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Greetings, Wildcat Fans!



The River Falls High School Athletic Booster Club is a non-profit 501(c)(3) organization formed in 2016 with a sole focus of supporting student athletes. We are a major partner contributing to the athletic programs at River Falls High School and works directly with high school administration and coaches on ensuring that the needs of athletes and teams are met.

The support we have received from members, business sponsors, and the community has allowed us to have a tremendous impact on the RFHS athletic program. This year we provided over \$44,000 in funding! This puts our total funding at over \$115,000 in just three years! We couldn't have done this without the support of the members and community.

2020 has certainly had its challenges: spring 2020 sport season cancelled; fall and winter sports had their seasons shortened, game cancellations and limited fans allowed at games; and the spring 2021 season is uncertain. The Boosters also cancelled one of its two major fundraising initiatives - the Winter Gala. Through it all, we have been amazed at the



RFHSBOOSTERS.ORG

support from the community during its other major fundraising initiative - the Membership Drive. We raised over \$36,000!

We will continue to help fund coaches' requests, allowing River Falls High School athletes to train and compete to the best of their abilities. Proceeds from all fundraising efforts go directly to supporting the needs of all 22 high school teams! As you attend the various athletic activities this year (or watch from home with the limitations to fans allowed at the events due to Covid), please take note of the businesses, professional organizations, families, and community members that support our athletic programs. The senior tribute pages, pictures, and advertisements you will find within this book represents the financial supporters of our student athletes and programs.

On behalf of all River Falls High School athletes, the River Falls High School Athletic Booster Club board and volunteers, thank you for supporting our club and purpose!

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RFHS ATHLETIC BOOSTER CLUB FUNDING!

SPORT	AMOUNT	DESCRIPTION	SPORT	AMOUNT	DESCRIPTION
All Sports	\$4,200	Additional funding for Hudl for all sports with game recording	Girls Soccer	\$2,700	26 stadium jackets
Baseball	\$3,000	Indoor pitching mounds (2)	Softball	\$1,700	Pitching mat, pitching screen, & primal tee
Boys Basketball	\$1,600	Hudl Assist & Scout	Swim & Dive	\$1,840	Storage reel, water bucket for divers, & resistance bands
Girls Basketball	\$1,600	Hudl Assist & Scout	Boys & Girls Tennis	\$1,500	Ball machine
Cross Country	\$4,000	Team warm-ups	Volleyball	\$3,745	AirCAT machine
Football	\$3,175	Hudl Assist & Go Route	Multi-Sport	\$40,000	Scoreboard in gymnasium
Boys & Girls Golf	\$109	Orange whip trainer			
Boys & Girls Golf	\$365	Voice caddie launch monitor			
Boys & Girls Golf	\$75	PuttOut			
Boys Hockey	\$200	Team travel sticks			
Boys Hockey	\$600	(3) locker room storage racks			
Scholarship	\$2,000	(2) one female & one male			
Boys & Girls Soccer	\$5,000	Covered bench			

**2020-2021 SCHOOL YEAR
TOTAL FUNDED \$77,409**

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ANDREW, FORGET WHAT'S GONE, APPRECIATE
WHAT REMAINS, AND LOOK FORWARD TO
WHAT'S COMING NEXT. SO PROUD OF YOU!
LOVE, MOM & DAD



CLASS OF 2021

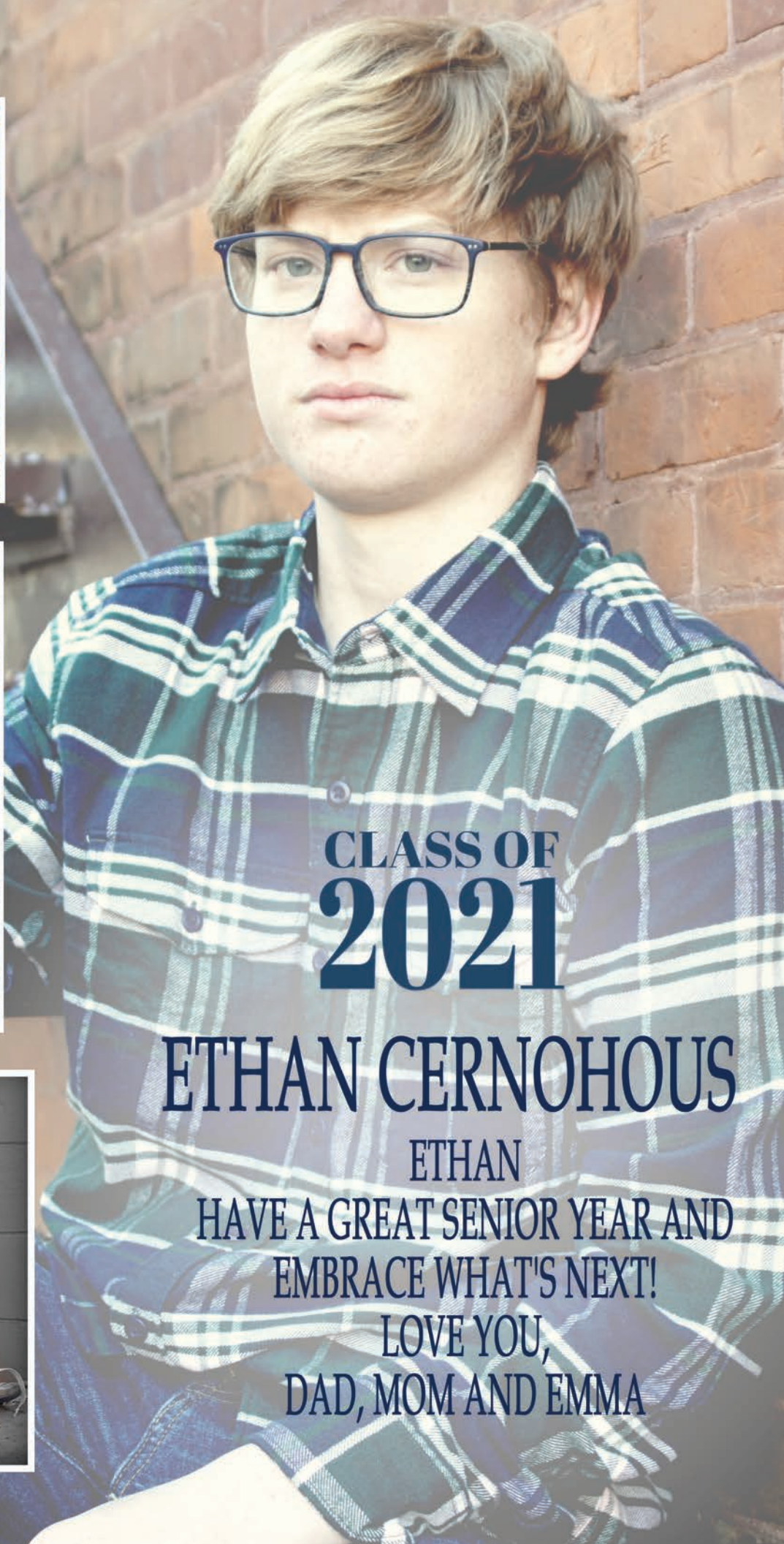
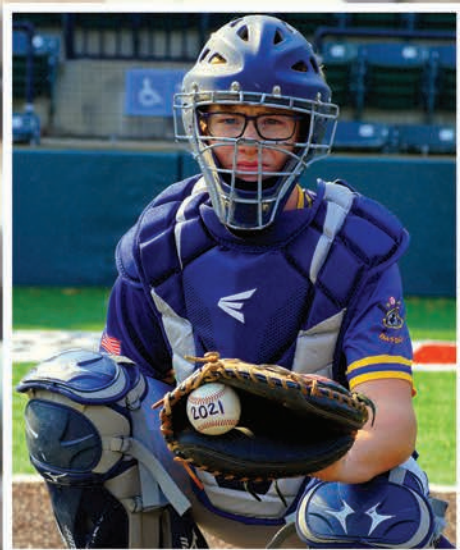




CONNOR CARDELL

WE ARE SO PROUD OF ALL OF
YOUR HARD WORK, CONNOR!
WE LOVE YOU, MOM, DAD, AND LINDSEY

CLASS OF
2021



CLASS OF
2021

ETHAN CERNOHOUS

ETHAN

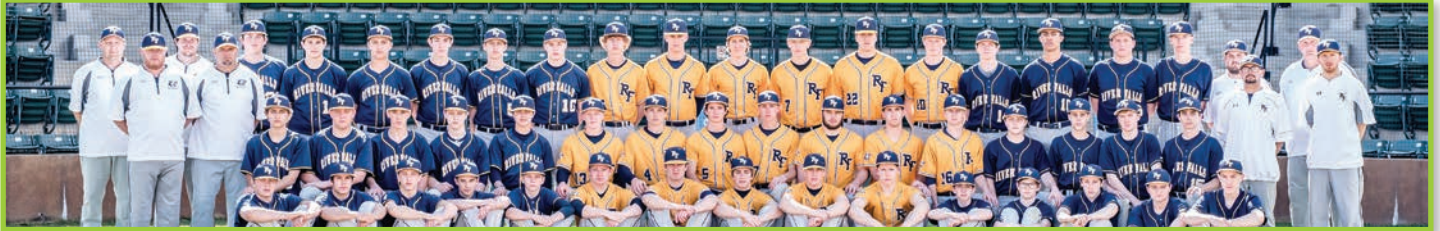
HAVE A GREAT SENIOR YEAR AND
EMBRACE WHAT'S NEXT!

LOVE YOU,
DAD, MOM AND EMMA



BASEBALL

2021 Seniors



Andrew Adermann

Senior pitcher Andrew Adermann enters the year poised to make a direct impact on our team. Andrew has been a successful pitcher as he developed through the years, and his consistency continues to give our team a chance every outing. Andrew doesn't try to do too much, he throws strikes and trusts his teammates behind him. That's a recipe for success in high school baseball, and has no doubt earned him valuable innings moving forward.

Keep smiling out there Andrew, and continue to challenge every hitter you face in all aspects of life.

