



Neighbourhood Watch SA

JUNE 2025

Bimonthly Neighbourhood Newsletter of Flagstaff Hill NHW Area 453

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FLAGSTAFF HILL

NEIGHBOURHOOD
WATCH AREA 453

NEXT MEETING

Wednesday 11 June
6.30pm - 7.30pm

Flagstaff Hill Golf Centre
Memford Way

*Come and take a peek at the
new "state-of-the art" centre*

GUEST SPEAKER

SAPOL Senior Constable
Emily Watson

Topic: *Cybercrime
Awareness*

ALL WELCOME

Free door prize raffle
Off street parking

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Nearest Police Stations

Sturt Police Station

333 Sturt Rd, Bedford Park

Christies Beach Police Station

94 Dyson Rd, Christies Downs

AREA NEWS

New Flagstaff Hill Golf Club Centre

Attendees at our previous meeting enjoyed a presentation previewing the facilities soon to be available at the new state-of-the-art entertainment centre presently under construction.

"The Club will be more than just a golf club," said Chris Coulter, General Manager of the Flagstaff Hill Golf Course.



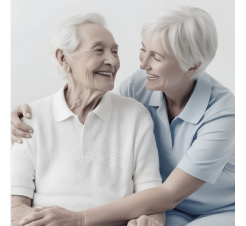
On the ground floor, with views of the golf course, will be 3 function areas - casual, alfresco, and formal - open seven days a week. Able to seat up to 250 people, the centre will be an attractive venue for weddings, conferences and special events. The wellness centre, accepting bookings from members and non-members, will be situated on the second floor and will include physiotherapy, massage, and hairdressing amenities.

A major attraction at the new centre will be the new golf simulators. Players hit a real golf ball at a screen which shows where their ball has landed on the "course", recalibrating after each shot. This virtual golf experience, realistic enough to enable players to warm up on competition days, will also be used to stage team events.

Another attraction, expected to draw thirty to forty thousand visitors, will be the world-class 18-hole mini golf course featuring a multi-textured surface designed to challenge players' putting skills. The new centre will be open to members and the public at the end of May 2025.

Next meeting 11th June Guest Speaker: Are you Caring for a loved one?

Will you need to make decisions about their future health care, end of life, preferred living arrangements, and other personal matters? Or perhaps you want those caring for you to have the power to ensure your wishes are carried out.



An Assisted Care Directive empowers you to make the clear legal arrangements you need. Come along and hear Judith Lowe, Sustaining Independence and Wellbeing – Project Officer, Onkaparinga Council give a brief overview of planning ahead including Advance Care Directives (ACD).

She will also be talking about the councils ACD Peer-led Workshops. These workshops, free information sessions, help participants understand how to complete the ACD.

(Please note: This is a presentation only – ACD forms will not be completed or witnessed at the meeting)

Would you like to join us?

We are always looking for more keen walkers to help with our newsletter deliveries. You can get your steps up, placate the dog, find inspiration in neighbours' garden ideas or just enjoy the great outdoors while helping your community – all for just an hour or so every 3 months. Please contact Sandy or Renee if you can spare some time on a regular or occasional basis.



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GOLF CLUB** -Est 1967-

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see you soon!

FGC000022



Thank you to our volunteers

National Volunteer Week was celebrated from 19-25 May 2025, to say thank you to the millions of Australians who volunteer their time. Volunteering creates lasting relationships that enrich lives and strengthen communities. In our small patch of Australia, Flagstaff Hill Neighbourhood Watch area 453, we have over 40 fantastic volunteers who deliver newsletters every couple of months to around 4000 households in Flagstaff Hill. Without them, our community would be very much poorer (and less safe). Thank you very much to our wonderful walkers!

Do you know your numbers?

We want people to watch a commercial aimed at preventing high blood pressure

Why do we need your help?

Our research team at Flinders are looking for participants to watch an animated commercial about high blood pressure

What is involved?

