

Passing Shots

Norm Blum
Editor & Publisher



RACQUETBALL RINSE — You can now play racquetball at noon and get back to the office by 1:15 without showering and offending your colleagues. "Take A Shower," a new product, washes away sweat and dirt without running water. It's packaged in a plastic pouch with two mesh applicators. Simply wipe and you're ready for work.

SPIT SERVE — Don't lob the ball when you play someone who sweats a lot. Aim for the wet spot and the ball will skip like a rock in a pond. It's racquetball's equivalent to baseball's spitball. . . . Can't understand the philosophy of one open racquetballer who knowingly accepts bad calls and refuses to play the point over. According to him, you take what you can get.

THINGS WE LIKE — Competent referees, dispenser soap in showers, hair dryers and toiletry items in lockerrooms.

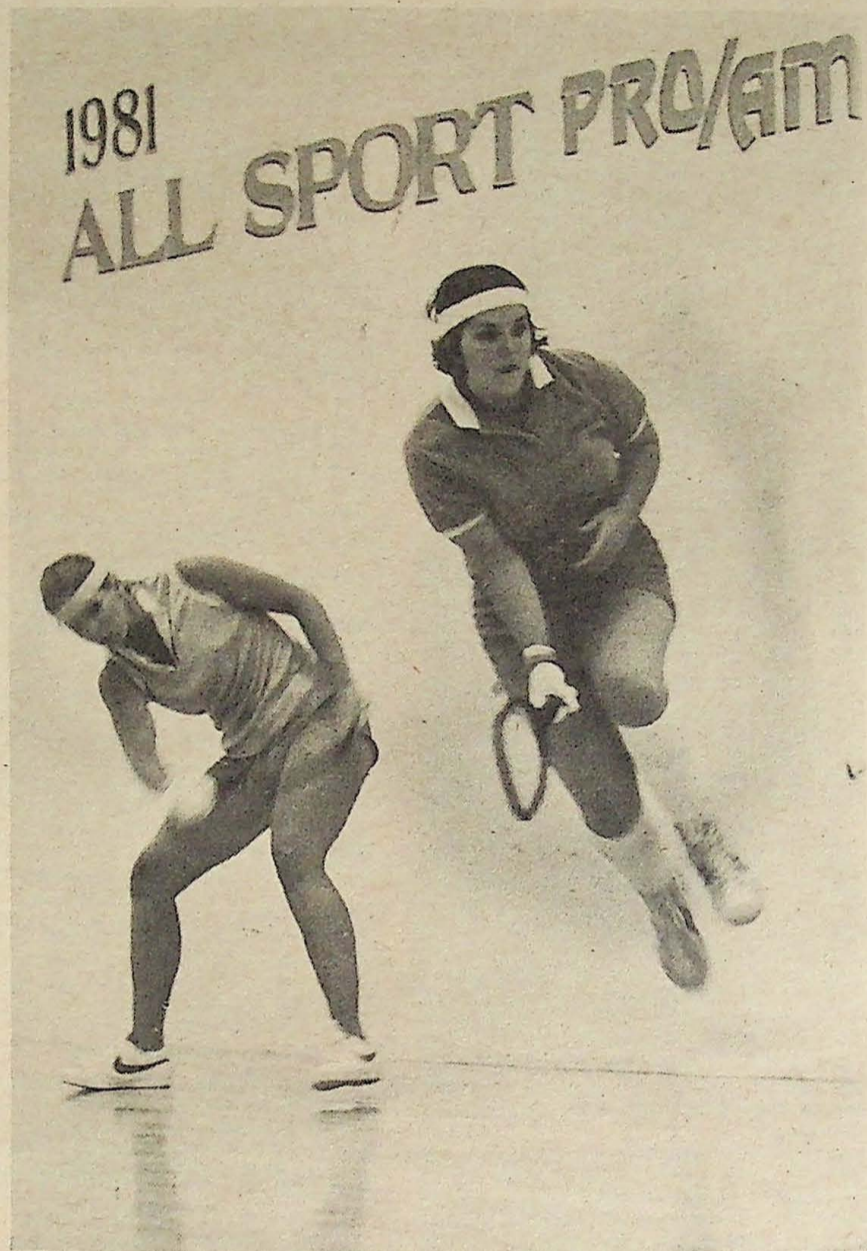
THINGS WE DISLIKE — Being put on hold and getting cut off, no-shows, mixed doubles when the man hogs the court or yells at his partner and those useless trophies that end up in the closet or garage.

THUMBS UP — Laurels to EQ Enterprises, a Florida-based racquetball clothing company which offers a unique racquetball logoed clothing line at affordable prices. . . . Laurels to Tasso Kirkakes for putting on a first class tournament in last month's AARA Regionals at Racquet Power. And special laurels to tournament sponsor Holiday Inn. . . . Laurels to Consolidate Sports Enterprises for taking over the Tampa Bay Courthouse. They are racquetball oriented unlike the other bidder, the American Fitness Center. . . . Congrats to Van Dubolsky for being selected to the board of directors for the AARA. If anyone can make changes for the better, he's the person.

THUMBS DOWN — Darts to the tournament referee who offered to ref his friend's match and then acted as a coach during timeouts. . . . Why is it when you're ahead 12-7 your opponent assumes the game is to 21 and when you win two games he assumes the match is best three out of five?

A THING OF THE PAST — Those biased FRJ rankings will become a thing of the past. The Florida Racquet Journal is currently negotiating with some enthusiastic racquetballers in Orlando about starting a Grand Prix of tournaments which will include computerized rankings in all divisions and sizeable money for the open players. Hopefully, next month we'll be able to announce the details.

CAN'T BREATHE — You play three times a week, but seem to be out of breath after game one in a tournament. Your body isn't playing tricks on you. The pressure of tournament competition simply tires you out more than the friendly game at the club. . . . A Lantana woman wants to play in tournaments, but can't because there's hardly anyone in her division (50+) competing. She wants to know where the women are and urges anyone who has a solution to write (Please turn to page 11)



'Lynn just turned around and shook my hand while I was jumping all over the court. I rushed to the phone and called home. I finally did it. After all that work, I finally did it.'
— Brenda Poe-Barrett

The comeback Poe-Barrett upsets Adams

By NORM BLUM
Publisher

ANAHEIM, CA. — Her father, half asleep, stumbled to pick up the phone at 1:30 a.m. Instinctively, he worried, but it was a wake-up call that kept the Poe household celebrating the rest of the morning. His daughter, Brenda Poe-Barrett, had just defeated Lynn Adams, the No. 1-ranked player on the Women's Professional Racquetball Association tour, in the quarter-finals of the prestigious Ektelon National Championships.

Poe-Barrett eventually lost in the semifinals to Laura Martino, but it was her win over Adams that makes the 21-year-old youngster the star of the future.

Brenda smoked past Diana Hardek 21-10, 21-17, 21-10 in the first round and easily thrashed Bonnie Stoll 21-15, 21-8, 21-14 in the round of 16 setting up her match with Adams.

She approached the Adams match with a different attitude

than in the past. In three previous matches against Adams, she lost badly twice and like everyone else on the tour, placed Adams on a pedestal and considered her unbeatable. But her attitude changed when Vicki Panzeri defeated Adams twice this year and the Adams aura diminished.

"Prior to Vicki's win I would have felt differently going into the match. But everyone's playing well and there have been a lot of upsets," Poe-Barrett recalled.

Winning the first game 21-19 only cemented those feelings and Brenda sensed that Lynn was beginning to feel the pressure of being No. 1 and playing in front of the home crowd. She had never won the Ektelon tournament and newspaper stories began speculating about the hometown jinx.

"One time she said I was one of the up and coming players. Maybe she was thinking of that and everything else after I won

the first game," Poe-Barrett said.

Adams nudged Poe-Barrett 21-18 in the second game, but the youngster from the Sportrooms of Hialeah came back from an 18-14 deficit to win the third game 21-14.

"I could tell she was real nervous," Poe-Barrett said. "She'd call a timeout and start walking around. She was putting more pressure on herself which is something I hoped I wouldn't do."

Adams sent the match into a tiebreaker with a convincing 21-15 win and appeared to have the momentum entering the fifth and deciding game.

"She had the psychological edge having won the fourth game and I was starting to get tired," Poe-Barrett said.

Adams held a 12-7 lead but several uncharacteristic, unforced errors put Poe-Barrett back in the game at 13 apiece. (Please turn to page 11)

Where To Play

For \$100 a year, your club can reach all the racquetball players in Florida. Contact the Florida Racquet Journal about placing your club in the Where To Play section. Call (904) 721-3660.

AUBURNDALE

Auburndale Tennis & Pro Shop — 202 West Park St. (813) 697-7265. 4 outdoor 4-wall courts. 8 a.m.-11 p.m. Public courts. Non-resident, \$3 during daytime, \$5 after 5.

BOCA RATON

The Olympiad — 21069 Military Trail. (305) 368-6441. 11 racquetball courts, 2 squash courts. Nautilus, whirlpool, sauna. Pool under construction. Restaurant. \$5.25 guest fee for out-of-towners.

CORAL SPRINGS

The Quadrangle Racquetball Complex — 2160 University Dr. (305) 753-8900. 12 courts. No guest fee for NCCA card holders; \$5 for others. Pro shop, cafe, nursery, Nautilus, whirlpool, sauna. 7 a.m.-midnight weekdays. 8 a.m.-8 p.m. weekends.

CLEARWATER

Suncoast Court House — 2147 Pine Forest Dr. (813) 531-8933. 16 courts. 2 glass tournament courts. \$5 guest fee covers court time. Nautilus, pool, fully equipped lockerroom. 6:30 a.m.-midnight weekdays, 8 a.m.-midnight weekends.

CRYSTAL RIVER

Kelly's Racquet and Swim Club South Griffin Rd. (904) 795-3703. 2 racquetball courts, 2 tennis courts. Guests with members: \$5 per day plus court fee. Universal, exercise room, spa, jogging track, swimming pool. Clubhouse with lounge.

FORT LAUDERDALE

Holiday Courtrooms — 750 W. Sunrise Blvd. (305) 764-8700. 19 courts. \$6 guest fee for out-of-towners. Basketball court, running track, two Nautilus rooms, swimming pool.

Powerline Health & Racquet Club — 5300 Powerline Rd. (305) 772-2222. 9 racquetball courts; 2 international, 2 American squash courts. Complete Nautilus Fitness Center. Full restaurant and lounge. 30 seconds off I-95, Commercial Blvd. exit. Take Powerline Rd. North.

Bodycenter, Health & Racquet Club — 5065 NE 13th Ave. (305) 491-2255. 9 courts. \$5 guest fee. Aerobics, Slimnastics, Dancerize. Yoga. Nautilus for men and women. Complete lockerroom facilities. Day care center.

FORT MYERS

The Olympiad — 8450 Dayton Ave., SW (813) 939-4477. 10 courts. Country club atmosphere. Fully equipped lockerroom, outdoor jogging track. Convenient and accessible from all directions. 7 a.m. to 11 p.m. seven days a week.

FORT WALTON BEACH

Racquetball West — 125 Miracle Strip Pkwy. (904) 244-6106. 8 courts. \$3 guest fee (guests always welcome). Whirlpools, sauna, pro shop, exercise room, nursery. 8 a.m. to 11 p.m. daily.

GAINESVILLE

Gainesville Racquetball Club — 6916 W. University Ave. (904) 372-2120. 6 courts. \$3 guest fee (call ahead). Universal. Lounge, juice bar, color TV.

HOLLYWOOD

South Florida Racquet Club — 5555 Ravenswood Rd. (305) 987-6410. 10 courts. No guest fee for NCAA members. \$3 for others. \$2 guest fee for basketball and volleyball. Whirlpools, saunas, free baby sitting in nursery. Pro shop. Video games & pool tables. 7-foot TV Screen in a full service cocktail lounge. Full Nautilus facilities. Open challenge courts every Tuesday, Friday and Sunday.

JACKSONVILLE

Jacksonville Racquetball Health and Fitness Center — 6651 Crestline Dr. (904) 724-6994. 10 courts. \$5 non-prime time guest fee; \$6 prime. Nautilus, Aerobics. The only club in Jacksonville that caters to out-of-towners.

Ortega Racquet Club and Fitness Center — 4206 San Juan Ave. (Ortega/Avondale area). (904) 388-1500. 6 courts. No guest fee for active out-of-town club members. Largest heated indoor pool in Jacksonville. Separate men's and women's lockerroom facilities. Steam Seafood Restaurant.

Racquet Power — 3390 Kori Rd. (904) 268-8888. Premier club in Jacksonville. 14 courts. No guest fee when accompanied by member. Otherwise, \$10 during non-prime time hours. Modern Nautilus room, Dynavit, out-side whirlpool, steam room, sauna, aerobics, self-defense classes.

