



NCRA, Inc.

1048 Lamms Rd.

Carthage, NC 28327

## NCRA BOARD MEMBERS

|                 |              |              |
|-----------------|--------------|--------------|
| Mike Bourgeois  | Jacksonville | 910-353-4284 |
| Bruce Bryant    | Sneads Ferry | 910-327-4441 |
| Debbie Bryant   | Sneads Ferry | 910-327-4441 |
| Doug Hale       | New Bern     | 252-637-7619 |
| Catherine Land  | Greenville   | 252-355-3726 |
| Lynn Moffitt    | Fayetteville | 910-864-3303 |
| Curtis Smith    | Greenville   | 252-757-8788 |
| Jan Stelma      | New Bern     | 252-633-2221 |
| Lynn Stephens   | Carthage     | 910-947-3029 |
| Wayne Sweatt    | Charlotte    | 704-523-7887 |
| Tommy Troutman  | Mt. Pleasant | 704-436-2021 |
| Andreas Winston | Fayetteville | 910-487-6398 |

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Anyone interested in serving on this volunteer Board can submit a petition with 25 valid USRA dues paying member signatures OR ask a Board member to recommend your name to the election committee.

# THE WALL NUT JOURNAL

The official Newsletter of the North Carolina Racquetball Association, Inc.

## 2000 NORTH CAROLINA STATE OPEN SINGLES CHAMPIONS:

MITCH WILLIAMS DEBBIE BRYANT



## INSIDE:

- Notes and Quotes • What's the Call • Tournament Schedule
- Tournament Results: Fayetteville, States, Asheville, Greenville
- Splat

## NOTES AND QUOTES FROM THE PREZ:

The new millennium is upon us and changes are in the air. As many of you already know, new executive officers of the NCRA Board of Directors were elected at the Board's meeting held at the State Singles Championships. The new officers are: Lynn Stephens-President, Wayne Sweatt-Vice President, Debra Bryant-Secretary, and Lynn Moffitt-Treasurer. Jan Stelma decided not to run for re-election this year. In the last two and a half years Jan has had tremendous success in bringing this State to a point where we are fiscally strong. She also changed the way decisions are made that involves our membership. Our Board now works off majority rule. This was an important step in turning racquetball around in our State. I applaud her efforts and hope everyone remembers to thank her the next time you see her at a tournament. She's also running for a position on the National Board of Directors so don't forget to send in your ballot and help to put the voice of North Carolina on the National Board. We also have three new Board members working for you. They are Lynn Moffitt, Mike Bourgeois and Curtis Smith. Lynn is our new Treasurer, Mike will be working on our membership committee and Curtis will be working on our Junior program. Don't hesitate to ask them any questions you may have. Our Board is now twelve strong.

We also have a new State Champion in the Men's Open division. After three straight years Eddie Alberty was finally de-throned. Mitch Williams is our new State Champion after beating Brent Walters in the finals. Congratulations to Mitch!! Debra Bryant is our Women's Open Champion. (How many years is that??) I'd also like to congratulate all our other winners in this year's championship. It was a great tournament!

Our State Championship Doubles will be held August 4 - 6 at The Sports Center in Fayetteville this year. We plan on making this one of the best State tournaments we've ever had, so make your plans early to attend.

I'll be at most of the tournaments in the State this year, so if you have any questions please don't hesitate to ask me. If I can't answer your questions I'll direct you to a Board member that can or I'll find the answer for you. Remember, we're here for YOU!!

