

KILLSHOT

Combined
November/December 1991
\$4.00 U.S.
\$4.50 Canada

Holiday
Buying
Guide

Lynn Adams:
For the
Good Times

Interview:
Egan
Inoue



Holiday Issue



These Racquets Could Be Hazardous To Your Opponents Health...

They don't call it an Assault for nothing. Spalding's new Assault Series™ of racquets are the deadliest weapons in racquetball. With a super oversize hitting surface, the longest reach, and the stiffest design in the game today.

In fact, the Assault® is so big and bad that the AARA is still considering changing their maximum length rules to accommodate the Assault — for the second year in a row!*

For further information please call 1-800-225-6601.

This is one dangerous weapon they're going to find impossible to outlaw. Because who's going to argue that making the game that much more fun is somehow "illegal?"

SPALDING®
PROFESSIONAL
RACKET SPORTS

*The Assault Series rackets are currently under a second 1 year waiver subject to rule change & are legal for all tournament play with the exception of some specified events.

Oh, Steve. Oh, Steve.

What on earth are we doing now? First of all we come charging out of the clear blue giving away magazines to over 50,000 racquetball players across the country. Then we do it again. And, to make matters worse, and considerably more confusing, we insert a card proclaiming "Last Free Issue" in every poly-bagged edition. Then to top it all off we run into some production problems that pushes our mailing schedule way behind. And now, this issue has November and December on the cover. Can a monthly do that?

Well, lets start at the beginning. We are not now, nor have we ever been a continuation of or in any way involved with National Racquetball. We don't mind however serving as a venting release for those of you who have a gripe with no where else to complain. Evidently there were a whole lot of folks left adrift in the backwash when NR folded a couple of years ago. And then we show up with free mailings of a racquetball magazine. So, quite naturally, I suppose, some readers wrongly assumed we were going to continue their unfulfilled subscriptions to the previous publication. I wish we could (it would be a terrific way to make friends) but the fact is we just are not in position to do so. So, there is no sense pouting about it; just dig out the old checkbook and zip us off a check for a one or two year subscription. Take it like a big kid and chalk up the folding of NR to experience.

But what really flipped the panic switch in to the ON position was the late second issue. WOW! As I already said we ran into some major unforeseen production problems that took their toll on us in terms of time. Some of our readers, already a little gun shy, threw anxiety into high gear,

convinced that we had taken their money and were sippin' fruity drinks with umbrellas on some sunny beach.

Also accompanying the second issue was an innocent little card proclaiming "Last Free Issue". These cards were inserted into all 50,000 mailed pieces in the US and Canada. So, here we are mailing late to begin with and then telling everyone that they were holding the last free issue and to mail in their subscriptions.

What we evidently hadn't made clear was that those subscriptions we had received were going to indeed be honored, but they were not going to begin until the third issue. We didn't think it quite fair to give thousands of magazines away and charge those loyal enough to support us with their hard earned cash. Logistically it would have been impossible (not to mention pretty darned expensive) to remove the pesty little cards from subscribers' issues that were merged in with the entire list. And, in effect, it was everyone's last free issue since subscriptions wouldn't begin until the third issue.

Are you still with me? Good. Read on.

In an effort to streamline production and improve quality we made the move to a new color separator and a new prep house. The late September issue had thrown production into a tailspin and we had to go back to square one with the new prep house since this was their first time to work with us and us with them. We were more than pleased with the results and hope you are too.

But, here we were again mailing very late with the third issue. Mailing very late to a group that is a little bit tired of people, companies, and organizations telling them

what they are going to do then the promise never materializing.

The only way we could see to ease out of the timing problem was to combine November/December into a Holiday issue and just add a month on the end of everyone's subscription to make up for the missed issue. Confusing isn't it?

In a nutshell that's what we're doing. You are holding the November/December Holiday issue in your hands right now. We have included a shopping guide to some of the products available to racquetballers.

We would like to thank you for your patience and understanding and most of all for your support. And, while we are on the subject of support, take a few minutes to check out the companies and products advertised in this issue. The companies and organizations advertising within our pages are those who are supporting the sport of racquetball in a real way. Check out the full page ads, check out the partial page ads, check out the new RACQUETMALL section. These companies are doing more than the customary lip service to "the good of the game". They are taking an active position by spending advertising dollars in support of our efforts to inform racquetball players about what's going on in their sport.

So the advertisers, in turn, deserve your support. Without them there would be no way to produce a vehicle to serve as a forum for the racquetball world. The only way to thank them for their support of racquetball is by purchasing the products and services they advertise. The more they are supported, then the more they are inclined to support. Everybody wins. Game. Match.

-S.Q.

KILLSHOT

Volume I, Number 4

November/December 1991

1

(Editorial)

Oh, Steve. Oh, Steve

6

(Nutrition)

Holiday Survival Guide

by Marcy Lynch

8

Letters

12

(Interview)

Egan Inoue:
using the force

by Steve Quertermous

18

(Profile)

For the Good Times

by Clay Walker

24

(MPRA Tournaments)

Brian's Song

Curses, Doyled Again!

Back to the Future



12



6



24

The official publication of the



Cover: Lynn Adams photographed by Tom Clouser



34

32 Short Serves

34
(Collegiate)
Dean's List

37
(Most Wanted)
Warm-ups
by Jack Newman

38
Thirty-Something
by Norm Blum

40
(Strandemo on Racquetball)
The Serve II

43
Holiday Shopping
Guide

50
(WPRA TOURNAMENT)
Play Ball!

56
(WPRA Column)
From the President...
by Chris Evon

58
(Dynamic Duo)
Pros & Cons
by Fran Davis & Stu Hastings

60
(MPRA Column)
The Decision
by Hank Marcus

62
(European Racquetball)
Continental Drift



50



58

The official publication of the



JINGLE BELL RUN FOR ARTHRITIS



For the JingleBell Run nearest you, call toll free 1-800-283-7800

KILLSHOT

Editorial Director

Steven C. Quertermous

Managing Editor

Marvin Quertermous

Fitness Editor

Dan Obremski

Nutrition Editor

Marcy Lynch

Photographic Consultant

Charlie Palek

Regular Contributors

Lynn Adams

Toni Bevelock

Mike Ceresia

Jan Chayt

Fran Davis

Chris Evon

Stu Hastings

Mark Henry

Aaron Katz

Hank Marcus

Jack Newman

Steve Strandemo

KILLSHOT is published monthly by Quertermous and Quertermous, Inc., P.O. Box 8036, Paducah, Kentucky 42002-8036. A one year subscription in the U.S. is \$19.94 and in Canada is \$29.94 (U.S. funds). Third-class postage paid at Random Lake, Wisconsin. Printed in December 1991 (Volume 1, Number 4). ©1991 Quertermous and Quertermous, Incorporated. All Rights reserved.

HOLABIRD SPORTS DISCOUNTERS

Beats Them All!

CALL 301-687-6400

LOWEST PRICES • 48-HOUR SHIPPING
ONE LOW \$3.25 SHIPPING—ANY QUANTITY
NO SERVICE CHARGE—VISA OR MASTERCARD

RACQUETBALL RACQUETS

AVAILABLE PRESTRUNG ONLY

RTS-EKTELON-WIDE	KENEX HOGAN SERIES
MIRADA MIDPLUS 159.95	GRAPHITE ASM 31 149.95
MIRADA OVER 174.95	COMP PRESENCE 31 OV 89.95
STROBE OVER 199.95	GRAPH PRESENCE 31 OV 134.95
OPTIMA OVER 57.95	COMP PRESENCE 29 MID89.95
PHYCON MIDPLUS 99.00	GRAPH COMP 31-WIDE 65.95
STRION OVER 159.95	GRAPHITE INFINTY 31 107.95
TERSUS MIDPLUS 52.95	GRAPH SOLUTION 31 75.95
COMPR MIDPLUS 79.95	MICRO CERAMIC-WIDE 89.95
TAZER MIDPLUS 189.95	CERAMIC COMP 59.95
XITER OVER 169.95	MICRO SHADOW 69.95
TORON GRAPH OVER 119.95	HEAD
QUANTUS GRAPH MID 75.00	COLOSSUS 1000-MED 71.95
ALANTE MID 95.00	COLOSSUS 2000-FIRM 119.95
NEMESIS-MIDPLUS 139.95	COLOSSUS 3000-X-FIRM 169.95
COURDEA-MID 69.95	EXCALIBUR—OVER 114.95
PRECIS OVER 119.95	ELITE—SUPERMID 97.95
SEREX GRAPH OVER 77.95	ENDEAVOR—OVER 52.95
LEXIS GRAPHITE OVER 45.95	DEFIANT-SUPERMID 169.95
OMNI GRAPHITE MID 51.95	MATCH—OVER/MID 57.95
NEW-E-FORCE-WIDE	SPECTRUM MID 59.95
ANSWER 184.95	ELEKTRA-OVER/MID 62.95
SIGNATURE 162.95	SPALDING-WIDE
WILSON	PRO EXTREME 89.95
PROFILE-WIDE BODY 69.95	EXAC-TECH COMP 69.95
GRAPHITE STAFF MID 28.95	EXAC-TECH GRAPHITE 79.95
CERAMIC STAFF MID 31.95	ASSAULT COMPOSITE 104.95
GRAPHITE BOSS-MID 24.95	ASSAULT GRAPHITE 117.95
	ASSAULT 103 ALUM 36.95

FIRST TIME EVER! SUPER RACQUETBALL RACQUET SALE

ALL BRAND NEW FIRST QUALITY

EKTELON TORON GRAPHITE (ORIGINAL)—OVERSIZE-SS	73.95
EKTELON QUANTUS GRAPHITE (ORIGINAL)—MIDSIZE	45.95
EKTELON MAGNUM GRAPHITE RTS—MIDSIZE	50.00
EKTELON MENTOR OR INTERCEPTOR—MID	31.95
EKTELON 250G GRAPHITE RTS—MID—FLARED ONLY	71.95
EKTELON CONCORDE MID OR OPEX OVER	29.95
HEAD DEFIANT—OVERSIZE	149.95
HEAD MASTER OR PROFESSIONAL	21.95
HEAD PRELUDE GRAPHITE (PROFILE)—MIDSIZE	44.95
KENEX GRAPHITE MICRO	33.95
KENEX HOGAN 60—SERIES 31 (WIDE)—OVERSIZE	61.95

MEN'S & LADIES' SHOES

FOOT JOY TUFFS LO—L	29.95
NIKE AIR X-TRAIN-LO-M/L	48.95
NIKE AIR X-TRAIN-HI-M/L	51.95
NIKE AIR TEC CHALLENGE 3/4	71.95
PRO KENEX P-K MESH-M	27.95
ASICS GEL-CRUISER-HI/LO-M	48.95
AVIA 288 INDOOR-LO-M	36.95
AVIA 299 INDOOR-MID-M	49.95
HEAD RADIAL EXPRESS-M	33.95
HEAD SONIC GRAPHITE-LO	43.95
HEAD SONIC GRAPHITE-3/4	47.95
HEAD SONIC MESH-LO/3/4	34.95
HI TECH DELUXE LO-M	32.95
EKTELON ANSWER-LO-M	27.95
EKTELON PROCIRCUIT-3/4	37.95
EKTELON COUPE MESH-L	29.95
EKTELON CRUISER MESH-M	29.95
EKTELON COMMODORE-HI-M	49.95
EKTELON COURIER-M	35.95
EKTELON STYLUS LO MESH	34.95
EKTELON CENTAR LO-M	41.95
EKTELON RENEGADE 7/8-M	61.95
EKTELON NIRVANA 3/4-M	51.95
TRETORN REDONDO-LO-L	43.95

BALLS, EYEGUARDS & ACCESSORIES

WILSON TRU BLUE RACQUETBALL BALLS	6 CANS 10.95
PENN OR EKTELON RACQ. BALLS (BLUE)	6 CANS 11.98
KENEX RACQUETBALL BALLS (BLUE)	6 CANS 10.95
SPALDING TOP-FLITE RACQ. BALLS (BLUE)	6 CANS 9.98
LEADER NEW YORK OR ALBANY EYEGUARDS	18.95
EKTELON INTERCEPTOR OR PRECEPT EYEGUARDS	24.95
BAUSCH & LOMB ACTION EYEGUARDS (CLEAR)	21.95
THORLO SOX—MOST STYLES—M/L	PAIR 5.25
EKTELON CLASSIC GLOVES	11.95
EKTELON ALL PRO GLOVES	10.95
KENEX PRO DURA-TACK GLOVES—MEN/LADIES	11.95
TOURNA GRIP	3.25
TACKI MAC-RACQ	4.75
SORBOthane—ALL PRODUCTS AVAILABLE	CALL

SPORT BAGS

EKTELON PRO PLUS	26.95
EKTELON SPORT ELITE OR RTS EXPRESS	31.95
KENEX TOURING PRO	31.95
KENEX HOGAN WEEKENDER W/ THERMA PAC	27.95

TENNIS RACQUETS

HEAD GENESIS—600, 650 OR 720—WIDE	169.95
DONNAY PRO I (AGASSI) LTD EDITION	149.95
PRINCE CTS THUNDERSTICK—90 OR 110—WIDE	161.95
PRINCE GRAPHITE—OVER OR MID	141.95
WILSON PRO STAFF 4.5—95 OR 110—WIDE	149.95
WILSON PROFILE—ALL MODELS—SALE	149.00

9008 YELLOW BRICK RD. • ROSSVILLE INDUSTRIAL PK.

BALTIMORE, MD 21237 • CALL 301-687-6400

MON. FRI. 9-5/SAT. 9-3 • 24-HR FAX LINE 301-687-7311

MAIL OR PHONE—SHIP ANYWHERE. INCLUDE VISA

OR MASTERCARD • & EXP. DATE OR SEND MONEY ORDER.

MARYLAND RESIDENTS ADD 5%.

WRITE OR CALL—FREE CATALOG

QUOTES—ALL TENNIS, RACQUETBALL &

SQUASH RACQUETS, SHOES & ACCESSORIES

~HOLIDAY~ SURVIVAL GUIDE

Photographs by Charlie Palek

By Marcy Lynch
Nutrition Editor

For many people, the period of time between Thanksgiving and New Years is one long period of overeating and drinking. The fact is that there are plenty of opportunities to overindulge at this time of year. Even the best plans for self control may get lost amid shopping, the kids, parties, and entertaining friends and relatives. By the time January rolls around, discouragement and regret set in as we gather resolve to make yet another New Years resolution to "get in shape" and "lose

weight."

There are ways, however, to "survive" the holidays without undue damage and without swearing off all parties for another year. The following are a few tips that may help you keep both your waistline and your peace of mind intact. Remember, the best defense is an effective



offense -- take action rather than allow the holidays to do you in!

through the race so you will have the stamina (resolve) near the end when you need it.

Pace Yourself

There will be many parties and opportunities to eat and drink. Compare the holiday season to running a marathon. You must proceed slowly and steadily all the way

Maintain Your Weight

Your goal should be to maintain your weight through the holidays. This is not the best time to develop new eating habits or begin a weight loss program. These next two months are about damage control and learning how to maintain that healthy body you've worked so hard to create.



Maintain an Eating Schedule

Eat breakfast and lunch even though you know you will be entertained or entertaining for dinner. Don't skip any

Plan

Plan activities for parties and/or family get togethers that do not



meals to make up for all those extra calories you anticipate consuming at another meal. You have a much better chance of not overindulging if you eat throughout the day than if you are ravenous from not eating.

Visualize

Mentally preplay special events, office parties, Thanksgiving and Christmas dinners. Decide ahead of time what you will eat and how much. Allow yourself a piece of cake or pie, a drink, an extra serving. Decide what feels appropriate, keeping in mind that your goal is not to overindulge. Decide ahead of time and stick to it! When your decisions are made in advance, it is much easier to resist temptation. The reward of sticking to what you tell yourself you will do is tremendous self-esteem.

revolve around eating and drinking.

Card games, charades, Trivial Pursuit are great fun at a party. Take the family on a walk or to the park after a big meal.

Exercise

Maintain your regular exercise schedule. Those extra calories you are consuming can be burned up through exercise. Exercise also keeps your metabolism active and burning calories throughout the day.

Eat Small

Eat smaller portions of calorie dense foods and larger portions of nutrient rich foods. Calorie dense foods are those that provide a lot of calories but very little nutrition; cookies, pies, pastries, cakes, chips, soda, alcohol, dips, sauces, stuffing, gravy, salad dressing, butter. Nutrient rich foods provide a lot of nutrients and few calories; vegetables, fruit, bread, potatoes, lean meats.



Cut the Calories

When cooking or preparing food, think of ways to cut the calories and increase the nutrition. Reduce the amount of butter or oil used in all cooking. Choose lean meats like turkey, chicken, beef roast, rather than duck, goose, brisket, or lamb. Avoid self-basting turkeys that are injected with vegetable oil. Cook the stuffing outside the turkey rather than inside where it can absorb a lot of fat. Rice and potatoes have less fat than stuffing. Choose whole grain or plain white rolls over crescent or "buttery" rolls. In baking, substitute whole wheat flour for white flour, use egg whites in place of whole eggs, and reduce the fat by replacing a portion of the fat with extra liquid. Substitute lowfat milk for cream whenever possible. Use plain lowfat yogurt or buttermilk in salad dressing and dip recipes in place of sour cream or mayonnaise.

Enjoy Yourself

The holidays are not a time of denial. They are celebrations of friends and family. By following a few guidelines, it is possible to enjoy the holidays and save your New Year Resolutions for something fun and exciting.

Happy Holidays!

L

ETTERS

I stayed awake all morning engrossed in the second issue - very interesting! However, a sudden pain between the eyes recorded "thought in process." How about dedicating a column to "I'll Never Forget Whats His Name." As starters: 1. What is Meuhleisen doing now? 2. Where are Marshall Greenman, Ray Navarre, etc (Texas)? 3. Did the inventor of racquetball ever receive financial gain from the game? 4. What is the oddest nickname (that is printable) in your club? Request subscribers to "ask and respond."

J. Lambert
Dallas, TX

Keep the ads, take the money, keep your fine new magazine going. I have depended on discounters for my equipment for years. Selection, availability and price are all important considerations for me. I simply can't find what I want or need at any pro shops that I have been to. I'm glad to see that racquetball is willing to change to make it more attractive to TV. I think that, plus Olympic status, will give our sport the attention that it deserves.

J. Widman
Kalamazoo, MI

Keep the ads for mail order equipment going. Even as big as Houston, Texas, is, I still can't find my favorite equipment unless I use the mail order companies.

G. Hillegeist
Houston, TX

Although your publication is just what I am looking for in a racquetball magazine I ask that you cancel my subscription. I find the name of your magazine, **KILLSHOT**, very offensive and misleading. When my first issue came in the mail I thought it was a mistake and I had received a military or gun publication. If the name of your magazine reflects the publishers' attitudes, and ways, I want nothing to do with it. I believe that in your narrow view, you fail to realize that not everyone who glances at this magazine is a

hard-core racquetball player and knows what a killshot is. I hope you will change the name of your magazine and that the sport will profit from your publication.

T. Schrock
Goshen, IN

Don't pinch me 'cause I don't want to wake-up! I love it! Don't let me miss the Marty Hogan interview! He's the king!

W. Pulley
Tallahassee, FL

Splat! With all the impact of a great racquetball shot, your new magazine exploded before my very eyes.

As an editor of a bi-monthly union newspaper, I was in awe. Stunning graphics, super pictures, and incredible use of colors were the first things that jumped off the pages. Then came the real heart and soul of your fine publication. The articles; well written, dealing with the realities of the sport and the problems that come with it. Insight from the masters and how the game should be played. Results of tournaments and the players in them.

What a combination, dazzling design coupled with a grass roots style of writing. As an "old timer" who started playing back in the late '70's, I am impressed. Enclosed is my subscription, keep up the great work and make sure I get my monthly "fix" of **KILLSHOT**.

B. Pearson
Oakdale, MN 55128

Nice magazine, I'll take 24 more.

D. Scharfenberg
Tampa, FL

Just finished reading your September issue. Your magazine fills a big void in racquetball. Up until now it's been difficult to keep up with the latest developments and happenings.

I would like to see you continue the ads of mail order companies. In Hawaii, aside from a fairly decent selection of racquetball racquets and gloves there is not much of a selection of racquetball clothing and equipment. Recently a bunch of us mail ordered several hundred dollars worth of racquetball bags, glasses, and gloves because we could not find those particular items in Hawaii. I don't believe any athletic club can carry a complete line of

racquetball clothing and equipment.

Another feature I would like to see is in depth reviews of equipment, especially new racquets. Unfortunately, there are no stores or clubs that let you demo racquetball racquets.

Please enter my subscription, I am enclosing a check for \$18.94.

Thank you and keep up the excellent work.

G. Adachi
Honolulu, HI

Thank you so much for such a fantastic magazine. The format is very good, the color photos are excellent. I've enclosed my subscription for one year.

I would like to address 2 points though.

