

Passing Shots

Norm Blum
Editor & Publisher



EXTRA-TERRESTERIAL ENDORSEMENT? — A racquetball club recently offered fans this intriguing invitation in its advertisement: "Come join us and see who's found a home in racquetball."

THINGS WE LIKE — Penn balls, restaurants in clubs, courts with clean glass, B & C players, original alibis.

THINGS WE DISLIKE — Dirty lockerrooms getting hit by the ball and mismanaged clubs.

HYBRIDS — Hot on the heels of court soccer, court basketball and wallyball, AMF Voit has now introduced Smaquetball in which you strap on a pair of silly webbed paws and slap at an old Voit ball. Good grief, we don't want to sound like a stuffed shirt conservative, but what's wrong with racquetball? It's a great game.

UNSPORTSMANLIKE PLAYER OF THE YEAR — The year is still young, but the Florida Racquet Journal concedes this dubious honor to an Atlanta player for his actions against Steve Marigolotta in the Ektelon Championship last month at the Sportrooms of Coral Gables. In the tiebreaker, Marigolotta lost two points that should have been replayed. On one occasion Marigolotta called timeout and walked out the door. The ref didn't hear him and his opponent promptly served the ball for an ace while Marigolotta was cooling off. He lost a second point when he turned around and requested a 10-second timeout. Again, the ref didn't acknowledge his request and his opponent served another ace serve. The bottom line is any good sport would have replayed the questionable points instead of accepting them.

SECOND THOUGHTS — Last year juniors who opted to play in the AARA National Championship weren't able to qualify for the Sunshine State games because the nationals conflicted with the qualifiers. This year the same thing happened, but Omega 40's Steve Xynidis was able to work out a compromise which should appease everyone. Juniors from Florida who finish first or second in the junior regionals automatically qualify for the Sunshine State Games.

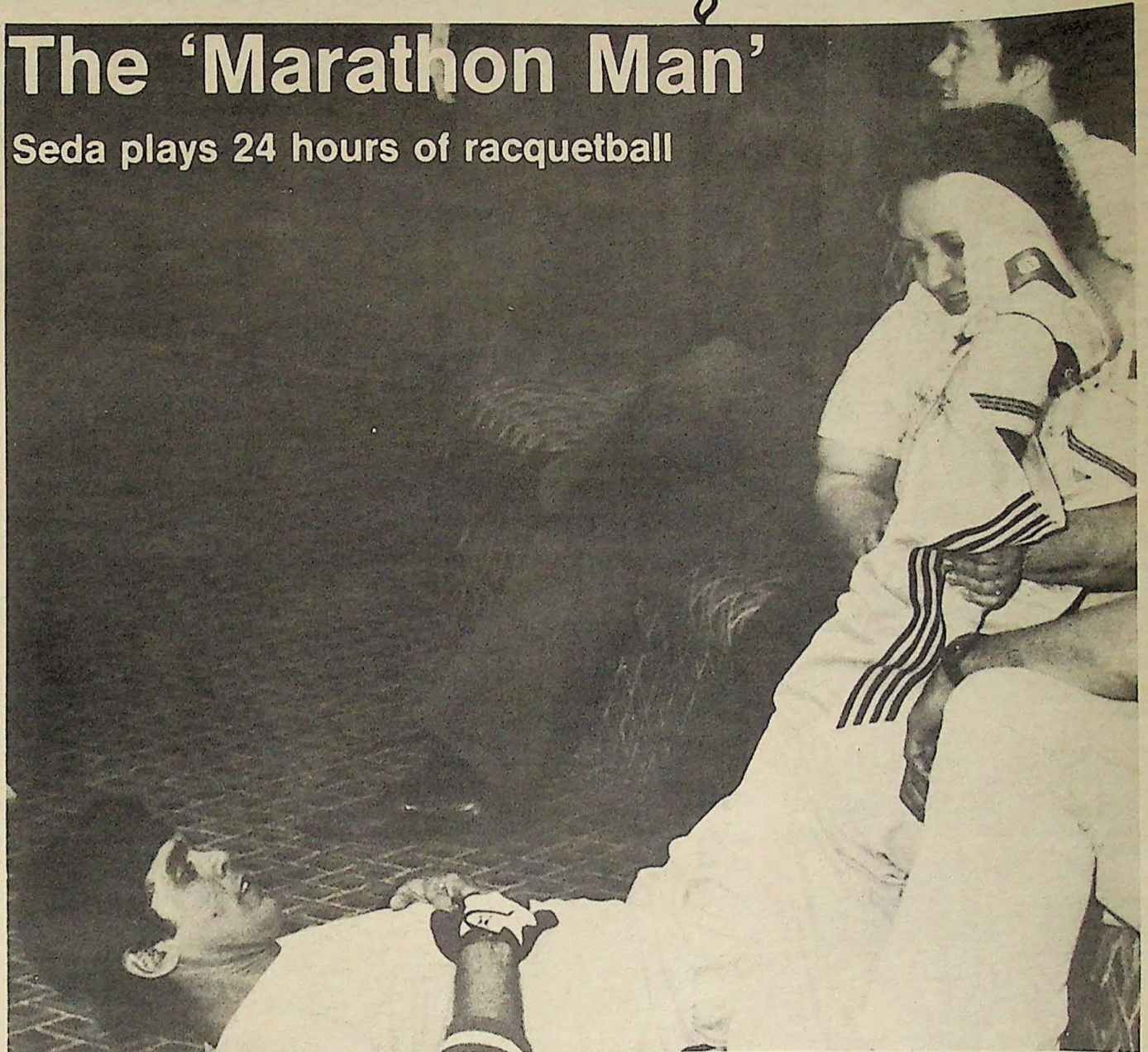
THUMBS UP — Laurels to Carl Nicks and the Tyrone Racquetball Club for holding one of the finest tournaments of the year. It was well-organized, the matches were on time and the hospitality was outstanding. Laurels to the PensaCourt Racquet Club for making out-of-town guests feel like everyday members. . . . Congrats to Bubba Gaudier and Tim Hansen for winning the intercollegiate national doubles championship. The two deserve more publicity than they receive. . . . Laurels to Steve Strandemo and Racquetball South. Steve did a heck of a job at his weekend camp and the Orlando club was a gracious host.

THUMBS DOWN — Can't understand how Ektelon can allow the Ektelon championships, supposedly its showcase for racquetball throughout the nation, to put 21-point games on a tournament application and then change it to 15 at the time of the tour-

(Please turn to page 15)

The 'Marathon Man'

Seda plays 24 hours of racquetball



Seda's mom comes to the rescue during a break

FRJ Photo/Pete Crummey

By Norm Blum
Publisher

CORAL GABLES — Julio Seda never felt more relieved when he heard the knock on the glass indicating his court time was up.

Seda had just played more racquetball than the average person does in three months. He completed a grueling 24-hour marathon to help raise money for Easter Seals during the "24 Hours at Sportrooms" in March.

Seda raised \$600 and the Sportrooms contributed \$6,407.85, the second largest amount in Dade and Broward Counties.

The fans gave Seda a standing ovation as he left the court at 6 p.m. on the last Sunday in March and promptly hugged his mom who helped him through the ordeal supplying him potassium concoctions and moral

support.

Seda, 32, single-handedly competed against 10 other teams facing a fresh player every 20 minutes.

"Afterward I felt good. I didn't feel physically tired," Seda said. "I don't want to sound tough, but the only real problem I had was with my toes. They were killing me because I was bouncing on them to prevent cramps from reoccurring."

Competing in marathons was nothing new for Seda. Stamina has always been Seda's forte and he's tested his will in other sports.

"In Puerto Rico we had a contest who could swim the most laps in the least amount of time. We had to use one stroke — the freestyle — and I swam 245 laps in three hours and finished second out of 60 contestants."

Seda also competed in a horseback riding marathon.

Riding a Paso Fino horse, he rode nine hours and accumulated points by navigating an obstacle course. During the marathon he had to ride the horse with one hand and hold a cup of water with the other trying to spill as few drops as possible in order to obtain a better score. Seda finished third in that contest.

"I've always had good stamina," said Seda, a teaching pro at the Sportrooms in Coral Gables and an employee of the Miami Herald.

When the "24 Hours at Sportrooms" idea materialized, Seda originally planned to be a captain of a team but decided to be a one-man team because it was never done before.

He trained diligently for the marathon, playing racquetball five to six hours a day, swimming an hour non-stop before work and jumping rope.

(Please turn to page 3)

Dave Peck camp coming to Miami Lakes. See Page 13

Where To Play

For \$100 a year, your club can reach all the racquetball players in Florida. Contact the Florida Racquet Journal about placing your club in the Where To Play section. Call (904) 721-3660.

AUBURNDALE

Auburndale Tennis & Pro Shop — 202 West Park St. (813) 697-7265. 4 outdoor 4-wall courts. 8 a.m.-11 p.m. Public courts. Non-resident, \$3 during daytime, \$5 after 5.

