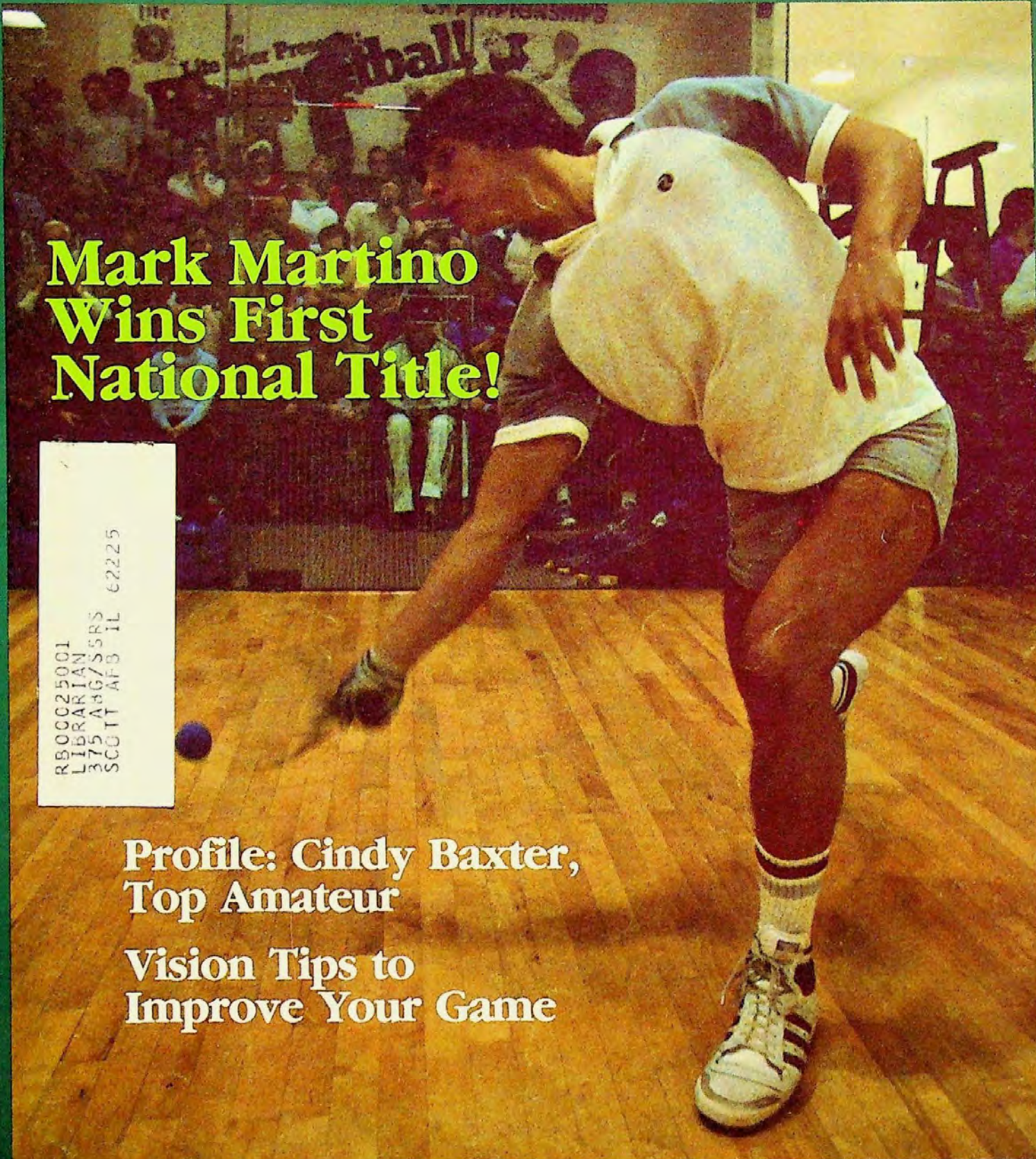


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Official Publication of the American Amateur Racquetball Association

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RACQUETBALL



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RACQUETBALL

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BACK COURT

With The Editor

LOOKING BACK

Traditionally, the end of the year is a time for reflection, a time to cast aside last year's goals and decide upon new ones for the coming year. With this in mind, we thought it only appropriate to take a look back ourselves. And we've done so in two exceptional articles this month.

The first is by Bill Schulz. Last December, we ran Bill's article about a fledgling racquetball business in a small Western town. This year, Bill has revisited that town — Rapid City, South Dakota — and reevaluated the racquetball situation. His observations are relevant to the racquetball industry in general, and make interesting reading for anyone who's considering entering the business, or is already involved. You'll find his story on page 14.

The second article in which we review past events is on page 30. I interviewed Luke St. Onge, Executive Director of the AARA, to find out what has happened to the racquetball industry since he entered the scene a few years ago. If you've never known what the AARA does, other than sanction tournaments, you'll find this interview revealing. Not only that, but St. Onge's observations about the current status of the sport, as well as the future, are well worth digesting. After all, he's been in the thick of things for some time now. If you haven't been, you'll find what he has to say all the more informative.

And, of course, in this issue we have our annual report of the National Doubles championships. (See page 18.) It's always an exciting tournament, and even if you've never played doubles, I'm sure you'll enjoy our coverage.

Finally, I'd like to call your attention to our profile of National amateur champ, Cindy Baxter (see page 23). It's always fun to learn what makes a superb athlete tick, and Baxter doesn't mince words when she's questioned about such things. You'll find her story unusual, if not unique.

That about wraps things up for this year. I hope you'll be with us next year, as we plan to bring you more instruction, more features on general conditioning, and, as always, more interesting profiles of players. Happy New Year.

Nancy K. Crowell

RACQUETBALL

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Publisher

Gerald W. Pope

Editor

Nancy K. Crowell

Art Director

Gerald Mobley

Advertising Director

Lee E. Harris

Business Manager

Gregory M. Pope

Editorial Contributors

Jim Austin, Bob Gura, Bill Schulz,
Blaine Shank, Tom Slear, Mike Yellen

Art Contributors

John Cassidy, Robert DeGuzza,
Carole C. George

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President

Keith Calkins, Hayward, CA

Vice President

Al Schattner, Pittsburgh, PA

Secretary-Treasurer

John Lepore, Melrose, MA

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Executive Director

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RECEIVING LINE

Letters To The Editor

Racquetball welcomes correspondence from our readers. Letters must be signed, and are subject to editing for clarity and length. Send your letters to Editor, Racquetball Magazine, 15115 S. 76th E. Ave., Bixby, OK 74008.

A Dedicated Fan

I really enjoy your magazine. I especially like the articles from pros with many tips both psychological and physical. I like hearing about not only the game but stretches before and after, proper diet (which I'd like to read more about), and preparing mentally for a game. I'm interested in new products for racquetball. I'd really like to see your opinions of particular racquets and balls on the market. Personally, I like Penn and the Seamco 600, but I've heard the Ektelon Speedflite is excellent.

Thanks for the effort put into your magazine. I really enjoy it.

Tracye Adkerson
Murfreesboro, TN

Watch Your Strap

I am presently representing a young man, 26 years of age, who is permanently and legally blind as a result of an injury sustained while playing racquetball. Unlike most cases, this injury did not occur from being struck by the ball, or from standing too close to the opposing player. My client was struck under the eye by his opponent's "Leach Top Seed" racquet which became completely detached from the wrist thong during the swing. We have instituted a lawsuit based upon the firm belief that the racquet is defective and unreasonably dangerous. Pursuant to the suit certain interrogatories (questions) were directed to Leach (Diversified Products) concerning the safety featuring of the wrist thong. Your readers may be interested, if not shocked, to know that Leach responded that the wrist thong is not for safety purposes but only to prevent a player from changing hands during the game. Leach's position notwithstanding, I suggest you urge your readers to pay closer attention to the security of their wrist thong.

Phil Breaux
Breux & Hornstein, Attorneys At Law
St. Gabriel, LA

NEW DIRECTIONS AARA NEWS

by Luke St. Onge, Executive Director

The following are highlights from the Board of Directors meeting held at this year's National Doubles Championships. For more information about any of the following, contact AARA National Headquarters at 5545 Murray Ave., Memphis, Tenn. 38119; or call 901-761-1172.

1. Established a Wheelchair Division as an exhibition division in the 1982 National Singles. Appointed Sam Discripina as National Handicap Chairman.
2. Major rule changes to be acted upon at the 1982 Board Meeting in May
 - A. establishment of a 25 Junior Vet age division
 - B. If a server moves out of the server's box before the ball passes the short line, the penalty would be a side/hand out
3. Awarded the official ball of the AARA Regionals and National Singles to Penn
4. Awarded the National Singles site to McKinley Park Racquetball and Health Club in Buffalo New York for May 27-31. Bids were entertained from Miami, Chicago, West Springfield, MA, New Haven, CT, Detroit
5. Awarded Penn the National AARA Junior Regionals and Nationals as the "official ball" of those events
6. Established a Hall of Fame Committee with inductees slated for May of 1982
7. Requesting bids for the 1982 National Doubles site October 21-24
8. The International Amateur Racquetball Federation was awarded Provisional membership in the General Association of the International Sports Federations at their meeting in Monte Carlo October 16th.
9. National Juniors Championships will be held in Carson City, Nevada June 24-27th.
10. Junior Regionals are scheduled for May 7-9.

REGIONAL DATES

- #1 - April 16-18, New England area
Site to be announced
- #2 - March 26-28, Site to be announced
- #3 - April 16-18, Security Court Club, Baltimore, Maryland
- #4 - March 18-21, Omega 40, Ormand Beach, Florida
- #5 - March 18-21, The Racquet Place, Birmingham, AL
- #6 - Date to be announced - Spaulding Racquetball Club - St. Louis, MO
- #7 - April 8-11, Inwood Forest Racquetball Club - Houston, TX
- #8 - Date to be announced - Supreme Courts Madison, WI
- #9 - April 22-25, Davidson Racquet Club - Davidson, MI
- #10 - March 19-21, Dupage Racquet Club - Chicago, IL
- #11 - Site and date to be announced
- #12 - April 29-30 - May 1-2, Tom Young's - Albuquerque, NM
- #13 - April 2-4, Rocky Mountain Health Club - Cheyenne, WY
- #14 - February 11-14, 5 different sites in the San Jose, CA area in conjunction with Heart Association benefit
- #15 - April 22-25, Federal Way Athletic Club - Seattle, WA ●

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WHAT'S NEW?

Items of Interest



Wrist Pocket

The new Wrist Runner, introduced by Michael Nathan of New York, NY, was designed primarily with runners in mind. However, if you've ever been on a court with no place to put your locker key except in the corner, you know how handy such a product could be for racquetballers.

Made of nylon, lined with absorbent terry cloth, the Wrist Runner weighs less than an ounce. It has a roomy zippered compartment for storing keys, money, and an I.D. It is available in navy, red, white, royal blue, beige, and yellow, comes in two sizes — small/medium and medium/large — with an adjustable velcro closing. The Wrist Runner retails for about \$5.95 and can be found at leading department and sporting goods stores.

For more information, contact Michael Nathan or Debra Wollens, 920 Broadway, Rm 905, New York, NY 10010; or call 212-473-8408.



Look Ma, No Lather

General Research company of Kingston, New York, has recently introduced a new shaving aid that seems ideal for

those who frequent court clubs. According to General Research the product, called Shave-Easy, is safe, non-irritating, and gives close shaves without razor burn, nicks or scrapes. That may not sound unique, but the company's claim that the product only requires one drop on the razor edge to do all this, is indeed new. It is a clear, concentrated shaving lotion formula, which makes foam, lather, and cream unnecessary. Also, according to the manufacturers, the product can enhance the results of aerosols, if used with those products.

Shave-Easy comes in an unbreakable plastic dispenser bottle. Each bottle contains over 1,000 drops of the liquid. For an introductory offer of \$2 per bottle, postpaid, contact General Research, UPO Box 401, Kingston, NY 12401.

Hand-Joy?

Foot-Joy, manufacturer of racquetball footwear, has recently introduced a new Racquet Glove for the game. Called the Sta-Sof Racquet Glove, the new product is made from specially tanned Cabretta leather, imported from Pittards of London. According to Foot-Joy, the leather is durable and pliable, and allows the glove to dry out quickly after use and remain soft and flexible. The new gloves are available in what Foot-Joy calls Regular and Cadet sizes, in both Bone Cabretta leather, and assorted Spandex colors. For more information, contact: Foot-Joy, 144 Field Street, Brockton, Mass. 02403.



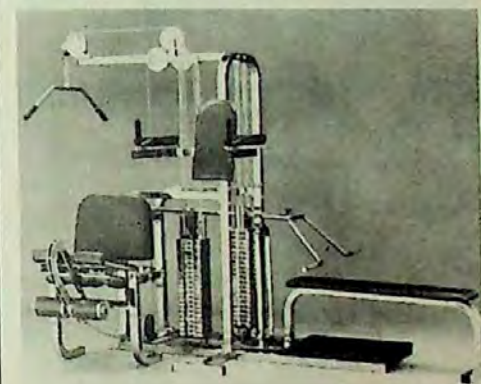
Compact Exerciser

Paramount Health Equipment Corporation has just released the Fitness-Trainer. It's a compact exercise machine which carries up to ten stations. The area required is approximately 60 square feet. The FitnessTrainer is designed with the same rugged 2" tubular steel as the famous SportsTrainer, but at a fraction of its cost.

The basic Fitness Trainer carries a combination Chest Press and Shoulder Press station, Lat Pulldown, Low Pulley

(with ankle strap accessory and stirrup handles accessories). Add on stations include combination leg extension/leg curl and vertical knee raise, Combination Leg Press Foot pedal and Squat Pad, Sit-up Board with Rack, Adjustable Roman Bench. Cardio-vascular, circuit training or strength training is easily and safely performed.

Call Paramount toll free 800-421-6242. In California 213-583-2424. They have free detailed color brochures and a staff of consultants ready to answer any questions. If you care to write, it's PARAMOUNT HEALTH EQUIPMENT CORPORATION, 300 South Santa Fe Avenue, Los Angeles, Calif. 90058.



Mopping Up

Unique Sports Products has two new aids for racquetballers. First — the Wrist Towel. Double the size of a regular wrist band, the Wrist Towel is made of super absorbent cotton and comes in eight colors. Also, the Double Adjust Elbow Support is a new aid for that old problem of tennis elbow. According to Unique, the double velcro closing allows the wearer to adjust the support to fit the contour of his or her arm. For these products, and others, contact Unique Sports Products, 5687 New Peachtree Rd., Atlanta, Ga. 30341.



Products have not been tested by Racquetball Magazine. ●

SHORT LINES

News Round-up



Displaying the award-winning ad, "Many Happy Returns" and the CLIO statue are (l to r) Richard G. Smith, and from Benton and Bowles Advertising, George Junger, Account Supervisor and Dennis Soanes, Account Executive.

Racquetball CLIO

AMF Voit, Inc., international manufacturer and marketer of racquetball equipment and sporting goods, and Benton and Bowles, AMF Voit's Los Angeles-based advertising agency, were recently honored with a CLIO award, the most prestigious recognition for advertising creativity.

The four-color, print advertisement, "Many Happy Returns," was published in national racquetball magazines during the 1980 Holiday Season. The ad, entered in the Recreational Products category, was a two-page spread featuring AMF Voit's Impact and Nova racquetball racquets and Rollout Bleu racquetball. The ad was created under the supervision of Richard Smith, AMF Voit advertising manager, and George Junger, Benton & Bowles account supervisor. Michael Faulkner designed the ad and Carol Ogden wrote the copy.

The 12-year history of the CLIO award began when the CLIO organization was founded to recognize outstanding creative achievement in national, regional and local advertising. Since the presentation of the first awards, the competition has expanded to include international advertising and advertising in all media. The CLIO is regarded as "the cousin" of the "OSCAR," the motion picture industry's award for excellence.

This year, entries were submitted from 40 countries worldwide and judged by more than 1,500 advertising creative professionals.

Nautilus Seminar

Nautilus Equipment, Inc., regional distributor for Nautilus Sports/Medical Industries, will be hosting a Nautilus Fitness and Club Management Seminar in Dallas, Texas this month — December 11-13.

This three-day seminar is designed as a "brass tacks" learning experience to help the new club owner who is considering the use of Nautilus equipment in a fitness facility, as well as supplying management and operation guidance for any type of fitness facility.

The seminar will cover many topics including: Nautilus training concepts and proper machine instruction, fitness center feasibility and financial planning, construction and layout, club management and operation, and club marketing and advertising.

Featured speakers include John Donati of Nautilus Sports/Medical Industries of DeLand, Florida and Dave Holton, General Manager of Nautilus Equipment, Inc.

For registration and further information contact: Dennis Shirley, Nautilus Equipment, Inc., 14848 Venture Drive, Dallas, Texas 75234; or call 214-620-9400.

Wallyball Tour

Joe Garcia, the self-proclaimed "Mr. Wallyball," took to the road in early October for the beginning of the 1981-82 National Wallyball Court Club Tour.



Joe Garcia, the self-proclaimed "Mr. Wallyball," gets an enthusiastic send-off from (l to r) Richard Smith, Lee Jones, and Robert Larson of AMF Voit, Inc.,

The purpose of the tour is to take wallyball (volleyball played on a racquetball court with special equipment and a special ball) to court clubs across the country. Garcia will hold clinics, demonstrations, seminars and other promotional events in an effort to show club owners, managers and program directors how to make money from the new sport. As Garcia puts it, "I am parti-

cularly excited about meeting all of the club owners and managers. I am especially looking forward to showing them how Wallyball can help turn an otherwise empty racquetball court into an important club money-maker. The promotional techniques have been proven in clubs across the country as successful methods that definitely do generate additional revenues."

The 1981-82 National Wallyball Tour is being sponsored by Coachmen Industries, manufacturers of recreational vehicles; AMF Voit Inc., producers of racquetball equipment, plus other lines of court sports products; and Miller Brewing Co., the brewers of Lite Beer.

