

Previous Athletic Participation Form (PAPF)

- Any student that is new to Consol High School and is participating in athletics (examples include move-ins, transfers, foreign exchange students).
- Any incoming freshman that **did not** attend AMCMS, CSMS, or Wellborn.
- We will reach out to you to initiate this process.

Injuries/Concussions

- CSISD requires all athletes to have a physical every calendar year. Medical history is required for grades 7-12 and a completed UIL Athletic Participation Form must be on file each year before the athlete can be issued any equipment or participate in any workout.
- All injuries are to be reported to the Athletic Trainer.
- Injury assessments will be left to the Athletic Trainer. All return to play decisions will be made by the Athletic Trainer along with consultations by treating medical physicians.
- When an athlete is under a physician's care for an injury or illness they will not be allowed to return to competition without a written release from the attending physician.
- All physicians' instructions regarding athletes practicing or playing in games are final and will not be modified in anyway.
- All information regarding the status of an injured athlete is confidential.
- Concussion Protocol

UIL link to Concussion Information: <http://www.uiltexas.org/health/concussions>

Equipment

- The ONLY thing we don't provide is cleats and girdles (we do keep some extras).
- If you are planning on purchasing your own helmet and/or shoulder pads see Coach Edwards first (fit/condition/age appropriate)
- Visors must be clear
- Team colors only; Maroon, White, gray, black.
- Tights- Team Colors only
- If your son loses CSISD equipment they will be responsible for paying for its replacement
- We do laundry...everyday...sometimes twice a day. Your kid does not need to take his laundry home...ever.

Parent Communication

- Website- <https://consolfootball.com/>
- E-mail- Contact coach in charge of whatever your question is regarding (ex: recruiting, JV, SAT).
- Rank One-Schedules/Locations/Results
- Twitter- @ConsolFootball
- HUDL- The program we use to watch film can message your kids.
- Your son-*Talk to your son*
- Sports You- Prompt Communication
 - Access Code: 94WQDEU6

RECRUITING

- Recruiting Meeting in January
- Update highlights weekly
- Update Virtual Combine weekly
- Communicate with your coaches
- Tag @Consol_Recruits on Twitter in your posts

Attending college football games-excused vs unexcused.

- Is it an official invite or not?

Rules to Know



1. Three unexcused absences will result in dismissal from the program.
2. Failing multiple grading periods consecutively could result in dismissal from the program.
3. An athlete that is detrimental, or could be detrimental, to the other athletes in the program will be dismissed from the program.

Parent Do's

1. Do Support your son and his teammates
2. Do keep all comments positive and appropriate
3. Do enjoy practices/games from the spectator area
4. Do have fun

Parent Don'ts

1. Do not address officials
2. Do not Address/Coach athletes, including your child
3. Do not address Coaches
4. Do not enter the Track/Facility area during games/practices
5. Do not bring food/drink to your child during the game

Parent Opportunities for Involvement



- **Join the booster club, volunteer, & participate in booster club activities**
- **Sub-Varsity Games**
 - **Chain crew**
 - **Scoreboard**
 - **Announcer**
- **Varsity Mom's Clinic-Tuesday August 8-Invitation coming soon**
- **Dads, Dinner, and Decals (Varsity Only)- Thursday August 24 at CSISD Board Room (6:30pm)-Tentative**

Important Dates

- **1st Day of Practice**
 - **Freshmen July 31**
 - **JV/Varsity August 7**
- **Huddles and High Heels - August 8**
- **Media/Picture Day - August 9**
- **Welcome to the Jungle - August 11**
- **1st Day of School - August 16**
- **Thanksgiving Break - We have practices/
games**

Two-A-Days Schedule (August 7-12)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>6:15am - 8:15am</u> Var/JV Cover/Practice	<u>6:00am - 7:30am</u> All Levels Cover/Practice	<u>6:00am - 8:00am</u> Var/JV Cover/Practice	<u>6:00am - 8:00am</u> Var/JV Cover/Practice	<u>6:00am - 8:00am</u> Var/JV Cover/Practice	<u>8:00am - 10:30am</u> Var/JV Meetings/Practice
<u>6:30am - 8:00am</u> 9th Cover/Practice	<u>4:15pm - 5:45pm</u> Var/JV Weights/ Meetings/Special teams	<u>6:15am - 7:45am</u> 9th Cover/Practice	<u>6:15am - 7:45am</u> 9th Cover/Practice	<u>6:15am - 7:45am</u> 9th Cover/Practice	<u>9:00am - 11:00</u> 9th Cover Practice
<u>4:15pm - 5:45pm</u> Var/JV Weights/ Meetings/Special teams	<u>4:30pm - 6:00pm</u> 9th Weights/Meetings/ Special teams	<u>4:15pm - 5:45pm</u> Var/JV Weights/ Meetings/Special teams	<u>4:15pm - 5:45pm</u> Var/JV Weights/ Meetings/Special teams	<u>4:15pm - 5:45pm</u> Var/JV Weights/ Meetings/Special teams	
<u>4:30pm - 6:00pm</u> 9th Weights/Meetings/ Special teams		<u>4:45pm</u> <u>9th Cover/Media</u> <u>Day</u>	<u>4:30pm - 6:00pm</u> 9th Weights/Meetings/ Special teams	<u>4:30pm - 6:00pm</u> 9th Weights/Meetings/ Special teams	
		<u>6:00pm - 7:30pm</u> Var/JV Media Day		<u>7:00pm</u> Welcome to the Jungle	

