

# BREAKFAST

## GOURMET FLAP JACK'S

*sprinkled w/ powdered sugar*

|   |      |
|---|------|
| Buttermilk Pancakes (4 pc) .....  | 7.15 |
| Silver Dollar Pancakes (10 small pc) .....  | 7.15 |
| Short Stack Pancakes (3 pc) .....   | 6.15 |
| Side of Pancakes (2 pc) .....   | 4.25 |
| Add topping for \$1.25 - Strawberries, Pecans, Chocolate Chips, Banana Nut, Cinnamon Apple,<br>Blueberries, Peaches or Hawaiian ( <i>shredded coconut flakes w/ pineapple tidbits</i> ) |      |
| Strawberry Banana Split <i>w/pecans &amp; whipped cream</i> .....   | 8.95 |
| Carmel Apple Nut.....   | 8.95 |
| Turtle Pecans, & Chocolate Chips <i>w/Carmel Sauce</i> .....  | 8.95 |

## PANCAKES - PLUS

*sprinkled w/ powdered sugar*

|   |      |
|---|------|
| 2x2x2 2 eggs* any style, 2 pancakes, 2 pieces of bacon or links ..... | 7.95 |
| 2x4 2 eggs* any style on top of 4 pancakes .....                      | 8.95 |
| Pancake sandwich <i>w/Ham &amp; 2 eggs* any style</i> .....           | 8.95 |

## POTATO PANCAKES

|   |      |
|---|------|
| Potato Pancakes (3 pieces) <i>w/sour cream</i> .....  | 5.75 |
| <i>w/apple sauce</i> .....  | 6.25 |
| Potato Pancakes (2 pieces) <i>w/2 eggs* any style &amp; 2 strips bacon or sausage links</i> ..... | 7.95 |

## WONDERFUL WAFFLES

*sprinkled w/ powdered sugar*

|   |       |
|---|-------|
| Belgium Waffle OR 4 mini Waffles.....   | 7.15  |
| with topping for \$1.25 - Strawberries, Pecans, Cinnamon Apple, Cherries or Blueberries |       |
| Strawberry Banana Split <i>w/Pecans &amp; Whipped Cream</i> .....                       | 8.95  |
| Waffle Combo 2 eggs* any style & 2 pieces of bacon or sausage links .....               | 10.35 |

## FRENCH TOAST

*sprinkled w/ powdered sugar*

|   |      |
|---|------|
| Thick French Toast .....  | 7.15 |
| ½ order of French Toast .....   | 6.15 |
| ½ order of French Toast Combo 2 eggs* any style &<br>2 pieces of bacon or links ..... | 7.95 |
| Add topping for \$1.25 - Strawberries, Cinnamon Apple or Blueberries                  |      |
| Stuffed French Toast .....  | 8.95 |
| <i>jubilee topped w/bananas, strawberries, pecans &amp; whipped cream</i>             |      |

## CREPE CREATIONS

*sprinkled w/ powdered sugar*

|  |      |
|--|------|
| Plain Crepes .....   | 6.55 |
| <i>Thin Delicate Crepes sprinkled w/powdered sugar and whipped cream</i> |      |
| Cherry Crepes .....  | 7.65 |
| Strawberry Crepes.....   | 7.65 |
| Cottage Cheese & Peaches Crepes .....                                    | 8.65 |
| Strawberry or Cherry Jubilee Crepes .....                                | 8.65 |
| Vanilla Crème & Banana Crepes .....                                      | 8.65 |
| Banana and Nutella Crepes .....  | 8.65 |

\* Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

## COUNTRY FRESH EGGS

Served w/ hash brown potatoes or grits & toast or pancakes

|  |       |
|--|-------|
| <b>One egg*</b> —any style.....  | 5.95  |
| w/ Bacon or Sausage Links.....   | 7.15  |
| w/ Ham or Canadian Bacon or Smoked Sausage.....  | 8.15  |
| <b>Two eggs*</b> —any style.....   | 6.95  |
| w/ Bacon or Sausage Links.....   | 8.15  |
| w/ Ham or Canadian Bacon or Smoked Sausage.....  | 9.15  |
| 2 Grilled Pork Chops & 2 Eggs* (please allow 15 minutes) .....                               | 10.45 |
| 2 Country Fried Pork Chops topped with country gravy & 2 Eggs* (please allow 15 minutes) ... | 10.45 |
| 1/2 lb. Steak and 2 Eggs* .....  | 14.95 |
| Country Fried Steak topped with country gravy and 2 Eggs* .....                              | 9.75  |
| Corned Beef Hash and 2 Eggs* .....   | 9.75  |