NEPTUNE BEACH (JACKSONVILLE)

Beaches Racquet Club — 450 Atlantic Blvd. (904) 241-5252. 6 courts. \$3 guest fee, plus court time. Nautilus, aerobics room, complete lockerroom, nursery, snack bar. 6 a.m.-11 p.m. weekdays, 7 a.m.-11 p.m. weekends.

MELBOURNE

The Harbour Pines Racquet Club — (305) 777-6737. NEW CLUB! 13 racquetball courts, 1 squash court, Nautilus Equipment room, steam room, whirlpools, saunas, \$3 guest fee. Tyrone Racquetball Club — 6690 Cross Winds Dr. North (813) 381-8711. 16 courts. \$5 guest fee; Non-Prime time \$8, Prime Time \$10. Whirlpool, sauna, exercise room. Private club. 6:30 a.m.-midnight daily.

MIAMI

Bogey's — 5885 NW 151st St. (305) 822-0160. 9 courts. \$6 guest fee includes court time. Gymnasium, aerobics. Restaurant and lounge.

Holiday Health & Racquet Club — 10631 SW 88th St., Dadeland West Office Park. (305) 596-0600. 11 courts. \$5 guest fee, plus court time. Fee waived for NCCA members. No reservations, please call. Separate men's and women's health club. Nautilus, fully equipped lockerrooms, pro shop. Lounge, social area.

Miami Court Club — 9395 Bird Rd. (305) 226-4014. 10 courts. No guest fee for NCCA members; \$3 for others (no reservations).

Hotel guests in Miami can reserve non-prime for \$7 (6 a.m.-4:30 p.m. weekdays, 6 p.m.-midnight weekends). Prime \$9 or \$12. Racquets, shoes for rent. Pro shop, whirlpool, sauna, steam room. 6 a.m.-midnight daily.

Miami Lakes Athletic Club — Palmetto Expressway & NW 154th St. (305) 821-1150. 9 racquetball courts. Championship court. Diane Bullard — head pro. Gymnasium. Restaurant and lounge. Nautilus. Aerobics. Guests must be accompanied by members.

NAPLES

The Olympiad — 1048 Castello Dr. (813) 262-1112. 8 courts. \$5 guest fee. Pool, complete lockerroom. Restaurant. Under new ownership.

OCALA

The Fontainebleau - 2120 Northeast 46th Ave. (904) 236-2288. 10 courts. \$3 guest fee. Nautilus, swimming pool, sauna, steam room, whirlpool, lockers. Aerobics, karate, gymnastics. Pro shop, supervised nursery, hair salon. Video games, snack bar, lounge

ORANGE PARK

Park Avenue Racquet Club — 714 Park Ave. (904) 269-8000. 6 racquetball courts, 8 soft tennis courts. \$3 guest fee plus court time. Nautilus, whirlpool, pro shop, nursery. Bar and lounge. 7 a.m.-11 p.m. weekdays, 8 a.m.-11 p.m. weekends.

ORLANDO

The Club — 825 Courtland St. (305) 644-5411. 10 racquetball courts, 16 tennis courts, swimming pool, Nautilus, lounge, pro shop, sauna, whirlpool. Guest fee \$3 & \$5. 7 a.m.-11 p.m. weekdays, 8 a.m.-6 p.m. weekends.

The Racquet Ball — 5165 Adanson St. (305) 645-3999. 8 courts. \$6 guest fee. Nautilus, complete lockerrooms. Restaurant.

Racquetball South — 5224 S. Orange Avenue. (305) 857-1388. Brand new facility. \$5 guest fee. 8 courts, 2 glass championship courts. Nautilus. Spacious lounge and grill with large screen TV. A new era in relaxation — Flotation. Completely stocked pro shop.

ORMOND BEACH

Omega 40 — 1 S. Old Kings Rd. (904) 672-4044. 10 courts, 24 pieces of Nautilus, \$5 guest fee. Swimming pool, whirlpools, steam/sauna. Open 7 a.m.-11 p.m. Manager of the year Mike Phillips resides.

South Florida Racquet Club

PANAMA CITY

The Court House — 3120 W. Highway. (904) 796-6184. 6 courts. Separate lockerrooms, whirlpool, sauna. Cam 2 weight room. Gymnasium, dance room, heated swimming pool, nursery & lounge. No guest fee for NCCA members.

POMPAÑO BEACH

Tennis Trainer — 1301 W. Copen Rd. (305) 974-4310. 7 racquetball courts, 3 tennis courts, 2 indoor practice tennis courts. \$7 guest fee (full use of club). Fully equipped lockerroom.

PORT CHARLOTTE

Charlotte Racquet Club — Loveland Blvd. (813) 629-2233. 4 racquetball courts, 6 tennis courts. \$3 guest fee; \$6 non-prime, \$8 prime. Universal, ping pong. Snack bar. Plans for expansion.

SARASOTA

SARASOTA YMCA — 1075 S. Euclid Ave. (813) 957-0770. 8 courts (2 new exhibition courts with excellent spectator viewing). \$2 courts with excellent spectator viewing). \$2 guest fee. Non-prime \$5, prime \$7. Co-ed whirlpool. Visitors and guests welcome. Open 7 a.m. to 11 p.m. daily. Massage therapist on duty 9 a.m. to 5 p.m. Monday thru Friday.

Sarasota Racquetball Club — 2170 Robinhood Dr. (813) 922-3546. 6 courts. \$2 guest fee (no reservations); non-prime \$6, prime \$8. Nursery. Lounge, free first-run movies.

ST. PETERSBURG

Tyrone Racquetball Club — 6690 Cross Winds Dr. North. (813) 381-8711. 16 courts. \$3 guest fee for out-of-town club members with current card; non-prime \$7, prime \$9. Whirlpool, sauna, exercise room. Private club. 6:30 a.m.-midnight daily.

STUART

Mid Court Racquetball Club — 20 N.E. Dixie Hwy., Rt. 707. (305) 692-9488. 8 courts. \$2.50 guest fee (guests welcome); \$8 prime (4 pm.-11 p.m. weekdays). All other hours \$6. Racquets, balls for rent. Universal gym, whirlpool, saunas, pro shop, nursery. Lounge, billiards, game room. 8 a.m.-11 p.m. daily.

TAMPA

Brandon Racquet Club — 2011 S. Parsons Ave. (813) 689-4410. 5 courts. No guest fee for out-of-town club members; \$6 non-prime, \$8 prime. Universal, saunas. 7 a.m.-midnight daily.

Tampa Bay Court House — 7815 N. Dale Mabry (813) 932-5321. 10 courts. 2 side-wall glass courts. \$5 guest fee covers court time. Nautilus, pool, fully equipped lockerrooms. 6:30 a.m.-midnight weekdays, 8 a.m.-midnight weekends.

TAVENIER

Wall to Wall Racquetball — Upper Florida Keys, Milemarker 91.5 (behind Harry's Restaurant) (305) 852-2634. 5 courts. No guest fee for out-of-towners with current club card. Nursery. Ideal resort area. Finally, racquetball in the Keys!! Check it out.

VENICE

Venice Racquetball and Fitness Center — 581 N. Venice By-Pass (813) 484-8427. 8 courts. \$3 guest fee; \$4 non-prime, \$8 prime. 2 full gyms, swimming pool, sauna, steam bath, inhalation room. Big lounge.

VERO BEACH

The Forum — 650 12th St. (off U.S. 1). (305) 567-7727. 6 courts. Under new management. Watch the Los Angeles Dodgers train and play a game of racquetball. Club expects to expand shortly and become a showcase among clubs in Florida. Watch us grow!

WEST PALM BEACH

The Courthouse — 1500 Old-Okeechobee Rd. (305) 684-2111. 7 courts. Complete Nautilus Fitness Center. Enjoy the sun and then visit the Courthouse. Food and cocktail area.

Winners

AARA Southeast Regionals Racquet Power Racquetball Club Jacksonville

Men's Open — Semifinals — Mark Morrison def. Bubba Gautier 21-3, 21-20. Tim Hansen def. Davey Bledsoe 21-15, 21-19. Finals — Morrison def. Hansen 21-9, 19-21, 11-6. B — Semifinals — Scargle def. Hagar 21-13, 21-3.

FLORIDA RACQUET JOURNAL

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Nelson def. R. Rodriguez 21-17, 21-5. Finals — Nelson def. Scargle 21-15, 14-21, 11-5. 3rd — Rodriguez. C — Semifinals — Harold Bryant def. Mike Altman 21-19, 21-15. Tom O'Reilly def. Jeff Jensen 20-21, 21-10, 11-4. Finals — O'Reilly def. Bryant 21-7, 13-21, 11-7. 3rd — Altman 21-9, 19-21, 11-6.

19+ — Semifinals — Chris Buckner def. Scott Nelson 21-13, 15-21, 11-10. Mark Klusza def. Paul Clemons 20-21, 21-18, 11-8. Finals — Buckner def. Klusza 21-3, 21-3. 3rd — Nelson. 25+ — Semifinals — Mark Morrison def. Dave Reep 21-12, default. Jim Hawkins def. Randy Pfahler 21-11, 20-21, 11-3. Finals — Morrison def. Hawkins 21-13, 21-4. 30+ — Semifinals — Gary Zetrouer def. Bill Alpert 21-6, 21-17. Mitt Layton def. Van Dubolsky 21-11, 21-10. Finals — Layton def. Zetrouer 21-8, 21-4. 3rd — Dubolsky 21-11, 21-6. 35+ — Semifinals — Joe Serabia def. Steve Chapman 21-13, 15-21, 11-6. Mike Desormey def. Jeff Leon 21-17, 21-18. Finals — Desormey def. Serabia 21-13, 14-21, 11-10. Finals — DeSormey def. Serabia 21-13, 14-21, 11-10. 3rd — Chapman. 40+ — Semifinals — Jeff Leon def. Jim Lane 21-8, 21-9. Graig Shaak def. Al Miller 21-20, 21-17. Finals — Leon def. Shaak 21-8, 16-21, 11-6. 3rd — Alan Miller 15-3, 15-9. 45+ — Semifinals — Gordon Ira Jr. def. Sonny Marcus 21-2, 21-15. Ed Vlock def. Gail Wiles 21-19, 9-21, 11-7. Finals — Vlock def. Ira 21-11, 14-21,

11-8. 3rd — Wiles. 50+ — Gordon Ira, Jr. def. Dub Fiendwater 21-10, 21-18. John Hatcher def. Tom Zetrouer 21-3, 21-7. Finals — Ira def. Hatcher 21-17, 16-21, 11-2. 3rd — Fiendwater 14 and under — Semifinals — Mike Altman def. Robby Waldron 21-9, 21-12. Paul Welsh def. Scott Sobel 21-4, 3-21, 11-6. Finals — Welsh def. Altman 20-21, 21-11, 11-8. 16 & under — Semifinals — Charlie Nichols def. Jay Weiner 21-10, 16-21, 11-0. Matt St. Lawrence def. James Waldron 21-15, 21-10. Finals — Nichols def. St. Lawrence 21-13, 21-13. 3rd — Waldron 21-14, 11-21, 11-8. 18 & under — Semifinals — Curtis Winder def. John Schneider 10-21, 21-9, 11-2. Steve Miragliotta def. Dallas Clemente 21-13, 21-18. Finals — Miragliotta def. Winter 21-16, 10-21, 11-7. 3rd — Schneider 21-15, 21-13. 10 and under (Round Robin) — Nicky Xynidis 4-0, Chris Harmon 3-1, John Xynidis 2-2, Jason Thoenner 1-3, Jason Borges 0-4.

Men's Open Doubles — Semifinals — Tim Hansen/Bubba Gautier def. Davey Bledsoe/Jim Hawkins 21-9, 21-6. Pfahler/Dubolsky def. Morrison/Kimball 21-17, 21-19. Finals — Hansen/Gautier def. Pfahler/Dubolsky 21-14, 21-9. 3rd — Bledsoe/Hawkins. B Doubles — Nick Hondras/Ray Felice def. Greg Neimyer/Dennis 21-11, 21-17. John Scargle/Mark Klusza def. Link Nelson/Tyrone Robinson 21-12, 21-20. Finals — Hon-

dras/Felice def. Scargle/Klusza 21-18, 21-9. 3rd — Nelson/Robinson. 30+ Doubles — Semifinals — Bledsoe/Wickliffe def. DeVaul/Desormey 21-16, 21-13. Zetrouer/Dubolsky def. Simon/Alpert 21-4, 21-9. 3rd — DeVaul/Desormey. 35+ Doubles — Semifinals — Shaak/Ariet def. USSach/Sussman 21-9, 21-12. Freshwater/Wiles def. Green/Grimes 21-5, 15-21, 11-7. Finals — Shaak/Ariet def. Freshwater/Wiles 21-14, 10-21, 11-2. 45+ Doubles (Round Robin) John Hatcher/Ed Vlock 3-0, Al Winter/Frank Shumer 2-1, Don Fox/Mike Mojer 1-2, Don Woodington/Thomas Rumsey 0-3.

