

State Singles – That's How You Do It

By Peggie Tellez, President, CSRA

This year's State Singles Championships were held at Burlingame's Royal Athletic Club. RAC has nine courts and space to spread out and watch great matches on their two glass courts. There were 35 divisions and 145 players, this made for tight scheduling and could never run so smoothly if it were not for the positive attitude of all the players. We asked for help in staying on time and got it!!! A HUGE thanks to everyone, we were even an hour ahead by Saturday afternoon. Lots of food and personalized awards were some of the touches to make this event as special as possible.

This tournament marked the first time the State Board of Directors used the TMS tournament program to create the draw. There didn't appear to be the usual conflicts of match times or players from the same club meeting in the first round. The print size could stand to be larger – a recommendation we will make – but we feel the maiden voyage was a terrific first run.

We are anxiously waiting for the finalized version of whichever tournament program the USA Racquetball Assoc. is going to implement in conjunction with the new rating and membership database systems. Our goal is to take the drudgery out of the pre-production of tournaments for our directors and to make the tournament experience for players more consistent.

We congratulate all of the players, the finalists and our 2004 California State Champions.

Results are available for viewing at:
CALIFORNIARACQUETBALL.ORG

Women's

Open: Lisa Hjelm

Elite: Brenda Lee

A: Sherrika Darnell

C: Mayumi Tomoda

35/40+: Co-Champs,
Louise Winter & Mary
Tessier

45+: Brenda Lee

Age C: Mayumi Tomoda

A: Rene Lucero

B: Jay Frost

C: Mairo Moreira

D: Max Pentilescu

35+: Lance O'Conner

40+: Rick Ferrin

45+: Gil Cepeda

50+: Ernie Phipps

55+: Curtis Hoffman

70+: Sean Reid

25+ O/25+A: Carey Gruszie

30+ O/30+A: Toby DeVore

35+A: Bill Groombridge

40+A: Greg Meyer

45/50+A: Juan Rivera

30+B: Matthew Hills

35+B: Sunil Vethody

40+/45+B: Melvin
Todd

50+B: Dan Poppen

30/35+C: Emmanuel
Drege

40/45+C: Jeff Sligar

50+C: Greg Young

55+C: Hank Estrada

25+B/C: Ruben Ayala

65+ Combo: Gary
McAuley

Men's

Open: Michael Bronfeld

Elite: Lance O'Conner

Nominations for Education Scholarship

The Board of Directors is seeking the nominations and letters of referral for the "Jack Hughes Educational Scholarship." If you know of a collegiate racquetball player who has dedicated his or her time and talents in support of furthering racquetball, we encourage you to send information on that nominee for consideration.

CSRA Board of Directors

Peggin Callahan – President
Margaret Pederson – Northern VP
Darryl Warren – Southern VP
George Tellez – Secretary
Jack Hughes – Treasurer
Steve Cook – Newsletter Editor
Michael Martinez
Del Villanueva – Collegiate Liaison
Peter McMillin – Junior Liaison



Are there recreational players at your club that may want to be exposed to the **USRA/CSRA membership?**

Remember, membership is not limited to tournament players! ALL PLAYERS benefit and help support and promote our sport by becoming a member! For less than \$2.00 per month you can help promote racquetball! AND receive Racquetball Magazine! Please pass membership info on to others that you feel would benefit.

Official Publication of the California State Racquetball Association. Published Quarterly for distribution in January, April, July and October. Deadline for submissions and ads is the 1st day of the month one month prior to publication date. All submissions welcome and considered for publication.