We will ring you on the telephone to complete a survey about your knowledge of high blood pressure and book a time to watch the commercial via Zoom

During the Zoom session:

- ♥ Watch the commercial (1 minute)
- ♥ Complete the high blood pressure survey again
- ♥ Respond to questions regarding your views about the commercial
- ♥ Watching the commercial, completing the survey and sharing your feedback will take approximately 30-60 minutes
- ♥ Have your camera turned on during the zoom session

We will reimburse you for your time

Who should I contact ?

Katie Nesbitt by email to
katie.nesbitt@flinders.edu.au
or scan the QR code below:



This research project has been approved by Flinders University's Human Research Ethics Committee (Project ID 8249). If you have any complaints or reservations about the ethical conduct of this study, you may contact Flinders University's Research Ethics & Compliance Office via telephone on 08 8201 2543 or by email human.researchethics@flinders.edu.au.

PREVENTING CRIME

DATING/ FIRST DATE

If you're connecting online, it's important to be aware of the risks. Learn about dating apps and set up your profile for safety. Check out [eSafety.gov.au](https://www.esafety.gov.au) to get started. When it's time for the first date, these tips can help keep you safe. Keep the first date brief. Stay sober/alert. If in doubt, get out!

Location

- When meeting someone for the first time, head to well-lit, busy public places.
- If it's a long-distance date, let them come to you first (you are in familiar places). Have them stay in a hotel, not with you.
- Always arrange your own transport to and from the date, don't rely on them.
- Share your live location with friends/family. Think! If anything goes wrong, does someone I trust know where I am?

Tell someone

- Plan and share details of your first date with someone you trust; send a profile picture and the name your date is using. Advise your trusted person when they can expect to hear from you and keep them informed of any changes.
- Have a friend call you at a specific time so that you have an 'out' if you need one.

Be cautious

Before the date

- Not everyone you connect with will be honest, even if they are a 'friend of a friend'.
- Learn how your dating app verifies members' identities and how to tell which profiles have

a verified identity if it's voluntary.

- Do a Google reverse image search on your date's profile picture or photo to check for authenticity.
- Consider installing and using a personal safety app on your phone.
- Make sure your phone is charged.

When you're on a date

- Keep the first meeting short and simple; a café meet up is ideal.
- Stay clear-headed so you can think, plan and react if you have to.
- Keep an eye on your drink. Drink spiking can happen to anyone.
- Don't over share information about yourself, family or friends on the first date.
- Don't have them back to your place or let them drive you home afterwards.

If in doubt, get out!

- If something doesn't feel right, then it's probably not. Trust your instincts.
- It's OK to leave. You do not have to stay or provide personal details.
- Report suspicious behaviour to police on 131 444 or anonymously through Crime Stoppers. Call Triple Zero (000) in an emergency.

If you or someone you know needs help because of domestic violence contact police, or if you don't want to talk to police, talk to someone else like 1800RESPECT

Help protect your car and property from thieves!



Remove all your valuables from your vehicle.



Keep vehicle interior tidy, even shopping bags can entice thieves!



Tradies! Ensure tools and trade equipment are secure and out of sight.



Close your windows and lock your vehicle.



SOUTH AUSTRALIA POLICE
SAFER COMMUNITIES



Government of
South Australia



Neighbourhood
Watch SA



Operation Eclipse

Police have seized more than \$1.7 million worth of vapes and illegal tobacco and more than \$80k cash following a truck stop on the states Far North last week.

About 4.30pm on Friday 25 April, police at Far North Local Service Area, Traffic Services Branch and Serious and Organised Crime Branch stopped a refrigerated truck at Port Augusta at a drug transit route operation at Port Augusta.

Police spoke with the occupants of the truck and searched the truck where they located and seized in excess of \$1.74 million in vapes, \$26,000 in loose tobacco and \$80,100 cash.

The seizure resulted in the arrest of a 32-year-old man and a 62-year-old man both from New South Wales, they were charged with unlawful possession and possession of tobacco products for sale. Both men appeared in Port Augusta Magistrates court on 28 April where they were remanded in custody to next appear in court on 1 July.

The refrigerated truck has been seized and will be the subject of confiscations proceedings.

ILLEGAL TOBACCO

Operation Eclipse have taken carriage of the investigation which is ongoing.