CORAL SPRINGS

The Quadrangle Racquetball Complex — 2160 University Dr. (305) 753-8900. 12 courts. No guest fee for NCCA card holders; \$5 for others. Pro shop, cafe, nursery, Nautilus, whirlpool, sauna. 7 a.m.-midnight weekdays. 8 a.m.-8 p.m. weekends.

CLEARWATER

Suncoast Court House — 2147 Pine Forest Dr. (813) 531-8933. 16 courts. 2 glass tournament courts. \$5 guest fee covers court time. Nautilus, pool, fully equipped lockerroom. 6:30 a.m.-midnight weekdays, 8 a.m.-midnight weekends.

CRYSTAL RIVER

Kelly's Racquet and Swim Club South Griffin Rd. (904) 795-3703. 2 racquetball courts, 2 tennis courts. Guests with members: \$5 per day plus court fee. Universal, exercise room, spa, jogging track, swimming pool. Clubhouse with lounge.

FORT LAUDERDALE

Holiday Courtrooms — 750 W. Sunrise Blvd. (305) 764-8700. 19 courts. \$6 guest fee for out-of-towners. Basketball court, running track, two Nautilus rooms, swimming pool.

Powerline Health & Racquet Club — 5300 Powerline Rd. (305) 772-2222. 9 racquetball courts; 2 international, 2 American squash courts. Complete Nautilus Fitness Center. Full restaurant and lounge. 30 seconds off I-95, Commercial Blvd. exit. Take Powerline Rd. North.

FORT MYERS

The Olympiad — 8450 Dayton Ave., SW (813) 939-4477. 10 courts. Country club atmosphere. Fully equipped lockerroom, outdoor jogging track. Convenient and accessible from all directions. 7 a.m. to 11 p.m. seven days a week.

FORT WALTON BEACH

Racquetball West — 125 Miracle Strip Pkwy. (904) 244-6106. 8 courts. \$3 guest fee (guests always welcome). Whirlpools, sauna, pro shop, exercise room, nursery. 8 a.m. to 11 p.m. daily.

GAINESVILLE

Gainesville Racquetball Club — 6916 W. University Ave. (904) 372-2120. 6 courts. \$3 guest fee (call ahead). Universal. Lounge, juice bar, color TV.

HOLLYWOOD

South Broward Racquet and Sports Club — 555 Ravenswood Rd. (305) 987-6410. 10 courts. No guest fee for NCCA and United States Sports Club members, \$3 for others. \$2 non-playing fee for other facilities. Full-sized gym, basketball court, whirlpools, saunas, exercise equipment, nursery, game room, pro shop. Cocktail lounge, juice bar, 7-foot TV, entertainment Friday nights.

JACKSONVILLE

Jacksonville Racquetball Health and Fitness Center — 6651 Crestline Dr. (904) 724-6994. 10 courts. \$5 non-prime time guest fee; \$6 prime. Nautilus, Aerobics. The only club in Jacksonville that caters to out-of-towners.

Ortega Racquet Club and Fitness Center — 4206 San Juan Ave. (Ortega/Avondale area). (904) 388-1500. 6 courts. No guest fee for active out-of-town club members. Largest heated indoor pool in Jacksonville. Separate men's and women's lockerroom facilities. Steam Seafood Restaurant.

Racquet Power — 3390 Kori Rd. (904) 268-8888. Premier club in Jacksonville. 14 courts. No guest fee when accompanied by member. Otherwise, \$10 during non-prime time hours. Modern Nautilus room, Dynavit, out-side whirlpool, steam room, sauna, aerobics, self-defense classes.

NEPTUNE BEACH (JACKSONVILLE)

Beaches Racquet Club — 450 Atlantic Blvd. (904) 241-5252. 6 courts. \$3 guest fee, plus court time. Nautilus, aerobics room, complete lockerroom, nursery, snack bar. 6 a.m.-11 p.m. weekdays, 7 a.m.-11 p.m. weekends.

MELBOURNE

The Harbour Pines Racquet Club — (305) 7776737. NEW CLUB! 13 racquetball courts, 1 squash court, Nautilus Equipment room, steam room, whirlpools, saunas, \$3 guest fee. Tyrone Racquetball Club — 6690 Cross Winds Dr. North (813) 381-8711. 16 courts. \$5 guest fee; Non-Prime time \$8, Prime Time \$10. Whirlpool, sauna, exercise room. Private club. 6:30 a.m.-midnight daily.

MIAMI

Bogey's — 5885 NW 151st St. (305) 822-0160. 9 courts. \$6 guest fee includes court time. Gymnasium, aerobics. Restaurant and lounge.

Bogey's Barn — 9300 SW 152nd St., South & Dixie Hwy. (305) 233-8603. 10 courts. \$6 guest fee includes court time. Dynacam, aerobics, physical fitness programs, pool. Restaurant and night club.

Kendall Racquetball and Health Club — 10631 SW 88th St., Dadeland West Office Park. (305) 596-0600. 11 courts. \$5 guest fee plus court time. Fee waived for NCCA members. No reservations, please call. Separate men's and women's health club. Nautilus, fully equipped lockerrooms, pro shop. Lounge, social area.

Miami Court Club — 9395 Bird Rd. (305) 226-4014. 10 courts. No guest fee for NCCA members; \$3 for others (no reservations). Hotel guests in Miami can reserve non-prime for \$7 (6 a.m.-4:30 p.m. weekdays, 6 p.m.-midnight weekends). Prime \$9 or \$12. Racquets, shoes for rent. Pro shop, whirlpool, sauna, steam room. 6 a.m.-midnight daily.

Miami Lakes Athletic Club — Palmetto Expressway & NW 154th St. (305) 821-1150. 9 racquetball courts. Championship court. Diane Bullard — head pro. Gymnasium. Restaurant and lounge. Nautilus. Aerobics. Guests must be accompanied by members.

NAPLES

The Olympiad — 1048 Castello Dr. (813) 262-1112. 8 courts. \$5 guest fee. Pool, complete lockerroom. Restaurant. Under new ownership.

OCALA

The Fontainebleau — 2120 Northeast 46th Ave. (904) 236-2288. 10 courts. \$3 guest fee. Nautilus, swimming pool, sauna, steam room, whirlpool, lockers. Aerobicise, karate, gymnastics. Pro shop, supervised nursery, hair salon. Video games, snack bar, lounge

ORANGE PARK

Park Avenue Racquet Club — 714 Park Ave. (904) 269-8000. 6 racquetball courts, 8 soft tennis courts. \$3 guest fee plus court time. Nautilus, whirlpool, pro shop, nursery. Bar and lounge. 7 a.m.-11 p.m. weekdays, 8 a.m.-11 p.m. weekends.

ORLANDO

The Club — 825 Courtland St. (305) 644-5411. 10 racquetball courts, 16 tennis courts, swimming pool, Nautilus, lounge, pro shop, sauna, whirlpool. Guest fee \$3 & \$5. 7 a.m.-11 p.m. weekdays, 8 a.m.-6 p.m. weekends.

The Racquet Ball — 5165 Adanson St. (305) 645-3999. 8 courts. \$6 guest fee. Nautilus, complete lockerrooms. Restaurant.

Racquetball South — 5224 S. Orange Avenue. (305) 857-1388. Brand new facility. \$5 guest fee. 8 courts, 2 glass championship courts. Nautilus. Spacious lounge and grill with large screen TV. A new era in relaxation — Flotation. Completely stocked pro shop.

ORMOND BEACH

Omega 40 — 1 S. Old Kings Rd. (904) 672-4044. 10 courts, 24 pieces of Nautilus, \$5 guest fee. Swimming pool, whirlpools, steam/sauna. Open 7 a.m.-11 p.m. Manager of the year Mike Phillips resides.

PANAMA CITY

The Court House — 3120 W. Highway. (904) 796-6184. 6 courts. Separate lockerrooms, whirlpool, sauna. Cam 2 weight room. Gymnasium, dance room, heated swimming pool, nursery & lounge. No guest fee for NCCA members.

POMPANO BEACH

Tennis Trainer — 1301 W. Copen Rd. (305) 974-4310. 7 racquetball courts, 3 tennis courts, 2 indoor practice tennis courts. \$7 guest fee (full use of club). Fully equipped lockerroom.

PORT CHARLOTTE

Charlotte Racquet Club — Loveland Blvd. (813) 629-2233. 4 racquetball courts, 6 tennis courts. \$3 guest fee; \$6 non-prime, \$8 prime. Universal, ping pong. Snack bar. Plans for expansion.

SARASOTA

SARASOTA YMCA — 1075 S. Euclid Ave. (813) 957-0770. 8 courts (2 new exhibition courts with excellent spectator viewing). \$2 guest fee. Non-prime \$5, prime \$7. Co-ed whirlpool. Visitors and guests welcome. Open 7 a.m. to 11 p.m. daily. Massage therapist on duty 9 a.m. to 5 p.m. Monday thru Friday.