Editor: Steve Cook, e-mail: cooksprinting@yahoo.com

Publisher: Cook's Printing & Graphics, Inc.,
226 W. Pine St., Lodi, CA 95240,
e-mail: cooksprinting@yahoo.com

shop at www.ProRacquetball.net for **Pro Tour Video Tapes**

also featuring:

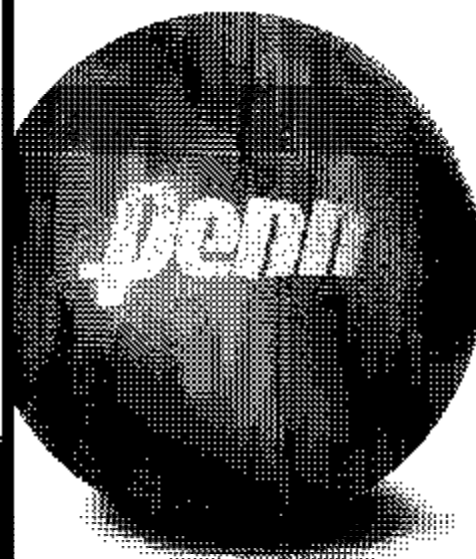
- late-breaking news and information
- professional support
- pro chats and interviews

ProRacquetball  **net**
where the pros play.



*Preview our closed-circuit broadcasting
service at the next **IRT Pro Stop** in your area*

The ball matters.



**America's #1 Selling Ball
Official Ball of the USRA
and also CSRA**

Petitions will be Accepted for the Board of Directors

The CSRA Board of Directors will name three Directors at the Annual Meeting to be held September 2004

Members in good standing not nominated by the Nomination Committee, but wishing to be considered for the Official Ballot must gather a petition containing 100 valid signatures including the member's legibly printed name. The signatures must be of CSRA members in good standing indicating their support for said petitioner. Petitions must be submitted to the Nomination Committee, by mail, postmarked no later than May 31, 2004. Mail petitions to the CSRA Headquarters: PO Box 2984, Costa Mesa, CA 92628-2984. Lack of legible information will be cause for invalidation of that supporter.

The Official Ballot will be mailed to all current members in the 3^d quarter issue of the CSRA newsletter or with the State Doubles entry form. Ballots must be returned to the CSRA Headquarters by September 1, 2004. The election committee will certify the election results. Election results based on popular vote shall be announced at the annual meeting, September 2004.

Once the Official Ballot has been established, the candidates may submit a statement of candidacy to be printed in the 3^d quarter CSRA newsletter or with the State Doubles entry form. If you have any questions, please call (714) 319-9669

CaliforniaRacquetball.org – The Web Site

If you haven't found us by now ... we are here. With a new contact email on the site.

- See what is happening in racquetball clubs besides tournaments by visiting the "Village Voice" page. If you have events for publication, contact Alex Glaros at: alexg@surfermall.com or George Tellez at: geotellz@pacbell.net.
- The calendar page is updated as soon as there is a change of event status.
- **Downloadable entry forms (until the new online system is in place) If you have a sanctioned tournament coming up, get the entry forms uploaded to the web site. Send it to Alex Glaros in PDF form for immediate posting and save money in extra postage.**
- The rankings page will continue to carry the "State Rankings" as well as the **New** National Rating system with the California players listed. (We will carry the old system for about 1 year)
- There will be a place to view starting times for future events involved with the new tournament draw program—keep your eyes out for more on this.
- How would you like to be able to view results for a tournament in progress? This is another area we would like to deliver to the members. If the new tournament program frees up the CSRA officials from chasing down players for membership compliance, loading the results of the event for web viewing could be great use of that spare time.
- We are getting ready to implement a page that will allow players looking for doubles partners to meet up as we have heard that is something members would find useful.

We are sure you have more ideas, let's hear them. Contact me directly: peggine@pacbell.net.

At your service, Peggine Tellez, President, CSRA



- * **Swing Mechanics**
- * **Individual Lessons**
- * **Group Lessons**
 - * **Camps**
 - * **Clinics**
 - * **Apparel**
- * **Nutritional Supplements**



WWW.ELLISTYLE.COM

Sherrika Darnell's Racquetball Resume

P.O. Box 5586, El Dorado Hills, CA 95762
Phone (916) 496-0388, Fax (916) 939-7107
E-mail: global@innercite.com

GENERAL BIO

I am currently fifteen years old and starting my sophomore year of high school. My Mom and Dad have home schooled me since preschool. Throughout my years of schooling, I have always maintained a 4.0 grade average.

