

# Paediatric First Aid Annual Refresher Qualification (QAR)



Recommended annually until paediatric  
first aid requalification training is required

## Be Prepared

The Early Years Foundation Stage (EYFS) Statutory Framework states that early years providers should consider whether paediatric first aiders need to undertake annual refresher training to maintain basic key skills and keep up to date with any changes to paediatric first aid procedures.

The **Paediatric First Aid Annual Refresher (QAR)** qualification has been specifically designed to allow qualified paediatric first aiders to refresh their knowledge and practise essential paediatric first aid skills every year until requalification training is required.

Successful candidates will leave the course with a renewed confidence having practised essential paediatric first aid procedures, such as performing CPR, dealing with a choking casualty and much more.

## What's Covered?

- + Dealing with an unresponsive infant or child
- + Recovery position
- + CPR and defibrillation
- + Choking
- + Seizures
- + External bleeding
- + Hypovolaemic shock

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