

RACQUETBALL

MAGAZINE — November/December 1994

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whole career
for this . . . "
Canadian Sherman
Greenfeld wins
world singles title*

*Michelle Gould
takes two in a row!*



*U.S. Team holds onto
World Cup for seventh time*

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FROM THE EDITOR

By Linda Mojer

Two letters to Reader Forum, and a lively debate at the October board meeting, got me thinking about how we promote the sport as a whole. Like I need more reasons to think about racquetball 24 hours a day ... but bear with me.

On recent cover choices, no one argues the merits of any world class racquetball athlete being on the cover. The entire U.S. Team is a swell group of athletes, and particularly photogenic on any given day. But if we believe our own demographics, there are millions of racquetball enthusiasts out there, and only 35,000 competitive tournament players. That leaves a fairly large percentage of the playing population "outside the loop" where racquetball personalities are concerned. Given the odds, much of that group will relate as well with any sports or media figure as they will with our elite athletes. And if they find that one of their favorite media stars shares one of their favorite pastimes – what better way to inspire and enthuse?

Along those lines, as we broaden our coverage of a wide range of players, including celebrities who play only recreationally, we will need to reach a more comfortable understanding of what is promotional photography and what is not. In a recent issue of Women's Sports and Fitness, a photo of Manon Rheume, a goalie for the Knoxville Cherokees, showed her in full hockey gear, with the obvious exception of a face mask. She looks focused and ready, but even I know she would never go into a game without the proper safety equipment. Action shots of football players without helmets? Sky divers without their parachutes? Boxers without gloves? All promote their respective sports, and their players, in an informed environment. We strive to be no less informed.

In the coming year, *Racquetball Magazine* will continue to focus on the interests of the competitor while it actively promotes the sport to a larger market. At the same time, we will work even harder to provide the type of information that will enable our entire readership to enjoy racquetball safely and to its fullest, on the court and off.

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ON THE COVER

Winnipeg's Sherman Greenfeld is the first Canadian to reach a final in World Championship competition since 1986, and the first to win it in a decade. Michelle Gould wins her second in a row! Photos: Jim Hiser.

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reader forum

COVER GUYS

I am writing concerning the recent choices for the cover of *RACQUETBALL Magazine*. I think the cover of a national racquetball magazine should feature racquetball players, not the latest celebrity that picks up a racquet (James Washington, May-June 1994; Willie Davenport, March-April 1993; and even to some extent Jeff Conine, Sept-Oct 1993).

To be on the cover of a national magazine would be an honor for any racquetball player who has spent countless hours of time and money to achieve such a goal. Why waste this selection, with the exception of Conine, on average players just because they made a name for themselves in another sport? Are we that desperate for attention that James Washington screwing around a court is more important than Tim Sweeney's fourth consecutive inter-collegiate title? To be honest, when it comes to racquetball, the only time I would care about James Washington is if he were on my side of an open draw.

I have nothing against these guys, they are great athletes. But they have received their glory (and money). Let's take the cover of our magazine and give it to one of our fine athletes and their accomplishments.

Rob Swindell
Cleveland, Ohio

Thanks for the egg on my face. I recently sent a letter off to the Mennen Company thanking them for using racquetball in their ad, and then got on to them about the players not wearing eye protection. Then, I get my September/October issue, and what do I see on the cover? Stedman Graham without eye protection. Even in the picture inside between games he doesn't seem to be wearing any. Knowing that Stedman was going to

be on the cover, he should have at least been portrayed with eye protection, even if he didn't use them. Did he?

There should have been someone there that would have spotted that. I'm sure he would have been willing to take another picture, after the fact, for the sake of image. With all the talk in the article about introducing inner-city kids to this sport, we don't want to start off with bad habits being portrayed.

If racquetball can tap into the potential that exists in the inner city, as did other traditionally "non-minority" areas such as, law, computers, medicine, business, etc., have done, it couldn't help but benefit the sport, and those involved.

If the celebrity/elite-athlete tournament talked about in the article comes off, I look forward to the AARA giving it the attention, coverage, and support it needs.

William L. Smith
Colorado Springs, Colorado

[Please see editorial for another perspective ... Editor]

HOW PRO?

I am a rank amateur racquetball player. A couple of weeks ago, I watched a national pro racquetball tournament on cable television. I was never so disgusted by the lack of sportsmanship, mental games played by the pros, the discourtesy to one another and general win-at-all-costs attitudes. They were trying to psyche-out the other guy and were arguing about every call that was made. The worst part of it was listening to the winner being interviewed after the match where he claimed he was the greatest player to have ever walked on the earth. Those pros were a bunch of jerks and I hope that rac-

quetball is something more than the example of these individuals in terms of fair play, honesty, sportsmanship, and a little humility. The pros in that tournament were nobody that I want to emulate no matter how good they are.

Michael L. Deamer
Salt Lake City, Utah

I have finally calmed down enough to write regarding the outrageous behavior of one of the supposed "pros" on the racquetball court. I was at the Burnsville, Minnesota regionals tournament with my three kids, 9, 7 and 5 years old. We were looking around the club and saw Ruben Gonzalez and Drew Kachtik playing a match. After Drew missed a shot he screamed F--- about three times - right into the mike he was wearing for ESPN coverage. I almost fell off my chair! Then, after missing another shot he looked at the corner and screamed "G--D---F---ing ball!" Then, after losing the game, Drew turned toward the crowd and yelled F---, F---, F--- and tore off his glasses, glove and racquet and threw them across the court! The juniors that were watching, including my son, were just staring in utter disbelief. After that display, the ref issued a technical warning! I left at that point.

I can't believe that Mr. Kachtik was not ejected from the game! My son got autographs from all the pros, but he didn't want one from Drew! That kind of behavior should not be allowed and if a fine is imposed, it should be announced to the crowd so everyone knows that such behavior will not be tolerated! I don't know how he can call himself a pro and I think he owes the Burnsville Racquet Club an apology. Drew not only made a complete and total fool of himself, but he embarrassed the other pros as well.

Lori Harper
Eau Claire, Wisconsin

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A TRIBUTE TO CRAIG

Our dear, good friend Craig McCoy has suddenly left us. The Tournament House in Riverside, California, is left with a giant void as is the racquetball community in general.

I first started watching Craig in the mid '70s. This was the Charlie Brumfield heyday, but Craig was always there, for many years at the top. And he was a beautiful player to watch. His left-handed stroke was so smooth, and he always moved in an almost effortless manner, never frantic. Some people back then thought Craig was too smooth and effortless, that he could have been the best of his time had he played a little angrier. But that wasn't Craig's way. Even when he was a star he was always quiet, kind, maybe even a little shy. But most importantly, he was always a nice man.

Craig was one of the first coaches for my son, Steve, and was very influential when Steve was playing at his peak.

One particular high moment in Craig's career was 1980. He had been in a considerable slump for a while. The Tournament House held a big annual tournament back then and Craig entered it. Amazingly his competitive juices started to flow again and his fluid strokes came back. He blew everyone away and won the tournament. It was just before the 1981 Nationals in Phoenix. His game carried on and he beat the likes of Bret Harnett and Dave Peck before losing to Marty Hogan in the finals. He was supposedly over-the-hill by this tournament but he played magnificently throughout.

Craig stopped playing for some time and became very involved in his family's business. But his love for racquetball came back and he started playing again – mostly doubles. He started slowly at first, but was soon winning almost every doubles tournament he entered – playing mostly with Mike Lerner, Steve Lerner and Robin Dixon. His most recent successes were at the 1992 and 1993 National Doubles 35+ division. Craig and Robin waded through the draw before losing in the 1992 finals to Rich Wagner and Dave Peck, and then in 1993 to Peck and Don Thomas.

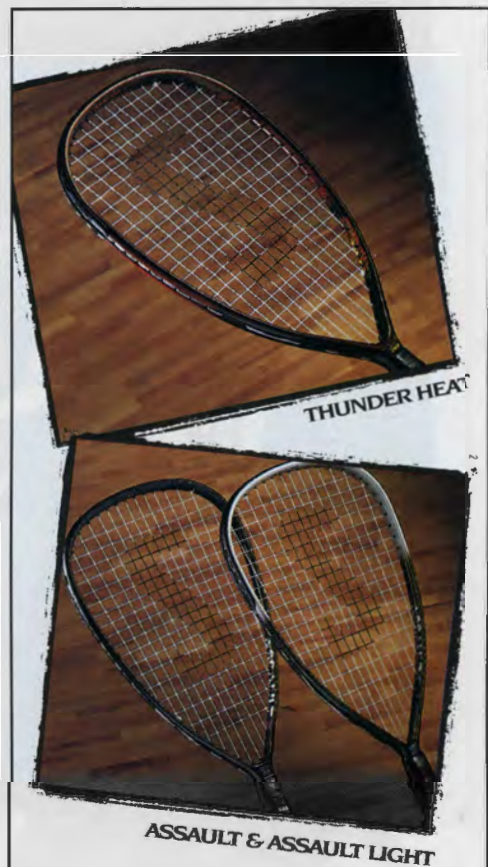
Craig gave a lot back to our sport as well. He was never too busy to help anyone, beginner or advanced player. He really loved racquetball, it was one of the most important parts of his life. He had been playing only a few hours before he was taken from us. So, one of our dear, kind good friends is gone. Racquetball has lost a great player and supporter. We have lost a great friend. Craigie, you will be really missed and we will never forget you.

The Tournament House is considering hosting an annual memorial tournament in Craig McCoy's honor. Any of you who knew Craig are welcome to contribute ideas. Please contact Vance Lerner, Robin Dixon, Rich Wagner or Bart McClintic at The Tournament House at 909/682-7511.

Vance Lerner
Riverside, California

CORRECTIONS/September-October RB:People, Page 65

No photo credit: The photo of Dan Llacera and Joe Theisman was provided courtesy of the Bridgewater Courier-News of Bridgewater, N.J. **Dropped line:** The entire final line of the "Erickson-Kohl Wed" item should read: "The couple met when they were members of the SMSU racquetball team, where both won medals."



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Standing: Michelle Gould, Cheryl Gudinas, John Ells, Jim Winterton, Derek Robinson, Rhett Rainey, Margo Daniels, Otto Dietrich, John Boudman. **Seated:** Gary Baker, Mike Bronfeld, Jackie Gibson, Laura Fenton, Robin Levine, Fran Davis, Chip Parmelly. **Floor level:** Eric Muller, Tim Sweeney. **Photo:** Alberto Castro Medina

The U.S. National Team wins its seventh world cup, but in the individual medal rounds the men's team was ...

SEEING RED

Since 1981, it only happens every other year. In seven meetings since that first face off, the U.S. has won the World Championships over Canada, slipping only once to a tie with its rival in 1986. That was the last year a Canadian reached the men's finals of a world championship, and it's been a full decade since a Canadian won the men's singles title. So does Winnipeg's Sherman Greenfeld feel special? You bet.

"I've had a good year, trained really hard and I expected to do well. I mean the top four can beat anyone, on any day, if you play your game. I'm really happy."

As exciting for Team Canada was Sherman's opponent in the final, teammate Mike Ceresia. Even with the team championship already decided in the

U.S.' favor, it meant guaranteed gold and silver medals added to the count.

"I'm exhausted," said Ceresia "you can't play twelve matches at this level in six days. It's not normal."

At age 32 for Greenfeld and a scant year younger for Ceresia, the finals themselves were considered a bit out of the ordinary. In 1990 and 1992, U.S. men had claimed the final spots and the feeling was that this year would be no different.

U.S. Hopes dashed

But in the semifinals, U.S. hopes to sweep the division took a turn for the worse. Starting out strong against Greenfeld, Tim Sweeney took the first game of their match decisively, 15-5. In the second, Sweeney jumped to a 9-0 lead and appeared to have the win in hand when Greenfeld began to inch back into the running. After missing a shot into the back wall to give Greenfeld his first point, Tim began to lose rallies on errors, skipping forehand and backhand shots until the score was tied up. From there Sherman, whose squash background gives him remarkable stamina, seemed more and more comfortable while Tim struggled through the 15-10 loss. In the tiebreaker, a determined Sweeney fought off a 3-0 deficit to stay even, point for point, to a tie score of 7-7. There Greenfeld took a timeout and returned to the court with an off-speed, half lob z-serve to the backhand, which gained him another point, followed by a skipped forehand by Sweeney to go to 9-7. Clearly on offense, Greenfeld then went to match point with a backhand winner, then closed out his bid for the final with a forehand pinch taken off a diving sidewall retrieval.

On the other side of the draw, a rejuvenated Mike Ceresia, whose recurring back problems now require a brace during play, continued a streak that had everyone talking. A first game win of 15-10 over national champion Mike Bronfeld on a side court drew a crowd from the Greenfeld/Sweeney match early on. That crowd grew as Bronfeld struggled to take the second game 15-13 to force the tiebreaker.

"I was lucky to get by Derek (Robinson) in the quarters," recalled Ceresia, "and I think that Mike



Ceresia & Greenfeld prepare for their final. Photo: Alberto Castro Medina

could probably beat me eight times out of ten under normal circumstances..." Unusual circumstances were a severe case of dehydration for Bronfeld in the tiebreaker, which turned into leg cramps that spelled the end of his world title hopes. After a dismal 11-5 finish in the third game, a wrung-out Bronfeld sat outdoors with an equally disappointed Sweeney to jokingly discuss their playoff for third.

Teammates anywhere else

Elsewhere it was no joke between long-time teammates Ceresia and Greenfeld. Both knew the stakes, and each other's game plan. "Mike brings in more of the American style," said Sherman, "he's much more aggressive from playing in more of the pro stops. But with my slice serve and everything, I play more of a percentage game and don't make a lot of mistakes. I think it will be an interesting final, since we combat each other's styles."

At one point, combat wasn't entirely out of the question. After losing the first game 15-3, and down 4-1 in the second, Ceresia was obviously frustrated and on edge. Then, on a high set up shot to the backhand, Greenfeld did a little head fake and changed up the tempo on the shot. Mike interpreted the move as showboating, and pursued Sherman around the court, clearly expressing a mounting anger.

"I decided to just let him cool off," recalled Sherman, "we're friends off the court, and I knew



I've been waiting my entire career for this! Four years ago I finished third – I lost to Egan (Inoue) in the semis in Caracas. It was two years to Montreal and I thought I could win it in my home country. That would have been great. But, I had lower back problems and it really got bad that summer and I couldn't play.

I've had a four-year wait ... I guess just four years of sticking with it. I've tried to train as hard as possible. I've actually had the best year on the court of my career. I played Cliff Swain on the pro tour twice in one week and that really helped get me ready. In an exhibition in Winnipeg I lost in a tiebreaker and then played him at a pro stop in Saskatoon and lost 11-7 in a tiebreaker. I felt that I was really starting to peak at the right time. I spent the year training hard and when I got to Worlds I thought I was ready both physically and mentally. I was hungry for it.

I attribute a lot of my recovery since 1992 to our team physiologist D'Arcy Bain. I've spent a whole year injury free thanks to a strengthening program.

Winning the World title has done so much. If you win the Canadian title it doesn't mean much at all. But this tour (of Canada following the worlds) has really been in recognition of number one – the sport. Number two has been me and my accomplishment in an effort to gain corporate sponsorship, and number three is junior development throughout the country.

he was under a lot of pressure." But even letting off the steam didn't help, as Ceresia was unable to stop Sherman from quietly playing the front court with precision to take the title in straight games.

Gould seeks Gold

For defending women's singles champion Michelle Gould, the road to the event itself had been full of pitfalls. After losing in the final of national singles to Robin Levine and missing the U.S. Olympic Festival due to a back injury, it was uncertain if Gould would be cleared to play singles in Mexico.

"I have a broken L-5 vertebrae and bursitis in the hip on the right side, and possibly some nerve damage" cited Gould "but I'm still a lot more healthy than I was in Houston...and more focused."

Even so, the U.S. team roster was not finalized officially until the team arrived in San Luis Potosi, leaving speculation about Gould's chances of earning back to back singles gold – either through injury or through default by having to play doubles. But in the preliminary team round, Gould

looked to be her old self again, and by the time the individual rounds were underway she was back to keeping all her opponents at eight points or less.

Robin Levine, a bit under the weather herself, also went undefeated in the team round, keeping all her challengers to single-digit scores right up to her semi-final rematch against Cheryl Gudinas. There Cheryl had hoped to secure an unquestioned win over Robin, who had been forced to default at match point in the final of the U.S. Olympic Festival the month before.

Making a strong opening bid with a 15-9 first game win, Cheryl was then pushed to the tiebreaker by a renewed Robin, who won the second game 15-6. In the third, Robin jumped to a 9-4 lead before Cheryl began serving a forehand z and following up with down the line winners to bring it even at 9-9. Regaining the serve with a backhand reverse pinch return, Robin dove for a shot and won the resulting appeal to reach match point. An overhand pinch rollout ended the semi, and set the stage for the national final rematch.



Michelle Gould graciously accepts her gold medal, and second world title, while teammates Laura Fenton and Jackie Gibson look on. Photo: Alberto Castro Medina

"Robin's style of play is actually very similar to mine" said Michelle prior to their match. "We're both very aggressive players and heavy shooters ... and I've played against her since I was 12 years old. I feel pretty good going into it."

Good enough to leave Robin in the dust after they tied it at 6-6 in the first game. With only two backhands in the run, Michelle tore off a series of forehand winners that barely allowed a rally. Levine's few diving attempts fell just short of the mark, leaving her worn and weary ... but not finished.

In the second, Robin took advantage of several forced errors early on to move into a lead she held right up to game point. But at 14-11, Robin skipped a backhand reverse pinch attempt for a sideout, then watched as Michelle's forehand brought them even at 14 all. Then, in a rare rally, Robin was faced with a forehand that only needed to be eased into the nearest corner to regain the serve, and the shot came up short. The comeback complete, Michelle

NOT A BAD SUMMER

By Derek Robinson

The American flag rises in the air as I glance proudly at the eleven athletes that surround me on this medal platform. Each of them has contributed in their own way to making it possible for me to hold this shiny silver cup. Not just any cup. The International Racquetball Federation's World Cup – recognizing excellence in this sport.

As I raise the cup to the sky, the U.S. Racquetball Team celebrates being named World Champions for the seventh consecutive time. The weight of silver I feel above my head takes on a greater meaning. Seven times the battle for this cup has been staged on the hardwood, and seven times it has been won by the United States. Being just a big kid from a small town in Washington state, I am mesmerized by holding this symbol of the greatest achievement in racquetball.

I was selected by my peers, as the most recent member of the team, to hold this honorable cup. Looking around, I am completely awed by the sheer magnitude of the situation. This experience is nothing I could ever have prepared for. I begin to understand more clearly, by the minute, why I had been so affectionately dubbed the "Rookie." A name which would become a constant reminder that I was living a summer dream I would never forget.

Only two months earlier I had graduated from Southwest Missouri State University, finished in 11th place at the National Singles and qualified for a U.S. Olympic Festival for the first time. I was filled with joy and disbelief as I announced to loved ones that I had made it as one of 32 racquetball athletes to compete, as an underdog, in the Festival.

Maybe that I was not even expected to qualify for the Festival made the difference in St. Louis – but six days and five matches later a gold medal hung around my neck and I was appointed to the U.S. Team and given a spot on the World Team. Immediately I began fielding questions about how the team, with myself as a member, would fare at the World Championships. Overwhelmed, I exclaimed, "First things first. When and where are the World Championships?"

avenged her May loss with the straight game win.

In women's world singles, Michelle Gould becomes the second woman to win a second straight title (behind Heather Stupp), and joins the company of fellow U.S. multiple medalists Cindy Baxter ('81 and '86 champion) and Malia Kamahoahoa Bailey ('84, '90 and '92 doubles champion).

Doubles Dualists

In U.S. doubles, it doesn't appear to matter which of its elite athletes you throw together in world competition -- any combination of national champions will do. A mix and match first time team can be just as effective as a pair who have played since their voices changed. If a couple of them are seeking a second world title, and a couple more are first-timers, all the better.

For the men, it was Eric Muller seeking a second consecutive world doubles title (he won in 1992 with Doug Ganim), with partner John Ellis as the rookie. For the women, Jackie Gibson was the veteran (she won in 1990 with Malia Bailey) with Laura Fenton the newcomer to world class doubles. Ellis & Muller had played together for years, Gibson and Fenton, never.

Still, the matter of winning both the team and individual world titles became a simple rivalry between the U.S. and Canada, as expected by most. A bit harder for the men, perhaps, with a 15-12, 15-11 victory over Chris Brumwell and Jacques Demers. The women went 15-9, 15-7 over Vicky Shanks and Debbie Ward.

On wheels ...

In wheelchair competition, current world champion Chip Parmelly was out to defend his title and earn a third consecutive win. He defeated Great Britain's George Gouldbourn-Simons in the first round, while teammate Gary Baker won over Canada's Ken Michaylenko. Women's wheelchair competitors Carol Mulholland and Karen Darke completed a three match series for the women's world title, with Mulholland winning over Darke in straight matches.

In the all-U.S. final, Parmelly kept Baker in low-



Wheelchair Team USA: Gary Baker, National Wheelchair Racquetball Association president Geno Bonetti, and Chip Parmelly. Photo: Jim Hlser

scoring range, pulling out the win 15-0, 15-6 for a gold/silver sweep for the U.S. The bronze medal went to Canada's Ken Michaylenko for his 15-3, 15-13 win over George Gouldbourn-Simons.

Individual Medal Rounds

MEN'S SINGLES GOLD: Sherman Greenfeld (Winnepeg, Manitoba/CAN) def. Mike Ceresia (Montreal/CAN) 15-3, 15-2. **Bronze:** Tim Sweeney (Chicago, Ill.) over Michael Bronfeld (Carmel Valley, Calif.) — **WOMEN'S SINGLES GOLD:** Michelle Gould (Boise, Idaho) def. Robin Levine (Sacramento, Calif.) 15-3, 15-6. **Bronze:** Cheryl Gudinas (Chicago, Ill.) over Carol McFetridge (Canada). — **MEN'S DOUBLES GOLD:** John Ellis (Stockton, Calif.) & Eric Muller (Overland Park, Kansas) def. Chris Brumwell & Jacques Demers (Canada) 15-12, 15-11. **Bronze:** Enrique Villegas/Sergio Torres (Mexico) over Shoichi Sakai/Tsuyoshi Hagiwara (Japan) 15-9, 11-15, 11-1. — **WOMEN'S DOUBLES GOLD:** Laura Fenton (Leominster, Mass.) & Jackie Gibson (El Cajon, Calif.) def. Vicky Shanks/Debbie Ward (Canada) 15-9, 15-7. **Bronze:** Diana Almeida/Lupita Torres (Mexico) over Toshiko Sakomoto/Rie Yamanaka (Japan). — **WHEELCHAIR GOLD:** Chip Parmelly (Diamond Bar, Calif./USA) def. Gary Baker (Indianapolis, Ind./USA) 15-0, 15-6. **Bronze:** Ken Michaylenko (Victoria, B.C./Canada) over George Gouldbourn-Simons (Australia/Great Britain).