## THREE-EGG OMELETTES

Served w/ hash brown potatoes or grits & toast or pancakes

|  |       |
|--|-------|
| Cheese <i>American or Swiss</i> .....  | 8.15  |
| Mushroom .....   | 8.15  |
| 3 Cheese <i>American, Swiss &amp; Co-Jack</i> .....  | 8.85  |
| Ham OR Bacon OR Sausage .....  | 8.85  |
| Spinach & Feta.....  | 8.85  |
| Broccoli & American Cheese.....  | 8.85  |
| Western w/Ham, Onions, Green Peppers, Tomatoes .....   | 9.45  |
| Southwestern w/Spicy Southwestern Sausage,<br>Jalapeños, Onions, Pepper Jack Cheese served w/salsa.....                          | 9.45  |
| Greek w/Gyro, Feta, Greek Olives & Tomatoes served w/Tzatziki sauce .....  | 9.45  |
| Spinach, Bacon & Swiss .....   | 9.45  |
| Veggie w/Onions, Mushrooms, Spinach, Green Peppers & Tomatoes.....   | 9.45  |
| Mexican w/Chorizo Sausage, Onions, Green Peppers, Tomatoes,<br>Jalapeños and Pepper Jack Cheese served w/Salsa & Sour Cream..... | 9.45  |
| Tropical Omelette w/Ham, Pineapple & American Cheese.....  | 9.45  |
| Meat Lovers Omelette w/ Ham, Bacon, Sausage .....  | 9.45  |
| Farmers Omelette w/ Ham, Onions, Green Peppers, Tomatoes,<br>Cheese, topped with Gravy.....                                      | 10.25 |
| Protein Omelette w/Ham, Bacon, Sausage & American, Swiss and cheddar cheeses (sorry no sides) ..                                 | 8.45  |

## EGG-STRAORDINARY SKILLETTS

Served w/ toast or pancakes

|  |      |
|--|------|
| <b>Western Skillet</b> w/hash browns, ham, onions, green peppers, tomatoes,<br>co-jack cheese with 2 eggs* any style on top .....  | 9.25 |
| <b>Polish Sausage Skillet</b> w/hash browns, onions, green peppers with 2 eggs* any style on top.....  | 9.25 |
| <b>Italian Sausage Skillet</b> w/hash browns, onions, green peppers, tomatoes, mozzarella cheese<br>with 2 eggs* any style on top .....  | 9.25 |
| <b>Southwestern Skillet</b> w/hash browns, spicy southwestern sausage, onions, jalapeños,<br>pepper jack cheese with 2 eggs* any style on top served w/salsa .....                     | 9.25 |
| <b>Veggie Skillet</b> w/hash browns, onions, green peppers, tomatoes, mushrooms, spinach,<br>cheddar cheese with 2 eggs* any style on top .....  | 9.25 |
| <b>Mexican Skillet</b> w/hash browns, chorizo sausage, onions, green peppers, tomatoes, jalapeños &<br>pepper jack cheese w/ 2 eggs* any style on top served w/salsa & sour cream..... | 9.25 |
| <b>Mediterranean Skillet</b> w/hash browns, gyro, onions, green peppers, Greek feta<br>with 2 eggs* any style on top served w/Tzatziki sauce .....                                     | 9.25 |
| <b>Kitchen Sink Skillet</b> w/hash browns, bacon, sausage, ham, onions, tomatoes, green peppers,<br>American & Swiss Cheese w/ 2 eggs* any style on top .....                          | 9.25 |
| <b>Country Fried Steak Skillet</b> w/hash browns, onions, green peppers, country gravy<br>with 2 eggs* any style on top .....  | 9.45 |
| <b>Corned Beef Hash Skillet</b> w/hash browns, green peppers, onions<br>w/ 2 eggs* any style on top.....   | 9.45 |
| <b>Hungryman Skillet</b> w/hash browns, ham, bacon, sausage, onions, green peppers, country gravy<br>with 2 eggs* any style on top .....   | 9.45 |

