



Newsletter September 2023



## A Message From The President



Dear Friends,

As newly elected President of the West Islip Breast Cancer Coalition, I have so many thank you's...

Thank you to an amazing Board of Directors and LAHH Coordinator for jumping in with both feet to welcome me and blend into the fantastic team that we are—you all bring something to the table that makes us an accomplishing resource.

Thank you to my predecessor's for paving the way for us. Your 32 years of experience building this coalition to assist women and men during their breast cancer journey is the foundation we will continue to grow upon.

Thank you to all the sponsors and donors for the 2023 Clam Shucking Event. New location, new venue, new sponsors and two months to pull it together. Thank you to the Town of Islip for working with me. I promise it will be a better process next year!! Our West Islip Fire Department always comes through, volunteers helping volunteers. The result was a wonderful day with lots of smiling faces – maybe surprised faces – it was different but wonderful. Thanks to ALL the volunteers who were like chameleons, moving into different functions. We had lots of laughs and a wonderful, successful day!

I am so very thankful to my husband, Lenny, who supported me through my breast cancer journey and now supports me in my desire to help others going through their journey. Without him always by my side, my life would be very different.

Sunday, October 1 is our Annual Pink Flags ceremony, which began in 2015, a vision of Lorraine LoMonaco to have the front lawn of Good Samaritan University Hospital lined with Pink Flags. The vision continues and GSUH continues to sponsor this wonderful event. We hope you will join us at noon--light refreshments will be provided.

We are also having a fun evening of bowling on Saturday, Oct 21, at East Islip Lanes at 7:00PM. Raffles and gift baskets will be on hand. WBAB will be playing music to get your groove on to get the balls rolling!!! Reserve your lane soon. They are selling quick!!

I look forward to continue to provide the services for people in need as they go through their breast cancer journey. We want to be able to celebrate the recovery of all at each of our events.

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Phone: 631-669-7770 Fax: 631-669-7707  
email: [info@wibcc.org](mailto:info@wibcc.org)  
Visit us at [www.wibcc.org](http://www.wibcc.org)

## October 2023 Events Mark your calendars.

- Sun, Oct 1      Pink Flags Ceremony
- Sat, Oct 14     Pink & Drink Bar Crawl
- Mon, Oct 16    All Boobs Matter
- Sat, Oct 21     Pink Pin Palooza



West Islip Breast Cancer Coalition and Good Samaritan University Hospital invite you to attend the

# Pink Flags Celebration

**Sunday, October 1, 2023 • 12:00 pm – 2:00 pm**  
Good Samaritan Women's Imaging Center, 735 Montauk Hwy, West Islip

**Join our kick off for Breast Cancer Awareness Month**

- Purchase a ribbon in memory of or in honor of a friend or family member
- A special ceremony promoting breast health awareness
- Health information
- Music & entertainment, featuring WIHS Vocal Motion
- Light refreshments

WEST ISLIP BREAST CANCER COALITION FOR LONG ISLAND, INC. 1992-2023 30 YEARS

For more information or to purchase a ribbon or brick, call (631) 669-7770, email [info@wibcc.org](mailto:info@wibcc.org) or visit [www.wibcc.org](http://www.wibcc.org)

**Sunday, October 1**  
**12 pm – 2 pm**  
**735 Montauk Hwy, West Islip**

Join us as we kick off Breast Cancer Awareness Month.

- Purchase a ribbon in memory of or in honor of a loved one
- Special ceremony promoting breast health awareness
- Health information
- Music and entertainment, featuring WIHS Vocal Motion, and refreshments
- For more information or to purchase a ribbon, visit [www.wibcc.org](http://www.wibcc.org) or email [info@wibcc.org](mailto:info@wibcc.org)



WEST ISLIP BREAST CANCER COALITION PRESENTS

# PINK PIN Palooza

SATURDAY | 7-10PM  
**21 OCTOBER, 2023**  
EAST ISLIP LANES, EAST ISLIP

**\$150 PER LANE**  
(up to 5 players per lane)

RESERVE YOUR LANE AT  
[WWW.WIBCC.ORG/BOWLING](http://WWW.WIBCC.ORG/BOWLING)  
OR CONTACT DONNA 631-774-2862

**Saturday, October 21**  
**7 pm – 10 pm**  
**17 E Main St, East Islip**

Help strike out breast cancer. Join WIBCC for a night filled with strikes, spares, and care!