Keep'em rolling, The Prez

## SPLAT

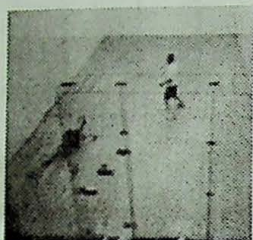
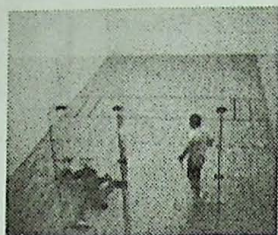
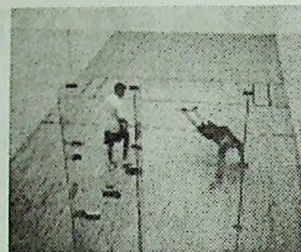
The Air Force Maui Optical Station (AMOS), located at the Maui Space Surveillance System (MSSS), has been pursuing an active near-Earth asteroid (NEA) observing program for the past several years. The focus of this program has been highly automated positional observations for follow-up of discoveries by the Near Earth Asteroid Tracking (NEAT), Spacewatch, and other search efforts in support of the Minor Planet Center (MPC). These observations help to better define the orbit of the NEAs helping to keep track of the potential Earth threatening objects. Several hundred new asteroid discoveries have been made in the course of these follow-up observations. The discovering team gets to name the asteroids once their orbits are well established. One of these new discoveries was recently given the name Racquetball-Splat! With each name goes a short write-up. The Racquetball-Splat write-up goes as follows

Discovered by the AMOS team at the Air Force observatory on Haleakala, Maui. John Africano, one of the AMOS team members, has a passion for playing racquetball. The name is in honor of this great sport.

Racquetball evolved from the Mayan Meso American ball game played throughout Central America from 2000 BC through 1500 AD. Today the sport is played on a four-wall court by 2 to 4 players with a strung short racquet and a small rubber ball. The sport is a lifetime sport that can burn over 600 calories per hour. It has become one of the most popular sports played worldwide. Splat is the name of a particular offensive shot unique to the sport.

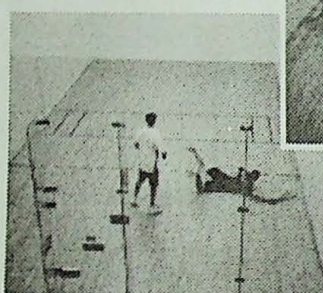
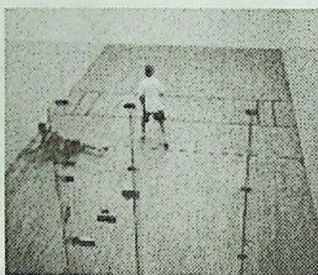
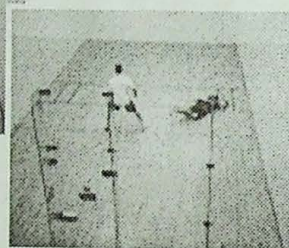
## UPCOMING TOURNAMENTS

|             |                         |                              |               |              |
|-------------|-------------------------|------------------------------|---------------|--------------|
| June 9-11   | Crystal Coast Classic   | Sports Center                | Morehead City | 919-726-7070 |
| June 23-25  | Summer Bash             | The Sports Club of Asheville | Asheville     | 704-252-0222 |
| July 14-16  | Big Brother/Big Sisters | Courts Plus                  | New Bern      | 252-633-2221 |
| July 21-23  | Body Check Classic      | Body Check                   | Winston Salem | 336-765-8228 |
| Aug. 4-6    | NCRA State Doubles      | The Sports Center            | Fayetteville  | 910-864-3303 |
| Sept. 15-17 | Outback Blast It!       | The Sports Center            | Fayetteville  | 910-864-3303 |
| Oct. 6-8    | Fall Classic            | Central YMCA                 | Charlotte     | 704-333-7771 |
| Oct. 20-22  | Tournament Of Champions | Elon College                 | Elon College  | 336-346-3446 |
| Nov. 3-5    | Big Brother/Big Sisters | Courts Plus                  | Jacksonville  | 910-346-3446 |
| Nov. 17-19  | Turkey Shoot            | The Sports Club of Asheville | Asheville     | 704-252-0222 |



*Brent Walters and Mitch Williams in the Mens Open Finals. We believe Brent was trying to demonstrate proper diving techniques.*