Women's Open — Semifinals — Julie Pinnell def. Susan Morgan 21-14, 21-17. Mary Lyons def. Gail Lauteria 21-1, 7-21, 11-5. Finals — Pinnell def. Lyons 21-19, 21-11. 3rd — Lauteria. B — Semifinals — Jan Curtis def. Beth Aloï 21-5, 21-2. Linda Derrick def. Lynette Sprout 21-17, 21-7. Finals — Curtis def. Derrick 21-10, 15-21, 11-1. 3rd — Sprout 21-7, 21-7. C — Semifinals — Beth Aloï def. Chris Solomon 17-21, 21-12, 11-10. Lillian Cotrill def. Patti Rushing 21-11, 19-21, 11-6. Finals — Aloï def. Cotrill 21-20, 21-9. 3rd — Rushing 21-10, 21-13. 25+ — Semifinals — Julie Pinnell def. Mildred Gwinn 21-13, 21-7. Gail Lauteria def. Barbara Simmons 21-7, 21-15.

(Please turn to page 12)

Florida Racquet Journal

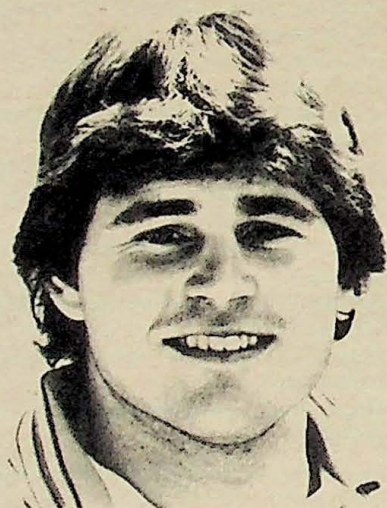
Presents

The Dave Peck Racquetball Camp

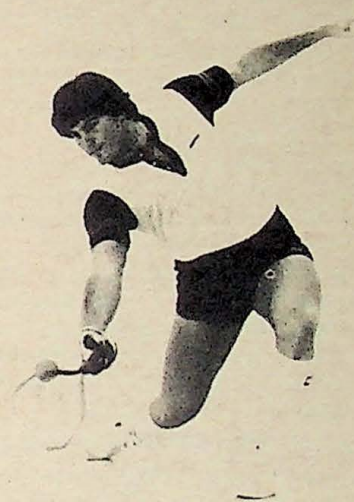
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Staff

Dave Peck will be assisted by Laura Martino, fourth-ranked on the women's pro tour; Miami Lakes Athletic Club touring pro Diane Bullard, the 1982 National Amateur Champion, and other top instructors within Florida.

Additional Information

If you have any questions regarding the Dave Peck Racquetball Camp, call the Florida Racquet Journal at (904) 721-3660 or write:

P. O. Box 11657
Jacksonville, Florida 32239

Forehand passing shot is important

Next to the kill shot, the forehand passing shot is probably the most effective offensive weapon you possess.

Of course, you can also hit a passing shot off your backhand; but I don't know anyone, professional or amateur, whose backhand is as effective as his/her forehand.

Backhand or forehand, the technique is much the same, so let's concentrate on forehand passing shots here.

Like a kill shot, a passing shot is a rally ender, leaving your opponent no opportunity for a return when properly executed. Ideally, you want your shot to pass your opponent, out of his reach, and die in the back corner.

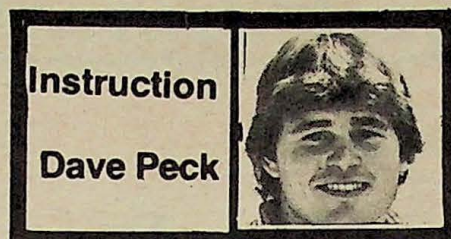
Even if it doesn't die, it might still be a good shot because it will take your opponent into the back court, yielding the coveted center court position to you. He will probably be left with the possibility of only a weak return, setting you up for a kill.

The circumstances under which you should hit a passing shot are always a product of your position vis-a-vis that of your opponent.

Here are two general rules of thumb: If you are in the back court and he is in the front court, always pass, never go for a kill.

On the other hand, never pass when your opponent is in the back court, regardless of where you are. Pinch it in a corner, kill it, whatever. If you pass the ball, you will be hitting it right into his vicinity.

The other possibilities are that you



will both be in the front or center court areas and, under these circumstances, you can judge for yourself whether you have a clear kill shot or one that will send your opponent scurrying toward one of the back corners.

Generally, if he is in front of you in the fore court, any kill shot you hit had better roll out or he will be in position to put it away. A passing shot is ideal for this situation. But watch out if he is behind you; your passing shot had better be a good one in that case.

There are two types of passing shots: down-the-line and cross-court. Obviously, you will choose the shot that puts the ball where your opponent isn't.

For the sake of simplicity, let's assume that both you and your opponent are right-handed. Select a down-the-line pass when he is in the middle to the left side of the court.

The stroke is the normal forehand stroke and the ball should hit the front wall two or three feet up and rebound back to die in the right back corner. It should not contact the side wall on its way back or it will rebound out into the court where your opponent will have a chance at

it. Don't hit it so far up on the front wall that it hits the back wall, or again, he will have a crack at it.

Just how far from the side wall you want the ball to contact the front wall depends on your position in relation to the side wall. Both of you may be way over to the left side of the court or you may be right next to the right wall.

A particularly difficult variation of the pass, both for you and your opponent, is when the ball travels all the way back, only an inch from the side wall. It's called "wallpaper" and that's what your opponent usually gets a racquet full of when he tries to scoop up the ball.

If both you and your opponent are positioned from the middle-to-right side of the court, don't hit a down-the-line pass because he will already be halfway to the ball. Go to the cross-court pass instead.

The cross-court pass, like the down-the-wall pass, is hit two to three feet up on the front wall. Once again, you want it to bounce in front of the back wall in the corner on the opposite side of the court and die, so angle it accordingly.

If the ball happens to hit the side wall on its way back, it might still be a good shot if it doesn't hit too far from the back wall. Otherwise, it will roll into the center of the court where your opponent will pick it up and show you how to do it right. When successful, though, you can have your opponent running from one side of the court to the other.

You'll find that your passing game

can really help your kill game. When an opponent knows you have more than one weapon, it prevents him from anticipating your shots. It keeps him honest.

You can also increase your chances of success with a kill shot by hitting a pass-shot kill. Hit a low kill shot on an angle so that if it comes off the front wall too high, it will still be a good pass shot. The down-the-line is my favorite and I always go for a pass-kill. I give myself a much larger margin for error that way.

Calendar

- June 3-5 — The Club — Orlando
- June 10-12 — Jacksonville Racquetball Club, Health & Fitness Center
- June 24-26 — Sunshine State Games Regional Qualifiers
- Region I — Capitol Fitness Center — Tallahassee
- Region II — Omega 40 — Ormond Beach
- Region III — Tyrone RB Club — St. Petersburg
- Region IV — Quadrangle — Coral Springs
- July 8-10 — Holiday Courtrooms — Fort Lauderdale
- July 15-17 — Dave Peck Racquetball Camp — Miami Lakes Inn & Country Club
- July 15-17 — Midcourt RB Club — Stuart
- August 5-7 — The Quadrangle — Coral Springs
- August 19-21 — Court & Sport — Lantana
- Sept. 21-23 — The Olympiad — Boca Raton

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B
C
Novice
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Masters
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Who barterers?

Today, people in all walks of life are discovering the advantages of barter.

Clients of Barter Systems International range from individual retailers, doctors, lawyers, and small service businesses to Fortune 500 companies such as Allis-Chalmers, Continental Airlines, and Xerox Corporation.

In fact, fully 65 percent of manufacturers on the New York Stock Exchange now do some part of their business in barter.

Trades range from a few hundred dollars to millions.

Why do they barter?

Some use barter to conserve cash. Others to liquidate inventory. Many find it a way to broaden their customer base, tapping into Barter Systems' 30,000 accounts.

Professional people barter their unused time, factories their downtime. Some even use barter dollars to pay debts. And several major companies use barter to optimize production efficiency—allowing equipment to run "full out" and putting the overrun into a trading system.

What can you barter for?

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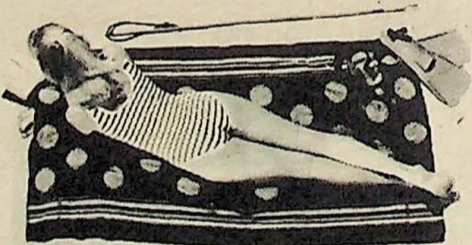
A lawyer uses barter to get legal printing done.

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Many companies barter for office space, hotel rooms, and airline tickets.

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Quietly wins three titles

Morrison turns over a new leaf at regionals

By NORM BLUM
Publisher

JACKSONVILLE — In the past it was easy to tell when Mark Morrison was on the court. He was called the "animal" and deservedly so. He'd yell at himself without any letup, and go as far as banging his head against the wall to reinforce a point. He'd rattle his opponents by literally coming within inches of their face during a rally and the crowd would howl. Against most open players such strategy worked, but against players the likes of Sergio Gonzalez and Bubba Gautier, such antics had little impact on the game's outcome.

Those days, Morrison says, are over. The crowd will have to go elsewhere for its entertainment.

"I can usually run my mouth and keep my concentration," Morrison says. "But I've decided to quit burning my extra energy that way. It took me five years to learn that and I finally realized it after I talked to some veteran players for five minutes the other day. I'm turning a new leaf."

It apparently worked in last month's AARA Southeast Regionals at Racquet Power Racquetball Club in Jacksonville. Morrison won three titles — Men's Open, 25+ and the Mixed Open competition.

All weekend Morrison, the defending Southeast AARA champ, was awesome. In the men's open semifinals, he had Bubba Gautier talking to himself after taking the first game 21-3. He won the second game 21-20 and advanced to the final against the always tough Tim Hansen.

Hansen thrilled the crowd when he defeated former National Champion Davey Bledsoe. Bledsoe won the national title five years ago when he defeated Marty Hogan but has been resigned to playing amateur tournaments because the pro tour is basically an exhibition of 12 players selected by Catalina. Bledsoe, because of political reasons, was not among the 12 selected and has angrily watched his skills erode over the last two years.

Bledsoe, 32, not in the best shape of his career due to a lack of incentive, showed signs of his brilliance, but lacked the consistency which made him the national champion. Hansen, who defeated him in the first round of a Montgomery, Ala., tournament, was a 21-15, 21-19 winner. Each game the score was tied at 15, but Hansen pulled away.

Hansen didn't have much left when he played Morrison in the final. Sprawled out on the couch five minutes before the match, Hansen woke up in the second game after losing 21-9. He was down 13-2 before his forehand, one of the best in the game, began cranking and he came back to defeat Morrison 21-19. Morrison put the pressure on in the tiebreaker and was a convincing 11-6 winner.

Morrison's first-place finish when all the "big names" were present was a long time coming.

"It seems I've been getting there but I can't pull that last one off. I've had a lot of second place finishes but I'm looking for more firsts. I think



Mark Morrison in action

with my new style I might be able to do it."

In other men's divisions, Mike DeSormey aced southpaw Joe Serabia on the final point to win the tiebreaker 11-10 in the 30+ division. Tampa's Ed Vlock surprised Gordon Ira 21-11, 14-21, 11-8 in the 45+ division, but Ira was a 21-17, 16-21, 11-2 winner over John Hatcher in the 50+ category.

Chris Buckner was an easy 21-3, 21-3 winner over Mark Kluza in the 19+ division and Mitt Layton was an impressive 21-8, 21-4 winner over Gary Zetrouer in the finals of the 30+ category. Jeff Leon nabbed the 40+ title with a 21-8, 16-21, 11-6 victory over Graig Shaak.

In the women's competition, Julie Pinnell has replaced Diane Bullard as the state's top amateur. A winner

over Mary Lyons for the state title, she defeated Lyons for the regional championship, 21-19, 21-11.

In the men's open doubles championship, intercollegiate champions Tim Hansen and Bubba Gautier were 21-14, 21-9 winners over Randy Pfahler and Van Dubolsky.

For complete results of other divisions, please turn to page two.