My family is a racquetball family. My Mom and Dad met playing racquetball over twenty years ago. Dad used racquetball as cross training for on- and off-road motorsports. Dad taught professional racing for over 30 years, and also taught racquetball. After his long sports career, my Dad was inducted into the Motorcycle Hall of Fame. Now, Dad is my racquetball coach and my biggest fan.

For my thirteenth birthday, Mom and Dad introduced me to the sport of racquetball. That same year, I won a gold medal in my class at the Junior World Racquetball Championships (December 2002). At the end of the 2002 season, my national rank for the Girl's 14 and under class reached third place. Not quite a year and a half after I first picked up a racquetball racquet, I won the first women's "A" tournament I entered. About that same time, Wilson Racquet Sports Inc. sponsored me and I became part of their racquetball Elite Staff. Furthermore, after less than two years of playing racquetball, I won the California State Racquetball Championships in the Women's "A" class (March 2004). Racquetball is the only sport I truly love and really enjoy doing. I spend about 2-4 hours on the court practicing nearly every day, with my Dad coaching me.

I represented Australia at the most recent Junior World Racquetball Championships (December 2003), where we placed ninth in the over-all team rankings. As current champion, I will be representing Australia again in the next Junior World Racquetball Championships, to be held in San Luis Potosi, Mexico.

I have just accepted the position of Racquetball Club Pro at Millennium Sports Club. This makes me the youngest

player ever to become a racquetball club pro. I enjoy growing the sport by teaching and introducing more junior players to racquetball. I look forward to many years of competing both internationally and in my home state, California.

RACQUETBALL EVENTS ENTERED

- Aug. 2002: Broadstone Open- Folsom, CA
- Dec. 2002: 14th IRF Junior World Racquetball Championships- Orlando, FL
- March 2003: Lucky "E" Pro/Am- San Jose, CA
- March 2003: California State Singles Championships- Fountain Valley, CA
- April 2003: Regional Qualifiers- Canoga Park, CA
- April 2003: Hawaiian Open- Sacramento, CA
- May 2003: Spring Fling- Pleasanton, CA
- May 2003: California Junior State Championships- Burlingame, CA
- May 2003: National Singles Championships- Houston, TX
- June 2003: Junior Olympic Championships- Manchester NH
- Aug. 2003: Great Pumpkin Open- Sacramento, CA
- Oct. 2003: Spare Time Open- Folsom, CA
- Nov. 2003: Bay Area Open- Burlingame, CA
- Nov. 2003: U.S. Open- Memphis TN
- Dec. 2003: 15th IRF Junior World Racquetball Championships- Orlando, FL
- March 2004: St. Patty's Day Splat- Shingle Springs, CA
- March 2004: California State Singles Championships- Burlingame, CA
- April 2004: CSRA Regionals- Canoga park, CA



TOP FINISHES

- Broadstone Open – 2nd place, Women's "C" Class
- Jr. World Championships – Gold Medal, Girl's 14- White Class
- Regional Championships – Gold Medal, Girl's 14- & 3rd Women's "C" Class
- Hawaiian Open – 1st place, Women's "C" Class
- Spring Fling – 1st place, Girl's 14- & 1st place, Mixed "C" Class
- Jr. State Championships – 2nd place, Girl's 14- & 3rd place, Girls 16- Class
- National Singles Championships – Silver Medal, Women's 24-"C" Class
- Great Pumpkin Open – 1st place, Women's "B" Class
- Spare Time Open – 2nd place, Men's "C" Class
- Bay Area Open – 1st place, Women's "A" Class
- U.S. Open – Bronze Medal, Women's 24-"B" & 4th Place, Women's "B"
- St. Patty's Day Splat – 2nd place Women's Open & 4th place, Men's A/ Open
- California State Singles Championships – 1st Women's "A" Class
- CSRA Regionals 2004 – Gold Medal, Women's "A", & Silver Medal Junior 16-

CURRENT RANKINGS

- California State Rankings
Women's "A" Class: Ranked First
Girl's 14- Class: Ranked First
- National Rankings
Women's 24-"B" Class: Ranked Second
Girl's 14- Class: Ranked Ninth
- Australian National Rank
Junior Rank: First
- Junior World Rank
Girl's 14- Class: Ranked Ninth



Sherrika Darnell (center)
Six-Time World Champion
Cliff Swain (left)
Chris Evon – Wilson
Racquetball (right)



Sherrika Darnell (center)
Dad/Coach (left)
Brother (right)



Club One at Royal Courts' Last Hurrah!