For more information contact AMF Voit, 3801 S. Harbor Blvd., Santa Ana, Calif., 93704; or Wallyball Inc., 5338 Topanga Canyon Blvd., Woodland Hills, Calif., 91364; or call 213-992-5972.

Cash In

Racquetball wants your news, and now we'll pay you for it. If you have a news item, or tidbit of information that you think would be appropriate for our Short Lines page, we'll pay you \$5 to use it. No submissions will be returned, and the \$5 payment will be issued only upon publication. Send your news item to Short Lines, Racquetball Magazine, 15115 S. 76th E. Ave., Bixby, OK 74008.

All Military Tourney

This is it folks, the first all military tournament. And what better place to showcase it than the Showboat Hotel in Las Vegas?

To be held February 1-5, 1982, the First Annual Showboat Hotel Military Racquetball Tournament is being sanctioned by the AARA, and sponsored by the Showboat Hotel, Miller Lite, and Penn Athletic Products Company. It is open to active duty and retired military personnel, and will offer 11 divisions of play for men and women. Tournament entries are limited to 200, so it's best to beat the January 18 entry deadline if you want to reserve a space. Tournament director is Steu Betterton (800-634-3484).

Trophies will be awarded for first, second, third, and consolation in each division. Hospitality will be provided, as well as nightly cocktail parties at the Showboat.

For more information, contact tournament director Steu Betterton, National Military Commissioner George Dwyer (303-598-0963), or the Las Vegas Racquetball Club (702-733-1919). ●

Rules Update

by Jim Austin
AARA National Rules Commissioner

A Guide For Referees, Part II

This is the second in a series of articles compiled by Jim Austin, AARA National Rules Commissioner. Look for another article in this helpful "Guide for Referees" series next month.

This month I want to take a look at some of the most common calls a referee makes. Here are a few hints on how to call them:

FAULT SERVES: Make the call quickly and loudly to stop the action. A crotch serve on the sidewall or back wall is good, but not on the front wall.

SCREEN SERVES: The AARA rule has recently been changed to — any ball passing too closely to the server or server's partner to obstruct the view of the returning side. Players are not allowed to make this call, but may hold up their hand on the serve and appeal to the referee. The referee may then decide to call a screen or not, remembering that the player has a different view of the play than the referee because of the angle and height. If a screen serve is set up off the back wall, and the receiver is reacting to the ball, I will usually let the receiver play the ball. The reasoning behind this is the server hit a bad serve and should have to pay the consequences, but if I call a "screen" the server is allowed to play it over. My feeling is that the server has too much advantage

already without giving him a second chance on a bad serve. If the screen serve is fault, then the fault overrules the screen.

FOOT FAULTS: This is a rule that is seldom enforced, but often abused. The rule states that the server must start with both feet inside the service box before starting the serve motion. The feet may be touching the line, but not over the line. The server may not cross the short lines before the ball crosses the short line. This rule is most often abused on lob and "Z" serves. Not enforcing this rule can sometimes cause a real safety hazard to the server as they retreat into the court right into the way of the receiver's return area. This could result in an avoidable hinder on the server if they block the returner's shot.

Rule 4.7A The Five Foot Rule: There seems to be a lot of confusion and conflict about the five foot safety zone which restricts the receiver from entering the five foot safety zone until the served ball has passed the short line. The confusion was mostly caused by the USRA changing of their rule to read — that the receiver may not infringe on the "receiving lines" until the ball has either bounced beyond the short line or passed the "receiving lines". Both the Associations' rules were the same until this change, approximately two years ago, by the USRA. There seemed to be little confusion at that time about the rule.

Now, to clarify the AARA rule and its purpose. The AARA rule has remained the same in an attempt to protect the safety of the server while not giving the server an extra advantage because the receiver can not cut off a shallow serve on the fly. The foot fault rule states that the server may not cross the short line until the served ball has passed the short line. This rule keeps the server from backing into the court to a position that might be blocking or hindering the attempt of the serve returner to hit the served ball.

However, because the server cannot enter the safety zone until the ball has entered the safety zone, and the server

has a responsibility to give the returner an unobstructed and clear opportunity to play the ball, there should not be a safety hazard to the server if the returner is allowed to enter the safety zone after the ball has passed the short line (AARA rules). But, if the receiver is restricted from entering the safety zone unless the ball has bounced in the safety zone (USRA rules) the receiver is then at a disadvantage on lobs, Z's and serves just across the short line, because the receiver is not allowed to move up and cut off the serve on a half-volley or fly return to take advantage of a relatively poor serve. This is a distinct advantage for the server, who already has too many advantages.

SKIP BALLS: A ball that hits the floor prior to hitting the front wall (and also includes crotch balls between the front wall and floor.) Most skip balls are easily detected as they bounce up rather than out. There are three ways to detect skip balls: a) watch the bounce — if the ball "pops up" it usually skipped; if the ball rolls out, it is usually good; b) listen to the sound — a ball that hits the floor first makes a different sound on most courts than a ball that hits the wall first; c) watch the ball after it hits; a ball that hits the floor first, picks up backspin and will therefore "stop" or "pop up," and a ball that hits the wall first, will tend to roll smoothly. When it is so close that you just cannot tell, do not make a call.

TWO BOUNCES: Particularly in amateur racquetball, players are encouraged to help the referee by making calls on themselves, however the referee should not rely on the players' sportsmanship or judgment. When a player makes a call on himself, the referee should always recognize and reinforce this behavior by thanking the player for making the call. As players often block the referee's view of the hit with their bodies, the referee should only call what he sees. Assume that every hit is a legal hit and on a single bounce, unless you see otherwise.

Next month I'll cover the problem of hinders. ●



"I KNOW WHAT SEASON IT IS... I'VE NEVER HEARD OF A MISTLETOE HINDER."

There has been an extraordinary amount of Junior activity lately and I would like to share with you some exciting programs which are being initiated throughout the country. Bob Bruce in Washington and Nita Adams in Northern California have developed two outstanding programs that deserve a very close look by those of you who are responsible for Junior activity at your club.

The Northern California Junior Racquetball Association has added an "Adult Technical" to their rule book and the response has been overwhelming! Briefly, the Adult Technical is designed to return the game to the Junior Player rather than to the egos of their coaches or parents. The sad truth is that many junior players are embarrassed by the conduct of their adult influences, whether they be coaches, parents, or both. The N.C.J.R.A. feels the player should not be penalized by the actions of an adult so they simply give a warning and then remove the adult from further participation in the tournament! Very simple, I wonder if anyone from Little League Baseball is reading this. If you have any input concerning the Adult Technical, please write me, we are seriously considering adopting some

sort of Technical for adults who take the game away from our young players.

Junior Circuit

by Nita Adams

The first annual Junior Circuit culminating in the AARA Nationals in Carson City, Nevada will be held during the 1981-82 ranking year which begins October 1, 1981.

There will be five tournaments on this junior circuit, including the State Championships and preceding the Regional and National Championships.

The organization behind the Junior Circuit is the Northern California Junior Racquetball Association (NCJRA). The NCJRA is based out of Redding, Calif., home of the Sun Oaks Junior Racquetball Team, the National Championship Team for four years running. The newly elected officers of the NCJRA are: Pres. Nita Adams, Sec. Linda Wallman, Treas. Debbie Carmona.

The locations of the first 5 tournaments in our Junior Circuit series are as follows:

1. Sun Oaks Racquet Club, Redding, CA — October, '81

2. Sacramento Court Club, Sac., CA — December, '81
3. Del Mar Racquet Club, Rancho Cordova, CA — Jan., '82
4. Fairfield Court Club, Fairfield, CA — February, '82 (No. Calif. Jr. Championships)
5. Modesto Court Club, Modesto, CA — March, '82 (California Junior State Championships)

To achieve ranking points a junior player must participate in at least three out of five of these tournaments. These juniors will be ranked in No. Calif. and the results will be used in the seeding for the State Championships.

The Regionals will be held in April and the Nationals in June, 1982.

The NCJRA has designed a tournament format to suit our juniors from entry fees at \$10 (singles) and \$5 (doubles) to tournament rules and regulations which include an adult technical as well as a junior technical. The purpose of the NCJRA is to promote junior racquetball in No. Calif. and in so doing encourage these types of organizations throughout the United States.

We are looking forward to a very successful Junior Circuit racquetball season! Watch for our Champions of Tomorrow! ●

The First Annual Showboat Hotel MILITARY RACQUETBALL TOURNAMENT

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Penn
AARA

February 1-5, 1982

- ☆ 11 Divisions For Both Men and Women
- ☆ Open to Active Duty & Retired Military Personnel

REGISTRATION:
Monday, February 1, 1982 1-5 pm

TOURNAMENT COST:

2 Players Sharing Room \$160.00
(\$80.00 each)

1 player, 1 non-player
sharing room \$132.00
1 player only \$132.00

ENTRY INCLUDES:

- ★ Room at Showboat Hotel for four (4) nights
- ★ All courts costs plus club privileges Tues.-Wed.-Thur
- ★ Free cocktail parties Monday thru Thursday evening
- ★ Shirt for all players
- ★ Transportation to and from airport if needed
- ★ Transportation to and from Racquetball Club if needed
- ★ Trophies for 1st-2nd-3rd & Consolation in each division

DEADLINE: JANUARY 18, 1982

DIVISIONS:

(all divisions available to Men & Women)
Open 30+ 55+
A 35+ 60+
B 40+
C 45+
D 50+

- ... Minimum of six (6) entries in each division or players will be combined — you move up in skill or age level
- ... Limit one (1) event only
- ... Must be active duty or retired military personnel
- ... Limit of 200 entries total for this tournament.

OFFICIAL ENTRY BLANK

Male ☐
Female ☐

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Telephone _____

Enter me in Division: _____

Rooming With (if applicable) _____

(we do not put people together — this blank is for those who choose to room together)

WAIVER: I, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Showboat Hotel AND the Las Vegas Racquetball Club and their respective agents, representatives, successors, and assigns for any and all injuries which may be suffered by me in connection with any participation in this tournament.

Date _____ Signature _____

ENTRY DEADLINE: JANUARY 18, 1982

All entries must be 21 years or older.

Make Checks Payable: Showboat Hotel
Mail To:



For just \$29.95,
you can now
exercise
anywhere—

NEW... VARIABLE RESISTANCE Lifeline[®] Gym

with better
results than
you might get
from a \$20,000
gym machine!



MID-SECTION

SHOULDERS

Impossible?
Read on...
then test it yourself
for 15 days.



CHEST

ARMS

All exercise machines do exactly the same thing: they create resistance for your muscles to work against. Your exercise method—not the style or cost of the equipment—is what makes the difference.

Tested and proved at Syracuse University, the Lifeline Gym uses one of the most powerful exercise principles known: **variable resistance**.

Variable resistance method builds strength and shapes your body fast

Variable resistance increases your muscle performance by providing resistance through the full range of motion. With the LIFELINE GYM, the resistance increases along with your leverage advantage. So your muscles are **always** performing at peak level—not just at your weakest position, as they would with barbells.

The result is uniform training of the muscle fiber. That means faster strength gains and greater loss of subcutaneous fat. Simply put, you get a more efficient and shapely body... in less time!

LIFELINE GYM comes complete with detailed, illustrated program book

To help you plan your variable resistance fitness routine, the LIFELINE GYM comes with a 40 page, profusely illustrated Dynamic Variable Resistance Exercise Guide.

Both the Gym and the Guide were developed by Bobby Hinds—an athlete who knows what the body really needs. And what an exerciser really has to do.

Improve your racquetball game

No other exercise unit in the world can improve your game like the LIFELINE GYM. It lets you duplicate and strengthen every movement you make on the court—fronthead, backhand, running backwards and sideways against resistance, etc. Conditions your body for **all** the specific motions needed for racquetball!

Build your body the way you want it

Want great strength and body bulk? Would you rather be lithe, trim and shapely? Or is your goal to improve endurance and cardiovascular capacity?

Just adjust the Gym's resistance (it takes only seconds) and reduce or increase repetitions to design your body as you want it!

Use it anywhere... take it on vacations

The LIFELINE GYM comes with a 27" lifting bar, hand and foot stirrups, rubber cable with a tensile strength of 4,000 psi, door and pole attachment, and treadmill attachment. **And it all weighs 2½ pounds and fits in a small travel bag.** Now you can convert any office or hotel room into a health spa!

Try the LIFELINE GYM in your home FREE for 15 days

Use the coupon to order your LIFELINE GYM. Then try it for 15 days, using the Guide. If you're not entirely satisfied that it's worth the price, just return the Gym for a full, no-questions-asked refund!

"The Lifeline Gym is, in my opinion, the best exercise unit in the world!"—Dr. James McClenan, Scottsdale, Arizona

FREE BONUS— Treadmill Belt \$8.00 Value

Make Lifeline Gym into an incredible treadmill! Jog in any direction: backward, forward, sideways, at home or away! Tone up the midsection and legs while improving cardiovascular capacity!



YES. I want to shape up with the LIFELINE GYM. Please send me _____ GYM's at \$29.95 each, along with the FREE Treadmill Belt worth \$8.00. I realize I have 15 days to try the LIFELINE GYM — if I am not completely satisfied I am entitled to a full refund — no questions asked.

Name _____

Address _____

City _____ State _____ Zip _____

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Make check payable and mail to: RACQUETBALL Magazine — 15115 S. 76th E. Ave., Bixby, OK 74008.

Vision Tips for Racquetball Players

HOW TO SEE BETTER ON COURT

One practice method to improve dynamic visual acuity involves making a cardboard disc for your record player, and glueing different sized letters to it.



Compiled from information provided by the American Optometric Association, the following vision tips are offered to help you improve your racquetball game. Studies have shown that the vision skills discussed here can greatly improve a player's accuracy and technique. For a free brochure on Vision Skills on the Racquetball Court, send a self-addressed, stamped envelope to American Optometric Association, 243 N. Lindbergh, St. Louis, Mo. 63141.

Necessary skills and techniques for practicing:

1. **Dynamic visual acuity**, or the ability to focus clearly on moving objects, is an integral part of the sport of racquetball. A suggested training technique for improving this visual skill is to make a cardboard disc to fit your record player. Cut out letters from newspaper headlines and glue them to the disc. Spin the disc at 33 rpm and have someone call out the letters at random. As they are called out, try to mark the letters on the disc with a felt-tipped pen. When you have mastered this, use smaller letters and then, try spinning the disc at 45 and 78 rpms.

2. **Peripheral awareness**, or the ability to see out of the corners of your eyes, can affect your racquetball game more than in most other sports. You will have a significant jump on your opponent if you improve this skill, as it will affect where you position yourself on the court. A good way to improve your peripheral awareness is to put yourself in an unfamiliar room, point your eyes at an object and see how many other objects in the room you can identify without moving your eyes or head. Try this while walking down the street. Keep your eyes focused straight ahead and see how much your side vision can tell you about approaching pedestrians. With repeated practice you will learn to make better use of your peripheral vision and your game should improve.

3. **Depth perception**, or the ability to quickly and accurately judge the distance between the player himself and the ball, wall, racquet, etc., as well as to accurately judge the speed, flight, and curve of a hit ball, is vital to the game of racquetball. The best depth perception depends upon the two eyes working together as a team. So, during practice, try playing for a few minutes with one eye closed. You will quickly see how difficult it is to judge distance and speed when the brain gets information from one eye only.

A vision therapy procedure to improve your depth perception can be done with two 3 x 5 inch index cards. Draw a fielder's glove on one and a baseball on the other. Place one on a wall at eye level and about three feet from the corner. Place the other at the same level and distance on the adjoining wall. Stand facing the card with the glove. Hold a small mirror in front of your face so that the



reflecting surface is turned to the card with the baseball. Now angle the mirror to superimpose the image of the ball (as seen by your one eye) onto the center of the glove (as seen by your other eye). Do this until you master it. Then reverse the cards, do a 90 degree turn and start again. If both your eyes are not working together, you may see only the baseball or only the glove.

4. **Visualization**, or the ability to see with the mind's eye, is usually a mark of champions, but it is a technique any sports participant can develop with experience once the basic principles are taught.

To practice the skill of visualization, look at an object across the room. Picture it in your mind and picture walking over to the object and picking it up. Close your eyes and actually follow your visualized plan. Be careful of obstacles that could cause a fall.

5. **Eye/Hand/Foot/Body Coordination** is a must for racquetball. All of the vision skills that have been discussed provide the brain with a great deal of information, but it is how the brain uses that information to direct the hands, feet and body that makes the difference between playing better or staying in the same old rut.

One technique for improving your coordination can be tried at home. Put three stripes of different color tapes on a rolling pin, one at the center and one at each end. Put the tape on a wall in the

same pattern. Put a string through a tennis ball and hang it from the ceiling about eye level and two feet from the pattern on the wall. Practice hitting the ball with the center stripe on the rolling pin, aiming the ball to strike the center tape on the wall. Repeat with the other stripes using different color combinations. When you are proficient at this, try doing it in time to music.

6. **20/20 Eyesight** is helpful. So, before you embark on any home-vision training program, it is recommended that you see your optometrist for a thorough vision examination.

Some other things to think about are offered by Donald S. Teig, O.D., an optometrist practicing in Ridgefield, Connecticut:

Contact Lenses — They offer a definite advantage to the visually impaired athlete in racquetball.

- They do not fog up like eyeglasses.
- Perspiration cannot obstruct your line of vision as with eyeglasses.
- You can wear protective eyeguards over the contacts and not need to have lenses in the eyeguards.
- You have increased peripheral awareness as opposed to eyeglasses.

Eyeguards — A must in the game of racquetball.