Connor Cardell

Senior outfielder Connor Cardell enters the season poised to make an impact in his final high school sport before heading off to play college football. One of the hardest workers to ever wear the RF, Connor continues to lead by example making everyone around him better. On the field or in the weight room, Connor lays it all on the line and gives his teammates everything he's got. His consistent output regardless of his role has become the legacy that will forever inspire his teammates and coaches.

Keep grinding Connor, you'll never regret working hard.

Ethan Cernohous

Senior catcher Ethan Cernohous knows what perseverance is. Coming back from multiple surgeries over the years, Ethan has become the dependable player his teammates and coaches can always count on when needed. Whether on the field, in the bullpen, or in the dugout, Ethan is always there and willing to do whatever it takes to make his team better.

Never lose that mentality Ethan, your "how can I help" approach will carry over far beyond any fences in your life.

Sam Cleveland

Senior utility player Sam Cleveland enters his final season willing and able to make an impact at multiple positions on the field. Sam's ability to play nearly every position is an obvious benefit, but it's his eager willingness to put aside his personal wants and play wherever his team needs him most that takes Sam from utility player, to utility leader in our program.

Always maintain that selfless approach Sam, as you will continue to lead and inspire those around you to do their best in the spirit of TEAM success.

John Conway

Senior pitcher John Conway has continued to grow and develop into a player the 2020 Wildcats will depend on for quality innings this year. John's recent focus on pitching has led to increased opportunities and outcomes, and most importantly game experience heading into his final season. There's no question John's name will be called, and his approach will have him prepared to answer that call to the best of his abilities.

Keep striving to be your best self John, that's the definition of a true winner in every aspect of life.

Michael Krueger

Senior middle infielder Michael Krueger enters his final year as one of only two returning starters in the senior class. As it has since his sophomore "Rookie of the Year" campaign, Michael's athleticism and leadership will continue to be a driving force both on and off the field in our program. Most impactful to our program, and Wildcat Nation in general, is Michael's drive to be the best athlete and person he can be. His smile and work ethic are as contagious as the now famous Covid virus.

Keep pushing forward with an unwavering enthusiasm for being the best human you can be Michael.

BASEBALL

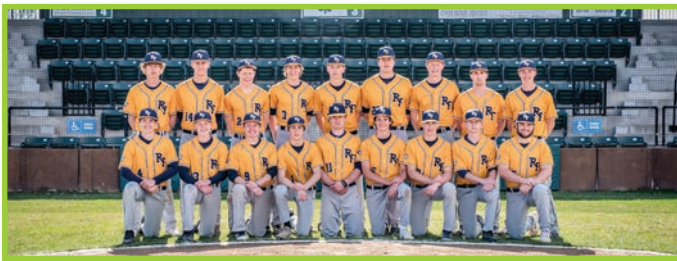
2021 Seniors



Tye Kusilek

Senior outfielder Tye Kusilek has always been able to impact the game through his legs. The speedy outfielder and base runner enters his final season looking to continue that trend and add an unconventional tool to our team's toolbox. Quick on the ice as well, Tye will look to utilize his speed to run down fly balls and create defensive stress on the basepaths when opportunities arise. It may not always be scripted, but there will always be opportunities to be a game changer.

Whether that's on the field and in life, go get it Tye.



Jake Rivard

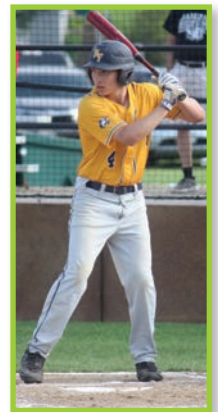
Senior catcher Jake Rivard brings his "team first" mentality into his final season on the diamond. No one wants to see themselves succeed more than Jake. His attention to detail on and off the field has become a habit, and will continue to lead Jake down the road of opportunity. But what has become most evident in our program is the support Jake gives his teammates. Jake has become the teammate who truly wants and cheers for his teammates success.

That "I got your back" mentality does not go unnoticed, and will always reciprocate back to you Jake.

Jaden Schwantz

Senior outfielder and pitcher Jaden Schwantz has always played above his age on the diamond. That became very evident with his first varsity at bat as a freshman, a home run, and carried on through the numerous team, conference, and state honors he's received since first donning a Wildcat jersey. Jaden's fearless mentality, combined with his athleticism, breeds a calm confidence that teammates aspire to have. But above all, Jaden has put the time in to make himself an elite baseball player.

If you want something bad enough, you'll always find a way to make it happen. Keep living that motto, Jaden.



Kyle Thompson

Senior pitcher and first baseman Kyle Thompson comes into a senior season full of opportunity. Kyle has continued to develop and work on multiple aspects of his game, most notably his ability to impact the game from the mound where he will be counted on to contribute consistent outings in a jam-packed game season. There's no hiding Kyle's physicalness, and another off-season of continued development will only increase the opportunities in front of Kyle.

Never settle Kyle, continue striving to maximize every opportunity you're ever afforded in the greater game of life.



BOYS BASKETBALL

2021 Seniors



Victor Bye

6'2 / Sr Forward

Victor has worked very hard through the weight room and dedicated a great amount of time to improving his basketball skills. Victor is one of our programs best finishers around the rim and his dedication to getting better will be a great asset to our team.

Chris Chapin

6'1 / Sr Guard

Chris has dedicated a great amount of time into improving himself and our program. Chris is one of the best shooters that we have in our program and is one of our most intelligent defenders. Chris serves our program the extra time he has put into helping out with our Saturday morning youth skills sessions.

JT Dougherty

6'9 / Sr Forward

- 2nd team All Conference as a Junior
- Honorable Mention All Conference as a Sophomore
- Voted 'Most Improved' as a Sophomore
- Scholarship to D1 Army-West Point where he will compete for the men's basketball team

JT's ability to finish around the rim and stretch the defense with his range is a tough combination for any opponent to defend. He is a great listener which results in being a quick learner.

Liam Dougherty

6'9 / Sr Forward

- Voted 'Most Improved' as a Junior
- Scholarship to D2 University of Mary where he will compete for the men's basketball team.

Liam's willingness to play physical has been a staple to our team's toughness. He is a strong finisher around the rim and someone who we anticipate leading us in interior scoring and defense this season.

Cole Frisch

6'3 / Sr Guard

Cole is one of the best shooters that we have in our program. Cole's greatest growth over his time in high school has been his leadership skills. He is somebody who teammates respect and who asks great questions while lifting up and challenging teammates.



BOYS BASKETBALL

2021 Seniors



Zac Johnson

6'3 / Sr Guard

- Three year letter winner
- Team Captain as a Junior
- 1st Team All State as a Junior
- 1st Team All Conference as a Junior
- 2nd Team All Conference as a Sophomore
- Honorable Mention All Conference as a Freshman
- Voted 'Team MVP' as a Junior
- Voted 'Most Dedicated' on team Freshman, Sophomore, & Junior years
- School Record in 3pt made in a season (76) & career (174)
- All time leading scorer in history of basketball program, currently with 1487 points (eclipsing Luke Murphy's 1366 points)
- Scholarship to D2 Augustana University where he will compete for the men's basketball team

Zac has put in more time improving his basketball game than potentially any person in the history of this program. Zac is the definition of a gym rat who leads by example. Zac is present at nearly every optional team function whether than be working with our youth, open gym workouts, or encouraging teammates to better themselves.

Olivia Bell & Teagan Stavinoha

Managers

Olivia and Teagan have been managers for our team both their Junior and Senior years. They have been great assets to our program and always willing to put in extra time. Olivia and Teagan's work behind the scenes makes gameday operations work smoothly behind the scenes. We are thankful to have had them a part of our team!



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GIRLS BASKETBALL

2021 Seniors

Taylor Kasten

Taylor Kasten has been a member of the varsity team since her junior year. As a junior, she was a part of our first-ever conference championship team and earned honorable mention all-conference honors. Taylor has continually improved her ability to finish around the basket and her defensive presence, which is a testament to the fact she is very coachable and puts her team success in front of her individual success.



Daphnie Wiatr

Daphnie Wiatr has been a member of the River Falls Girls basketball team all four years of high school. Daphnie is extremely coachable, a great vocal leader on the floor, accepts and fulfills her role on the team and knows how to use her strengths to help the team succeed. She is a very positive and encouraging teammate.



Rachel Randleman

Rachel Randleman has been a varsity basketball player since her sophomore year of high school. During that time she has been a part of a sectional final team and a part of our first-ever conference championship team. Rachel has been a leader by example by dedicating herself to our speed and strength program, as well as working very hard on her basketball skills during the offseason. Rachel's team-first attitude and her competitive nature have been a huge part of the success the girls' program has achieved in the last two seasons.





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OF EVERYTHING YOU ARE!!
MOM AND DAD

SAM CLEVELAND



CLASS OF
2021





BOYS CROSS COUNTRY

2021 Seniors

Isaac Lassi

- This was Isaac's first year on the team

Isaac works hard and has a tremendous attitude. He is a busy kid but very committed to showing up and getting the work in that needed to be done.



Grant Magnuson

Captain

- 3x D1 State Qualifier
- 3x 1st Team All-Conference Award winner
- 2020 All-State team
- Top 10 finisher at D1 State
- Won the the 2020 Menomonie Relays, Chippewa Invite, Sub-Sections
- Is a manager at McDonald's so juggles school, being an athlete, and working 30+/week
- Will be running in college but hasn't pick which one yet

Grant is the most coachable athlete I have ever worked with. He listens to advice, strives for excellence, and then works as hard as he can to achieve his goals. In terms of ability, accomplishments, and work ethic, only a couple other runners in RFHS history can compare.

Brandon Nelson

Captain

- State Qualifier
- 2x 2nd Team All-Conference
- 2018 All-Conference Honorable Mention
- 2019 Academic All-State team
- On the All-Time Top 20 fastest runner in RFHS history
- Has enlisted in the Army and will be serving our country next year.

Brandon has been a very important part of our team's success the past three years. He has been a solid varsity runner for us since his Sophomore year and has put a lot of work into his running career.



..... **GIRLS CROSS COUNTRY**

2021 Seniors



Abby Esterby

- 2x varsity letter winner
- Voted most improved in 2019

Abby was a consistent leader for us. She made the team better through her kind attitude, and steady work habits. She was a great role model to the underclassmen. Abby has made consistent and steady improvement year after year which is proof of her hard work.