A two-part Harmony ...

In the first three days of the event, World Cup Team championships opened with 30 countries in the running. Defending its title, and later winning its seventh consecutive team title, the U.S. National Team led the field of top rated teams from Canada, host Mexico and up-and-coming Japan. [For final

team standings, see Sept./Oct. issue, pages 58-59]

In head-to-head team semi-final competition the U.S., Canada, Mexico and Japan all advanced to lineup the men's teams – U.S. vs. Japan and Canada vs. Mexico, and the women's reversed with U.S. vs. Mexico and Canada vs. Japan.

To reach the semi-final, Team U.S.A. men came away with a 4-0 record against Argentina; followed by Canada with 4-0 over Australia, and Mexico 4-0 over Bolivia. Japan's top player, Yunichi Yoshida, was defeated by Venezuelan #1 Fabian Balmori in straight games of 15-8, 15-8 for the only match loss by a top rated team in the round.

For the women, straight 4-0 match records were the norm with Team U.S.A. taking a string of low-scoring wins over Costa Rica, Canada defeating Bolivia, Japan winning over Great Britain and Mexico advancing past Puerto Rico.

In the team final, the United States and Canada squared off for the title with seven out of eight wins going to the combined U.S. team. The women set the tone of the competition with straight game wins in all four match-ups against Canadian rivals.

For the men, current U.S. national champion Michael Bronfeld defeated Canadian counterpart Sherman Greenfeld in straight games of 15-11, 15-13 for the first of three match wins for the men's squad. Derek Robinson pulled out a tiebreaker victory over Simon Roy. In doubles, current U.S. national doubles champions John Ellis and Eric Muller defeated Canadians Chris Brumwell and Jacques Demers in straight games of 15-3, 15-11. Tim Sweeney was defeated in the team round by Mike Ceresia in a tiebreaker, 15-9, 8-15, 11-9.

After a day off to recuperate from the team round, all of the players were re-seeded into an Olympic format draw to compete for the individual world titles in singles and doubles, along with red, white and blue division awards.

Team USA World Cup Team Results

Robin Levine (Sacramento, Calif./USA) def. Carol McFetridge (CAN) 15-5, 15-8; Michelle Gould (Boise, Idaho/USA) def. Josee Grandmaitre (CAN) 15-4, 15-5; Cheryl Gudinas (Chicago, Ill./USA) def. Lori Jane Powell (CAN) 15-8, 15-11; Laura Fenton (Leominster, Mass./USA) & Jackie Gibson (San Diego, Calif.) def. Vicky Brown/Debbie Ward (CAN) 15-9, 15-7; Michael

Then only three short weeks later, without a second thought, I stepped onto a plane headed to San Luis Potosi, Mexico. On the way, I conversed with teammates to better understand what I would encounter. Each had their own convictions approaching the World Championships but one thing stood out. "Each of us," they said, "has earned a spot to represent our country in the most prestigious competition the sport has to offer. As a team, we will support one another for the achievement of the team." I realized then that I had joined an elite group of athletes. Each one understanding the individualistic aspect of racquetball but recognizing the importance of supporting one another to bring home the gold for the U.S.

And as the starry eyed "Rookie" I was not only expected to compete against world class opponents – one of my initiations was the Herculean task of washing teammates' clothes for the week long event. A gigantic sombrero was also in my future ...

After ten days of intense competition against countries like Cuba, Japan, Great Britain, Canada and Mexico I developed a new understanding. Racquetball, I learned, is an individual sport but is enjoyed because of the camaraderie of its participants. We each have them in our lives. A weekly Sunday morning opponent who claims they should be on the next cover of *RACQUETBALL Magazine* because of their good looks. Or how about that over fifty doubles team who brags that John Ellis and Eric Muller would be no match for their own incredible athleticism. I realized this when I walked onto a foreign court with "USA" on my back and the support of my fellow countrymen. So think about it the next time you play doubles or compete against that weekly opponent. Even go



Bronfeld (Carmel Valley, Calif./USA) def. Sherman Greenfeld (CAN) 15-11, 15-13; Mike Ceresia (CAN) def. Tim Sweeney (Chicago, Ill./USA) 15-9, 8-15, 11-9; Derek Robinson (Muncie, Ind./USA) def. Simon Roy (CAN) 13-15, 15-12, 11-4; John Ellis (Stockton, Calif./USA) & Eric Muller (Overland Park, Kansas) def. Chris Brumwell/Jacques Demers (CAN) 15-3, 15-11. Chip Parmilly (Diamond Bar, Calif./USA) def. George Gouldbourn Simons (Great Britain) 15-1, 15-1; Gary Baker (Indianapolis, Ind./USA) def. Ken Michaylenko (Canada) 15-5, 15-10.

as far as to buy them a Gatorade. Tell them Mr. Robinson told you to, for it is them who have made racquetball what it is for you.

This past summer I graduated from college, won the U.S. Olympic Festival gold medal, shared in the winning of two World Championship gold medals, and stood on a platform embracing a silver cup that signified the United States of America had just won its seventh consecutive World Championship. A pretty successful summer for a small town kid. But after all the accomplishments, ironically, the most important thing I achieved was an even higher level of respect for my opponents.

Fall is just around the corner. Tree leaves are turning yellow and just the other day I reached way back in my closet to pull out a sweater that had been hiding all summer. Summer, what a word. The endless supply of sunshine, surf and sand. Unfortunately, I did not get to see much surf this summer, too busy traveling. I really did not see much sand either, too busy playing racquetball. And I surely did not see much sun, hold it, maybe I did. Maybe that is what has been shining on me all summer long.

I have been asked many times if I ever thought dreams came true? My reply has always been, "No, that's why they're dreams," but now, I know better!

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PRE TOURNEY EVALUATION

As pillars of racquetball intellect and masters of all we survey, here are our pre-tourney evaluations of the team.

MICHAEL BRONFELD ("Eddie Munster"): After two days of repeated beatings by John and Woody Clouse in the high altitude of the Sierra Nevadas, Bronfeld is expected to have a great tournament. Go figure. The Question: Is this his time? Will he avenge his February loss to Sherman Greenfeld? — **TIM SWEENEY** ("Captain Sweets"): Due for a big tournament and these courts fit his game to perfection. The Question: Confidence and stamina. — **DEREK ROBINSON** ("The Rookie"): Has the ability to ride the rookie wave. The Question: Will first time jitters leave him squealing like a rookie without a clue? — **JOHN ELLIS & ERIC MULLER**: We like our chances. The Question: Point spread. — **ROBIN LEVINE** ("Rockin' Robin"): Overwhelming confidence after huge win in Houston. The Question: How's the neck parts? — **MICHELLE GOULD** ("Boomer"): Eye of the tiger. Has she ever lost two events in a row? The Question: How many injuries does it take to make Michelle vulnerable? — **CHERYL GUDINAS** ("Lid"): Gets better every tournament and plays with high emotion. The Question: Can she rumble with the best? — **JACKIE GIBSON & LAURA FENTON**: Shouldn't even be close. The Question: Never played together...nah, won't be close. — **CHIP PARMELLY** ("The King"): Untouchable. The Question: Is he too cool to lose? — **GARY BAKER** ("The Snake"): Looks like a strong candidate for a silver. The Question: Will he finally beat Chip?

DEAR DIARY ...

By Eric Muller & John Ellis

DAY ONE

What would possess us to write a journal about the World Championships? Well, we think we're pretty cool and that our experiences of the event can shed some light on the U.S. Team and international competitions in general (but mainly we just want to be published in the magazine!).

Because John will turn pro after the Pan-Am Games in 1995, this will be our last amateur doubles event together. We want to go out in style – a world title would be a crowning achievement and would list us among the great doubles teams in the short history of racquetball. But enough about us, let's get to the team...

First, we have a job to do. The mood of the team is noticeably different than at other past events. In our first meeting Coach Winterton began creating some synergy, making it clear that we are here for the sole purpose of defending our world title. Rumor has it that other teams see us as weak and vulnerable. Of course, we've been hearing that for years. However, this U.S. Team isn't about to relinquish its world title on this watch.

DAY TWO

Winterton's efforts to bring the team together were successful. We demonstrated our "esprit de corps" by collectively skipping the bus to the club. When we finally made it, we were swarmed by muchos ninos pequenos. However, John's popularity is greater than the rest of the team combined. This has a direct correlation to physical characteristics ... little brown John Ellis looks right at home!

When we began practice, a large crowd gathered to watch Michelle and Robin. Great racquetball? Perhaps. More likely, it was Boomer's multi-colored jogbra.

As expected, Rookie Robinson was awestruck by the attention he got – he didn't know that we are actually treated as world class athletes down here.

Our popularity increased as the opening ceremonies were about to begin. Of course, the most ironic of all was the fact that everyone wanted to hang with the U.S. Team today, but tomorrow and for the rest of the week, they would root against us on every point.

DAY THREE

!Hola! High powered Mexican negotiations finally rescued the stringing machine which was being held by customs officials. Chalk one up for diplomacy and NAFTA. John Boudman, our little leprechaun team manager, was



John Ellis goes native with some of his fans, including dad Dave (left) and Sherman Greenfeld (above). Photo: Medina.

close to going insane from string tension and gripation withdrawal. As for Margo Daniels, our team leader, she kept U.S. operations running without a hitch.

Even though the team is coming together and playing well, there is tension thick enough to cut with a knife. The women's team seems to have some group dynamics issues which are unclear to us but definitely need to be resolved if we are to achieve positive vibrations of togetherness.

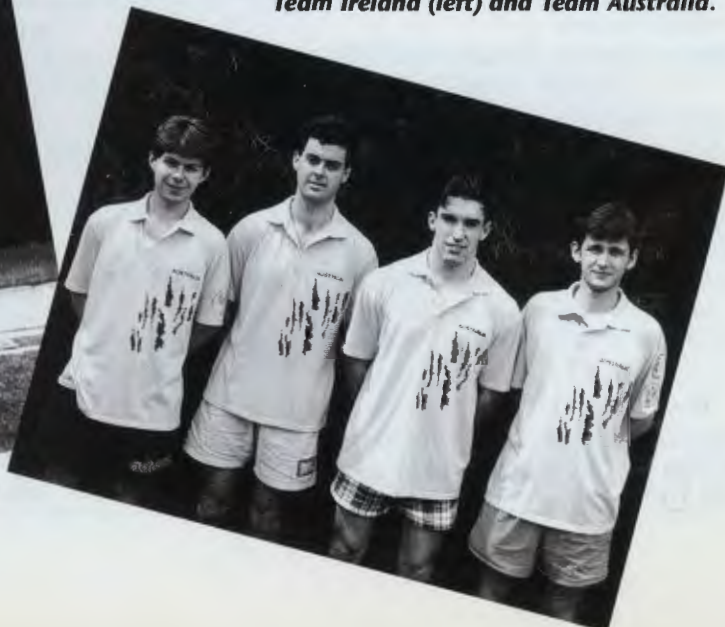
While all the team vibes are working themselves out, we have been continuously surprised and pleased with our relations with other countries. Despite a language barrier, we are spending a lot of time with the Japanese. I guess we have a lot in common.

After some conversations with folks from Australia and Panama and Bolivia, we are learning about the realities of our young sport. In other countries, hundreds of eager players can't get equipment and have no coaching. Plus, there are very few courts. In fact, the Cubans play on a court with only two walls. Our growing understanding gives us a new level of respect for those in other nations who work tirelessly with few resources to develop racquetball.

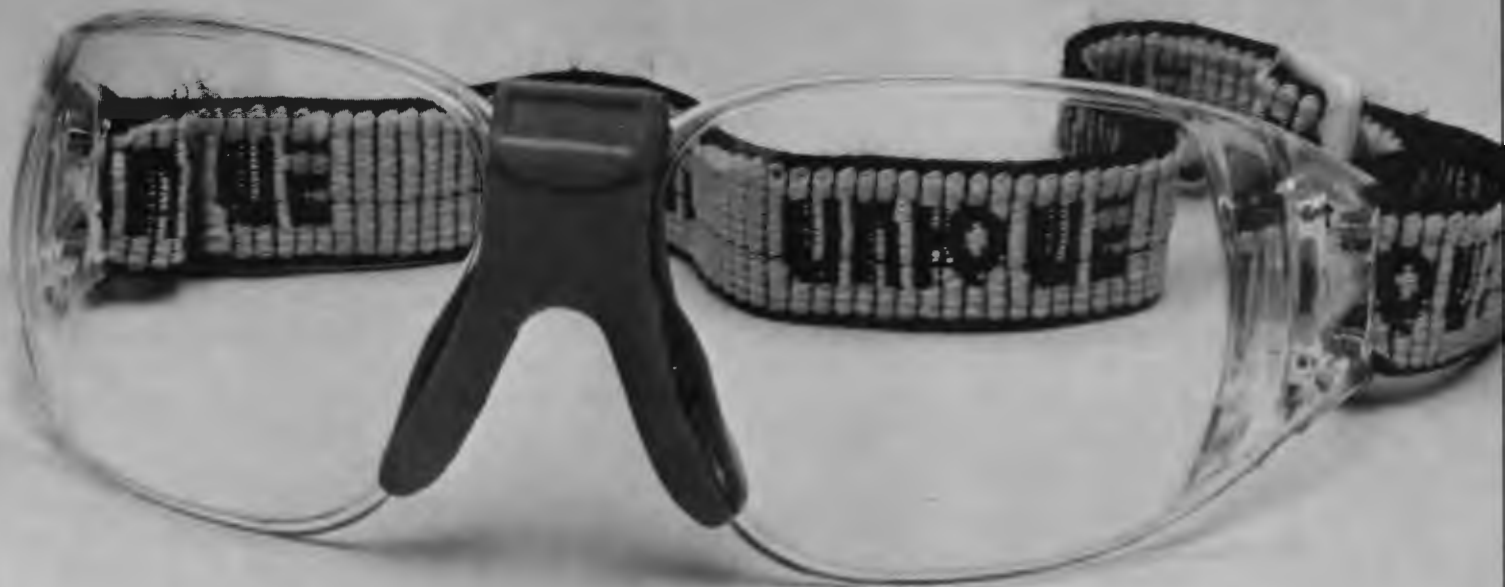
To close the evening we had big plans to show some moves in the discoteca. But, we were introduced to the realities of being in Mexico, being American, and not knowing the bouncers at the door. When the Irish Team threw in the towel, we knew we had absolutely no chance of getting in. It was probably for the best, as we did not want to break our midnight curfew ... (!)

DAY FOUR

Once again, Elli played the rooster role and woke up at 7:30 am (our match against Cuba wasn't until 3). Since Cuba has no real racquetball facilities, their players have never used an oversized racquet or hit on an actual court before. That's why their level of play was so inspiring. What they lacked in skills, they more than made up for in athletic ability, hustle, and heart. It is very easy to respect someone who gives 110% to what they do. As we went to shake hands after the match, we were all overwhelmed with emotion. As we hugged, they told us that it was dream to be on the court with the best in the world, saying "You are on



Team Ireland (left) and Team Australia.



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the top and we are on the bottom." At that moment, we forgot about racquetball and replied with equal emotion, "No, we are people on the same level." It's amazing that sport has the ability to bring people together, regardless of their background.

The experience with the Cubans affected the entire team. After one of the Cubans played Tim Sweeney, he collapsed to the floor in tears, not because he lost the match, but because he was in awe of the way Sweens played the game. It was a dream for him to be on the same court with Tim. Sweens was so moved by the gesture that he too was brought to tears.

DAY FIVE

Team quarterfinal competition was today. On the men's side, everything went smoothly against Argentina with the exception of Sween's match. But, Sweens played like a champion and pulled it out. The women's team made short work of Costa Rica and host country Mexico. Tomorrow are the men's semis and finals and the women's finals against Canada. We square off against Japan and then most likely Canada.

There was a lot of socializing between Rookie,

Sweens, Elli and Muller with the lovely chicas of San Luis Potosi. But where was Bronfeld?

We had a late night optional team meeting which was attended by the entire team. The theme was adversity. This team is pulling together like never before. Laura, Chip, Gary and Derek really opened up to the group about some very personal aspects of their lives.

The men put together a "top ten" list of jabs at the women's team and they took it well, then responded with a feeble version of their own - we are forced to give them an A for effort.

DAY SIX

Judgment day. World Team Championship semis and finals were today. In the semis, we played the Japanese. The U.S. men's singles players swept them before we even played, but we were still fired up for our doubles match. It was almost as if the Japanese were shell-shocked with our doubles game, they methodically tried every possible shot and strategy which we countered with court coverage and raw power. But with the match running smoothly in our favor, John tripped knee first into the side wall. We still won the match but we realized that

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MEN'S TEAM WORLD CUP CHALLENGE

Michael Bronfeld vs. Sherman Greenfeld — Coming off a Pan Am Qualifier victory over Bronfeld and Ellis in Argentina, Sherman looked confident from the start. However, Michael played the leadoff role better than Ricky Henderson ever did, stepped up to the challenge and out-ran, out-covered, and out-shot Sherman for a decisive victory.

Tim Sweeney vs. Mike Ceresia — Like Sherman, Ceresia had enjoyed success at the Pan American Team Trials in April, beating Sweeney. The rematch turned out to be the most exciting of the day, as Ceresia, sporting a new "Forest Gump" pumpkin, came back from a 2-8 deficit in the tiebreaker to squeak by Sweenys 11-9. While disappointing for the U.S., Sweeney's second game victory was crucial to the team title. Even if Derek were to lose two straight, the U.S. would win with a two game victory in doubles.

Doubles — Our purpose was clear as we stepped onto the court with the only goal being complete obliteration of the Canadian doubles team. We answered the call 15-3, 15-11. The victory clinched the mens' team title and the overall team title.

Derek Robinson vs. Simon Roy — With the team title already wrapped up, Derek faced longtime friend and SMSU teammate Simon Roy. The match went to a tiebreaker with Derek jumping to a 7-1 lead. He was playing for pride and the love of the game. He closed the game and the team championships 11-4.

while we should win this tournament with relative ease, there can always be an unforeseen adversity that we will need to overcome.

Later we spoke about overcoming adversity in our team meeting and how it would become a defining characteristic of this U.S. team. As we headed into the finals, the women's Dream Team crushed the Canadian women. The crowd, overwhelmed by the women's dominance, was barely able to cheer. The only sound you could hear was the occasional desperate cry from the Canadian coaches "Stop the bleeding!"

When the men squared off, Canada seemed confident of their chances for victory. However, this team had other ideas (see box above).

With a 7-1 total win record, the United States held onto the World Cup once again. Perhaps for the first time ever, we actually had the crowd

rooting for us — we had made the transition from players to ambassadors.

That night the tournament disco became the site of the victory celebration for the U.S. as we were pleasantly surprised by a rule change which allowed us to drink in moderation. With the exception of Bronfeld, the whole team spent all night groovin' to the beat of the discotecha. The feeling that night was priceless.

DAY SEVEN

Even after going to bed at 5:30 am, Elli did not disappoint and woke Muller up at 9:15 am. Thanx. We didn't want any sleep on our day off anyway.

For some reason, the womens' team decided that they needed more practice and that it might be fun to go to the club at 10 am and play racquetball. Not it! We just chilled by the pool.

We had our final team meeting to-night. It turned into an emotional good time as team members opened up to one another about some very personal events in our lives — racquetball and non-racquetball related. We spent the rest of the night checking out Michelle from Panama. Elli totally digs her even though there's a complete language barrier.

Team Canada and Team Bolivia



DAY EIGHT

The individual competition began today. It's difficult to get psyched for the second part of the tournament. Fortunately for us, we had a fairly easy time with Peru.

While the coaches still assist us and everyone still wants each other to win, the individual competition is much more like a regular tournament. It's a reminder that racquetball is still an individual sport.

Everyone won today. We also went shopping downtown. However, strolling by 6,000 shoe stores, we decided that there was nothing good to buy.

DAY NINE

The team advanced steadily today with one disappointing exception. Up one game and holding a 13-6 lead, Rookie Robinson ended up losing to Ceresia. Gump, a veteran in international events, is a survivor on the court and hit some clutch shots in his comeback.

As expected, the U.S. women continue to beat the competition into submission. Sweeney showed flashes of his 1991 brilliance by pummeling Simon Roy 15-1, 15-2 in about four minutes and eight seconds. He's looking good as gold.

Our quarterfinal was our worst match so far. We played Costa Rica and had nothing much to offer. However, we outlasted them the first game 15-11. In the second game, their right side player was having back trouble. Knowing the value of generosity during competition, we made sure he saw every shot and we won 15-2.

There was a bad vibe today accountable to the chicas of the tournament. But, we got it straightened out, kissed and made up and put in the performance of the tournament (for Muller) against the Japanese in the semis.

DAY TEN

Finals. This was what we had been waiting for all week. As expected, the U.S. women took the top three spots and the doubles with ease (although not without some intra-continental squabbles and battles!).

The U.S. men had a disappointing day. Sherman ousted Sweenys in a close tiebreaker and Ceresia outlasted Bronfeld in a three hour barn burner. For the first time in history, there would be an all-Canadian final. Sherman ended up winning, with a 15-2, 15-3 beating of Ceresia.

Would there be an upset in men's doubles? No way. We felt as if we had a date with destiny, and the Canadian team of Jacques Demers and Chris Brumwell would not be able to cope with our onslaught. As it turned out, it was not the best performance of the event and the Canadians played well, but in the end, we would not be denied, and claimed victory 15-12, 15-11. After the match, we were swarmed by a mob of adoring Mexican fans. We felt like celebrities as we gave all of our shirts, gloves, bandanas and pins to the crowd. World Champions.

