



Be Empowered Farm Futures

Recent events

Building our polytunnel



November saw the start of a collaboration between Be Empowered Farm Futures and Kingsmeadow@Madeforever, who are situated at Fisher Road Community Centre. We are very excited by the new journey and working relationship. This joint venture has enabled Kingsmeadow gardening club to re-establish. Last week saw the installation of a new polytunnel; which will allow year round gardening and growing. Great teamwork was demonstrated for the three day task of erecting the polytunnel. It was a fantastic opportunity to work together and massively rewarding once completed.

Why not come and join us at the community Christmas party taking place on the 10th of December?

13th November

WORLD
KINDNESS
DAY

*"Kindness is a gift
everybody can afford
to give."*

In a polytunnel



Things to sow:

Broad beans,
cabbage,
coriander, garlic.



Things to harvest:

aubergines,
beetroot,
cabbage, carrot,
cauliflower,
celeriac, celery,
chard, coriander,
courgettes,
cucumbers,
daikon, french
beans, fennel,
kohlrabi, lettuce,
pack choi,
peppers, radishes,
rocket, spinach,
spring onions,
strawberries,
tomatoes, turnips.

**COMMUNITY
CHRISTMAS PARTY**
at **Kingsmeadow@MADE-FOREVER**
Changing lives together

**10TH DECEMBER
2PM - 7PM**

£1 ENTRY PER ADULT* INCLUDES RAFFLE TICKET PER ENTRY*
£2 ENTRY PER FAMILY* FAMILY UP TO 4 CHILDREN* INCLUDES RAFFLE TICKET PER ENTRY*

Everyone is welcome to come and enjoy a day of fantastic Christmas celebration and activities, including - carol singing, Christmas Grotto, raffle draw, bring & share food, family fun Christmas disco, plus food and refreshments available to purchase from our cafe.

**For more details please contact:
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**KINGSMEADOW
@MADE FOR EVER
FISHER ROAD
KINGSWOOD
BS15 4RQ**

Top 10 jobs this month

- 1 Clear up fallen leaves - especially from lawns, ponds and beds
- 2 Raise containers onto pot feet to prevent waterlogging
- 3 Plant tulip bulbs for a spring display next year
- 4 Prune roses to prevent wind-rock
- 5 Plant out winter bedding
- 6 Cover brassicas with netting if pigeons are a problem
- 7 Insulate outdoor containers from frost - bubblewrap works well
- 8 Stop winter moth damage to fruit trees using grease bands around the trunks
- 9 Put out bird food to encourage winter birds into the garden
- 10 Use a seasonal bonfire - where this is allowed - to dispose of excess debris unfit for composting

TOP TIP

Leaf mould



- A very easy way to make [leaf mould](#) is to rake up damp leaves, put them in a bin bag with a few air holes and tie the top. By next autumn you should have magically produced crumbly leaf mould that can be used as a mulch.