



# RACQUET RACKET

FALL 2019

Official Newsletter of the National Masters Racquetball Association (NMRA)

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## Reduced NMRA Entry Fees

We hope you have taken note of our recent reduced entry fees. Our goal has been to attract new players and first-timers, especially local players, wherever we go and we think reduced entry fees is the way to go. We have generous donors who are picking up the tab for you receiving this benefit, but we think it's going well and attracting new players to the NMRA family. Take advantage of this while it's available. We hope we can continue to offer half-price entries into the future.

## President's Corner -

By Cindy Tilbury, NMRA President



**Hey everyone!** If you missed me and the newsletter, I sincerely apologize. I have been quite swamped with all of my many racquetball duties and simply did not get the Spring edition of the *RacquetRacket* put together

and sent out. I have a lot of guilt about that, but I'm working hard to make up for it. Forgive me.

One of my new projects has been to livestream a lot of NMRA matches for everyone to enjoy. I was talked into considering livestreaming some NMRA matches by **Tim Baghurst** of the IRF. Tim has many other amazing qualifications, but as we were talking one day, he mentioned that the IRF had thousands of visits to their Facebook page and website based on the livestreaming of matches—new content kept people coming back. I explained that we were just some 40+ players playing racquetball—not the pros and not representing our country in international competition. But our players know a lot of people and racquetball people support racquetball people. He convinced me to find someone to help me livestream, starting in San Antonio. Tim was busy so I found a great volunteer to do our San Antonio Sunday matches—**Jeffrey Thompson** from Austin. Crazy as it is, we got

about 25,000 views of those matches!! People were interested in our matches. Amazing.

Our next NMRA event was coming up quickly, and I asked Jeffrey Thompson to teach me how to livestream using an extra iPad. I tried a few tests before we got to Chicago, and made a few changes. People were tuning in live (a little) and watching my test livestreams. Once we got to Chicago, it was pretty easy. I had some volunteer guest commentators to keep viewers up-to-date on the score and people playing.

I hope you are tuning in and enjoying some of the play and commentary. You can find our livestream videos on the *National Masters Racquetball Association* Facebook page. Look for your friends! We plan to livestream lots of doubles matches from our December 6-8 tournament in Atlanta. <https://www.facebook.com/nationalmastersRB/>



## ESPN SportsCenter Top Ten Plays

We saw it again! We got a racquetball video clip featured as a Top Ten Play on *ESPN SportsCenter* in August. The clip was from the *Lima Pan American Games* and it was dramatic! **Alvaro Beltran** and **Rodrigo Montoya** were playing in the Men's Individual Finals; Beltran had won the first game and was ahead in the second. He does a full sprint into the back wall to get a lightly-hit passing shot from Montoya and slides into the back wall too late before the second bounce. Beltran's hip hits the door glass and it shatters into chunks, falling on his legs and lower body. Montoya went on to win the match. The full video is available on the IRF's Facebook Videos page. Congratulations to both guys for getting racquetball on international television!



## NMRA Tidbits

By Cindy Tilbury

### NMRA Member and Fan Survey

We have been offering a short survey to our members and interested 40+ players everywhere to help us plan for the coming years. Please take 7 minutes to answer a few questions about your tournament likes and dislikes. [www.surveymonkey.com/r/nmrafeedback](http://www.surveymonkey.com/r/nmrafeedback) Take it today!

### YouTube NMRA Hall of Fame and Other Videos Available

There are many *National Masters Racquetball Association* videos on *YouTube* (and our *Facebook* page, of course). Within *YouTube*, search for *National Masters Racquetball* or **Bruce Adams** or **Leon Jackson**. Enjoy!



## NMRA 2019 Hall of Fame Inductees

By Len Sonnenberg

Again in 2019, the committee of *NMRA Hall of Fame* voters chose several inductees for our prestigious *Hall of Fame*. Two of the newly-elected inductees had their ceremonies at the July *NMRA* tournament banquet in Chicago. They were:

**Bill Baker** of *Rancho Palos Verdes, California*. Bill is currently on the *NMRA Board of Directors* and has many medals that made him eligible for induction. Bill's wife, Pearl, created an amazing video of slides and video of Bill's work career and his racquetball career. Congratulations to Bill, and Pearl for her great video show!



**Mike Grisz** of *Alexandria, Virginia* (previously *Dallas, Texas*). Mike is a long-time *NMRA* player and has been on the *Board of Directors* for about three years. Mike met his wife, Karen, at an *NMRA* event a few years ago and Karen did a great job of introducing Mike to the crowd with slides of his long racquetball career. They both run the tournament desk during tournaments and help the President run the organization. The slideshow video is on *YouTube*. Search for *National Masters Racquetball* and Grisz.



In addition to the recent inductees that night, we posthumously inducted another player formally. **Phil Dziuk** from *Champaign, Illinois*, had been voted into the *Hall of Fame* a few years ago and we waited for John O'Donnell (*Hall of Fame* member and also from *Champaign, Illinois*) to tell us all about Phil from the old days of the *NMRA*. All told, it was a very inspiring night for racquetball *Hall of Fame* dreamers everywhere.



Sometime next year, **Marcia Richards** of *Denver, Colorado*, will also have us induct her into her rightful spot in the Hall. We look forward to that night and can't wait to see some old slides of Marcia.



**Voting:** The voting committee is currently comprised of about 30 *NMRA* members who are willing to review the candidates. Candidates are presented based on their performance and medal count; in addition, the *Board of Directors* is invited to nominate a candidate based on contribution, and medal count is not a factor for that nominee. Candidates must get a certain percentage of all votes to be inducted.

If you are interested in joining the voting committee or getting specific *Hall of Fame* bylaws and procedures, please contact me at [len@sonnenbergcpas.com](mailto:len@sonnenbergcpas.com) and I can review the time requirements. They are minimal, but fairly specific. Thanks for your interest. **The list of all Hall of Fame inductees is on our nmra.info website.** <http://www.nationalmastersracquetball.com/about/hall-of-fame/>

Keep playing in *NMRA* events and getting those medals. You will be up for induction before you know it.



# 2019 NMRA DOUBLES-ONLY CHAMPIONSHIP

Registration - Thursday, December 5 | Play - December 6-8, 2019  
at Recreation ATL, 754 Beaver Run Road, Atlanta GA 30047

Entry By Mail Must Be POSTMARKED NO LATER THAN: 11/15/2019

Online Entries Must Be COMPLETED BY: 11/19/2019 Questions? Call Cindy at 303.888.4461

<http://www.r2sports.com/tourney/home.asp?TID=30615> Maximum Players 85 Sign-up EARLY!

Hotel: Sonesta Gwinnett Place, 1775 Pleasant Hill Road, Duluth, GA 30096 (770.923.1775) | Code: NMRA

### Please Print — Be Legible, Complete & Accurate

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone (day) \_\_\_\_\_

Phone (night) \_\_\_\_\_

Email: \_\_\_\_\_

DOB: m\_\_\_\_ / d\_\_\_\_ / yr\_\_\_\_ Age on 12/06/2019 \_\_\_\_\_

**Waiver:** I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the NMRA, USAR, Recreation ATL and their staff, and all sponsors or their respective agents, for any and all injuries or damages of any nature which I, my spouse or my guest(s) may incur as a result of my participation in this tournament. I also acknowledge the potential risk of eye injury during competition, and can certify in writing that my protective eye guards (including prescription frames/lenses) conform to all standards specified in USA Racquetball Rule 2.5(a). By registering to compete in this event, I consent to and release all rights to the use of event photographs in which my image appears.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### FEES: No refunds of any fees after 11/19/2019

First Event	\$ 85	\$
Second Event	\$ 25	\$
*Guest (Food & Banquet)	\$ 70 Per Guest	\$
**NMRA Membership	\$ 45 for 3 Years	\$
USRA Membership	\$ 50 for 1 Year or \$ 20 for 1 Event	\$
General Fund Donation	Anything is greatly appreciated	\$
	<b>Total Due</b>	<b>\$</b>

\*Guest(s) Name(s): \_\_\_\_\_

\_\_\_\_ **\*\*Check here if this is your first NMRA tournament\*\***

(First time players do not have to join the NMRA.)

**SHIRT SIZE:** MEN \_\_\_\_\_ WOMEN \_\_\_\_\_  
S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2X \_\_\_\_\_ 3X \_\_\_\_\_

**Sunday Sandwich Lunch preference:**

\_\_\_\_ Turkey \_\_\_\_ Tuna \_\_\_\_ Roast Beef \_\_\_\_ Veggie

### LIMIT OF TWO EVENTS

MENS DOUBLES	WOMENS DOUBLES	MIXED
	40+	
n/a	40+ B/C	n/a
	45+	
	50+	
n/a	50+ B/C	n/a
	55+	
	60+	
	65+	
	70+	
	75+	
	80+	
	85+	
	90+	n/a
<b>Rotating Partners</b>		

### DOUBLES PARTNER(S): Please Print

Name/Div/Age Bracket: \_\_\_\_\_

Name/Div/Age Bracket: \_\_\_\_\_

\_\_\_\_ Check if you need us to find a doubles partner.

\_\_Yes \_\_No Would you play a 2nd Doubles if someone needs a partner?

\_\_Yes \_\_No Would you play a Mixed Doubles if someone needs a partner?

### Emergency Contact Information:

Name \_\_\_\_\_

Phone # \_\_\_\_\_

**PAYMENT:** Send entry form & payment in U.S. dollars, made payable to **NMRA**.

Mail to: Cindy Tilbury - NMRA  
23308 Bocana Street, Malibu, CA 90265

The National Masters Racquetball Association is a not for profit 501 (c)(3) organization of men and women racquetball players who are age 45 to 95+ years young. Visit us at [nationalmastersracquetball.org](http://nationalmastersracquetball.org).



## NMRA 2019 Doubles-Only Championship

Recreation ATL | Lilburn, Georgia | December 6-8, 2019 (Friday, Saturday & Sunday)

**\*\* Round Robin Age Divisions Starting at 40 Years Young \*\***

[www.nmra.info](http://www.nmra.info) | <http://www.r2sports.com/tourney/home.asp?TID=30615>

### Tournament Directors / Staff

Mail-In Registration to: Cindy Tilbury 303.888.4461 [cindy.tilbury@att.net](mailto:cindy.tilbury@att.net)  
 Tournament Director: Cindy Tilbury 303.888.4461 [cindy.tilbury@att.net](mailto:cindy.tilbury@att.net)  
 Tournament Director: Chris Poucher 770.231.0083 [cpoucher@gmail.com](mailto:cpoucher@gmail.com)  
 Jason Chan – Recreation ATL Club Contact [info@recreationatl.com](mailto:info@recreationatl.com)

### Host Club



**Recreation ATL** – 7 Concrete-Walled Courts (2 Glass-Backed) [www.recreationatl.com](http://www.recreationatl.com)  
 754 Beaver Ruin Road NW, Lilburn, GA 30047 770.676.0435

Bring a lock. Towel service available free.

All club facilities are available to tournament players and paid guests.

Great club and locker room amenities available during the event.