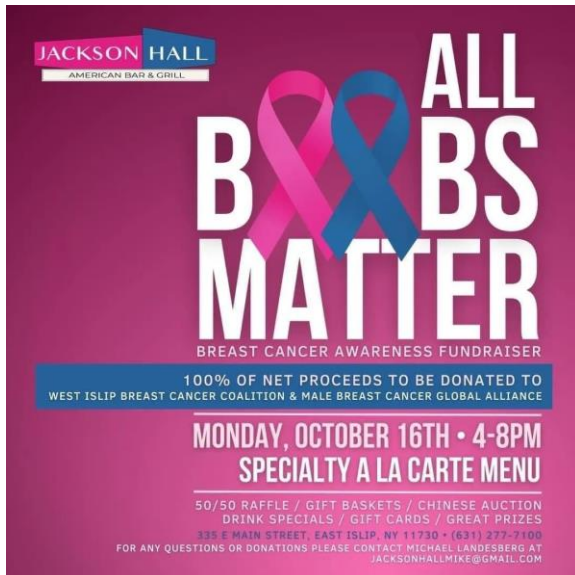
- For just \$150, reserve a lane that accommodates up to five players and take part in this special evening while supporting an important cause.
- Wear your pink, bring your friends and family, and make every pin count in the fight against breast cancer.
- Reserve a lane, visit: [www.wibcc.org/bowling](http://www.wibcc.org/bowling)

**Saturday, October 14**  
**Farmingdale**  
**12PM – 4PM**  
**For attendees 21 and older**

- Tickets start at limited...\$10 and \$15 and \$20 the day of event.
- After party for anyone with a wristband and a \$10 cover for non-wristband holders.
- Specials will be offered at all participating bars from 12PM to 4PM, continuing at the after party from 4PM to 8PM at The Nutty Irishman.
- Please drink responsibly. Don't drink & drive!
- For tickets and information, visit:



<https://tickets.uniquebarcrawls.com/event/pinkdrink2023>



**Monday, October 16**  
**Jackson Hall American Bar & Grille**  
**335 E Main St, East Islip**  
**8PM**

- 100% of net proceeds are being donated to West Islip Breast Cancer Coalition & Male Breast Cancer Global Alliance.
- Specialty a la cart menu.
- 50/50 Raffle / Gift Baskets / Chinese Auction / Drink Specials / Gift Cards / Prizes.
- Have questions? Contact Michael Landesberg at: [jacksonhallmike@gmail.com](mailto:jacksonhallmike@gmail.com)

*\* These events are not sponsored by WIBCC but will benefit from proceeds.  
Hope to see you there!*

Go to <https://wibcc.org/events> for more details.

## Other Local Happenings



The **West Islip Historical Society** is featuring “The History of the West Islip Breast Cancer Coalition” during October. Opening ceremony is:

**Sunday October 8 @ Noon**

LaGrange Historical Society Building  
Corner of Montauk Highway and Higbie Lane

**iLoveKickboxing**, 1716 Sunrise Hwy, Bayshore, is hosting a breast cancer fundraiser during the month of October. Lots of great raffles, including a NYC helicopter tour. For more info, call (631)647-8007 or email [kcasamento@ilovekickboxing.com](mailto:kcasamento@ilovekickboxing.com)



A special shout out to our pink pumpkin angels, **West Islip Girl Scout Troop 2734**, for joining us in breast cancer awareness month and creating these beautiful pumpkin creations. You can see them displayed at the Pink Flags Ceremony. Come check them out on October 1.

Interested in donating, volunteer opportunities? Visit [www.wibcc.org](http://www.wibcc.org) to learn more.

