



Harrison-Clarksburg Health Department

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Health Alert: Wildfire Smoke Advisory

Harrison County is currently under advisory for “very unhealthy” air with an air quality index of 236 (<https://www.airnow.gov>) due to smoke from wildfires in Canada. At this level, there are health risks for all individuals.

The Harrison-Clarksburg Health Department strongly recommends the following until air quality conditions improve:

- Children, older adults, pregnant women, and adults with respiratory or heart disease should avoid all outdoor physical activity
- All other adults should avoid prolonged or heavy exertion outdoors
- **Outdoor camps** should move activities indoors and limit activities outdoors to absolute minimal levels
- **Outdoor pools** are strongly recommended to close to protect the public and employees like lifeguards who must work in the hazardous conditions
- **Daycare centers and schools** should keep children indoors during recreation time
- **Employers** should limit outdoor activity for employees to the greatest extent possible
- If outdoor activity is necessary for extended periods, individuals should wear a fitted N95 or KN95 respirator mask

These recommendations will continue until air quality improves.