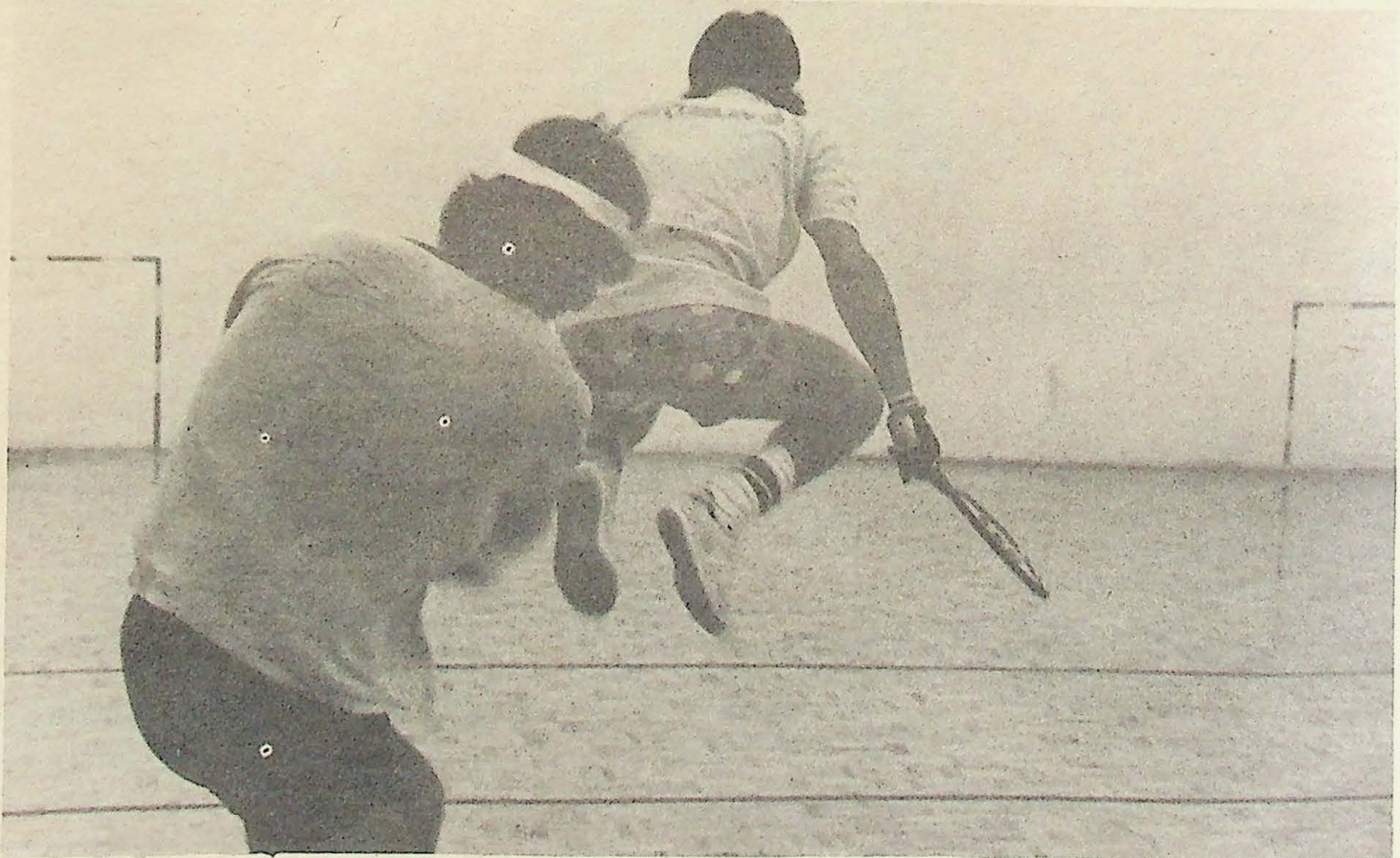
Tournament director Tasso Kirkakes received rave reviews from the participants. Players rated the hospitality above average and said the tournament ran ahead of schedule the entire weekend. The only complaint involved the early starting time of the tournament: 10 a.m. Thursday. Twenty-seven players had to forfeit their matches due to a conflict with schedules.

FRJ Photos/Vince Edwards

AARA Regional Commissioner Shirley Smith said the tournament was an excellent showcase for racquetball.

"I'd like to congratulate the players for the sportsmanship they showed," Smith said.

PASSING SHOTS — The odds are good that the Tyrone Racquetball Club in St. Petersburg will play host to the AARA National Doubles Championship. Look for details in next month's edition of The Florida Racquet Journal. . . Omega 40's Steve Xynidis is putting together a Florida team for the junior nationals. For info call (904) 672-4044. . . Regional winners were offered \$50 to \$100 by the AARA to help defray costs for the national singles championship.



Curtis Winter cranks it up.



RACQUETBALL

1983 SUNSHINE STATE GAMES SUPPLEMENTAL ENTRY FORM FOR REGIONAL QUALIFYING TOURNAMENTS

**ENTRY
DEADLINE**
June 14, 1983

DATES FOR ALL QUALIFYING COMPETITIONS: June 24, 25 & 26, 1983

ELIGIBILITY: AARA membership *required*

OPEN TO ALL FLORIDA RESIDENTS. The state has been divided into four regions. The top four finishers from each *age group* in each *championship division* from each *region* will advance to the Sunshine State Games Finals, to be held in Orlando on July 22, 23 & 24, 1983.

REGION I: Bay, Calhoun, Dixie, Escambia, Franklin, Gadsden, Gulf, Hamilton, Holmes, Jackson, Jefferson, Lafayette, Leon, Liberty, Madison, Okaloosa, Santa Rosa, Suwannee, Taylor, Wakulla, Walton & Washington Counties

SITE FOR REGION I: Capital Racquet & Fitness Center, P.O. Box 13235, 2697 Capital Circle NE, Tallahassee 32308, phone (904) 386-2711, Attention: Charles Doggett

REGION II: Alachua, Baker, Bradford, Brevard, Clay, Columbia, Duval, Flagler, Gilchrist, Indian River, Lake, Levy, Marion, Nassau, Orange, Osceola, Putnam, Seminole, St. Johns, Union & Volusia Counties

SITE FOR REGION II: Omega 40, 1 S. Kings Rd., Ormond Beach 32074, phone (904) 672-4044; Attention: Tasso Kiriakes

REGION III: Charlotte, Citrus, Collier, DeSoto, Glades, Hardee, Hendry, Hernando, Highlands, Hillsborough, Lee, Manatee, Pasco, Pinellas, Polk, Sarasota & Sumter Counties

SITE FOR REGION III: Tyrone Racquetball Club, 6690 Crosswinds Dr. N., St. Petersburg 33710, phone (813) 381-8711; Attention: Carl Nicks

REGION IV: Broward, Dade, Martin, Monroe, Okeechobee, Palm Beach & St. Lucie Counties

SITE FOR REGION IV: The Quadrangle Racquetball Complex, 2160 University Dr., Coral Springs 33065, phone (305) 753-8900, Attention: Fred White

OFFICIAL BALL: *Penn* Ultra Blue

GAMES: Best 3-out-of-5 to 11 points

ENTRY FEE: \$20.00 first event, \$9.00 second event (limit of two championship events)

AWARDS: First four places in each age group in each championship division in each region.

REGISTRATION FORM

Return this registration form, *with payment* (make checks payable to the racquetball club), to the site address for your region.

CHAMPIONSHIP DIVISIONS

MEN	WOMEN	BOYS
Open _____	Open _____	18 & under _____
19+ _____	19+ _____	16 & under _____
25+ _____	25+ _____	14 & under _____
30+ _____	30+ _____	
35+ _____	35+ _____	GIRLS
40+ _____	40+ _____	18 & under _____
45+ _____		16 & under _____
50+ _____		14 & under _____
55+ _____		

NON-CHAMPIONSHIP DIVISIONS

Men's B _____ Women's B _____
Men's C _____ Women's C _____

MEN'S DOUBLES
Open _____
18 & under _____
30+ _____
40+ _____

WOMEN'S DOUBLES
Open _____
18 & under _____
30+ _____
40+ _____

Name _____ Phone _____ Area Code _____ Number _____

Address _____

City _____ County _____ Zip _____

I will be competing in Region _____ Age _____ Birthdate _____

Your AARA membership # _____ Hometown _____
Newspaper _____

If playing doubles, your partner's name: _____

T-Shirt size (check one): Child's: Sm _____ Med _____ Lg _____ Adult's: Sm _____ Med _____ Lg _____ XLg _____

WAIVER In consideration of my entry into the competition known as the Sunshine State Games, I, intending to be legally bound, do hereby for myself, executors and administrators waive, release, and forever discharge any and all rights and claims for damages, including any claims for loss, damages, or

injury to my person or property arising out of my performance or failure of performance, from the State of Florida, the Governor's Council on Physical Fitness and Sports, the National Governing Bodies, their agents, representatives, successors, and assigns.

Athlete's Signature _____

Parents or Guardian's Signature (if athlete is under 18 years of age) _____

Discover the Caribbean with the ships that discovered the Caribbean.

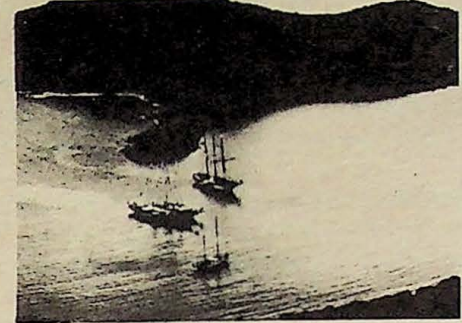
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Join us in your barefeet, bikinis, or shorts. Start off with your morning eye opening Bloody Mary or a hot steaming cup of coffee, and brace yourself for a day unlike any on earth. This is the sea.

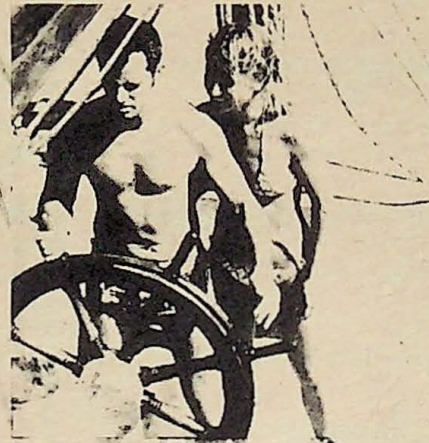
A special place of rainbows, iridescent sunsets, living reefs, rainbow fish and pink and white sand beaches.



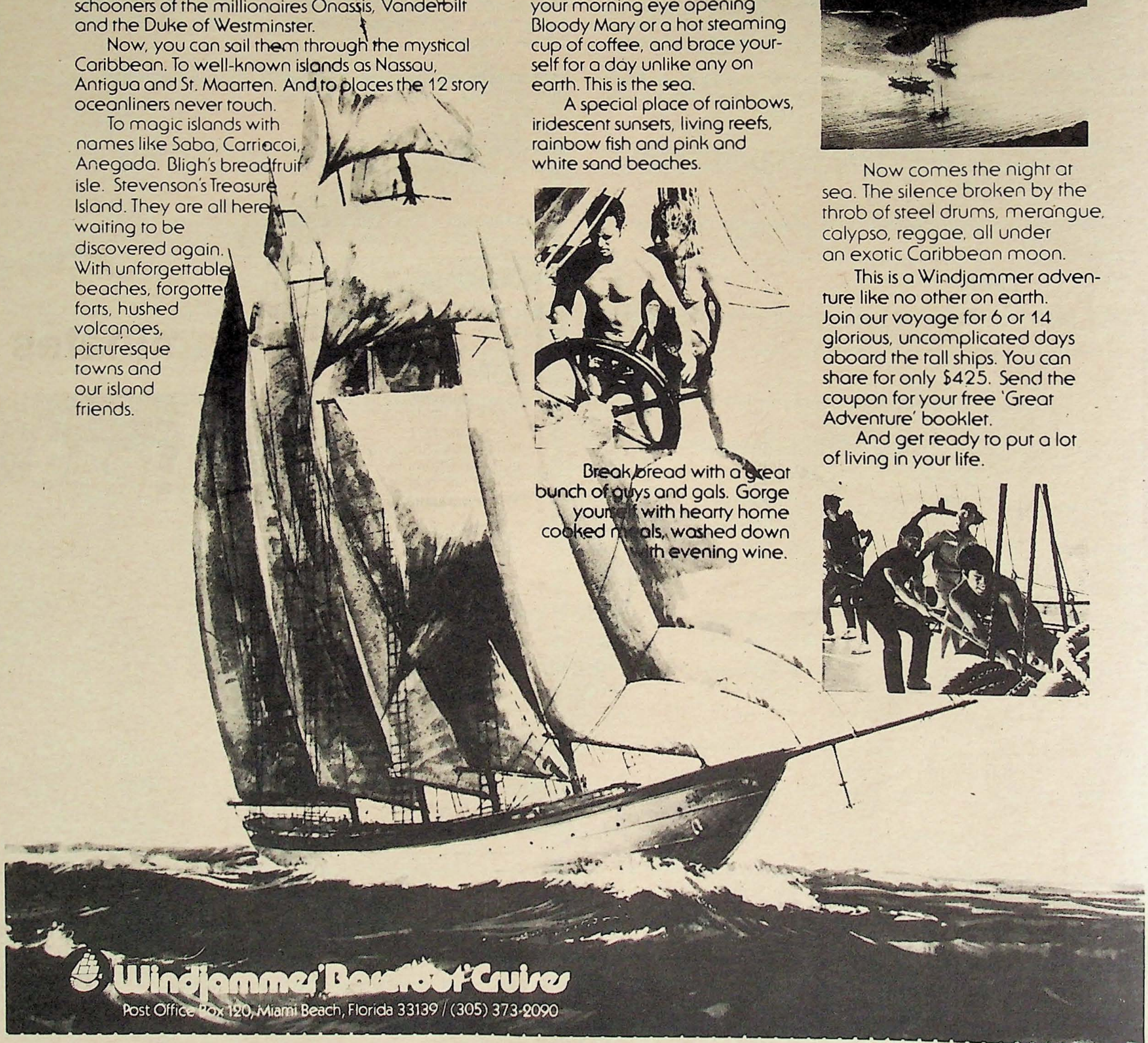
Now comes the night at sea. The silence broken by the throb of steel drums, meringue, calypso, reggae, all under an exotic Caribbean moon.

