

Summer 2026 Water Fitness Schedule



WELLNESS NETWORK

www.wellnessnetworkweb.com

Bethesda Outdoor Swim Center

6300 Hillandale Road Bethesda, MD

301 924-3488

	MONDAY 6/29 – 8/10 7 sessions	TUESDAY 6/30– 8/11 7 sessions	WEDNESDAY 7/1 – 8/12 7 sessions	THURSDAY 7/2 – 8/13 7 sessions	FRIDAY	SATURDAY	SUNDAY 6/28 – 8/9 7sessions
8:00 am							Deep Water Run Cheryl 1008-534
11:30 am		Water Aerobics 1010-501 Michelle		Water Aerobics 1010-502 Michelle			
8:00 pm	Deep Water Run Michelle 1008-532		Deep Water Run Michelle 1008-533				

ANY QUESTIONS CONTACT LINDA DIRECT AT WELLNET1@AOL.COM OR 301 924-3488
NO MAKE UP CLASSES