



Cristina Whitehawk
602.252.3249

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***My Ticket to Ride
From Cancer to Flourishing
is now Published!***

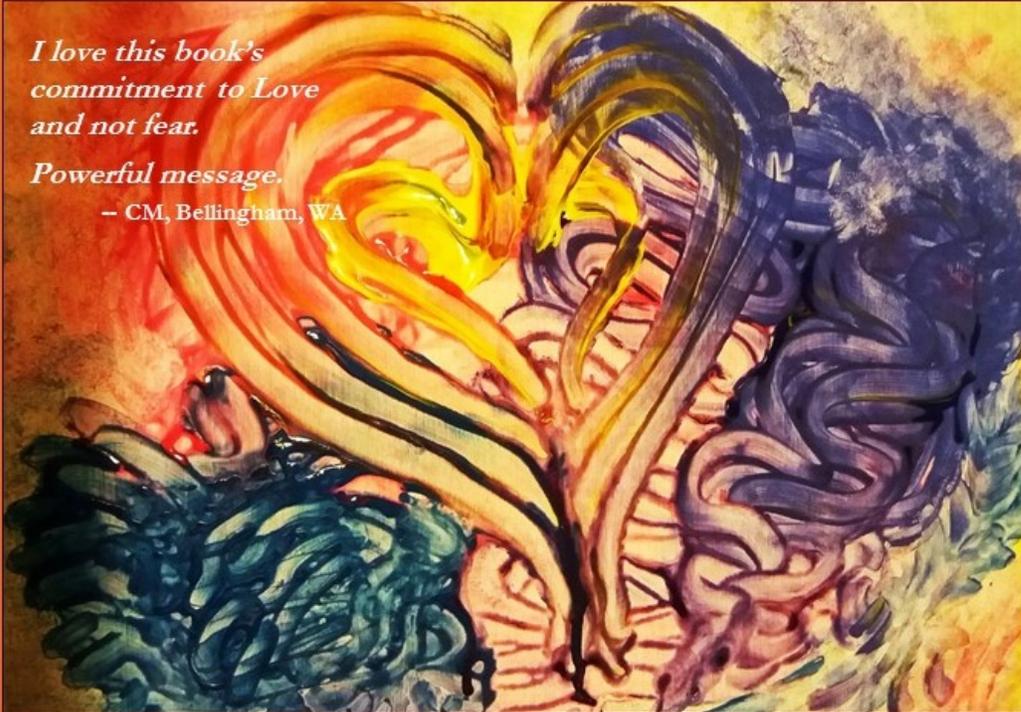
My Ticket to Ride

From Cancer to Flourishing

*I love this book's
commitment to Love
and not fear.*

Powerful message.

– CM, Bellingham, WA



Cristina Whitehawk

To celebrate the launch

over 3 dozen family and close friends came together (even those from

Washington state and California) for a love-filled outdoor event January 26th.

It was 70° that day in Gilbert, Az.!



Celebration Cake

Creatively and lovingly crafted as an edible book by my granddaughter Hannah with proud author/grandma alongside.

It was a butter cake with whipped cream and strawberry filling. Yum!

Awesome Reviews

What a beautiful book filled with nourishment for your soul. Her approach to cancer is one of surrender and vulnerability and love, to life itself. Her poetry is beautiful, her insight deep and engaging, and this book is a must read for anyone whose life has been affected by cancer. It's one of those books that fills your heart with positive words and feelings which everyone with cancer needs. What a gift she has brought to this world through her experience and bringing it to life as a book to share. Thank you!

- Dr. Shamanie Haneca, Edina, MN.

A woman of courage, honesty, & fortitude- Cristina Whitehawk, just released her newest book "My Ticket to Ride - From Cancer to Flourishing." . . . This book is one of Love. Facing each challenge before her, Cristina continues to choose love, not fear. As I read each word, I'm aware Cristina invites us on her personal & treasured journey that goes beyond cancer into a world where we can all flourish - LOVE. - Dr. Joyce Mills, Phoenix, Az

The Next Phoenix Area Book Signing Celebration!

February 16, 2019

4 p.m.

Ide Mania Salon

2831 N Central Ave, Phoenix, AZ 85004

Cross streets: Central & Thomas Roads

Ide Flores has been styling my hair for over 20 years (even though, thanks to cancer, there's not much left to style). I wrote in *My Ticket to Ride* about making an appointment with her for a *different* type of styling - a buzzing off of all my hair. I didn't want my hair falling in my soup one day thanks to chemotherapy. It was a power move on my part to stay in charge of the cancer experience.

At this signing event, I will do several readings from the book, answer questions, chat and sign books. Those of you in the area - please do join us. And . . . you might even find an Aveda hair product you just can't live without!

Thank you Ide and all your wonderful and creative co-workers for supporting *My Ticket to Ride* as it goes into the world to touch and heal hearts.

[R.S.V.P to Ide Mania Launch](#)

I am booking signings. Please contact me for details.

[Contact me for Book Signings](#)

Love Bundle

It was Love not hating, fighting, or killer cancer that brought me into remission.
(Diagnosis was 5 years ago).

In honor and celebration of the healing power of Love, I introduce you to the
Love Bundle.

When you purchase *My Ticket to Ride* and *Doorways to Daily Soul Nurturance*(perpetual calendar), I will gift you
Path of Love by Liliana Edwards. (\$19.95 value).

Liliana was a recipient of loving messages from the Spirit World before she died in

2004.

This offer is available through February 15, 2019.

Enjoy this Love Bundle opportunity by clicking the button below. Thanks!

[Love Bundle Purchase](#)

Board Member Recruitment

In each of my *irregular* newsletters, I enjoy bringing attention to small businesses or non-profit organizations serving their community.

The spotlight this time is on the Phoenix area non-profit FPRE. (Foundation for Phoenix Institute of Herbal Medicine and Acupuncture Research and Education) FPRE provides support and funding for scholarships, research, library, medical clinics, education and charitable assistance to the general public. Meeting six times a year, they are in the process of expanding their board and are recruiting prospective board members skilled in *fund raising, marketing, promotion, and finance*. FPRE: <http://pihma-fpre.org/about-us/>

Curious about being of service? Connect with me for more info at the button below.

[Board Member Recruitment](#)

Thank you for reading this newsletter. It is my hope it validated how important it is for us to fully embrace our life experiences; even the rough ones. The quicker we embrace the rough life experiences, the quicker we can learn what they have to offer.

Please share the newsletter.



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Thank you!

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P.O.Box 33216

Phoenix, AZ 85067

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