

RACQUETBALL

IN REVIEW

Official Publication of the AARA
Member of the United States Olympic Committee

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October, 1984

Plans Underway for Next Year

FIRST ELITE TRAINING CAMP SUCCESSFUL

They came a little fearful of what was going to happen, not too sure of who they would spend the next week with, hoping for the best. One hundred athletes representing the United States and five countries converged on Colorado Springs, CO, the first three weeks of August to participate in the first Elite National Training Camp, held at the Olympic Training Center (OTC).

"Arrived in Colorado Springs at 8:15 a.m. What a thrill to look out and see mountains so tall the peaks show above low hanging clouds!" — Donna Henry

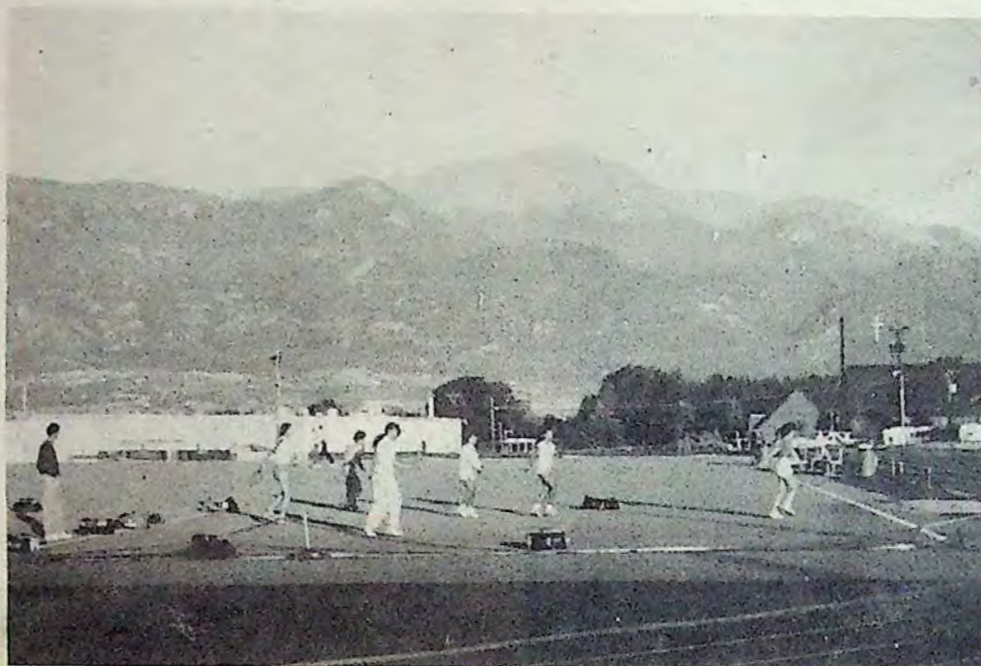
"The thrill of having qualified at the AARA Nationals would not compare to the thrill experienced upon arrival at the camp. I felt like this was where racquetball should be, in an environment where athletes and coaches are able to devote all day, everyday, to their sport. For probably the first time in my racquetball career, I felt that I was going to learn how to approach my sport as a serious athlete." — Bob Wilhelm

While other athletes representing archery, track and field, table tennis, hockey, swimming, boxing, and soccer trained for their sport, racquetball enthusiasts who had proven their skills at the 1984 AARA National Singles and Junior tournaments came to train for their sport.

"Up at 5:45! (And I thought this was going to be a vacation!) After a half mile warm-up jog on the track and 15 minutes of stretches at 7 a.m., it's off to breakfast where there's a tremendous variety of fruit juices, ham, eggs, Perrier water." — Henry

"I enjoyed the 6 a.m. wake-up call except when they were late and you only had five minutes to shower, eat breakfast, and make it to the bus! We were at the club, ready to go, each morning at 8 a.m., and we didn't stop playing or talking racquetball for five days straight, except while we were eating. Then everyone was glued to the T.V., (sets were placed around the cafeteria), watching the Olympics." — Wilhelm

Luke St. Onge, executive director of



For Bob Wilhelm, Flint, MI and Donna Henry, Novi, MI, the dream of participating in the first Elite National Training Camp started at the 1984 AARA National Singles Championships held in Houston this past May. Wilhelm took second in the Men's 30 division while Henry brought home the silver in the Women's 30.

After returning home, Donna dispatched her application to attend the camp by next day mail. Wilhelm wasn't too far behind in sending his information off to Colorado Springs. Both kept a journal of their experiences while there and it is with excerpts from these diaries that we report on the first Elite National Training Camp.

In every day life, Bob Wilhelm is an artist and club pro at the Davison Racquet Club, Davison, MI. He and his wife, Siri Gottlieb, an attorney, have two children, Aaron and Maizie.

Donna Henry works for Ford Motor Company, Detroit, and is ranked fourth in the state for women's racquetball.

the AARA, oversaw a volunteer staff from all parts of the country, including Ed Martin, U.S. National Team Coach, Keith Calkins, physical fitness expert, Dave Anderson and Skip Jirrels, camp administrators, Lou Fabian, head racquetball instructor, Brett Harnett, Jack Newman, Caryn McKinney, Terri Gilreath, DP Pros, and assistant instructors Kathy Gluvna, Sean Moskwa, Harold Lujan, and Dave Bennett. OTC personnel included Jerry Lacey, Director of Operations, Kevin Joyce, Ad-

ministrative Assistant, and Larry McCollum, Director.

Late mornings were spent in watching motivational tapes, listening to the advantages of charting or lectures on a variety of subjects including drug abuse, diet, nutrition, eye injuries and prevention. Speakers included Dave Anderson, Dr. Gerald Travers, Dr. Sheldon Raven, Helen Dorough, and John Christian, M.D. and John Wright, D.O.

"The first part of the camp involved critiquing each others' games and then discussing our strengths and weaknesses as a group. From there we went into charting. This wonderful invention allows you to analyze other players (you need someone else to chart yourself) and learn their strengths and weaknesses in various parts of the court and then formulate an appropriate game plan." — Wilhelm

"We aren't spending that much time actually on the court playing, but even so I'm really tired after 15 minutes of play. Guess I'm still not used to the altitude. Looks like we're going to have evening meetings every night. Tonight's was on concentration — mental games and using mental rehearsal and visualization to improve your physical skills." — Henry

The first week of the camp was devoted to Open players, or those players who had won their division at the National Singles, held this past May. Juniors were allowed to participate in the second week's camp and age groups were instructed the third week. Response has been very favorable and plans are already underway for next year's camp.

"We're hoping to have six sessions next year," St. Onge said. "We'd like to have a session for coaches."

"Probably the most beneficial part of the camp for me, was the discussions on motivation and how to use certain techniques to improve your commitment and dedication to racquetball. As you can probably tell, the staff did an excellent job on their homework." — Wilhelm

"Today at the club we were shown practice drills to work on and improve our skills. We still haven't done a whole lot of playing so at lunch today Ron Gilbreath, Butch Cooper, Dot Fischl and I played mixed doubles. None of us had ever played together before and still we had a great match both playwise and sportsmanship." — Henry

The climax of each week was a seven and a half mile run/walk through Waldo Canyon. Surrounded by 8500 feet of mountain elevation, the Canyon run was a nice break in the week's routine.