Club One at Royal Courts of San Jose held it's last hurrah on Friday March 26th. They had 75-100 people in attendance that played racquetball and had a pot luck to send off the closing of the club. Look for a full article on the history of the club in the next issue. All the Information was not available at press time.

Online Membership System

You have to check this out!!!!

Go to the USRA web site: USRA.org, then go to the **Member Login**. Provide your membership number to get your password.

From here you will be able to change your address, correct personal information and view your competitive history.

If it is time to renew your membership, then go to the **Activate your Membership** tab, provide your membership number or search by your name. If you have been a member sometime after 1996, you are already in the database. Update your personal information and renew your membership.

This new system is really the cornerstone for the new rating system and the tournament draw program that will be used for all sanctioned events in the very near future.

No more wondering if your membership has expired and whether you'll need to bring the extra money to renew. With the new tournament program, most entries will be taken on-line with membership verification or application built in to the entry form. Rankings/Ratings will be stored in your membership file, which will save you from having to search for your name in the National ratings data file.

This new three-pronged system will finally bring this great sport into the 22nd century and allow it to take its place as one of the best and well-managed competitive sports.

The USRA deserves our support and applause for this huge undertaking.



www.dp-sports.com

Specializing in Racquetball, Tennis, Squash & Apparel

(714) 979-4317

Don DiPalma, Owner

17272 Newhope Street, Fountain Valley, CA 92708
Located in the Los Caballeros Sports Village



Community Voice

Anyone wishing to post info about a mixer, demo night or any other up coming event at their club that is not a sanctioned tournament this is the place to do it. Please e-mail your info to Steve Cook at cooksprt@softcom.net.



Racquetball Camp Date, Location and Times:

- **Dates:** June 11-13, 2004
- **Location:** Sorrento Valley A.C.
10999 Sorrento Valley Rd.
San Diego, CA 92121
858-455-1551 John Brumfield
- **Times:** Friday 6:30 PM – 10:30PM
Saturday 9:00 AM – 5:00 PM
Sunday 9:00 AM – 1:00 PM

Includes:

- 16 Hours of instruction and court time
- Physical, mental and nutritional aspects of the game
- Video Tape Analysis / Camp Booklet
- Camp T-Shirt / Penn Racquetballs

Cost:

- **\$350/person** payable in advance (non-refundable)
- **\$325/person** postmarked 30 days, or more, in advance of the camp (non-refundable)
- **\$299/person** two or more applications, with payments accompanied in the same envelop (non-refundable)

Instructors



FRAN DAVIS

World Premier Racquetball Coach
U.S. National Team Coach
Olympic Festival Coach
1997 USOC Racquetball Coach of the Year
National Champion
2004 Hall of Fame
U.S. National Team Coach 1990-96, 2002
World Championship Coach 1990-96, 2002
Pan American Coach – Gold Medal 1995



JASON MANNINO

#1 Ranked Pro Player in the World 2002/2003
1999 U.S. Open Champion
Top 5 World Ranked Player for past 6 years
U.S. Pro Nationals Champion
Instructor for hundreds of players nationally each year

2004 BUILDING your RACQUETBALL Dream House CAMP

Name: Sex: Level of Play:
Home Address: City: St: Zip:
Bus Phone#: (.....) Hm Phone#: (.....) Cell#: (.....)
Fax#: (.....) Email:
Amount Enclosed: # of Campers: Club Affiliation:
Card Type: Card #: Exp. Date:
Signature: Camp Date June 11-13, 2004

Payment Method:

- Check (payable to "A Healthy Racquet, Inc."), Visa or MasterCard only accepted.
- Space is limited so make your reservations early by by going online: www.FranDavisRacquetball.com or by contacting Fran Davis at A Healthy Racquet, Inc., 4104 24th St, #426, San Francisco, CA 94114-3615