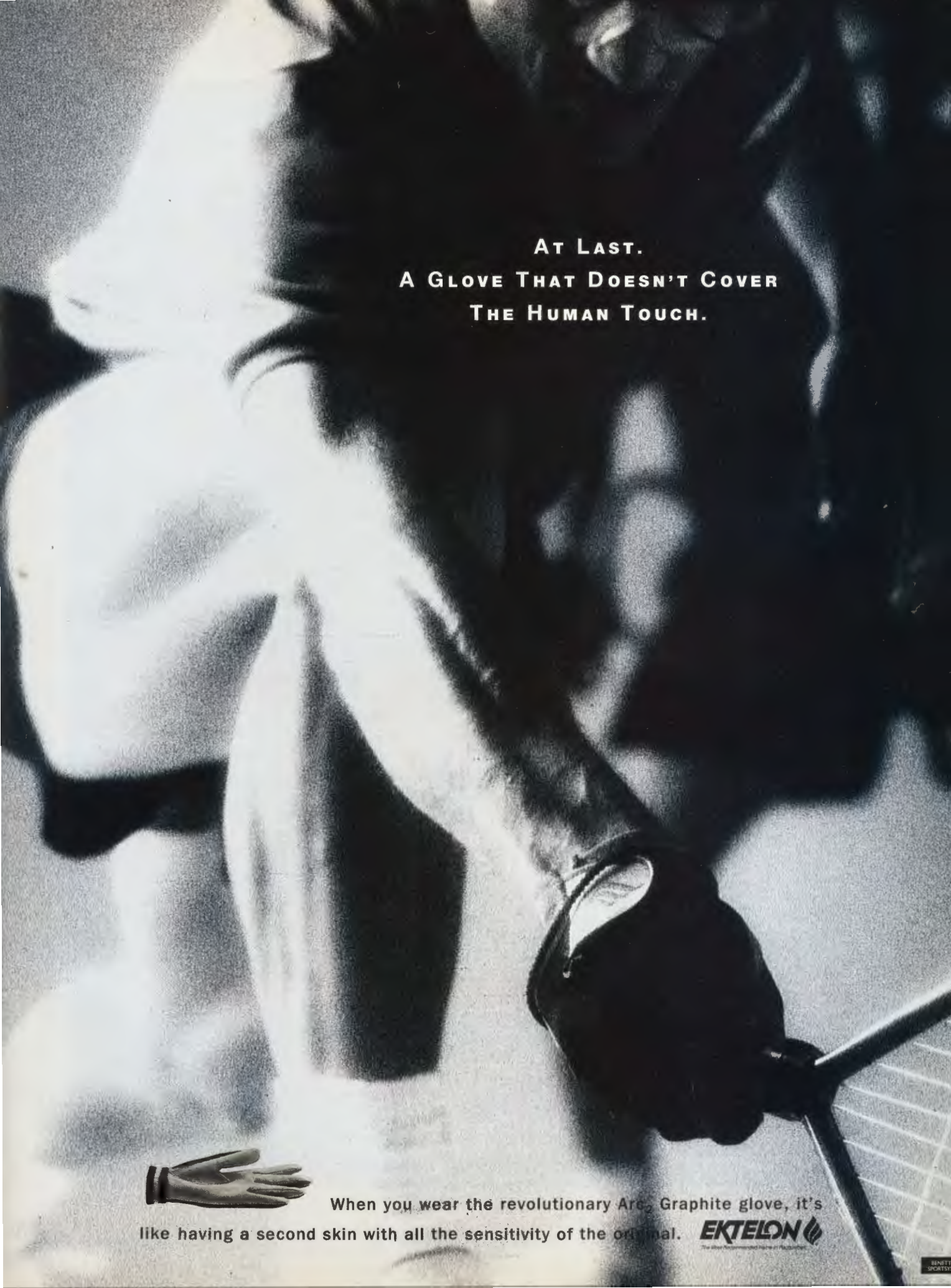
Who would have thought eight years ago (the first time we played doubles) that we would one day be World Champions? Playing doubles together is a very magical experience for both of us. While it is sad that we will never again compete for the U.S. together, we have to be satisfied with our little piece of history.

A final note to all of racquetball and especially the pro tour – while there are many great things about this sport, nothing is more special than traveling with the U.S. Team and representing your county. And to our parents ... thanks for everything!



Team Great Britain and Team Mexico





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NEW ORLEANS KICKS OFF THE IRT SEASON

By Jack Newman

The International Racquetball Tour kicked off its 1994-95 season August 4-8 at the beautiful Elmwood Fitness Center in New Orleans. With over 25 stops planned for this season, this promises to be an interesting year with many top players retiring and being replaced by fresh, young ones. Top ranked Cliff Swain will try to continue his dominance of the pro game, while the other players seem destined to fight for the #2 ranking. Let's kick off the season and see the results.

Round of Sixteen

The round of 16's always seems to be where the action happens. New Orleans was no exception as, right off the bat, Mike Guidry found himself down 2-0 to Louis Vogel. But Guidry got back on track and was able to win the next three games 11-4, 11-3, 11-4 to advance. Mike Ray, trying to regain his #1 form found himself in the same boat, down 2-0 to Scott Reiff. Mike was also able to come back and win in an exciting 12-10 fifth game. The next two matches were a little more routine as #3 Drew Kachtik won in three straight games over Adam Karp. The next match found Ruben Gonzalez drop game one to Todd O'Neil, but come back and win the next three.

The first upset of the season saw Dan Fowler defeat Woody Clouse in four close games. Number two Tim Doyle was able to win three straight against Mike Engel. The next upset found #11 Aaron Katz using his control style against newly crowned Pro National Champion Sudsy Monchik. Sudsy won the first two games and looked like he was on the way to victory only to have Aaron call on his experience and guile to come back and win in five games. Number one Cliff Swain dropped game one against Brian Rankin, but came back to easily win the next three to advance.

Quarterfinals

The quarters separate the men from the boys. Mike Guidry looked poised to continue where he left off last season, defeating Mike Ray in four games to advance. Ruben and Drew took to the court for what always promises to be an entertaining match. This time Ruben was just too strong, even at 42, as he dispatched Drew in three straight. Tim Doyle



Still on top after signing with Head Sports, Cliff Swain opens with two straight wins. Photo: John Foust

was next to take on hard hitting Dan Fowler. This match was all Doyle as he power served his way to an easy three straight victory. Aaron Katz, hot off his comeback against Sudsy Monchik, proved no match for Cliff as he was served off the court in three games.

Semifinalss

The final four started with Tim Doyle vs. Ruben Gonzalez. Tim seems to have Ruben's number of late, so Ruben would need to have a good match in returning serves. The first two games were neck and neck as each player won a game. This is where Doyle pulled away as he easily won games three and four to move to the finals. The two top lefties on the tour, Swain vs. Guidry, were next to do battle. Swain has also had Guidry's number for quite a while and it continued here as Cliff was able to hold off Mike and win in four games.

Final

The showdown between #1 and #2, Swain vs. Doyle. Swain looked like he would continue where he left off last season with an 11-1 victory. Doyle fought back and won game two easily, 11-4. But, Swain looked like he would continue to be #1 as he won the match and tournament in four games.

ADVANCING IN NEW ORLEANS

Round of 16

Cliff Swain def. Brian Rankin 5-11, 11-5, 11-3, 11-2
Aaron Katz def. Sudsy Monchik 9-11, 4-11, 11-7, 11-9, 11-4
Mike Ray def. Scott Reiff 13-11, 9-11, 11-9, 11-6, 12-10
Mike Guidry def. Louis Vogel 13-11, 9-11, 11-4, 11-3, 11-4
Drew Kachtik def. Adam Karp 11-4, 12-10, 11-7
Ruben Gonzalez def. Todd O'Neil 7-11, 11-8, 11-7, 11-3
Dan Fowler def. Woody Clouse 11-4, 11-8, 5-11, 11-9
Tim Doyle def. Mike Engel 11-3, 11-8, 11-7

Quarterfinals

Cliff Swain def. Aaron Katz 11-3, 11-3, 11-3
Mike Guidry def. Mike Ray 11-8, 8-11, 11-5, 11-6
Ruben Gonzalez def. Drew Kachtik 11-4, 12-10 11-6
Tim Doyle def. Dan Fowler 11-6, 11-0, 11-8

Semifinals

Cliff Swain def. Mike Guidry 11-2, 11-6, 10-12, 11-7
Tim Doyle def. Ruben Gonzalez 12-10, 6-11, 11-4, 11-1

Finals

Cliff Swain def. Tim Doyle 11-1, 4-11, 11-4, 11-5

Tim Doyle won in three straight games over a feisty Joey Paraiso. Hometown favorite John Ellis defeated Woody Clouse in four games to advance to the quarters. Cliff Swain easily defeated buddy Gerry Price in three games.

Quarterfinals

The quarters got off to a good start as Aaron Katz continued his hot streak and upset a less than 100% Andy Roberts 11-3 in the tiebreaker. The service battle of the 90's put Sudsy Monchik against Tim Doyle. Monchik has already defeated Doyle twice and seems to have his number. This match took the same form as Sudsy upset Doyle in five games to advance to the semis. The battle of Texans was next with Guidry vs. Kachtik. Drew looked sharp in this match, winning in four games to move past Roberts

for the #3 ranking. Swain vs. Ellis is always fun to watch as both players are exceptional athletes and show it on the court. Ellis is still looking for his first win over Swain, as are many players. Ellis, playing in his hometown, split two games with Swain, but Swain looked determined to win another tournament as he took games three and four.

Semifinals

The first semi-final featured a re-match of New Orleans where Sudsy blew a 2-0 lead against Katz. In this match Sudsy again jumped to a 2-0 lead, but Katz won game three, 11-8. Would this be Deja Vu? Not this time as Monchik was able to win game four and advance to his second career final. Drew Kachtik seems to be one of the only players capable of pushing Swain to the limit and this match would hold true to form. The players battled through five tough games, with Drew holding an early two to one game lead. Then Cliff was able to rally back and win the next two games to move to the finals.

Final

The finals pitted #1 Cliff Swain against Pro National Champion Sudsy Monchik. This could be a match we see a lot of in the future. Swain was out to show Sudsy that his Pro National Title was a fluke as he handled Monchik in four games to start the season off with back to back wins.

IRT STOP #2 - STOCKTON

Labor Day weekend always means a trip to Stockton, California and the Westlane Racquet Club. This tournament would mark the return of Andy Roberts who is coming off successful knee surgery this summer. Cliff Swain would be looking to win his second straight tournament to start the season.

Round of Sixteen

The always exciting round of 16's started with a rematch between Mike Guidry and Louis Vogel. This match, like the one in New Orleans, was close, but Guidry came out ahead in four games. The always dangerous Adam Karp took Drew Kachtik to the wire in five games. This match would go the distance with Kachtik prevailing 11-9 in the fifth game. Andy Roberts looked a little tentative about his knee but had enough to beat Tony Jelso in four games. Aaron Katz, playing as well as ever, surprised Ruben Gonzalez, not just in winning, but doing so in three straight games. Mike Ray always seems to be locked up in a close match and this one with Sudsy Monchik was no exception. Mike Ray won the first two games and was leading the third when Sudsy mounted his comeback. Monchik won game three, 11-9 and then won the next two games including an exciting 11-9 tiebreaker. Number two

ADVANCING IN STOCKTON

Round of 16

Swain def. Gerry Price 11-4, 11-3, 11-3
 Ellis def. Woody Clouse 11-6, 11-8, 7-11, 11-4
 Guidry def. Louis Vogel 11-4, 11-3, 10-12, 11-9
 Kachtik def. . Adam Karp 11-6, 11-6 9-11, 7-11, 11-9
 Roberts def. Tony Jelso 5-11, 11-7, 11-7, 12-10
 Katz def. Ruben Gonzalez 11-4, 11-7, 11-8
 Monchik def... Mike Ray 6-11, 9-11, 11-9, 11-5, 11-9
 Doyle def. Joey Paraiso 11-9, 11-5, 12-10

Quarterfinals

Swain def. Ellis 11-5, 9-11, 11-5, 11-4
 Kachtik def. Guidry 11-3, 11-5, 2-11, 11-6
 Katz def. Roberts 11-7, 12-10, 2-11, 7-11, 11-3
 Monchik def..... Doyle 4-11, 11-8, 8-11, 11-1, 11-6

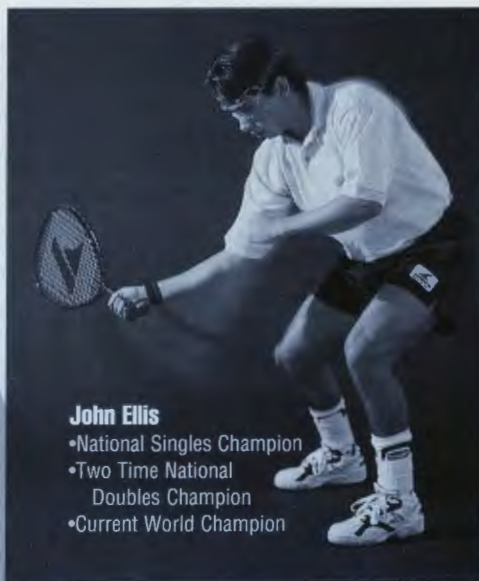
Semifinals

Swain def. Kachtik 11-8, 8-11, 8-11, 11-1, 11-7
 Monchik def..... Katz 11-5, 11-3, 8-11, 11-7

Finals

Swain def. Monchik 11-3, 6-11, 11-7, 11-5

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IRT UPDATE

By Hank Marcus

VCI CHALLENGE CUP SERIES SET: The 1994-95 VW Credit, Inc. Challenge Cup Series is set for the upcoming season with six of the most prestigious events in the sport. Added to this year's series will be the VCI World Doubles Championships to be held in San Francisco in April. The series is as follows:

VCI #1 Montreal, Quebec October 19-23
 VCI #2 Baltimore, Maryland November 2-6
 VCI #3 Dallas, Texas December 8-12
 VCI #4 Atlanta, Georgia February 1-5
 VCI #5 San Francisco, California April 5-9
 VCI #6 Columbus, Ohio May 10-14

THANKS: The IRT Tour season kicked off with two great events. Special thanks to everyone at the beautiful Elmwood Fitness Center in New Orleans. Ken Kachtik and tournament director Vicki Garrett put on a tremendous event with New Orleans style hospitality throughout. The tour then hit Stockton for the longest running event at the Westlane Racquet Club. Always a huge event with plenty of sun and parties, host Rob Farrens and everyone at Westlane continued a great tradition.

MEXICO: A meeting was held at the IRT World Championships to finalize the Mexican Tour, which will present three sanctioned events south of the border. Complete information will be provided in Arlington.

IRT SUPPORTS FIBROMYALGIA AWARENESS: The IRT continues its three year campaign to support awareness and research of Fibromyalgia Syndrome. FMS produces severe chronic pain throughout the body and affects over 15 million Americans. For additional information and/or to make a tax deductible contribution write FMS, P.O. Box 500, Salem, Oregon 97038.

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Official Grip:	Python
Official String:	Hex
Official Ranking System:	World Racquet Sports Association
Official Cross Training:	Bi Rak It
Official Magazine:	Killshot

HEAD ATHLETIC FOOTWEAR & APPAREL SIGN ON: The IRT is proud to announce a two year agreement with Head Athletic Footwear and Apparel, makers of the Anatom shoe collection and Head Athletic apparel line. The agreement comes on the heels of a successful working relationship with Head over the last two years while the IRT has expanded. Head Anatom will be the official shoe and Head Athletic the official apparel of the IRT. The agreement includes outfitting the pros in the entire line and including a year end bonus pool based on tournament performance which is the largest in the history of professional racquetball. "IRT is tremendously proud and excited about expanding on our relationship with Head athletic footwear and apparel. The opportunity for our players to take advantage of the Anatom technology in shoes and apparel is only fitting for the best players in the world," said IRT Commissioner Hank Marcus at the signing ceremony.

ELLIS JOINS POWER: Power Footwear recently announced the signing of John Ellis as the leader of their professional advisory staff for racquetball. The



1993 United States National Singles Champion, two-time U.S. National Doubles champion, and just crowned 1994 World Doubles champion, Ellis also competes full-time on the pro tour where he is currently ranked number eight.

Stephen Libonati, Vice President of Power Footwear, explained the company's goal of selecting a player who best exemplifies their attitude and approach to the sport as they make their initial marketing effort in racquetball. "Ellis' stature on the court as one of the most powerful and exciting players in the game, as well as his great personality make him the perfect representative for Power Footwear as we enter the racquetball market."

SWAIN WINS PENN GLOVE POOL AGAIN: Top ranked Cliff Swain of Braintree, Massachusetts repeated last year's feat by winning the 1994 season's Penn Glove Bonus Pool. Because the tour has been flourishing, IRT has established a Satellite tour that will feature 10 additional stops throughout the U.S. for lower ranked pros and regional players. The Penn Pro ball will be the official ball of this tour also. Amy Wishingrad, Penn's national promotions manager says, "We are proud to be involved with helping the sport grow. This second tier tour will certainly help the up and coming players sharpen their pro skill and move into the pro ranks sooner."



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WRSA RANKINGS August 8, 1994

1.	Cliff Swain	10.37
2.	Tim Doyle	8.93
3.	Andy Roberts	8.36
4.	Drew Kachtik	8.32
5.	Mike Guidry	8.14
6.	Ruben Gonzalez	7.84
7.	Mike Ray	7.64
8.	Jack Newman	7.44
9.	John Ellis	7.28
10.	Woody Clouse	7.09
11.	Sudsy Monchik	6.94
12.	Aaron Katz	6.47
13.	Dan Obremski	6.45
14.	Dan Fowler	6.44
15.	Egan Inoue	6.35
16.	Bret Harnett	6.26
17.	Todd O'Neil	6.22
18.	Mike Ceresia	6.20
19.	Louis Vogel	6.12
20.	Scott Reiff	6.10

1994-95 IRT TOUR SCHEDULE

November

November 2-6

VCI Challenge Cup Series #2
Merritt Athletic Club
Baltimore, Maryland

November 30 - December 4
Lakewood Athletic Club
Denver, Colorado

December

December 7-11

VCI Challenge Cup Series #3
Landmark Athletic Club
Dallas, Texas

January

January 18-22

Racquet Club of Memphis
Memphis, Tennessee

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January 25-28
SportsPlex East
Birmingham, Alabama
February 1-5
VCI Challenge Cup Series #4
Falcon Complex
Atlanta, Georgia

February

February 8-12
*Tentative
Marlin's Event
Miami, Florida
February 15-19
Racquet Club of Pittsburgh
Pittsburgh, Pennsylvania

March

March 8-12
Downtown YMCA
Houston, Texas
Date TBA
Phoenix, Arizona

April

April 5-9
VCI Challenge Cup Series #5
San Francisco, California
April 19-23
RiverRacquet Athletic Club
Saskatoon, Saskatchewan,
Canada
April 26-30
Sporting House
Las Vegas, Nevada

May

May 10-14
VCI WORLD CHAMPIONSHIPS
VCI Challenge Cup Series #6
Columbus, Ohio
May 17-21
*Tentative
Grand National
Seattle, Washington

June

June 7-11
Tourney of Champions
Multnomah Athletic Club
Portland, Oregon

IRT Satellite Events

November 11-13
Long Island Open
Long Island, New York
November 18-20
Charleston, South Carolina
November 25-27
Ottawa, Quebec, Canada
Date TBA
Edmonton, Alberta, Canada

January 6-8
IKKA's
Manchester, NH
January 13-15
Billings, Montana
January 27-29
Scarborough, Ontario, Canada

February Date TBA
Winnipeg, Manitoba, Canada

March 17-19
Auburn, Massachusetts
March 31-April 2
Chatam, Ontario, Canada

April 21-23
Grand Finale
Brampton, Ontario, Canada

May 5-7
Lyndhurst, New Jersey
Date TBA
Killshot Event – Paducah, KY

June 9-11
Elite 8 – Mountain View, CA

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WOMEN'S PRO TOUR TAKES OFF ... WHAT'S IN STORE FOR '94

By Ellen Crawford

The Women's Professional Racquetball Association (WPRA) begins its seventeenth season when the Merritt Athletic Club in Baltimore, Maryland hosts the first tournament of the 1994-95 season this November.

What's in store? If it's anything like last season, there will be surprises, upsets, great victories and disappointments, but, as always, great talent on the courts and matches filled with excitement.

Michelle Gould took top honors once again this past season and finished at #1. Untouchable almost the entire season, Gould won every tournament, save one – compliments of Marci Drexler, the new WPRA President and last season's surprise winner of "Player of the Year" award. Look for Drexler to start off strong and try to take an upset in Baltimore in November.

Cheryl Gudinas's consistent play carried her to four semi-final appearances and sent the message that finishing #4 in the rankings was only a preview of things yet to come. With accurate serves and deep

Left to right:
Michelle Gould,
Robin Levine,
Cheryl Gudinas,
Laura Fenton.

Photos:
John Foust



court kills, Laura Fenton had another great year and finished in the top eight. She'll play to improve that ranking.

A first-round draw no player likes to see is one where the opponent is Robin Levine. An acrobatic, emotional, and powerful player, Robin's game has really come into its own. The only player besides Gould to reach the semis of every tournament last season, Robin broke through into the finals, including the WPRA nationals event. Increasing the number of "final" appearances will be Levine's goal.

Graduating from the junior ranks, Tammy Brockbank made an impressive showing in her first pro season, and after taking off most of last season to start families, Jackie Paraiso-Gibson and Malia

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of us will try to stop her. Could only bowed to Drexler once last season. How long can she continue her domination?

However determining rankings are, they never define the outcome of a match between two highly skilled players. Each player who steps on the court has the skill and ability to come away with the win. Every tournament has its a shake-up in the rankings, early exits and great wins by unexpected players.

As Gould strives to capture every tournament with her power, concentration and consistency, the rest

Follow the WPRM this season and find out!

YES, SIGN ME UP! If you are interested in supporting the WPRM they offer several sponsorship options ranging from \$15 to \$100+. If you would like further information on supporting the WPRM please contact Malia Bailey, Membership Chairperson, 141 West Belvedere Rd., Norfolk, Virginia 23505 or call 804/423-4584.

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WPRA

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TOP 30 WPRA RANKINGS

1.	Michelle Gould	2028.6
2.	Marci Drexler	1497.7
3.	Robin Levine	1278.6
4.	Cheryl Gudinas	978.6
5.	Lynne Coburn	814.3
6.	Molly O'Brien	707.1
7.	Laura Fenton	604.5
8.	Chris Evon	550.0
9.	Ellen Crawford	512.8
10.	Roz Olsen	459.9
11.	Caryn McKinney	403.3
12.	Janet Myers	390.7
13.	Marcy Lynch	373.9
14.	Lorraine Galloway	357.1
15T.	Dee Ferreira-Worth	341.9
15T.	Kim Machiran	341.9
17.	Robin Whitmire	303.3
18.	Karen Key	244.2
19.	Michelle Wiragh	202.2
20.	Kim Russell	159.4
21.	Tammy Brockbank	155.6
22.	Kersten Hallander	130.3

23.	Barbara Faulkenberry	109.4
24.	Doreen Metzold	95.1
25.	Holly Gray	74.5
26T.	Cindy Conine	58.3
26T.	Kerri Stoffregen	58.3
28T.	Yolanda Jordan	45.7
28T.	Josee Moore	45.7
30T.	Babette Bell	29.8
30T.	Mary Lyons	29.8
30T.	Jessi Slaughter	29.8
30T.	Jen Yokota	29.8

PENN PRO SERIES

1.	Michelle Gould	14200
2.	Robin Levine	8950
3.	Marci Drexler	8500
4.	Cheryl Gudinas	6850
5.	Lynne Coburn	5300
6.	Molly O'Brien	4150
7.	Laura Fenton	3400
8.	Caryn McKinney	2650
9T.	Chris Evon	2250
9T.	Ellen Crawford	2250

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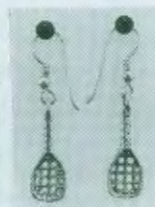
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WPRA 1994-1995 TOUR SCHEDULE

November

November 3-6
Merritt Athletic Club
Baltimore, MD

December

December 2-4
Sports Barn
Chattanooga, TN

January

January 13-15
Highpoint Athletic Club
Chalfont, PA

January 27-29
Sporting Club
McClean, VA

February

February (TBA)
Racqueteer's Fitness &
Health
Mayfield, PA

March

March 24-27
Track & Racquet Club
Fayetteville, NY

April

April (TBA)
Pizza Hut Challenge
Atlanta, GA

May

May 5-7
Merritt Athletic Club
Baltimore, MD

WPRA BOARD OF DIRECTORS

Marci Drexler, President
Dee Worth, Vice President
Laura Fenton
Lorraine Galloway
Michelle Gould

FORMER PRO CHAMP LYNN ADAMS JOINS WILSON RACQUETBALL

Women's pro racquetball legend Lynn Adams, the most successful female player in the history of the sport, recently joined Wilson Racquetball in the newly-created role of Manager of Education and player Development.

