

*Teen Power & Control Wheel adapted from the Duluth Model*

## You are not alone

- About 1 in 12 U.S. high school students have experienced physical and/or sexual dating violence which is roughly 1.5 million students yearly
- 89% of Transgender teens have experienced physical dating violence.
- 11% of LGBTQIA+ youth experienced physical dating violence in the past year.
- 37% of LGBTQIA+ youth and 26% of heterosexual youth reported cyber/phone abuse and harassment.



*Thumb Area*

Assault Crisis Center

## More Information or to reach out for help:



24 Hour Crisis & Text line:  
989-551-8336



[www.Facebook.com/ThumbAreaAssaultCrisisCenter](http://www.Facebook.com/ThumbAreaAssaultCrisisCenter)



429 Montague Ave. Caro, MI



[www.thumbareaassaultcrisiscenter.org/](http://www.thumbareaassaultcrisiscenter.org/)

**Available 24/7 via phone or text**

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- GENEROUS COMMUNITY CONTRIBUTIONS
- INDIVIDUAL DONATIONS
- UNITED WAY

# TEEN DATING VIOLENCE

Awareness and Prevention Resource

**A PROGRAM OF THE**



# What is Dating Violence?

According to the CDC, Dating Violence is intimate partner violence that can include the following types of behavior:

- **Physical Violence**- person hurts or tries to hurt a partner by hitting, kicking, or using another type of physical force.
- **Sexual Violence**- forcing or attempting to force a partner to take part in a sex act & or sexual touching when the partner does not consent or is unable to consent or refuse. It also includes non-physical sexual behaviors like posting or sharing sexual pictures of a partner without their consent or sexting someone without their consent.
- **Psychological Aggression** - use of verbal & non-verbal communication with the intent to harm a partner mentally or emotionally & exert control over a partner.
- **Stalking** - a pattern of repeated, unwanted attention & contact by a current/former partner that causes fear or a safety concern for an individual victim or someone close to the victim.

# Our Services

The Thumb Area Assault Crisis Center is here to help. We serve the community in many ways. If you or someone you know have or are currently experiencing dating violence, domestic violence, and/or sexual assault, we can help.

## Emergency Shelter



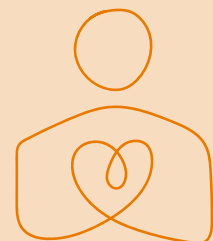
- Open 24/7/365 days a year
- Shelter for survivors of IPV (Intimate Partner Violence) & their custodial children
- Provides a closet of clothing & hygiene items to survivors in need

## Support



- 24-hour emotional support
- Individual support
- Group Support for survivors

## Advocacy



- Legal
- Medical
- Personal
- Information and referrals

# How to help someone experiencing dating violence?

- **LISTEN** - Give your friend your undivided attention and let them know you heard what they said.
- **BELIEVE** - Believe what your friend is telling you. It takes strength and courage to come forward.
- **DON'T JUDGE** - Be careful not to make judgements about decisions they've made or the situation they're in.
- **CARE** - Devote time and effort to understand your friend's feelings, thoughts, and experiences they've chosen to share with you.
- **BE SUPPORTIVE** - Support their feelings and their choice to share them. Acknowledge it may have been difficult for your friend to do so.

