



# Identity Ministries

Discipleship Counseling & Classes

## **IDENTITY MINISTRIES (IM)**

### Discipleship Counseling Entrance Form

What is Discipleship Counseling?

Discipleship counseling is the process whereby the counselor and the counselee meet in the presence of Christ, learn how the truth of God's Word can set them free and, thus, enable them to conform to the image of God as they walk by faith in the power of the Holy Spirit. The Holy Spirit, not the counselor, is the agent of change. With guidance from the counselor, you can discover freedom through a Christ-centered solution and live an abundant life in Christ.

Please state in your own words why you are seeking counseling:

What steps have you taken regarding this issue?

Identify any habits or behaviors that you would like to change:

What specifically are your goals for your time at IM?

Have you ever attempted suicide? If yes, please explain:

Do you currently have thoughts of suicide?

If yes, do you have a plan?

Emergency/Crisis Care

Identity Ministries is not equipped for emergency crisis care. The traditional recommendations for suicidal clients involve psychiatric/psychological care and/or inpatient help. If this becomes apparent during the counseling journey, the client will be referred to a psychiatrist and/or psychologist, Harford Crisis Center, or other crisis help.

Please circle or highlight ALL the current emotional experiences you are having:

Criticized	Overwhelmed	unworthy
Agitated	Paranoid	unloved
Guilt	Overworked	insecure
Depression	Rejected	Hopeless
Helpless	Anxious	Distress
Sad	Worried	Outraged
Fearful	Restless	Uncertain
Anger	Intolerant	Intimidated
Nervous	Aggravated	Grieving

Personal Information

Name:

Street Address:

Email Address:

Cell Phone Number:

Emergency Contact Person: Name-

Cell Number-

Date of Birth:

Age:

Marital Status: Single      Engaged      Married

Widowed   Separated   Divorced

How long have you been a Christian?

Church affiliation?

Are you employed?

Type of work:

Company name:

Have you ever received marriage, family or individual counseling before?

If yes, when and what was the situation?

Have you, at any, time been under the care of a psychologist, psychiatrist, or mental health professional?

If yes, when and for what problem:

Name of doctor or therapist:

Are you presently under the care of a physician or medical practitioner?

If yes, for what condition:

Name of provider:

Are you currently taking any prescription or non-prescription drugs?

If yes, which drugs and for what problem:

### Questions and Answers

How long is the discipleship counseling journey?

Depending on the nature of the problem, approximately 20, one-hour visits. Are you willing and able to commit to this amount of time?

Yes      No

Will the journey be painful?

Most people who come to Identity Ministries are already experiencing some form of pain. Even though the journey may sometimes be painful or uncomfortable, I am committed to walking with you through whatever God is doing in your life. Are you at a place where you are willing to let God do what it takes to bring about healing, even if it is painful or uncomfortable?

Yes      No

What about homework?

Counseling appointments are once a week. Homework is typically given. Your personal study is vitally important to make each counseling session most beneficial. Homework should be completed prior to each session. Are you prepared to complete homework assigned to you?

Yes      No

What is the cost of discipleship counseling at Identity Ministries?

The suggested fee is \$75 per session. However, if for any reason that amount is not possible any amount is appreciated. Is that an amount that you are comfortable with?

Yes      No

What if I am unable to keep my appointment?

If you are unable to keep your scheduled appointment, I ask that you notify me at least 24 hours in advance. I ask that if you are unable to do so, that you would still make your usual donation. Would you be willing to consent to this courtesy?

Yes      No

What about confidentiality?

The interaction between you and our staff is considered confidential. Your records will not be released outside of Identity Ministries without your written consent. Exceptions to this confidentiality policy can ensue as a result of one or more of the following circumstances: (1) When you say or do something that imminently threatens your own safety and/or suggest suicide; (2) When you say or do something that imminently threatens the safety of others and/or suggest homicide; (3) When there is known or suspected child abuse; (4) When records are court ordered by a judge compelling disclosure. Do you have any questions or concerns about this policy?

Yes      No

Considering your schedule, what would be your preferred day and time to meet weekly?  
Please provide three options:

Is there anything else you would like to share at this time?

How did you hear about Identity Ministries?

My signature below, affirms that I have read and understand the above statements and answered the questions to the best of my knowledge and ability.

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Signature

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Date

*"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."*