Kaya Hanson

- 3x Varsity letter winner

Kaya's support of her teammates made her fun to have on the team! She was a hard worker and always wanted to do her best for the team.

Ellen Rayne

Captain

- 2020 All-Conference Honorable Mention
- Voted most inspirational by the team
- 4x Varsity letter winner

Ellen's positive attitude is infectious. She shows up everyday ready to put in the hard work needed to get better. Ellen made major improvements year after year in our program.

Allison Weissinger

Captain

- Number 3 fastest runner on the All-Time list
- 2x 1st Team All-Conference
- 2018 2nd Team All-Conference
- 4x Varsity letter winner
- Will be running in college but hasn't picked which one yet.

For the past four years Allison has consistently been a top runner on our team and also in our conference and section. Allison is self-motivated, driven, and tenacious. The work she has put into running is tremendous and she has been a good role model for the underclassmen in what off-season training can do





FOOTBALL

2021 Seniors



Connor Cardell

Outside Linebacker

Connor is the type of player that makes coaches look good. Both on and off the field this young man is a model for our program. His work ethic is unmatched, he takes part in off the field opportunities to give back to younger players, his football IQ is off the charts and he plays with relentless desire. I have never had to tell him to do something twice. We as a staff could be assured that if he made an error, which was rare, he never made that same mistake again. That is uncommon. Coaches often talk about being “coachable,” Connor has led the way in that department. I appreciate the trust that he has given myself and our staff in our approach to developing him as a player and I look forward to watching his success in the future.



Sam Cleveland

Defensive Back

Sam has been such a significant part of the growth of this program. Sam is an intelligent football player that really grew and developed in the defensive backfield over the course of the last couple years. His extremely thoughtful approach to the game led him to make some big plays for our defense over the course of his career. Sam is a player that I knew I would push. His acceptance to this coaching, sometimes hard, was appreciated. His willingness to step up to the challenge and compete at a high level when necessary was a joy to watch!



John Firth

Linebacker

John played a nice role for us last year, but really had to wait behind some talented players in order to start for us. He made the most of this time. He learned from the players in front of him and continued to work so that he would be ready for his opportunity. It is his care for the process along with his work ethic that I admire most. He truly wanted to understand each aspect of what he was being asked to do. He then used that knowledge to mentor the other younger players on the team. Our team is going to be better in the future because of John's contributions. He is an incredible example of someone who understands the concept of team.

Isaiah Gray

Tight End/Defensive End

Isaiah has worked hard to put himself in a position to be successful. Over the course of the past few years he has played multiple positions, doing the things necessary to help this program remain successful. I appreciate his thoughtful approach to the game and what he has contributed to help our program grow both on and off the field. I am really looking forward to watching Isaiah's continued growth and success.

Dano Gruwell

Defensive Back

Dano is a player with an enjoyable personality that was willing to contribute wherever he was needed. In a crowded defensive backfield, he came in during specific situations and did his job. He knew his role for the team and he worked to complete it at a high level. For that I am appreciative.



FOOTBALL

2021 Seniors



Jon O'Neill

Defensive Line

Jon is such a fun individual to have in the program. He is enjoyed by all of his teammates for his enthusiastic personality and his care of each and every one of them. Those qualities go a long way in showing the type of individual this young man is. He brought the players on this team closer together.



Storm Jepsen

Wide Receiver

Storm is such an incredible young man with such a kind heart. Storm has faced a great deal of adversity, yet even through difficult circumstances, he has maintained an approach to life that is encouraging and positive to all that he comes in contact with. I am proud of Storm and thankful for his contributions to our program.

Carter Jensen

Linebacker

Carter has been such an enjoyable player to coach. He never wavered in his commitment to bettering himself. Even through difficult injury and rehab, he showed up everyday willing to do the work. He waited patiently for his opportunity and because of his commitment, when that opportunity arrived, he was ready to make the most of it. He may be soft spoken, but there is a definite fire that burns within this kid.

Michael Krueger

Running Back/Safety

Michael is a great teammate and person that also happens to be an incredibly gifted athlete. Michael has worked so incredibly hard to make himself successful. He led our team quietly, by example, an example that will be talked about for seasons to come. Last season when we needed a leader to step up after Seth's injury, Michael did that. He did it without hesitation, without a spotlight. He stepped up with the calm demeanor that we have come to expect from Michael. His quiet confidence and work ethic made him a leader that this team was willing to follow.

Alex Myszewski

Defensive Back

Alex is another great athlete in this senior class. What he has accomplished over the last year is being able to take his athletic ability and develop it into becoming a good football player. His dedication to that process has been so enjoyable to watch. His work ethic, the thoughtfulness in his approach and his willingness to lead others was so appreciated. Also enjoyable was seeing Alex compete on the same field as his younger brother this past season. Alex can end his high school career knowing that he has provided Cade with an incredible example of what being a part of this program is all about.

Nathan Ottum

Offensive Line

Nathan has brought a great deal of fun and enjoyment to the program. His wit and humor help create an environment in which people want to be a part of. Nathan is a people person that knows how to connect and relate to others. Having players like Nate that have that personal characteristic is so valuable and necessary for teams to sustain success.

Ronald Sackett

Quarterback

Ronald was a new addition to our program having moved to River Falls last year. What I appreciate most about Ronald was his willingness to personally take the steps necessary to become a complete member of this team in a very short amount of time. He invested time and energy into his teammates and in return, he garnered their respect quickly. Additionally, he trusted his coaches and was coachable in every situation. I appreciate his efforts and look forward to seeing his success in the future.



FOOTBALL

2021 Seniors

Jaden Schwantz

Wide Receiver/Safety

Jaden is an extremely talented athlete. He has the ability to change the game in an instant. What I have come to appreciate about Jaden is his care for his teammates. There were times when I would grow frustrated with Jaden. I wanted Jaden to be more vocal, to be more willing to express himself to the team. His choice to not do that, at times, came across as disinterest. As I reflect on this season, I now see that I was wrong. Leadership takes different approaches. Jaden's leadership, the way that he showed his care for this team, was in the way that he played this game for them. The way that he competed for them. The way that he wanted to win for them. Jaden is a reminder for me that people express themselves and lead differently, for that reminder I am appreciative.

Marcus Vitt

Running Back/Linebacker

Hard working, dedicated, team player, All describe Marcus. He came into the program a few years ago having never played football and he completely bought into everything, becoming such a valuable part of this team. We were better because of Marcus and he is going to be an example for others in this program because of his positivity and team mentality.

Logan Zyduck

Wide Receiver

Logan has been a valuable contributor to this team. His positive attitude and his willingness and desire to improve on a daily basis speak volumes to his character as an athlete and individual. I have enjoyed watching him compete on the field as well as seeing his success in other school functions. He has represented himself, his family and our program very well.





CLASS OF
2021

JOHN CONWAY

BELIEVE IN YOURSELF AND THE POWERS
ABOVE - ANYTHING IS POSSIBLE!!
SO PROUD OF WHO YOU ARE!
LOVE YOU, MOM AND MICHAEL



BOYS GOLF

2021 Seniors



Dylan Rach

Dylan Rach will be on the 2021 boys varsity golf team. Dylan has worked hard to improve his game and will be a valuable addition to the team this season.



Max Xiong

Max Xiong will be a captain on the 2021 boys varsity golf team. Max is an exceptional player and will compete with the best players in the state all season long. I will be looking towards Max's leadership to guide a potentially talented team.



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GIRLS GOLF

2021 Seniors



Rachel Randleman

Rachel Randelman was a captain on the 2020 Varsity Girls Golf team. She is a great addition to any team. She is coachable, works hard and is a true teammate. Rachel was the 2019 JV team MVP and just finished outside the top ten in the Big Rivers Conference this season.

Jaden Woiwode

Jaden Woiwode was a captain on the 2020 Varsity Girls Golf team. Her many awards this season included a 2nd place finish in the Big Rivers Conference season long standings and first team all conference honors. She finished 3rd overall at regionals and 7th overall at Sectionals. In 2019 Jaden qualified for the State meet. She was the MVP for our team, a fierce competitor and a wonderful leader.



