi d. Laverghetta, Loprette d. Holliday. Semis-Bagoon d. Trappe, Loprette d. Cataldi. Finals-Loprette d. Bagoon. Third-Trappe.

Women's Veteran Open

Quarters-Williams d. Tonnow, Forte-Bye, Strandskov d. Oldis, Nickolychick-Bye, Semis-Williams d. Forte, Strandskov d. Nickolychick. Finals-Williams d. Strandskov. Third-Forte.

Women's Open Doubles

1. Perrotty/Nastase, 2. Strandskov/Palumbo, 3. Borgia/Desrosiers, 4. Eagan/Schulman.

Boys 17 & Under

Quarters-Marshall d. Storms, Rooney d. Steiner, Appel d. Cosmillo, Travers d. Keswani. Semis-Marshall d. Rooney, Appel d. Travers. Finals-Marshall d. Appel. Third-Rooney.

Boys 14 & Under

Quarters-Cirillo d. Appel, Vazzano d. Crammer, Kohout d. Salvato, Cline d. Hammand. Semis-Cirillo d. Vazzano, Cline d. Kohout. Finals-Cirillo d. Cline. Third-Kohout.

Next Stop on Grand Prix Tour: United States Racquetball, Middletown

A brand new club in Central Jersey will be the site of the third stop on the NJRA/Natural Light Grand Prix Tour. It's U.S. Racquetball in Middletown, a fifteen panel court facility on Harmony Road at Route 35, exit 114 of the Garden State Parkway.

We're looking forward to starting the summer season off with a bang with this June tournament. U.S. Racquetball boasts the "Charlie Horse" cafe which is also the only bar in Middletown. So,

with this, the super competition and the great weather coming up, it should all add up to a super weekend.

The Grand Prix will be sponsored by Natural Light Beer, thanks to Crown Beer Distributors, Wall, N.J. \$1500.00 in cash and prizes will be awarded courtesy of the NJRA and co-sponsors Carrera and Foot Joy.

See inside this issue for your tournament application and send it in today!

ON THE INSIDE

The Commissioner's Report	Page 2
Grand Prix Entry Blank	Page 9
Junior Racquetball	Page 7
The Call Stands	Page 7
NJRA Speaks With Lia Marchini	Page 10

COMMISSIONER'S REPORT

By TOM BONANNE

NOTES AND EXPLANATIONS REGARDING THE CLUB/ASSOCIATION AGREEMENT

The basic theory of this association is to combine the efforts and resource of the clubs and the state amateur racquetball association for the common goal of promoting and advancing the sport of racquetball. By working together, we cannot only make far better use of our own resources, but we can do much more to attract outside sponsorship and support for programs to promote the sport. Further, by working together, we can be better assured of helping each other rather than "competing" with and undermining each other's efforts.

Now, for some specific examples as to how we might determine to work together and the advantages of doing so:

Leagues and in-house programs: The association believes that far too much emphasis has been put on the tournament player as they represent only a small percentage of the racquetball community. We believe that if the day-to-day player is offered in-club and inter-club competition that stresses team spirit, comradery, and the more social aspect of participation as well as the competitive aspect of the sport, that we will keep more people in the sport longer; we'll encourage more people to get involved in the sport; and we'll make it easier for new members to become part of the "racquetball community" and find a game and friends to share courts with.

What can we do together that each of the clubs can't do alone? By pooling our funds, we can afford to pay for expert coordination of these programs and have a truly top person working with the club pros and managers to help them set up and run leagues, ladders, and other programs designed to encourage play. One thing we might do for the in-house league is hold a final banquet for all the participants from all the clubs to get together for an annual competition and present awards to individuals and teams which have distinguished themselves. We would be sure to concentrate prizes and awards based on participation, attendance and sportsmanship as well as ability and win/loss record.

Juniors Programs: Here again, is a major area essential to the growth of the sport that can only be approached successfully when there is a pooling of resources and talent. Together, we can attract a significant amount of sponsorship and support for programs that will encourage more school children to take up racquetball. For example, through fliers, notices, newspapers and other avenues, we can invite students from nearby high schools to come to an "open house" at their nearby club to "get acquainted" with the sport of racquetball. We would give them a short clinic on the rules of play and safety, then loan them a racquet, balls and a court to give the game a try. Before leaving, they would be offered the opportunity to get a trial membership to the racquetball club; free use of a racquet for a short period of time; and a couple of balls to get started. Then we would sign them up for other options such as group lessons, leagues, and other programs with other boys and girls their own age. TOGETHER, we can attract sponsors to provide the balls, racquets, eyeguards, rule books and other items needed for a program such as this, and TOGETHER, we can hire and train personnel to set up and run this kind of promotion. The next step, of course, is setting up junior leagues, summer camps and clinics, father/son, mother/daughter competition, etc., etc.

Tournaments: While the Association will *only* sanction tournaments and run its tournaments with affiliated clubs (excepting, again, the non-profit institutions which we cannot and will not exclude), the clubs are *not* required to sanction their events with the association. We hope to show the clubs the economic and other advantages of sanctioning, but it is not a "requirement". By acting as a central "clearing house" we believe we can help insure that the tournament aspect of the sport is not determined or diluted by conflicts, and this will also protect the in-club tournaments and events from being "overshadowed" by a nearby tournament. (We can set aside certain dates for the clubs to hold weekend special events.) We can help insure that there are not two major tournaments on a single weekend or on consecutive weekends within a given area. (While it is not always possible to eliminate these conflicts, it has already been shown in major metropolitan areas such as Chicago, Boston and others, that when there is a close working relationship between the association and the club owners these conflicts can generally be avoided.)

Acting as a clearing house; coordinating programs; procuring sponsorship and information; and publicizing programs and events all require expertise, high quality people, and people with time to do the work. That can be provided by committing the funds derived from the affiliation fee from the club owners with the membership fees of the players who join the association (and are encouraged to join in many of these programs) and by help provided by sponsors, both local and national. If we're going to have a far-reaching junior's program IT TAKES TIME to do it right; if we are going to have successful in-club leagues and activities, it requires coordination and supervision; and if we are going to get the sport in the news and see that it is projected with a positive image in the community, it requires expertise and money to do it properly. Once we've established the "connection" and opened the lines of communication, together we may well decide to go into a wide variety of projects and programs not mentioned here. We have the ability and resources to truly promote and advance the sport racquetball. The sport, and THIS STATE is LONG OVERDUE in getting together for this purpose. The Association represents the players, and the club owners represent the facilities, but our goals are the SAME: to make the sport of racquetball as popular and enjoyable as possible.

EDITORIAL

Alphabetics

In school we were always taught that an "A" was the top of the heap and a "C" or a "D" was somewhere toward the opposite end of that pile. You would never know to watch a racquetball tournament but believe it, "A" is still supposed to be the top.

If you can hit with power from both sides, serve two inches across the short line and tuck your ceiling balls in close to wall, then you do not belong in "C". Try at least "B". We have all seen this person, the trophy hunter. It is a beast that wanders the caves of a court club during a tournament weekend watching his/her name slide across the "C" division draw sheet. He brags about destroying his opponents until he gets to the semi's where he meets another hunter with superior ammunition. He leaves Sunday without a hunk of metal, but licks his wounds and readies to hunt down the next "C" division three weeks hence.

Meanwhile, the true "C" players have been at home since late Friday night, or at best Saturday morning, feeling a negative experience and wondering what it is they must do to advance in the lower divisions. Thus it is the trophy hunter who destroys the tournament experience for the true "C" and in a small way impedes the progress of our sport. The NJRA Ranking System is endeavoring to eliminate this problem, however this will take time. So, we need your help, too. You know who you are. You know where you should play.

Fair Weather Friends

With summer approaching rapidly, at many court clubs we see the frequency of court occupancy on the downturn. This is not unusual as it has happened in every other summer since racquetball has been around. To us this is incomprehensible. The summer is probably the best time to play.

First, the court rates in many clubs are lower. Secon, you can augment your racquetball with a training program consisting of jogging, softball, and swimming all of which become available with the warmer weather. Third, your club needs your support otherwise they may not be there when you are ready to come back in the fall. And fourth, it is cooler in a court club than on a softball field.

Besides, if you do not play in the summer and pick it up again in the fall, your game will really suffer because of the absence. Be a friend. Play racquetball this summer.

Response

We received an interesting letter regarding the new Ektelon CBK racquet of which we wrote in the last issue. An official response from Ektelon is invited.

Rich Telofski — Editor
NJRA News

Dear Rich:

I very much enjoyed reading the March/April 1981 issue of "NJRA NEWS." In particular, my interest was caught by your article concerning Ektelon's new CBK racquets. They seem very impressive. There is, however, one thing about them which confuses me. The elimination of the throat piece.

In the 1980 issue of Ektelon's "GUIDE TO BETTER RACQUETBALL" (if there is a 1981 issue, I haven't seen it yet) the official AARA rules were reprinted. Rule 2.4(a) states, among other things, that "The regulation racquet will have a maximum head length of 11 inches..." further, "These measurements are computed from the outer edges of the racquet head rims."

With the elimination of the throat piece on the CBK racquets, I am forced to presume that these racquets have a head length in excess of 11 inches. What gives? Are these non-legal racquets?

John W. Dunnigan
Piscataway, NJ

NEW JERSEY RACQUETBALL ASSOCIATION MEMBERSHIP APPLICATION

Please enroll me in the NJRA for one year which includes tournament eligibility and start my annual subscription to NJRA News immediately.

Name _____ Phone (H) _____

Address _____ (W) _____

Enclosed is a check in the amount of \$5.00 payable to the New Jersey Racquetball Association.

Please send check and application to:

NJRA Business Office
2 Oxcart Lane
Mercerville, NJ 08619

COMPETITIVE CORNER

By Rick Englander

Refereeing has got to be one of the most enjoyable experiences of my racquetball career? It's an honor, a thrill, a real mind expanding trip! Where else in the world can you be booed at, laughed at, argued with, cursed at and generally disliked in just one hour? Fortunately it usually only lasts an hour and when it's over the players say "thank-you" (as if they enjoyed abusing you!)

Actually, that description is a gross exaggeration. Its not quite that bad. However, no one at a tournament really looks forward to refereeing. I have heard innumerable reasons designed to excuse the players from refereeing responsibilities. At the top of the list are: "I, sorry. I really can't ref because I'm afraid of heights" or "I can ref if you want, but this is my first tournament and I don't know the rules." How about this one: "My ride is leaving and I have to go to work in Manhattan tonight." These are actual responses from players at the first two stops of the NJRA Grand Prix.

The quality of refs, at times, creates another problem. We sometimes encounter a "Novice" level player refereeing a "B" match. Disputes are sure to arise in a circumstance such as this.

My point is this, it appears that we have two options: 1) stick to our present system, requiring winning players to ref and hope that with experience the quality improves and the attitude toward refereeing improves also! (a little more patience, honesty and sportsmanship among the players certainly wouldn't hurt!) choice 2) would be to consider "professional" referees. The question is would most of us be willing to pay an extra \$5.00-10.00 (included in the entry fee), if you didn't have to ref?

It seems to me to be a 'players' problem. This is a 'players' solution! Will it be acceptable?

Please take the time and reply to:

N.J.R.A.

c/o Rick Englander, 72 E. Grand Avenue, Montvale, NJ 07645

With the proper training, and player funding, a 'professional' referee may just be the answer!

Name _____

Yes I'd pay \$5.00-10.00 extra for 'professional' referees!

No I don't think its worth it. Let's stick to our present system.

Other (please explain) _____

CATALAN JEWELERS TO SPONSOR 1981 EDISON OPEN

Catalan Jewelers will sponsor the 1981 Edison Open to be held on June 5, 6, and 7 and Edison Racquetball Club. The tournament is sanctioned by the NJRA, and the Official Ball is Penn. There will be \$5,000 in prizes:

Men's and Women's Open

1st-\$300, 2nd-\$150, 3rd-\$50

Men's and Women's Open Doubles

1st-\$100, 2nd \$50

Men's A-Ten Speed Bicycle

Women's A-Watch

Men's and Women's B-Stereo

Men's and Women's C-Camera

Men's and Women's Novice-B&W TV

Prizes and trophies will be given for first, second, and third in all divisions.

For more information contact Marco Sitren at Edison Racquetball Club—201-287-4444.

WYNDMOOR SPRING CLASSIC—WYNDMOOR RACQUET CLUB Results

Men's Open

Quarters-Jim Cascio d. Lonnie Allgood, Glenn Sorrentino d. John Bierman, Willie Wang d. Rick Englander, Ruban Gonzales d. Billy Lynch. Semis-Cascio d. Sorrentino, Gonzales d. Wang. Finals-Cascio d. Gonzales. Third place-Sorrentino.

Men's B

Quarters-Vanore d. Weiner, Keswani d. Mariorowski, Powers d. Collins, Sitren d. Cutagno. Semis-Vanore d. Keswani, Sitren d. Powers. Finals-Sitren d. Vanore. Third place-Powers.