1. I myself find it very difficult to find Marty Hogan top of the line racquets anywhere. Ektelon's strobe can be found most anywhere but not Pro Kennex. Can you help me on this?

2. Is it possible to obtain any VCR tapes on any racquetball tournaments. I obtained the Rose Festival some years ago which featured Hogan and Yellen, but couldn't find out anything on other tapes that might be available.

Again, thanks for a magazine that keeps me informed on the racquetball scene.

L. Ramirez
West Covina, CA

First of all, I would like to congratulate you on your outstanding publication and wish you long life and success! Thanks for the free issues!

I would like to take this opportunity to respond to the controversy regarding your mail order advertisements. Speaking strictly as a reader, I can only wonder at the costs involved in publishing a magazine such as this with all the color articles and I don't for one second believe you are financed by charitable donations.

My experience with local pro shops has been that due to the limited availability of high end racquetball equipment in discount stores, the pro shops appear to have a corner on the market and can thus escalate their prices in order to make up for the limited amount of sales. Therefore, as a consumer, it is only natural that if I can save money on the equipment I need and the mail order company provides me the

continued on page 10



Integrity.

With Ruben's
signature, what
else could it be?

A new
fragrance
for men



1-800-4 SCENT 4

For each bottle sold, a portion of the proceeds will be donated to the Urban Youth fund to help less fortunate youth.

L E T T E R S

continued from page 8

means to do so. I will utilize them. I personally do not believe that it is necessary for the pro shops to charge any more than the mail order companies anyway. I recently requested catalogs from each of your advertisers and upon reading them, I found that their prices combined with shipping costs were actually more than the pro shop I have always dealt with. This is a heart felt compliment and thank you to Jerry and Linda Eldred, owners of Sports Plus in Mt. Clemens, Michigan. I have been purchasing my equipment from them for the past four years now and will always continue to do so. It is their friendliness, enthusiasm, knowledge and willingness to take the time with their customers that make them special. They are a tribute to the sport of racquetball! If all the other pro shop and club owners throughout the country were like Jerry and Linda and kept their prices competitive, they would not have to worry about the mail order companies taking their business away.

D. Ruedisueli
Mt. Clemens, MI

It's racquetball season again and tournaments are in full swing nationwide. One way a club turns a profit from a tournament is to have a large amateur showing. But that player wants something in return also. There is such a place. The Woodfield Racquet Club in Schaumburg, Illinois, is that place. This is one place where racquetball and players get the top-notch treatment that we all feel we deserve. Dave Negrete and his staff can meet any racquetball need you can imagine. Need a racquet, glove, or restring? Tell them what and they'll get it, and at a competitive price. How about leagues for you and your friends or your company? Weekend challenge courts? One on one lessons/drill sessions or a camp with top pros? All available at Woodfield. The biggest kudo they deserve is their hosting of the only midwest stop of the pro tour. There are numerous places that have a more modern

court with better viewing but none of them will match the feeling one gets at Woodfield. There, racquetball is major league. We should all feel sorry when we can tune in ESPN and watch some truly exciting sports like "Rattlesnake Roundup" in Texas or celebrity trap shooting. No offense to the rattlesnake guys but if ESPN can put you on with your limited participation (your mistakes are almost always fatal) then why can't we racquetball enthusiasts get some air time? I hear tell there are 10 million of us. That should have some economic clout. One reason it isn't though, is that clubs aren't willing to take a financial risk to host such an event. Negrete not only does, but does it successfully. He is willing to take the financial risk to bring in the best. Naturally, like anyone else, he too wants to turn a profit but that is not his first consideration. At a time when so many businesses (and racquetball is still a business) talk about customer service, this is one place that delivers...We the racquetball populace need to get racquetball out of the realm of the curiosity and into the sporting world mainstream. One way to do that is by supporting any club in your area that is willing to host a pro stop, be it men or women. Make it a point to tell them you appreciate them having the best and be ready to bring your business to them. Let's tell the TV stations and cable companies that we're willing to pay to get racquetball on TV. A collective voice is better than a single voice but it takes someone to get things started and one of those someones is Dave Negrete and the Woodfield Racquet Club. Dave, thanks. Any time you bring them, I'll be there to lend support.

R. Kusche
O'Fallon, IL

Hello. I have just finished reading my first issue of **KILLSHOT**. How refreshing and exciting! I just mailed in my subscription. Congratulations!

W. Bogatz
Great Neck, NY

I am writing to address the issue of advertising in your magazine from mail order equipment houses. There are items that I buy from our pro shop at The Courthouse here in Missoula, Montana, and there are items that I buy through the mail. I do not believe that mail order houses will

really hurt business at pro shops. I like to buy clothing at our pro shop because I can try it on and make sure it fits, or try eyeguards, etc. The pro shop is convenient for many items, but there are other items that I buy through the mail. The gloves and grips that I like are not available in our pro shop, so I buy them through the mail. The mail order outfits have a wider selection of items than most pro shops can afford to keep in stock and I believe that they compliment what is available at the pro shop rather than make the pro shop unnecessary. A good example was the letter in your last issue from a left hander who could not find a glove in his town. Our pro shop allows us to try out racquets, and when you buy from the shop if your racquet frame cracks in normal play it will be replaced on the spot and the shop will send the broken one in to be replaced. If you buy through the mail and you have a problem you will have to send the item in to the manufacturer for adjustment or repair which will cost you in time and money. Sometimes people forget to figure in shipping and handling plus convenience when comparing prices. Often a mail order price does not look as attractive when everything is taken into consideration. If the price difference between the mail order houses and the pro shop becomes too great, the pro shop may indeed lose business. Sometimes it is good to point out to the manager of the pro shop that you would like to do business with him but his price spread over the same item through the mail is too great to make up for shipping and convenience. He may decide to reevaluate his pricing. We need competition to keep prices within reason, but convenience will always be worth something. Keep the advertisements. The good pro shops will not be affected.

By the way, what kind of weird name is Quertermous? Have you ever thought of changing it to something more distinguished like Quackenbush?

J. Quackenbush
Missoula, MT

Actually, I thought about changing my first name to Quackenbush. What do you think?

An Open Letter to Hank Marcus

Hank Marcus, Commissioner
Men's Professional Racquetball Assoc.
Portland, OR

Richard Godin

Dear Hank,

On behalf of the junior players in California, thank you for providing professional players for a clinic. Both Ruben Gonzalez and Brian Hawkes represented the MPRA in a distinguished manner during the Stockton Pro-Am Tournament.

Both you and your members are to be congratulated on contributing to the development of racquetball through this junior clinic. Please keep me informed of your tour schedule to continue to plan future junior clinics. This assuredly will benefit all involved in our great game of racquetball.

Sincerely,
Joseph N. Koppel, Ph.D.
Junior Director
California Amateur Racquetball Assoc.



FRONTIER.
Leading The Game
In Low Prices
And Top Quality.

ORDER TOLL-FREE

1-800-854-2644

24-HOUR FAX LINE: **1-619-225-0640**

HOURS: Mon.-Fri. 8AM-5:30PM PST
Sat. 10AM-5PM PST



Frontier
PRO SHOP

2750 Midway Drive
San Diego, CA 92110
(619) 225-9521



PRO KENEX

New Graphite ASM CALL
Graphite Presence 31 \$139.99
Composite Presence 31 99.99

HEAD

New Colossus 3000 \$159.99
New Colossus 2000 109.99
New Colossus 1000 74.99

EKTELON

New Strobe RTS \$199.99
New Xiter RTS 159.99
New Strion RTS 129.99
Precis RTS 114.99
Serex RTS 85.99
Lexis RTS 49.99
New Tazer RTS Mid 184.99
Nemesis RTS Mid 144.99
New Compra RTS Mid 79.99

E-FORCE

Answer (Hammer) \$189.99
Signature 159.99
*Purchase any 2 racquets or more
and get FREE shipping.*

SPALDING

Assault Graphite \$119.99
Assault Comp 99.99

RICHCRAFT

New NXT Epic T.E. \$139.99
New NXT Pulsar 114.99
New NXT Express Supermid 89.99
New Pirate XL 94.99

SHOES

New Ektelon Renegade High \$67.99
New Ektelon Nirvana 3/4 52.99
New Ekt. Stylus Mns/Ldys .. 37.99
Avia 299 3/4 Mns/Ldys 57.99
Head Tri Court 250 3/4 51.99
Head Sonic Low Indoor 41.99
New Mizuno Ultra 3/4 Mns .. 57.99
New Mizuno Spectra Hi Ldys 44.99
New Pro Kennex Nitro 3/4 ... 49.99

ACCESSORIES

Ektelon Grip By A'me \$5.99
Tacki-Mac Grip 4.99
What A Grip 2.50
V-Damp 3.50
Shockbuster (The Worm) 2.99
Wrist Lacer 3.50
Racquetball Saver 7.99
Racquetball Strings CALL

CLOTHING

Ektelon Warm-up Blk, Navy \$79.99
Ektelon Short Blk, Navy 16.99
Ektelon Strobe T-shirt 12.99
Hogan Hit T-shirt 13.99
Penn T-shirt 10.99

GLOVES

New Ekt. Sensor Ultra Thin \$15.99
Ektelon Performer Tackified 14.99
Ektelon Contender Tackified 13.99
Ektelon Enforcer Padded 13.99
Ektelon Classic Cabretta 12.99
Ektelon All Pro Cabretta 10.99
Ektelon Controller 8.99

Neumann Pro Duratack 12.99
Neumann Duratack (Red) ... 10.99
Head Conquest Cabretta 13.99
Head XC-1 Cabretta 9.99
Penn Tournament Tackified .. 13.99
Penn Tournament Cabretta .. 11.99
Penn Cabretta 9.99
Buckskin Cabretta 10.99
Buckskin Synthetic 9.99
New Rich. NXT Cabretta 11.99

*(Quantities of 3 or more, deduct
\$1.00 per glove.)*

EYEGUARDS

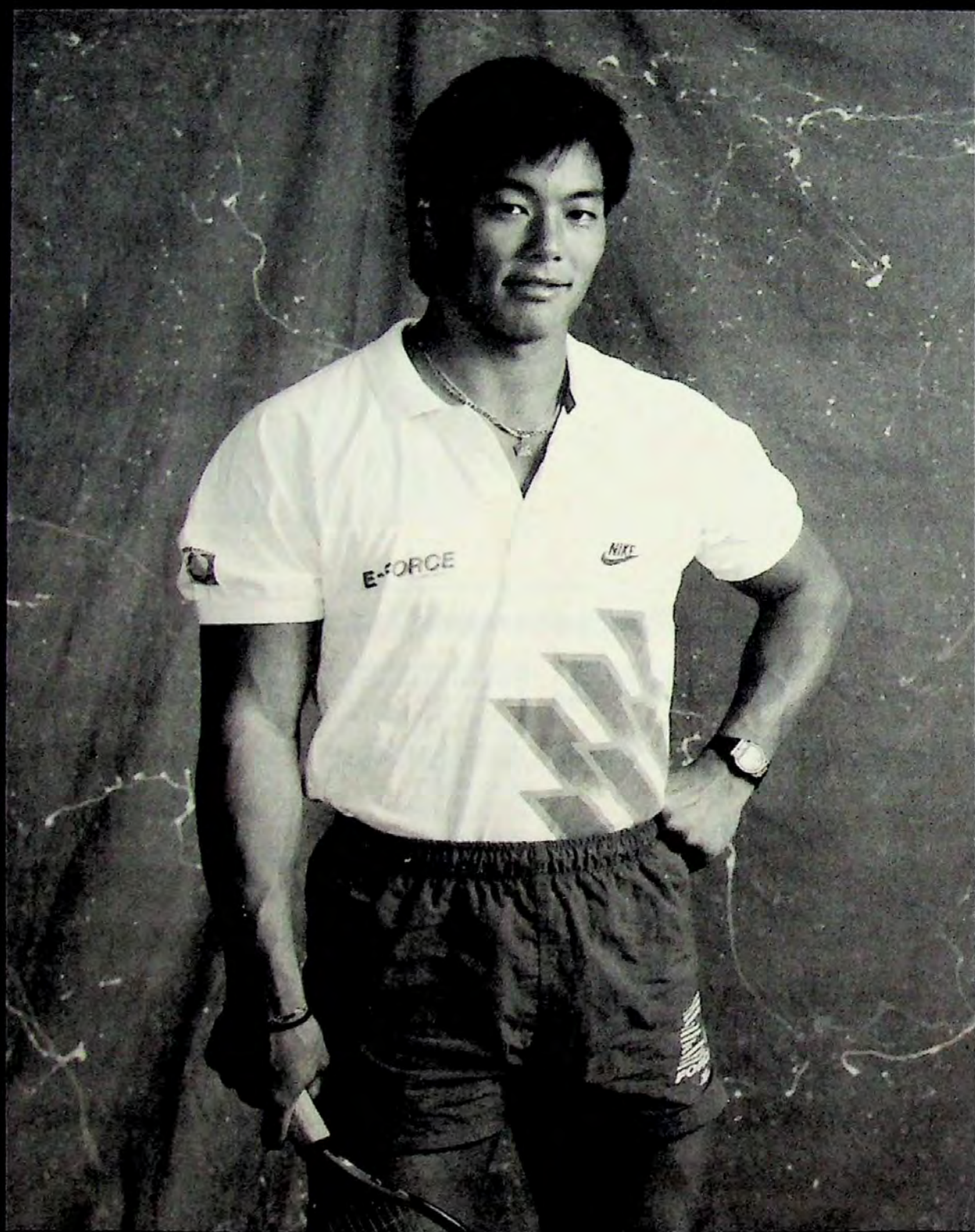
Ektelon Interceptor \$24.99
Ektelon Argus 24.99
New Ektelon Prism 19.99
Action Eyes 22.99
Leader Dallas 19.99
Leader New Yorker 17.99

SPORTS BAGS

Ektelon Elite Tour \$57.99
Ektelon Elite Express 42.99
Ektelon Tournament 49.99
Ektelon RTS Express 35.99
Ektelon Cross Sport 27.99
PKX Nitro Pro Travel 49.99
PKX Infinity Exp. Weekender 42.99
Penn Pro 39.99
Richcraft Pro Staff 42.99
Richcraft NXT 38.99
Spalding Pro Carrier 34.99
Spalding Overnighter 29.99

CALL and use your VISA, MASTERCARD or DISCOVER. By mail, send MONEY ORDER; no personal checks. Add \$3.75 for U.P.S. shipping and insurance. 2nd day air, add \$3.75. C.O.D., add \$3.75. AK, HI, \$10.50. A.P.O., F.P.O., \$9. CA residents add 8 1/4% sales tax. Min. order: \$15.00. Prices effective 10/1/91. Subject to change without notice.





E G A N Inoue

Regarded as one of the hardest hitting competitors on the professional tour, Hawaiian Egan Inoue has been a World Champion, National Team member, and a consistent top finisher in the MPRA. His belief in fitness and his reliance on a well rounded life-style have earned him respect on and off the court.

using the force

Recently he talked with us about his suspensions and probations with the AARA, his training in Martial Arts, his involvement with E-Force, the state of his game, and the recent decision of the MPRA to remain out of non-money tournaments.

By Steve Quertermous
Photographs by Charlie Palek

Interview **KILLSHOT** E g a n

Q: Tell me about E Force and your involvement with the company.

EI: I'm a fifty percent owner of E-Force. Cecil Albao and I started it, actually Cecil started it. About two years ago I was thinking about quitting racquetball. All the contract stuff was frustrating and I couldn't get a racquet that didn't break. There wasn't a racquet on the market that I didn't break nine in a month and I was frustrated

with that. Cecil, my practice partner back home said "Let's make a racquet." I kind of laughed and he said "If I made a racquet with your name on it would you keep playing racquetball?" You hear a lot of promises as a pro athlete so I didn't take it seriously. Four days later he came back with some prototypes and they were great, better than anything I'd ever hit with. So I said "Let's do it."

Q: He already had the business knowledge?

EI: Yes. He and his wife run a garment manufacturing company in Hawaii called Blue Hawaii; clothing, shirts, shorts, moo-moos, oversize tee-shirts.

Q: Let's talk about the National Team and your involvement. How long were you on it?

EI: I don't really know how long. I was on for the World Championships, then I was off. Then I went to the Olympic Festival and won that, then I got suspended and I was put on probation. It was kind of a never ending thing. Two years ago I was sick and took Nyquil to go to bed the night before a match. As everyone knows

it knocks people out -- it does not enhance the game at all. Anyway, it came up in my urine sample and I was put on suspension. I don't know when I was on and when I was off, I was constantly being thrown off the team.

Four days later he came back with some prototypes and they were great, better than anything I'd ever hit with so I said "Let's do it."

Q: Was there also a suspension for not showing up at a training camp?

EI: That training camp was on the same date as the Super Show and we didn't have good communication between myself and the AARA just because I was traveling back and forth.

Q: Were you promoting E-Force?

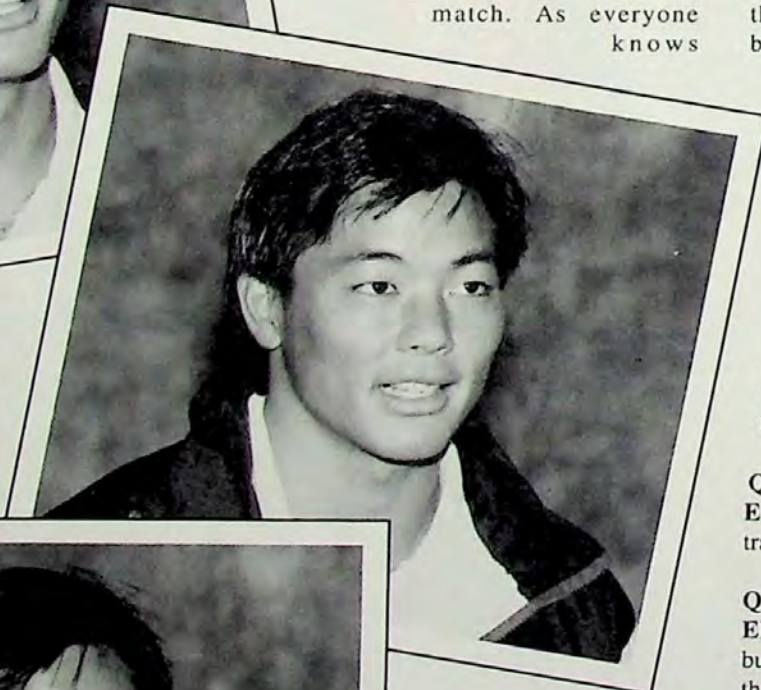
EI: I was promoting E-Force and we had a booth at the Super Show. Everyone knows the Super Show is the biggest sales event in the Sporting industry. We do 75% of our business there. I definitely had to be there. They also have a thing called the Super Star List. Bo Jackson and Michael Jordan were on that list and I was on that list. That was an honor and I felt like I had to be there.

Q: But you were suspended?

EI: I was suspended for missing it [the training camp].

Q: Were you reinstated after that?

EI: We tried to work out a reinstatement but that didn't work out. Some of the things that they [AARA] wanted from me we just



couldn't work out. So, I was never reinstated.

Q: This past year you took second at the Nationals in Houston but didn't get a spot on the National Team. Was that because of the suspension?

EI: Yes, because of the suspension. I went to the Nationals knowing even if I finished first, second, third, or fourth I wasn't going to be on the team because of the suspension unless my appeals and arbitration were successful. But I withdrew from the arbitration. I didn't want to go through that and they [AARA] didn't want any problem. I figured the best thing to do was to let everything flow under the bridge and start new again.

Q: So what is your involvement with the AARA at this point?

EI: Nothing at all. We made a decision within the pros to become one or the other [amateur or professional] and that solved all my problems.

Q: What effect do you think that decision will have on the pro tour and the amateur circuit?

EI: I think it is going to be better for the pro tour. People won't see the pros play for free any more. At the Amateur Nationals you get four of the top ten pros there. People can see the top pros compete at an amateur event. They really don't need to see a pro stop because they can see the pros at an amateur event. With the ruling now they can only see the pros at a pro event, whether it's a pro stop or a smaller money tournament. I think it's going to help the pro tour out a lot.

I didn't know when I was on and when I was off. I was constantly being thrown off the team.

Q: Do you think, by the same token, it will hurt the amateur events and the National Team in international competition?

EI: I think for amateur competition it's not going to hurt the amateur events much. I think it might be better because people don't feel they can win if there is an Andy Roberts or Tim Doyle. People who are border line open players might not play. Now with the pros out there might be a bigger turnout. As for the National Team, I think the U.S. team will suffer a great deal. We've been winning the world championships and it's been close, and that's with our pros. So, without the pros it's going to be tough.

Q: You are considered to be one of the best conditioned, most fit players on the tour. Tell me how you train and how you've reached this level of conditioning.

EI: I do a lot of cross training. I bike, run, swim, and I mix all of that up; hill work, flats, long duration workouts, high intensity short workouts -- shocking the body to get more improvement. Now I'm starting to play a lot more racquetball again. For awhile, I got more into the fitness and forgot about racquetball. You really have to spend the time playing racquetball.