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City, State/Zip _____

Your Turn

Sir:

I enjoyed reading the last issue of the Florida Racquet Journal and especially enjoy the thumbs up and thumbs down section of the Passing Shots column.

I'd like to give a thumbs up to Libbey Laney of Coral Springs. At the Junior Regionals at the Quadrangle last month, Libbey housed more than a dozen juniors. I truly doubt you'd find many people willing to put up with so many juniors. Traveling to tournaments gets expensive and it really helps when lodging is

provided. I think Libby deserves a big thumbs up.

Curtis Winter
Jacksonville

Sir:

A few months ago, through this publication, I addressed all racquetball enthusiasts; once again, I cry out! However, this time I wish racquetball sponsors would take note.

Players are enticed to participate in a tournament by an application. This document is very informative. It depicts to the perspective entrant:

WHERE? HOW MUCH? WHAT DIVISIONS? WHAT BALL? WHAT RULES? WHAT AWARDS? WHAT FACILITIES? Etc.

If you will notice on the bottom of this application is a player waiver clause. It must be properly signed and returned with your check. Once your name appears on the draw sheet, this application becomes a legal contract. Both parties now have responsibilities to uphold.

Sponsors, beware of the following:

A) Stating on the application that games will be played to 21 points and finding out at match time that games have been changed to 15.

B) Being told AARA rules will prevail and on the court being forced to use rules that are obsolete.

C) Using a limited amount of courts for tournament play, so the club can sell court time. The fact that tournament matches are running two hours behind is secondary.

D) Stating that hospitality will be provided by the host club and receiving a couple of tickets to visit your local friendly arches.

E) Being advised that any questions should be addressed to the Tournament Director and finding out he's too busy playing his own matches on center court.

F) Not taking into consideration expected human traffic flow. Consequently, having to play matches on courts that feel like saunas.

G) Stating that brand "X" ball will be supplied and receiving a used ball to play your tournament match.

H) Seeds: Let's see, eeny, meeny, miny, mo, who do I like best of all?

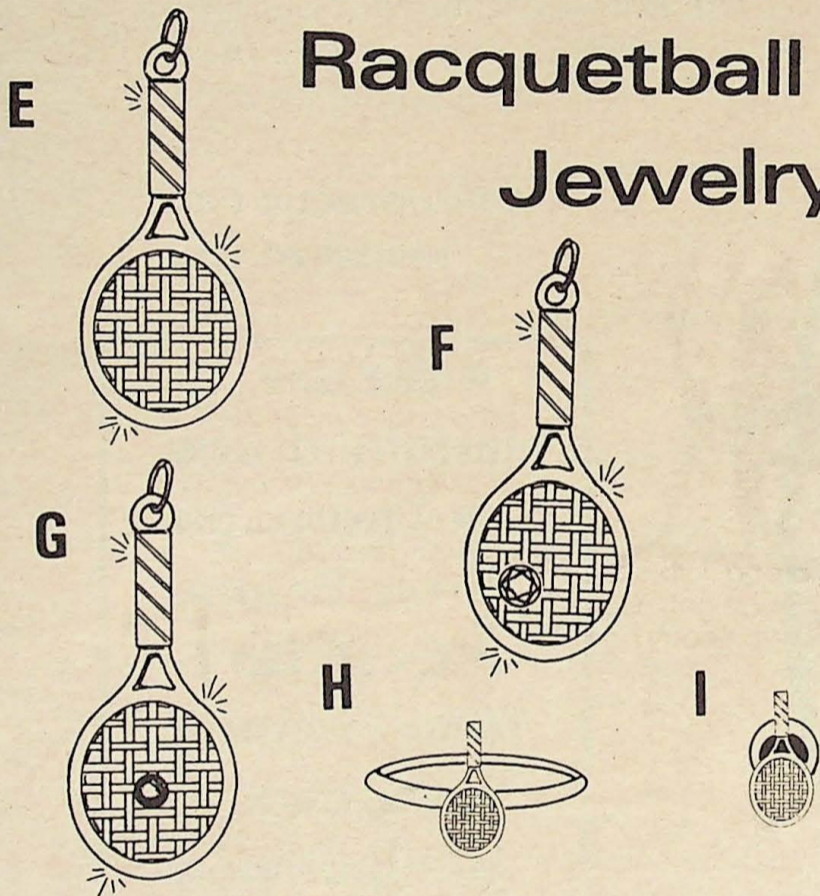
I could continue, but these situations are unnecessary. There are qualified tournament directors. There are clubs that welcome the opportunity to fulfill their commitments.

Sponsors — protect your good name. Seek out a written agreement from the club operator and/or tournament director. The sport of racquetball deserves a "good shot," not a "crummy" one.

Joe Icaza
Brandon

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*Enlarged to show detail

Sarasota dominates

Special to the Journal

CORAL SPRINGS — Juniors from the Sarasota/Bradenton area dominated the Southeast Junior Racquetball Championship at the Quadrangle last month.

The Sarasota/Bradenton group of 19 took home 10 awards and will send at least that many hopefuls to New York for July's Junior National Championship.

About 85 juniors competed — not an outstanding turnout for the region, but an improvement of 30-plus players over last year's junior event.

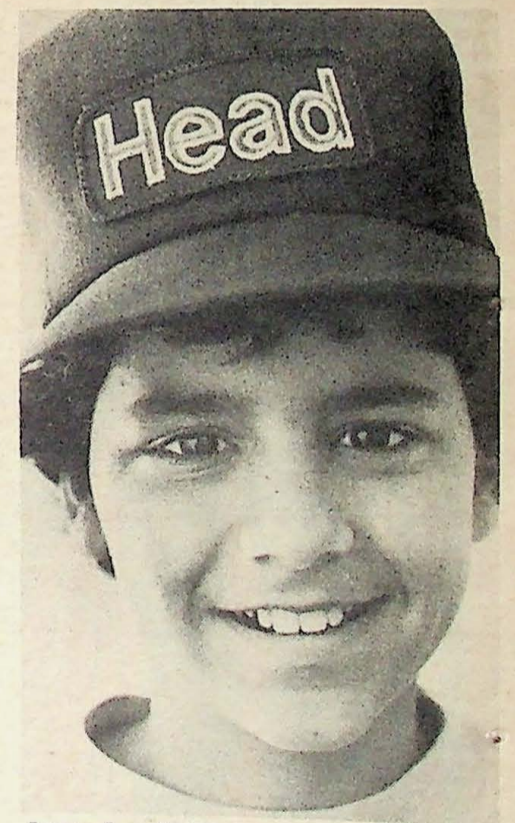
Sarasota YMCA racquetball director Judi Schmidt thinks the MVP award should go to Quad members Richard and Libby Laney for hosting her entire team for the weekend. "That took real guts," Schmidt quipped.

Miami's Mark Barrett captured the 18-and-under title edging Jacksonville's Curtis Winter 15-10, 15-8. Winters' spider-like attack on the court saved him from Barrett's blasts on several occasions, but the Miami youngster was too tough.

Charlie Nichols easily wrapped up the 16-and-under division, defeating his Sarasota/Bradenton teammate James Walden in the finals.

Defending national champion James Lorello bested his traditional foe Oscar Gonzalez 15-9, 15-5 in the 14-and-under finals, while brothers Nicky and John Xynidis captured first place titles in the 10-and-under and 8-and-under no bounce divisions respectively.

In a somewhat disappointing turnout of girls, Sarasota's Julie Ginsberg was a standout, taking the girls 16-and-under division easily. With only two girls competing in the 18-and-under division, Candy Winter was the winner. Pam Afford looks



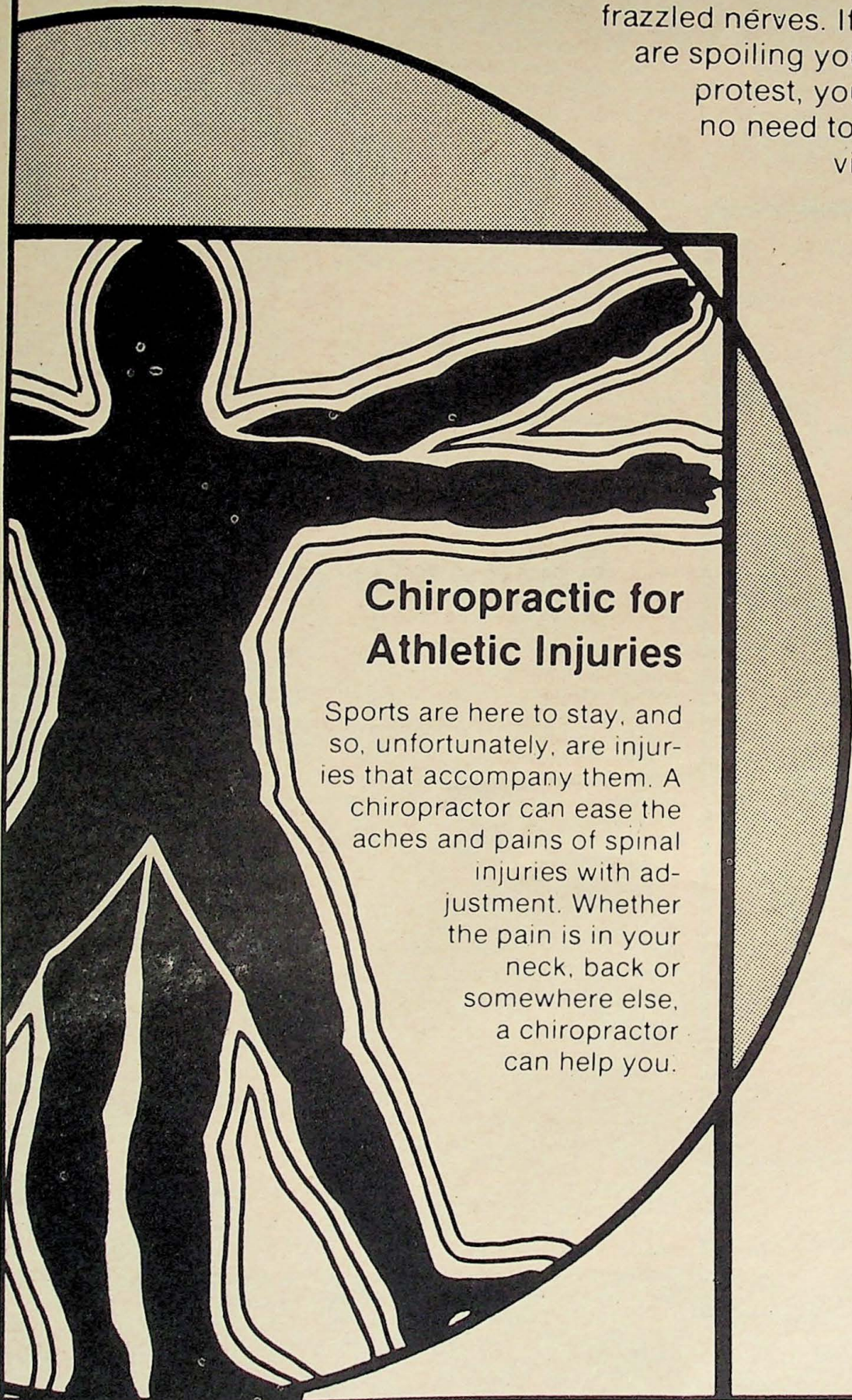
James Lorello

like an up and coming player, as she won the 12-and-under division. She recently acquired some new skills from Steve Strandemo's Weekend Racquetball Camp at Racquetball South in April. Also impressive was Amy Simonette. Simonette, 10, gave up 12 points in four matches enroute to the championship.

JUNIOR PASSING SHOTS — All first place finishers who attend the nationals will receive \$50 to \$100 from the AARA. If the winners don't attend, the runner-up will be eligible for the money. Call AARA Editor Van Dubolsky at (904) 378-5093.