Men's C

Quarters-Gowen d. Caldera, Nevins d. Sciarretta, Warren d. Zavec, Appel d. Denley. Semis-Appel d. Warren, Gowen d. Nevins. Finals-Gowen d. Appel. Third place-Nevins.

Men's Novice

Quarters-Misiura d. Patin, Dehm d. Lopez, McDermott d. Munoz, Howard d. Zemak. Semis-Johns d. Fine, Hoffman d. Munson. Finals-John d. Hoffman. Third place-Munson.

Men's Novice

Quarters-Misiura d. Patin, Dehm d. Lopez, McDermott d. Munoz, Howard d. Zemak. Semis-Dehm d. Misiura, McDermott d. Howard. Finals-Dehm d. McDermott. Third place-Howard.

Veteran Open

Quarters-Keswani d. Yellin, Steiner d. Curran, Salvato d. Wenner, Cotugno d. Bilancione. Semis-Steiner d. Keswani, Salvato d. Cotugno. Finals-Steiner d. Salvato. Third place-Keswani.

Veteran Open

Quarters-Johns d. Goldstein, Fine d. Polite, Hoffman d. Klein, Munson d. Blaney. Semis-Johns d. Fine, Hoffman d. Munson. Finals-Johns d. Hoffman. Third place-Munson.

Boys 17 & Under

Quarters-Keswani d. Yellin, Steiner d. Curran, Salvato d. Wenner, Cotugno d. Bilancione. Semis-Steiner d. Keswani, Salvato d. Cotugno. Finals-Steiner d. Salvato. Third place-Keswani.

Boys 14 & Under

Quarters-Cline d. Libby, Kurland d. Schmidt, Vazzano d. Crammer, Salvato d. Westman. Semis-Cline d. Kurland, Vazzano d. Salvato. Finals-Cline d. Vazzano. Third place-Salvato.

Men's Open Doubles

1. Mike Vanore/Sam Munson, 2. Lonnie Allgood/Billy Johns, 3. Mark Berwick/John Sergeantanis.

Women's C

Quarters-Cascio d. Forte, Lukowski d. Stoll, Sudol d. Wenner, Hurley d. Vanore. Semis-Hurley d. Sudol, Cascio d. Lukowski. Finals-Hurley d. Cascio. Third place-Sudol.

Women's Novice

Quarters-Annichiarico d. Traponese, Benko d. Olsen, Frank d. Covert, Forte d. Shearer. Semis-Frank d. Forte. Annichiarico d. Benko. Finals-Annichiarico d. Frank. Third place-Forte.

Men's B Doubles

Quarters-Powers/Russo d. Medlci/Baecher, Scalzo/Luchetto d. Olehnik/Zavec, Aug/Schub d. St. George/Klein, Fernandex/Maclorowski d. Huie/Huppert. Semis-Powers/Russo d. Scalzo/Luchetto, Aug/Schub d. Fernandez/Maclorowski. Finals-Powers/Russo d. Aug/Schub. Third place-Scalzo/Luchetto.

Open Mixed Doubles

1. Jennifer Armando/Russ Mannio, 2. Rick Englander/Sue Englander, 3. Paul DeLuca/Mandie Sudol.

1981 MERCER OPEN—MERCER RACQUETBALL CLUB Results

Men's Open

Quarters-Jimmy Young d. Dia Abdellal, Rick Englander d. Jim Deritis, Willie Wang d. David Hottenstein, David Crocker d. Lonnie Allgood. Semis-Young d. Englander, Wang d. Crocker. Finals-Young d. Wang. Third place-Englander.

Men's B

Quarters-Jim Petrini d. Alan Englebart, Rich Gaeta d. G. O'Gorman, A Jessup d. C. Ginn, Mike Vannore d. Mike Briehler. Semis-Petrini d. Gaeta, Jessup d. Vannore. Finals-Jessup d. Petrini. Third place-Vannore.

Men's C

Quarters-Alan Englebart d. John Curran, D. Lawson d. Paul Southwick, Mark Cotugno d. George Pelke, John Moore d. G. Bentz. Semis-Cotugno d. Englebart, Lawson d. Moore. Finals-Cotugno d. Lawson. Third place-Moore.

Men's Novice

Quarters-R. Bentz d. B. DiGregorio, Cundari d. Neil Dehm, G. Benrz d. Jim Tymon, DiGiacomo d. Pete Sanchez. Semis-DiGiacomo d. R. Bentz, Cundari d. G. Bentz. Finals-DiGiacomo d. Cundari. Third place-Russ Bentz.

Men's Veteran

Finals-Bill Welaj d. Phil Zucker. Third place-Gary Saretsky.

Men's Doubles

Finals-Jimmy Young/Dave Hottenstein d. Billy Lynch/Phil Zucker. Third place-Lonnie Allgood/Rick Englander.

Women's Open

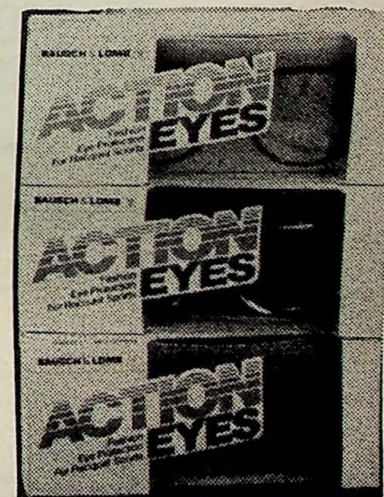
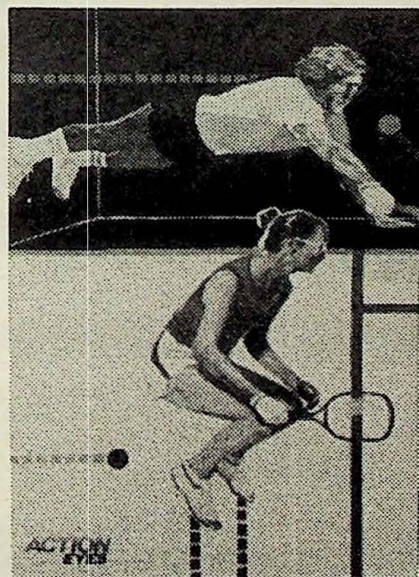
Finals-Linda Kennedy d. Sue Englander. Third place-Debbie Sloan.

Women's C

Finals-Judy Wiczorek d. Sue Cataldi. Third place-Mary Vannore.

(Continued On Page 15)

New from Bausch & Lomb. They're tough because your eyes aren't.



Bausch & Lomb's amazing Action Eyes.

The lenses are 3mm-thick polycarbonate—lenses so strong, they've withstood a test force equal to a racquetball travelling over 200 mph.

That's real lens protection. And it's just one of the important benefits you get from Action Eyes.

Action Eyes allow virtually unobstructed peripheral vision. They fit comfortably,

yet snugly. Metal reinforcing cores in the temples insure adjustability and secure fit. Heavy-duty, 7-barrel hinges make for long life.

And Action Eyes look better than other sport eye protectors; the frames come in clear crystal, blue-gold or tortoise.

Action Eyes from Bausch & Lomb. Complete with carrying case and adjustable headband. What more could you ask for?

Note: Look for Action Eyes at professional eyecare centers, pro shops, and sporting goods stores. For the name of the dealer nearest you, call 800-828-1430 toll-free. (In New York State, 800-462-4893.)

ACTION EYES™
BY BAUSCH & LOMB

Discover the Caribbean with the ships that discovered the Caribbean.

The tall ships. Sleek sailing vessels out of another age. Ships which were the prized personal schooners of the millionaires Onassis, Vanderbilt and the Duke of Westminster.

Now, you can sail them through the mystical Caribbean. To well-known islands as Nassau, Antigua and St. Maarten. And to places the 12 story oceanliners never touch.

To magic islands with names like Saba, Carriacou, Anegada. Bligh's breadfruit isle. Stevenson's Treasure Island. They are all here waiting to be discovered again. With unforgettable beaches, forgotten forts, hushed volcanoes, picturesque towns and our island friends.

Join us in your barefeet, bikinis, or shorts. Start off with your morning eye opening Bloody Mary or a hot steaming cup of coffee, and brace yourself for a day unlike any on earth. This is the sea.

A special place of rainbows, iridescent sunsets, living reefs, rainbow fish and pink and white sand beaches.



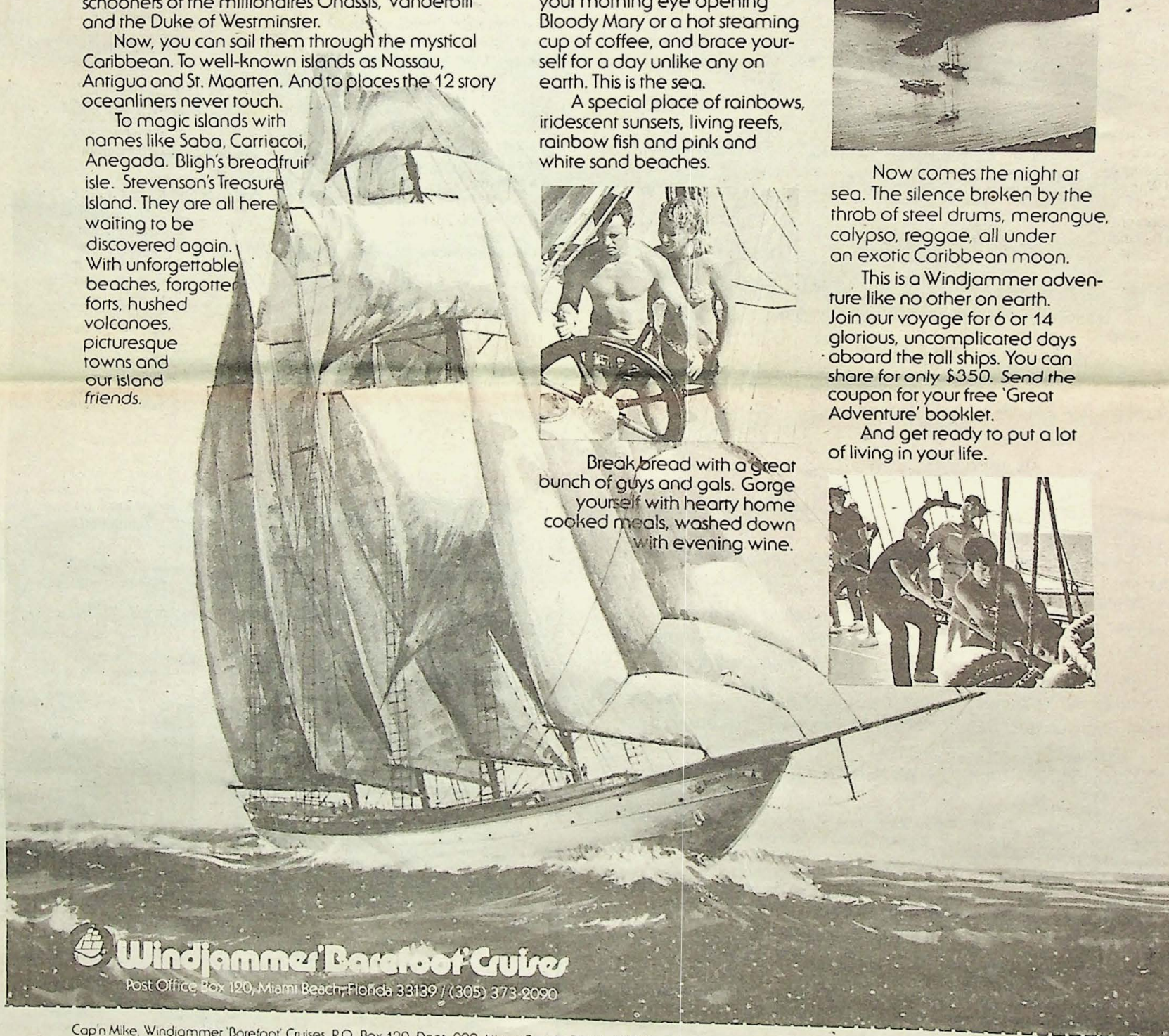
Now comes the night at sea. The silence broken by the throb of steel drums, meringue, calypso, reggae, all under an exotic Caribbean moon.

This is a Windjammer adventure like no other on earth. Join our voyage for 6 or 14 glorious, uncomplicated days aboard the tall ships. You can share for only \$350. Send the coupon for your free 'Great Adventure' booklet.

And get ready to put a lot of living in your life.



Break bread with a great bunch of guys and gals. Gorge yourself with hearty home cooked meals, washed down with evening wine.



Windjammer Barefoot Cruises

Post Office Box 120, Miami Beach, Florida 33139 / (305) 373-2090

Cap'n Mike, Windjammer Barefoot Cruises, P.O. Box 120, Dept. 000, Miami Beach, Florida 33139. I'm ready. Send my free full color 'Great Adventure' booklet.