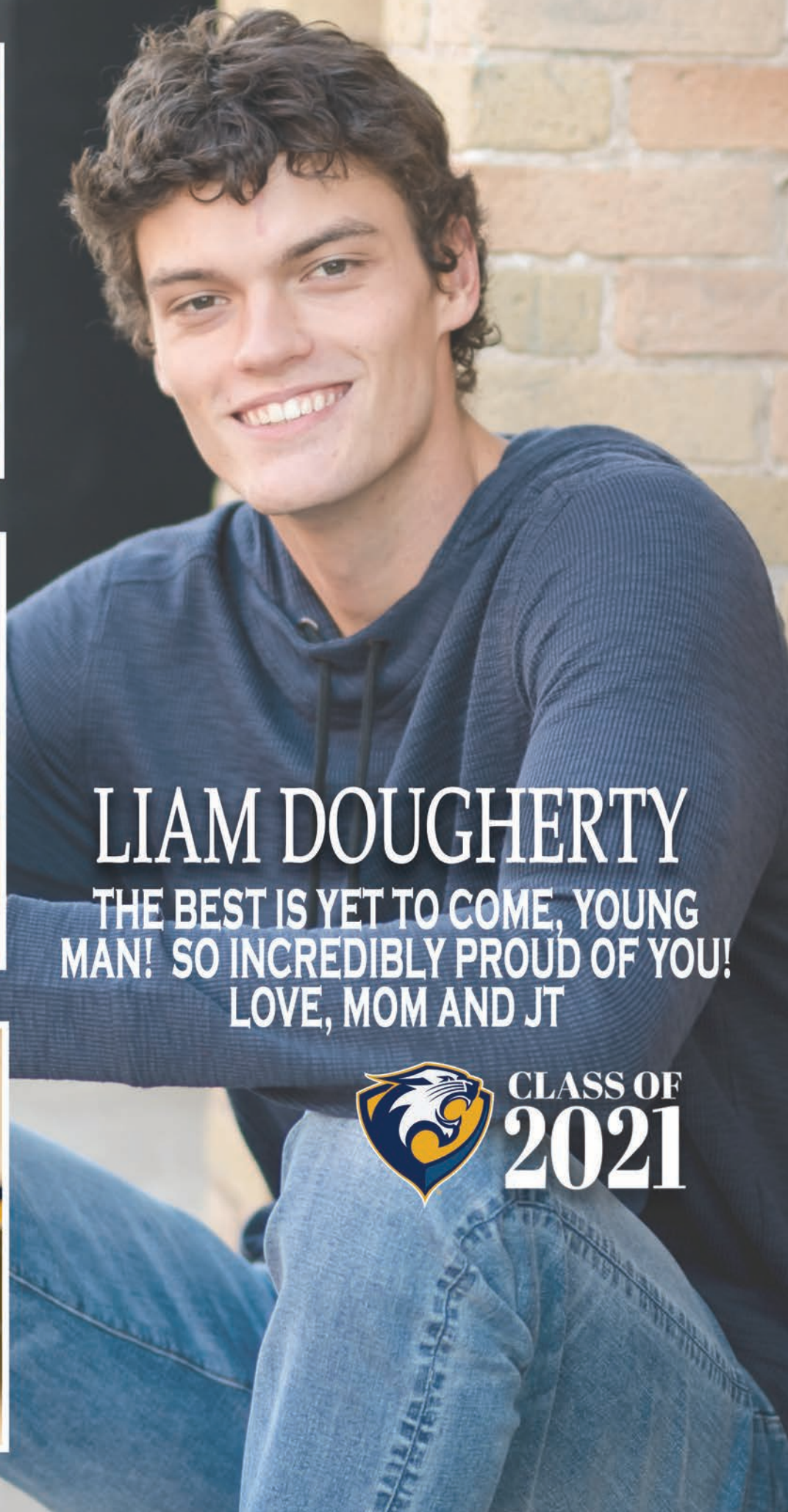


**CLASS OF
2021**

JAMESON (JT) DOUGHERTY

YOU HAVE SUCH A BRIGHT FUTURE
AHEAD OF YOU! CAN'T WAIT TO SEE
ALL THE GREAT THINGS YOU'LL DO!
LOVE, MOM & LIAM





LIAM DOUGHERTY
THE BEST IS YET TO COME, YOUNG
MAN! SO INCREDIBLY PROUD OF YOU!
LOVE, MOM AND JT



CLASS OF
2021



GYMNASTICS

2021 Seniors

Madison Berg

All Around Gymnast

- Multiple trips to the State Gymnastics meet, as a team competitor and individual competitor.
- Earned the honor of achieving All-State 1st Team for the Uneven Bars multiple times.
- Voted by her teammates as having the Most Powerful Vault and Bar routines (a reflection on her hard work, talent, and drive to be the best she can be).

Competing on the top team for the past three years, athletes can start to settle, however Madison has not become complacent, yet instead has pushed herself each year to achieve more! Madison is a young lady who does not settle, but instead constantly, consistently strives for progress and improvement. Madison has taken her natural talent to the next level through hard work, dedication and a tremendous desire to excel.

Eva Mikla

All Around Gymnast

- Multiple trips to the State Gymnastics meet, as a team competitor and individual competitor.
- Earned Academic All-State and 2nd Team All-Conference multiple times.
- All-State 2nd Team for the Floor Exercise and Vault.
- Voted by her teammates as Most Helpful two years in a row and she has been voted by her teammates to represent our team as one of our Captains for the last two years.

Eva is one of the hardest working student athletes, never takes a day off and leads by example. Eva strives to better not only herself but her teammates as well. Everyday she not only motivates and encourages her teammates, but also shows them that no matter your situation you have a place and a role to fill on this team. She is an athlete that not only has skill and talent but has character, compassion and respect for every person in the gym.





GYMNASTICS

2021 Seniors



Madisyn Tape

Balance Beam Specialist

- Multiple trips to the State Gymnastics meet, as a team competitor and individual competitor.
- Multiple All-State 2nd Team awards for Balance Beam.

When Madisyn gets on a balance beam, you can't help but watch every move that she makes. We have watched her routine, hundreds of times, but each time we are drawn to her grace and poise. She sets high standards of herself and does whatever work she needs to do to accomplish her goals. She is a great role model for her teammates to show them that hard work really does pay off.

Autumn Tiede

All Around Gymnast

- Multiple trips to the State Gymnastics meet, as a team competitor and individual competitor
- Voted by her teammates as Best Tumbler and team Captain 2 years in a row
- Leading Scorer for our team for 2020
- Multiple All Conference 1st Team nominations
- 1st Team All-Conference nominations
- Academic All State
- All-State 1st Team for Floor Exercise and State 2019; 5th Vault and 6th All Around and
- State 2020 Beam 6th place and Floor and All-Around 3rd place.

Autumn is not only an exceptional student and motivated in the classroom she is also an outstanding athlete whose character coincides with all of her accomplishments. Her immense talent puts her into the spotlight however she is one of the most humble, kind hearted and caring athletes we have. She not only strives to better herself but is always looking for how to support and encourage her teammates to be the best that they can be.

ABBY ESTERBY

WE ARE SO PROUD OF YOU, ABBY, FOR THE PERSEVERANCE
AND POSITIVITY YOU HAVE ALWAYS SHOWN. WE'RE
EXCITED FOR ALL THE ADVENTURES YOUR FUTURE HOLDS.
WE LOVE YOU!

CLASS OF 2021



WORK HARD, DREAM BIG!
LOVE YOUR BIGGEST FANS,
DAD, MOM, MEGAN & CHARLIE
MATTHEW FRIEMANN



**CLASS OF
2021**





BOYS HOCKEY

2021 Seniors



Andrew Adermann

Varsity Goaltender

Andrew spent the better part of the 19/20 season as our starting goalie. Andrew earned his first varsity shutout last season vs Chisago Lakes as well as his first playoff win vs Viroqua allowing 1 goal.

Andrew has been named team captain this year and is a vocal leader in the locker room.

I love having Andrew as the team's backstop! He works his tail off everyday and is tireless in his pursuit to be better. Whether it's summer sessions, dryland or practice, we never have to worry about Adermann's work ethic. He's a goofball and keeps the locker room light. We couldn't ask for a better goalie tandem than Andrew and Landon.

Jackson Edelman

Varsity Forward

Jackson played in every varsity game in the 19/20 season. Jackson saw his first varsity action as a sophomore. Jackson earned his first varsity point vs. Spring Lake Park and scored his first Varsity goal against Viroqua in a playoff game nonetheless!

Jackson is growing into a leadership role this year. He wants to win and his personal and team goals are set very high for his senior year.

Jax is a big jolt of energy on the ice. We love his speed and creativity. I'm hoping his hard work pays off for his senior year! Like a lot of the guys in this senior group, he's a big goofball and loves being at the rink. Jackson doesn't show a ton of emotion, but when he does it's so infectious! He's a great kid and we're excited to see what his senior year brings!

Matthew Friemann

Varsity Swiss Army Knife

Matthew can play pretty much anywhere in our lineup, with the exception of goalie. Matthew scored his first varsity point as a sophomore against Menomonie.

Like Dylan Rach, Matthew's leadership is in his flexibility. The fastest way into a lineup is to do whatever a team needs, and Matthew is that guy.

Matthew loves being at the rink. His love for hockey rubs off on his teammates. Matthew's willingness to play any role is an incredible asset to any team. Matthew is a man of many talents and his ability to juggle school, hockey and a bustling bovine business is so impressive! I am excited to see Matthew ten years from now, because I know he'll be doing great things.

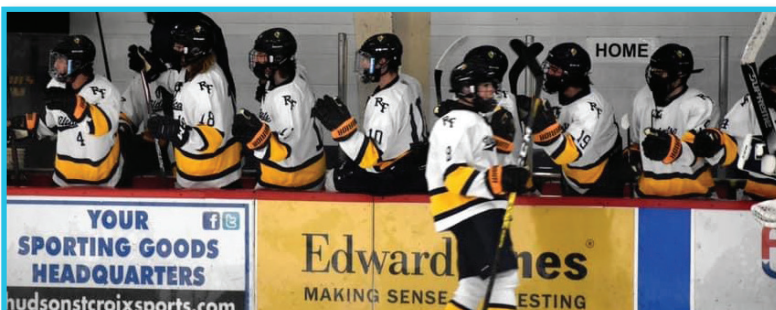
Tye Kusilek

Varsity Forward

Tye was the leading on the team during the 19/20 campaign, scoring 26 points in 23 games. He scored 13 goals and 13 assists. Tye saw his first varsity action as a Freshman. Tye was voted Most Valuable Forward as a Junior.

Tye has been named team captain this year and is a leader on and off the ice. Tye may not be the most vocal captain, but his work ethic speaks volumes.

Tye's workman-like attitude is second to none. I would take a team full of 20 Tye's! We've never coached a kid who wants to win more than Tye and it rubs off on the rest of the team. Tye has an opportunity to play at the next level and we're excited to see what he does this year!





BOYS HOCKEY

2021 Seniors



Will Manns

Varsity Defenseman

Will was in a top two varsity pairing roll last year and will lead the D core as a senior. Will earned his first varsity point as a junior vs. Baldwin Woodville.

Will is tasked with leading our backend this year and should be a good mentor to our young D core.

I've never met a more inquisitive player than Will! I love his cerebral approach to the game. Will is a baaad man on the ice and is a leader in the physicality department. We're hoping that Will can put the puck in the back of the net this year. He has the hardest shot on the team. It has been fun to get to know Will more and we know he has a bright future!

Dylan Rach

Varsity Swiss Army Knife

Dylan played in 23 of 24 varsity games as a Junior.

Dylan's leadership is in his willingness to do anything for the team and play anywhere we tell him.

No one outworks Dylan, no one. Dylan is by far his biggest critic and takes it upon himself to improve everyday. We had an opportunity to golf with Dylan this summer and I can see he wants to be better in all phases of his life. We are lucky to have a guy like Dylan, because he will do whatever it takes to make our team better. This year Dylan is transitioning to defense and we expect big things!

Ben Strub

Ben Strub is a captain and forward on the boys JV hockey team.

Despite only playing hockey for 2 seasons, Ben brings energy to the locker room and real leadership to the team.

