
MACC Board Meeting Minutes

Friday, 02.17.2023 (Virtual)

Agenda

Opening Prayer

Introduction of new attendees

Attendees: Candi Schmechel, Dave Runion, Amber Langford, Breanna Reed, Deirdre Tschanz, Nelly Bonilla, Ray Williams, Sadie Twite, Jim Farm, Reagan West, Rebecca Schmitt, & David Swan

Approval of Agenda (updated) & Approval of January Minutes

Vote on incoming member of the board - Approved

Dave Runion, MA, LMFT Director of Operations of RockBridge Counseling and Mental Health, a Division of Minnesota Adult and Teen Challenge.

Immediate needs: Secretary (officer position), Vice-Chair (officer position)) and 1-2 additional Board Members

New Business - 930am

1. **Financial Update:** Treasurer Sadie Twite
 - a. Financial Update—Quickbooks isn't updating – so more to come next meeting.
 - i. so far what was the net from the Immanuel Training?
 - ii. What will be the projected net after we pay for the 2nd training
 - b. Status of 501(c)3 paperwork submitted - waiting to hear (30 day lead time for review)
 - c. Updated budget - will review at Exec Comm and next meeting. Keep an eye out for sponsorship / grant opportunities
 - d. Quickbooks online purchase and move to the monthly online program- approved



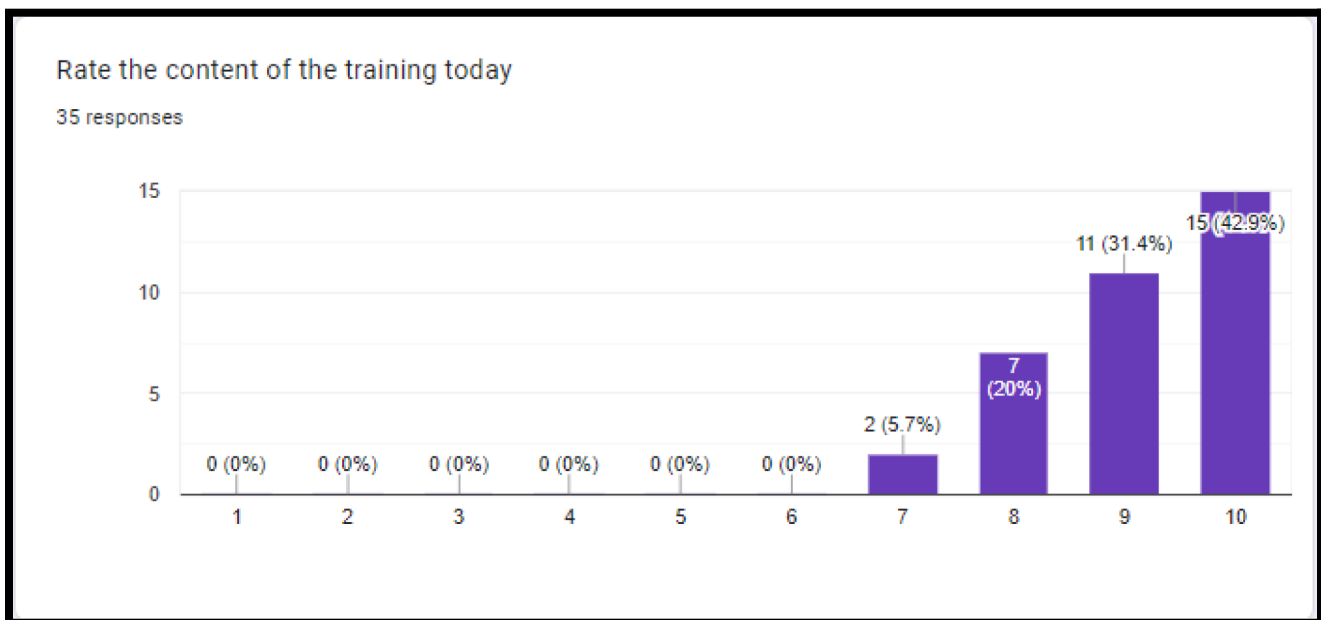
2. Committee Updates (9:50am):

- a. **Conference**—Candi and Jim are on this committee. We would like help securing a location, and starting to think about speakers that we can reach out to. Next year's topic...**The Legacy Tour: 10 years of Faithfulness**—discussed that it could be framed in regard to Ethics, on-going training, ongoing consultation, self of the therapist, etc. Breakouts can pertain to teaching and training.
 - i. Ray has been helping us with discussions with Harvey Bernard at Grace Church Eden Prairie in utilizing their space.
 - ii. Candi spoke with Jessica Rothmeyer about being our 1st keynote. She has already submitted a proposal—we'll continue discussions
 - iii. The idea was put forth of having a 'celebratory' dessert for the 2nd break; cupcakes? Crumbl cookies—possibly hand-served by the board. We welcome thoughts and ideas
 - iv. Other speakers—2nd keynote, as well as another panel discussion...Daphne DeMaris will be one of our breakouts on the Ethics of self care/self of the therapist. Do we want another breakout speaker? Looking into Bill and Lori Lokey (and/or staff) or Dr. Edna Gedes at Nystrom in New Brighton. Pastor speaker?
 - v. **Online Workshop Proposal Form:** <https://forms.gle/NmrmHQF9yhntM9cz6>