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Advice from the doctor

Racquetball injuries are preventable

By Melvyn Drucker, M.D.
FRJ Medical Writer

When it comes to racquetball injuries, the eyes most often have it. That's the bad news.

The good news is that the injuries are very seldom severe and protective equipment available at most modern clubs can radically curtail them.

With the ranks of avid racquetballers swelling by the month, several recent studies have been conducted to gauge the severity of racquetball-related injuries. Rest easy, compared with the pain of football, the stress of basketball and the savage intensity of skiing, racquetball's injuries are rare, fairly easy to treat and, as stated before, quite preventable.

A recently-conducted survey of trainers shows that, excluding the ever-present ankle strain, the majority of these injuries results from

players running into the wall or being hit by the racquet or the ball. Not surprisingly, most injuries are received by male players since, as the survey indicates, men play harder and more recklessly than women. So-called "cut-throat playing" — two against one — often leads to injuries of this kind due to the relative smallness of the court.

Racquetball injuries can be separated into three types; all, as we shall see, are preventable and none too serious — especially for the well-conditioned player.

Racquet-related injuries are most often caused by reckless playing, court antics and overenthusiasm. While these are harder to prevent, most players who observe politeness toward other players can avoid them. Damaged teeth are the principal result of racquet-related injuries, although facial cuts have also been noted.

Ball-related injuries are the most common and, since only experienced players apparently bother to wear correct eye protection, most of these affect the eyes.

Ball-related injuries can be serious — they usually result from beginning players turning to see an opponent's return and getting hit in the eye by the ball. Balls that ricochet from lateral walls are also responsible for eye injuries, as are balls hit in anger by frustrated players after losing a point.

Protective eye gear — on sale at most modern clubs at quite reasonable prices — can prevent such injuries and represent a small investment in the game's safe enjoyment.

Wall-related injuries, the third and last type of racquetball-related injuries, are most often caused by a combination of recklessness and/or inexperience. Running backwards to

make a shot, blind running after the ball, playing too close to one's opponent are all causes of wall-related injuries. By playing the game correctly — and watching one's manners on the court — most of these can be prevented. Knee pads and elbow pads are also recommended since these tend to absorb a good bit of the blow when the player hits the wall inadvertently.

Racquetball is an exciting and healthy sport.

Its enjoyment comes from knowing the game's rules, applying sportsmanship in the court, and showing a healthy respect toward the power of the ball and the opponent's racquet.

If you have any questions for Dr. Drucker, please contact him through this magazine or write to him directly at 150 N.W. 168th St., North Miami Beach, FL 33169.

Passing Shots

(Continued from page 1)

the Journal. . . Folks, those hard-hitting letters to the editor, which we openly solicit, are not our opinions but those of the writers. The letters section is an open forum and we print both positive and negative letters, but we will be sure to give both sides of an issue.

SHOP TALK DEPT. — Terry Dezuti from the Denver Sporting Club is now manager at Bogey's . . . Pete Crummey has resigned as general manager of the Sportrooms of Coral Gables . . . Scott Nelson, formerly of the Imperial Courts in Melbourne, has joined general manager Mike Phillips at Omega 40 as program director. . . Fort Myers will have eight more racquetball courts as the New Life Fitness Center is about to break ground. . . The Sar-

asota YMCA, which resembles a private club and not your typical YMCA, will be expanding and should be a showcase for racquetball.

STRICTLY RUMOR — Reports that the International Management Group, which runs the Women's Professional Racquetball Association, is taking over the men's tour are unfounded. "We heard the rumors, but even if we are interested who would we talk to," an IMG spokesman said. That's the sad part. There's no Players Association to work with and there are too many egos to prevent a respected one from forming.

MISCELLANEOUS — The June issue of Racquetball Illustrated featured Diane Bullard with a nice full-

page spread. . . Can you stomach any more articles on celebrities who play racquetball in national publications? The celebrities always say: "I like racquetball because I burn calories." It would be news if it didn't. In the trade, we call such statements crap quotes. . . Only problem with the AARA Regionals was the collared shirt. Racquetball was spelled Raquetball. Oops . . . Ever notice people who tell you they play racquetball for fun are the ones with the skinned knees from diving after every ball? . . . Catching a breather by tying your shoes will become obsolete as the trend is toward laceless sneakers.

SOCK TIP — Look for socks with formed toes and heels. "Tube socks wear faster because you keep stretching material over your heels

and toes," says Dick Frederickson, vice president of marketing for Wigwam Mills . . . The response for Penn t-shirts at \$2.95, which you get with the redemption of the coupon in the can, has been unbelievable. Be patient, orders are backlogged . . . Look for Ektelon to revise its Speedflite ball. Right now they can't give it away at tournaments. They're pros and will make it right. . . Most articulate female racquetballer — Lynn Adams. Male — Dave Peck, Steve Strandemo . . . Most improved female racquetballer — Fort Pierce's Jan Curtis. She's gone from a C player to a good competitive open player in the last six months . . . There were only two female entries in the junior regionals for those 17 and under. . . Steve Strandemo's brother-in-law is California Angels catcher Bob Boone.

Poe-Barrett upsets Adams in Ektelon Championship

(Continued from page 1)

With Adams serving, Poe-Barrett won the rally to go ahead 14-13 (scoring occurs on every point in the WPRAs).

Poe-Barrett thought she won the match with an ace serve and appealed the referee's short call. One linesman disagreed with the referee but the other linesman didn't see the ball and the point was replayed.

Poe-Barrett served a hard ball to Adams' backhand and a few rallies later took a ball off the backwall and put it down the line.

"Lynn just turned around and shook my hand while I was jumping all over the court. I rushed to the phone and called home. I finally did it. After all that work, I finally did it."

Poe-Barrett had also qualified for the amateur division championship having won the Ektelon regionals in Coral Gables. She had to play the semifinals in both the amateur and profes-

sional divisions on the same day. She went through the motions, conserving her energy in the amateur division, losing to former National Amateur Champion Cindy Baxter two hours before her match with Laura Martino.

Against Martino, Brenda won the first game 21-15 but tired and lost the next three games 21-15, 22-20 and 21-9. Heather McKay defeated Martino in the final.

"There was no letdown against Laura. I was definitely up. She picked on my forehand and I was real tired by the third game," Poe-Barrett said.

Brenda's victory over Adams didn't sink in until later that evening when she had time to think about the last two years.

Two years ago she was the youngest player on the tour and was ranked ninth. Last year she was plagued by nagging injuries and gave up the game when

she married Mark Barrett and became pregnant.

She gave birth to Michelle on November 15 and resumed playing racquetball in January. She had to lose 55 pounds.

Initially, Poe-Barrett was discouraged and wondered if she'd compete on the WPRAs again. "I knew I'd play, but I didn't know if I'd reach the level where I was before. My strokes were off. Real off. I had no backhand at all. I was wild and the ball was going all over the place."

She entered a tournament at the Quadrangle in Coral Springs and lost to fellow pro Diane Bullard in the final 21-9, 21-11. "The improvement of Diane amazed me. I ran out of steam but she approached me and asked to play on a regular basis. Diane has been the biggest help to my comeback. We played twice a week and it's the reason I'm playing again."

AMF Head maintained her contract and she entered her first pro stop at the end of February in Fort Worth defeating Peggy Steading before losing to Marci Greer in the quarterfinals. She lost in the first round to Jennifer Harding in the Seattle tournament and prior to the Ektelon Championship spent most of her time drilling.

"I wasn't training a whole lot. After I beat Lynn I was extremely up, but was physically tired. I've been in better shape. I hadn't been running I haven't been playing as much and am not yet 100 percent as enthusiastic. But beating Lynn is certainly encouraging."

She feels her victory over Adams is part of a trend in women's racquetball.

"Lynn will still win but she's not strong enough to dominate. We're going to see a whole bunch of players coming up."

Winners

(Continued from Page 2)

Finals — Pinnell def. Lauteria. 3rd — Simmons 21-9, 13-21, 11-1. 30+ — Semifinals — Judi Schmidt def. Rene Fish 21-15, 21-18. Debbie McNeal def. Cheryl Lee 19-21, 21-11, 11-6. Finals — Schmidt def. McNeal 21-13, 21-6. 3rd — Rene Fish 21-12, 12-21, 11-6. 35+ — Semifinals — Mildred Gwin def. Margaret Light 21-17, 21-6. Judi Schmidt def. Ruth Zenk 21-6, 21-0. Finals — Gwin def. Schmidt 21-18, 21-12. 3rd — Light 21-5, 21-5. 18 and under — Semifinals — Julie Ginsberg def. Lynette Sprout 21-3, 21-6. Candy Winter def. Lisa Freshwater 21-13, 21-10. Finals — Ginsberg def. Winter 21-13, 21-18. 3rd — Freshwater 21-1, 21-10.

Women's Open Doubles — Semifinals — Julie Pinnell/Gail Lauteria def. Marberger/McNeal 21-9, 21-7. Susan Morgan/Mary Lyons def. Julie Ginsberg/Judi Schmidt 21-10, 21-8. Finals — Morgan/Lyons def. Pinnell/Lauteria 21-12, 1-21, 11-3. 3rd — Ginsberg/Schmidt. Open Mixed Doubles — Semifinals — Mark Morrison/Gail Lauteria def. Julie Pinnell/Sid Miller 21-13, 21-7. Charlie Nichols/Judi Schmidt def. Candy Winter/John Schneider 17-21, 21-10, 11-10. Finals — Morrison/Lauteria def. Nichols/Schmidt 21-12, 21-11. 3rd — Pinnell/Miller. B Mixed Doubles — Semifinals — Rose Goldstein/Gene Rodriguez def. Reuben Triplett/Renee Fish 20-21, 21-4, 11-4. Dan O'Brien/Kathy Patrick def. Lamoreux/Scott 13-21, 21-8, 11-9. Finals — Goldstein/Rodgruez def. O'Brien/Patrick 21-8, 15-21, 11-7. 3rd — Triplett/Fish 17-21, 21-5, 11-8.

Gulf Coast Racquetball Championships
Westside Racquetball Club
Bradenton

Men's Open — Charlie Nichols def. Randy Godwin. 3rd — James Walden def. Joe Porta. A — Dan Obrien def. Skip Vassoler. 3rd — John Scargle def. Brian Walsh. B — Rob Bacon def. Mark Shupe. 3rd — Moe Moser def. Tom Rumsey. C — Rob Bacon def. Tony Blankenship. 3rd — Dave Leslie def. David Delk. Novice — Ken Monte def. Ben Cicoria. 3rd — Ron Trenery def. William Shelton. 30+ — Leo Marsocci def. Tom Maroney. 3rd —

Gene Owen def. Glenn Gibbs. 40+ — Bill Hogue def. Lou Blitz. 3rd — Tom Rumsey def. William Belmont. Open Doubles — Porta/O'Brien def. Owen/Smith. 3rd — Godwin/Fargnoli def. Marsocci/Fusari. 14 and under — Kevin Cohen def. Alex Clark. 3rd — Jason Waggoner. 16 and under — Mike Peyton def. Robbie Walden. 3rd — Tony Blankenship. Women's B — Jamie Lamoreux def. Stacey Thompson. 3rd — Dana Bidwell def. Karen Lawres. C — Karen Lawres def. Bernadette Godwin. 3rd — Marty Ditcher def. Barbie Owen. Women's Novice — Barbara Tenyck def. Barbara D'Amato. 3rd — Dulucy Yahraus def. Debra Worthinton. B Doubles — Fish/Triplett def. Scott/Lamoreux. 3rd — Peyton/Vassoler. Mixed Doubles — Smurf/Gidgett def. Fish/Triplett.

AARA Junior Regionals
The Quadrangle Racquetball Complex
Coral Springs

18 & under — Mark Barrett def. Curtis Winter 15-10, 15-8. 3rd — Mitch Campbell. Consolation — Danny DeClue def. Oscar Alvarez 12-15, 15-11, 15-11. 16 & under — Charlie Nichols def. James Walden 15-12, 15-4. 3rd — Tim Edwards def. Robbie Binnix. Consolation — Matt St. Lawrence def. Jorge Bertot 15-4, 1-15, 15-13. 14 & under — James Lorello def. Oscar Gonzalez 15-9, 15-5. 3rd — Ed Blaess def. Rusy Storken. Consolation — Scott Richbourg def. Lino Suarez 15-8, 15-1. 12 & under — Michael Altman def. Robbie Walden 15-8, 15-11. 3rd — Joseph Miragliotta def. Rob Berlin 15-4, 8-15, 15-10. Consolation — Michael Craig def. Joseph Fuller 15-4, 15-3. 10 & under — Nicky Xynidis def. Rhett Grelecky 15-5, 15-3. 3rd — Kyle Brown. Consolation — Christopher Harman def. David Tobin 15-5, 15-2.8 & under (no bounce-round robin) — Jonathan Xynidis, Craig Czyz, Scotly Bedell. Girls 18 & under — Candy Winter def. Stacy Thompson 15-9, 15-9. 16 & under — Julie Ginsberg def. Lynda Kuchenreuther 15-9, 15-3. 3rd — Pam Afford def. Cheryl Atherley 15-2, 14-15, 15-2. Consolation — Jamie Lamoreux def. Dana Conroy 15-8, 15-9. 18 & under doubles — Barrett/Miragliotta def. Nic-

hols/Schneider 15-4, 3-15, 15-10. 14 & under doubles — Gonzalez/Lorello def. Hameroff/Rand 15-11, 14-15, 15-9.