- They should be light weight, impact resistant, non-obstructive to your peripheral gaze, well-vented so that if they have lenses, they won't fog.
- Above all, they should be effectively

This practice technique is used to improve eye/hand or eye/body coordination. To find out how to do the test, read the accompanying article.

designed to protect your eyes from injury. *Playing tips for the safety of your eyes.*

- Do not look back at your opponent when he or she is about to make contact with the ball on the racquet.
- Common court courtesy requires that you refrain from swinging the racquet if the ball is close enough to your opponent that a stroke from your racquet will undoubtedly cause eye or bodily injury.

Information About Eye Injuries In Racquet Sports from the American Optometric Association

- In 1976, 3,220 Americans suffered eye injuries while playing racquet sports.
- The potential for eye injury exists in any sport with a projectile. These include squash, racquetball, badminton, tennis, golf, archery, baseball, and basketball.
- In tennis and badminton, the greatest risks to the eyes come from the ball and the shuttlecock.
- In racquetball and squash, the racquet and the opponent's body present the greatest dangers to the eyes.
- Sports-related eye injuries are not related to the age or experience of the players.
- Contact lenses do not provide adequate eye protection for racquet sports nor do standard impact-resistant lenses always provide sufficient protection.
- For maximum eye protection, athletes should wear glasses with lenses that meet the industrial safety standards of the American National Standards Institute and with sturdy nylon frames. There are also some special sport eyeguards available which can include both prescription and non-prescription lenses. Ask your doctor of optometry about adequate eye protection for your sport.

*For further information about eye injuries in racquetball, see June '80 and March '81 issues of *Racquetball*. ●

Getting Caught in No Man's Land



How and When to Dive for a Shot

By Mike Yellen

Yellen, 21, finished the 1980-81 season ranked second on the men's pro racquetball tour. A fine teacher, he is a valued member of the Ektelon Advisory Staff.

Practice, practice, practice.

How true those commercial-ending words of Steve Mizerak really are, whether it's shooting pool or playing racquetball. There is no substitute for practice in sports. Not if you want to win.

Most of you have read racquetball instructionals where writers end in-depth stories saying unless you work at the shot, don't expect to master it.

In most cases, that's true. But in racquetball, there is one aspect of the game that doesn't physically or fundamentally

lend itself to practice — and that's diving for a shot.

Diving for a racquetball is an action/reaction type thing. You don't plan it. It just happens. Usually, you're caught off guard, or off balance. The only chance you have to keep the ball in play is to hit the floor and hope for the best.

It's the type of situation no one really wants to practice. I mean, floor burns and scraped knees aren't bad in competition, but by yourself on a court somewhere? Think again.

But for all of the above, let's not think diving can't be an important part of your game. As my Ektelon teammate Dave Peck can tell you, it can make a difference in who collects checks and who doesn't.

First of all, if you're diving a lot, something is definitely wrong with your game. You're giving your opponent too many setup shots, you're getting caught in "no man's land" in front court, or you're just plain out of position.

But if your positioning is correct and you have to hit the hardwood, there are certain points to remember.

Point number one: Diving is a defensive shot. You are trying to stay in the point, or game. That means almost all the time, your goal is to get the ball to the ceiling. That will allow you time to recover.

In rare instances — within 20 feet or so of the front wall — you may want to try for a kill. That just depends on your skill level, the speed of the shot, and

Jerry Hilecher is one professional player who's made a name for himself by diving.

how dangerously you want to live.

The shot itself is not difficult, only, at times, painful. The most important point is to keep your racquet hand up and out in front of you. The racquet face should be up to help get the ball to the ceiling, the racquet out in front to get to the ball quicker.

Since court floors aren't known for their sliding surface, when you dive, try and land on your chest, not your knees. Use your free hand to balance your body and keep you up off the floor as much as possible.

The only real question that's left is, "When do I dive?". For my money, as little as possible. Somebody like Jerry

Hilecher or Steve Serot has made a career out of going to the floor. And while Hilecher is still playing well, in my mind Serot's decision to play every ball out has in the long run hurt his career.

Don't dive if the score is 0-0, 3-2, or 6-5 in the first or second game to 21. Dive when it's 9-9 in the tiebreaker, or 17-15 with the game on the line.

The reason I say this is, as mentioned, injuries. I've seen many players dislocate a shoulder or break a wrist sliding into a sidewall. Davey Bledsoe received a concussion one time after hitting a wall. After all, many times the head is the first thing that makes contact.

Once you have made the decision to dive, you can't rest on the floor (as much as you would like to). You have to spring up, find the ball, and prepare to play your opponent's next shot (often a kill). A common mistake by most players is congratulating themselves on a dive shot well hit, then turning around to a point

that's just about over. Remember, react!

The final two things that can help you with diving (without practicing) are anticipation and agility. As you mature as a player, a sixth sense develops where you can almost anticipate that you're going to have to hit the floor to return a certain shot. Don't waste time thinking too long. Do it. Then scramble to your feet.

Agility exercises will help in your diving and recovery time. Skipping rope, running drills within the court, anything that improves quickness and coordination will help.

All that's really left then, is to win the game. Because if you have to dive during a game, it's always nice to see your opponent going down when it's over. ●

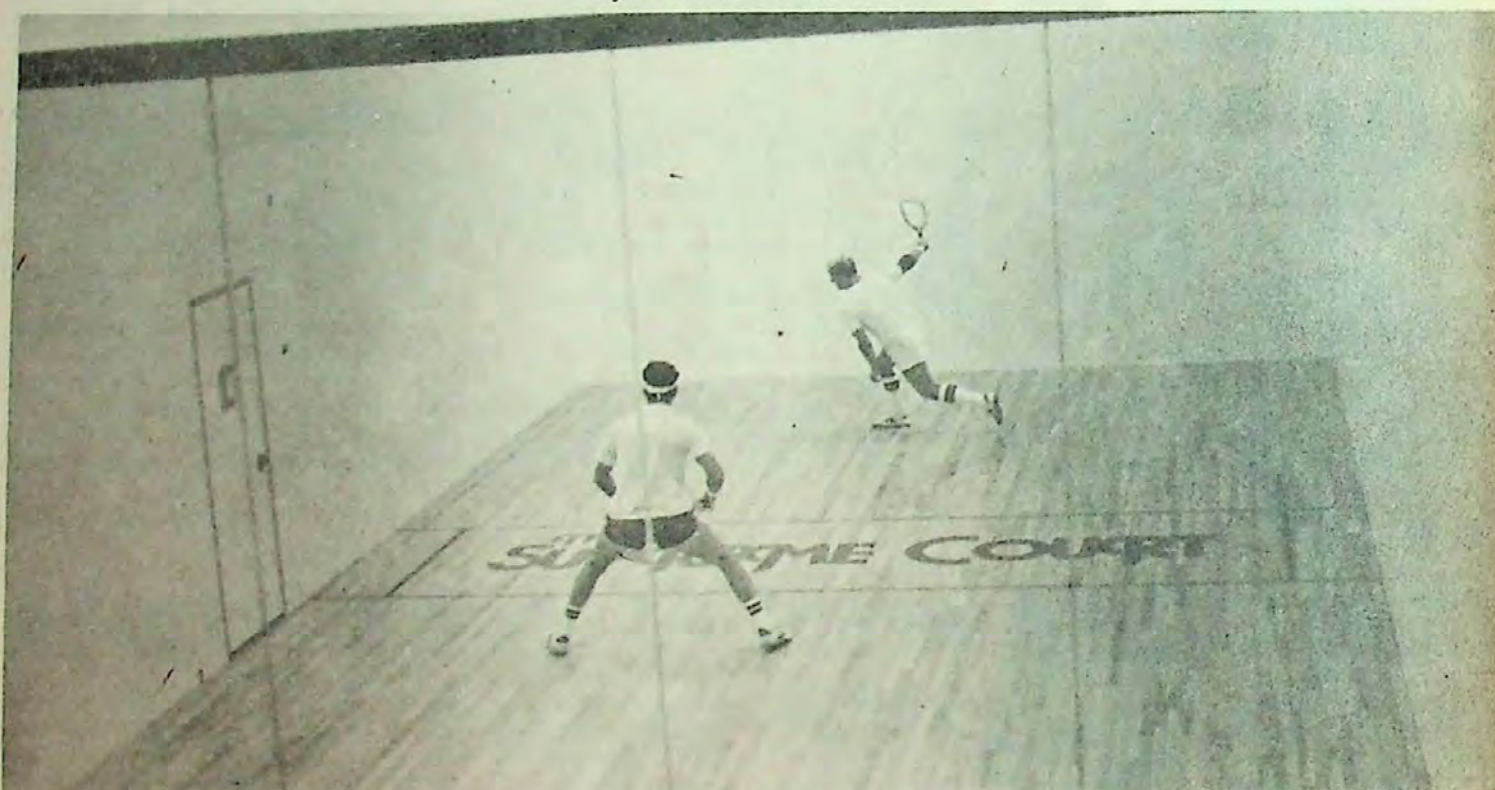
As Dave Peck (right) demonstrates in this match against Mike Yellen, one should resort to diving only when it is a last ditch effort to save a point.



Formula for Success: Winning Attitude, Positive Philosophy, Flexible Game Plan

Racquetball No Passing Fad in Rapid City

By William D. Schulz



Last December, Bill Schulz wrote about a fledgling racquetball business in a small Western community. This year he's revisited that business to see what's become of it. The results are both informative and encouraging.

Mention Rapid City, South Dakota and the usual response is either, "the city with the faces," (Mount Rushmore is located nearby) or "the city of that terrible flood", (1972 flood left 238 dead and \$164,000,000 in property damage). But next time the name Rapid City comes up don't be surprised if the response is, "Racquetball!"

Granted, racquetball experienced less than auspicious beginnings in Rapid City. (See *Racquetball*, December 1980.) Initially played on a theater stage and in a converted ballet room, the sport

branched out to include the city's 3-wall outdoor courts and two courts at the YMCA, but further growth subsided until three men decided to test the market and build a racquetball club.

Ron Loftus and his wife Cheri loved racquetball. In fact, they considered adding a court to their home. But Ron dreamed, "Why not a racquetball club?" And so, with a little help from his friends Harvey Magee and John Bird, the dream became a reality.

On October 24th, 1980 the doors officially opened to Rapid City's finest racquetball club, The Supreme Courts Racquetball and Fitness Club.

Yet even as the ribbon cutting ceremony began, several unanswered questions loomed heavy over the festivities. Is racquetball a sport that's here to stay

or is it just a passing fad? Could racquetball survive in a city "far from the madding crowd" of racquetball? These questions of course are not indigenous to Rapid City, rather they are by nature at the very heart of racquetball growth in this country. Sure the San Diegos and Pittsburghs can support racquetball clubs, but what about the "little guys"? Could a small western city, a city traditionally known for its outdoor tourist related activities, survive the supreme test?

The Supreme Courts Racquetball and Fitness Club did survive. This October, after one year of successful operation, the Supreme Court's doors are still open. That first year, however, was not an easy one, but the success of this club attests to the future success of racquetball

throughout this country. The formula for success? Simply stated, it's the formula inherent in the game itself: a winning attitude, a positive philosophy, and a flexible game plan.

Any racquetball player will tell you that, "A winning attitude usually prevails in spite of adversity." And for this club, adversity lurked around every corner. When Harvey Magee checked on the financing for the club, he learned, "The bank will lend us about \$150,000 less than we need." When Ron Loftus envisioned his dream of a racquetball club, he was a local dentist with absolutely no experience in club operation. And John Bird? No experience. But the overall attitude of these three entrepreneurs was "We can do it. Racquetball is right for Rapid City. So, let's 'gut it out' ". And "gut it out" they did.

Without the expertise of a national perspective, Loftus, Bird, and Magee pieced together a winning attitude for their club. "What we lacked in experience and knowledge, we made up for in zeal and perseverance," relates Magee. This lack of experience caused some initial problems for the threesome but an across-the-board positive philosophy in the end prevailed.

The Supreme Court philosophy rests on the basic assumption that racquetball is certainly one of the top sports in the country primarily because it's easy to learn, fun to play, it promotes fitness, and because as Magee says "racquetball can be enjoyed by a broad range of people of all ages and all fitness levels." Drawing upon these qualities, The Supreme Court was designed to provide "wholesome, recreational alternatives in a casual relaxed atmosphere which allows fitness 'to fit' naturally into your lifestyle." As one member said, "The Supreme Court is not just the nicest, plushiest club ever conceived in this town, it's mine!"

The Supreme Court is "nice". The philosophy of a casual relaxed atmosphere meant "go the extra mile" for design aesthetics. That extra mile resulted in a building package which totaled \$1,000,000. Magee explains, "We felt the design aesthetics were so important for the 'feeling' we wanted, that we were willing to go in debt initially, knowing (hoping) that in the long run the plushness would well be worth it."

The Supreme Court is plush. Fully carpeted, the club features eight maple court floors: four courts have glass back walls, four are more private. A dramatic multi-tiered viewing area rises behind the glass wall of the championship court. Next to the oak finished reception desk, an attractive pro shop carries premier quality racquetball equipment and related accessories.

The Supreme Court is "my" club. Because of the unique design the individual member, the couple, and the family all



Rapid City's Supreme Courts racquetball club — one year later, still going strong.

feel right at home. Upstairs, members are greeted by a tastefully done reception area. Downstairs, the fully carpeted men's and women's locker areas are equipped with separate saunas, whirlpools, and Scandinavian cold plunges. An added personal touch includes custom oak constructed lockers available free for daily use.

Also available downstairs for co-ed use is the 13-station exercise and weight lifting circuit which features the same quality regulation equipment selected by the U.S. Olympic Committee and used by the U.S. Olympic Gold Medal Hockey Team. The room and its amenities were designed to be comfortable and uninhibiting for less experienced users. The co-ed use has proved beneficial for those couples who can work out together at their own pace.

The family member also feels right at home at the Supreme Courts. Dad can play racquetball, while mom plays, or enjoys the weekly trimnastics exercise classes. Meanwhile junior is well supervised in a spacious nursery available for children 55 hours per week.

Complementing the "my" club atmosphere is the club pro Pat Branaugh. On hand everyday, Pat was selected not only for his excellence at the sport but also for his amiable personal style. Branaugh arranges introductory group lessons for beginners, conducts intermediate classes for the more experienced, and provides personal lessons and advice for all.

Missing from the Supreme Court is a lounge. "We felt that a liquor type lounge was inconsistent with our 'family' image," relates Magee. "We wanted to offer racquetball facilities primarily and then as part of our comprehensive fitness concept, we added an exercise room and trimnastics area. Realistically, we just didn't have the space for a

lounge and even if we did, a lounge just wouldn't fit into our philosophy."

The winning attitude paid off. The building opened its doors last year. The positive philosophy paid off. Members feel "at home" with racquetball and fitness related programs. But the game plan developed some problems.

As manager of the Supreme Courts, Magee's toughest job as he puts it was and still is, "the agonizing struggle over what people's needs really are." The club initially opened with a yearly membership fee of \$150 individual, \$200 couple, and \$250 family. Added to this fee was a monthly fee of \$25, \$35, and \$45 respectively. This bargain caused problems.

Combined with a lack of snow season, the eight racquetball courts were inundated with members who all wanted to play during prime time (6:00 - 9:00 p.m.). All members couldn't play; some members hogged courts. Results? "We had a large number of people trying to enjoy a limited commodity in a way which was not equitable across-the-board," explains Magee. The club changed the game plan and set up a 48-hour reservation system.

Unfortunately, the game plan didn't work. On a typical Monday for example, the club opened at 6:00 a.m. and for the next hour the phone rang off the hook until all the prime time courts were reserved. Results? Many members still couldn't play when they wanted. The basic game plan just wasn't working. Initial studies had indicated the feasibility of 125 people (members)-for each court. The Supreme Court had been open less than two months, had less than 300 members and court time was at a premium! At this point the lack of experience and knowledge, Magee realized, had "raised its ugly head." The "bargain" offered by the club threat-



The Rapid City Supreme Courts has a relaxed, casual atmosphere.

ened to become its demise. Under the current membership plan, an individual could join for \$150, pay his \$25 and play unlimited racquetball for one month! The "this is too good to be true" dream envisioned by Ron Loftus had awakened to the reality of the real world. Some adjustment was necessary to accommodate the majority of members without straining the positive philosophy upon which the Supreme Courts had been founded: to provide wholesome recreational alternatives in a casual relaxed atmosphere which allowed fitness to fit into your lifestyle naturally.

"In the midst of adversity" Magee held nightly meetings open to members to resolve the problems. Working out a flexible game plan was not easy, but a game plan was worked out. By this time, however, spring was just around the corner and the court overload resolved itself as some members moved "outside" for recreation. This season then, is the real test for the new membership plan.

The new plan is beneficial for both the frequent racquetball player and the less frequent player. Simply put, the Supreme Court went to a Full racquetball mem-

bership plan and a Health Club plan. The yearly fee was changed to a one time initiation fee. Full racquetball members pay individual rates of \$39, couple \$55, family \$75 for 13, 20, and 28 hours of court time per month. After that Full members pay an hourly court use fee.

Health Club members pay monthly dues of \$10, \$15, and \$20 respectively which allows free use of the weight training room, trimnastics programs and other features. If the Health Club member wishes to play racquetball, he pays an hourly court fee of \$6. Hopefully this split membership game plan will enable all members to take advantage of the club accommodations they enjoy most. One member perhaps summed it up best when she said, "In these days of high inflation, the Supreme Courts, for the price, is the best deal going."

The Supreme Courts Racquetball and Fitness Club is open for business in Rapid City, South Dakota thanks to the determination of three men who believed that racquetball is here to stay, that racquetball can survive "far from the madding" racquetball scene, and that racquetball can appeal to a diverse community. Ron Loftus, John Bird, and Harvey Magee lick their wounds and envision a successful 1982 for racquetball in Rapid City and across this country. Theirs is an American Dream fulfilled.

Magee summed it up best when he said, "There is a certain dignity and integrity in every individual and we think racquetball, The Supreme Court way, perpetuates that kind of individual at a price we both can afford." ●

A view of Rapid City, South Dakota — a racquetball boom town?