Q: Did that hurt you?

EI: In a sense. But if my serves were on, it would keep me in the game. Now everyone else hits the ball hard and it's evened out so I have to spend more time on the court.

Q: How hard do you hit the ball?

EI: I don't really know. When I hit the ball I don't notice it moving that fast. If I'm standing on the court with someone like Woody Clouse or Tim Doyle I get shocked to see the ball moving that fast but

Interview

KILLSHOT

E g a n



eventually

I get used to it. Maybe it's because I don't see that in Hawaii. But I really don't see my ball moving that fast and I keep thinking, "I wish I could hit the ball harder." I don't want to try to hit it harder. I want to hit it harder with my same stroke.

Q: Do you know how hard you hit the ball?

EI: No. I don't. I have no idea really. I know once I was clocked at 181 m.p.h. in Oregon. I saw that reading. They had another one come out at 191 and I never saw that. One of our distributors went out and made a poster on that.

Q: Is it really not a big deal for you?

EI: It's really not a big deal but I don't like something false being advertised.

Q: I understand you are training with Dave Peck now. What prompted that decision?

EI: Basically my game is one of

confidence. I was working with Brian Hawkes's coach, Jim Carson in California and I couldn't spend enough time with him. I felt I couldn't give him what I should -- the amount he was helping I wasn't able to give back to him. He's the kind of coach you need to spend a lot of time with. He was a really good coach but I needed someone who didn't need to spend a lot of time with me. That's kind of how Dave Peck is. He kind of changed my stroke. The idea helped but I had to go back to my original stroke.

Q: Are you back to your original stroke now?

EI: I went back to my original stroke this past tournament and I played a lot better than I've played in a long time.

Q: Do you think you've been in a slump?

EI: I've been in a slump for about a year and I think that's the reason I was looking for a coach; for someone to give me an answer to pull me from the slump. But I don't think that's the answer. I've sat down and thought it out for myself. A coach can't give me the answers I need. I'm going to have to play my own game the way I've learned it and trained for it.



Q: If you had to sum up your game how would you describe it?

EI: I think my game is one of pressure. I like to pressure my opponent and play at a fast pace. I like using a lot of physical abilities. I want to try to get my opponent to move around as much as I do and try to get the game into a contest of who's going to be able to move quick over the longest period of time.

Q: Is there anyone on the tour with a game similar to yours?

EI: I don't think so. Maybe someone like Tim Sweeney. I think he's the closest.

Q: Is there anyone on the tour that you look forward to playing?

EI: Anyone that plays a fast game. Anyone that's going to shoot with me and drive serve; like Woody Clouse, Tim Doyle, Sweeney, Obremski, Roberts, Ruben, Drew. Actually, I enjoy playing almost all the guys.

I didn't want to go through that and they didn't want any problem. I figured the best thing to do was to let everything flow under the bridge and start new again.

Q: What is your involvement with Martial Arts?

EI: Since I was five, I've been involved with karate and I did that for

about five years. I got a temporary black belt in it. I had to quit because little league baseball started for me. I couldn't train much longer. My grandfather was my instructor. I've always been interested in martial arts. When I was fifteen I started a Chinese art Win Chun which is inside fighting, a hand art. It was one of Bruce Lee's arts. Then I started Tae Kwan Do and got a black belt. For the last three years I've been doing Gracie Jiu Jitsu. It's a Japanese art that the Brazillians have modified to a street fighting art.

Q: Do you see any connection between what you are doing in martial arts and what you are doing in racquetball?

EI: I think all sports bleed into racquetball. The more sports background you have as a kid the more it's going to help your racquetball. As for martial arts, I think it helps racquetball tremendously. One: You have to have discipline. Two: You have to be patient. Three: You have to defend yourself and learn defensive moves as well as offensive moves. As for Jiu Jitsu, it's like playing chess. You have to move to work your opponent to move in a certain way.

Q: How much involvement do you have in the design and approval of E-Force racquets?

EI: I'd say 80% of the say. Basically Cecil and I think up new designs. In Taiwan they have engineers who've been making racquets for 35 to 40 years. They know why certain shapes work and certain shapes don't. They send a sample and Cecil and I hit with it. Most of the time Cecil leaves it up to me to approve or disapprove.

Q: Tell me about the Stealth.

EI: Our new racquet, the Stealth, is a mid range racquet made of graphite. It has a real nice shape and hits really well. I enjoy hitting with it a lot. We're going to try making a Space Carbon version of that also. I think the sweet spot and the way that racquet hits is so good that I think we should have a high end racquet with that same shape.



Interview

KILLSHOT

E g a n

Q: Tell me a little about growing up in Hawaii.

EI: I was born and raised in Hawaii. I have always been involved with ocean sports and all different sports -- basketball, baseball -- obviously no ice skating, ice hockey or snow skiing. I started surfing in elementary school when I was about eight years old. I started out with boogie boards and moved up to surf boards. I wanted to become a pro surfer. I was entering contests just like you would as a racquetball qualifier, except I never made it through all the qualifying and got interested in racquetball.

Q: Do you still surf?

EI: Occassionally, if friends come in from out of town. If I do anything in the ocean now, its fishing. I do a lot of free diving, spear fishing.

Q: What do you see ahead for yourself?

EI: I see myself playing racquetball for maybe another year or two years. I see E-Force getting really big and me doing more exhibitions and clinics for E-Force, putting myself more in the business phase of E-Force. Hopefully looking for some more younger players to pick up and put their name on a racquet. I feel it is important to have players with their names on a racquet, like the old days. That's what pumped me up to play racquetball. There was a Hillacher racquet, a Yellen racquet, a Hogan racquet, a Dave Peck. Everybody had an endorsement. That's why it's important that E-Force stays alive. Richcraft, Spalding. We need companies that have players representing the company.

Q: What do you see ahead for the pro tour?

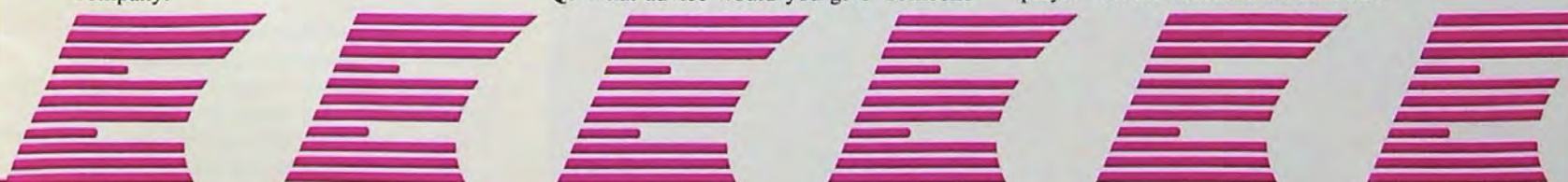
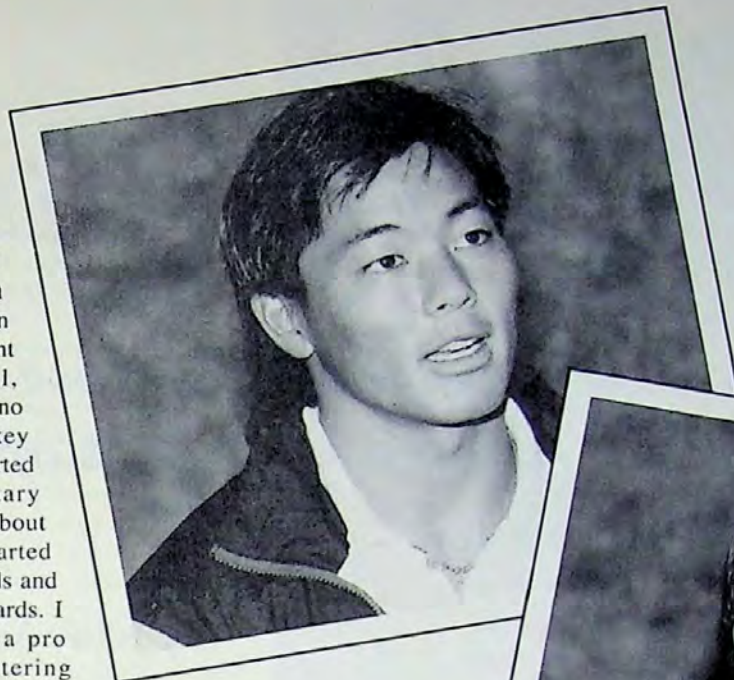
EI: I see the pro tour getting bigger and better every year.

Q: What advice would you give someone

in racquetball who wants to end up where you are?

EI: I don't think you need to start racquetball when you are eight years old. I think it is better for a kid to be well rounded, play as many sports as he can. If he decides that racquetball is his sport, he has to make a commitment. He is going to have to give up a lot of social activity. You have to set goals, otherwise you have nothing to work toward. Find

ways of getting better. He can ask the pros for tips but basically everybody has to find his own game style. What training works out best for his body. A rounded life is what will help a player become a better player-- on the court and off the court.



For the Good Times

With a brilliant career coming to a close, Lynn Adams is seeking racquetball's top spot one more time.



By Clay Walker

It would have been easy to call it quits this summer, natural really. Having finally received a positive diagnosis of the condition she has battled some five years, Lynn Adams could have called a press conference, announced Multiple Sclerosis had forced her to quit training and her retirement from racquetball. It would have been easy had Adams been the top ranked player in the world. But Adams, who is no stranger to playing through pain having contracted rheumatoid arthritis at age 16, had fallen to number two when she was edged by Michelle Gilman in a tiebreaker at the 1991 WPRA National Championships in May.

Now Adams is adjusting to a different life with a frightening disease. The illness has kept her from training for better than four years, but somehow giving it a name has forced Adams to face her mortality.

"You always have the chance with MS that it could accelerate and cause paralysis and you end up in a wheelchair. But I don't feel I'm heading in that direction. I'm not experiencing serious types of symptoms," Adams says. "I have been scared and apprehensive, but not angry. I don't know if I'd feel differently if it would have happened in the middle of my career when I still had so much to learn and prove. I don't think I'd be so acceptive. But now I really can't be selfish. How much can a person ask for?"

No more than Adams has won. She has won more matches and more titles than any player, male or female. She was the top-ranked player at the conclusion of the '82, '83, '85, '86, '87, and '88 seasons, winning the Nationals each of those years,

and again in 1990, despite losing the Nationals. She was the first player to enjoy an undefeated season and won two Triple Crown Championships. She has played through a spinal nerve deterioration and a broken foot.

Having lost the number one ranking to Caryn McKinney in 1989 coupled with her deteriorating health, many were led to believe Adams' best days were behind her. But using superb intelligence in the game she studied so diligently, Adams regained her ranking and reached an even higher echelon of respect.

"There are really two Lynn Adams -- the one before 1987 and the one after 1987," says long time coach Jim Carson. "She was by far the greatest player on the tour before her illness. She had a good combination of accuracy and power. And she was easily the best-conditioned player out there. That was the Lynn Adams before 1987.

"Now, physically, she's a mess. She's out of shape, her timing's no good, her legs wobble. She has always been the smartest player on the tour and, now, that's all she's got."

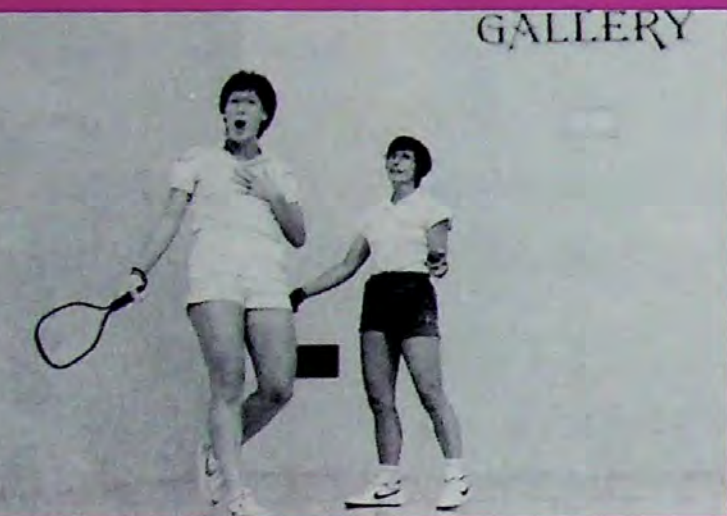
"She was by far the greatest player on the tour before her illness.

She had a good combination of accuracy and power. And she was easily the best-conditioned player out there. That was the Lynn Adams before 1987."

Not the most brilliant scouting report considering the source is the player's own

Aggressive, action-filled matches were the norm whenever Lynn Adams squared off against the powerful Shannon Wright. Lynn's endurance, power and amazing accuracy marked her early days in racquetball.





Adams frequently met Heather McKay in tournament competition. The thirteen year spread in ages matched experience against youthful exuberance. As Adams nears the end of her amazing career a youthful Michelle Gilman poses the same type of threat to Lynn.

coach. So coach, can this 34-year-old, out-of-shape-with-no-capability-of-working-her-way-back-into-shape player dare to dream of retiring number one? "Definitely. Most definitely. I've known Lynn a long time and I've learned never to bet against her."

Carson met Adams in 1975 when she was running track at Orange Coast College in Costa Mesa, California and Carson was organizing a tournament. Adams had played her first match two weeks earlier. She won the women's C division and caught Carson's eye.

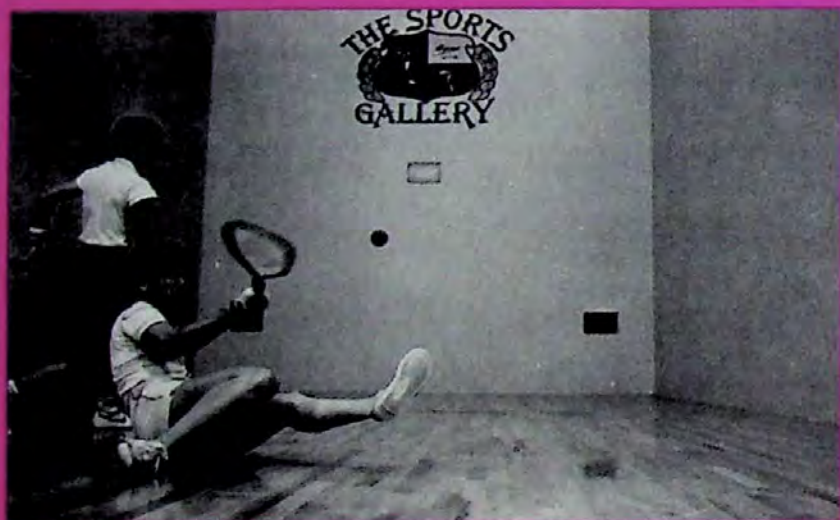
"I've always been that way emotionally -- going with my gut feeling. It didn't seem like a scary or gutsy thing at the time. It was just the thing I wanted to do."

"She stunk at racquetball, but you could tell she was a great athlete. She had this fire that's hard to explain," Carson remembers. "She would go all out on every point as if she had to win *that* point. It was just a fire and she still has it."

Adams immediately fell in love with racquetball and Carson agreed to coach her. After watching a three-wall professional tournament a few weeks later player and coach were convinced Adams was a superstar waiting to be born.

"We're watching these professionals and, with no disrespect to them, I said to Lynn, 'You know, they would kill you in racquetball, but you're a better athlete than they are.' Racquetball is a learned skill. You can learn a skill but you can only do so much to improve athleticism," Carson said.

Confident in her athletic gifts and driven by a love for her new sport, Adams



gave up a track scholarship to U.C.L.A. and began an endeavor that would lead to her livelihood. "I was very passionate about it," Adams said. "I've always been that way emotionally -- going with my gut feeling. It didn't seem like a scary or gutsy thing at the time. It was just the thing I wanted to do."

As Adams and Carson carved out a partnership in racquetball, they became romantically involved as well and were married for nearly three years. Despite the marital break-up, their friendship survived and they have been able to maintain their racquetball success.

"Things happen for reasons. I believe

nine years and then just not love them anymore. I'll always be there for Lynn."

Lynn Adams is enjoying an unseasonably warm November evening in northern Illinois. She is walking her golden Labrador retriever, Amber, along the edge of the woods near her Libertyville home about thirty miles outside of Chicago. Her husband of eleven months, Rich Clay, is inside awaiting their arrival. It is a cozy scene -- one that makes the thought of leaving racquetball behind more than tolerable for Adams; it is inviting.

Adams met Clay at a Pro Stop in Chicago in March, 1990. Clay is a pretty

His admiration, respect and love for Adams, combined with his self confidence, provide Adams with a strong support system and allow Clay to accept Carson's remaining in Adams' life.

"It helps that Jim is a great guy. And I know how Lynn feels about me and that's all that's important," he says. "I also know how much she loves her sport and I know how much Jim helps her succeed in it. Their marriage may not have worked, but their marriage as player-coach has been fantastic."

Adams needs her coach more than ever now. Her physical condition is as



you are with people you need to be with in order to accomplish things in life, and not just in sports," Adams says. "If you need to become a more compassionate person you're going to find someone to show you that. Whatever you need to learn, God is going to send someone into your life to teach you that."

"Our relationship seems odd to most people, but what most people call normal seems odd to us," Carson explained. "I don't know how you can love someone for

fair player himself. A foreman at Steel Rule Die Company, Clay is a competitive A and Open division player. He also makes the most of his wife's tour events. He immediately comes across as secure, likeable and very proud and supportive of his wife.

"She probably has more heart and desire than anyone I know," he said. "With everything her body has been through, she still knows how to focus and use the talent she has to get the job done."

Top left and right: The look might have changed over the years, but the brand of top quality racquetball remained constant.

Center: Adams and Heather McKay.



Left: Lynn Adams today. On court she is as determined and focused as ever. Time outs and breaks are used to take oxygen and wear ice packs to keep her body temperature down.

Below: Adams and Caryn McKinney play cut throat.

for better public awareness and take on some fund raising responsibilities to aid those suffering from MS. She is inspired by Magic Johnson who recently announced his retirement from the Los Angeles Lakers following a positive test for the HIV virus

been reduced to "visualization" sessions.

Still, Adams has overcome considerable odds before and can exploit an opponent's weakness better than anyone. She also has a way of rising to the top.

Carson has had an ice jacket and ice hat designed to help numb the "tingling" sensation physical stress causes on her spine.

unpredictable as the status of a congressman's check. Some days she has to rely on ceiling rallies because her pain will not allow her to bend enough for killshots. Carson has had an ice jacket and ice hat designed to help numb the "tingling" sensation physical stress causes on her spine.

"I won my first championship in Denver, Colorado, and that also put me at number one. I have never felt that high feeling before or since. I think going out number one would be even more thrilling and would neatly close the door on a great career."

Away from the court, Adams has big plans. She would like to have children. And, just as she has with the National Arthritis Foundation, Adams plans to work

which causes AIDS.

"No one is going to remember how many times I won the Nationals or was number one. That's for me so I can tell my kids their mom was pretty hot stuff," she says. "But the racquetball fans will most remember the kind of competitor I was."

"Magic Johnson had a brilliant career and it certainly isn't diminished now. But people will always remember him as a wonderful human being. And now he has a chance to reach people and really make a difference. That will mean more than anything he's done on the basketball court."

If Adams reaches her goal of reclaiming her number one ranking the accomplishment would certainly be an inspiration to others. Adams knows it will be a tough climb. There are days when walking Amber is too painful. She couldn't play racquetball from May to the end of October. And her training regimen has

"That would be a really nice way to go out. In my head I see it as a wonderful end to a cycle," she says of regaining racquetball's number one ranking. "But it will be tough. With my condition it's a big challenge. I won my first championship in Denver, Colorado, and that also put me at number one. I have never felt that high feeling before or since. I think going out number one would be even more thrilling and would neatly close the door on a great career."

It would also make saying goodbye a little easier.



