

Summer 2025 Water Fitness Schedule



WELLNESS NETWORK

www.wellnessnetworkweb.com

Germantown Indoor Swim Center

18000 Central Park Circle Boyds, MD 20841

240-777-6830

	MONDAY 6/16 – 8/11 9 sessions	TUESDAY 6/17 – 8/12 9 sessions	WEDNESDAY 6/18 – 8/13 9 sessions	THURSDAY 6/26 – 8/14 8 sessions No class 6/19	FRIDAY	SATURDAY 6/14 – 8/9 9 sessions	Sunday
9:30 am			Water Aerobics Tania 1010-508				
10:00 am	Deep Water Run Tania 1008-506	Deep Water Run Sharon 1008-508		Deep Water Run Flee 1008-510		Deep Water Run Flee 1008- 511	
10:30 am			Deep Water Run Tania 1008-509				
7:10 pm	Deep Water Run Flee 1008-507			Water Aerobics Tania 1010-503			

ANY QUESTIONS CONTACT LINDA DIRECT AT WELLNET1@AOL.COM OR 301 924-3488
NO MAKE UP CLASSES