

Fall 2025 Water Fitness Schedule



WELLNESS NETWORK

www.wellnessnetworkweb.com

Germantown Indoor Swim Center

18000 Central Park Circle Boyds, MD 20841

240-777-6830

	MONDAY 9/8 – 12/8 13 sessions No class 11/24	TUESDAY 9/9 – 12/9 13 sessions No class 11/25	WEDNESDAY 9/10 – 12/10 13 sessions No class 11/26	THURSDAY 9/11 – 12/11 12*/13 sessions No class 12/11 PM*	FRIDAY	SATURDAY 9/13 – 11/8 8 sessions No class 10/18, 11/15, 11/29, 12/13	Sunday
9:30 am			Water Aerobics Tania 1010-108				
10:00 am	Deep Water Run Tania 1008-107	Deep Water Run Sharon 1008-106		Deep Water Run Flee 1008-109		Deep Water Run Flee 1008- 130	
10:30 am			Deep Water Run Tania 1008-108				
7:50 pm	Deep Water Run Flee 1008-110			Water Aerobics Tania 1010-105			

ANY QUESTIONS CONTACT LINDA DIRECT AT WELLNET1@AOL.COM OR 301 924-3488
 NO MAKE UP CLASSES