Based in Chicago, Lynn will be responsible for racquetball education and community relations at all levels of the sport, including the administration of a nationwide teaching program, the development of Wilson Pro Staff players and the coordination of activities between these players and the Wilson Racquetball sales force.

"I have a strong sense of history about racquetball. But his move to Wilson is all about the future of our sport. The company has made a long-term commitment to growth and education, and my involvement in their plans should be challenging and fun" said Adams.

A new division of Wilson Sporting Goods Company, Wilson Racquetball is headquartered in San Diego, where all research and development, product management, marketing programs and sales activities are conducted. The company address is 7670 Trade Street, Suite B, San Diego, California 92121.

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THE ULTIMATE PERFORMANCE SYSTEM

By Marcy Lynch, C.N.C.

In my previous articles, I talked about the various components of health and athletic performance; hydration, mineral nutrition, metabolic conditioning, and anti-oxidant protection. Now it's time to tie all the pieces together and explain how these components in combination with eating the proper foods can create incredible results in your training and competition.

I've played on the Women's Pro Tour for 11 years and I'm now beginning my 12th season. What I've learned over the years is that the keys to my staying physically competitive are stamina and recovery. Prior to last season I was finding it difficult to play hard matches on successive days without feeling a little sluggish after each match. It wasn't a lack of fitness, but rather the inability to sustain and withstand repeated stress (exercise) and to recover from it. At the time I didn't realize that there was anything I could do about it. I just figured decreased stamina and recovery were part of being "older." What I found by utilizing the components of the system I've been writing about in these articles is a significant increase in endurance and an accelerated rate of recovery. I am not fatigued by playing several matches in a day or playing several days in a row. I have very little stiffness, muscle soreness or fatigue. You can imagine the physical and psychological implications of knowing you can give every match an all out effort and be able to get up the next day and do it again.

So, how does it work? It begins with food as a source of fuel; 70% carbohydrates, 15% protein, 15% fat. A simple way to make sure you're getting enough carbs is to count fat grams and keep them below 20% of total calories. Any carbs not used for immediate energy needs are stored in the liver and the muscles as glycogen. Carbohydrates prevent catabolism (the use of muscle/protein for fuel).

Chelated minerals (May/June '94 issue) help convert the carbohydrates (both stores and in blood sugar) into energy. The mineral chromium in particular has specific functions related to blood sugar regulation, fat metabolism, and the promotion of lean muscle mass (July/August '94 issue).

When enough carbs are being eaten to keep the glycogen stores full and sufficient minerals are present to ignite the fuel, energy can be produced efficiently for longer periods of time - in much the same way as a well tuned, well fueled, properly oiled car will give you better gas mileage.

Fluid replacement (January/February '94 issue) figures into the energy/stamina equation by preventing the premature fatigue associated with a lack of proper hydration. Electrolytes insure the absorption of fluids and assure proper nerve transmission and blood pressure regulation. Have you ever experienced difficulty concentrating when you are fatigued? Sometimes this impairment is subtle but can make a difference in a 10-10 tiebreaker. In close matches you want to give yourself every possible edge, both physical and mental.

Anti-oxidants prevent cell damage (September/October '94 issue). Exercise is a process of cellular break down. Rest is the time when cells rebuild and repair. Recovery is the time it takes the body to make the repairs. If less damage is occurring because of anti-oxidant protection, less time is spent on repairs and recovery rate is accelerated.

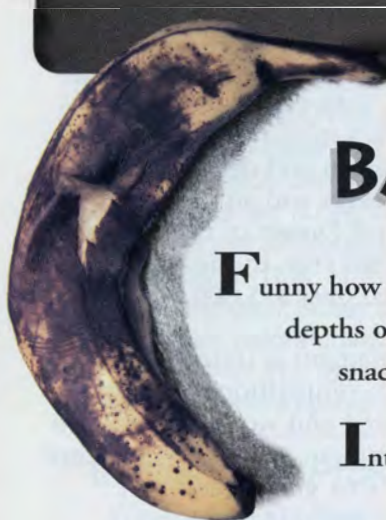
Can you see how approaching performance systematically can give you an edge? Most of us spend a lot of time training our muscles and perfecting skills but give very little thought to what fuels the process.

For more information on how to personally integrate this system into your training program or for answers to questions regarding nutrition call The Nutrition Helpline at 215/361-5789.



MaliVai Washington, ranked 26 on the ATP Tour, unleashes a forehand.

Photo: Ron Angle



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Left: A happy group at registration. Above: Identical twins Michael & Johnnie Hill competed in Albuquerque, between appearances on "Family Feud" and the World Masters Track and Field Games in Brisbane, Australia.

SIXTH WORLD SENIOR CHAMPIONSHIPS SIZZLE IN ALBUQUERQUE

By Felicia A. Duran

Championship round competition for the VI International Racquetball Federation World Senior Racquetball Championships came to a close with a marathon, three-hour men's 40 finals match between local organizer and tournament host Gary Mazaroff of Albuquerque and Phillip Parker of Pennsylvania.

The tournament began on Tuesday, August 30 at Tom Young's Athletic Club and Midtown Sports and Wellness in Albuquerque. This year, 370 players representing seven countries participated in the six-day event. Throughout the duration of the tournament, over 1600 matches were played, with championships matches held on Sunday.

This tournament is also a designated fundraiser for the Olympic Dream for racquetball, an effort to support the goal of establishing of racquetball as a full medal Olympic event. At the tournament banquet and auction on Sunday evening at the Ramada Classic Hotel, Paula Sperling, President of WSRC Council, presented AARA Board of Directors vice-president Mike Arnolt with a check for \$10,000

as an initial contribution. After expenses had been met, the WSRC Council more than doubled that number, with a total of \$27,000 from this one event, and over \$100,000 contributed over the past four years.

This is the 10th year this senior racquetball tournament has been held in Albuquerque. It was first hosted by the NMRA in 1985 as the North American 40+ Championships with eighty-five participants. In 1989 it was sanctioned by the International Racquetball Federation and designated as the World Senior Championships and an official fundraiser for The Olympic Dream of racquetball. Over \$2,000 was raised that year. In the last four years the WSRC has raised over \$75,000.

The format for this tournament is unique among international racquetball competitions. It provides competition for senior men and women ages 35 to over 80, in five-year-increment age-group divisions, in a round-robin format that guarantees each participant at least seven preliminary-round matches. Tournament dates for 1995 will be set during the week before Labor Day.

RESULTS

Men's 35+: Mike Martinez, CA; Bill Lyman, IL; Ken Arrowsmith, FL. **Robin Dixon, CA.** **Men's 40+:** Gary Mazaroff, NM; Phillip Parker, PA; Jim Luzar, WI/John Marinich, OH. **Men's 45+:** Jack Crowther, CA; Micah Brown, CA; Barry Berger, AZ/Gregory Hasty, IL. **Men's 50+:** Mike Aubrey, AZ; Erhard Gruenwald, IL; Dick Melhart, WA/Ray Huss, OH. **Men's 55+:** Gordon Kelly,

TOUR News

A Monthly Report From the International Racquetball Tour

O c t o b e r 1 9 9 4

Swain Opens the Season with a Win

The season began early for the International Racquetball Tour in mid-August in a very hot and steamy New Orleans. The early event date of the Summer Cooler Pro-Am at the Elmwood Fitness Center created problems for a few of the Tour regulars as number three Andy Roberts had not yet recovered from post-season knee surgery and several players including John Ellis and Mike Ceresia were competing at the World Championships representing their countries. The missing players would create some new match-ups in the draw and provide the opportunity for new faces in the later rounds.

The first round provided a couple of tight matches but no real surprises. In the sixteen's, there were only two easy matches as third seed Drew Kachtik eliminated Karp and #2 Tim Doyle knocked out Mike Engel, both in straight games. Top seed Cliff Swain dropped the first game to Brian Rankin before rolling along 5-11, 11-5, 11-3, 11-2. The match between #6 Ruben Gonzalez and #11 Todd O'Neil was similar as O'Neil got the first 11-7 before Gonzalez took the next three 11-8, 11-7, 11-3. Dan Fowler was finally able to avoid Swain in the draw after having played Swain many times during the 1993-94 season. Seeded tenth, Fowler met #7 Woody Clouse and broke into the quarterfinals with an 11-4, 11-8, 5-11, 11-9 victory. 1994 Pro National Champion, Sudsy Monchik, took a two game lead on Aaron Katz before crumbling to the veteran 9-11, 4-11, 11-7, 11-9, 11-4. The two remaining matches in the round likewise saw veteran players come from two games down



to defeat young, future stars of the Tour. Fifth seed Mike Ray escaped from Scott Reiff 11-13, 9-11, 11-9, 11-6, 12-10 in a lengthy and perhaps the best match of the tournament. Number four Mike Guidry was surprised in the first two games by Louis Vogel before getting on track 10-12, 7-11, 11-4, 11-3, 11-4.

Matches were unusually quick in the quarterfinals as both Swain and Doyle held their opponents to minimal points with Swain beating Katz 11-3, 11-3, 11-3 and Doyle eliminating Fowler 11-6, 11-0, 11-8. Guidry and Ray had the best match of the round and it was Guidry advancing in four games 11-8, 8-11, 11-5, 11-6. The fourth quarterfinal match was also a quick one as Gonzalez outshot and outdove the higher ranked

Kachtik 11-4, 12-10, 11-6 to fill out the semi-finals.

Both semi-finals were solid wins for the top seeds as Swain and Doyle continued their great play. Swain had a short lapse of concentration and let a game slip away to Guidry before going on to dominate the match 11-2, 11-6, 10-12, 11-7. Doyle had a slow start against Gonzalez but closed out strong 12-10, 6-11, 11-4, 11-1 to set-up a number one vs. number two final.

As was the case last season, if Swain reaches the final, Swain wins. Doyle managed to outserve Swain in the second game but Swain controlled the match to take the first event of the new season 11-1, 4-11, 11-4, 11-5. Will 1994-95 mirror last season with Swain dominating the Tour? After the first event, it looked as if it might.

Introducing ProKennex Tour News

Welcome to the premier issue of ProKennex Tour News, the Official Newsletter of the International Racquetball Tour. Tour News will be published monthly and is provided free* from ProKennex. Included in each issue will be results and articles from the IRT Tour, IRT Rankings and Schedule, and great information to help your racquetball game from ProKennex.

To receive ProKennex Tour News free* for a full year, simply complete and return the coupon on the back page of this premier issue. (*\$5.00 must be included for postage and handling.)

CONCEDE NOTHING

TOUR GEAR

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Swain Rolls On; Takes Event Number Two

The three International Racquetball Tour events in California are traditionally among the most competitive and interesting as they draw an assortment of part-time and former Tour players from the West Coast. The first of these 1994-95 events was the Coors Pro-Am held at the Westlane Racquet Club in Stockton over the Labor Day weekend. The California players provided two great matches in the first round as Tony Jelso, seeded fourteenth, matched-up against James Mulcock with Jelso's experience carrying him into the next round 13-11, 10-12, 11-2, 10-12, 12-10. Number fifteen, Joey Paraiso, also advanced in a tough five games over Mike Brady 11-2, 5-11, 11-3, 6-11, 11-7.

In the round of sixteen, one of both California's and the Pro Tour's rising stars, Adam Karp, pushed fourth seed Drew Kachtik to the limit before Kachtik managed to survive 11-6, 11-6, 9-11, 7-11, 11-9. Sudsy Monchik got his game back on track after a slow start, coming from two games down to upset the seventh seeded Mike Ray 6-11, 9-11, 11-9, 11-5, 11-9. Andy Roberts, Mike Guidry, and John Ellis all advanced into the quarters with only minor difficulty as they were taken to four games each in the round. The top two of Cliff Swain and Tim Doyle cruised in three straight games while Aaron Katz surprised the crowd and Ruben Gonzalez with a 11-4, 11-7, 11-8 upset victory.

The top half of the draw went as seeded as Swain defeated Ellis in four games 11-5, 9-11, 11-5, 11-4 and Kachtik eliminated his close friend Guidry, also in four, 11-3, 11-5, 2-11, 11-6. The bottom half of the draw was a whole other story as both of the seeds went down in five game wars. Katz went up two games on third ranked Roberts 11-7, 12-10 then held on after dropping the next two 2-11, 7-11 for an 11-3 tiebreaker win. Monchik showed flashes of bril-

liance during the tight first three games with number two Doyle, then pulled away in the last two coming from behind to win in five games 4-11, 11-8, 8-11, 11-1, 11-6 in a match which lasted over two and a half hours.

Kachtik was nearly able to stop the usual visit to the finals of Swain and was up two games to one before Swain powered ahead 11-8, 8-11, 8-11, 11-1, 11-7. Monchik had a much easier time with Katz to move into his second career finals match 11-5, 11-3, 8-11, 11-7.

Though he again dropped a game, Swain continued his undefeated streak of the 1994-95 season taking the second event 11-3, 6-11, 11-7, 11-5 over Monchik. Swain has now appeared in 15 finals over the last two seasons and has 15 titles to show for it; a very impressive record.

Summer Cooler Pro-Am August 10 - 14, 1994 New Orleans, Louisiana (Quarterfinals to finals)



Coors Pro-Am September 1 - 5, 1994 Stockton, California (Quarterfinals to finals)



I.R.T. Rankings

1 -	Cliff Swain, Massachusetts	10.48
2 -	Tim Doyle, Oregon	9.11
3 -	Drew Kachtik, Texas	8.65
4 -	Andy Roberts, Tennessee	8.48
5 -	Mike Guidry, Texas	8.09
6 -	Ruben Gonzalez, New York	7.74
7 -	Mike Ray, South Carolina	7.63
8 -	John Ellis, California	7.43
9 -	Jack Newman, Illinois	7.36
10 -	Sudsy Monchik, New York	7.09
11 -	Woody Clouse, California	7.00
12 -	Aaron Katz, Texas	6.89

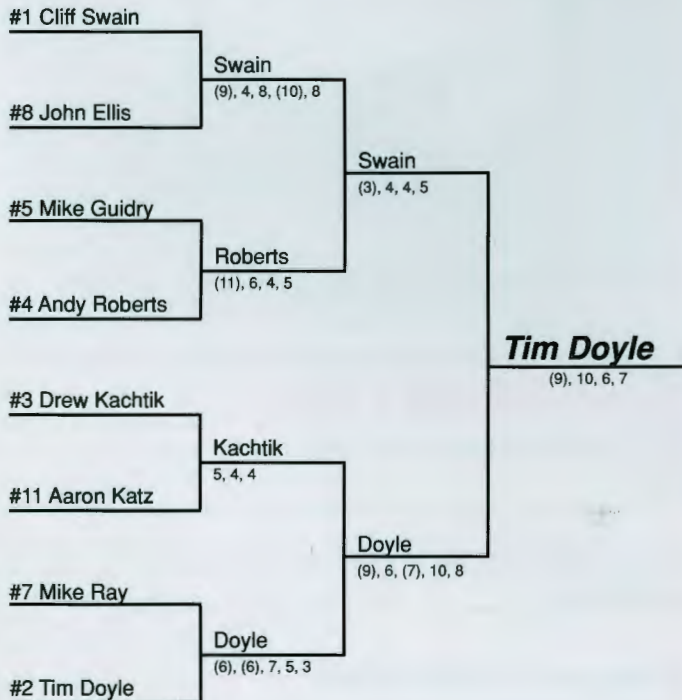
Doyle Breaks Swain's Title String

A long standing men's professional event is the Crystal City Pro-Am at the Skyline Club in Arlington, Virginia. An interesting twist to this International Racquetball Tour event is its Saturday night final which forces the finalists to play twice, most likely with their two toughest matches on Saturday. Victories in the opening round provided two new names into the sixteens as Sudsy Monchik took ill and forfeited to Mike Glowa while David Hamilton, a junior player from Ohio, shocked fourteenth seed Mike Ceresia in a great match 1-11, 11-8, 11-9, 9-11, 11-6.

Number eight John Ellis easily eliminated Glowa in three straight while Hamilton ran into third seed Drew Kachtik and fell 11-9, 11-4, 12-10. Mike Guidry was the only other seeded player to advance into the quarters without losing a game. Top ranked Cliff Swain and fourth seed Andy Roberts both dropped the first games before taking the next three from Tony Jelso and Todd O'Neil, respectively. To meet in the bottom quarterfinal later, both number two Tim Doyle and number seven Mike Ray traded games through their matches only to both survive 11-9 tiebreakers. Doyle eliminated Scott Reiff 11-8, 6-11, 11-9, 9-11, 11-9 while Ray defeated Woody Clouse 11-6, 5-11, 11-7, 6-11, 11-9. Now at number eleven, Aaron Katz continued his great play this season with another quarterfinal appearance, again defeating Ruben Gonzalez 11-8, 7-11, 10-12, 11-2, 11-6.

In the quarterfinals, in a very unusual occurrence for the highly competitive Men's Pro Tour, the top four seeded players all advanced to the semi-finals. Surprisingly, the top two players had the most difficulty advancing as Swain was stretched to a tiebreaker by Ellis 9-11, 11-4, 11-8, 10-12,

Crystal City Pro-Am **September 7 - 10, 1994**
Arlington, Virginia *(Quarterfinals to finals)*



11-8 and Doyle came from two games down to defeat Ray 6-11, 6-11, 11-7, 11-5, 11-3. Kachtik, for the second straight event, faced a close Texas friend in the quarters defeating Katz in three straight 11-5, 11-4, 11-4. Roberts dropped the first game to the third Texan, Guidry, but then powered ahead 11-13, 11-6, 11-4, 11-5.

The match-ups of the top four players provided similar results as the quarterfinals with the higher seeded players again advancing to the next round. Into the finals for the second time this season were the top two players on the Tour. Swain stopped Roberts 3-11, 11-4, 11-4, 11-5 and Doyle advanced after a war with Kachtik 9-11, 11-6, 7-11, 12-10, 11-8 for his third straight five game win.

This would be Swain's third final in the three events of the new season, however, it would be the first time in two seasons that Swain would lose a final. After taking the first game 11-9, Swain had opportunities to win game two before Doyle evened the match 12-10. The next two games went to Doyle 11-6, 11-7 for his first victory of the new season and the breaking of Swain's winning streak. Doyle's consistency and Swain's great all-around play continue to dominate the Tour in the early season.

1994-95 I.R.T. Schedule

9/28 – 10/2	Riverside, California
10/19 – 10/23	Montreal, Canada*
10/26 – 10/30	Chicago, Illinois
11/2 – 11/6	Baltimore, Maryland*
11/30 – 12/4	Denver, Colorado
12/8 – 12/12	Dallas, Texas*
1/18 – 1/22	Memphis, Tennessee
1/25 – 1/29	Birmingham, Alabama
2/1 – 2/5	Atlanta, Georgia*
2/8 – 2/12	Miami, Florida
2/15 – 2/19	Pittsburgh, Pennsylvania
3/8 – 3/12	Houston, Texas
3/29 – 4/2	Phoenix, Arizona
4/5 – 4/9	Pleasanton, California*
4/19 – 4/23	Saskatoon, Canada
4/26 – 4/30	Las Vegas, Nevada
5/10 – 5/14	Columbus, Ohio*
5/17 – 5/21	Seattle, Washington
6/7 – 6/11	Portland, Oregon

I.R.T. Satellite Tour

10/14 - 16	Portland, OR	3/17 - 19	Auburn, MA
11/11 - 13	Long Island, NY	4/TBA	Rochester, NY
11/18 - 20	Charleston, SC	5/5 - 7	Lyndhurst, NJ
1/6 - 8	Manchester, NH	5/5 - 7	Paducah, KY
1/13 - 15	Billings, MT	6/9 - 11	Mtn. View, CA

ProKennex Introduces Kinetic Technology

ProKennex, consistently the industry's technology leader, has introduced the **Kinetic** racquet. The **Kinetic** racquet is the only racquetball racquet with a secondary energy source around the perimeter of the frame for unprecedented levels of performance, feel, and shock absorption.

Over the two-year course of the most intensive research and development effort in company history, ProKennex engineers developed a frame whose technology has resulted in dramatic improvements in the area of the sweet spot, shock reduction, vibration damping, and frame stability on off-center hits. These performance improvements have been supported by extensive testing by both robots in the lab and a team of players on the court. As **Kinetic** technology was developed for tennis also, the International Tennis Federation, for the only time in its history, has modified their rules to include rather than to exclude a newly developed and unique racquet.

The "kinetic explosion" of the secondary energy source within the racquet frame increases the efficiency of the hitting surface and magnifies the possibility of a good shot by providing solid direction to the ball. Once the ball has left the strings useless energy tries to fight its way back through the racquet in the form of irritating vibration. That vibration is absorbed and efficiently quieted by the layers of active kinetic mass providing the health as well as performance enhancements offered by **Kinetic** technology.

The **Kinetic** racquet will be available in late-fall '94 from franchised **Tour Gear** dealers. ProKennex will be launching a grass roots campaign to introduce this new technology through the new **Team Tour Gear** for both selected players and authorized dealers. Further information on joining **Team Tour Gear** as an authorized dealer or as a player may be obtained by calling ProKennex at 1-800-4KINETIC.