"The jog-walk up the mountain was great. Unfortunately, Skip Jirrels, Cindy Lavin, Dina Pritchett and I got

More Training Camp Info — Inside!

lost. We never did make it to the top although we covered about eight or nine miles of hilly terrain." — Henry

"The first couple of days were a period of adjustment for me... after that it was easy except for the seven mile run up the side of a mountain!" — Wilhelm

"Now I know what John Denver meant by Rocky Mountain High. You look out over the vast expanse of mountains and feel exhilarated by the fact that you've climbed under your own power!" — Henry

Teamwork was an indirect objective to each week's camp. Throwing 25-30 people together was a lesson in human psychology.

Kerry Niggemyer, OH, who attended during the Junior Week, wrote to St. Onge, "when everyone attended the first meeting and you told us how we would all become very close — more than we could ever imagine — I must admit that I was skeptical about that. As the week went on and we became closer, a feeling of pride and togetherness fell on me and many others."

(Continued on page 4)

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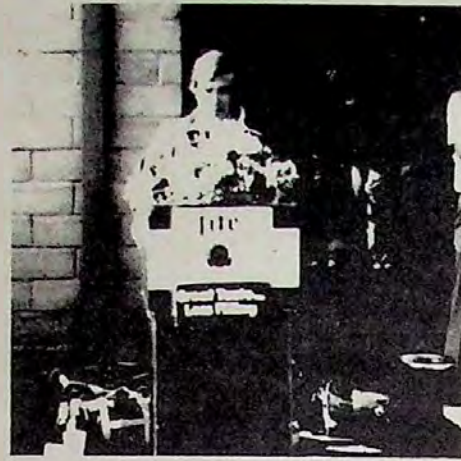
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PRESIDENT'S COLUMN

by Paul Henrickson



As we look forward to the 1984-85 tournament season, the future of amateur racquetball looks brighter from day to day. Our first national event, which will be the 1984 National Doubles Championships held October 25-28 at the Courthouse in Boise, Idaho, is expected to be the largest doubles event we have ever held. With

a special travel package arranged through Western Airlines, travel to the national tournament is now financially affordable to our general membership. We, as an association, are looking forward to similar relationships with other national airlines to provide a reduced fare package for our membership allowing for greater participation in all of our regional and national championships.

For the first time this year, two regions of the country have arranged to hold a regional doubles championships. Hopefully, the regional doubles will develop throughout the country, gaining the importance and prestige of our regional singles events, while promoting continually stronger fields in our national tournaments of the future. At the national doubles, all rule changes that were enacted at the 1984 National Singles in Houston will be in effect. That means that games will be played to 15 points and be decided by

an 11 point tiebreaker, if necessary.

In addition, the new receiving position rule will be in effect. The receiver may not enter the safety zone until the ball breaks the receiving line. The follow-through may carry the receiver, or his or her racquet past the receiving line. In addition, neither the receiver nor his or her racquet may break the plane of the short line during service return. Any violation by the receiver results in a point for the server. This new rule may be appealed if line-judges are present.

Another rule that has been changed pertains to the server who may no longer enter the safety zone before the serve passes the short line or it will result in a loss of serve. All players who plan on playing in the national doubles, should be aware of these rule changes, as well as all members of our association in that these are now part of the official rules of racquetball for all AARA sanctioned tournaments.

RACQUETBALL IN REVIEW

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Doubles - Boise, ID - October 25-28

The 1984 United States National Doubles Racquetball Championships to be held Oct. 25-28 at The Court House, Boise, ID, promises to blend the drama and expertise of Singles with the fast-paced action of Doubles to bring the most exciting spectator action in the sport of racquetball.

Over 500 of the top amateur racquetball players from the U.S. and Canada will be vying for the coveted gold medal, significant of the U.S. Amateur National Championship. Along with age divisions there will be mixed doubles which have become a full-fledged event.

Last year's winners, Stan Wright and Steve Trent, will return to defend their national title against such top teams as Jeff Kwartler and Mark Malowitz, Texas, and Andy Roberts and Brian Sheldon, Memphis State.

Women's Open will feature defending National Champions Carol Frenck and Malia Kamahoahoa, Virginia, going against Mona Nook and Mo Nard, California.

Men's 40's will feature the returning National Champions of Jim Austin, Texas, and Bill Schmidtke, Minnesota, while the 45's will boast 56-time National Champion Bud Muehleisen, California, with partner Myron Roderick, Oklahoma.

Historically, the Doubles Championships were held in conjunction with the Singles Championships. In 1975, the Doubles were separated from the Singles event in order to showcase what has become the fastest growing racquet sport played competitively in the U.S.

Doubles allows the full range of shots and incredible retrieves to keep the ball in play, thus increasing the spectators' excitement and enjoyment as the match is played.

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(Players may enter two events)
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ENTRY DEADLINE:

Postmarked Monday, October 15, 1984. THERE WILL BE NO REFUNDS.
All entries are final and no applications will be accepted after this date!

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HOUSING: (National Racquetball Rates - \$42.00 up to 4 in a room.)

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STARTING TIMES:

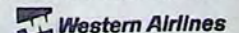
All players must be ready to play by 8:00 a.m., October 25th. FOR STARTING TIMES CALL 208-377-0041 AFTER 5:00 P.M. OCTOBER 22nd.

TOURNAMENT DIRECTOR:

Luke St. Onge 815 N. Weber St., Colorado Springs, CO 80903 1-303-635-5396



TRANSPORTATION will be provided from the Boise Airport and the Red Lion Inn by the Court House.

**AIR TRANSPORTATION**

Western Airlines will be the official airline of the 1984 U.S. National Doubles presented by Lite Beer. To receive special rates, participants call 1-800-426-5249 (in the state of Washington - 1-800-526-5070) and identify themselves as being members of the A.A.R.A. with Identification Code #BS E O 12 and will attend the A.A.R.A. National Doubles in Boise.

NEW DIRECTIONS

by Luke St. Onge



The advent of the U.S. National Elite Training Camp was one of the most positive occurrences in our sport.

For three weeks athletes from six countries spent 16 hours a day at the U.S. Olympic Training Center, Colorado Springs, running, testing, learning, sharing knowledge, making new friends, competing, and generally experiencing the maturing of a young sport in the presence of the Olympic movement.

Whether or not racquetball becomes an Olympic sport in 1988 or in 2010, what happened this summer during the camp brought our sport into this Olympic movement.

Our athletes lived, ate, and worked out with Olympic archers, soccer players, table tennis players, hockey players, swimmers, boxers, track and field competitors — virtually every

sport represented by the U.S.O.C.

The camp members participating at the USOC during the Los Angeles Olympics, supported our U.S. athletes. As each gold medal was won by the U.S., the athletes in Colorado Springs cheered them on. The sense of belonging and being part of the Olympic movement was overwhelming.

How did our athletes conduct themselves in a situation relating to the other 600 persons attending from other sports? We could not be more pleased. Men and women in age groups ranging from 13 to 74+ conducted themselves in a manner in which we can all be proud.

Shortly, the U.S. National Doubles Championships presented by Lite Beer and to be held in Boise, ID, will be upon us. We encourage all of you to participate. The Doubles championships are



special and unique in that this event lends itself to a "laid back" atmosphere with more socializing than is prevalent in other Nationals.

The Referee Certification Program has been mailed to each of the state organizations and those interested in increasing the level of refereeing in their state should contact their state association. This extremely important development will have a tremendous impact on the future of racquetball.

A special thanks goes to Mike Arnolt, National Rules Commissioner and Jim Hiser, Regional director for Region #9, for the many hours devoted to putting this program together.

Our appreciation is extended to Diversified Products and Penn Athletic Products Company for underwriting the cost of printing the Referee Certification Program materials.

