

## Physical Education FAQ

1. Locker Rooms – Students provide their own locks. Coaches will assign students a locker. The locker room is a very active place. With our overlapping classes the student traffic is constant. Please remind you son/daughter to keep track of their personal belongings.
2. Dress code – Athletic shoes, shorts or sweats, and a CHS PE t-shirt are required. No denim allowed.
3. Bring your own water.
4. Your grade is based on dressing out and effort. Your athleticism and skill level does not influence your grade.