



IndieFlix Shines the Light on Anxiety with Must-See Documentary,  
**“ANGST: RAISING AWARENESS AROUND ANXIETY”**

**A NEW FILM CREATED TO START COMMUNITY CONVERSATIONS ABOUT ANXIETY &  
PROVIDE TOOLS, RESOURCES & HOPE - SCREENS ON:**

**MAR 9, 2020 – 6PM at **SPRAYBERRY HIGH SCHOOL**, in Marietta GA.**  
2525 Sandy Plains Drive, Marietta GA 30066

IndieFlix, a leading independent online streaming platform, is sparking a global conversation about anxiety through screenings of its brand-new documentary, [“ANGST: Raising Awareness Around Anxiety”](#).

On **March 9<sup>th</sup> 2020 at 6pm**, **Sprayberry High School** will hold a special screening of the documentary **ANGST** in partnership with [Axis Hope LLC](#), to open up a dialogue between local families, community leaders and mental health experts. The event will feature a viewing of the 43-minute film, followed by an informative panel discussion led by Dr. Ganielle Hooper of Axis Hope and other mental health experts from the community.

Through candid interviews, ANGST utilizes the power of film to tell the stories of many kids and teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they’ve found solutions and hope. The film also includes a special interview with Michael Phelps, a mental health advocate and one of the greatest athletes of all-time. In addition, the documentary provides discussions with mental health experts about the causes of anxiety and its sociological effects, along with the help, resources and tools available to address the condition.

FREE tickets are now available and space is limited! The screening will be held at Sprayberry High School on March 9<sup>th</sup> at 6pm. [Click \*\*HERE\*\* to learn more, view trailers and reserve tickets.](#)

Part of the beauty of this film is the openness of the children and young adults featured; for some of them, the “Angst” project marks the first time they are publicly sharing their experiences with anxiety. Our hope is that their candidness and bravery will inspire our community to do the same.



**Come Join Us and Bring the entire Family!**

[www.angstmovie.com](http://www.angstmovie.com)  
[www.axishope.care](http://www.axishope.care)

PRESS CONTACT: Dr. Ganielle Hooper, 678-503-8629, Email: [info@axishope.care](mailto:info@axishope.care)

