

Vice	Definition	Remedy	Daughters	Definition
Pride	Inordinate love of self, which causes us to consider ourselves as our first beginning and last end	*I came from nothing and tend to nothing without God	Presumption	inordinate desire whereby we want to do things beyond our strength
		* the frailty of my life	Ambition	inordinate love of honours and authority over others
		* all grace comes from God	Vanity	inordinate love for the esteem of others.
		* I can do nothing without God	Boasting	habit of speaking of self or of those things that can redound to our advantage
		* I am worth nothing without God	Ostentation	drawing attention to oneself by pompous display, and by singularity
		* I am a sinner	Hypocrisy	Covering inward vice with the appearance of virtue
Envy	Tendency to be saddened by another's good as if that good constituted an affront to our own superiority (we are envious of another's goods)	* Negative: scorning the first thoughts of envy; distracting the mind with something else.	Jealousy	excessive love of our own good accompanied by the fear lest we be deprived of it by others (we are jealous of our own)
		* Positive: We are all brethren in Christ, and rejoice at another's good	Hatred	wishing the other evil
		* emulation , or imitation of another's virtues	Discord	setting friends against each other

Anger	Inordinate desire of punishing others, regardless of it being just, tempered and animated by charity.	<ul style="list-style-type: none"> * Reflect before acting * Dispel the first movements of anger * Divert the mind from the cause * pray * We are of the same mystical body, and say the Our Father 	<ul style="list-style-type: none"> rancour Murder revenge blasphemy cursing fighting 	deep and bitter anger
Gluttony	Pursuing pleasures of the table for their own sake.	<ul style="list-style-type: none"> * All must be subject to faith * Sobriety * Moderation * Temperance * Mortification * Eat what you don't like 	<ul style="list-style-type: none"> Too often Too carefully Too much Too quickly Dullness of mind Drunkenness Laziness sensuality loquacity Dissipation 	
Lust	Inordinate seeking of the pleasures of the flesh	<ul style="list-style-type: none"> * deep conviction of the necessity of combating this vice and the 	<ul style="list-style-type: none"> Jealousy Hatred 	

		possibility of succeeding.	murder	
		* avoidance of the occasions	loss of faith	
			despair	
		* application to duty of state	instability	
		* prayer	worldliness	
		* Sacraments	selfishness	
			Idleness	
Sloth	Inordinate inclination to idleness	* convictions about the necessity of work	spiritual sloth	
			lukewarmness	
		* sustained effort	temptations	
		* heaven must be worked for		
Avarice	inordinate love of earthly goods	* conviction that wealth is a means only	hard-hearted	
			lying	
		* all things pass away	cheating	
		* liberality to the poor	usury	
		* spirit of poverty	defrauding labourers of their wages	
			prodigality	a defective love of ownership

Virtue	linked to gift of	Definition	Growth	Opposed vice	Definition
Faith	understanding Knowledge	Firm assent to revealed truth on the authority of God revealing	* learn more	Infidelity	the voluntary disbelief in God
			* Pray for the increase , as it cannot be merited	Heresy	denial or doubt of some revealed doctrine
			* Avoid the dangers	Apostasy	complete abandonment of the faith
			* See all through the light of faith, esp. the beatitudes	Blasphemy	contumely or contempt or to detract from God, or the sacred
				blindness	via the sins of lust
				Dullness	via the sins of gluttony
				Ignorance	culpable
Hope	fear	complete certitude in attaining the end and having the means	* Presumption: total dependence on God, never know the hour of death	despair	Salvation is impossible to me
			* Despair: God wants to save sinners, God's grace can do all	discouragement	salvation is almost beyond my current strength
				presumption	Salvation is easy, as God is good to sinners
				pride	
Charity	Wisdom	Love of God for himself above all things, and	* spirit of sacrifice for the love of God	Hatred	either of God or neighbour
				sp. sloth	opposed to the joy of divine good

ourselves and our neighbour for God	* follow the commandments of God as from a friend	Envy	
		discord	
	* See God in our neighbour	Contention	
		strife/sedition	
	* see him as a member of Christ's body	scandal	being an occasion of sin for another
	*corporeal and spiritual works of mercy	sp. dullness	lack of spiritual judgement and sense
		fatuity	prevents judging in any way of divine things
		anger	
		lust	
		malice	