### Country Scrambler

Hash browns scrambled into 2 eggs\* topped with  
country gravy

Served with toast or pancakes

7.95

### House Scrambler

Minced ham, bacon, sausage, hash brown potatoes, onions,  
green peppers, tomatoes & co-jack cheese scrambled into  
2 eggs\*

Served w/toast or pancakes

9.45

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## EGGS BENEDICT

|  |      |
|--|------|
| Eggs Benedict .....  | 9.15 |
| <i>w/2 eggs* any style, Canadian bacon on English muffin<br/>w/hollandaise sauce &amp; hash brown potatoes</i>                             |      |
| Farmhouse Benedict .....   | 9.75 |
| <i>w/split buttermilk biscuits topped w/breaded tenderloin w/2 eggs* any style<br/>smothered w/country gravy &amp; hash brown potatoes</i> |      |

## HOMEMADE GRAVY BREAKFAST

|  |      |                            |      |
|--|------|----------------------------|------|
| Sausage Gravy on Biscuits or Toast .....   | 5.75 | <i>w/hash browns</i> ..... | 6.95 |
| ½ order of Sausage Gravy on Biscuits or Toast .                                  | 4.75 | <i>w/hash browns</i> ..... | 5.95 |
| Chipped Beef on Biscuits or Toast .....  | 5.75 | <i>w/hash browns</i> ..... | 6.95 |
| ½ order of Chipped Beef on Biscuits or Toast ..                                  | 4.75 | <i>w/hash browns</i> ..... | 5.95 |
| Sunrise 1/2 Biscuits & Gravy, 2 Eggs* any style, 2 pieces of bacon or links..... |      |                            | 7.95 |

## BREAKFAST SANDWICHES

|  |      |
|--|------|
| Bacon & Scrambled Egg on Toast <i>served w/ hash browns</i> .....  | 6.55 |
| Sausage Patty, Scrambled Egg, & American Cheese Biscuit <i>served w/ hash browns</i> .....   | 7.05 |
| Bacon or Ham, Scrambled Egg & American Cheese Croissant <i>served w/hash browns</i> .  | 7.55 |
| Loaded English Muffin <i>w/scrambled egg, bacon or sausage patty w/American &amp;<br/>Swiss cheese served w/hash browns</i> .....  | 7.55 |
| Eggs in a Basket <i>w/ hash browns</i> .....   | 7.55 |
| Mediterranean Wrap <i>w/gyro, scrambled eggs, feta cheese, onions, tomatoes<br/>served w/Tzatziki sauce &amp; hash brown potatoes</i> .....                              | 8.95 |
| Mexican Wrap <i>w/chorizo, scrambled eggs, onions, green peppers, tomatoes, jalapenos,<br/>cheddar cheese served w/salsa, sour cream &amp; hash brown potatoes</i> ..... | 8.95 |

## OATMEALS

|   |      |
|---|------|
| Oatmeal.....  | 3.55 |
| Oatmeal <i>w/bananas</i> .....  | 4.65 |
| Cinnamon Apple Oatmeal .....  | 4.65 |
| Berry Ola Oatmeal <i>old fashioned oatmeal w/ blueberries OR strawberries topped w/ crunchy granola</i> ... | 5.65 |