RULES:

AARA Official rules will apply. Only amateurs may participate. In order to maintain amateur status, a player must not have accepted ANY prize money in a pro-sanctioned tournament (NRC, WPRA, Catalina or any other association so deemed by the AARA Board of Directors) in the period of 12 months prior to this event. Several rule changes went into effect September 1st. Most notably, they are: 1) SCORING - The first two games of a match are played to 15. In the event each side wins one game, the match shall be decided by an 11-point tiebreaker. 2) RECEIVING POSITION - a. The receiver may not enter the safety zone until the ball breaks the plane of the receiving (five-foot) line. The follow-through may carry the receiver or his/her racquet past the receiving line. c. Neither the receiver nor his/her racquet may break the plane of the short line during service return. Any violation by the receiver results in a point for the server. 3) OUT SERVE (formerly backline foot fault) - If the server enters into the safety zone before the served ball passes the short line, it shall result in the loss of a serve. (Note: If the server intentionally foot-faults over the front line to negate a bad lob serve, it will be considered unsportsmanlike and result in the assessment of a technical). 4) RECEIVING LINE AND SAFETY ZONE VIOLATIONS MAY BE APPEALED.

OFFICIAL BALL: Wilson TruBlue

HOSPITALITY:

Hospitality will be provided throughout the entire tournament. Saturday evening there will be a cash bar and dinner to follow - free to all PLAYERS with a nominal fee for guests.

AWARDS:

Given for first, second, third, fourth and consolation. For seeding purposes, please send record of past accomplishments. B-Non-Championship winners receive plaques. National Champions in men's and women's Open become members of the U.S. National Team.

NOTE: Men's and women's B divisions may be limited to 64 players per event. Due to the anticipated large turnout, B's will be accepted on a first-come, first-serve basis.

Please enter me in the event(s) checked below. Players may enter two events.

MEN'S DIVISION

- ☐ Open
☐ Junior Vets - 19+
☐ Junior Vets - 25+
☐ Seniors 30+
☐ Seniors 35+
☐ Seniors 40+
☐ Masters 45+
☐ Masters 50+
☐ Golden Masters 55+
☐ Golden Masters 60+
☐ Golden Masters 65+
☐ Golden Masters 70+
☐ B (non-championship event)

WOMEN'S DIVISION

- ☐ Open
☐ Junior Vets - 19+
☐ Junior Vets - 25+
☐ Seniors 30+
☐ Seniors 35+
☐ Seniors 40+
☐ Masters 45+
☐ Masters 50+
☐ Golden Masters 55+
☐ Golden Masters 60+
☐ Golden Masters 65+
☐ Golden Masters 70+
☐ B (non-championship event)

☐ Mixed Doubles



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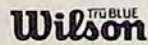
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Camp Success —

(Continued from page 1)

"By the end of the week, we all felt like one huge family," wrote Elaine Mardas to St. Onge.

But other than personal self fulfillment, did the sport of racquetball make any advances?

"One thing that racquetball lacks (in comparison to tennis) is a professional training camp that emphasizes the need to train and condition. That, I think, is the best accomplishment of this camp. I learned more about my game in that week than I have over the past two years. But even more importantly to me, I am once again excited about racquetball. That old feeling — the one you first had when you first started to play — is back!" — Wilhelm

"The O.T.C. officials who were dealing with us each week were very impressed by the caliber of people who came to the camp," said St. Onge. "They were judging us by this group and deciding whether there'd be a 'next time'."

"It's hard to believe the week is over. This is our last morning doing stretches on the track with Pike's Peak in the background. At the club today we played round robin matches with our group of nine girls. We didn't finish all the matches. Everyone is either burned out or injured. We're all sorry the week is over, but hopefully this is just the first of many racquetball camps, as well as a stepping stone to the Olympics." — Henry

"As long as I'm playing and as long as they hold these camps, I'll be there! The AARA, the USOTC and everyone involved with this camp should be commended for their insight into what racquetball needed." — Wilhelm

"When you told us that we would get close to one another — so close that we wouldn't believe it — we didn't take you seriously. But the tears running down our faces as we said good bye was just a mere fraction of our emotions."

Dear Luke:

Let me thank you and everyone else that made the Elite Racquetball Training Camp a terrific experience. Special thanks to Lou Fabian, Dave Anderson, and Ed Martin for putting in so much time helping us. And to Skip Jirrels for doing such a great job filling in for Dave. Thanks to the rest of the staff and Caryn McKinney for coming in to help us out.

We all had a great time and go along as if we were good friends for many years. When you told us we would get close to one another, so close that we wouldn't believe it, we didn't take you seriously. But the tears running down our faces as we said good bye was just a mere fraction of our emotions and just how close we really did become.

We are all looking forward to seeing one another soon and going back to the camp to relive all the experiences we all shared at the camp. We learned a great deal in Colorado, about people and much more about racquetball. The camp was an enormous success for us and the sport. It is something I shall remember forever and talk about for years to come. I believe the training we received while at the camp made me a better person as well as a better player. I've brought new ideas home that will help me for many tomorrows. My experiences and ideas will be shared with

Dear Luke,

Just a quick note to say how much I enjoyed the week at the Olympic Training Center. I think the staff did an excellent job in organizing the camp and in executing the plans! The individual attention was great. I don't think any of us will have an excuse for poor performance!

Thank for all the leadership you've given racquetball. All of us owe you a great big "thank you".

Susan Kraft
Wichita, KS

"I'm sure I can't even realize all the effort put out; I was very proud to be a part of the camp."

Dear Mr. St. Onge:

Thank you very much for giving me the opportunity to attend the first National Elite Racquetball Training Camp at the United States Olympic Training Center in Colorado Springs.

I was very impressed with the lectures regarding stretching, eye injuries and prevention, and foot injuries and prevention. In addition, Terri Galbreath's experience with motivational techniques, stroke mechanics, shot selection, charting, and game analysis that she shared with us was very helpful.

The most important information I learned from the program was how to

Dear Luke,

Just a note to say thanks for your part in making the first Elite Racquetball Training Camp a huge success! I personally thought it was a fantastic week and I'm thankful that I was given the opportunity to attend. Every aspect of the training was high level and the instruction well programmed — something that is hard to come by or virtually nonexistent at your local club level. The instructors were super; especially Terri Gilreath. Her energy and enthusiasm were unbelievable. The participants were very friendly and personable and it was a wonderful experience meeting them and getting to know them.

We truly appreciate your dedication and long hours of hard work and all of us thank you.

As always,
Jo Kenyon

"If each member of the camp took one little ounce of desire home and put these things we learned to work, there will be many true champions."

The following players participated in the first Elite National Training Camp:

Open Week — July 29-August 4

Jane Bonine, Brooklyn Park, MN; Tami Marshall, Flint, MI; Theresa Nunn, San Diego, CA; Margaret Lucas, Austin, TX; Maureen O'Brien, Sellersville, PA; Kathleen Gluvna, Memphis, TN; Terry Latham, Albuquerque, NM; Crystal Fried, Medicine Hat, Alberta, Canada; Cathie Frederickson, Wayland, MI; Dinke Kool, The Netherlands; Mirjam, Wierheesen, Holland; David Bennett, Colorado Springs, CO; German Andres Guzman, Bogota, Colombia; Juan Pablo Guzman, Bogota, Colombia; Dennis Aceta, Hyannis, MA; Andrew Roberts, Memphis, TN; James Jeffers, Crystal Lake, IL; Carlton Greenman, Dallas, TX; Kenneth Teape, Deer Park, NY; Drew Kachlik, McAllen, TX; Michael Thurmond, Houston, TX; Jose Aleman, Bogota, Colombia; Sergio Roberto Sergio, Zapote, Costa Rica; Roger Harpersad, Calgary, Alberta, Canada; Sean Moskwa, Woodridge, IL; Donald Kelly, Littleton, CO; Kenneth Kahlman, San Antonio, TX; Thomas Neill, Albuquerque, NM; Robert Wilhelm, Flint, MI; Dennis Lutz, Atlanta, GA; Aaron Metaj, Ypsilanti, MI; Tim Anthony, Gahanna, OH; Gary Sanchez, Albuquerque, NM; Sergio Fumero, Jim Young, Levittown, PA.