America's Most Wanted

Racquetball Camps 1991-92

Learn Today's Power Game from America's Top Pros

Ruben Gonzalez

Jack Newman

Doug Ganim

Dave Negrete

Andy Roberts

Tim Sweeney

NEW EXTENDED HOURS for 1992 - Sat. - Sun. 10 am - 4 pm

CLIP AND SAVE OUR 1992 SCHEDULE

<u>City</u>	<u>Club</u>	<u>Date</u>	<u>Instructors</u>
Denver, CO	International Athletic Club	Jan. 4 - 5	Newman/Roberts
Cincinnati, OH	Mid-Town Athletic Club	Feb. 1 - 2	Newman/Ganim
Indianapolis, IN	Greenbriar Athletic Club	Feb. 15 - 16	Newman/Ganim
Stillwater, MN	River Valley Athletic Club	Feb. 29 - 1	Newman/Roberts
Watsonville, CA	Spa Fitness Center	Mar. 7 - 8	Newman/Gonzalez
Blue Springs, MO	All-American Fitness	Mar. 14 - 15	Newman/Sweeney
Memphis, TN	Wimbledon Sportsplex	Mar. 28 - 29	Newman/Roberts
Sterling, VA	Capitol Courts Racquet & Fitness Club	Apr. 4 - 5	Newman/Gonzalez
Miami, FL	Miami Racquet & Fitness	Apr. 11 - 12	Newman/Gonzalez
Schaumburg, IL	Woodfield Racquet Club	Apr. 18*	Newman/Negrete
* SPECIAL ONE DAY CAMP 10 am - 5 pm COST: \$100.00			
Helena, MT	Crossroads Sport & Fitness Club	May 2 - 3	Newman/Roberts
West Allis, WI	West Allis Athletic Club	May 9 - 10	Newman/Gonzalez
Akron, OH	LifeCenter Plus	June 27 - 28	Newman/Ganim
Lyndhurst, NJ	King's Court	July 11 - 12	Newman/Gonzalez
Dayton, OH	Congress Park Athletic Club	July 18 - 19	Newman/Ganim
Columbus, OH	Westerville Athletic Club	Aug. 8 - 9	Newman/Ganim
Houston, TX	Northbelt Health Club	Aug. 15 - 16	Newman/Gonzalez
Schaumburg, IL	Woodfield Racquet Club	Aug. 22 - 23	Newman/Negrete
Toledo, OH	Aquarius Athletic Club	Aug. 29 - 30	Newman/Ganim

America's Most Wanted Camps are for men, women, and juniors from Novice to Open. Campers are paired in learning teams with players of similar abilities. 12 hours of instruction, videotape analysis, Head shirt, Tacki-Mac grip, and numerous other giveaways are included. Cost: \$150.00.

VISA OR MASTERCARD welcomed or make check payable and send to:

ROLLOUT, Inc. ● 8815 Golf Rd, Suite 7G ● Des Plaines, IL 60016

PHONE: 1-800-ROLLOUT

(in Chicago Area 1-708-803-8971)

Brian's Song

Hawkes solos to his first victory in the Spalding Toronto Pro-Am

By Mark Henry

With the #2 National Team and some of the top players in the world, Canadian fans are used to great racquetball. What they are not accustomed to is seeing so many top players in one event. The pro tour crossed the border into Canada for the first time in five years and were greeted with tremendous spectator interest and enthusiasm that was infectious throughout the entire city of Toronto. The newly remodeled Airport Fitness and Racquetball Club was a beautiful facility to host the Spalding Toronto Pro-Am in what turned out to be the coming out party for California's Brian Hawkes and his new backhand. Hawkes, the outdoor star who is often overshadowed by the other Californians, Tim Doyle and Dave Johnson, sent a message to the entire tour that there was a new force to be dealt with. Hawkes has always possessed one of the best forehands in the sport, developed from years on the three-walled courts. It was always his backhand that was the question mark. No longer, though as Hawkes fought through the upset-filled top half of the draw and then defeated heavily favored Ruben Gonzalez in the finals. The entire tournament was filled with upsets and comebacks that thrilled Canadian crowds who, until this event, had only heard of these stars.

ROUND OF 32

A qualifying draw of over 25 meant that by the Round of 32's start Thursday morning, there had already been some great matches featuring many of the top Canadian players battling for one of the eight open spots in the draw. The 32's show how deep the talent pool now goes on the tour with even the top seeded

players not safe in the first round. No one learned this fact quicker than #5 seed Tim Doyle who never seemed to get into the rhythm of his match with Florida's James

Lorello. Lorello, one of the young stars who is fast rising on the IRT Tour, beat Doyle easily by using a combination of pinches and passes that had Doyle off balance throughout the match.

Lorello, a rookie on the tour, took the match in four and established himself as another real threat to the top seeds. There were a number of interesting and exciting match ups in the 32's, but none more than #3 Drew Kachtik vs. Canada's top player, Sherman Greenfeld. This match was tops on the viewing list for spectators and other pros and drew a standing room only crowd at noon on Thursday. Kachtik has been pro racquetball's most consistent player, other than Mike Ray, over the last year and was coming off of a dominating win in Stockton, California to kick off the season. Greenfeld is the best in Canada and has the skills to beat any of the pros with his unique style of control passing and pinches, as well as outstanding court position and awareness. The two put on a great show with both players bringing the crowd to their feet after long rallies. After almost two hours of play, they had battled into the fifth game, and Greenfeld had an 8-4 lead. Kachtik looked dead. The Canadian crowd, hoping their support would push Sherman to victory, instead inspired Kachtik's come back. He shot two rally-ending forehands that caused Greenfeld to get a little defensive. In the end, Kachtik prevailed, winning a close tie breaker. Look for Greenfeld to play the tour beginning in January. That will be a treat for fans in the states, but torture for the other players.



Richard Godin



Joel Robertson



the pace. For over two and one-half hours and countless side-outs, "the master", Yellen stayed right with the younger and better-conditioned Inoue. In the end it would be an avoidable hinder that would give Inoue the win in the fifth game. This gutsy call at such a crucial point shows just how solid the rules have become. More importantly, the entire match was a superb showing for two tremendous athletes.

players. In a battle between two great sportsmen, Hawkes jumped out to an 8-4 lead in game one, but Gonzalez thrilled a sell-out crowd to win.

Canadian fans were treated to a battle of wills as neither player would give an inch. At 9-9 in the second game, Hawkes could have folded and gone home happy with second place. But, instead, he killed two backhands to even the match. Finally, Gonzalez' grit and dives were not enough to stop Hawkes' first pro stop win in four.

Opposite top: Gonzalez congratulates Hawkes following an exciting final.

Opposite below: Although back on track following a long slump, Inoue couldn't make it past Ray in the quarters.

Left: Kachtik had dominated Gonzalez in their last three meetings. This time Gonzalez was able to turn the tables.

Below: Andy Roberts was upset by Jack Newman in four games.

ROUND OF 16

#1 seed, Andy Roberts opened the round by taking-out Sweeney in four. Sweeney, up in each of three games he eventually lost 11-10, used his speed, his faster-than-ever serve, and his boyish charm to endear himself with Toronto fans. Jack Newman, #8 seed, after a disappointing showing in Stockton was down two games before getting hot with pinches to take the win from #9 seed Dave Johnson. Hawkes victim in this round was the "giant killer" Lorello. #4 seed Dan Obremski came from way behind in the first two games to take out #13 Woody Clouse as Clouse nearly self-destructed in arguments with the referee and spectators. In a Texas shootout that was much closer than recorded in the scoring, Kachtik eliminated #14 Aaron Katz. Gonzalez looked good, taking out hometown hero Mike Ceresia in a match filled with long rallies and great court coverage. #2 seed Mike Ray proved he was back 100% from the knee injury by retiring rising star Mike Guidry in three.

Without a doubt, the best match of the round was an epic duel between Mike Yellen and Egan Inoue. Pitting speed and tenacity against control and strategy, this match-up saw each player struggle to set

QUARTERFINALS

"Upset" was the word for the day as three of the four matches were captured by underdogs. First Newman took-out Roberts in four as Roberts was plagued by errors. Newman's pinch shots (some of the best in the game) allowed him to capitalize on each of these. Hawkes never let Obremski get started as he drove serves and quickly ended rallies with blasting forehands and backhands. Killing the ball and moving extremely well, Gonzalez reversed his streak of losses to Kachtik with a win in three. Even though Inoue appears to be coming out of a major slump, Ray was able to dominate the front court for the only non-upset quarters win.

SEMI-FINALS

Brian Hawkes, in the top bracket, was visibly nervous as Newman splatted to an easy first game win. But Hawkes relaxed and showed his backhand splat was no fluke. Hitting it over and over against Newman's lob serve, Hawkes took the match and advanced to the first final of his career.

In the bottom bracket match-up of friends, fans got a treat. Long rallies with Gonzalez' diving gets were the norm. Gonzalez fought back from a 2-1 deficit for the win as Ray appeared to tire in the fifth game.

FINAL

When the #12 seed makes the finals it proves the depth and quality of the IRT



Joel Robertson

Curses, Doyled Again!

Tim Breezes past the competition in the Windy City.

By Ralph Kusche

Photographs by Charlie Palek

The Woodfield Racquet Club's annual Halloween Classic is a Chicagoland tradition. Approximately 350 participants in virtually every skill and age category make this their beginning to what is hopefully a successful tournament season. The club, set in suburban Schaumburg, rests in an industrial park off the beaten path. For this weekend it enhanced its reputation for being the racquetball hotbed for Chicago.

What seems to be quickly becoming tradition for this tournament is bad weather. For three years, since this became a full pro stop, cold, wet, and snow weather arrived shortly after the action began. In 1989, open player Mark Morrison of Jacksonville, Florida, rode his motorcycle to Chicago for the pro qualifying. When he arrived it was a sunny 65 degrees. Four days later four to six inches of snow was on the ground and the temperatures had dropped to the 20's.

This year temperatures nose-dived to night time lows of near zero with bone chilling winds. Although snow flurries

and rain made for bad driving conditions, the Chicago racquetball enthusiast was not to be denied his favorite sport at its best.

Round of sixteen action remained true to form with all of the higher seeded

players winning with one exception. #9 Egan Inoue beat #8 Brian Hawkes in straight games. Hawkes came into the tournament riding a hot streak having won the outdoor nationals and the last stop in Toronto for his first pro victory.

#1 Mike Ray was extended to five games by Mike Guidry. Guidry, fresh from a victory over Tim Sweeney, was intent on making his best pro showing to date. After an 11-1 loss in game three, Ray cranked up his game a notch and closed out the next two games and the match in strong fashion.

Hot-hitting James Lorello was unable to overcome Dan Obremski with Obremski winning in three.

Tim Doyle's serves and returns were too much for Aaron Katz as Doyle took Katz out in three games that appeared easier than the scores indicated.

Drew Kachtik bested a determined Woody Clouse, winning two of his three games 11-10. Clouse was unable to get a reversal on what he thought was an ace serve that was called short. The decision of the line judges was split and the point would have sent the match into



Tim Doyle in semifinals action.

a fifth game. On his next serve Kachtik closed out the match.

Mike Yellen started strong with a quick and easy first game 11-3 win over Ruben Gonzalez. Gonzalez reversed the tide and the match with strong wins in the next three games.

Jack Newman played steady ball in his straight game victory over Dave Johnson. Johnson hit some unbelievable overhead splat rolls from deep backcourt but it was not enough to phase the unflappable Newman.

Andy Roberts lost a close first game to a pumped Dave Sable before steamrolling the next three.

The first match of the quarters featured two of the game's biggest servers, Doyle and Obremski. Neither played well throughout the match and it was a matter of who made the fewest mistakes rather than who outplayed who. Doyle took a first game 11-6 win. Obremski won the next two. Doyle got his game back in gear and finally won 11-8 in the fifth. "Negative" highlights seemed to be the rule rather than the exception. These two always seem to have

a close match. Both had disagreements with the referee and linesmen about two-bounce gets, short serves, hinders, etc. The Chicago stop has been a problem for Obremski and he has yet to progress beyond the quarters in four tries.

Saturday's second quarterfinal match-up pitted Drew Kachtik, winner of the season opener in Stockton, against runner-up at Toronto Ruben Gonzalez. Both are crowd pleasers unafraid to put on



Left: Ruben Gonzalez hits the deck in celebration following his win in the semi's.

Below: Andy Roberts, coiled to strike.

a show. Unfortunately for Kachtik it was Gonzalez who stole the spotlight. Gonzalez started strong with an 11-2 win. Kachtik missed numerous backhands and those he did make were left-up for easy re-kills. In game two, Kachtik changed his serving pattern from lobs to drives and Z's. The increased intensity produced an 8-3 lead thanks in part to Gonzalez twice being hit on avoidables after diving gets. From there, he mounted a comeback, making two spectacular diving rollouts and squeezing to an 11-10 victory. Kachtik never recovered and lost game three.

The next match featured the hometown hero against his one-time doubles partner. This was also the second time in four Chicago stops these two played each other. In April, Jack Newman used the

hometown crowd and his "home court advantage" to win his first pro tourney. Jack grew up at the Woodfield club and is always sky high for this one. Andy Roberts was intent on reversing the outcome of their previous Chicago match. Newman, using possibly the most effective lob serve on the tour, seemingly controlled virtually every rally. The second game was one of see-sawing leads until Newman closed it out. An intense and frustrated Roberts launched his racquet following the hard fought loss. Newman was relentless in game three, hitting rollouts and cracks. Roberts was assessed with a technical following a floor to ceiling ball slam. He never recovered and the match ended shortly thereafter.

The last quarters match featured the tour's consummate control player, Mike Ray, against the consummate power player, Egan Inoue.

Inoue began game one by ripping drive serves to Ray's backhand. This initial onslaught produced an early lead but Ray came back for an 11-7 win. Ray took game



Below: Hometown hero Jack Newman stretches for the get. Newman made it to the semi's before being taken out by Ruben Gonzalez.

Right: Mike Ray with a forehand set-up. Kiss this one good-bye.



two, 11-5. In game three, Inoue made the necessary changes to get back in the match. He began serving from the far left side of the service box and mixed in both Z and jam serves. This change caught Ray off guard and Inoue breezed to an easy win. part way through game 4, Inoue's serves began missing and Ray took advantage with excellent returns. Again, Egan made a strategic adjustment. Still on the far left side, he served high, soft lobs into the deep backhand corner. The crowd seemed awestruck that Inoue could serve lobs so well and such a change is headline news in the racquetball world. Ray pulled the game out 11-7 and took the match.

The semi's began as a hopeful Jack Newman faced longtime friend Ruben Gonzalez. Newman's lobs off the side wall did not have the needed depth and Gonzalez repeatedly took advantage by passing to the backhand. Newman

appeared tentative with his shots, repeatedly telling himself to follow through. In game two, Gonzalez nearly pulled out a 2-0 game lead but Newman's high lob Z serve to the forehand began finding the back corner and Jack took advantage with a series of straight kills off the short ceiling balls. Game three was a turning point as both players did everything possible to maintain an advantage. Gonzalez' desire and court coverage wouldn't be denied and he squeezed by 11-10. Games four and five were tight but Gonzalez held on for the Victory.

In the other semi, the top seed Mike Ray was inconsistent. He remarked after the match that he had the opportunities but did not capitalize. Unable to effectively handle Tim Doyle's photons as well as he did Inoue's, Ray was continually on the defensive. After a strong comeback to win

the first game 11-10, he succumbed to the onslaught as Doyle continued to hit his drive serve and near perfect rollouts to steamroll to the finals by winning the next three.

Unique to Chicago is the Monday night final. Tim Doyle was hungry after a disappointing defeat in April by Jack Newman at Woodfield. In Sunday's semi he suffered a cramp in his left tricep while pushing off the side wall to get in position to retrieve the next shot. Doyle's serves were effective as he posed wins in the first two games. Gonzalez' diving gets salvaged game three but Tim didn't let this Chicago final get away as he closed out game four and the match.

Normally, Monday night football holds the attention of sports fans. But, for a small, dedicated and enthusiastic crowd at the Woodfield Racquet Club, racquetball at its best was the only attraction.

Back to the Future

By Marvin Quertermous

Photographs by Larry Gus

Some famous names from the past re-emerge down by the Riverside

IRT
TOURNAMENT

Southern California has long been famous for its contributions to professional racquetball. Names like Marty Hogan and Charlie Brumfield made the west coast a hot bed for the sport in the 1970's. Consistent industry leaders in racquet manufacturing Pro Kennex and Ektelon operate within a few miles of one another in San Diego. A little further north in a land called Huntington Beach, Three guys named Tim Doyle, Brian Hawkes, and Dave Johnson play a continuous round robin powerfest that keeps each of them sharp enough to stay among the top 10 in the world. Toni Bevelock (whose play in the WPRA season opener was superb) can easily be found on the courts in Santa Ana. Lynn Adams occasionally returns to this area she formerly called "home" for some advice or a quick visit with her coach - friend - ex-husband Jim Carson. And the irrepressible Egan Inoue shows up regularly in L.A. for a session with Jiu-jitsu's legendary Gracie Brothers.

With this climate of play all around, you might expect great things from a pro tournament in nearby Riverside; and you would not be disappointed! Southern Californians are dead serious about racquetball. From the Tournament House crowd you hear things like "he's going down the backhand line about 90% of the time, he needs to pinch to catch him cheating to the right for an easy couple of points". It's not just talk. This crowd knows its

stuff. And what a crowd it is! Spotting familiar and important faces in the close quarters of the Tournament House is like playing "Where's Waldo?". On hand were tour veterans Rich Wagner, Craig McCoy and Steve Lerner, several members of Pro Kennex and Ektelon staff, and pro baseball's Jeff Conine.

Surprising when compared to the rest of the season, the round of 32 held only two upsets. After a very strong showing in Stockton earlier this season, Brett Harnett proved it was no fluke by knocking off #9 seed Brian Hawkes in four games. Steve Lerner handed a similar fate to the #4 seed Ruben Gonzalez.

In the 16's #1 seed Mike Ray easily retired #16 Woody Clouse, while Andy Roberts did likewise with #15 Mike Guidry

at the other end of the draw. In the Middle of the field, Tim Doyle followed suite with a three game win over #14 Dave Sable.

The rest of the 16's were not so easy. #6 Drew Kachtik had a much harder time with #11 Dave Johnson before taking the win in an exciting four. #12 Mike Yellen looked like the multi-time National Champion he is as he surprised #5 Jack Newman with an upset in the same round. Coming off the win over Gonzalez in the 32's, Lerner maintained momentum (and so did hometown fans) for a grueling five game win over #13 seed and transplanted Texan Aaron Katz.

In the top half of the draw, the Hogan/Harnett match looked more like a final than a round of 16 match. Both players legendary "run-and-gun's", each

Tim Doyle went for every ball as if it were his last in quarterfinals action against Drew Kachtik.





tried to avoid playing into the other's rhythm. Hogan served a lob Z to Harnett's right side backhand on every serve to keep things a bit off pace. It worked for a while but couldn't keep Harnett off balance long enough. After dropping the first two games, Harnett came on strong to capture the next three and the win.

When Dan Obremski and Egan Inoue began to warm up for their round of 16 match, the crowd could feel the electricity. Shaking off numerous distractions and getting back to basics has brought both tour

favorites back to the tops of their games. Near misses and unfortunate twists in recent pro stops have pushed both players farther down the rankings than either is used to. Two of the best conditioned and most charismatic athletes on the tour, each carries himself with a quiet confidence and courteous manner. At this point, both players were stretching for what would turn into a breathtaking marathon match.

First Inoue edged out the first game 12-10 after nearly 30 minutes of alternating side-outs. Obremski then reversed the scoring to capture the second. The third and fourth saw each man blast, dive and finesse their way to another victory each. The tie-breaker which began two hours after the first serve was hit saw both stars teeter on the 10-10 brink



for serve after serve. In the end, it would be Obremski who would claim this battle in an ongoing war.

In the quarters, the Yellen/Lerner match looked like one from years past. The speed and style of Yellen brought back memories of times-gone-by when he owned every player on the tour. Yellen would not be denied and took the match in an easy three.

Roberts and Obremski blasted the ball for a close five and a brilliant exhibition of smart,

fast racquetball. Roberts, playing the best ball of his life for the past year, has proven his unbelievable deep-court kills and rollout splats are no fluke. Obremski, undaunted by Roberts recent performances displayed a level of confidence and consistency which won him the first 2 games and nearly the match. In the end it was Roberts with the win.

When Ray and Harnett face off you can bet on a show. Both tall, catlike southpaws are quite familiar with national championships. Both players knew that setting the pace and controlling the game here would be the deciding factor, and #1 seed Ray is the undisputed master. While Ray dipped into his bag of tricks again and again for anything that would gain him control, Harnett was quick to nip in the bud anything he found. See-sawing decisive wins for five games, it was Harnett that would reign supreme in Riverside.

The Doyle/Kachtik quarterfinal drew



Above left: With trademark bandana in place, Brett Harnett was a study in intensity.

Above right: Never to be counted out, Californian Steve Lerner became the "upset king" in Riverside.

Left: Dan Obremski claimed the latest battle in the Obremski-Inoue war.

Opposite: A faster and more intense Mike Yellen sets to blast a backhand winner against Steve Lerner.



everyone's attention on Friday evening. Two of the fastest rising stars from last season, each has what it takes to soundly defeat any player on the tour. Each claiming one of the season's first three stops, these two came in confident and "pumped" for this match. Intensity was an understatement as both went to the edge on every rally. But it would be flaming tempers and lots of controversy that set the pace for this one. When the smoke finally cleared and neither man knew whether to shake hands or throw a punch it would be Doyle who would advance to the next round.

Anyone who has seen Brett Harnett play this fall would reasonably assume he would beat most guys on the tour. In Riverside, however, no one had counted on Mike Yellen coming in ready to play the most radical, out-of-his-mind racquetball we've seen from him in years. Yellen, who certainly has the talent to win, seemed content to

stay in the top ten for the past few seasons simply with court sense and know-how. What Southern California fans would learn though is that a suddenly motivated, faster-moving, dead-solid perfect Yellen had come alive. In five back-and-forth games, Yellen was able to accomplish what Ray could not by taking out Harnett and advancing.

