

Please read, print, & sign below.

An overall picture of your well being.

About Live Cell Microscopy? Live Cell Microscopy (LCM) provides an extremely close look at your blood. Unlike traditional blood tests, an LCM test gives you a more accurate picture of your overall health and wellbeing.

Traditional blood tests that doctors employ are essentially an ‘autopsy’ of our blood whereas with a LCM test, the blood is still living. With living blood, technicians can ‘see’ more than what a traditional blood test will reveal. What’s more, the results are immediate so you do not have to wait a week or two to get your results.

Why Live Cell Microscopy? Live Cell Microscopy provides immediate feedback, but more importantly, it is highly specific. Within minutes we are able to assess how well you are responding to your treatments. Measuring progress is an essential part of any therapy program and live cell microscopy is how we keep track of our patients’ progress.

Are traditional blood tests still useful? Each type of blood tests offers its own set of advantages. From a medical standpoint, a traditional blood test is essential. From a holistic standpoint, where we are trying to acquire a snapshot of your overall health, a live blood cell test is ideal because it helps you see things differently. As such, an LCM blood test is not a medical procedure, nor does it offer any sort of diagnosis or prescription.

How a test is performed? A drop of blood is painlessly extracted from the finger and then it is placed on a slide so that it can be viewed under specialized microscopy. At this stage, since the blood is freshly extracted, it is still very much alive. The microscopy is attached to a screen so you will be able to see your live blood while it is being assessed. The technician will walk you through all the particulars and point out any areas of concern.

PREPARATION for your LCM Assessment.

**Prior to your darkfield microscopy test, please follow the instructions below accurately.
Failure to do so may result in your test being cancelled.**

- Fast for 4 to 6 hours prior to your test. (12 hour of fasting ie: overnight, is optimal). In order to do so, please complete your dinner the evening prior to your test no later than 5:00-6:00pm.
- You may drink water if you are thirsty.
- Abstain from cell phone use 3 to 4 hours prior to the test.
- No fragrance, cologne, deodorant or lotions.
- Abstain from exercising 12 hours prior to the test.

Acknowledged Signed by:

On this day. D/M/Year

PLEASE BRING THIS ALONG WITH YOUR COMPLETED INTAKE FORM (SEE download.pdf) TO YOUR APPOINTMENT.