

12 December 2019

**From the Desk of Rev. Jacqueline Bowman, MMSc., PhD.**

**for an Integrative Whole Healing Journey ©**

Dear Friends and Clients,

I am pleased to announce that as of **January 15<sup>th</sup> 2020**, I will be expanding my clinic hours by joining the **ALIGNED Health** team in Waterloo. Since October of 2019 the generosity of Aligned Health has allowed me to expand and grow my research, and now, I will also be able to add to my week by joining this multidisciplinary team on a permanent basis.

**December 31<sup>st</sup>, 2019** will end my need for volunteers for the research (#VibrantHealthResearch) that I've added to my practice. 2020 brings the diligent focus of study and documentation to bring my findings to those who wish to explore what my heart has guided me to be a part of. Because of this, **my schedule is changing** to accommodate my expanded discipline.

**NEW Schedule for 2020 (Winter hours)**

<b>Mondays</b>	<b>10:00am – 6:00pm</b>	<b>FLOW Health &amp; Wellness *Biofield sessions only till January 15<sup>th</sup> 2020</b>
<b>Tuesdays</b>	<b>10:00am – 6:00pm</b>	<b>ALIGNED HEALTH Waterloo</b>
<b>Thursdays</b>	<b>10:00 – 6:00pm</b>	<b>ALIGNED HEALTH Waterloo</b>

As you can see, my time for sessions at **FLOW Health & Wellness** is shifting to **Mondays** only in December & January. These Monday sessions will only accommodate Biofield (Reiki/Subtle Influence Medicine/Transpersonal Counsel)..

**All Live Cell Microscopy will be at ALIGNED Health.**

**Monday appointments at FLOW Health & Wellness will come to an end January 15<sup>th</sup>.**

I must streamline my client sessions, and so Tuesdays and Thursdays will now be available, while the rest of the week I will be dedicating to research and the documentation of my findings!

On **Tuesdays & Thursdays**, in my new location at **ALIGNED Health**, I will be joining an outstanding group of practitioners, therapists, and physicians. Each expanding on their guidance in proven alternative and inclusive ways, focusing on the ultimate wellness of their clients. Reiki and Subtle Energy Medicine has been welcomed, along with the art of Live Cell Microscopy, as an addition to this growing group of professionals and I look forward to introducing you to this team!

It will be wonderful to be able to connect with all of you in this additional supportive and dynamic setting. I invite you to explore the many services offered at **ALIGNED Health**. Be sure to watch for the addition of my services and booking options, online at <https://www.AlignedHealth.ca>.

Keep watching for updates at <https://jacquelinebowman.com/special-news> and at <https://www.alignedhealth.ca/>.

I look forward to seeing you at my new location.

If you should have any questions or concerns, please feel free to contact me at [Jacqueline@JacquelineBowman.com](mailto:Jacqueline@JacquelineBowman.com)!

In good health & holiday wishes,

*Jacqueline*



**FLOW Health & Wellness booking via  
(519) 749-3569  
1450 Block Line Rd KITCHENER**



**ALIGNED Health Waterloo booking via  
(519) 749-3569 ext 9  
<https://www.AlignedHealth.ca>  
745 Bridge St W, WATERLOO**