

Winter 2026 Water Fitness Schedule



WELLNESS NETWORK

www.wellnessnetworkweb.com

Germantown Indoor Swim Center

18000 Central Park Circle Boyds, MD 20841

240-777-6830

	MONDAY 1/5 – 2/23 6 sessions No class 1/19, 2/16	TUESDAY 1/6 -2/24 8 sessions	WEDNESDAY 1/7 – 2/25 8 sessions	THURSDAY 1/8 – 2/26 8/7 sessions No class 2/5 PM*	FRIDAY	SATURDAY	
9:30 am			Water Aerobics Tania 1010-208				
10:00 am	Deep Water Run Tania 1008-207	Deep Water Run Sharon 1008-206		Deep Water Run Flee 1008-209			
10:30 am			Deep Water Run Tania 1008-208				
7:50 pm	Deep Water Run Tania/Claire 1008-210			Water Aerobics Tania 1010-205			

ANY QUESTIONS CONTACT LINDA DIRECT AT WELLNET1@AOL.COM OR 301 924-3488
 NO MAKE UP CLASSES