

2025 LEAGUES AT A GLANCE

18+/65+/Tri-Level League Coordinator

Sherry Taylor

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Adult 18 & Over Fall

September 2024 – January (indoor)

- Sunday: 3.0-4.5M, 2.5-4.5W
- Weekday: Monday 3.0W;
Tuesday 4.0W; Wednesday 3.5W

Adult 18 & Over Spring

January – May (indoor)

- Sunday: 3.0-4.5M; 2.5-4.5W
- Weekday: Monday 3.0W;
Tuesday 4.0W; Wednesday 3.5W

April – June (outdoor)

- Days/Times TBA: 5.0M, 5.0W

Adult 65 & Over

January – March (indoor)

- Days/Times TBA
6.0M, 7.0M, 6.0W

March – May (indoor/outdoor)

- Days/Times (TBA)
8.0M, 7.0W, 8.0W

Tri-Level 18 & Over

August – October (outdoor)

- Monday Evenings (some Tue/Wed):
Men's and Women's 3.5-4.0-4.5
- Wednesday Evenings: Men's 4.0-4.5-5.0

Mixed Tri-Level 18 & Over

September – October (outdoor)

- Saturdays: 7.0-8.0-9.0

40+/55+ League Coordinator

Lisa Lamb

40plus@ustastl.com

Adult 55 & Over

April – June (TBA: indoor/outdoor)

Weeknight & Weekend League

- Monday & Sat/Sun: 6.0W, 7.0M
- Tuesday & Sat/Sun : 8.0M, 9.0W, 9.0M
- Wednesday & Sat/Sun : 7.0W
- Thursday & Sat/Sun : 6.0M, 8.0W

Day League

- Tuesday: 7.0W Day
- Wednesday: 8.0W Day

Adult 40 & Over

June - July (outdoor)

Weeknight & Weekend League

- Monday & Sat/Sun: 3.0W, 3.5M
- Tuesday & Sat/Sun : 4.0M, 4.5W, 4.5M
- Wednesday & Sat/Sun : 3.5W
- Thursday & Sat/Sun : 2.5W, 3.0M, 4.0W

Day League

- Tuesday: 3.5W Day
- Wednesday: 4.0W Day

**40+ & 55+ DAYS/TIMES FOR
2025 ARE UNDER REVIEW
* CHANGES TBA ***

Mixed League Coordinator

Liz Lahm

mixed@ustastl.com

Mixed 18 & Over

May – August (outdoor)

- Monday: 8.0 Evening
- Tuesday: 6.0, 7.0 & 10.0 Evening
- Wednesday: 8.0 Evening
- Thursday: 7.0 & 9.0 Evening

Mixed 40 & Over

June – August (indoor)

- Sunday: 6.0-9.0

Mixed 55 & Over

August – October (outdoor)

- Thursday: 6.0-9.0 Evening

18-39 League Coordinators

Renee Breer / Dominic Marticorena

under40@ustastl.com

Set, Mix and Chill Social League

October 2024 to May 2025 (indoor)

June 2025 – August 2025 (outdoor)

Friday Evenings – 6:30 to 9:00pm

- INDOOR: Frontenac Racquet Club
- OUTDOOR: Dwight Davis Tennis Center
 - 4 indoor sessions (8 weeks each)
 - 1 outdoor session (10 weeks)
- Weekly match-ups by skill level; and pro-led activities for newer players