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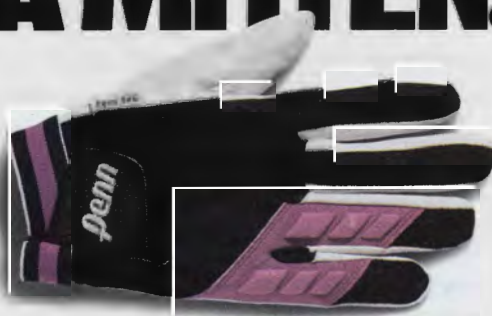
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Columbus, Ohio 43229



Left: Men's 40+ champion Gary Mazaroff (left) and an early round opponent. Above: Women's senior/master players "all dressed up" for the banquet. Standing L-R: Carol Palombino, Nidia Funes, Julie Wiedis. Seated L-R: Dawn Kerrigan, Elaine Wilkinson, Joanne Pomodoro, Chau Phan, Michael Hill, Johnnie Hill.

MI; Lee Graff, OR; Joseph Jackman, PA/Jerry Northwood/AZ. Men's 60+: Paul Banales, AZ; Don Alt, OH; Dan Llacera, FL/Ken Moore, CA. Men's 65+: John Bogasky, VA; Joe Lambert, TX; Philip Dziuk, IL/Leo Rodriguez, NV. Men's 70+: Glenn Melvey, ND; Tony Duarte, CA; Bud Gartiser, NV. Men's 75+: Earl Acuff, NC; George Spear, NY; Charlie Russell, CA. Men's 80+: John Pearce, TX; Harry Steinman, MD. — **Women's 35+:** Debbie Tisinger, CA; Cheryl McConaghy, NM; Carol Bastien, IL/Chau Phan, CA. **Women's 40+:** Susan Hendricks, AZ; Laura Patterson, MI; Joanne Pomodoro, MA/Brenda White, IL. **Women's 45+:** Agatha Falso, FL; Judy Sands, IL; Linda Miller, IN/Jeannie Van Winkle, MO. **Women's 50+:** Sharon Hastings-Welty, OR; Nidia Funes, CA; Sylvia Sawyer, UT. **Women's 55+:** Kathy Mueller, MN; Helen Dunsmoor, ID; Joanna Raida, PA. **Women's 60+:** Jo Kenyon, FL; Lola Markus, IL; Mary Walker, CA. **Women's 65+:** Reta Harring, WI; Dorothy Vezetinski, WA; Rebecca Ann Dixon, OH. **Women's 70+:** Eleanor Quackenbush, OR. **Women's 75+:** Mary-Low Acuff, NC

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Match Play Adjustments

By Dave Peck

Oh yeah! I have just "smoked" this player the first game and I will just cruise through this next game and get the BIG W. What's happening? I just don't understand! I was destroying this player. How could I have just lost the second game and then the tiebreaker?

Has this situation ever happened to you? This is the type of match that you don't ever forget and yet, these type of matches occur in every tournament. The reason for losing this type of match is because your opponent made the necessary adjustments during the match and most likely you did not do the same.

First of all, where do you look to make the proper modifications? Concentrate on the following areas:

- * *exploit your opponent's weakness*
- * *service return*
- * *serve*
- * *shot selection*
- * *positioning - yours and your opponent's*
- * *tempo of the match*

There have been several times when helping players during competition that I have asked "What is your opponent's weaknesses and strengths?" and the reply has been, "I don't know." This should be your main focus at the beginning of the match. Is their backhand good or is the forehand better? Watch, analyze, then develop your game plan to isolate and concentrate on the weaknesses of your opponent!

Most players are surprised in my clinics when I place service return

as the first key adjustment focus area. Quite simply, when you make mistakes on your service return game the result is a *point* for your opponent! Too many of these points will end the match for you abruptly.

Now let's score some points! This is the only time during the match that you are in complete control! You have the ball in your hand, so decide what serve to use, then execute properly. Remember, isolate on their weaknesses, not their strengths. If your opponent likes hard low drive serves, hit the high, slow serve. Remember the goal is to either ace your opponent or to get a weak return.

Once you are in the rally it's important that you capitalize and execute the *right shot at the right time!* Remember to isolate on the weakness! Is your opponent's forehand better than their backhand? If the forehand is better, isolate the backhand. Is your opponent faster moving laterally than forward? Work your pinch shots. Are they positioning too close to the front wall or are they too deep? If your opponent is too far forward, work your passing shots and isolate the weak side. Always try to be aware of your opponent's positioning. Their position should dictate your shot selection. The rule of

thumb is always try to make your opponent run the longest distance to get your shot.

Have you every heard T.V. announcers during different competitions say "you can feel the momentum change." This can happen in an instant during a racquetball match. If you allow your opponent to get "into the zone," most assuredly you will lose the match. The way to keep this from occurring is to control the tempo of the match. Now what does that mean? Simply put, if the person you're playing likes a slow moving match, speed it up. Go to your power serve. Pick up the ball after the rally and get into the service zone and serve quickly, however, not recklessly. Jack Newman calls this his "hurry-up offense." If they like a fast pace, slow it down. Take your full 10 seconds, both on your serve as well as the service return.

These are just a few of the techniques that have been used effectively against me by some of the masters of the game - Yellen and Brumfield - to name a few. Most players have a tendency to panic when things aren't going their way in a match. If you will take some deep breaths along with the above suggestions, you will get more W's than ever before. Best of Luck!

RACQUETBALL

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MEN

Men's Open

1. Michael Bronfeld, CA
2. Jimmy Lowe, Ky
3. Rich Baer, NY
4. Doug Ganim, OH
- 5T. John Ellis, CA
- 5T. Dan Fowler, MD
7. Dave Cardillo, NY
- 8T. Sean Graham, CT
- 8T. Gary Mazaroff, NM
10. Tim Sweeney, IL

Men's A

1. Jim Secondiani, MA
- 2T. Joey Sacco, CA
- 2T. David Sparling, CA
4. Jim Brane, MO
5. Jaime Alexander, TX
6. David Meagher, MD
- 7T. Steve Black, UT
- 7T. Chris Clogston, WA
- 7T. Robert Lybbert, WA
- 7T. Shishir Mohan, NJ

Men's B

1. Richmond Ellis, AZ
2. Raymond Bierner, AZ
3. Grant Barker, MO
4. Tom Macarle, AZ
5. Jody Morris, TX
6. R.J. Tamplain, LA
7. John Lewis, CT
- 8T. Mike Disora, PA
- 8T. Jason Jansen, ND
- 8T. Doug Markle, OH

Men's C

1. Justin Carey, NY
2. Carlton Rebeske, AZ
3. Cliff Slinkard, AR
4. Ron Frantz, CA
5. Mike Walsh, NJ
6. Mark Bouchard, MA
- 7T. Glen Childers, TX
- 7T. Bernard Pucci, CT
9. Mark Robert, WA
10. Tim Clinard, NC

Men's D

1. Glen Childers, TX
2. Mark Sandoval, CO
- 3T. Steve Erdos, CT
- 3T. Keenan Jarnigan, CO
- 3T. Rod Miller, AR
6. Chad Gilbert, ND
7. Ed Day, OH
8. Carl Pitts, TX
9. Ray Cruz-Solano, IL
10. Leo Tardif, NJ

Men's Novice

1. Glen Kersten, AR
2. Sean Dannas, PA
3. Earl Tewksbury, NY
- 4T. Greg Albert, FL
- 4T. Billy Barker, OH
- 4T. Jonathan Brinson, NC

- 4T. Steven Klaiman, TX
- 4T. David Leon, GA
- 4T. Greg Roberts, MA
- 4T. Frank Serra, TX

Men's 19+

1. Brian Fredenberg, TX
2. Bob Horner, MO
3. Tim Sweeney, IL
4. Brett Parker, MO
- 5T. Matt Fontana, FL
- 5T. Craig Rappaport, PA
- 7T. Jim Ellenberger, WI
- 7T. Jason Thoenner, FL
- 9T. Rich Baer, NY
- 9T. Pat Gonzales, AZ

Men's 25+

1. Dave Cardillo, NY
2. Tony Boscia, CO
- 3T. Jim Jeffers, IL
- 3T. John Negrete, IL
5. David McAfee, FL
6. Dan Hugelen, MT
- 7T. Oscar Alvarez, FL
- 7T. Brad McCuniff, IA
- 7T. Dave Werschay, MN
10. Chris Fine, NJ

Men's 30+

1. Armando Alonso, FL
2. Jimmy Lowe, KY
3. Bill Serafin, NJ
4. Bill Lyman, IL
5. Greg Hayenga, MN
6. Joe Mootz, NY
7. Kevin Thiessen, AR
8. Bill Sell, CA
9. Greg Freeze, CA
10. Rob French, IA

Men's 35+

1. Mitch Smith, PA
2. Dave Schwent, MO
3. Mike Martinez, CA
- 4T. Tim Armstrong, MO
- 4T. Jim Young, PA
6. Andy Pitock, IL
7. Nathan Deer, TN
8. Keith Tidd, OH
9. Jim Luzar, WI
10. Randy Olson, ME

Men's 40+

- 1T. Mitt Layton, FL
- 1T. Gary Mazaroff, NM
- 3T. Jim Luzar, WI
- 3T. Walter McDade, TN
- 3T. Tom Travers, OH
6. Dan Sublett, AR
7. Gregg Mandell, IL
8. Mike Kane, TN
9. Dave Holland, CA
10. Tom Ray, FL

Men's 45+

1. Tim Lavoie, MN
2. Dave Kovanda, OH
3. Frank Ciociola, NY
4. Dan Davis, TX
5. Gene Ezell, TN
6. Gren Hasty Sr, IL
7. Doug Dickman, MO
8. Tim Scott, CA

9. Mark Daigle, NY
- 10T. Gary Peterson, MN
- 10T. Bruce Shafer, NY

Men's 50+

1. Ray Huss, OH
- 2T. Ron Johnson, IL
- 2T. Brad Parra, CA
4. Les Barbanell, NJ
5. Ron Galbreath, PA
6. Luis Guerrero, CA
7. Erhard Gruenwald, IL
8. John Mootz, NY
9. Dick Melhart, WA
10. Jerry Davis, OH

Men's 55+

1. Bobby Sanders, OH
2. Charlie Garfinkel, NY
3. Dario Mas, DE
4. Rex Lawler, IN
5. David Jordan, NJ
6. Ken Moore, CA
- 7T. Dan Day, FL
- 7T. Lee Graff, OR
9. Obed Das, NE
10. Len Corte, AZ

Men's 60+

1. Don Alt, OH
2. Paul Banales, AZ
3. Ken Moore, CA
4. Rex Benham, AR
5. Chris Doyle, MA
6. Jim Railey, TN
7. Bert Shulimson, IL
8. Lynn Hahn, MI
- 9T. Norm Goldetsky, MN
- 9T. Bud Moretz, IL

Men's 65+

1. Joe Lambert, TX
2. Mal Roberts, FL
3. Barney Friesth, SD
4. Donald Grieve, IL
- 5T. Carl Buschner, MA
- 5T. Philip Dziuk, IL
- 5T. Bob Englund, MN
8. Jack Gushue, NY
- 9T. Richard Davis, TX
- 9T. Hugh Groover, AR

Men's 70+

1. Nick Sans, CA
2. John Bareilles, VA
3. Cam Snowberger, PA
- 4T. Don Goddard, MT
- 4T. Jess Nero, NY
- 4T. J.W. Studak, TX
- 7T. Earl Acuff, NC
- 7T. Glenn Melvey, ND
- 7T. John Siewert, WI
- 7T. Andy Trozzi, MA

Men's 75+

1. Earl Acuff, NC
2. Charlie Russell, CA
- 3T. C. Allen Shepherd, MD
- 3T. Andy Trozzi, MA

5. Harry Steinman, MD
6. Ralph Greco, OH
7. George Spear, NY
8. Fred Felton, TX

Men's 80+

1. John Pearce, TX
2. Harry Steinman, MD
3. Steve Ordos, MN
4. Wayman Woodyard, NE

WOMEN

Women's Open

1. Dana Sibell, MN
2. Cheryl Gudinas, IL
3. Robin Levine, CA
4. Lorraine Galloway, NY
5. Kersten Hallander, FL
6. Karin Sobotta, WA
7. Kerri Stoffregen, OH
8. Anthonita Dickerson, MI
9. Marcy Lynch, PA
10. Leesa Smith, ME

Women's A

1. Rhonda Rajsich, AZ
2. Wendy Smith, NJ
- 3T. Ann Hemphill, AL
- 3T. Wyllis Vidrine, OH
5. Julie Murphy, TX
6. Pam Benson, MN
7. Mary Beke, AZ
8. Sandy McCarthy, NY
9. Vallana Perrault, MN
10. Brenda Kauffman, IN

Women's B

1. Victoria Carpenter, NC
2. Joyce Schafer, CA
3. Cathy Alexander, VA
4. Julie Duca, CO
5. Jennifer Reiser, MT
6. Jill Rhodes, AR
- 7T. Kathy Geels, FL
- 7T. Erika Juhl, DE
- 7T. April Schwoebel, WA
10. April McAfee, FL

Women's C

1. Karen Wozniak, AZ
2. Concepcion Prat, CA
3. Karen Morris, AR
4. Cheri Prickett, AR
5. Maria Shelby, NM
6. Mary Lauer, MI
7. Cathy Rossi, NY
- 8T. Maria Fulmer, NC
- 8T. Paul Furey, MD
- 8T. Diane Greene, WY

Women's D

1. Marie Michael Hill, NJ
2. Barb Carrington, IL
3. Rose Madden, AR
4. Cindy Lyster, TN
- 5T. Joanne Loiselle, CT
- 5T. Michelle Oaks, GA
- 5T. Fran Outten, FL
- 5T. Bobbie Ross, NC
- 5T. Gail Rutschilling, OH
- 5T. Lynn Slaughter, FL

NATIONAL RANKINGS

Women's Novice

1. Rose Madden, AR
2. Sue Forsberg, NH
3. Pam Potter, FL
- 4T. Natasha Bethell, FL
- 4T. Stacey Brown, NY
- 4T. Mary Lauer, MI
- 4T. Alice Murphy, NJ
- 8T. Laurie Gordon, CT
- 8T. Debbie Robertson, AR
10. Monica Hernandez, AR

Women's 19+

- 1T. Amy Kilbane, OH
- 1T. Kerri Stoffregen, OH
3. Rachel Gellman, NM
4. Jen Yokota, MO
5. Cara Pellowski, WI
- 6T. Andrea Beugen, MN
- 6T. Lourdes Garcia, CO
- 6T. Beth Katz, NY
9. Elkova Icenogle, MA
10. Jill Crouse, CA

Women's 25+

1. Lorraine Galloway, NY
- 2T. Josee Moore, FL
- 2T. Kim Russell, GA
4. Kersten Hallander, FL
- 5T. BJ Ehrigott, CT
- 5T. Megan O'Malley, IL
- 5T. Allison Wohl, MO
- 8T. Pat Bornhorst, OH
- 8T. Debra Bryant, NC
10. Ellen Crawford, NY

Women's 30+

1. Karin Sobotta, WA
2. Mary Bickley, PA
3. Janet Tyler, FL
4. BJ Ehrigott, CT
5. Mary Lyons, FL
- 6T. Pat Bornhorst, OH
- 6T. Paula Cheslik, AZ
- 6T. Lori Harper, WI
- 6T. Kim Machiran, MO
- 6T. Gerri Stoffregen, OH

Women's 35+

1. Susan Pfahler, FL
2. Linda Moore, NE
3. Debbie Tisinger, CA
- 4T. Marcy Lynch, PA
- 4T. Cheryl McConaghy, NM
6. Roz Petronelli, MA
7. Kathy Treadway, TN
8. Mary Lyons, FL
9. Kelly Kirk, MN
10. Janet Insko, MI

Women's 40+

1. Janet Myers, NC
2. Sue Dipiano, MO
3. Joanne Pomodoro, MA
4. Renee Fish, FL
5. Nancy Lee Jensen, NE
6. Laurel Davis, IL
7. Debbie Chaney, IN
8. Janet Insko, MI
- 9T. Darcy Chastain, MN
- 9T. Leslie Kishigian, MI

Women's 45+

1. MeriJean Kelley, CA
- 2T. Agatha Falso, FL
- 2T. Gerri Stoffregen, OH

4. Linda Miller, IN
5. Bev Powell, IL
- 6T. Sharon Hastings-Welty, OR
- 6T. Dianne Nero, NY
8. Paula Sperling, NM
- 9T. Shelley Ogden, OH
- 9T. Judy Sands, IL

Women's 50+

1. Sharon Hastings-Welty, OR
2. Nidia Funes, CA
3. Gerri Stoffregen, OH
4. Kay Halverson, CT
- 5T. Mildred Gwinn, NC
- 5T. Sylvia Sawyer, UT
- 5T. Marilyn Fisher, IL
8. Jessica Schreier, FL
9. Linda Perry, TX
10. Janet Howard, VA

Women's 55+

1. Kathy Mueller, MN
2. Jo Kenyon, FL
3. Marion Crawford, NY
4. Joanna Raida, PA
5. Helen Dunsmoor, ID
6. Mary Walker, CA
7. Jean Tull, VA
- 8T. Cleata Ching, PA
- 8T. Susan Embry, CA
- 8T. Joann Jones, CT

Women's 60+

1. Jo Kenyon, FL
2. Lola Markus, IL
3. Mary Walker, CA
4. Mary Low Acuff, NC
5. Cleata Ching, PA
6. Jane Peterson, FL
7. Reta Harrington, WI

Women's 65+

1. Reta Harrington, WI
2. Mary Low Acuff, NC
3. Dorothy Vezetinski, WA
4. Phyllis Melvey, ND
5. Rebecca Ann Dixon, OH

Women's 70+

1. Mary Low Acuff, NC
2. Eleanor Quackenbush, OR
3. Joann Jones, CT

Women's 75+

1. Mary Low Acuff, NC

BOYS

Boy's 8 & Under

1. Matthew Hammond, OH
2. Geoffrey Mora, CA
3. Tyler Hollingsworth, OR
4. Michael Kamin, TX
5. Jeremy Robbins, TX

- 6T. Shane Karmelin, MD
- 6T. Alex Roske, MN
- 6T. Blake Vonkaenel, NE
9. Brad Slocum, FL
10. Marshall McDade, TN

Multi-Bounce

1. Jeremy Robbins, TX
2. Matthew Hammond, OH
3. Dan Sheppick, OR
4. Tyler Hollingsworth, OR
5. Ross Lennertz, WI
6. Jonathan Brittain, OR
- 7T. Brandon Shoe maker, OH
- 7T. Shawn Spindler, IN
- 9T. Michael Goodwyn, TX
- 9T. Shane Karmelin, MD

Boy's 10-

1. Jack Huczek, MI
2. Jim Gooden, TX
3. Joshua Epstein, NY
- 4T. Bart Crawford, OR
- 4T. Cory Martin, WI
6. Trevor Crowe, OR
7. Steven Klaiman, TX
- 8T. Bernie Dorman, CA
- 8T. Andrew Woodrich, IN
10. David Foye, MD

Boy's 12-

1. Shane Vanderson, OH
2. Scott Fisher, NY
3. Grant Barker, MO
4. Jason Jansen, ND
5. Philip Hammond, OH
6. Lane Mershon, GA
7. Zak Miller, CA
8. Seth Taylor, IN
9. Mitch Williams, OR
10. Cory Martin, WI

Boy's 14-

1. Dan Gottlieb, NY
2. Jeffrey Garner, AL
3. Ryan Staten, KS
4. Justin Carey, NY
5. Shane Vanderson, OH
6. Rocky Carson, CA
7. Nick Puz, CA
- 8T. David Liakos, NE
- 8T. Willie Tilton, CO
10. Brent McDade, TN

Boy's 16-

1. Eric Storey, UT
2. John Stanford, Jr., FL
3. Mark Hurst, FL
- 4T. Mark Bailey, IN
- 4T. Rich Wagner, CA
6. Abe Valdez, OR
7. Sam Ryder, WI

8. Brandon Terry, OR
9. Hal Spangenberg, CA
10. Jed Bhuta, AL

Boy's 18-

1. Shane Wood, MA
2. David Hamilton, OH
3. Tom Helfrich, MO
4. Brian Siegel, NJ
5. Shane Dodge, ID
6. Shai Manzuri, CA
- 7T. Jason Ambrecht, NC
- 7T. Todd Criger, NE
- 7T. John Stanford, Jr., FL
10. Mark Bloom, LA

GIRLS

Girl's 8 & Under

1. Adrienne Fisher, OH
2. Melissa Holden, CA
3. Jesi Fuller, NM
4. Katie McClure, GA
- 5T. Kimberly Irons, OH
- 5T. Taryn McDonough, CA
- 5T. Ashley Mora, CA
8. Lindsay Fuller, TX
9. Brittanie Heatherman, GA
10. Leslie Luna, NM

Multi-Bounce

1. Adrienne Fisher, OH
2. Kelley Fisher, OH
3. Molissia Martin, WI
4. Deidra Kamin, TX
5. Ashley Mora, CA
- 6T. Jesi Fuller, NM
- 6T. Kimberly Irons, OH
8. Allison MacWade, PA
9. Melissa Holden, CA
10. Lindsay Fuller, TX

Girl's 10-

1. Crystal Winfrey, OH
2. Kimberly Irons, OH
3. Molly Law, CO
4. Heather Holden, CA
5. Megan Stone, MN
6. Janet Olsson, OR
7. Carrie Olson, ME
8. Kimberly Markins, AZ
- 9T. Jeanine Fuller, NM
- 9T. Dannie Johnson, AZ

Girl's 12-

1. Kristina Matchett, OR
2. Eve Bateman, PA
3. Rebecca Dulloff, TX
4. Kimberly Irons, OH
- 5T. Keely Brannigan, ID
- 5T. Melanie Mueller, CO
- 7T. Emileigh Basta, MO
- 7T. Nicie Strand, MN

- 7T. Crystal Winfrey, OH
10. Sarah Brushnahan, NE

Girl's 14-

1. Katie Gould, MO
2. Sara Borland, IA
3. Jill Brittain, OR
4. Melisa Boyd, UT
5. Lindsay Sears, IN
6. Leisa Marquart, NE
7. Liana Kerwood, OR
8. Brooke Crawford, OR
9. Megan Guardiani, MA
10. Eve Bateman, PA

Girl's 16-

1. Sadie Gross, MN
- 2T. Erin Frost, OR
- 2T. Vanessa Tulao, TN
- 4T. Erica Daniels, CA
- 4T. Colleen Maginn, WI
- 6T. Melisa Boyd, UT
- 6T. Shannon Feaster, DC
8. Alison Siegel, NJ
- 9T. Jennifer Doak, WY
- 9T. Jennifer Liakos, NE

Girl's 18-

1. Shannon Feaster, DC
2. Tammy Brockbank, ID
3. Sadie Gross, MN
4. Andrea Beugen, MN
5. Christy Gould, MO
6. Stephanie Torrey, MA
7. Vanessa Tulao, TN
- 8T. Allison Crema, CA
- 8T. Erin Frost, OR
- 8T. Kayla Harvey, WY

WHEELCHAIR

1. Chip Parmelly, CA
2. Gary Baker, IN
3. Steve Kuketz, MA
4. Mark Shepard, OH
5. Les Gorsline, WI
6. Audie Kemp, IN
7. Marc Fenn, IN
8. Jeannie Nicklos, TX
- 9T. Dave Andrews, IN
- 9T. Wayne Dake, WI

Rankings dated September, 22, 1994



PARI TIP: DO YOUR HOMEWORK AND YOU TOO CAN BE A CHAMPION

By Fran Davis

U.S. Assistant National Team Coach

What does this statement really mean? It means if you prepare for the task at hand, you can be as successful as you want to be. Let me take a moment and give you the dictionary definition of the words homework and champion: *Homework* – work of a preparatory nature and *Champion* – one who fights or defends a cause of another person.