Name _____
Address _____
City/State/Zip _____

NJRA STATE RANKING SYSTEM

TOURNAMENT RANKINGS AS OF APRIL 6

TOURNAMENT LEVEL 4 Open Tournament

- 1st place - 50 points
- 2nd place - 40 points
- 3rd place - 20 points
- 4th place - 15 points
- 5th thru 8th place - 10 points

TOURNAMENT LEVEL 3 State Tournament (Closed)

- 1st place - 40 points
- 2nd place - 30 points
- 3rd place - 15 points
- 4th place - 10 points
- 5th thru 8th place - 6 points

TOURNAMENT LEVEL 2 Regional Tournament

- 1st place - 20 points
- 2nd place - 15 points
- 3rd place - 10 points
- 4th place - 8 points
- 5th thru 8th place - 4 points

TOURNAMENT LEVEL 1 Club and Closed Tournaments

- 1st place - 10 points
- 2nd place - 8 points
- 3rd place - 5 points
- 4th place - 4 points
- 5th thru 8th place - 1 point

One of the most persistent problems in racquetball has been the ranking of players. In order to correct this situation in the state of New Jersey, the New Jersey Racquetball Association has adopted a state ranking system. This system will be used for seeding purposes for the NJRA State Tournament in October. All players reaching the quarterfinals in all divisions will receive state ranking points.

The state ranking system breakdown is as follows: The level of each tournament is determined by the New Jersey Racquetball Association Board of Directors. Multiply the level of the tournament by the number of points the player has earned. Doubles winners divide the points awarded in the state ranking system.

Only tournaments sanctioned by the New Jersey Racquetball Association will count in the NJRA Ranking System.

Listed below are the rankings for New Jersey players after the New Jersey State Championships in October 1980, the Garden State Open, the NJRA/Natural Light Open in January 1981, and the NJRA/Natural Light Open in April 1981.

Men's Open	Points
1. Rick Englander	310
2. Greg Levine	240
3. Lonnie Allgood	238
4. Willie Wang	220
5. Ray Capitanelli	198
6. Glen Sorrentino	175
7. John Bierman	155
8. Doug Clark	120
9. Billy Lynch	65
10. Mike Miksza	58

Men's A	Points
1. John Sweetwool	200
2. Doug Bloxom	100
3. Kevin Quarantello	80
3. Jon Block	80
5. Bob Moran	40
5. Jon Vaccaro	40
5. Tony Posella	40
5. Warren Searles	40
5. Ron NaHaas	40
10. Paul DeLuca	5

Men's B	Points
1. Marco Sitren	240
1. Mike Vanore	240
3. Ansley Jessup	200
3. Bruce Hamlin	200
5. Jim Petrini	178

6. Ed Trezza	160
6. Paul DeLuca	160
8. Art Klein	120
8. Jan Gladstone	120
10. Rich Greenberg	90

Men's C	Points
1. Jack Cortese	400
2. Joseph Gowen	200
2. Neil Duggan	200
2. Marc Cotugno	200
5. Tim Vogelsang	160
5. Robert Appel	160
5. Tom Byrne	160
8. Jim Thalheimer	140
9. Les Solomon	120
10. Marco Sitren	90

Men's Novice	Points
1. Jon Denley	218
2. Arnie Boccafoglia	200
2. Martin McDermott	200
2. Buzz Adamski	200
2. Charles DiGiamcomo	200
6. Jim Travers	160
6. Steve Cundari	160
6. Neil Dehm	160
9. Kimon Ousouljoglou	120
10. Ed Caldeira	98

Men's Veteran Open	Points
1. Bill Welaj	618
2. Billy Johns	350
3. Phil Zucker	340
4. Nick Elia	310
5. Shelly Hoffman	165
6. Mark Berwick	146
7. Ryan Babiak	120
7. Willie Wang	120
9. Stan Danzig	85
10. Pat Clark	80

Men's Seniors	Points
1. Fred Letter	320
2. Bernie Kohout	240
3. Sam Munson	206
4. Peter Prucha	178
5. Tony LaSala	160
5. Gary Saretsky	160
7. Mel Fine	100
8. Len Wilson	93
9. John Sergentanis	81
10. Julio Torres	80

Men's Masters	Points
1. Pete Talbot	320
2. Roberto Madam	240
3. Larry Huriel	200
3. Mike Bykowski	200
5. Shelly Nadelman	178
6. Bill O'Hea	110
7. Warren Travers	80
7. Charles Feldman	80
9. Bob Koerner	78
10. Bernie Pruzansky	60

Golden Masters	Points
1. Roberto Madan	120
2. Jim Bennett	90
3. Warren Travers	45
4. Gene Goldstein	30
5. Tony Koliba	18
5. Jack Reeves	18
5. Constantine Eristani	18
5. Joe Goffus	18

Boys 14 & Under	Points
1. Joe Cline	520
2. Richard Vazzano	298
3. Chris Cirillo	230
4. Jim Salvato	138
5. Todd Kohout	125
6. Jon Vaccaro	120
6. Peter Appel	120
8. Seth Kurland	100
9. Neil Solomon	90
10. Mike Crammer	80

Boys 17 & Under	Points
1. Raj Keswani	410
2. Larry Marshall	400
3. Joe Billhimer	245
4. Cary Appel	240
4. Frank Salvato	240

4. Mike Steiner	240
7. Rocco Mazzo	218
8. Jack Rooney	110
9. Marc Cotugno	100
10. John Curran	80

Men's Open Doubles	Points
1. Greg Levine/Doug Bloxom	400
2. Mark Berwick/John Sergentanis	340
3. Lonnie Allgood/Rick Englander	240
3. Lonnie Allgood/Billy Johns	240
5. Mike Vanore/Sam Munson	218
6. John Bierman/Al Horne	200
7. Phil Zucker/Billy Lynch	160
8. Steve Elia/Nick Elia	130
9. Barry Sherman/Glenn Sorrentino	120
10. Al Horne/Dennis Goodman	60
10. Ken Eagle/Mike Smit	60

Men's B Doubles	Points
1. Larry Kahn/Tony Latronica	440
2. Tim Powers/Ed Russo	240
3. Peter Prucha/Pat Clarke	200
4. Pat O'Conner/Kevin Quarantello	160
5. Mike Patterson/Vince Media	100
6. Bob Mainenti/Dave Portelli	80
6. Joe Cirillo/Vince Porter	80
8. Carmine DeGennaro/Wayne Jewell	60
8. Ray Fernandez/Chester Mariorowski	60
8. Paul Southwick/Tim Summers	60

Women's Open	Points
1. Lia Marchini	325
2. Melanie Taylor	280
3. Sue Englander	258
4. Karen Borgia	240
5. Cira Nickerson	90
6. Karen Bednarsky	60
6. Francine Davis	60
8. Pam Palumbo	40
8. Pam Perrotty	40
8. Carol Campi	40

Women's B	Points
1. Carol Campi	240
2. Kathy Yard	200
2. Robin Cunningham	200
4. Karen Palmer	160
4. Janet Ruether	160
6. Cheryl Goffus	130
7. Kathy Lacey	120
8. JoBeth Desrosiers	105
9. Alison Peckerman	80
10. Denise McKenzie	70

Women's C	Points
1. Mandie Sudol	240
2. Judy Wieczorek	200
2. Pat Hurley	200
2. Pam Regan	200
5. Sug Cataldi	160
5. Gail Putvinski	160
5. Elizabeth Nickolychick	160
8. Pat Marion Lukowski	140
8. Winnie Forte	140
10. Kim Vavolo	120

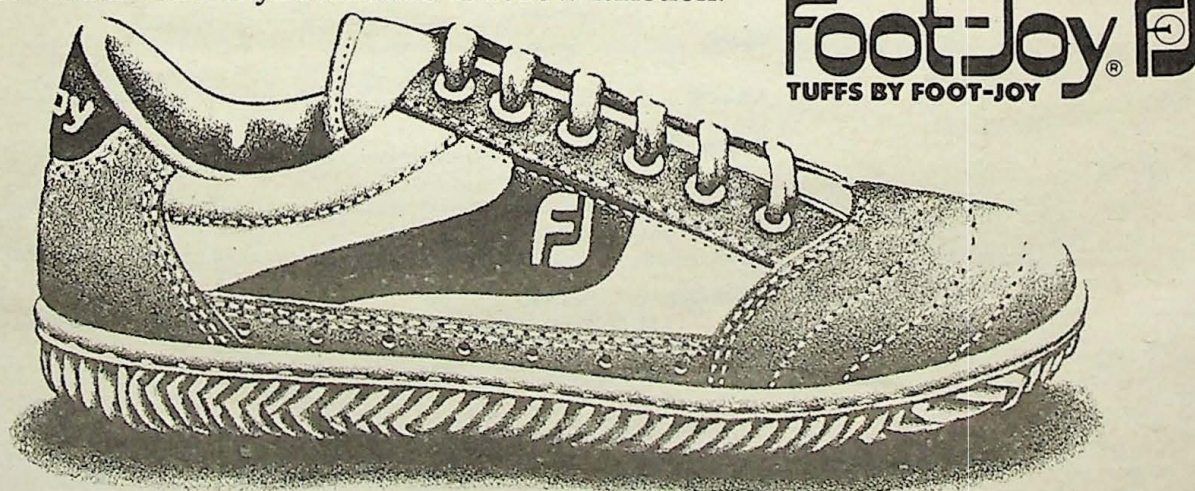
Women's Novice	Points
1. Leslie Loprette	200
1. Pat Harleman	200
1. Grace Annicharico	200
4. Marie Jacobowitz	160
4. Fran Bagoon	160
4. Marilyn Frank	160
4. Karen Rowcotsky	160
8. Sue Cataldi	138
9. Vigdis Austad	120
9. Winnie Forte	120

Women's Veteran Open	Points
1. Carey Gessley	245
2. Laura Zatz	160
3. Kathy Lacey	120
4. Joan Rose	90
5. Marilyn Scharffenberger	80
6. Janice Skorupski	60
7. Mary Vanore	48
8. Elizabeth Munson	40
8. Leslie Neff	40
8. Patsy Pinus	40

Women's Open Doubles	Points
1. Pam Perrotty/Linda Nastase	200
2. Lia Marchini/Karen Kimmerling	160
2. Karen Strandsov/Pam Palumbo	160
4. Cira Nickerson/Karen Bednarsky	120
5. Karen Borgia/Marie Scott	90
6. Karen Borgia/JoBeth Desrosiers	80
7. JoBeth Desrosiers/Denise McKenzie	70
8. Pat Struthers/Jane Enderlein	60
9. E. Thomas/Carey Gessley	45
10. Armstrong/Iaconetti	40

Open Mixed Doubles	Points
1. Rick Englander/Sue Englander	480
2. Lonnie Allgood/Linda Kennedy	80
2. Glenn Crocket/David Coonrad	80
4. John Peterson/Lia Marchini	60
4. Paul DeLuca/Mandie Sudol	60
4. Madeline Moore/Bob Moran	60
7. Mark Berwick/Geri Rudydz	40
7. Ed Denning/Arlene Elia	40

Contrary to some opinions, an athletic shoe does not have to look like something out of Godzilla just to keep from falling apart. Tuffs are rugged beyond belief. But they also feel great, and look even better. And now Tuffs are available in 3 different styles. Tuffs. Who says form has to follow function?



Foot-Joy
TUFFS BY FOOT-JOY

SHOULD A RACQUETBALL SHOE THIS STYLISH BE THIS TOUGH?

SEAMCO/NJRA JUNIOR GRAND PRIX MAY 30, 31, 1981

TOURNAMENT SITE:

U.S. Racquetball Club
Harmony Rd.
Middletown, NJ 07748
(201) 671-4800

FACILITIES:

15 H&B pawel courts, 2 backwall exhibition courts,
Nautilus Health Club, sauna, steams and whirlpools
"Charlie Horse" Bar & Cafe, "Video Game Archade"

TIME:

Play will be on Saturday and Sunday only between the
hours of 11:00 AM-6:00 PM.

ENTRY REQUIREMENT:

New Jersey residents must be member of the NJRA or
purchase membership at time of registration.

ENTRY DEADLINE:

Thursday, May 28, 1981

ENTRY FEE:

Junior Open	\$18.00
All other events	\$15.00
2nd event	\$8.00

STARTING TIMES:

Call U.S. Racquetball after 12 noon on Friday, May 29,
1981 (201) 671-4800.

OFFICIAL RULES:

Official NJRA rules will apply

OFFICIAL BALL:

Seamco 600

Make checks payable to:

NJRA
c/o U.S. Racquetball
Harmony Rd.
Middletown, NJ 07748

PRIZES:

Junior Open

1st place — \$100.00 savings bond
2nd place — \$50 savings bond

PRIZES:

Junior Open

1st place — \$100.00 savings bond
2nd place — \$50.00 savings bond
3rd place — \$25.00 savings bond

Trophies will be awarded to the 1st, 2nd, 3rd and con-
solation winners in each event. Prizes, courtesy of our
sponsors will be awarded throughout the tournament,
each participant will receive a tournament shirt.