Varsity Weekly Schedule

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday (Varsity Only)</u>
<u>6:00am</u> Cover/Position Meetings	<u>6:00am</u> - Cover/ Position Meetings	<u>6:00am</u> - Cover/ Position Meetings	<u>7:25am</u> Cover/Position Meetings	<u>7:35am</u> Cover/Position Meetings	<u>9:00am</u> <u>Treatment</u>
<u>6:30am</u> Practice	<u>6:30am</u> -Practice	<u>6:30am</u> -Practice	<u>7:50am</u> Walk Through	<u>8:00am</u> Walk Through	<u>10:00am</u> Cover/Weights
<u>8:40am</u> Shower/Breakfast	<u>8:40am</u> Shower/Breakfast	<u>8:40am</u> Shower/Breakfast	<u>8:40am</u> Shower/Breakfast	<u>8:40am</u> -Shower/ Breakfast	<u>11:00am</u> Team Meeting
<u>4:00pm</u> Meetings/Weights	<u>4:00pm</u> -Meetings/ Weights	<u>Nothing after school</u>	<u>Nothing after school</u>	<u>7:00pm</u> -Kick Off	<u>11:30am</u> Position Meetings
					<u>12:30pm</u> GO HOME

JV Weekly Schedule

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday (Varsity Only)</u>
<u>6:00am- Cover/Weights</u> <u>6:30am Practice</u> <u>8:40am Shower & Breakfast</u> <u>Nothing after school</u>	<u>6:00am Cover/Weights</u> <u>6:30am Practice</u> <u>8:40am Shower & Breakfast</u> <u>Nothing after school</u>	<u>6:25am JV Cover/Practice</u> <u>8:40am Shower & Breakfast</u> <u>Nothing After School</u>	<u>8:10am Cover/Walk Through</u> <u>8:40am Shower & Breakfast</u> <u>GAMEDAY</u>	<u>8:10am JV Cover/Weights</u> <u>8:45am Shower & Breakfast</u> <u>Nothing After School</u>	<u>Nothing</u>

Freshman Weekly Schedule

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Tutorials Before School if Necessary</u>	<u>Tutorials Before School if Necessary</u>	<u>Tutorials Before School if Necessary</u>	<u>Tutorials Before School if Necessary</u>	<u>Tutorials Before School if Necessary</u>
<u>3:05pm Practice</u>	<u>3:05pm Practice</u>	<u>3:05pm Practice</u>	<u>3:05pm Walk Through</u>	<u>3:05pm Weights</u>
<u>5:10pm Weights</u>	<u>5:10pm Weights</u>	<u>5:05pm GO HOME</u>	<u>GAME DAY</u>	<u>Tutorials After School if Necessary</u>
<u>5:40pm GO HOME</u>	<u>5:40pm GO HOME</u>			

Freshman Weekly Schedule **PLAN B**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>6:15am</u> Cover/Practice	<u>6:15am</u> Cover/Practice	<u>6:15am</u> Cover/Practice	<u>Tutorials Before</u> <u>School if</u> <u>Necessary</u>	<u>Tutorials Before</u> <u>School if</u> <u>Necessary</u>
<u>7:50am</u> Shower & Breakfast	<u>7:50am</u> Shower & Breakfast	<u>7:50am</u> Shower & Breakfast	<u>3:05pm</u> Walk Through	<u>3:05pm</u> Weights
<u>3:00pm</u> Cover/Weights	<u>3:00pm</u> Cover/Weights	<u>3:00pm</u> Cover/Position Meetings	<u>GAME DAY</u>	<u>Tutorials After</u> <u>School if</u> <u>Necessary</u>

Parent Meeting Acknowledgement Form

