



PINK POWER MONTH

7 Reasons why Early Detection of Breast Cancer is Important

OCTOBER 2023

EDITION 1



IN LOVING MEMORY OF MY FRIEND
ANITA JONES
GONE BUT NOT FORGOTTEN

First what is breast cancer?

IT'S A CANCER THAT ORIGINATES IN BREAST TISSUE. CELLS BEGIN TO GROW ABNORMALLY AND CAN AFFECT ONE OR BOTH BREASTS.

STATISTICS

IN 2023, ROUGHLY 297,790 NEW CASES ARE EXPECTED IN THE U.S. ALONE. THE LIFETIME RISK IS ABOUT 1 IN 8 FOR WOMEN.

REASON #1

BETTER PROGNOSIS

CANCER FOUND EARLY ARE OFTEN SMALLER AND CONFINED TO THE BREAST, WHICH MEANS THEY'RE EASIER TO TREAT AND REMOVE.



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5TH ANNUAL BREAST CANCER AWARENESS WALK OCTOBER 14TH, THE SURVIVORS AND FIGHTERS

REASON #2

MORE TREATMENT OPTIONS

EARLY DETECTION OPENS THE DOOR TO A WIDER RANGE OF
TREATMENT OPTIONS, INCLUDING LESS AGGRESSIVE SURGERIES
AND THERAPIES.



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**PILGRIM REST MISSIONARY BAPTIST CHURCH
BREAST CANCER AWARENESS PROGRAM, SURVIVORS**

REASON #3

HIGHER SURVIVAL RATE

ACCORDING TO NUMEROUS STUDIES, THE 5- YEAR SURVIVAL RATE OF LOCALIZED BREAST CANCER IS AROUND 99% WHEN DETECTED EARLY.



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REASON #4

IMPROVE QUALITY OF LIFE

**EARLY TREATMENT MAY RESULT IN FEWER SIDE EFFECTS AND LESS
PHYSICAL AND EMOTIONAL TRAUMA**



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REASON #5 COST-EFFECTIVENESS

**TREATING CANCER IN IT'S EARLY STAGES IS OFTEN LESS COSTLY
IN THE LONG RUN, AS ADVANCED CANCER TREATMENTS CAN BE
COMPLEX AND EXPENSIVE.**



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REASON #6 FAMILY AND LOVED ONES

**RELIEVES SOME EMOTIONAL AND FINANCIAL BURDEN ON
FAMILY AND FRIENDS**



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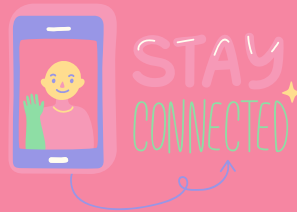


REASON #7 COMMUNITY IMPACT

TREATING CANCER IN IT'S EARLY STAGES IS OFTEN LESS COSTLY IN THE LONG RUN, AS ADVANCED CANCER TREATMENTS CAN BE COMPLEX AND EXPENSIVE.



HOPE



STAY CONNECTED WITH US!
YOU CAN REACH OUT TO US ANYTIME VIA EMAIL AT
KATRINA@WEALTHHEALTHANDNATURALFITNESS.COM
OR GIVE US A CALL AT (334) 246-2464. DON'T
FORGET TO FOLLOW US ON ALL YOUR FAVORITE
SOCIAL MEDIA PLATFORMS, LOCATED VIA
[@CONTACTKATRINA.COM](https://www.instagram.com/contactkatrina.com)



**READY TO EMBARK ON A JOURNEY TO BETTER HEALTH AND WELLNESS?
SUBSCRIBE TO OUR NEWSLETTER AND JOIN OUR COMMUNITY
@WEALTHHEALTHANDNATURALFITNESS.COM FOR EXCLUSIVE INSIGHTS
AND UPDATES YOU WON'T WANT TO MISS.**



**WE VALUE YOUR INPUT! SHARE YOUR THOUGHTS, SUGGESTIONS, OR
TESTIMONIALS WITH US@WEALTHHEALTHANDNATURALFITNESS.COM
YOUR FEEDBACK HELPS US MAKE OUR NEWSLETTER EVEN MORE
TAILORED TO YOUR NEEDS.**



**NOVEMBER 18TH-"WE HAVE AN OIL FOR THAT" WEBINAR.
DECEMBER 9TH. - SELF-CARE AND STRESS-FREE HOLIDAYS
JANUARY 1ST STARTS 90-DAY SLIMMER CHALLENGE.
JANUARY 21ST. WOMEN HEALTH SUMMIT**



**MEET INCREDIBLE INDIVIDUALS LIKE DOROTHY BROWN WEIGHT-LOSS
SUCCESS AND TRACY MCCREE DECREASE BLOOD PRESSURE, A FEW ,
WHO ACHIEVED REMARKABLE IMPROVEMENTS WITH OUR GUIDANCE.
THEIR INSPIRING STORIES WILL MOTIVATE YOU TO PRIORITIZE YOUR
HEALTH.**



**DID YOU KNOW THAT BLACK SEED OIL HAS 101 BENEFITS AND IS
ESPECIALLY BENEFICIAL FOR BREAST CANCER SURVIVORS? DISCOVER
MORE WELLNESS TIPS AND FACTS IN OUR NEWSLETTER TO BOOST YOUR
WELL-BEING.**

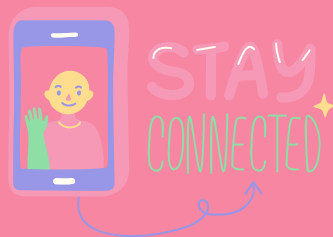




WE'RE GRATEFUL FOR YOUR SUPPORT AND THE CONTRIBUTIONS OF OUR PARTNERS, SPONSORS, AND OUR DEDICATED TEAM. THANK YOU FOR MAKING OUR MISSION POSSIBLE. WE LOOK FORWARD TO OUR NEXT EVENT AND WISH YOU CONTINUED HEALTH AND HAPPINESS.



GET READY FOR A VISUALLY APPEALING EXPERIENCE! OUR NEWSLETTER IS FILLED WITH EYE-CATCHING IMAGES, INFOGRAPHICS, AND ILLUSTRATIONS TO MAKE YOUR READING ENJOYABLE.



STAY IN THE KNOW! DON'T FORGET TO SUBSCRIBE TO OUR NEWSLETTER TO RECEIVE THE LATEST UPDATES, AND REMEMBER TO RENEW YOUR SUBSCRIPTION FOR FUTURE NEWSLETTERS.



WE'RE EXCITED TO CONTINUE THIS JOURNEY WITH YOU, THE HEART HEALTH AND WELLNESS QUEEN, AND OUR WONDERFUL COMMUNITY. TOGETHER, WE'LL CREATE A HEALTHIER AND HAPPIER WORLD!