Questions:

- Contact Fran Davis direct at: 415-821-FRAN (3726) Phone / 415-520-5275 Fax or email: camps@FranDavisRacquetball.com

How Did you Hear About the Camp:

- ☐ Web/Internet ☐ Magazine ☐ Referral (name: _____)
- ☐ Previous Camper (name: _____) ☐ Other: _____

BUILDING your **RACQUETBALL**

Dream House

What's Included In Video

The Foundation Section

Chapter 1-Forehand

Chapter 2-Backhand

Chapter 3-Shots of the Game

Chapter 4-Drilling

The Frame Section

Chapter 5-Shot Selection

Chapter 6-Center

Court Position

The Roof Section

Chapter 7-Serves -

Relocation Out of Box

Chapter 8-Return of Serve

The Accessories Section

Chapter 9-Game Plans

Chapter 10-Strategies

Instructional Video

Cost/Length

VHS = \$39.95

plus shipping &
handling -100 minutes

DVD = \$49.95

plus shipping &
handling -120 minutes

Presented by

Fran Davis Racquetball

Featuring

**Sudsy Monchik
Jason Mannino**

FRAN DAVIS

Fax: 415.520.5275

video@FranDavisRacquetball.com

To Order On-Line visit my website
www.FranDavisRacquetball.com



Racquetball Camp Date, Location and Times:

- **Dates:** August 6-8 (singles) / August 13-15 (doubles)
- **Location:** Schoeber's Athletic Club
5341 Owens Court
Pleasanton, CA 94558
925-463-0950 (Club) / 415-821-3726 (FRAN)
- **Times:** Friday 6:30 PM – 10:30 PM
Saturday 9:00 AM – 5:00 PM
Sunday 9:00 AM – 1:00 PM

Includes:

- 16 Hours of instruction and court time
- Physical, mental and nutritional aspects of the game
- Video Tape Analysis / Camp Booklet
- Camp T-Shirt / Penn Racquetballs

Cost:

- \$350/pp, per camp payable in advance (non-refundable)
- \$325/pp, per camp postmarked 30 days, or more, in advance of the camp (non-refundable)
- \$299/pp, per camp two or more applications, with payments accompanied in the same envelop (non-refundable)

Instructors



FRAN DAVIS

World Premier Racquetball Coach
U.S. National Team Coach
Olympic Festival Coach
1997 USOC Racquetball Coach of the Year
National Champion
2004 Hall of Fame
U.S. National Team Coach 1990-96, 2002
World Championship Coach 1990-96, 2002
Pan American Coach – Gold Medal 1995



JASON MANNINO

#1 Ranked Pro Player in the World 2002/2003
1999 U.S. Open Champion
Top 5 World Ranked Player for past 6 years
U.S. Pro Nationals Champion
Instructor for hundreds of players nationally each year

2004 BUILDING your RACQUETBALL Dream House CAMP

Name: Sex: Level of Play:
Home Address: City: St: Zip:
Bus Phone#: (.....) Hm Phone#: (.....) Cell#: (.....)
Fax#: (.....) Email:
Amount Enclosed: # of Campers: Club Affiliation:
Card Type: Card #: Exp. Date:
Signature: Camp Date August ____, 2004
.....

Payment Method:

- Check (payable to "A Healthy Racquet, Inc."), Visa or MasterCard only accepted.
- Space is limited so make your reservations early by going online: www.FranDavisRacquetball.com or by contacting Fran Davis at A Healthy Racquet, Inc., 4104 24th St, #426, San Francisco, CA 94114-3615

Questions:

- Contact Fran Davis direct at: 415-821-FRAN (3726) Phone / 415-520-5275 Fax
or email: camps@FranDavisRacquetball.com

How Did you Hear About the Camp:

- ☐ Web/Internet ☐ Magazine ☐ Referral (name: _____)
☐ Previous Camper (name: _____) ☐ Other: _____

