

Summer 2026 Water Fitness Schedule



WELLNESS NETWORK

www.wellnessnetworkweb.com

Germantown Indoor Swim Center

18000 Central Park Circle Boyds, MD 20841

240-777-6830

| | MONDAY 6/22 – 8/10 8 sessions | TUESDAY 6/23 -8/11 8 sessions | WEDNESDAY 6/24 – 8/12 8 Sessions | THURSDAY 6/25 – 8/13 8 sessions | FRIDAY | SATURDAY 6/27 – 8/8 6 sessions Skip 7/4 | |
|-----------------|--|---|---|--|---------------|---|--|
| 9:30 am | | | Water Aerobics Tania 1010-508 | | | | |
| 10:00 am | Deep Water Run Tania 1008-506 | Deep Water Run Sharon 1008-508 | | Deep Water Run Flee 1008-510 | | Deep Water Run Flee 1008-511 | |
| 10:30 am | | | Deep Water Run Tania 1008-509 | | | | |
| 7:10 pm | Deep Water Run Flee 1008-507 | | | Water Aerobics Tania 1010-503 | | | |

**ANY QUESTIONS CONTACT LINDA DIRECT AT WELLNET1@AOL.COM OR 301 924-3488
NO MAKE UP CLASSES**