Amazing Natural Pill Plan from Europe Controls Hunger and Speeds Fat Burn-Off without drugs or starvation dieting

Your results will be so dramatic. . . heads will turn!

With the Doctor's new Natural Slim Pill Fat Burn Plan you can lose up to 6 lbs. in 48 hrs. . . up to 13 lbs. in 7 days and keep burning fat until all your excess weight is gone

From Europe, it's a weight loss BREAKTHROUGH! It's the revolutionary Natural-Slim Pill.

With the new Natural-Slim Pill Fat Burn Plan, you can control hunger and speed fat burn-off NATURALLY. You won't experience the unpleasant side effects of reducing drugs. You can QUICKLY LOSE 10, 20, 40 LBS. or more without drugs, starvation dieting, or strenuous exercise. And once you reach your ideal weight, the Natural-Slim Pill Plan can help you stay there. Because it's 100% natural, it's safe.

With the Natural-Slim Pill Fat Burn Plan, depending on how much you're overweight, you can:

- LOSE up to 6 LBS. in 48 HOURS
- LOSE up to 13 LBS. in 7 DAYS
- LOSE up to 17 LBS. in 14 DAYS

And continue to lose 25, 35, 55, lbs. or more and keep it off. And remember, as the pounds rapidly vanish, you WON'T BE SUFFERING STARVATION HUNGER PANGS OR CONSTANT FATIGUE. Instead, your hunger will be quieted. You'll crave food less . . . eat less . . . and thus automatically reduce calorie intake. All while giving yourself a mild and natural energy boost.

HARD SET FAT DEPOSITS SHRINK AS YOUR MEASUREMENTS GO DOWN. . . DOWN. . . DOWN. . .

Even hard set fat deposits, the bulges you thought were hopelessly there for good, are not immune to the onslaught of the Natural-Slim Pill Fat Burn Plan. Because WITHIN HOURS after you take your first Natural-Slim Pill on the system, your body's natural FAT BURNING METABOLISM IS STEPPED UP. That's right. Your body is instantly and automatically converted from a fat producing machine to a fat burning system. And as your fat cells shrink, so will your measurements, so you can:

- LOSE up to 7 IN. off your WAIST
- LOSE up to 4 IN. off your THIGHS
- LOSE up to 7 IN. off your HIPS
- LOSE up to 6 IN. off your BUTTOCKS

NOT A DRUG but an amazing natural pill formula widely used in Europe and now available in the U.S. Read the exciting details on how the new Natural-Slim Pill Plan can help you naturally control hunger and burn fat the fastest way known to medical science.

feeling. And you won't be shattering your nerves with diet pills. Instead, the Natural-Slim Pill Fat Burn Plan will AUTOMATICALLY FORCE YOUR BODY TO BURN FAT THE FASTEST WAY KNOWN TO MEDICAL SCIENCE, as it naturally quiets your appetite and gives you a mild energy lift.

ALL NATURAL SO IT'S SAFE

What is the Natural-Slim Tablet? It's a diet tablet containing an amazing all natural substance. Modern scientific technology is utilized to extract this substance from specially chosen vegetables. The substance, in pure powdered concentration, is then converted to tablet form. The Natural-Slim Pill formula is widely used in Europe. Two new books by an M.D. and PhD praise

this formula as an aid to weight loss. And, a recent million dollar study on nutrition recommends that Americans include more of the ingredient in the Natural-Slim Pill in their diet.

Since the ingredient in the Natural-Slim Tablet is natural, you know it's SAFE. Of course, you should be in normal health to follow any diet program. Naturally, individuals not in normal health or pregnant and nursing mothers should only follow it under the close supervision of their doctor. Once you've lost all the weight you want, you can continue to use the Natural-Slim Tablet to control hunger and keep the weight off.

DOCUMENTED CASE HISTORIES

This system has been administered in a weight loss clinic. Not only has it been proven safe, but hundreds of men and women have achieved INCREDIBLE RESULTS. Due to limited space, here are just two stories from the most successful people.

25 LBS. IN 21 DAYS

"I weighed 152 lbs. After 21 days, I lost 25 lbs., plus 5" off my waist and nearly 4" off my thighs. I was ecstatic! I had more energy than I had in a long time. I was not hungry, as with other diets."

Noreen Donnelly

35 INCHES VANISH

"On the diet, I lost a total of 81 lbs., 11 1/2" from my waist, 14 1/2" from my hips, and 4 1/2" from each thigh. During the first week of the diet, I lost 11 lbs. I was thrilled and encouraged to go on. My energy level climbed considerably and my tired feeling disappeared. Instead of being ravenously hungry at meal times, I had to force myself to eat. It has made a new woman out of me."

Lillie Lightcap

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Ed Andrews Does It Again!

National Singles Champ Teams with Mark Martino to Win Doubles Title

By Blaine Shank

They formed an interesting and successful partnership. A study in contrast. Rage contorted Mark Martino's face. Ed Andrews was a stoic figure, a demonstration of passive concentration. Neither player truly reflected the gravity of the situation.

Only one point separated Martino and Andrews from a stunning and decisive upset in the finals of the American Amateur Racquetball Association's (AARA) Men's Open doubles championship. Three-time defending champions Mark Malowitz and Jeff Kwartler of Houston, Tex. stood on the short end of a 14-3 tiebreaker score. Andrews, the top-ranked AARA singles player, possessed the serve. Strangely, his facial expression suggested it was only another ho-hum point in a club pickup game. Martino, jumping up and down, appeared a man possessed. He screamed like a man staring into the very face of death. A couple of hundred spectators, peering at the scene through the glass enclosure of Court Nine at the Monroeville Racquet Club, loved it.

Andrews served. Malowitz returned — far too close to the rangy Andrews, lurking at midcourt. Andrews pounced on the mistake, driving a low pinch shot into the righthand corner. The ball caromed maybe an inch off the floor. The kill was quick and clean. The ball skipped twice off the floor, ending the match. Andrews and Martino gripped a 21-4, 14-21, 15-3 win. They would carry the first place plaques back home to California.

The Men's Open competition highlighted the four-day championship held at the posh Racquet Club in Monroeville, located in an eastern suburb of Pittsburgh. The event was an enormous success as 233 entries — largest total ever — competed, representing more than 35 states. The competition (especially the Men's Open finals) was heated. But good sportsmanship prevailed at all times. The players and the large crowds enjoyed both the action and the hospitality — the latter being provided by the club and tournament officials and Miller Brewing Company and Penn Athletic Products Co. who served as co-sponsors.

The biggest smile in the crowd belonged to Luke St. Onge, executive director of the AARA, who often repeated to anyone who would listen just how pleased he was with the tournament. "I've been involved with the national tournaments for more than three years and I think this tournament was the best ever in terms of organization, hospitality, sportsmanship and competition," St. Onge said. "The doubles competition has been getting better every year and this year was no exception."

Following their match, Andrews and Martino sat quietly on the empty bleachers, savoring their big triumph.

Neither player had a ready answer why they so easily dispatched the top-seeded defending champs in the deciding tiebreaker.

"We were on top of our games in the first game and in the tiebreaker. We played very aggressively and I think we put them on the defensive," Martino

(Below, l to r) Jeff Kwartler, Ed Andrews, Mark Malowitz, and Mark Martino battled it out in an exciting finish to the Men's Open division of this year's National Doubles tournament.



Photos by Robert DeCecco



(l to r) Jack Newman, John Peterson, Helene Burden, and Sharon Fanning played in this year's Mixed doubles division. Newman and Fanning were the winning combination who took top honors.



(l to r) Tim Grapes and Linda Buchek concentrate on Holly Ferris' next shot in the Mixed doubles competition.

said. "I don't want to take anything away from them because they are great players. I think we loafed up in the second game. I just told Ed before the tiebreaker that if we started to play aggressively again, the balls would fall for us. I don't think we did anything special. We just played as good as we are capable of playing."

Malowitz and Kwartler, gracious in defeat, echoed Martino's thoughts.

"They were just the better team today. They got hot in the tiebreaker and we couldn't break their momentum," Malowitz said. "They just plain out beat us. There are no excuses."

Kwartler wouldn't offer an alibi either although he might've. Kwartler was struck in the eye during a semifinal match, producing a small shiner and some swelling. He said the injury had no effect on his play in the finals.

Although many observers of the tournament rated the Andrews/Martino win a surprise, the statistics would indicate otherwise. While Andrews is the AARA's top-ranked singles player, Martino holds the third peg in the ratings. The only question of the duo's ability involved how well they would mesh their great individual talents following only four months of practice together. Their win in Pittsburgh dispelled such doubts. They have yet to lose a match in doubles play since joining forces and both players feel they can now begin to accumulate their own string of consecutive doubles championships. "Sometimes, we tend to play as two singles players playing doubles. But that's just from a lack of experience playing together. Mark started in doubles and I enjoy playing doubles as much as singles. I think we'll begin to

improve as we continue to play together. Then we'll really be tough to beat," Andrews said.

Perhaps the biggest surprise among the Men's Open teams was a local entry — Mitch Buckler and Al Plummer. Seeded seventh, the Pittsburgh duo raced through their bracket before smacking into Andrews and Martino in the semifinals. Buckler and Plummer fought gamely but bowed to the even-

tual champs 21-10, 21-13. They then went on to capture third place much to even their surprise. "Myself, I only played four or five times to get ready for this tournament. I attend Penn State and it's tough getting court time there," Buckler said. "Al and I have only played together four or five times as a team. So we really had no idea how well we could play. We were surprised we were even seeded."

(l to r) Larry Liles prepares to shoot as Gene Gibbs, John Hennen and Ed Remen ready themselves for the next play in the Men's 30+. Liles and Hennen came in first.





(l to r) Art Diemar, Steve Malasto and Marilyn Miller anticipate Debbie Sloan taking the ball off the back wall in the Mixed doubles competition.

Surprises also abounded in the Women's Open competition. A pair of Virginians, second-seeded Carol Frenck and Andrea Katz, waltzed to an easy championship, defeating Helene Burden and Lorrie Pallas 21-8, 21-5 in the finals. Frenck and Katz came to Pittsburgh expecting to win. "We believed we could dominate the competition if we played our game," Frenck frankly proclaimed. "We've been together for

four years so we're playing at our best now."

If the domination of Frenck and Katz was surprising, the poor showing of top-seeded Mary Ann Cluess and Karen Borga was equally shocking. The defending national champs exited the tournament in the second round (following a first round bye) at the hands of unheralded Debbie Sloan and Nora Davis. Sloan and Davis then lost to

Andrea Katz prepares to unleash a winning serve in the Women's Open competition. Katz and partner Carol Frenck won.

(l to r) Mark Malowitz, Jack Newman, and Brian Sheldon in the Men's Open competition. Malowitz and partner Jeff Kwartler, defending champs, came in second. Newman and Sheldon came in fourth.



Burden and Pallas in the semifinals.

Another surprising aspect of the tournament was the strong uprising by Pittsburgh area teams. Two local pairs kept first place plaques in Pittsburgh. Gene Grapes and Dr. Al Schattner claimed their fourth national Men's 50 and Over championships in five years. They defeated another local team — Bob Eazor and Leo Borg — 21-13, 21-13 in the finals. Another western Pennsylvania duo, Rick Miller and Harry Miller copped the Men's 35 and Over title.

"I said coming into the tournament that the national players should beware of the local teams," Grapes said, sipping a cold brew so graciously served up throughout the tournament by the Miller Brewing Company. "Western Pennsylvania has always been a strong area for doubles play. And since the tournament was held locally, more local teams entered. I'd say western Pennsylvania teams made a tremendous showing."

A not so surprising development was the continued dominance of ageless wonder Bud Muehleisen, who teamed with Myron Roderick to notch his 58th and 59th national titles. The Muehleisen/Roderick team rallied to win the Men's 40 and Over finals with a 16-21, 21-18, 15-8 decision over feisty Jim Austin and Bill Schmidtke. They enjoyed an easier win in the Men's 45 and Over class with a 21-9, 21-15 drubbing of Pete Talbot and Charlie Wickham.

In the oddity category, the tournament produced a first as a Pittsburgh area father and daughter each reached a final-round. Bob Eazor and Candy Eazor



(l to r) Lorrie Pallas, Carol Frenck, Andrea Katz, and Helene Burden faced each other in the final rounds of the Women's Open competition. Frenck, AARA Woman Player of the Year, and partner Katz swept by their competition to take home the first place award.

reached the finals of their respective divisions before falling short of claiming a title. Bob and Leo Borg lost to Grapes and Schattner. Candy and teammate Linda Buchek, a member of the host club staff, reached the finals in the Women's B competition, losing to Judy Stadler and Lynn Ross 21-5, 21-8. Bob says racquetball is firmly in the Eazor family bloodline as he owns two Pittsburgh area racquet clubs where Candy and four other Eazor children work as staffers.

This year's tournament also marked the first time competition was held in

mixed doubles. The title went to Jack Newman and Sharon Fanning who defeated Art Diemar and Debbie Sloan 17-21, 21-11, 15-3 in the finals. Another Pittsburgh area team, Tim Grapes and Linda Buchek made a strong challenge, copping third place.

Pat Gerity, a tournament official, said the mixed doubles competition will likely become a tournament fixture thanks to the sportsmanship demonstrated by this year's players. "All the mixed doubles teams exhibited excellent sportsmanship. Basically, the men hit to the men and the women hit to the

women. I didn't see one instance where a man clobbered a woman with a kill shot," Gerity said. Gerity quickly pointed out, however, that most women in the tournament didn't need protection. They could handle themselves.

The tournament even enjoyed a sprinkling involvement by several pro sports celebrities. Former Pittsburgh Steeler Rocky Bleier and former NFL All-Pro defensive lineman Deacon Jones opened the tournament with an exhibition match. While Bleier and Jones distinguished themselves on the football field, they found the racquetball courts to be foreign territory. Former All-Pro NFL defensive lineman Bubba Smith who has since become a star on the television screen in Miller Lite Beer commercials and several weekly series, also made an appearance. Smith signed autographs and met with players and spectators and attended the AARA tournament banquet.

But the tournament didn't need the sideshows. The players put on their own show. A true amateur spirit dominated the atmosphere. That feeling was perhaps best demonstrated by David Perelman who teamed with Marvin Schinagle to defeat longtime Men's 55 and Over champions Irv Zeitman and Ike Gumer, claiming a national title. "If I die right now, I'd die a happy man. Nothing in my life compares to what I'm feeling now. This is the best thing that's ever happened to me," Perelman gushed.

The twinkle in his eye and his grip on the first place plaque attested to his sincerity. ●



(l to r) Myron Roderick, Charlie Wickham, Pete Talbot, and Bud Muehleisen in the finals of the Men's 45+.

Results:

Men's Open: Ed Andrews and Mark Martino defeated Mark Malowitz and Jeff Kwartler 21-4, 14-21, 15-3; Third place: Mitch Buckler and Al Plummer; **Men's B:** Ralph Worthington and Tom Ackerman defeated Bob Becker and Jerry Hall 21-16, 21-19; **Men's 30 and Over (Senior):** Larry Liles and John Hennen defeated Bruce Radford and Jon Woodard 21-18, 18-21, 15-3; Third place: Carlos Nieves and Arvil Noel; **Men's 35 and Over:** Rick Miller and Harry Miller defeated Mark Wayne and Jerry Davis 21-15, 21-19; Third place: Steve Meltsner and Bill Risky; **Men's 45 and Over:** Bud Muehleisen and Myron Roderick defeated Pete Talbot and Charlie Wickham 21-9, 21-15; Third place: Tom Waltz and Bill Risky; **Men's 40 and Over:** Bud Muehleisen and Myron Roderick defeated Jim Austin and Bill Schmidtke 18-21, 21-18, 15-8; Third place: Pete Talbot and Charlie Wickham; **Men's 50 and Over:** Gene Grapes and Dr. Al Schattner defeated Bob Eazor and Leo Borg 21-13, 21-13; Third place: John Lepore and John Solio; **Men's 55 and Over:** David Perelman and Marvin Schinagle defeated Irv Zeitman and Ike Gumer 21-19, 19-21, 15-5; Third place: Don Goodard and Don Erikson; **Men's 60 and Over:** Irv Zeitman and Ike Gumer defeated Don Goodard and Don Erikson 8-21, 21-14, 15-14; Third place: Luzell Wilde and Jonas Klein; **Women's Open:** Carol Frenck and Andrea Katz defeated Helene Burden and Lorrie Pallas 21-8, 21-5; Third place: Eileen Ehrlich and Martha Callahan; **Women's B:** Judy Stadler and Lynn Ross defeated Linda Buchek and Candy Eazor 21-5, 21-8; Third place: Jan Peterson and Nancy Holonid; **Women's 30 and Over:** Eileen Ehrlich and Martha Callahan defeated Mildred Guinn and Carol Frenck 21-12, 21-11; Third place: Jeanine Farrell and Marilyn Ross; **Mixed Doubles:** Jack Newman and Sharon Fanning defeated Art Diemar and Debbie Sloan 17-21, 21-11, 15-3; Third place: Tim Grapes and Linda Buchek. ●



(l to r) Holly Ferris and Avril Noel in the Mixed doubles competition.

Marilyn Miller goes after one while Debbie Sloan looks on.

Profile:

Cindy Baxter

Women's National Amateur Champion

By Tom Slear

Photos by Carole C. George

Cindy Baxter accepts her first place trophy for winning the women's competition at World Games I.



Her candor is both refreshing and disarming because it is so unusual. This is not to say that people turn dishonest when an interview starts, it is just that they are uncomfortable coming clean with the "whole" truth. After all, the truth can be very painful, especially when it is in black and white for friends, peers and employers to scrutinize.

