

PURPOSE FULFILLED

“Remain in Me”

A 7-Day Journey into God's
Presence and Alignment

“Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.” John 15:4



Day 1 – The Call to Abide

Scripture: John 15:4

Prompt: What areas of my life have I tried to “bear fruit” apart from God? How can I surrender them to Him?

Prayer Focus: Ask for grace to remain connected to the Vine daily.

Today I recognize that apart from Christ, I can do nothing. As I end this day, I choose to surrender every area where I've tried to bear fruit on my own. My heart rests in the truth that His presence is my source, and I commit to remain connected to the Vine.

Day 2 – Dwelling in His Presence

Scripture: Psalm 27:4

“One thing I ask from the Lord... to dwell in the house of the Lord all the days of my life.”

Prompt: What does it mean for me to dwell in God’s presence in everyday life?

Prayer Focus: Desire for intimacy with God above all else.

As I reflect tonight, I see how God's presence is not limited to a place but is with me in every moment. My desire is to carry His presence into my daily rhythms, choosing intimacy with Him over distraction. I end this day longing to dwell continually in His house.

Day 3 – The Narrow Gate of Alignment

Scripture: Matthew 7:13-14

Prompt: Where am I tempted to choose the “wide gate” of ease instead of the narrow gate of obedience?

Prayer Focus: Strength to walk in alignment with God’s will.

This day reminds me that alignment with God often requires choosing the narrow path. Though it may be harder, it leads to life. Tonight, I resolve to walk in obedience, trusting that His way is better than the easy alternatives the world offers.

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Day 4 – Cleansing & Pruning

Scripture: John 15:2

“Every branch that does bear fruit he prunes so that it will be even more fruitful.”

Prompt: What habits, attitudes, or distractions might God be pruning from me as I prepare for the New Year?

Prayer Focus: Willingness to embrace pruning for greater fruitfulness

Today I welcomed the gentle pruning of the Father.

Though it can be uncomfortable, I know it is for my good and greater fruitfulness. As I close this day, I release what He is cutting away and embrace His refining work in me.

Day 5 – Gates of Righteousness

Scripture: Psalm 118:19–20 – “Open to me the gates of righteousness, that I may enter through them...”

Prompt: How can I step through the “gate of righteousness” in my daily choices?

Prayer Focus: Ask God to align your steps with His righteousness.

Reflecting tonight, I see that righteousness is not just a doorway but a daily choice. Each step I take through the “gate” is an act of trust in God’s ways. I end this day asking Him to keep my heart aligned with His righteousness in all things.

Day 6 – Continual Dependence

Scripture: Isaiah 41:10

“Fear not, for I am with you... I will uphold you with my righteous right hand.”

Prompt: Where do I need to depend more fully on God’s strength instead of my own?

Prayer Focus: Trusting God’s presence in every circumstance.

This day has shown me how much I need God's strength. My own efforts are limited, but His hand upholds me. As I rest tonight, I choose dependence over self-reliance, trusting that His presence will sustain me tomorrow and beyond.

Day 7 – Entering the New Year in Alignment

Scripture: Revelation

21:25 – “Its gates will never be shut by day...”

Prompt: What would it look like for me to live in continual openness to God’s presence in the coming year?

Prayer Focus: Dedicate the year ahead to abiding in Christ and walking in His alignment.

As Week 1 closes, I reflect on the gift of abiding in Christ. His gates are always open, and His presence is always available. Tonight, I dedicate the coming year to living in alignment with Him, remaining in the Vine so that my life may bear lasting fruit.

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As we journey through these 7 days, remember that fasting is not only about abstaining from food or distractions — it is about drawing nearer to God. One of the most important ways to remain in Him is through His Word. Each day, set aside time to read Scripture, allowing it to shape your thoughts, renew your mind, and anchor your spirit in His truth.

Be attentive to how God may speak to you during this season. His voice can come through the Scriptures, through prayer, through dreams, and even through the people He places in your path. Write down what He reveals, no matter how small it may seem, and carry it with you into the new year.

Fasting opens our hearts to hear more clearly. As you abide in Christ, expect Him to align your steps, prune what needs to be cut away, and prepare you to bear fruit that lasts. Stay mindful, stay surrendered, and stay connected to the Vine.¹

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Week 1 is about choosing to abide in Christ and align with His presence. As the foundation is set, continue to stay connected to the Vine, open to His pruning, and mindful of His leading. Let this alignment prepare your heart for the fruitfulness that follows.