### Host Hotel



**Sonesta Gwinnett Place** [www.sonesta.com/gwinnettplace](http://www.sonesta.com/gwinnettplace)

1775 Pleasant Hill Road, Duluth, GA 30096 770.923.1775

4 Miles From Club; Shuttle provided every hour

Single/Double Rate with breakfast \$109 per night + tax

Triple/Quad Rate with breakfast \$129/\$139 per night + tax

Use NMRA's group code 1208RAQUET when registering by phone; Call to register

Reserve early—Only 20 rooms (mostly two-bed) reserved for NMRA but more may be added when those are booked. Rate available through November 13, 2019 – BOOK EARLY!

Free parking / Free internet / Near large shopping mall

<https://gc.synxis.com/rez.aspx?Hotel=58939&Chain=5157&arrive=12/6/2016&depart=12/11/2016&adult=1&child=0&group=1208RAQUET>

### Player Maximum IMPORTANT!

We anticipate that **we will need to cap the number of players** at 85, due to the great location, the round-robin format and the number of courts available. You will want to sign up EARLY to ensure your place. A waiting list will be available to allow players to get in as openings happen after the participant list is full.

### Enter Online



Enter online by November 19, 2019, at <http://www.r2sports.com/tourney/home.asp?TID=30615>

First event--\$85 Second event--\$25 Card Handling Fee \$5 Guests Fee \$70 for the week  
 Two Doubles Division Limit. **We can help find doubles partners and/or roommates.**

### Enter via US Mail

#### Maximum of Two Divisions

Fill out the entry form at [www.nationalmastersracquetball.org](http://www.nationalmastersracquetball.org) (Tournament Info page).

Mail completed entry form and fees by November 15, 2019 to:  
 NMRA / Cindy Tilbury, 23308 Bocana Street, Malibu, CA 90265

### Doubles Partners

Contact Cindy Tilbury for a doubles partner or roommate request [cindy.tilbury@att.net](mailto:cindy.tilbury@att.net) or 303.888.4461  
 You may also use the list feature of R2Sports when you register online.

### Special for Ladies!

Ladies may consider playing in our B/C division for players 59 or younger. If you feel you are not an Open/A-level player, you may enter B/C. Choose 40+ B/C or 50+ B/C.

### Nearest Airport

Atlanta Hartsfield Jackson International Airport (ATL)  
 6000 North Terminal Parkway, Atlanta, GA 30320. 32 Miles to Host Hotel (40 to 90 Minutes)  
 Book flights at [www.atlanta-airport.com](http://www.atlanta-airport.com)

### Airlines Flying into ATL

All major airlines fly into ATL. ATL is the busiest airport in the US.

### Airport Taxi / Shuttle Ground Transportation at ATL

Shuttles are not provided by the host hotel. Uber and Lyft are good options.

### Shuttle from Hotel to Recreation Club

The Sonesta Hotel will be providing a shuttle on an hourly schedule between the hotel and the Recreation ATL Club. Between runs, if you see other players going to the club, don't be shy and ask for a ride. A schedule will be provided to all players at check-in.

*continued on Page 5...*

## NMRA 2019 Doubles-Only Championship INFORMATION SHEET continued from page 4...

<b>Parking at Host Club</b>	Free. RVs may park in the rear of the lot with no hookups/utilities.
<b>Tournament Check-In Player Meet-and-Greet</b>	Thursday, December 5, 2019, 5 pm to 8 pm, at Recreation ATL  Complimentary reception with beverages and hors d'oeuvres. Pick up tournament souvenir, play schedules, etc. and socialize. Identical <b>Player Meetings</b> about 5:30 pm and 7:00 pm to review procedures and answer questions It is <b>STRONGLY</b> recommended for NMRA first-timers but everyone is invited.
<b>Play Begins / Ends</b>	Starts at 8 am every day. Ends by 10 pm Friday. Ends around 5 pm Saturday and Sunday. Every division plays every day (Friday through Sunday). Please show consideration for all players and remember that we play every bracket every day of the event. Schedule your travel arrangements accordingly. Sign-in is required at the club.
<b>Practice Courts</b>	A few courts will be available free of charge December 5, 2019 for practice, before registration begins.
<b>Tournament Ball</b>	<i>Penn Pro Green</i> is the official ball of the NMRA.
<b>Tournament Scoring</b>	All round robins, self-refereed matches. Every division will play two games to 15. Large "pool play" divisions will have Saturday playoff matches. Playoff format will be two games to 15, tiebreaker to 11 if needed. Bonus points are awarded for winning games (2 per game) and the match (4). Ties will split the extra four match points. Points are automatically calculated by the R2sports tournament software. When any team or player must forfeit, average scores will be used to determine final results of the division or pool. If a forfeit occurs during a match, the opposing team or player will be awarded points required to finish the match. USAR amateur rules will be used.
<b>Eligibility</b>	USAR-sanctioned; Current USAR membership is required to participate. Your membership must be valid through the last day of the tournament. Entries will not be accepted without payment for USAR membership. USAR membership is available at <a href="http://www.usra.org">www.usra.org</a> . NMRA membership is required for all EXCEPT players who are playing in their FIRST NMRA event. Special recognition and gift for first-time players and new NMRA members.
<b>Tournament Awards</b>	NMRA medals will be awarded to First through Fourth place winners for each age division, no matter how many players are signed up for each division. Combined divisions will be awarded medals based on separate age divisions. You must complete all matches in a division to be awarded the medal.
<b>Morning Hospitality</b>	Breakfast is available at the hotel for hotel guests. Light fruit and drinks available at the Recreation ATL Club.
<b>Lunch</b>	Lunch is served at the Recreation ATL Club from about noon to 2 pm; you may need to present your tournament pass or bag tag.
<b>Evening Hospitality on Thursday</b>	Not a substitute for dinner. Hospitality will be served at the Recreation ATL Club about 5 pm. You may need to present your tournament pass or bag tag.
<b>Banquet on Saturday Night, December 7</b>	Sonesta Ballroom Area (Host Hotel) 1775 Pleasant Hill Road, Duluth, GA 30096 770.923.1775 Included in your entry fee. Guests are invited for \$50, or \$70 for food all week in addition to the banquet. Cash bar at 6:00 pm; Dinner and program from 7 to about 9 pm.
<b>Local Activities</b>	<a href="http://www.atlanta.net/events/">www.atlanta.net/events/</a>
<b>Sights to See</b>	In addition to Stone Mountain and fabulous museums, please see the separate sheet for a long list of Georgia places to visit and things to do.
<b>Average Temperatures</b>	Year – 62° F    December – High 54° F – Low 36° F Average December Precipitation 3.82 Inches

This is a shortened version of this Information Sheet. For the long version of this document, download it from [www.nmra.info](http://www.nmra.info) in the Tournament Entry Information link.

*continued on Page 6...*

## MORE NMRA Tidbits

### LPRT Scoring Change

For the upcoming 2019/2020 season, the LPRT women's pro tour decided to change their match and game format scoring to match most of the amateur competitions. The format will be two games to 15 points, with a tiebreaker to 11 if necessary. Win by one point. The format will very closely match international competition format. Many of the ladies play these IRF events, representing their countries. It should be an interesting season.

### Other Rules News

*USA Racquetball Rules Commissioner Otto Dittrich* has recently reviewed all of the racquetball rules and various organizations' rule variants, to make sure everything is set for the rulebook printing coming up in the next few months. The NMRA rules are similar to regular USAR rules, with a few obvious exceptions. We play all round robins, with extra points for games and matches, and the tournament winner is determined by points (not matches or games won or points scored against, etc.). We use the USAR forfeit procedure when a player pulls out of a division—all of his/her matches are deleted as if they were never played. For more NMRA rules questions, contact one of our board members. Call Otto Dittrich for USA Racquetball rules discussions.

## Suggestions/Things to Do in the Atlantic Area

By Chris Poucher

### Science/News

- Georgia Aquarium
  - Get Tickets Well in Advance
  - Swim With The Whalesharks
- Inside CNN Studio Tour
- Zoo Atlanta
- Delta Flight Museum

### Museums/History

- World of Coca-Cola Tour
  - Try beverages from all over the world
- Jimmy Carter Presidential Library and Museum
  - 39th President/Nobel Winner from Plains, GA
- Centennial Olympic Park
  - Site of the 1996 Summer Olympic Games
  - Fountains, Events
- College Football Hall of Fame
- High Museum of Art
- Peachtree Trolley Tour\*\*
- Black History Museum
- Center for Civil and Human Rights
- Martin Luther King Junior National Historical Site/Memorial
- Atlanta History Center
- Fernbank Museum of Natural History
- Mansions / Plantations
- Atlanta Streetcar
- Historic Oakland Cemetery
- Margaret Mitchell House (Gone With The Wind)
- Children's Museum

### Entertainment

- Fox Theater of Ballet and More
- Atlanta Botanical Garden
- Alliance Theater
- Atlanta Movie Tours (+ The Walking Dead Set)
- Atlanta Symphony Orchestra
- Legoland
- Porsche Experience Center
- Skyview Atlanta Gondola Ferris Wheel

### Golf Courses/Outdoor Activities \*\*

- TPC Sugarloaf National Golf Club
- Georgia Trail at Sugarloaf
- Northwood Country Club
- Atlanta Beltline Walk/Ride
- Bicycle Tours of Atlanta
- Skateparks
- Piedmont Park
- Stone Mountain Park
- Lake Lanier
- Six Flags Over Georgia Amusement Park

### Shopping / Dining

- Santa Fe Mall
- Atlanta Station
  - Home of Shopping, BODIES Exhibit, Cirque de Soleil

- ATL Cruzers Electric Car and Segway Tours
- Buckhead Luxury Brand Shopping Area
- Sun Dial 360-Degree Restaurant and View

### Local Eateries

- TGI Friday's
- Bahama Breeze
- Joe's Crab Shack
- Georgia Diner
- Hibachi Buffet
- Smoothie King
- Golden House Chinese
- Grapevine
- Dave & Buster's
- The Melting Pot Fondue
- Hara Ichiban Japanese
- Myung Ga Won
- Lupita's Mexican
- What The Pho
- La Madeleine Country French Café
- El Torero
- Sweet Tomatoes
- Olive Garden
- IHOP Pancakes
- Red Lobster
- Fast Food
- Farmers' Markets

### Wineries - E & J Gallo Winery

### Places of Worship

- St. Patrick's Catholic Church
- Cornerstone Church of Christ
- The Bridge Church
- Kingdom Now Ministries
- St. Andrew Kim Korean Church

### Breweries

- Jekyll Brewing Company
- 5 Seasons Brewing
- Monday Night Brewing
- Max Lager's Wood Fired Grill
- Red Brick Brewing

### Football - Atlanta Falcons

### Baseball - Atlanta Braves\*\*

### Basketball - Atlanta Hawks, Atlanta Dream (WNBA)

### Soccer - Atlanta United\*\*

### Longer Drive

- Hilton Head, South Carolina
- Savannah, Georgia
- Augusta, Georgia (Masters Golf Course)\*\*
- Charlotte, North Carolina (NASCAR Hall of Fame)
- Huntsville, Alabama Rocket Center
- Chattanooga, Tennessee Train Museum
- Florida Beaches

\*\* Seasonal/Not Available at this Time of Year

## 2020 NMRA Election Ballot & Voting Process

By Karen Grisz, NMRA Election Chairperson

Our yearly election is at hand. This year, we solicited players at the two previous tournaments for NMRA board member candidates and made many email and phone call communications to find qualified candidates for the open positions. **We will again be offering online voting.** The election will be available to all current NMRA members at the [www.r2sports.com](http://www.r2sports.com) website (event type is Election, rather than Tournament). It only takes a few minutes to vote, so log on and voice (click) your opinion! Click this link to vote. Do it now while you are

thinking about it! **You must be a current NMRA member** and have a USA Racquetball profile in *R2sports.com*, but you may set it up or find your password, if you don't already know it. <http://www.r2sports.com/tourney/home.asp?TID=31472>

If you would like to run and you are NOT listed in this newsletter, we can do several things to further your campaign:

- Send a blast email with your intent to run, along with your bio and picture. In addition to phone calls/emails you initiate, you can run an effective write-in campaign.
- Invite you to run for the Board in one year. We welcome your involvement before the next election, and you can get a feel for the group's efforts.