But Cindy Baxter, the 1981 women's national amateur racquetball champion, could no sooner hold back than take a self-imposed vacation from racquetball. Her answers are quick, to the point and oh so terribly honest. For example:

Q. Has racquetball become too expensive?

A. "Yes, at times, but my sponsor helps out a great deal."

Q. Sponsor?

A. "A local Anheuser Busch distributor. I just tell him what I need and he usually gives it to me."

Q. Equipment, travel expenses, things like that?

A. "Mostly travel expenses."

Q. What does he get in return?

A. "Nothing really. Well, wait a second. I use a Voit racquet and Voit is suggested by Anheuser Busch. But I won't wear a uniform because it's awful looking. I guess he doesn't get a whole lot in return."

An uncharacteristic pause. Undoubtedly Baxter is wondering if she will ever get out of Lewistown, Pennsylvania, for a tournament again. On second thought, maybe that Budweiser uniform is not so bad. However, she refuses to start hedging.

"Well, locally there are some benefits because people around here know Anheuser Busch is sponsoring me," she says. "But other than that, there is nothing that I can see. Yet every time I go to him, he helps me out."

How benevolent. Baxter is either very clever or extremely honest. As the interview moves on, it becomes obvious that it's the latter.

Q. Do you have any desire to turn pro?

A. "No, not the way things are now. Only the top two or three women are making decent money. As things stand, there is no reason to give up my amateur status."

Q. But you are the amateur champion. Where do you go from there?

A. "I'll take the best of both worlds. I'll play at as many pro/am tournaments as I can to improve my game but I'll be careful about keeping my amateur status. I want to be able to play both the pros and top amateurs. Given time on the pro tour, I think I could be ranked in the top ten. Anyway, some amateur tournaments are giving cash prizes as well as

TV's, mopeds and other things which I can sell."

Q. Wait a second, cash prizes to amateurs?

A. "Sure it's legal, at least that's what I'm told."

She's right. According to AARA rules, "amateurs" can accept as much money as they can win as long as none of it comes from a pro tournament. But it's easy to get the feeling that Baxter isn't sure. Still, she's not about to fudge the truth and she has no trouble with the inconsistency of calling herself an amateur and collecting money for winning tournaments.

"Really, how many true amateurs are there?" she asks. "Not many if any. The real problem with these cash prizes is that some of the pros enter the tournament to pick up an easy \$500 or so. The amateurs don't have a chance for the money. Fortunately, tournament directors are starting to limit the entries to amateurs."

If you can't see the difference between amateur and pro, don't feel alone. It's like murder one and murder two — in both cases someone gets killed, it's just a matter of the degree of intent. Pro racquetball players intend to make money. The top amateurs like Cindy Baxter don't, but if sponsors will support them and tournament directors will hand them money, they'll take it.



In the World Games Cindy Baxter (right) battled against women from many countries.

But, in the end, it was Barbara Faulkenberry (left) of the USA, who gave Baxter her only challenge en route to becoming the World's best amateur player.

"For me it wasn't that much," Baxter says. "Maybe \$2,000 last year from my sponsor and tournaments — just enough to cover my major expenses."

Baxter was first exposed to racquetball when she was majoring in physical education at Lock Haven State, a small teachers college in central Pennsylvania near her home in Lewistown. Racquetball didn't take, however, until after she graduated in 1976 and grew restless with a sedentary lifestyle. A local YMCA had just built new courts and Baxter took the bait.

"I was lucky," she says. "I started playing with Junior Powell who was a nationally ranked handball player. He taught me a lot, especially how to play aggressively."

Playing the best men in the area is now a habit for Baxter. Because of it, she thinks her game is quicker and more powerful. She plays women only in tournaments.

"The central Pennsylvania area is good for racquetball," she says, "so I can find good competition to play nearly every day. If I only played women, it would be a different matter. When I get to tournaments, my reactions are sharper and my shots are more aggressive than most women."

Though Baxter recommends mixing playing and practicing alone in the court evenly, she falls victim to the temptation to test herself every day in competition. She also feels she should do some supplemental conditioning, namely running.

"Conditioning is so important for your game," she says, "especially at the higher levels of competition where the difference in talent is very small. A training program should consist of more than just racquetball."

Baxter's improvement was steady until 1980 when her game took a quantum leap from just another open player to one of the best in the country

— she was second in both the Pennsylvania and national championships. This year she won both, although she is quick to agree that her national title may appear tainted because of a few noticeable absences, in particular, last year's champion Carol Frenck.

"I doubt if you can ever have a true national champion because of the travel expenses involved," Baxter says. "A few of the good players will always be missing. But I don't feel cheated. I could have beaten anyone the way I was playing the weekend of the nationals."

Winning the national championship in Boise, Idaho, last May earned Baxter a spot on the American team that competed in the inaugural World Games in August. (See *Racquetball*, September '81) Though she thinks the concept of the games is sound, it will take a number of years before they are worthy of their title. Spectators were cramped, she says, and there was very little press coverage. Most discouraging, however, was the all American competition. Baxter was pressed only by her teammate Barbara Faulkenberry.

"The World Games proved that Americans are way ahead of the rest of the world," Baxter explains. "The women from the other countries could only generously be considered B players. But they'll get better before long. Even during the tournament you could notice their improvement."

With the Nationals and the World Games behind her, Baxter has settled into a routine of playing racquetball during the day and working second shift (4 p.m. to midnight) as an assembler at a Sperry New Holland farm machinery plant. With her college degree she may be over qualified for her job but she has no regrets.

"When I first started working at Sperry New Holland," she says, "it was the only thing available. Now I see a lot of advantages and I have no desire to use

my degree and try to get a teaching job. It's not worth it. If I knew after high school what I know now, I probably would have never gone to college.

"Besides, working second shift is great for racquetball. I play during the day when I'm fresh and not tired out from work."

Obviously, racquetball is the essential element in Baxter's life, but she holds back from over committing herself. It's fruitless, she says, to let racquetball guide her life with the money as scarce as it is.

"Maybe there will be changes (i.e. more money) in the next couple of years," she says. "In another five years (Baxter is 26) I will reevaluate my commitment. Right now, I'm not even thinking about slowing down. It's too much fun." ●



(l to r) Cindy Baxter, Barbara Faulkenberry, and Betsy Massie represented the USA in the first World Games.

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 605-348-9336

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 West Germany
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 Stephen D. Ducoff
 AFMPC/MPCSCA, Randolph AFB,
 TX 78148 512-652-3471
JUNIOR NATIONAL COMMISSIONER —
 Ed Martin
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 Sacramento, CA 95825 916-920-0606
PRESIDENT OF JUNIOR COUNCIL —
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 152 Longreen Dr., Memphis, TN 38117
CO-INTERCOLLEGIATE COMMISSIONER —
 Phil Panarella
 P.O. Box 259, New Britain, CT 06050
 203-229-0526
INTERNATIONAL AMATEUR RACQUETBALL FEDERATION —
 Executive Director, Luke St. Onge
 5545 Murray Ave., Memphis, TN 38119
 901-761-1172



Power Racquetball

How to Apply Book Knowledge on Court

by Bob Gura

Don Quixote was troubled by windmills and Icarus was bothered by the sun. Macbeth was plagued with ghosts, while Sisyphus knew about being stuck between a rock and a hard place. These stories of these famous figures, each caught in the grip of a fatal flaw were studied by most folks in high school. While they offer invaluable aid to students of great prose or mythology, racquetballers can benefit too.

The trick to applying the knowledge on court begins with understanding what these guys were up against. Quixote, we all know, was a knight-type given to masochistic, though inspiring delusions of humanitarian design.

Icarus was the poor sap who wanted to be the first to fly. The incompatible matchup of wax wings and sunlight turned his hopes into a deadly splash-down. Macbeth was prone to dark visions of the good king he helped bump off, thereby thwarting his ascension to power. As for Sisyphus, what could be worse punishment for a lack of character than having to push a huge boulder to the top of a mountain? Plus, every time he got the rock near the summit it would roll down again.

The racquetballing point to be learned from these archetypal bouts with self-



Success in hitting a power ball lies in a fluid unwinding of the stroke, no matter what your physical size.

destruction is clearly visible, if you know where to look. In this era of power racquetball more and more everyday players are lusting after the secret of the concrete-pounding game. Players anxious to ape the sonic boom kills and passes of the master, a guy named Marty Hogan, are going to great lengths to do so. Some are running pell-mell to the book or sports store and purchasing a copy of Marty's book, aptly titled *Power Racquetball*. Others plunk down sufficient greenstuff to emerge with other toms written on the subject.

Then, a few practice sessions later, armed with the tools of "magnum force" they feel ready to enter the power elite. Fixated with dreams of laser-beam power they can't wait for the opportunity to crank the ball past unsuspecting opponents.

Caught off guard by the rubber blur creasing low across the floor the other side can only blink as it splats into the corner, a sure winner. In other scenarios the shot takes the form of a wicked back or forehand rollout, delivered with enough power to push Sisyphus' boulder over the top. When the service time rolls around the novice power-monger drools at the thought of unleashing a vicious, spell that V-I-C-I-O-U-S low drive. Ripping through the front court like the Concorde in a cloudbank the howitzer is too hot to handle. Should by some miracle the returner send a feeble reply back, the server will end the rally quickly with a bullet-kill.

Up to this point these individuals seeking the keys to power have not yet made the fatal step into overconfidence. Unaware that it took more than reading a book or two to make Hogan the human cannon he is, the moment is ripe for self-appraisal. Players able to see the light of reason through a killshot-forested-haze will be able to place themselves

alongside the pre-doom Quixote, Icarus, Macbeth and Sisyphus. Each man, before his fall, had a dream he wanted to pursue. The problem, seen in retrospect is that they lacked the proper tools to do the job. Blinded by the white light of justice Quixote left most of his marbles behind. Icarus fell victim to impatience, while Macbeth lacked the ability to resist the evils of temptation. Poor Sisyphus was cursed with a nature less upright than the Gods approved of.

As a result the doughty quartet was doomed to pursue paths that led to sour ends. Had they had the time or clarity of vision to think things out they may have proceeded differently. Who knows, perhaps under different circumstances Cervantes' hero might have had the strength to topple his windmill. Icarus may have made the first transoceanic journey if he'd waited for denser cloud cover, and Big Mac could have worked on building his resolve. Sisyphus may have had the foresight to visit a local oracle, in which case he would have known to cleave to a straighter path.

Racquetball players should make use of the lesson and study the how's and why's of the power game before beginning. For starters there's more to it than gripping the racquet differently and hitting the ball like a rocket. Power Racquetball, like any style of play is a mix of certain do's and don'ts, depending on the specific individual's capabilities.

Players unwilling to hold in check the urge to smite the ball with vigor are likely to come up short. Short, that is of the front wall, a target many of the friction burners will never threaten. A good number of the streakers that make contact will be aimed too high and suffer an eventual rebound off the back wall. Color these power blows weak losers.

Unfortunately for fledgling bludg-

coners the urge to then hit the ball harder is contagious. It's so pervasive that a sizable percentage of players fall under the spell of $BPS = 'SA + M + P^2$. For the benefit of the uninitiated who wish to remain so, it reads "The Bungled Power Shot equals Aim plus Muscle plus Anger Squared." It most frequently takes the shape of a rocket equally likely to smash into the floor, off the backwall on a bounce or fly, or rip into the opponent's back. Aside from hurting the offender on the scoreboard the lack of accomplishment can breed disillusionment. Angered that he or she is unable to play the high-torque game employed by pros and better players the competitor becomes-perturbed. Some cease use of the power game entirely.

Others turn their attention to perfecting a finesse style, incorporating power only when needed. A few, suffering from advanced levels of failure-induced-embarrassment head rapidly for the whirlpool or sauna bath.

Sad as matters may seem, none of these approaches are sound, although a dip in the whirlpool or time spent in the sauna is always invigorating.

Like their fellows who have taken the opportunity to inspect their abilities as to a power game, these self-abusers should do the same. For, believe it or not, there isn't a player in the racquet club (among those souls who can hit a back or forehand) who can't learn to play power racquetball. The secret lies in knowing when, where, why, how and against whom you should hit the hard shot.

The first step is as follows. Check your own standard of play and figure what you do best: pass, kill or pinch. Then make sure you have a good idea as to where you are most comfortable hitting each of these low, hard shots. Next consider why you hit them. Ask



The transfer of weight from the rear to the front foot is vital, along with the ability to keep one's head straight.

yourself, "Did I hit that kill because it was the best way to win the point, or did I do it to have a good time or impress them?" Then take a good look at the opposition and try to analyze his or her footspeed, style of play and reaction time. When that's done you're ready to begin putting in the effort to make your play a powerful sight more imposing.

Progress will begin as soon as you take a good hard look at the famous men and women who play power racquetball. It's sad to say but most once or twice a week players can't match up physically or tactically with the likes of pros such as Hogan, Dave Peck, Shannon Wright or old-guard-come-arounds like Charlie Brumfield. Also, local buffs who rule the neighborhood court scene are likely to be in excellent shape and strong armed to start with. Still, even if you feel like the classic 95 pound weakling (less for ladies) don't despair.

Just plan on working a little harder in the march for power. Before entering into the act of hitting the ball the apprentice powersmith should face reality. If you happen to be very weak don't expect an overnight or few months miracle transformation. If power is what you seek it's necessary to get the physical plant in shape to produce the needed output. This can be effected by

chatting with the club pro who will be glad to help you on the path toward a functional weight-training, jogging, jump-roping regimen. While it may be a tiring procedure, the weak of heart should consider the program in a rosy light. At the very least you'll feel better afterwards, as good conditioning generally breeds a hearty disposition. The increased capability to engage in power racquetball will act as a bonus; one good enough to boost the ego and the tote on the scoreboard.

Assuming everyone's on the way toward sufficient conditioning, or is already there, it's time to look at the kill-shot, pinch and pass. These three blows are the mainstay of the power player's kitbag. Used properly they can literally blow an opponent around, down-the-line and off the court. Most often stroked off a full torso bend between ankle and knee height the ball will rocket low and hard toward the front wall. In the hands of a person able to sight the ball, make a quick sideways turn of the body and unload rapidly, physical size is of little consequence. Both men and women, (see figures one through five) can readily master the stroke. Whether viewed from the side (photos one and two) or front (three, four and five) success lies in a fluid

unwinding of the stroke. The transfer of weight from the rear to front foot is vital, along with the ability to keep one's head straight. Hit properly the stroke will fly unerringly (one hopes) toward the front or sidewall.

Don't let early failure put a halt to the power game, however. It will take some time to become comfortable trying the risky low boarders. Aside from hitting them at as close a range as possible, tentative players may want to exercise the shot only when they own the service. This process will stretch out the learning procedure, but shouldn't hurt badly in the point column.

Once you can hit the ball it's time to assert the capability. Here's where you want to take exception with an argument offered by many players weaned on textbook theories. As far as the expectations of the ordinary, intermediate or beginning player is concerned there is no, "repeat no need," to alter the stroke used to hit the ball. There is also no need to change footwork in order to play power racquetball. While this school of thought does hold some truth for advanced players and professionals everyday swingers can make up for a lack in sound barrier power with common sense. And the first adage of common sense, courtwise, is stick with

the best you've got, only use it better. This translates into the category of when to use the kill as a power player. The answer is several fold, Number one, always kill when you're certain you can make it. Silly as it sounds many players hit unfortunate skips when they could have had easy, powerful passes. The reason?

Due to an overdose of adrenalin or "Killfever" the erstwhile power master hits shots beyond his or her range. The hitter may have dropped too far back of center court position (a must to maintain) or fallen victim to off-the-backwall or deepcourt bloodlust. There are those who doubt it, but a power racquetball player doesn't have to hit the ball at speeds near its disintegration point to be effective. Ugly ducklings as they may appear in the minds of 100 m.p.h. plus addicts ordinary 75-90 mile per hour kills will win a powerful amount of points. Provided that is, they're hit to the right places. Which brings us to the where of matters. Hardened power addicts may argue, but there's no reason to pulverize the orb when a hard-enough pass will do. The places to stroke the ball are readily apparent: low off the front or sidewall, preferably in the corner or down-the-line. It's fine to rap the rubber off front wall center when the opponent has been maneuvered to one side. Kills are best employed when the other side is close enough to retrieve a too high pass, but not fast enough to scoop up a kill. Players looking to strike hammer blows from the deep back court should hit down-the-lines. Chances for success will improve commensurately with the ability to hit hard with both the fore or backhand. That, unfortunately is much harder said than hit, and requires lots of (generally backhand) practice.

One of the foremost areas to aim the power kill or pinch is a region we'll dub "pinchland". Not readily discernible to the unaware eye the topography is a square foot at the front corner. Balls hit with power to this area will usually "splat" out or rifle fast across front court. Either option should produce a healthy amount of winners.

When it comes to passing, hit low, say knee-height or just below. Think cross-court, or to whichever side the opposition isn't. Aim the shot correctly and the ball should rocket by and bounce twice before reaching the back wall. Experienced "Power Passers" hit nearly as hard as possible. The idea is to make sure the ball passes the opponent, then rips off the sidewall. This rendezvous, and its ensuing sidekick, forces a middle court route. This travel scheme is virtually impossible for all but the most dedicated players to track down.

The power player will also do his or her most to measure the "grey matter" of the adversary. This has to do with the why of the power game. Opponents

who drop too far back of center court position are ripe targets for pinches and down-the-other-line passes and kills. Occasional lucky rollouts will have a mind-boggling effect on the victim. Should the opponent maintain proper position don't hesitate to use ceiling balls to gain the advantage. It's easier to dominate play when you're sitting tidy a step or two beyond the middle of the short line, and the opponent's rushing wildly backward. Depending on the return, should it be weak, hit a low measured kill, taking just a little speed off. Yes, that's right — off. For one, it's easier to control a slower stroked ball, and the kill will be better placed. Secondly, hit too hard the ball could skip, causing a loss of a should-have been-won rally. Third, hit too hard the shot may strike the front wall too high, creating a pass that comes back to the returner (and haunts you).

