

2025-
2026

Team Packet



Radiant Gymnastics

2025-2026

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Philosophy:

Team philosophy Our philosophy at Radiant Gymnastics is to treat every gymnast as an individual. We want to nourish our gymnasts in the gym and help them to reach their goals. While having high standards and big goals, our coaching philosophy is to coach each kid to their own personal needs. Everyone has different goals, abilities, and needs. We coach to the Code of Points, meaning that we will not require certain skills to move up, unless those skills are required in the code of points. We believe that our gym can be successful by focusing on individual strengths. Our goal is to have successful, HAPPY, gymnasts. We believe that gymnastics should be fun, while also being productive. We embrace traditional, alternative, and innovations within the sport.

Programs:

We compete in USAG for artistic gymnastics. Within the USAG there are two programs. One is the Junior Development program, and the other is the Xcel program. Junior Development has specific skills and routines the kids must learn and compete, it is called compulsory. That is levels 2-5. In level 2 they compete basic skills but done to perfection. All athletes in JD compete the same exact routines across the entire country. It focuses on basics and skill development. Teaching the kids the correct way to do all basic gymnastics skills so they can continue to learn and grow to the best of their ability. This program is very structured and challenging. Once an athlete has advanced to level 6 they no longer have set routines and we can choreograph their own routines. The other program, Xcel, is more flexible. Xcel does not have specific routines given to us from USAG. It does have skill requirements for each level but there are always options for which skills you compete. The Xcel program allows athletes to compete to their strengths. We can choose different skills for different athletes. As a gym we set requirements and choreograph the routines ourselves, staying within the guidelines of Xcel. Xcel is less strict, compared to the JD program.

For more information and explanations on the two programs please visit this website:

<https://izagymjudge.com/xcel-vs-wdp>

New Level 2's: April 1, 2025-March 31 2026.

All other levels and programs: June 1, 2025- May 31, 2026.

Meet Schedule:

We will have the complete schedule released ASAP. Once the schedule is released, we will only know the weekend of each competition and not the exact days or session times for each level. We will know the exact session times of each level two/three weeks before the meet. We will post on BAND the exact session times ASAP. You are only required to attend your athlete's session. Sessions are determined by level. Each session is 3-4 hours in length. All athletes are required to stay for awards with their team, awards will be right after their session ends. All invitationals are located in the Phoenix and surrounding areas, there are no meets in Tucson.

- Level 2,3,4,5: Fall Season, September-November & Spring Season January-March.
- Level 6,7,8,9,10: Spring Season, January-May
- Xcel: Spring Season, January-May

Practice Schedule:

Practice attendance is VERY important. Please see the chart below for your practice times. **These are subject to change due to the number of enrollments, coaches schedules, etc.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Level 2/3	4:00-7:00		4:00-7:00		4:00-7:00		
Bronze		6:00-8:00		6:00-8:00		9:00-11:00	
Silver	5:00-8:00		5:00-8:00		4:00-7:00		
Gold		4:00-8:00		4:00-8:00	4:00-7:00		
Optionals Level 7-10	4:00-8:00	4:00-8:00		4:00-8:00	4:00-7:00		

Financial Responsibilities

PLEASE READ CAREFULLY: We at Radiant Gymnastics have a goal to build one of the best competitive teams in Arizona. This is a long-term goal requiring a solid base of support. Your commitment and dedication to Radiant is appreciated. We have planned our entire year from June 2025-May 2026 (new level 2s April 2025-March 2026) to the best of our ability. It is imperative that all athletes abide by the contract and fulfill their financial responsibilities on time.

All families at Radiant are required to pay a \$50.00 annual registration fee, every year.

Monthly Tuition:

Tuition is due on the 1st of the month. Tuition covers the cost of attending weekly practices. Tuition is calculated per hour, per month. Tuition amounts are set for the year and will not change. Tuition that is

not paid by the 1st of the month will result in late fees. Radiant Gymnastics does not bill for tuition. Tuition is always collected in advance. Tuition is collected every month. Failure to pay tuition and/or team fees will result in your athlete being suspended from practices/meets.

A valid credit card MUST be on file for autopayment! ESA payments are accepted for tuition.

There are no makeups for missed or cancelled practices. There is no prorating for missed or cancelled practices.

