## \*\*NEW\*\* SEASONAL SOUP SERVED HOT FROM THURSDAY TO SATURDAY IN OUR TASTING ROOM

Just a note . . . PLEASE PRE-ORDER - Due to space constraints and seasonal availability, all choices may always not be available. Please accept our apologies if this may be the case. We will be happy to recommend another equally delicious choice! Gluten Free, Lactose Free, Nut Free & Vegan Meals available by pre-order only.

Light Snacks

Flatlander Salsa & Corn Chips | \$6 organic lentil, corn, sweet bell pepper & black bean salsa w/ chili & lime (V, GF, DF)

Local Cut Veg & Two Dips | \$6 fresh cut seasonal market veggies w/ peppercorn ranch & sun beet hummus (V, GF)

Lunch Boxes

(each box includes mini salad, fruit cup & your choice of either dessert square OR cookie)

Honey Ham & Cheese Baguette | \$18.00

honey cured ham, aged cheddar, mayo, and house-made mustard on a fresh baguette w/ summer greens & organic micro-greens

Roast Beef Baguette | \$18.00

deli roast beef, smoked gouda cheese, mild horseradish aioli, red onion on a fresh baguette w/ summer greens & organic micro greens

Turkey & Brie Baguette | \$18.00

deli smoked turkey, aged brie, Heather's high bush cranberry preserve aioli, apple, red onion on a fresh baguette w/ summer greens & organic micro-greens

Chicken & Kale Caesar Wrap | \$18.00

roast chicken, crisp bacon, romaine lettuce & tender baby kale in a lemon tahini asiago dressing tucked in a whole wheat wrap

Great Big Green Garden Sammie | \$18.00

our own sunflower beet hummus, local garden greens, organic microgreens, vine ripe tomato, sweet bell pepper, cucumbers and smoky mushroom "bacon" piled on lightly grilled sourdough bread (V,LF)

Seasonal Soup of the Day

- Soup of the Day w/ bread & butter | 12oz \$5.00
- Side of Soup sold w/ lunch box only | 8oz \$3.00
- Take Home Soup (kept frozen) | 32oz \$12.00

## **Grazing Boxes**

International Flavours | \$20.00

aged cheddar, muenster, gouda, spiced jack, cranberry chevre, Italian cured meats, seasonal fruit, fig jam, dark chocolate & crackers (V)

Tapas | \$20.00

olives, pickles, hummus, pita chips, Saskatoon Spruce cheese, fresh veggies, sausage bites, spiced crispy chickpeas & our Red Ale & Honey mustard

Brie & Berries | \$20.00

triple creme brie w/ prairie berry preserves, seasonal fruit, dried apricots, cranberries, balsamic honey and fresh baguette (V)

Littles Menu

Lunch Box | \$9

Young taste bud friendly lunch box w/ ham & cheese mini baguette, carrot sticks, crisp rice marshmallow square & apple juice box

Apple Slices & Greek Yogurt Honey Dip | \$5.00

Cookie of the Day | \$1.50

## Sweets

- MACARONS | \$2.25
- DARK CHOCOLATE BROWNIES | \$4.00
- PEANUT BUTTER CHOCOLATE CONFETTI SQUARE | \$4.00
- PRIZE WINNING CARROT CAKE | \$4.00
- CRu RAW CACAO BARS | \$4.75
- ICE CREAM COOKIE SAMMIE | \$5.00
- YOGURT BERRY GRANOLA PARFAIT | \$5.00

## Drinks

- ROAD COFFEE | 8oz cold brew bottle \$4.50
- PARKERVIEW BREWS KOMBUCHA | 330ml \$4.75
- SPRING WATER | \$2.00
- SPARKLING WATER | \$3.00
- POP or JUICE |\$3.00
- ROAD COFFEE SERVICE | \$3.00 per person
- SMITH ARTISAN TEA SERVICE | \$3.00 per person