# Clam Shucking Contest



## 29 Years and Still Going Strong!

It was a shuckin' good time with great people for a great cause. The WIBCC wants to thank all its donors, volunteers and attendees for coming together on August 8 at the Bayshore Marina to support its Lend a Helping Hand program. A special shout out to our partners – **Good Samaritan University Hospital, Seaside Sally's Shack, WBAB 106.7, CTE Electric, 106.1BLI, Fat Fish Restaurant, West Islip Fire Department and the Town of Islip** – for their time and generosity for making this a successful event!



This is just a peek. Visit <https://wibcc.org/events>, 29<sup>th</sup> Anniversary Clam Shucking Contest for so many more fun pictures, courtesy of **Lasting Impressions Photography**.



# A Diagnosis of Breast Cancer...

Information provided to you by WIBCC Advisory Council's medical professionals.

## **SURGICAL PLANNING**

Anthony J. Capizzi, M.D., FACS

General & Breast Surgery, Associate Director of Surgery



As most of the population is aware, advances in breast cancer screening have resulted in earlier diagnosis as well as the detection of smaller tumors, which in turn have increased the surgical options available to treat breast cancer patients.

Surgeons choose the technique which can most safely offer the best results for their patients. Pre-operative factors that are important in determining which procedure would be optimal for the patient include breast size, degree of ptosis, size of tumor(s), location, and history of prior breast surgery or radiation. Now with the assistance of our plastic surgery colleagues, we can perform much larger lumpectomies, removing a significant volume of breast tissue followed by oncoplastic reconstruction. This enables the surgeon to achieve a much-improved cosmetic outcome, without jeopardizing their patient's cure and avoiding the need for a complete mastectomy.

In simple terms, oncoplastic techniques rearrange the remaining non-cancerous breast tissue, filling in the area where the cancerous tissue was removed. This results in a more acceptable cosmetic result for the patient.

There are also advanced techniques of localizing very small tumors. The use of routine screening mammography, sonography, tomosynthesis and MRI enables the surgeon to remove much less breast tissue to achieve a cure without requiring oncoplastic reconstruction.

Two techniques frequently used to locate these small, non-palpable tumors are needle localization and Savi Scout localization. Savi Scout localization incorporates the use of a reflector implanted at the tumor site at the time of biopsy. When the patient presents for their surgery, the surgeon uses a devise to locate the implanted reflector, allowing for the removal of the small tumor.

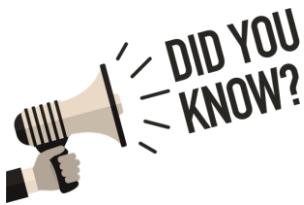
In closing, patients with a history of breast cancer should undergo routine follow ups, including medical history, physical exams, surveillance mammograms and sonograms. Breast MRIs are not performed routinely except in specific patient groups (for example, patients with BRCA 1&2 mutations and those with more than 20 to 25% lifetime risk of breast cancer).

Additionally, oncologic consultation is indicated if there is any suspicion or evidence of disease recurrence.

The West Islip Breast Cancer Coalition  
reminds you to

**GET SCREENED!**

**EARLY DETECTION is the BEST PROTECTION**



Breast Cancer is the  
most commonly  
diagnosed cancer among  
women in the U.S.

- Breast cancer accounts for **12.5% of all new annual cancer cases worldwide**, making it the most common cancer in the world.
- About 13% (about 1 in 8) of U.S. women are going to develop invasive breast cancer in the course of their life.
- In 2023, an estimated **297,790 new cases of invasive breast cancer** are expected to be diagnosed in U.S. women, along with **55,720 new cases of DCIS**.
- In 2023, an estimated **2,800 new cases of invasive breast cancer are expected to be diagnosed in men**. A man's lifetime risk of breast cancer is about 1 in 833.
- There are currently more than **4 million women with a history of breast cancer in the U.S.** This includes women currently being treated and women who have finished treatment.
- About **30% of all newly diagnosed cancers in women each year are breast cancer**.

Source: breastcancer.org

## **WIBCC**

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Dawn Dahill

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Radiation Oncology, GSH  
Dr. John Loscalzo, Chairman,  
Hematology and Oncology

*The goal of the WIBCC Board  
is to continue as volunteers to  
the breast cancer community  
the best we can.*