

Pittsburgh Pastoral Institute

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FOR IMMEDIATE RELEASE

January 8, 2019

PITTSBURGH PASTORAL INSTITUTE ANNOUNCES SPRING SEMINAR: THERAPEUTIC DIMENSIONS OF THE PSYCHOLOGY OF RELIGION

Pittsburgh, PA *January* 8th, 2019 – Randall Hoedeman, PhD, LPC, LMFT continues to present "Therapeutic Dimensions of The Psychology of Religion" every other Friday morning from 9:00am – 11:00am, March 1st until April 26th at the Pittsburgh Pastoral Institute. Dr. Hoedeman holds a doctoral degree in the Psychology of Religion and his counseling and psychotherapy practice spans over 35 years. He has held leadership and teaching positions at the Pittsburgh Pastoral Institute, Pittsburgh Association for Psychoanalytic Thought, Waynesburg University, University of Pittsburgh School of Social Work and Louisville Presbyterian Seminary. Randy is as a Senior Therapist and a member of the Speaker's Bureau for the Pittsburgh Pastoral Institute.

"I have been privileged to work at the Pittsburgh Pastoral Institute, often in a leadership role, for the past 25 years. During that time, our mission has included offering spiritually-integrated professional training and education to the mental-health community. I am proud of the team of educators and speakers that we currently have available in that regard. My own expertise in the Psychology of Religion includes two continuing-education seminars of ten hours each: 'Existential and Psychodynamic Dimension of the Psychology of Religion' and 'Therapeutic Dimensions of the Psychology of Religion." – Randall Hoedeman Ph.D., LPC, LMFT

The first spring session starts off with discussing the "Tree of Knowledge of Good and Evil" in light of the psychoanalytic concept known as "unthought known" and participants will learn to describe the basic therapeutic outcomes of "depressive realism; structural change; and increased love." Further sessions discussing integration of religion into psychotherapy, therapeutic interaction, ethics and Wesley Burn's proposed 11 categories for DSM Axis 6, "Religious or Spiritual Problem." Then into April topics will be related to "crime and punishment" and to "guilt and grace" as well as Lewis Smedes' four stages of forgiveness. In the last session will cover the five types of grief and understanding the interconnection between the "death" of old god images, the birth of new ones, and the emergence of new parts of self. Dr. Hoedeman will also present his "Existential and Psychodynamic Dimension of the Psychology of Religion" seminar in the fall.

"Every Spring and Fall I meet a new group of Randy's seminar participants in the PPI break room. They all share about the extraordinary humor, wisdom and knack for encouraging meaningful discussion that Randy brings to the educational experience. Every mental health provider and clergyperson is enriched by Randy's thoughtfulness, humility and experience. Since he is planning to retire in two years, this may be one of the last opportunities we have to participate in this extraordinary seminar."

- Rachel Kornfield Becker, Pittsburgh Pastoral Institute Training Program Manager

About the Pittsburgh Pastoral Institute:

Serving greater Pittsburgh since 1964, the Pittsburgh Pastoral Institute exists to enhance the health of individuals, families, and communities through an interfaith ministry of counseling and education that integrates the resources of faith and the behavioral sciences. Pittsburgh Pastoral Institute builds on the strengths and resilience of individuals, families, and communities to improve the health, wellness, and quality of life of all those whom it serves.

To learn more about the new seminar offerings, please visit www.pittsburghpastoralinstiute.org

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