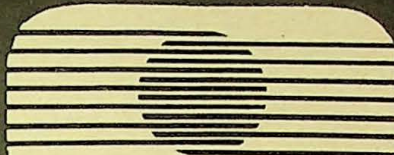
Gainesville Racquetball Club
Gainesville

Men's Open — Mark Morrison def. Joe Serbia 15-4, 15-12. 3rd — Chris Buckner. A — Greg Neimeyer def. Steve Cote 15-3, 11-15, 11-7. 3rd — Mike Boza. B — Greg Cox def. Jeff Hagar 15-9, 14-15, 11-9. 3rd — Kent Larson. C — John Kopp def. Mark Victor 15-9, 8-15, 11-4. Novice — James Victor def. Jeff Russon 15-11, 15-8. 3rd — Cliff Cree. 19+ Morrison def. Buckner 14-15, 15-4, 11-8. 3rd — Jeff Johnson. 25+ — Jim Spratt def. Steve Ruedlinger 15-5, 9-15, 11-5. 3rd — Steve Cote. 30+ — Joe Serbia def. Van Dubolsky 15-8, 15-12. 3rd — Steve Crane. 35+ Steve Chapman def. Russ Deegan 15-3, 13-15, 11-0. 3rd — George Levine. 40+ — Charlie Kramer def. Ed Vlock 15-4, 15-6. 3rd — Ron Wuchte. 45+ — John Fay def. Ed Vlock 15-8, 15-14. 3rd — Mac McDaniel. 18 and under — Robby Bond def. Jeff

Russo 15-1, 15-8. 3rd — Cliff Cree. 16 and under — Jeff Hagar def. Robby Matheny 15-0, 15-4. 3rd — John Stucky. Open Doubles — Serbia/Morrison def. Pfahler/Dubolsky 11-15, 15-10, 11-6. 3rd — Ariet/McDonald. B Doubles — Walsh/Cote def. Stratton/Jordon 15-8, 15-10. 3rd — Neimy/Dennis.

Women's Open — Quinn Bledsoe def. Rose Goldstein 15-6, 10-15, 11-6. 3rd — Valeria Bozarte. A — Bledsoe def. Goldstein 15-8, 15-6. 3rd — Jan Curtis. B — Karen Laures def. Susan Strickland (default). 3rd — Indria Fuller. C — Karen Laures def. Indria Fuller 3-15, 15-10, 11-10. 3rd — Holly Ramsey. Novice — Holly Ramsey def. Carolina Garland 15-12, 15-0. 3rd — Calvina Fay. 19+ and 25+ — Valerie Bozarte def. Fay Hodge 15-6, 15-1. 3rd — Connie Whitaker. 35+ — Albertine McDaniel def. JoAnn Serbia 15-6, 15-7. 3rd — Joyce Buckner.

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FLORIDA'S SUNSHINE STATE GAMES

Governor Bob Graham invites you to join him at the 1983 Sunshine State Games' opening ceremony, 8 p.m., July 22, at the Tangerine Bowl. For more information on special events, call (305) 423-6700 or contact the Orlando Recreation Department, 649 West Livingston Street, Orlando, Florida 32801.

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- D Racquetball Racquet Clock (S-24) - \$35.95

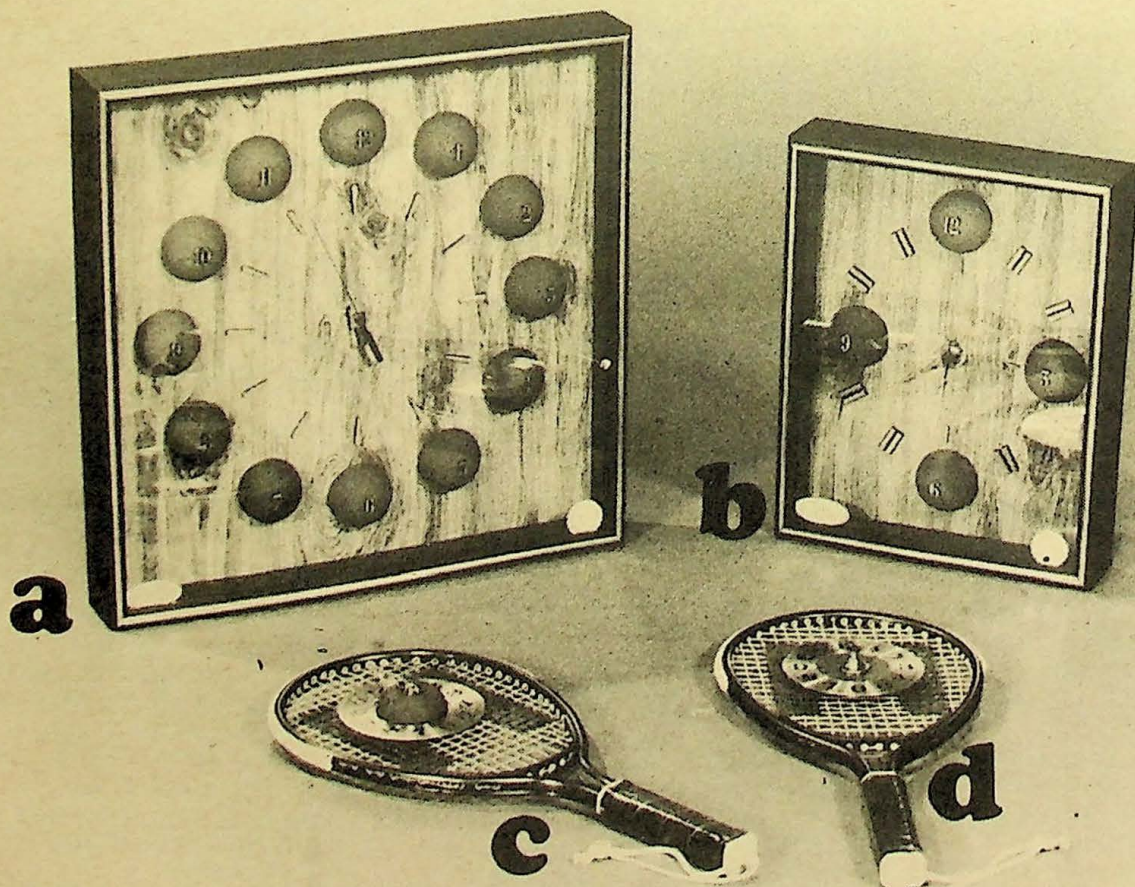
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(Price includes shipping and freight. Florida residents add 5% sales tax.)



Horoscope

ARIES (March 21-April 19): Pay attention to details. Are you gripping the racquet correctly? Are you putting too much weight on your front leg? You've been taking some things for granted and you'll notice an immediate difference once you figure out what you've been doing wrong.

TAURUS (April 20-May 20): You'll be improving financially so go ahead and splurge, play for two beers instead of the customary one. You are now in the position where it doesn't really matter if you win or lose the bet.

GEMINI (May 21-June 21): If you are single, this is one of the most delightful months for romance. The racquetball club might be the place where you'll run into Mr. or Ms. Right.

CANCER (June 22-July 22): You haven't been playing as much as you should. If you want to exercise go ahead and do it. Stop talking about it. The last week of May you were tired and because you gave in to that feeling you'll have much more energy this month.

LEO (July 23-Aug. 22): This could be one of the best months on 1983 for Leos. You'll be playing better than ever. Rearrange your den for all the trophies you'll be acquiring.

VIRGO (Aug. 23-Sept. 22): You'll be financially cautious this month but still have plenty of money to pay for court time. Playing racquetball will take your mind off your financial problems which will be solved shortly.

LIBRA (Sept. 23-Oct. 23): Ah, sweet summertime. You are tempted

to go outside and get some sun but you can still get in your hour of racquetball and enjoy the rest of the day. Besides, you need to exercise if you want to be noticed on the beach.

SCORPIO (Oct. 24-Nov. 22): Go for it, Scorpio. Dive after those loose balls, kill every shot. You're very likely to get it. The 17th through 19th and 25th and 30th will be good days.

SAGITTARIUS (Nov. 23-Dec. 21): Use caution from the 1st to the 5th in order to avoid injuries. You are low on luck these days and if you don't wear eyeguards expect Murphy's Law to come into play. Everything seems to be going wrong. You open up a new can of balls and they break after a few minutes. The situation will improve dramatically on the sixth.

CAPRICORN (Dec. 22-Jan. 19): Don't overwork between the 18th and 30th or your health will suffer. Learn to relax while you play. You can still get a good workout and be competitive at the same time.

AQUARIUS (Jan. 20-Feb. 18): Your New Year's resolution of losing a few pounds and getting back in shape is almost a reality. Continue what you are doing because if you let up you'll be back where you started. Take off the rubber suit you wear on occasion. All you are losing is water weight, so don't kid yourself.

PISCES (Feb. 19-March 20): This is a good time for vacation. If you play racquetball fairly often it's also a good time to stay away from the game. This will make you appreciate the game even more when you return from vacation. Enjoy.

Icaza to spread word

Special to the Journal

BRANDON — Joe Icaza is ready to spread the gospel — of racquetball, that is. The 36-year-old Icaza, owner of the Racqueteers in Brandon, is regarded as one of the game's top instructors and will be taking his abilities on the road.

Icaza, along with other top players in the Southeast, will offer one-day clinics for clubs around the state and hopes to raise the level of play. Clubs interested in more details should call Icaza at (813) 681-2222.

Icaza, a former pro who was ranked eighth on the tour and the winner of over 300 open tournaments, has gained his reputation by teaching juniors. Last year, James Lorello, under the tutelage of Icaza, won the national 12-and-under juniors title. Other top juniors have traveled to Brandon to receive individual instruction from Icaza.

"The reason I dedicated myself to teaching was because racquetball is still in diapers," Icaza says. "There is so much talent out there and the only thing players have to look up to are the so-called professionals. All you get when a junior tries to simulate that is a bad reproduction. There is no publication or instructional book on the market able to teach it. I try to teach sound fundamentals with the art of developing the head game which enables the juniors to utilize the whole court, keeping his mistakes to a minimum and mentally maintaining the oppo-

nent off balance through the use of psyche."

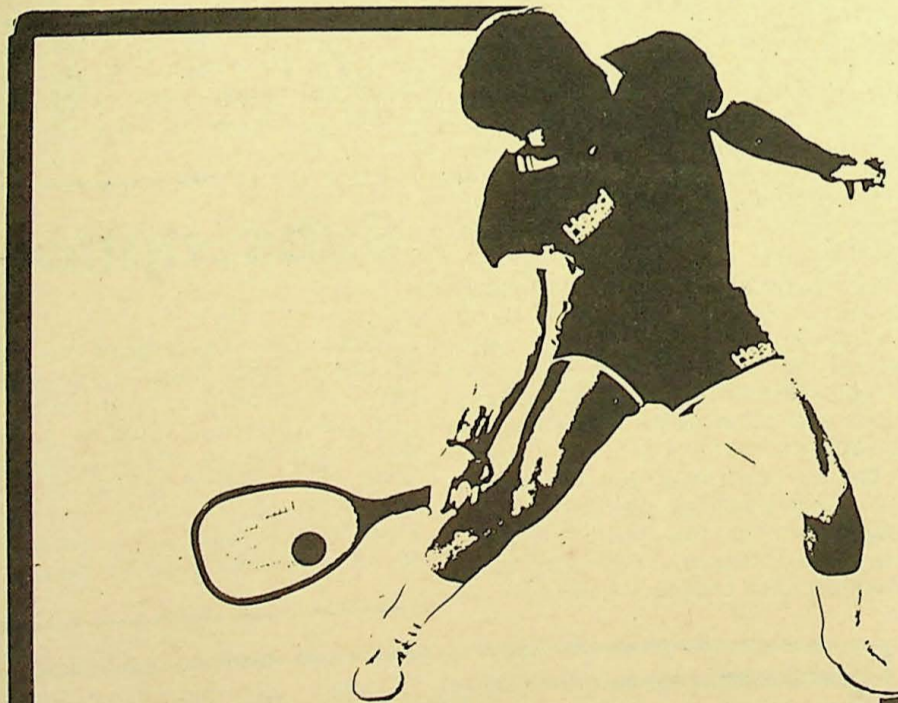
Icaza's clinic will be available for players of all ages and abilities.