If you are considering running for the board in the future, please contact a current or past board member to ask about the duties and commitment. You might have in mind an area of interest where you feel you can contribute. We sincerely welcome that.

Questions or comments? Contact me at [ktracquetball@gmail.com](mailto:ktracquetball@gmail.com) or 703.597.9985.

### MAIL-IN BALLOT on PAGE 23

#### Write-In Candidates

NMRA is currently seeking qualified candidates for our board of directors. This election, we have three candidates for three positions. If you would like to vote for a write-in candidate, you may send an email with your choice (including yourself, of course), to Karen Grisz, the election chairperson, at [ktracquetball@gmail.com](mailto:ktracquetball@gmail.com). Thanks.



## NMRA Election Candidates 2020

### Cindy Tilbury, Malibu, CA

Hey NMRA members! I am up for re-election to the NMRA board and I'd like you to vote for me. I have been the President for about six years and will run for that office again, if I am re-elected. I also set up the tournaments and help run them during the event.

I spend many hours a week on racquetball-related projects, but the NMRA was one of my first national boards. I publish the newsletter and try to keep all of the 40+ players informed about how much we care for the sport and the mature players. I am on a few more racquetball boards and committees, plus I am an investor in the IRT men's pro tour. If you have questions for me about why you might vote for me, please contact me at [cindy.tilbury@att.net](mailto:cindy.tilbury@att.net).

### John Winings, Woodbridge, CA

I have been active in racquetball since 1983. Has it already been 36 years of involvement in the sport that we all love? I have been an AMPRO certified instructor since 1995 and teaching racquetball since 1985. I have worked at clubs throughout my playing time as racquetball director/instructor.

I have attended *National Racquetball* events since 1992 (both singles and doubles). In 2009, I attended my first NMRA tournament and was thoroughly impressed with the format. The fact that everyone played every day was a completely new concept to me at a national event. Playing all the players in my respective divisions also added to the camaraderie and interaction among the players. My wife, Marni, and I have played most of the events since our first experience in 2009. It has led to wonderful relationships with some amazing people nationwide. I believe in the NMRA tournament model; we can all make our organization better and grow it in the future. I look forward to serving on the board of directors for a third term. Contact me at [johnwinings@hotmail.com](mailto:johnwinings@hotmail.com) if you have questions before voting.

### Marni Winings, Woodbridge, CA

I would like to tell you a little about myself and why I am interested in running for the board. I have been playing racquetball off and on since High School, but did not really get serious about it until after my son graduated high school. I worked at and owned a Racquetball Club in Eugene Oregon for almost 20 years until I retired and moved to California. I served on the *Oregon Racquetball Association* board while I was still living there. My wonderful husband, John Winings, and I met and began to fall in love because of this wonderful sport! He has been a board member for the last six years. We have been volunteering as tournament directors and helping the organization where we can, since that time. Since we are now both retired, I would like to continue to work hard as a board member. John will still continue to help the board wherever he can.

I have been very impressed with the quality and values of the *National Masters Racquetball Association* tournaments since I first began playing in them nine years ago. I believe they are the best tournaments I have ever played in and tell my friends how great they are every chance I get! I love the round robin format that guarantees playing every day, the hospitality is always excellent, everything is top quality and you always get more than your money's worth. I also love the emphasis on honesty, sportsmanship and the camaraderie of the players. These "old school" principles are what make this organization so special. I have met people through the organization that will be lifelong friends.

Racquetball is my passion and I welcome an opportunity to pay back the sport that has given me so much joy, good friends and a healthy lifestyle for so many years. If I am re-elected, I will continue to support the core values of the NMRA and work to increase our membership so that we can enjoy these tournaments for many years to come. If you have any questions, ideas, or concerns, please feel free to contact me at [marniwinings@gmail.com](mailto:marniwinings@gmail.com).



## MORE NMRA Tidbits

### 24th Annual US Open

There is only one more *US Open* tournament run by **Doug Ganim**. He has announced his retirement after the October 2020 event in Minneapolis. Watch the *USA Racquetball* website and announcements for details on how the follow-on years' *US Opens* will be presented.

### Pan Am Games in Lima, Peru

Videos of the live-streamed matches are available on the *IRF's Facebook* page, in the Videos section. *ESPN* had broadcasting rights to the *2019 Pan Am Games*; however, racquetball was not one of the sports broadcast on their *ESPN* cable channels. Several of the matches were allowed to be livestreamed by **Pablo Fajre** and his *IRF* team of commentators, as well as Renee **Gundolf Isherwood** and her phone. It was pretty exciting that racquetball was the only sport livestreamed. It was very exciting to tune in and pretend to be right outside the court as the US competed against all of the other amazing athletes. We are very fortunate to have that ability! One special note: The men's team from Bolivia won a Team Competition gold medal—the first ever for Bolivia and it was in our sport! **Congratulations, Bolivia.**

## NMRA International Championships

Glass Court Swim & Fitness, Westmont Park District, IL | June 27-30, 2019  
Cindy Tilbury, Tournament Directors



Division	Place	Name	State	Points
<b>M40</b>	<b>1st</b>	<b>Sharad Kansara</b>	<b>IL</b>	<b>18.25</b>
	2nd	Robert Dreger	IL	17.25
<b>M45</b>	<b>1st</b>	<b>Alok Mehta</b>	<b>IL</b>	<b>37.63</b>
<b>M50</b>	<b>1st</b>	<b>Keith Minor</b>	<b>IL</b>	<b>38.00</b>
	2nd	Eugene Coyle	IL	35.50
	3rd	John Thorson	IL	33.00
	4th	John Kresic	OK	26.63
	5th	Michael Russo	IL	24.63
	6th	Todd Burris	IL	24.63
	7th	Richard Anderson	AZ	15.88
	8th	Phil Schau	IL	13.50
<b>M55</b> Playoff	<b>1st</b>	<b>Bob Wright</b>	<b>IN</b>	<b>35.88</b>
	2nd	Tim Hennessy	TX	29.75
	3rd	Eugen Gheorghiu		26.88
	4th	Scott Regenscheid	MN	26.75
	5th	Helder Dos Santos	IL	23.25
	6th	Russell Curtis	IL	
<b>M60</b> Playoff	<b>1st</b>	<b>Tony Cosmano</b>	<b>IL</b>	<b>37.50</b>
	2nd	Ed Basta	MO	33.33
	3rd	Ray Redelman	IL	34.50
	4th	Dave Milazzo	IL	35.67
	5th	Jerry Kewley	IN	32.50
	6th	Mike Davern	IL	28.83
	7th	Paul Rokke	ND	26.83
	8th	Stan Dolot	MI	26.33
<b>M65</b> Playoff	<b>1st</b>	<b>Frank Taddonio</b>	<b>AZ</b>	<b>38.00</b>
	2nd	Gus Sanchez	TX	36.00
	3rd	Joel Franklin	CA	33.00
	4th	Howard Walker	TX	38.00
	5th	Frank Milazzo	IL	30.00
	6th	Dan Nunn	NC	31.00
	7th	Rick Betts	CA	29.25
	8th	Thomas Goebel	TX	30.60
<b>M70</b>	<b>1st</b>	<b>John Kochan</b>	<b>FL</b>	<b>36.63</b>
	2nd	Michael Wouk	CO	34.13
	3rd	Robert Lattanzio	CA	33.13
	4th	Tony Berkemeier	OH	27.50
	5th	Warren Bailey	AK	26.00
	6th	Fred Roe	CA	24.50
	7th	Robert Ferrara	MA	21.63
	8th	Dan Millar	WA	16.63
<b>M75</b>	<b>1st</b>	<b>Albert Palacios</b>	<b>IL</b>	<b>38.00</b>
<b>M80</b>	<b>1st</b>	<b>Jon Singer</b>	<b>PA</b>	<b>31.43</b>
	2nd	William Baker	CA	30.29
	3rd	Alex Gonzalez		26.29
	4th	Stu Simcox	OH	19.43
	5th	Jerry Raddatz	MN	19.00
	6th	Paul Wehmeyer	NJ	17.00
<b>M85</b>	<b>1st</b>	<b>John O'Donnell</b>	<b>IL</b>	<b>20.57</b>



Division	Place	Name	State	Points	
<b>MD40</b>	<b>1st</b>	<b>Jake Ryan / David Singer</b>	<b>IL / IL</b>	<b>35.88</b>	
	2nd	Robert Dreger / Curt Gustafson	IL / WI	29.25	
	3rd	Sharad Kansara / Todd Burris	IL / IL	25.63	
	4th	Anthony Giacalone / Glen Bero	IL / IL	21.75	
	5th	Antonio Aguirre / Estuardo Wer	GUA / GUA	16.50	
<b>MD50</b>	<b>1st</b>	<b>Terry Kisling / Rod Southwood</b>	<b>MN / MN</b>	<b>38.00</b>	
	2nd	Tom Carroll / Ed Esparza	IL / IL	26.00	
	3rd	Richard Anderson / Carlos Canessa	AZ / IL	19.88	
<b>MD55</b>	<b>1st</b>	<b>Lars Cole / Tyrone Gilmore</b>	<b>MI / TX</b>	<b>35.75</b>	
	Playoff	2nd	Mike Grisz / Andrew Kulback	VA / OH	34.50
		3rd	Rod Southwood / Tim Hennessy	MN / CO	23.75
	4th	Michael Linsky / Eric Robinson	MD / MD	23.50	
	5th	Howard Chennault / Scott Regenscheid	GA / MN	10.00	