Sam Uetz

Sam Uetz is a 2 year captain on the boys JV hockey team. His work ethic is 2nd to none.

He plays defense, works hard and brings a positive attitude to the rink each day.

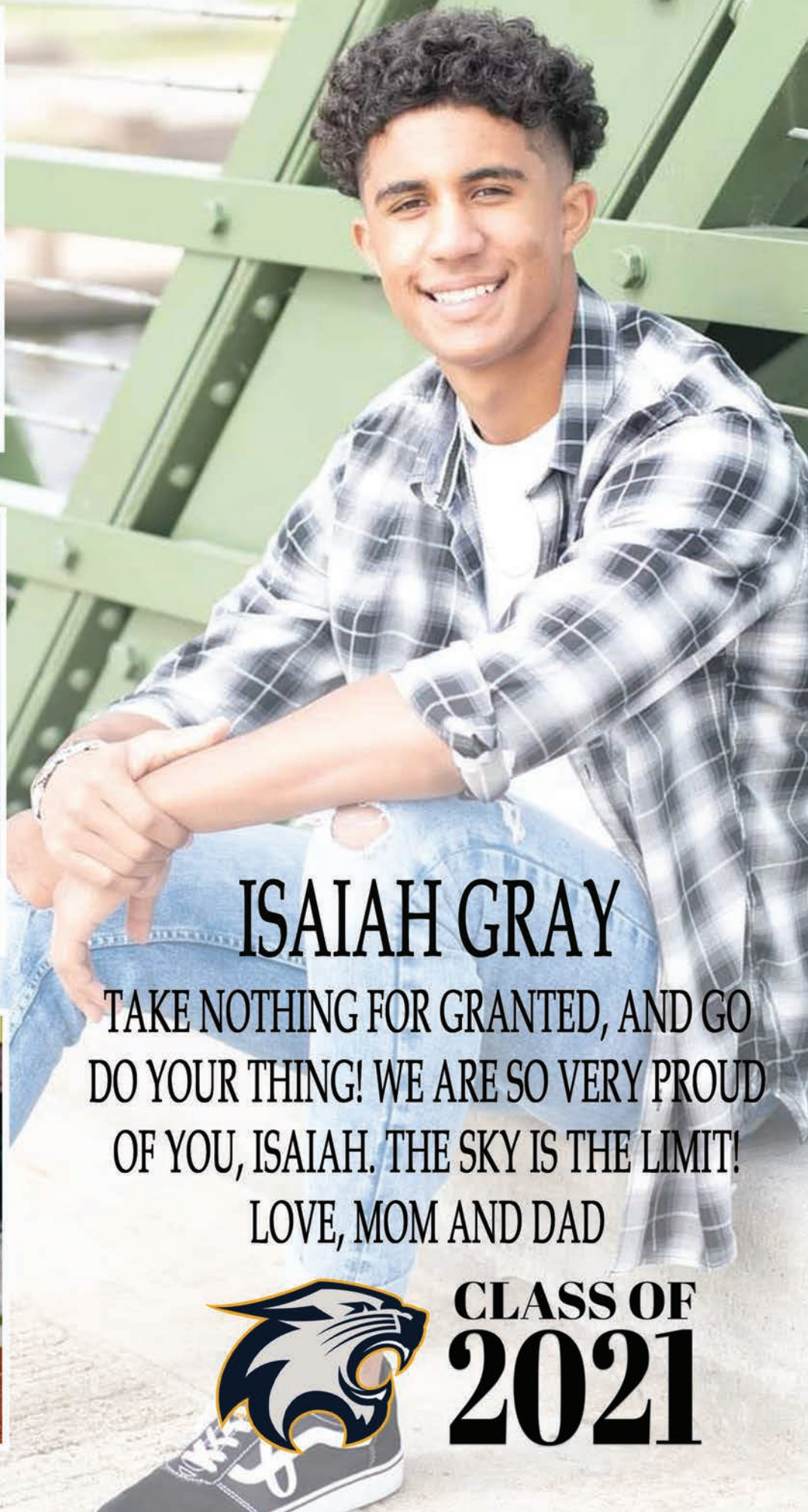
Landon Wilkens

Varsity Goaltender

Landon saw 2 games as a starter in the 19/20 season, earning his first varsity win vs Beloit. Landon also saw the ice in a few games in relief.

Landon's role on the team is so much more than goaltender. He's a fun loving guy who knows how to boost the team's morale.

Landon is every coach's dream on the ice and in the locker room. He strives to be better everyday and no one hates letting the puck in the net more than he does. Off the ice he's a great kid as well! He's well respected by his teammates and coaches. I am so impressed with how Landon can juggle school, hockey and working long hours. Again, Andrew and Landon make for a great varsity goalie tandem.



ISAIAH GRAY

TAKE NOTHING FOR GRANTED, AND GO
DO YOUR THING! WE ARE SO VERY PROUD
OF YOU, ISAIAH. THE SKY IS THE LIMIT!

LOVE, MOM AND DAD



CLASS OF
2021



GIRLS HOCKEY

2021 Seniors



Jaden Woiwode

Jaden Woiwode has had a wonderful Hockey career here at the RFHS . She has been a letter winner all four years and has been a joy to coach. Jaden is obviously a great athlete lettering all four years in Hockey, Soccer, and golf. She is also a terrific student.

Jaden has had a great attitude and has accepted each and every roll given to her. She is a great competitor and is always on time and always gives maximum effort. Jaden is a captain this year and is a great leader on and off the ice.

On the ice, she is one of our most skilled players. She is on the Powerplay and she kills penalties as well. Jaden has always had the nickname Dangle. She has incredibly soft hands allowing her to stickhandle (Dangle) with puck through and around her opponents. She is a huge key to our success.

It has been a joy coaching Jaden as she is a wonderful person, athlete, and student. I will miss her next year.





BOYS SOCCER

2021 Seniors

Logan Cook

· 3 year varsity player

Logan really stepped up for us this year in making a big position change to defense. He really did a great job of asking all the right questions to help him in his new position. Always gave 100%, and put the team first.

Calvin Cox

3 year varsity player.

Calvin did a great job of stepping up to full time start as a senior. Worked hard all off season in preparing for the season. Great personality to have on the team, super funny and very coachable.

Josh Linton

Team Captain

· Played four years of varsity
as forward

Josh is the ideal leader every coach dreams of, works hard every practice. Sets the tone for the team, brings great energy to the team and someone the players know is always going to be there for them. Josh was a 2019 all conference 2nd team selection.

Zach Martin

· 2nd year on varsity

Zach was a part of the varsity team for two years as a defender. Zach knew his position, he understood what was required of him. Zach was by far the funniest kid on the team, with his humor and getting along with everyone. The joy and laughs he brought to the team will be truly missed.

Ben Matheson

Team Captain

· Played 4 years of varsity

Ben was one the top goalies in the conference junior and senior year. Someone who really stepped up for the program and did a great job of keeping us in games. Great kid all around, always gave 100% in practice and was an all conference selection in 2019.

Dylan Rach

· 4 year varsity player

Dylan stepped up big to help fill out the goal scoring on the team as the 2nd leading soccer with 8 goals. Dylan worked hard every off season to improve, gave 100% every practice and game. His work ethic will be truly missed on the team.





BOYS SOCCER

2021 Seniors



Calvin Radosevich

- First year on varsity

Calvin was awesome in the work he did in the offseason. It really showed from day one of the season. Calvin played as a midfielder for us and always did well when he had to step in. His work ethic in practice will be hard to replace but we wish him well in his next chapter.

Hayden Rock

- First year on varsity

It was great having Hayden on the team this year. Played in the midfield for us, and always did well when he was called upon. Very coachable kid, with a good knowledge of the game and a bright future ahead of him.

Luke Welke

- First year on varsity

Luke was a great addition to the teams this year, with the sense of humor that he brought to the team. One of the funniest players i've coached so far, Luke did well when called upon. He scored two beautiful goals this season to cap off a huge win for us.

Owen Wise

Team Captain

- Played three years of varsity

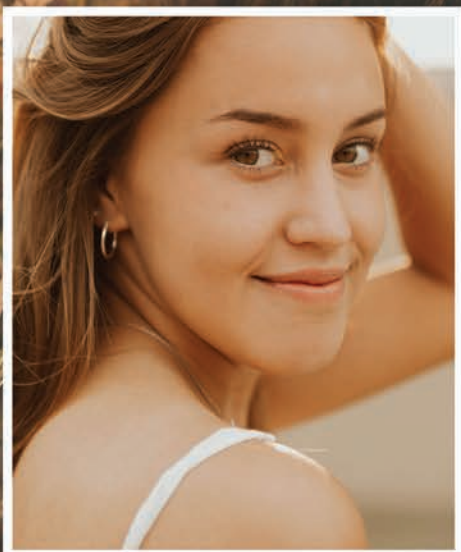
Owen played as a midfielder, where he was a 2 time all conference selection. He was crafty with the ball at his feet and had great change of pace. Always willing to help players out with rides and always happy to help.

A large, close-up portrait of Kaya Hanson, a young woman with long brown hair, smiling and looking slightly to the right. She is wearing a black top and a small hoop earring. The background is a soft-focus field of tall, dry grass.

KAYA HANSON

WE ARE SO PROUD OF YOU! MAY ALL
YOUR DREAMS COME TRUE.
LOVE, MOM, DAD AND JACOB

CLASS OF
2021





GIRLS SOCCER

2021 Seniors



CONGRATULATIONS, SENIORS!

Olivia Bell

Gaby Kelm

Lauren Marsollek

Mya Callahan

Kalea Lemke

Jaden Woiwode



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ZAC,

WE CAN NOT PUT INTO WORDS HOW SO VERY PROUD WE ARE OF YOU! WATCHING YOUR JOURNEY HAS BEEN ONE OF OUR GREATEST BLESSINGS. YOU HAVE AMAZED US WITH YOUR PERSISTENT HARD WORK, RESILIENCE AND COMMITMENT TO GOALS YOU HAVE SET FOR YOURSELF. TIME HAS GONE TOO FAST AND WE ARE SURELY GOING TO MISS WATCHING YOU PLAY AS A WILDCAT.

