

CULTURAL IMMERSION

Maya Territory from the Inside

The Cultural Immersion "Maya Territory from the Inside" program is designed to be an experience that exposes travelers to the Maya World. Traveling with Maya leaders, you will learn about Maya rituals, stories, art, customs, food, and TM historical oral traditions. Develop a cultural and intellectual exchange between the Maya World and yours.

Your participation in this program supports the ongoing work of Unlocking Silent Histories (USH) in Guatemala.



7-Day Program in Guatemala

FOR PRICING AND DETAILS, CONTACT:
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MAYA TERRITORY FROM THE INSIDE

2019 - 2020 ITINERARY
CULTURAL IMMERSION
MAYA TERRITORY: FROM THE INSIDE

UNLOCKING
SILENT
HISTORIES



DAY 1

Maya USH leaders greet you to begin your cultural experience.

- Arrive in Antigua
- See Spanish style architecture
- Stroll along cobblestone streets
- Experience the cacao museum

DAY 3

Learn the foundations of Maya culture and their cosmic vision.

- Mayan language activity
- Hike along Santa Cruz la Laguna
- Learn about the Maya Calendar
- Discover your Naul

DAY 6

Produce your film with the guidance of USH leaders.

- Sunrise walk with tea or coffee
- Observe a Maya dance
- Edit your short film
- Present your film to the group



YOUTH PROGRAM

DAY 4

Visit San Juan la Laguna. Meet traditional Maya artisans.

- Ride a boat across Lake Atitlán
- Walk to a sacred Maya alter
- Meet an Aj Q'ij (Maya priest)
- Participate in a Maya ceremony
- Shop and explore a local market
- Cook with a Maya chef
- Eat a traditional Maya dish
- Observe a weaving demonstration



MAYA CULTURE

DAY 2

Learn how to create a short film from our USH leaders.

- Travel to Lake Atitlán
- Critique cultural media
- Screen USH films
- Draft your storyboard

DAY 5

Take a field trip to Santiago Atitlán to watch USH in action.

- Engage in a USH workshop
- Observe filmmakers in the field
- Listen to elders stories
- Visit Deity Maximón

DAY 7

USH leaders accompany you to Guatemala City for a farewell.

- Return to Guatemala city
- Visit a Maya museum
- Rest and enjoy a formal dinner
- Pack for your journey home