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Division	Place	Name	State	Points
MD60	1st	Lars Cole / Tyrone Gilmore	MI / TX	37.00
	2nd	Patrick Gibson / Dave Milazzo	TX / IL	35.00
	3rd	Michael Hiles / Bruce Adams	MN / FL	19.86
	4th	David Nelson / Paul Rokke	MN / ND	18.57
MD65	1st	John Els / Howard Walker	NE / TX	31.71
	2nd	Billy Cannon / Rick Betts	AL / CA	31.57
	3rd	Gus Sanchez / Steve Littlefield	TX / TX	23.86
	4th	Bill Roberts / Thomas Goebel	IL / TX	13.43
MD70	1st	Dennis McKee / Michael Stephens	IL / MI	36.20
	Playoff 2nd	Leonard Marsocci / Mike Pawka	FL / CA	30.60
	3rd	Barry Hendricks / Jon Walker	AZ / AZ	26.20
	4th	Warren Bailey / Greg Kearney	AZ / CA	25.00
	5th	Michael Wouk / Ralph Wakins	CO / MO	24.40
	6th	Fred Roe / Robert Ferrara	CA / MA	21.40
MD75	1st	John O'Donnell / Albert Palacios	IL / IL	38.00
MD80	1st	Alex Gonzalez / Jon Singer	FL / PA	28.00
	2nd	Paul Wehmeyer / Stu Simcox	NJ / OH	13.25
W45	1st	Mayra Chatun	GUA	4.25
W50	1st	Jean Halahan	NY	35.75
	2nd	Marie Gomar	GUA	34.53
	3rd	Sheila Champion	WI	23.00
W55	1st	Diane Bunker	IL	18.38
W55BC	1st	Edith Seaman	IL	31.33
	2nd	Julianne Valentino	IL	18.33
W60	1st	Cheryl Jones	MN	37.50
W75	1st	Marquita Molina	CA	11.50
WD45	1st	Dolores Lamberson / Carolyn Watkins-Vazquez	IL / IL	13.17

Division	Place	Name	State	Points
WD50	1st	Marie Gomar / Karen Grisz	GUA / VA	37.50
	2nd	Maddie Melendez / Kim Reimschisel	VA / IN	28.00
	3rd	Wendy Miller / Cheryl Jones	MN / MN	27.17
WD55	1st	Shari Copen / Cindy Tilbury	MO / CA	31.33
WD60	1st	Sandy Rios / Diana Matthews	TX / NE	25.67
	2nd	Susan Schatz / Page Kern	MN / MN	25.33
XD40	1st	Barbara Vagedes / Glen Bero	IL / IL	25.00
XD45	1st	Sheila Champion / Curt Gustafson	WI / WI	32.17
XD50	1st	Jean Halahan / Alok Mehta	NY / IL	37.50
	2nd	Mike Grisz / Karen Grisz	VA / VA	29.67
	3rd	Terry Kisling / Kim Reimschisel	MN / IN	27.83
	4th	Joey Logan / Maddie Melendez	FL / VA	25.00
	5th	Wendy Miller / Rick Davenport	MN / MI	20.17
XD55	1st	Andrew Kulback / Shari Copen	OH / MO	37.13
	2nd	Cindy Tilbury / Patrick Gibson	CA / TX	34.38
XD60	1st	Cheryl Kirk / Andy Pitock	IL / IL	31.00
	2nd	Doug Draudt / Ann Draudt	TX / TX	24.50
	3rd	Sandy Rios / Rick Davenport	TX / MI	24.00
XD65	4th	Michael Hiles / Page Kern	MN / MN	19.38
	1st	Billy Cannon / Diana Matthews	AL / NE	33.00
XD75	1st	Marquita Molina / William Baker	CA / CA	6.63

# Glass Court

*Swim & Fitness Club*



## MORE NMRA Tidbits

### Good Sleep

Not only is the MyPillow® a great pillow and gives a person great sleep, now they are also a huge sponsor of the sport of racquetball. Mike Lindell is sponsoring the United HealthCare US Open this year (and in the years to come, we hope). Okay, racquetball people—go out and buy a MyPillow® or two. Note: To help racquetball, use the MyPillow® promo code of USOPEN to get your discount. The Giza Dream sheets are very nice too! I haven't tried the mattress topper yet.

### New Facebook Account for NMRA Prez

I resisted as long as I could, then I needed an account to do some livestreaming. So in case you were wondering how to find the NMRA President (me) on Facebook, look for NMRA Prez. You will still see all of the great NMRA action on the Facebook "PAGE", National Masters Racquetball. Give it a try. [www.facebook.com/nationalmastersrb](http://www.facebook.com/nationalmastersrb)

Fill out your NMRA Survey TODAY

[www.surveymonkey.com/r/nmrafeedback](http://www.surveymonkey.com/r/nmrafeedback)

## NMRA National Championships

Thousand Oaks YMCA, San Antonio College, TX | March 6-9, 2019  
Cindy Tilbury, Tournament Director

Division	Place	Name	State	Points	Division	Place	Name	State	Points
M40	1st	Mike Grisz	VA	27.14	MD50	1st	Jody Morris / Mark Malowitz	TX / TX	33.67
M45	1st	John Casey	TX	31.00	Playoff	2nd	Lars Cole / Tyrone Gilmore	MI / TX	36.50
	2nd	Mike Cantu	TX	9.14		3rd	Miguel Gomez / Paul Julbes	TX / TX	32.33
M50	1st	Paul Julbes	TX	38.00		4th	Gary Hudgeons / Tim Iseminger	CA / CA	28.67
	2nd	Tim Iseminger	CA	32.29		5th	John Kresic / Gus Sanchez	OK / TX	30.50
	3rd	Robert Tuttle	TX	28.43		6th	Sean Arnold / Bob Foster	TX / TX	25.25
	4th	John Kresic	OK	22.00		7th	Craig Nielson / Carter Jaynes	IL / TX	23.00
	5th	Miguel Gomez	TX	16.71		8th	Enrique Garcia / Ysa Garza	TX / TX	18.00
M55	1st	Bob Wright	IN	33.80	MD55	1st	Lars Cole / Glenn Martineau	MI / TX	32.60
Playoff	2nd	Gary Hudgeons	CA	37.40		2nd	Joe Hall / Tim Hennessy	TX / TX	15.60
	3rd	Tim Hennessy	CA / TX	26.40	MD60	1st	Tyrone Gilmore / Glenn Martineau	TX / TX	36.00
	4th	Craig Nielsen	IL	20.40	Playoff	2nd	Mark Baron / Mike Grisz	VA / VA	38.00
	5th	Bob Foster	TX	26.50		3rd	Rick Betts / Patrick Gibson	CA / TX	33.67
	6th	Grant Hout	OH	20.40		4th	Gene Couch / Larry Matula	TX / TX	33.33
M60	1st	Larry Matula	TX	37.33		5th	Joe Hall / Andrew Joseph	TX / WA	17.67
	2nd	Lorenzo Arredondo	TX	35.33		6th	Bruce Adams / Michael Hiles	FL / MN	21.00
	3rd	Ron Harris	TX	28.17		7th	Steve Hammersmith / John Williams	WA / WA	15.33
	4th	Enrique Garcia	TX	27.00		8th	Carlos Farias / Gary Smarsh	TX / PA	12.33
	5th	Cliff Patterson	OH	26.33	MD65	1st	Mark Baron / Howard Walker	VA / TX	38.00
	6th	Julio Hernandez	TX	20.67		2nd	Ron Harris / Joe Clinton	TX / TX	28.40
	7th	Gary Smarsh	PA	11.00		3rd	Gerald Goebel / Thomas Goebel	FL / TX	28.00
M65	1st	Frank Taddonio	AZ	38.00	MD70	1st	Mitch Milewski / Michael Stephens	NH / MI	29.60
Playoff	2nd	Joe Clinton	TX	34.25		2nd	Ed Mooney / Robert Rivera	TX / ME	16.80
	3rd	Rick Betts	CA	33.00		3rd	Lee Gilbert / Sammy Robles	TX / TX	5.40
	4th	Gus Sanchez	TX	31.50	MD75	1st	Glenn Allen / Wayne Toyne	VA / VA	38.00
	5th	Gene Couch	TX	30.50		2nd	William Herron / Frank Wall	TX / OR	28.13
	6th	Jim Barrett	AZ	23.50		3rd	George Moore / Robert Sullins	TX / TX	27.25
	7th	Gerald Goebel	FL	23.25	MD80	1st	Francis Florey / Art Hotchkiss	CO / CT	28.25
	8th	Jordan Goldstein	FL	15.50		2nd	Roy Jones / William Muldoon III	TX / TX	7.75
M70	1st	Michael Stephens	MI	38.00					
	2nd	Bob Smith	OR	34.83					
	3rd	Robert Rivera	ME	30.50					
	4th	Curtis Hoffman	CA	24.83					
	5th	Dan Millar	WA	21.17					
	6th	Lee Gilbert	TX	16.83					
	7th	Sammy Robles	TX	9.17					
M75	1st	Mitch Milewski	NH	38.00					
Playoff	2nd	Bruce Hollander	FL	28.25					
	3rd	Wayne Toyne	VA	29.00					
	4th	Frank Wall	OR	19.75					
	5th	Glenn Allen	VA	19.00					
M80	1st	Arthur Hotchkiss	CT	36.75					
Playoff	2nd	Francis Florey	CO	27.00					
	3rd	William Herron	TX	33.50					
	4th	Roy Jones	TX	20.00					
	5th	William Muldoon III	TX	17.00					
MD45	1st	Mike Cantu / Robert Tuttle	TX / TX	35.20					
	2nd	Mustafa Abdus-Salaam / Franck Emmou	TX / TX	33.20					
	3rd	James Aguirre / Gary Durbin	TX / TX	27.20					
	4th	Marty Ahumada / Carlos Farias	TX / TX	13.40					

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Division	Place	Name	State	Points
W55	1st	Sandy Long	TX	35.00
	2nd	Linda Shanahan	IN	20.33
W60	1st	Cindy Tilbury	CA	33.00
W75	1st	Mildred Gwinn	NC	17.33
WD40	1st	Linda Shanahan / Cindy Tilbury	IN / CA	26.50
WD45	1st	Karen Grisz / Sandy Rios	VA / TX	30.25
WD50	1st	Dotti White / Anita Johnson-Florez	TX / TX	21.75
WD55	1st	Carolyn Hollis / Gladys Leonard	CA / AL	38.00
WD75	1st	Mildred Gwinn / Marquita Molina	NC / CA	9.75
XD45	1st	Karen Denu Turner / Mike Grisz	VA / VA	30.25
XD50	1st	Anita Johnson-Florez / Carter Jaynes	TX / TX	21.75
XD55	1st	Gladys Leonard / Patrick Gibson	AL / TX	34.71
	2nd	Carolyn Hollis / Bob Wright	CA / IN	33.86
XD60	1st	Sandy Rios / Thomas Evans	TX / TX	28.00
	2nd	Dotti White / Gary Durbin	TX / TX	23.57
XD65	1st	Sharon Mooney / Ed Mooney	TX / TX	15.29
XD75	1st	Marquita Molina / Bruce Hollander	CA / FL	13.57



# RESULTS

## NMRA 2018 Doubles-Only Championships

Tucson Racquet & Fitness, Tucson, AZ | Nov 30 - Dec 2, 2018  
Cindy Tilbury / Marni Winings, Tournament Directors