Level	Hours Per Week	Monthly Tuition
Xcel Bronze	6	\$222
Xcel Silver	9	\$318
Xcel Gold+	11	\$380
JD Level 2	9	\$318
JD Level 3	9	\$318
JD Level 4	11	\$380
JD Level 5-10	15	\$435

Team Fees:

Tuition and Team Fees are separate payments. Team Fees are collected monthly on the 15th of the month.

No discounts on Team Fees. No refunds. Team fees are calculated based on the entire year's expenses.

There are many expenses that we must pay up front, early in the year, such as ordering and purchasing leotards and apparel. We also must register and pay for meets many months in advance.

The team fee system is broken into 12 months to make the payment amounts smaller and easier on families. Team Fees are based on a 12-month season.

New Level 2's your season will be April 1, 2025- March 31 2026. All other levels and programs will be June 1, 2025-May 31, 2026.

Team fees are paid regardless of participation. If you decide to quit or unenroll at any time, you are still obligated to pay the team fees. Tuition is strictly practice hours. If you quit or unenroll you are not obligated to pay tuition.

The budget for the year is set in May, with the expectation that all participants will fulfill their financial responsibilities. Failure to pay team fees and/or tuition will result in legal action. Accounts with overdue balances will be sent to a collection agency.

Team Fees are collected year round. Fees are based on a 12 month cost associated with maintaining a competitive team system. No pro-rating will be done and Team Fees are non-refundable and non-transferable outside of our competitive program.

Team Fees include:

- All apparel required for competition. (competition leotard, practice leotard, backpack, bow, jacket, etc.) o Each year is different. We reserve the right to choose what apparel is given.

- We may choose to keep some items from previous years. All apparel expenses are budgeted and divided amongst all the athletes enrolled in team. Everyone pays the same team fee regardless if they are returning and have items from the previous year.
- All meet expenses: Meet expenses consist of Team Trophy fees, registration fees, coaching wages, coaches travel expenses, apparel, per diem for coaches, coaches education/training, and more.
- Meet entry fees for gymnasts, teams, and coaches. (6 Total Meets)
 - 4 invitationals
 - 1 State Championship Meet
 - 1 In House Mock meet
- Travel expenses for coaches
- Coach's expenses for meets
 - Travel • Hotel • Food • Session Pay
- Training aids such as: athletic tape, pre-wrap, ice, chalk, scrappers, hair ties, etc.

What the Team Fee does **not** include:

- USAG Memberships. (this is required to compete!)
- Travel Meet (not required). All Levels are invited to participate
 - Voluntary meet. Not required.
 - A meet outside of Arizona. Location TBD.
 - Date: January or February of 2026, exact date TBD.
 - All participants will need RSVP and pay a \$100.00 deposit to secure their spot in the travel meet. Deposit is due September 2025. The deposit will be deducted from the final Travel Meet Fee. Once the deposit is made you are considered committed and responsible to fulfill all payments required.
 - This meet is strictly paid for and budgeted for by those who have RSVPd
 - If you decide not to attend the travel meet, for any reason, (illness, injury, family obligations, financial issues, etc.) after making the deposit commitment you are still responsible for paying the travel fee.
 - A fee will be determined based on location, travel expenses for coaches, and the number of participants. That fee will be charged the month of the travel meet. If you RSVP to the travel meet and end up not attending, you are still responsible for paying the fee. No matter the reason for not attending the meet, you are still responsible for the fee.
 - You are responsible for your athletes, and your own airfare, hotels, and accommodations.
 - The travel fee covers meet entry fees, coaches fees, team award fees, and coaches travel and accommodations.
- Regional and National Competitions, should you qualify, are not included in the team fee. Regionals/Westerns/Nationals are not required meets.
 - You must volunteer to do these meets, should you qualify. An additional fee will be charged for those meets.
 - A fee will be determined based on location, travel expenses for coaches, and the number of participants. That fee will be charged the month of the meet.

- Holiday parties and celebrations.
- End of the Year Banquet/ Team awards ceremony
- Spirit gifts, Halloween costumes, etc.
- Gymnast travel, family spectator fees and any other costs associated with getting a gymnast to a meet.
- Floor choreography and learning new routines. (please see attached choreography fee page)

If an athlete joins our team at any time between June 2025 and May 2026, twelve months of team fees are still required.