TOURNAMENT DIRECTOR:

Jon Block

HOSPITALITIES:

Saturday night pizza party.
Refreshments will be available throughout the tourna-
ment, courtesy of our sponsors.

Please Print or Type

Name _____

Address _____

City, State, Zip _____

Club _____

Home phone _____

NJRA Member Yes No

Sex: Male Female

Shirt Size: Men's S M L XL

Women's S M L XL

Signature _____

Parents Signature _____

Junior Open (All age groups)

Girls 17 & under

Boys 17 & under A

Girls 14 & under

Boys 15 & under A

B

Boys 13 & under A

B

Boys 10 & under A

B

*B's: Never reached quarters in any tourmanemt

SEAMCO/NJRA JUNIOR GRAND PRIX JUNE 27, 28, 1981

TOURNAMENT SITE:

Fanwood Racquetball Club
313 South Avenue
Fanwood, NJ
(201) 889-4300

FACILITIES:

10 Strongwall courts, exercise room, saunas, steams,
whirlpools.

TIME:

Play will be Saturday and Sunday only. 11:00 AM-6:00
PM.

ENTRY DEADLINE:

Thursday, June 25.

STARTING TIMES:

Call (201) 889-4300 after noon, Friday, June 26, 1981.

OFFICIAL RULES:

Official NJRA rules will apply.

OFFICIAL BALL:

Voit

Make checks payable to:

NJRA
c/o Fanwood Racquetball Club
313 South Avenue
Fanwood, NJ 07023

ENTRY FEE:

Junior Open	\$18.00
All other events	\$15.00
2nd event	\$8.00

PRIZES:

Junior Open

1st place — \$100.00 savings bond
2nd place — \$50.00 savings bond
3rd place — \$25.00 savings bond

Trophies will be awarded to 1st, 2nd, 3rd and conso-
lation winners in each event. Prizes, courtesy of our
sponsors will be awarded throughout the tourney.
Each player will receive a tourney shirt.

TOURNAMENT DIRECTOR:

Warren Searles

HOSPITALITY:

Refreshments will be available throughout the tourna-
ment courtesy of our sponsors. Saturday night pizza
party.

ENTRY REQUIREMENTS:

Must be member of the NJRA or purchase membership
at time of registration. Deadline- Thursday, June 25.

Please Print or Type

Name _____

Address _____

City, State, Zip _____

Club _____

Home phone _____

NJRA Member Yes No

Sex: Male Female

Shirt Size: Men's S M L XL

Women's S M L XL

Signature _____

Parents Signature _____

Junior Open (All age groups)

Girls 17 & under

Boys 17 & under A

Girls 14 & under

Boys 15 & under A

B

Boys 13 & under A

B

Boys 10 & under A

B

*B's: Never reached quarters in any tourmanemt

Junior Racquet

A Look At New Jersey's Juniors

By JON BLOCK

MAZZO VICTORIOUS IN FIRST SEAMCO/NJRA JUNIOR GRAND PRIX

Seventeen year old Rocco Mazzo out of Racquetime Fairlawn captured first place in the junior open division at the first stop on the Seamco/NJRA Junior Grand Prix.

The Racquets Club of Warren was the site as 71 juniors competed in what is believed to be the largest all-junior tournaments in New Jersey Racquetball History. In all six divisions were held: Junior Open, 17 & under A, 15 & under B, 13 & under, and even a draw for 10 & under which boasted eight contestants.

Many comments were made concerning the attitude and the fine caliber of play exhibited all weekend, along with the fine hospitality provided by the Racquets Club of Warren.

In the junior open division Rocco Mazzo seeded third took home the first place prize of a \$200.00 savings bond by defeating #2 seed Joe Billhimer Jr. 15-10, 15-12. Billhimer received a \$100.00 savings bond, while Raj Keswani the tournaments #1 seed defeated Ray Heady for third place earning himself a \$50.00 savings bond.

The fifteen and under division saw no upsets as Joe Cline of the host club defeated New Yorker Steve Rubin 15-8, 15-7. Third place went to Jim Salvato of neighboring Fanwood Racquetball.

The 13 & under division was the largest consisting of 15 participants and proved to be the most exciting. The 13's are loaded with top shooters as the top four seeds all have placed first in at least one junior tournament. Number one seed Rich Vazzano playing flawless racquetball all weekend defeated #2 seed Todd Kohout, while Chris Cirillo places third by defeating Jim Salvato.

The largest draw of the weekend though belonged to the 10 & under division where 10 year old Eric Shiffner showed future stardom by breezing through the draw and defeating Jason Fabrikant for first place. Cary Nadelman took third by defeating an aggressive Greg Stone.

Two more Junior Grand Prix have been added bringing the total to six stops culminating with the states in October. The top eight finishers in the junior open receive Grand Prix points that will be accumulated over the six stops. The junior with the most points at the conclusion of the grand prix series will receive a brand new 10 speed bike. Points are awarded as follows: 1st-12, 2nd-10, 3rd-8, 4th-6, 5th through 8th-3.

GRAND PRIX POINT TOTALS

1. Rocco Mazzo	12
2. Joe Billhimer	10
3. Raj Keswani	8
4. Ray Heady	6
5. Joe Cline	3
6. Dan Diadario	3
7. Jack Rooney	3
8. Frank Salvato	3

SEAMCO/NJRA JUNIOR GRAND PRIX SCHEDULE

March 28-29
 May 30-31
 June 27-28
 July
 August
 September
 October State Championships

Racquets Club of Warren
 U.S. Racquetball (Middletown, NJ)
 Fanwood Racquetball
 Ricochet Racquet Club (So. Plainfield)
 Racquetball 23 & Spa (Pompton Plains)
 Racquetball East (East Brunswick)
 Site to be announced

U.S. RACQUETBALL CLUB SECOND JUNIOR STOP

U.S. Racquetball Club located in Middletown, NJ has been selected to host the second stop on the SEAMCO/NJRA Junior Grand Prix. The club is located in central NJ just two miles from exit 114 on the Garden State Parkway.

U.S. Racquetball's facilities include 15 H & B panel courts, Nautilus fitness center, "Charlie Horse" Bar and Cafe, saunas, steams, whirlpools, and best of all for the juniors a video game arcade, with 20 of the latest pinball and video game machines. So mark your calendars the date is May 30 and 31.

****NOTE** THIS IS NOT MEMORIAL DAY WEEKEND**

N.J.R.A. JUNIOR RANKINGS

Due to the increased participation by our state's juniors we have expanded our
 (Continued on Page 8)



Cary Appel (Front) vs. Larry Marshal in 17 & under final match at NJRA Grand Prix II.

THE CALL STANDS By TONY POSELLA

By TONY POSELLA

In every tournament, there are certain matches where two player's just cannot agree with the referee. A skip ball, short serve, or a double-bounce pickup are all quick, judgement calls that can honestly be missed. To keep control of the match the referee can provide linesmen to help decipher the crucial calls.

THE USE OF LINESMEN

Only the tournament director may determine which matches are to have linesmen. If both players want linesmen, the referee, at his option, may provide linesmen if they are readily available, but the players are **not entitled** to them just because they want them.

The referee is solely responsible for the selection and replacement of linesmen, however, if either player objects to a particular linesmen before the match starts, a replacement should be found if at all possible. If either or both players object to a linesmen after the match starts, the referee should generally try to find a replacement, but the referee may overrule the players.

The linesmen have one vote each on appealable calls, and the referee has one

vote. Two out of three is necessary to either uphold or reverse a referee's call. If both linesmen disagree with the ref, the ref's call is reversed. If one linesmen agrees and one disagrees, the ref's call stands. If one linesmen disagrees and one did not see the play, the play goes over. If both linesmen did not see the play, the ref's call stands.

How to be a linesmen—the referee is responsible to see that the linesmen are coached as follows:

1. A linesman should never say any thing, except to indicate to the ref when he is not exactly sure which shot is being appealed.
2. A linesmen should never signal until the ref asks for a signal.
3. The signal for agreement with the referee is "thumb up"; the signal for disagreement with the referee is "thumb down"; the signal if the linesmen is unsure of the call, or did not see the play, is "palm down".
4. When the linesman make the signal he should be careful **not** to look at the other linesman so that all will be assured that his call is made independently.
5. The linesman should hold his hand out for all to see clearly, and leave it out

for a few seconds to give everyone a chance to see his call.

6. If a linesman has to leave, for any reason, he should notify the referee and allow the referee to find a replacement.

With this information in mind, don't be shy when asked to be a linesman. Make independent observations and when obstructed by a player or unsure of the call, indicate properly. For more info on what can be appealed and how to appeal write to the NJRA.

Robert Costello of The Racquetball Club Flanders writes:

"Explain the phrase: 5' line for receiver-loss of point when breaking the plane"

Always a judgement call. Rule 4.7.3- If the receiver elects to strike a served ball on the fly, the receiver may not infringe on the imaginary plane marked by the receiving line either when hitting the ball or on the follow-through immediately after the shot. Any violation of this rule by the receiver will result in a point for the server.

Jeffrey S. Fontenelli of The Racquets Club of Warren asks:

"What is the legal definition of a screen serve. Each association, club, pro, or player has their own opinion. I think some racquet-

ball rules should be simplified and defined to a greater extent."

The NJRA feels the same way. Rule 4.4.8-Screen Serve-When, **in the referees judgement**, the receiving player does not have sight of the served ball leaving the front wall from the receivers position, anytime the server is in the act of serving. Look for an in depth explanation of a screen serve in a future issue.

Bill Hayes of Olympic Racquetball writes:

"Where does a person have to stand when serving? Does he have to stand inside the red serving lines, or can he start his serve outside the red lines. This question has caused confusion every time I play in a tournament. I'm a novice player without a good knowledge of the finer rules. I start my serve outside the red line and sometimes get called for a foot fault. Should I argue or am I at fault?"

You are at fault, and it looks like you have to change your serve. Rule 4.2.3 states: The servers feet must remain in the service zone from the instant the serve is started until the served ball passes the short line. It is permitted for the server to stand on either the service line or short line, **but not beyond them.**

...New Jersey's Juniors

(Continued From Page 7)

rankings to include four divisions of play, 17 & under, 15 & under, 13 & under, and 10 & under. Rankings at press time included results from tournaments. The NJRA States, The Garden State Open, Natural Light/NJRA Grand Prix I, Wyndmoor Spring Classic, Seamco/NJRA Junior Grand Prix, and Natural Light/NJRA Grand Prix II.

MARSHALL AND CIRILLO CAPTURE JUNIOR DIVISIONS

Larry Marshall 17 & under and Chris Cirillo 14 & under captured first place in their respective divisions at the second stop on the Natural Light/NJRA Grand Prix at Racquetball 23 & Spa. Larry Marshall defeated a determined Cary Appel in two Games, while Chris Cirillo upset top seed Joe Cline in the 14 & under.

NEW JERSEY JUNIOR TOURNAMENT RESULTS

WYNDMOOR SPRING CLASSIC

March 20, 21, 22

Boys 17 & under	1st Mike Steiner	2nd Frank Salvato	3rd Raj Keswani
Boys 14 & under	1st Joe Cline	2nd Rich Vazzano	3rd Jim Salvato

SEAMCO/NJRA JUNIOR GRAND PRIX

Racquets club of Warren March 28 & 29

Junior Open	1st Rocco Mazzo	2nd Joe Billhimer	3rd Raj Keswani
17 & under A	1st Raj Keswani	2nd Dan Marley	3rd Mike Steiner
15 & under A	1st Joe Cline	2nd Steve Rubin	3rd Jim Salvato
15 & under B	1st Phil Giordano	2nd Mike Cramer	3rd Joe Digiralo
13 & under A	1st Rich Vazzano	2nd Todd Kohout	3rd Chris Cirillo
10 & under	1st Eric Shiffner	2nd Jason Fabrikant	3rd Cary Nadleman

NATURAL LIGHT/NJRA GRAND PRIX

Racquetball 23 & Spa April 3, 4, 5

17 & under	1st Larry Marshall	2nd Cary Appel	3rd Jack Rooney
14 & under	1st Chris Cirillo	2nd Joe Cline	3rd Rich Vazzano

N.J.R.A. 17 & under

1. Raj Keswani	590
2. Rocco Mazzo	418
3. Joe Billhimer, Jr.	405
4. Larry Marshall	400
5. Mike Steiner	320
6. Frank Salvato	300
7. Cary Appel	240
8. Jack Rooney	150
9. Mark Cotugno	100
10. John Curran	80

N.J.R.A. 15 & under

1. Mike Steiner	398
2. Joe Cline	240
3. John Vaccaro	180
4. Jim Salvato	138
5. Neil Solomon	90
6. Todd Kohout	85
7. Doug Dobernski	40
8. Peter Appel	40
9. Mike Hnatt	40
10. Phil Giordano	33

N.J.R.A. 13 & under

1. Rich Vazzano	518
2. Jim Salvato	318
3. Chris Cirillo	310
4. Todd Kohout	305
5. Rob Vogelsang	40
6. Chet Coddington	40
7. David Fabrikant	40
8. Tara Traponese	40

N.J.R.A. 10 & under

1. Jason Fabrikant	160
2. Cary Nadelman	80
3. Greg Stone	60
4. Mark Lemansky	40
5. Robert Cain	40
6. John Kunciewicz	40
7. Peter Lipton	40

TOURNAMENT CALENDAR

May 15, 16, 17—Hillsborough Spring Classic
Hillsborough Racquetball Club, Amwell Road,
Hillsborough, NJ, 201-359-3600—John Evans

May 30, 31—NJRA Junior Grand Prix
U.S. Racquetball, Rt. 35, Middletown, NJ,
201-671-4800—Jon Block

June 5, 6, 7—1981 Edison Open
Edison Racquetball, Old Post Road, Edison,
NJ, 201-287-4444—Marco Sitren

June 26, 27, 28—Quakerbridge Open
Hopewell Valley Racquetball Club, Route 31,
Pennington, NJ, 609-737-1555—Lonnie
Allgood

June 27, 28—NJRA Junior Grand Prix
Fanwood Racquetball Club, 313 South Avenue
Fanwood, NJ, 201-889-4300—Warren Searles

July 10, 11, 12—Clark's Courts Open
Route 70/Plymouth Dr., Mallton, NJ 08053
609-983-3600

July 11, 12—NJRA Junior Grand Prix
Ricochet Health & Racquet Club, 219 St.
Nicholas Ave., So. Plainfield, NJ, 201-753-2300
Rich Telofski

October 9, 10, 11—NJRA State Champion-
ships
Ricochet Health & Racquet Club, 219 St.
Nicholas Ave., So. Plainfield, NJ, 201-753-2300
Rich Telofski

Are you paying too much for life insurance?