Operation Eclipse Commander, Detective Chief Inspector Brett Featherby said, "The seizure demonstrates the risk to syndicates should they seek to transport illicit tobacco through South Australia to other states.

"Organised crime syndicates transporting illicit tobacco through transit routes in regional areas will be subject to a whole of SAPOL response to disrupt their criminal activity and financial operations.

"SAPOL will pursue criminal charges when sufficient evidence exists and that includes those who are supporting and enabling that activity and take every opportunity to enforce the full extent of the confiscations legislation to seize assets of those involved," he said.

Operation Eclipse has so far resulted in 35 arrests for offences including blackmail, possess tobacco products for sale, arson, money laundering and serious criminal trespass.

There have been 184 premises searched – 47 residential, 123 businesses and 14 storage facilities – in excess of \$2.2

SAPOL 30 Apr 2025



million in cash, three firearms and \$17.97 million in tobacco products.

Significantly, there have been 394 calls to Crime Stoppers since 2 October that have resulted in information being provided to police.

VAPES

Minister for Consumer and Business Affairs, Andrea Michaels MP said, "This is a significant win in our fight against illicit tobacco and vapes with the biggest seizure of illegal vapes to date.

"As a result, we now have 35,000 less vapes headed to illegal tobacco stores to damage people's health and line the coffers of criminals.

"The Malinauskas Government will not tolerate the sale of illicit tobacco and vapes in our community.

"No matter where you are operating in South Australia, if you are selling or importing illicit tobacco and vapes, you will be caught and subject to some of the toughest penalties in Australia," she said.

Operation Eclipse has so far resulted in 35 arrests for offences including blackmail, possess tobacco products for sale, arson, money laundering and serious criminal trespass.

There have been 184 premises searched – 47 residential, 123 businesses and 14 storage facilities – in excess of \$2.2 million in cash, three firearms and \$17.97 million in tobacco products.

Anyone with any information on criminal activities surrounding the sale of illicit tobacco is urged to call Crime Stoppers on 1800 333 000 or visit crimstopperssa.com.au - You can remain anonymous

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Morphett Vale

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- NDSS Agent and Diabetes Support
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- Medical Certificates

Your local pharmacy

Opening Hours

Mon to Wed	8:30am - 6:30pm
Thursday	8:30am - 7pm
Friday	8:30am - 6:30pm
Sat	8:30am - 5pm

Flagstaff Hill Shopping Centre, Ridgway Drive
Phone 8270 1862



Home Security is Important

To reduce the opportunity for thieves to gain entry into your home, consider the following crime prevention strategies.

Four simple ways to help keep it secure are by locking all doors and windows, installing a fence around your property, installing a doorbell camera or security camera and by keeping car keys out of sight.

Doors and windows

- Lock external doors. This includes the door between your garage and house, which becomes an external door when your garage is open.
- Keep your garage, shed and gates shut – and locked if possible.
- Fit good quality, keyed locks on doors and windows.
- Remove valuables and keys or remotes and keep them out of sight, not in the hallway, bedside drawer or the kitchen counter.
- Keep cars locked, even in the driveway or garage.
- Keep bikes out of sight, in a shed, garage or inside the house. Secure with a quality U or D lock.

Outdoors

- Any fence, even a low fence or hedge around your property, acts as a physical barrier to intruders.
- Put away garden tools, ladders and wheelie bins. They can help thieves enter your house.

Security cameras

- Consider installing a doorbell camera or security camera. These are widely available and reasonably priced.

Car keys

- Most newer vehicles can't be started without the keyless remote, so offenders need these to steal your car.
- Keep vehicle keys or remotes out of sight. Obvious places thieves look are hallway tables, kitchen counters and key hooks, bedside tables and drawers.

Home security audit

Take a fresh look at home security. Visit the SAPOL web site and take the short home security audit for tips on key home security habits and home security areas to help keep your home safe from thieves.

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Remember: See Something, Say something, Call Crime Stoppers

CRIME STOPPERS
1800 333 000
South Australia

000 EMERGENCY

THINK FIRST THEN DIAL

POLICE ASSISTANCE 131 444