Sarasota Racquetball Club — 2170 Robinhood Dr. (813) 922-3546. 6 courts. \$2 guest fee (no reservations); non-prime \$6, prime \$8. Nursery. Lounge, free first-run movies.

ST. PETERSBURG

Tyrone Racquetball Club — 6690 Cross Winds Dr. North. (813) 381-8711. 16 courts. \$3 guest fee for out-of-town club members with current card; non-prime \$7, prime \$9. Whirlpool, sauna, exercise room. Private club. 6:30 a.m.-midnight daily.

STUART

Mid Court Racquetball Club — 20 N.E. Dixie Hwy., Rt. 707. (305) 692-9488. 8 courts. \$2.50 guest fee (guests welcome); \$8 prime (4 pm.-11 p.m. weekdays). All other hours \$6. Racquets, balls for rent. Universal gym, whirlpool, saunas, pro shop, nursery. Lounge, billiards, game room. 8 a.m.-11 p.m. daily.

TAMPA

Brandon Racquet Club — 2011 S. Parsons Ave. (813) 689-4410. 5 courts. No guest fee for out-of-town club members; \$6 non-prime, \$8 prime. Universal, saunas. 7 a.m.-midnight daily.

Tampa Bay Court House — 7815 N. Dalemabry (813) 932-5321. 10 courts. 2 side-wall glass courts. \$5 guest fee covers court time. Nautilus, pool, fully equipped lockerrooms. 6:30 a.m.-midnight weekdays, 8 a.m.-midnight weekends.

TAVENIER

Wall to Wall Racquetball — Upper Florida Keys, Milemarker 91.5 (behind Harry's Restaurant) (305) 852-2634. 5 courts. No guest fee for out-of-towners with current club card. Nursery. Ideal resort area. Finally, racquetball in the Keys!! Check it out.

VENICE

Venice Racquetball and Fitness Center — 581 N. Venice By-Pass (813) 484-8427. 8 courts. \$3 guest fee; \$4 non-prime, \$8 prime. 2 full gyms, swimming pool, sauna, steam bath, inhalation room. Big lounge.

VERO BEACH

The Forum — 650 12th St. (off U.S. 1). (305) 567-7727. 6 courts. Under new management. Watch the Los Angeles Dodgers train and play a game of racquetball. Club expects to expand shortly and become a showcase among clubs in Florida. Watch us grow!

WEST PALM BEACH

The Courthouse — 1500 Old Okeechobee Rd. (305) 684-2111. 7 courts. Complete Nautilus Fitness Center. Enjoy the sun and then visit the Courthouse. Food and cocktail area.

Winners

Ektelon Regionals

Sportrooms of Coral Gables
Open— Sergio Gonzalez def. Brian Mitchell. A—George Deeb def. Frank Morris. B— Jay Maceo def. Bill Hecker. C— John Garcia def. R. Fuentes. Novice — A. Amat def. P. Zamorano. 30+— Craig Guintier def. Greg Maloley. 35+— Mike Winslow def. O.

FLORIDA RACQUET JOURNAL

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Cherasia. 45+— Robert Harper def. Mike Woohl. Paul Gorman def. A. Papile. Open Doubles — Jeff Bales/Van Dubolsky def. P. Chardavoyne/Calura. B Doubles — Paris/Dias def. Goldan/Gurtrano. C Doubles — Deogato/Montino def. Smith/Martin. 17 and under — Fuentes def. Bertot. Women's Open — Brenda Barrett def. Julie Pinnell. A — D. Ferrira def. Jan Curtis. B— C. Healy def. Susan Vaday. C — C. Andrus def. C. Delgado. Novice — S. Clute def. T. Alberto. Veteran — A. Falso def. Annette Desormey. A/B Doubles — Pinnell/Lauteria def. Feggors/Beddell. 17 and under — C. Healy def. Pam Ashford.

Tyrone Racquetball Club

St. Petersburg
Men's 18-24— Tim Hansen def. Chris Buckner. 3rd— Curtis Winter. 25-29 — Randy Pfahler def. Todd Taylor. 3rd— Jim Spratt. 30-34— Van Dubolsky def. Chris Leyshock. 3rd — Glen Gibellina. 35-39— Rick Fusari def. Joe Icaza (forfeit). 3rd — John Alton. 40+— John Alton def. Bill Koenig. 3rd — Ed Vlock. Women's 18-24 — Julie Ginsberg def. Renee Fish. 3rd — Valerie Bazrte. Men's Open — Joe Icaza def. Tim Hansen. 3rd — Chris Buckner. B — Steven Barre def. Tony DiGiorgio. 3rd — Peter Trauscht. C— Jeff Hager def. Jim Hartley. 3rd — Thomas Johns. Novice — Jeff Horning def. Doug Klekner. 3rd — Michael Berrenson. Women's Open — Julia Ginsberg

def. Barbara Simmons. 3rd — Judi Schmidt. B — Susan Richardson def. Jill Carlson. 3rd — Carol Andrews. C — Judy Williams def. Beth Alo. 3rd — Becky Holder. Novice — Sarah Packer def. Anne Taylor. 3rd — Sharon Dobratz. 30+ — Judi Schmidt def. Eleanor Smith. 3rd — Renee Fish.

Volusia County Doubles Championship
Open — Richard Hull/Pat Maloney. 35+— Chub BonFleurs/Jim Robertson. Mixed Open — Dan McKinley/Barb Vogel. Family Doubles — Scott/Jerry Penny.

Spina Bifida Cash Classsic

Beaches Racquet Club

Neptune Beach

Men's Open — Bubba Gautier def. Mark Morrison. 3rd— Tim Hansen. A — Brent Huber def. Ray Felice. 3rd— Jeff Johnson. B—Terry Baldwin def. Tom Malone. 3rd— Dave Chapell. C— Mike Distefano def. Don Kerr. 3rd— Robert Taylor. Novice — Betty Smith def. Peter Heberling. 3rd— Bret Roy. Women's Open — Diane Bullard def. Nancy Hamrick. 3rd— Susan Morgan. B— Ceil Brooks def. Karen Harbison. 3rd— Sally Staples. C— Beth Alloi def. Carolyn Glazier. Sports & Court

Gainesville

Men's Open — Jeff Johnson def. Brent Huber. B— Tony Conti def. Al Benecick. C— Fay Hodge def. Jim Lapoine. Mixed Doubles — Gene Rodriguez/Lori Basch def. Tony Con-

te/Linda Vernon. B— Gene Rodriguez/Robert Borgess def. Eddie Graddick/John Brown. Westside Racquetball & Fitness Center

Bradenton

Open Singles — Bill Cottrill def. John Schneider. 3rd— George Moller. Open Doubles — Charlie Nichols/John Schneider def. Randy Godwin/Gene Owen. 3rd. — George Mollenberg/Jim Dutton. B Doubles — John Thomas/Rick Dohme def. JaMeS Walden/Robby Walden. 3rd—Tom McEwan/Fred Stallworth. B — Tom McEwan def. Mike Boza. 3rd — John Thomas. C — Fred Stallworth def. Robert White. 3rd—Robert Bacon. C Doubles — Bob White/Hal McMinn def. Tom Hutchinson/Bob Blitz. 3rd— John Scargle/Isabel Arango. Novice — Mike McDonald def. Ron Kinlaw. 3rd— Roy Teretka. 27+— Gene Owen def. Mark Standerman. 3rd— Chris Leyshock. Women's C Singles — Isabel Arango def. Michelle Dorsey. B— Sharon Stein def. Marie Zahner. 3rd— Michelle Dorsey. Novice — Kim Kitchner def. Michelle Boza. 3rd— Trish Padgette. Capital City Spring Classic

Tallahassee
Men's Open — Ted Hagen def. Stev Rose. 3rd— Rick Shook. Open Doubles — Rose/Hagen def. Davis/Shook. B — Tom

(Please turn to Page 15)

Dear Mom: Wish you could be at the camp

Dear Mom: April 24, 1983
Orlando, FL.
Having a great time — wish you were here! For the past two days I've been living in a fantasy world. I've left all my troubles at home and it feels terrific. No, Mom, I'm not visiting Disney World. I'm at the Steve Strandemo Weekend Racquetball Camp!

This camp is not like the ones I went to as a kid. This is twice as fun! All you need to have a good time is a racquetball racquet (and some Ben-Gay.)

Rigorous would be a good way to describe this camping experience. By the end of the day my muscles are aching and I'm exhausted. But I'm learning so much! For the first time I can hit a "z" serve with ease and my splat shot is terrifying!

And strategy! Now I know where to position myself on the court so I won't get hit in the face — for me, that's quite an accomplishment!

I'm also learning the basics. Can you believe that I've been incorrect-



ly gripping the racquet for the past three years? And my swing is off! How embarrassing! The real work starts when I get home and start practicing what I've learned.

What makes the camp fun are the other campers. We have quite a cross section of people here — lawyers, business executives, even a couple of kids (the amount of ener-

gy they have is sickening!) There are even a couple of interesting characters here, including a Camp Casanova (there's never a dull moment!)