Prudence	counsel	to choose in every instance the best means for attaining our end, and subordinating them to the ultimate end	Regarding the end: foresight	imprudence	as a negligence of due reflection, as a defect in counsel
			Regarding circumstances: circumspection	thoughtlessness	failure to judge rightly due to contempt or neglect of those things on which right judgment depends
			Regarding obstacles: caution	inconstancy	the withdrawal from a definite good purpose, resulting in a defect in practical reason as a defect in command
				Lust	Pleasure above all corrupts the estimative power of prudence and particularly the pleasure of sex which absorbs the whole soul.

			negligence	Lack of due solicitude, one who fails to choose.
			prudence of the flesh	aiming at the goods of the flesh as the last end
			Craftiness	The use of feigned or apparent means to acquire an end, whether good or bad.
			Guile	the execution of craftiness in words or deeds
			Fraud	the execution of craftiness in deeds
			excessive solicitude	the undue use of reason in ways opposed to justice
Justice	religion	rendering unto another that which is due	theft	taking of something which belongs to another.
	piety		murder	unlawful killing of another
	observance		suicide	unlawful killing of oneself
	gratitude		mutilation	
	just punishment		blows	
	truthfulness		imprisonment	
	fidelity		reviling	something against another's honour via words
	simplicity		backbiting	blackening another's character by words (detraction). He intends to injure his reputation

affability	tale-bearing	speaking evil with the intention of breaking friendship. It is more grave than reviling or backbiting
liberality		
equity		
meekness	derision	speaking evil with the intention of bringing shame on the other person
obedience		
	cursing	to desire another's evil as intending evil itself
	cheating	in buying and selling
	usury	the taking of money for things that don't exist.
	superstition	giving divine worship either to whom it ought not, or in a manner in which it ought not.
	Idolatry	paying divine worship to one to whom it is not due
	Divination	the calling upon demons to know/do something
	vain observance	the attempt at the use of magic to acquire knowledge without human effort (fortune telling)
	tempting God	probing of God's knowledge, power, will, etc, in order to test whether he can be delivered by God, uselessly or needlessly exposing himself to danger.

perjury	the statement confirmed by oath is false
sacrilege	the violation of a sacred thing, either persons, places or things.
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Simony	the buying and selling of spiritual things
ingratitude	failure to pay the moral debt of gratitude.
cruelty	exceeding the measure of punishment
softness	the defect of due punishment.
lying	the intention of telling what is false.
dissimulation	lying by way of deeds
hypocrisy	pretending to be a different character than he is.
boasting	a man raises himself above that which he really is
Irony	the dissimulation whereby a person either speaks meanly of himself, when he does not recognise anything mean in himself, or denies something great in himself, which he yet perceives present.
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flattery	exceeding the mode of pleasing another.
quarrelling	contradicting the words of another, not fearing to offend the other.
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covetousness	the immoderate love of ownership

Fortitude	magnanimity	removal of the	fear
	magnificence	obstacles and	daring
	patience	resists the	presumption
	perseverance	difficulties	ambition
		whereby the will is	vainglory
		disinclined to that	pusillanimity
		which is according	meanness
		to reason	impatience
			inconstancy
			pertinacity
			effeminacy

Temperance	Moderation	Virtue which regulates the sensitive appetite in pleasures of touch.	<u>Growth</u>	<u>Gluttony</u>	<u>Daughters of :</u>
	Shame		• fasting	• Unreasonable hilarity	<u>Lust</u>
	Decency		• vigilance	• Loquacity	• Blindness of mind
	Abstinence		• self-control	• Dullness of mind	• Inconsiderate thought
	Sobriety		• prayer	• Buffoonery	• Rashness
	Chastity		• sacrifice	• Unclean	• Self-love
	Modesty		• devotions		• Hatred for God
	Continence		• resolution		• Love of world
	Meekness				• Despair of future
	Clemency				
Humility					