Or too little?

The cost of similar life insurance policies may differ from company to company.

And some policies have special features that provide a lot of extra protection at little extra cost.

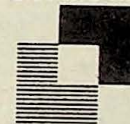
But cost is only one factor to be considered in planning a life insurance program that will help you and your family get the most out of life.

The best way to draw up an insurance program that's exactly right for you is to call on a Provident Mutual agent for expert guidance. Talk to one soon.



Jeffrey J. Heimberg
21 Commerce Drive
Cranford, NJ 07016
(201) 272-8100

Get the most out of life with



**PROVIDENT
MUTUAL**
LIFE INSURANCE COMPANY
OF PHILADELPHIA

Home Office: 4601 Market St., Phila., Pa. 19101

RIDE

RACQUETS...

Are Now Available
In Your Local
Racquetball Pro Shop

Seven Styles...

**P.O. Box 600
Spring Valley, NY 10977
914-357-3047**



NATURAL RACQUET BALL

NJRA 1981 GRAND PRIX

Natural Light / NJRA OPEN

June 12, 13 & 14, 1981

TOURNAMENT SITE:

U.S. Racquetball Club
Harmony Rd. at Rt. 35
Middletown, NJ 07748

TOURNAMENT DIRECTORS:

NJRA Tournament Committee

ENTRY FEES:

Pro — \$25
Amateur — \$22
Second Event — \$12
Juniors — 1st event — \$20
Participants limited to enter two events only.

STARTING TIMES:

Call 201-671-4800 after 12 noon on Thursday,
June 4.

ENTRY REQUIREMENTS:

New Jersey residents must be members of the NJRA or purchase membership at the time of registration.

ENTRY DEADLINE:

June 9, 1981

OFFICIAL RULES:

Official NJRA rules will apply. All match winners must referee the next match.

OFFICIAL BALL:

Seamco 600

Make checks payable to:

New Jersey Racquetball Association
c/o U.S. Racquetball Club
Harmony Rd. at Rt. 35
Middletown, NJ 07748

PRIZES:

Women's Open	Men's Open
1st place — \$200	1st place — \$300
2nd place — \$100	2nd place — \$150
3rd place — \$50	3rd place — \$50
Open Men's or Women's Doubles	
1st place — \$100	
2nd place — \$50	

Trophies will be awarded to the 1st, 2nd, 3rd place and consolation winners in each event. Prizes, courtesy of our sponsor will be awarded throughout the tournament. Each participant will receive a tournament shirt.

HOSPITALITIES:

Friday night at 7:30 PM — Beer Bust with Natural Light.
Saturday — Buffet 2:00-4:00 PM
Refreshments will be available throughout the tournament, courtesy of our sponsor.

DIRECTIONS:

Garden State Parkway exit 114
From North: Bear left at exit follow Red Hill Road to end make left on to King's Highway, cross thru 1st traffic light, club on right. (800 feet)
From South: Bear right at exit follow Red Hill Road as above.

Please Print or Type

Name _____

Address _____

City, State, Zip _____

Club Affiliation _____

Home Phone _____ Business Phone _____

NJRA MEMBER Yes No

Sex: Male Female

Shirt Size: Men's S M L XL

Women's S M L XL

Doubles Partner: _____

Waiver: I hereby, for myself, my heirs, executors, and administrators, Waive and Release any and all rights and claims for damages I may have against the NJRA, the sponsors, employees and representatives in any and all connections with participation in this tournament.

Signature: _____ Adult: _____ (if under 18)

DIVISIONS OF PLAY

(Minimum of eight players required to hold a division)

(Check one or two)

- | | |
|-----------------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Men's Open | <input type="checkbox"/> Women's Open |
| <input type="checkbox"/> Men's A | <input type="checkbox"/> Women's A |
| <input type="checkbox"/> Men's B | <input type="checkbox"/> Women's B |
| <input type="checkbox"/> Men's C | <input type="checkbox"/> Women's C |
| <input type="checkbox"/> Men's Novice* | <input type="checkbox"/> Women's Novice* |
| <input type="checkbox"/> Men's Veteran Open (30 & over) | <input type="checkbox"/> Women's Veteran Open (30 & over) |
| <input type="checkbox"/> Men's Seniors (35 & over) | <input type="checkbox"/> Women's Seniors (35 & over) |
| <input type="checkbox"/> Men's Masters (45 & over) | <input type="checkbox"/> Women's Open Doubles |
| <input type="checkbox"/> Men's Golden Masters (55 & over) | <input type="checkbox"/> Women's B Doubles |
| <input type="checkbox"/> Men's Open Doubles | <input type="checkbox"/> Junior Boys 17 & under |
| <input type="checkbox"/> Men's B Doubles | <input type="checkbox"/> Junior Boys 15 & under |
| <input type="checkbox"/> Open Mixed Doubles | <input type="checkbox"/> Junior Boys 13 & under |
| <input type="checkbox"/> Mixed B Doubles | <input type="checkbox"/> Junior Girls 17 & under |
| | <input type="checkbox"/> Junior Girls 14 & under |

* Special Note: Novice player is defined as any player who has not reached the quarterfinals of any tournament in the novice division.

WOMEN ON THE COURTS

"Interview with Lia Marchini"

By JOBETH DESROSIERS

Lia Marchini (or Lightning Lia as she is known in NJ racquetball circles), 22, of Hazlet Township is the subject of this month's column. She is currently working as a teaching pro at the newly opened United States Racquetball Club in Middletown, N.J. Taking time out from her busy schedule, Lia sat down with our NJRA reporter for this interview.

NJRA: So, I suppose everyone asks this question in an interview, but how did you get started in racquetball?

Lia: Well, I suppose I should start at the real beginning, if you'll pardon the cliché. I grew up on Staten Island which is one of the boroughs of New York City. Handball and paddleball are very popular in NYC. Having always been athletic and sports-minded, I became a handball/paddleball addict at the age of 15.

NJRA: You know, I don't think they've found a cure for that yet.

Lia: No, you're right. Anyway, I used to spend between 6 and 12 hours on the courts daily. In October '77, the Richmond Racquetball Club was opened and it was quite a hit even though it only contained 6 racquetball courts. A friend of mine introduced me to the game and I was hooked. But after playing for a few times I received a ball on the cheek, and it was probably moving about a million miles per hour. I hated the game after that and walked away.

NJRA: Lia, we all take a few raspberries now and then.

Lia: Don't I know that now. But you must remember coming from handball, I wasn't used to any-

thing moving that fast. After working out in racquetball I found out that I felt great because I had used every muscle in my body. That feeling was the best seller.

NJRA: But what about your initial fear of raspberries and photon balls?

Lia: I figured anything that made me feel that great was worth taking the risk for. Your mind quickly gets accustomed to the speed, and then the fears disappear.

NJRA: Did you go back to paddleball after that?

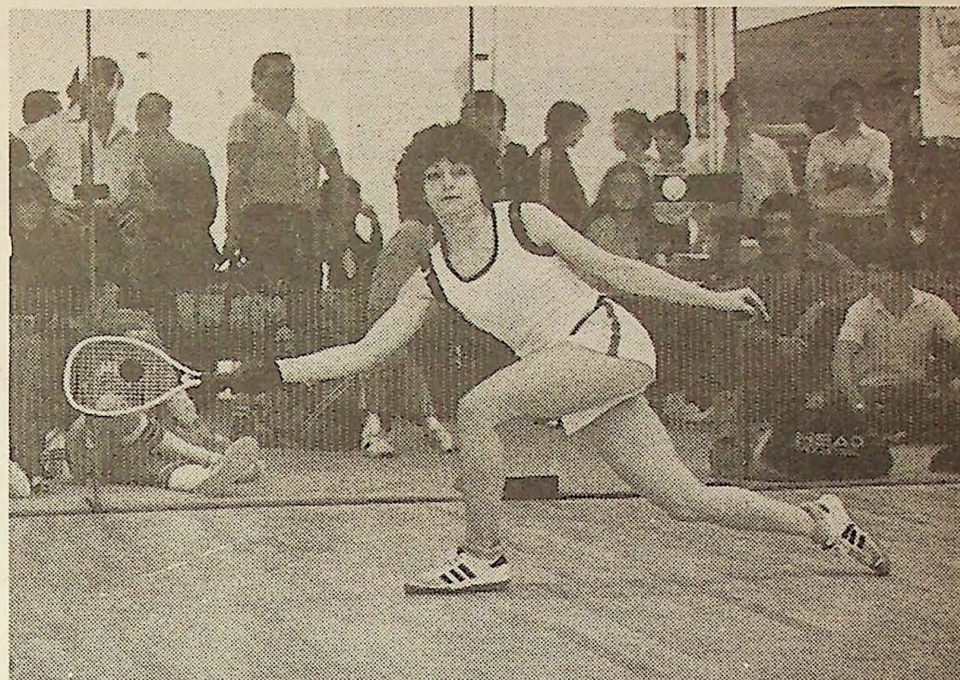
Lia: No, I hung up my paddle and picked up a used "Charlie Brumfield" racquet and I've been a religious player ever since.

NJRA: What have been some of your past competitive accomplishments in our sport?

Lia: Well, I started as a "C" player in 1978 and entered various tournaments. I did fairly well. Usually finished in the top four, until my big win in the Maryland Open. I finished first there. Then I decided it was time to move up. I went to the "B's" and struggled until my win in the AMF Voit/Self Magazine Regional Tournament which was in August of 1979, I think. That one was held in Staten Island, my old home. So the victory felt very good. I took first by defeating a Canadian player. That victory qualified me for the Voit Nationals in Las Vegas where I finished fourth in "B" Nationals.

NJRA: Ever do anything unusual in racquetball?

Lia: Yes, I hold the Women's World



LIA MARCHINI

Record for Racquetball Marathons. My time was 106 hours, 59 minutes.

NJRA: Couldn't you make the last minute for an even 107?

Lia: Listen, like they say, "You don't have to bury 'em, you just have to beat them."

NJRA: What have been some of your most recent tournament experiences?

Lia: My recent placings in the "Open" division have been; 1980 2nd place in AARA States, 1980 3rd place in USRA States. Last July I took first in the Freedom Fighters Tournament at Clark's courts in Marlton. In August of 1980 I had a great month. I won first in doubles in the Pro/Am Tournament at Courtworks. And

I took a second in the Long Island Open. In January of '81 I took second in Mixed Doubles with Mark Berwick at the Doubles Winter Classic at Court Jester in Lakewood. And my most recent. My second place in NJRA/Grand Prix II at Racquetball 23. I lost to Melanie Taylor in the finals. And I'm currently ranked by the NJRA as numero uno in Women's Open and number two in Women's Open Doubles with my teammate Karen Kimmerling.

NJRA: Lia, that's certainly quite an impressive record. But what's your present goal in racquetball.

Lia: To see where my ability takes me. I love the sport and I hoped to be involved with it for a long time.

HOW A REMARKABLE NEW RACQUET GRIP IMPROVES YOUR GAME

It's called Supreme Grip, and you've never played with anything like it.