If Team Fees are more than 30 days past due, the gymnast will not be eligible to attend practice and meets unless payment arrangements have been made.

Level	Monthly Team Fee
Xcel Bronze	\$180
Xcel Silver	\$190
Xcel Gold	\$190
Xcel Platinum, Diamond, Sapphire	\$210
Level 2,3	\$180
Level 4-5	\$190
Level 6,7,8,9,10	\$210

If you decide to leave our competitive team at Radiant Gymnastics before May 30, 2026, tuition will no longer be collected, but you are still required to continue paying the team fee throughout the remainder of the season. (12 Months of team fees are required by contract to be paid regardless of participation.) Your reason for leaving/quitting is not relevant, team fees must still be paid no matter the circumstances of your departure.

Fundraising

Fundraising is not organized by Radiant Gymnastics. Fundraising is allowed to be organized by the parents. Anything sold at or representing Radiant Gymnastics must be approved by Radiant Gymnastics.

Fundraising opportunities will be discussed in the future. If you have suggestions or ideas for fundraisers, please let us know via email or Band. Fundraised monies will be applied to Team Fees, not tuition and are arranged through the Team Parents.

Fundraising is NOT the responsibility of Radiant Gymnastics. Radiant Gymnastics will not be involved in organizing, implementation or distribution of any fundraising activities. Money obtained through fundraising is never reimbursable to a family in cash, or transferable outside the Radiant Gymnastics competitive program.

Choreography

When learning floor and beam routines it is best that the athletes learn in one on one sessions or small groups. This helps the athletes to focus and learn the routines more quickly.

Choreography fees are not included in the Team Fee. Please pay your choreographer directly.

- Xcel Bronze: All bronze level gymnasts will have the same music and routine.
- Level 2,3,4,5: Compulsory routines, same music and routine for all athletes.
- Xcel Silver, Gold, Platinum, Diamond, Sapphire: Individual routines, and individual music.
- Level 6,7,8,9,10: Individual routines, and individual music.

Music:

Level 6-10, and Xcel Silver, Gold, Platinum, Diamond, Sapphire

Gymnast may choose their own music from these websites:

1. Floorexpress.com
2. Energymusic.com
3. Jumptwist.com

Music must be approved by the coaches. Do not purchase music before getting it approved by the coaches.

Please send three options to RadiantTeamGymnastics@gmail.com for approval before purchasing.

Level 6-10, and Xcel Silver, Gold, Platinum, Diamond, Sapphire: Gymnasts are not required to get a new floor routine every season. They may keep their routine from last year if they wish. Gymnasts may choose any team coach to choreograph their routine. Please email the coaches directly, stating who you want to do your choreography.

Level	Fee	Time Commitment
Level 2,3	\$50each session	Required to do two sessions.
Bronze	\$50each session	Required to do two sessions.
Silver	\$125	Required to do one session.
Gold	\$175	Required to do one session.
Level 6,7, Platinum	\$220	Required to do one session.
Level 8,9,10, Diamond, Sapphire	\$280	Required to do one session.

Injuries

Our policy is “we are not doctors.”. If your child is complaining about an injury we will tell them to go see a doctor ASAP. We will then follow the doctor’s orders. Coaches will have a conversation with the athlete and the parents about moving forward with practice after we have received the doctor’s note. Athletes are allowed to ice during practice. Coaches will modify their practice assignments to ensure safety. If your child is too injured to participate please keep them home.

Attendance

Absences need to be communicated to coaches through the coaches’ email. As a program, we encourage family vacations and other activities, but for safety reasons during competition season you must attend practice to compete. During competition season, athletes need to be at practice at least 75% of practices the week of competition. If the athlete is not at 75% of practices the week of the competition, the athlete will not compete. Please communicate with us about your athlete’s specific situation.

Attire for Practices and Meets

Athletes are required to wear a gymnastics leotard to every single practice. Only spandex shorts are allowed to be worn over their leotards. Long sleeve leotards and previous competition leotards are not to be worn at practice. Hair must be always pulled up and out of their face. If their hair is long enough to hit them in the face, it needs to be put in a bun. Jewelry must be taken off for practice, only stud earrings are allowed. This dress code is to keep the athletes and coaches safe.

No unitard leotards. No long sleeve leotards.

