7 Day Energy Map

Monday - NURTURE



Planet: Moon Color: White Symbol: Deer

Start with care. Look inward. Trust intuition. Show tenderness.

Tuesday - CHALLENGE



Planet: Mars Color: Orange Symbol: Bear Pick the hard thing. Take action. Channel vitality.
Persist and persevere.

Wednesday - THINK



Planet: Mercury Color: Green Symbol: Rabbit Listen closely. Ask deep questions. Spot patterns. Be objective.

Thursday - COLLABORATE



Planet: Jupiter Color: Yellow Symbol: Dog Connect openly. Share honestly. Build trust.
Align efforts.

Friday - CREATE



Planet: Venus Color: Mauve Symbol: Owl Spark ideas. Express freely. Play boldly. Make it real.

Saturday - LEAD



Planet: Saturn Color: Blue Symbol: Tiger Believe in a vision. Stay flexible. Inspire others. Move forward.

Sunday - BALANCE



Planet: Sun
Color: Red
Symbol: Monkey

Pause and reflect. Find your center. Weigh priorities. Focus energy.