GREAT THINGS ARE AHEAD FOR YOU!

WE LOVE YOU SO MUCH!

-MOM & DAD



CLASS OF
2021



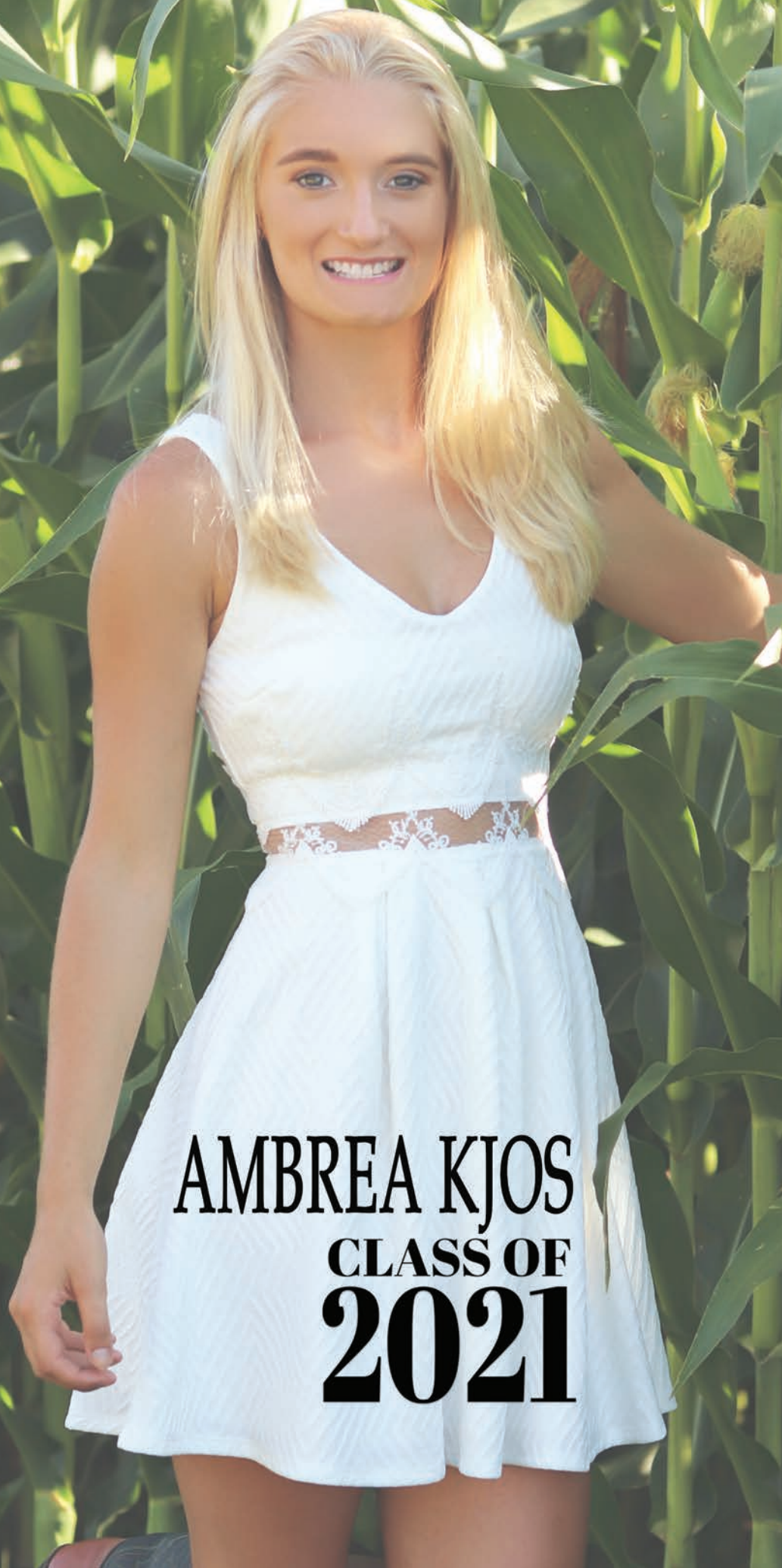
ZAC JOHNSON

TAYLOR KASTEN

BELIEVE IN YOURSELF AND NEVER
GIVE UP ON YOUR DREAMS.

CLASS OF
2021





AMBREA KJOS
CLASS OF
2021

SOFTBALL

2021 Seniors



Makayla Nye

Makayla Nye has played a key role for our Varsity Softball team, lettering in her Freshman and Sophomore seasons. She has been a utility player for the Wildcats, giving it her all at any position that we ask her to play. Makayla has a strong throwing arm, which she shows from any outfield position, and also has great defensive range when placed in the infield at the shortstop position. Makayla's bat has helped the team out in many games, including a lead off homerun in our first game of her sophomore season at Osceola. That year she was recognized for having the highest slugging percentage on the team. Mak is a true leader on and off the field. She is selfless, hard working and one of the most coachable players I have had the pleasure to coach. Makayla, we appreciate all you have done for River Falls Wildcat Softball and wish you the best of luck in your future.

Lily Griffin

Lily Griffin is coming off of a stellar Sophomore season with the Wildcats where she was named Big Rivers Conference Honorable Mention and given the Team Spirit award by her teammates and coaches. A lot like her fellow Senior, Makayla, Lily plays multiple positions for us. Lily is the type of player that any coach would love to have on their team. Her selflessness and work ethic are the first things you notice about her. She is always the first player on the field and the last to leave, hustling to help out in any way she can. Lily leads by example, always giving 110% on and off the field, and dedicating her time making herself better and volunteering for our growing youth program. She is a player her teammates and coaches can always depend on. We will miss you Lily, and wish you continued success in all you do.

Teagan Stavinoha

Teagan Stavinoha showed off her first baseman skills in several games as a Sophomore for the River Falls Wildcats. Her height, positive attitude, and smile make her a really fun player to have on our team. Teagan is always eager to learn from her coaches and has one of the purest swings in Softball. We look forward to Teagan playing a larger role for us this season and watching her do what she does best. Teagan, we will miss your lighthearted attitude and laugh! You will shine in all you do!

Kyndra Lindquist

Kyndra Lindquist has been a solid leader on the Junior Varsity team for us the last several seasons. Her ability to adapt and play any position she is asked, with a positive attitude, sets her apart from others. Kyndra is a fierce competitor, who does not settle for anything less than her best. We can't wait to see what Kyndra brings to our 2021 season. Best of luck, Kyndra, as you continue on your journey.



MICHAEL KRUEGER



CLASS OF 2021





ISAAC LASSI

TAKE HEART, BREATHE DEEP.
YOU HAVE NOT MISSED OUT ON
WHAT WAS MEANT FOR YOU.
YOU WILL DO AMAZING THINGS!
LOVE MOM, DAD, AND AILI

CLASS OF
2021



BOYS SWIM & DIVE



2021 Seniors

Connor Baar

200 Freestyle / 500 Freestyle

- State Qualifier in 500 Freestyle as Sophomore
- 3rd Place at WIAA Sectionals in 200 Freestyle as Sophomore
- 2nd at WIAA Sectionals in 500 Freestyle as Sophomore
- Voted MVP as Sophomore
- State Qualifier in 200 and 500 Freestyle as Junior
- 2nd Place at WIAA Sectional in 500 Freestyle as Junior
- Voted Captain and Hardest Worker as Junior
- Has lettered in all three previous seasons
- Definitely takes on a leadership role, as well as motivating

Connor is a great athlete and beyond that a great person. He usually has the toughest workout each day and puts in the work while also encouraging his teammates to do the same.

Zach Martin

50 Freestyle / 100 Freestyle / 100 Breaststroke

- Earned a Varsity Letter both Sophomore and Junior seasons
- Motivator

Zach comes in every day with a great attitude and often makes us laugh while making friends with everyone on the team. When it's time to work hard, he buckles down and does that.



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ATHLETICS**





GIRLS SWIM & DIVE

2021 Seniors



Madisyn Tape

Varsity Diver

In Madisyn's 4 year season of diving she participated in State 2 times, is a 4x Varsity Letter Winner, & the team voted her "Best Form". She is the "big sister" on the team and helps new divers transition smoothly onto the team. Madisyn's grace on the diving board is truly amazing to watch and she makes even the most difficult dives seem effortless.

Isabel Seyffer

Varsity Diver

In Isabel's 4 seasons of diving she participated in the State meet 3 times, is a 4x Varsity Letter Winner, & the team voted her "Most Courageous". Not only is Isabel an amazing diver, she is also an amazing & supportive teammate which earned her the role as Co-Captain her Senior year. Her biggest strength on the board & off is how she always pushes herself to try something new and finds a way to learn from her experiences even when she flops, literally. Her tenacity is unmatched, which makes her a joy to watch and coach.

Madison Berg

Varsity Diver

In Madison's 4 seasons of diving she participated in the State meet 4 times, is a 3x Sectional Champion, a 4x Varsity Letter Winner, & the team has voted her "Most Powerful" as well as "Most Valuable". Madison's work ethic and determination make her a quiet but strong leader earning votes as Co-Captain for 2 seasons. Coaching an athlete with her power and skill set is rare and a blessing. She is the true definition of "Grit & Grace" and while her accolades speak for themselves, seeing her dive in person will leave you speechless.