## BREAKFAST SIDES

|  |      |                                       |             |
|--|------|---------------------------------------|-------------|
| Toast.....                             | 2.05 | Sausage links (3) or patties (2)..... | 3.25        |
| Raisin, Whole Wheat or Texas Toast ... | 2.15 | Bacon (3) .....                       | 3.25        |
| English Muffin.....                    | 2.15 | Smoked Ham .....                      | 4.05        |
| Sour Dough .....                       | 2.15 | Canadian Bacon (3).....               | 4.25        |
| Biscuits.....                          | 2.15 | Corned Beef Hash .....                | 4.25        |
| Cottage Cheese .....                   | 2.65 | Sausage Gravy (bowl).....             | 3.65        |
| Apple Sauce .....                      | 1.85 | Grits .....                           | 3.55        |
| Peaches.....                           | 1.85 | <b>Mush (4 pieces)</b> .....          | <b>4.15</b> |
| Mixed Fruit (monkey dish).....         | 2.75 | One Egg* .....                        | 1.45        |
| Hash Browns or Home Fries .....        | 2.15 |                                       |             |

Egg Whites\* - 1.25 Additional Egg Beaters\* - 1.45 Additional

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## SANDWICH SHOP

*Served w/lettuce, tomato, pickle & chips \* soup, salad or coleslaw \* Add fries for 2.25*

|  |      |                      |      |
|--|------|----------------------|------|
| Grilled Cheese .....   | 5.55 | w/ ham or bacon..... | 6.75 |
| BLT Single.....  |      |                      | 6.75 |
| Monte Cristo w/Ham & Swiss on French Toast .....   |      |                      | 8.25 |
| Pulled BBQ Pork .....  |      |                      | 7.75 |
| Breaded Tenderloin .....   |      |                      | 7.75 |
| Breaded Tenderloin Cordon Bleu w/ham, Swiss cheese, and marinara sauce .....                                 |      |                      | 8.95 |
| Fish Sandwich.....   |      |                      | 7.75 |
| Gyros Sandwich Tender slices of Gyros Meat on pita bread w/Tomato & Onions,<br>served w/tzatziki sauce ..... |      |                      | 7.95 |
| Reuben Corned Beef, Sauerkraut, & Swiss Cheese on Rye Bread<br>Served with 1000 Island Dressing .....        |      |                      | 7.95 |
| Plain <b>OR</b> Cajun Grilled Chicken .....  |      |                      | 7.55 |
| Bacon & Swiss Chicken .....  |      |                      | 8.95 |

## CLUBS

*All clubs served on toast w/lettuce, tomato, mayonnaise, pickles & fries  
Choice of soup, salad or coleslaw*

|   |       |
|---|-------|
| Classic Turkey, Bacon, & Cheese (American, Swiss or Pepper Jack)..... | 10.45 |
| Ham & Cheese (American or Pepper Jack) .....                          | 9.65  |
| B.L.T.....  | 9.65  |

## WRAPS

*All Wraps served w/chips \* Add fries 2.25  
Choice of soup, salad or coleslaw*

|   |      |
|---|------|
| Crispy Chicken, Bacon w/ranch & lettuce.....        | 8.05 |
| Chicken Caesar w/parmesan cheese & lettuce .....    | 8.05 |
| Sliced Turkey & Swiss cheese w/mayo & lettuce ..... | 8.05 |
| BLT w/mayo .....                                    | 8.05 |

## PANINI

*All Panini served with chips \* Add fries 2.25  
Choice of soup, salad or coleslaw*

|   |      |
|---|------|
| Sliced Turkey w/mayo, tomato & Swiss cheese .....                 | 8.05 |
| Gyro w/tomato, onion, tzatziki sauce & feta cheese.....           | 8.05 |
| Combo w/turkey, ham, tomato, American & Swiss cheese.....         | 8.95 |
| Philly Cheese Steak w/grilled pepper, onions & Swiss cheese ..... | 8.95 |

## CROISSANT SANDWICHES

*All Croissants Served with Chips \* Choice of soup, salad or coleslaw \* Add fries 2.25*

|   |      |
|---|------|
| Turkey & Swiss .....  | 8.05 |
| Ham, Turkey & Swiss .....   | 8.95 |
| Philly Cheese Steak w/ grilled peppers, onions & Swiss cheese ..... | 8.95 |