Moving into the finals, both Roberts and Yellen stayed crisp and focused. Yellen proved to fans that his performance this week had been no accident, while Roberts furthered his own assertion that he has the best all-

around game in pro racquetball. Taking the win in a tough five, Roberts claimed the #1 spot for the second time this season.

Riverside

Andy Roberts

6-11, 11-2, 8-11, 11-7, 12-10

Mike Yellen

SEMIS

Roberts d. Doyle

9-11, 11-8, 10-11, 11-6, 11-8

Yellen d. Harnett

11-7, 8-11, 12-11, 6-11, 11-4

QUARTERS

Roberts d. Obremski

9-11, 8-11, 11-8, 11-7, 11-7

Doyle d. Kachtik

11-7, 11-8, 8-11, 8-11, 11-5

Yellen d. Lerner

11-9, 11-6, 11-2

Harnett d. Ray

11-8, 2-11, 11-6, 7-11, 11-5

SIXTEENS

Roberts d. Guidry

11-9, 11-6, 11-5

Obremski d. Inoue

10-11, 11-10, 11-5, 7-11, 12-10

Kachtik d. Johnson

11-3, 11-7, 5-11, 11-8

Doyle d. Sable

11-6, 11-9, 11-4

Lerner d. Katz

11-4, 7-11, 8-11, 11-9, 11-6

Yellen d. Newman

11-6, 11-1, 10-11, 11-3

Harnett d. Hogan

3-11, 11-13, 11-2, 11-3, 11-9

Ray d. Clouse

11-6, 11-9, 11-5

Chicago

Tim Doyle

11-9, 11-4, 10-11, 11-9

Ruben Gonzalez

SEMIS

Doyle d. Ray

10-11, 11-3, 11-5, 11-8

Gonzalez d. Newman

10-11, 11-3, 11-5, 11-8

QUARTERS

Ray d. Inoue

11-7, 11-5, 3-11, 10-11, 11-8

Doyle d. Obremski

11-6, 3-11, 5-11, 11-9, 11-8

Gonzalez d. Kachtik

11-2, 11-10, 11-3

Newman d. Roberts

11-6, 11-10, 11-1

SIXTEENS

Ray d. Guidry

11-2, 10-11, 1-11, 11-5, 11-7

Inoue d. Hawkes

11-6, 11-10, 11-9

Obremski d. Lorello

11-2, 11-6, 11-8

Doyle d. Katz

11-4, 11-4, 11-6

Kachtik d. Clouse

11-10, 7-11, 11-7, 11-10

Gonzalez d. Yellen

3-11, 11-5, 11-7, 11-3

Newman d. Johnson

11-7, 11-6, 11-10

Roberts d. Sable

10-11, 11-4, 11-2, 11-2

Toronto

Brian Hawkes

10-11, 11-9, 11-6, 11-1

Ruben Gonzalez

SEMIS

Hawkes d. Newman

2-11, 11-6, 11-5, 6-11, 11-6

Gonzalez d. Ray

11-7, 6-11, 8-11, 11-6, 11-1

QUARTERS

Newman d. Roberts

11-1, 7-11, 11-4, 11-8

Hawkes d. Obremski

11-8, 11-8, 11-7

Gonzalez d. Kachtik

11-7, 11-8, 11-7

Ray d. Inoue

11-6, 8-11, 11-9, 11-1

SIXTEENS

Roberts d. Sweeney

7-11, 11-10, 11-10

Newman d. Johnson

9-11, 2-11, 11-2, 11-8, 11-5

Hawkes d. Lorello

11-3, 7-11, 8-11, 11-3, 11-3

Obremski d. Clouse

11-10, 11-10, 11-3

Kachtik d. Katz

11-10, 11-2, 7-11, 11-7

Gonzalez d. Ceresia

11-7, 9-11, 11-8, 11-2

Inoue d. Yellen

6-11, 11-6, 10-11, 11-6, 11-9

Ray d. Guidry

11-4, 11-4, 11-8



He Flies Through The Air...

Estusa gets into the Game!

Scott Winters announced this month that he will leave Richcraft Resources to head domestic marketing for tennis giant Estusa. Winters, well known for his efforts in racquetball, modestly announced that he

would coordinate the company's U.S. marketing and engineer their debut in racquetball. Plans were also announced for an unveiling of the first racquetball frames from the elite manufacturer at the Super

Show in early 1992. Estusa is famous for its high tech tennis, squash, and professional badminton equipment and its sponsorship of Jimmy Connors, Boris Becker, and squash legend, Jahangir Kahn.

SHORT SERVES



Simon says "Dive head-first over the service box and hit a roll-out." Inoue, Gonzalez, and Doyle seem to have studied a similar game plan for the tournament in Chicago.

This Just In...

In a surprise statement just as this issue was going to press, Lynn Adams announced her early retirement from professional racquetball. Adams had already indicated that this would be her last season dedicated to the tour in light of health factors which limit her ability to practice and to compete. Only weeks ago, when Clay Walker contacted her in preparation for the profile in this issue, Adams' plans were to play one more season in

an effort to regain the number one position which she has dominated for so long.

"I've put a lot of thought into this, and a lot of discussion with my husband, Rich Clay, with my family, and with my coach Jim Carson. Everybody agrees, it's time," said Adams with an optimistic grin. She plans to stay active in racquetball and very visible.

Adams said, "You'll still see me at all the tour stops, even though I'm not playing. I'm planning a very active retirement promoting the sport in a number of ways.

One of these ways is through **KILLSHOT**. To our delight, Adams has agreed to write for us on a regular basis.

...and returns

"I gave it a go."

-Jack Newman

"Wake up, man! Who's your sponsor, anyway, No Doz?"

-Woody Clouse to an official

"Brett Harnett is the best player in the game today. And, remember, you heard it here."

-Marty Hogan

Two Points are Better Than One

Because of the amazing number of players on the TransCoastal International Racquetball Tour maintaining such a tremendous level of play, the MPRA players have come to the conclusion that there must be more decisive measures for determining a victor. The first step is a recent decision that every pro game must be won by a two point margin.

Traditionally, as a "side-out" sport, racquetball required only a one-point margin for the win. That is, in winning the serve then the point, any player had posted a clear victory. With the advent of the "Super Tie Breaker" rule, players felt game results were more reflective of actual play. Carrying this idea a step farther, every game must now exhibit a clear winner by two points.

The first enactment of this rule was at the Rich Wagner Splat Shot Pro Am in Riverside when Drew Kachtik claimed a victory over Kelly Gellhaus 12-10 in the second game of the first round.



Dean's List

Racquetball gets high marks at Southwest Missouri State

By Ken Marks

When George Baker decided to start a racquetball club at Southwest Missouri State University in 1981, he never imagined that someday he would mold his team into national champions.

In fact, Baker's only goal was to play local tournaments in Springfield and St. Louis while representing the university. Today, Baker fields more than two letters a week and at least two calls a day from high school players all over the country who want to be a part of the number one team in college racquetball.

Last April, players for the Southwest Missouri State University in Springfield won their first intercollegiate team title by dominating virtually every category. SMSU swept every event taking the overall men's title, overall women's title and overall team title by winning the gold in eight separate divisions.

"This is the best group of players we've had so far, and they still haven't reached their peak," said Baker.

Why is this man smiling? George Baker has lots of reasons to smile with some of the most talented ballplayers in the country at SMSU. He is surrounded here by Brian Rankin, John Ellis, and Amateur National Singles champion, Tim Sweeney.

In 1985 the SMSU team competed in its first World Intercollegiate Championship in Memphis, Tennessee and remained relatively unknown. It wasn't until 1988 that they broke into the top three with a third place finish in Sacramento, California behind Sacramento State and Memphis State. The following year in New Orleans they dropped a notch to fourth place but threatened champions Memphis State with a second place finish at the 1989 World Intercollegiate Championships in Berkeley, California. Finally, they earned their long awaited title as World Champions this year in Phoenix.

Baker is quick to credit the SMSU

administration for the team's rapid growth. University president Marshall Gordon and Vice President of Student Affairs Herb Lunday have recently shown strong support by helping with team transportation, uniforms, and traveling expenses.

"This is the best group of players we've had so far, and they still haven't reached their peak."

"The SMSU administration believes



Dean's List



the major sports should not be the only sports. The club sports should also be perfected," said Baker. "This provides more outlets for our students which in turn builds a better student and a better university," he added.

In the early years, the SMSU racquetball team depended on car washes, raffles, and various other fund raisers in order to play in local tournaments. Today, the school helps with expenses and has added coach Jim Tramell, two team physicians, a sports psychologist, and an academic advisor in each college department who represents the team.

In addition to the administrative support, much of the credit should go to Baker himself. As the AARA

State Director, Central Regional Director, ACRA board member, and active recruiter, Baker stays on the cutting edge of racquetball keeping the team motivated and growing with the sport.

The 1991-92 season will provide SMSU with its busiest tournament schedule to date. With tournaments in Massachusetts, California, Tennessee, Kansas, Arizona, and Minnesota, the SMSU racquetball team looks forward to greater exposure while keeping the quality of play at a peak.

"The collegiate level has the best racquetball players in the United States and we're looking forward to bringing them to Springfield," said Baker.

After traveling to tournaments all across the country, SMSU will wrap up the season with the home court advantage. Southwest Missouri State University will be the site of the 1992 World Intercollegiate Championships.

With the rapid growth of this young team and the caliber of players steadily increasing, the Southwest Missouri State University racquetball team will no doubt continue to be a dominating force in college racquetball in the years to come.



Above left: Allan Engel, 1991 runner up at the High School Nationals is one of the new faces on the Southwest Missouri State University team and hopes are high for his collegiate career.

Left: A portion of SMSU's picturesque campus. Southwest Missouri State will host the 1992 World Intercollegiate championships.

America's

MOST WANTED

Racquetball

By Jack Newman

good shots. You should also decide on the serves you will use for the match.

Step number three is your actual on court warm-up. During most tournaments you are allowed only five minutes to warm-up, so you must take advantage and use the time wisely. When warming up, start as close to the frontwall as possible (approximately at the service line). Always start hitting the ball easy and then pick up the pace as you get warmer. Starting close to the wall makes it easier to kill the ball and allows your confidence to build during warm-up and helps intimidate your opponent. As you get warm move back a few feet at a time, like steps on a ladder. When you get to the back court, you can practice your ceiling shots. After you are

warm on both forehand and backhand, it is time to practice serves. It is important to hit a variety of serves before the match.

If all these steps are followed your chances of winning will improve at least 50%. All of us at America's Most Wanted Racquetball use these same steps.

In future issues the *America's Most Wanted Racquetball* staff will answer questions for the group or individual members. All questions should be sent to:

Rollout Incorporated
8815 Golf Road, Suite 7G
Des Plaines, IL 60016

Please let us know who you want to answer the question.

Joel Robertson



One of the most frequent questions we are asked at our instruction camps is "What is the proper way to warm-up before a match?"

The first thing to realize as a tournament player is that it takes about thirty minutes to properly warm-up before a match. A quick check with the tournament director will indicate if the match will be on schedule. Many players make the mistake of warming up too early when a tournament is running behind schedule. Once you find out the approximate starting time, you are ready to begin the first step in warming up.

The first step is to find a Life Cycle or any other cardiovascular device. We usually ride for five to ten minutes at a very slow pace, just to get your heart rate up. You want to keep a warm-up suit on to keep your body warm for the next step.

The second step is to properly stretch your muscles while your body is warm. Stretching is important in preventing any injuries or pulled muscles. Stretching, if done properly, will take about fifteen to twenty minutes. We also use our stretching time to mentally prepare for our match. This is the time to visualize yourself hitting

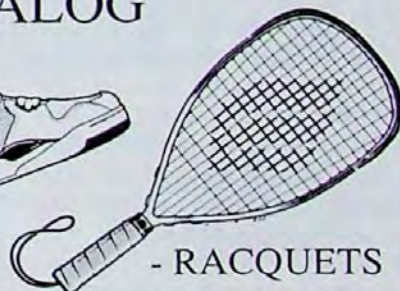
HIGHTOWER USA

YOUR BEST SOURCE

FOR RACQUET SPORTS

1-800-358-3566

PRO SHOP EQUIPMENT FREE CATALOG



- RACQUETS
- GLOVES
- EYEWEAR
- CLOTHING
- SHOES

Mon-Fri 8 Am-4Pm
4691 Eagle Rock Blvd.
Los Angeles, Ca 90041



INFO (213) 259-8666 FAX (213) 259-9516 **RAC811**



Something

It's easy to spot those 30+ veterans

By Norm Blum

It's easy to spot 30-plus racquetball players from a distance. They have at least six tattered, never washed gloves hanging from their gym bags and have that veteran scruffy look. The t-shirt might be ten years old and droops over the shoulders. A perfect fit? Hardly. They hide their scarred knees with knee pads and still insist on diving after balls. They wear sweatpants -- not warmups. Lessons? Forget them. Unless it is Mike Yellen or Marty Hogan talking they won't listen to anyone.

And here's a true test -- examine three gym bags and you'll be able to tell which one belongs to the 30-plus player. The largest bag -- usually big enough to fit a week's worth of clothing in it -- belongs to the 30-plus player and it has everything imaginable in it. It will have two to three racquets, four gloves, head bands, bandanas, string, tape, Holiday Inn towels, a half dozen balls, the Ben Gay cream that smells up the room, enough clothing changes for six matches and a wetbag that probably hasn't been emptied in a while.

The manufacturers love 30-plus players. We're the bloodline of the industry. We have to have the latest \$200 racquet and don't expect us to use it for more than a season. After all, if we lose a step to age, we can't acknowledge that. We like that sweet spot wider on the racquet. Do anything so we can hit the ball harder and more accurately. We want to leave the club feeling good about ourselves and we're no different than the tennis or skiing fanatic who demands a better product. If we lose it's always the fault of the racquet. And yes, the naming of the racquet is important. We like racquets that are called *The Assault* and the *Colossal*.

Every time I come home with a new racquet, my wife Kathy rolls her eyes. She's seen how slowly I move

around the house and questions the veracity of advertising such as Spalding's "PLAN YOUR ATTACK. BIG AND BAD." I'll give her my spiel and she'll plop some stuff I left on the table and say, "Attack this."

She is definitely a Doubting Thomas and is cynical about racquets that promise to change the face of the game. But now that she is a 30-plus player herself she's coming around. After a five year break, she made a comeback and the only racquet she had was a silver and blue Head Master. It literally resembled a miniature racquet and people looked at her as if she were playing with a relic. Finally, she insisted on a modern racquet but would never give me the pleasure of acknowledging that the change helped her game.

A big change among 30-plus players, both male and female, is kids. Our daughter, Rachel, is almost three. Five

years ago, I didn't even know nurseries at clubs existed. Back when I was running tournaments, some parents asked about child care. I vaguely remember telling them to leave the kids at the tournament desk for a half hour or put them by the court during the match and recall receiving a disgusted reaction. Now I can see their point. When Rachel was an infant, going to the club was quite a chore. Here I was with my overstuffed gym bag on one shoulder, an overloaded pink diaper bag along with a sixteen pound little girl. I was never able to leave her at the club nursery. First, I'm an overprotective dad and believe me, the nursery wouldn't have won any *Good Housekeeping* cleaning awards. There were probably a dozen kids running around, so I placed Rachel outside the court. Have you ever tried communicating through a glass wall? It's like watching TV with no sound.

During her first year, Rachel was pretty cooperative. She would sit in her car seat and I'd be able to play a solid five minutes without looking back. By the time she was able to walk, I'd play five minutes, turn around and she would be jumping on the couch in the lounge area. Then it reached the point where she wanted to play. We'd take a break between games and Rachel always managed to sneak onto the court to chase the ball. Now that she's nearly three, she has to have a racquet and a ball whenever we go to the club.

Another thing about being a 30-plus veteran is injuries. While the racquet technology has improved, I'm guilty of not stretching properly. It's hard to warm up. It requires discipline. You schedule a game for 6:00 and you're ready to leave the office and someone like Marvin from **KILLSHOT** magazine will call. You stay on the phone ten minutes and get stuck in traffic. (I've become



Tom Clouser

quite proficient at changing from street clothes to racquetball attire in the van while waiting in traffic.) Anyway, you arrive at the club five minutes before your scheduled match, hop onto the court, do a couple of stretches, hit the ball three times and have to start the match. After all, if you warm up for 15 minutes, before you know it someone is banging on the glass telling you your time is up.

The last six months have been physical nightmares. During the summer I strained a hamstring water skiing and then tried playing racquetball before it healed. Then, just before Labor Day, I was attempting to retrieve a ball that sailed over my head and my foot crashed into the backwall. I had a severe bruise and was unable to play effectively for two months. I was no speedster before, but I was so slow that if my opponent hit the sidewall it was an automatic point. I played sparingly and even though I was hurt, my fellow veteran colleagues enjoyed shutting me out. Even though I couldn't take more than two steps, they walloped on me. In fact, I saw one guy carve a "W" on his racquet handle with a knife after our match. He told me he always places a notch on his racquet after a

victory. After that humiliating experience, I put my racquet aside and joined a basketball league where I promptly broke my other foot. I tell people that I came down wrong after dunking a basketball, but those who have seen me on the racquetball court know I barely get airborne when I attempt to avoid a shot.

Like most other veterans, I began playing racquetball after college. Today racquetball courts are everywhere, but back then it was for the elite few.

During college, I played some lacrosse, tennis, golf, and pick-up basketball. What was racquetball?

In the real world after college I couldn't find a pick-up basketball game and it seemed every time I planned a tennis match, it rained. I hated to jog and found weight training monotonous. A fellow sportswriter, Ken Gladstone, introduced me to racquetball on an outdoor four wall facility.

I have been playing ever since and can be classified a veteran. I have played thousands of matches and quite frankly will never be better than a "B" level player.

My racquetball fantasy is to belong to a club where I'm the best player. It will

never happen.

In the past few years I've noticed that racquetball has become a sport of choice in the business world, primarily because of the speed, strategy and convenience of the sport. They say the high tech racquets have placed too much emphasis on power. Perhaps among the pros, but in my group, it is still a competitive game. Playing racquetball against business colleagues is a great way to observe the ethics of a potential client. Everyone cheats in golf and taking a "gimee" putt from ten feet is expected. But it's pretty easy to tell if the ball skipped.

Getting a court at prime time is easy and it will go against the veteran code to divulge that trade secret. You can be classified a veteran when you call the club and don't have to identify yourself.

It's the voice of the veteran.

Norm Blum, 36, is a racquetball veteran. He is a former sportswriter and has appeared in the *New York Daily News*, *Cleveland Plain Dealer*, *Florida Times Union*, and *National Racquetball*. He is currently owner of First Coast Promotions.

FRAN ^{PLUS} STU

= the Total Solution

A Winning Formula from a Winning Team

Add it up. You'll get more for your money with the racquetball coaching team, **Fran Davis and Stu Hastings (U.S. Team Coaches).**

The TWO BEST HEADS are together again, conducting 3-day racquetball camps in your area.

Physical and Mental Skills + Nutrition + Conditioning + Training Methods = Our Total Training Solution.

Only Fran and Stu have the combined World Class training skills that you need... And that's **THE REAL PLUS!**

As advertised on
Prime Network

DYNAMIC DUO WINTER/SPRING TOUR 1992

December 13-15	January 3-5	January 24-26	February 7-9	March 13-15	March 20-22
Fort Lauderdale, FL	Salt Lake City	Atlanta	South Plainfield, NJ	Lancaster, PA	St. Louis, MO
Bally's Courtrooms	Sportsmall	Club TBA	Ricochet Health & Racquet	Lancaster Co. Racquetball	Town & Country Racquet Club

MAIL TO OR CONTACT: A HEALTHY RACQUET, INC., 28 Ramsey Road, Middlesex, NJ 08846 (908) 560-0647 FAX (908) 469-2262

Affiliated with ADA, AARA and US National Team



The Serve II

In last month's article we addressed the hard serves. This time we will focus on the soft serves: the half-lob, high-lob, and the high-lob z. These serves should play a vital role in your overall serving strategy. The lob serves, besides being effective "first serves" are also your best "second serves."

This section on lob serves, although seemingly simple, slow and boring information, is, in fact, very complex with many subtle ramifications. The pace of the game can go from deliberate, slow ceiling ball rallies to quick, fast-paced offensive action immediately. The simplistic goal of a lob serve is to create a slower paced ceiling ball rally exchange whereby you remain patient and wait for your opponent to err on his return, this creates a scoring opportunity for yourself. The fact is, a correctly hit lob serve, intending to slow down the pace of the game, can often invite an aggressive receiver to come up short-hop or overhead-drive this serve, ironically creating faster-paced action. Before a player can truly be effective with lob serves, it is very important that he fully understand all the different lob serves and their importance.