Braces and other aides: Please do not buy braces or tape an injury until a doctor has told you to do so. A doctor’s note must be provided to wear a brace or tape.

Grips for uneven bars and wrist guards for tumbling/vault are not required or allowed until a coach has instructed them to purchase these items. Please do NOT purchase your own! Grips are not used to prevent blisters or sore hands. Grips are strictly used for high level gymnastics skills. Wrist guards prevent the wrist from bending naturally and can cause muscle weakness.

If a gymnast forgets their grips for a meet they will NOT be permitted to compete bars.

Athletes will be given a competition leotard for the meet season. These leotards are meant to ONLY be worn at competitions and **hand washed!** Competition warm ups, bows, backpacks, shoes, etc. should only be worn at competitions as well.

For meets, hair needs to be slicked back tight and out of their face. No visible undergarments, no showing sports bras, spandex shorts, jewelry, nail polish, no fake nails are allowed to be worn at competitions. Those items will result in a deduction from the athlete's score. Makeup is allowed to be worn if it is natural and not distracting.

Competitions / Meets

Athletes are required to show up 30 minutes prior to their start time. Athletes are not permitted to enter the competition floor until coaches have directed them to. Athletes must be wearing all competition attire upon arrival. Start times, arrival times, and other meet information will be posted on Band. We will post the information as soon as we can!

Coaches do not always attend awards after a meet. Coaches are not required to be at the awards ceremony and they often have other sessions to coach during this time or they are on break in between sessions. **Awards are for the athletes and parents to enjoy.** Coaches will know the results before awards. Athletes must sit together with their warmups on and zipped up, in the gymnasts' section as a team. Athletes must pay attention and represent Radiant Gymnastics in a positive way. Athletes must stay for the ENTIRE duration of awards unless told otherwise by a coach.

DO NOT TELL YOUR ATHLETE WHAT PLACE THEY GOT BEFORE THE AWARDS CEREMONY HAS STARTED! It should be a fun surprise for them when they are at awards.

Parent Conduct

We, as coaches, want each athlete to succeed and be the best that they can be. It is within everyone's best interest for your athlete to succeed. Your athlete is a direct reflection of our coaching and our program at Radiant Gymnastics. We only want the best for every athlete. Part of joining our program is entrusting the team coaches with your athlete during practices and meets. The competitive program should be thought of like a school. Parent and athlete communication during practices and meets is prohibited, unless there is some sort of emergency, as it is a distraction to the athletes. Parents are not allowed to motion, talk through the window, mouth, or talk to their athlete during practice.

Parents are required to sit upstairs during practice. Please do not coach your athlete from the lobby. We want to allow the recreational parents to have prime seating downstairs, as their athlete is only there for one hour and are often very young. Parents are not allowed to come into the gym without coaches' approval. If an athlete is injured, coaches will assess the injury and if parent involvement is needed, coaches will contact the parent.

Parents are also expected to represent Radiant Gymnastics in a positive manner which means no gossiping, no negative talk about coaches or other gymnasts, other gyms, or anything that can be seen

as unprofessional. If you have an issue, please speak to a coach directly. We are happy to set up meetings to discuss your athlete at any time.

At meets there is absolutely no communication with meet directors, meet officials, and judges. This is STRICLY prohibited. Please do not distract your athlete during the meet. Feel free to move around the competition venue to be able to watch your athlete. Get loud for your athlete and their teammates as it does help with excitement and confidence. We all love a loud cheering section!!

Communication

Parents are not allowed to communicate with coaches through their personal cell phones, personal chats on Band or social media accounts. Please only use the RadiantTeamGymnastics@gmail.com to communicate with all the team coaches. All team coaches have access to this email. This will allow for better documentation and group communication. We follow all SafeSport guidelines from USAG. Communicating through email is the best way to keep things professional and have full transparency.

We use the Band App to post about meet schedules, times, and other events. We will send out an email with the Band information, and how to join our Band. Parents are welcome to share about spirit gifts, special events, fund raisers, post pictures etc. Coaches are the only ones who should be posting specifics about competitions including meet locations, meet entry fees, attire, hair, or anything to do with competitions. If you find meet information online please do not post it, coaches will post the information when ALL of the information is ready to be posted. Often the information you've found online is old or incorrect. Please allow us to share the information.