When you first touch it, you'll think it's suede. But once you start playing, you'll discover what a truly advanced grip you've got your hand on. Its unique Poromeric structure absorbs sweat far better than leather. In fact, the more you sweat, the better your grip actually becomes.

And because Supreme Grip drastically reduces "torque" and virtually eliminates slippage, you'll probably never suffer another blister.

Supreme Grip is completely washable. It can never stretch. Or shrink. Or rot. Or irritate sensitive skin.

Of course, the best way to learn what a difference Supreme Grip can make is to play with it.



Supreme Grip.

is made by
John Boyle & Co., Inc.
112 Duane St.
N.Y., N.Y. 10007

Distributed by
Ashaway Line & Twine
Manufacturing Company



The Racquetball Machine

This exciting NEW machine was designed to meet the demand of the SPEED, ACTION, and QUICKNESS of racquetball. Ideal for teaching; COMPACT and LIGHT it can deliver the ball at HIGH SPEEDS. It may be adjusted to practice those tough to return Z and backwall shots.

The built-in random oscillator gives a real workout teaching or practicing.

This automatic ball server will work for YOU. Delivering the ball FAST or SLOW every 3, 6, or 12 seconds, it will turn your practice game into perfection.

LOB-STER—The Ball Machine People

Dealer Inquires Invited

LOB-STER INC. 109 Aldene Road/Roselle, N.J. 07203
 Silver Server... \$369.95 C.O.D. Check Enclosed.
 Please send me free literature.

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____

IF YOU WISH TO CHARGE THIS ORDER, FILL IN BELOW:
 Charge my BankAmericard Master Charge* American Exp.

*Master Charge Bank #. Charge #. Exp. Date. Authorized Signature.
 Freight F.O.B. Roselle, N.J., U.S.A.



109 Aldene Road/Roselle, N.J. 07203
(201) 245-3000/(800) 526-4041

ALLGOOD TIPS

By **LONNIE ALLGOOD**

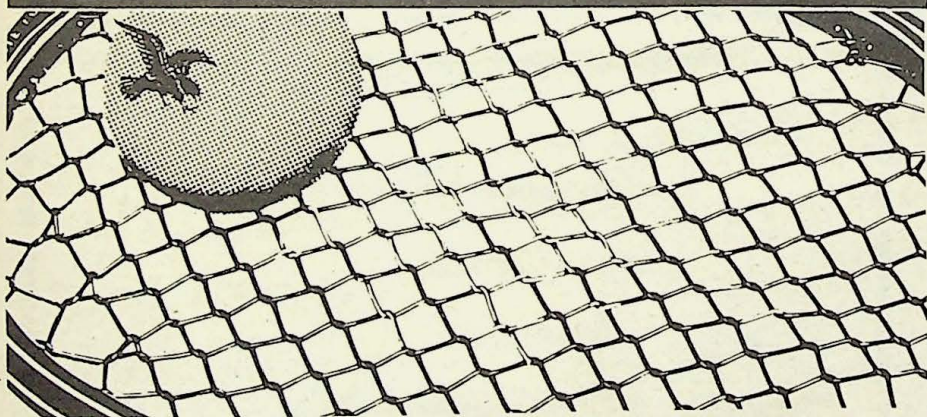
Backwall Play—What to do when your back is against the wall. When the ball comes off of the back wall, this is the only time in the course of a rally that the ball travels with the racquet swing towards the front wall. If you are in position it is one of the easiest shots of the game and for this reason: backwall play should be a strong point in your game. The secret to backwall play is your footwork along with a smooth stroke. In the course of the rally, you have to estimate where the ball will land and then position yourself (with your body parallel to the side wall you are facing) to make proper contact with the ball. Your shot selection, once you position yourself, is unlimited provided, of course, that you make good racquet contact. You can try any shot that you could equally well attempt from the same position on the court where you are taking the ball off of the front wall.

As was stated above, backwall play requires special footwork. What actually is meant is that player's body must be moving correctly. As the ball travels from the front court towards the backwall, the player's movement should be in the same direction as the ball. As the racquetball strikes the backwall and reverses direction, now carrying towards the frontwall, the player's direction change and movement must be likewise. The racquetball player must closely follow the ball with his body as well as with his eyes to develop his backwall play. As a player you should realize that footwork and a proper stroke are the keys to successful backwall play.

As a player, you may be asking yourself after reading the above, when do you use the backwall? The basic rule is as follows: after the serve or once you have taken control of the center court during the rally, you should let any ball that is travelling by you at a height higher than your waist travel to the backwall. Once you've made the decision to let the ball travel to the backwall, you should retreat to the backwall with the proper footwork and put yourself in position for the proper return. Your position will be determined by the speed and the height of the ball travelling to the back wall. Estimating your position from the backwall will take on-the-court play along with time and practice. Now you can look at the backwall as another weapon to add to your racquetball arsenal.

Ed. Note: Lonnie Allgood is Head Pro at Hopewell Valley Racquetball Club.

INTERLOCKED STRINGS



for RACQUETBALL

The **POWER** lies in the great resilience of vertical zigzag stringing—No cross strings—Super stretch and rebound—That's **POWER**.

The **PRECISION** lies in the integrated webbing—no slides or slips when you power a serve or shoot for the kill—the ball goes where you aim it—shot after shot.

• WRITE FOR DESCRIPTIVE FOLDER •

VYDEX Tennis Systems

190 West Main Ave., Box 57
GASTONIA, N.C. 28052

(704) 867-1962

SPORTSMEDICINE IN RACQUETBALL

Ever since physical fitness has become vogue, the American Homo Sapien has become obsessed with developing their physical attributes. In either their homes, parks or elite spas, most people attempt to achieve some sort of fitness.

Each individual has their personal preference of a method for getting into shape. No matter what method is employed the new born jock is on his way to getting into shape as long as he follows certain guidelines. Racquetball players must be especially careful since their sport requires a large amount of agility, coordination and endurance. Improper training may lead to injury.

One must keep in mind that each individual has their own optimal level of training. As a person approaches his goal his level of training intensity will increase. An explanation of this principle will begin with the dormant, beer can in hand, armchair athlete. This individual is at a high level of physical unfitness. There is a precaution that must be taken into consideration. His concern must be to prevent an injury. It is recommended by the author that this particular individual perform general conditioning exercises for a period of at least 2-4 weeks before participating in any sporting activities with vigorous intensity. These exercises should consist of various strengthening and stretching exercises to all four extremities as well as the trunk. Jogging may be included in this regimen.

In terms of attaining optimal cardiovascular fitness, the exerciser ought to operate at 70% of his maximal heart rate. For many this may at first seem a complicated procedure, but sophistication is eliminated with a couple of workout sessions. Workouts are usually much easier than anticipated. To calculate your maximal heart rate subtract your age from 220. 70% of the difference is your activity level. For example, the activity level of a 20 years old would be $(220-20) \times 70\% = 140$. Locating your pulse should present no problem. The carotid pulse can easily be found by lightly pressing with four fingers one inch below the jaw bone along the front side of the neck. The radial pulse can be found on the thumb side of the wrist. When running the femoral pulse is very evident by placing your hands on hips and fingertips on your upper groin. Take your pulse by pausing for ten seconds and multiply by six. A beginner's first workout should last 3-10 minutes depending on age and previous conditioning. You will work your way up to 30-60 minutes. For racquetball I suggest from 20 minutes to the length of time it requires to play a match.

At the conclusion of the workout continue to monitor your pulse. After five minutes you would want your heart rate to be within 8 beats of your pre-exercise heart rate. If your heart rate is above this level, perform the identical workout during your next session. Your body

Support N.J. Racquetball
for Advertising information
call (201) 486-1596

CARDIOVASCULAR FITNESS

By **RICK MISIURA R.P.T.**

will learn to adapt and eventually your recovery rate will improve. Simultaneously your resting heart rate will decrease. Keep in mind that an incomplete recovery from prior workouts bouts causes a decline in work capacity. This is referred as overtraining. Therefore one must advance gradually.

This leads us to two important variables, namely intensity and duration. Intensity refers to the amount of force utilized in performing an exercise, for example, adding poundage in a lifting exercise or increasing the speed of a running workout. Duration refers to the amount of time a particular set of exercises requires. These two variables will increase when graduating to the next exercise level.

There are several paths that can be taken in working out. Free weights, nautilus, running or rope jumping can be employed. No matter what method or combination of methods are used, it behooves you to document pertinent workout information i.e. resting heart rate, recovery rate, intensity, and number of repetitions of each exercise. This helps to promote an organized workout as well as providing for psychological encouragement by being aware of your improvement.

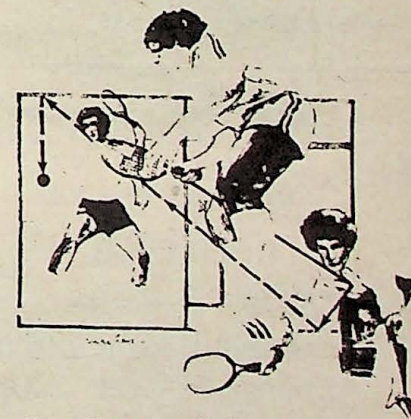
Because of the scope of this topic it is impossible to cover all relevant factors. I must suggest a knowledgeable resource or good discretion when initiating a conditioning program. Any questions may be sent to the editor of this paper.



How to Win at Racquetball

— Audio Cassette —

By **DR. VICTOR I. SPEAR, M.D.**



If you like racquetball,
and you like it even more when you win—
Dr. Spear's message is for you!

To order: send \$9.95 in check, or
money order to

Achievement Resource Center
One Howe Avenue
Passaic, N.J. 07055
473-8855

Visa or Master Charge accepted!

HILLSBOROUGH RACQUETBALL CLUB

Box 156, Amwell Rd. Belle Mead, New Jersey 08502 (201) 359-3600

1981 — SPRING CLASSIC — \$3000.00

Site: Hillsborough Racquetball Club

Tournament Directors: Sanctioned NJRA Tournament directed by NJRA Tournament Committee

Official Rules: NJRA rules will apply. Copies of rules available at tournament desk. All match winners must referee the next match.

Official Ball: Voit Rollout Bleu

Entry Fees: Pro - \$25; Amateur - \$22; 2nd event - \$12, Juniors, 1st event - \$20. All applications must be accompanied by full entry fee, payable to: Hillsborough Racquetball Club. No phone entries will be accepted. Divisions may be combined if insufficient draw. New Jersey residents must be members of the NJRA or purchase membership at the time of registration. Participants limited to enter two events only.

Entry Deadline: May 11, 1981

Starting Times: Call after 12 noon on Thurs., May 14th at (201) 359-3600. Default: 15 minutes after scheduled starting time.

Awards & Prizes: Over \$3000 in prizes, cash and awards will be presented to contestants. Trophies will be awarded to the 1st, 2nd, 3rd place and consolation winners in each event. Each participant will receive a 20 oz. ceramic tournament mug. Prizes provided by various sponsors will be awarded throughout the tournament.

Men's Open	Women's Open	Men's Open Doubles	Women's Open Doubles
1st place - \$250	1st place - \$250	1st place \$100	1st place - \$100
2nd place - \$100	2nd place - \$100	2nd place \$50	2nd place - \$50
3rd place - \$50	3rd place - \$50		

Hospitality: Refreshments will be provided during the tournament courtesy of Natural Light beer

Friday Nite Beer Bash: Sat. Afternoon Buffet

Brunch, Sat. and Sun. morning.

Accommodations: THE HOLIDAY INN, located less than 15 minutes from the club, for Friday & Saturday. Call 201-526-9500 (Special discounts available)

Please print or type

Name _____

Address _____

City, State, Zip _____

Club Affiliation _____

Phone (H) _____ (W) _____

NJRA Member Yes No

Sex: Male Female

Doubles partner: _____

Waiver: I hereby, for myself, my heirs, executors, and administrators, Waive Release any and all rights and claims for damages I may have against Hillsborough Racquetball Club, the directors, sponsors, employees and representatives in any and all connections with participation in this tournament.

Signature _____ Date _____

Signature of Parent if under 18 _____

Divisions of Play

(Minimum of 8 players required to hold a division)

(Check one or two)

- | | |
|----------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Men's Open | <input type="checkbox"/> Women's Open |
| <input type="checkbox"/> Men's A | <input type="checkbox"/> Women's A |
| <input type="checkbox"/> Men's B | <input type="checkbox"/> Women's B |
| <input type="checkbox"/> Men's C | <input type="checkbox"/> Women's C |
| <input type="checkbox"/> Men's Novice* | <input type="checkbox"/> Women's Novice* |
| <input type="checkbox"/> Men's Veteran | <input type="checkbox"/> Women's Veteran |
| <input type="checkbox"/> Men's Open (30 & over) | <input type="checkbox"/> Women's Open (30 & over) |
| <input type="checkbox"/> Men's Senior (35 & over) | <input type="checkbox"/> Open Women's Doubles |
| <input type="checkbox"/> Men's Masters (45 & over) | <input type="checkbox"/> Junior Boys 17 & under |
| <input type="checkbox"/> Men's Open Doubles | <input type="checkbox"/> Junior Girls 17 & under |
| <input type="checkbox"/> Men's B Doubles | |
| <input type="checkbox"/> Open Mixed Doubles | |

*Special Note: Novice player is defined as any player who has not reached the quarterfinals of any tournament in the novice division.