High-Lob

All the lob serves are slower-paced serves requiring an efficient and smooth serving motion. Hit the high-lob serve with a semi-bent arm and a locked wrist so that the main movement is a smooth shoulder rotation (Photo 1 & 2). This should produce

Both photos show the solid body motion used on the majority of lob serves. Notice the upright standing position, the semi-bent arm and the locked wrist. The server makes contact with the ball at chest to shoulder level with an easy one-step motion into the serve.

a consistent serve, providing you practice the stroking motion and concentrate on hitting your proper front wall targets.

As you can see in the photos, the server should position himself in the middle of the service box or slightly off-center. Different from the drive serves, the server begins his service motion standing upright with an easy one-step motion making contact with the ball at about shoulder level. A correct high-lob serve should hit a front wall target (17 feet to 18 feet off the floor) take its first bounce on the 25 foot dotted line, and continue in a high arc to the back corner. You don't want to try to serve the ball so exactly that it

hugs the sidewall, because any error in the direction of that wall will cause the ball to rebound out for an easy set-up. My suggestion would be to angle the high lob through a five foot alley into the back corner so you have plenty of margin for error. You want the serve to come back into your receiver's hitting zone around shoulder level. At shoulder level it is a difficult height for the receiver to bring the ball down into the low zone effectively. Your opponent will probably be forced to kick the ball back up into the ceiling, forcing a ceiling ball return which generates a ceiling ball rally. A player must be very open-minded in different strategic



approaches that he will be trying in an effort to beat his opponent. A player with a macho attitude might come in and drive the ball down his opponent's neck 100+mph. That approach might have to change as he finds himself scurrying all over the court tracking down his opponent's well-paced, accurate shots. Therefore, a deliberate, patient lob serve game plan might be the best method to create the necessary left-up shots and the offensive opportunities needed.

One of the biggest problems on the lob serve that I encounter with players that come to camp is that most players hit the lob too hard. Instead of landing the ball on the 25-foot dotted line, the ball lands deeper in the court and, very often, rebounds off the back wall for a set-up. Either they are swinging too hard with their shoulder and arm, or their entire body, or they are using their wrists and getting too much power into the serve. Most players do not understand that the high-lob serve is simply a directional serve executed with a locked-up arm and wrist motion.

There is a problem with the lob when you play an opponent that is an aggressive and offensive-minded receiver. That type of player will very often move up and

short-hop a lob serve at knee level (about one to one and one half feet behind the dotted line), and hit an aggressive return. The server must then evaluate just how effective his opponent is at short-hopping the serve. If the receiver is occasionally skipping his return into the floor or leaving a lot of balls up in Zone 2-3, then that aggressive short-hop return is actually working in the server's favor. Remember, the server's goal is to generate a left-up shot, seize the offensive opportunity and score with it.

Another return that an aggressive-minded receiver might try would be to move up, allow the ball to rebound higher off the 25-foot dotted line, and overhead drive or kill the ball. When a receiver tries this return the server must be very alert to watch the return and adjust his position accordingly in Zone 2-3 to get ready for the potential left-up shot.

Half-Lob

The half-lob serve is virtually identical to the high-lob. The starting position in the service box, the easy one-step serving motion and the locked-up shoulder rotation are the same. The only difference is the

height of the front wall target, now twelve to thirteen feet off the floor. The serve should still land on the 25-foot dotted line. The ball will now carry back into the receiver, still at shoulder height, at a lower arc than the high-lob serve. Because the path of the half-lob serve does not travel the same distance as the high-lob, it will carry back to the receiver a fraction quicker. Serving the half-lob to an aggressive, offensive-minded receiver might be one way to keep your opponent from moving up and short-hopping the ball.

High-Lob Z

Most participants coming to camp do not use the high-lob Z as much as they could. They are really not sure how it should be hit. They are unclear where to stand to start the serve, where their front wall targets are, how the ball should come out of the front-wall, side-wall corner, where the ball should take its first bounce, or which direction it will take into the side wall and back corner. It will still take a while to get a comfortable feel for the high-lob Z serve.

A right-handed player serving to the back left corner of the court, should start his serving motion close to the left wall in the service box. The serving motion for the high-lob Z is still the same as the high-lob and half-lob serve semi-bent arm, locked elbow and wrist, and a smooth shoulder rotation. The serving motion for the Z is generated from low (thigh level) to high (shoulder level). The high-lob Z requires that you hit the ball slightly harder than the other lob serves at approximately eighteen feet up on the front wall and as close to the right side wall as possible. The ball will angle out of the front right corner and carom in a high arc diagonally across the court, take its first bounce on the 25-foot dotted line, kick up on the side wall and then die as it descends into the back wall.

Obviously, this serve carries a high price if the server should miss-hit his front wall target. A correctly hit high-lob Z should force your opponent to make a decision to either hit the serve before it catches the side wall, just as the ball is hitting the side wall, or just after the ball catches the side wall. All three of these choices require the receiver to hit the return above shoulder level with a vertical shoulder swing. Because many players swing with their arms instead of their shoulders, they will generate errant, misdirected, weak returns.

STRANDEMO RACQUETBALL ACADEMY



The largest ramification of this serve is again with an aggressive receiver who wants to short-hop the serve. When the right-handed player serves with his forehand from the left side of the service box to an aggressive receiver, the timing of the server hitting and relocating out of the service box, and the receiver moving up to short-hop the ball, the server places himself virtually in front of the receiver and therefore blocks the receiver's return. Because the receiver must always be given the option of hitting in a straight path to the front wall, pinching to the wall that he is closest to, or hitting a cross-court return, an objective referee should call an avoidable hinder on the server. To avoid this situation from happening with an aggressive receiver, the server can learn to hit the high-lob Z, from approximately three to four feet off of the left wall with his backhand. Serving with his backhand allows the aggressive receiver all his shot options while still allowing the server to relocate out of the service box and ready himself for the left-up return. This backhand serve is highly effective against an aggressive receiver who is constantly leaving the ball up in Zone 2-3. Since the server is trying to generate a misdirected

return, he should be alert and ready to capitalize on the left-up shots.

Now, let's discuss the aggressive receiver who effectively short-hops the serve; consistently driving the ball down-the-line and cross-court, pinching for winners and overhead killing and driving the ball. His aggressive play has you really nervous, uncomfortable and has completely taken your serving momentum away. How can you stop that? One serve that I seldom see used is a medium-speed Z -- a very effective serve that often negates the aggressive receiver from short-hopping the serve.

The medium-speed Z is served from the same position on the left as the high lob Z (near the side wall), the ball is hit about seven to eight feet up on the front wall. The server snaps his wrist on this serve, and with modest pace the ball quickly angles diagonally back into the receiver (quicker than the lob, but not as hard as the hard Z). The server then quickly turns, protecting the front of his body, looks over his left shoulder to alertly pick up the ball and the receiver. Often, the receivers that short-hop the serve do so because the ball is coming in slow and they have adequate time to prepare for the quick return. As this medium-speed Z comes into the aggressive receiver, he is caught by the slightly faster paced serve as he is moving up in anticipation of short-hopping. He might be forced now to short-hop the ball at the waist instead of down at the knee, which will generally create a higher percentage of left-up shots on their return. The medium-speed Z is also effective against the aggressive left-handed player to the back right corner; be aware that there is slight blind spot as you relocate out of the service box.

Another serve that is effective against a short-hopper, is a high-lob serve that catches the deep left wall in the air, kicks out from the left wall and angles back towards the backwall. Effectively hit, with good timing and good touch, this serve will keep your opponent from fly-killing the ball and push him deeper into the corner area. Unfortunately, when this serve is mis-hit and kicks out to the middle of the back court, the server should ethically move off to the right in order to give the receiver a straight path to the front wall, a pinch using the left wall, or a cross-court pass. Unfortunately, the server stays in the middle too often, blocking offensive shots and therefore, is an avoidable hinder.

When all else fails against an effective short-hopper, a good last alternative is to serve a hard Z. Since it is an easy second serve to get across the short line, it is probably your best way to keep your opponent back and hopefully, generate a left-up return. You must quickly turn, relocate and be ready to go shot for shot with your aggressive opponent. Ready to do some homework?

These following assignments, with the previous assignments should allow you to start building your serving arsenal and the 30-second drill will continue to build on your ball control. Have good practice days!

Assignment #1: Frontwall Targets

Because the frontwall targets are so high on the lobs, it is not realistic to find those targets with stickers as you did last month. But, a very logical project would be to see how many half and high-lobbs you can land on the 25-foot dotted line. When I first send you to the court to do this drill and ask you to land the ball on this line, you will assume that it is very easy. After a few tries, you will conclude that it is harder than it looks. But, with some practice you should be happily surprised by your improved accuracy. Check to see if the half and high-lobbs are hitting about one foot up on the backwall; that will guarantee that these serves will enter your receiver's hitting zone about shoulder height.

Assignment #2: High-lob Z

Get acquainted with this serve from both sides of the court. (Target, ball angle, relocation, etc.) If you're right-handed, try both your forehand and backhand from the left side of the service box to see which way will work best and don't forget the high-lob Z to a right-hander's forehand. Many times a receiver's ego gets in the way in the back right corner, and the floodgates can open for his left-up returns.

Assignment #3: 30-Second Drill

Keep up the work on your 30-Second Drill. Unfortunately, it is easy to get away from doing this drill because it never gets or stays as organized as you'd like it (just like your matches!). Remember, in doing the drill; divide the court in half so you're working your backhand just as much as your forehand. Other reminders: 1) stay in the back ten feet of the court 2) cut the ball off before the backwall 3) keep your hands from touching 4) learn how to control and move the ball and 5) Patience is a Virtue!

Mon.-Thurs. 9-8 Fri. 9-6 Sat. 10-5 Sun. 12-4

SAMUELS'

TENNISPORT

— TOLL FREE ORDER LINE —
U.S. AND CANADA 1-800-543-1153
INFO LINE 513-791-4636

24 Hour Fax Line 513-791-4036

— RACQUETBALL RACQUETS —

EXTELON Strobe RTS (OS)	CALL	Compra RTS (MS)	CALL
Xiter RTS (OS)	CALL	Torus RTS (MS)	CALL
Sitron RTS (OS)	CALL	PRO KENEX	CALL
Pieco RTS (OS)	CALL	Graphite Pres 31	CALL
Serve RTS (OS)	CALL	Graphite ASM 31	CALL
Optima RTS (OS)	CALL	Graphite Tribute	CALL
Lexus RTS (OS)	CALL	Graphite Vanguard 100	CALL
Axel RTS (OS)	CALL	Gr or Comp Innovator 31	CALL
Tazer RTS (MS)	CALL	HEAD Colossus 3000	CALL
Nemesis RTS (MS)	CALL	Colossus 2000	CALL
Phylon RTS (MS)	CALL	Colossus 1000	CALL

Write for free catalog. Call for Platform Tennis

— EXTENSION GLOVES/BAGS —

All Pro Glove	9.95	Elite Express	39.95
Control Glove	6.95	Elite Ace	45.95
Contender	12.95	Elite Tour	51.95
Classic Glove	11.50	RTS Express	31.95
Performer Glove	13.95	Court Ace	39.95
Enforcer	12.95	Tournament	49.95
Sensor Glove	14.95	X-Tracker	38.95

— ACCESSORIES —

Penn Tournament Glove	11.95	Kennex Pro Duratack Glove	11.95
Head Conquest Glove	12.95	Extelon Rubber Grip/AME	5.50
Head AC-1 Glove	9.95	Extelon Wrist Tether	4.95
Head Sensation Glove	13.95	Extelon Wrist Lacer	3.50
Head Maverick Glove	10.95	Extelon Cushion Grip	3.50
Kennex Duratack Glove	9.95	Extelon Overwrap Grip	3.25
		Extelon Y-Damp	3.00

— EXTENSION EYE GUARDS —

Interceptor	24.95	Regent	11.95
New Specter	10.95	Argus	21.95
Quantum	12.95	Deflector	19.95
Airport	21.95	Survivor	9.95
New Sentry	16.95	Prism	19.95
Court Splice	8.95	Triton	22.95
Precept	27.95	Olympus	26.95

— HEAD BAGS —

Mirage Team	49.95	EXTELON Renegade (M)	CALL
Mirage Carry All	42.95	Nirvana 3/4 (M)	CALL
Mirage Racquet Sport	29.95	Stylus (M)	CALL

— SHOES —

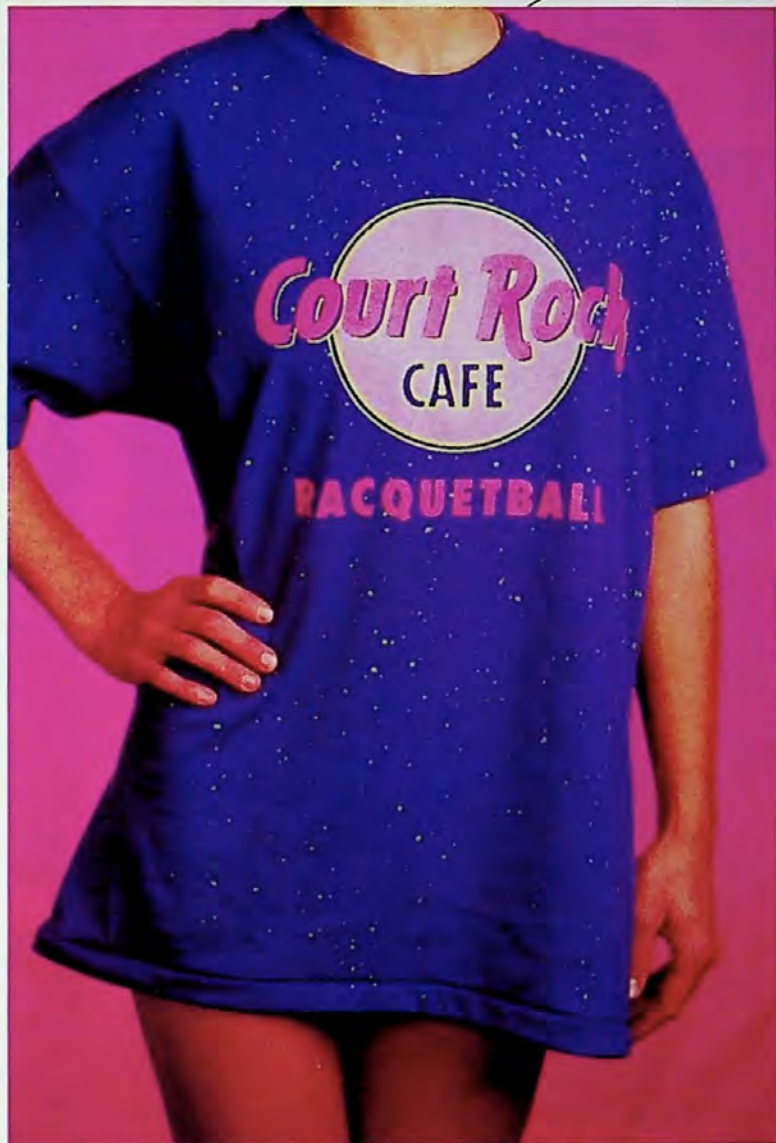
SAMUELS' TENNISPORT
7796 MONTGOMERY RD. • CINTI, OH 45236
Visit Our Store When In Cincinnati
S.W. Corner Kenwood & Montgomery - Across from Prime
n Wine-Next to Porter Paint

~HOLIDAY~



Look like a million on the court with racquetball charms and bracelets from First Coast Promotions

Specializing in prescription lens eyeguards, Empire Vision's Active Eyes also come with non-prescription lenses.



E-Force Predator, designed to Egan's specifications to deliver maximum power.



Buying Guide

Gexco's GX grip features distinctly raised "X's" for a sure grip. Installs in seconds.



Network Marketing's Court Rock Cafe Racquetball T. Perfect on or off the court.



Colorful as they are functional, Wrist lacers are an essential accessory for the serious player.

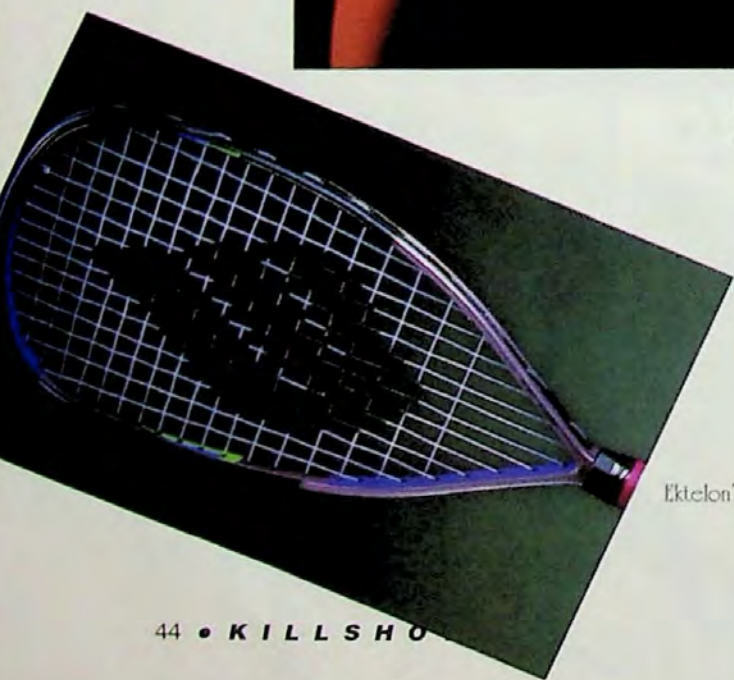
Ektelon court shoes are designed to take racquetball's punishment.



Action Eyes for unbeatable protection and great looks.



First Coast Promotions sells T's in a variety of styles and colors for just the right on court image.



Ektelon's Strobe. The top of their line.



E-Force Jams and Shorts - colorful and comfortable with big E's picture or logo.



Form follows function as Leader presents the eyeguard that is the choice of many top pros including Dan Obremski and Egan Inoue.



Tired of twisting racquet safety cords? The ingenious Lil Cincher can save the day.



Spalding's new Goliath. Bigger and Badder and turning a lot of heads in the racquetball world.



Available in a variety of colors, E-Force shorts and jams are as at home off the court as on.





16 gauge Ashaway Superkill II string.



Popular as replacement grips, Tacki-Macs are standard equipment on two major racquet brands.

T's from First Coast Promotions.



Apply Sport Lavit Dry Palm directly to your hand and keep your glove dry.



Kleer-Vu. Anti fog that really works.



Penn's new heavy duty court bag in bold colors with ample room and pockets to spare. Penn still offers their famous ball with a "double performance" guarantee on every can.



Ektelon Court Shoes. Made especially for action starts, quick stops and high springs.



PersonnaCrip moulds to your hand for non-slipping grip in the toughest of competition.

T's from First Coast Promotions.



Glovbonz solve the problem of curled racquetball gloves.



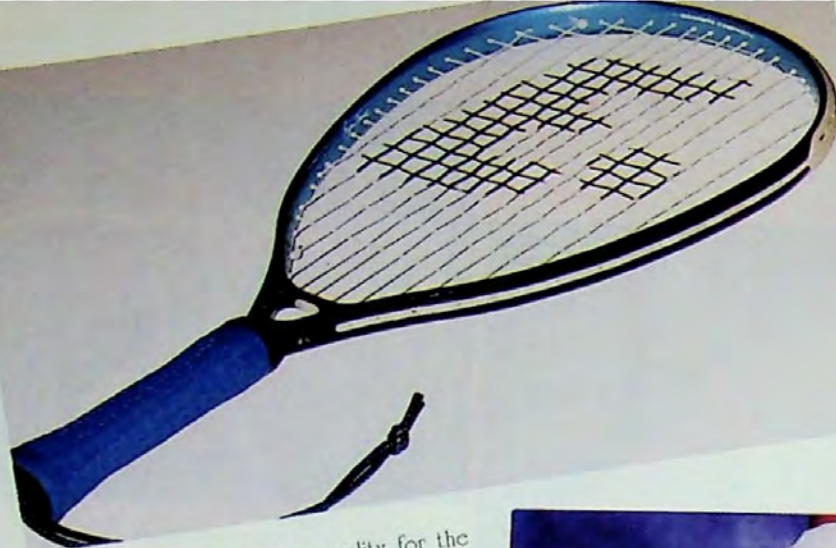
Marty Hogan A&M 31 racquet. Thernonuclear racquetball.



Marty Hogan Racquetball shoes by Pro Kennex. Built to take the abuse of hard driving action-filled, all-out play.



With a glove for every sport, Neumann's Pro Duratack tackified racquetball glove is good enough for Marty Hogan.



Stealth. E-Force quality for the intermediate level player.



Cexco's Racquetball Saver brings new life to your game.



Kleer-Vu No-Fog cloth from Network Marketing.



Even Santa could get all his gear in a Marty Hogan Racquetball bag.

Racquetball Today



Lynn Adams Erwin Goldbloom

Lynn Adams presents one of the most complete texts available on the world's greatest sport.



Champion Gloves are the choice of Mike Ray.





With bold graphics and vivid colors, Crew West Sportswear is official supplier for the International Racquetball Tour.

Marly Hogan Racquetball bags. A place for everything and everything in its place.