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BOYS TENNIS

2021 Seniors



Hayden Rock

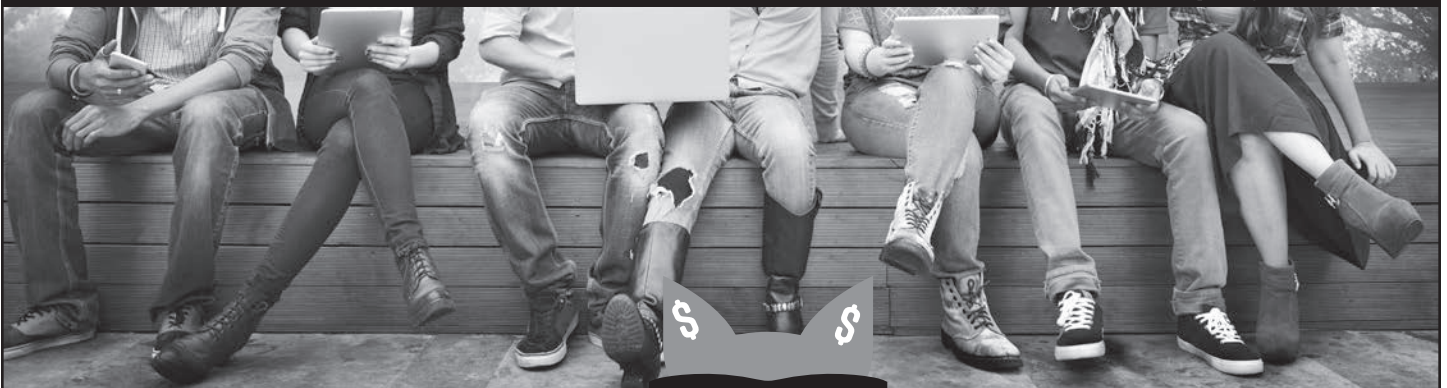
Austin Sabot

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GIRLS TENNIS

2021 Seniors



Kalea Lemke

Kalea has been on Varsity and lettered all 4 years. She started in doubles and worked her way up to #1 singles. Over the years she played on Varsity she earned the following awards; Rookie of the year, Coaches Award, Leadership award, and MVP. Kalea was an amazing leader and captain her fellow teammates really looked up to her and her work ethic.

Andreea Ghenciu

Andreea played 4 years on the girls tennis team and lettered 2 of the years. Though she played doubles on Varsity she played singles equally as well. Her flexibility and willingness to play either singles or doubles allowed us to create the best line up her two years on Varsity. Andreea was also a captain her senior year and received the coaches award.



Melanie Lewis

Melanie came out for tennis her sophomore year to learn a new sport. She played 3 years on JV. Her positive attitude and leadership on JV has been greatly appreciated by her teammates and the coaches.

Taylor Kasten

Taylor played tennis all 4 years of her high school career and lettered 2 times. Taylor played doubles all 4 years and earned the Team award and Most Improved player her sophomore year. Taylor and her doubles partner received Honorable Mention at #3 doubles by placing 3rd at the conference tournament. Watching Taylor learn how to read and attack the ball in doubles made her matches competitive and fun.



Isabelle O'Malley

Isabelle played tennis all 4 years of high school and worked so hard to make varsity her senior year and letter. Isabelle received the most improved player award her senior year. Isabelle was an amazing teammate and was willing to shift from singles to doubles after the season started this year. She and her doubles partner were 2nd in conference play at number 3 doubles this season. Isabelle worked hard to learn the strategies of doubles.

Olivia Bell

Olivia played tennis all 4 years and lettered three of the 4 years. Olivia focused on doubles and worked her way up to #1 doubles her senior year. Olivia received the Team Award her sophomore year and placed third in conference to earn Honorable mention at #3 doubles. Olivia was one of our captains her senior year helping guide our team with her playlists and energy.

Jada Saxton

Jada played singles all 4 years of her tennis career. She lettered her senior year at #4 singles. Jada was so competitive and determined in all of her matches. She pushed her teammates every day in practice to be better tennis players and teammates.



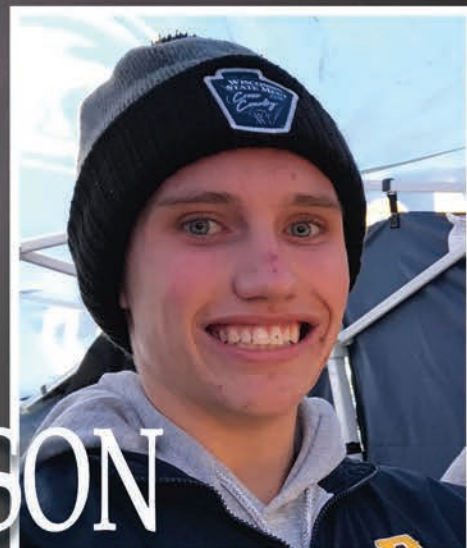


JOSH LINTON
CLASS OF
2021



IT HAS BEEN A PLEASURE AND HONOR
TO HAVE HAD A FRONT ROW SEAT TO
YOUR CHILDHOOD. WITH ALL OUR
LOVE, MA AND PA.

CLASS OF
2021



GRANT MAGNUSON



TRACK & FIELD

2021 Seniors



Emily Barber

· NEW TO TEAM 2020

Worked in off season and looking forward to her skills and talents.

Kyle Blair

Kyle, great teammate who works hard to be his best.

Anna Dumond

Anna, continues to work on her hurdling and has overcome a lot to be in track and field.

Abby Esterby

Abby is a very motivated person who has had some injuries but continues to work to improve.

John Firth

· NEW TO TEAM 2020

Just started with our team last year. Worked hard in the off-season and has so much potential for the upcoming season.

Ambrea Kjos

Ambrea has hurdled, run the 400, and is working on moving up to the 800. She puts in a lot of time to the sport. Conference Champion in the 4x4 relay.

Kyla Kubera

Kyla, was an alternate on the state 4x1 relay. She continues to improve each season.

Joshua Linton

· 2x State Qualifier and
· Record holder in the 4x800
· State medal winner in the 4x400.

Josh, is a competitor who continues to improve and is a leader on the team.

Grant Magnuson

· State Qualifier
· School record holder in the 4x800

Works very hard in the off season, great leader in work ethic.

Alex Myszewski

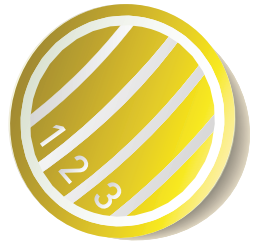
Alex was an alternate on our state medal 4x100 team. We should see some big things from him this season.





TRACK & FIELD

2021 Seniors



Brandon Nelson

• Solid varsity runner and scorer

We can put Brandon in many different events and he could earn us points. Very consistent runner for us over the years. Puts in a lot of effort to get stronger in the off season.

Isapela Pupungatoa

Isapela, is a thrower with an infectious personality that her teammates feed off from.

Rachael Rahn

Rachel, hurdles and thinks very technically about her events.

Rachel Randleman

Rachel, state medalist in the 4x4 relay, competed in state in the 4x2 relay. She will be counted on to be a leader on the team this upcoming season.

Ellen Rayne

Great energy and attitude in everything she does!

Erin Syverson

Erin, hurdles and has placed in Conference twice in the 300 hurdles. She is a great teammate and is a teacher to new hurdlers.

Anna Tschanz

Anna was a constant athlete that works hard at practice and always has a smile on her face.

Ayden Veness

Ayden, works hard to improve in the throws. We look forward to seeing his improvements this season.

Allison Weissinger

• Consistent varsity runner and scorer
• On the 3200 meter All-Time list

So solid and consistent for us in terms of work put in and dependability in events. She has been a varsity runner since her freshman year and consistently puts in the work.

Daphnie Wiatr

Daphnie, has been an alternate at state in the 4x4 and 4x2 relays. She competes in her races and leaves it on the track.

Owen Wise

• NEW TO TEAM 2020

Looking forward to his skills and talents from other sports - he was ready to work.

Logan Zyduck

Logan is a hard worker and will contribute to the team this season.



CLASS OF
2021

DREW MANNS





CLASS OF
2021

WILL MANNS



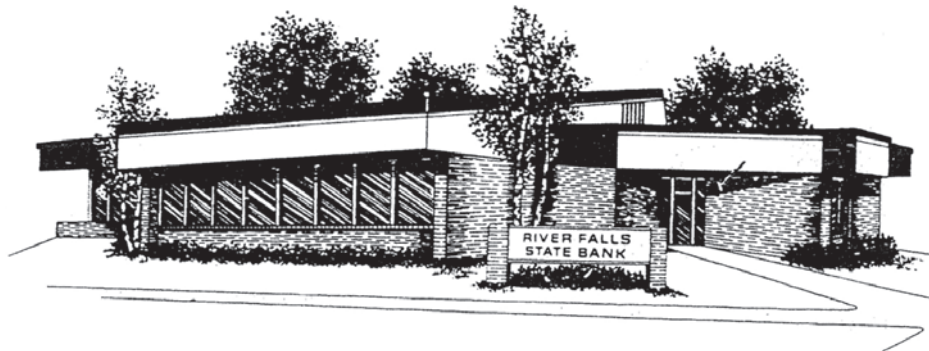
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ALEX MYSZEWSKI

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WE WILL ALWAYS BE YOUR BIGGEST FANS, CHEERING
YOU ON FROM THE SIDELINES! WE KNOW YOU WILL GO
FAR AND DO GREAT THINGS, ALEX.

WE LOVE YOU, MOM, DAD & CADE

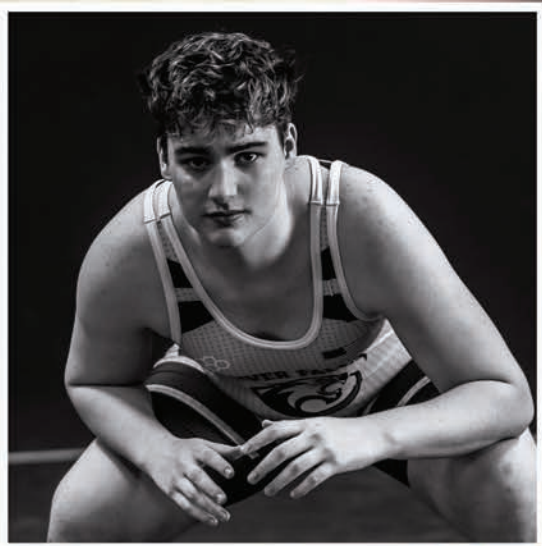


MAKAYLA NYE

YOU CAN DO ANYTHING YOU PUT
YOUR MIND, HEART AND SOUL TO.
WE LOVE YOU!!

**CLASS OF
2021**





CLASS OF
2021

NATHAN OTTUM

KNOW WITHOUT A DOUBT THAT YOU
WERE MADE FOR GREAT THINGS....
WE LOVE YOU, MOM AND LILA



VOLLEYBALL

2021 Seniors



Amelia Armstrong

Amelia Armstrong is a versatile player that can play outside, middle and right side. She used that versatility to contribute in a variety of ways during her two years on varsity. She is a heavy hitter that contributed 100 kills hitting .418 in this abbreviated senior year. The BRC did not give All Conference recognition this year due to Covid, but Amelia would have been a unanimous selection. Amelia is continuing her volleyball career at the collegiate level, playing for Damien College.