CHECK US OUT ON THE WEB!
RISKYDESIGNS.COM



CHECK US OUT ON THE WEB!
RISKYDESIGNS.COM



ITEM A -BALL
WHITE M,L,XL \$15
FRONT: RISKY LOGO



ITEM B -FUTURISTIC
WHITE M,L,XL \$15
FRONT: RISKY LOGO



ITEM C -TRIBAL
GREY M,L,XL \$15
DESIGN IS FRONT



ITEM D -DOUBLES
WHITE M,L,XL \$15
FRONT: RISKY LOGO



ITEM E -FEEL SPEED
TAN OR GREY M,L,XL \$15
FRONT: SPEED LOGO



ITEM F -TRIBAL BALL
WHITE M,L,XL \$15
DESIGN IS FRONT



ITEM G -NEED BALLS
WHITE M,L,XL \$15
FRONT: RISKY LOGO



ITEM H -RISKY RACQ.
BLACK M,L,XL \$15
DESIGN IS FRONT



ITEM I -ATTITUDE
BLACK M,L,XL \$15
FRONT: ATTITUDE LOGO



ITEM J -GOOD LUCK!
WHITE M,L,XL \$15
FRONT: RISKY LOGO



ITEM K -BANDANAS \$6.00 OR 3 FOR \$15.00
BLACK, WHITE, NAVY, YELLOW, GREY, GOLD, SKY BLUE, TURQUOISE AND BEIGE.

SHIP TO:
NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____
TEL.# _____

CHECK US OUT ON THE WEB!
RISKYDESIGNS.COM

MAIL CHECK OR MONEY ORDERS TO:

RISKY DESIGNS
2207 WATERWOOD CT
CHULA VISTA, CA 91915

ADD \$5.95 FOR SHIPPING
AND HANDLING FOR FIRST
THREE ITEMS PLUS \$1.00
PER ITEM THEREAFTER.
PLEASE ALLOW 2-3 WEEKS
FOR DELIVERY
(FASTER DELIVERY WITH
MONEY ORDER PAYMENT)

FREE SHIPPING FOR
BANDANAS WITH PURCHASE
OF ANY T-SHIRT!
AND NO TAX ON YOUR WHOLE ORDER!

ITEM	QTY	SIZE	COLOR	TOTAL
A				
B				
C				
D				
E				
F				
G				
H				
I				
J				
K				
SHIPPING				
TOTAL				

CSRA/USRA 2004 MEMBERSHIP APPLICATION

Apply for your CSRA/USRA Competitive License today for a full year of benefits!

Date: _____

Name: _____

Address: _____

City: _____ CA, Zip: _____

Home #: () _____ Birthdate: _____

Work #: () _____ Club: _____

California Residents Only

_____ \$30.00.....Adult Competitive License

_____ \$15.00.....Junior Competitive License (18 or younger)

_____ \$10.00.....Junior Competitive License (18 or younger, no magazine)

_____ \$15.00.....RACQUETBALL MAGAZINE subscription only

CSRA/USRA Benefits to Players

- ✓ Subscription to bi-monthly Racquetball Magazine
- ✓ USRA Competitive License Membership Card
- ✓ Secondary insurance coverage during any CSRA/USRA sanctioned event
- ✓ Eligibility for State & National Rankings
- ✓ Inclusion in State Affiliate Organization
- ✓ 501 (c)(3) non-profit organization-your dues are tax deductible



The Pro Shop

(650) 697-9162

OWNED AND OPERATED BY: JACK HUGHES and TERRY ROGERS

RACQUETBALL

EQUIPMENT & APPAREL

E-Force, Ektelon, Head, ProKennex, Wilson

FREE shipping and handling for all CSRA members!!

Check out our New Web Site

<http://rbplus.com>

email address

racquetballplus@attbi.com

New CSRA Website
www.californiaracquetball.org

Come Visit Us!

Thank you for Playing



Check out our official web site
www.californiaracquetball.org

Look for entry forms, current rankings
and tournament calendar on line.

E-mail your ideas, articles and suggestions
to: **cooksprinting@yahoo.com**



P.O Box 2984
Costa Mesa, CA 92628-2984

PRSRTSTD
U.S. Postage
PAID
Lodi, CA
Permit #116