Everyone's having a good time, but I can tell I'm not the only one who's out of shape. One woman told me she bought some Ben Gay after yesterday's session, but fell asleep last night before she could rub it on!

For once, Mom, I can say that I really like my teachers! Steve Strandemo is a great instructor. I'm convinced he can teach anyone anything — after all, he's taught me how to hit a decent lob serve! I think he'd make a great coach. He's very sincere. I can tell that he's interested in teaching me how to play racquetball. When he instructs me, I have his undivided attention.

His two assistants, Sergio Gonzalez and Matt Mathews, are also very helpful. It seems like I'm playing well until I notice they're watching me. That's when my line drive serve zooms down the middle and my pinch shot skips. All three of them have the patience of saints!

Today's the last day of camp and I'll be sorry to see it end. It would be great to have a camp reunion here next year! By then any one of us should be able to get at least a few points off Steve in a match!

Love,

Kathy

24 hours

(Continued from page 1)

Fellow Sportroom members downplayed Seda's idea and questioned whether he'd pull it off.

He began playing Saturday at 5:50 p.m. and some members still doubted he'd play the full 24 hours. "They were betting money that I couldn't make it," Seda said.

At 1 a.m. such bets looked good. "I felt heavy cramps in my left leg. I had broken my left ankle a year ago but the doctors put a cast on the entire leg to prevent me from playing and the cramps were real bad. I thought I was going to quit. I didn't stop playing. I massaged it and started bouncing on my toes to prevent the cramps from coming back. The cramps lasted about 30 minutes but I had never been in such pain."

Seda, who went to the bathroom four times during the 24 hours, saved up his rest periods and was allowed a 15-minute shower at 7 a.m.

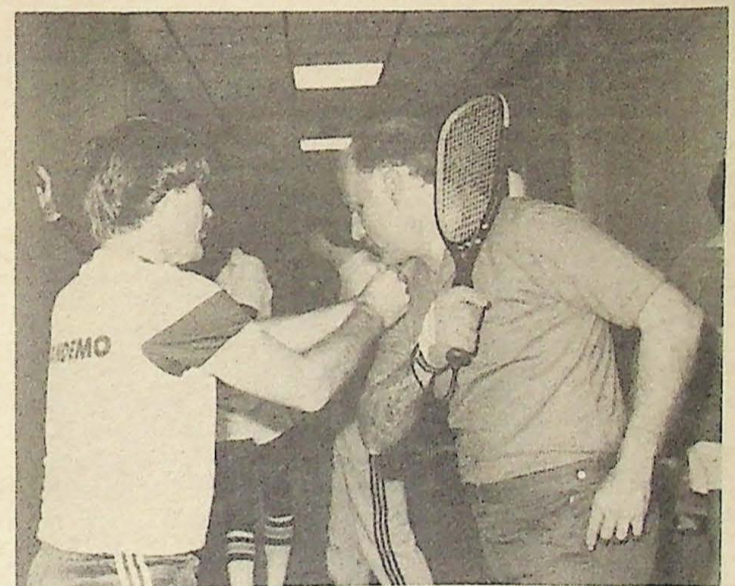
"My goal was if I made it to 6 a.m. I was going to make it. I wasn't going to stop. After the shower I felt brand new. My toes were hurting a lot. Everytime I pressed down they hurt."

Despite playing so long, Seda was still competitive on the court finishing fourth out of 12 teams. "My worst loss was when I got only eight to 10 points," said Seda who was surprised that some opponents were trying to beat him as badly as possible. "I couldn't understand that and that concerned me, but I managed to hang in there."

The remaining hours passed quickly for Seda and before he knew it, 6 p.m. arrived.



FRJ Photos/Kathy Blum



Steve Strandemo (left) uses the chalkboard to emphasize a point. Strandemo (above) shows Miami's Ben Cuento the proper stroke and reviews the backhand with Jacksonville's Judy Ford (bottom).



Florida Racquet Journal



"Official Energy Drink"



6651 Crestline Drive
Jacksonville, FL 32211
(904) 724-6994

Penn
RACQUETBALL



Presents

The 1983 Sunshine State Games Warm-up Classic June 10 - 12, 1983

Location: Jacksonville Racquetball Club, Health & Fitness Center
6651 Crestline Drive East
Jacksonville, FL 32211
(904) 724-6994

Entry Fee: First Event: \$21.00 (includes tax)
Second Event: \$10.50 (includes tax)
AARA Membership required. Please have proof of membership available. \$6 waiver fee for non-members.

Souvenirs: Tournament shirts.
Prizes: Awards to 1st, 2nd & 3rd place winners in singles divisions; 1st & 2nd for doubles. Extravagant door prizes.

Hospitality: You won't go home hungry. Friday night snacks. Saturday breakfast, Saturday lunch, Saturday night party featuring free beer from 7 p.m. until ??, dinner and scrumptious desserts from a bake-off contest.

Facilities: 10 air conditioned courts, Nautilus, aerobics room, steam rooms, whirlpools, snack bar, spacious lockerrooms and shower areas.

Date: June 10-12, 1983

Entry Deadline: June 7, 1983. Phone entries with VISA or MasterCard only. Call (904) 721-3660. Make checks payable to and mail to: Florida Racquet Journal, P.O. Box 11657, Jacksonville, FL 32239.

Starting Time: Player may call for starting times Thursday, June 9th after 8 p.m. at (904) 724-6994 and players must check in 20 minutes prior to starting time.

Official Ball: Penn "Ultra Blue"

Rules: A.A.R.A. sanctioned, 21-point games, 11-point tie breakers, no consolation division.

Tournament Directors: Al Winter, Steve Howell, Norm Blum, and Joel McDuffie

DIVISIONS

- | | | | | |
|---|--------------------------------------|---|--|--------------------------------------|
| <input type="checkbox"/> Men's Open | <input type="checkbox"/> Men's 18-24 | <input type="checkbox"/> Women's Open | <input type="checkbox"/> Women's 18-24 | <input type="checkbox"/> Juniors |
| <input type="checkbox"/> Men's B | <input type="checkbox"/> Men's 25-29 | <input type="checkbox"/> Women's B | <input type="checkbox"/> Women's 25-29 | <input type="checkbox"/> Boys 14-17 |
| <input type="checkbox"/> Men's C | <input type="checkbox"/> Men's 30-34 | <input type="checkbox"/> Women's C | <input type="checkbox"/> Women's 30-34 | <input type="checkbox"/> Girls 14-17 |
| <input type="checkbox"/> *Men's D | <input type="checkbox"/> Men's 35-39 | <input type="checkbox"/> *Women's D | <input type="checkbox"/> Women's 35-39 | |
| <input type="checkbox"/> **Men's Novice | <input type="checkbox"/> Men's 40-44 | <input type="checkbox"/> **Women's Novice | <input type="checkbox"/> Women's 40-44 | |
| | <input type="checkbox"/> Men's 45+ | <input type="checkbox"/> Women's 45+ | | |

DOUBLES:

- | | | | |
|-------------------------------------|----------------|---------------------------------------|----------------|
| <input type="checkbox"/> Men's Open | Partner: _____ | <input type="checkbox"/> Women's Open | Partner: _____ |
| <input type="checkbox"/> Men's B | Partner: _____ | <input type="checkbox"/> Women's B | Partner: _____ |
| <input type="checkbox"/> Men's C | Partner: _____ | <input type="checkbox"/> Women's C | Partner: _____ |

A.A.R.A. Rules state anyone under 19 years of age required to wear eyeguards.

*Eligible to players who have never made it beyond the second round in the C division of an open tournament.

** For players with less than one year's experience.

Divisions with less than eight entrants will be cancelled. Maximum - 2 divisions. (If you play two divisions, you forfeit your rest period between matches.) Tournament directors reserve the right to re-classify players. No "sandbagging" will be tolerated. Winners referee next match or forfeit victory.

Name _____
Address _____
City _____ State _____
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Floridians advance to Ektelon Finals

Florida, considered one of the hotbeds of racquetball, will be well represented in the Ektelon Championship National Finals on May 12.

Three Floridians qualified for the finals in the regional competition.

Sergio Gonzalez and Brenda Barrett won the men's and women's open division at the Sportrooms in Coral Gables last month, while Pensacola's Jay Schwartz travelled to Houston to take the Men's Veteran division.

Schwartz, a former National 35+ champion, made a smart move in competing in the weaker Houston regional. Schwartz thumped Mike Carr of Austin, TX, 15-2, 15-3.

In the Florida Veterans division, Craig Guinter of Williamsport, PA., defeated defending regional champ Joe Icaza in the semifinals and went on to edge Boston's Greg Maloney of Boston, MA, 15-14, 15-14.

Hometown favorites Sergio Gonzalez and Brenda Barrett had little trouble in winning their regional titles.