## FLAP JACK'S BURGERS

Served w/ lettuce, tomato, onions, pickle & chips \* soup, salad or coleslaw \* Add fries for 2.25

|  |      |
|--|------|
| Hamburger .....  | 6.25 |
| Cheeseburger .....   | 6.95 |
| Mushroom Burger w/Swiss .....  | 7.25 |
| Western Burger w/grilled onions, green peppers & American cheese ..... | 7.45 |
| Bacon Cheeseburger .....   | 8.05 |
| Santa Fe Burger w/jalapeños, bacon, and Pepper Jack cheese .....       | 8.25 |
| Double Cheese Burger .....   | 9.25 |

## MELTS

Served on grilled rye with chips \* soup, salad or coleslaw \* Add fries for 2.25

|   |      |
|---|------|
| Patty Melt Burger, grilled onions & American Cheese .....                           | 8.05 |
| Chicken Melt w/tender grilled chicken & American cheese .....                       | 8.05 |
| Frisco Melt on sourdough with 1000 Island & French dressing over Swiss cheese ..... | 8.05 |
| Roast Beef Delight w/onions, mushrooms, green peppers & Swiss .....                 | 8.95 |

## CRISP & LITE

|  |  |
|--|--|
| Plain or Cajun Grilled Chicken Salad .....   | 9.25   |
| <i>w/tender grilled chicken on top of crisp greens, boiled egg, cucumbers, tomatoes, onions, and green peppers</i>   |  |
| Deli Salad .....   | 9.25   |
| <i>w/strips of ham, turkey, American &amp; Swiss cheese on top of crisp greens, boiled egg, cucumbers, tomatoes, onions, and green peppers</i>               |  |
| Southern Fried Chicken Salad.....  | 9.25   |
| <i>w/fried chicken strips on top of crisp greens, boiled egg, cucumbers, tomatoes, onions, &amp; green peppers</i>   |  |
| Mediterranean Salad.....   | 7.75   |
| <i>w/crispy greens, Greek feta cheese, Greek olives, cucumbers, tomatoes, onions &amp; green peppers</i>   |  |
| <i>w/Pita Bread .....add 1.25</i>  | <i>w/Gyro meat or Grilled Chicken.....add 3.95</i> |
| Greek Village Salad <u>Contains no Lettuce</u> .....   | 7.75   |
| <i>tomatoes, cucumbers, onions, green peppers, feta cheese, Greek olives, pepperoncinis &amp; our own homemade Greek dressing</i>                            |  |
| <i>w/ Pita Bread .....add 1.25</i>   | <i>w/Grilled Chicken..... add 3.95</i>             |
| Beef or Chicken Taco Salad .....   | 9.45   |
| <i>in a taco bowl filled w/crisp greens, green peppers, shredded cheddar cheese, diced tomatoes, refried beans. Served w/ side of salsa &amp; sour cream</i> |  |

## LITE & LIVELY

Served w/cottage cheese, hard boiled egg, cucumbers, tomato & fruit

|                              |      |
|------------------------------|------|
| Low Cal Chop Steak .....     | 9.35 |
| Low Cal Chicken Breast ..... | 8.65 |

## LUNCH SIDES

|  |             |                     |      |
|--|-------------|---------------------|------|
| Fries.....                                   | 2.25        | Homemade Soup ..... | 2.95 |
| Mashed Potatoes .....                        | 2.25        | Vegetables .....    | 2.95 |
| Coleslaw.....                                | 2.55        | Mixed Fruit.....    | 2.75 |
| Side Garden Salad.....                       | 3.55        | Applesauce .....    | 1.85 |
| Cottage Cheese.....                          | 2.65        | Peaches.....        | 1.85 |
| <b>Onion Rings w/ranch or marinara .....</b> | <b>5.55</b> |                     |      |