Maddie Morrow

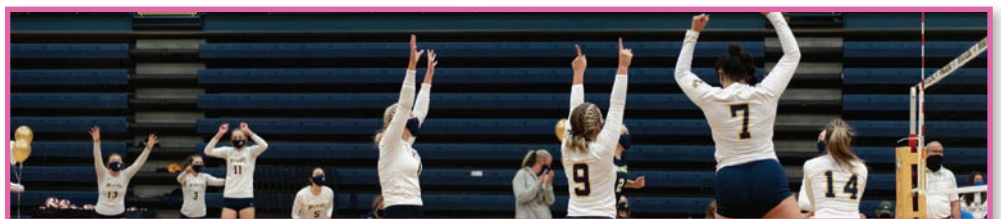
Maddie Morrow was a three year varsity setter that overcame injury in order to have a senior season. She played in 2018, contributing 81 assists at the 2018 state tourney where the Wildcats finished 3rd. Maddie lost her entire junior year to a knee injury. Due to her hard work and commitment in the off season, Maddie was back on the court this year. She finished her career with 535 assist and 40 service aces.

Isapela Pupungatoa

Isapela Pupungatoa made an impact on the volleyball program in her first season of varsity action. She played right side and contributed a big block and solid second contact setting. Isapela influenced our positive team culture by being an incredible teammate. She was always supportive, encouraging and put her team first.

Anna Wolf

Anna Wolf was a four year varsity athlete in the volleyball program. She was dominant in the middle blocker position leaving the program with the highest career hitting percent in program history. Anna was named first team All Conference each year. She also earned All Tournament recognition at the state tourney this season as well as All State honorable mention honors her junior year and first team her senior year. Anna is continuing her volleyball career in the Big Ten at the University of Minnesota.



WRESTLING

2021 Seniors



Ethan Cernohous

Ethan Cernohous is a second-generation Wrestling Wildcat. His father (Matt) was a 1994 RFHS graduate. Ethan has been involved in the wrestling program since he was a youngster and his parents and sister have been matside for all of his adventures (so have his grandparents). Ethan is very committed to the wrestling program and has been a key volunteer at youth wrestling practices and tournaments. He's one of the first to lend a helping hand when moving mats, organizing a team function, or assisting the coaches with whatever they ask of him. His leadership is demonstrated best by "showing up." He's a past perfect attendance award winner and wherever you see River Falls Wrestling, Ethan is in plain sight.

Parents: Matt and Tara Cernohous



Marcus Cudd

Marcus Cudd comes from a historic wrestling family. He is the latest of 12 Cudds to sport the River Falls varsity singlet. That name carries a lot of weight and Marcus has made a name for himself as a pinning machine. One can often feel the strength of his famous headlock from the bleachers or watching on YouTube listening to his dad (Aaron) cheer him on. Marcus enters his senior year after back-to-back 20-win seasons and his 30 pins during that time is the most of any Wildcat wrestler. He's been a top-10 ranked 220 pounder in the state and enters this season as "honorable mention" on the WiWrestling State Rankings.

Parents: Aaron Cudd & Nicole Cudd



Elliot Hampton

Elliot Hampton comes from a large wrestling family, too. However, the Hampton's moved to River Falls a few years and have fit right into the heritage and traditions. It didn't take long for Elliot to bleed blue and gold. He's a team player and cares deeply for his teammates. There is no doubt that he's going to be a champion teammate in all future endeavors. It doesn't happen often in the world of high school athletics that three brothers participate on the same team. Elliot has two brothers on the team (James and Andrew).

Parents: Darren and Lynn Hampton

Nathan Ottum

Nathan Ottum started wrestling last season as a junior after being recruited by his friends and Coach Black in the lunchroom. It only took a couple of practices for him to be hooked for life. Nate was able to step-up right away during the 2019-20 season and fill a varsity spot and he won by fall in front of a hometown crowd. His passion for the sport has him wishing he started sooner, however, it will keep him interested and involved well beyond graduation.

Parents: Lindsey Conde





RACHEL RANDLEMAN
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2021



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2021



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FOOTBALL



1938 • 1939 • 1940 • 1943 • 1945 • 1947 • 1948
1953 • 1954 • 1955 • 1956 • 1957 • 1960 • 1961
1969 • 1970 • 1971 • 1972 • 1975 • 1984 • 1985
1986 • 1989 • 1995 • 2018 • 2019

GYMNASTICS



1979 • 1981 • 1982 • 1983 • 1984 • 1985 • 1986
1993 • 2003 • 2004 • 2005 • 2006 • 2008
2009 • 2010 • 2011 • 2012 • 2013 • 2016
2017 • 2018 • 2020

BASKETBALL



BOYS

1934 • 1943 • 1944 • 1946 • 1948
1949 • 1952 • 1955 • 1965 • 1966
1991 • 1994 • 2005 • 2011 • 2019

BASKETBALL



GIRLS

2020

TRACK & FIELD



BOYS

1958 • 1960 • 1967 • 1970 • 1971
1976 • 1999 • 2013 • 2018 • 2019

TRACK & FIELD



GIRLS

1988 • 1989 • 1998 • 1999
2004 • 2013 • 2014 • 2015

TENNIS



BOYS

1971 • 1975 • 1983 • 1989 • 1995 • 1996

TENNIS



GIRLS

1986 • 1987 • 1988 • 1990 • 1992

HOCKEY



BOYS

1985

HOCKEY



GIRLS

2008 • 2009 • 2010 • 2011
2013 • 2015 • 2016 • 2020

BASEBALL



1964 • 1966 • 1970 • 1972 • 1973 • 1974
1976 • 1977 • 1978 • 1980 • 1981 • 2015
2019

SOFTBALL



1988 • 1989

CROSS COUNTRY



BOYS

1971 • 1981 • 1982 • 2008
2011 • 2012 • 2014 • 2019

CROSS COUNTRY



GIRLS

1984 • 1985 • 2002 • 2005
2009 • 2010 • 2011

GOLF



BOYS

1970 • 1976 • 1978 • 1979 • 1980 • 1983
1984 • 1988 • 1989 • 1992 • 1999 • 2000
2003 • 2005 • 2012 • 2013 • 2014

GOLF



GIRLS

2000 • 2007 • 2008 • 2010 • 2011
2012 • 2013 • 2014 • 2018 • 2019

VOLLEYBALL



1987 • 1995
2016 • 2017
2018 • 2019

WRESTLING



1974 • 1975 • 1982 • 1983 • 1990
1991 • 1992 • 1993 • 1995 • 1996
1997 • 1998 • 1999 • 2000
2001 • 2005 • 2003 • 2019

SOCCER



GIRLS

2010 • 2011
2013



STATE APPEARANCES

BASKETBALL



BOYS

1924 • 1925 • 1926 • 1928 (2nd)
1939 • 1994 • 1995 • 2005

BASKETBALL



GIRLS

2015

GOLF



BOYS

1977 • 1978 • 1979 • 1980 • 1983
1985 • 2000 (2nd) • 2002 (1st)
2003 (2nd) • 2004 (1st) • 2005 (1st)
2006 • 2017 • 2018

GOLF



GIRLS

1999 • 2000 • 2001 • 2011 • 2013

HOCKEY



BOYS

1997

HOCKEY



GIRLS

2009 (1st) • 2010 (1st)
2011 (1st) • 2014

SOCCER



BOYS

2015

SOCCER



GIRLS

2011 • 2018

CROSS COUNTRY



BOYS

1983 • 2019

CROSS COUNTRY



GIRLS

1998 • 2009 • 2010 • 2011

WRESTLING



1996 (2nd) • 1997 (2nd)
1998 • 2000 • 2001

VOLLEYBALL



2016 • 2017 (2nd) • 2018

BASEBALL



BOYS

1976 • 2015

GYMNASTICS



1971 • 1981 • 1982 • 1983 (2nd) • 1984 (2nd)
1985 (2nd) • 1986 • 1995 • 1996 • 1997
1998 • 2002 (1st) • 2003 (1st) • 2004 (1st)
2005 • 2006 • 2007 (1st) • 2008
2009 (2nd) • 2010 (1st) • 2011 • 2012 (2nd)
2013 (1st) • 2014 • 2015 • 2016 (2nd)
2017 (2nd) • 2018 (2nd) • 2019

"YOU JUST CAN'T BEAT THE PERSON
WHO NEVER GIVES UP." - BABE RUTH
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JADEN SCHWANTZ



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- River Falls Youth Basketball
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Steve Trebus & Marty Herum
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- The Plumbing Company

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- The Rowekamp Family
- The Ben & Abbey Rudolph Family
- The Sackett Family
- Brian & Shelly Thompson
- The Wurm Family

GOLD WILDCAT \$250

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- The Amidon Family
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- The Carns Family
- Chad, Stephanie, Cade, & Evan Marie Christiansen
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- The Grenzow Family
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- The Krueger's
- Matt & Susan Russell
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- Andrew, Joylynn, Alexander, & Elliot Auderieth

- David, Becca, Wyatt, Elliott, & McKinley Bell
- DeWayne & Gerda Benedict
- The Bernard Family
- The Bishop Family
- The Butz Family
- Zac, Brooke, Finley, Jordy, & Baylor Campbell
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- The Nesbitt Family
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- The Rogers Family
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- Keith, Karri & Gabi VanDell
- Justin, Melissa, Monty & Cheyenne Wilson
- Jason, Angie & Jarett Young
- Mike, Natalie & Zoey Zirbel

FAMILY WILDCAT \$50

- The Armitage Family
- Tom & Lois Aumann
- The Bateman Family
- Mike, Angie, Samantha, Lillian, & Charlie Burke
- The Cernohous Family
- The Crail Family
- The Dougherty family: Jo, JT, Liam
- The Fosler Family
- The Freimann's
- Craig, Shannon & Nathan Gervais
- The Hanson's
- Mike & Sara Kealy & family
- The Landgraf's
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