Learn to Hit with Don Thomas

The pro player known for "Power with a purpose" currently ranked #5 on the pro tour can take your game apart and help you put it back together to win at Terry Fancher's Racquetball Camps.

Each weekly session (Monday thru Friday) will include video tape instruction, individual stroke analysis, 4 to 1 student-to-teacher ratio, drills and strategy sessions.

For players of any age, camp is open to the following ability groups: beginners, advanced players, intermediates, and tournament players.

Isn't it time you let us help improve your game? Choose one of these convenient sites! Overnight accommodations are optional.

NEW JERSEY What's Your Racquet Wall, New Jersey

Session IV August 9-14
Session V August 16-21

My game could stand some improvement. Please send me information on your summer racquetball camps.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Terry Fancher Racquetball Camps
4101 Dempster St.
Skokie, IL 60076
Phone: 312-673-4000

To ensure a reservation, enclosed is my \$100 deposit
Tuition for All Sessions:
USRA Members \$325.00
Non-Members \$340.00

NO COURT TIME CHARGES!

Exclusive-Affordable

GOLD CLUB only at

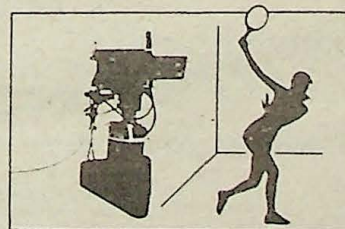


- NO Annual Membership fee
- Exclusive "Gold" courts-set aside from general membership courts
- A & B player leagues
- Convenient-affordable-monthly dues
- Special "Gold Club" events
- Basic Membership \$35/month

Call or write for information

Ricochet Health & Racquet Club

219 St. Nicholas Avenue
So. Plainfield, NJ 07080
(201) 753-2300



TERRY FANCHER'S RACQUETBALL CAMPS

4101 Dempster St.,
Skokie, IL 60076

NJRA CLUB DIRECTORY

***Region 1 — Regional Director**
JoBeth Desrosiers 201-364-3100

US Racquetball Club
 Route 35
 Middletown, NJ
 John Pocaró

Court Jester
 116 River Avenue
 Lakewood, NJ 08701
 Evie Fabrikant

Tri City Health & Racquet Club
 P.O. Box 2326
 Orchard Road & Sherman Avenue
 South Vineland, NJ 08360

***Region 2 — Regional Directors**
Rick Platas 609-983-3600, Lonnie Allgood 609-737-1555

Bob Boone Action Courts
 65 Old Kings Highway
 Maple Shade, NJ 08052
 Jack Bastable

***Region 3 — Regional Directors**
Rita Gallagher 201-257-7507 & Mike Vanore 201-272-7400

Hopewell Valley Racquetball Club
 Route 31
 P.O. Box 277
 Pennington, NJ 08534
 Grover Gedney

Wyndmoor Tennis and Racquetball Club
 8 Cornwall Court
 East Brunswick, NJ 08816
 Sam Herzog

Hillsborough Racquetball Club
 Box 156
 Amwell Road
 Belle Mead, NJ 08502
 Tom Hoye

Racquetball East
 Edgeboro Road
 East Brunswick, NJ 08816
 Joe Grossman

***Region 4 — Regional Director**
Tony Posella 201-647-0400

Edison Racquetball and Health Center
 Old Post Road and Route 1
 Edison, NJ 08817

Murray Cohen

Ricochet Racquet Club
 219 St. Nicholas Avenue
 South Plainfield, NJ 07080
 Gary Hamrah

American Health & Racquet Club
 426 Raritan Street
 Sayreville, NJ 08872
 Cliff Levin

The Racquet Club of Warren
 149 Mt. Bethel Road
 Warren, NJ 07060
 Charlie Krauszer

Region 5 — Regional Director
Rick Englander 201-391-3273

Yogi Berra's Hall of Fame
 333 Gothic Plaza
 Route 46W
 Fairfield, NJ 07006
 Tim Berra

Racquetball 23 and Spa
 Route 23
 Pompton Plains, NJ 07444
 Mr. Adler

To be listed in NJRA Club Director. A club must be an NJRA Associate Member. Contact Tom Bonanne, NJRA Commissioner, 2 Oxcart Lane, Mercerville, NJ, (609) 737-1555 for more information.

Ram Ball Promotion

The Ram Corporation, which produces the sport's newest ball, has announced a special deal for those purchasing the ball and wanting to join the NJRA. When you buy two Ram balls at a participating club and fill out the special coupon, you will receive a one-year's membership in the NJRA (which includes subscriptions to the NJRA NEWS) and three month subscriptions to RACQUETBALL TODAY. The price of one ball is around \$2, depending on the club, so you can see this is really a super deal.

Ask your club is they are a participating member and if they are not, why not?

Racquetball Advisory Council Formed

April 17th, 1981, Mr. Norman Leighton, chairman of the executive committee for the Metropolitan Racquetball Advisory Council (METRAC) announced the formation of the following Racquetball Clubs as members of the MetrAC group: Westwood Racquetball Club, Westwood, New Jersey, Racquette Court Club, Fair Lawn, New Jersey, Elmwood Park Racquet Club, Elmwood Park, New Jersey, Racquetball Plus, Garfield, New Jersey, Racquetball International, Wayne, New Jersey, Racquetball 23 & Spa, Pompton Plains, New Jersey, Courts of Appeal, Englewood, New Jersey, The Courthouse, Springfield, New Jersey, King Arthur's Courts, Fort Lee, New Jersey, Century Fitness Club, Paramus, New Jersey, Ricochet Racquet Club, So. Plainfield, New Jersey, New City Racquet Club, New City, New York, Ramapo Racquet Club, Tallman, New York, Mahwah Court Club, Mahwah, New Jersey, Spaulding Racquet Club, Edgewater, New Jersey, Eagle Rock Racquet Club, West Orange, New Jersey, Knoll Indoor Tennis & Racquetball Club, Lake Hiawatha, New Jersey, Yogi Berra Racquetball Club, Fairfield, New Jersey, King George Racquetball, Greenbrook, New Jersey.

Mr. Leighton stated, "METRAC grew out of the ever increasing popularity of the game itself and because of a desire on the part of club owners to introduce the game and its many benefits to the public. After all, racquetball is relatively new to the Northeast and both athletes and non athletes alike need to be appraised of the nominal cost and the relative ease of learning the game."

METRAC clubs will participate cooperatively in establishing tournaments and other events benefitting members of associated clubs.

According to industry sources, there were eight million American racquetball

players in 1980; a half million in New Jersey alone, despite the fact that the game came to the East Coast only several years ago. METRAC hopes to see racquetball as an all year round activity that can be enjoyed by every member of the family. Because of the low cost, compared with other sports, racquetball is indeed a sport for everyone. The most obvious benefits relate to physical and mental well being. A strenuous game, it is completely aerobic—that is, it elevates the heart rate to a level that is beneficial to the body's cardiovascular system. Anyone can walk out on the court and play, even if he or she has never done so before, without a long series of lessons, expensive equipment or special clothing.

"There is a definite biochemical connection between mental health and regular exercise," says Dr. Charles Semel, Chief of Psychiatry at St. Barnabas Hospital in Livingston, New Jersey. "It tends to minimize mood swings and is very effective in venting stress and tension. The appealing part of racquetball to me, is that it takes relatively little skill compared with squash or handball, and you can play the first time you get on the court." Adds Barbara Kalina, a Morris Plains, New Jersey housewife and racquetball enthusiast, "I can play racquetball anytime between 9 and 3 o'clock on weekdays, and I get to enjoy the sauna and take yoga and exercise classes too. It's just a lot of fun, a nice way to meet people...it is a wonderful sport."

**Support N.J. Racquetball
 for Advertising information
 call (201) 486-1596**

Centralize important club information with

PIC

Player Information Center

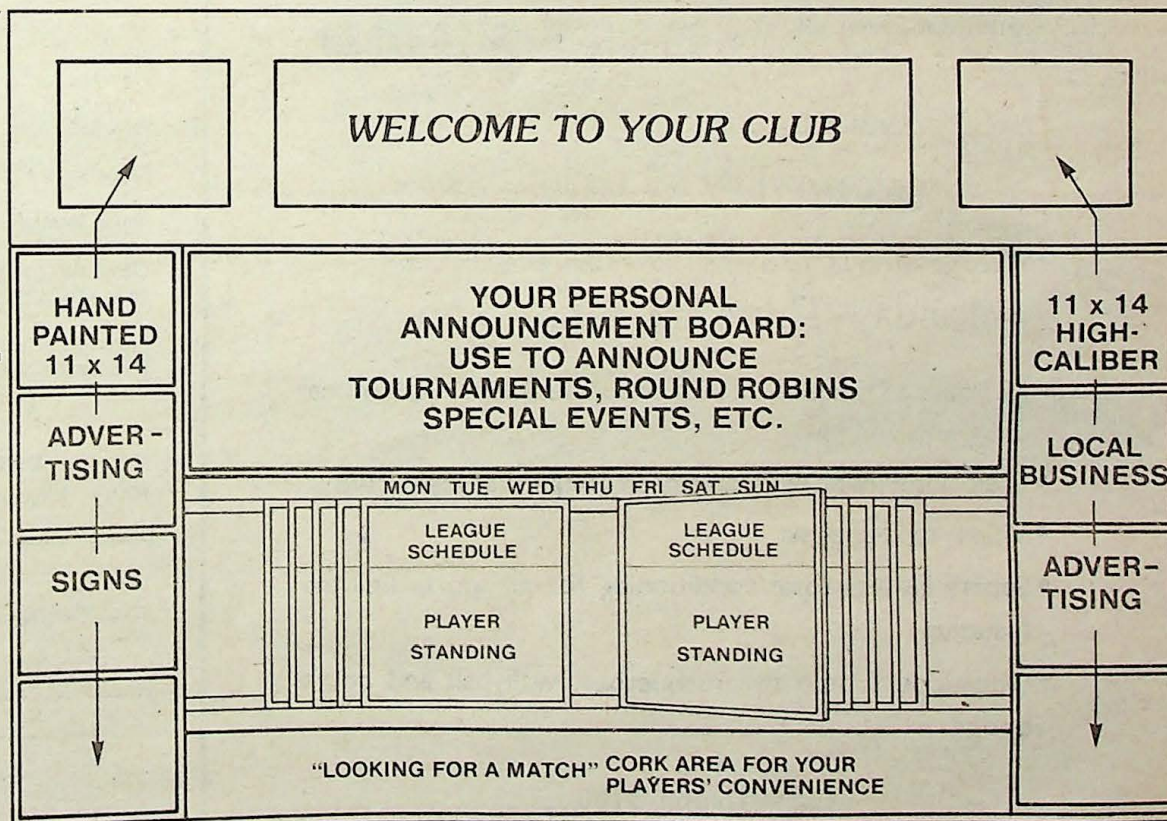
AT NO COST TO YOU!

Centralization is so very important. It saves time, maintains organization, and conserves valuable space.

The handsomely crafted PIC can measure up to 8' wide by 5'6" high and house an information board up to 6' wide by 18" high. In addition to the colorfully lighted welcome panel on top, PIC holds as many as 20 of our exclusively designed League

Standing Sleeves, where all your important league and player information becomes attractively and efficiently consolidated.

The physical beauty of PIC is matched by the beauty of its adaptability. Because we know all clubs are unique, we made PIC's overall size variable; you can truly "Take Your Pic" when considering a Player Information Center for your establishment.



**Abnat Advertising • Chester Professional Building,
 31 Fairmont, • Chester, N.J. 07930
 201 879-7811**

The KILL SHOT

By MIKE YELLEN

(Editor's Note: Mike Yellen of Southfield, Mich., is a 21-year-old member of the Ektelon Professional Player Advisory Staff. He is the number two ranked professional in the country.)

The kill shot is absolutely the most effective offensive weapon a racquetball player can command. The receiver has to strain to get low to retrieve it and must always be on his toes, constantly anticipating where, when, how fast, and how low you'll shoot.

Kill shots can be attempted from virtually anywhere on the court. One does, however, have a better chance of killing the ball in the vicinity of the service zone. The reason for this is that your opponent will most likely be behind you, and therefore, farther from the ball. There is also a disadvantage here, that is, that it will be more difficult to know which way your

opponent is leaning.

There are no definite do's or don't's regarding where to shoot. There is, however, a good rule to follow: put the ball where your opponent is not. Even if you're hitting 85% of your kills, you're bound to leave some handing. If your shot is bad but far enough away from your opponent, it may still work as a passing shot.