E-Force shorts come in a rainbow of colors.



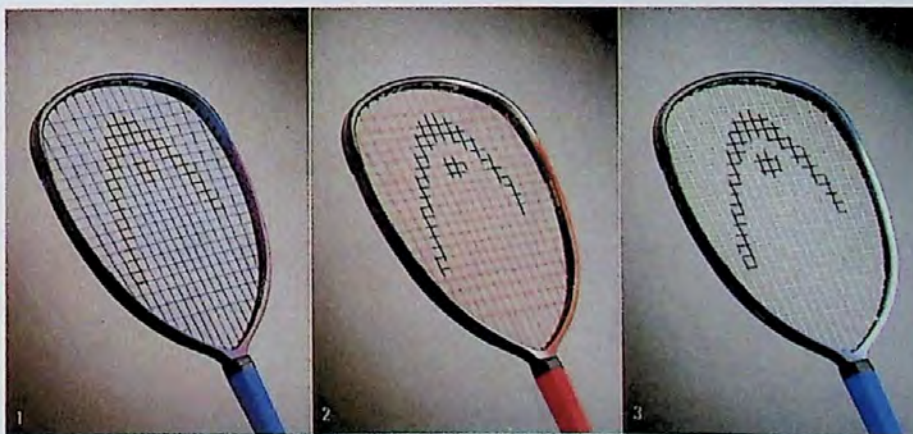
Penn Gloves in soft, durable leather, and five models.



6-sided Hex string for exceptional bite.

Head Colossus series racquets for every taste and price range.

Try the hot new alternative to a soggy glove - UnderGlove.



PLAY BALL!

WPRA Season Opener Serves up Some Surprises in Syracuse

Photographs by Michelle Frankfurter

Unseasonably mild November weather greeted the opening event of the WPRA 1991-92 tour. Syracuse New York's Track and Racquet Club was the scene for the kick off event and the first tournament of the new season's Penn Pro Series.

Michelle Gilman continued her reign of terror over the tour by methodically destroying her competition in a study in competitive efficiency. The only thing that might stir more fear in the hearts of the female pros than Michelle's screaming serves and sizzling returns is playing against

that guy that wears the hockey mask.

Lynn Adams, following her announcement of retirement at the conclusion of the season was testing her ability to sustain the punishing effects of a tough tournament. Adams has been such a fixture at the top spot of the rankings for so many years that her absence will create an abyss that just might not be filled in this lifetime.

Conspicuous by her absence on the hardwood was #3 ranked Caryn McKinney. Still nursing an injury

sustained last season, she should back on track and ready for January's Los Angeles stop.

Round of 16

In the upper bracket Michelle Gilman began her blitzkrieg by stopping Dottie Fischl-Kelly. Fischl-Kelly stayed in the first game losing 11-9 but couldn't keep up Gilman's pace in two following one-sided losses.

Chris Evon, ranked #13, surprised the enthusiastic Syracuse crowd by taking out #8 Marci Drexler



#4 seed, Jackie Paraiso-Gibson began this season with a strong tournament. She managed to get past Kaye Kuhfeld in a back-and-forth match and gave Michelle Gilman a run for her money in the Semifinals.



Voted 1990-91 Player of the Year, Michelle Gilman began this season in the same strong way she ended last year. Her unrelenting backhand and powerful returns made her virtually unstoppable in Syracuse.

Toni Bevelock, playing intense, consistent ball dispatched Marcy Lynch rather quickly in three, not allowing Lynch to score in the match winner.

The real story this season just might be Lynne Coburn. With a ferocious determination the hard hitting Coburn is a study in concentration on the court. She took out Sandy Robson in three.

To round out the 16's, Lynn Adams seemed to have little trouble getting past Roxanne Goblisch.

Quarterfinals

The quarters opened with #8 Ranked Kaye Kuhfeld facing #4 seed Jackie Paraiso-Gibson in a tough, five game match. Paraiso-Gibson took the first game 11-3 then dropped the next two before coming back in the fourth, 11-2. She finished took the tie breaker 11-7.

Toni Bevelock, opening the season with an apparent drive and determination squared off with Malia Bailey. Bevelock seemed to have little trouble removing #3 seed Bailey in three. This win added to Bevelock's already fired-up confidence as she prepared for the semi's.

The most grueling, physically punishing match of the tourney was

in four games. Drexler took the first game but a fired-up Evon stormed the court and captured the next three.

Kaye Kuhfeld seemed to have little trouble as she systematically eliminated Robin Whitmire in three games.

Meanwhile Jackie Paraiso-Gibson was dishing out a similar fate to Janelle Marriott, winning three straight with ease.

In the lower bracket, '90-91's Most Improved Malia Bailey knocked out Sportsmanship Awardwinner Dee Ferreirra-Worth in straight games.

Toni Bevelock proved she is a serious contender this season with upsets against Malia Bailey and Lynn Adams. She did not have enough steam to overtake Michelle Gilman in the finals.





Left: Lynne Coburn started in high gear this season with one-sided matches in the early rounds and a long punishing match against Lynn Adams.

#2 seed Adams and Coburn. Each had coasted through fairly easily to this point but this meeting proved to

be a true test of endurance. The match see-sawed between the two Lynn/Lynnes with Adams emerging

victorious in the tie breaker 11-2. As the match wore on nearly every hard fought point became a contested discussion. Coburn showed that a very promising season lies ahead for her. Adams never recovered from the marathon match.

In the last quarterfinals match, Gilman took out #13 ranked Evon. Evon couldn't keep Gilman off her game and fell in straight games.

Semi's

Bevelock faced Adams in the semi's hitting shots with a determined consistency. Adams never appeared to be a threat, obviously

suffering the effects of the previous round's physical punishment. The match ended in a quick three, 11-1, 11-2, 11-8.

The other semifinals match pitted #1 Gilman against #4 ranked Paraiso-Gilman. Paraiso-Gibson was in contention in the first game then in a fierce drive blasted Gilman in the second contest. Gilman proved just too tough taking game three decisively. Game four could have been anybody's win with Gilman coming out on top 11-10.

Final

Cold, crisp New York weather greeted the opening of the final match between Bevelock and Gilman. With television crew in place the elbow-to-elbow crowd at the Track and Racquet Club was anxiously awaiting a red hot match.

Evidently not caring that Bevelock was playing good ball up to this point, Gilman proceeded to destroy her in a quick three game match. Bevelock was never really in the first two games, scoring only two and three respectively. In game three she picked up some momentum and began a comeback drive. Gilman held fast through and in the end out-muscled Bevelock 11-5. Gilman, '90-'91's Player of the Year gave a good indication of the kind of season in store for her.

Michelle Gilman

11-2, 11-3, 11-5

Toni Bevelock

SEMIS

Gilman d. P-Gibson
11-7, 2-11, 11-2, 11-10
Bevelock d. Adams
11-1, 11-2, 11-8

QUARTERS

Gilman d. Evon
11-7, 11-3, 11-3
Paraiso-Gibson d. Kuhfeld
11-3, 3-11, 7-11, 11-2, 11-7
Bevelock d. Bailey
11-6, 11-7, 11-8
Adams d. Coburn
11-10, 2-11, 11-8, 4-11, 11-2

SIXTEENS

Gilman d. Fischl-Kelly
11-9, 11-4, 11-3
Evon d. Drexler
7-11, 11-8, 11-7, 11-6
Kuhfeld d. Whitmire
11-2, 11-3, 11-7
Paraiso-Gibson d. Marriott
11-4, 11-7, 11-0
Bailey d. Ferreira-Worth
11-7, 11-2, 11-4
Bevelock d. Lynch
11-4, 11-7, 11-0
Coburn d. Robson
11-0, 11-3, 11-4
Adams d. Goblish
11-4, 11-1, 11-3



The North Dallas Athletic Club

Presents



VW CREDIT, INC.

1992 PRO RACQUETBALL CLASSIC

January 9 - 13
North Dallas Athletic Club
13701 North Dallas Parkway
Dallas, Texas 75240
(214) 458-2582

EKTELON

HOWARD JOHNSON LODGE

REGAL AWARDS

THE SIXTH ANNUAL



EKTELON WINTER CLASSIC

PRO/AM RACQUETBALL
CHAMPIONSHIPS

SANTA ANA RACQUETBALL WORLD
JANUARY 16 - 19

1901 EAST FIRST STREET
SANTA ANA, CALIFORNIA 92705
(714) 972-2999

ACTION SHIRTS

HANSEN'S BEVERAGES

Chicago Tribune

Presents

The 10th Annual

Revie Sorey Celebrity Racquetball Classic

January 17, 18, 19, 1992

Glass Court Swim & Fitness Club
830 E. Roosevelt Road
Lombard, IL 60148
(708) -629-3390

TOURNAMENT SPECIALISTS!

Your Complete
Source for:

- Trophies
- Shirts
- Plaques
- Medals
- Certificates

For the image your
tournament deserves

No order too large
or too small.
Just give us a call.



Recognition Plus
"Custom Engraving"

Call or write for information
(502) 443-8042

2932 Park Avenue
Paducah KY 42001

Champions are not born. They're made.

EKTELON PRESENTS:

January 18 - 19

Landmark Club
Dallas, Texas

February 15 - 16

Chancellors Racquet
Club
Houston, Texas

March 28 - 29

Elmwood Fitness Ctr.
New Orleans, Louisiana



The Best of TEXAS

RACQUETBALL CAMP SERIES



Aaron Katz



Drew Kachtik



Mike Guidry

Featuring Instruction By:

Aaron Katz
1991 Texas State Champ
Top 12 Touring Pro
Coach of Several National Champs
2 U.S. Elite Camp Coach

Drew Kachtik
#3 World Ranked Pro
2-Time U.S. Team Member
1990 World Champion
Ektelon National Pro Staff Member

Mike Guidry
2-Time U.S. Team Member
1991 Olympic Festival Silver Medalist
National Doubles Runner-up
Top 16 Touring Pro

Camp will consist of Video Tape Analysis, Lectures, Stroke Mechanics, Court Positioning, Mental Preparation, Training Techniques, and Much, Much More.

Make the commitment to improve your game this year by attending a Best of Texas Racquetball camp.

All camps will be 9 am - 3 pm Sat & Sun: Fee: \$150/Person. Sign up with another person and pay \$130/Person. Sign up with 2 or more people and pay \$115/Person.

Juniors 18 & under pay 1/2 price.

All players receive an EKTELON T-Shirt and Wrist Bands

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____

Evening Phone _____

Make checks payable to CRC

Mail to: The Landmark Club 12740 Merit Drive Dallas, Texas 75251 (214) 392-1500

Dissatisfied with the way your racquet plays? Speak to us about your stringing and repair needs. We provide service the day your racquet arrives and return it the next day by your choice of carrier. Internationally recognized for our professional certified stringing services.



Call
John or Linda
(717) 534-2748

**The
Racquet
Stringer**

Racquetball Practice Machine

The **RACQUETEER**, quietly & constantly sets you up for every shot you want. "Best teacher invented!"

Penn & Ektelon gloves
\$8.75-Ektelon Strobe-call
"Not Knowingly Undersold"

R.P.M. Distributors
1107 Rivara Rd. Stockton
Ca. 95207 (209) 957-3542

DISCOUNTED PRICES FOR **STOCKING STUFFERS!** \$6 EACH

TACKI-MAC GRIP (specify color)
WRISTLACERS (2) (specify color)
SPORT LAVIT DRI GRIP (tube)
KLEER-VU ANTIFOGGER (bottle)
GLOVBONZ • HEX STRING SET
ASHAWAY STRING (pink/yellow/white)

COURT ROCK CAFE T-SHIRT - \$18

Itemize your order and send check to:

NETWORK MARKETING

4065 ANNISTOWN ROAD

LITHONIA, GA 30058

(404) 979-7527

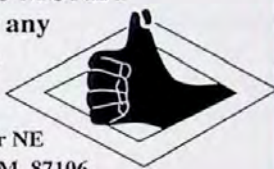
WHOLESALE/RETAIL

all prices include postage

UnderGlove

The 100% Cotton Sock
for your Hand

- Extends glove and grip life
- Prevents the "Squishy" feeling
- Always a SURE GRIP
- SAVES YOU MONEY
- Wear under any Sports Glove



(505) 266-4461
1916 Bryn Mawr NE
Albuquerque, NM 87106

BELL'S RACQUET SHOP

Lowest Prices

- Ektelon • Head
- Spalding • E-Force
- Richcraft

Toll Free Order Line

1-800-724-9439

Takes the twist out!



Keeps your tie string twist free!

1 "Lil-Cincher", Hanes T-Shirt
with logo, How to Improve Your
Game by Friday tips, and
wholesale price flyer, all for only
\$7.95. CALL TODAY

1-800-662-6663

RACQUETMALL

Call:

1-800-899-2361
for all your travel needs

moore

TRAVEL, INC.

...what a way to go

7516 Granby Street
Norfolk, VA 23505

↑ 2 5/8" ← 2 1/4" → ↓

Your camera-ready
advertisement can appear
in this section and be seen
by 50,000 racquetball
players and clubs.

KILLSHOT RACQUETMALL

P.O. Box 8036
Paducah, Kentucky 42002-8036

- GX Grip
- WristLacer
- E-Force

gexco

- Racquet Ball Saver
- Gloves • String
- Many More Accessories

Dealers only please

1-800-829-8222



From the President...

by Chris Evon

New York! New York! A big thank you from the WPRA goes out to Jeff Hanno, his staff, and the Track and Racquet Club in Syracuse, for hosting the kick-off tournament for the 1991-92 season. Highlights of the event will include a pro-am mixed doubles division, an instructional clinic by Caryn McKinney, bonus points for pro players for the Penn Pro Series, a VIP reception, and a special raffle to help support the central New York Arthritis Foundation.



As the season gets underway, you'll want to keep your eye on the veterans as well as the rookies, as there is sure to be some scrambling in the rankings. This year the battle for number one will continue between Michelle Gilman and Lynn Adams. Because of a recent diagnosis of having MS, Lynn has officially announced that this will be her last season of competition. But racquetball history has shown, not much can keep Lynn Adams from reaching her goals. Michelle's physical and mental strengths constantly "awe" the crowds. Any match that pits these two elite athletes together is sure to bring out the best in both of them.

Last season, Malia Bailey proved herself by consistently being a semi-finalist, and reaching the first finals of her career in Philadelphia. She ended the year tied for third with Caryn McKinney. Caryn, although coming off a serious achilles injury, is always a threat. If she stays healthy, she is sure to be in that race for number one.

Marci Drexler, sometimes called the "Dreaded Drex" by players, finished eighth last season after a year off for knee surgery. She has been as high as third, and defeated Michelle Gilman in Philadelphia last February. She's healthy and hungry. Her extremely aggressive style always puts her opponent on the move. Watch for her to pull an upset at any time.

Lynne Coburn has moved forward ever since she has been competing on the tour. Her breaks into the quarterfinals last season has earned her the respect of higher ranked players. She is determined and she has the skills to defeat anyone.

Toni Bevelock, Kaye Kuhfeld, and Jackie Paraiso, all consistent top eight finishers, have the experience to eliminate one of the top four. They are all due for a major upset this season!

Other players to watch for are Cindy Doyle, who will be returning to the tour after a year off due to a shoulder injury, and Sue MacTaggart, a Canadian who, because of an illness, was unable to compete last season.

The depth of the pro tour has progressively become stronger each year. Up and coming players, as well as veterans have been pushing top seeds. There are many players not mentioned that have the potential to step in and make a difference at any time. It will be a great year for the WPRA! I hope you have the chance to experience it with us!

Chris



RANKINGS

Position	Player	Points	Position	Player	Points
1	Michelle Gilman	1762.5	24T	Janet Myers	92.3
2	Lynn Adams	1612.5	27T	Carol Dattisman	57.1
3	Malia Bailey	1162.51	27T	Rusti Icenogle	57.1
4	Toni Bevelock	962.5	27T	Doreen Metzold	57.1
5	Jackie Paraiso-Gibson	950	27T	Lauren Sheprow	57.1
6	Caryn McKinney	938.5	31	Cathy Nichols	33.3
7	Marci Drexler	675	32T	Melanie Britton	26.7
8	Kaye Kuhfeld	587.5	32T	Ellen Crawford	26.7
9	Lynne Coburn	500	32T	Julie Dechene	26.7
10	Marcy Lynch	487.5	32T	Barb Faulkenberry	26.7
11	Chris Evon	412.5	32T	Lorraine Galloway	26.7
12T	Dottie Fischl-Kelly	400	32T	Lydia Hammock	26.7
12T	Janell Marriott	400	32T	Lisa Hjelm	26.7
14	Molly O'Brien	369.2	32T	Jovi Larson	26.7
15	Sandy Robson	325	32T	Renee Lockey	26.7
16T	Mary Dee-Jolly	276.9	32T	Mary Lyons	26.7
16T	Jennifer Risch	276.9	32T	Josee Moore	26.7
18	Cheryl Gudinas	184.6	32T	Sue Moretz	26.7
19	Dee Ferreira-Worth	175	32T	Susan Morgan-Pfahler	26.7
20T	Mae Chin-Varon	142.9	32T	Debbie Nemjitz	26.7
20T	Roxanne Goblish	142.9	32T	Roz Olson	26.7
22T	Robin Levine	106.7	32T	Beth Pellowitz	26.7
22T	Robin Whitmire	106.7	32T	Kim Russell	26.7
24T	Kim Machiran	92.3	32T	Celia Vigil	26.7
24T	Pat Musselman	92.3			

Dynamic Duo

Pros and Cons

Racquetball's right way and wrong way

By Fran Davis & Stu Hastings

We hope you have had a chance to practice the basic forehand stroke we outlined in the October issue. Hopefully the process became easier when it was broken down step by step.

1. The grip
2. The ready position



3. The swing
4. The follow through

Remember, when building your game from the ground up you are building a strong and solid foundation, so don't forget to practice these fundamentals.

We are ready now to shift our focus from the forehand stroke to the backhand stroke, another very critical component to building that strong solid game. We will use the same format for the backhand that we used for the forehand because, once again, your mind works best in pictures, not words. We received such positive feedback from the forehand article, why change a winning game?

Let's begin with an overview of the four basic stages for the backhand:

1. The grip
2. The ready position
3. The swing
4. The follow-through



As we did with the forehand, we will incorporate the photos for each of the four stages to assist you in creating the perfect backhand stroke.

Pros The Grip

1. Hold forehand grip and now turn hand 1/8 toward belly button
2. V of hand on the corner of the racquet
3. Hold at the end of the racquet, like forehand
4. Trigger grip, same as forehand

The Ready Position

5. Stand square to side wall, like forehand
6. Racquet up, at least shoulder high or higher, non-hitting arm up and away
7. Upper body rotated -back to front wall and hitting shoulder pointing toward side wall
8. Feet slightly wider than shoulder width apart, at a 45-degree angle
9. Knees flexed, weight directly below you

10. Body erect
11. Weight evenly distributed
12. Eyes on ball

The Swing

13. Step at a 45-degree angle toward front corner; not side wall or not front wall.
14. Hips begin to open freely
15. Upper body follows and begins to rotate using this sequence: shoulders, elbow, wrist, racquet
16. Weight 50/50 distribution
17. Back leg bends at a 90-degree angle, pulling back slightly
18. Back foot pivots and weight on ball of foot
19. Arm fully extends
20. Racquet flat and level - level swing
21. Eyes on ball
22. Contact ball off front foot/inner thigh

The Follow Through

23. Hitting arm and non-hitting arm moves across the body
24. Non-hitting arm out of way follows for better upper body rotation
25. Belly button faces corner, shoulders open to front wall
26. Front toe perpendicular to side wall
27. Back toe points toward front corner
28. Weight evenly distributed

Cons

The Grip

1. Club or hammer grip with thumb on top of racquet -- loss of wrist snap -- loss of power and control

The Ready Position

2. Stand square to side wall or front wall
3. Racquet down -- leads to inconsistency because shots are rushed
4. Upper body not rotated -- back to side wall and hitting shoulder pointing toward front wall -- leads to pushing
5. Feet close and not at a 45-degree angle, straight ahead
6. Knees straight, not slightly bent
7. Body stiff, not relaxed
8. Eyes on front wall, not on ball

The Swing

9. Step straight toward the front wall -- hitting zone too far out in front of you
10. Hips open too early, therefore you pull the ball cross-court too often
11. Upper body just pushes through -- poke at ball, no power
12. Weight out in front
13. Back leg bends, only slightly and weight on toe not ball of foot
14. Back foot only slightly pivots, not a full rotation, loss of power
15. Arm bent and too close to body
16. Racquet head down and pendulum swing -- inconsistent
17. Eyes on front wall not ball
18. Contact point too far in front of front foot -- reaching/pushing

The Follow Through

19. Hitting arm stops and does not come across the body -- can cause arm problems due to abrupt stop
20. Non-hitting arm hangs down and stops -- slows down swing of hitting arm
21. Belly button faces side wall, no hip

- rotation -- shoulder open to front corner
22. Front toe pointing toward front corner
 23. Back toe points toward side wall -- no pivot -- no hip rotation -- lack of power
 24. Weight uneven -- off front leg -- off balance

Now you've got it. Here are 28 "Pros" and 24 "Cons" on how to build a more consistent and powerful backhand vs. an inconsistent and weak backhand. We accomplished this by the use of pictures in addition to a description. This makes it easier for you to visualize the correct techniques (Pros) vs. the incorrect techniques (Cons). These are the same basic techniques we use to build champions.