Gonzalez, who recently married and attends school, humiliated Ektelon-sponsored Dan Obrinsky in the semifinals in two straight games. He went on to down Brian Mitchell of Rochester, MI, 15-7, 13-15, 11-8. Mitchell, seeded second, was on the verge of defeat three times during the tournament but each time managed to stage a comeback. Mitchell surprised Fort Lauderdale's Freddie Calabresse, the No. 4 seed. Calabresse, who finished fourth in the



Sergio Gonzalez

AARA National Amateur Championships, squelched a 10-2 tiebreaker lead and lost the semifinals 11-10 to Mitchell and the right to meet his arch-rival Gonzalez.

Barrett, who plays on the pro tour but qualified for the championship because she earned \$40 less than the maximum of \$1,000 allowed to compete, defeated Julie Pinnell of Orlando 15-9, 15-7.

This will be the first appearance for Gonzalez and Barrett while Schwartz will compete for the national championship a third straight time.

Gonzalez, who trained little for the regionals, has resumed workouts



Brenda Barrett

and will face tough competition against the likes of Memphis State's Jack Neuman, California's Mark Martino and New York's Reuben Gonzalez.

Gonzalez, a former national junior champion, says he's anticipating the opportunity.

"I didn't play much before the regionals, but now I'm training real hard," Gonzalez said.

Barrett, who was ranked high as ninth on the women's pro tour last year, should have little trouble in the amateur division and the victory should boost her confidence and help her on the pro tour. She's regarded by many as the next domi-

Calendar

- May 5-7—The Quadrangle—Coral Springs
- May 12-15—AARA Regionals—Racquet Power—Jacksonville
- May 20-22—Lakeland YMCA
- May 20-22—Venice Racquetball & Fitness Center
- May 27-29—Park Avenue Racquet Club—Orange Park
- June 3-5—The Club—Orlando
- June 10-12—Jacksonville Racquetball Club
- June 24-26—Sunshine State Games Regional Qualifiers
- Region I — Capital Racquet Club — Tallahassee
- Region II — Omega 40— Ormond Beach
- Region III — Tyrone Racquetball Club — St. Petersburg
- Region IV — Quadrangle — Coral Springs
- July 8-10—Holiday Courtrooms — Fort Lauderdale
- July 15-17—Dave Peck Weekend Racquetball Camp —Miami Lakes Athletic Club

nant player on the tour.

In last year's Ektelon championship, Diane Bullard, now a pro at Miami Lakes, finished second, losing to Tammy Hajjar while Matt Mathews, now semi-retired, reached the semifinals. Last year Icaza gave up his all-expense paid trip to Van Dubolsky who finished second and lost in the first round of the national championships.

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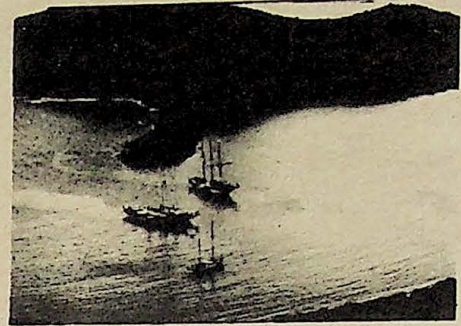
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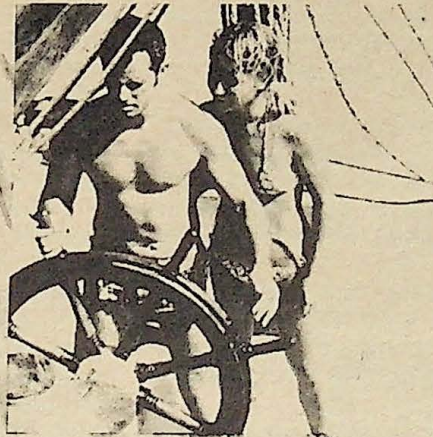
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Gautier, Hansen nab doubles title

MEMPHIS, TENN. — The partisan Memphis State crowd jeered the doubles team of Tim Hansen and Bubba Gautier when they walked onto the court to warmup for the intercollegiate national championship against the hometown Memphis State duo of Brian Sheldon and Jeff Jeffers.

Florida's Hansen and Gautier were the villains and a chorus of cheers could be heard everytime Sheldon and Jeffers pulled ahead. The crowd got its way the first game

21-17, but Hansen's awesome forehand and Gautier's bazooka-like backhand served as a silencer. Gautier and Hansen, representing Santa Fe College in Gainesville, thumped the Memphis State team 21-10 in the second game and won the tiebreaker and national title 11-7.

Gautier and Hansen each received \$500 in scholarship money for their efforts and established themselves as one of the favorites in October's National Amateur Doubles Championship.

The Gautier/Hansen team defeated No. 1 seeded Peter Wong and Keith Blackman to advance to the finals and the partisan crowd pumped the Florida team up.

"It was like we were from Russia," Gautier said. "The place was packed for Memphis." Hansen savored the anti-Florida climate and said it made him play even harder. "I loved it. I like disappointing a crowd." "You act the same way when the crowd is for you," Gautier added.

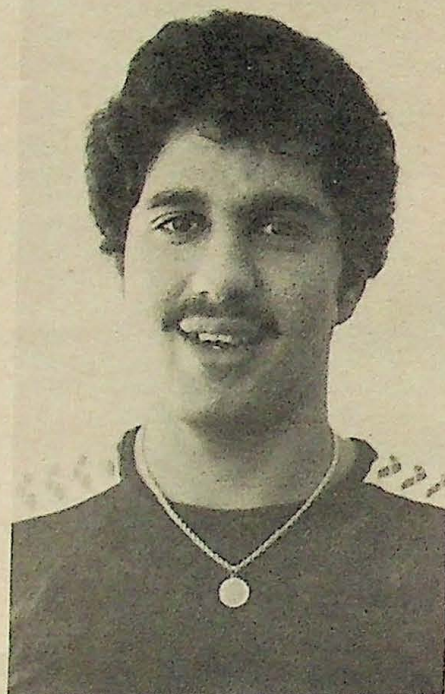
Gautier and Hansen won four rounds before taking the title and, except for the tiebreaker in the final, had virtually no trouble and hope eventually their championship will land them a spot on the United States racquetball team now being formed.

Both Gautier and Hansen said the intercollegiate confirmed their thoughts that the top racquetball players in Florida could compete with anyone in the nation.

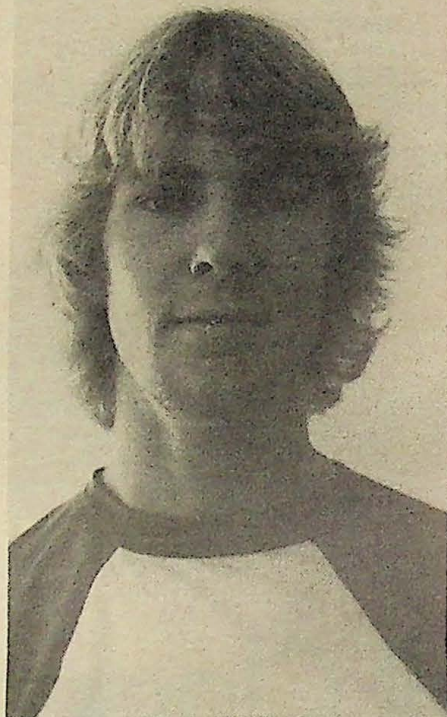
"If we took all the top Florida players and formed a team we'd win the national title," Hansen said.

The Gautier/Hansen team, except for an upset loss to Gainesville's Van Dubolsky and Randy Pfahler, have been unbeatable in open doubles. They've won the Florida State Open Doubles title, the state intercollegiate title and the intercollegiate nationals.

"We need a good doubles team to challenge us," Hansen said.



Tim Hansen



Bubba Gautier

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B
C
19+
25+
30+
Open Doubles
B Doubles
Mixed Doubles

Forehand serve an effective shot

By Dave Peck

Early last year, John Egerman and I were in San Diego for a player meeting at Ektelon and we happened to watch a replay of the 1981 Ektelon-Perrier finals between Marty Hogan and Mike Yellen.

At one point of the videotaped match, with Mike down a point or two, he served a beautiful ace to the forehand side. Marty had been napping. Egerman smiled, turned to me and said, "Great shot. Hogan was sitting on that backhand serve. That's an excellent way to score some points on Marty."

Yellen obviously thought so, too. The very next serve he blasted another forehand down the line. Mistake. This time Marty was right there, perfectly set up. The next shot on the tape was the ball rolling out from the front wall.

The Yellen-Hogan exchange underscores the point of this instructional: the forehand serve can prove surprisingly effective if the players will break the habit and use it; but it must be used discreetly — or, as Hogan did, your opponent will be playing rollout.

Therefore, let's break this instructional down into two parts. One, what the forehand serve is and when to use it. The other, how to defend that serve and return it properly — putting yourself into an offensive position.

Instruction

Dave Peck



First, let's define what we're after. A forehand drive serve should be low, hard hit, bounce twice before the back wall and head straight for the corner.