## THE FINALS



## NORTH CAROLINA STATE SINGLE CHAMPIONSHIPS

Jacksonville  
April 7-9, 2000

| Mens         | 1st            | 2nd            |
|--------------|----------------|----------------|
| Opens        | Mitch Williams | Brent Walters  |
| A            | Peter Popovich | Claude Wiggins |
| B            | Chad Walters   | Chris Crockett |
| C            | John Childress | Stan Vest      |
| D            | Rod Sandy      | Randy Taylor   |
| 24+Under     | Mitch Williams | Brent Walters  |
| 24+Under C/D | Bryan Jacoby   | Jackson Wong   |
| 25+A/B       | Frank Bolger   | William Hines  |
| 25 C/D       | Rod Sandy      | Curtis Smith   |
| 25+          | Wayne Sweatt   | Lance Fife     |

## PULSE

Greenville  
March 10-12, 2000

|        |           |                  |
|--------|-----------|------------------|
| jr14-  | WINNER    | Hunter Batts     |
| jr14-  | RUNNER-UP | Nick Morreale    |
| m35+o  | WINNER    | Claire Steffan   |
| m35+o  | RUNNER-UP | Adrian Snyder    |
| ma     | WINNER    | Lance Fife       |
| ma     | RUNNER-UP | Todd Cook        |
| mb     | WINNER    | Kevin Webb       |
| mb     | RUNNER-UP | Chad Walters     |
| mc     | WINNER    | Travis Clemons   |
| mc     | RUNNER-UP | Jordan Walters   |
| w35+ab | WINNER    | Pamela Davis     |
| w35+ab | RUNNER-UP | Elaine Patterson |
| wa     | WINNER    | Julie Keen       |
| wa     | RUNNER-UP | Bobbi Oates      |
| wc     | WINNER    | Elaine Hinchman  |
| wc     | RUNNER-UP | Elaine Patterson |
| wo     | WINNER    | Meena Evans      |
| wo     | RUNNER-UP | Holly Remen      |

### Doubles

|      |           |                              |
|------|-----------|------------------------------|
| mad  | WINNER    | Meena Evans, Ed Remen        |
| mad  | RUNNER UP | Todd Cook, Doug Hale         |
| mbd  | WINNER    | Vic Corey, Michael Murray    |
| mbd  | RUNNER-UP | Tom Andresky, Mark Conway    |
| mcd  | WINNER    | Ron Whicker, Dale Williams   |
| mcd  | RUNNER-UP | Juan Guareno, Daniel Hale    |
| mdd  | WINNER    | Calvin Hunt, Curt Smith      |
| mdd  | RUNNER-UP | David Penick, Mat Penick     |
| wbd  | WINNER    | Jennifer Cook, Jan Stelma    |
| wbd  | RUNNER-UP | Elaine Hinchman, Edith Smith |
| wod  | WINNER    | Meena Evans, Nicole Wynne    |
| wod  | RUNNER-UP | Pam Avery, Catherine Land    |
| xbcd | WINNER    | Ingrid Wicker, Warren Davis  |
| xbcd | RUNNER-UP | Lisa Dumas, Lynn Stephens    |
| xdd  | WINNER    | Edith Smith, Curt Smith      |
| xdd  | RUNNER-UP | Elaine Hinchman, Calvin Hunt |
| xoad | WINNER    | Holly Remen, Ed Remen        |

## SPRING CLASSIC

Acheville  
March 19-21, 2000

| Mens     | 1st             | 2nd                |
|----------|-----------------|--------------------|
| Opens    | Jason Thoener   | Mike Ginn          |
| A        | Bobby Supel     | Gary Biedermann    |
| B        | Todd Bood       | Mike Meyers        |
| C        | Jeff Fullwood   | Chris Workman      |
| D        | Eric Marcantone | Scott McCrea       |
| 25/35 B  | Dale Merrill    | Jason Kincaed      |
| 12 under | Tripp Isley     | Taylor Haltiwanger |
| 30/35+   | Alan Sheppard   | Moises Martinez    |
| 40/45 B  | Jim Sims        | Paul Heathman I    |
| 50+      | Gary Biedermann | Charles Lew        |
| 70+      | Robert Miller   | Earl Acuff         |

| Womens | 1st          | 2nd              |
|--------|--------------|------------------|
| A      | Joanna Boyte | Pat Sims         |
| 35/40+ | Pat Sims     | Melanie Bianucci |