Juniors Week — August 5-11

Michelle Morrow, Auburn, CA; Cheryl Gudinas, Woodridge, IL; Paula Russler, Rapid City, SD; Christine Upson, Irwin, PA; Kerry Niggemeyer, Toledo, OH; Elaine Mardas, Columbus, OH; Michelle Gilman, Ontario, Oregon; Angela Wyble, Colorado Springs, CO; Karen Healy, Chitig, NY; Shelly Lee, York, PA; Kerrie Nolan, Hinsdale, IL; Janet Burke, Newton, MA; Lisa Yackley, Naperville, IL; Kelly Puls, Rancho Cordova, CA; David Armendariz, El Paso, TX; David Painter, Rockford, IL; Bruno Cavallero, Almonk, NY; Chris Cole, Flint, MI; Robert McKinney, Lansdale, PA; Keith White, Rapid City, SD; Trent Tournabene, Sarasota, FL; Howard Millian, Coram, NY; David Larry, New Baltimore, MI; Chuck Teets, Allen Park, MI; Matt Loesel, Erie, PA; Todd Stead, Medicine Lake, MN; Mike Figueroa, Huntington Beach, CA; Chris Prentiss, Medford, NY; Jeff Plazak, Brookfield, WI.

Age Group Division — August 12-18

Dot Fischl, Allentown, PA; Margaret Olawayo, Chicago, IL; Valerie Paese, Bronx, NY; Barb Tennesen, El River, MN; Joanne Kenyon, Ft. Lauderdale, FL; Gwen Benham, Little Rock, AR; Lucille Douglas, San Angelo, TX; Terry Dickerson, Wichita, KS; Marion Crawford, Mino, NY; Donna Henry, Novi, MI; Nancy Katz, Hanover, PA; Chris Evon-Lawrence, Oak Park, IL; Dina Pritchett, Anderson, IN; Lucy Zarfos, York, PA; Mary Hargave, Upper Montclair, NJ; Laura Fenton, Colorado Springs, CO; Cynthia Lavin-Garlin, Chicago, IL; Larry Cole, Flint, MI; Dave Bowersock, Wichita, KS; Robert Driscoll, Stuart, FL; Peter Prucha, Chester, NJ; Edward Vlock, Tampa, FL; Thomas McVie, Garland, TX; Dario Mas, Wilmington, DE; Jack Baker, Longmont, CO; George Toto, Gillette, WY; Anthony LaSala, Wayne, NJ; Joseph Jackman, New Castle, PA; Frank Douglas, San Angelo, TX; Gregg Maloley, West Roxbury, MA; Stu Hastings, Clarkston, MI; Raymond Johnson, Laramie, WY; Harold Cooper, Dallas, TX; Jeff Hardenbrook, Flint, MI; Ron Galbreath, New Willington, PA.

my coaches and other players as well.

Although the food was not like mom's, the Olympic Training Center is a site everyone should see. It is so breathtaking that words are not enough in describing it. Because of the nice surroundings it became a little easier getting up at 5:45 and running at 6:00 in the morning.

The long anticipated run up the mountain was well worth the trip for the view that was observed by our small fraternity was incredible.

I cannot express my true feelings, but to tell you of the great time and experience it was for me. I am looking forward to next year's camp and speaking more with you.

Thank you one again.
Sincerely, Mark

"Every aspect of the training was high level and the instruction well programmed — something that is hard to come by or virtually non-existent at your local club level."

Dear Luke,

First off, I would like to commend you and the others on the way the Elite Training Camp was carried out. It was super in every way and no one could ask for anything better. Just one request: I would like to request that A.A.R.A. have a 75+ Division in the Nationals next year. That way I will be included.

Thanks again for everything. 'See you at the Nationals.'

Yours sincerely,
J. Frank Douglas
San Angelo, TX



Part of the training camp experience included tests to determine fat content and lactic acid build-up during competition.

Dear Luke St. Onge:

I'm sorry it took so long for me to get back to you but I have been very busy. I really liked the camp a lot. I got my pictures back and they are neat. Enclosed is a picture of us at camp. My overall view of the camp was good, but I would have changed a few things. I think it would have been better to train in the evening rather than the morning. The reason is because a lot of the people were tired and it was hard to put 100% effort in all day. A lot of people became tired and fell asleep during lectures and tapes.

Other than that, it was great and I hope I am invited next year. And I hope to see you at the Orange Bowl Junior Tourney in Florida. USA all the way!

Take care,
Mike Figueroa
Huntington Beach, CA

Luke,

Hi! Just a note to thank you for all you have done for the great sport of racquetball. It was truly an honor to attend the first Elite National Training Camp at the Olympic Training Center (O.T.C.). Training in Colorado Springs was definitely the highlight of my summer, and an experience I will never forget. I hope to return again next year, and am waiting for the time when racquetball will be considered an "A-class" sport.

Once again, thanks for everything.
Take care,
Cheryl Gudinas
Woodridge, IL

Dear Luke,

My week at the training center gave me a desire to become that champion we talked about. I believe the ideas I brought home from Lou, Ed, and Keith were beneficial for more than just the game of racquetball. For me, it was a week to share with others, their thoughts and methods of training.

It was difficult at first to criticize or to be criticized by your peers. As the week went on, we developed an incredible learning unity. We were all there to become better athletes.

The O.T.C. was a wonderful facility for the members of our sport to see the potential for growth. It was so inspiring to see all the other dedicated athletes. Racquetball will soon be there! Many of my friends at home are anxious to see our sport in the Olympic movement.

My most favorite moment of the week was the run at Waldo Canyon. I believe we learned more about desire and dedication at that time.

Keith (Calkins) was a great asset to the camp. His motivational tapes were very inspiring. He was so knowledgeable in many ways. I wish that I only had more time to spend with him.

**"As long as I'm playing
and as long as they
hold these camps,
I'll be there."**

Lou's (Fabian) court drills and charting discussions will be able to raise anyone's level of play. These parts of training program are vital. And it takes much time in the area of the game planning and developing your strengths to become a champion. Maybe one day the racquetball Olympians will be participating at the O.T.C. in full strength. I know that we will have the superior athletes needed for this type of dedication.

I thought Ed and Dave were great communicators. Ed is certainly a very warm, sincere man. If each member of the camp took one little ounce of desire home and put these things we learned to work, there will be many true champions.

Sincerely,
Molly O'Brien
Sellersville, PA

Dear Mr. Luke St. Onge,

I attended the Olympic Training Center (the Juniors week) and wanted to extend my thanks for all the work you put into the camp. I'm sure I can't even realize all the effort put forth and I was very proud to be a part of the camp.

When we arrived and everyone attended the first meeting you told us how we would all become very close — more than we could ever imagine. I must admit I was skeptical about that. As the week went on and without a doubt we became closer, a feeling of pride and togetherness fell on me and many others.