When attempting a kill, the key word is "patience." You must let the ball fall below the knees (as low as you can), before hitting. The object is to keep the ball low, from your racquet to the wall, and after that gravity will do the rest.

The basic reason for shooting the ball at a very low point is so the ball will stay low. If one shoots from the hip, for instance, in an attempt to make the ball hit the frontwall low, the ball will be moving at such a great angle that it will bounce fairly high. The higher it bounces, the easier it will be for the opponent to retrieve.

Wait, be patient, don't rush, and when the ball is in place, smack it with an open racquet. The more time you wait, the more time you will have to set up for your shot.

Use the time by placing yourself in a stationary position (you can't shoot effectively when you're on the run), watch the ball closely. Only by studying the velocity and angle of the ball can you determine when to shoot. Wait until the last possible moment.

The standard method of kill shot execution is as follows:

Assume a batter's stance with your lead foot a little closer to the sidewall which you are facing than your back foot. The knees should be more than slightly bent. The torso should be bent so as to

assume a position almost over the ball.

The ball should be directly even with the front leg at the time of contact with the racquet, which should begin its motion toward the ball from above the shoulder. The wrist should be slightly cocked until just before hitting the ball.

In fact, for speed and a hard shot, the wrist should be in the middle of a snap at the same time that the racquet is touching the ball.

A follow through should be made with your legs, hips and shoulders. This will insure that you are not just swinging with your arm. You will also fare better in case of a complete miss, when your whole body can absorb the unexpected jolt rather than just your elbow.

This procedure is identical for the backhand motion the racquet will begin its descent to the ball from your freehand shoulder, whereas on a forehand kill the racquet will issue from the vicinity of your racquet-hand shoulder.

There are no set rules on where and when to attempt a kill shot. It is commonly held that the kill which grazes the sidewall first (reverse corner kill) is the most effective because the ball will die on the floor after hitting the frontwall. This is the case in one instance, i.e., when the ball is hit low enough and grazes slightly enough.

The basic kill shot hit low into the frontwall and quickly wedging into the sidewall is called a straight-in kill.

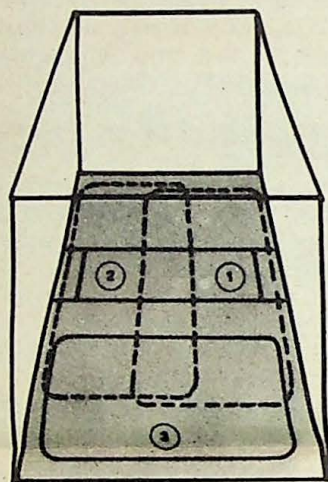
However, the disadvantage to this kill shot is the fact that only a few inches make the difference between a ball that dies and one that rebounds into front center court.

On the other hand, the ball hit straight into the frontwall without contact with the sidewall can sometimes serve as an

effective pass shot when it is not low enough to be considered a kill.

Without a doubt the most beautiful sight to a racquetball player, is that of a ball rolling away from the frontwall. When the ball doesn't bounce, there's no question as to whether the other guy is going to get it or not. "Good" isn't the word for a rollout, "perfect" is.

Although, rollout kill shots are rather infrequent occurrences, still, they do happen. And since it is the object of the game to make it difficult if not impossible, for your opponent to shoot easily, the kill shot is number one on any list of "shots to perfect." But, like most other things, it is easier said than done. I cannot stress enough the necessity of PRACTICE.



Zones 1 and 2 detail where a vast majority of kill shots should be hit. Zone 3 is for passes, drives and ceiling shots.

Ricochet Junior Racquetball & Sports Fitness Camp

Sanctioned by NJRA

Session 1 - July 13 to July 23

Session 2 - August 10 to August 20

Monday-Thursday 1pm-5 pm

- 32 hours of racquetball instruction, analysis, recreational programs and fun
- Basic, intermediate or advanced racquetball instruction
- Video-tape analysis
- Sports Fitness total conditioning for all sports utilizing Nautilus
- Open court time for racquetball, wallyball and court hoops

Camp Tuition-\$100

Call or write for brochure

Ricochet Health & Racquet Club
219 St. Nicholas Avenue
So. Plainfield, NJ 07080
(201) 753-2300

QUAKERBRIDGE MALL OPEN RACQUETBALL CLASSIC ENTRY FORM

June 26, 27, 28

At Hopewell Valley Racquetball Club

Name _____

Address _____

Telephone-Home _____ Work _____

NJRA Membership # _____ Doubles Partner _____

Deadline— June 22, 1981

Ball— Seamco 600

Each Player will receive a Racquetball Bag.

Entry Fees

- \$25 — Pro AM
- \$22 — First Event
- \$12 — Second Event
- \$20 — Juniors First Event

Waiver: I hereby, for myself, my heirs, executors, and administrators, Waive and Release any and all rights and claims for damages I may have against the New Jersey Racquetball Association, the sponsors, employees and representatives in any and all connections with participation in this tournament.

Signature _____

Date _____

Signature of Parent if under 18 _____

DIVISIONS OF PLAY

Men's	Women's	
_____	_____	Open
_____	_____	Open Doubles
_____	_____	A
_____	_____	B
_____	_____	C
_____	_____	Novice*
_____	_____	B Doubles
_____	_____	Junior 17 & Under
_____	_____	Junior 14 & Under
_____	_____	Señior (35 & Over)
_____	_____	Masters (45 & Over)
_____	_____	Veteran (30 & Over)
_____	_____	Open Mixed Doubles

\$5,000 in prizes

Prizes for 1st, 2nd, and 3rd finishers in all divisions. Prizes to include trips for 2, TV sets, bikes, cameras, stereos, travel luggage, and much more.

For more information contact Lonnie Allgood at 609-737-1555.

...Competitive Corner

(Continued From Page 3)

1981 2ND ANNUAL PAUL MASSON MIXED DOUBLES TOURNAMENT FANWOOD RACQUETBALL CLUB

Results

B Division:

1st place - Sheryl Carlson/Jim Mithchell
2nd place - Pam Regan/Warren Searles
3rd place - Lannie Foster/Steve Gott
Consolation - Robin Cunningham/Ed Catalo

C Division:

1st place - Gail Patvinsky/Pete Prucha
2nd place - Dede Bercaw/Ross Reeves
3rd place - Debbie Monchick/Alan Monchick
Consolation - Maria Scott/Jim Thalheimer

Novice Division:

1st place - Tara Traponese/Joe Cline
2nd place - Mary Witkowski/Doug Krell
3rd place - Joan VahHouten/Bob Balat
Consolation - Robin McCarthy/Joe Gardner

GONZALEZ COPS \$400.00 TOURNAMENT PURSE

Reuben Gonzalez, a former USHA National Handball Champion, finished once again on top of the class. This time capturing the highly-touted East-Coast Invitational Racquetball Tournament held at Racquetball 23 & Spa on March 7th & 8th.

Gonzalez completed his weekend schedule with an astounding 10-0 won loss record. Completing all his matches in 2 straight games, Gonzalez found his first real threat in the 1st game of the semi-finals against Maryland's Steve Ginsberg.

Ginsberg, who most recently captured his own first place title at the 1981 Natural Light/NJRA Open, fought Gonzalez unmercifully in their first game only to bow 21-20 for a SRO crowd at the host club. In their second game, Gonzalez swept through 21-13 to advance himself into the finals.

In other semi-final action, Jim Cascio of Bayshore, Long Island, defeated Craig Guinter of Williamsport, Pa., to earn his birth into the final round and a chance to play for the \$400.00 first prize.

As history indicates, Gonzalez pushed by Cascio 21-19 in a grueling first game, then displaying his complete talents for an excited crowd soundly ridding his opponent 21-10 to capture the First Annual event's title and the \$400.00 that goes with it.

Join The New Jersey Tennis and Racquetball Instructors Academy

Learn to teach tennis and racquetball
professionally!

EARN \$8.00 to \$10.00 PER HOUR

We provide a job placement service for
qualified applicants

NOTE: All applicants must have playing experience
To arrange an interview or for more information
Call: 201-794-3382

NJRA NEWS CLASSIFIEDS

There is an established private racquetball club in the Mahwah-Suffern area with unlimited playing time for less than \$27/month on an annual basis. This co-op membership facility has championship courts, steam, sauna, universal gym and resident masseur. Call 914-352-8133 or 914-357-9872.

Wanted: Official photographer for the NJRA News. Experienced in b&w sports photography. Photographic reimbursement only. Contact Rich Telofski care of this newspaper.

ATTENTION CLUB OWNERS & MANAGERS

We can show you how to increase court utilization this summer. Unique marketing ideas at no expense to you. For information call: 794-3382.

THE NJRA NEEDS YOU!

The New Jersey Racquetball Association is looking for additional staff members. If you would like to get involved please call Tom Bonanne, NJRA Chairman at 609-737-1555.

MANAGERS - PROGRAMS DIRECTORS

On August 8, 1981 at 12:00 noon the NJRA will hold a FREE intra/inter club program developmental seminar. For more information call Tom Bonanne at 609-737-1555.

NJRA SPONSORS INTERCOLLEGIATE PLAY MERCER COMMUNITY NIPS RIDER COLLEGE 21-18

Mercer County Community College defeated Rider College in a racquetball team match by a score of 21-18. The match was played at Hopewell Valley Racquetball Club on Friday, April 10. The match ended with both teams having five wins each, but MCCC won the match with more team points. We would like to say thanks to the students for playing hard and the coaches (MCCC — Debbie Fitzgeorge) (Rider — Dick Dundee) for cheering them on.

Results

Men

Barry Sherman (Rider) d. Al Gerth (MCCC), Rich Galinkin (Rider) d. Tom Dickson (MCCC), Bill McDonough (Rider) d. Lou Maldonado (MCCC), Bruce Dozis (Rider) d. Dave Meisberger (MCCC), Glenn Noble (MCCC) d. Bart Chase (Rider).

Women

Carol Macintyre (MCCC) d. Carol Smith, Karen Byrnes (MCCC) d. Barb Sweetnam (Rider), Cheryl Hoffman (MCCC) d. Sherri Murry (Rider).

Men's Doubles

Barry Sherman/Joe Tiziker (Rider) d. Tom Dickson/Lou Maldonado (MCCC).

Mixed Doubles

Ken Strine/Cheryl Hoffman (MCCC) d. Bill McDonough/Carol Smith (Rider).

The Hillsborough Racquetball Club is sponsoring their 1st Open Tournament, called the Hillsborough Racquetball Club Spring Classic—May 15-17. Over \$3,000.00 in cash and prizes will be given away. Various sponsors including Voit, Natural Light Beer, Holiday Inn and Effingers of Bound Brook are providing various prizes. Also \$1100.00 in prize money will be awarded to the top winners in the open players division. The Hillsborough Racquetball Club is located 15 minutes from Somerville, south on Rt. 206 and 20 minutes from Princeton north on Rt. 206. The Club's facilities include 12 racquetball courts,

FREE
MULTI-MEDIA
SEMINAR

THE TRUTH IS... YOU WERE BORN TO BE WEALTHY

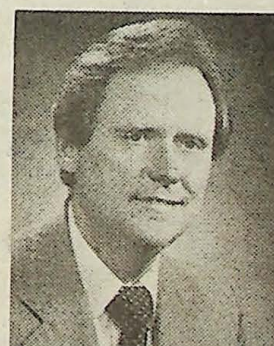
Attend this unique multi-sensory presentation
to learn how fifteen minutes a day can
change your life.

RON SCHRANKLER

Ron Schrankler's career demonstrates the importance of goal setting and financial planning in one's personal and professional life.

From an obscure position in a small retail store in 1970, Ron has applied the learned skills of successful businessman to build a series of rewarding personal businesses for himself and his family.

Mr. Schrankler's training and experience in the development of financial programs can help you to plan your financial future.



JERRY ARTHUR

A varied career in music, writing and public speaking have contributed to make Jerry Arthur one of America's most exciting motivational speakers. His voice is well known to many business people, managers and sales personnel who hear him on nationally distributed training programs. Mr. Arthur is a frequent speaker on the subjects of goal setting and Time-Money Management to business, professional and social groups.

At this seminar you will learn

- How to avoid the four Most common investment traps
- The Six Factors that lead to successful real estate investment
- The Secret of the Tenth Multiple
- How to use real estate exchanges to increase profits
- How to start your investment portfolio from scratch
- The Rule of 72 to help pace yourself against inflation
- A simple formula for stock market investment

Jerry Arthur will introduce you to the
"Dynamics of Financial Freedom"

SHERATON HEIGHTS HOTEL
650 Terrace Ave., Hasbrouck Heights, NJ
— Grand Ball Room —

For Additional Information, Telephone 201-473-8855

Thursday May 14, 1981
7:00 pm - 10:00 pm

ONE TIME
ONLY

Mickey Mantle.
Famous ex-Miller Lite
drinker.

Natural Light
Taste is why
Mickey Mantle
switched.

ANHEUSER-BUSCH, INC. • ST. LOUIS, MO