Band is not a place to post about complaints, issues, or questions about an athlete's gymnastics. Please send an email directly to RadiantGymnastics@gmail.com to discuss any concerns.

Level Move Ups and Skill Choice

Level move ups will be determined per athlete based on competitions, practices, and skill progressions. Every athlete is different, and every athlete's situation is unique. Coaches reserve the right to designate an athlete's level as they see fit. Athletes are expected to compete the same level for two seasons. This is normal throughout the gymnastics community and is not a sign of failure. Coaches reserve the right to move an athlete up prior to competing two seasons if they have determined the athlete is ready. Parent/athlete meetings can be done to discuss an athlete's specific situation.

Coaches

As a member of team, you are committing to Radiant and not one specific coach. Coaching staff may change throughout the year due to schedule changes, group sizes, career changes, personal issues, etc. A coach leaving the program or an athlete moving groups is possible throughout the year. Should this happen, you are still contractually obligated to Radiant. We will always make sure each athlete has a qualified coach that coaches to our standards. As a business it is in our best interest to provide the best possible coaching we can.

All athletes are considered Radiant athletes and not one coaches athletes. As athletes progress and move up their coaches will change.

Radiant all team coaches work as one team. We have meetings to discuss each kid and make decisions together. We are in constant communication with each other to ensure everyone is on the same page. We do spotting clinics and training together to ensure everyone is knowledgeable and capable of coaching all levels. All team coaches are USAG certified, as well as SafeSport certified. All team coaches are familiar with the Code of Points and coach based off those guidelines.

You may do private lessons with ANY team coach you choose. You are not obligated to do private lessons with your athletes' practice coach. We encourage athletes to work with other coaches for different perspectives, and new ideas.

Please only communicate with coaches via email. RadiantTeamGymnastics@gmail.com. All coaches have this email on their phones and will see messages immediately. We will no longer be doing private messages on Band or text messages on personal phones. Please keep all communications professional and transparent.

Contract

Parents' or Other Responsible Party's Agreement In consideration of the privilege of our child's membership and participation on the Radiant Gymnastics Team and/or our observation of gymnastic classes, events, competitions, or activities (together, Activities), we/I promise, and contract as follows:

PLEASE INITIAL EACH SECTION BELOW:

- We/I will refrain from coaching/ being a distraction to our child or any other gymnasts during meets or practices.
- We/I will respect the coaches/staff and will abide by and support all policies and procedures in this packet.
- We/I understand that there is no refunds for tuition or team fees.
- We/I understand that there are no makeups for missed practices or cancelled practices.
- We/I understand that any grievance we/I may have is to be directed promptly and respectfully via email to
 - o RadiantGymnastics@gmail.com and that if a meeting is needed our child and we/I may be required to attend the meeting together.
- We/I understand that coaching and staff changes may happen, and we/I am committed to Radiant and not one specific coach.
- We/I (and our guests) will be a positive role model for our gymnasts and encourage good sportsmanship by showing respect and courtesy, demonstrating positive support for all gymnasts, staff, coaches, judges, and spectators at every meet, practice, or event.
- We /I commit to fulfill our team obligations, special event participation, and every financial obligation for the entire season.
- **12 Months of Team fees MUST be paid even if the child stops participating at Radiant gymnastics.** I personally promise to pay in full, without demand, any fees or other obligations incurred on behalf of my child at any time during this season. I understand that any unpaid, past due portion will require that my child sit out of all practice and competitions until the account is brought current. Any legal dispute arising hereunder, including collection of the annual tuition (that was participated in) and season's team fees (regardless of participation), will take place in Tucson Arizona, and attorneys' fees and all reasonable expenses will be awarded to the substantially prevailing party. Any account balances that have not been paid will be sent to collections.
- We/I understand that quitting or unenrolling at any time is allowed, but financial responsibility for twelve months of team fees will still be required. 12 months of team fees are required to be paid, no matter the situation.
- **We/I understand that legal action will be taken as a result of breach of contract.**
- We/I agree to be knowledgeable of and abide by the/this Radiant Gymnastics Team Packet.
- **We/I understand that this is a legal binding contract.**

* Please sign and return this page to the front office or email to RadiantGymnastics@gmail.com. This form must be fully executed and returned before the athlete is allowed to participate in practice or compete/participate in any team event.

Gymnast's Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ **Date:** _____