Racquetball has definitely taken another large step and once again without you we would be nowhere.

I look forward to a chance to go to the camp next year.

Thanks again,
Kerry Niggemyer
Toledo, OH

Olympic Profit

Racquetball not affected — yet

The Olympics profit of \$150 million won't affect racquetball. At least not yet.

Last spring and as late as August 13, the Los Angeles Olympic Organizing Committee cautiously projected that they might enjoy a \$15 million surplus from the games.

But due to last minute ticket sales, spectacular opening ceremonies and full payment of the ABC television contract, the games netted \$150 million.

The LAOOC had promised that any surplus would be donated to assist amateur sports. On Tuesday, September 11, the committees announced that the breakdown of the surplus would be:

- \$75 million to the U.S. Olympic Committee, including \$657,000 to be funnelled toward each amateur sports federation;

- \$50 million to the newly created LAOOC Amateur Athletic Foundation to endow amateur athletic programs in Southern California;

- \$25 million to an LAOOC reserve which must absorb the costs of shutting down the Olympic Games and pay Third World athletes' that came in defiance of the Soviet boycott.

The \$150 million is in addition to the \$10 million raised by the torch relay which is to benefit the Boys' Club of America, The Girls' Club of America,

and the Special Olympics and YMCAs.

Although Barron Pittenger, Assistant Director of Operations for the USOC was quoted as saying that the \$657,000 stipend directed for sports federations will have been a tremendous plus for amateur sports, Luke St. Onge, executive director of the AARA adds a cautious note.

"Until racquetball reaches Class A status, it will not receive any USOC funding," he stated. "As of right now, we are still a class C sport."

But with the advent of the Elite National Training Camp and raised patriotism from the 1984 summer games, hopes continue to rise about the acceptance of racquetball into the Olympics.

Dear Luke,

As a participant in the Junior Elite Racquetball Training Camp, held at the Olympic Training Center in Colorado Springs, I wanted to write and let you know what my feelings about the week were.

I arrived on Sunday not really knowing anybody well, and not knowing what to expect, or what the coaches were going to expect from me. Getting up at 5:30 wasn't my idea of fun, but after Monday and each day after that I didn't mind. I was learning more and more, not only about improving my game, but I learned how to improve my mental game as well. I also learned more about myself, and where I wanted to go as far as racquetball is concerned.

I want to thank everybody who made it possible for me and everyone else to attend this camp and learn so much and to have a chance to have such a wonderful experience.

Sincerely,
Elaine Mardas
Columbus, OH



Skip Jirrels, camp administrator, holds one of the evening lectures during Age Division week of the Camp.

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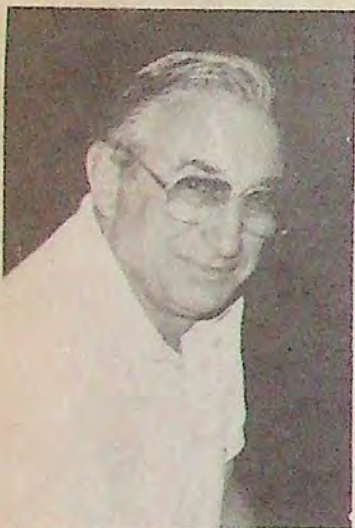
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Put an end to sandbagging



IN MEMORIAM



Mr. Milton Radmilovich, Japan, recently passed away in Japan.

The driving force behind the wildfire growth of racquetball in the Far East, Milt's energy, enthusiasm, and love for the sport made him not only a pioneer but a legend that will be sorely missed. Racquetball has lost a very dear friend.