Division	Place	Name	State	Points
MD40	1st	Keoni Tengan / Clayton Nishikawa	HI / HI	18.50
MD45	1st	Mel West / Alan Katz	AZ / AZ	32.00
	2nd	Keoni Tengan / Clayton Nishikawa	HI / HI	20.29
MD50	1st	Mike Lubbers / Darin Randles	AZ / AZ	35.67
	2nd	Chris Starks / Steve Wattz	AZ / CA	34.83
	3rd	Lee Carter / Mike McCarthy	CA / CA	32.17
	4th	Ron Couch / Mel West	AZ / AZ	23.67
	5th	Joey Egea / Alan Katz	AZ / AZ	21.33
	6th	Joerg Leinemann / Jeff Broad	MD / MD	16.50
MD55	1st	Lee Carter / Mike McCarthy	CA / CA	38.00
	2nd	Louis Reba / John Winings	CA / CA	32.57
	3rd	Mike Limskly / Eric Robinson	MD / MD	31.71
	4th	Bob Wright / Rick Killion	IN / IN	27.14
	5th	Steve Hammersmith / John Williams	WA / WA	21.29
	6th	Joey Egea / Mike Hiles	AZ / MN	14.14
MD60	1st	Mark Baron / Alan Baron	VA / AZ	36.50
	2nd	Howard Walker / Steve Wattz	TX / CA	36.00
	3rd	Ruben Gonzalez / Chris Poucher	SC / GA	32.17
	4th	Rick Betts / Craig Wagner	CA / OR	27.50
	5th	Mike Hiles / Bruce Adams	MN / FL	19.83
	6th	Steven Hammersmith / John Williams	WA / WA	19.83
	7th	Mike Halligan / Russ Randolph	AZ / AZ	14.00
MD65	1st	Ruben Gonzalez / Chris Poucher	SC / CA	38.00
	2nd	Howard Walker / Mark Baron	TX / VA	35.60
MD70	1st	Michael Stephens / Dennis McKee	MI / IL	29.60
	2nd	Barry Hendricks / Jon Walker	AZ / AZ	21.60
	3rd	Mike Pawka / Jim Van Sickel	CA / CA	16.00
	4th	Robert Cox / Alan Jorgensen	AZ / AZ	15.40
MD75	1st	Robert Cox / Leonard Sonnenberg	AZ / CA	33.67

Division	Place	Name	State	Points
MD80	1st	Arthur Hotchkiss / William Baker	CT / CA	28.50
	2nd	Paul Banales / Dario Mas	AZ / DE	24.00
	3rd	Len Corte / Don Dennis	AZ / IL	22.67
WD45	1st	Lorena Chables / Dawn Barton	AZ / AZ	15.20
WD50	1st	Susie Boulanger / Lisa Bu	AZ / AZ	36.80
WD55	1st	Carolyn Hollis / Marni Wagner	CA / CA	29.40
	2nd	Sharon McNeill / Frossene King	MD / NM	26.20
WD60	1st	Marcia Richards / Mary Keenan	CO / CO	32.40
	2nd	Carol Saul / Cindy Tilbury	AZ / CA	20.20
XD50	1st	Lisa Bu / Darin Randles	AZ / AZ	37.20
	2nd	Susie Boulanger / Ron Couch	AZ / AZ	24.80
	3rd	Dorette Leinemann / Jeff Broad	DE / DE	14.40
	4th	Lorena Chables / Russ Randolph	AZ / AZ	13.60
XD55	1st	Carolyn Hollis / Bob Wright	CA / IN	31.20
	2nd	Linda Moore / Larry King	AZ / NM	30.20
XD60	1st	Susan Hendricks / Mike Lubbers	AZ / AZ	37.50
	2nd	Marcia Richards / Craig Wagner	CO / OR	33.50
	3rd	Cindy Tilbury / Rick Betts	CA / CA	32.17
	4th	Dorette Leinemann / Joerg Leinemann	DE / DE	28.17
	5th	Sharon McNeill / Rick Killion	MD / IN	23.33
	6th	Carol Saul / Mike Halligan	AZ / AZ	16.50
XD75	1st	Marquita Molina / Len Sonnenberg	CA / CA	9.00





# NMRA NATIONAL CHAMPIONSHIPS

March 25-28, 2020 - Vetta Sports Club Concord, Concord (St. Louis) MO

Entry By Mail Must Be **POSTMARKED NO LATER THAN: 03/08/2020**

Online Entries Must Be **COMPLETED BY: 03/12/2020**

<http://www.r2sports.com/tourney/home.asp?TID=31392>

**Please Print — Be Legible, Complete & Accurate**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: Home \_\_\_\_\_

Work \_\_\_\_\_

Cell \_\_\_\_\_

Email: \_\_\_\_\_

DOB: m \_\_\_\_ / d \_\_\_\_ / yr \_\_\_\_ Age on 03/25/2020 \_\_\_\_

**Waiver:** I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the *NMRA*, *USAR*, *the Vetta Sports Club Concord* and their staff, and all sponsors or their respective agents, for any and all injuries or damages of any nature which I, my spouse or my guest(s) may incur as a result of my participation in this tournament. I also acknowledge the potential risk of eye injury during competition, and can certify in writing that my protective eye guards (including prescription frames/lenses) conform to all standards specified in USA Racquetball Rule 2.5(a). By registering to compete in this event, I consent to and release all rights to the use of event photographs in which my image appears.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ENTRY FEES:**

First Event \$ 85 \$ \_\_\_\_\_

Second Event \$ 25 \$ \_\_\_\_\_

Spouse/Guest(s)\* (Each) \$ 70 \$ \_\_\_\_\_

NMRA Membership (Total for 3 Yrs) \$ 45 \$ \_\_\_\_\_

USRA Membership (required, 1 Yr) \$ 50 \$ \_\_\_\_\_

**Total Due: \$ \_\_\_\_\_**

\* Spouse/Guest(s) Name(s): \_\_\_\_\_

**\*\*Check here if this is your first NMRA tournament \*\***

*(First time players do not have to join the NMRA, but we hope you do.)*

**SHIRT SIZE:** MEN \_\_\_\_\_ WOMEN \_\_\_\_\_

S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2X \_\_\_\_\_ 3X \_\_\_\_\_

**PAYMENT:** Send entry form & payment in U.S. dollars, made payable to **NMRA**.

Mail to: Cindy Tilbury - NMRA  
23308 Bocana Street, Malibu, CA 90265

**NO REFUND OF ANY FEES AFTER 03/12/2020**

**Limit of two events only: singles and doubles or two doubles.  
Everyone plays every day; arrive Tuesday!**

DOUBLES			AGE	SINGLES	
MEN	WOMEN	MIXED		MEN	WOMEN
		n/a	40+		
n/a	n/a	n/a	40+ B/C	n/a	
			45+		
			50+		
n/a	n/a	n/a	50+ B/C	n/a	
			55+		
			60+		
			65+		
			70+		
			75+		
			80+		
			85+		
			<b>Jackpot</b>		

**DOUBLES PARTNER(S): Please Print**

Name/Div/Age Bracket: \_\_\_\_\_

Name/Div/Age Bracket: \_\_\_\_\_

\_\_\_\_ Check if you need us to find a doubles partner.

**Emergency Contact Information:**

Name \_\_\_\_\_

Phone # \_\_\_\_\_



## NMRA 2020 National Championships

Vetta Sports Club | Concord (St. Louis Area), MO | March 25-28, 2020


(Wednesday through Saturday) \*\*Round Robin Age Divisions Starting at 40 Years Young\*\*

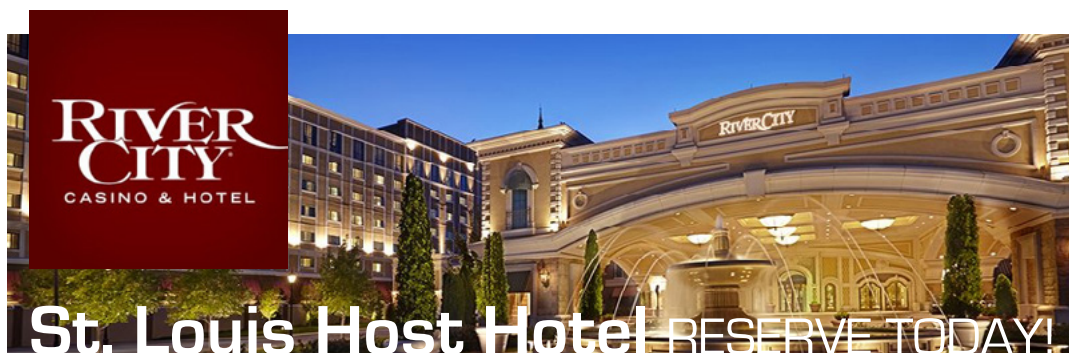
[www.nmra.info](http://www.nmra.info) | <http://www.r2sports.com/tourney/home.asp?TID=31392>

<b>Tournament Directors / Staff</b>	Tourney Director – Cindy Tilbury 303.888.4461 <a href="mailto:cindy.tilbury@att.net">cindy.tilbury@att.net</a> Dan Whitley – Vetta Club Manager <a href="mailto:dwhitley@vettasports.com">dwhitley@vettasports.com</a>
<b>Host Club</b> 	<b>Vetta Sports Concord</b> – 10 Panel-Walled Courts <a href="http://www.vettasports.com">www.vettasports.com</a> 12320 Old Tesson Rd, St. Louis, MO 63128 314.842.3111 Club hours 6 am to 10 pm (Saturday 8 am to 8 pm). Bring a lock. No overnight lockers. Towel service available free (driver license held). All club facilities are available to tournament players and paid guests. Great club and locker room amenities available during the event. Racquet stringer available. Pro shop items available.
<b>Host Hotel</b> River City Casino/Hotel 	<b>River City Casino &amp; Hotel</b> 777 River City Casino Blvd, St. Louis, MO 63125 314.388.7777 9 Miles East of the Club; Shuttle to club provided every hour Single/Double Rate with breakfast \$127 per night + tax Friday/Saturday Rate with breakfast \$167 per night + tax Mention <i>National Masters Racquetball</i> when registering by phone Reserve early—Only 25 rooms reserved for NMRA but more may be added when those are booked Rates available through February 21, 2020. Free self- and valet parking / free hot breakfast / free wi-fi. <a href="https://www.rivercity.com/hotels/rooms">https://www.rivercity.com/hotels/rooms</a> Code NMRC20A
<b>Enter Online</b> 	Enter online by March 12, 2020, at <a href="http://www.r2sports.com/tourney/home.asp?TID=31392">http://www.r2sports.com/tourney/home.asp?TID=31392</a> First event--\$85 Second event--\$25 Card Handling Fee \$5 Guests Fee Two-Division Doubles Limit. Singles + doubles or two doubles. Guest Fee \$70 for the week includes lunches and banquet. <b>We can help find doubles partners and/or roommates.</b>
<b>Enter via US Mail</b> Maximum of Two Divisions	Fill out the entry form at <a href="http://www.nmra.info">www.nmra.info</a> (Tournament Info page). Two-Division Limit. Mail completed entry form and fees by March 8, 2020, to: NMRA Cindy Tilbury, 23308 W Bocana Street, Malibu, CA 90265
<b>Doubles Partners / Roommates</b>	Contact Cindy Tilbury for a doubles partner or roommate request ( <a href="mailto:cindy.tilbury@att.net">cindy.tilbury@att.net</a> ). You may also use the list feature of R2Sports when you register online.
<b>Nearest Airport</b>	Lambert St. Louis International Airport, St. Louis (STL) 23 Miles to Host Hotel (30 Minutes) Book flights at <a href="http://www.flystl.com">www.flystl.com</a>
<b>Airlines Flying into STL</b>	All major airlines fly into STL.
<b>Airport Taxi / Shuttle</b> <b>Ground Transportation at STL</b>	Shuttles are not provided by the host hotel. However, we will have a transportation concierge for you to arrange your pickup. Contact Joe Williams directly to arrange your pickup. 402.309.4260. Rideshare apps are also an option or check <a href="http://www.flystl.com">www.flystl.com</a> .
<b>Shuttle from Hotel to Vetta Sports Club</b>	The NMRA will be providing a mini-van shuttle on an hourly schedule between the hotel and the club. Between runs, if you see other players going to the club, don't be shy and ask for a ride. A schedule will be provided to all players at check-in.
<b>Parking at Host Club</b>	Free. RVs may park in the parking lot with no hookups/utilities
<b>Tournament Check-In Player Meet-and-Greet</b>	Tuesday, March 24, 2020, 5 pm to 8 pm, at Vetta Sports Concord. Complimentary reception with beverages and hors d'oeuvres. Pick up tournament souvenir, play schedules, etc. and socialize. <b>Early and later Player Meetings</b> will be held about 5:45 pm and 7:00 pm to review procedures and answer questions. STRONGLY recommended for NMRA first-timers; everyone is invited
<b>Practice Courts</b>	Courts at the Vetta club will be available free of charge March 23 and 24, 2020, except that they will NOT be available during tournament check-in (5:00 to 8:00 pm Tuesday)

continued on Page 15...

