

Guidelines for Gracious Living



Over the River Studio

Ways to make your lifestyle feel fancy.

Guide to Living a Gracious Life

- ❖ **Take time to reflect on the things that make you feel “fancy.”** Anything you may do that makes your day more elegant or special can go on your mental list. Do these things more often.
- ❖ **Think about the special people in your life.** What makes them happy or excited? Make plans to create something that will delight them. Doing for the truly important people in your life will make you feel special too.
- ❖ **Brush up on your manners.** Using courtesy in everyday situations shows that you are trying to help others know that they are important - even perfect strangers.
- ❖ **Follow the Golden Rule.** When we turn our thoughts out to others and see things as they may see them makes us become more genuine and we will see the benefits come back to us.
- ❖ **Be kind to everyone.** A soft voice and listening ear can result in huge milestones in your attitude and relationships. Small, simple acts of kindness.

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- ❖ **Be classy.** What comes to mind when you think of a classy person. Elegance, stylish and a high level of personal behavior. This does not cost anything. It is a matter of thinking on a different level.
- ❖ **Get organized.** A gracious life will rarely exist in chaos. Make your home clean and orderly. Once you feel that things are as nice as you can make them you will feel great about keeping it that way.
- ❖ **Take care of yourself.** Occasionally, do something that will benefit just you. It is vital to care for your needs before you can fully care for others.
- ❖ **Develop friendships.** Host small and simple events that bring together all your favorite people. By enriching people's lives you will find that you have gained even more. Creating a place for fellowship and fun rewards all who participate.
- ❖ **Expose yourself to graciousness.** By being around people and experiences that are on a classy, higher level you will start to adapt and feel comfortable in the gracious place.

Debbie Mortimer