*The Crowd*



*Our newest racquetball junior of Jennifer and Mike Young.*



*And what a line it was. Good food at the tourney.*

## CLASSIC RACQUETBALL TOURNAMENT

Fayetteville

35+C/D  
45+  
45 A/B  
50+

Al Justice  
Charles Lew  
Dan Nunn  
Charles Lew

Mike Bourgeois  
Peter Popovich  
Marc Phillips  
Lee Branche

## Womens

### 1st

Opens Debra Bryant  
A Kristi Hale  
B Melanie Bianucci  
C Edith Smith  
D Ingrid Wicker  
25+ A/B Julie Keen  
25 C/D Stephanei Fife  
25+ Debra Bryant  
30+ Debra Bryant

### 2nd

Catherine Land  
Julie Keen  
Julie Paterson  
Elaine Hinchman  
Michele Burdick  
Connie Honeycutt  
Edith Smith



*The newly formed quartet of Andreas Winston, Lynn Stephens, Curtis Smith, and Stan Vest.*

*Catherine Land's debut as a soloist.*



Advertising in the Wall Nut Journal is a great way to tell fellow racquetball players what kind of business your in. Do you have a product or service that we can all benefit from? Come and advertise in the Wall Nut Journal to over 600 direct mailed pieces, and a distribution of a 1000 at all the Clubs around the state. Anyone knowing someone that may be interested in advertising in the Journal should contact Lynn Stephens or Andreas Winston.

Rates for ads are \$175.00 for a 5.5 x 4 inch ad per quarter. At 600 issues that is .29 per issue. Less than the cost of postage. In addition the newsletter will go to all the clubs for additional exposure. Potential advertisers would be anyone who wanted targeted marketing of their product or services to about 600 racquetball players or their demographics.

XOAU KUNINER- JP

am Avery, Todd Cook

February 25-27, 2000



*Tommy Troutman and Catherine Land*



*Curtis Smith with the Juniors program in Greenville. Keep up the good work.*

## Mens

Opens Jason Thoener  
A Kevin Marks  
B Bruce Letter  
C Ronald Whicker  
D John C  
25+ Tim Hardison  
35+ Ron Renn  
45+ Joe Winkiel  
35+B/C Preston Gaster  
14&Under Tripp Isley

## 1st

## 2nd

Dan Laccera  
Bobby Supel  
Lorne Burry  
Stan Vest  
Rod Sandy  
Mike Ginn  
Alan Shepphard  
Allen Snyder  
William Garner  
Jordan Walters

## Womens

Opens Holly Remen  
A Amanda Christianson  
B Julie Keen  
C/D Michele Burdick  
All Age Julie Keen

## 1st

## 2nd

Sallie Benedict  
Connie Honeycutt  
Melanie Bianucci  
Cherie Hale  
Connie Honeycutt

# WHAT'S THE CALL?

An equipment time out may be given for?

- No time-outs remaining, but an adjustment is required for safe play.
- Has no time-outs remaining, but string breaks.
- No time-outs remaining, but the players shirt is extremely wet.
- A & B only
- A & C only

Answer: (E) A and C only. You may not take an equipment time out if you have time outs remaining.

Review Rule 3:16(c)

Equipment time-outs: Players are expected to keep all clothing and equipment in good, playable condition and are expected to use regular time-outs and time between games for adjustment and replacement of equipment. If a player/team is out of time-outs and the referee determines an adjustment is necessary for fair and safe play, the referee may grant an equipment time-out not to exceed two

minutes. The referee may allow additional time under unusual circumstance.

Review Rule 2.5(b)

Apparel: The clothing may be of any color. The player may be required to change wet, extremely loose fitting or distracting garments. Insignias and writing must be in good taste.

When refereeing a match please make sure players are keeping shirts dry to help prevent injuries from occurring. If a player has a wet shirt he/she dives during a rally and another player happens to go to the same wet spot the player may slip on the wet spot and get injured. The same thing may happen when the shirt is so wet that the player drops wet spots on the floor.

If you have any questions or comments please contact Debbie Bryant at 910-327-4441.

Debbie Bryant