**NMRA 2020 National Championships INFORMATION SHEET** continued from page xx...

<b>Play Begins / Ends</b>	Starting at 8 am every day. Ends by 10 pm Wednesday and Friday. Ends around 5 pm Thursday (banquet night) and Saturday. Every division plays every day (Wednesday through Saturday). Please show consideration for all players and remember that we play every bracket every day of the event. Schedule your travel arrangements accordingly. Sign-in may be required at club.
<b>Tournament Ball</b>	Penn Green is the official ball of the NMRA. 
<b>Approved Eyewear</b>	Eyeguards are mandatory. The USAR has established strict criteria for approved eyeguards. This document represents those products which meet or exceed the USAR's criteria. <a href="#">Approved Eye Guard List</a> .
<b>Tournament Scoring</b>	All round robins, self-refereed matches. Every division will play two games to 15. Larger "pool play" divisions will have Saturday playoff matches. Playoff format will be two games to 15, tiebreaker to 11 if needed. In round-robin matches, bonus points are awarded for winning games (2 per game) and the match (4). Ties will split the extra four match points. Points are automatically calculated by the R2sports tournament software. When any team or player must forfeit, average scores will be used to determine final results of the division or pool. If a forfeit occurs during a match, the opposing team or player will be awarded points required to finish the match. USAR amateur rules will be used.
<b>Eligibility</b>	USAR-sanctioned; Current USAR membership is required to participate. Your membership must be valid through the last day of the tournament. Entries will not be accepted without payment for USAR membership. USAR membership is available at <a href="http://www.usra.org">www.usra.org</a> . NMRA membership is required for all EXCEPT players who are playing in their FIRST NMRA event.
<b>Tournament Awards</b>	NMRA medals will be awarded to First through Fourth place winners for each age division. Combined divisions will be awarded medals based on separate age divisions. You must complete all matches in a division to be awarded the medal.
<b>Morning Hospitality</b>	Breakfast is available at the hotel for hotel guests. Fruit and drinks available at the Vetta Sports Club.
<b>Lunch</b>	Lunch is served at the Vetta Sports Club; you may need to present your tournament pass or bag tag.
<b>Evening Hospitality on Wednesday and Friday</b>	<u>Not a substitute for dinner.</u> Evening hospitality will be served at the club. You may need to present your tournament pass or bag tag.
<b>Banquet on THURSDAY Night</b>	River City Casino & Hotel Ballroom Included in your entry fee. Guests are invited for \$50, or \$70 for food all week in addition to the banquet. Cash bar at 6:00 pm; Dinner and program from about 7 to 10 pm. Don't miss this!
<b>Local Activities</b>	<a href="http://www.explorestlouis.com">www.explorestlouis.com</a> Included is a list of 25 things to do in St. Louis
<b>Sights to See</b>	In addition to the Gateway Arch, please see the separate sheet for a long list of St. Louis places to visit and things to do.
<b>Average Temperatures</b>	Year – 60° F March – High 55° F – Low 34° F Average 45° F Average March Precipitation 4.5 Inches (Mostly Snow)
<b>Special for Ladies</b>	This is becoming more popular—two B/C Singles age divisions for ladies 59 or younger. If you feel you are not an Open/A-level singles player, you may enter B/C. Choose 40+ B/C or 50+ B/C. The two divisions may be combined to provide enough matches.



This is a shortened version of this Information Sheet. For the long version of this document, download it from [www.nmra.info](http://www.nmra.info) in the Tournament Entry Information link.

## MORE **NMRA** Tidbits

### Pro Racquetball Statistics Website

You may have already tried out this site, but I want you all to know that it is AMAZING for all of the professional racquetball statistics and head-to-head information. How many pro stops has **Kane Waselenchuk** won? How far is **Cliff Swain** behind him (or ahead of him)? Did they meet up in International competition or at all? And what about **Paola Longoria**? Has anyone played all 24 *US Opens*? It's all in there! Try the section that reports on stats by player. Or the special *US Open* reports. Thanks to **Todd Boss** and his many hours of database design and data input, you have it all at your fingertips. Go to [www.proracquetballstats.com](http://www.proracquetballstats.com) to start your research. You're welcome.

### Online Shopping or Donating?

I have to take the opportunity to remind everyone to donate while you shop online. Instead of using [www.amazon.com](http://www.amazon.com), use [smile.amazon.com](http://smile.amazon.com) and specify your favorite racquetball charity to which to donate a small percentage of your order automatically. May I suggest *USA Racquetball*? That was my choice.

## Suggestions/Things to Do in St. Louis

By Shari Coplen

### Museums

- St. Louis Art Museum
- Missouri History Museum
- St. Louis Science Center
- The Gateway Arch
- The Jewel Box
- The Magic House
- Daniel Boone Home
- Museum of Transportation
- Old Courthouse
- Missouri Civil War Museum
- Cahokia Mounds
- Ulysses S. Grant National Historic Site
- St. Louis Cardinals Hall of Fame Museum
- St. Louis Soccer Hall of Fame
- Cathedral Basilica\*
- World Chess Hall of Fame

### Entertainment

- City Museum
- Missouri Botanical Garden
- The Butterfly House
- Boathouse Forest Park
- St. Louis Zoo (Free Admission)
- Forest Park
- Grant's Farm\*
- Powell Hall
- Peabody Opera House
- Fox Theater
- The Muny\*
- Union Station

### Historical Neighborhoods

- Lafayette Square
- Central West End
- Compton Heights
- The Loop
- The "Hill" (Yogi Berra & Joe Garagiola homes)
- Holly Hills

### Golf Courses

- Tapawingo National Golf Club
- Aberdeen Golf Club
- Normandie Golf Club
- The Norman K. Probststein Golf Course in Forest Park

### Shopping

- West County Mall
- The Loop
- St. Louis Galleria
- Ballpark Village
- Chesterfield Mall
- Historic St. Charles
- Central West End
- Kimmswick
- Downtown Kirkwood

- St. Louis Premium Outlets
- Taubman Prestige Outlets

### Eateries

- Too many to list
- Famous for Bar B Q and Italian (The Hill)
- See Shari Coplen and Other Locals for Suggestions

### Wineries

- Aerie's Riverview Winery
- Chandler Hill Vineyards
- Stone Hill Winery and Restaurant
- Grafton Harbor
- Montelle Winery
- Little Hills Winery & Restaurant
- Holy Grail Winery
- Hunter Valley Winery
- Thousand Oaks Winery & Vineyard

### Places of Worship

- Cathedral Basilica of Saint Louis
- Jericho Christian Center
- Mary Queen of Peace
- South County Baptist Church
- South Pointe Church
- St. Thomas Holy Spirit Lutheran
- World View Community

### Breweries

- Anheuser-Busch Brewing Company
- Schlafly Bottleworks Brewery
- 4 Hands Brewing Company
- Urban Chestnut Brewing Company
- Morgan Street Brewery
- Perennial Artisan Ales
- Square One Brewery and Distillery

### Horseracing

- Fairmount Park Race Track\*

### Baseball

- St. Louis Cardinals\*

### Hockey

- St. Louis Blues

\*Seasonal/Not Available at this Time of Year



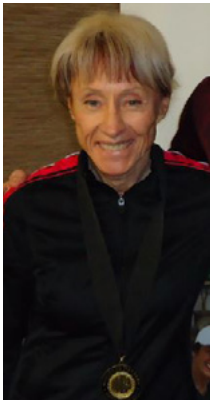
## NMRA 2019 Intercollegiate News

By Cindy Tilbury

Why would I write an article about *USA Racquetball Intercollegiates* in an *NMRA* newsletter? Because the coolest record was set by one of our regular *NMRA* players!! Get this....

**Susan Hendricks** recently went back to college to get her *Bachelor's Degree* and *Masters of Business Administration* at Arizona State University. With four years of eligibility left, Susan won a spot on the ASU racquetball team playing in the *USA Racquetball Intercollegiates*

for 2018 and 2019. Susan beat several 18- to 22-year-olds to get to the finals of the Women's Number 3 Gold division. She lost in that final, but winning the semi-final assured her of All-American status



for the sport. That's just the beginning of the record.

Susan became the official oldest *NCAA All American* – a truly amazing feat, and it's in our sport! Congratulate Susan when you see her at the next *NMRA* tournament. Or enroll full-time in school and try to best that record.

[https://www.azfamily.com/sports/sports\\_features/year-old-asu-athlete-earns-all-american-honors/article\\_895d0850-5cb0-11e9-9a05-6702e8a0d303.html](https://www.azfamily.com/sports/sports_features/year-old-asu-athlete-earns-all-american-honors/article_895d0850-5cb0-11e9-9a05-6702e8a0d303.html) <http://www.fox10phoenix.com/news/arizona-news/64-year-old-asu-racquetball-star-beats-players-in-their-20s-earns-all-american-honors>

I volunteered at the tournament in Phoenix and had an amazing time. The collegiate players are so inspirational and I just pray they continue to play our sport for life—maybe they will sign up for an *NMRA* tournament in 20 years. The sportsmanship was exceptional (like *NMRA*). If you are ever looking for a group of players who need a boost, it is the college students. Give me a call if you have extra time, equipment, or even a few dollars to donate to these adorable athletes.

## NMRA Ladies Only - Men Can Read This, Too!

By Cindy Tilbury

Okay, Ladies! It's time to have some fun as only racquetball ladies can do. You probably already have your calendars marked for the *Women's Senior/Masters Racquetball Association (WSMRA)* tournament in St. Louis January 17-19 (Martin Luther King Weekend), but did you know there is also a St. Louis tour available that includes Clydesdales?!? Well, there is! And the stately old homes of St. Louis are also on the tour. **Shari Coplen**, her local crew, and the *WSMRA* tournament committee are planning a great weekend for you. Shari is also thinking about having a party at her house for all of the *WSMRA* ladies. If you have not seen Shari's house, you really don't want to miss this. It will be chilly, so bring your scarves and mittens. Email Shari at [slc314@aol.com](mailto:slc314@aol.com) if you have questions, or sign up on [R2Sports.com](http://R2Sports.com).