I believe the following athletes exemplify and clearly bring home the point of people who did their homework and became true champions:

Michael Bronfeld - 1994 National Champion

Robin Levine - 1994 National Champion

Sudsy Monchik - 1994 IRT Professional Champion

Michelle Gould - 1994 World Champion

Andre Agassi - 1994 U.S. Open Champion

All of these champions have one thing in common – they all prepared properly and did their home-

work and as a result, all earned a championship title. They diligently worked on their game from the physical skills to conditioning, to mental toughness, to nutrition, to footwork, all trying to achieve their dreams of becoming a champion. With hard work, the right coaching and believing in themselves, they made their dreams a reality.

You too can make your dreams a reality if you want to. Everyone, no matter what level you are, can become a champion in your own right if you

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Photo by John Foust

prepare properly and do your homework. Whether you want to become the champion of your D league your state B's, your regional C's or the National Skills, or just beat one or two particular players in your club you have never beaten before – you can do it!

When I talk about doing your homework and preparing properly I am referring to these particular areas that Jim Winterton (Head Coach of the U.S. Team), Diana McNab (Sports Psychologist of the U.S. Team), Scott Phelps (Speed Coach of the U.S. Team) and I use on a regular basis with the team, as well as in camps/clinics around the country:

Physical Skills: Parts of the game like the strokes, court position, serve, service return, shots of the games, strategies, game plans, etc. (Refer to Learn Your Lessons, Part I video and new Advanced Part III video)

Physical Conditioning: Aerobic conditioning, anaerobic conditioning, weight training (See "Periodization" by Jim Winterton)

Mental Skills: Psychic energy. A player must find his optimum concentration level in order to focus, center and enter "Flow State." (Books and audio tapes by Diana McNab)

Nutritional Skills: Input determines output. Proper nutrition can affect an athlete's attitude, moods, endurance, strength and stamina. (Books by Diana McNab)

Footwork Skills: Speed and explosion. Efficiency and effectiveness of the first step. (Refer to new video by Scott Phelps)

Unfortunately most players do not spend enough time, if any, on these five areas, they just play. You need to incorporate all of these areas into your training schedules in order to become that champion you want to be.

Athletes Michael Bronfeld, Robin Levine, Sudsy Monchik, Michelle Gould and Andre Agassi are all prime examples of doing their homework and preparing properly to earn their titles because they incorporated all these areas into their training, not just one or two.

What you need to do is have your teacher, your coach or your PARI certified instructor evaluate you to figure out the areas you most need to work on in order to reach your goals of becoming a champion in your particular division or just beating your nemesis. Please, I urge you to make your goals realistic and obtainable. Be aware of your limitations, whatever they may be – physical, mental, financial, time, career, or family. If you are honest with yourself and know where you are and where you want to be you can follow the above five areas to get there.

Doing your homework and preparing properly are key ingredients in becoming a champion. Good luck in becoming that champion you've always wanted to be – you can do it!

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AMERICA'S MOST WANTED: HOW TO GET MORE POWER & GET TO MORE BALLS

By Lynn Adams

As Ruben, Andy, Jack and I travel across the country teaching racquetball, we notice that the concerns and questions of most players are very similar. Whether we live on the east coast or the west coast, north or south, or right in the middle, we are all in the same boat when it comes to wanting to improve our skills.

I've picked two areas of the game that provoke the most questions at America's Most Wanted camps — 1. How can I get more power in my strokes? and 2. How can I get to more balls? Let's look at the first question:

How can I get more power?

Fortunately for those of us with skinny arms, power doesn't come from big muscles. Power comes from timing, technique, acceleration and extension.

Let's assume you have learned the proper stroke technique. You still might not have power if you don't accelerate through the ball. If your backswing, swing into the ball and your follow through is all at the same speed, you won't generate as much power as you can. Think of yourself as a slingshot. You get pulled way back and then...whoosh...you're let go and you're flying through space. Do the same thing with your swing. As you bring your racquet into the ball, accelerate into your shot. It's as if your swing starts out slow on the backswing, then fast through the stroke.

The next crucial area you need for power is extension. Pretend you are a baseball player up at bat and you happen to be a home run hitter. Where will the pitcher place the pitch to keep you from hitting with power? The answer is "inside." If you can't hit with your arms fully extended, you lose power and some control. It's the same thing in racquetball. When the ball gets too close to your body, you end up pushing and punching at the ball and you can't generate power. If you want to hit it hard, stay away from the ball so you have room to swing.

Putting all these components to work at the right moment is where timing comes in. My advice is to reach into your wallet and invest in some lessons. If racquetball is your hobby, your passion, or maybe even your obsession, it's worth the investment to work on your strokes with a good instructor. They can help you raise your skill level, thereby increasing your chances of winning and playing better.

How can I get to more balls?

There are basically two different ways to get to more balls — improve your court positioning or improve your quickness.

Court positioning can be broken down into three areas.

1. *Where you stand*
2. *How you stand there*
3. *What you do after you hit your shot*

Where you stand is fairly simple. You want to get to the spot that will get you to most of the shots, most of the time. You have to be comfortable knowing you *won't ever* get to all of the shots. So, if you believe in playing the percentages, then you need to position yourself one to two feet behind the five foot line. If you play up closer to the front wall you leave yourself vulnerable to the pass shots, a ceiling ball and anything rebounding off the front wall coming right at you. "Wait a minute," you say, "then I won't be able to get the kill shot." That may be true, but let's look at the reality of the situation. If your opponent hits a good kill, pinch or splat shot, chances are you won't be able to retrieve it, even if you are playing up around the



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short service line. If they go for the low shot and hit it too high, then your chances of retrieving that shot go up dramatically, even if you're standing behind the five foot line.

Now, which shot is tougher to hit consistently, the kill or the pass? The kill, of course. So by taking position a little deeper in the court you increase your chances of getting the passes and ceiling balls, you have more time to react when a ball is coming right at you, and if your opponent leaves the kill or pinch up too high, you are still only a few steps away from retrieving the shot. Go ahead and concede the really good kills and pinches. The percentages are pretty low that you would get those shots anyway.

How you stand when your opponent is hitting the ball will dictate how fast you get to shots. If you are the type of player who squats down, faces the front wall, and has a sign on your rear that says "Hit me hard" then you'll be getting to the ball a lot slower than necessary. Because you can't see what's going on behind you, you end up reacting to the ball after

it has hit the front wall. Your reaction time is cut down and you get jammed a lot.

Instead, stand at a slight angle so you can look back over your shoulder at the ball. That way, you always know where the ball and your opponent are. You can see if they are going for a low shot or a high shot. Plus, if you are standing in the way, you can move! You'll get hit a lot less if you look behind yourself.

This next important step to getting to the ball quicker is fairly simple, yet it eludes most racquetball players. It is ... move!

For some reason, a lot of us, after we hit our shot, stand still and observe where the ball is going. As we stand there admiring or watching in horror, we forget that our opponent is hitting the next shot and it's our turn again. By the time we get our feet moving again, it can be too late.

If you stay on your toes, move toward center court as you watch the path of your shot, then you will be a lot better prepared to retrieve the next shot. After all if you have two people of equal speed going for a ball, one starts out standing still and the other is already moving, who will get to the ball the quickest? The one moving, of course! So keep those feet going. Don't just stand around and you'll get to a lot more balls.

If you simply want to get physically faster, then you must train your fast twitch muscles. That means doing lots of speed workouts and lifting weights for speed and endurance. Speed workouts consist of short, burst type exercises. Court sprints, hill sprints, bike sprints, etc. Go all out for 20-30 seconds. Do sets of 10 reps. Because you change directions quickly in a racquetball game, simulating that type of motion in a sprint workout is a good way to increase your quickness.

When you lift weights, lift lighter weights and do more reps. Big, bulky muscles aren't necessarily faster. By lifting lighter and doing lots of reps, you increase endurance and speed, which is exactly what you need for the game of racquetball.

I hope this answers some of your questions and helps your game improve. See you at camp!

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SPECIFICITY TRAINING

*By Scott Phelps
U.S. Team Speed Coach*

Let's pretend you are a race car driver. You take your car to the track every day to practice, but you only drive it at 50-70% of the actual race speed used during competition. Can

you expect that car, and you as the driver, to be ready to perform at 100% on the day of the race? Of course not. Yet, this is how many athletes prepare for competition in most sports today. Racquetball players are no exception. You go out and practice, but you don't expect perfection during practice. Then you get into games or tournaments and you expect perfection.

The key to perfect performance during competition is perfect practice. There are many different aspects of the game of racquetball and the conditioning that needs to be done to play at or near the top level. You need to understand that the key to your success is quality time spent preparing for competition. With only so many hours in a day, you must be smart in structuring your time. This means focusing only on those drills and exercises that will make the largest impact on your success on the court. For speed, agility and quickness you must focus on quality, not quantity. With quantity comes fatigue and with fatigue you lose the perfect practice you need for perfect performance in competition.

Let's take all this a step further. The muscle memory system, or engram, learns through repetition of the motor skill. This means you must perform or practice a quantity of any skill. The trick is to pace yourself or know when enough is too much.

Let's say you're practicing your serve. It will be very valuable for you to set a specific goal as it pertains to the number of serves being hit. The minimum number of serves you would hit is around 35-40 per game. The maximum is unknown. So let's take a random number of 50. You are going to hit 50 serves and chart your success. Force yourself to strive for perfection by setting a goal that says how proficient you want to be. Let's say you want to hit 40 of the 50 serves (80%) exactly where you want to place them. Although 80% is not perfection, setting and attaining this goal is training for specificity.

Now apply the same system to all your shots. Practice all possible aspects of your game, but set goals and strive to meet those practice goals. I guarantee this will add perfection to your game. The key is to walk away after the predetermined number of strokes. You don't get second chances in competition, so focus on perfection during practice. You will perform in competition

exactly the same way you practice. You must try to reinforce positive patterns of behavior in all aspects of your game during practice.

This will also force your body to perform exactly the way you want it to perform. As you work to perfect each individual part of your game, you must then put skills together and force all of the individual parts to work as one unit. Working each unit independently and not putting them together invites failure during competition. This specificity will also force you to focus on your mental game. You must become mentally tough in practice to play mentally tough in competition. Forcing the mental, physical, physiological, technique and conditioning aspects of training to work together maximizes your overall abilities and improves your game.

Specificity of training is possibly the most important factor in making a difference in your play. You can't train on the Stairmaster of bike to get "in shape" for racquetball. Maximize your time spent on training by focusing on skills and techniques that make the biggest impact for success. Remember, perfect practice makes perfect, so strive to make a difference in areas of your game that need work. Conditioning and quantity have their place in improved performance, but don't jeopardize the importance specificity and quality have on making you a greater racquetball player.

A new video for speed and explosion training features Tim Doyle and the training he has focused on for the past two years. If you are interested in the video or more training ideas, please refer to the special gift guide section for ordering and contact information.

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Woodland, CA
916/666-1319

Erie Paint Open
Nautilus - Erie, PA
814/868-0072

Holiday Classic
Orlando Fitness & Racquet Club
Orlando, FL
407/645-3550

Midwest Seniors/Masters Series
Davison Ath. Club
Davison, MI
517/887-0459

ProKennex Doubles Classic
Continental Ath. Club
Powell, OH
614/548-4955

Turkey Classic
Modesto Court Room
Modesto, CA
209/577-1060

Turkey Gobbler
Alpha Racquetball Club
Mechanicsburg, PA
717/533-4554

18th Ann. Long Island Open
Sports Club/Syosset and RC
Smithtown, NY
516/360-0979

Utah State Doubles @ Deseret
Gym - Salt Lake City, UT
801/359-3911

November 13
Break The Blues @ Racquet's
Edge - Essex Junction, VT
802/879-7734

November 18
Allegheny County Open
Racquettime
Monroeville, PA
412/466-7325

Garden State Open
Westwood R/B & Nautilus
Westwood, NJ
201/444-0859

Killshots 15th Ann. Pro-Am
Cedar Rapids Central YMCA
Cedar Rapids, IA
319/846-2581

Lehigh Valley Open
Allentown Racquetball Club
Allentown, PA
215/821-1300

Longhorn Open
University of Texas
Austin, TX
513/471-5234

Olive Garden Classic
Tri-State Ath. Club
Evansville, IN
812/479-3111

ProKennex Grand Prix #2
San Jose Schoebers
San Jose, CA
415/968-7970

Rec Roll-Out
Rock Springs Family Rec Center
Rock Springs, WY
307/382-3265

Sentra Health Invitational
Courtside - Lynchburg, VA
804/237-6341

Turkey Open
Downtown Health & Racquet
Club - New Haven, CT
203/248-6634

Turkey Shoot @ The Olympiad
S. Burlington, VT
802/863-4299

Turkey Shoot
Sports Club of Asheville
Asheville, NC
704/252-0222

Turkey Splat
Harbor Square Ath. Club
Edmonds, WA
206/778-3546

Turkey Trot @ Alaska Ath. Club
Fairbanks, AK
907/456-1914

Turkeyfest '94
Merrymeeting HFC
Topsam, ME
207/729-0129

YMCA November Classic
YMCA of Central Kentucky
Lexington, KY
606/254-9622

10th Ann. First Coast Classic
Racquetpower
Jacksonville, FL
904/268-8888

Maryland State Doubles
Supreme Sports Club
Columbia, MO
410/987-0980

Ohio State Doubles
Congress Park Ath. Club
Powell, OH
614/548-4188

November 25
Bountiful City Bash
Bountiful, UT
801/798-6220

DECEMBER

December 1

Holiday Classic @ Southern
Ath. Club - Lilburn, GA
404/923-5400

Junior Olympic Team
Fundraiser @ Chancellors
Racquet & Fitness
Houston, TX
713/772-9955

14th Ann. Freezeout
Auburn YMCA
Auburn, NY
315/255-1242

December 2
Christmas Classic
Classic Ath. Club
Lyndhurst, NJ
201/444-0859

Cincinnati City Doubles
Mid-Town Ath. club
Cincinnati, OH
513/351-3000

Cottonwood Open
Cottonwood Club
Lincoln, NE
402/475-3386

Holiday Classic @ Sports Barn
Chattanooga, TN
615/266-1125

Holiday Magic Tourney
Westerville Ath. Club
Westerville, OH
614/882-7331

Mountain Madness
Gatlinburg Community Center
Gatlinburg, TN
615/436-4990

Open Tournament
James River Community Center
Williamsburg, VA
804/887-5810

Pennbriar Holiday Classic
The Pennbriar Fitness Center
Erie, PA
814/825-8111

Return of the Crackshooter
Fitness Plus
Cheyenne, WY
307/638-7587

Sanlando Holiday Tournament
Sanlando Park
Altamonte Springs, FL
407/869-5966

Indiana State Doubles
The Fitness Barn
Valparaiso, IN
219/762-3191

New Hampshire State Doubles
603/434-7875

NATIONAL CALENDAR

December 3
Santa Claus Classic
Merritt Ath. Club/Security
Alameda, CA
510/523-8011

December 4
Portland Open @ Racket &
Fitness Ctr. - Portland, ME
207/775-6128

December 8
VCI Pro Am @ Landmark Club
Dallas, TX
214/392-1500

December 9
Coors Light All Doubles
Solon Ath. Club
Powell, OH
614/548-4188

Holiday Classic @ Racquet's
Edge - Essex Junction, VT
802/879-7734

Mistletoe Match Up
Downtown Ath. Club
Norfolk, VA
804/625-2222

North Platte Rec Ctr. Open
North Platte, NE
308/534-4770

Quad West Winter Classic
Quadrangle West Ath. Club
Clearwater, FL
813/535-4901

Spalding Big Apple
BQE Fitness & R/B Club
Woodside, NY
718/726-4343

Winter Classic @ Casper YMCA
Casper, WY
307/234-9187

3rd Ann. Christmas Classic
Bally's Holiday Spa
Falls Church, VA
703/573-0660

December 10
GSRA's Most Awesome Kids
Ever @ Center Club Fitness &
Ath. - Pennington, NJ
908/536-6653

December 11
Junior Jack Frost Tournament
Lincoln Racquet Club
Lincoln, NE
402/423-2511

December 16
Ektelon Series @ Merritt
Ath. Club - Towson, MD
215/723-7356

December 17
IRF World Junior Champi-
onships @ Racquetpower
Jacksonville, FL

Upcoming National Events

December 17-20 IRF World Junior Championships Jacksonville, FL 1995

January 11-15 AARA Leadership Conference Colorado Springs, CO

January 27-29 Women's Senior/Master Atlanta, GA

February 23-25 NMRA Masters Singles Phoenix, AZ

March 03-05 U.S. National High Schools St. Louis, MO

March 13-18 Pan American Games Buenos Aires, Argentina

March 29- April 2 .. U.S. National Intercollegiates Gaithersburg, MD

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JANUARY

January 4
New Year's Singles Tournament
The Alaska Club
Anchorage, AK
907/337-9550

January 6
Coors Light All Doubles
Mid-Town Ath. Club
Powell, OH
614/548-4188

Dyna-Jet @ Campbell County
Rec Center - Gillette, WY
307/682-7406

Maine Open @ Fitness Forum
Sanford, ME

New Year's Celebration Open
Natoma Racquet Club
Sacramento, CA
916/649-0909

Pittsburgh Open
Racquet Club of Pittsburgh
Monroeville, PA
412/856-3930

Willows Ath. Center Open
Manchester, NH
603/668-8375

17th Ann. Miller Lite Open
Sports Courts Omaha
Omaha, NE
402/339-0410

3rd Ann. North Park Open
North Park Rec & Ath. Club
Spokane, WA
509/467-5124

January 13
Chattanooga City Champion-
ships @ Sports Barn
Chattanooga, TN
615/266-1125

Chilly Open @ Lifecenter Plus
Hudson, OH
216/655-2377

9th Martha's New Year's Open
Supreme Courts
Memphis, TN
901/794-2288

Track & Racquet Club Doubles
Fayetteville, NY
315/446-3141

The Big Chill @ Center Club
Fitness & Athletic
Pennington, NJ
201/444-0859

Woodland Classic
Country Oaks Racquet Club
Woodland, CA
916/666-2444

WPRA Grand Slam
Highpoint Ath. Club
Chalfont, PA
215/723-7356

10th Ann. Ball Buster
Capitol Courts
Carson City, NV
702/267-2550

15th Ann. Winter Warm-Up
Johnson City Racquetball
Johnson City, TN
615/282-3091

17th Indy Open
Noblesville Ath. Club
Noblesville, IN
317/776-0224

January 18
Alaska Open
Alaska Ath. Club
Anchorage, AK
907/562-2460

Hemophilia (15th)
Supreme Courts
Memphis, TN
901/794-2288

January 20
Frostbite Shoot Out
Nautilus of Pottstown
Pottstown, PA
215/326-6216

Glens Falls Championships
Glens Falls YMCA
Glens Falls, NY
518/793-3878

Hy-Miller Open
Baywinds Ath. Club
Sandusky, OH
419/626-6250

Smash & Splash
Green River Rec Center
Green River, WY
307/875-4772

Spalding Winter Classic
BQE Fitness & R/B Club
Woodside, NY
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Center
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Waycross Ath. Club
Cincinnati, OH
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WHAT'S THE CALL?

By Otto
Dietrich
National Rules
Commissioner



Well, two issues of
RACQUETBALL

have gone to press without my taking time to
answer rules questions. So, I now have quite a
backlog of questions to choose from. Here are some
concerning screen serves that I think are of general
interest.

Q: I'm a new member. If a server stands in the
exact center of the court, may he serve to either
side? Does he enjoy the option of serving behind
him in addition to in front of him? Also, how close
to the server must the ball pass to be called a
screen? *Arthur LaFranchise, Fort Dix, New Jersey*

A: Generally, the server can stand anywhere in
the service box and serve to either side of the
body. The only restrictions are those imposed by
Rule 4.6, which address the "drive serve" lines.
Basically it says that if the server is in the 3-foot
drive serve zone, a drive serve cannot be hit be-
tween himself and that nearest wall either with his
forehand or backhand. The screen serve rule (Rule
4.10(i)) contains no definition of just how close
"close" is!

This is because there are instances where a ball
passing within inches of the server's body would *not*
be a screen. Visualize, for example, a hard Z-serve to
the right front corner made by a right handed
player using the forehand and standing on the
extreme left side of the service box. The served ball
may pass within mere inches of the body yet it
would be in full view during its entire flight. How
could this be a screen? Therefore, "closeness" is
judgmental and so is impairment! And it's the
quality of such judgements that make the differ-
ence in a referee. I always tell opponents *before* play
begins what I consider close (about two feet) and
that I'll call a "close" ball a screen only if I detect
some impairment of the receiver *due to* the close-
ness.

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Dave Johnson, CA

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Q: In singles, as my opponent starts the service motion, I "cheat" to my backhand side and the serve goes to my forehand. I cannot return it, but the ball came within a few feet of my opponent's body as it came toward the back wall. Is it a screen serve even though I was moving in the wrong direction? *Armando Mayorga, Sonoma, California*

A: No! The answer is also found in Rule 4.10(i). After addressing the subject of closeness of the serve to the server and impairment of the receiver due to that closeness, the rule goes on to say that the receiver is obligated to take up good court position, near center court, to obtain that view. So, the situation you described would NOT be a screen serve. The ball may have passed "close" to the server, but the reason the receiver couldn't return the ball was due to their own actions, not the closeness of the serve.

Q: Many times during tournament matches, the referee will call a screen serve that turns into a set-up shot for the receiver (off the back wall, in center court). Shouldn't the referee wait a second to determine if the receiver still has time to see the ball? I feel that the screen serve call works to the advantage of the server too many times. *Enrico Dubach, Bountiful, Utah*

A: Right on! It's a screen only if it's close *and* the closeness impairs the receiver's ability to see and return the ball. Impairment cannot be assessed until the ball has at least reached the receiver. Mere closeness does *not* constitute a screen serve. A good referee holds off his call a second or two to see if the receiver can make an unimpaired return. A screen should *never* work to the advantage of the server. If there's any doubt, favor the receiver who is at the greatest disadvantage during the serve.