To accomplish this, your service motion — and this is important — should be the same as hitting a forehand: stepping into the ball, using your legs and knees to bend low, toe open to the corner. One of the most important aspects of serving is keeping everything consistent. This leads to deception — a very important part of the forehand serve.

Your body should never change from serve to serve, and you should drop the ball in the same spot every time. This will force your opponent to stay in the middle of the backcourt and not cheat. Why? Because with a hard snap of your wrist, you can blister a backhand serve, and by opening your wrist a bit you can fire off a forehand serve.

Now, let's explain your spot in the box. This has been done many times, but it's important. Ninety percent of the players today serve from

the middle of the box. You can hit a forehand serve from right, middle or the left-hand side of the service box. Use all of it!

And when you serve, act like you are in total control. You are! Your opponent is in the dark. We're looking for clues (more on that later) and if you can keep your motion consistent plus vary your serve, your opponent will never know what side your serve is going to — all of which makes your forehand serve that much more effective.

The service itself is fairly simple. As you set up in the service box, sneak a peek back. Check where your opponent is playing. If he's cheating to the backhand side, rattle a forehand down the line. If he's playing straight up but has trouble with his footwork, use the forehand serve to mix him up.

Also, when serving, always drop the ball in the same motion and strive to make racquet contact flat and parallel (just like a forehand shot, remember?)

To gain confidence in your serving, practice by picking a spot on the front wall you know results in a tough forehand serve. Look at it before each serve in your match. Then strive to hit it. If your opponent has trouble moving to his or her right and can't set up for a forehand that quickly, use it to your advantage. Play on it until your opponent

proves otherwise.

Now for the other side of the serving spectrum: how to handle the forehand serve.

Obviously, as Yellen did with Hogan, everyone is going to get surprised with a forehand serve once in a while. With everyone looking for an advantage off the backhand, it's bound to happen. But the key, as Hogan so aptly demonstrated, is not to be beaten twice in a row.

There are a couple of keys, actually. First, if you know your opponent, you'll know his or her strengths and weaknesses. If your opponent can't — or won't — serve a forehand to save his life, then forget about it. Play a couple of steps to the left of center and concentrate on your backhand return.

However, if your opponent likes to mix it up, keep you honest, then be honest; don't cheat. But think. Anticipate. Concentrate on the game situation. Look for those clues. Is this the time for a surprise? Is the server sneaking peeks? Is it the first or second serve (very few forehands drives will come off the second serve)? Where are your opponent's feet and hands pointed.

You have to get off to a fast start in service return. There's no way around it. Don't wait for the ball to enter the backcourt before moving; react as soon as it is hit.

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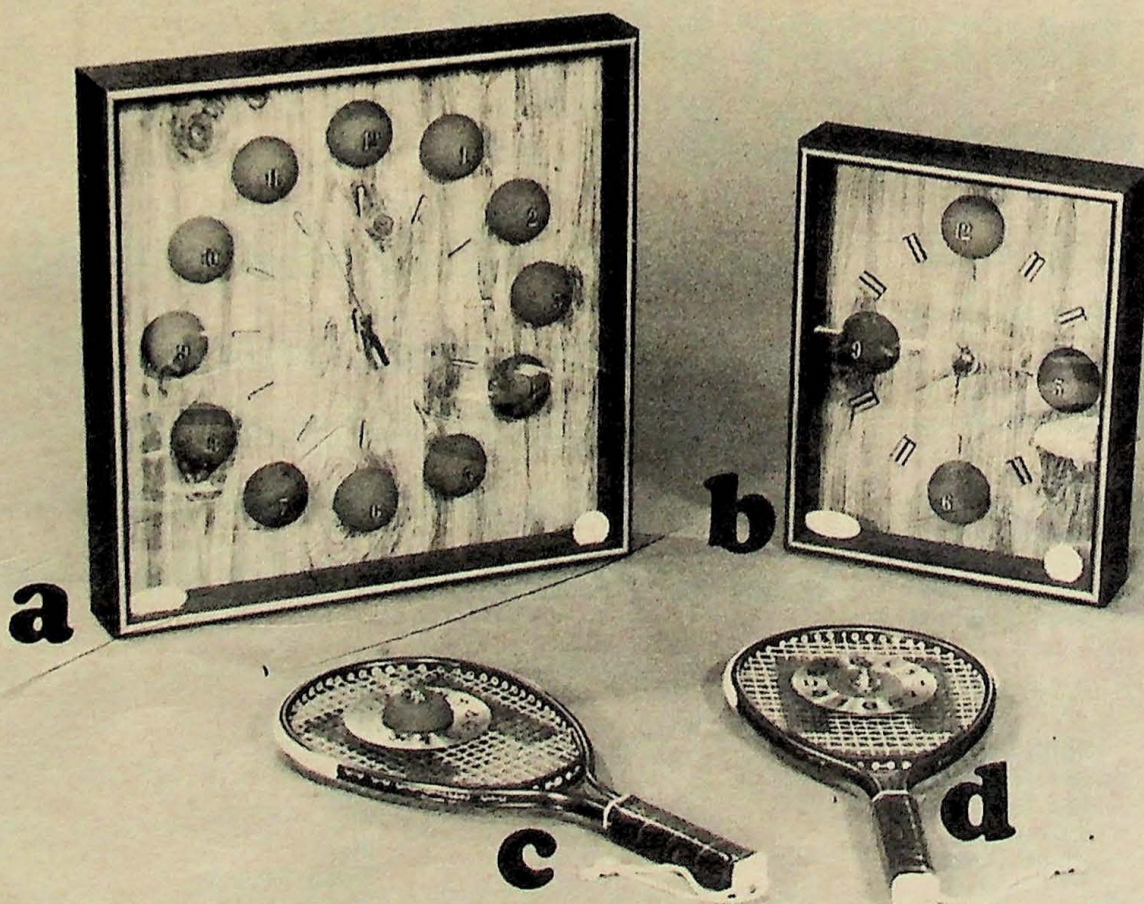
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Your Turn

When friends ask me how I did in the Ektelon championships, I proudly tell of the honors I received and follow it up with severe criticism of the Sportrooms for making it one of the most physically uncomfortable and unpleasant tournaments I have ever attended.

I questioned tournament control if there was air conditioning or any means of air movement in the building and, "Guess how much the utility bill is each month", was the response I received. Soaring electric bills or not, I feel the air conditioning should have been lowered to a comfortable temperature for the duration of the tournament.

The folks running tournament control were often short tempered and appeared frustrated at their inability to obtain referees. This system appeared highly inefficient with five or more people trying to sort out the confusion.

Assigning the ref to the same court they just came off would have made it much easier to control and possibly alleviated delays and empty court times. I personally favor losers, not winners refereeing. That way each person in a division only refs once and gives the winner freedom to comfortably prepare for the match ahead.

The hospitality McDonald's gracious delivered was icing on the cake. Certainly Ronald and his clan

could come up with a way of at least keeping their delivered donations warmer than room temperature. And let me ask you if you've ever eaten McDonald's morning, noon and night.

I realize we tournament players have become spoiled and have grown to expect far too much. But when I pay \$45, I expect more for my money than 80 degree courts, constant late matches, short tempered tournament control and cold hamburgers.

Gail Lauteria
Orlando

Editor's Note — Tournament director Pete Crummey says the air conditioning was broken and he will respond to further criticism in next month's issue.

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Peck to hold camp at Miami Lakes Athletic Club in July

MIAMI LAKES — Dave Peck, the nation's No. 1-ranked racquetball player, will be holding a weekend racquetball camp at the prestigious Miami Lakes Athletic Club July 15-17.

Peck, along with Laura Martino who is ranked fourth on the women's pro tour, will be assisted by Miami Lakes pro Diane Bullard and other top instructors to assure personal attention.

The camp provides individual instruction and analysis on every aspect of a student's game. To enable students to see their mistake and correct them, Peck will provide a videotape analysis.

In addition, Peck and his staff will provide instruction during a match so players can implement what they've learned.

Players will also receive a souvenir racquetball outfit consisting of shorts and shirts and racquetball gifts donated by the camp's sponsor, the Florida Racquet Journal.

The weekend camp will be three full days Friday, Saturday and Sunday with a Saturday night banquet.

Peck and Martino have teamed up to give camps all over the nation, and are highly regarded in the instructional field. Peck was a teaching pro in El Paso, Texas, before joining the pro tour and although he's No. 1, he feels a loyalty to teaching.

"I've gotten a lot from the sport and feel one way I can pay it back is by giving weekend camps such as the one we are having at Miami Lakes," Peck said.

The Miami Lakes Inn & Country Club, host for the weekend camp, is regarded as Florida's most complete meeting and sports resort.

To receive a brochure on the weekend camp, call the Florida Racquet Journal at (904) 721-3660 or write Florida Racquet Journal c/o Dave Peck Weekend RB Camp, P.O. Box 11167 Jacksonville, FL 32239. Space is limited, so make your reservations today!

