

HUNDRED RIVER & WAINFORD BENEFICE

Brampton, Ilketshall St Andrew, Redisham, Ringsfield, Shadingfield, Sotterley, Stoven, Westhall, Weston



Daily Prayer for Lent



In the mighty name of God,
in the saving name of Jesus,
in the strong name of the Spirit,
we come, we cry,
we watch, we wait,
we look, we long
for You.

silence

Psalm 51

¹ Have mercy on me, O God, according to Your unfailing love; according to Your great compassion blot out my transgressions. ² Wash away all my iniquity and cleanse me from my sin.

³ For I know my transgressions, and my sin is always before me. ⁴ Against You, You only, have I sinned and done what is evil in Your sight, so that You are proved right when You speak and justified when You judge. ⁵ Surely I was sinful at birth, sinful from the time my mother conceived me. ⁶ Surely You desire truth in the inner parts; You teach me wisdom in the inmost place.

⁷ Cleanse me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. ⁸ Let me hear joy and gladness; let the bones You have crushed rejoice. ⁹ Hide Your face from my sins and blot out all my iniquity.

¹⁰ Create in me a pure heart, O God, and renew a steadfast spirit within me.

¹¹ Do not cast me from Your presence or take Your Holy Spirit from me.

¹² Restore to me the joy of Your salvation and grant me a willing spirit, to sustain me.

¹³ Then I will teach transgressors Your ways, and sinners will turn back to You.

¹⁴ Save me from bloodguilt, O God, the God who saves me, and my tongue will sing of Your righteousness. ¹⁵ O Lord, open my lips, and my mouth will declare Your praise. ¹⁶ You do not delight in sacrifice, or I would bring it; You do not take pleasure in burnt offerings. ¹⁷ The sacrifices of God are a broken spirit; a broken and contrite heart, O God, You will not despise.

Glory to the Father
and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever.
Amen.

Bible Readings

Prayers

Holy and strong One,
in our weakness, we come to You;
strengthen us, good Lord.

We bring a world strained and stressed,
broken by war and crime,
discouraged by evil,
distressed in violence ...

prayers for the world

Strengthen us, good Lord.

We bring a church weak in mission,
wavering in faith,
dwindling in numbers,
fearful of outreach ...

prayers for church, Benefice, parish

Strengthen us, good Lord.

We bring friends in loneliness and heartache,
in weariness and want,
in fear and anxiety ...

prayers for family, friends, and community

Strengthen us, good Lord.

We bring the sick and the suffering,
the pained and the despairing,
the forsaken and the betrayed ...

prayers for those in need

Strengthen us, good Lord.

Our Father in heaven,
hallowed be Your name,
Your kingdom come, Your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

For the kingdom, the power, and the glory are Yours
now and for ever.

Amen.

Blessing

God show us the way of peace,
that we may receive peace,
that we may give peace,
that we may live peace,
that we may share peace,
that the peace of God may shine in us.

God be with us to guide us,
God be with us to protect us,
God be with us to strengthen us,
God be above us to lift us up,
God be beneath us to support us.

And the blessing of God Almighty,
Father, Son and Holy Spirit,
be with us, and remain with us,
now and always.