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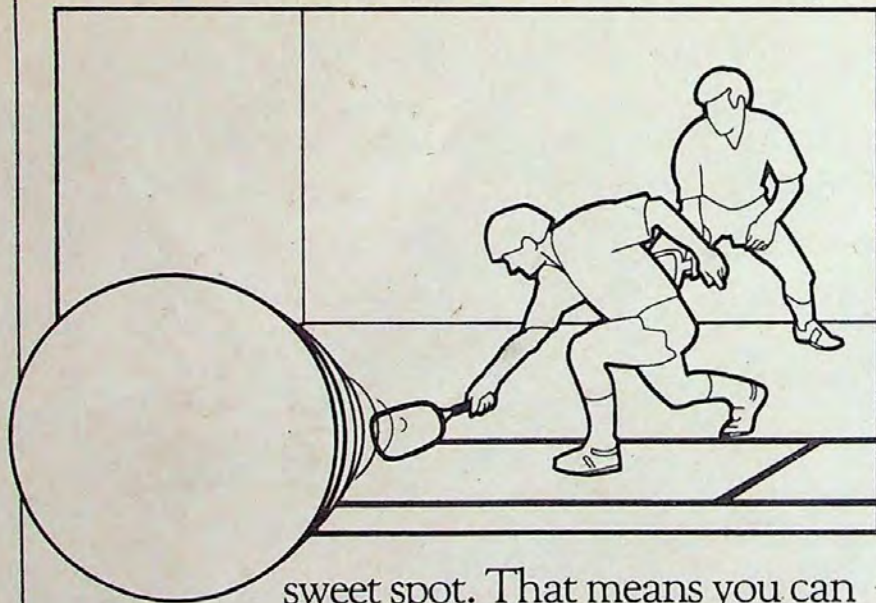
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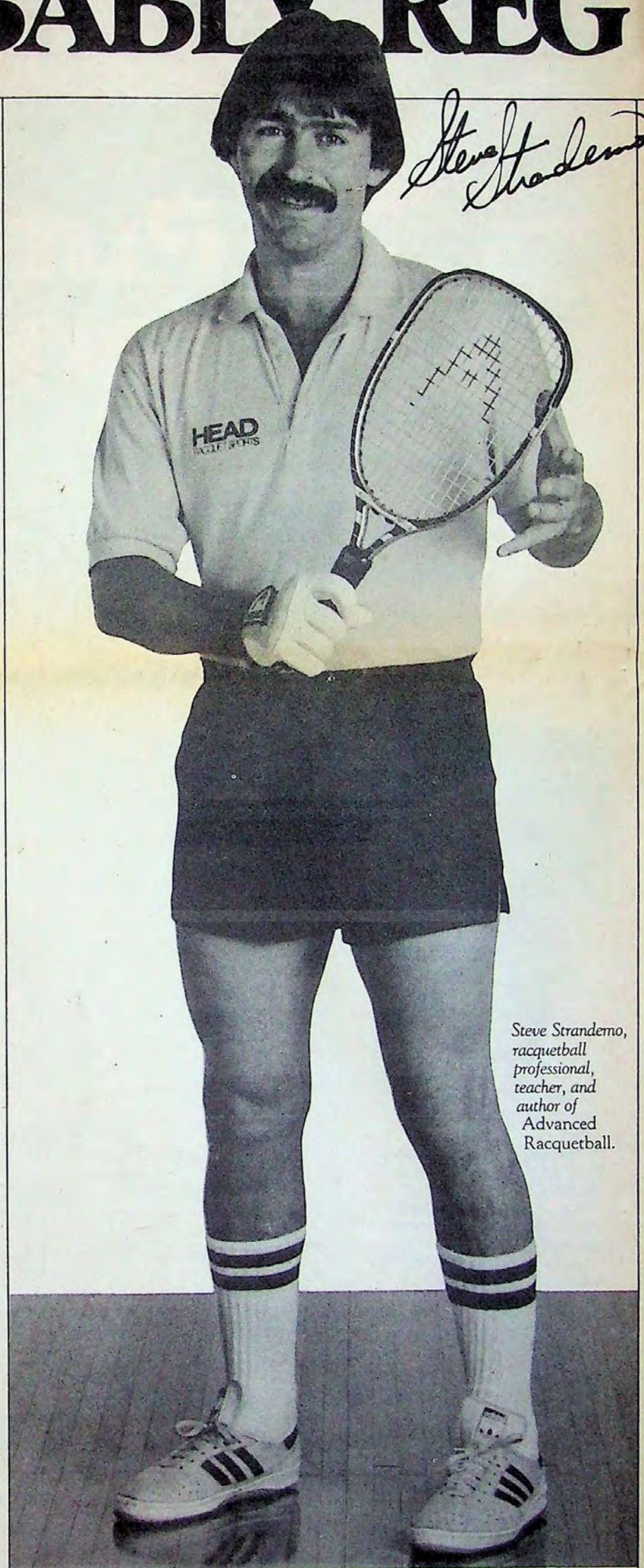
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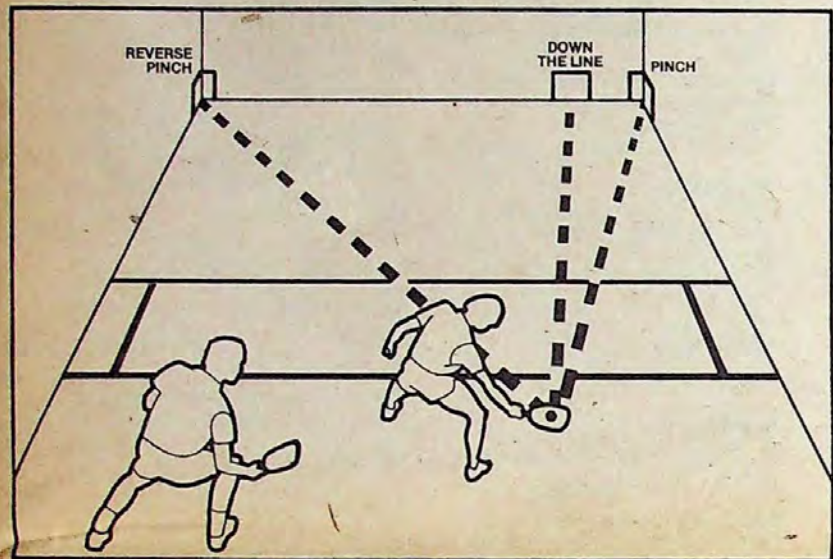
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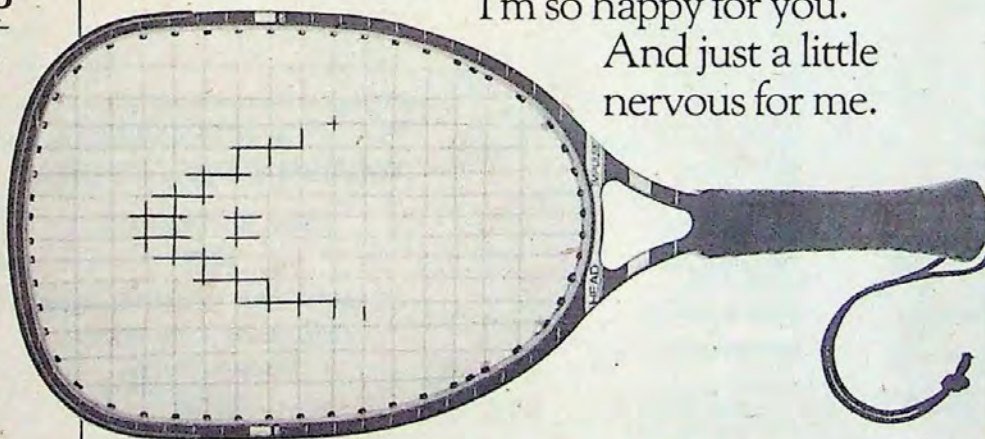
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1800 Garrett Way
Pocatello, ID 83204
Elaine Armijo
208-233-8035

Casa del Rey Open (3)
Supreme Courts
4020 Jackson Blvd.
Rapid City, SD 57702
605-348-5858

Universal Tournament
Great Falls, MT

Lyon/Bud Light Tournament (3)
Pike Creek Court Club
Wilmington, DE 19808
Gary Cook
302-764-4940

Tournament (3)
Honey Creek Racquetball Club
371 W. 29th Dr.
Terre Haute, IN 47802
Cynthiann Parlener
812-232-1191

Capital Fitness Tournament (3)
Capital Racquet Fitness Center
2697 Capitol Circle East
Tallahassee, FL 32308

October 5-8

Great 98 Open
Faunce Corner Racquet Club
North Dartmouth, MA
Janet Simon
617-999-2171

October 12-14

Gleneagles 5th Annual Open
Racquetball Tournament (3)
Gleneagles Racquetball Club
5051 College Oak Drive
Sacramento, CA 95841

Ohio State Doubles Championship
(1) Harvey's Wallbanger
17537 Rasbaugh Road
Middlebury Heights, OH 44130
(2) Courtrooms I
1241 Industrial Parkway M
Brunswick, OH 44212

First Bank Open (3)
YMCA
420 S. Lincoln St.
Aberdeen, SD 57401
605-225-4910

Tournament (3)
Harbor Pines Racquet Club
P.O. Box E.G. 816
Melbourne, FL 32935

Empire I (5)
85 Lemay St.
Chicopee, MA 01013
413-536-8574

Tournament (3)
Supreme Court West
3725 W. 13th St.
Wichita, KS 67203
316-948-8331

Jack and Kendra Hall

Wyoming State Doubles (4)
Teton Courts
911 Flag Dr.
Riverton, WY 82501
Mike Evans

Oktoberfest Open (3)
Colony Court Club
444 Sand Creek Rd.
Albany, NY 12211

John Martin
518-459-4444

Bedlam (3)
Tinker Area YMCA
2817 Woodcrest Drive
Midwest City, OK 73110
Kathy Grice & Barbara Carter
405-733-9622

Michigan Championship Series #2
Brighton, MI
State Doubles
Riverton Teton Courts
Wyoming

October 13-15

Oktoberfest Open (3)
Colony Court Club
444 Sand Creek Rd.
Albany, NY 12211
Al Seitelman
518-459-4444

October 18-21

Women Only Tournament (3)
Killshot, Ltd.
321 Edgewater Drive
Bloomington, IL 60108
Judy Young
312-469-3083

October 19-21

Clyde Bartlett Multiple Sclerosis
Open (3)

Manchester Court Club
1 LeClerc Cr.
Manchester, NH 03101
603-668-8376

Cool Cucurbit Tournament (3)
Lakeland YMCA
3620 Cleveland Hts. Blvd.
Lakeland, FL 33803

Great Pumpkin Open (3)
Sacramento Handball and
Racquetball Club
725 14th St.
Sacramento, CA 95814
916-383-3070

Full Court Open (3)
1111 E. 40th St.
Anderson, IN 46014
317-649-7387
Donna Lewellen

South Florida Racquetball Club (3)
5555 Ravenswood Road
Ft. Lauderdale, FL 33312

Tournament (3)
The Club House
Box 419
Dodge City, KS 67801
Steve Westphal
316-225-0206