The same reasoning goes for the return of serve. Although it may seem in keeping with the power game to return every serve with a backhand rocket (most come to that side) don't do it. Unless you play a great deal the odds are terrific against stroking full court rollouts or sidewall-shaving passes. Retreat to the principle of intelligent power play and hit the ceiling ball. Then, depending on the return, hit another or take time to pass, pinch or kill precisely. Remember, the best place to pass is down the open line, or across court to the wide side. Kills work best to the opponent's weak side, or when ball speed is rapid enough to outrun the Flash. Pinches will help to splat the ball, rendering opponents' long runs to the ball futile. Other times the hard pinch will cut across the front court too rapidly to be returned.

Extend the same reasoning when you serve. There is no law that says one must use a hard drive to the backhand side everytime. Some opponents will be able to whirl on these serves (if they come out of the corner) and attempt forehand kills. Others will have less trouble than expected. When this happens revert to a garbage, lob or Z to set up a return you can hit powerfully.

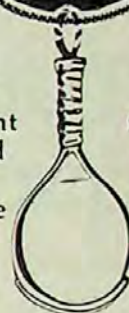
Finally, when playing power racquetball be sure you know who you're playing. Some folks are frightened by a fast-moving ball, but they'll never admit it. At the first sign of a flinch put more power into every shot possible, but make sure to avoid high aim or skipping. If you play a gifted opponent who also plays a power game, don't duel with bullets. Use ceiling shots and finesse to create frustration, then run up and smash the easy winners.

Played properly, there isn't a racquetballer around who won't be able to master the tenets of power play. The trick of course, is to be an astute student of literature. Then be sure to tread carefully where guys like Don Quixote, Icarus, Macbeth and Sisyphus rushed in. ●

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A Glance Back and a View of What's Ahead by Racquetball's Guru

By Nancy K. Crowell



A BRIGHT FUTURE

Luke St. Onge has been executive director for the American Amateur Racquetball Association (AARA) the past three years. The nature of the organization has changed considerably since he first accepted this position. In the following interview St. Onge discusses those changes as well as what he believes the future holds for the sport of racquetball.

RACQUETBALL: What changes have you seen in the AARA since you started as Executive Director four years ago?

ST. ONGE: "Well, one of the things we try to do is not really look back, but forward. What's happened in the past is past; but since you asked the question I'll have to respond to it.

"Essentially, three years ago, when the AARA — at that time known as the International Racquetball Association (IRA) — reorganized, it really had no reason to function. It was simply a matter of there being a group of people who believed in the concept of the Association's constitution, which says the players govern themselves, wanting to see if that concept would really work. And they were willing to see it through. Other than that, there was no reason for the IRA to exist. Other functions were being fulfilled by other organizations. That is, the basic functions — fulfilling services to members, and so on, were taken care of.

"On top of that, the sport itself was in such a boom situation that there was no

need for the grass-roots development on an organized basis; no need to set up a 'feeder-system' course. The court clubs were opening and people were just flocking to them. There was no promotion really needed. The sport was selling itself.

"All that's changed dramatically in three years. And because of this, the industry saw a need to return to those

Racquetball is a very real industry, and it's going to be around for a long, long time. It's a very exciting sport, and attractive to the newcomer.

fundamentals. They saw a need for an association that was not aligned with any special interest groups — and specifically any particular manufacturer. They also needed this association to function as a feeder-system into the clubs."

RB: So how have you gone about

making your Association meet those needs?

ST. ONGE: "One of the first things we had to do was make ourselves basically independent. At the time we were under exclusive contract to one manufacturer, and derived most of our funds from there.

"In changing this thing around in 1979, by going to the open ball policy [by which there is open bidding on tournaments], it made us a service organization to our members. Prior to that, we were servicing the manufacturers.

"So, by changing it around so that we derived 90 percent of our funds from memberships, we made it so that we simply had to service those members. We had to come up with specifics such as a good membership kit. We had to be functional, and relate to the average racquetball players. We had to show a specific reason to exist, as any other sporting association does.

"We started at the grass-roots level, first by changing 90 percent of our state directors to people who were more active. This is an ongoing thing, by the way. We probably change these volunteer personnel to the tune of almost 60 percent per year. People come in, work hard, they get burned out and we have elections for someone to take their place. As national headquarters, we provide the continuity of services and information to those state organizations which enables them to continue."

RB: Just what "services" do you provide?

ST. ONGE: "We actually service four separate programs — the court clubs, the manufacturers, the state organizations, and the membership in general."

"For the court clubs we design programs, such as juniors programs and the intercollegiate programs, to provide a bona fide feeder-system into the clubs. It's done through the high schools, and through our network of tournaments — juniors-only tournaments will be close to 300 this year. These tournaments are promoted through the clubs themselves, and help develop junior racquetball."

"Let me just elaborate on this a moment. The attrition rate [of club memberships] has been quoted as high as 40 percent within the industry. We're losing this many players. However, we are maintaining our level at around 7.5 million players. A lot of other figures have been thrown around, but 7.5 million is a good figure to bank on. This means, if we have a 40 percent attrition rate, we're somehow losing 3 million players — but we're also attracting 3 million players."

"Now, if we can cut down the attrition rate, we'll be in great shape. There are many reasons for this attrition rate — such as attracting people to the sport initially, but not being able to hold them. A good parallel to this was the soccer industry of the early '60s."

"Back in the '60s soccer came to the U.S. and took television by storm. It was on all the networks, was set up as the sport of the '70s and all that. And it fell flat on its face. The reason was, it initially attracted people to it through the glamour, but people didn't identify with it."

"Now soccer's developed in the U.S., but not because of television. It's because of the junior development. Kids who started playing at eight are now 18 and 20-years-old. And, because they grew up with it, it's their sport. A lot of people identify with sports such as football or tennis. They grew up with a racquet in their hand, it's their sport, and they identify with it. And they're not going to go away from it just because they had a bad day at the court."

"Of course there's a lot of other problems within the racquetball industry. But the AARA's main function to the court clubs at this time is developing this feeder-system. This is the future of our sport, and will give it a long range means of expansion — not just a flash in the pan."

"On services to the state director, virtually 50 percent of the revenue earned through tournaments and any other functions that are sanctioned, is returned to the states. Of a \$6 membership, \$3 is retained by the state. Of a \$3 tournament waiver, \$1.50 is retained by the state, to help them finance a local organization."

"We also provide the state director with discounts on shirts, and discounts on trophies. Also, any tournament director of a sanctioned event receives a minimum of 500 programs free of cost. This is an 8-page, four-color program in which they can sell space to local advertisers. It's no different than taking a blank check and giving it to the tournament director. It's up to them to fill in the amount. And, just to give you an example, we've had people make in excess of \$3,000 on selling advertising in their programs for a particular event. Even if they don't sell the advertising, the program is available to them to customize for their event — which is added prestige."

"We also provide them with rule books, with sign-up sheets; we schedule their events, publish them in the tournament calendar in this magazine, and

Tennis didn't happen just because of TV. They had a good structure going into it — like a good, strong Juniors program. The organization was there to handle the expansion.

also print the results. In addition, we grade each one of the events to allow results to be calculated into points which go into the national ranking system. Finally, we're a clearinghouse for information."

"We are looking to develop this a step further. Now, in order to avoid duplication within states by having two competing state organizations, we will recognize the state organization which fulfills certain requirements as the governing body of racquetball within that state. These requirements are not necessarily for the constitution of the AARA, but for the betterment of the sport in general. And since that organization will be the recognized governing body of racquetball — the legitimate group within the state — this will help them secure large sponsors, such as beverage sponsors and clothing people. These large sponsors will only work with recognized groups."

RB: So, if there is an organization already in existence, currently functioning independent of the AARA, they can now be sanctioned by you?

ST. ONGE: "That is correct. Provided they meet our requirements. And, we will not work with any other group in that state, as they will be the recognized

governing body within that state. That doesn't mean they still won't have a certain amount of autonomy to operate as they see fit."

"Also, if someone else wants to knock them out as state organization, they'll have to make application to the AARA, and we'll have a referee's committee review it."

"It's really no different than what happens in the U.S. where under the Amateur Athletic Act of 1978 the U.S. Olympic Committee (USOC) will only recognize one national governing body for a particular sport. Since we are the recognized national governing body of racquetball, as recognized by the International Racquetball Federation, we want to pass this legitimacy on to the states. It will lend prestige and credibility to the events they hold."

RB: Are there many states taking advantage of this?

ST. ONGE: "Absolutely. In fact, partly because of such organization, now we have national sponsors for not only our nationals and our regionals, but also for every state championship and level three or above tournament in the U.S. Miller Lite has made this commitment for '81-'82, and they will evaluate their position at the end of the season. This is really exciting, because they are a non-racquetball manufacturer starting to get involved in it. And there's only one way they would come into the sport — and that is because the AARA is the recognized national governing body of racquetball."

"Finally, back to your original question — how we service our members. Our services to the individual are not limited to the sanctioned events we're involved in throughout the year. But also — we're a clearinghouse for information, we provide the progression in competition from the state level to the regionals, to the nationals. We have sanctioned camps throughout the USA and, we're responsible for the formulation of rules — which lends some kind of continuity to what's going in the field of rules. As a direct benefit to the member he receives a membership kit which includes a card, a current rule book, updated at least once a year (even if he's just renewing, he gets a new rule book), and at least \$25-\$30 in equipment discounts. In addition, he gets three issues of *Racquetball*. So, for his \$6 contribution to the AARA as his yearly membership dues, he can get almost \$30-\$35 in return — if he takes advantage of everything that's offered."

RB: So, that offers an advantage to the recreational player as well as to the tournament player?

ST. ONGE: "No question about it."

RB: While you've been doing all of this on the national level, you've also made some strides on the international level.

Could you elaborate just a little?

ST. ONGE: "Well, back four years ago the international end of racquetball was a very loose confederation of people thrown together who were interested in what might come to pass. The only racquetball that was functioning on an international level was of course the very strong organization in Canada. Other than that, it was mainly U.S. military bases throughout the world."

"The international development began to take place after the Amateur Athletic Act went into effect in '78. At that time the then International Racquetball Association (IRA) couldn't represent five or six countries and at the same time represent the U.S. So, we spun off what is called the International Amateur Racquetball Federation (IARF) with 13 countries. The IARF was founded in 1979, and the IRA adopted a new name — the American Amateur Racquetball Association."

"Then the IARF recognized the various governing bodies of the sport in the respective countries. As I explained before, this means that if a competing organization makes claim as the governing body it is not legitimate — only the one recognized by the IARF is legitimate."

"Of course the only way to legitimize the IARF was to have it become a part of an international association of sports groups. This happened in the fall of '80 in Monte Carlo at the General Assembly of International Sports Federation (GAISF) meeting."

"You may wonder what the significance of all this is. Well it is very important to the international development of the sport, because it provides continuity. Now that we have recognized governing bodies, and international rules, we are assured of playing the same game anywhere in the world. For instance, in countries like England, New Zealand, and Australia, where racquetball is played on a squash court, international competition must be played on the 20' x 40' x 20' court as we know it because that is the recognized international court."

"If you see what's happened in soccer, or boxing — there's total confusion about the rules, where the lines are, and so on. And look at squash — where they have an international court, a regular court, an English court — and different equipment."

"Well, I think we've gotten off on the right foot with racquetball. We have the rules the same, as well as the courts. We look for some changes down the road but nothing dramatic."

RB: What are your immediate goals for the Association, as well as long-range plans?

ST. ONGE: "The immediate goals are not only to be the national governing body — which we are, we've achieved that — but to take our rightful place

within the next year, as a dominant factor and force within the sport. Also — to achieve some kind of unification."

"The greatest needs of the sport are a large feeder-system into the court clubs, and unification within the sport itself. What I'm speaking of are all of the factions which have been pulling in different directions in the past, somehow coming together. We believe that we [the AARA] can be the vehicle for that. Those who want to work with us towards this goal are welcome, those who don't can go their own way. But — we will

The AARA can be the vehicle for unifying this sport. We will unify it — and I'm speaking of the pro end as well as the amateur end. It's time we put our leadership together under one roof and roll.

unify it. And I'm speaking of the pro end as well as the amateur end."

RB: What are your personal feelings about the future of the sport?

ST. ONGE: "Well, there are a lot of people running around out there saying that racquetball is now in a downswing, leveling off, and so on. And I'll share with you exactly what I see, and what I've been seeing for some time."

"Two years ago there were several people who forecast what would happen within the sport — and it's exactly what did happen. They said the industry was going to have to shake out, just like any industry. They were responding to those people back in '78 and '79 who were running around throwing out false figures [about the number of players] that weren't good figures, and capitalizing on this. People were building clubs based upon those figures. They were saying you could get into the court club business and make a million dollars overnight. It was a lot of hype — and the smart business people knew it. Unfortunately, there were a lot of Johnny-come-latelys who didn't recognize this — and they lost their shirts."

"For example, I know of two clubs which were built 100 yards apart, opened within six weeks of each other, one with eight courts, the other with 10 — in a town of 10-20,000 people. A town that size isn't going to support 18 courts!"

"Now, someone looking at this situation, coming in from outside of the sport, is going to say it's a failure. Well,

it's not a failure — it was just the people getting into it."

"On the contrary. It's a very real industry, and it's going to be around for a long, long time. It's a very exciting sport, and it's a very attractive sport to the newcomer. The people who have good business sense and who have looked at this thing in a business-like manner, and have put the effort into it are the ones getting returns from it. Also, there's definitely an evolution going on in the sport. It's growing from the spartan, eight-courts, no amenities club into the full-fitness end of it. This is where the future of the court club is."

"There are lots of people forecasting a dark era for racquetball — but it's not there at all. If you look at the figures, and the real growth and real dollars, it's the good business people — as in any industry — who are making it. I'm very excited about the future. I feel better now than ever."

RB: One last question. We hear hype from time to time about television — how it can save the sport. Could you address yourself to this?

ST. ONGE: "I don't see TV as a major factor. I think if we took the money and effort that goes into trying to put racquetball on TV and put it into good, fundamental development of the sport, and form a broad base for the sport, then the TV thing would come in and of itself."

"Look at golf and bowling — two of the most boring sports to watch on TV, and yet they're there. Why? Because of local demand. The technology is there to put racquetball on television, I'm convinced of that, but first the programmers have to know there is a demand for it. And that will only come through long, hard work."

"Tennis didn't happen just because of TV. They basically had a good structure going into it — like a good, strong juniors program. They had their own internal problems that held back the sport, until they went to the "open" tennis. And then it took off, because then the dollars came in. The promotions of Billy Jean King and Bobby Riggs gave it the hype — but the organization was there to handle the expansion. We're not there yet. And that's just a matter of how fast this unification thing can take place. If we [the AARA] have to do it ourselves, it will take a lot longer than if everyone in the industry pulls together for a common goal."

"Theoretically, there was a landmark meeting held last February after the sporting goods show in Chicago. It was the first time everyone in the industry sat down together — but nothing has come of it. So, maybe it was a landmark in and of itself, but until something comes of it, that's all it was. It's time we put our leadership together under one roof and roll." ●

SCORECARD

Tournament Results

Send your typed, or legibly written tournament results to AARA National Headquarters, 5545 Murray Ave., Suite 202, Memphis, Tenn. 38119. Scorecard will report as many results as space allows.

Participants listed in order of finish.

5th ANNUAL WOMEN'S RACQUETBALL CLASSIC MAY 1-3

OPEN SINGLES: Karen Dunigan, Esther Thompson, Margaret McEntee, Vicki Craig; B SINGLES: Sandy Palmer, Nancy McDonald, Terry Harwood, Jill Powell; B SINGLES CONSOLATION: Jackie Shaffer, Mary Sazio, Pam Cross, JoAnn Potter; C SINGLES: Debby Ghilarducci, Lori Morton, Donna Stewart, Lynne Ayers; C SINGLES CONSOLATION: Regina White, Tyra Escott, Bobbi Konecne, Joann Case; D SINGLES: Sue Milhollin, Cherisse Sansone, Marilyn Kitts, Regina Ferguson; D SINGLES CONSOLATION: Lynn Wallace, Maxine Romero, Carol Newland, Stacy Sattler; OPEN DOUBLES: Margaret McEntee/Esther Thompson, Karen Dunigan/Terry Harwood, Renee Thomas/Stephanie Isaac; B DOUBLES: Irene Miyasato/Syd Fornaciari, Vicki Craig/Linda Haines, Mary Ellen Camilli/JoAnn Potter, Jill Powell/Polly Olson; C DOUBLES: Shirley Hernandez/Karen Bell, Shirley Thompson/Mary Sazio, Barbara Pierce/Rindy Coyne, Cindy Jansson/Carol Koch; C DOUBLES CONSOLATION: Sandy Sample/Joann Maxwell, Ann Whisenhunt/Bridget Schmidt, Marilyn Kitts/Brigid Kulesza, Jan Wilson/Lee Gonsalves.

SUMMER CHAMPIONSHIPS NORTHEAST RACQUET CLUB JUNE 19-21

MEN'S OPEN: Rick Platas, Dolwain Green, Rich Bowman, Carl Shup; MEN'S B: Scott Sywulak, Joe Gutosky, Phil Durney, Pete Farina; MEN'S C: Allen Schlieffstein, Fred Sacks, Dave Fox, Rich Charlick; MEN'S NOVICE: John Irwin, Ron Ryder, Vince Mancine, Sonny Edelman; WOMEN'S OPEN: Molly O'Brien, Marly Lynch, Cheryl Goffus, Liz Kaplan; WOMEN'S B & C: Liz Nickle, Bonnie Barr, Elaine Torrez, Peggy Amadio; WOMEN'S NOVICE: Debby Putnam, Susan Mann, Gail Maines, Susanne Kuski; JUNIORS: Todd Pittock, Scott Corneal, Todd Farina, Greg Rosen.