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Peck receives a winning check

On The Pro Tour

By Diane Bullard
(as told to Norm Blum)

I had too much fun at last month's pro stop in Seattle. I reached the quarter finals before losing to Peggy Gardner in five games. I had a blast. It was a real close match and we had some marathon rallies. The match was entertaining and the crowd really built up, but I paid too much attention to that fact.

I spoke with Heather McKay afterward and I learned quite a bit. Overall, I lack intensity on the court and I enjoy being out there too much. Heather suggested that I play hard all the time — whether it is practice or a match in order to build up my intensity. By doing that, playing hard will become a habit.

Here are some observations I've made while competing on the pro tour:

Best pressure player — Lynn Adams. She has it when she needs it and literally can turn it on and of.

She responds to pressure better than anyone else I've seen.

Hardest Hitter — Miami's Brenda Barrett can really smack that ball, but so can Bonnie Stoll. And not too far behind those two is Lynn Adams.

Toughest Opponent — Outside of Lynn Adams and Heather McKay, who are still expected to beat you, Heather Stupp gives everyone fits. She really applies the pressure and plays a smart game.

Most Promising Player — Heather Stupp. She's 19 and the youngest player on the tour. She hasn't played at all the pro stops because of school, but you certainly don't want to meet her in the first round. Like Heather McKay she's from Canada and plays a similar game.

Hardest Serve To Return — Lynn Adams has more variety of serves than anyone I've ever seen. She'll hit it from places on the court you didn't think existed which makes the ball awfully tough to return.

Most Accurate — Heather Stupp and Heather McKay. Neither hits the ball awfully hard, but they have the knack of placing the ball wherever they want. Obviously, you don't have to be a power hitter to win on the pro tour.

UPCOMING CAMPS — I'll be involved in a couple of racquetball camps. The last weekend in May, the 27th-29, Joe Icaza, the doctor of the psyche game, and myself, will give a clinic for juniors only at the Miami Lakes Athletic Club.

I'm also looking forward to the summer weekend camp July 15-17. I'll be assisting Dave Peck, the No. 1-ranked player in the nation and Laura Martino who is currently ranked fourth on the women's pro tour. Dave has an excellent reputation as a teacher and while he's No.1, he feels an obligation to give something back to the game. Space is limited to assure personal attention. If you'd like a brochure, contact Norm Blum at (904) 721-3660.

Mental and physical shape racquetball key

By Dr. Melvyn Drucker
Florida Racquet Journal Medical
Columnist

MIAMI BEACH — There is no better way to truly enjoy any given sport than when the player is physically ready to play that particular sport without risking exhaustion or bodily injury.

As most of you know only too well, if you want to play racquetball and win you must be in good shape, both mentally and physically.

Being in top mental shape is more a matter of attitude and sound nutrition — the subject of a future col-

umn, no doubt — but this month we will address the subject of getting in shape physically.

Racquetball has long been a sport highly recommended for those people seeking to enhance a complete program of physical fitness for a number of good reasons. Since it can be played in near solitude, or with a "friendly" opponent, racquetball allows the beginner player to go at his own pace. This special quality of racquetball allows the player's muscles to respond to the requirements of the game and gives the cardiovascular system a good work-

out with significant aerobic demands and respectfully benefit, provided the player realizes the limits of his physical conditioning and preparation.

As is the case with any sport, but particularly racquetball — tennis, jogging, bicycling — promote cardiovascular fitness. A visit with your doctor before entering the courts is a smart idea. Explain to your doctor that you're interested in playing racquetball, let him do a complete physical, and ask for his advice on what exercises should accompany your new interest.

A thorough physical examination gives your doctor and play-by-play description of your particular physical circumstances. With this information in capable hands, he'll be able to better "prescribe" an exercise regimen which will eliminate the two biggest reasons why the great majority of players never reach beyond the "weekend athlete" stage: Exhaustion and musculoskeletal ailments.

While musculoskeletal ailments may be the more painful of the two; we find that exhaustion — is potentially more serious. Both of course, can be overcome. And all it takes is a responsibility to oneself and a bit of common sense and dedication, all of which the sport itself deserves.

Playing racquetball every day is not the answer to either problem, it simply isn't sufficient. Specifically for

older players, or those who are new to the sport.

While a personal visit with your own physician can not be overstressed, we have found a number of simple exercises that are quite helpful both to the beginner and also those who have for one reason or another abandoned the game and seek to come back to the courts:

- Running is a great way to improve circulation, leg muscles, and the performance of both your heart and lungs.

- Simple dumbbell exercises, along with squeezing an old tennis ball will safely build up arm and wrist muscles.

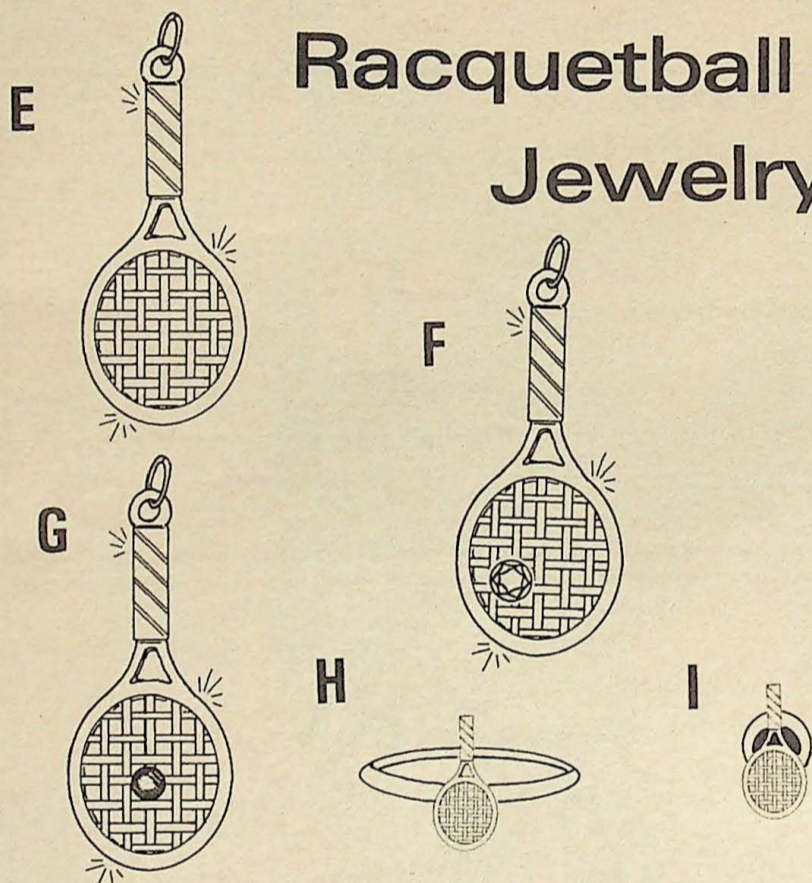
- Jumping rope, an exercise that is quickly regaining its importance, is a superb builder of stamina and also a great way to improve one's cardiovascular strength.

- Stretching exercises to limber up before a match are also highly recommended. Something as simple as bending down to touch one's toes improves the player's elasticity and improves his muscle tone.

Dr. Drucker is a North Miami orthopedic surgeon specializing in sports medicine. Space permitting, he will answer your health-oriented questions in future issues and you can send those to Dr. Melvyn Drucker, 150 N.W. 168th Street, North Miami Beach, FL 33169.

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Horoscope

ARIES (March 21-April 19): Money should be coming in so you can buy that expensive racquet you've always wanted. After the 25th, you'll be tense. Playing on a regular basis will become a necessity.

TAURUS (April 20-May 20): It's time for you to start shining on the court, Taurus! Your true talents will finally emerge, so take advantage of it.

GEMINI (May 21-June 21): Due to the planetary effects of Mercury, you won't feel like tampering with your game. It may be just as well. This will enable you to work on your game.

CANCER (June 22-July 22): You'll put your game into perspective this month. You have a tendency to waste too much of your energy getting upset after a poor shot. This affects your overall game.

LEO (July 23-August 22): Your social life and popularity picks up later this month. Everyone wants to play with you. You don't enough time on your schedule to play everyone, but it's a nice position to be in.

VIRGO (August 23-September 22): Until the 26th, try to avoid making any drastic changes in your game. After the 26th make all the changes you want. Your thinking is deep now, your mood mellow and this will affect your game.

LIBRA (September 23-October 23): You are an entrepreneur at heart. Start thinking of something that racquetball players everywhere will want. A VIP will be calling on you. Be sure to reserve a court and

give him a tip or two. It will improve business relations.

SCORPIO (October 24-November 22): Beware of playing with someone you are romantically involved with. It could cause some arguments. If problems arise, talk it out. Right now you just don't have the patience to play with your loved one.

SAGITTARIUS (November 23-December 21): Strained muscles or broken bones are possible if you neglect warm-up before you play. Your new-found exuberance can be attributed to the amount of racquetball you play. Don't try to lift too much weight while working out on Nautilus.

