Ages 14 - 19

| Ages 14 - 19 | | |
|---|---|--|
| Activity/Consideration For Families: | How TPS Can Help: | |
| Education | TDC 1 | |
| Facilitate a smooth transition from middle school to high school. Identify long-term goals for your child in the following domains: employment, education/training, and independent living. Work with school team to develop and IEP and Transition Plan in alignment with long-term goals. | « In collaboration with the school team, TPS provides parents 1:1, individualized support to generate long-term goals and create short-term objectives. TPS also offers advocacy services and supports, if needed. | |
| Healthcare/Independent Living | | |
| « Identify potential adult healthcare providers. | | |
| « Embed principles of supported decision-making into daily routines. | « TPS helps families find healthcare providers in their area, | |
| « Establish a connection to adult services agencies within the state/county. | trains families on supported decision-making. | |
| « Identify adult services programs, supports, and direct staffing available through your state/county. | | |
| Employment « Embed work-skills and social skills into daily routines. « Establish a connection to vocational rehabilitation services (VR) within the state/county. | | |
| | « TPS supports home-programming and offer guidance and | |
| Finances and Benefits | assistance to families. | |
| Creation of specific financial mechanisms (e.g., ABLE account, Special Needs Trust). Begin to develop an understanding of SSI and SSDI as child enters adulthood. | | |
| w begin to develop an orderstanding of 351 and 3551 as and effects adolinood. | « TPS connects families to attorneys, accountants, and benefits | |
| Community Building and Recreation/Leisure | counselors knowledgeable in disability benefits planning. | |
| « Identify social and recreation opportunities that are of interest to your child. | , | |
| « Continue to foster and cultivate a community of support for your child outside of the high school environment. | TPS researches programs in your local area and thinks outside the box to identify activities that will help your child lead an enviable life. | |
| Supports For Family | | |
| « Continue to build support networks and establish connections with parents at your child's high school. | | |
| | « TPS provides newsletters to help families stay connected. We also send information about family support groups, national trainings, and provide opportunities for families to connect virtually. | |
| | | |

Ages 18 - 21

| Activity/Consideration For Families: | How TPS Can Help: |
|---|---|
| Education | |
| (Re) evaluate and refine long-term goals for your child in the following domains: employment, education/training, and independent living. Work with school team to develop and IEP and Transition Plan in alignment with long-term goals. Work with school team to identify work-based learning experiences and identify community opportunities for paid employment. | « In collaboration with the school team, TPS provides parents 1:1, individualized support to generate long-term goals and create short-term objectives. TPS also offers advocacy services and supports, if needed. |

Healthcare/Independent Living « Select adult healthcare providers based on previous research (e.g., interviews) « TPS provides education, training, resources, and advocacy « Develop a person-centered plan with adult service providers. « Work with adult services agencies to utilize programs and direct staffing supports available through support to families. state/county. « Begin to develop a plan for independent living (e.g., Where will your child live? With whom? With what types of supports?) **Employment** « Utilize the connection to vocational rehabilitation to determine employment supports that may be provided. « TPS provides education, training, resources, and advocacy « Develop a person-centered plan with vocational rehabilitation providers. support to families. Finances and Benefits « Understand how your retirement and your child's future employment may impact SSI and SSDI benefits. « TPS connects families to benefits counselors knowledgeable Community Building and Recreation/Leisure in disability benefits planning. « Identify and enroll in social and recreation opportunities that are of interest and fulfilling to your child. « TPS researches programs in your local area and thinks Supports For Family outside the box to identify activities that will help your child « Continue to build support networks and establish connections with parents at your child's high school.

Ages 20 - 23

| Activity/Consideration For Families: | How TPS Can Help: |
|--|---|
| Education | , |
| Continue to refine long-term goals for your child in the following domains: employment, education/training, and independent living. Work with school team to refine IEP and Transition Plan. Work with school team to identify work-based learning experiences and identify community opportunities for paid employment. Work with school team to create a smooth exit/transition for your child from school. | « In collaboration with the school team, TPS provides parents 1:1, individualized support to generate long-term goals and create short-term objectives. TPS also offers advocacy services and supports, if needed. |
| Healthcare/Independent Living « (Re) evaluate and refine the person-centered plan with adult service providers. « (Re) evaluate and refine plans for independent living. « Advocate for the provision of specific supports related to independent living goals. | « TPS provides education, training, resources, and advocacy support to families. |
| Employment « Utilize the connection to vocational rehabilitation to determine employment supports that may be provided. « Advocate for the provision of specific employment-related supports. | « TPS provides education, training, resources, and advocacy support to families. |

Family Planning Guide © 2023 – Transition Planning Solutions

lead an enviable life.

connect virtually.

« TPS provides information about family support groups,

national trainings, and provide opportunities for families to

« (Re) evaluate and refine a person-centered plan with vocational rehabilitation providers. « TPS connects families to benefits counselors knowledgeable Finances and Benefits « Understand how your retirement and your child's future employment may impact SSI and SSDI benefits. in disability benefits planning. « Begin to assess funding mechanisms for your child's long-term care and support. Community Building and Recreation/Leisure « Identify and enroll in social and recreation opportunities that are of interest and fulfilling to your child. « TPS researches programs in your local area and thinks outside the box to identify activities that will help your child lead an enviable life. Supports For Family « Continue to build support networks and establish connections with parents at your child's high school. « TPS provides information about family support groups, national trainings, and provide opportunities for families to connect virtually.

Ages 22 - 25+

| Activity/Consideration For Families: | How TPS Can Help: |
|---|--|
| Education | |
| Work with school team to create a smooth exit/transition for your child from school. Healthcare/Independent Living | « Provide checks, guidance, and support to ensure a smooth transition from high school to post-school life. |
| (Re) evaluate and refine the person-centered plan with adult service providers. | « TPS provides education, training, resources, and advocacy |
| (Re) evaluate and refine plans for independent living. | support to families. |
| Advocate for the need and provision of specific supports related to independent living goals. | sopport to runnies. |
| | |
| Employment | |
| « Utilize the connection to vocational rehabilitation to determine employment supports that may be provided. | « TPS provides education, training, resources, and advocacy |
| « Advocate for need and provision of specific employment-related supports. | support to families. |
| « (Re) evaluate and refine a person-centered plan with vocational rehabilitation providers. | |
| Finances and Benefits | |
| Understand how your retirement and your child's future employment may impact SSI and SSDI benefits. | |
| Begin to assess funding mechanisms for your child's long-term care and support. | « TPS connects families to benefits counselors knowledgeable |
| w regime access containing meantaining for your annual long form can a sure support | in disability benefits planning. |
| Community Building and Recreation/Leisure | , , , |
| « Identify and enroll in social and recreation opportunities that are of interest and fulfilling to your child. | |
| | |
| Supports For Family | « TPS researches programs in your local area and thinks |
| « Continue to build support networks and establish connections with parents at your child's high school. | outside the box to identify activities that will help your child lead an enviable life. |
| | ledd dif enviable ine. |

| « TPS provides information about family support groups, national trainings, and provide opportunities for families to connect virtually. |
|--|
| |