R & R SUMMER OPEN AUGUST 14-16

WOMEN'S C: Judy Wyatt, Ann Dadak, Mae Pollard, Lois Mabee, Debbie Jones; WOMEN'S NOVICE: Diane Harber, Karen Farraher, Cindy Mernick, Jolene Ridder, Pat Neary; MEN'S OPEN: Dave Harrison, Mike Ladge, Art Pacheco, Gerry Cassidy, Roy Simon; MEN'S B: Chris McMillan, Vin Ricardi, Shawn Matheson, Dave Borofka, Rick Hughes; MEN'S C: John McDonald, Dick Harris, Scott Hastings, Jim Grant, Phil Coras; MEN'S NOVICE: Bill Baker, Tom Condon, Don Orlando, Steve Gerrish, Leo Carroll.

PERRIER OPEN AUGUST 21-23

MEN'S A: Jim Cullen, Wayne Vincent, Kevin Semenas, Allen Dunn; MEN'S B: Larry Smith, Peter Harrington, Terry Peek, Larry Hall; MEN'S C: John Phillips, Scott Shirah, Davie Payne, Bruce Walker; MEN'S NOVICE: Raymond Viers, Jim Brick, Derek Bain, Ray Massey; JUNIOR VETS (27-34): B. J. Jenkins, Jerry Wickliffe, Robert Huskey, Don Gearing; SENIORS 35-45: Hugh Durham, Peter Harrington, Jimmy Townsend, David Payne; OPEN DOUBLES: Jim Cullen/Wayne Vincent, Allen Dunn/Roger Wehrle; WOMEN'S A & B: Vicki Luque, Rose Alcardi, Linda Johnson, Beverly Payne; WOMEN'S C: Liz Webster, Cheryl Manion, Gwen Burch, Laura Kaufman; WOMEN'S NOVICE: Gwen Burch, Beth Chenin, Sherry Hall, Tracie Townsend.

THE KILLSHOT CLASSIC AUGUST 28-30

WOMEN'S OPEN: Becky Rush, Martha Roberson, Jan Johnson; WOMEN'S B: Wendy Johnson, Patti Richardson, Jill Rota; WOMEN'S C: Cathy Marsh, Debbie Grauley, Karen Mahl; WOMEN'S NOVICE: Cathy Blackson, Tami Overby, Mary Sloan; MEN'S OPEN: Terry Layne, Buzz Sawyer, Sam White, Jon Harlan; MEN'S B: Doug Johnson, Tom Wilkens, Denton Gay; MEN'S NOVICE: Kent Rudolph, Chad Mason, D. B. Merrill; MEN'S C: Bruce Gaston, Gary

Axelson, Don Flannary; MEN'S SENIOR: Rex Benham, Ken Rota, Terry Guthrie, Phil Plunkett; BOYS 13-and-under: James McNeil, Bubba Roberson, Brian Shewmaker; BOYS 17-and-under: Shawn Owen, Jeff Young, Brad Howe.

BELLEVE OPEN '81 SEPTEMBER 10-13

MEN'S MASTERS: Alan Miles, Hart, John Volk, Larry Moyer, Andre Yandyl; MEN'S SENIORS: Val Spangler, James Earl, Tom McConell, Fred Kennedy, Burke Lundy; MEN'S SENIOR A/B: Lou Nicksic, Jeff Brotman, Marshall Nichol, Jan Larson; MEN'S A/OPEN: Jeff Larson, Fielding Snow, Jeff Bannerman, John Kubasek*, Jack Abramo; MEN'S B: Darin Eyring, Carmichael Stokes, Brad Druktenis, Mike Ellis, John Leckman*; MEN'S C: Jeff Evans, Dave Smith, John McNaughton, Terrence Marcell, Jeff Dowman; MEN'S D: Al Riccard, Sam Stivison, Steve Birdman, Oscar Delmoro, Tom Trinka; MEN'S NOVICE/BEGINNER: C. Dee Latham, Newman, Jim Field, Greg Morse, Rudy Urner; MEN'S OPEN DOUBLES: Fielding Snow/Jeff Larson; John Kubasek/Terry Harting*, Ernest Andies/Mike Ellinger, Steve Deaton/Jim Ross; MEN'S B/C DOUBLES: John Leckman/John McNaughton*, Terry Marcell, Jeff Evans/Jim Stuart, Dave Smith/John Chilcote; MIXED DOUBLES/OPEN: John Kubasek/Vicki Brown*, Sharon Kennedy/Jeff Bannerman, Connie Fall/Jack Abramo, Marr Madden/Helen Clurman; JUNIOR (BOYS) 18: Garth Wace*, Darin Eyring, Mike Griffith, Jeff Evans, Steve Philpott*; JUNIORS (BOYS AND GIRLS) 14-and-under: Lynn Caldwell Jr., Scott McTavish*, Mark Vanhees, Deton Phillips; WOMEN'S OPEN/A: Connie Fall, Medrice Coluccio, Momi Lee, Wanda Schaff, Debbie Geiger; MIXED DOUBLES B/C: Candy Vanhees/Dirk*, Judy Vose/Mike Ellis, Carmichael Stokes/Karen Valeuver, Kim Baker/Jeff Evans; WOMEN'S B: Vicki Brown*, Judy Vose, Donna Maas, Hazel Philp, Linda Walk; WOMEN'S C: Tova Kornfield, Karen McTavish*, Victoria Vancott, Sandy Klein, Elaine Bailey; WOMEN'S D: Tanya Spangler, Julie Wong, Trina Maxwell, Annette P. Seymour, Nancy Watchie; WOMEN'S NOVICE/BEGINNER: Susan Miller, Hester Hill, Carol Kubasek*, Sue Rue, Pat Pehlman.

PEPSI-COURTHOUSE CLASSIC SEPTEMBER 11-13

MEN'S AA: Ruben Gonzales, Larry Fox, Kelvin Van Trease, Craig Guinter; MEN'S OPEN: Scott Johnson, Brian Hilt, Ron Marasco, Rich Zewe; MEN'S B: Frank Soltis, Ray Noble, Dave Sabalesky, Fred Baldasare; MEN'S C: George Birse, Bill Conway, Tony Ivock, Bob Thomas; MEN'S NOVICE: Rick Wissinger, Bill Deter, Jim Griffith, Jim Hand; MEN'S OPEN DOUBLES: Al Schattner/Dan Obremski, Rich Zewe/Dave Sismour, Jeff O'Malley/Scott Johnson, Brian Hilt/Dick Lichty; WOMEN'S AA: Cindy Baxter, Pat Dorshimer, Dot Fischl, Jan Peterson; WOMEN'S A/B: Terri Johnson, Mary Bickley, Kellie Lamberson, Kate Conway; WOMEN'S C/NOVICE: Kellie Lamberson, Vickie Cascino, Ruth Ann Soltis, Patty Fasick.

SUPREME COURT 1st ANNIVERSARY OPEN SEPTEMBER 18-20

MEN'S A: Rich Gambino, Dan Obremski, Kevin Pillion, Don Fletcher; MEN'S B: Rich Killmeyer, John Manilla, Jim Salia, Jim Driscoll; MEN'S C: Jim Green, Bill Conway, Andy Harmon, Vince Fassio; MEN'S NOVICE: Mike Abate, Dan Brant, Dave Ward, Tim Bickel; WOMEN'S OPEN: Abby Baxter, Ginny Bukovitz, Sybil McBride, Judy Weber; WOMEN'S B: Kate Conway, Pam Snyder, Ginny Bukovitz, Mary Ellen Frick; WOMEN'S C: Pam Snyder, Carole Clapper, Darlene Ward, Laurie Sturn; WOMEN'S NOVICE: Darlene Ward, Michelle Campbell, Julie Laslow, Georgiana Toy; MEN'S DOUBLES: Pillion/Ankeny, Obremski/Schattner, Fletcher/Browne, Bush/Cunningham; MIXED DOUBLES: Constantino/Fogel, Conway/Conway, McBride/McBride, Geary/Johnston.

NEWPORT CUP OPEN SEPTEMBER 18-20

MEN'S A: Phil Panarella, Jr., Al Lavallee, Cal Steere, Rene Depot; WOMEN'S A: Cheryl Lee, Janet Karucz; MEN'S B: Russell Drew, Charlie Good, Rick Requejo, Dennis Saccioia; WOMEN'S B: Judy Ramos, Sue Racicot, Marcia Feole, Cheryl LaFontaine; MEN'S C: Bill Cocroft, Chris Hohman, Hal Spiro, Len Tadder; WOMEN'S C: Claire Couture, Leslie Polubriaski, Carol Humphrey, Gayle Weisberg; MEN'S NOVICE: Stan Czerniawski, Paul Dion, Dan Ricciardi, Bob Froelichen; WOMEN'S NOVICE: Bernadette Guinette, Dianne Dow, Arlene Ziencina, Lisa Handwerker; MEN'S SENIORS 35+: Ray DeJesus, Phil Panarella Sr., Gary Northcut, Les Brenkman; JUNIORS 10-and-under: Richard Humphrey Jr., Robbie DeJesus.

BEAVER COUNTY OPEN OCTOBER 2-4

MEN'S OPEN: Bob Becker, Jerry Lombardo, Ken Majors, Bob Martini; MEN'S B: Jim Driscoll, Ed Urian, Dan Phillips, Keith Sward; MEN'S C: Dan Phillips, John Hake, Chuck Starwinski, Tony Chirico; MEN'S NOVICE: Ernie Willis, Rich Mattes, Doug Smith, Mike Ray; MEN'S OPEN DOUBLES: Dave Mapel, Ed Hyeck, Jerry Hall/Bob Becker, Ray Neish/John Navage; MEN'S B DOUBLES: Jim Driscoll/Mike Sabatini, Dan Napadano/Ed Urian, Dan Oshop/Tom Neiman; SENIORS: Lou Fabian, Bela Eross, Roy Moss; JUNIORS: Doug Smith, Rich Mattes, Jeff Knallay; WOMEN'S B: Libby Spade, Bobbi Durant, Marsha Oshop; WOMEN'S C: Marsha Oshop, Julie Laslow, Debby Begg, Danielle Zatezalo; WOMEN'S NOVICE: Terri Pauvlinch, Patti Cairns, Julie Laslow.

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SCORECARD

Tournament Results

Jay Schwarz of Pensacola was the big winner at the recent Lite Beer/WABB Racquetball Classic held at Racquetball of Mobile. Schwartz defeated Mike Almerico of New Orleans in a tiebreaker, 11-7, to win the prestigious Men's Open Division. He then came back to defeat Ken Jordan of Mobile, 21-5 and 21-8, to capture the Men's Senior title as well.

The Classic was staged for the benefit of Muscular Dystrophy. Almost 150 participated in the three-day event, which awarded \$1500 in prize money to winners in ten divisions. Other winners included:



I to r, Karon Lyon, General Manager of Racquetball of Mobile, presenting trophy to Jay Schwartz, Men's Senior and Open winner, while Charles Brown, District Director of Muscular Dystrophy, looks on.



I to r, Karon Lyon, Racquetball of Mobile General Manager, is pictured with Joey Almerico, second place finisher in Men's Master and his son, Mike, second place finisher in Men's Open, while Charles Brown, Muscular Dystrophy District Director, looks on.

Both pictures represent winners in the 1981 Lite Beer/WABB Racquetball Classic held October 2-4 for the benefit of Muscular Dystrophy.

LITE OCTOBERFEST CLASSIC OCTOBER 1-4

WOMEN'S BEGINNER: Carol Curran, Dinah Bruns, Rita Leadbetter; WOMEN'S NOVICE: Susan Pelletier, Lynn Powell, Carol Cappello, Karen Donovan; WOMEN'S C: Leesa Barnes, Donna Cool, Charleen Wiseman, Karen Tibbets; WOMEN'S B: Terri Graham, Maxine Michaud, Kathy Gagne, Anita Fondlon; WOMEN'S A: Carol Frizzle, Annie Thibeault, Terry Karkos, Sharon Belanger; WOMEN'S C DOUBLES: Carol Cappello/Donna Hall, Charleen Wiseman/Karen Donovan; WOMEN'S A DOUBLES: Sharon Belanger/Carol Frizzle, Leslie Olson/Nancy Carr; MEN'S NOVICE: Kurt Turner, Joe Richards, Randy Inman, Roy Dewitt; MEN'S C: Jere Spugnardi, Ray Picard, Rick Letellier, Stan McMillan; MEN'S B: Allen Wright, Dave Boutot, Eileen Ehrlich, Martha Callahan; MEN'S A: Steve Larrabee, Randy Olson, Steve Tronholm, Steve Dubord; MEN'S C DOUBLES: Spugnardi/Spugnardi, Picard/Cormier; MEN'S A DOUBLES: Olson/Tronholm, Dubord/Larrabee.

PIZZA HUT OPEN OCTOBER 2-4

MEN'S OPEN SINGLES: Harry Miller, Steve Kneeland; MEN'S OPEN DOUBLES: Jeff O'Malley/Bill Miller, Harry Miller/Rip Miller; MEN'S B: Norb Baschnagel, Bob Borgia; MEN'S C: Blaine Proper, Hank Reed; MEN'S NOVICE: Ron Hamilton, Kip Melat; WOMEN'S OPEN: Jan Peterson, Judy Hopkins; WOMEN'S OPEN DOUBLES: Jan Peterson/Nancy Holonid, Terri Johnson/Abbie Baxter; WOMEN'S B: Jan Miller, Sherry Mason; WOMEN'S C: Jane Adjutari, Carol Himmenger; WOMEN'S NOVICE: Sue Beck, Cindy Dean.

LITE BEER COLUMBUS DAY WEEKEND SHOOTOUT OCTOBER 2-4

MEN'S OPEN: Brian Valin, Charley Horton, Bill Burnett, Gus Kumaralas; MEN'S OPEN DOUBLES: Larry Green/Hilary Mann, Howie Packer/Jack Nocera, Michel & Gilles Brouillette, Jerry Grietzer/Rob McKinney, Tom Czaplicki/Vincent Wolanin; MEN'S SENIOR 30+: Julian Gershaw, Roger Crim, Tom Wood; MEN'S SENIORS 35+: John Spencer, Joe Lotempio, Bob Hollander, Nick Caruso; MEN'S MASTERS 45+: Alex Shapiro, Steve Nurbini, Art Labrasseur, Frank Anderson; MEN'S B: Greg London, Alan Pitegoff, Neil Fudim, Mario Vilardi; MEN'S B DOUBLES: Ira Edelbaum/Neil Fudim, Nick Caruso/Pierre Dziubina, Vincent Wolanin/Tom Czaplicki, Paul Stierer/Maril Havis; MEN'S C: Michel Gareau, Darrell Anderson, Paul Morris, Bill Nass; MEN'S NOVICE: Ronny Kanna, Bob Sullivan, Keith Malsky, Feta Huerisowicz; WOMEN'S OPEN: Melanie Taylor, Dena Rassenti, Anne Baril, Ginger Sottile; WOMEN'S B: Lucie Guay, Sue Dawson, Angie Polonich, Terry Beers; WOMEN'S B DOUBLES: Alana Baselice/Judi Jones, Lorraine Planding/Kathy Kaufman, Gail Charbonneau/Barbara Fiore, Deb Goedeke/Jane Brisson; WOMEN'S C: Mary Ann Konczewski, Barbara Meredith, Diane Brody, Rita Andreoli; WOMEN'S NOVICE: Ellen Pitegoff, Barbara Nurbini, Judy Kellogg, Robin Cipperly; JUNIORS 13-and-under: Howard Millian, John Perweiler, Jeff Pitegoff, Eric Crawford; JUNIORS 15-and-under: Paul Norris, Brian Tollin, Mike Maffia, Steve Shapiro.

LANCASTER COUNTY OCTOBER 2-4

MEN'S OPEN: Ruben Gonzales, Tom Ranker, Joe Giamportone, Rich Bowman; MEN'S B: Dan Miller, Ed Garabedian, Mitch Smith, George Martinez; MEN'S C: Steve Riccardi, John Stultz, Bill Conway, Mike Pajar; MEN'S 35+: Jay Krevsky, Dario Mas, Bernie Howard, Dick Lee; MEN'S OPEN DOUBLES: Gary Valinoti/Joe Giamportone, Rich Bowman/Jim Deritis, Hal Foss/Mike Curewitz, Russ Cooper/George Martinez; WOMEN'S OPEN: Cindy Baxter, Dot Fischl, Pat Dorscheimer, Yvonne Smart; WOMEN'S B: Nancy Katz, Bonnie McGonigal, Diane Tyllavsky, Patsy Wickenheiser; WOMEN'S C: Jody Conrad, Sue McLaughlin, Ursula Crampton, Ann Berry; WOMEN'S 35+: Nancy Katz, Ursula Crampton, Ann Berry, Diane Jacobs; WOMEN'S OPEN DOUBLES: Marilyn Ross/Jeanine Farrell, Molly O'Brien/Lucy Zarfos, Pat Dorscheimer/Shelley Lee, Yvonne Smart/Diane Tyllavsky.

THIRD ANNUAL MARCH OF DIMES OCTOBER 9-11

MEN'S MASTERS: John Bourque, Jack Ross, Jay Aims, John Brown; MEN'S SENIORS AND JR. VETS: Danny Chandler, Mark Burns, Gary Beldeirmann, Bill Jones; WOMEN'S OPEN: Melanie Britton, Gail Flinn, Nikki Schwartz, Mary Holroyd; WOMEN'S B: Stephanie DeVecchio, Sandy Sweeney, Sharon Moll, Ellen Grossberger; WOMEN'S C: Audrey Madely, Michelle Sheard, Cathy Roll, Lilly Macintyre; 13-AND-UNDER: Shane Brown, Oscar Gonzalez, Anthony Ray, Mike DelDuca, Jr.; 17-AND-UNDER: Barry Koran, Tom Cowher, Leo Pwinczka, Scott Hirsch; WOMEN'S NOVICE: Cheri DelDuca, Barbara Elkins, Marcia Satz, Bonnie Jefferbaum; MEN'S NOVICE: Alejandro Garcia, Chris Chartier, Joe Paris, Bob Montauro; MEN'S OPEN: Fred Calabrese, Bubba Gautier, Tim Hansen, Sergio Gonzalez; MEN'S B: Dan Shortley, Martin Berger, Mark Kazen, Ray Bardales; MEN'S C: Tom MacEwan, Bobby Shane, Armondo Alonso, Andrew Kenny.