- b. **Immanuel Training** was held on Friday February 10th @ Substance Church on Spring Lake Park.
 - Part II on May 19th from 8-4:30---This will be training of the Immanuel Approach to move into painful and traumatic memories.
 - This is happening on our regular board meeting day—we will need to modify the date of our May meeting. Cand proposed May 12th for a virtual meeting,
 - i. Set up on Thursday evening before the training.
 - ii. MACC will be in charge of snacks, food (Fresh Cafe), etc.
 - iii. Set up crew (sign up) and tear down. Fill all slots.
 - iv. Would be helpful if others could be there to help with clean up.

- c. **Executive Director Update (10:30am):** Reagan
 - i. Membership Update—was at 150 as of January 2023 - now at 167
 - ii. Marketing Update - a great deal of the focus has been on the Immanuel Approach Training and getting the word out.
 1. The next phase will be promoting the virtual training option, so that those unable to attend may view the training online.

2. Additionally, want to emphasize that Training / Session I is a prerequisite for Session II to ensure all the folks interested in continuing the training will be able to attend by having the first training completed prior to the next session in May
3. Training was rated very highly with 74.3% of attendees rating it a 9 or a 10 out of 10, and 94.3% rating the training a 8 or above.
4. Need to interact / moderate with the online participants more, so that they have a greater opportunity to participate.



5. Some of the comments received:
 - a. "Powerful way to live connecting to God daily to transform impact of past trauma"
 - b. "I highly recommend this training. More people need to know about it and more people need to get trained in it and operate in the Immanuel lifestyle"
 - c. "I love how the trainers had us just focus on life-giving memories for the first training!"
 - d. "I highly encourage this training for any helpers. It opened my eyes to helping trauma and partnering with God."
 - e. "This training not only provided me with a new way to integrate spirituality and Biblical principles into my work, but also provided me with a life-changing way to strengthen my relationship with Jesus and heal my own attachment and trauma related wounds."
6. An update will be going out to all participants that would like to review the handouts and to encourage them to share the training & have those they think would be interested view Session I virtually and in person for Session II. This communication

will also include contact info for the Immanuel Staff to engage in opportunities and group discussions between now and the May training.

- iii. The 2023 Editorial Calendar is completed and available at <https://docs.google.com/spreadsheets/d/1ho8rIpUtlfmYttd9rL5ELc5D-wpVhoDCU1chE9Oy0Ww/edit?usp=sharing> for planning.
 1. We are in need of a workshop topic / theme for a August workshop. An interesting topic suggested from the Immanuel Approach Comments was Spiritual Warfare. Other topic suggestions are very welcome & proposals can be submitted online at <https://forms.gle/u9Zc8UzfvAKxGRJy8>
 2. The next magazine will be coming out in April – submissions are due March 15th. **Looking for articles and submissions asap!** The Immanuel Approach and the Legacy - 10 Year Anniversary will be featured!
- d. **New Member / Mentor** – we have a planning / discussion immediately following the board meeting today to get things moving forward
Link from Amber to start getting contacts together:
https://docs.google.com/spreadsheets/d/1pL2DK5amosSjkYDN5Dhm_2MbOBbeoa32bJlomNnRYhg/edit?usp=sharing
- e. **Pastoral Program**- Jenni/Deirdre - will be meeting up shortly and get it rolling
- f. **Vision** – Executive Committee
- g. **Networking**—Next connect over coffee dates – mark your calendars
 - i. Bre Reed is hosting an upcoming COC March 8th at 10:00 at Vendella Coffee Haus in Eagan (Bre has reserved the conference room)
<https://www.facebook.com/events/595666792735577>
 - ii. Deirdre Tschanz will be hosting on Friday, April 21st from 3 - 5pm at Dogwood Coffee 825 Carleton Street St. Paul, MN 55114
<https://www.facebook.com/events/709915054139752>
 - iii. Events have been created on FB– please share & invite

Other Business

- Other unfinished business
- Next meetings
 - **March 17th**—virtual (Bre to run)
 - **April 21st** - In Person or Virtual (possibly Deirdre can host or Dave at Maplewood)
 - **May 12th** - (updated date) - Virtual
- Personal prayer needs / Closing prayer



Action Items

1. We need conference committee members
2. We need pastor committee members and next steps to determine how to bridge the gap

Matthew 18:20

“For where two or three are gathered together in my name, there am I in the midst of them.”

In order to offer MACC’s amazing programs, trainings, service and support, **we need you!**

In person attendance is preferred. We thrive when we work together, and we would love to see you!

If you need to zoom, here is the link

<https://us02web.zoom.us/j/82948705881?pwd=bE5rUkNZcUpzREdjMXJlcFRnbzlhUT09>