



PITTSBURGH
Pastoral Institute

Pittsburgh Pastoral Institute

6324 Marchand Street
Pittsburgh, PA 15206-4312
Ph. 412.661.1239
Fx. 412.661.1304
Toll Free 1.877.661.9623

www.pittsburghpastoralinstitute.org

FOR IMMEDIATE RELEASE
December 10, 2018

PITTSBURGH PASTORAL INSTITUTE ANNOUNCES NEW SEMINAR SPIRITUALITY IN PSYCHOTHERAPY: BUILDING OPTIMAL HEALTH

Pittsburgh, PA December 10th, 2018 – Therapist and Training Program Manager Rachel Kornfield Becker, LCSW, and Therapist and Speaker's Bureau Member Luisa V. Nayhouse M.A., M.S., LPC have come together in both professionalism and spirit of interfaith to develop the training "Spirituality in Psychotherapy: Building Optimal Health." This seminar will be presented across five Friday sessions in March, 2019 of 2 hours each at Calvary Episcopal Church in Shadyside.

Please come and explore with us the value of spiritual competency in the context of mental health treatment. We will take a comprehensive look at the way religion and spirituality lead to meaning-making and weave through the fabric of each client's constitution. This will be a professional workshop for those looking to increase their knowledge base of religious diversity in order to improve the efficacy of clinical treatment.

– Therapist and Speaker's Bureau Member Luisa V. Nayhouse M.A., M.S., LPC

Rachel and Luisa bring the perspective of diverse spiritual backgrounds to the question, "How do we respectfully and meaningfully engage the spirituality of our clients?" Come deepen your understanding of your own story and how that plays a part in this question. Develop your knowledge of religious and spiritual diversity. Learn tools you can use with clients from a variety of backgrounds. The seminar offers practical tools and deeper clinical insights in order to provide well-informed holistic-based care for your clients through engaging their spirituality.

I have found engaging client spirituality to be endlessly complex and fascinating. I look forward to the opportunity to discuss this with colleagues in the context of the seminar, consider case studies and vignettes together, and deepen and broaden our understanding of the issue for each of us. Sometimes a client's connection with the divine provides the needed impetus for change when nothing else can. Sometimes profound insights are discovered. Sometimes confusing and complex contradictions are brought to the surface and gain new clarity. As Kenneth Pargament says, "whatever else a client's spirituality might be, it is never boring."

— Rachel Kornfield Becker, Pittsburgh Pastoral Institute Training Program Manager

About the Pittsburgh Pastoral Institute:

Serving greater Pittsburgh since 1964, the Pittsburgh Pastoral Institute exists to enhance the health of individuals, families, and communities through an interfaith ministry of counseling and education that integrates the resources of faith and the behavioral sciences. Pittsburgh Pastoral Institute builds on the strengths and resilience of individuals, families, and communities to improve the health, wellness, and quality of life of all those whom it serves.

To learn more about the new seminar offerings, please visit www.pittsburghpastoralinstitute.org

Contact Information:

Lisa M. Bergquist M.B.A.

Marketing Communications

Pittsburgh Pastoral Institute

Email: lbergquist@ppicounseling.org

<https://www.facebook.com/ppicounseling.org>

Interfaith Counseling and Consulting Since 1964