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2. Mail subscriptions:	14,088
C. Total paid circulation (Sum of 10B1 and 10B2)	14,482
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 - I certify that the statements made by me above are correct and complete.

(Signed) Gerald W. Pope, Publisher

For completion by publishers mailing at the regular rates (Section 132.121, Postal Service Manual): 39 U.S.C. 3626 provides in pertinent part: "No person who would have been entitled to mail matter under former section 4359 of this title shall mail such matter at the rates provided under this subsection unless he files annually with the Postal Service a written request for permission to mail matters at such rates." In accordance with the provisions of this statute, I hereby request permission to mail the publication named in Item 1 at the phased postage rates presently authorized by 39 U.S.C. 3626.

(Signed) Gerald W. Pope, Publisher

RACQUETBALL

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311 North Van Ness
Santa Ana, CA 92201
Canyon Bluffs Racquet Club
23055 Washington St.
Colton, CA 92324
Racquet World
160 E. Imperial Hwy.
Fullerton, CA 92635
Huntington Beach Athletic Club
9872 Hamilton Ave.
Huntington Beach, CA 92646
Kings Racquetball Ct.
14731 Golden W. St.
Westminster, CA 92683
Canyon Terrace Racquetball Courts
100 Worth Tustin
Anaheim, CA 92807
Los Carneros Ct. Club
170 Los Carneros
Goleta, CA 93017
What A Racquet
2945 Junipero Sierra Blvd.
Colma, CA 94015
The Main Court
121 Beech St.
Redwood, CA 94063
Shoebers Racquetball Pa
3411 Capitol Ave.
Fremont, CA 94537
Four Seasons Racquetball
20211 Patio Dr.
Castro Valley, CA 94546
Courtsports II
271 Houret
Milpitas, CA 95035
Shoebert's Racquetball Spa
7012 Realm Drive
San Jose, CA 95119
Modesto Court Room
2012 McHenry Ave.
Modesto, CA 95350
The Club
22760 Hawthorne Blvd.
Torrance, CA 90505
Wallbangers Racquetball
and Health Club
850 Beverly Blvd.
Montebello, CA 90640

S.D.S.U. Racquetball Club
S.D.S.U. PG 196
San Diego, CA 92182
Santana Racquetball & Aerobics Club
145 E. Columbine
Santa Ana, CA 92707
Marina West Racquetball
& Fitness Center
2597 Bolker Dr.
Port Hueneme, CA 93041
West Lane Racquet Club
1074 E. Bianchi Rd.
Stockton, CA 95207

CONNECTICUT

Lakewood Racquetball Club
666 Lakewood Rd.
Waterbury, CT 06704

FLORIDA

Sportrooms of Coral Gables
1500 Douglas Road
Coral Gables, FL 33134
Orlando Tennis & Racquet Club
825 Courtland Street
Orlando, FL 32804
Racquetball Center of America
3001 Langley Ave.
Pensacola, FL 32504

GEORGIA

Racquet South
4 Oglethorpe Professional Bldg.
Savannah, GA 31406

ILLINOIS

Courtside Racquetball Club
2121 W. Altorfer
Peoria, IL 61614
Charlie Club Sports
Hotel & Fitness Center
Rt. 53 & Dundee Rd.
Palatine, IL 60067

INDIANA

Sports Illustrated Court Club
5928 Trier Rd.
Ft. Wayne, IN 46815

IOWA

Mason City Racquet Club
825 S. Taft
Mason City, IA 50401

KANSAS

Supreme Court West
3725 West 13th
Wichita, KS 67203

LOUISIANA

Fitness Unlimited
2015 Meriwether Rd.
Shreveport, LA 71108

MAINE

The Court Yard
329 North Street
Saco, ME 04072

Hillside Racquetball & Health Club
Rt. 26
South Paris, ME 04281

MARYLAND

Towson Court Club
8757 Mylander Lane
Towson, MD 21204

MASSACHUSETTS

Brodie Mt. Tennis & Racquetball
Rt. 7
New Ashford, MA 01237

MICHIGAN

Club Fletcher
15241 S. Dixie Hwy.
Monroe, MI 48161
Saginaw YMCA
1915 Fordney
Saginaw, MI 48601
Ferris Racquet Facility
Ferris State College
Big Rapids, MI 49307

MISSOURI

Columbia Racquetball &
Handball Court
5257 SW Ave.
St. Louis, MO 63139

MONTANA

Yellowstone Racquet & Health Club
3440 Rimrock Road
Billings, MT 59102

NEW HAMPSHIRE

Off the Wall
Albany St. Extension
Portsmouth, NH 03801

NEW JERSEY

The Racquetball Ball Club
19 East Frederick Place
Cedar Knolls, NJ 07927
Knoll Tennis & Racquetball Club
1130 Knoll Rd.
Lk. Himauatha, NJ 07034
King's Court Racquetball & Health Club
525 Riverside Ave.
Lyndhurst, NJ 07071
Racquetball International
342 Hamburg Tpk.
Wayne, NJ 07470
What's Your Racquet
1904 Atlantic Ave.
P.O. Box 1402
Wall, NJ 07719
Medford Racquetball Club
P.O. Box 331
Medford, NJ 08055
Westwood Racquetball &
Nautilus Center
346 Kinderkamark Rd.
Westwood, NJ 07675

Racquet Club at the Watertower
600 Kresson Road
Cherry Hill, NJ 08034

Clark's Courts
Rt. 70/Plymouth Dr.
Marlton, NJ 08053

NEW MEXICO

Supreme Courts
Albug, NM 87110

NEW YORK

Glen-Cove Health & Racquetball Club
4 Cedar Swamp Rd.
Glen Cove, NY 11542
Unique Racquetball & Health Clubs, Inc.
3098 Long Beach Rd.
Oceanside, NY 11572
Unique Racquetball & Health Clubs, Inc.
530 Hicksville Rd.
Bethpage, NY 11714
Unique Racquetball & Health Clubs, Inc.
1191 Portina Rd.
Farmingville, NY 11738
Unique Racquetball & Health Clubs, Inc.
2229 Nesconset-Port Jefferson Hwy.
Lake Grove, NY 11755
Off the Wall Racquetball, Inc.
230 Oser Avenue
Hauppauge, NY 11788-3786

OHIO

Spring Meadows Court Club
6834 Spring Valley Dr.
Holland, OH 43528
Middletown Racquetball Club &
Nautilus Fitness Center
4343 S. Dixie Hwy.
Franklin, OH 45005

PENNSYLVANIA

Indian Springs Golf and
Racquet Club
949 Church St.
Landisville, PA 17538
Allentown Racquetball Club
601 Union St.
Allentown, PA 18105
Crasekey Racquetball Club
16 Weeden Dr.
Doylestown, PA 18901
Alpha Racquetball Club
4732 Old Gettysburg Rd.
Mechanicsburg, PA 17055
Royal Courts In
Rt. 315
Plains Twp, PA 18702
OMNI Court Club
2451 Grant Avenue
Philadelphia, PA 19114

TEXAS

Downtown YMCA
934 Calder
Beaumont, TX 77659

WEST VIRGINIA

West Virginia Racquet Club
Waddles Run Rd.
Wheeling, WV 26003

WISCONSIN

Sun Prairie Racquetball Club
506 Grandview
Sun Prairie, WI 53590

FOR INFORMATION ON HOW YOUR CLUB CAN BECOME A RACQUETBALL MAGAZINE AFFILIATE — COMPLETE AND MAIL COUPON BELOW.

☐ YES! I would like more information on how my club can be listed in the "RACQUETBALL COURT CLUB AFFILIATES" feature section.

Your Name _____

Court Club _____

Street Address _____

City _____ State _____ Zip _____

Mail to:
RACQUETBALL Magazine, 15115 S. 76th E. Ave., Bixby, OK 74008

TOURNAMENT CALENDAR

AARA Sanctioned Events

DECEMBER 4-6

Natural Lite Pro/Am
Holiday Health and Racquet Club (3)
424 Odlin Rd.
Bangor, Maine 04401
Keith Mahaney
207-947-0763

6th Annual Western Massachusetts
Open (3)
Pittsfield, MA
Mike Meyer
413-499-4600

Texas State Intercollegiate* (2)
Southwest Texas State
San Marcos, TX
John Hooghe
512-392-4576
*Housing Available

Santa Claus Special (3)
Anna Racquetball Center
Rt. 1 Hwy. 146 E
Anna, IL 62990
Terry Dean
618-833-7722

"SHOWDOWN IN SACRAMENTO"
Oldies But Goodies Handball/
Racquetball Tournament (3)
Sacramento Handball &
Racquetball Club
725 14th St.
Sacramento, CA 95814
Ed Martin/Jose Phillipp
916-441-2977

Holiday Festival (2)
Pleasure Park
2303 Hwy 70 E
Hot Springs, Ark 71901
Tom Wilkins
501-623-5559

DECEMBER 5-6
Arizona State Intercollegiate (2)
Scottsdale Civic Center
7303 E. Earli Dr.
Scottsdale, AZ 85251
Dave Braga
602-949-0643

North Dakota State Intercollegiate (2)
Tac Racquetball Club
1401 Dyke
Grand Forks, ND 58201
Jay McGurran
701-746-4486

DECEMBER 11-13
1st Annual Big Brother & Sister
Manatee County Racquetball
Tournament (2)
West Side Racquetball Club
6500 Manatee Ave. W.
Bradenton, FL 33505
Jim Brown
813-355-2912
813-792-7383

Who's Who at Family Fitness Center (2)
Bellevue Family Fitness Center
1505 N.E. 140th
Bellevue, WA 98005
Bob Bruce
206-481-4081

Sporting House Holiday Open (3)
Sporting House
3 Weymouth Rd.
Enfield, CT 06082
Ron Mirek
203-745-2408

DECEMBER 12-13
Connecticut State Intercollegiate (2)
Downtown Racquet Club
230 George St.
New Haven, CT 06502
Will Verhoff
203-787-6501

Indiana State Intercollegiate (2)
The Court Club
3455 Harper Rd.
Indianapolis, IN 46240
Brenda Garvey
317-846-1111

DECEMBER 17-20
Pepsi Juniors Challenge Finals (2)
Bellevue Family Fitness Center
1505 N.E. 140th
Bellevue, WA 98005
Bob Bruce
206-481-4081

JANUARY 8-10
Seniors Only (2)
Sun Oaks Racquet Club
3452 Argyle Rd.
Redding, CA 96002
Debbie Carmona
916-221-4405

Win Your Height in Miller Lite
Supreme Court Club
West Springfield, MA
Tom Economidy
413-781-0181

JANUARY 15-17
2nd Annual What's Your Racquet
Open (3)
What's Your Racquet
1904 Atlantic Ave.
Wall, NJ 07719
Pete Brown
201-223-2100

Maine State Singles Closed (2)
Andy Valley Racquet Club
John Bouchard
207-284-5953

2nd Annual Winter Racquetball
Tournament (3)
Aurora Family Fitness Center
1207 N 152nd St.
Seattle, WA 98121
Bob Bruce
206-481-4081

JANUARY 22-24
3rd Annual Tiger Open (3)
Racquet Club
467 N. Dean Rd.
Auburn, AL 36830
Bob Huskey
205-887-9591

R & R Racquetball Open (3)
R & R Racquetball Club
Whitman, MA
Dave Harrison
447-4478

Connecticut Open (4)
Court House 1
47 Hartford Turpike
Vernon, CT 06066
Gail Stanley

JANUARY 29-31
Indiana County Open (3)
Supreme Courts Racquetball &
Health Club
Indiana, PA 15701
Bruce Turchetta
412-349-9430

The Racquetball Today
Championships
Site to be announced
Paul Henrickson
617-754-6073

Lite/Middle Georgia Roll-Out (3)
Northside Racquetball Club
3330 Northside Dr.
Macon, GA 31210
Chip Mayberry
912-474-5051

FEBRUARY 1-5

Showboat US Military Tournament (4)
Las Vegas Racquetball Club
George Dwyer
303-598-0963

FEBRUARY 4-7
1982 NY State Open Doubles (4)
21st Point Club
McKown Rd. off Western Ave.
Albany, NY 12203
Vincent Wolanin
518-489-3276

FEBRUARY 5-7
2nd Annual Burie Open (3)
Burien Family Fitness Center
156 S. W. 156
Burien, WA 98148
Bob Bruce
206-481-4081

FEBRUARY 12-14
West Virginia State Juniors
Championships (2)
Charleston Family YMCA
300 Hillcrest Dr. E
Charleston, WV 25311
Maurice Presseau

FEBRUARY 13-14
Icicle Open (3)
Allentown Racquetball Club
601 Union St.
Allentown, PA 18105
John Brinson
215-821-1300

FEBRUARY 26-28
1982 Tennessee State Championships (2)
Contact Bill Branta for further details
615-757-4448

MARCH 5-7
Pennsylvania State Championships (2)
Sawmill Racquetball Club
York, PA 17401
Bernie Howard
717-667-2209

Wyoming State Singles (2)
Contact Robt. Ruchman
for further details
307-587-6058

Maryland State Championships (2)
Security Court Club
Baltimore, MD

Connecticut State Singles (2)
Cedar Hill Racquetball Club
375 E. Cedar St.
Newington, CT 06111
Bruce
203-666-8451

MARCH 18-21
Region #5 AARA Regional
Tournament (5)
The Racquet Place
2401 S. Pl. So.
Birmingham, AL 35223
Bob Huskey/Bruce Gouin
205-870-0144

4th Annual Equinox Open (3)
Bellevue Family Fitness Center
1505 N.E. 140th
Bellevue, WA 98005
Bob Bruce
206-481-4081

AARA REGIONAL #4
Omega 40 Racquetball Club
Ormand Beach, Florida
Van Dubolsky
904-378-5093

MARCH 19-21

St. Patrick's Day (3)
Meedville Racquetball Club
P.O. Box 1376
Meedville, PA 16335
Nancy Manning
814-724-3524

Wyoming State Doubles (2)
Contact Robt. Ruchman
for further details
307-587-6058

APRIL 2-4
AARA REGIONAL Region #13 (5)
Rocky Mountain Health Club
1880 Westland Rd.
Cheyenne, WY 82001
Dick O'Gara/Steve Gallassini

APRIL 8-11
AARA Regional Region #7 (5)
Inwood Forest Racquetball Club
Jon Olheiser
1920 W. Alabama #3
Houston, TX 77098
713-688-3100

APRIL 16-18
Japan Open (3)
Downtown YMCA
526 N. 20th St.
Birmingham, AL 35203
Bill Hotze/Dennis McRee
205-324-4563

AARA REGIONAL #3
Security Court Club
Baltimore, MD
Bernie Howard
717-667-2209

AARA REGIONAL #9
Davison Racquet Club
G-2140 Fairway Dr.
Davidson, MI 48423
Jim Hiser
313-653-9602

APRIL 22-24
1982 Dr Pepper & Natural Lite Classic (3)
Racquet Place
2401 20th Pl. S.
Birmingham, AL 35223
Bruce Gouin
205-870-0144

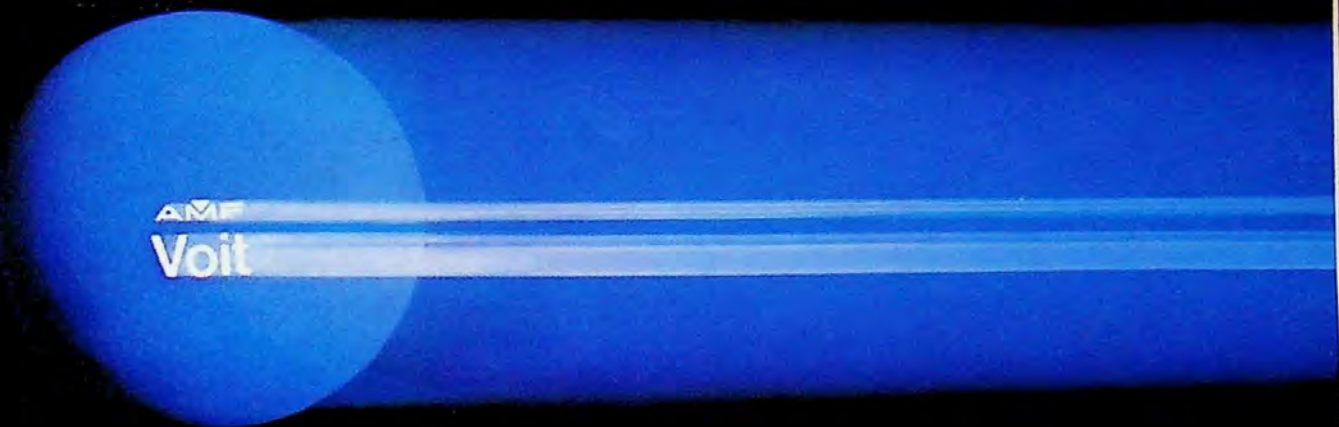
APRIL 29-MAY 2
AARA REGIONAL #12
Tom Young's
2250 Wyoming Blvd NE
Albuquerque, New Mexico 87112
Clay Childs
505-298-7666

This is a listing of AARA-sanctioned events.

- (1) — 1st level tournament
- (2) — 2nd level tournament
- (3) — 3rd level tournament
- (4) — 4th level tournament
- (5) — 5th level tournament
- (6) — 6th level tournament

*To put your tournament on this calendar, call Hallie at 901-761-1172. To ensure publication, information should be turned in by the 1st of the month, 60 days prior to publication (i.e. August 1 for the October issue, etc.)

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Kill me.**



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