## FLAP JACKS ENTREES

Served w/Soup, Salad or Coleslaw

|  |                             |       |
|--|-----------------------------|-------|
| Chicken and Noodles (over mashed potatoes) <b>Sorry No Sides</b> .....   | 7.75 w/ 2 dinner rolls..... | 8.70  |
| Chicken Tenders w/French fries .....   |                             | 8.45  |
| Chicken Fajita on Pita w/grilled strips of chicken, sautéed onions and green peppers topped with cheddar cheese served w/fries, salsa & sour cream on the side .....   |                             | 9.75  |
| Chicken Quesadilla a warm, tasty tortilla filled with sautéed onions and green peppers topped with cheddar cheese served w/fries, salsa & sour cream on the side. .... |                             | 9.75  |
| Chicken Stir Fry w/grilled vegetables served over rice.....  |                             | 9.75  |
| Country Fried Pork Chops topped with country gravy w/mashed potato & vegetable (please allow 15 minutes) .....   |                             | 10.45 |
| 2 Grilled Pork Chops w/mashed potato & vegetable (please allow 15 minutes).....  |                             | 10.45 |
| Meatloaf w/mashed potatoes & vegetable .....   |                             | 9.75  |
| Country Fried Steak topped with country gravy w/mashed potato & vegetable.....   |                             | 9.75  |
| 1/2 lb Steak w/mashed potatoes & vegetable .....   |                             | 14.95 |
| 1/2 lb Chopped Steak w/grilled onions, mashed potatoes, & vegetable.....   |                             | 10.45 |
| Breaded Shrimp in a Basket w/French fries and cocktail sauce.....  |                             | 8.55  |
| Fish & Chips.....  |                             | 8.55  |



## JUST 4 KIDS 12 AND UNDER

Free Soda Drink w/refill



|  |      |
|--|------|
| 1 egg* any style w/bacon or links (2 pc), hashbrowns & toast (1 slice).....      | 5.35 |
| Cheese Omelette (2 eggs*) w/ hashbrowns .....                                    | 5.35 |
| 1/2 Order of Sausage Gravy on Biscuits w/ hashbrowns.....                        | 5.35 |
| ☺ French Toast or Mini Waffles w/bacon or links ..... 5.35 with topping.....     | 6.05 |
| ☺ Pancakes or Silver Dollar Pancakes w/bacon or links.... 5.35 with topping..... | 6.05 |
| ☺ Banana and Nutella Crepes (2 crepes).....                                      | 5.35 |
| Bowl Dry Cereal w/milk (drink not included) .....                                | 3.05 |
| Grilled Cheese w/fries.....  | 5.35 |
| Hamburger w/fries..... 5.35 with cheese.....                                     | 6.05 |
| Chicken Nuggets w/fries .....  | 5.35 |

**Small Drink (add .95¢):** Milk, Chocolate Milk, Apple Juice

You can substitute hash browns for applesauce or fruit

You can substitute fries for mashed potatoes, vegetable, applesauce or fruit

☺ sprinkled with powdered sugar

## BEVERAGES

|                      |  |   |
|----------------------|--|---|
| <b>H<br/>O<br/>T</b> | Coffee 100% Colombian — Regular or Decaf w/ refill ..... | 2.35                                    |
|                      | Pot Hot Tea—Regular or Decaf .....                       | 2.35                                    |
|                      | Hot Chocolate .....                                      | 2.65                                    |
|                      | 2% Milk .....  | Small 12oz 2.05..... Large 16oz 2.55    |
|                      | 1% Chocolate Milk .....                                  | Small 12oz 2.25..... Large 16oz 2.75    |
|                      | Soda w/refill.....                                       | 2.45                                    |
|                      | Iced Tea w/ refill .....                                 | 2.45                                    |
|                      | Apple Juice.....   | Small 12oz...2.45..... Large 16oz 2.85  |
|                      | Cranberry Juice .....                                    | Small 12oz...2.45..... Large 16oz 2.85  |
|                      | Orange Juice.....  | Small 12oz ...2.75..... Large 16oz 3.15 |
| Tomato Juice .....   | Small 12oz...2.45..... Large 16oz 2.85                   |   |

We are Not Responsible for loss or exchange of personal property.

We reserve the right to seat our customers.

Any item can be prepared for carry-out.

Please notify your server of any special dietary needs.

For parties of 8 or more, we reserve the right to add 15% gratuity.

Menu items and pricing are subject to change at anytime.

**CHECK FOR  
NUT ALLERGY**

[www.flap-jacks.com](http://www.flap-jacks.com)