

Spring 2026 Water Fitness Schedule



WELLNESS NETWORK

www.wellnessnetworkweb.com

Germantown Indoor Swim Center

18000 Central Park Circle Boyds, MD 20841

240-777-6830

	MONDAY 3/16 – 6/1 9 sessions Skip 3/30, 4/6, 5/25	TUESDAY 3/17 – 6/2 11 sessions Skip 3/31	WEDNESDAY 3/18 – 6/3 Sessions Skip 4/1, 5/27	THURSDAY 3/19 – 6/4 11 sessions Skip 4/2	FRIDAY	SATURDAY 3/21 – 6/6 9 sessions Skip 4/4, 5/23	
9:30 am			Water Aerobics Tania 1010-300				
10:00 am	Deep Water Run Tania 1008-308	Deep Water Run Sharon 1008-307		Deep Water Run Flee 1008-310		Deep Water Run Flee 1008-333	
10:30 am			Deep Water Run Tania 1008-309				
7:50 pm	Deep Water Run Tania/Claire 1008-311			Water Aerobics Tania 1010-308			

ANY QUESTIONS CONTACT LINDA DIRECT AT WELLNET1@AOL.COM OR 301 924-3488
NO MAKE UP CLASSES