Good luck and we will see you next month to teach you the ceiling ball in depth.



The Decision

By Hank Marcus



In its simplest form, the action taken by the top ten ranked players in racquetball was a logical outgrowth of the ever expanding base professional racquetball finds itself on. Corporate sponsorship from TransCoastal Mortgage and VW Credit, Inc., national television, the tremendous growth in tournament sites and players, and the exposure of all these things to you, the fans, through this magazine creates new decisions for today's players never seen in the sport before.

This was the background behind what in the last few weeks has become known as "The Decision". The following was sent out immediately after what obviously was a most interesting players' meeting.

For Immediate Release

Fr: TransCoastal International Racquetball Tour

Re: Professional/Amateur status

On October 18th in Toronto, Ontario, the International Racquetball Tour's top ten ranked players voted to relinquish their amateur status and clearly define themselves as pro athletes in the sport of racquetball. This group of players which included the top ten felt it was time to make a move many in the sport have seen coming and pushed for over the last few years. The American Amateur Racquetball Association was notified immediately following the meeting.

In order to avoid confusion and controversy surrounding this decision the following explains the reasons and timing for this decision;

1. Confusion on the part of spectators, amateur players, and tournament directors as to how top ranked pros can play in amateur national events.
2. The AARA can now use its tremendous

resources to promote and develop the young players and future stars of our sport.

3. Between a quickly growing professional tour and ever increasing international events players schedules were becoming impossible to meet.

4. National corporate sponsorship that would like exclusivity on the top players as exposure vehicles.

It is important to stress that this new direction the TransCoastal International Racquetball Tour has taken does not effect anyone except the top ten. All amateur players are encouraged to continue to participate in TransCoastal IRT events to develop their games against the best.

The questions throughout the sport seems to be, "What does it really mean?", "Who is behind it?" Let me dispel some of the more interesting and entertaining rumors that started before any of us had even returned home from Canada. No, none of the racquet companies were involved in this decision. As a matter of fact, none were aware until notified by the IRT. No, none of the players were influenced by any outside sources from sponsors to television. The decision was the players' based on



what we all felt was in the best interest of the tour, the players, and the sport.

This is a big step for everyone but it is those ten players who have made a decision that truly impacts their lives. I am proud of the way they handled the entire process and look forward to the continued growth of pro racquetball. If there is only one thing that everyone in the sport from the manufacturers to the AARA agree on, it is that pro racquetball must be successful to insure the growth of our sport. We agree and hope the racquetball community feels the same way.

RANKINGS

Position	Player	Average
1	Andy Roberts	98
2	Mike Ray	87.5
3	Tim Doyle	79
4	Ruben Gonzalez	69.6
5	Drew Kachtik	67.5
6	Dan Obremski	66
7	Jack Newman	50.6
8	Mike Yellen	47.6
9	Egan Inoue	47
10	Brian Hawkes	45.2
11	Dave Johnson	41
12	Aaron Katz	40
13	Mike Guidry	31
14	Mike Ceresia	28.75
15	Woody Clouse	28
16	Dave Sable	26.6
17	Jeff Evans	17.75
18	Brett Harnett	17
19	James Lorello	16.6
20	Vince Kelley	15.75



21	Jason Waggoner	14.6
22	Tim Sweeney	11.25
23	Mike Brady	9.2
24	Todd O'Neil	9
25	Louis Vogel	8.2
26T	Sean Graham	8
26T	Steve Lerner	8
28	Brian Freedenburg	7.75
29	Jerry Price	6.6
30	Dale Johnson	6.25
31	Kelly Gellhaus	6.2
32T	Doug Ganim	5
32T	Michael Bronfeld	5

**We Guarantee
The Lowest
Prices!**

Orders Shipped Same Day



1-800-527-2577

FAX 513- 247-3807

Racquetball • Tennis • Squash

Catalogue 513-793-8070

EKTELON	
Strobe RTS.....	SALE
Xiter RTS.....	159.95
Strion RTS.....	129.95
Precis RTS.....	112.95
Serex RTS.....	82.95
Optima (OS).....	54.95
Phycon (MS).....	98.95
Mirada RTS.....	179.95
Toron RTS.....	124.95
Lexis (OS).....	49.95
Axcel (OS).....	32.95

RACQUETS

KENNEX	
Graphite ASM 31.....	149.95
Graphite Presence 31.....	129.95
Graphite Infinity 31.....	109.95
Composite Presence 31.....	95.95

SPALDING	
Assault Graphite.....	109.95
Assault Composite.....	89.95
E-FORCE	
Answer (Hammer).....	184.95
Signature.....	149.95

HEAD	
Colossus 3000.....	159.95
Colossus 2000.....	99.95
Colossus 1000.....	74.95
Endeavor.....	49.95
Blitz (New).....	34.95
Demon (New).....	24.95
Elektra.....	59.95
Match.....	52.95
Intrepid.....	69.95
Excalibur or Elite (Mid).....	79.95
Vanquish (OS).....	34.95

SHOE SPECIALS	
Ektelon Nirvana.....	49.95
Ektelon Renegade.....	SALE
Ektelon Stylus.....	36.95
Head Sonic 3/4.....	49.95
Head Sonic Low.....	39.95
Head Ventura.....	32.95
Head Evolution.....	29.95
Nike Net Court.....	36.95
Hi-Tech Court.....	34.95
Hi-Tech ABC.....	49.95

BAGS	
Ektelon Elite Tour.....	49.95
Ektelon Elite Express.....	39.95
Ektelon Court Ace.....	39.95
Ektelon Tournament.....	44.95
Head Express 25.....	29.95
Head Express 29.....	33.95
Head Intl. Carry-All.....	45.95

EYEWEAR	
Ektelon Interceptor.....	24.95
Ektelon Arbitor.....	21.95
Ektelon Quantum.....	12.95
Ektelon Argus.....	21.95
Ektelon Prism.....	19.95
B K Action Eyes.....	23.95
Leader New Yorker.....	17.95
Leader Dallas.....	19.95
Court Goggles.....	12.95

GLOVES	
Ektelon Performer (Tac).....	13.95
Ektelon Contender (Tac).....	12.95
Ektelon All-Pro.....	9.95
Ektelon Classic Cabretta.....	11.95
Ektelon Controller.....	7.95
Ektelon Enforcer.....	12.95
Head Sensation (Tac).....	13.95
Head Conquest.....	11.95
Head Supremacy.....	13.95
Head XC-1.....	9.95
Head Maverick.....	10.95

Please Call For Other Prices and Styles

MIDWEST SPORTS SUPPLY

8740 Montgomery Rd. • Cincinnati, OH 45236

VISA • MasterCard • American Express • Discover • C.O.D.'s Welcome • \$3.95 Ship Charge • Returns Subject 15% Fee

Continental Drift

(It's a small world after all.)

By Jan Chayt

During the weekend of October 11-13, there were two open tournaments in Europe hosted by the Military.

A tournament open to US, Canadian, other armed services and local nationals was held at the Shinnen Fitness Center, Shinnan Airbase, the Netherlands. The events included Men's Open, B's and C's, Women's Open and Open Doubles. Mike Bowers from Darmstadt Germany defeated Jeroen van der Holst, Zoetermeer the Netherlands in the Men's Open finals, with Gary Shelley from Soesterberg placing third. The Women's Open saw the Netherlands placing first, second, and third, with Daphne Wanne defeating Carla Kruivinga in the finals and Maria Koen third. Results in other categories were:

Men's B:

1. John Mayer, Berlin
2. Jeff Dalton, Frankfurt
3. Tim Radder, the Netherlands

Men's C:

1. Johan van Harden, Netherlands
2. Curtis Adams, AFCENT
3. Mike Eisenberg, Norvenich

Open Doubles:

1. Johan van der Holst/Totolua Ripley, the Netherlands
2. Jeff Dalton/Grant Goeble, Frankfurt

At the same time was the sixth and last of the Top Gun tournaments to be held in Munich. Top Gun is a tournament of

long standing which has been held yearly at the Fitness Center McGraw Kaserne in Munich Germany. The tournament has been hosted jointly by the Munich Military Community and the European Racquetball Federation. Through the combined efforts of Charles (Spike) Smith and Jugen Denk, Top Gun has always been one of the best known and best attended tournaments in Europe. Famous for the great play and great hospitality this year's tournament was no exception. The only thing missing was the attendance of the shooters from the Netherlands and northern Germany who opted to take the shorter drive to Shinnen.

Eighty-five participants signed up for the event, with a strong showing from the German Racquetball Team. The top seeded American player was Larry Malesky, last year's Army European Champion. The men's open was full of tough shooters to include the return of Oscar Gonzales, a former Army European and All Army Champion. Every match was a close one with many tie breakers. The only mild surprise was the failure of any American but Malesky making it as far as the semi-finals. This would not have been so surprising except that the remaining Germans did not include their top seeds. The finals saw Malesky against Denk. Larry thanked Jorgen for deciding to play his doubles finals first leaving Jorgen just a little fatigued. It showed in the first game which Larry won 15-7. But, maybe it was

the Gatorade or just the cheering of the crowd that gave Jorgen renewed energy for the second game. He led most of the way until Larry got hot, pulling it out 15-13.

Other results were:

Open Doubles:

Bill Hart/Oscar Gonzales d. Spike Smith/Jorgen Denkl

Men's Seniors:

Spike Smith d. Mike Roman

Men's B

Gus Sanchez d. Robert Sullivan

Men's C: Scholz d. Jim Tippen

Women's Open:

Jan Chayt d. Sue Mears

Women's B:

Iris Hones d. Carolyn Taylor

This will be the last of the Top Gun tournaments in Munich due to the pending closure of McGraw Kaserne. However plans are underway to continue the tradition in another location.

The success of the tournament was due to the hard work by Jorgen and Spike as the tournament directors, Kapua Babbiste, McGraw Fitness Center Recreational Aide who held down the desk, Brian Fleming and Thomas Van Schoten who provided much assistance and the support of the Munich Military Community and the Military Community Commander Col. Richard A. Manupella.

6th Autumn Open, Zoetermeer Holland
October 25-27

The Sixth Autumn Open was the largest event yet with almost 100 entries from Germany, Belgium, and Holland.

The club is an excellent facility offering sports enthusiasts racquetball, squash, and indoor tennis as well as a complete fitness center, sports shop, child care and good food and drink. The club has three regulation glass backwall courts so play lasted late into the night and early morning Friday and Saturday.

There are two great things about the tournaments in Holland. The people and the play. Semifinal matches are often more exciting than the finals especially in doubles where teams put together at the last minute make good seeding difficult.

There were quite a few American from the Army and Air Force stationed in Germany at the tournament as well as many members from the Dutch, German, and Belgium teams.

The Men's Open finals saw Richard van Doezum, #1 on the Dutch Team against Larry Maleskey, #1 Army Men's Open player in Germany. All finals matches were played best of five to 11, requiring many players to change their normal "come-from-behind" strategies. van Doezum showed why he is number one, with a smooth consistent game which was too much for Maleskey who is a hard, fast hitter. Van Doezum won in four. Third place went to Ralph Klinke from Hamburg.

The Women's Open finals was again an American against a Dutch Team member. Jan Chayt (yeah, that's me) the oldest woman in the tournament and #2 finisher in the Women's Veterans at All Army and Interservice last year showed that youth and enthusiasm is no match for age and experience. Phelomine van Pelt was defeated in three straight. Third place went to Daphnee Wannee of the Dutch Team.

One of the most exciting finals matches was the open doubles which was an all German affair. It took all five games

to determine winners. In the end Olaf Gerullis and Mark Schaeffler defeated Ralph Klinke and Dieter Steigl.

The Men's B championship went to Gary Shelly who is stationed in Holland. He defeated 16-year-old Pascal Malta. There is no doubt that Malta is setting his sights to a place on the Dutch team in the near future. Third place went to Michael Van Boheemen.

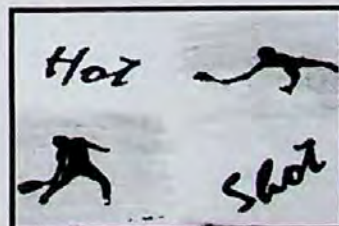
Men's C finals was an All American Affair and found two co-workers from the US Army stationed in Rotterdam playing each other. Chad Angle defeated his boss Alphonzo Flores in four. Angle is a "shoot-the-ball" player. He knows he will end the rally with a great shot or a skip and he takes the chance. Flores prefers to keep the ball in play. In this case aggressiveness was the winner over control. Third place went to Edwin Timmermans.

Thanks to the tournament director Jeroen van der Holst and Ektelon who sponsored the event for another great tournament, attracting more and more Americans each year.

14 KT GOLD PENDANTS



Large Charm	\$52
w/Gold Ball	\$67
w/Diamond	\$112
Small Charm	\$39
w/Gold Ball	\$55
w/Diamond	\$91
Lightweight Chains	\$2/inch
Heavyweight Chains	\$4/inch



1-800-762-4653

ORDER TODAY 1-800-762-4653

Court Rat T-Shirt	\$12.95
(White)	
AARA Sweatshirt	\$19.95
(White)	
Kill It T-Shirt	\$12.95
(White)	
Canton Fleece	\$28.95
(Neon Pink, Lime or Yellow)	
Hot Shot T-Shirt	\$12.95
(White or Black)	
Racquetball Tie	\$15.00
(Maroon or Navy)	
Hogan Video	\$19.95
Racquetball Bracelet	\$299.00
w/Diamonds	\$600.00
Racquetball Earrings	\$89.00
Racquetball Pinky Ring	\$72.00
Regular UPS \$3.50, 2nd Day Air \$6.00	

Guaranteed Holiday Delivery

Mail Check and Money Orders to:

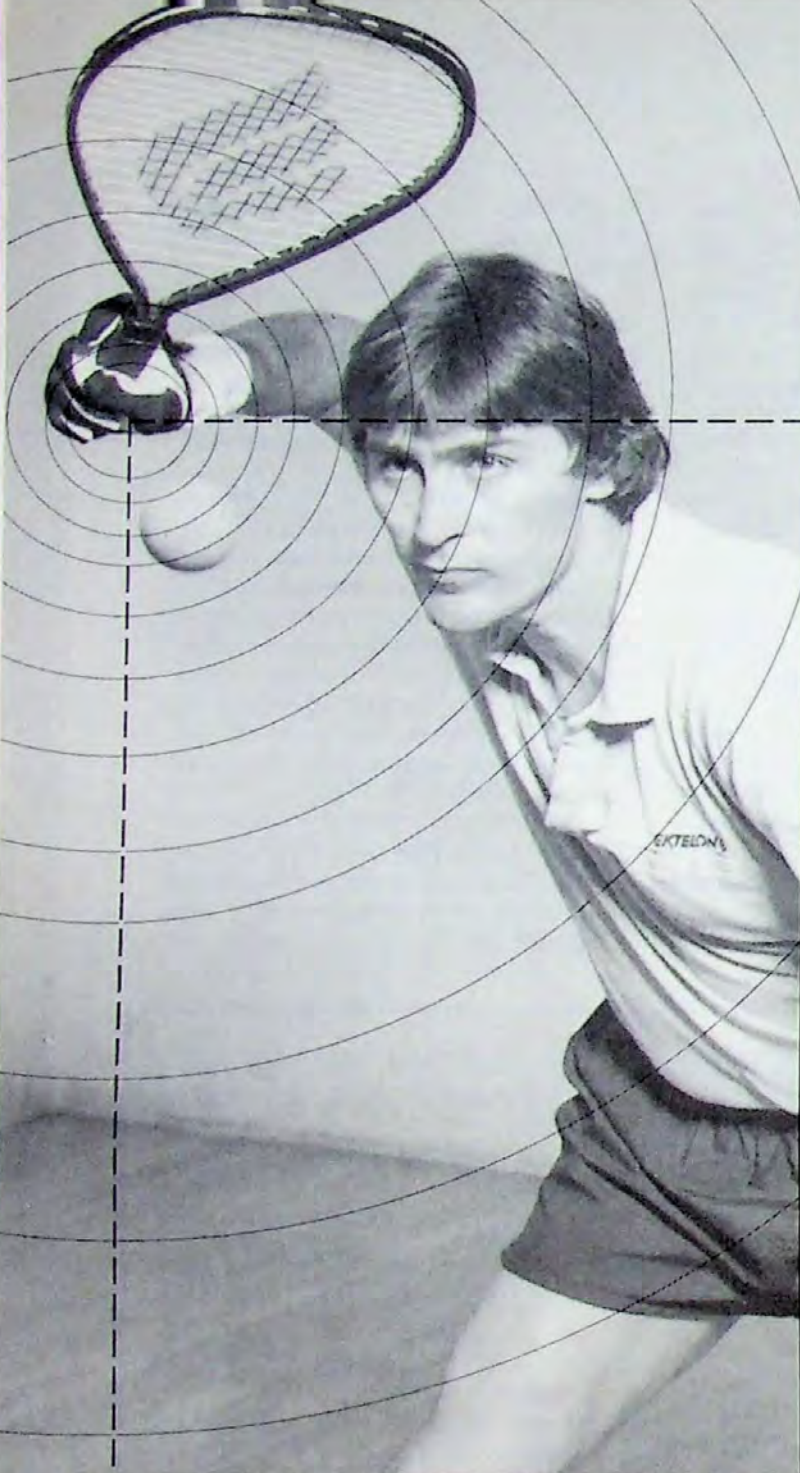
FIRST COAST PROMOTIONS

1760 Shadowood Lane, #410A

Jacksonville, FL 32207

Fax (904) 396-6936





TEAM UP TO MAKE A DIFFERENCE

Getting better doesn't come easy.

■ Having the opportunity to get better is within reach when you team up with the world's most recognized racquetball clinician, **Steve Strandemo**.

■ This personalized program, located on the island of Coronado in San Diego, offers the most complete "one on one" training program in the entire sport of racquetball. **The Training Center** program offers 8 adult participants of all ability levels four days of concentrated instruction. Steve incorporates extensive video techniques of immediate replay, voiced-on commentary, and front angle viewing to evaluate stroke mechanics, mental strategies, and on-court abilities.

■ Players benefit not only from the in-depth instruction with Steve, but can also enjoy the resort atmosphere of the Pacific Ocean, the San Diego bay, golf, tennis, restaurants, hotels, and boutique shopping all within walking distance of the Training Center.

■ To Team up with Strandemo and plan the perfect racquetball vacation in **Coronado, California**, write or call:

CORONADO TRAINING CENTER

1992 Instructional Sessions

- | | |
|---|---|
| ☐ December 28-31, 1991 | ☐ May 16-19, 1992 |
| ☐ January 2-5, 1992 | ☐ May 21-24, 1992 |
| ☐ March 7-10, 1992 | ☐ June 27-30, 1992 |
| ☐ March 12-15, 1992 | ☐ July 2-5, 1992 |

STRANDEMO RACQUETBALL ACADEMY

P.O. Box 900, Wayzata, MN 55391
800-544-4530

*Steve Strandemo
and **EKTELON**
A Winning Combination.*

EKTELON 

E-FORCE

Current
World Champion
Egan Inoue

**The *Ultimate Force*
in Racquetball!**

Racquets:
The Answer
The Signature
and introducing The Stealth
Lightweight (215-220g)

Wide body design

Ultra low frame shock

One year warranty

Full line of fitwear
& accessories

RON HALLORAN SALES
1-800-899-3367

FRONTIER PRO SHOP
1-800-854-2644

ASM 31

WARP SPEED. ZERO VIBES.



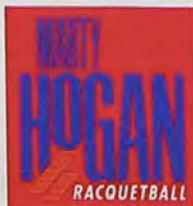
Introducing thermonuclear racquetball.

It has an asymmetrical warhead of 90% ultra high-modulus graphite and 10% fiberglass that will rock any court to its ever-loving foundation. Yet it won't rock, rattle or jar you in any way at all. The ultralight, superbly balanced frame – with its revolutionary undulating profile – puts all the explosive energy of the racquet on the ball, instead of squandering it on vibration.



Brace yourself for the blast. The Age of Asymmetry is here. The Marty Hogan Graphite ASM 31 graduates from wide to superwide... to wide... and back again to superwide. Upon ball contact, in one atomic instant, the resonant reaction of each frame section is nullified by the opposing section. That energy has to go somewhere. And that somewhere is back into the ball for warp speed with zero vibes.

From this day forward, everyone else is going to be playing catch-up racquetball. Because this is Marty Hogan Racquetball. And it's the Name of the Game.™



Marty Hogan Racquetball
A Division of ProKennex
9606 Kearny Villa Road
San Diego, CA 92126