Any suggestions on where the ladies should hold the *WSMRA* tournament in 2021? We want to hear those.

Ladies, if you have any opinions about formats or offerings for women at national (*USAR*) events, please let your preferences be known. You can email me at [cindy.tilbury@att.net](mailto:cindy.tilbury@att.net) and just let it out. :-). One of the goals of the Women's Committee of the *USAR* Board is to get more women to play national events. And each state association wants to unlock the door to having more women compete at the state level. Any and all suggestions are welcome.

If you hadn't thought about this, all racquetball non-profit organizations need donations. If you want to talk about a donation with any racquetball organization, please contact me at [cindy.tilbury@att.net](mailto:cindy.tilbury@att.net) and I will direct you to the right group to accomplish your goal and get a tax-deductible donation.

I hope you are all watching the *LPRT* as they live-stream their matches and exemplify women at the highest level of play in our sport. There are so many accomplishments happening and **Paola** achieving her 100th singles *LPRT* title is just one of them. These ladies are so amazing! If you would like to have an *LPRT* event in your club or area, contact **TJ Bumbaugh** at [tj@lprt.com](mailto:tj@lprt.com). They have a pretty full season, but it can't hurt to inquire. The *LPRT* players are also available to come out and do events other than Tier 1 tournaments, too, so don't be shy about inviting them in to do exhibitions and special weekend events.



Paola Longoria, [lprt.com](http://lprt.com)

I say this a lot, but I want to encourage you all to take a lesson, get a coach, play someone new, enter a big tournament, learn a new shot from the internet, and (this is the most fun) consider a *Malibu Ladies Racquetball Camp* at my house. We invite ladies out to relax, but also work on their game with a coach, in lovely Malibu. Bring your friends or have me match you up with a compatible group. If you love racquetball, life doesn't get much better than that. Email me for details and potential future dates. We think it's more fun to play great than to play "just okay."



2018 *NMRA* Doubles-Only Championship Tournament Ladies

One last thought: Think about serving on your state racquetball association's board of directors, or just helping them out. We all know that women get things done! Be "the one" who makes a difference in the racquetball community in your area.

## MORE NMRA Tidbits

### USA Racquetball Magazines Searchable Online

Ever wonder what happened in amateur racquetball in a certain year or whatever happened to Player X when he was playing? It is now much easier to find out. **Jim and Dianne Easterling** of Michigan spent hundreds of hours scanning in the old *Racquetball Magazines*, including when it was published under different names, to allow you to read it all. It is all searchable with links to more sources. Only about 12 magazines from way back are missing. Help us find them, if you have old copies. What a treasure trove from our sport! Thank you *Easterlings!*

Missing: March 1975  
January 1978 March 1979  
April 1979 June 1979  
July 1980 November  
1981 January 1982 April  
1982 March/April 1991  
March/April 1992



## NMRA Passings *By Cindy Tilbury*



**Carl Buschner,**  
Holyoke, MA

Carl Bushner was a World War II and Korea veteran, a university professor, coach, racquetball player. Married 66 years, he died August 8, 2018 at the age of 90.

*From his obituary:* Carl was passionate about racquetball! He taught countless young people how to play, arranged tournaments to promote the sport including senior games, officiated, and was nationally ranked himself, even rising to #1 in the 80+ age group. Carl made friends everywhere he went, from his rye bread bakery to his bank, hardware store and pharmacies. His courage, tuneful whistle and positive outlook enriched his family life. His mother had advised him to leave everywhere he went better than he found it and he lived true to her advice.

*From David Maitland December 28, 2018:* When I read the *Remembrances* in the latest *RacquetRacket* I was reminded that I hadn't heard from **Carl Buschner** for a while. *Google* informed me he died in August 2018. Carl only played in a few *NMRA* tournaments. He began playing in the '60s and was a long-time contributor to *Racquetball*. Ten years ago he was ranked #1 in 80 + by *USAR*. Many older players will miss the birthday cards he sent every year. He ran *New England Masters* tournaments as well as the *Massachusetts Senior Games*. Carl had health problems the last three or four years and was unable to play or do the daily workouts that had always been part of his life. My words do not do him justice. I will miss him.

—David Maitland



**Ron Hutcherson,**  
Warsaw, IN

*From Rex Lawler about his Long-Time Doubles Partner who died October 7, 2018 at the age of 78.*

Ron graduated from *Indiana University* with a Health and PE Bachelor degree, a Master's Degree in Secondary Education and served 4 years in the *Navy Reserves*. Ron taught and coached many students and athletes throughout his career, starting in Lebanon, IN, then to Skokie, IL, and finishing in Warsaw, IN. He taught for 54 years with the last 14 at *Sacred Heart*. Ron was mostly known as a teacher and coach however, he had many of his own personal accomplishments. In 1957, he won the *Indiana State Wrestling Tournament* as a junior year in high school and finished runner-up his senior year. Ron was also a *Big Ten Wrestling Champion* while at *Indiana University* and was ranked in the nation in the 65+ age group in *Racquetball*. Ron coached several wrestlers who became wrestling State Champions and led multiple teams to success at *Indiana State Wrestling Tournaments*. His love for the students he taught and the athletes he coached was limitless.



**Ralph Waddington,**  
Albuquerque, NM

*From Luke St. Onge on December 31, 2018. I am very sad to inform you that the founder of the World Senior Racquetball Championships, pioneer of the sport,*

*and close friend Ralph Waddington passed away today. We all knew him as Ralph and Ralph's vision and commitment to New Mexico Racquetball and the IRF is legendary. We have all lost a great friend and he will be sorely missed.* —Luke

*NMRA Passings is continued on page 20...*

# **Penn**<sup>®</sup>

**WORLD'S #1 SELLING BRAND.**

## **To Us, The Ball Matters™**



*"I love the Pro Penn Green ball. The fast crisp action off my racquet helped me win GOLD Medals at the 2011 Pan American Games and 2012 World Championships. No other brand compares to Penn!"*

**Paola Longoria**

*"All the Pro's on the IRT know that the Pro Penn HD ball is second to none. With today's lightweight racquets this is the only ball to play with. Its lightweight design and softer feel offers players of all levels the most comfortable experience on the court, even with shots exploding over 180 mph!"*

**Rocky Carson**

## MORE NMRA Tidbits

### USAR Board Candidate

Soon, I (Cindy Tilbury) will be running for re-election to the USA Racquetball board of directors. Please vote for me online, when the election is all set up. There will be a link from USA Racquetball's webpage. If you have questions for me before voting, contact me at [cindy.tilbury@att.net](mailto:cindy.tilbury@att.net).

### Followup From San Antonio

Thank you to everyone who has been patiently waiting for pullovers from San Antonio. We ordered some extras at the end of the tournament to accommodate sizes and extra requests. Most people got theirs, but I am still waiting for one box. I apologize for the wait and sincerely want to get you the shirt you asked for.

Also, here is the link from Jeffrey Thompson, who livestreamed our Sunday matches. Easy access to those matches is here: <http://dailyracquetball.com/2019-nmra-national-championships-san-antonio/>



### Ed Andrew, Grand Junction, CO

From Ed and Aiaga Roffey: We recently said good-bye to NMRA member Ed Andrew from Grand Junction, Colorado. Ed most recently played in our 2018 Tucson, AZ NMRA tournament in the Men's 70s. Ed was well liked by all of the Grand Junction area racquetball players. He will be dearly missed.

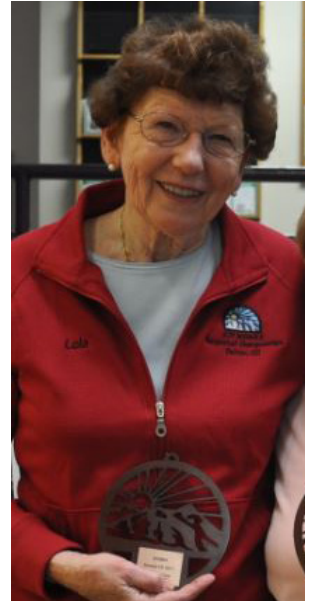


### Ivan Bruner, Madison, WI

Ivan Bruner from central Wisconsin was one of the original members of the NMRA in 1971. He was the organizer (President) for many years and had several NMRA tournaments in Wisconsin. It is such a shame that Ivan won't still be around to witness the 50th year of NMRA tournaments coming up starting in Portland in December 2020. Ivan died at the age of 95.

### Lola Markus, Chicago, IL

Shortly after Ralph Waddington left us, his World Seniors Mixed Doubles partner, Lola Markus from Illinois, passed away. Not only did Lola play IRF World Seniors and NMRA, she was also a regular at USA Racquetball national tournaments, local Illinois events, and all Women's Senior/Masters Racquetball Association (WSMRA) tournaments. Lola was 88 years old. She died a few months after her husband Ray. She was such a treasure in the racquetball world—simply irreplaceable.



*Our hearts go out to the families and friends of these former NMRA players.*

*We were lucky to have had them as members, players and supporters.*



Lola Markus with Illionois Ladies

## NMRA Membership Updates

By Cindy Tilbury

NMRA continues to have a steady stream of new and renewing members. Our first-timers in Chicago and San Antonio total to almost 100 players. How cool is that!?!? We hope they become full three-year members in the next few months and play more of our events.

Currently, we have almost 600 members, and our interest database is 2,800.

### Special Membership Announcement

You probably know that we automatically make our 80+-year-old members lifetime members. Big news!! Our *NMRA Board of Directors* voted to offer a *Lifetime NMRA Membership* for younger players for \$750. We had several players ask for this option so they would not forget to renew and would not have to worry about their memberships lapsing. With a three-year membership set for \$45, it would take many years of membership to justify the *Lifetime Membership Option*. We don't expect too many purchases, and it can be considered a donation in a lot of ways. Talk to a board member if you are interested in being one of our first *Lifetime NMRA* members.



Become an  
**NMRA**  
**Lifetime Member**  
**TODAY!**

## Olympic Center & Archives Visit

USA Racquetball's Renee Gundolf Isherwood arranged a tour of the *US Olympic Committee* (recently renamed *US Pan Olympic Committee*) archives and the training center in Colorado Springs in May. **Rick Betts, Cheryl Kirk** and I got to see where the good stuff is kept.

We were allowed to hold torches and medals, check out posters and athletes' gear for several hours in the archives. Then we got a personal tour from one of the paralympian ski jumpers who trains at the center.



It was an amazing day, including having lunch in the cafeteria with all of the athletes who were there that day. Soon, the archived items will be on display in a museum whose construction is underway in downtown Colorado Springs.



**Put this museum on your to-do list.** By the time you visit, perhaps there will be lots of racquetball paraphernalia and not just the photographs from Olympic Festivals.

**Thanks to Renee for arranging that.**



**Ask Amy-**  
as seen in the Los Angeles Times,  
Sunday, June 1,  
2019

Dear Amy:

My co-worker and friend is spending a lot of time and money playing Pickleball and going to Pickleball tournaments.