THE FINAL SHOT! *Having seen many, many matches played with only one serve, I'm completely sold on the idea of adopting it at all levels. Fault serves are very boring (nothing happens, you just do it again) and waste a lot of valuable playing time. It also has brought the rally back to the game. The games really are more exciting with fewer faults and aces! Well now you know what I think. How about you? Speak up and let the National Office know. Write a letter. Tell your state president or a national board member.*



Changing Times

By Luke St.
Onge

In this issue I'll be using my space to share the highlights of the Board of Directors meet-

ing held at the national headquarters in Colorado Springs in early October.

Finances — The Board accepted the audit report by Ken Waugh Associates, C.P.A. which indicated, for the first time in AARA history, that the organization carries a real net worth of \$94,000 plus. — The Board approved a new three-year sponsorship contract with Ektelon that covers the U.S. National Singles and regional qualifiers, Junior Olympics and regional qualifiers, U.S. National Doubles and their regionals, U.S. ARP (formerly PARI), and the AARA Court Club program.

Sanctioned Events — Discussed revamping and standardizing the adult regional qualifiers, including the concept of holding all regionals on the same weekend. — Adopted regional doubles events as official events of the AARA, with results used for seeding purposes, but not as a requirement for participation in National Doubles. — Approved the following national sites for 1995: High Schools in St. Louis, Missouri; Intercollegiate in Baltimore, Maryland; National Singles in Houston, Texas; Skill Levels (A,B,C,D) in Denver, Colorado; Junior Olympics in Los Angeles, California; and National Doubles to be announced.

Programs — Approved a major upgrading in the Intercollegiate program that will access every college campus that has racquetball courts. — Revamped the Elite Training Camp for 1995 concentrating on the Elite player who has the potential to be a Pan Am or Olympic Athlete. — Passed in concept the upgrading of Elite Referee Program to a level 6 and implementing it for National Singles, Olympic Festival and National Doubles. — Approved four collegiate scholarships for 1994-95 to: Steve Black, Chris Choukalas, Glenn Garrison and Brian Gomez. — Approval Far East and European

tour projects for U.S. National Team and Junior National Team in 1995. — Confirmed Jim Winterton as Head Coach of the U.S. National Team 1994-95, Fran Davis as the Assistant Coach.

Recognition Awards — Reviewed the contributor category for the AARA Hall of Fame. — Identified the following award nominees: Male Athlete of the Year: Michael Bronfeld; Female Athlete of the Year: Robin Levine; USOC Jack Kelly Fair Play nominee: Chris Cole. — Adopted a policy whereby past and future AARA national champions and Hall of Fame inductees can purchase commemorative rings through Jostens.

R B : G L O B A L

NOTES FROM THE WORLD CHAMPIONSHIPS by Luke St. Onge

Historically Speaking: Three individuals were present at the Worlds who had attended all the events since 1981: Phillip Duignan, Ireland; Luke St. Onge, USA; Han van der Heijden, Netherlands. — Two coaches who had played in the first World Championships in 1981: Scott Shaffer (US) and Martin Padillia (Mexico) attended World Championship VII as coaches of the Japanese team and the Mexican team respectively. — Cuba competed for the first time in the history of the sport. They sent a full men's team. Other first time countries were Guam and Honduras.

Local Color: Mexican Olympic President, Mario Vasquez Rana, flew up from Mexico City to attend opening ceremonies. President Rana is also president of ANOC (Association of National Olympic Committees) and the president of the Pan American Sports Organization (PASO). — Entertainment was held at the club every night during the Worlds. Dancers and folk artists representing different areas of the State of Potosi performed. — The Local Organizing Committee put up seven large billboards advertising the World Championships in San Luis Potosi.

IRF Congress: Elected to the IRF Executive Board for two years were: David Bell, Vice President North America (Canada); Keith Calkins, Executive Vice President (USA); Rodolfo Echeverria, Treasurer (Costa Rica); Luke St. Onge,

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Mexican Olympic Committee President Mario Vasquez Rana is mobbed by reporters after the official ribbon cutting ceremony to open the World Championships. All photos this page: Profr. Alberto Castro Medina.



DUIGNAN (IRELAND)



VAN DER HEIJDEN (NETHERLANDS)



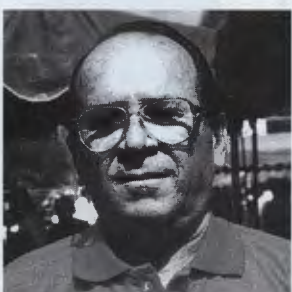
PADILLA (MEXICO)



BELINDA ALCANTARA (GUAM)



SHAFFER (JAPAN)



MASJUAN (CUBA)

Secretary General (USA). — The IRF adopted an automatic four-year suspension for any athlete testing positive for steroid use. — The 1998 World Championships were awarded to Bolivia, making it the first time Bolivia has hosted a World Championship in any sport.

Special Guests: Rob Ahrens Dorf of Prince was on hand for the finals of the Team competition. — Linda Mojer, Managing Editor of *RACQUETBALL Magazine* was in attendance throughout the championships. — Miguel Masjuan of Cuba worked with Head Official Jim Hiser on the desk and kept matches running on time.

Broadcast News: Each day of competition was allotted up to three hours of live television broadcast in the San Luis area. — Media coverage by local newspapers was excellent with front page sports position and up to three pages of coverage every day. — Daily results were downloaded into the United States Olympic Committee's electronic bulletin board, reaching over 3000 media outlets in the U.S. — Over 2000 people showed up for the opening ceremonies.

Elsewhere: The 1996 World Championships will be held at the Falcon Complex in Atlanta, Georgia between the Olympic Games and the Paralympics, August 6th to August 16th. — The AARA scoreboard was used throughout the Worlds and became the main source of knowing who was playing and what the score was. — Penn was designated the "official" ball of the VII World Championships.

PAN AMERICAN QUALIFYING

The procedure for selection to the U.S. Racquetball Team to compete in the 1995 Pan American Games is as follows:

Singles: Three (3) men and three (3) women – the first and second place finishers in the men's and women's open divisions at the 1994 U.S. National Singles Championships, plus the winner of the 1994 U.S. Olympic Festival. Alternates: The third place finishers from National Singles.

Doubles: One men's team and one women's team – the first place finishers in the men's and women's open at the 1994 U.S. National Doubles Championships. Alternates: First place doubles teams from the 1994 U.S. Olympic Festival.

NEWSFLASH! EKTELON AARA

U.S. National Doubles Results

SKILL DIVISIONS — **MEN'S OPEN:** Sudsy Monchik (Staten Island, N.Y.)/Tim Sweeney (Chicago, Ill.) def. Doug Ganim (Columbus, Ohio)/Eric Muller (Overland Park, Kan.) 15-11, 15-10. 3) Michael Bronfeld/Bobby Rodriguez; 4) Jeff Evans/Todd O'Neil. **WOMEN'S OPEN:** Jackie Gibson/Joy MacKenzie (San Diego, Calif.) def. Mary Lyons (Neptune Beach, Fla.)/Susan Pfahler (Jacksonville Beach, Fla.) 15-9, 15-5. 3) Elaine Hooghe/Kerri Stoffregen; 4) Laura Fenton/Michelle Gould. **MIXED OPEN:** Elaine Hooghe (Columbus, Ohio)/David Hamilton (Mansfield, Ohio) def. Michelle Gould (Boise, Idaho)/Jeff Evans (Kirkland, Wash.) 15-13, 6-15, 11-8. 3) Cindy & Jeff Conine; 4) Lynn Adams-Clay/Jim Carson. **Men's A:** Oscar Delgado (Hialeah, Fla.)/Frank Garcia (Hialeah, Fla.) def. John Stanford (Satellite Beach, Fla.)/Mark Hurst (Panama City, Fla.) 15-11, 7-15, 11-4. 3) Jay Rand/Eric Thompson; 4) Gary Holland/Tony Landry. **Women's A:** Nora Bym (Murphreesborough, Tenn.)/Tracey Smith (Smyrna, Tenn.) def. Laura Carlson (Reno, Nev.)/Janine Libke (Sparks, Nev.) 14-15, 15-5, 11-10. 3) Nidia Funes/Merijean Kelley; 4) Joanna Boyte/Jane Kirchoff. **Mixed A:** Janice Miller (Marysville, Ohio)/John Marinich (Hamilton, Ga.) def. Renee Fish (Dunedin, Fla.)/Andrew Goldman (Belleair, Fla.) 15-11, 15-8. 3) Jane Kirchoff/Ralph Reeb; 4) Kim Crook/Larry Crook.

MEN'S AGE DIVISIONS — **Men's 19+:** Aaron Metcalf/Jason Thoerner (Jacksonville, Fla.) def. Stephen Arizmendi (New York, N.Y.)/Jeff Huang (Flushing, N.Y.) 11-15, 15-7, 11-4. 3) George Delaney/Josh Messina; 4) Brian Mirich/Mark Spangenberg. **25+:** Jeff Conine (Ft. Lauderdale, Fla.)/Marty Hogan (Chesterfield, Mo.) def. Hart Johnson (St. Paul, Minn.)/Todd Stead (Eden Prairie, Minn.) 15-6, 15-6. 3) Gus Farrell/Alfonso Garcia; 4) Bruce Erickson/Chris Wright. **30+:** Tim Hansen (Palm Beach, Fla.)/Joe Icaza (Lawrenceville, Ga.) def. Armando Alonso (West Palm Beach, Fla.)/Walter Hesse (Lake Worth, Fla.) 9-15, 15-2, 11-4. 3) Gordon Kirkland/Chris Smith; 4) Dave Peck/Evan Terry. **35+:** Dave Peck (Austin, Texas)/Evan Terry (Phoenix, Ariz.) def. Mike Richter (Hamilton, Mont.)/Dean Sowders (Mead, Wash.) 15-6, 15-8. 3) Jim Adkins/Mitt Layton; 4) David Azuma/Craig Kunkel. **40+:** Jim Bailey (Norfolk, Va.)/Davey Bledsoe (Atlanta, Ga.) def. Steve Dayvault/George Dodson (Wilmington, N.C.) 15-4, 10-15, 11-6. 3) Gary Mazaroff/Philip Parker; 4) Dave Kovanda/Ron Woolard. **45+:** George Deluca (Lafayette,

OLYMPIC FESTIVAL TEAMS NAMED

Half of the total roster for the 1995 U.S. Olympic Festival was set in the open semifinal round, with all four top seeds in the Men's Open advancing, and three of four of the women's seeds doing the same. All eight of those winning teams will be making return engagements at the Festival — they are, in finish order:

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#1 Doug Ganim & Eric Muller
#3 Mike Bronfeld & Bobby Rodriguez
#4 Jeff Evans & Todd O'Neil

#2 Jackie Gibson & Joy MacKenzie
#4 Mary Lyons & Susan Pfahler
#6 Elaine Hooghe & Kerri Stoffregen
#1 Laura Fenton & Michelle Gould

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Calif.)/Craig Kunkel (Pleasant Hill, Calif.) def. Johnny Hennen (Chattanooga, Tenn.)/Ed Remen (Sterling, Va.) 15-13, 9-15, 11-5. 3) Tom McKie/Craig Olsen; 4) Jim Carson/Tom Hanson. **50+:** Jerry Davis (Shaker Heights, Ohio)/Jack Ross (Miami, Fla.) def. Ron Galbreath (New Wilmington, Pa.)/Fred Letter (Warren, N.J.) 12-15, 15-14, 11-5. 3) Michael Arnolt/Chuck Childers; 4) Graig Shaak/Roger Wehrle. **55+:** Lee Graff (Albany, Ore.)/Thomas Penick (La Mesa, Calif.) def. Charlie Garfinkel (Buffalo, N.Y.)/Rex Lawler (Terre Haute, Ind.) 15-4, 15-2. 3) Don Alt/Don Woodington; 4) Lee Mayz/Joe Mulkerrin. **60+:** Paul Banales (Phoenix, Ariz.)/Tom Moore (Arcadia, Calif.) def. Luther Green (Raleigh, N.C.)/Jim Keenan (San Jose, Calif.) 15-11, 15-3. 3) Don Alt/Don Woodington; 4) Otis Chapman/John Mooney. **65+:** Herb Nathan (Indian Harbor Beach, Fla.)/Mal Roberts (Melbourne, Fla.) def. Jack Bogasky (McLean, Va.)/Philip Dzuik (Homer, Ill.) 15-4, 15-14. 3) Bernard Callender/Wallace Dockall; 4) Saal Lesser/Victor Sacco. **70+:** Saal Lesser (Mt. Vernon, N.Y.)/Victor Sacco (Norwood, N.Y.) def. William Simon (Louisville, Ky.)/Irv Zeitman (Louisville, Ky.) 15-2, 15-7. 3) Nick Sans/Lake Westphal; 4) Earl Acuff/Allan Shepherd.

WOMEN'S AGE DIVISIONS — Women's 19+: Amy Kilbane (Rocky River, Ohio)/Kerri Stoffregen (Cincinnati, Ohio) def. Kim Crook (Lake-wood, Colo.)/Cari Kresa (Sunrise, Fla.) 15-3, 6-15, 11-2. 3) Laura Rogers/Pamela Smith; 4) Jeannie Farrell-Ove/Marilyn Ross. **25+:** Cheryl Gudinas (Lisle, Ill.)/Kim Russell (Marietta, Ga.) def. Teri Lawrence (West Palm Beach, Fla.)/Michelle Dodson (Boca Raton, Fla.) 15-2, 15-14. 3) Annie Muniz/Karin Sobotta; 4) Lourdes Lavistida/Dori Moss. **30+:** Diane Green/Julia Pinnell (Orlando, Fla.) def. Chris Evon/Terri Graham (San Diego, Calif.) 15-12, 15-7. 3) Michelle Dodson/Kersten Hallander; 4) Peggy Ludwig/Donna Myers. **35+:** Mary Lyons (Neptune Beach, Fla.)/Susan Morgan Pfahler (Jacksonville, Fla.) def. Linda Moore (Madison, Neb.)/Carla Hiatt (Lincoln, Neb.) 15-13, 15-5. 3) Pat Bornhorst/Peggy Ludwig; 4) Eileen Tuckman/Gail Woods. **40+:** Janell Marriott/Janet Myers (Charlotte, N.C.) def. Eileen Tuckman (Boynton Beach, Fla.)/Gail Woods (Meraux, La.) 15-7, 15-3. 3) Agatha Falso/Vickie Luque; 4) Debbie Chaney/Linda Miller. **45+:** Shelley Ogden/Gerri Stoffregen (Cincinnati, Ohio) def. Marta Groess (Minneapolis, Minn.)/Elaine Hedden (Brooklyn Park, Minn.) 15-10, 15-3. 3) Nidia Funes/Merjean Kelley; 4) Min Taroreh/Nancy Thoerner. **55+:** Jo Kenyon (Ft. Lauderdale, Fla.)/Lola Markus (Park Ridge, Ill.) def. Helen Dunsmoor (Boise, Idaho)/Annabelle Kovar (Lincoln, Neb.) 15-8, 15-0. 3) Mary Low Acuff/Jane Peterson. **60+:** Jo Kenyon (Ft. Lauderdale, Fla.)/Lola Markus (Park Ridge, Ill.) def. Mary Low Acuff (Asheville, N.C.)/Jane Peterson (Jacksonville Beach, Fla.) 15-2, 15-5.

MIXED AGE DIVISIONS — Mixed 19+: Laura Fenton (Leominster, Mass.)/Rick Decastro (North Chelmsford, Md.) def. Kaye & Stu Hastings (Clarkston, Mich.) 15-13, 15-5. 3) Lisa McLaws/Mark Spangenberg; 4) Tracy Tabler/Patrick Gonzalez. **Mixed 25+:** Pat Chesterman (Fremont, Calif.)/Mark Nomura (Fremont, Calif.) def. Kaye & Stu Hastings (Clarkston, Mich.) by forfeit. 3) B.J. Ehrgott/Bobby Haab; 4) Claudia McCarthy/Robert McCarthy. **Mixed 30+:** Debbie & Kevin Tisinger (Monterey, Calif.) def. Karen Bouchard/Tom Bevelock (Dunedin, Fla.) 14-15, 15-11, 11-3. 3) Debby Brooks/Lee Bateman; 4) Janet Tyler/John Scargle. **Mixed 35+:** Chris Evon (San Diego, Calif.)/Bill Lyman (Berwin, Ill.) def. Leslie & Mike Pawka (San Diego, Calif.) 15-8, 15-5. 3) Kathy St. Juste/Brian McDermott; 4) Linda Moore/Craig Olsen. **Mixed 40+:** Elaine Dexter (Dublin, Calif.)/David Azuma (San Ramon, Calif.) def. Janell Marriott (West Warwick, R.I.)/Jim Bailey (Norfolk, Va.) 13-15, 15-8, 11-7. 3) Janet Myers/Davey Bledsoe; 4) Debbie Chaney/Robert Gravely. **Mixed 45+:** Agatha Falso (Boca Raton, Fla.)/Leo Marsocci (Tampa, Fla.) def. Gerri Stoffregen (Cincinnati, Ohio)/Jim Hiser (Colorado Springs, Colo.) 15-13, 11-15, 11-10. 3) Marta Groess/Michael Arnolt; 4) Shelley Ogden/Mike Stevens. **Mixed 50+:** Rose Stoltzman (Mequon, Wis.)/Arthur Johnson (Denver, Colo.) def. Min Taroreh (Coral Springs, Fla.)/Bill Gargan (Londonderry, N.H.) 15-14, 15-14. **Mixed 55+:** Jo Kenyon (Ft. Lauderdale, Fla.)/Ron Maggard (Lake Tapawingo, Mo.) def. Helen & Jack Dunsmoor (Boise, Idaho) 15-11, 15-3. 3) Lola Markus/Jim Hughes; 4) Annabelle Kovar/Jim Keenan.

Look for complete coverage and photos of the Ektelon AARA U.S. National Doubles in the January/February issue of RACQUETBALL Magazine!

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Birthdate _____ Age _____

Partner's Name _____ Div: _____

Partner's Name _____ Mixed Doubles _____

I need a doubles partner for _____ National Ranking _____

Division in National Championships _____ Finish _____

Other Seeding Information _____

A third division will be limited to mixed doubles only.

WAIVER — I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the IRF, Racquetpower Health & Fitness, event sponsors or their respective agents for any and all injuries. By registering to compete in this event, I consent to be subject to drug testing as administered according to the IRF/USOC guidelines.

Participant Signature & Date _____

LIABILITY — I agree to be liable for all costs for damages for which my child is responsible and to pay for all costs arising from any disciplinary action imposed as stated in the Junior Code of Conduct, as adopted by the IRF.

Parent/Guardian Signature & Date _____

BOYS SINGLES

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 ____ 16 and under
 ____ 14 and under
 ____ 12 and under
 ____ 10 and under
 ____ 8- multi-bounce
 ____ 8- regular rules

GIRLS SINGLES

____ 18 and under
 ____ 16 and under
 ____ 14 and under
 ____ 12 and under
 ____ 10 and under
 ____ 8- multi-bounce
 ____ 8- regular rules

Mixed Doubles

____ 18 and under
 ____ 16 and under
 ____ 14 and under
 ____ 12 and under

BOYS DOUBLES

____ 18 and under
 ____ 16 and under
 ____ 14 and under
 ____ 12 and under
 ____ 10 and under

GIRLS DOUBLES

____ 18 and under
 ____ 16 and under
 ____ 14 and under
 ____ 12 and under
 ____ 10 and under

OLYMPIC PLAY-OFF FORMAT: Each entrant is guaranteed three matches in singles. Please review the section explaining the new format for individuals who lose. Awards will be presented to winners in each play-off bracket.

ACCOMODATIONS: Holiday Inn/Baymeadows (\$45.00/night, 1-4 per room), 904/737-1700. Homewood Suites (\$75.00/night, 1-6 per room), 904-733-9299. Both hotels are located approximately five miles from the club, at I-95 and Baymeadows road.

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First event (\$45.00) _____
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 Mixed doubles (\$15.00) _____
 AARA Membership fee (\$20.00) _____

TOTAL DUE: \$ _____

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1995 REGIONAL SCHEDULE

MARCH

March 3-5

Adult/Junior Region #11
Burnsville Racquet, Swim
& Health Club, Burnsville,
MN - 612/377-5779

March 10-12

Adult/Junior Region #13
Wyoming Athletic Club
Casper, Wyoming
307/265-6928

Adult-Sawmill Ath. Club
Columbus, Ohio
614/548-4188

Adult-Westerville Ath. Club
Westerville, Ohio
614/548-4188

March 17-19

Adult-South Hampshire
Racquet Club, St. Louis,
Missouri - 314/353-1500

March 23-26

Adult-Atlanta Falcon
Complex, Atlanta, Georgia
404/256-1963

March 24-26

Adult-Track and Racquet
Club, Fayetteville, New
York - 315/446-3141

Adult-Downtown Ath.
Club, Norfolk, Virginia
215/723-7356

March 30-April 2

Adult-Glass Court Swim &
Fitness, Lombard, Illinois
708/629-3390

March 31-April 2

Adult-West Lane Ath. Club
Stockton, California
209/472-2100

Adult-South Florida Racquet
Club, Ft. Lauderdale, Florida
305/987-6410

APRIL

April 7-9

Adult/Junior
Sportset-Syosset
Syosset, New York
516/360-0979

Adult-Los Caballeros Sports
Village, Fountain Valley,
California - 714/435-1850

April 18-23

Adult/Junior Region #12
Aurora Athletic Club
Aurora, Colorado
303/750-3210

April 20-23

Adult-Maverick Ath. Club
Arlington, TX - 817/275-3348

April 21-23

Adult-Racquetpower
Jacksonville, Florida
904/268-8888

Adult-Executive Health &
Sports Center
Manchester, New Hampshire
603/434-7875

Adult/Junior Region #3
Highpoint Athletic Club
Chalfont, Pennsylvania
215/723-7356

April 27-30

Adult-Alaska Athletic Club
Anchorage, Alaska
907/562-2460

**For more information about
regional tournaments in your
area, contact Kevin Joyce @
719/635-5396.**

EKTELON TO SPONSOR CHAMPIONSHIP SERIES

Ektelon and O'Brien Sports Marketing, Inc. (OSM), have signed an agreement to hold the second Ektelon Championships Racquetball Series for the 1994-1995 season.

The series kicks off September 23-25, with events scheduled at clubs in Pennsylvania, New Jersey, Delaware, Maryland, and Virginia. Ektelon's Rob Ahrendorf, Director of Marketing said, "We are committed to providing the best tournaments possible for players of all levels."

