



LORI PRASHKER~THOMAS
WRITER | SPEAKER | ADVOCATE



Lori is a motivational speaker with 10+ years of experience as an author, speaker, and advocate for birthmothers, mental health issues, bullying prevention, and as an ally for the LGBTQ+ community.

Lori works with groups, individuals, and organizations to amplify their authenticity and empower them to become better versions of themselves.

Lori is also a wedding officiant, photographer, and paralegal.

signature topics

- ✓ Adoption From a Birthmother's Perspective
- ✓ Trauma and Adoption
- ✓ Survivorship
- ✓ Kindness and Empowerment - Anti-Bullying
- ✓ Prioritizing Mental Health Personally & Professionally
- ✓ Allyship within the LGBTQ+ community



8.5k

loriprashkerthomas.com



7.5k

monthly page views



2.5k

podcast downloads

Keynotes & Workshops

Overcoming the Stigma of Your Life Choices

Discussions of the journey of moving through an abortion clinic and placing a child for adoption. Lori also discusses the trauma of being a suicide survivor and overcoming a deadly disease, and relearning how to eat, speak, talk and live.

Survivorship & Healing after Suicide & Trauma

Today, I live each day as fully as possible and help others do the same as a survivor of suicide and trauma responses. There are many issues to discuss, including the impact of suicide on individuals, families, groups, and communities; resources for helping a survivor and those around them heal.

Recent Speaking Engagements

- Florida Planned Parenthood
- Utah Pride (SLC)
- PA Planned Parenthood
- North Carolina Planned Parenthood
- Cleveland Planned Parenthood
- Various Trauma Survival Groups throughout the country
- National Alliance on Mental Health (NAMI - NE Region)
- NEPA Rainbow Alliance
- Temple Israel of Wilkes-Barre
- JCA of NEPA
- Adoption Mosaic
- Coffee, Cream & Convo Podcast
- PA Live

client feedback

"Lori's journey moves through an abortion clinic to placing her daughter for adoption, reuniting years later. She is strong, compelling and authentic. She has the courage to break into topics rarely discussed in the Jewish community, using her life's story to heal and to inspire."

- Erica Sager-Pelman

"I was fortunate enough to attend one of Lori's author events. Her story is both captivating and inspiring. Her journey as a birth mother is one of love and sacrifice. She speaks with an honesty that can be jarring at times, but her voice is ultimately one of hope. By bravely sharing her story, she brings the subject of adoption to the forefront of the debate as a viable choice for other women."

- Catherine DePasquale

Get in Touch!

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