This seemed to be a healthy activity at first, but it has evolved into a time-consuming and expensive obsession—to the detriment of business and family.

We're noticing slips in his work, and he's frequently distracted, not prepared, and is shuffling more work off to others.

Do we say something to him at work?

Anonymous

Dear Anonymous:

I recently heard about the modified-tennis game, Pickleball, for the first time from a seatmate on a plane. It does seem like a healthy—and addictive—game.

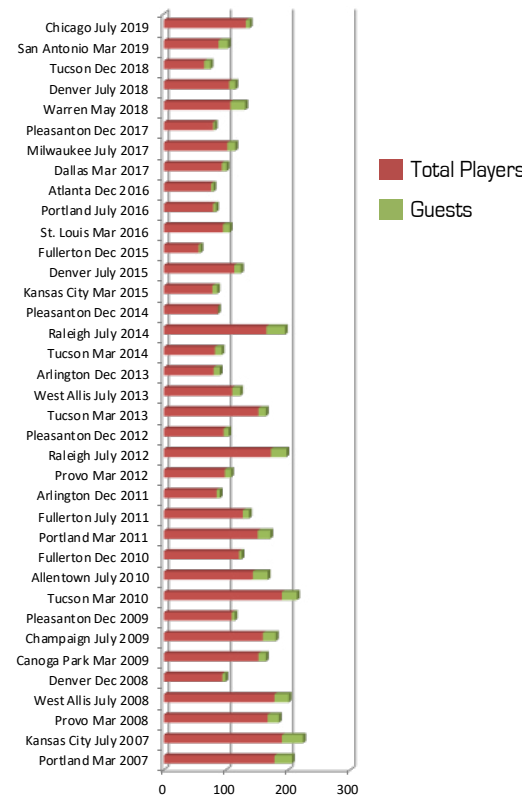
I'm not sure why you would share your reasonable concerns regarding your co-worker's performance at work with me rather than with him.

His supervisor should speak with him, be frank about his job performance, and suggest strongly that his job will be in jeopardy if he doesn't step up.

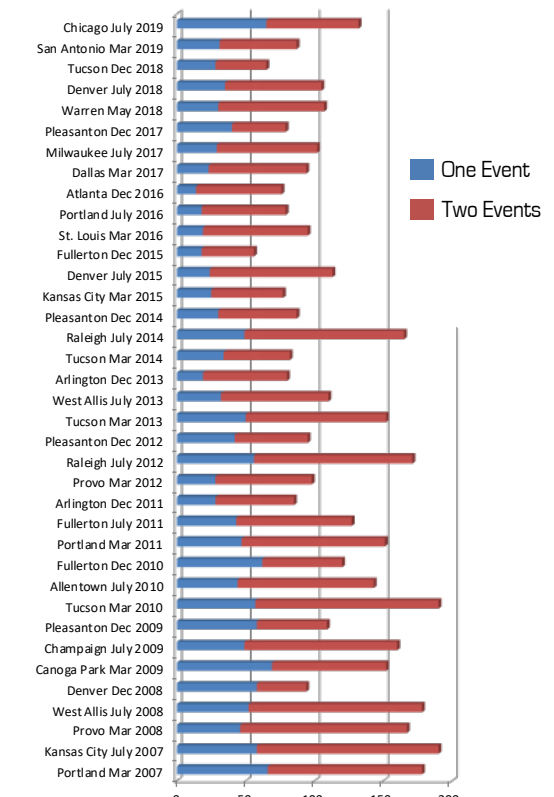
Send questions to Amy Dickinson by email to [askamy@amydickinson.com](mailto:askamy@amydickinson.com).

**NMRA 2019 Tournament Statistics** since 2007

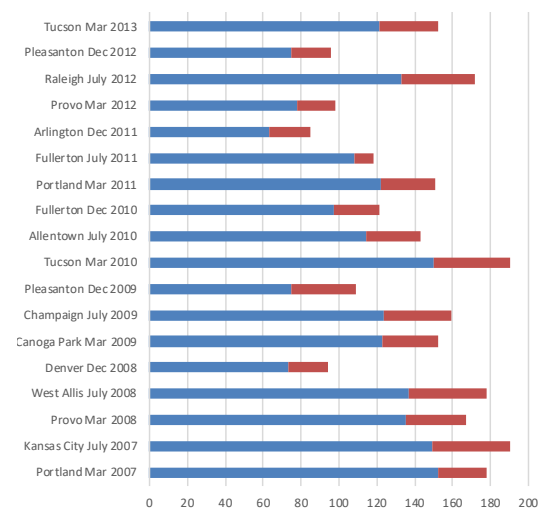
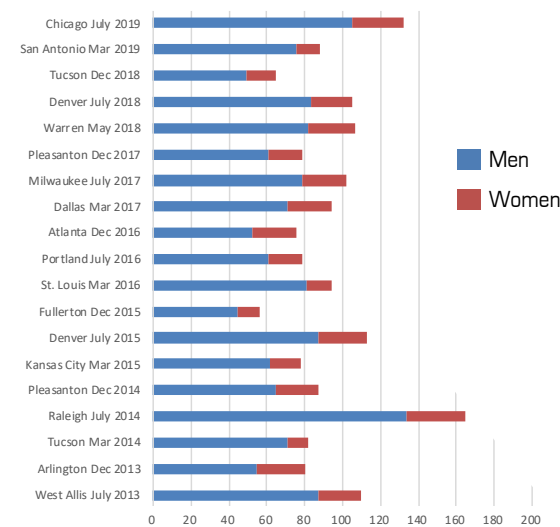
NMRA Total Tournament Participants and Guests



NMRA Number of Participant Event



NMRA Total Tournament Participants and Guests



Make sure you see these charts in full color!

Find the newsletter on the <http://www.nmra.info> site, News/RacquetRacket links.

blast  
from the  
**PAST**  
2009



Wattz & Asunce, Canoga



Don Alt & Otis Chapman, Champaign



Howard Walker & Pat Gibson, Champaign

## MORE NMRA Tidbits

### 2019 Election Results

We had an uneventful NMRA Board of Directors election and I wanted to report the results. The reason I describe it as “uneventful” is because we had three candidates for three open board seats, and we really didn’t get many votes. All three candidates were elected or re-elected. **Leon Jackson** went off the board. **Patrick Gibson** and **Chris Poucher** were re-elected. **Karen Grisz** was elected for the first time. We are very excited to have their help with the tournaments and other NMRA projects.

Donate to the  
**NMRA**  
Future Fund  
TODAY!



Official NMRA Board of Directors

## ELECTION BALLOT

Postmark Deadline: January 30, 2020 | Online Deadline: February 1, 2020



### VOTE for a maximum of three (3) candidates

Review the candidates’ qualifications in this newsletter, page 7, or online at <http://www.r2sports.com/tourney/viewDivsFees.asp?TID=31472>.

### To make your vote count:

Vote online at <http://www.r2sports.com/tourney/home.asp?TID=31472> -OR-

1. Cut this ballot out of the newsletter
2. Keep the address label on the back of it to validate that a current NMRA member is voting.
3. X your candidate choices.
4. Put it in an envelope by January 20, 2020.
5. Send it to Karen Grisz, NMRA Election, 432 Clayton Lane, Alexandria, VA 22304 703.597.9985 Cell

Vote X	Name	State
	Cindy Tilbury	CA
	John Winings	CA
	Mami Winings	CA
		Write-In
		Write-In
		Write-In

## Racquetball in Unexpected Places

By Cindy Tilbury

**March 20, 2018 on The Good Doctor “Smile”:** 20 minutes in, an insurance executive is finishing playing racquetball (with no eyeguards) but his opponent has a junior tennis racquet. They needed a technical consultant, or just to ask someone who plays the game about racquets.

**December 11, 2018 ESPN SportsCenter Top Ten Plays** Kane vs Pratt in Portland

**Many dates: Charles Schwab Commercial** - Carl is a Charles Schwab broker. The competitor company’s broker distracts his customer by inviting her to play racquetball

**February 2, 2019 on Fox News’ Watters’ World.** Esurance ad with Dennis Quaid. Dennis wakes up then plays racquetball, then does other things during the day. As I watched this, it seems a little familiar. I realized it was recorded at our club in Canoga Park, California, looking out of the C court. Pretty thrilling for us. I remembered them shutting down access to all of the courts, saying they were recording a commercial. How fun.

**April 12, 2019 TV Show For The People** About 8 minutes from the end / Reference to racquetballs.

**September 2019 Andrew Yang interview clip.** 2020 Democratic Presidential Candidate Andrew Yang (\$1000 free per month for everyone) is being interviewed at a health club in front of the racquetball courts. Alas. No one is playing or hitting the ball.

**October 1, 2019 on ESPN SportsCenter Top Ten Plays** Great rally clip from the Maryland/Washington Racquetball Association Season Opener IRT pro stop where Rocky Carson hits a tricky jam shot into the left corner and Kane Waselenchuk misjudges it slightly. No worries! Kane lifts his foot and rolls out the next shot between his legs!

**October 8, 2019 on Jeopardy!** Single Jeopardy \$200 clue for the category Ra Ra Sis Boom Bah (the starts of the five clue words) was “Game played on a four-walled court. Hey! That bounced twice!” Answer was Racquetball. The contestant got it right easily.



Check the [www.nationalmastersracquetball.com](http://www.nationalmastersracquetball.com) website or [www.facebook.com/nationalmastersrb](https://www.facebook.com/nationalmastersrb) for the latest updates.

DATE	TOURNAMENT	LOCATION	CONTACT	Website <a href="http://www.r2sports.com">www.r2sports.com</a>
Oct 23-25, 2019	Men of October 75+ plus Women 60+	Sun City West, AZ	Greg Steger	<a href="mailto:gmsteger22@gmail.com">gmsteger22@gmail.com</a>
Dec 6-8, 2019	NMRA Doubles-Only 40+	Atlanta, GA	Cindy Tilbury	<a href="http://www.nationalmastersracquetball.org">www.nationalmastersracquetball.org</a>
Jan 17-19, 2020	WSMRA 31st Championships, Ladies-Only 35+, Open/A and B/C Age-Group Singles Offered, Open/A and B/C Doubles Divisions Now Offered	St. Louis, MO	Shari Coplen Kendra Tutsch	<a href="http://www.wsmra.com">www.wsmra.com</a>
Feb 5-9, 2020	USAR National Doubles	Phoenix, AZ	USAR	<a href="http://www.usra.org">www.usra.org</a>
Mar 25-28, 2020	NMRA National Championships 40+	St. Louis, MO	Cindy Tilbury	<a href="http://www.nationalmastersracquetball.org">www.nationalmastersracquetball.org</a>
May 27-31, 2020	USAR National Singles	San Marcos, TX	USAR	<a href="http://www.usra.org">www.usra.org</a>
Jul TBD, 2020	NMRA International Championships 40+	TBD	Cindy Tilbury	<a href="http://www.nationalmastersracquetball.org">www.nationalmastersracquetball.org</a>
Aug 25-29, 2020	World Seniors 30+	Albuquerque, NM	Gary Mazaroff	<a href="http://www.internationalracquetball.com">www.internationalracquetball.com</a>

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RACQUET RACKET

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