Autumn Gold (3)
Downtown YMCA
Montgomery St.
Syracuse, NY
Dennis Ryder

Eagles Roost (5)
AM Pro Athletic Club
4322 Charter
Oklahoma City, OK 73108
J. B. Smith
405-942-2020

Sagebrush Club
Havre, MT
Super Seven #2

October 25-28

National Doubles
Championships (4)
The Court House
Boise, ID 83705
208-377-0041

Chicago Open (3)
Downtown Court Club
Chicago, IL
Sandy Robson
312-644-4880

October 26-28

2nd Annual Juniors Only Open
Royal Spa & Court Club
2101 E. Bloomfield Highway
Farmington, NM 87401

Tournaments (3)
Gladstone Spalding Club
2707 Brooktree Lanes
Gladstone, MO 64119
John Gray
816-452-1516

Burger King Tournament (3)
417 North Jefferson
Sheridan, WY 82801
Jay McGunness

Burger King (Adult & Jr.)
Sheridan YMCA
Sheridan, WY 82801

Capital Courts
Helena, MT

2nd Annual Court House Open
Feeding Hills
Mike Demarco
413-786-1460

NOVEMBER

November 1-4

Tournament (3)
Racquetball Club
1908 Olympic Blvd.
Walnut Creek, CA 94596
415-932-6400

Jack Fulton 8th Annual Open RB
Tournament (3)
Memphis State University
PE Complex
630 Echols
Memphis, TN 38111

Sacramento Court Club (3)
Spare Time Inc.
7919 Folsom Blvd., Suite 150
Sacramento, CA 95826

Tournament (3)
The Racquetball Club
1908 Olympic Blvd.
Walnut Creek, CA 94596
Don Buckheite
415-932-6400

November 2-3

Game Point (3)
B-4 Racquetball & Fitness
9421 N. Robinson
Oklahoma City, OK 73114
Kathy Grice & Barbara Carter
405-842-1315

November 2-4

Budweiser Open (3)
Tacoma RBC
Tacoma, WA

Rebound Racquetball Tournament (3)
Rime Fitness Center
89 Robert Jimmerson Road
Birmingham, AL 35209
Mark Sandlin
205-942-2119

Olympiad Tournament (3)
The Olympiad
8450 Dayton
Ft. Myers, FL 33907

Spartan Open (3)
507 W. 20th
Yankton, SD 57078
605-665-4497

James Fenton Memorial Racquetball
Tournament
Gamepoint Racquet & Health Club
Plymouth, MA
Kathy Moylan
617-746-7448

Maple Leaf \$5000 Classic
Windsor, MI

Miller Biller
Laramie Court House
Laramie WY

The Club
Missoula, MT

U.S. NATIONAL WOMEN'S INVITATIONAL

Nov. 30, Dec. 1, 2
1984

TAMPA BAY COURTHOUSE
7815 North Dale Mabry
Tampa, Florida
33614

The U.S. National Women's Invitational Racquetball Tournament will be held at the Tampa Bay Courthouse in Tampa, Florida on November 30, Dec. 1 and 2, 1984.

All women participants in the U.S. National Singles Championships, the Junior Championships and Regional Qualifiers are eligible and encouraged to participate. This event has been designated to have a level 5 tournament rating.

For further information, please contact:

Mr. Carl Nicks
Tampa Bay Courthouse
7815 North Dale Mabry
Tampa, Florida 33614
813-932-5321

November 8-11

Turkey Shoot (3)
Sundown DeWitt
Whitewaters Parkway
DeWitt, NY 13214
Jim Winterton
315-446-0376

November 9-11

WRA #7 (3)
Tyrone Racquetball Club
6690 Crosswinds Dr.
St. Petersburg, FL 33710
Riva Open Racquetball Tournament
(3)
Royal Racquet Club
1718 Rollings Road
Burlingame, CA 94010
415-692-3300

November 15-18

Academy Awards
Academy Court Club
5555 McLeod NE
Albuquerque, NM 87109

November 16-18

4-Wall Outdoor State (4)
Recreation Center
202 W. Park St.
Aubundale, FL

Long Island Open (3)
Sports Set Racquetball and Fitness
STBA

6th Annual Turkey Shoot (3)
Nashville Supreme Court
4633 Trousdale
Nashville, TN 37204

Mr. Steak Open (3)
Wall St. Racquet Club
3120 Bradshaw
Sacramento, CA 95827
916-363-4838

RCM Sports Open (3)
Kings Court
260 Mayfield Mall
Mountain View, CA 94043
415-965-2409

Academy Awards
Academy Court Club
555 McLeod NE
Albuquerque, NM 87109

Coors/Kelo Pro Am (4)
Russell Courts
817 W. Russell
Sioux Falls, SD 57104
605-338-9902

11th Annual Brockton Open
Brockton Racquetball Club
Brockton, MA
Gerry Cassidy 61704
617-588-3444

Player Cup Invitational
Davison, MI
Fund Raiser for U.S. National
Racquetball Team

Court Club East Tournament (3)
916 Gouverneur
Wichita, KS 67207
316-683-1442

Mid Court's Turkey Shoot-Out
Open (3)
20 NE Dixie Highway
Rt. 707
Stuart, FL 33494
Shirley Smith
305-692-9488

YMCA Open
Casper YMCA
Casper, WY
Broadwater Club
Helena, MT

Round Up (3)
North Side YMCA
10000 N. Pennsylvania
Oklahoma City, OK 73120
Kathy Grice & Barbara Carter
405-751-6363

November 23-25

South Broward Racquetball Club
Tournament (3)
7777 SW 39th St.
Favie, FL 33328

Turkey Shoot
TRAC
Tulsa, OK
Susan McMasters
405-743-1328

November 25-27

Jr. & Adult Doubles
Sheridan YMCA
Sheridan, WY

Nov. 29-30, Dec. 1-2, Dec. 6-10
Christmas Classic (3)
Schoeber's Racquetball Club
534 Owen Ct.
Pleasanton, CA 94566
415-846-0950

Racquetball In Review

Nov. 30 - Dec. 2

Cascade Open (3)
Eugene, OR
Bob Bruce
206-481-4081
U.S. National Women's Invitational (5)
Tampa Bay Courthouse
7815 North Dale Mabry
Tampa, FL 33164
Carl Nicks

Royal Racquetball Tournament (3)
Suffolk County
Old Country Road
Coram, NY 11727
212-732-5500

2nd Annual East Longmeadow Open
Racquetball East Fitness Center
East Longmeadow, MA
Paul Basile

413-525-3931
The Courthouse
Missoula, MT

Cheyenne Classic
Cheyenne Rocky Mountain Health
Wyoming

Super 7 #3
Colliseum Racquetball Club
Michigan

Gold Rush (3)
Stone Mtn. Athletic Club
5895 Memorial Drive
Stn. Mtn, GA 30083
404-296-1333

DECEMBER

December 3-7

Holiday Classic (3)
Plaza Athletic Club
650 N. Peal, Lock Box 124
Plaza of the Americas
Dallas, TX 75201
Steve Whiffen
214-922-0110

December 6-10

Santa Fe Holiday Classic (3)
Santa Fe Courthouse & Spa
1931 Warner
Santa Fe, NM 87501
Christmas Classic (3)
continuation of previous weekend
Schoeber's Racquetball Club
534 Owen Ct.
Pleasanton, CA 94566
415-846-0950

Racquet Power Tournament (3)
3390 Kori Road
Jacksonville, FL 32223

December 14-16

Grand Rapids Patron Tour #4
Grand Blanc Racquetball Club
Michigan

The Universal Club
Great Falls, MT

December 7-9

Holiday Classic (3)
Burien RBC
Burien, WA
Sid Williams
5227 S. Puget Sound Ave.
Tacoma, WA 98409