Among the disabled are talented actors, physicians, sculptors and business people. The talent is there. Use it.

President's Committee on Employment of the Handicapped, Washington, D.C. 20210

WPRR Rankings

- Heather McKay — 585.38
- Lynn Adams — 511.42
- Shannon Wright — 384.38
- Laura Martino — 256.50
- Vicki Panzeri — 226.13
- Terri Gilreath — 199.38
- Janell Marriott — 162.86
- Marci Greer — 153.38
- Peggy Gardner — 132.50
- Caryn McKinney — 127.86
- Heather Stupp — 117.66
- Brenda Poe-Barrett — 109.16
- Jennifer Harding — 92.63
- Joyce Jackson — 92.50
- Stacey Fletcher — 80.11
- Bonnie Stoll — 71.50
- Fran Davis — 68.88
- Diane Bullard — 66.24
- Martha McDonald — 54.38



STRANDEMO'S

RACQUETBALL TIPS: by Steve Strandemo

On the standard backhand set-up position, the wrist is cocked up, with the hand basically on line with the forearm. Mastering a wrist snap out of this position is much easier than the "curl" backhand and there's less chance for error at impact.

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Learn the Strandemo Method with Steve Strandemo's **ADVANCED RACQUETBALL**.

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The 1983

Sunshine State Games Warm-up Classic

June 10 - 12, 1983

Location: Jacksonville Racquetball Club, Health & Fitness Center
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Facilities: 10 air conditioned courts, Nautilus, aerobics room, steam rooms, whirlpools, snack bar, spacious lockerrooms and shower areas.

Date: June 10-12, 1983

Entry Fee: First Event: \$21.00 (includes tax)
Second Event: \$10.50 (includes tax)
AARA Membership required. Please have proof of membership available. \$6 waiver fee for non-members.

Entry Deadline: June 7, 1983. Phone entries with VISA or MasterCard only. Call (904) 721-3660. Make checks payable to and mail to: Florida Racquet Journal, P.O. Box 11657, Jacksonville, FL 32239.

Souvenirs: Tournament shirts.

Starting Time: Player may call for starting times Thursday, June 9th after 8 p.m. at (904) 724-6994 and players must check in 20 minutes prior to starting time.

Prizes: Awards to 1st, 2nd & 3rd place winners in singles divisions. 1st & 2nd for doubles. Extravagant door prizes.

Official Ball: Penn "Ultra Blue"

Hospitality: You won't go home hungry. Friday night snacks. Saturday breakfast, Saturday lunch, Saturday night party featuring free beer from 7 p.m. until ??, dinner and scrumptious desserts from a bake-off contest.

Rules: A.A.R.A. sanctioned. 21-point games, 11-point tie breakers, no consolation division.

Tournament Directors: Al Winter, Steve Howell, Norm Blum, and Joel McDuffie

Where: Jacksonville RB Club
When: June 10-12

Deadline: June 7

Divisions: All levels.

To Enter: Call your entry in.
Dial (904) 721-3660

Mail order catalogs can be useful

Your questions and comments about fashion and being stylish on the racquetball courts prompts me to share with you information about a segment of the clothing industry we sometimes overlook. That's the mail order catalog. Some of us refer to it as junk mail. Indeed, what doesn't appeal to our senses on a particular day is junk mail.

Shopping by mail is convenient, worthwhile and even fun. In many instances you'll save the bucks, and always time, gas and mileage will be saved.

Almost everything can be ordered through the mail. If you've ever shopped via mail, you know sometimes it's the only way to find an unusual gift. For example, one unusual racquetball fashion gift for both men and women is racquetball jewelry. Both are nearly impossible to find at your local sporting goods store. FRJ Designs, a Jacksonville-based company, can send you information on these items. Simply call (904) 721-3660 or write: P.O. Box 11657, Jacksonville, FL 32239 for information.

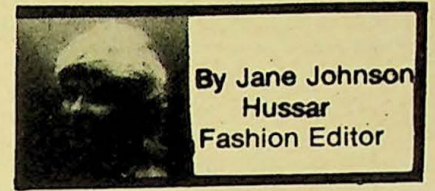
Some custom mail order firms will manufacture various kinds of clothing to your specifications.

You may find wholesale prices with a savings from 25 to 75 percent off the list price, too. For example, a cashmere sweater from Hong Kong may be priced at \$24-\$30.

If you know your size and are relatively easy to fit or if time is of the essence, mail order catalogs are an advantage. On the other hand, if patience is not your virtue and you just love fighting off the crowds in the malls, mail order shopping may not be for you. Most mail order deliveries take at least 10 days. I can think of four companies that ship immediately, and they get my business all the time.

Professional Tennis Supplies is located at 2086 N. University Dr. in Pembroke Pines, FL. They'll send you a free price list where you can order racquetball racquets, bags, balls and other items. They've been established since 1977.

Or, for one dollar you'll receive a 12-page catalog describing the equipment for the courts. Write to Rayco Products, 1434 University Avenue, San Diego, CA 92103.



By Jane Johnson
Hussar
Fashion Editor

Hills Court is located in Manchester, Vermont 05254. Included in its 32-page free color catalog are sports clothing for men and women and some court equipment.

If you send Greaves Sports one dollar and tell them what sports you are interested in (is there more than one?), they will send you brochures from the best English manufacturers of clothes and equipment in that field. Write to Greaves Sports, 23 Gordon St., Glasgow GL 3PW, Scotland.

If your height has posed a problem for you in the past and you are over 6foot 3, write to The King-Size Company at 24 Forest St. in Brockton, MA 02402 for a free 120-page catalog. Clothing of every description is available through this mail order catalog.

Ladies, if you have someone to translate this brochure from Swedish to English, go ahead and order it. The clothes are simple and are available in solid colors and some stripes. Write to Gudrun Sjodens Affar. Regerings Gatan 30-32, 11153 Stockholm, Sweden.

Another great fashion catalog for women is from Avon. Once you're on their mailing list, you'll always be on it and I think you'll be pleased. Write to Avon Fashions, Avon Lane, Newport News, Virginia 23630. The 60-page catalog is free.

Subscriptions

Make sure you receive your issue of the Florida Racquet Journal or send a friend a gift subscription. Send \$9.50 and receive a year's subscription to: FRJ Circulation Dept., 843 Alderman Rd. Ste. 453, Jacksonville, FL 32211 or call in your Visa or Mastercharge Number to (904) 721-3660. Do it today!



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Stage set for energy drink war

Special to the Journal
 MIAMI — Consumers of hamburgers have taken sides in the Burger King vs. McDonald's faceoff. In the next few months, racquetballers will be subject to a war of energy drinks. Pripps Pluss, a beverage developed by A.B. Pripps, Swedish manufacturer of malt beverages and soft drinks — is taking on heavyweight Gatorade on its home turf.

If the press releases are any indication, a major war is imminent. "If the taste of Gatorade makes you wish you never tried it..." says one release. "If Gatorade makes you feel about as energetic as a hibernating bear...the, get ready for the 'Great Florida' Energy Drink War of 1983" says another.

"Florida was chosen for the initial introduction specifically because it is a Gatorade stronghold," says Norman Waterman, President of Pripps, Inc.

"We believe we'll succeed in Florida against Gatorade where others have failed because Pripps is a superior product. Others have entered the arena with imitations of Gatorade. But, why should the consumers switch? They weren't being offered a reason. We offer three reasons. First, two years of use by professional, college and amateur teams across the U.S. has proven that we have solved the taste problem connected with Gatorade-type drinks. Second, independent research

proves Pluss is technically more efficient. And, third, consumer acceptance of our new packaging in 81 countries demonstrates that it is superior to glass.

"I genuinely believe that in the future all drinks of this type will have to duplicate Pluss. Not because we want them to, but because the consumer will want them to."

Gatorade, which controls 95 percent of the thirst-quencher business with 25 percent of it coming in Florida, has taken the competition in stride, pointing to other drinks which try to challenge its supremacy.

But Pripps Pluss officials feel its extensive research over the last five years will make the difference.

The challenge Pripps faced in developing Pluss was this: to create an electrolyte drink that tasted so good, athletes would be encouraged to drink enough to get the liquid and glucose replacements they needed. Good taste has been a problem with other sport drinks; it is not with Pripps Pluss.

In the process of improving taste, Pripps researchers also set out to improve the energy factor as well.

"The key to this type of beverage is how fast its essential components enter the bloodstream," Waterman says. "Pluss's formula allows essential elements to be absorbed by the body when it needs it the most — during actual physical activity."



AARA Notes

What does the AARA do? Here's a list

By Van Dubolsky
 AARA Editor

The AARA is a service organization established to serve its members and dedicated to developing services for its state affiliates. Annual membership dues in the AARA (\$6) are split evenly with the state affiliates and the \$3, which is sent to national headquarters, is used in the following way:

- Members receive nine issues of AARA Racquetball In Review
 - Members' names are entered into computer for mailing services
 - Product discounts
 - Ability to play in all AARA tournaments
 - Vote in all affairs of the AARA
 - Members can attempt to qualify for the U.S. National Team
 - National amateur rankings
 - Discounts on national publications
 - Major contribution of \$3 to the local development of racquetball within the state.
- Benefits to Florida:
- Membership cards to all members

- National rankings
- Computerized mailing labels
- Discount on shirts
- Free tournament balls
- Discount on trophies
- Sponsorship of sanctioned and state functions by racquetball manufacturers and national beverage companies.
- National programs such as juniors, intercollegiate, Explorer Scouts, USOC activities in addition to state, regional, national and international championships.
- Tournament programs
- Tournament kits
- Free rule books

We have spent a lot of time developing these packages and feel the AARA as a service organization is one of the best among amateur sports in the nation. Unfortunately, we have a disease in this day and age. Many people ask questions like, "What's in it for me?" This type of person has been quite prevalent in our sport, but we have seen some real changes this past year with highly dedicated individuals working unselfishly for a cause that has not only intangible returns but tangible ones as well.

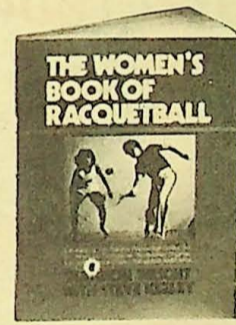
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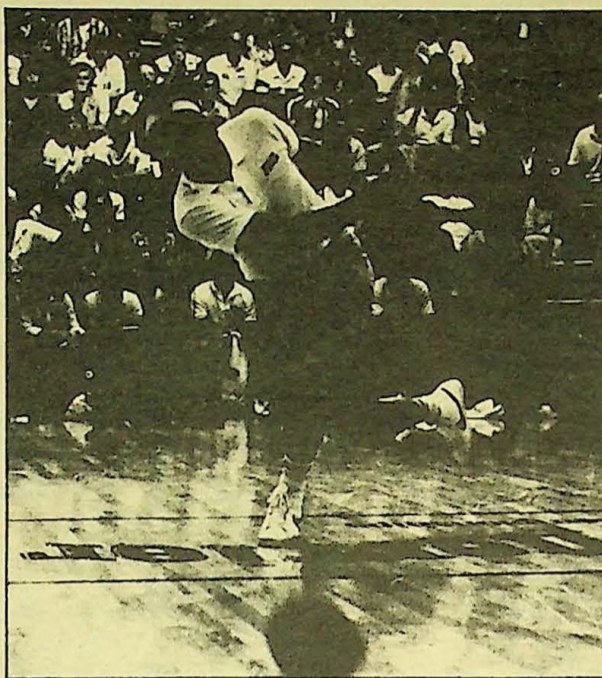
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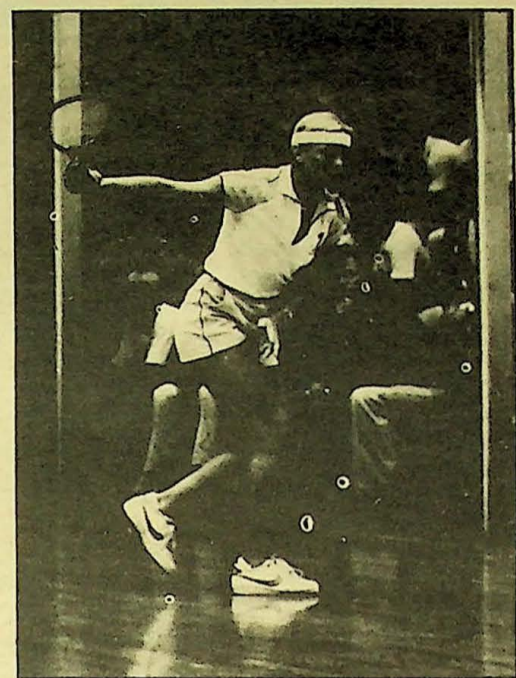
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