CAPRICORN (December 22-January 19): You won't let the nice weather prevent you from playing racquetball indoors. You realize you can still get in your hour and the sun will still be shining when you are through. Besides, pretty soon it will be too hot to exercise outdoors anyway.

AQUARIUS (January 20-February 18): You've been in a slump for a while, but suddenly everything is coming together. You've learned a lot and now everything is falling into place. Isn't it great?

PISCES (February 19-March 20): You need to play racquetball more than ever before. Everything seems to be going wrong. You can't seem to get through to anyone on the phone; deals are falling through. Just hop on the court and get out your aggressions.

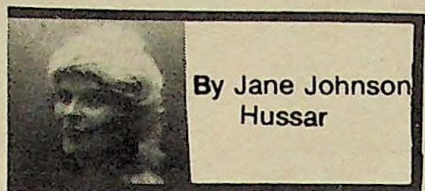
Save money and play more racquetball

By Jane Johnson Hussar
Fashion Editor

With much attention being focused on our personal economy, we all want to save a little as we spend. Saving a few extra dollars could mean more court time or a new can of racquetballs. . . the important things in life, right?

Have you ever compiled your clothing costs for a full year? Chances are, if you have, you would initiate ways to cut those costs. The cost of sports apparel is incredibly high. Most of us are paying those high prices, too. But we don't have to any longer.

In cities all over Florida people are saving money. These people are still buying the best names in sportswear and other garments. They are shopping for labels, but paying for none.



By Jane Johnson Hussar

In most communities throughout Florida, department stores, sports shops and speciality stores carry designer clothing without the labels. Most of the items are first quality and the prices are drastically reduced. Thus the savings are yours. Loehmann's is an excellent example.

Clothing manufacturers are issued, according to federal law, an RN or WPL number. These numbers are usually located near the garment care label or on the union label.

Look for this code in the collar area, on a tag or on an inside seam.

The familiarity is an absolute must for you if you spend much time shopping for designer sportswear, and you can't tell one designer item from another.

The following list is from the RN & WPL Directory, available from the Textile Publishing Corporation, Box 50079, Washington, D.C., (202) 248-5000. The cost is \$75, but could be less if several friends purchased the directory together.

Men's Wear: Bill Bliss RN 38344, Calvin Klein RN 54718, Chaps 45408, Gant RN 16157, Haggard WPL 00386, WPL 116895, WPL 12273, Halston RN 49619, Hickey Freeman RN 55075, RN 55077, Jantzen RN 37966, Lacoste WPL 1100, London

Fog RN 47396, RN 47398, RN 47400, Manhattan RN 44738, WPL 01689, Pierre Cardin RN 41858, Ralph Lauren (Polo) RN 41381, Yves St. Laurent RN 48545, Shirts RN 48743.

WOMEN: Anne Klein RN 40803, Bill Blass RN 38344, Gant RN 16157, Bonnie Cashin WPL 10113, Donkenny RN RN 43594, Evan Picone RN 35685, WPL 08582, Frederick-sport WPL 06168, Herman Marus RN 32121, Lilli Ann RN 29563, RN 14962, Liz Claiborne RN 52002, Oleg Cassini RN 32203, WPL 09352.

For future reference, clip this list and carry it in your wallet or billfold. So then the next time you visit a label-less clothing store or even the flea market, you'll be prepared and aware. It's the keen and creative shopper that gets his or her money's worth.

Winners

(Continued from Page 2)

Perkins def. Jack Davidson. B Doubles — Ira/Fay def. Skaler/Mills. C — John Manasa def. J.R. Patrick. Novice — Jay Taylor def. Hutchfield. C Doubles — Grant/White def. Manasar/Benners. B — Judy George def. Dorothy Harris. C — Judy George def. Monica Warner. Novice — Karen Hale def. V. Rao. C Doubles — Diane Eakins/Janie Bennett def. Sally Dowlen/Lisa Rodenboedh Racquetball South In-House Tourney

Open — Jeff Jones def. Bob Heller. 3rd — Steve Ruedlinger. A — Bruce Nelson def. Danny Allie. 3rd — Tony Chastain. Open Doubles — Jones/Chastin. B — John Casterline def. Dick Rasdkewich. 3rd — Mike Lipari. C — Art Jacobs def. Dennis Hubard. 3rd — Tim

Ayers. Novice — Steve Crandall def. Rex Strickland. 3rd — Gary Noble. Juniors — Eddie Cherry def. John Ellis. 3rd — Scott Altman. 25+ — Jeff Jones def. Bruce Nelson. 3rd — Bill Miller. 30+ — Tom O'Reilly def. Jeff Close. 3rd — Paul Heidbrink. 36+ — Dennis Hubbard def. George Vogt. 3rd — Jerry Kivett. 70+ Doubles — Ruedlinger/Ruedlinger def. Casterline/Lipari. 3rd — Pyko/Oestreich. B Doubles — Paton/Cherry def. Miller/Lee. 3rd — Whitehead/Young. Women's B — Deb Ruedlinger def. Teresa Chaffin. 3rd — Laurie Boggas. 26+ — Toodie Gaughan def. Karen Kuczynski. 3rd — Susan Dorehls. C — Drema Walker def. Sharon Debratz. 3rd — Linda Johnson. Women's Doubles — Ruedlinger/Boggas.

Passing Shots

(Continued from page 1)

nement. . . Biggest failure — the cancellation of the Sport Trade & Craft show in Orlando.

POTPOURRI — Sportsbras lack support among college female athletes. In a recent study, only 10 percent of the athletes chose to wear a specially-designed sports br. . . Exercises can keep your voice sounding young. Sit on the edge of a chair and grip the sides of the seat with your hands, lift yourself up while saying "Ah," then lower yourself. Repeat many times for two or three minutes, 10 times a day. That way you can continue to shout "Hinder" nice and loud. Explain this, please: "Losers must ref or forfeit victory" was on a recent tournament application. Honest. . . Racquetball shoes will be higher in cost this spring as manufacturers adapt high-tech features from running shoes which should put them in the \$40-\$50 range. Remember when Converse sneakers cost \$7.95?...Clarification: Mike Phillips, now general manager of Omega 40 in Ormond Beach, was not replaced by Mike Mojer. Restaurant king Ron Cash is now running the Imperial Courts in Melbourne. . . The once-proud AARA publication, Racquetball in Review, is now only eight pages. It is a journalistic disgrace and the AARA should improve it or dump it. . . Bring your sweet tooth to the June 10-12 tournament at the Jacksonville Racquetball Club, Health & Fitness Center. Local residents will compete in a city-wide bakeoff contest.

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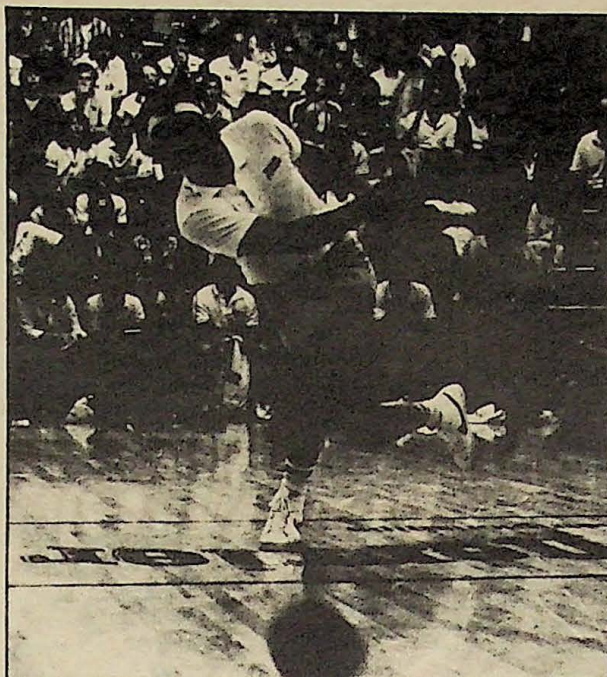
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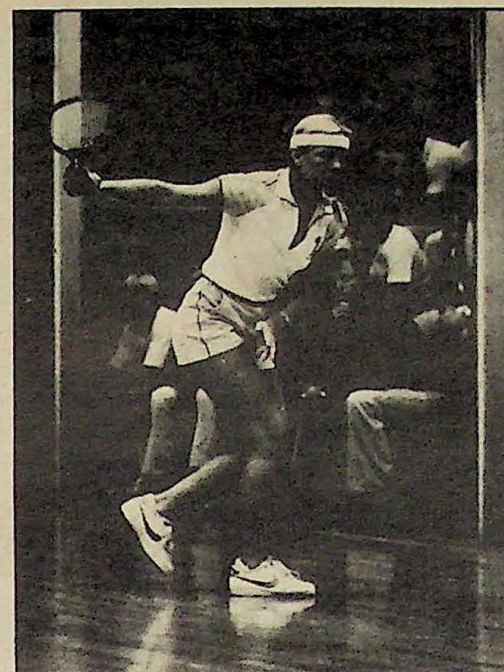
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