Dec. 30 - Jan. 2

Kill Shot (3)
Edmond YMCA
1200 S. Rankin
Edmond, OK 73034
Kathy Grice & Barbara Carter
405-348-9622

JANUARY, 1985

January 4-6

Sundown East Tournament
To Benefit Leukemia (3)
Sundown East
6810 Kinnest
East Syracuse, NY 13057
315-437-1303

January 10-13

New Mexico Invitational
Tom Young's Athletic Club & Spa
2250 Wyoming Blvd. NE
Albuquerque, NM 87112

January 11-13

Open Tournament
Powell, WY
Michigan Championships Series #5
Oakland, Racquetball Club
Oakland, MI

Wichita State University Open (3)
Heskett Center
Wichita State University
Wichita, KS 67208
316-689-3210

(Continued on page 11)

Calendar

(Continued from page 10)

UCP Benefit
Supreme Court Club
West Springfield, MA
Ken Pulsford
413-781-0181

January 17-20
Pepsi Classic (3)
Fairmont Athletic Club
3328 W. Genesee St.
Syracuse, NY 13219
315-488-3114
Dianne Springer

January 18-20
Cancer Society Open (3)
Manchester Court Club
1 Le Clerc Circle
Manchester, NH 03101
Boy Scouts of American Benefit
Racquetball Tournament
Oxford Racquet & Golf Club
North Oxford, MA
Al DuPont
683-4870

Lewerenz Classic Invitational
STBA
Dyna Jet Open
Gillette Parks & Recreation
Wyoming

January 24-27
Earthquake Open (3)
Salinas Racquet Club
20 E. San Joaquin
Salinas, CA 93901

New Mexico State Juniors
Championships
Rio Grande Sporting Club
2500 Yale Blvd. SE
Albuquerque, NM 87106

January 25-27
Grand Rapids Patron Tour #3
Muskegon, MI
State Intercollegiate Championships
Michigan

Court Club East Tournament (3)
916 S. Gouverneur
Wichita, KS 67207
316-686-1442

New York State Open (3)
STBA

Wachusett Racquet Club Open
Fitchburg, MA
Mike Luciw
345-5667

Jan. 31 - Feb. 3
AARA Regionals, Region 8 (5)
Site to be announced
Chicagoland Area
Alvin Barasch
312-673-7300

FEBRUARY

February 1-3
Bud Light Valentine's Day Massacre
(3)
Sundown Meadows
4989 Hopkins Rd.
Liverpool, NY 13088
212-451-5551
Jim Winterton
Super 7 #5
Racquetbtime
Southfield, MI

BRC
Billings, MT
Playoff Racquet & Health Club Open
Needham, MA
Warren Steinberg
449-5406

February 7-10
Supreme Courts Open
Supreme Courts Racquet & Health
Club
4100 Prospect Ave. NE
Albuquerque, NM 87110

February 8-10
Bud Light Valentine's Day Massacre
(3)
Sundown Meadows
4989 Hopkins Rd.
Liverpool, NY 13088
212-451-5551
Jim Winterton
Women's 85
STBA
Maureen Henrickson
754-6073

Telegraph Hill Tournament (3)
1850 Kearney St.
San Francisco, CA 94112
415-982-4700

Rampage (3)
South YMCA
5325 S. Penn
Oklahoma City, OK 73159
Kathy Grice and Barbara Carter
405-681-6636

Michigan Championship Series #6
Muskegon, MI

February 14-17
New Mexico State Intercollegiate
STBA

February 15-17
Florida State Singles (4)
Site to be announced
Cedardale Shoot-Out
Haverhill, MA
Joan Morrison
373-1596

Riverview 1000
Grand Rapids, MI
Tournament (3)
The Club House
Comanche and Avenue F
Dodge City, KS 67801
316-225-0206

Bank of Commerce
Sheridan YMCA
Sheridan, WY

February 16-17
Goosetown Club
Anaconda, MT

February 22-24
New York State Championships (4)
73 Babylon
Sound Beach, NY 11789
Al Seitleman

4th Annual Pat Goldstein Memorial
Tournament
Empire I
Chocopee, MA
Darell Darnell
413-536-8574
AARA Regional Championships
Sawmill Creek, OH

February 28 - March 3
Annual Bud Light Ultimate
Rio Grande Sporting Club
2500 Yale Blvd. SE
Albuquerque, NM 87106

March 1-3
3rd Annual Off The Wall Tournament
(3)
to benefit Leukemia
230 Oser Ave.
Hauppauge, NY 11788

Cystic Fibrosis Open (3)
Track & Racquet Club
6800 E. Genesee St.
Fayetteville, NY 13066
315-446-3141
UCP Benefit
Cambridge Racquetball Club
Mike Rafferty
926-5480

Michigan Championship Series #7
Zodiac Racquet Club
Michigan

Crackshooters
Cheyenne RMHC
Wyoming

State Doubles Championships
Butte, MT

MARCH

March 7-10
Illinois State Racquetball Association
Singles (4)
Site to be announced
Chicagoland Area
Art Michaely
312-647-8222

March 8-10
YMCA State (4)
2817 Woodcrest Drive
Midwest City, OK 73110
Kathy Grice & Barbara Carter
405-733-9622
1984 AARA/MRA State Singles
Championships
MASTBA
Maureen Henrickson
754-6073

March 15-17
State Juniors Tournament
Sheridan YMCA
Wyoming
Capital Courts
Helena, MT
Intercollegiate Florida (6)
The Club
825 Courtland St.
Orlando, FL 32804
Kansas State Singles (5)
Location to be determined
3rd Annual Killshot for Cancer
Waverly Oaks Racquet Club
Waltham, MA
Ralph Dente
894-7010

March 16-17
Grand Rapids City Championship
City Residents Only
Grand Rapids, MI

Cystic Fibrosis Open
Grand Blanc, MI

March 21-24

New Mexico State Singles
Championship
Academy Court Club
5555 McLeod NE
Albuquerque, NM 87109
Indiana Athletic Club (5)
411 South Harbour Dr.
Noblesville, IN 46060
Mike Arnolt
317-776-0222

New Mexico State Singles
Championships Academy Court
Club
555 McLeod NE
Albuquerque, NM 87109

March 22-24

4th Annual Endless Mountain (3)
Shadowbrook Racquet and Fitness
Club
Route 6
Tunkhannock, PA 18657
717-836-6336
South Dakota State Tournament (4)
Russell Courts
817 W. Russell
Sioux Falls, SD 57104
605-338-9902

March 29-31

3rd Annual Ridge Racquet Club
Open
Braintree, MA
Jim Bove
848-0800
Humbolt Y Open (3)
American Health & Fitness
3880 E. Robinson St.
Amherst, NY 14120

Junior Orange Bowl Racquetball Tournament

The Orange Bowl Committee has selected racquetball to be included as part of the Orange Bowl Classic scheduled during the Christmas holidays in Miami, Florida.

All ranked Juniors, Junior Regional qualifiers and 1984 National Junior participants are eligible to participate. This has been designated as a National Invitational Junior Event with a level 5 tournament rating.

Exceptional housing rates have been negotiated at the Coral Gables Marriott and competition will be held at the Sports Room in Coral Gables.

For further information, please contact:

Mr. Jack Sorenson
Montgomery Athletic Club
5675 Carmichael Pkwy.
Montgomery, AL 36177
205-277-7130

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