One very popular aspect of the series is the Ektelon Bonus Pool. One player described it as "like Christmas - we were handed all this wonderful equipment!" For participating in each tournament players receive 20 points per division entered, winners add 30 points, finalists add 20 points and semifinalists add 10 points. Standings are updated after each event and posted at the next tournament. The male and female players who accumulate the most Ektelon Bonus Points at the end of the season will win round-trip tickets to anywhere in the U.S.

Ektelon has contributed other great prizes such as the new Xcess racquets, bags, gloves, eyeguards and t-shirts! Free racquetball clinics will also be offered at selected events, with top pro tour player Ruben Gonzalez hosting the first clinic in Atlantic City.

Under the Ektelon Bonus Pool, participants will be able to reach the second or third level of prizes simply by entering several tournaments. There is no need to be a top player. O'Brien adds, "We want to encourage players to participate in more events and create a positive incentive for players when choosing between tournaments."

Special tournaments of the series include three WPRA Pro Stop - Chalfont, Pennsylvania, McClean, Virginia and Baltimore, Maryland. Two AARA Regionals in Pennsylvania and Virginia will also be included in the 1995 series schedule.

For more information on sites and dates of the events included in the Ektelon Championships, please contact O'Brien Sports Marketing, Inc. at 215/723-7356.



1995 National Women's Senior/Master Racquetball Championships

For all women ages 35 and up

Date: January 27-29, 1995

Place: Southern Athletic Club
Lilburn, GA (Metro Atlanta)

Format: All divisions will be played
in a round robin format

For more information: Call Liz Lyon
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(home) 404/979-9421
or Vicki Luque
(home) 404/921-4771
(fax) 404/717-5157

***Please note: This tournament is a qualifier for
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Limited half-price accomodation rates for
large groups travelling from same metro area.***



GELLMAN



MAESTAS



GOULD



CHAPMAN

R B : P E O P L E

New Mexico Students Earn WSRC Scholarships

In conjunction with the Sixth IRF World Senior Racquetball Championships in Albuquerque, the WSRC Council announced the winners of its first two New Mexico WSRC college scholarships. The Council awarded \$500 each to Rachel Gellman, a junior at The University of New Mexico (UNM), and Raymond Maestas, a third-year law student at UNM.

Rachel Gellman is pursuing a degree in journalism and works for the university's newspaper, *The Daily Lobo*. She is also an accomplished racquetball player who placed first at states and regionals and third at national singles in the women's 19+ age-division this year. She is nationally ranked in the top eight in the women's 19+ division. Rachel was also a member of the U.S. National Junior Team and had the opportunity to play and teach racquetball during the team's tour of Europe.

Born in Espanola, New Mexico, and a graduate of West Las Vegas High School in Las Vegas, New Mexico, Raymond Maestas received his Bachelor's degree in

Business Administration in 1992 from The University of New Mexico. Raymond is a member of the New Mexico Racquetball Association (NMRA) Board of Directors and has competed in state, regional and national events in the Men's A division. He attended the 1993 AARA National Elite Training Camp in Colorado Springs and is a Level II Certified instructor through the Professional Association of Racquetball Instructors (PARI).

By Felicia Duran

Gould nominated for Sportswoman of the Year

For the second consecutive year Michelle Gould has been named one of the top ten national finalists for the annual Sudafed® Sportswoman of the Year Award.

Over 30 nominations were submitted by various sport organizations and Michelle's achievements over the past twelve months, both amateur and pro, set her apart from the rest. Ballots went to 3,000 voting members of the Women's Sports Foundation, where Michelle kept good company with other such nominees as Bonnie Blair, Steffi Graf and Shannon Miller.

To celebrate the 20th anniversary of the Women's Sports Foundation the dinner was held at the Waldorf-Astoria in New York City on October 17 and themed "A Salute to Women in Sports: 20 Years of Excellence."

Florida's Steve Chapman loses long battle

Earlier this fall, after a long and painful battle, one of Florida's most active racquetball players succumbed to the ravages of cancer. For most of his sixteen year career, Steve Chapman was listed among the top ten players in the Open, 30+, 35+ and 40+ divisions, maintaining his winning style against all odds.

Five years ago his doctors told him that he had only six months to live, but he kept on playing while taking treatments. Despite the prognosis, the joy he took from racquetball kept him from "taking it easy" or "taking it lying down."

He never gave up – before or after the news of his illness. If anyone wanted to beat him, they had to bring a lot of equipment and plenty of will power.

One of his most memorable opponents was another tough local player, Bob Driscoll. Their matches were like World War III and the crowds loved it. Good friends off the court, Steve and Bob shouted, pushed, argued and made some of the most incredible shots ever seen on a racquetball court. After the games, you could find them in the nearest lounge enjoying their favorite racquetball vitamins (Beer and Pretzels).

Bob Driscoll no longer plays, due to an unfortunate accident. And now, our friend Steve has gone on to a much higher playing field. We wish him well and will miss a local "hero."

*By Mike Mojer
Orlando Fitness & Racquet Club*



Left: Colorado open player and former AARA scholarship winner Tina Alonzi checks out how her veil would look on the court. Above: Mom Marianne congratulates Tina on her marriage to Jon Lockmon on June 25.



WEBSTER

Former Olympic Gold Medalist wins in Burnsville

Bob Webster of Tuscaloosa, Alabama competed in his first ever national event this summer at the U.S. National Masters-International Invitational in Burnsville, Minnesota and took home the gold in the 55+ age division.

Webster was the 1960 Olympic gold medalist in 10 meter platform diving. He took home the gold again in 1964 for the same event. He also has competed in the Pan Am Games, winning a bronze medal in springboard diving in 1959 and a gold medal in 1971 for platform diving. He returned to the Pan Am Games in 1971 as the head coach of the U.S. Diving Team.

"I played racquetball recreationally early in my life,

but then I decided to get serious about it in the last several years," Webster said. Jack Sorenson has been giving Webster some instruction. Webster added that the quickness of racquetball appealed to him and provides a great workout. He said that he met a lot of "great guys" during the competition and plans to continue playing in regional and national tournaments.

Webster teaches Health Promotion at the University of Alabama in Tuscaloosa.

Transplant Patient Takes "Heart" in Racquetball

While recuperating from a major heart attack eight years ago, my doctors told me to find an exercise program that would keep my heart rate at a rigorous level. I found racquetball. In fact, the first time I tried it, I thought that

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GUEST EDITORIAL: THERE IS NO "I" IN TEAM

By Jim Winterton, Head Coach – U.S. National Racquetball Team

The psychology of team coaching is very different than that of individual competition. When an athlete competes as an individual in a tournament, responsibility is to one's self only. They represent perhaps a club or a coach's style of teaching. Put that same athlete on a team and the perspective must change. No where was this more evident than in the U.S. Racquetball Team's last two tournaments.

Buenos Aires, Argentina - Pan Am Trials: In this tournament a team effort was of utmost importance. If the U.S. was ever going to be defeated this was it. A number of things went wrong from the outset. First, Michelle Gould hurt her back, so we played her in doubles. Next, Robin Levine pulled a hamstring, so we put her in doubles also. This meant that Joy MacKenzie, who hadn't played competitive singles in over two years, would have to play singles, along with Cheryl Gudinas and Laura Fenton, although neither had played internationally before.

On the men's side the draw was changed and two of our singles players would meet in the semi-finals. On paper we looked to be in trouble.

Some great things happened though. Cheryl, Laura and Joy finished 1, 2, and 3 for us in singles. Michelle and Robin destroyed everyone in doubles. Although John Ellis lost in the finals, Michael Bronfeld took a bronze medal and our men's doubles team of Todd O'Neil and

Jeff Evans defeated Mexico. Each of these players, in their own way, rose to the occasion to secure the team win.

San Luis Potosi, Mexico - World Championships: If even one of our athletes had been selfish and thought only of themselves, our team victory would not have been possible. Robin Levine started us with a win. Michelle Gould followed. Cheryl Gudinas was next and the doubles team of Jackie Gibson and Laura Fenton completed the sweep. Michael Bronfeld defeated Sherman Greenfeld, Tim Sweeney lost a heartbreaker. Derek Robinson won in a hard fought tiebreaker and finally, our doubles team of Eric Muller and John Ellis won. Each of these matches contributed to the next.

Our wheelchair athletes, Gary Baker and Chip Parmelly won earlier. This also helped create team unity. One of the best things that has happened to Team USA is the addition of these two guys. Chip and Gary's support, determination and attitudes have helped us focus better and achieve more on the court.

Racquetball has arrived as a team sport. Although the matches are individual, the fact that an athlete is representing their country, supporting teammates, and playing for pride helps ensure an all out effort. This is all a coach can ask for. From time to time I hear that young people in America aren't tough and are slackers, but let me assure you these young men and women are tough. They are dedicated athletes with a passion for our great game. They deserve our respect for representing our country and our sport well.

One last aspect of the team that should not be overlooked. The head coach gets the grief when we lose and credit when we succeed, but the support staff and assistant coaches are an integral part of the team also. Paul Henrikson did a great job as Team Leader in Buenos Aires. Steve Lerner likewise as Team Manager. John Boudman did an outstanding job in Mexico and Margo Daniels did a super job as Team Leader. Speed coach Scott Phelps and sports psychologist Diana McNab also helped in preparing our team. Finally, Fran Davis, the other U.S. Team coach deserves so much credit. Her hard work and coaching has been outstanding. Two years ago in Honduras I could not attend because of illness in my family. Fran guided the team home and we didn't miss a beat.

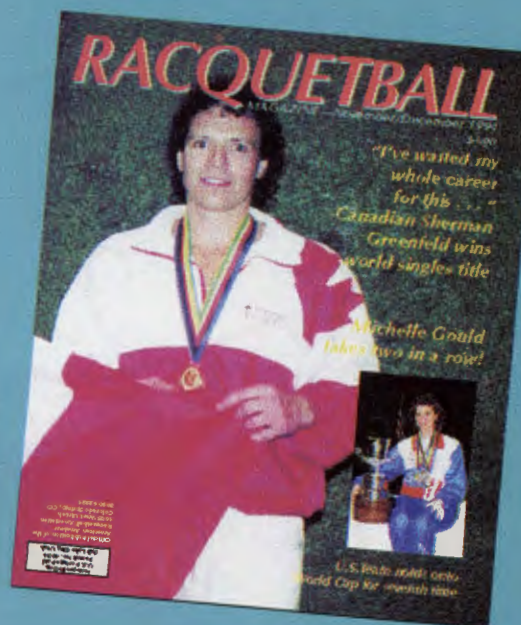
That's the beauty of team work and why the United States continues to be #1!



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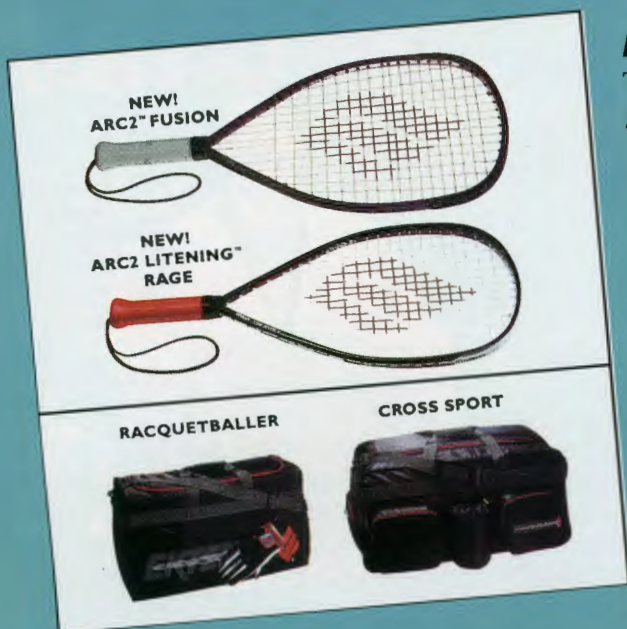
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Designed by racquetball players for racquetball players. Racquetball Gears' classic designs and unique colors offer any player a fashionable look on or off the court. Lexus warm-up jackets feature 100% brushed nylon with zipper front and two zipper pockets. Orbit Shorts feature double ply 100% brushed nylon, with zipper fly and two side pockets. Authentic Racquetball Gear also offers a complete line of t-shirts, heavyweight fleecewear and our popular wash n' wear velcro closure hats. For a free full color catalog call 800/729-1771.

Courtesy Sports
4856 El Camino Real
Los Altos, California 94022
Tel: 800/729-1771
Fax: 415/968-4609



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205 Axton Court
Roswell, Georgia
Tel: 404/751-9463
Fax: 404/751-9469



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304 South 45th Ave.

Phoenix, Arizona 85042

Tel: 800/BUY PENN

Fax: 602/484-0533

HEX SPORTS INSTANT COLD PACK

Hex Sports introduces a valuable new piece of equipment to keep in your racquetball bag. The new Instant Cold Pack from Hex is perfect not only for treatment of injuries which may occur on the court but also regular care of sore elbows, shoulders, knees, etc. The Hex Instant Cold Pack will be available from Hex Sports with the purchase of Hex String, the official string of the International Racquetball Tour, Junior Team USA and America's Most Wanted Racquetball Camps. For further information on Hex String or the new Instant Cold Pack please call Hex Sports at 800/PLAY-HEX.

Hex Sports

15911 Lake Avenue

Lakewood, Ohio 44107

Tel: 800/PLAY-HEX

Fax: 216/228-0035



PRO KENNEX KINETIC

ProKennex, consistently the industry's technology leader, has introduced the Kinetic racquet. The Kinetic racquet is the only racquetball racquet with a secondary energy source around the perimeter of the frame for unprecedented levels of performance, feel and shock absorption. The Kinetic racquet will be available in late fall '94 from franchised Tour Gear dealers. ProKennex will be launching a grass roots campaign to introduce this new technology through the new Team Tour Gear for both selected players and authorized dealers. Further information on joining Team Tour Gear as an authorized dealer or as a player may be obtained by calling ProKennex at 800/4KINETIC.

ProKennex

9606 Kearny Villa Road

San Diego, California 92126

Tel: 800/4KINETIC

Fax: 619/566-3686





WILSON SHADOW™

Introducing Shadow, the finest racquetball glove ever made, featuring Wilson's exclusive SensiTouch™ Leather. SensiTouch leather is ultra-thin(0.4 mm) to provide unsurpassed racquet feel, yet possesses unique tensile strength properties for long-wearing durability and superior gripping power. A specially developed "stay soft" tanning process dries the Shadow soft and flexible. The Shadow's paneled finger construction creates a more natural, customized fit, with increased freedom of movement.

Wilson Racquetball
 6760 Trade Street, Suite B
 San Diego, CA 92121
 Tel: 619/586-0300
 Fax: 619/586-0896

LEADER EYEGUARDS

Leader's Optiview model (right) features a wrap around design for maximum safety, a clear hypo-allergenic silicone nose piece, and a patented impact absorbing headband built in. The Maxum (left) offers a contemporary light-weight bubble design with a patented adjustable nose-piece for better fit. Both models offer Leader's Tri-Tech System, silitec outer anti-scratch treatment, permavue inner anti-fog application and shatterproof polycarbonate lens.

Retail: Optiview \$39, Maxum \$34. For a dealer near you call Leader at 800/432-3681.

Leader Sport Products
 675 N. Margaret Street, Suite 14
 Plattsburgh, New York 12901
 Tel: 800/847-2001
 Fax: 518/562-1819



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Eggstra Enterprises, Inc.
 P.O. Box 1159
 Alabaster, Alabama 35007
 Tel: 800/858-EGGS(3447)



RACQUETBALL SPEED AND EXPLOSION VIDEO

Speed Quest's new Speed and Explosion Video will teach you the program that has made Tim Doyle one of the most feared racquetball players in the world, and helped the U.S. National Team reign as World Champions. Tim joins U.S. Team Speed Coach Scott Phelps for this unique video on complete court conditioning. ** Increases 1st step explosion * Learn a comprehensive strength training program * Use dynamic flexibility to increase agility and balance.* This video is unmatched in providing the best training for racquetball and other court sports. To order, send check or money order for \$29.95 plus \$4.00 shipping & handling to:

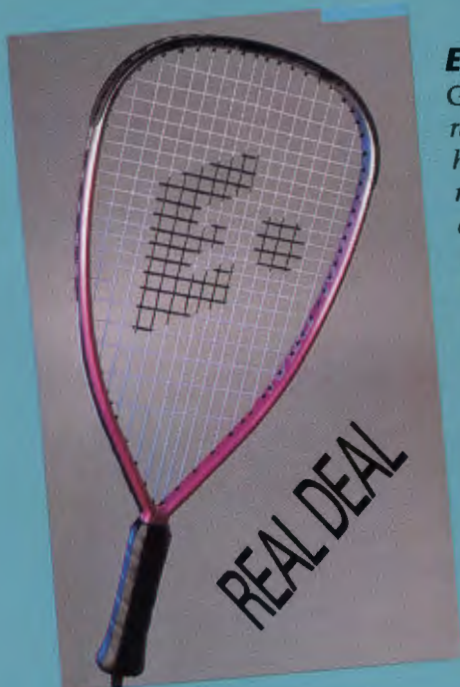
Speed Quest Instruction
 29970 S. Beaver Creek Road
 Mulino, Oregon 97042
 Tel: 503/829-6709

GUNPOWER ULTRA RESPONSE STRING

New from Transition Racquet Sports. Explosive power and tremendous control 19 gauge micro string. Bright Gunpowder silver in color. Easy to use, 52 feet coils. Comes individually packaged. Adds 10 to 20 MPH to the speed of your ball plus better feel and control. Available through select TRS dealers:

Pacific Sports Warehouse, Sports Warehouse, The Sports Authority, Vincent Fitness, and Courtesy Sports. (Not intended for racquets with wide string patterns and ultra high tension). For information on TRS products or a free color brochure call 800/473-4425.

Transition Racquet Sports
 4700 Reed Road, Suite K-1
 Columbus, Ohio 43220
 Tel: 614/457-4076
 Ord: 800/473-4425



E FORCE REAL DEAL

Grab hold of the power! ** Ultra light 205 grams for rapid racquet acceleration and exceptional maneuverability * Quadraform head shape with extra long mainstrings for greater power * Optimum frame stiffness for high energy shots * Strung by USRSA certified stringers with premium 16 gauge Gosen multifilament string.* The Real Deal shares these characteristics with the entire E-Force line — ** Ultra light for rapid acceleration and increased power * Frame stiffness optimized to control racquet deflection and transfer more energy to the ball * Center of gravity positioned to increase swing weight for greater power * Solid and comfortable feel.*

E FORCE
 10366 Roselle Street, Suite A
 San Diego, CA 92121
 Tel: 619/623-4040
 Fax: 619/452-0040



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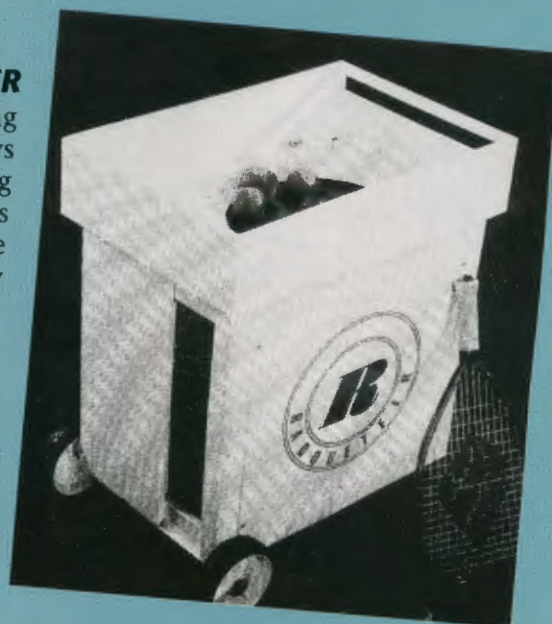
R.P.M. Distributors

1107 Rivara Road

Stockton, California 95207

Tel: 209/957-3542

800/484-9851, 3339



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Transition Racquet Sports proudly presents two new racquetball gloves. The Bad Influence Glove is an all black high grade cabretta glove with a tackified strip through the palm (TRS Grip Strip), reading Bad Influence across the nylon forehand. Also available, Looks Can Kill. A lycra glove with high grade cabretta on the palm. Colors are purple and white with magenta accents. Available through select TRS dealers: Pacific Sports Warehouse, The Sports Authority, Courtesy Sports and Vincent Fitness. For information on TRS products and a free color brochure call 800/473-4425.

Transition Racquet Sports

4700 Reed Road, Suite K-1

Columbus, Ohio 43220

Tel: 614/457-4076

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Power Footwear enters the racquetball market with a great product line and is the shoe of choice for John Ellis as well as a full team of top ranked players nationwide. Power is available from major sporting goods dealers and pro shops nationwide plus Court Sports, Courtesy Sports, Pacific Sports Warehouse and Vincent Fitness. The parent company of Power is Bata, a well recognized name to many racquetball players, the largest and one of the oldest athletic shoe manufacturers in the world. To receive literature or to find a dealer in your area, call Power at 800/567-8194.

Power Footwear

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One Silver Court

Springfield, New Jersey 07081

Tel: 800/567-8194

Fax: 201/379-6377

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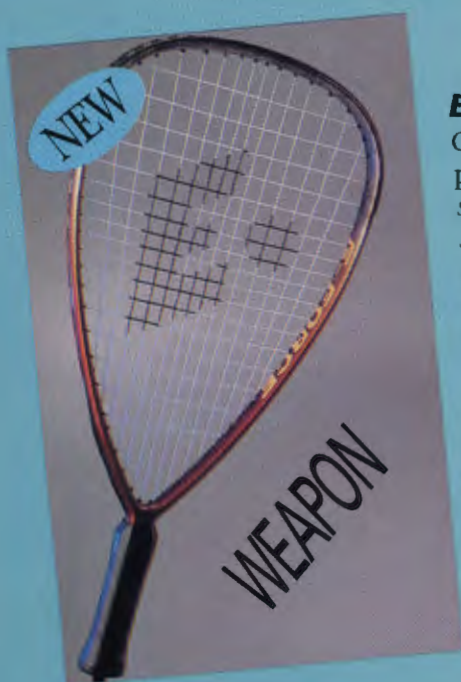
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E FORCE

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San Diego, CA 92121

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SKIP'n D b™ ACTION BOARD GAME

SKIP'n D b™ Productions, Ink. produced the first ever racquetball/handball action board game. This action board game is fun for the whole family and plays just like a real match. Singles, doubles and cut-throat can be played. A roll of the dice indicates point, hinder, side-out, screen, skip-in, double-bounce and other racquetball terms. 21 points win the game with the best out of three for the match. Comes complete with clear storage tube, laminated playing surface, playing pieces, dice, score sheets and game instructions. Makes a great gift idea for racquetball players, families and friends. \$14.50 each, 2 for \$27.00 (includes postage & handling). Allow 3-4 weeks for delivery. To order send check or money order to:

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